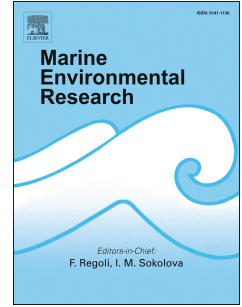


# Journal Pre-proof

Antarctic ascidians under increasing sedimentation: physiological thresholds and ecosystem hysteresis

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**CRedit author statement:** LT, RS and DA conceived the ideas and designed methodology; LT performed samples and data analysed and led the writing of the manuscript; GA: performed sampling and collaborated in data analysis, RS and CL collected and analysed population data.; IS: collected and analysed environmental data; All authors participated in discussion and writing and gave final approval for publication.

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## 22        **Research data for this article**

23        All raw data generated in this study is deposited and accessible at PANGAEA,  
24 <https://doi.org/10.1594/PANGAEA.925354> (Torre et al., 2020a). Abundance and densities of  
25 benthic organisms close to the Fourcade glacier front at Potter Cove, South Shetland Islands,  
26 Antarctica, from December 2009 to February 2010 were taken from PANGAEA,  
27 <https://doi.org/10.1594/PANGAEA.879315> (Laggert et al., 2017b). Suspended particulate matter  
28 measured on water samples of two stations at Potter Cove, King George Island, Western Antarctic  
29 Peninsula (1992-2010) were downloaded from PANGAEA,  
30 <https://doi.org/10.1594/PANGAEA.745596> (Schloss, 2010). Ascidians respiration rate under  
31 different TSPM concentration were extracted from PANGAEA,  
32 <https://doi.org/10.1594/PANGAEA.925202> <https://doi.pangaea.de/10.1594/PANGAEA.925202>  
33 (Torre et al., 2020b). The rest of the data that support the findings of this study are available from the  
34 corresponding author upon reasonable request.

35

36

## 37        **Highlights**

- 38        ● Ascidians gut content amount and quality correlates with TSPM gradient and glacier distance.
- 39        ● SFG indicates currently suitable growth conditions in spite of high TSPM.
- 40        ●  $SFG_{TSPM}$  allowed us to identify environmental thresholds and explain community changes.

41

42        **Abstract**

43            Glacier melting sediment inputs affect coastal ecosystems on the Antarctic Peninsula. In Potter  
44 Cove (South Shetland Islands, Antarctica), the shift from an “ascidian dominated” to a “mixed”  
45 assemblage has been linked to sedimentation. However, in recently described newly ice-free areas  
46 ascidians became dominant in spite of total suspended particulate matter (TSPM) concentrations,  
47 which are the highest measured in Potter Cove. Here, we compared the gut content and energy  
48 reserve of three ascidian species at three stations under different TSPM regimes. All analyzed species  
49 had a higher gut content with lower %OM at these newly areas. A theoretical relationship between  
50 the scope for growth for the targeted ascidians and TSPM explained assemblages' recorded change  
51 but failed to explain current ascidians distribution. The results may indicate the existence of a TSPM  
52 threshold that allows the spatial coexistence of alternative stable states at benthic Potter Cove system.

53

54            **Keywords:** alternative stable states, Antarctica, ascidians, glacier retreat, hysteresis, scope for  
55 growth, sedimentation, suspension feeders.

56

## 57 1. Introduction

58 Along the Western Antarctic Peninsula (WAP), glacier retreat associated with climate change  
59 is opening newly ice-free areas, available to enhanced primary production and new benthic  
60 colonisation (Campana et al., 2018; Lagger et al., 2018; Peck et al., 2010; Quartino et al., 2013).  
61 These newly ice-free areas in nearshore regions are strongly influenced by the seasonal discharge of  
62 inorganic particles washed from land (Dierssen et al., 2002; Gutt et al., 2015; Kim et al., 2018; Moon  
63 et al., 2015), affecting shallow-water ecosystems functioning (Clark et al., 2017; Kim et al., 2021;  
64 Thrush et al., 2004), from population down to the level of gene expression (Abele et al., 2017; Torre  
65 et al., 2017). Key planktonic and benthic suspension feeders are massively constrained in respiration  
66 and growth and even suffer massive die outs and biomass loss as a consequence of sedimentary  
67 coverage of respiratory organs and body surfaces, and the ingestion of lithogenic particles (Dayton et  
68 al., 2016; Fuentes et al., 2016; Pakhomov et al., 2003; Philipp et al., 2011; Slattery and Bockus,  
69 1997). The inability to move and avoid local stress conditions in space and time renders sessile  
70 Antarctic organisms particularly vulnerable to the ongoing rapid Antarctic environmental changes. In  
71 this sense, it has also been hypothesised that sedimentation of TSPM per se could act as a community  
72 shaping factor based on differential sensitivities of each species present. The most tolerant species  
73 would stand better, changing competitive relationships, shaping the resulting community even from  
74 the earlier recruitment stages (Clark et al., 2017a; Kim et al., 2021; Krzeminska and Kuklinski, 2018;  
75 Torre et al. 2017). Understanding the extent to which coastal total suspended particulate matter  
76 (TSPM) dynamics affects vital functions and survival of benthic key species will help to predict  
77 future Antarctic benthic community composition, and to elucidate ecosystem thresholds (Clark et al.,  
78 2017b; Gardner, 2000; Jansen et al., 2018a; 2018b). An ecological threshold is defined by a rapid  
79 non-linear change in ecosystem structure and functioning connected with changes in the

80 environmental conditions. Sudden ecosystem shifts are used to determine “threshold values” for  
81 environmental parameters, and to define eventual tipping points, leading to switching between  
82 alternative stable ecosystem states (Andersen et al., 2009; Folke et al., 2004; Shelkoe et al. 2015;  
83 Scheffer and Carpenter, 2003). Rapid climate-related ecological changes of West Antarctic coastal  
84 ecosystems offer ideal scenarios to get further insights into ecological concepts such as stability,  
85 resilience and sudden shifts (Barnes and Souster, 2011; Dayton et al., 2019; Fillinger et al., 2013;  
86 Gutt et al., 2011; Sahade et al., 2015).

87 Potter Cove on South Shetland Island is one of the best investigated glacial coves of the WAP  
88 concerning both the environmental and ecological changes resulting from glacier retreat (Falk et al.,  
89 2018; Rückamp et al., 2010; Sahade et al., 2015; Schloss et al., 2012). As a consequence of summer  
90 glacier melting and discharge on proglacial rivers that transport lithogenic particles from coastal  
91 erosion, forming a shallow sediment admixed freshwater plume of approximately 5m depth extension  
92 flows toward Maxwell Bay (Meredith et al., 2018) (see Fig. 1). The intensity with which these  
93 sediments are deposited within the cove differs spatially across different sections. Because internal  
94 cyclonic surface current extends residence time of the water mass (Lim et al., 2013), major  
95 deposition of fine particles occurs in the inner cove area, next to the glacier (Wöfl et al., 2014).

96 Between 1994 and 1998, a remarkable reduction in the abundance of some ascidians and the  
97 expansion of an assemblage dominated by pennatulids, bivalves and some Porifera was observed in  
98 sediment covered areas of the cove (Sahade et al., 2015). This sudden shift from an “ascidian  
99 dominated assemblage” to a “mixed assemblage” was associated with an increase in the  
100 concentration of TSPM (Bers et al., 2013; Schloss et al., 2012) and coincided with the rates of  
101 sediment mass accumulation in Maxwell Bay (Monien et al., 2011). These two assemblages were  
102 hypothesised to represent alternative stable ecosystem states, as the sudden shift in the benthic

103 community coincided with a massive sedimentation event in 1995 after which the ascidian  
104 populations did not recover (Sahade et al., 2015). This interpretation was further supported by  
105 experimental evidence showing that for the same TSPM concentration, ascidians' energy demand is  
106 higher than other tested suspension feeders (*Laternula elliptica*, *Malacobelemnion daytoni*), and are  
107 therefore considered more sensitive to this factor (Philipp et al., 2011; Torre et al., 2012). Moreover,  
108 under high TSPM concentrations carbon uptake efficiency is constrained in ascidians, leading to an  
109 energetic deficit that compromises their growth and reproduction (Alurralde et al., 2019; Armsworthy  
110 et al., 2001; Torre et al., 2014). Additionally, ecological modelled predictions strongly suggest that  
111 TSPM is a key factor influencing ascidian capacity to colonise and survive, jeopardising long-term  
112 population success (Momo et al., 2008; Torre et al., 2017). Interestingly, the most TSPM sensitive  
113 ascidians (Torre et al., 2012; 2014) were able to abundantly colonise a small rocky island (<80 m  
114 long and ~30 m depth) which emerged under the retreating glacier around the early 2000s, although  
115 they were directly and massively exposed to glacier sediment discharge. Indeed, solitary ascidians  
116 were the dominant macrobenthic group (with 47.1 ( $\pm 1.7$  s.e.) % of coverage and a density of 308.6  
117 ( $\pm 51.1$  s.e.) individuals  $m^{-2}$ ) on the steep rocky walls of this island (Lagger et al., 2018). It is  
118 therefore essential to understand the actual sensitivity/vulnerability of these species and the  
119 community tipping points to effectively contribute to a broader ecological debate in the context of  
120 fast and pressing Antarctic environmental changes (Gutt et al., 2013).

