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1	A somatic coliphage threshold approach to improve the management of activated sludge
2	wastewater treatment plant effluents in resource-limited regions
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Abstract

Effective wastewater management is crucial to ensure the safety of water reuse projects and effluent discharge into surface waters. Multiple studies have demonstrated that municipal wastewater treatment with conventional activated sludge processes is inefficient for the removal of the wide spectrum of viruses in sewage. In this study, a well-accepted statistical approach was used to investigate the relationship between viral indicators and human enteric viruses during wastewater treatment in a resource-limited region. Influent and effluent samples from five urban wastewater treatment plants (WWTP) in Costa Rica were analyzed for somatic coliphage and human enterovirus, hepatitis A virus, norovirus genotype I and II, and rotavirus. All WWTP provide primary treatment followed by conventional activated sludge treatment prior to discharge into surface waters that are indirectly used for agricultural irrigation. The results revealed a statistically significant relationship between the detection of at least one of the five human enteric viruses and somatic coliphage. Multiple logistic regression and Receiver Operating Characteristic curve analysis identified a threshold of 3.0×10^3 (3.5-log₁₀) somatic coliphage plaque forming unit per 100 mL, which corresponded to an increased likelihood of encountering enteric viruses above the limit of detection (>1.83×10² virus target/100 mL). Additionally, quantitative microbial risk assessment was executed for famers indirectly reusing WWTP effluent that met the proposed threshold. The resulting estimated median cumulative annual disease burden complied with World Health Organization recommendations. Future studies are needed to validate the proposed threshold for use in Costa Rica and other regions.

Importance

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Effective wastewater management is crucial to ensure safe direct and indirect water reuse; nevertheless, few countries have adopted the virus log reduction value management approach established by the World Health Organization. In this study, we investigated an alternative and/or complementary approach to the virus log reduction value framework for the indirect reuse of activated sludge treated wastewater effluent. Specifically, we employed a well-accepted statistical approach to identify a statistically sound somatic coliphage threshold value, which corresponded to an increased likelihood of human enteric virus detection. This study demonstrates an alternative approach to the virus log reduction value framework, which can be applied to improve wastewater reuse practices and effluent management.

1. Introduction

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Conventional activated sludge is an aerobic, secondary wastewater treatment technology that takes advantage of biological processes to remove organic matter and is commonly used in low-, middle- and high-income countries (1). Frequently, activated sludge wastewater treatment plant (WWTP) effluent does not receive additional treatment, even though it is well-known that pathogen removal can be insufficient for safe water reuse (2-9). This is particularly true for enteric viruses because traditional activated sludge treatment typically removes viruses 2.02log₁₀ (1, 10). Currently, human enteric viruses cause a significant fraction of the disease burden related to wastewater pollution worldwide. Direct and indirect wastewater reuse (e.g., agricultural irrigation, recreational activities in contaminated surface waters) represents a public health risk; thus, the microbial quality of WWTP effluent should be monitored to manage those risks (11, 12).

Fecal indicator bacteria (e.g., fecal coliform, enterococci, and Escherichia coli) are the most commonly used indicators for assessing WWTP effluent microbial quality (13). They were initially introduced as indicators when Salmonella Typhi was the principal pathogen of concern. Despite their effectiveness for indicating bacterial pathogens, several studies have demonstrated that fecal indicator bacteria did not correlate with enteric viruses in WWTP effluent (14-17). Furthermore, high enteric virus concentrations were detected when fecal indicator bacteria concentrations were low.

While fecal indicator bacteria are not useful viral indicators of wastewater treatment processes (18, 19), country-specific legislation concerning WWTP effluent reuse and discharge frequently rely on fecal indicator bacteria (13). No universally accepted viral indicator or criteria exists to date (10). Some governments now include viral indicators, either human reference viral

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pathogens, somatic coliphage or F+ coliphage, to determine WWTP virus reductions (summarized in (7)). Meta-analyses conducted in wastewater matrices report bacteriophages, particularly somatic coliphage, as good surrogates of human enteric viruses because of their similar characteristics, high concentrations, and low-cost methods that distinguish infectious viruses (10, 20, 21)

Currently, the World Health Organization (WHO) recommends a multiple-barrier approach to managing WWTP effluent, in which a reference human enteric virus log reduction value is associated with each treatment process (13). Practitioners define the physical and chemical conditions that achieve the target virus log reduction value, and then assume that the log reduction value remains constant if the physical-chemical conditions do not change (22). While this approach was accepted among experts, most countries in the world have yet to apply this management approach for a variety of reasons (7). Even though routine monitoring is not required if physical-chemical conditions remain constant, this log reduction value effluent management approach has been met with resistance in many countries because it is difficult to implement into practice given that it is not a threshold value.

Additionally, the reference human enteric virus analyses required to identify the conditions associated with a target log reduction value are not feasible for many municipal WWTPs in high-income settings, let alone feasible in middle- and low-income contexts. They require expertise and sophisticated laboratory equipment, are time consuming, costly, and enteric virus concentrations are frequently below detectable concentrations (4, 22–24). Furthermore, these reference pathogen analyses are typically executed using molecular methods, which cannot distinguish infectious and non-infectious viruses (7, 23, 25). Even though some countries' legislation focuses on reference enteric virus log reduction values, somatic and F+ coliphage

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have also been used in the log reduction value management framework (10, 11, 26). Regardless of the human enteric reference virus or indicator used, the log reduction value management framework has been criticized for not effectively protecting public health because it focuses on removal and disregards the variability of human enteric virus concentrations in WWTP influent. Consequently, additional 2-3-log₁₀ removal can be needed to ensure safe WWTP discharge and reuse, even if log reduction value targets are met (4).

Prior to the virus log reduction value management approach two decades ago, a somatic coliphage threshold (3-log₁₀ PFU/100 mL) associated with infectious enterovirus concentrations was proposed to better manage WWTP effluent discharges (20). However, this threshold value was never applied to management and needs to be re-calculated because it is based on a nonrobust statistical approach and considers just one human enteric virus (27). Given the difficulties and disadvantages associated with applying the virus log reduction value management approach, the objective of this study was to determine a statistically-sound, robust somatic coliphage concentration threshold useful for monitoring WWTP effluents.

