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### Shifting from “What is the matter?” to “What matters to you?”

*Shared decision making for older adults with multiple chronic conditions and their informal caregivers*

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#### Publication date

2020

#### Document Version

Other version

#### License

Other

[Link to publication](#)

#### Citation for published version (APA):

Pel-Littel, R. E. (2020). *Shifting from “What is the matter?” to “What matters to you?”: Shared decision making for older adults with multiple chronic conditions and their informal caregivers.*

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# Shifting from “What is the matter?” to “What matters to you?”

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Shared decision making for older adults with multiple chronic conditions and their informal caregivers



Ruth Pel-Littel

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The research presented in this thesis was conducted at the Amsterdam UMC, location AMC, the Amsterdam School of Communication Research/ASCoR, ACHIEVE, Center of Applied Research, Faculty of Health, Amsterdam University of Applied Sciences and Vilans, national Centre of Expertise for Long-term Care in the Netherlands.

**Acknowledgments:**

The studies presented in this dissertation were funded by Vilans, national Centre of Expertise for Long-term Care in the Netherlands and the Netherlands Organization for Health Research and Development (ZonMw):

Chapters 2,3, 5,6,8: ZonMw grant number: 520002002

Chapter 4: ZonMw grant number: 633400019

Chapter 7: ZonMw grant number: 516000507

Cover & Lay-out: Mijn Proefschrift | [www.mijn-proefschrift.nl](http://www.mijn-proefschrift.nl)

Printed by: Ipskamp Printing, Enschede

ISBN: 9789090336732

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chronic conditions and their informal caregivers

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ter verkrijging van de graad van doctor  
aan de Universiteit van Amsterdam  
op gezag van de Rector Magnificus  
prof.dr.ir. K.I.J. Maex  
ten overstaan van een door het  
College voor Promoties ingestelde commissie,  
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