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# Legionnaires' Disease at a Dutch Flower Show: Prognostic Factors and Impact of Therapy 

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#### Abstract

After a large outbreak of Legionnaires' disease in the Netherlands, we determined risk factors for intensive care unit (ICU) admission and death and the impact of adequate therapy on ICU-free survival among 141 hospitalized patients. Overall mortality rate was $13 \%$, and ICU mortality rate was $36 \%$. Smoking, temperature $>38.5^{\circ} \mathrm{C}$, and bilateral infiltrates shown on chest x-ray were independent risk factors for ICU admission or death (all $\mathrm{p}<0.05$ ). Starting adequate therapy within 24 hours after admission resulted in a higher ICU-free survival rate compared to therapy initiation after 24 hours: $78 \%$ versus $54 \%$, respectively ( $p=0.005$ ). However, delay in providing therapy to patients with urinary antigen tests with negative results did not influence outcome. These data suggest that by using the urinary antigen test on admission a more tailored approach to patients with community-acquired pneumonia may be applied.


Severe Legionnaires' disease has an overall mortality rate of $10 \%$ to $30 \%(1-3)$, and $30 \%$ to $50 \%$ of patients require admission to an intensive care unit (ICU) $(1,4)$. One of the most important determinants of outcome is the early initiation of adequate therapy after admission $(1,5)$. Administering appropriate antibiotics for Legionella pneumophila during the empiric treatment of patients with community acquired pneumonia has been advocated (6). Given the low frequency of Legionnaires' disease, this strategy is costly and leads to overconsumption of antibiotics. Therefore, many physicians have not adopted these guidelines in daily practice. Identifying those patients with community-acquired pneumonia caused by L. pneumophila is difficult.

In March 1999 one of the largest outbreaks of Legionnaires' disease since the first described outbreak in Philadelphia (7) occurred in the Netherlands. The outbreak originated at the Westfriesian Flora, an annual flower show combined with a consumer products exhibition, held February 19-February 28,1999 . The flower show was visited by 77,061 persons, and Legionnaires' disease developed in at least 188 (8). The size of the outbreak provided a unique opportunity to determine which clinical factors on hospital admission predict ICU admission or death (ICU/death). We also evaluated whether the rapid urinary antigen test can help identify those patients with Legionnaires' disease for whom adequate therapy cannot be delayed.

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## Patients and Methods

## Study Group

On March 12, 1999, the Dutch population was alerted by newspapers and a special broadcast that a flower show was identified as probable origin of an outbreak of Legionnaires' disease (9). To collect clinical data, we obtained written informed consent from patients with Legionnaires' disease who had visited the flower show or their relatives. The study was approved by the medical ethical committee of the Academic Medical Center in Amsterdam.

The following definitions were used to categorize the patients:"confirmed Legionnaires' disease" was defined as the presence of a new infiltrate shown on the chest x-ray on admission and one or more of the following laboratory criteria: 1) isolation of $L$. pneumophila from a respiratory sample (28 patients), 2) detection of $L$. pneumophila serogroup 1 antigen in a urine sample (Binax Now Legionella urinary antigen test; Binax, Portland, ME) (86 patients), 3) seroconversion to positive immunoglobulin ( Ig ) G or IgM (or both) antibody levels to L. pneumophila, or a fourfold rise in antibody titers to $L$. pneumophila in paired acute-phase and convalescent-phase sera ( 62 patients). Antibodies to L. pneumophila were determined by using a commercial enzyme linked immunosorbent assay (IgM cutoff $>140 \mathrm{U} / \mathrm{mL}$ and IgG cutoff $>70 \mathrm{U} / \mathrm{mL}$, serogroup $1-7$; Serion, Institut Virion-serion GmbH, Wurzburg, Germany) or a microagglutination antibody assay (IgM, serogroup 1-12; Regional Laboratory of Public Health, Tilburg, the Netherlands). In three patients, a commercial enzyme immunoassay (Binax EIA, Binax; Biotest EIA, Biotest AG, Dreiech, Germany) was positive in concentrated urine, while other diagnostic tests were negative.
"Probable Legionnaires' disease" was defined as the presence of a new infiltrate shown on the chest x-ray on admission and either a single high antibody titer (microagglutination assay $1:>256 ; 2$ patients) or a positive polymerase chain reaction analysis of sputum (1 patient) (10). Patients who visited the flower show and in whom radiologically confirmed pneumonia developed within 4 weeks were also considered to have probable Legionnaires' disease when no other cause of the pneumonia could be established ( 18 patients). Patients were excluded if the first symptoms occurred more than 4 weeks after they visited the flower show. None of the patients were hospitalized during the month preceding admission.