To demonstrate this approach, somatic coliphage and enteric viruses were monitored at five activated sludge WWTPs in the San José Metropolitan Area, Costa Rica. The human enteric virus included in this study were human enterovirus (EV), hepatitis A virus (HAV), norovirus genotype I and II (NoVGI and NoVGII), and rotavirus group A (RV) because they are an important cause of outbreaks and diarrheal illness in Costa Rica (28, 29). Data were analyzed using the most-accepted, robust statistical methods (multiple logistic regression models and receiver operating characteristics (ROC) curves (27, 30, 31) to establish a useful threshold that corresponds to the minimum somatic coliphage concentration associated with increased human enteric virus detection. Since Costa Rican domestic WWTP effluent is currently managed using

fecal coliform concentration thresholds that vary based upon potential wastewater reuse activities, fecal coliforms were also monitored simultaneously and similar statistical analyses were executed to compare the current bacterial indicator with the proposed viral indicator. Finally, quantitative microbial risk assessment was used to estimate the annual disease burden associated with indirectly irrigating with WWTP effluent that met the proposed somatic coliphage threshold.

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2. Materials and Methods

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2.1 Wastewater treatment plant sample collection

A total of 119, 1.5 L influent (n = 60) and effluent (n = 59) samples were collected from five urban WWTPs located in the San José Metropolitan Area, Costa Rica (Figure 1) All of the WWTPs are small in size (i.e., treating waste from 123 to 1033 inhabitants and only receive domestic wastewater) (5, 6, 32). They consist of primary treatment followed by secondary treatment via conventional activated sludge processes. The WWTP effluents are discharged into the Virilla River, which are also source water for agricultural irrigation. None of these wastewater treatment facilities disinfect effluent prior to surface water discharge. Since this study was executed in a tropical country, there are two seasons: (1) the dry season from December through April and (2) the rainy season from May through November. In order to account for seasonal differences in weather and human enteric virus seasonality, grab samples were collected from each WWTP between 9:00 a.m. and 12:00 p.m. on three consecutive days, for each of the following months in 2013: March, May, October, and December. All samples were collected in sterile, amber bottles and maintained at 4 °C until processed. All samples were

analyzed for somatic coliphages and fecal coliform concentrations. Presence/absence analyses for the following human enteric viruses were carried out on a subset of samples using PCR-based methods: EV (n = 117), HAV (n = 117), norovirus GI (NoVGI; n = 72) and GII (NoVGII; n = 72); and RV (n = 79).

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2.2 Fecal coliform analyses

Fecal coliforms most probable number (MPN) concentrations were determined by multiple- tube fermentation (MPN/100 mL) according to Method 9221E within 8 h of collection (33). Briefly, all samples were inoculated in a series of five tubes with lauryl sulfate broth, in which the WWTP influent and effluent samples were serially diluted to a concentration of 1:1,000,000 and 1:100,000, respectively, prior to inoculation. Confirmation was executed after 48 ± 4 h of incubation at 35 °C, an inoculum of each tube with bacterial growth and gas were transferred to EC-MUG broth and were incubated for 24 ± 2 h at 44.5 °C; tubes positive for fecal coliforms had bacterial growth and gas characteristics. A positive control (E. coli ATCC 25922), a negative control (Salmonella spp. ATCC 13076), and a blank (containing the dilution buffer as inoculate) were analyzed alongside all samples. No contamination was observed, and all positive and negative controls generated positive and negative results, respectively.

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2.3 Wastewater Pre-treament for virus isolation and concentration

All samples were pre-filtered with a metal sieve (0.15 mm pore) in order to break up large organic particles. Viruses were concentrated in accordance with, and following, the Standard Methods for the Examination Water and Wastewater (Section 9510C; (33)). Briefly, the pre-filtered wastewater sample (1.25 L) was successively filtered through three filters pretreated

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with 3% beef extract (pH 7.2; Oxoid[®], United Kingdom) to remove larger particles and prevent viruses from sticking to the filters: (1) 47 mm, 80 µm glass fiber filter (13400-47-Q; Sartorius[®], Germany); (2) 47 mm, 1.2 µm nitrate cellulose filter (11303-47-N; Sartorius®, Germany); and (3) 47 mm, 0.4 µm acetate cellulose filter (11106-47-ACN; Sartorius[®], Germany). This filtrate was divided into two parts: 250 mL for somatic coliphage analyses and 1 L for enteric virus analyses. With the exception of the somatic coliphage analyses for WWTP effluent, the filtrate was stored at -70 °C prior to human enteric virus concentration and WWTP influent somatic coliphage quantification.

2.4 Human enteric virus concentration and detection

One liter of filtered WWTP influent and effluent was concentrated using a modified adsorption-elution method (Method 9510B) (33). Sample pH was adjusted to 3.5 with HCl (0.1 N) and filtered with 47 -mm, 0.2 -nm cellulose acetate filter (1110tr-47N Sartorius[®], Germany) to adsorb the viruses onto the filter; approximately three filters were used for each sample in order to filter the entire 1 -L sample. Subsequently, the viruses were eluted off the filter(s) with 15 mL beef extract 3% pH 9.0. All eluate was collected and precipitated at 4 °C with PEG8000 and 17.5 g/L NaCl (34). The final virus concentrates (0.5 ml) were stored at -70 °C prior to RNA purification. The concentration efficiency of this method ranged between 40% - 90% in previous studies (33, 35). It was also tested with a poliovirus vaccine strain (Sabin vaccine strain), in which the concentration of the original and concentrated samples were determined using the Dulbecco plates method (36) with Hep-2 cells. The concentrated sample was 1-log₁₀ more concentrated in comparison to the original sample (data not shown).

