



## PAPER

## Localisation determines the optimal noise rate for quantum transport

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E-mail: [ac173@hw.ac.uk](mailto:ac173@hw.ac.uk)**Keywords:** noise-assisted quantum transport, localisation, disorder, open quantum systems, quantum transport**Abstract**

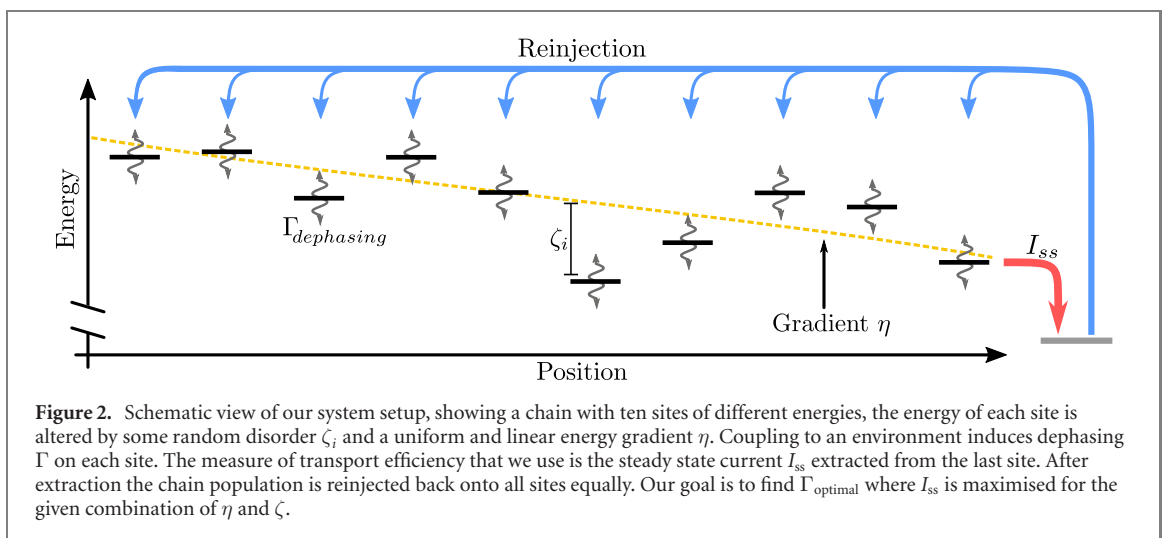
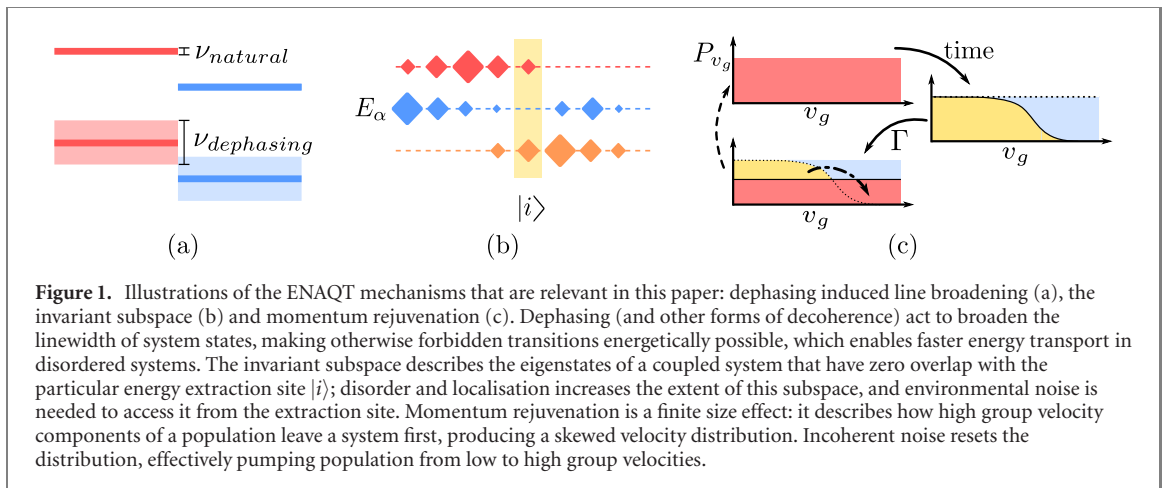
Environmental noise plays a key role in determining the efficiency of transport in quantum systems. However, disorder and localisation alter the impact of such noise on energy transport. To provide a deeper understanding of this relationship we perform a systematic study of the connection between eigenstate localisation and the optimal dephasing rate in 1D chains. The effects of energy gradients and disorder on chains of various lengths are evaluated and we demonstrate how optimal transport efficiency is determined by both size-independent, as well as size-dependent factors. By discussing how size-dependent influences emerge from finite size effects we establish when these effects are suppressed, and show that a simple power law captures the interplay between size-dependent and size-independent responses. Moving beyond phenomenological pure dephasing, we implement a finite temperature Bloch–Redfield model that captures detailed balance. We show that the relationship between localisation and optimal environmental coupling strength continues to apply at intermediate and high temperature but breaks down in the low temperature limit.

**1. Introduction**

Energy transport occurs in many contexts: from circuits and molecular junctions to processes like photosynthesis [1–4] and the electron transport chain in biology [5]. This fundamental process has very different features depending on the scale on which it acts and the specifics of the system coupling to the environment [6, 7]. For over a decade, a lot of work has exposed the mechanisms of environmental noise-assisted quantum transport (ENAQT) [8–12], a phenomenon describing how incoherent processes from interactions with the environment around a system can improve energy transport in quantum systems. This work was heavily motivated by the possible connection between ENAQT and the efficiency of photosynthesis [1, 3, 8–10, 13–15], though recent work suggests the relationship between the two may be more nuanced [16–18].

There are a number of different ways in which ENAQT can arise, as shown in figure 1. These include line broadening which can help to overcome energetic barriers; the breaking up of an ‘invariant subspace’ of the system Hamiltonian that is inaccessible to extraction operators on a quantum system [10]; and momentum rejuvenation which counteracts the tendency of a fraction of the excitation to get stuck in only sluggishly propagating states [19]. Recent studies of steady state populations have also shown that the occupation of system sites becomes more uniform when transport efficiency is near-optimal [11, 12, 20], this population uniformisation phenomenon is discussed in appendix D.

In this paper, we perform a systematic study of how localising the eigenstates of 1D chains modifies their transport efficiency. Figure 2 illustrates the model we will consider here, which allows us to study three mechanisms that limit the delocalisation of chain eigenstates: limiting the total length of the chain, introducing static disorder, and applying a uniform energy gradients. Varying static disorder induces Anderson localisation [21], while a linear energy gradient produces Wannier–Stark localisation [22].