121 In such challenging environmental conditions, growing on a nearly vertical wall of a recently  
122 ice-free rocky island, could be beneficial for benthic suspension feeders i) because sediment coverage  
123 on the organisms may be less detrimental than in horizontally positioned specimens (Lagger et al.,  
124 2018), ii) the current system in the water column may be more effective in surface cleaning, iii)  
125 resuspension of deposited sediments may not reach up to the midwater position of these animals.



126 Nevertheless, this failed to explain the dominance of ascidians on the horizontal substrate provided  
127 by the new areas next to the glacier (Lagger et al., 2017a). Similarly, in highly impacted new ice-free  
128 areas within the adjacent Marian Cove (25 de mayo/King George Island, Antarctica), ascidians of  
129 very low sizes reach high abundances as in Potter Cove (Kim et al., 2021). Such growth arrestment  
130 could be due to the scarce organic material they receive and the energy investment on processing  
131 inorganic matter. Therefore, in such a contradictory context, we aim to understand how the ascidian  
132 species are able not only to survive at high TSPM concentrations (with low organic matter content)  
133 but to dominate pioneering communities in glacial sedimentation areas. Another question relates to  
134 how they can maintain a positive growth under such intense inorganic sedimentation pressure. Here  
135 we propose the following hypotheses

136 - Ascidian populations are subjected to different sedimentation pressures along the main axis  
137 of the cove, which are configured by glacier discharge.

138 - Ascidians are in their tolerance range of TSPM concentrations. Therefore, they are still not  
139 constrained by the current environmental conditions.

140 - TSPM concentrations are currently in the environmental range of ecological hysteresis,  
141 allowing the spatial coexistence of both described assemblages.

142 The aim of this work was first, to determine to what extent the described summer sediment  
143 inputs from glacier discharge, and consequently the increase of TSPM, is affecting the most  
144 conspicuous ascidians species of Potter Cove, and secondly, how historical TSPM records could have  
145 shaped the ascidian populations within the cove. To do so, we analysed bulk gut content and energy  
146 reserve of collected specimens of the most conspicuous ascidians species from three sites in Potter  
147 Cove with different estimated sedimentation impact. Additionally, we estimated the scope for growth  
148 (SFG, i.e., the remaining of the energy available for growth beyond that required for maintenance)

149 under different TSPM scenarios. Furthermore, we tested SFG under TSPM historical data and  
150 contrasted it with ascidians biomass data, and discussed the implications of energy limitation on  
151 species abundance and distribution in different areas of Potter Cove. Our results are discussed in the  
152 frame of the potential existence of alternative states of the benthic assemblage system.

153

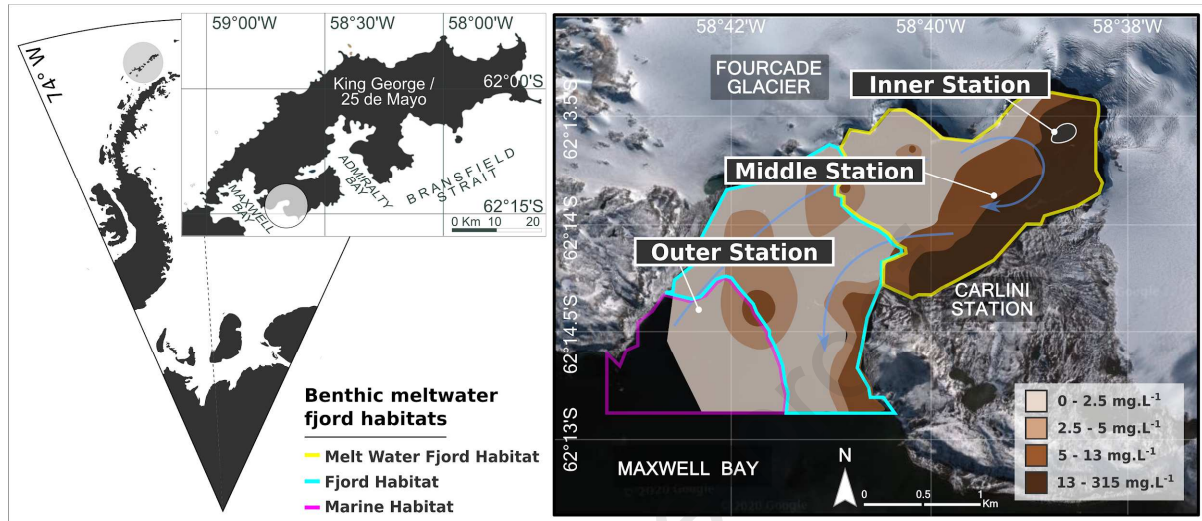
## 154 **2. Materials and Methods**

### 155 *2.1. Study area and animal sampling*

156 Sampling was carried out in Potter Cove, Isla 25 de Mayo/King George Island, South  
157 Shetland Archipelago (S 62°14', W 58°40') during February 2011, using the facilities of the  
158 Argentine-German Dallmann laboratory on the Argentinean Carlini station. Three sampling areas,  
159 known to differ in the intensity of glacial sediment deposition (Jerosch et al., 2018; Monien et al.,  
160 2017), were chosen: two related to the Long-Term Ice-Free Areas (LTIFA) historically monitored  
161 stations (Sahade et al., 2015) and one corresponding to the New Ice-Free Areas (NIFA) recently  
162 described (Lagger et al., 2017a; Wölfl et al., 2016) (Fig 1). Specifically, the Outer sampling site that  
163 corresponds to the LTIFA Outer Station (62° 14' 10" S; 58° 42' 48" W) is situated in the Northern  
164 part of the opening toward Maxwell Bay and is characterised by the presence of a hard-bottom  
165 substrate and very low TSPM as it receives the inflowing water from Maxwell Bay. This station has  
166 only low glacial influence, being considered a meltwater unaffected marine habitat (Jerosch et al.,  
167 2018). The Middle Station correspond to the LTIFA Inner Station (62° 13' 54" S; 58° 40' 06" W) is  
168 characterised by soft-bottom substrate and an intermediate sedimentation influence, and it is  
169 currently considered a typical Fjord habitat (Jerosch et al., 2018). Finally, the Inner station  
170 corresponding to the NIFA Station (62° 13' 23,6" S, 58° 38' 41,0" W) comprises the rocky island  
171 mentioned above, directly in front of the glacier. It has the highest sedimentation influence being

172 considered a meltwater affected Fjord habitat (Jerosch et al., 2018). Detailed information of station  
 173 characteristics is summarised in table 1.

174



175 **Figure 1:** Potter Cove location on Isla 25 de Mayo/King George Island, in the northern  
 176 Antarctic Peninsula. Sampling station locations are indicated as Outer, Middle and Inner Stations.  
 177 The black area on Potter Cove map corresponds to the Fourcade Glacier. The white rectangle in the  
 178 grey area represents Carlini station location. Colour lines mark the boundaries of benthic meltwater  
 179 fjord habitats in Potter Cove: meltwater fjord habitat (yellow), fjord (light blue) and maritime (pink)  
 180 habitats (less influenced by meltwater streams) according to Jerosch et al. (2018). Average spatial  
 181 distribution of TSPM concentration in the surface waters of Potter Cove during summer 2010/2011  
 182 (from Monien et al., 2017) is indicated in a brown colour scale.

183

184 **Table 1:** Summary characteristic of sampling stations at Potter Cove (South Shetland Islands,  
185 Antarctica)

Station	Inner	Middle	Outer	Source
Distance from glacier front (km)	0.24	1.27	4.14	
Georeference	62°13'23.6''S 58°38'41''W	62°13'54''S 58°40'06''W	62°14'10''S 58°42'48''W	
Substrate type	Rocky island surrounded by medium silt	Fine and very fine sandt	Stone	Wöfl et al. (2014)
Age (ice-free exposure)	~15 years	> 60 years	> 60 years	Wöfl et al. (2016)
Sediment Accumulation Rate (SAR); g cm <sup>-2</sup> y <sup>-1</sup>	1.14	0.55	0.0855	Monien et al. (2017)
Nomenclatures used by other authors	-	E1	E2	Schloss et al. (2012)
	IZ	-	OZ	García et al. (2016)
	-	Inner Station	Outer Station	Sahade et al. (2015)
	New Ice-Free Areas	Long-Term Ice-Free Areas	Long-Term Ice-Free Areas	Lagger et al. (2017a)
Habitat type	Melt Water Fjord	Fjord	Marine	Jerosch et al. (2018)
TSPM concentration*	13-315 mg L <sup>-1</sup>	5-13 mg L <sup>-1</sup>	0-2.5 mg L <sup>-1</sup>	Monien et al. (2017)
Solitary ascidians dominance relationship	Cv>Mp>>Ca>Ac**	Mp>>>Ac>Ca>Cv* *	Mp>Cv>>Ca>Ac**	Sahade et al. (2015) Lagger et al. (2017a)

186 \*Total suspended particulate matter (TSPM) concentration in the surface waters of Potter Cove during summer  
187 2010/2011.

188 \*\*Solitary ascidians species considered: *Cnemidocarpa verrucosa* (Cv), *Molgula pedunculata* (Mp), *Ascidia challengeri*  
189 (Ac) and *Corella antarctica* (Ca).

190

191 Between ten and fifteen specimens of the most conspicuous solitary ascidians species were  
192 carefully taken by SCUBA divers from each station at 20 m depth. As many other epibenthic groups  
193 in Antarctica, they can inhabit either hard and soft-bottoms. In Potter Cove soft bottoms, these  
194 species' larvae can attach themselves to shells, pebble, stones and even sand aggregations (Tatián et  
195 al., 1998).