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Viral RNA (50 µl) was obtained from the entire final virus concentrate (0.5 ml) using the NucleoSpin RNA Virus kit (Macherey Nagel®, Germany) and cDNA (20 µl) was synthesized from 8.0 µl viral RNA using the RevertAidTM H Minus First Strand cDNA Synthesis kit with random hexamers (Thermo Scientific®, USA), both following the manufacturer's instructions. Presence/absence analyses for the following human enteric viruses were carried out on a subset of samples using reverse transcriptase polymerase chain reaction (RT-PCR)-based methods and previously published assays and conditions (Table 1; (37–40): enterovirus (EV; n = 117), hepatitis A virus (HAV; n = 117), norovirus GI (NoVGI; n = 72) and GII (NoVGII; n = 72), and rotavirus group A (RV; n = 79). Presence-absence human enteric virus data were generated in this study because previous studies demonstrated a better correlation between enteric virus presence/absence and coliphages in comparison with correlations with quantitative enteric virus data (27, 41). All RT-PCR-based analyses were executed using Master Mix 2X (Fermentas®, USA) with a final reaction volume of 25 μ L. For the end-point RT-PCR assays (EV and HAV), the Applied BioSystem® Veriti 9902 thermocycler was used. A sample was identified as positive when PCR products with the anticipated size (EV, 113 bp; HAV, 266 bp) were visualized using 2% agarose gel electrophoresis with GelRed®. For NoVGI, NoVGII, and RV presence/absence was determined using RT-quantitative PCR (RT-qPCR) with a StepOne Real-Time PCR thermocycler (Applied Biosystems®). A sample was identified as positive if the Cq value was less than 35. For samples

In addition to a negative control (sterile water), the following positive controls, specific to each assay, were used for each instrument run: RV-, NoVGI-, and NoVGII-positive fecal

with a Cq value greater than 35 and less than 40, the sample was re-run and all samples with

mean Cq values ≤ 35 were classified as positive.

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samples (Costa Rican National Children's Hospital), the Sabin 1 (NIBSC 1/528) vaccine strain for EV (University of Costa Rica, Department of Microbiology, Virology Section), and HAX-70 strain for HAV (University of Costa Rica, Department of Microbiology, Virology Section). All positive controls yielded positive results and all negative controls were negative. The enteric virus theoretical process detection limit (copies/100 mL) was back-calculated using the following equation, which took into account the efficiency published for each step in the molecular analyses as well as the concentration methods used (Eq. 1):

$$limit\ of\ detection\ \frac{copies}{ml} = \frac{c}{v_1} \times \frac{V_1}{E_1} \times \frac{V_2}{v_2 \times E_2} \times \frac{V_3}{v_3} \times \frac{V_4}{v_4} \times \frac{1}{V_5 \times E_3}$$

where c equals copies that could be detected per RT-qPCR reaction (i.e., lowest copy number detected divided by 2 (difference between double-stranded standard curve material and singlestranded viral RNA)); v_1 equals the volume of cDNA added to the qPCR reaction (5 μ l); V_1 equals the total volume of cDNA synthesized (20 μ l); E_1 equals the worst-case RT efficiency previously reported (19%; (42)); v_2 equals the volume of RNA in the RT reaction (8 μ l); V_2 equals the total volume of RNA purified (50 µl); E₂ equals the worst-case viral RNA purification efficiency (90%; (43)); v_3 equals the volume of PEG concentrate that RNA was purified from (500 µl); V_3 equals the total volume of PEG concentrate (500 µl); V_4 equals the eluate volume that was PEG concentrated (45 mL); V₄ equals the total volume of eluate (45 mL); V₅ equals the total volume of wastewater (1000 mL); and E_3 equals the estimated virus concentration efficiency (40%; (35)). The limit of detection for the assays could have been as few as 10 copies (J. Nordgren, personal communication) and great as 1,000 copies (37, 38). Since the limit of detection of each assay was not tested in this study, the limit of detection (c) was defined as 10 copies and 1,000 copies. Thus, the theoretical process limit of enteric virus detection for any given assay was estimated to range from 183 virus copies/100 mL to 18,300 copies/100 mL.

2.5 Somatic coliphage quantification

Somatic coliphage concentrations were determined according to Methods 9924B Somatic Coliphage Assay and 9924E Single-Agar-Layer Method with modifications: 250 mL sample volumes were filtered with 0.2 μm filter (cellulose acetate, 11107- 91 47N Sartorius[®], Germany) that was pretreated with 3% beef extract pH 7.2 (33, 44). Somatic coliphage concentrations were identified in WWTP effluent samples using single-layer plaque assay (undiluted sample) and in WWTP influent samples using double-layer plaque assay (1:10,000 serial-dilution of sample). Analyses used the host strain E. coli ATCC 13706. Positive (PhiX174 ATCC 13706-B1 phage) and negative (buffer only) controls were run alongside samples. No contamination was observed, and all controls gave anticipated results.

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2.6 Data analyses: statistics and indicator concentration threshold evaluation

Descriptive statistics (mean and standard deviation) and comparative (two-group comparisons) analyses were executed using R' Version 3.5.3 (www.rproject.org) with the appropriate methods for non-parametric uncensored, as well as right-, and left-censored data from the NADA package (45). Mean and standard deviation were calculated for somatic coliphages for WWTP influent, and excluded WWTP influent concentrations that were 5-log₁₀ PFU/100 mL below the average (n = 31). These data were excluded because somatic coliphage were analyzed with culture-based analyses that were likely inhibited by high concentrations of household disinfectants (46).

The mean and standard deviation were estimated using the Kaplan Meir method for the following censored data: somatic coliphage WWTP effluent, and fecal coliforms WWTP influent

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and effluent. All somatic coliphage WWTP effluent concentrations below the detection limits (<1 PFU/ 100 mL; e.g. left-censored) were conservatively censored to 0.9 PFU/ 100 mL (n = 8). All fecal coliforms concentrations greater than the method detection limits (e.g., right-censored) were censored to one plus the highest detectable concentration (i.e., > 8.2-log₁₀ MPN/ 100 mL for WWTP influent (n = 22) and $> 6.2 \cdot \log_{10} MPN / 100 \text{ mL}$ for WWTP effluent (n = 11)). The Peto-Prentice test is a non-parametric analysis that is appropriate for censored data. It was used to test the null hypotheses that there was no significant difference in indicator concentrations (somatic coliphage or fecal coliform) between WWTP influents, WWTP effluents, and WWTP influent and effluents combined.