## Data Collection and Definitions

Data on the following variables were collected from the medical chart (if data were missing, patients were interviewed by telephone): ,1) Premorbid conditions: age, sex, smoking $\geq 1$ cigarette per day), alcohol intake ( $\geq 2$ units per day), use of immunosuppressive medication (ongoing treatment with chemotherapy or steroids $>10 \mathrm{mg} /$ day), underlying diseases such as chronic obstructive pulmonary disease, diabetes mellitus, chronic renal insufficiency, cancer (solid or hematologic neoplasm), and chronic cardiac disease (considered present if cardiac medication was used at the time of the flower show visit). 2) Day of visiting the flower show, first day of illness, and date of admission 3) Symptoms and results of physical examination on admission. 4) Routine biochemical and hematologic laboratory tests obtained on admission. 4) Urinary antigen test results collected from the microbiologic laboratory that performed the test. The overall agreement between the Binax NOW and the enzyme immunoassay Binax EIA (Binax Legionella Urinary Antigen EIA Kit: Binax) has been found to be $98 \%$ (11). 6) Chest radiograph results on admission and 48-72 hours later reviewed by attending hospital radiologist. Radiographic progression during this period was defined as an increase in density or size of infiltrate, or progression to multiple lobes. 7) Antibiotic treatment. Adequate therapy was considered a macrolide or a fluoroquinolone, with or without rifampicin. 8) Admission to the ICU, death, and renal insufficiency.

At the time of the patient's admission, Legionnaires' disease was defined as severe when two or more of the following conditions were present: 1) respiratory rate $>30$ breaths / minute, 2) chest radiograph showing bilateral involvement or involvement of multiple lobes, 3) shock (systolic blood pressure below 90 mmHg or diastolic blood pressure below 60 $\mathrm{mmHg})$, 4) $\mathrm{PaO}_{2}<60 \mathrm{mmHg}$ or arterial oxygen saturation $<92 \%$. For assessment of severity, we used the minor criteria for severity of community-acquired pneumonia described by the American Thoracic Society (12) since the major criteria are indicators for ICU admission by themselves.

## Statistical Analysis

The independent relation between clinical factors and the dependent variable, ICU admission or death (whatever came first), were assessed with univariate and multivariate logistic-
regression models. Factors with a $p$ value $>0.20$ in the multivariate analysis were excluded from the final multivariate analysis. Continuous variables were compared using a $t$ test for groups; categorical variables were compared by using the chi-square test. A two-tailed $p$ value of 0.05 or less was considered to indicate statistical significance.

Kaplan Meier survival analysis was used to compare the ICU-free survival between patients in whom adequate therapy was initiated within or later than 24 hours after admission. ICU-free survival was defined as survival without admission to the ICU during hospitalization.

## Results

## Patients

Of 188 identified patients with confirmed or probable Legionnaires' disease during the outbreak (8), 161 patients gave permission to collect clinical data (Figure 1). Since severity of illness did not warrant hospital admission in 20 patients and limited clinical, laboratory and radiologic information was available for these 20 patients, they were not included in the final analysis. Among these 20 patients were 15 confirmed and 5 probable cases; none of these patients died during the course of Legionnaires' disease. The final analysis was done on 141 hospitalized patients.

Forty-two (30\%) of these 141 patients were admitted to the ICU, 40 ( $95 \%$ ) of whom had confirmed Legionnaires' disease.


Figure 1. Patient disposition and selection. ICU, intensive care unit.

Overall mortality rate was $13 \%$, and ICU mortality rate was $36 \%$ (Figure 1). The median incubation time was 7 days (range 1-18 days). The incubation time did not significantly differ between patients with severe Legionnaires' disease (mean 6.8 days, [SD 3.5]) and those with nonsevere pneumonia (mean 7.8 days [SD 3.1]: t test $\mathrm{p}=0.13$ ) or between patients who were admitted to the ICU or died (mean 7.0 days, [SD 3.1]) and those who did not (mean 7.7 days, [SD 3.5]: $t$ test $\mathrm{p}=0.26$ ).