196 Specimens of *Molgula pedunculata* of  $52.2 \pm 8.29$  grams of fresh mass (g fm) (mean  $\pm$  SE)  
197 *Cnemidocarpa verrucosa* of  $121.06 \pm 10.55$  g fm, and *Corella antarctica* of  $152.28 \pm 17.09$  g fm were  
198 collected. The chosen species represent erect and flat-form body shapes that respond differently to  
199 sedimentation. Not enough specimens of *Ascidia challengerii* were found in the Outer station (even  
200 when they have been thereafter recorded (Sahade et al., 2015)), so we excluded this species from this  
201 part of the analysis. Characteristics of these species are summarised in Table 2.

202 Immediately after collection, each specimen was dissected. Note that before dissection the  
203 intestinal tract (stomach and intestine portion) was clamped at both ends with surgical clamping  
204 forceps to recover its complete content. The total gut content was retrieved by opening one of the  
205 extremes of the digestive tract inside a tube and leaving the content to fall into it. Finally, the inner  
206 walls of the digestive tract were rinsed off by running Mili-Q water and collected into the same  
207 sample tube. Tissue and gut content samples (tunic, mantle, branchial sac, and emptied intestinal  
208 tract) were immediately frozen in liquid nitrogen and stored at  $-80$  °C after dissection.

209

210 **Table 2:** Summarized characteristic of more conspicuous solitary ascidian species of Potter Cove

Species	<i>Molgula pedunculata</i>	<i>Cnemidocarpav errucosa</i>	<i>Ascidia challengeri</i>	<i>Corella antarctica</i>	Source
Order / Family	Stolidobranchia / Molgulidae	Stolidobranchia / Styelidae	Phlebobranchia / Ascidiidae	Phlebobranchia / Corellidae	Tatián et al. (1998); Alurralde et al. (2013)
Body shape	Cylindrical	Pedunculated	Laterally flattened	Laterally flattened	Kott (1969); Moniot et al. (2011)
Muscular development	Scarce development	Well developed	Developed mostly around siphons	Developed mostly around siphons	Kott (1969); Moniot et al. (2011)
Feeding behavior	Active filter-feeder	Active filter-feeder	Active filter-feeder	Active filter-feeder	Kott (1969); Moniot et al. (2011)
Pumping rate (L d <sup>-1</sup> g dm)*	4.8	6.24	4.58	3.55	Kowalke (1998);
Squirting behavior	nd**	TSPM dependent	nd	nd	Kowalke et al., (2001); Torre et al. (2014)
Standard Metabolic rate (mg O <sub>2</sub> gdm <sup>-1</sup> d <sup>-1</sup> ) (mean ± standard error)	3.47 ±0.92	5.46 ±1.54	2.47 ±0.12	nd	Torre et al. (2012)
Standard Metabolic rate (ml O <sub>2</sub> g afdrm <sup>-1</sup> h <sup>-1</sup> )	0.057	0.023	nd	nd	Kowalke et al. (2001)
Respiration under TSPM	available	available	available	nd	Torre et al. (2012)
Absorption efficiency	nd	86.05 ± 0.07%	nd	nd	Alurralde et al. (2019)
Sediment sensitivity	++++	+++	++	nd	Torre et al. (2012)

Reproduction period	Summer	Winter	Summer	nd	Sahade et al. (2004); Sahade (1999)
Maximal mass (KJ)	110.7	227.3 (KJ)	41.4 (KJ)	108.7 (KJ)	Kowalke et al. (2001)
Maximal age	3.1(y)	3.4 (y)	10.6 (y)	3.5 (y)	Kowalke et al. (2001)
Individual Growth performance	1.55	1.83	0.59	1.3	Kowalke et al. (2001)

211 \*Liters per day per gram of dry mass ( $L d^{-1} g^{-1}$ )

212 \*\*Not available data (nd)

213

## 214 2.2. Total gut content analysis

215 Each gut content sample was dried at 60 °C until constant weight (~24-48 hours) and dry  
 216 weight was determined in a 0.1-mg precision degree balance (Sartorius AG LA230S, Göttingen,  
 217 Germany). OM content of each sample was determined following combustion at 450 °C for 5 h to  
 218 obtain the ash weight, which was subtracted from dry weight. To determine %OM, the OM content  
 219 was divided by the total dry weight and multiplied it by 100.

220

## 221 2.3. Glycogen measurements

222 Glycogen concentration in the mantle tissue of each individual was determined following  
 223 Kunst et al. (1984) and Keppler and Decker (1984). Mantle tissue samples (100-200 mg fm) were  
 224 ground to a powder in liquid nitrogen. 0.5 mL of ice-cold Milli-Q water was added to each sample,  
 225 and they were homogenised manually for 30 seconds on ice using a small glass homogeniser. The  
 226 homogenate was heated to 95°C for 10 min to achieve protein denaturation using a water bath. For  
 227 the hydrolysis of glycogen to glucose, 250µL of the homogenate was mixed with 500µL acetate

228 buffer (0.1 mol, pH 4.8) and 20 $\mu$ L amyloglucosidase (Roche, Mannheim, Germany), and incubated  
229 for 2 h at 40°C in a water bath. The rest of the homogenate was kept on ice for later determination  
230 of the free glucose concentration. After incubation, samples were centrifuged at 15.000 g for 10 min  
231 at 4 °C in a refrigerated centrifuge (Eppendorf AG 5417R, Hamburg, Germany). The supernatant  
232 was collected, and glucose concentration was determined using the glucose determination kit (D-  
233 glucose UV test, R-Biopharm, Darmstadt, Germany), following the manufacturer's instructions.  
234 The glycogen content was calculated as the difference between the hydrolysed and the non-  
235 hydrolysed subsamples. Glycogen content is expressed in  $\mu$ g of glycogen per g of fresh mass ( $\mu$ g g  
236  $\text{fm}^{-1}$ ).

237

#### 238 2.4. Scope for Growth (SFG)

239 The scope for growth (SFG) reflects the overall energy balance of an individual. It was  
240 estimated as the difference between the energy absorbed from the food and the energy expenditure or  
241 consumed due to respiration. A positive SFG reflects the available energy for biomass production  
242 (somatic and reproductive tissue growth) after reaching routine metabolic demands, whereas a  
243 negative SFG reflects an overall loss of energy by the individual (Gardner, 2000; Navarro et al.,  
244 1991). Considering the available data (Alurralde et al., 2019; Kowalke, 1999; Torre et al., 2012; see  
245 Table 2), ascidians' SFG under different TSPM concentration ( $\text{SFG}_{\text{TSPM}}$ ) was estimated for *M.*  
246 *pedunculata*, *C. verrucosa* and *A. challengerii*. As no respiration data under different TSPM  
247 concentration for *C. antarctica* was available, we assumed *A. challengerii* respiration rate to be  
248 representative of *C. antarctica*, since both are similar in terms of body shape, standard metabolic rate,  
249 pumping rate and growth performance (Kowalke, 1999; Kowalke et al., 2001), much more than to *M.*  
250 *pedunculata* or *C. verrucosa* (see summary data in Table 3).



251 SFG<sub>TSPM</sub> was estimated as the difference between assimilation (A) and respiration (R) at  
 252 different TSPM concentrations (A<sub>TSPM</sub> and R<sub>TSPM</sub>, respectively):

$$253 \text{ SFG}_{\text{TSPM}} = \text{A}_{\text{TSPM}} - \text{R}_{\text{TSPM}}$$

254 Calculation of SFG<sub>TSPM</sub>, A<sub>TSPM</sub> and R<sub>TSPM</sub> (all in J gms<sup>-1</sup> d<sup>-1</sup>) follows Widdows and Johnson (1988) as  
 255 cited by Gardner (2000):

$$256 \text{ I}_{\text{TSPM}} = \text{PR}_{\text{TSPM}} \times \text{POM} \times 23 \text{ J mg}^{-1} \text{ AFDW}$$

$$257 \text{ A}_{\text{TSPM}} = \text{I}_{\text{TSPM}} \times \text{AE}_{\text{TSPM}}$$

$$258 \text{ R}_{\text{TSPM}} = \text{VO}_2 \times 20.33 \text{ J mL}^{-1} \text{ O}_2$$

259 R<sub>TSPM</sub> data of *M. pedunculata*, *C. verrucosa* and *A. challengeri* individuals was measured at different  
 260 concentrations of TSPM (Torre et al., 2020b; <https://doi.org/10.1594/PANGAEA.925202>). A<sub>TSPM</sub>  
 261 calculation was estimated from Ingestion rate (I) and Absorption efficiency (AE). I and AE depend  
 262 on particle concentration. In the absence of specific data, AE<sub>TSPM</sub> of *C. verrucosa* under different  
 263 TSPM concentrations estimated from Alurralde et al. (2019) was assumed for the three species, as no  
 264 differences in AE for natural seston are observed for different ascidians species in Potter Cove  
 265 (Tatián et al. 2004). Considering that filtration is the most energy-consuming activity for these  
 266 species under increasing TSPM concentration, specific pumping rate (PR) recorded by Kowalke  
 267 (1999) was corrected from respiration data under different sediment concentration (Torre et al.,  
 268 2020b). In this way we obtain the specific PR<sub>TSPM</sub> for each species in order to assess the I<sub>TSPM</sub>. The  
 269 calculation of each parameter and their sources are summarised in Table 3.