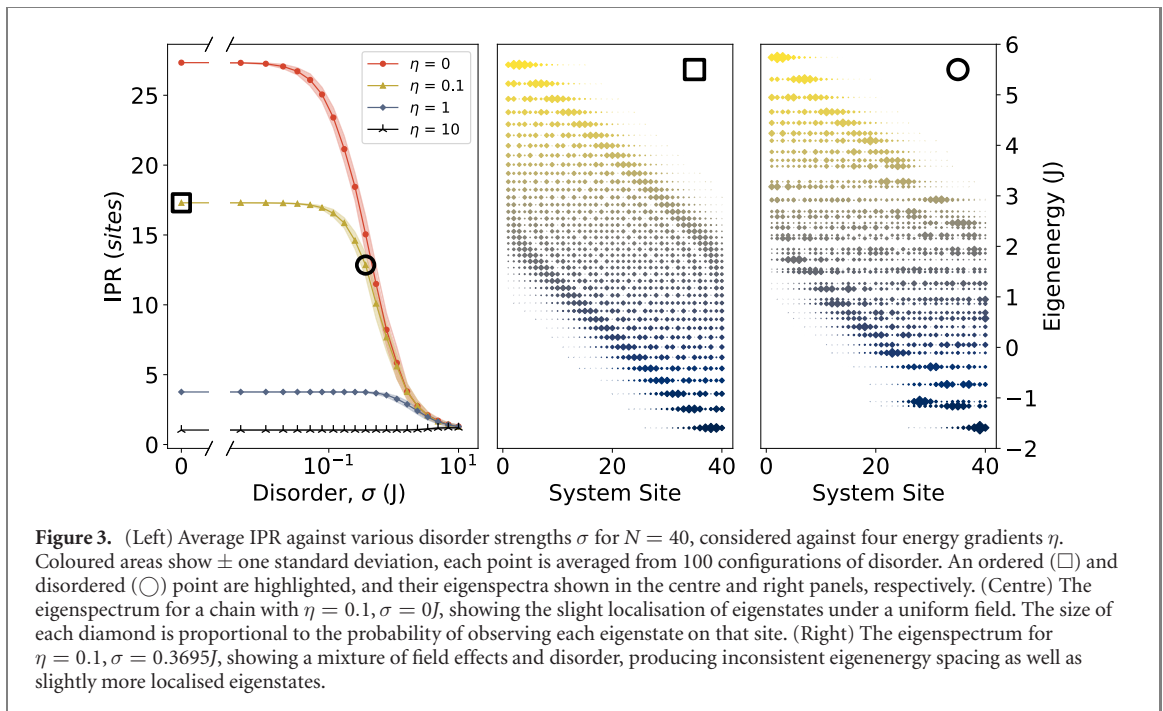


Previous studies on the effects of disorder on ENAQT have focussed on how disorder affects the extent of the invariant subspace [10, 23] as well as the distribution of steady-state populations [20]. These studies have consistently found that as static disorder increases, more dynamic disorder is needed to improve transport efficiency [10, 20]. More static disorder means more pure dephasing is needed to enable otherwise forbidden transitions, therefore the optimal pure dephasing rate is generally positively correlated with static disorder.

Momentum rejuvenation, unlike other ENAQT mechanisms is a finite size effect [19]. High group velocity components of a propagating wave-packet explore and quickly exit the finite sized system, leaving behind a skewed velocity distribution which can be reset by environmental noise, repopulating the depleted higher velocity states. A consequence of this mechanism is that larger systems need longer before faster exciton components can escape, therefore they need to be ‘reset’ less often, meaning the optimal noise rate is reduced.

In this paper we aim to produce a deeper understanding of the relationship between ENAQT and localisation, and we will also show that momentum rejuvenation continues to apply in non-degenerate systems and in the steady state. This allows us to compare the effect disorder has on size-dependent and size-independent ENAQT mechanisms.

The focus of this work is on chains with short-range nearest-neighbour coupling, as this model is widely studied and can be fully localised. Long-range coupling has been observed in relevant experimental systems such as molecular aggregates [24–26] or ion traps [27]. However, in general the long-range interactions in 1D systems prevent full Anderson localisation [28, 29], and recent work has shown that homogeneous long-range coupling [30] or coupling to cavities [31] can significantly alter 1D responses to disorder in ways beyond the scope of this paper. Recent years have also seen broad interest in the transient effects of dephasing on quantum diffusion, such as stochastic resonance, and many-body localisation, especially focussed on the quasiperiodic Aubry–André model [12, 32–37], as well as quantum chaotic systems



**Figure 3.** (Left) Average IPR against various disorder strengths  $\sigma$  for  $N = 40$ , considered against four energy gradients  $\eta$ . Coloured areas show  $\pm$  one standard deviation, each point is averaged from 100 configurations of disorder. An ordered ( $\square$ ) and disordered ( $\circ$ ) point are highlighted, and their eigenspectra shown in the centre and right panels, respectively. (Centre) The eigenspectrum for a chain with  $\eta = 0.1, \sigma = 0J$ , showing the slight localisation of eigenstates under a uniform field. The size of each diamond is proportional to the probability of observing each eigenstate on that site. (Right) The eigenspectrum for  $\eta = 0.1, \sigma = 0.3695J$ , showing a mixture of field effects and disorder, producing inconsistent eigenenergy spacing as well as slightly more localised eigenstates.

[38–41]. We find no non-trivial transient effects in our model (see appendix F), so there remains open question of how the findings presented here would apply to more complicated scenarios.

## 2. Theoretical model

### 2.1. System model

In this paper we model chains with the single excitation approximation, defining the Hamiltonian as

$$H = \sum_i \epsilon_i |i\rangle \langle i| + J \sum_{i=1}^{N-1} |i\rangle \langle i+1| + \text{H.c.}, \quad (1)$$

$|i\rangle$  represents a state with single excitation, on site  $i$ .  $\epsilon_i$  is the on-site energy for site  $i$ , H.c is the Hermitian conjugate, and  $J$  is the strength of the coupling between neighbouring sites. For this work  $\hbar = 1$  and all quantities are given in terms of the coupling strength  $J$  so we can focus on capturing the influence of disorder and gradients in a very general sense.

We consider chains of  $N$  sites with site energies  $\epsilon_i$  determined by a combination of energy disorder and a gradient in average site energies. As a convention we set the  $\epsilon_0$  and  $\epsilon_N$  to the highest average energy and zero respectively, from this we can define  $\eta = \frac{\epsilon_0 - \epsilon_N}{N \cdot J}$  which we use to define the effective gradient applied to our system, scaled by system length and given in terms of the coupling strength  $J$ . To each site energy we add a perturbation  $\zeta(\sigma)_i$  drawn from a Gaussian distribution, centred on zero with a standard deviation  $\sigma$ ; here,  $\sigma$  denotes the disorder strength for the system.

The three parameters of system size  $N$ , disorder strength  $\sigma$  and gradient  $\eta$  all help define eigenstates and their localisations. The disorder introduces energy gaps, constraining eigenstates through localisation [21]. The gradient could be a result of the application of a field to the system, and produces Wannier–Stark localisation [22, 42–44]. To measure localisation we use the inverse participation ratio (IPR), which is a measure of the number of sites over which each eigenstate  $E_\alpha$  is delocalised. The average IPR over all eigenstates is defined as

$$\text{IPR} = \frac{1}{\sum_{i,\alpha} |\langle i|E_\alpha\rangle|^4}. \quad (2)$$

This single value represents how localised that system is, with greater localisation implying not only a larger invariant subspace, but also a decreased efficiency in coherent transport. The IPR captures the system-wide impact of different gradients and disorder strengths on a system, making it a natural measure to compare systems. The effects of gradients and random disorder are illustrated in figure 3, the coloured areas in the left panel show one standard deviation around the mean value at each point.

## 2.2. Dynamics, Lindblad and Redfield master equations

We model each chain with a Lindblad master equation implemented with the QuTiP package [45],

$$\dot{\rho} = -i[H, \rho] + \Gamma \sum_{i=1}^N \mathcal{L}[A_{\text{deph},i}] \rho + \gamma_{\text{inj}} \sum_{i=1}^N \mathcal{L}[A_{\text{inj},i}] + \gamma_{\text{trap}} \mathcal{L}[A_{\text{ext}}] \rho, \quad (3)$$

where  $\mathcal{L}[A] \rho$  is the Lindbladian dissipator

$$\mathcal{L}[A] \rho = \left( A \rho A^\dagger - \frac{1}{2} \{A^\dagger A, \rho\} \right). \quad (4)$$

$\Gamma$  sets the rate of (dephasing) noise in the system, for simplicity assumed to be the same on each site,  $\{\cdot, \cdot\}$  is the anticommutator, and  $A_{\text{deph},i}$  are Lindblad operators describing the environmental influence on each site  $i$ . For on-site dephasing in the single excitation approximation, the operators for on-site energy noise take the form  $A_{\text{deph},i} = 2|i\rangle\langle i| - \mathbb{I}$  [46, 47]. The extraction operator projects population from the  $N$ th site (lowest end of chain) to an external shelf state where it is trapped,  $A_{\text{ext}} = \sigma_N^+ \sigma_{\text{trap}}^-$ . Similarly population is re-injected from the trap back onto each site with the injection operators  $A_{\text{inj},i} = \sigma_{\text{trap}}^+ \sigma_i^-$ .