The nationwide alert on March 12 led to an increase in hospital admissions. Patients admitted after the alert ( $\mathrm{n}=71$ ) were less severely ill: $21 \%$ had severe Legionnaires'disease in contrast to $44 \%$ before the alert ( $\mathrm{n}=70$ ). As expected, patients with severe Legionnaires' disease (46/141, 33\%) had an increased risk for ICU admission or death compared with nonseverely ill patients (OR 4.5 , CI 2.1 to 9.6 ), $\mathrm{p}=0.001$ ).

## Characteristics on Admission

The patients' clinical, laboratory, and radiologic data on admission are shown in Table 1. The median age was 67 years (range 21-92 years) and more were male (58\%). Eighty-eight ( $62 \%$ ) patients had at least one underlying disease; cardiac disease was the most common. In the univariate analysis, smoking, dyspnea, fever above $38.5^{\circ} \mathrm{C}$, plasma creatinine level $>100 \mathrm{mmol} / \mathrm{L}$, and bilateral infiltrates or pleural effusions shown on the chest x-ray at admission were found to predict subsequent ICU admission or death (Table 1). In the multivariate analysis, smoking, temperature $>38.5^{\circ} \mathrm{C}$, and bilateral infiltrates on admission were independent risk factors for ICU admission or death (Table 2).

During hospitalization, lung infiltrates shown on the chest x-ray progressed within $24-48$ hours in $40 \%$ of the patients. This progression was not associated with ICU admission or death. In 39 patients ( $35 \%$ ), renal insufficiency developed during admission (serum creatinine level above $130 \mathrm{mmol} / \mathrm{L}$ at any time during admission). Development of renal insufficiency was associated with ICU admission or death (OR 5.4, CI 2.3 to 12.7). None of the patients who survived had persistent renal insufficiency. In this large group of patients with Legionnaires' disease, no other symptoms suggested extrapulmonary foci of infection.

## Therapy and Delay in Therapy

Of the 70 patients admitted before the nationwide alert on March 12, 44 ( $63 \%$ ) were treated with adequate antibiotics with a median delay of 1.5 days (range $0-14$ days). After the alert, antibiotics were changed to a macrolide or a fluoroquinolone for 21 patients, and 5 patients were never treated with adequate antibiotics (three of them died). All patients admitted after the alert received adequate therapy within a median of 0 days (range $0-3$ days). Next, we studied the influence of immediate start of adequate treatment compared with delayed treatment on the outcome. Initiation of adequate therapy within 24 hours after admission resulted in a higher ICU-free survival rate compared with initiation after 24 hours: 78\% versus 54\% (Figure 2;