270 To estimate the possibility of growth and reproduction for these ascidians at low and high sediment  
 271 impact in Potter Cove, SFG<sub>TSPM</sub> was estimated for each species with the maximal summer TSPM  
 272 recorded at 20 m water depth from published data since 1992 in the middle station (Schloss, 2010;  
 273 <https://doi.org/10.1594/PANGAEA.745596>) and since 2009 at the Inner station (García et al., 2016).

274 Summer values were chosen because they were more abundant, frequent and representative of TSPM  
275 concentrations (Neder et al., 2020) and also because glacier inorganic sediment discharge occurs in  
276 this warmer period (Shcloss et al., 2012). Additionally, most of the biological parameters considered  
277 for SFG estimation were also evaluated during the summer season. On the other hand, maximum  
278 recorded values were chosen instead of means as they better represent the most prevalent conditions  
279 at Potter Cove. Bad weather conditions with strong winds are a common summer feature (Ruiz Barlet  
280 et al., 2021), which constrain sampling opportunities. Thus, it is logical to assume that part of the  
281 story is missing, and mean TSPM records would not accurately represent the most typical conditions  
282 in Potter Cove.

283 **Table 3:** Calculation of each SFG<sub>TSPM</sub> parameter

Parameter	Calculation	Data Source
SFG <sub>TSPM</sub> (J gms <sup>-1</sup> d <sup>-1</sup> )	A <sub>TSPM</sub> - R <sub>TSPM</sub>	This work
A <sub>TSPM</sub> (J gms <sup>-1</sup> d <sup>-1</sup> )	I <sub>TSPM</sub> • AE	This work
I <sub>TSPM</sub> (L g <sup>-1</sup> h <sup>-1</sup> )	PR <sub>TSPM</sub> (L g <sup>-1</sup> h <sup>-1</sup> ) • POM <sup>b</sup> (mg L <sup>-1</sup> ) • 23 J mg <sup>-1</sup> AFDW	This work
AE	-0.27 • LN (TSPM (mg L <sup>-1</sup> )) + 1,1124 R <sup>2</sup> = 0.9885	Alurralde et al. (2019)
PR <sub>TSPM</sub> (L g <sup>-1</sup> h <sup>-1</sup> )	PR • (R <sub>TSPM</sub> /R <sub>s</sub> <sup>a</sup> )	Kowalke (1999); Torre et al. (2012); Torre et al. (2020b)
POM <sup>b</sup> (mg L <sup>-1</sup> )	1.8191 • LN (TSPM (mg L <sup>-1</sup> )) - 0.383 R <sup>2</sup> = 0.8658	Alurralde et al. (2019)
R <sub>TSPM</sub> (J gms <sup>-1</sup> d <sup>-1</sup> )	VO <sub>2</sub> <sup>c</sup> (mL O <sub>2</sub> g <sup>-1</sup> d <sup>-1</sup> ) • 20.33 J mL <sup>-1</sup> O <sub>2</sub>	Torre et al. (2012); Torre et al. (2020b)

284 <sup>a</sup> R<sub>s</sub> means respiration rate at natural seston levels (without added sediment).285 <sup>b</sup> POM means particulate organic matter.286 <sup>c</sup> VO<sub>2</sub> means oxygen consumption rate.

287

288 *2.5. Data analysis*

289 Gut content between species and stations was analysed with ANCOVA (Analysis of  
 290 covariance) with total gut content as dependent variable and station and species as independent  
 291 variables. Individual size (fresh weight) was considered as a covariable due to its strong correlation  
 292 with gut content ( $R^2 = 0.69$ ,  $p < 0.0001$  for *M. pedunculata*,  $R^2 = 0.73$ ,  $p = 0.012$  for *C. verrucosa* and  
 293  $R^2 = 0.72$ ,  $p = 0.014$  for *C. antarctica*). %OM of total gut content and mantle glycogen content  
 294 between species and stations were analysed with ANOVA with %OM and glycogen content as  
 295 dependent variables and station and species as independent variables. In the absence of normality,

296 data of glycogen content was  $\text{Log}_{10}(x+1)$  transformed prior to analysis. Finally, we also performed  
297 an ANOVA to compare  $\text{SFG}_{\text{TSPM}}$  of all the species between periods at which major changes have  
298 been recorded (pre and post-1995 TSPM peak) in the Middle and Inner stations. In all cases,  
299 significant differences ( $p < 0.05$ ) were estimated with the Bonferroni *post-hoc* test. All statistical  
300 analyses were performed with Infostat 2016 (Di Rienzo et al., 2016)

301

### 302 3. Results

#### 303 3.1. Bulk gut content and energy reserve

304 Size-dependent total gut content showed differences between stations for the three species.  
305 The major significant difference was observed between samples from the Inner and the other two  
306 stations for each of the investigated species. At Inner and Middle stations, *M. pedunculata* had  
307 significantly lower size-dependent gut content than the other two species (Fig. 2a). The %OM had a  
308 clear pattern, increasing with the distance to the glacier in all three species. Furthermore, %OM of  
309 gut content was significantly higher in *M. pedunculata* compared with the other two species at all  
310 stations (Fig. 2b). Mantle glycogen content of *M. pedunculata* was significantly lower than in the  
311 other two species at each station. A significant difference of mantle glycogen between stations was  
312 found only for *C. antarctica* where the glycogen content increased with the distance to the glacier  
313 (outer > middle > inner cove, Fig. 2c). F and p values from ANCOVA and ANOVA analysis are  
314 summarized on Table 4.

315

316 **Table 4:** ANCOVA and ANOVA results of total gut content, %OM, glycogen content differences  
 317 between species and Station.

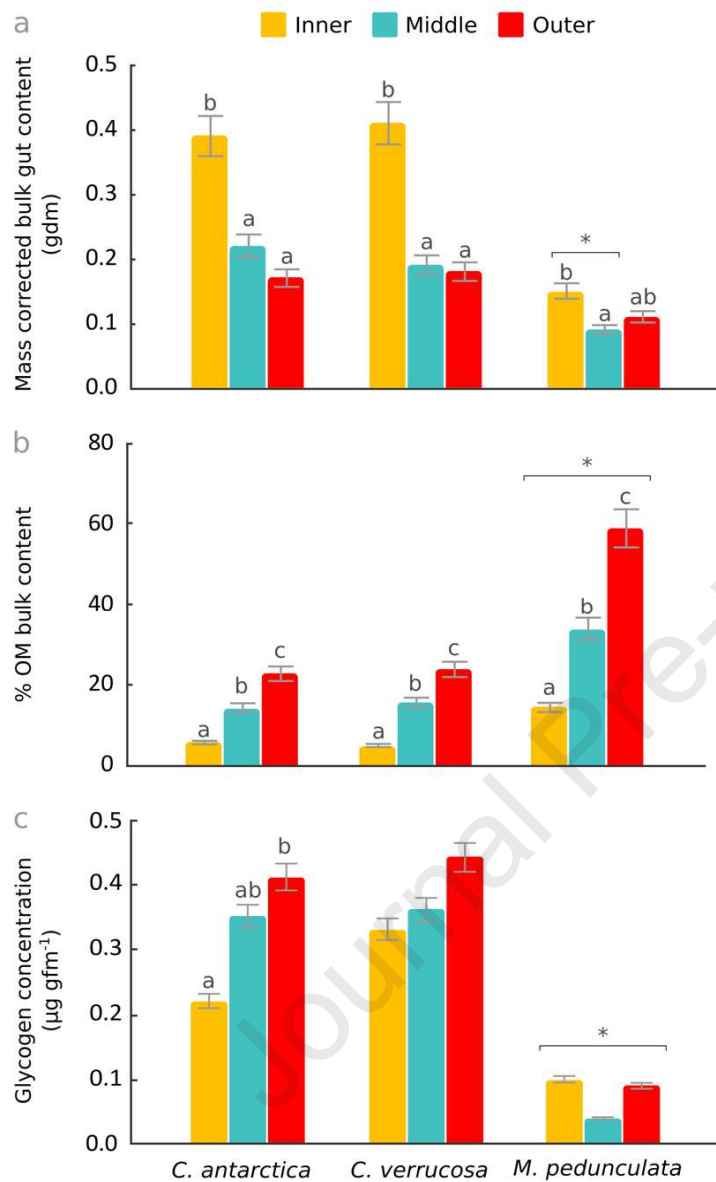
<b>ANCOVA Total gut content</b>	<b>F</b>	<b>p</b>	<b>n</b>
Between stations			
<i>M. pedunculata</i>	17.79	<0.0001	29
<i>C. verrucosa</i>	23.72	<0.0001	30
<i>C. antarctica</i>	21.53	<0.0001	29
Size (fresh body mass)		<0.05	
Between species	<b>F</b>	<b>p</b>	<b>n</b>
Inner Station	33.09	<0.0001	30
Middle Station	16.77	<0.0001	31
Outer Station	7.87	ns*	27
Size (fresh body mass)		<0.05	
<b>ANOVA %OM</b>	<b>F</b>	<b>p</b>	<b>n</b>
Between stations			
<i>M. pedunculata</i>	87.82	<0.0001	29
<i>C. verrucosa</i>	12.85	<0.0001	30
<i>C. antarctica</i>	10.97	<0.0004	29
Between species	<b>F</b>	<b>p</b>	<b>n</b>
Inner Station	11.52	<0.0001	30
Middle Station	18.3	<0.0001	31
Outer Station	40.35	<0.0001	27
<b>ANOVA Mantle glycogen content</b>	<b>F</b>	<b>p</b>	<b>n</b>
Between stations			
<i>M. pedunculata</i>	2.67	ns	26
<i>C. verrucosa</i>	1.85	ns	27
<i>C. antarctica</i>	4.286	0.0235	32
Between species	<b>F</b>	<b>p</b>	<b>n</b>

Inner Station	9.4	<i>0.0008</i>	30
Middle Station	26.89	<i>&lt;0.0001</i>	31
Outer Station	21.32	<i>&lt;0.0001</i>	27

318           \*ns means no significant differences

319

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320  
 321 **Figure 2:** a) Mass corrected total gut content (g dry mass), b) %OM of total gut content and  
 322 c)  $\text{Log}_{10}$  transformed Glycogen mantle content ( $\mu\text{g g fm}^{-1}$ ) of *C. antarctica*, *C. verrucosa* and *M.*  
 323 *pedunculata* at each sampling station in Potter Cove. Different letters show significant differences  
 324 between stations by species with the Bonferroni test ( $p < 0.05$ ). Error bars indicate standard error. \*  
 325 Show significant differences ( $p < 0.001$ ) between species at all stations. *gdm*: grams of dry mass.