In order to calculate an indicator threshold concentration that corresponds to human enteric virus detection, multiple logistic regression models were created to determine the statistical significance and association between each indicator and any human enteric virus detection for WWTP influent and effluent (41). The positive classification for human enteric virus detection was based upon the detection of any of the five viruses, which reflects the existence of a public health risk if any one of the viruses are detected, and was previously recommended for this type of analysis (27). The multiple logistic regression model equation was defined as (Eq. 2):

$$\ln\left(\frac{p}{1-p}\right) = \beta_0 + \beta_1 \chi_1 + \beta_2 \chi_2$$

where p was human enteric virus detection (PCR positive/negative; dependent and dichotomic variable), β_0 was the intercept, β_1 and β_2 were the regression parameters, χ_1 was the indicator (either somatic coliphage or fecal coliforms) concentration, and χ_2 was the dichotomic variable for season. Analyses were conducted for WWTP influent and effluent separately. The specific WWTP was a controlled factor in the model. Chi-square and unpaired two-sample t-test analyses

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were used to identify significant (p < 0.05) differences between the multiple logistic regression model parameters. Since the WWTP influent multiple logistic regression models did not yield statistically significant relationships; subsequent analyses were conducted only on the WWTP effluent models.

For each indicators' WWTP effluent multiple logistic regression model, the area under ROC curves were estimated in order to measure the regression model's ability to discriminate between effluent samples with and without the detection of any human enteric virus pathogens. The ROC curve is a plot of sensitivity (true-positive rate, y-axis) and specificity (false-positive rate, x-axis) of the logistic regression model and it was used predict human enteric virus detection (any of the five human enteric viruses) in effluent samples. The area under the ROC curve, also known as ROC/AUC value, is a precision estimate expressed as a continuous value within a 0 to 1 range. The higher the ROC/AUC value, the more precise the logistic prediction model. The ROC/AUC value and the area under the ROC curve are among the most objective methods for the evaluation of binary classifiers (27, 31) and have previously been used to predict enterovirus presence based upon somatic coliphage concentrations in recreational waters (47). Multiple logistic regression and ROC curve analyses (27, 47) were executed using STATA software version 13 (48).

The recommended cut-off points for ROC/AUC were used in this study to determine the logistic regression model's discrimination ability: 0 to 0.5, null discrimination; 0.7 to 0.8, acceptable discrimination; 0.8 to 0.9, excellent discrimination; and 0.9 - 1.0, exceptional discrimination (31, 49). The multiple logistic regression model's discrimination ability must be at least acceptable (ROC/AUC ≥ 0.7) in order to identify a statistically-sound WWTP effluent indicator threshold concentration associated with an increased probability of human enteric

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virus detection. Additionally, the indicator concentration parameter in the multiple logistic regression model must have a significant association (p-value <0.05) with the detection of any human enteric virus. The WWTP effluent somatic coliphage multiple regression model was the only model to comply with the aforementioned criteria. The somatic coliphage threshold concentration was identified at the concentration associated with the greatest sensitivity and specificity in the ROC analysis.

The calculated somatic coliphage threshold concentration was evaluated for its ability to identify human enteric virus PCR-positive WWTP effluent samples (27, 31). True-positive (i.e., PCR-positive for any of the human enteric viruses analyzed and somatic coliphage concentration equal to or above the threshold), true-negative (i.e., PCR-negative for any of the human enteric viruses analyzed and somatic coliphage concentration below the threshold), false-positive (i.e., PCR-negative for any of the human enteric viruses analyzed and somatic coliphage concentration equal to or above the threshold), and false-negative (i.e., PCR-positive for any of the human enteric viruses analyzed and somatic coliphage concentration below the threshold) samples were calculated. Finally, the positive predictive value (i.e., probability of being PCR-positive for any of the human enteric viruses analyzed and the sample exceeded the indicator threshold) and the negative predictive value (i.e., probability of being PCR-negative for any of the human enteric viruses analyzed and the sample was below the indicator threshold) were calculated.

2.7 Quantitative microbial risk assessment for indirect reuse of wastewater treatment plant effluent meeting the somatic coliphage threshold

In order to understand the health risks associated with the proposed somatic coliphage threshold, quantitative microbial risk assessment was executed for a hypothetical wastewater

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this analysis because adults are not susceptible to RV (50). NoVGII was not included because no dose-response curve currently exists (62). The annual disease burden for an adult farmer indirectly irrigating with WWTP effluent meeting the somatic coliphage threshold was estimated in 'R' Version 3.5.3 (www.rproject.org). For each model parameter defined as a distribution, a set of 10,000 random values was used to calculate the annual disease burdens in order to account for the uncertainty and variability associated with the model parameters. First, daily exposure was defined for an adult farmer indirectly using the WWTP effluents from this study to irrigate crops, using the following equation (Eq. 3) for each enteric virus and parameter values/distributions (Table 2):

reuse scenario using EV, HAV, and NoVGI as reference pathogens. RV was not included in

$$dose = v \times \left(\frac{c \times e^{-k_d t}}{(1+d)}\right)$$

where c is the WWTP effluent virus concentration when somatic coliphage concentrations are below the threshold, v is the volume of water accidentally ingested by the adult farmer irrigating on one day, d is the dilution factor from the WWTP effluent mixing in the river, k_d is the mean virus decay rate constant, and t is decay time (i.e., the time the virus was in the river prior to irrigation). Similar to other studies, it was assumed that 1 mL of water was accidentally ingested per day of exposure (51, 52). The infectious enteric virus concentration in the WWTP effluent was defined as a uniform distribution between 0 and the maximum theoretical process limit of detection. Virus decay followed a first-order decay equation (53), using mean decay rates determined from experiments with similar conditions to those in the Virilla River (54-56). The WWTP effluent in this study is indirectly reused at distances ranging from 1 m to 3 km from WWTP discharge; thus, decay time was defined as a uniform distribution between 0 and 1 days (57). Since the dilution factor can vary greatly over time and

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by season, the dilution factor was defined as a uniform distribution between a conservative dilution factor (99:1) and a maximum dilution factor (50,000:1) (53).

The daily probability of infection (P_{inf}) for each virus was then calculated using the dose previously calculated (Eq. 3) and the previously published dose-response curves and parameters distributions (Table 2). Briefly, the exponential dose-response curve was used for EV, which was derived from a study with pigs and porcine enterovirus type 7 (58). The exponential dose-response curve was also used for HAV, derived from a HAV human challenge study (59). For NoVGI, the fractional Poisson dose-response curve, derived from NoVGI human challenge studies, was used (60). Since there is no agreement among the scientific community with respect to NoV dose response parameters, they were described as recommended (62). The NoVGI aggregation factor (µ) was described as distribution ranging from minimum to maximum aggregation. The NoVGI genetically susceptible fraction of the population (p) was adjusted to represent Costa Rica's demographics (61, 62).