Table 1. Univariate analysis of factors determining outcome ${ }^{\text {a }}$

|  | No. patients (\%) | Odds ratio <br> $(95 \% \mathrm{CI})^{\mathrm{b}}$ | p value |
| :---: | :---: | :---: | :---: |
| Patient characteristics |  |  |  |
| Male | 82 (58) | 1.5 (0.7 to 3.1) | 0.30 |
| Age $>67$ years | 75 (53) | 1.0 (0.5 to 2.1) | 0.98 |
| Underlying diseases |  |  |  |
| COPD | 11 (8) | 0.8 (0.2 to 3.1) | 0.73 |
| Diabetes mellitus | 16 (11) | 1.0 (0.3 to 3.0) | 0.95 |
| Renal insufficiency | 3 (2) | 1.1 (0.1 to 12.1) | 0.96 |
| Cardiac disease | 48 (34) | 1.0 (0.5 to 2.0) | 0.90 |
| Cancer | 10 (7) | 0.5 (0.1 to 2.5) | 0.41 |
| Immunosuppressive medication ${ }^{\text {d }}$ | 11 (8) | 1.9 (0.5 to 6.5) | 0.52 |
| Smoking ${ }^{\text {c }}$ | 65 (48) | 2.4 (1.2 to 5.1) | 0.02 |
| Alcohol intake ${ }^{\text {c }}$ | 26 (59) | 3.7 (0.8 to 15.8) | 0.08 |
| Symptoms |  |  |  |
| Fever | 119 (84) | 0.8 (0.3 to 2.0) | 0.63 |
| Myalgia | 31 (22) | 0.6 (0.2 to 1.4) | 0.21 |
| Headache | 36 (26) | 0.6 (0.3 to 1.5) | 0.30 |
| Cough | 97 (69) | 1.0 (0.5 to 2.2) | 0.99 |
| Dyspnea | 79 (56) | 2.6 (1.2 to 5.5) | 0.01 |
| Diarrhea | 25 (18) | 1.3 (0.5 to 3.1) | 0.63 |
| Confusion | 31 (22) | 1.8 (0.8 to 4.0) | 0.18 |
| Physical examination |  |  |  |
| Temperature $>38.5^{\circ} \mathrm{C}$ | 101 (72) | 3.6 (1.4 to 9.3) | 0.009 |
| Respiratory rate $>18 / \mathrm{min}^{\mathrm{c}}$ | 34 (85) | 5.6 (0.6 to 53.4) | 0 |
| Biochemistry ${ }^{\text {c }}$ |  |  |  |
| Sodium $<130 \mathrm{mmol} / \mathrm{L}$ | 36 (26) | 2.1 (1.1 to 4.7) | 0.06 |
| Creatinine $>100 \mu \mathrm{~mol} / \mathrm{L}$ | 73 (52) | 2.1 (1.0 to 4.4) | 0.05 |
| CPK > 200 U/L | 25 (50) | 1.4 (0.5 to 4.2) | 0.57 |
| ASAT $>100 \mathrm{U} / \mathrm{L}$ | 21 (18) | 1.7 (0.6 to 4.4) | 0.30 |
| $\gamma$-GT $>100 \mathrm{U} / \mathrm{L}$ | 12 (13) | $\begin{gathered} 0.42 \\ (0.09 \text { to } 2.03) \end{gathered}$ | 0.28 |
| $\mathrm{PO}_{2}<9.7 \mathrm{kPa}$ | 96 (83) | $\begin{gathered} 0.64 \\ (0.24 \text { to } 1.70) \end{gathered}$ | 0.37 |
| X-ray results |  |  |  |
| Bilateral infiltrates ${ }^{\text {e }}$ | 38 (27) | 3.5 (1.6 to 7.6) | 0.002 |
| Pleural effusion | 15 (11) | 3.8 (1.2 to 11.3) | 0.002 |
| Progression within $48 \mathrm{hrs}^{\mathrm{c}, \mathrm{f}}$ | 46 (41) | 1.6 (0.7 to 3.4) | 0.25 |

${ }^{\text {a }}$ Logistic regression analysis.
${ }^{\mathrm{b}} \mathrm{CI}$ : confidence interval, COPD, chronic obstructive pulmonary disease, CPK, creatinine phosphokinase; ASAT, aspartate aminotransferase; g-GT, gamma glutamyltransferase.
${ }^{\text {c }}$ Data for smoking ( $\geq 1$ cigarette per day), alcohol intake ( $\geq 2$ U per day), breathing frequencies, laboratory tests, and progression of infiltrates were available for a proportion of patients. Cutoff levels for CPK, ASAT, and $\alpha$-GT are two times the upper normal limit.
${ }^{\mathrm{d}}$ Immunosuppressive medication is defined as ongoing treatment with chemotherapy or steroids $>10 \mathrm{mg} /$ day.
${ }^{\mathrm{e}}$ Unilateral infiltrate was the reference group.
${ }^{\mathrm{f}}$ Radiographic progression during 24-48 hours was defined as an increase in density or size of the infiltrate, or progression to multiple lobes.

Table 2. Multivariate analysis of factors determining outcome

| Prognostic factor ${ }^{\mathrm{a}}$ | Odds ratio $(95 \% \mathrm{CI})^{\mathrm{b}}$ <br> $(\mathrm{n}=141)$ | p value |
| :--- | :---: | :---: |
| Smoking | $2.5(1.1$ to 5.6$)$ | 0.03 |
| Dyspnea at presentation | $2.1(0.9$ to 4.8$)$ | 0.09 |
| Temperature $>38.5^{\circ} \mathrm{C}$ | $2.9(1.0$ to 8.6$)$ | 0.05 |
| Plasma creatinine $>100 \mu \mathrm{~mol} / \mathrm{L}$ | $2.0(0.9$ to 4.6$)$ | 0.11 |
| Bilateral infiltrates | $4.2(1.7$ to 10.3$)$ | 0.002 |
| Pleural effusion | $3.4(0.99$ to 11.6$)$ | 0.053 |