326

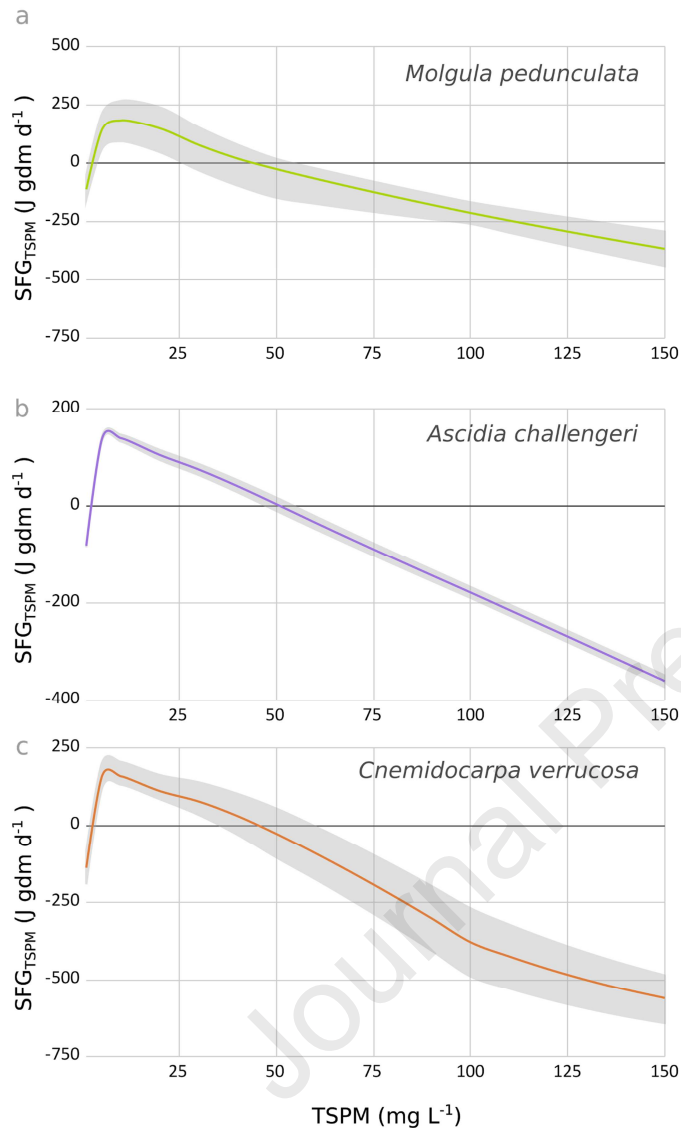
327

## 328 3.2. Scope for Growth under increasing TSPM

329 The estimated  $SFG_{TSPM}$  for the three ascidians showed an increase at lower TSPM  
330 concentrations up to a maximum value at around  $10 \text{ mg L}^{-1}$  beyond which  $SFG_{TSPM}$  decreased at  
331 higher concentrations and became negative between 40 and  $60 \text{ mg L}^{-1}$  TSPM. *M. pedunculata*  
332 showed a higher SFG at lower and intermediate TSPM concentrations, probably due to its higher  
333 filtration rate (Kowalke 1999). Additionally, it represents together with *C. verrucosa* the most  
334 sensitive species as its  $SFG_{TSPM}$  becomes negative at lower TSPM ( $\sim 45 \pm 15 \text{ mg L}^{-1}$ ) concentrations  
335 than *A. challengerii* ( $\sim 55 \pm 5 \text{ mg L}^{-1}$ ) (see Fig. 3). *A. challengerii* has a higher  $SFG_{TSPM}$  than the other  
336 two species only under higher TSPM concentrations, and its  $SFG_{TSPM}$  also becomes negative at  
337 higher TSPM (Fig. 3).

338





339

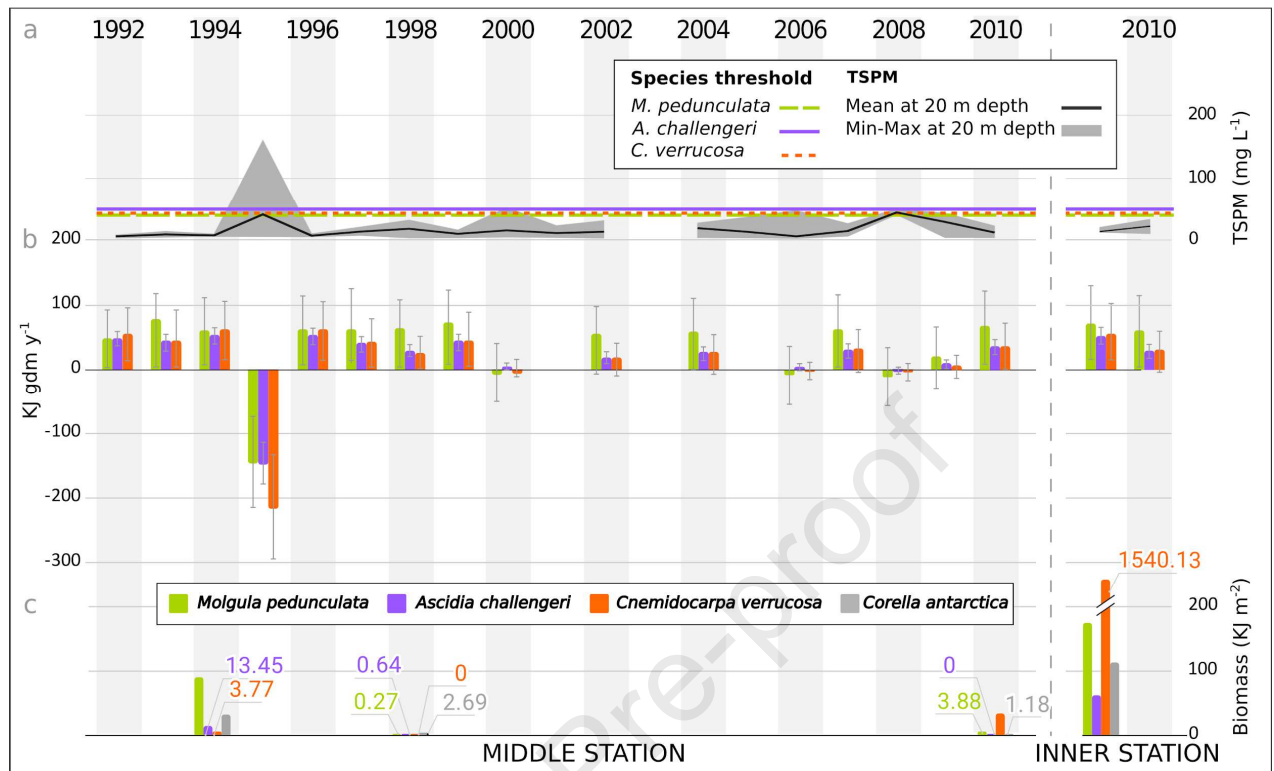
340 **Figure 3:** Scope for Growth (SFG<sub>TSPM</sub>) in J g dm<sup>-1</sup> d<sup>-1</sup> under increasing TSPM concentrations  
 341 (mg L<sup>-1</sup>) of a) *M. pedunculata*, b) *A. challengerii* and c) *C. verrucosa*. Grey areas represent  
 342 estimated standard deviation.

343

344

345 SFG<sub>TSPM</sub> estimation with real TSPM data showed that, at maximum TSPM recorded in the  
346 Inner and Middle station, the SFG of the three species is positive for most of the measured maximal  
347 summer concentrations from 1993 to 2011 at the Middle station and between 2009 and 2011 at the  
348 Inner station (Fig. 4 a, b). For 1995, the SFG<sub>TSPM</sub> reached a very high negative value for the three  
349 species when the recorded maximal TSPM was as high as 162 mg L<sup>-1</sup>. It also became slightly  
350 negative for *M. pedunculata* and *C. verrucosa* in 2000 and 2006 at the Middle station when recorded  
351 TSPM was as high as 48 and 46.2 mg L<sup>-1</sup> respectively. Comparison of pre and post-1995 TSPM peak  
352 at the Middle station was only significantly lower after the peak for *A. challengeri* (ANOVA;  $F=4.62$ ,  
353  $p=0.03$ ) and *C. verrucosa* (ANOVA;  $F=5.16$ ,  $p=0.02$ ). At both considered periods (1992-1994 vs  
354 1996-2011), SFG<sub>TSPM</sub> means are positive for the three species. Leaving out the 1995 event and  
355 despite the observed year-to-year variability, the ascidian SFG<sub>TSPM</sub> did not differ significantly  
356 between the Middle and Inner stations.