Subsequently, the daily probability of illness (Pill) for each virus was calculated with the following equation (Eq. 4):

$$P_{ill} = P_{inf} \times M$$

where P_{inf} is the probability of infection previously calculated and M is the morbidity ratio 368 369 (Table 2 (50, 51, 59, 63–66)). The annual risk of illness (Pa) for each virus was then calculated 370 as follows (Eq. 5):

$$P_a = 1 - (1 - P_{ill})^n$$

371 where P_{ill} is the daily risk of illness (Eq. 4) and n is the number of days adult farmers are 372 exposed each year. Similar to other wastewater reuse irrigation studies, it was assumed that 373 farmers irrigated 75 days per year (51, 65, 66). Finally, the annual disease burden (DB; daily

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life adjusted years (DALYS)/person) for each virus was estimated as follows (Eq. 6):

$$DB = P_a \times B \times S_f$$

where Pa is the annual risk of illness (Eq. 5), B is the disease burden per case of illness, and S_f is the susceptible fraction of the population (Table 2). The disease burden per case of illness (B) was not available for Costa Rica (middle-income country); thus, it was defined as a uniform distribution with minimum and maximum values identified for developing and developed countries (50, 67–69). The NoV susceptible fraction of the population (S_t) was defined as a uniform distribution for the Costa Rican demographic (61, 62). The EV susceptible fraction of the population (S_f) was assumed to be 1 given high EV diversity (51). The HAV susceptible fraction of the population was 0.717, as defined by seroprevalence in adult Costa Rican population (28). Finally, the cumulative annual disease burden per person from the three reference viruses was calculated by adding together the annual disease burden (DB) for each virus. Since the dose calculation usually has the most significant influence on model outputs (70) this quantitative microbial risk assessment's sensitivity to the exposure assessment (Eq. 3) input parameters was tested by calculating the Spearman rank order coefficients between the simulated input parameters and the estimated cumulative annual disease burden ($\alpha = 0.05$).

3. Results and Discussion

3.1 Fecal coliforms and somatic coliphage in untreated wastewater

For the five WWTPs investigated during this study, the mean (+/- standard deviation) fecal coliform influent concentration was estimated as $6.8 \pm 6.8 \cdot \log_{10} MPN / 100 mL$, similar to

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those summarized in the literature (71). The mean (+/- standard deviation) somatic coliphage influent concentration was 8.7- ± 9.0-log₁₀ PFU/ 100 mL, which is 3-log₁₀ PFU/ 100 mL greater than the mean concentration calculated in a recent global meta-analysis (Figure 2) (11). It is important to note that this recent meta-analysis did not include any Latin American countries and identified statistically significant differences between the geographical locations studied (11). The mean somatic coliphage influent concentrations reported in this study are more comparable to those in Argentina and Colombia, which are likely more similar to those in Costa Rica due to geographic location and water usage (72).

3.2 Fecal coliforms and somatic coliphage highly variable in treated wastewater

Both fecal coliforms and somatic coliphage concentrations were highly variable in the WWTP effluent studied, with mean and standard deviations estimated as 6.1- \pm 6.6-log₁₀ MPN/ 100 mL and 3.2- \pm 3.1-log₁₀ PFU/ 100 mL, respectively (Figure 2). The effluent fecal coliforms and somatic coliphage concentrations were similar to other WWTP studies (3, 20, 73, 74). Variability in the WWTP operational conditions (e.g., concentration of mixed liquor suspended solids, temperature, and biochemical oxygen demand (BOD)) are likely responsible for the indicator variability observed in this study (10, 72, 75, 76). Globally, fecal coliforms and somatic coliphage mean concentrations were significantly lower in the effluent in comparison to the influent (p<0.0001). However, with respect to WWTPs individually, mean fecal coliforms and somatic coliphage concentrations were lower in effluents than in influents at three of the five WWTPs (p = 6.0×10^{-6} to 0.02) and all five of the WWTPs (p = 6.0×10^{-7} to 0.04), respectively. Globally, the fecal coliforms and somatic coliphage mean (+/- standard deviation) log reduction

values were 0.99- ± 1.33-log₁₀ and 2.70- 2.60-log₁₀, respectively, and coincided with ranges previously reported (1).

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3.3 Human enteric viruses frequently detected in (un)treated wastewater

Human enteric viruses (EV, HAV, NoVGI, NoVGII, or RV) were detected in WWTP influent and effluent at variable frequencies (Table 3). No statistical difference with respect to the frequency of human enteric virus detection was found between the WWTP influent and effluent (p > 0.45). RV was the most frequently detected in both influent and effluent samples (47% and 39%, respectively; Table 3), followed by NoV (GI and GII; 39% and 36%, respectively). Globally, NoVGI was detected two times more frequently than NoVGII. Less than 25% of the samples were positive for EV and less than 10% of the samples for HAV. It is important to mention that EV and HAV were analyzed in 117 out of 119 water samples; meanwhile, RV and NoV were analyzed in two-thirds of the samples (n = 79 and 80, respectively). Similar to all PCR-based analyses, it is possible that samples with undetected viruses had virus concentrations below the method detection limits or that inhibitors decreased RT-PCR efficiency (24). Additionally, a mixture of end-point and qPCR assays were effectively used in this study because improved resources were not logistically available. The lack of available resources is common in middle- and low-income countries because funds are limited, and supplies are often more expensive as well as difficult to import. When possible, future studies should use just one type of PCR-based analysis.

The RV and NoV data presented in this study corroborate with RV and NoV epidemiologies in Central and South American countries, in which they are present throughout the year and peak during the dry season (December – May) (77–79). Similar to our study,

NoVGI has been previously quantified in Costa Rican wastewater year-round, with peaks in the dry season, at a WWTP in the Province of Puntarenas; in contrast, RV was the most frequently detected virus in our study and the lowest quantified in Symonds et al. (80). The difference in RV prevalence between the two studies is likely due to RV epidemiology in Costa Rica, where RV infection is more frequent in the Greater Metropolitan Area compared to coastal regions (such as the WWTP in Puntarenas) (81). With respect to EV, detection was very low (22%) in influent and effluent in comparison to the USA (e.g., > 92% (25)). This difference may be due to differences in epidemiology and/or methods between the two studies; however, it is difficult to ascertain the origin of these differences because Central American EV epidemiology data is limited.