To treat these systems at finite temperatures we use the Bloch–Redfield master equation. As we study disordered systems with very mixed energy splittings we retain all non-secular terms to ensure it remains accurate [48]. The master equation reads:

$$\begin{aligned} \dot{\rho}_s = & -i[H, \rho_s] + \gamma_{\text{inj}} \sum_{i=1}^N \mathcal{L}[A_{\text{inj},i}] + \gamma_{\text{trap}} \mathcal{L}[A_{\text{ext}}] \rho \\ & + \Gamma \sum_{\omega} \sum_{m,n} S_{m,n}(\omega) \left( A_n(\omega) \rho_s A_m^\dagger(\omega) - \frac{1}{2} \{A_m^\dagger(\omega) A_n(\omega), \rho_s\} \right), \end{aligned} \quad (5)$$

where the injection and extraction operators are the same as in equation (3),  $\rho_s$  is the system density matrix and the frequencies  $\omega$  are the eigenenergy splittings [49].  $A_m$  are system–environment interactions, derived by transforming the relevant site basis operators  $A_{\text{deph},i} = 2|i\rangle\langle i| - \mathbb{I}$  into the Hamiltonian eigenbasis [49] and  $S_{mn}(\omega)$  defines the noise-power spectrum associated with the system–environment interaction. The noise-power spectrum function is

$$S_{mn}(\omega) = (\mathcal{N}_{\text{BE}}(\omega, \beta) + \Theta(\omega)) \mathcal{J}(\omega), \quad (6)$$

where  $\mathcal{N}_{\text{BE}}(\omega)$  defines Bose–Einstein statistics at a given phonon inverse temperature  $\beta$ ,  $\Theta(\omega)$  is the Heaviside function, allowing phonon-assisted transitions from higher to lower eigenenergies ( $\omega > 0$ ) but not the reverse case, and  $\mathcal{J}(\omega)$  is the spectral density. We use a flat spectral density as assumed in equation (4), such that  $\mathcal{J}(\omega) = \mathcal{J}$ , this is for a direct comparison with the pure dephasing case. A Drude–Lorentz spectral density is considered and presented in appendix E.

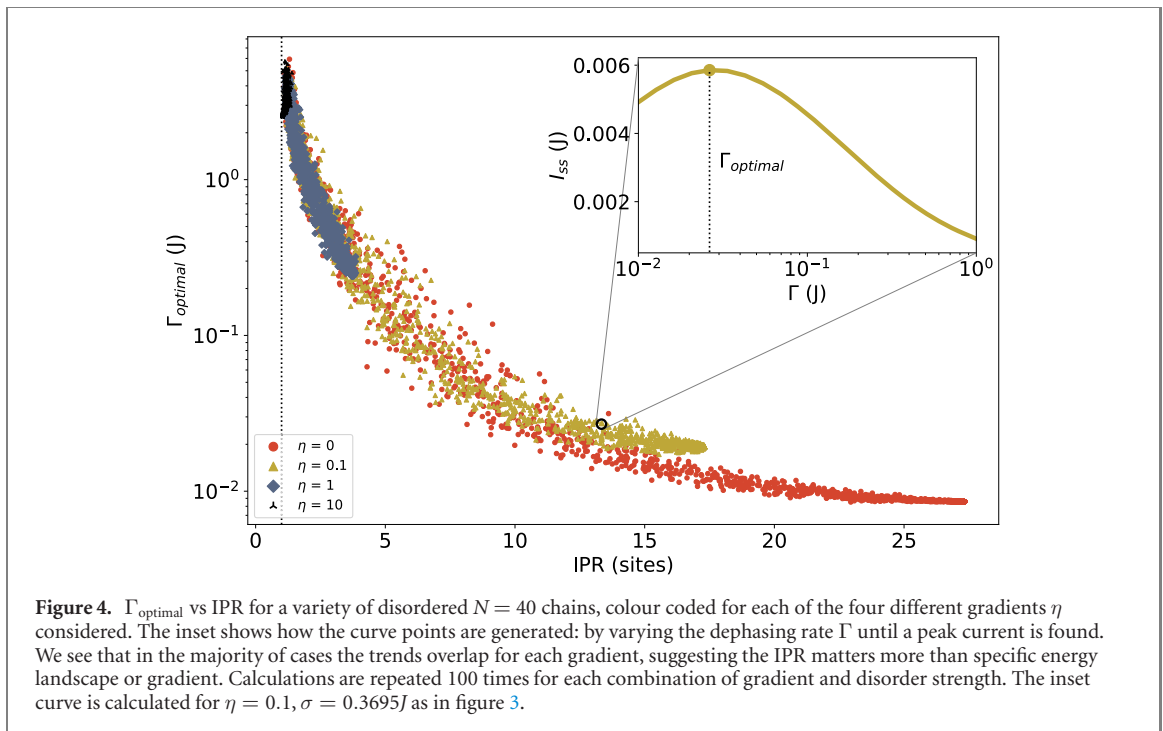
## 2.3. Steady state setup and observables

As indicated by figure 2, we re-inject any extracted population back onto all chain sites equally. By linearity, each injection site represents an initially populated site in the dynamical approach, so this injection scheme is equivalent to a mixed initial state. This choice ensures we capture the general system response, minimising the influence from inversion symmetry effects, while also ensuring that we can generically compare transport properties across systems with different sizes without adding in extra concerns about differing lengths between injection and extraction. For completeness, we show in appendix C that injection on a single site produces qualitatively similar results.

We match the total injection to the extraction rate so that  $\gamma_{\text{inj}} = \frac{\gamma_{\text{trap}}}{N}$ . Our focus on steady-state properties is motivated by prior ENAQT studies which have shown that the steady state approach is more natural for energy transport in photosynthetic systems [1, 50, 51].

The steady state  $\rho_{\text{ss}}$  is found by calculating the zero eigenstate of the system Liouvillian. In our work  $\gamma_{\text{trap}} = 3J$ ; changing this value generally changes quantitative values but not the qualitative behaviour [20] unless the rate is so high it begins to enter the Zeno regime [52]. The key observable of transport efficiency is the steady state current  $I_{\text{ss}}$ , which we aim to maximise. This is simply the product of the extraction rate and the excited steady state population on the extraction site  $N$ ,

$$I_{\text{ss}} = \rho_{N,N} \gamma_{\text{trap}}. \quad (7)$$



### 3. Results

In this section we show how random disorder, energy gradients and system size affect ENAQT in the pure dephasing limit (section 3.1), demonstrating the strikingly consistent relationship between IPR and  $\Gamma_{\text{optimal}}$ . We also present a power law that fits the unbiased chain data, letting us separate the influence of size-independent and size-dependent effects. We then go beyond pure dephasing with the Bloch–Redfield master equation and show these effects are still qualitatively robust at high to intermediate temperatures, but break down in the lower temperature limit (section 3.2).