357



358  
 359 **Figure 4:** a) TSPM (mg L<sup>-1</sup>) recorded in the Middle and Inner stations at 20 m depth from  
 360 Schloss (2010) and García et al. (2016) respectively. The solid black line indicates average summer  
 361 values, while the grey shaded area represents the minimum and maximum values recorded.  
 362 Overlapping coloured lines indicate *M. pedunculata*, *A. challengerii* and *C. verrucosa* TSPM  
 363 thresholds (concentration at which SFG<sub>TSPM</sub> became negative). b) Estimated SFG<sub>TSPM</sub> (KJ gdm y<sup>-1</sup>)  
 364 for *M. pedunculata*, *A. challengerii* and *C. verrucosa* considering maximal summer TSPM  
 365 concentration in the Inner and Middle stations. Error bars indicate standard error. c) Biomass (KJ m<sup>-2</sup>)  
 366 of *M. pedunculata*, *C. verrucosa*, *A. challengerii* and *C. antarctica* recorded at the Middle station  
 367 in 1994, 1995 and 2010 from Sahade et al. (2015) and at the Inner station in 2010 from Lager et al.  
 368 (2018). *gdm*: grams of dry mass.

369

#### 370 4. Discussion

371 Our study supported the hypothesis that the magnitude of pressure exerted on ascidians by  
 372 glacier sediment discharge, agrees with sedimentation gradient from the head fjord toward the mouth  
 373 described by Monien et al. (2017). The negative effect is higher at the Inner station and decreases  
 374 towards the middle and outer stations. The sedimentation pattern is reflected in the ascidians bulk gut

375 contents and its quality, being highest at the Inner Station with a lower OM fraction and lowest at the  
376 Outer one with the highest OM fraction. Like the canary in the coal mine, ascidians may act as  
377 sentinels of sedimentation conditions and living ‘sediment traps’ since their gut contents provide  
378 relevant insights on the sedimentation process, witnessing what is reaching the bottom in Potter Cove  
379 (Tatián et al., 2002; Tatián et al., 2004). As sessile suspension-feeders and primary consumers,  
380 ascidians serve as indicators of different aspects of ecosystem functioning and spatial heterogeneity  
381 of food sources due to local environment and hydrology (Alurralde et al., 2020; Kim et al., 2021;  
382 Lefebvre et al., 2009). Spring/summer glacier discharge and wind stress set local differences between  
383 the inner and outer part of Potter Cove, as well as between surface and deeper waters (Ruiz Barlett et  
384 al., 2021; Schloss et al., 2012). In addition, variable water retention times and stratification due to  
385 meltwater inflows may dilute food sources or patchly distribute them within the fjord (Alurralde et  
386 al., 2020). On the other hand, the observed differences among the species provide insights on species-  
387 specific trophic traits that could determine to some extent the interplay between energy intake and  
388 population abundances. Under increasing TSPM concentrations, ascidians increased their respiration  
389 rate (and probably their pumping activity) up to a certain concentration after which ascidians down-  
390 regulated their metabolism. Their sensitivity to TSPM was then inversely related to the concentration  
391 they react to, being *M. pedunculata* more sensitive than *C. verrucosa* and *A. challengeri* (Torre et al.  
392 2012, 2014). There has been some controversy elucidating the relevance of particle concentration in  
393 regulating ascidians’ ingestion rate (Armsworthy et al., 2001; Klumpp, 1984; Petersen and Riisgård,  
394 1992; Petersen et al., 1995). Nevertheless the evidence summarised by Petersen (2007) have  
395 demonstrated that gut fullness reduces ascidians ingestion rate. The gut contents of *M. pedunculata*  
396 were always less than the other species, especially at the Inner station (with the highest TSPM). This  
397 indicates that ingestion is downregulated at lower TSPM concentration in this species. In a turbid

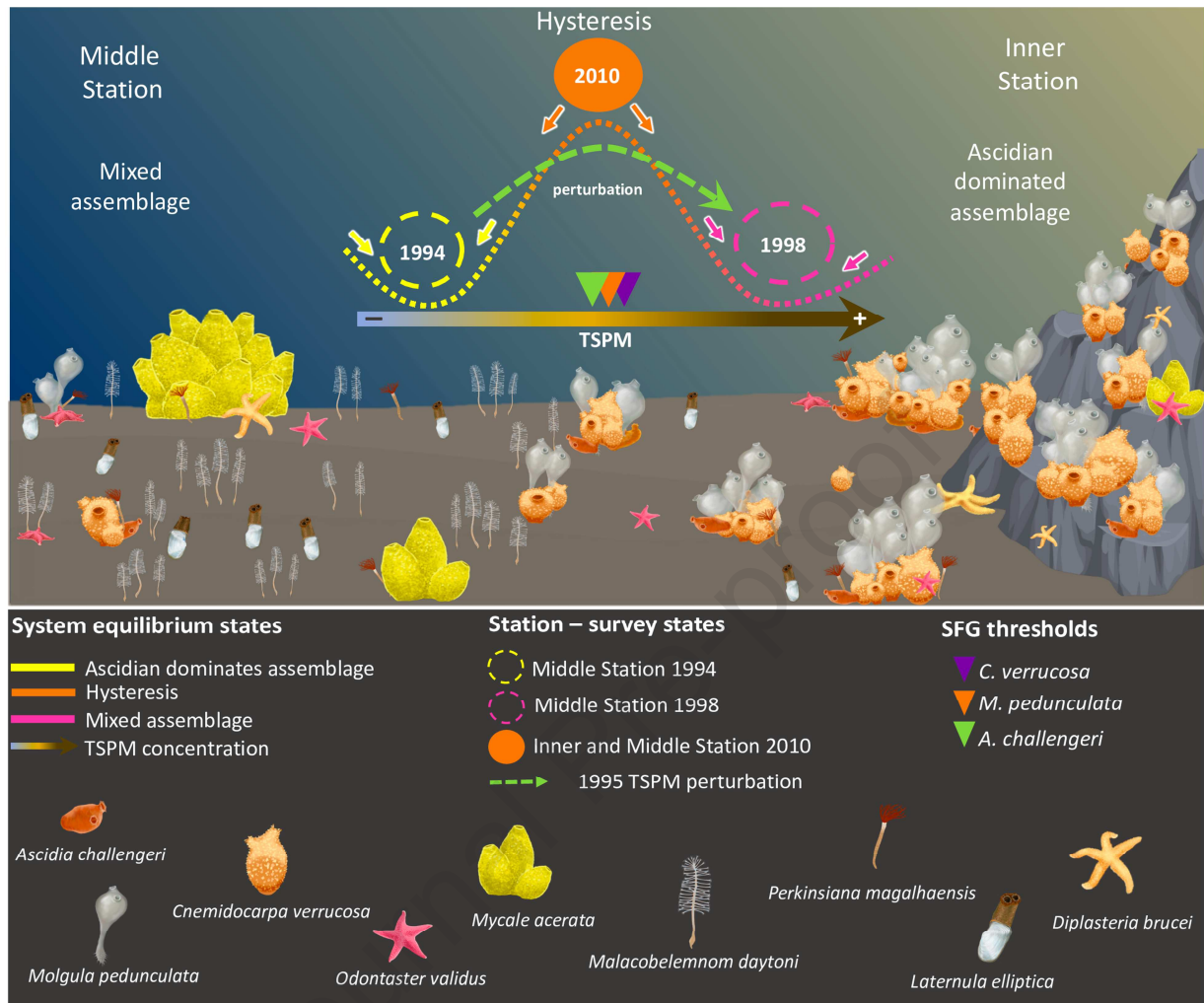
398 environment as Potter Cove, the ability to regulate ingestion rate would therefore be an advantageous  
399 trait since it could prevent *M. pedunculata* from overloading their digestive system. This could  
400 enable a more efficient food intake strategy, limiting filtration rates at high TSPM concentrations and  
401 more importantly, avoids branchial clogging. Here is where sensitivity probably masks a strategy that  
402 allows *M. pedunculata* to survive and dominate even in areas subjected to intense sediment regimes  
403 (Kim et al., 2021; Lagger et al., 2017a; 2018).