${ }^{\text {a }}$ Prognostic factors with $\mathrm{p} \leq 0.05$ in the univariate analysis were entered. Factors with p value $>0.2$ in the multivariate analysis were excluded.
${ }^{\mathrm{b}} \mathrm{CI}$, confidence interval.
$\log$ rank: $\mathrm{p}=0.005$ ). The difference in ICU-free survival was not explained by differences in severity of pneumonia in the two groups, since the percentage of patients with severe pneumonia in the group treated within 24 hours ( $31 \%$ severe Legionnaires' disease) did not significantly differ from the percentage in the group adequately treated after 24 hours ( $36 \%$ severe Legionnaires' disease; chi square: $\mathrm{p}=0.5$ ).

A Binax Now urinary antigen test with positive results can provide a diagnosis of Legionella pneumonia within 1 hour. This test was positive in $86 / 141$ (61\%), negative in $51 / 141$ ( $36 \%$ ) and not done in $4 / 141$ ( $3 \%$ ) of the patients. Table 3 shows the results of other diagnostic tests of patients with positive and negative urinary antigen test results. In 16 patients with negative urinary antigen test results, no other test had positive results, although the clinical and epidemiologic features strongly suggested Legionnaires' disease. Two of these patients were admitted to the ICU. Patients with negative urinary antigen test results had a higher ICU-free survival rate than patients with positive test results: $90 \%$ ICU-free survival compared with $58 \%$ of those with positive test results (Figure $3 \mathrm{~A} ; \log$ rank: $\mathrm{p}=0.0001$ ). No effect on outcome was found when initiation of adequate therapy was delayed in patients with a negative urinary antigen test (Figure 3B, $92 \%$ vs. $84 \%$ ICU-free survival; log rank: $p=0.46$ ). In contrast, patients with positive urinary antigen test results in whom adequate therapy was started within 24 hours after admission had a higher ICUfree survival rate compared with patients in whom therapy was initiated after 24 hours ( $67 \%$ vs. $48 \%$, Figure 3C; log rank: p= 0.09 ), resulting in a relative risk reduction of $38 \%$. The proportion of patients with severe pneumonia was comparable for both groups of patients with a positive urinary antigen test (within 24 hours: $39 \%$, after 24 hours, $45 \%$ severe Legionnaires' disease, chi square: $p=0.58$ ).

In addition, $36(38 \%)$ of 95 patients with nonsevere Legionnaires' disease were treated with adequate antibiotic therapy $>24$ hours after admission; 13 of those patients ( $36 \%$ ) had a poor outcome. In $10(77 \%)$ of these patients, the urinary antigen test was positive for $L$. pneumophila, indicating that these patients should have been identified as high risk on admission.


Figure 2. Kaplan-Meier curve for intensive care unit (ICU)-free survival. ICU-free survival for patients treated with adequate antibiotics within and $>24 \mathrm{~h}$ after admission.: adequate antibiotic therapy started within 24 h after admission $(\mathrm{n}=85$ ); ----- adequate antibiotic therapy started $>24 \mathrm{~h}$ after admission ( $\mathrm{n}=56$ ).

## Discussion

Since the first outbreak of Legionnaires' disease in Philadelphia in 1976 (7), several outbreaks have been described that were linked to hospitals, hotels, cooling-towers, and whirlpool baths (13-16). The outbreak reported here is the largest outbreak associated with a contaminated whirlpool spa located at the exhibition hall of a flower exhibition. Analysis of 141 hospitalized patients showed that a history of smoking, fever $>38.5^{\circ} \mathrm{C}$, and bilateral infiltrates shown on chest x-ray were associated with an increased risk for ICU admission or death. A urinary antigen test with positive results was also associated with poor outcome. Initiation of adequate therapy within 24 hours after admission showed a higher ICU-free survival rate compared to initiation of therapy after 24 hours. No protective effect of early adequate therapy was found in patients with Legionnaires' disease and a urinary antigen test negative for $L$.