#### 3.1. Pure dephasing

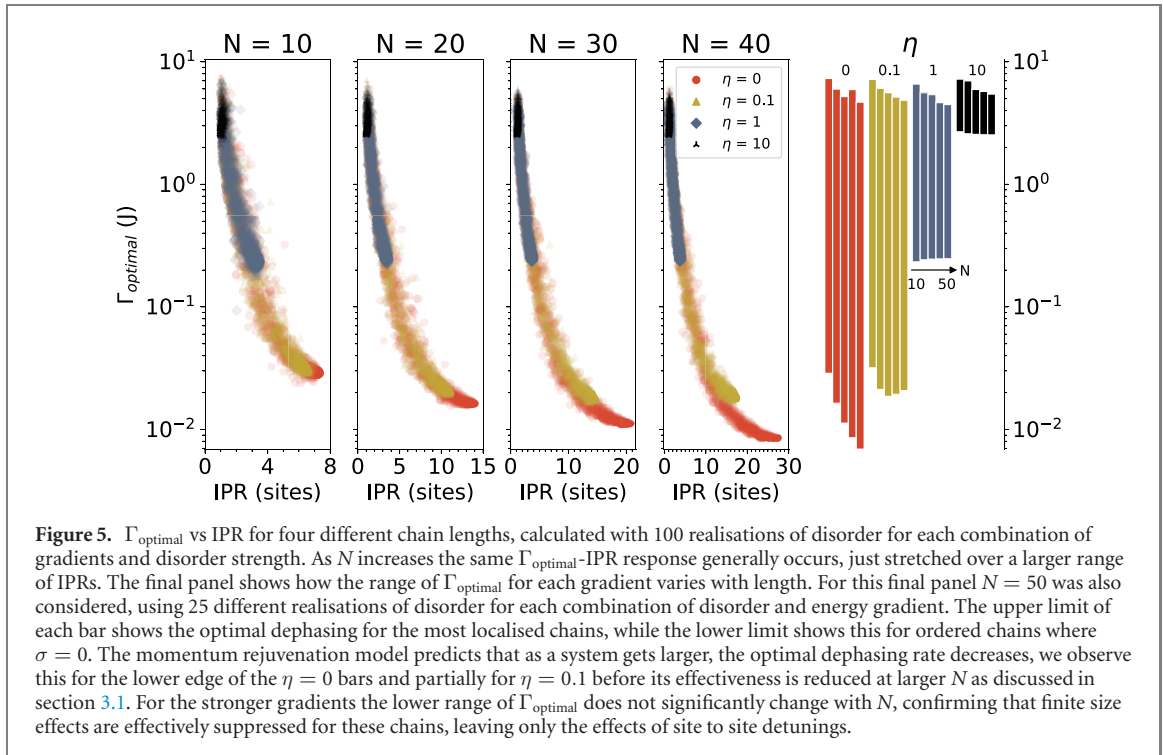
Figure 4 shows how energy gradients and random disorder affect the optimal dephasing for chains of 40 sites. In all cases we see that as the IPR decreases linearly  $\Gamma_{\text{optimal}}$  increases rapidly, once again confirming positive correlation between ENAQT peak position and static disorder [10, 20, 23]. The main finding is that the results for each gradient largely overlap once the chain is disordered enough, indicating that once the system eigenstates are sufficiently localised the source of localisation does not matter.

Figure 4 shows that for sufficiently large IPRs ( $\text{IPR} \geq 12$ ), the optimal dephasing for no gradient ( $\eta = 0$ ) is lower than that for a weak gradient ( $\eta = 0.1$ ). With momentum rejuvenation we expect that the larger the system is, the lower its  $\Gamma_{\text{optimal}}$ . As such, we infer that the presence of nonzero gradients limits the maximum length momentum rejuvenation can work over. So for  $N = 40$  the gradient  $\eta = 0.1$  is enough to slightly reduce the impact of momentum rejuvenation as compared to when  $\eta = 0$ . The result is a higher  $\Gamma_{\text{optimal}}$  for the weak gradient.

As discussed in section 2, linear energy gradients localise eigenstates [22, 43] and alter charge transport [53] differently from random disorder. Yet once the chains are localised enough, momentum rejuvenation's influence is negligible and the optimal dephasing rate is determined only by the IPR, as can be seen for  $\eta = 1, 10$ . Therefore gradient-induced localisation and disorder-induced localisation only have different effects on ENAQT when the gradients are strong enough to shorten the length scale over which momentum rejuvenation acts, but weak enough to ensure it is still present.

The relative impact of momentum rejuvenation is then further affected by the size of the system itself. As discussed above, gradients reduce the maximum length over which momentum rejuvenation acts. This leads to differences in  $\Gamma_{\text{optimal}}$  if that length is less than the system length. By extension we should then expect the differences between  $\eta = 0$  and  $\eta = 0.1$  to scale with the number of chain sites  $N$ . We can observe this directly in figure 5 which demonstrates how the localising effects of energy gradients and random disorder affect ENAQT for chains of different lengths.

The upper limit of the  $\Gamma_{\text{optimal}}$  bars in figure 5's final panel shows consistent scaling behaviour across length, that is independent of gradients. This can be partially explained by regression to the mean as



disorders are sampled from a Gaussian distribution. Maximally localised systems have large detunings between all sites, so the longer your system, the more detunings there are to maximise. Therefore, the larger the system, the harder it is to localise. Close inspection confirms this: the minimum IPR increases with chain length, and by extension the highest  $\Gamma_{\text{optimal}}$  decreases with chain length.

We now focus our attention on the lower end of these  $\Gamma_{\text{optimal}}$  ranges. First we note that the high gradient behaviour ( $\eta = 1, 10$ ) has consistent lower limits for all chain lengths considered, meaning ENAQT is only determined by average site to site detunings, with little if any sensitivity to size. Momentum rejuvenation suggests that the larger the system, the lower its optimal noise rate, and we observe the zero gradient data extends to lower and lower dephasing rates as  $N$  increases, exactly as predicted [19]. We note that the difference in  $\Gamma_{\text{optimal}}$  between  $\eta = 0$  and  $\eta = 0.1$  increases with  $N$ , indicating that the range of which momentum rejuvenation acts has a finite length at  $\eta = 0.1$  and so becomes less effective as system size increases. This can also be seen in how  $\Gamma_{\text{optimal}}$  changes with  $N$ . The lower range of  $\Gamma_{\text{optimal}}$ , where  $\eta = 0.1$  initially decreases as expected with momentum rejuvenation, then the trend reverses as increasing  $N$  reduces the impact of momentum rejuvenation.

So far we have described under what conditions the size dependent effects of momentum rejuvenation can be observed, given the presence of energy gradients and random disorder. We now focus on the  $\eta = 0$  limit we can directly capture how static disorder alters the influence of finite size effects on ENAQT. We consider the  $N = 10$ – $40$  chains and fit the  $\eta = 0$  data with a power law of the form

$$\Gamma_{\text{optimal}}(\text{IPR}) \propto \text{IPR}^{\lambda + \kappa \cdot \text{IPR}}. \quad (8)$$

The exponent  $\lambda$  captures the response across all IPR values, corresponding to the influence of the invariant subspace and the need for line broadening. Meanwhile, the exponent  $\kappa$  captures a varying influence, being negligible for very localised systems and most influential for systems with large IPR, capturing the influence of finite size effects such as momentum rejuvenation. We note that equation (8) is simply a phenomenological fit that best captures the data produced by our results, the data is not well fit by a single exponential and alternative functional forms likely require additional fitting parameters. As we show in table 1 both  $\lambda$  and  $\kappa$  scale monotonically with chain length as expected. Further details and plots are presented in appendix B.