404         Just like total gut content reflects the TSPM regimes at each station (Fig.1), the gut content  
405 OM fraction also coincides with the OM distribution along Potter Cove bottom (Monien et al., 2014).  
406 The observed interspecific differences may have resulted from specific branchial sac morphology and  
407 pumping rates, which are thought to determine retention efficiency and ingestion rate in ascidians  
408 (Kowalke, 1999; Petersen and Svane, 2002; Riisgård and Larsen, 2010). Schloss et al. (1999)  
409 postulated that at the bottom-water interface *M. pedunculata* gets better quality food because its  
410 siphons are located some centimeters higher than *C. antarctica* and *C. verrucosa*, where TSPM has a  
411 higher OM fraction. Nevertheless, the differences in siphon heights between *M. pedunculata* and *C.*  
412 *verrucosa* are markedly lower. *C. verrucosa* is the only one of the studied ascidians that performs  
413 squirting, i.e., a rejection reflex happening under high TSPM concentrations (Torre et al., 2014). We  
414 believe, therefore, that this particular reflex leads to the difference observed between species since it  
415 increases with increasing TSPM concentration, limiting ingestion rate because of the loss of particles  
416 rejected before the gut passage (Armsworthy et al., 2001). Not only the amount and quality of  
417 available food, but also the rates of its incorporation and utilisation in different processes such as  
418 growth, reproduction or environmental stress, would determine an animal's net energy balance  
419 (Sokolova, 2013; Sokolova et al., 2012). Glycogen is one of the primary energy sources described for  
420 ascidians (Ermak, 1977; Gaill, 1980; Torre et al., 2014) and its accumulation is tightly related to the

421 energy balance of each species (Kang et al. 2011; Torre et al., 2014). As expected, the glycogen  
422 levels measured for *C. antarctica* and *C. verrucosa* are coincident with %OM of gut contents,  
423 reflecting the significant impact that quality food intake has on the energy storage capacity of these  
424 species. However, this was not possible to corroborate on *M. pedunculata* as glycogen was too scarce  
425 for comparison, probably because it is mostly stored in muscles, and mantle muscular fibres which  
426 are poorly developed in this species (Torre et al., 2014; Monniot et al., 2011; Kott, 1969).

427         Placing this snapshot of what summer sedimentation represents for antarctic ascidians, and  
428 what happened at the population level in a historical context, leads us to the second main finding of  
429 our study. After linking sharp changes in megabenthic assemblages' structure with sediment  
430 dynamics in Potter Cove, Sahade et al. (2015) suggested this could be a case of a sudden shift with  
431 ecosystem hysteresis. The TSPM peak in 1995 was interpreted as a critical threshold, but still,  
432 uncertainties remain whether these shifts are reversible or not. Our estimates confirm that TSPM  
433 level in 1995 far exceeded the ascidians threshold from the energetic perspective, and represented a  
434 breakpoint in the structuring of benthic assemblages occurring in the Middle Station which  
435 corresponds to older areas within Potter Cove (referred as Inner by Sahade et al., 2015). The SFG,  
436 represents the animal net energy balance and provides an integrative and quantitative assessment of  
437 the animal's energy status under a particular food regime (Gardner, 2000). A negative SFG like the  
438 one described for the 1995's TSPM peak would have limited ascidians' survival because of high  
439 respiratory expenditure and low energy absorption (Alurralde et al., 2019; Torre et al., 2012). Since a  
440 positive SFG is a good predictor of growth potential, the estimation of SFG for a particular species  
441 allows assessing its potential presence, abundance, survival, and reproduction in a given place.  
442 Despite TSPM concentrations remaining higher than before the perturbation, they did not exceed  
443 ascidians TSPM threshold (concentration from which each species SFG becomes negative)

444 demonstrating that energy provision is still suitable for ascidians to thrive. Even so, ascidians were  
445 unable to restore their dominance in older areas but, paradoxically, they dominated the new ice-free  
446 areas. These newer areas in the Inner Station were uncovered many years after the 1995  
447 sedimentation peak, but have been permanently subjected to the highest sediment pressure registered  
448 within the cove. At the last benthic photographic survey in Potter Cove in 2010, both states coexisted  
449 (Lagger et al., 2017a; 2018; Sahade et al., 2015) between Inner and Middle stations. This suggests  
450 that the benthic system in the cove could present alternative equilibrium states for similar values of  
451 the environmental condition. Spatial coexistence of alternative stable states when a system is in the  
452 environmental condition range that allows hysteresis, are generally described as the result of spatial  
453 or temporal heterogeneity (Shurin et al., 2004). Therefore, the current coexistence of both states may  
454 be the result of spatial and temporal heterogeneity in TSPM dynamics detailed above (Fig. 5).



455

456 **Figure 5:** Schematic representation of Potter Cove assemblage composition at the Middle and Inner  
 457 station since 2010. Equilibrium and hysteresis model (based on Scheffer 2001) is shown by a dotted  
 458 line and circles indicating states of the Potter Cove system at different surveys under increasing total  
 459 suspended particulate matter (TSPM) concentration. Two stable states are identified: the “ascidian  
 460 dominated assemblage” and the “mixed assemblage” and in-between the unstable hysteresis state  
 461 where the system could turn to any of the other two states. The directions of the system change as a  
 462 function of TSPM concentration (increasing from left [-] to right [+]) is indicated with small arrows.  
 463 Ascidian specific scope for growth (SFG) thresholds related to TSPM are indicated. The Middle  
 464 station composition in the 1994 survey corresponded to an “Ascidian dominated assemblage”. After  
 465 the 1995 TSPM peak (system perturbation), where ascidians SFG thresholds were exceeded, the  
 466 Middle station assemblage turned into a “mixed assemblage”. In the last survey, ascidian dominated  
 467 assemblage dominated the Inner station while the mixed assemblage dominated the older Middle  
 468 station. The irreversibility to the ascidian dominated assemblage at the Middle station even when  
 469 TSPM has been predominantly lower, and coexistence of both states is a clear indication of current  
 470 system hysteresis.



471

472           Assemblage composition often depends on environmental conditions, but also on colonisation  
473 or settlement history (Chase, 2003), as early settling species can favour the settlement of a particular  
474 assemblage by facilitation process (Kéfi et al., 2016; Urban and De Meester, 2009). In this sense, the  
475 rocky substrate provided by the island in the new ice-free area at the Inner Station represents a  
476 perfect refuge that may allow constant ascidian recolonisation to the soft-bottoms around it. Species  
477 success is usually assumed to be density-dependent, being enhanced at certain population densities  
478 via the Allee effect, but under some circumstances, high-density aggregations can also favour  
479 population success via protection, predation dissolution, food intake facilitation or self-recruitment  
480 (i.e. recruitment of progeny to the parental population or patch) (Bruno et al., 2003; Rius et al.,  
481 2017). Density-dependent facilitation processes could, therefore generate positive feedback for a  
482 specific assemblage. Several biological processes are inherently species-specific and contribute to  
483 shaping ecosystem functioning (Barnes and Sands, 2017), especially when suspension-feeder species  
484 dominate in abundance (Mermillon-Blondin, 2011; Schenone and Thrush, 2020). For instance, the  
485 fine (muddy) sediment substrate prevailing in the inner Potter Cove may not be suitable for sessile  
486 epibenthic organisms' settlement. However, ascidians and other suspension-feeders, act as ecosystem  
487 engineers developing complex three-dimensional biogenic structures (Gili et al., 2001; Rossi et al.,  
488 2015; Tatián et al., 1998), providing living habitat for epibionts, including organisms from their own  
489 species (Rimondino et al., 2015). In this way, the development of clumped patches increases  
490 biodiversity by increasing substrate for colonisation. It also favours reproduction, settlement and  
491 survival, generating a positive feedback to the "ascidian dominated assemblage" state (Monteiro et  
492 al., 2002). In dense populations, the active feeding behaviour allows ascidians to reach high filtration  
493 rates (Riisgård et al., 1995) that, along with a remarkable retention efficiency, may limit food

494 availability for other co-occurring animals (Kowalke, 1998; 1999; 2000). On the contrary, once a  
495 “mixed assemblage” dominated by epi-infaunal species (e.g. *Malacobelemnem daytoni*) is settled, the  
496 colonisation area for ascidian gets compromised. The infaunal species modify bottom sediment,  
497 altering water-sediment layer dynamics and geochemistry, increasing bioturbation and sediment  
498 accumulation rate favouring their own aggregation (Coco et al., 2006; Mermillod-Blondin, 2011; Tait  
499 et al., 2020). Nevertheless, further investigations are necessary to detect and evaluate multiple  
500 feedbacks and interactions that may be stabilising these alternative states.

501 By austral summer 2020, the current assemblage state at Potter Cove remained the same  
502 described for 2010 sampling survey (Alurralde, G. *personal communication*). In the light of the  
503 results obtained here, it could be possible that just a warmer summer event could trigger higher  
504 glacier wash out of terrigenous material. This will increase TSPM to the point that surpasses the  
505 tolerance threshold of ascidian assemblages at the Inner station, making the system collapse to the  
506 other equilibrium state of a mixed assemblage. This prognosis is not trivial if the warming of the  
507 WAP resumes from the current hiatus (Etourneau et al., 2019), as it appears to be the case after the  
508 extreme temperatures measured in austral summer 2020 (Robinson et al., 2020). Extensive fjordic  
509 areas may follow the same trend observed in Potter Cove, i.e. retreating landward (Meredith et al.,  
510 2018). Furthermore, the new ice-free areas are currently getting more relevance on Antarctic blue  
511 carbon estimations, because of their high potential for new benthic carbon accumulation and  
512 immobilisation, mainly based on functional groups composition (Barnes et al., 2020). Therefore, to  
513 assess the possible presence of thresholds, alternative equilibrium states and hysteresis in coastal  
514 Antarctic ecosystems is becoming crucial to evaluate responses and potential negative or positive  
515 feedback to the ongoing Global Environmental Change.

516

## 517 **Conclusions**

518 Ascidians bulk gut contents reflected the sedimentation pattern described in the study area. They can  
519 in fact be considered living ‘sediment traps’ since their gut contents provide relevant insights on the  
520 sedimentation process, witnessing what is reaching the bottom. The use of SFG allowed us to detect  
521 the energy thresholds for each analysed species. Its estimation corroborated a great energetic deficit  
522 under the historical sedimentation peak, which could explain the recorded assemblage change in the  
523 cove after 1995.