| Table 3. Positive results of other diagnostic tests of patients with <br> positive and negative urinary antigen tests |  |  |
| :--- | :---: | :---: |
|  | Positive urinary <br> antigen test $(\mathrm{n}=86)$ | Negative urinary <br> antigen test $(\mathrm{n}=51)$ |
| Diagnostic test | 23 | 3 |
| Sputum culture | 35 | 27 |
| Fourfold rise in titer/ <br> seroconversion | 9 | 1 |
| Polymerase chain reaction <br> Single high titer | 5 | 3 |
| Positive urinary antigen ELISA <br> test in concentrated urine ${ }^{\mathrm{c}}$ | NA | 7 |
| No positive test results | 29 | 17 |

${ }^{\text {a }}$ Urinary antigen test results were based on the test result of the qualitative immunochromatographic assay (Binax Now, Binax, Portland, ME).
${ }^{\mathrm{b}}$ ELISA, enzyme-linked immunosorbent assay' NA, not applicable.
${ }^{\mathrm{c}}$ Positive Binax EIA and Biotest EIA in concentrated urine samples.


Figure 3. Survival curves and urinary antigen test results. A: Intensive care unit ICU)-free survival for patients with a positive or negative urinary Legionella antigen test (Binax Now, Binax, Portland, ME):___ negative urinary antigen test ( $n=51$ ); ----- positive urinary antigen test ( $n=86$ ). B: ICUfree survival for patients with a negative urinary Legionella antigen test (Binax Now): adequate antibiotic therapy started within 24 h after admission ( $\mathrm{n}=38$ ); ----- adequate antibiotic therapy started more than 24 h after admission ( $\mathrm{n}=13$ ). C: ICU-free survival for patients with a positive urinary Legionella antigen test (Binax Now):___ adequate antibiotic therapy started within 24 h after admission ( $\mathrm{n}=.46$ ); ----- adequate antibiotic therapy started $>24 \mathrm{~h}$ after admission ( $\mathrm{n}=40$ ).
pneumophila. However, in patients with positive urinary test results, early adequate therapy reduced the risk of ICU admission and death by $38 \%$.

The endpoint of either ICU admission or death was chosen because only 18 patients died, which strongly decreased the power of the analysis. In clinical practice, preventing ICU admission with all the disadvantages of such an admission in terms of sickness and death, is one of the goals of early treatment. Since $>80 \%$ of the diseased patients were first admitted to the ICU, we chose to combine ICU admission and death as a composite primary outcome parameter.

We analyzed 141 hospitalized patients and excluded 20 outpatients. However, this group represents only 20 out of 161 patients, and the described 141 patients represent $88 \%$ of all patients. In a study by Boshuizen et al. (17), a survey among the 700 exhibitors at the flower show revealed no symptomatic infections (for example, Pontiac fever); these researachers concluded that either pneumonia develops in exposed persons or they remain healthy. Therefore, this study elucidates the complete range of the severity of the pneumonia that develops in these patients.

The case definition for probable cases was broad enough to ensure inclusion of patients who died before the diagnostic work-up for Legionella was completed. Of the 21 probable case-patients, 18 had no single diagnostic test with positive results and showed no evidence of infection by other microorganisms (4 ICU admissions of which 2 died). Despite clinical and epidemiologic features suggestive of Legionnaires' disease, other undetected causes of pneumonia cannot be excluded.

Patients with Legionnaires' disease are more likely to have severe pneumonia requiring ICU admission than are patients with community-acquired pneumonia caused by other organisms $(1,18,19)$. In this study, $42(30 \%)$ patients) were admitted to the ICU. The overall mortality rate ( $13 \%$ ) and ICU mortality rate $(36 \%)$ in our patients were consistent with earlier reports ( $1,3,4$ ).

For all patients, the exposure day and the date when first symptoms occurred were known. The incubation time ranged from 1 to 18 days, which is longer than the upper limit of 12
days reported previously $(7,20)$. The virulence of the causative Legionella strain, as assessed by its potential for intracellular growth (21), did not differ from that of other clinical isolates and cannot account for this long incubation time. This longer incubation means that Legionnaires' disease can no longer be excluded as a potential cause of community-acquired pneumonia when, for example, the person traveled $>12$ days ago.