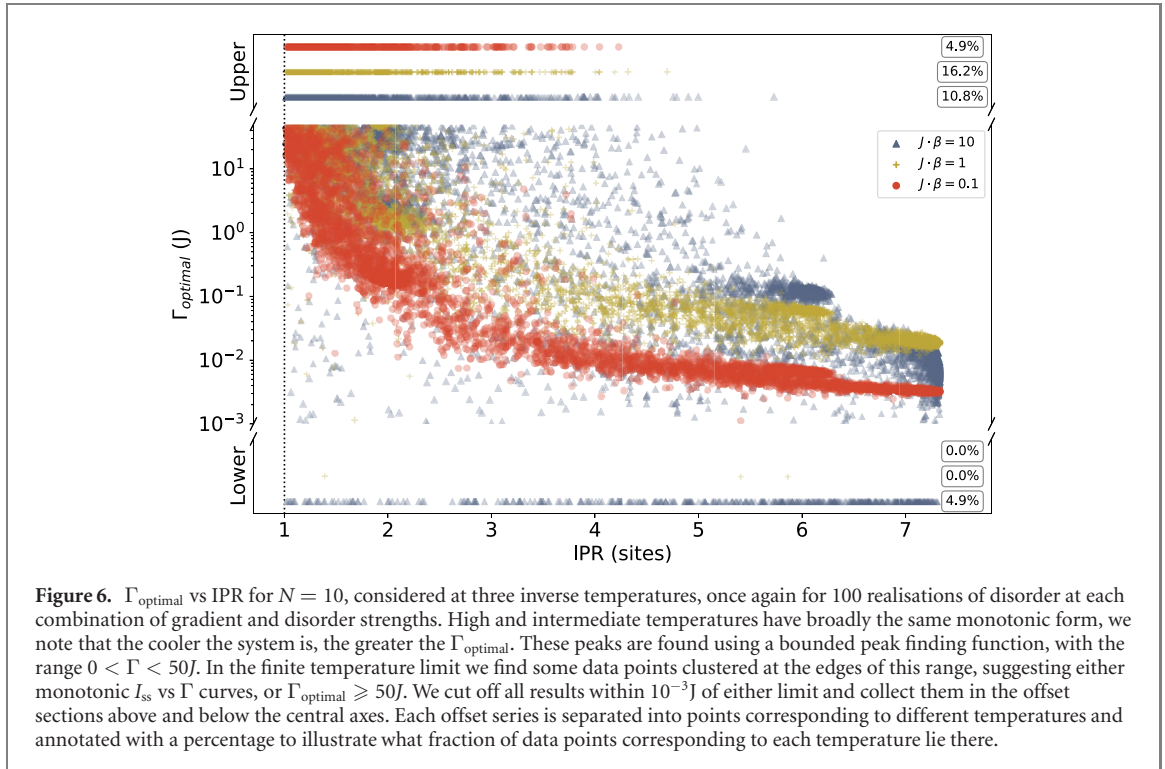
### 3.2. Finite temperature Bloch Redfield model

As described in section 2.2, we can go from phenomenological pure dephasing model—effectively an infinite temperature limit—to a microscopically-founded finite-temperature approach with the use of the full, nonsecular Bloch–Redfield master equation, equation (5). These calculations are done against a flat spectral density for direct comparison with the pure dephasing results above. We define the inverse



**Table 1.** Table of best fit values and standard deviation for each chain length with  $\eta = 0$ .  $A$  captures the proportionality,  $\lambda$  the size independent response, and  $\kappa$  the size-dependent response. As chains get longer, the fits gets more accurate, and the parameters change monotonically as the same behaviours stretch over a new range of IPRs.

$N$	$A(J)$	$\lambda$	$\kappa$	SD ( $\times 10^{-3}$ )
10	1.59	-3.14	0.07	1.80
20	1.70	-2.69	0.03	0.55
30	1.74	-2.51	0.02	0.33
40	1.73	-2.36	0.01	0.22



**Figure 6.**  $\Gamma_{\text{optimal}}$  vs IPR for  $N = 10$ , considered at three inverse temperatures, once again for 100 realisations of disorder at each combination of gradient and disorder strengths. High and intermediate temperatures have broadly the same monotonic form, we note that the cooler the system is, the greater the  $\Gamma_{\text{optimal}}$ . These peaks are found using a bounded peak finding function, with the range  $0 < \Gamma < 50J$ . In the finite temperature limit we find some data points clustered at the edges of this range, suggesting either monotonic  $I_{\text{ss}}$  vs  $\Gamma$  curves, or  $\Gamma_{\text{optimal}} \geq 50J$ . We cut off all results within  $10^{-3}J$  of either limit and collect them in the offset sections above and below the central axes. Each offset series is separated into points corresponding to different temperatures and annotated with a percentage to illustrate what fraction of data points corresponding to each temperature lie there.

temperature  $\beta = \frac{1}{k_B T}$ , and consider three temperatures,  $J \cdot \beta = 10, 1, 0.1$  (low, medium and high respectively), giving the results in figure 6.<sup>3</sup>

Under these conditions we still recover the characteristic trend of a monotonic relationship between  $\Gamma_{\text{optimal}}$  and IPR, and we report similar results for sufficiently wide non-flat spectra in figure E1. We note that as temperatures lower,  $\Gamma_{\text{optimal}}$  for a given IPR increases. As temperatures decrease, the specific energy landscape of each chain becomes more important [54], as it becomes harder to avoid trapping population in energy minima. As a result, the range of  $\Gamma_{\text{optimal}}$  associated with any IPR gets broader continuously as temperatures get lower.

We therefore conclude that the general ENAQT response to disorder depends not just on localisation, but also on avoiding the trapping of population in energetic minima. So when transfer rates up and down in energy become significantly different the chain population cannot explore all the system sites, trapping population in energetic minima. In this limit the universal response observed for pure dephasing breaks down, producing a regime which is very sensitive to the specifics of the energy landscape. By the reverse argument, if energy can move reasonably around a system then the monotonic relationship between optimal environmental coupling and IPR is well-defined.

<sup>3</sup> In  $< 0.1\%$  of cases we found the steady state solver would fail, the optimisation procedure handled this by moving to the next trial point and continuing.

## 4. Conclusion

We have systematically shown how localisation and optimal ENAQT are related for 1D chains, producing a universal trend strongly determined by the IPR. The IPR in turn is determined by an interplay of energy gradients, random disorder and system length. Comparing the range of  $\Gamma_{\text{optimal}}$  for various lengths of chain provided further insight into how strong gradients can suppress the influence of finite size effects.

Additionally we have found that steady state current in unbiased, disorder systems can be described by a power law containing size dependent and size independent contributions, illustrating that finite size effects such as momentum rejuvenation still affect how ENAQT acts on disordered systems.

Extending the model to include finite temperatures shows that the same response holds for high to intermediate temperatures. By contrast, at lower temperatures population can become trapped in local energetic minima. This decouples transport efficiency from eigenstate localisation and the transport becomes more sensitive to a chain's specific energy landscape.

Throughout this paper we have shown that the localisation of a system's eigenstates is directly connected to what its optimal conditions for ENAQT are. By considering this for a large range of possible conditions we have developed new and broadly applicable insights into how localisation and finite size effects alter ENAQT in 1D. More work is required to confirm if this response is altered for higher dimensional systems where eigenstates may be further delocalised. For example simple tight-binding honeycomb lattices as found in graphene nano-ribbons can display quantum chaotic properties under weak static fields [55], opening up a new class of system. The effects of localisation could be further investigated, whether taking a more fine-grained look at the unusual Wannier–Stark behaviour in appendix A, or going to much larger system sizes in order to limit the influence of finite size effects. Lastly, quasiperiodic systems such as the Aubry–André model could be considered, where transient effects such as stochastic resonance with anti-localised eigenstates [32] may provide new insights into ENAQT beyond the steady state.

## Acknowledgments

We thank Scott Davidson, Dominic Rouse and Gerard Valentí-Rojas for the helpful discussions. This work was supported by EPSRC Grant No. EP/L015110/1. Computations were carried out using QuTiP [45], figures made in matplotlib [56].

## Data availability statement

The data that support the findings of this study are available upon reasonable request from the authors.