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3.3 Fecal coliforms do not correlate with human enteric virus detection and no threshold identified

Multiple logistic regression models were used to analyze the statistical relationship between fecal coliform concentrations and the detection of human enteric viruses at influent and effluent wastewater samples. The estimated parameters from this logistic regression model were -3.47×10^{-07} (p = 0.258) for fecal coliforms concentrations and 0.8881 (p = 0.297) for dry/rainy season. According to the model, fecal coliforms do not correlate with human enteric virus detection in WWTP influent or effluent (OR = 0.99, p = 0.26). Despite the lack of relationship between fecal coliforms and human enteric viruses detection, ROC analysis was used to estimate a possible fecal coliform concentration associated with the detection of any of the five human enteric viruses analyzed (i.e., to identify an appropriate maximum fecal coliform concentration associated with increased human enteric virus detection). The ROC

analysis for fecal coliforms and human enteric virus detection did not have acceptable precision (ROC/AUC= 0.64). These findings corroborate with previous studies that did not identify correlations between fecal coliform concentrations and human enteric virus detection (10, 20, 41, 82).

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3.4 Somatic coliphage correlate with human enteric virus detection and a threshold was identified

Multiple logistic regression models were also used to analyze the statistical relationship between somatic coliphage concentrations (PFU/ 100 mL) and human enteric virus detection in WWTP influent and effluents. For the WWTP influent, the estimated multiple logistic regression model parameters were 3.98×10^{-10} (p = 0.074) for somatic coliphage concentration and 0.5606 (p = 0.035) for dry/rainy season. WWTP influent had a 75% probability of being positive for at least one of the human enteric viruses studied during the dry season in comparison to the rainy season (OR = 1.75, p = 0.035). Additionally, a significant correlation between somatic coliphage concentrations and human enteric virus detection was identified in WWTP effluent (OR = 1.00, p = 0.01), which was similar to those previously described by (3, 10, 83). For the WWTP effluent, the estimated multiple logistic regression model parameters were -0.0004 (p = 0.006) for somatic coliphage concentration and 0.8881 (p = 0.297) for dry/rainy season. It is important to note that season was not a significant predictor of human enteric virus detection in WWTP effluent (OR = 2.43, p = 0.297).

In order to determine an appropriate somatic coliphage concentration associated with an increased probability of human enteric virus detection, ROC analysis was used to estimate the somatic coliphage concentration associated with human enteric virus detection (i.e., any of

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the five viruses) in WWTP effluent. The area under the ROC curve (AUC) was 0.7 (Figure 3); thus, it had an acceptable discrimination ability. The sensitivity and specificity curves intersect near the 0.526 probability cutoff, where the highest specificity (75%) and sensibility (54%) were found when the somatic coliphage concentration was $3.5 - \log_{10} PFU / 100 \text{ mL}$ (p = 0.526). Thus, this somatic coliphage threshold (3.5-log₁₀ PFU/100 mL) was the concentration most likely associated with a lack of human enteric virus detection.

This somatic coliphage threshold was evaluated for its ability to identify human enteric virus PCR-positive WWTP effluent samples by calculating the Positive and Negative Predictive Values (31). The frequencies of true-/false-positives and true-/false-negatives were calculated for each enteric virus type (Table 4), which were used to calculate the Positive and Negative Predictive values. Positive Predictive Value was 46%; therefore, 46% of samples had somatic coliphage concentrations above the threshold and human enteric viruses were detected. The Negative Predictive Value was 33%; thus, 33% of samples had somatic coliphage concentrations less than the threshold and no human enteric viruses were detected. Using this threshold, only a 34.5% of the samples were classified as false-negative and would represent a possible human health risk (Table 4). Overall, 65.6% of WWTP effluent samples were safely classified using the proposed somatic coliphage threshold.

Similar to this study, low or undetectable human enteric virus concentrations were measured in WWTP effluent when somatic coliphage concentrations were below 3.5-log₁₀ PFU/ 100 mL (3, 20, 73, 74, 83, 84). Nevertheless, it is important to note that the results of this study are directly dependent on the efficiencies and detection limits of the methods used. It is possible that the somatic coliphage threshold would be different if different methods (e.g., virus concentration, RNA extraction) were used or if additional/fewer human enteric viruses had been

analyzed. Furthermore, this study does not take into consideration the detection of infectious human enteric viruses. Future studies are needed to explore and confirm the somatic coliphage threshold identified in this study. Specifically, studies are needed that take into consideration human enteric virus infectivity. It is also important to analyze how the use of different methods may or may not influence the somatic coliphage threshold identified. Interestingly, the somatic coliphage threshold identified in this study is similar to the threshold previously proposed two decades ago (3-log₁₀ PFU/ 100 mL), even though this study were executed using different statistical and virus methods, only analyzed human EV, and used cell-culture methods (20).

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3.5 Annual disease burden for indirectly reusing wastewater effluent below the proposed

threshold

Quantitative microbial risk assessment was used to estimate the EV, HAV, NoVGI, as well as cumulative (all three viruses) annual disease burden for an adult farmer irrigating indirectly (75 days per year) with WWTP effluent below the proposed somatic coliphage threshold. The median cumulative annual disease burden per adult farmer was 2.52×10^{-5} DALYs (Figure 4), which is less than the recommendation of 10⁻⁴ (11, 85). EV contributed the most to the cumulative annual disease burden, followed by HAV and NoVGI. The exposure assessment parameter sensitivity analysis indicated that the daily volume ingested ($\rho = 0.479$, p = 2.2×10^{-16}), WWTP effluent infectious enteric virus concentrations ($\rho = 0.471$, $p = 2.2 \times 10^{-16}$), and the dilution factor ($\rho = -0.466$, $p = 2.2 \times 10^{-16}$) were most influential on the cumulative annual disease burden estimates in comparison to the decay-related variables (0.102 \leq | ρ | \leq 0.231; p $< 2.2 \times 10^{-16}$). Furthermore, the NoVGI decay rate did not significantly correlate with the cumulative annual disease burden ($\rho = -0.017$, p = 0.087).