524  $SFG_{TSPM}$  estimation indicates suitable environmental conditions supporting current ascidians  
525 dominance in the new ice-free areas, but it fails to explain why under the current scenario, the  
526 ascidian assemblage at the cove has not been restored. These results may indicate the existence of a  
527 TSPM threshold that allows the spatial coexistence of alternative stable assemblage states at the  
528 benthic Potter Cove system.

529

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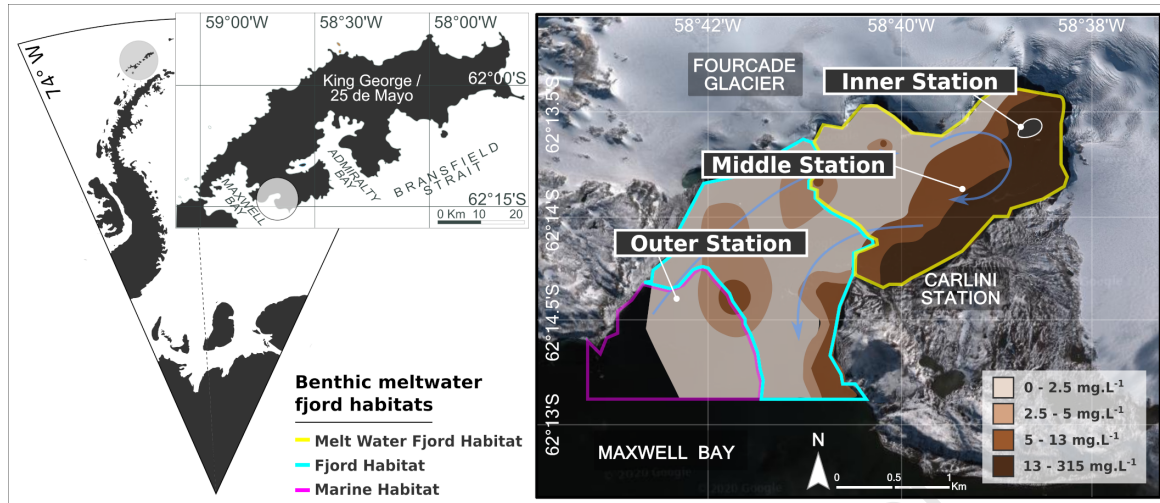
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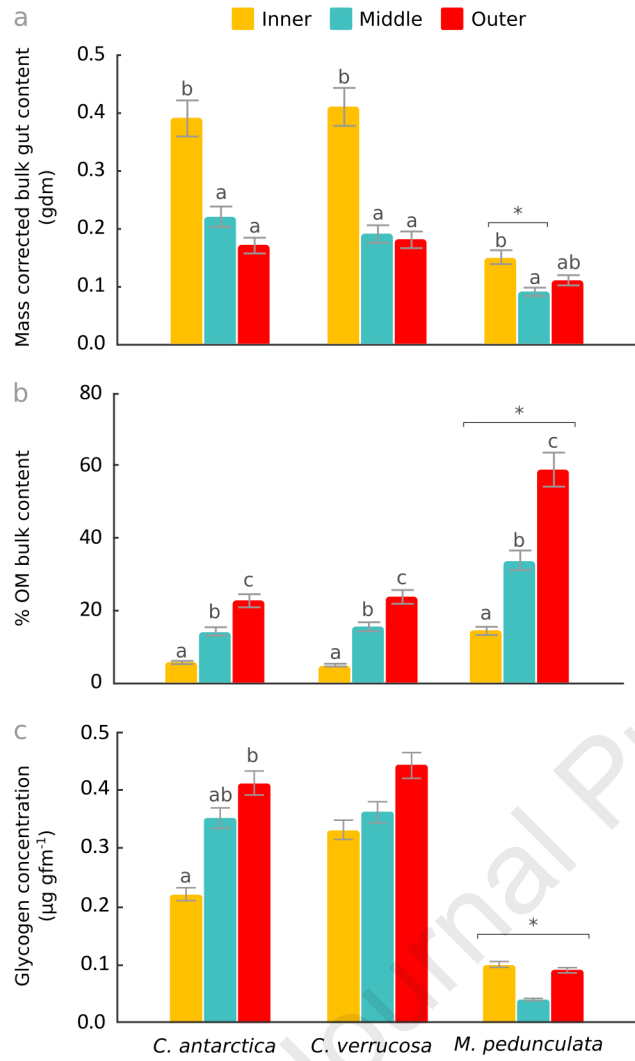
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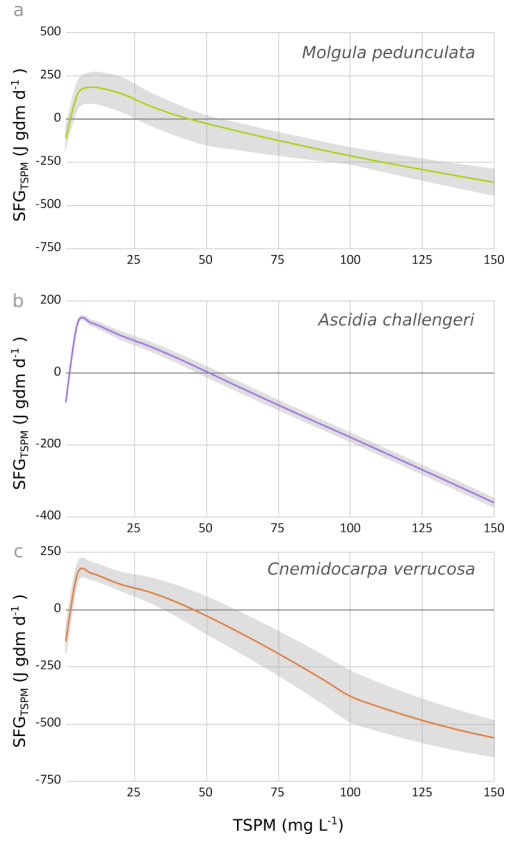
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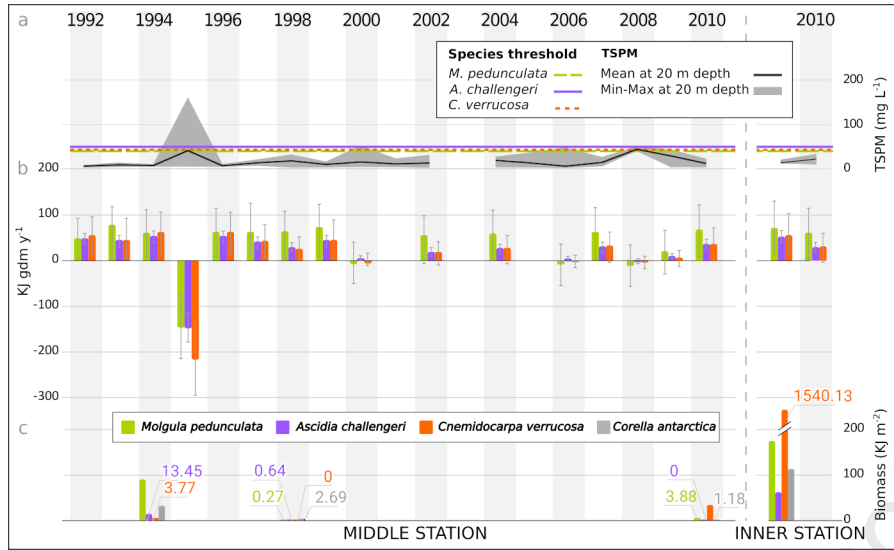


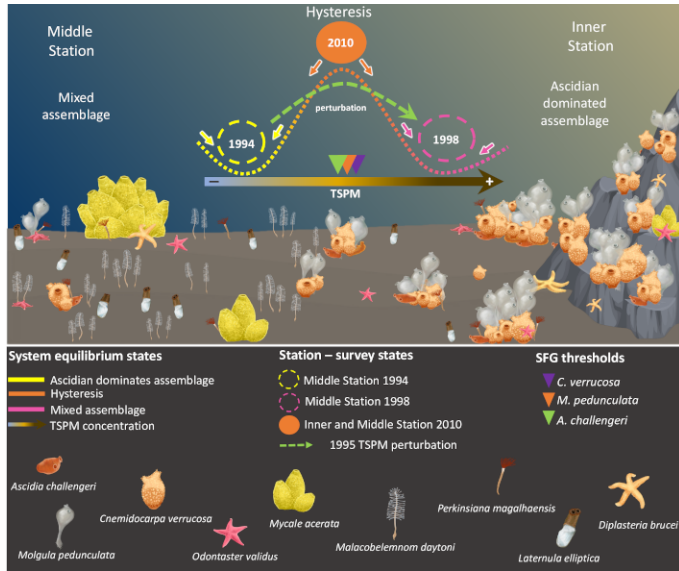
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**Title: Antarctic ascidians under increasing sedimentation: physiological thresholds and ecosystem hysteresis.**

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**Highlights**

- Ascidians gut content amount and quality correlates with TSPM gradient and glacier distance.
- SFG indicates currently suitable growth conditions in spite of high TSPM.
- $SFG_{TSPM}$  allowed us to identify environmental thresholds and explain community changes.

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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