## Appendix A. Gradient-only localisation vs IPR

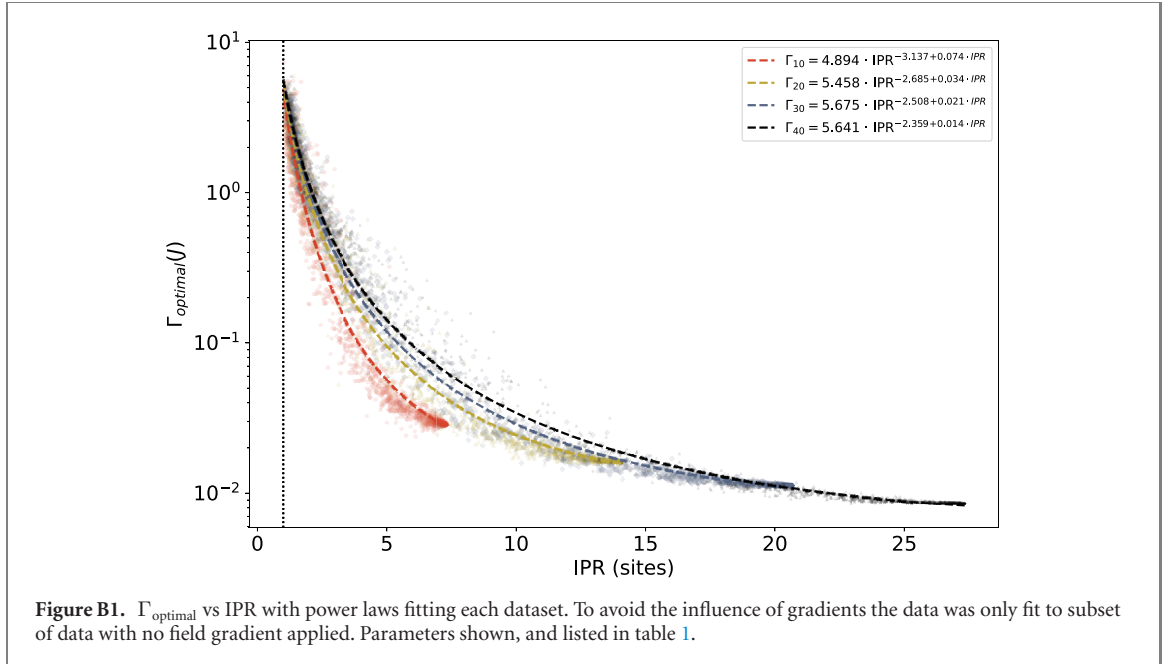
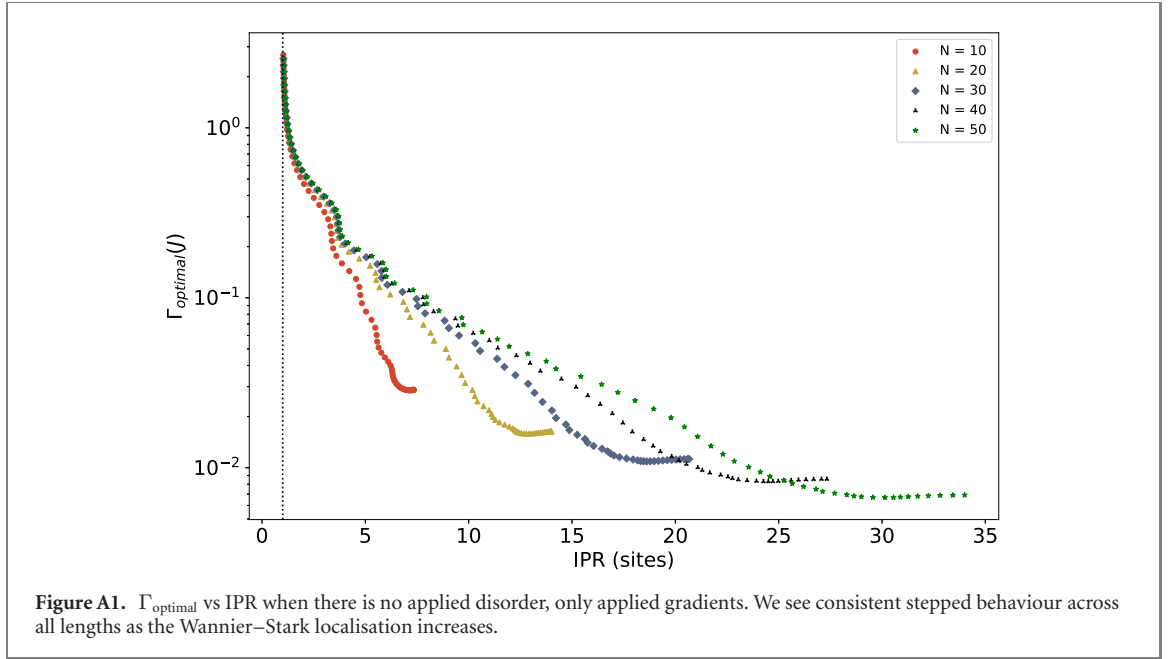
In the limit where we apply a gradient but no disorder, we find a set of behaviours quite different from that described in the main body of the paper, we note these behaviours are only really visible on a log plot and for small enough rates that it would be very hard to observe them experimentally. Looking at figure A1 we see a consistent and strangely stepped behaviour where  $\Gamma_{\text{optimal}}$  increases irregularly as the IPR decreases. We speculate this may be due to the eigenstates under Wannier–Stark localisation being very consistent in spread and overlap. As a result of this ordering, changing the IPR implies not only further localising eigenstates but also consistently shifting the mutual participation any pair of eigenstates have on a common set of sites. This is in stark contrast to systems with random static disorder where there is no consistent mutual presence of eigenstates to disrupt.

Another potential explanation comes from prior experimental work on quantum transport in biased, weakly coupled superlattices [57]. This work demonstrated the existence of a single plateau in the current–bias relationship, and found it could be physically explained by the influence of Wannier–Stark localisation acting against field-assisted tunnelling between adjacent wells. More analysis is needed to determine if this could be connected to our work or if the resemblance is merely superficial. The use of more local measures for localisation, and studying larger systems would let one better distinguish the effect these gradients have on eigenstates in the bulk as compared to the edge.

## Appendix B. Curve fitting

We have explained that the curves in figure 4 show two different responses: a steep disordered one largely determined by exponential localisation [21] and the invariant subspace, and a flatter response characterised