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Based upon the sensitivity analysis results, it is likely that the cumulative annual disease burdens may increase or decrease markedly if the estimated daily volume ingested and/or WWTP effluent infectious enteric virus concentrations were higher or lower, respectively. In order to incorporate uncertainty and variability in this study, WWTP effluent infectious enteric virus concentrations were defined as a uniform distribution between 0 and the maximum theoretical process limit of detection. It was assumed that all viruses were infectious; thus, it is possible that the cumulative disease burden calculated overestimated risk. Additionally, the cumulative disease burden calculated could underestimate the actual risk if the theoretical process limit of detection was greater than the maximum value estimated. Nevertheless, the theoretical process limit of detection took into account losses associated with virus concentration and detection.

Since Costa Rican culture lacks habits associated with additional hand-mouth contact (e.g., Bolivia, chewing coca leaves), a point value traditionally used in quantitative microbial risk assessment was used even though it can impact model output (51). Similarly, it was difficult to identify the dilution factor of the WWTP effluent entering the river due to constant fluctuations in river flow rates and volume. Consequently, this parameter was defined as a distribution between a conservative (99:1) and maximum (50,000:1) assumption (53). If the dilution factor was greater, then the cumulative annual disease burden estimates would be much lower. Finally, cumulative annual disease burden would be greatly affected if the number of days farmers irrigated indirectly with WWTP effluent were greater or less than the assumed 75 days.

While quantitative microbial risk assessment is a useful tool, it is based upon assumptions that may or may not reflect reality. Consequently, this quantitative microbial risk assessment incorporated the use of parameter distributions to account for this uncertainty and variability.

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Nevertheless, it is important to recognize that the dose-response curves and parameter distributions may not reflect realistic human populations, which can highly influence model outputs (53, 70). This is particularly true for EV, which is based upon a non-human model (51, 58), and NoVGI because there is no agreement on which parameters are most appropriate (62). Point values were also used for certain parameters when preferred values were previously identified in other studies. Additionally, data from other contexts were used when contextualized data were lacking. Similar to other studies, it is likely that these assumptions influenced the model output (51,53, 70). Although wastewater contains a wide-variety of disease-causing viruses, it is not possible to estimate the disease burden of all pathogens given the lack of disease-related and dose-response data. Consequently, this study incorporated three reference pathogens to calculate the cumulative annual disease burden associated with indirect wastewater reuse with WWTP effluent meeting the somatic coliphage threshold.

3.6 Implications for activated sludge WWTP effluent management

As far as we know, this is the first report of a statistically sound somatic coliphage threshold estimation for WWTP effluent management. The use of a somatic coliphage threshold of 3.5-log₁₀ PFU/ 100 mL is an affordable alternative and/or complement to the virus log reduction value multiple barrier system approach, and if implemented, could improve WWTP effluent management in resource-limited regions that have been resistant to the aforementioned approach. Thus, compliance with this threshold would assure lower enteric virus concentrations discharged into nearby rivers with downstream uses in agriculture.

Additionally, the indirect reuse of WWTP effluent meeting the proposed somatic coliphage threshold was associated with a median cumulative annual disease burden that

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complies with the WHO recommendation (13, 85). Given the potential of the proposed somatic coliphage to improve activated sludge WWTP effluent management, further research is warranted to validate, improve, and optimize this threshold for use in Costa Rica. Future investigations should include improved disease burden estimates that contain the most contextappropriate data possible, especially with respect to the exposure assessment parameters. Additional research is also needed to validate the way in which such a threshold should be implemented (e.g., geometric mean, single measurement, 95% percentile) to ensure improved wastewater effluent management, and ultimately better protect public health. Finally, the statistical approach presented here can be implemented in other regions to determine a logical and feasible metric to improve upon existing WWTP discharge legislation.

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Table 1. RT-PCR and RT-qPCR assays used to detect enterovirus, hepatitis A, rotavirus group A, and norovirus genotypes I and II.

Virus	Gene	Primer Sequence	PCR conditions	Primer Final concentration	Reference	
EV	5' Non	EV1: 5' ATTGTCACCATAAGCAGCCA 3'	PCRI: EV1/EV2	EV1: 6.1 mM	(37)	
	coding	EV2: 5' TCCGGCCCCTGAATGCGGCTAATCC 3'	Activation cycle (95 °C 5 min)	EV2: 7.6 mM		
	region	EV3: 5'	30 cycles: 95 °C 45s, 55 °C 45 s,	EV3: 8.2 mM		
		ACACGGACACCCAAAGTAGTCGGTTCC 3'	and 70 °C 45s	EV3: 7.6 mM		
		EV4: 5' TCCGGCCCCTGAATGCGGCTAATCC3'	PCRII: EV3/EV4			
			Activation cycle (95 °C 5 min)			
			30 cycles: 95 °C 45s, 55 °C 45 s,			
			and 70 °C 45s			
HAV	VP1	HA1: 5' TTGCTCCTCTTTATCATGCTATG 3'	Activation cycle (95 °C 5 min)	HA1: 8.7 mM	(38)	
	region	HA3: 5' TGGTTAAATCTAATGGTCCTCTATA 3'	40 cycles: 95 °C 30s, 46 °C 30 s,	HA3: 9.6 mM		
			and 70 °C 30s			

RV	NSP-3	ROTAS1: 5' ACCATCTTCACgTAACCCTC 3'	Activation cycle (95 °C 5 min)	ROTAS1: 0.2	(39)
		ROTAS2: 5' ACCATCTACACATGACCCTC 3'	40 cycles: 95 ° 20 s, 60 °C 40 s	pM	
		ROTAA: 5' CACATAACGCCCCTATAGCC 3'		ROTAS2: 0.2	
		ROTAP: [6FAM]-		pM	
		GGGGATGAGCACAATAGTTAAAAGCTAACA		ROTAA: 0.2	
		CTGTCAA -[BBQ]		pM	
				ROTAAP: 0.2	
				pM	
NoV	ORF1	NVG1F: 5'CGYTGGATGCGNTTCCATGA 3'	Activation cycle (95 °C 5 min)	NVG1F: 0.2 pM	(40)
GI		NVG1R: 5' GTCCTTAGACGCCATCATC 3'	40 cycles: 95 ° 15 s, 56 °C 60 s	NVG1R: 0.2 pM	
		G1-prob: [6FAM]-AGATYGCGRTCYCCTGTCCA-		G1-prob: 0.2	
		[BHQ1]		pM	
NoV	ORF1	NVG2F: 5'ATGTTYAGRTGGATGAGRTTYTC 3'	Activation cycle (95 °C 5 min)	NVG2F: 0.2 pM	(21)
GII		COG2R: 5' TCgACgCCATCTTCATTCACA 3'	40 cycles: 95 ° 15 s, 56 °C 60 s	COG2R: 0.2 pM	
		G2-prob:		G2-prob: 0.2	