Male gender, older age, underlying diseases like chronic obstructive pulmonary disease, diabetes mellitus, and immunosuppressive medication, reported by others as predictors for fatal outcome (2-4), were not associated with poor outcome in this study, although the prevalence of underlying diseases in our population was similar to the prevalence in earlier studies describing community-acquired Legionnaires’ disease. This difference from other studies might be explained by the fact that in our study no selection was made for ICU patients, and no patients with nosocomial disease were included (2-4,22).

Patients who sought treatment with bilateral infiltrates ( $27 \%$ ) and with pleural effusion ( $11 \%$ ) had an increased risk for ICU admission or death. In a prospective study on chest radiographic findings in patients with community-acquired Legionnaires' disease, $16 \%$ of the patients had bilateral involvement, and $23 \%$ had pleural effusions on admission, which increased to $30 \%$ and $63 \%$, respectively, during hospitalization (23). Despite some lung deterioration, which was visible on chest x-ray, most patients improved clinically. In this study, progressive lung deterioration within 48-72 hours (noted in $41 \%$ of the patients) was not a significant risk factor for ICU admission or death. Bilateral involvement on admission, on the other hand, was the most powerful prognostic factor associated with poor outcome in the multivariate analysis.

Identification of patients with Legionnaires' disease has important implications for the choice of initial therapy. Studies comparing the clinical manifestations of Legionella pneumonia to other types of pneumonia have indicated that Legionnaires' disease is not "atypical" and that individual clinical features such as diarrhea, confusion, hyponatremia, and chest x-ray findings are not sufficiently distinctive to distinguish Legionnaires' disease from other types of communityacquired pneumonia $(18,24-26)$. The results of cultures
require several days, and serum antibody tests have a low sensitivity. In patients with Legionnaires' disease related to this outbreak, sensitivity was approximately $43 \%$ for one of the three separate antibody tests and $61 \%$ for any of the tests, using a positive culture result, a urinary antigen test with positive results, or both as the criterion standard (E. Yzerman, pers. comm.).

Detection of L. pneumophila antigens in a urine sample provides a diagnosis within 1 hour, with a specificity of $95 \%$ to $100 \%$ (11) (Binax Now Legionella urinary antigen test, Binax). Patients in our study with a positive urine test during hospitalization had an increased risk for ICU admission or death, in accordance with data indicating that the percentage of positive test results increased with the clinical severity of the disease (27). Although the urinary antigen test was done retrospectively in many patients (median 9 days after the first symptoms, range $0-25$ days), the number of positive urinary tests is not lower during the first 3 days after symptoms than after 3 weeks of illness (28). The urinary antigen test used during this outbreak detects L. pneumophila serogroup 1, which is responsible for approximately $70 \%-80 \%$ of Legionnaires' disease cases in the United States and Europe.

Increased deaths associated with delay of adequate treatment for Legionnaires' disease has been reported earlier $(1,5)$; in patients suspected of having Legionnaires' disease, adequate therapy should therefore be started as soon as possible. To ensure coverage of potential
L. pneumophila infections in every patient, the recommendations for treatment of patients with community-acquired pneumonia have been expanded. The new guidelines from the Infectious Diseases Society of America recommend an extended-spectrum cephalosporin plus a macrolide or a fluoroquinolone alone, for every hospitalized patient in whom no pathogen is defined (6). This approach may lead to overtreatment since $2 \%-13 \%$ of community-acquired pneumonia is caused by L. pneumophila $(18,29,30)$. Therefore, this approach is costly and, in addition, may contribute to macrolide and fluoroquinolone resistance.

The results of our study suggest that a more tailored approach of patients with community-acquired pneumonia may be possible. When Legionnaires' disease is considered in the differential diagnosis of patients with community-acquired pneumonia, a urinary antigen test should be done on admission. If test results are positive, the patient should be treated immediately with a fluoroquinolone or a macrolide since a positive urinary test on admission identifies the patients with Legionnaires' disease caused by L. pneumophila serogroup 1 and a high risk for ICU admission or death. If the urinary antigen test gives negative results, deferring anti-Legionella therapy for the first 24 hours after admission, pending the diagnostic work-up, may be justified because the outcome in Legionnaires' disease is not influenced. In this way, unnecessary use of antibiotics in patients hospitalized with commu-nity- acquired pneumonia may be avoided.

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