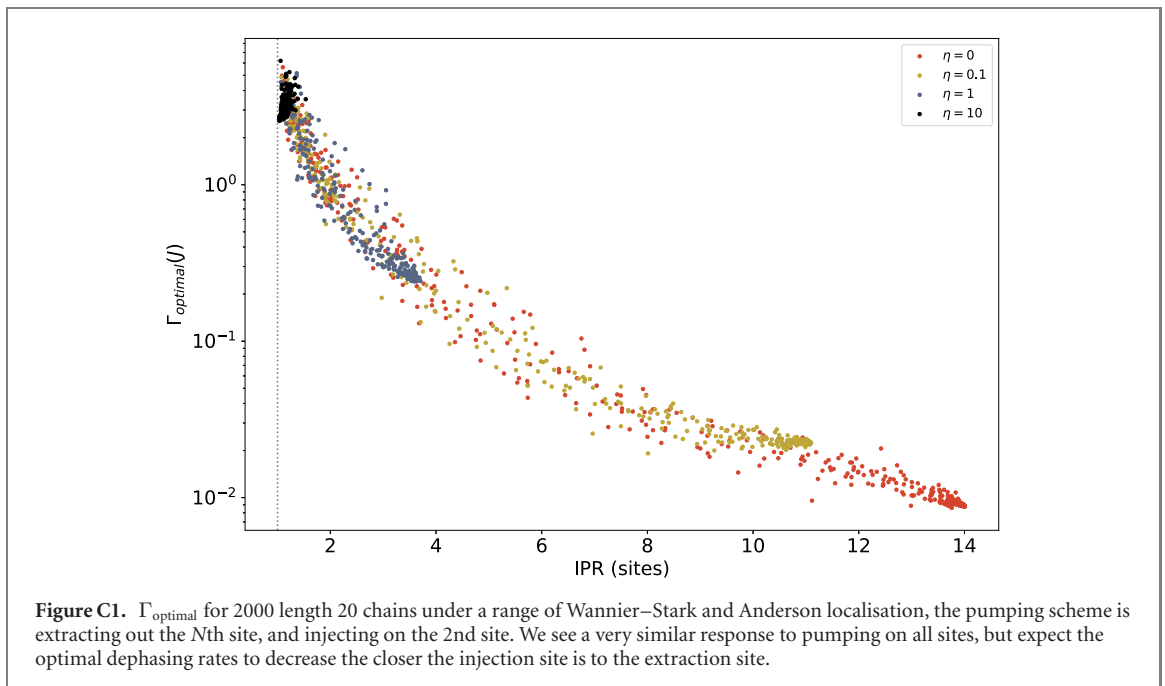
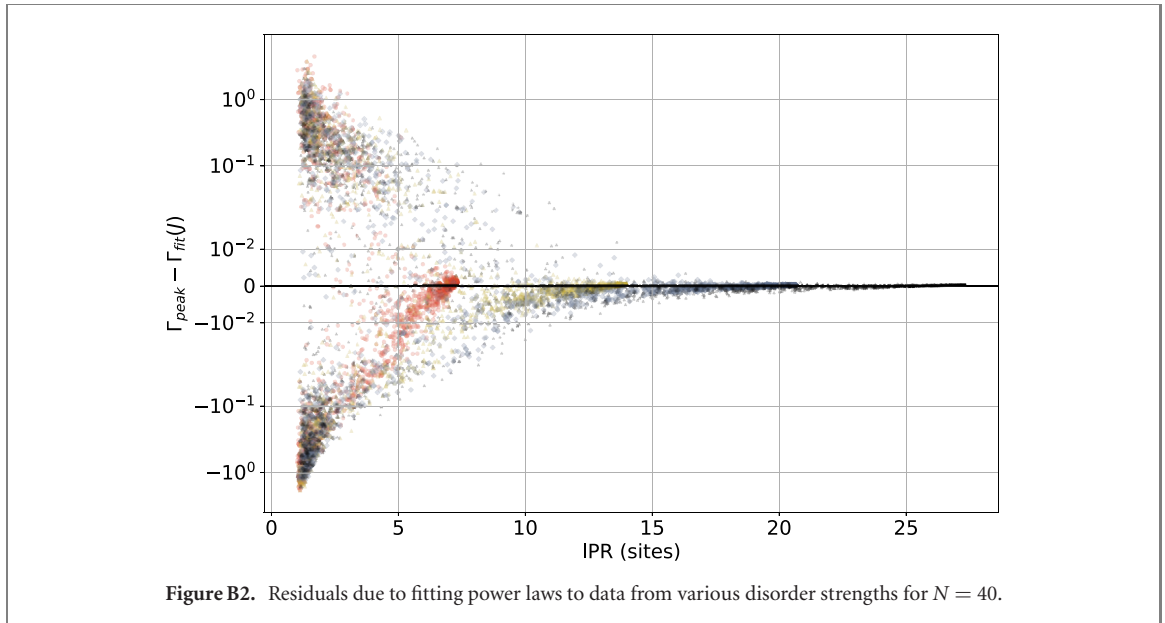


by the greater presence of momentum rejuvenation and coherent transport. As we do not have an analytic form for the curves in figures 4 and 5 we directly fit them, and find that the change in response across IPR is modelled well by a power law of the form

$$\Gamma_{\text{optimal},N}(\text{IPR}) = A \cdot \text{IPR}^{\lambda+\kappa \cdot \text{IPR}}, \quad (\text{B.1})$$

where the proportionality constant  $A$  is determined by systematic factors such as length, coupling strength, injection and extraction rates etc, while  $\lambda$  describes the constant response to localisation, and  $\kappa$  captures the increasing presence of coherent effects as the IPR increases. As such  $\lambda$  captures the ever present exponential localisation from disorder [21],  $\kappa$  captures the varying presence of finite size effects and momentum rejuvenation (figure B1).

The best fits were found by using the logarithm of the data and equation (B.1). The best fit parameters are listed in table 1, and the fit residuals shown in figure B2. We find the fitting parameters scale monotonically with changes in  $N$  as expected. The error is calculated using the quadrature sum of the covariance matrix diagonals generated by the fitting function.



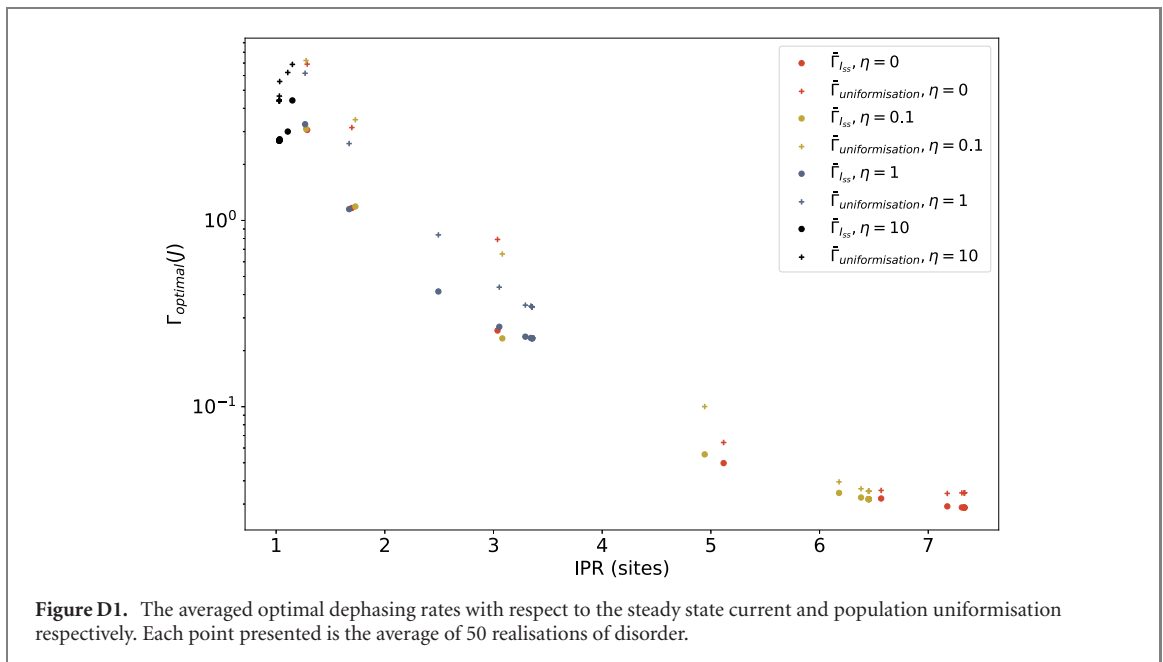
### Appendix C. Injecting on single sites

Throughout this work we have used a pumping scheme that injects population equally across all system sites. Here we show that response to localisation remains qualitatively the same when injecting onto a single site, by considering 2000 chains of length 20 (figure C1).

### Appendix D. Population uniformisation

There are multiple perspectives on ENAQT, and one prior, unified approach is provided by population uniformisation [11], which has also been studied in disordered systems [20]. The key measure used in this approach is the variance of steady state populations across all chain sites, uniformity is highest when variance is minimised. The population uniformisation theory predicts that this occurs at, or near to peak steady state currents. In other words  $\Gamma_{\text{min .var}} \approx \Gamma_{\text{optimal}}$ .

We tested this by generating a representative sample of length ten chains, then determined the optimal dephasing rates for steady state current and population uniformisation. After considering 50 realisations of disorder at each point in the parameter space and averaging, we indeed found that the two rates are



correlated, agreeing very closely in ordered systems, and less so in highly disordered cases. As shown in figure D1, we find the average rates for peak uniformisation are consistently greater than those for the peak current. However, even in the divergent cases such as highly disordered systems, the on-site populations are still relatively uniform when the steady state current is maximised. We also note that the difference between these two rates is mainly dependent on the IPR, and is insensitive to the gradient applied to the system. As such we can say that while offering a different view, our results are consistent with population uniformisation.