[JOE]TGGGAGGGCGATCGCAATCT[BHQ1] pM

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Table 2. Quantitative microbial risk model parameter values/distributions, and doseresponse equations.

Parameter	Units	Value or distribution	Reference
Virus concentration in WWTP	Virus/1 mL	uniform(0, 182)	This study.
effluent (c)			
Volume of water ingested (v)	mL	1	(51, 52)
Dilution factor (d)	proportion	uniform(99,50000)	(53)
Time in river (t)	day	uniform(0,1)	(53, 57)
Mean decay rate (k _d)	day ⁻¹		
enterovirus		0.028	(55)
hepatitis A		0.22	(54)
norovirus genotype I		0.08	(56)
Dose-response			
enterovirus	Exponential	$P_{inf} = 1 - e^{-d \times k}$	(58)
		k = uniform(0.00291, 0.00562)	
hepatitis A	Exponential	$P_{inf} = 1 - e^{-d \times k}$	(59)
		k = uniform(0.00005871, 0.001191)	
norovirus genotype I	Fractional	$P_{inf} = P \times \left[1 - e^{\frac{-d}{\mu}}\right]$	(60 - 62)
	Poisson	P = uniform(0.87, 1)	
		$\mu = \text{uniform}(0.57, 1)$ $\mu = \text{uniform}(1, 1106)$	
		$\mu = \text{uniform}(1, 1100)$	

Menterovirus		median	0.9	(50)
Mhepatitis A			uniform(0.25, 0.92)	(59, 63)
Mnorovirus			uniform(0.3, 1)	(64)
Total annual days	of irrigation	days/farmer	75	(51, 65-66)
Disease burden p	er illness (B)	DALYS/case		
		of illness		
Benterovirus			uniform(0.0024,0.0150)	(68, 69)
Bhepatitis A			uniform(0.0761, 0.191)	(50)
Bnorovirus			uniform(0.000371, 0.00623)	(67)
Susceptible fraction	on of population	proportion		
(S)				
$S_{\text{enterovirus}}$			1	(51)
Shepatitis A			0.717	(28)
$S_{ m norovirus}$			uniform(0.87,1.00)	(61, 62)

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Table 3. Positive samples (%) for human enteric viruses in wastewater influent and effluent from five activated sludge wastewater treatment plants in Costa Rica, 2013.

	Influent	Effluent	Total		
Variable	(No. positives /	(No. positives /	(No. positives	p*	
variabic	•	•	/ No. samples)	Р	
	No. samples) (%)	No. samples) (%)	(%)		
Any viral pathogen**	32/60 (53%)	31/59 (53%)	63/119 (53%)	0.93	
Enterovirus	13/59 (22%)	13/58 (22%)	26/117 (22%)	0.96	
Hepatitis A	5/59 (8%)	3/58 (5%)	8/117 (7%)	0.48	
Rotavirus	18/38 (47%)	16/41 (39%)	34/79 (43%)	0.45	
Norovirus GI	16/38 (39%)	13/34 (36%)	29/72 (37%)	0.74	
Norovirus GII	9/38 (24%)	4/34 (12%)	13/72 (18%)	0.19	
All Norovirus	16/41 (39%)	14/39 (36%)	30/80 (37%)	0.77	

^{*} Person Chi-square results for differences in detection of pathogens.

^{**} Total number of water samples positive for any pathogenic virus.

Table 4. Relationship between human enteric virus detection and somatic coliphage concentrations above calculated threshold in wastewater treatment plant (WWTP) effluent.

	WWTP effluent samples with somatic coliphage detection above threshold				
	True False False True				
Human Enteric Virus*	Positive (%)	Positive (%)	Negative (%)	Negative (%)	
Enterovirus (n=58)	6 (10.3)	22 (37.9)	7 (12.1)	23 (39.7)	
Hepatitis A Virus (n=58)	0 (0)	28 (48.3)	3 (5.2)	27 (46.6)	
Rotavirus (n=41)	6 (14.6)	23 (56)	10 (24.4)	12 (29.3)	
Norovirus (n=40)	6 (15.8)	13 (31.7)	7 (18.4)	14 (36.8)	
Any virus (n=58)	13 (22.4)	15 (25.9)	20 (34.5)	10 (17.2)	

^{*} Some samples were positive for more than one human enteric virus

Figure Legends 1

2

- 3 Figure 1. San José Province depicting the location of the five wastewater treatment plants
- included in the study. The San José Province is located at an altitude of 760 1,230 m 4
- above sea level and has an average temperature of 22°C year-round. Annual average 5
- precipitation ranges from 2,000-3,000 mm. 6

7

- Figure 2. Global somatic coliphage and fecal coliform concentrations at influent and 8
- 9 effluent of WWTP by sampling period.

10

- Figure 3. Area under Receiver Operating Characteristic (ROC) curve for the multiple 11
- logistic regression model of somatic coliphage concentrations as a function of human 12

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enteric virus detection in conventional activated sludge WWTP effluent. 13

14

- Figure 4. The estimated annual disease burden for an adult farmer indirectly irrigating with 15
- 16 wastewater treatment plant effluent below the somatic coliphage threshold, which was
- 17 estimated for norovirus genotype I (NoV), enterovirus (EV), hepatitis A (HAV, as well as
- cumulatively considering the three aforementioned viruses. The dashed red line identifies 18
- the World Health Organization's annual recommended limit for the additional disease 19
- burden caused by wastewater reuse (10⁻⁴ DALYS per person). 20

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