### Appendix E. Non-flat spectral densities

We mainly focus in this work on pure dephasing and non-peaked spectral densities to show the generic influence of localisation on optimal ENAQT conditions. Here we show the effects of a typical Drude–Lorentz spectral density

$$\mathcal{J}(\omega) = \lambda \cdot \frac{2}{\pi} \cdot \frac{\omega \left(\frac{1}{\tau}\right)}{\omega^2 + \left(\frac{1}{\tau}\right)^2}, \quad (\text{E.1})$$

where  $\frac{1}{\tau}$  is the Lorentzian linewidth and  $\lambda$  is the coupling to the phonon bath.

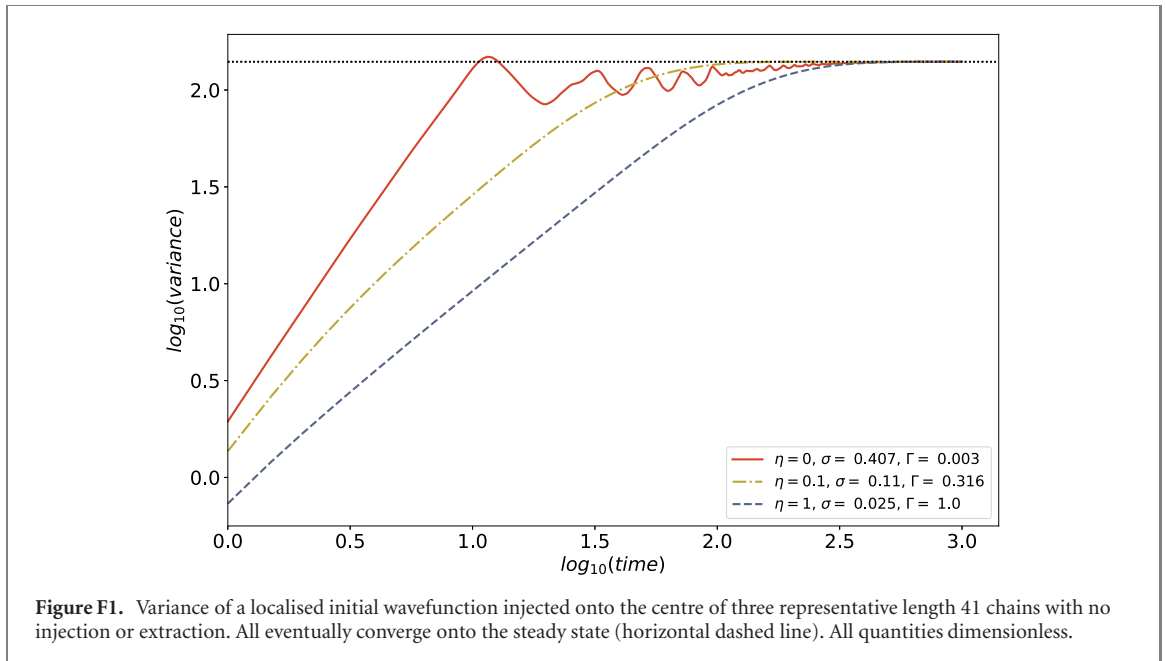
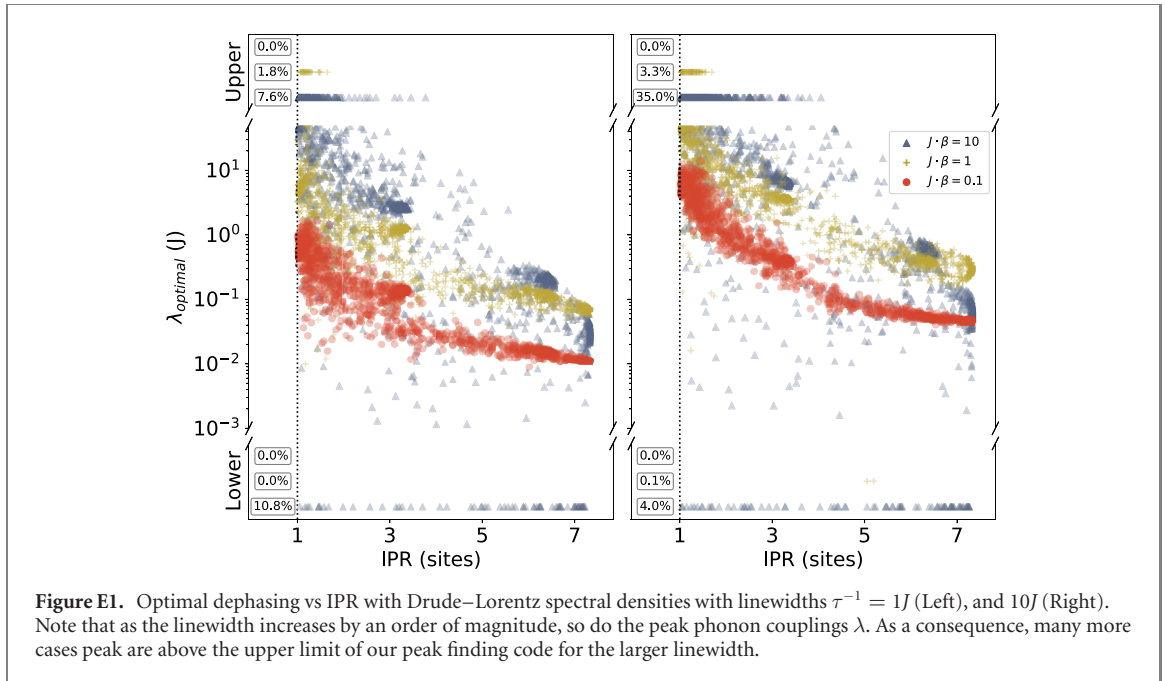
We consider multiple linewidths and their effects on 2000 chains, generated the same way as in the body of the text. We specifically use the linewidths  $\tau^{-1} = 1, 10J$  to see the effect of linewidths equivalent to average system spacing, as shown in figure E1. We do not consider much narrower linewidths as those would typically coincide with non-Markovian effects which are beyond the scope of the model we use.

We find that for these Lorentzians we still recover the same qualitative trends seen for flat spectral densities, though we note as  $\tau^{-1}$  increases, the optimal phonon couplings increase as well. This is because as  $\tau^{-1}$  increases,  $\mathcal{J}(\omega)$  begins to scale with  $\frac{\lambda}{\tau^{-1}}$ . Thus for a system with an optimal set of transition rates, a larger linewidth means larger phonon couplings  $\lambda$  are optimal.

### Appendix F. Transient effects

Given recent interest and investigations into transient effects in tight-binding systems, we carried out dynamical calculations to check if effects beyond the steady state were contained in our model. In all cases we found that the dynamics converged onto the steady state behaviour, and remained converged to long time. Analysis of the chain Liouvillians confirmed that in all cases the steady state was uniquely defined, Hermitian and trace preserving. The same held true for the Bloch–Redfield results.

Taking inspiration from a prior study on stochastic resonance [32] we investigated the variance of a time-evolving localised initial state injected onto the centre of a chain of 41 sites. This chain was closed,



having no extraction or pumping, and the variance was defined as

$$\text{variance} = \sum_n n^2 |\psi_n|^2, \quad (\text{F.1})$$

where  $n$  is the site index with respect to the central site, such that for an odd length system  $n \in [-\frac{N-1}{2}, \frac{N-1}{2}]$ ,  $\psi_n$  is the normalised, initial state. We do not find any evidence of non-trivial transient effects in our model, instead as shown in figure F1 we observe a set of smooth continuous approaches to the steady state, with some over- or under-damping depending on the dephasing rate.

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