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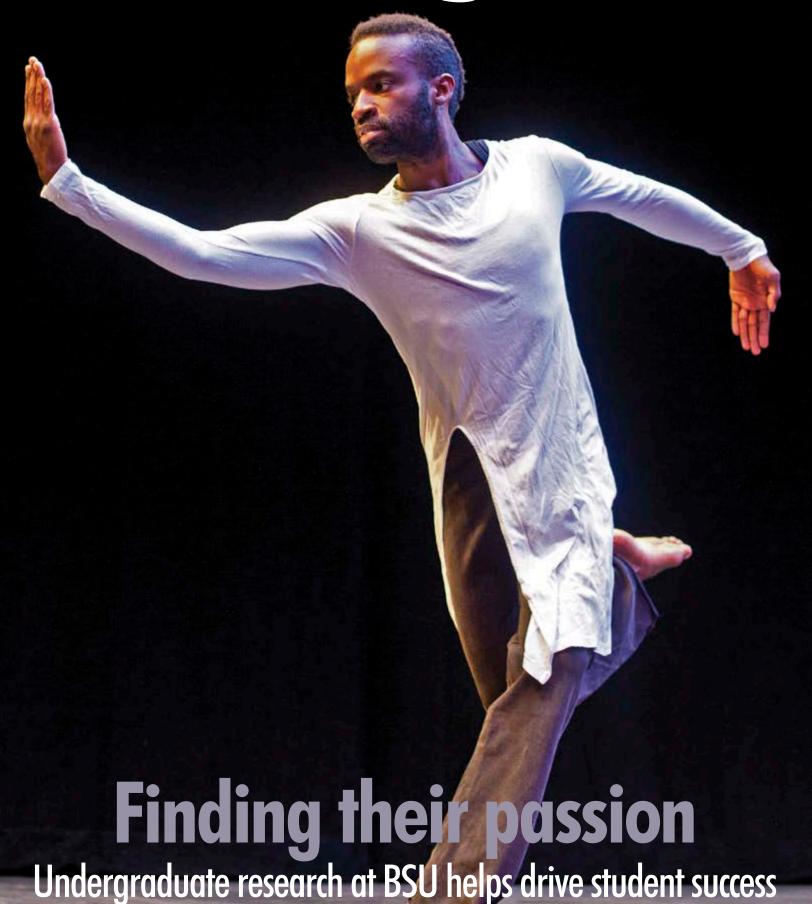
Bridgewater State University

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Bridgewater



StudentSpotlight



ELIZABETH RYAN has been homeless and battled health issues in recent years, but she never took her eye off the prize of a university education. Her tale began when she dropped out of college in Florida and, in 2010, moved north with her then boyfriend to Dudley, Massachusetts, where they ended up living on an abandoned farm. When that got too much to bear, she reached out to relatives who lived in the area. They agreed to help, but on the condition that she register for college. She did. It was a long and winding road to BSU, but now Elizabeth, a junior in the communication studies program who is married and living in Wareham, has found her place. We asked her to share more of her inspiring story.

Tell us about being homeless.

My boyfriend and I lived on the farm for five months. It was kind of creepy, and there was never anyone around. There was a house where I stayed, there was no insulation, and some of the walls were missing.

How did you adapt to college after this?

I left the farm to stay with extended family who lived nearby and went back to school. I registered at Quinebaug Valley Community College in Danielson, Connecticut. I did well there, and after earning my associate's degree, I was selected as commencement speaker.

What was that like?

I told my life story and got a standing ovation. It was the best moment of my life. Amazing.

What was the toughest time you've experienced?

It actually happened after I moved in with my family. That's when I started researching different colleges. I went to Cape Cod Community College, and, in 2012, I met my husband on the Cape. I was still having a hard time, even when I got back to school. I was struggling to find who I was and to surround myself with the right kind of people. While I was at CCCC, I found out about Bridgewater and enrolled.

How are things now?

I now have a 3.1 GPA, and I feel like Bridgewater is home to me. So I'm more open and friendly and talk to everybody. I have met some people that have had a rough life. I think it's important to talk to people, and if they have the same struggles, to let them know they're not alone. There's always someone else who's gone through something similar. Thinking you're alone is the worst feeling.

What have you learned from your experience?

That I can do anything I set my mind to. I've been through a lot and learned how strong I am as a person.

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Aaron Roberts, '16, a dance major, performs movements he choreographed as part of his undergraduate research project on masculinity and dance. photo by Ashley McCabe

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Bridgewater keeps alumni, faculty, students and their families, staff and friends of Bridgewater State University informed about the university community and its impact on the region.

This magazine is written, designed and edited by the Office of Creative Services and Publications with the needs of its varied audiences at heart and in mind.

For up-to-date information on university news, activities and events, and to view past issues of Bridgewater, visit http://vc.bridgew.edu/br_mag/.

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Keep up with BSU on social media.









Dear friends,

As a student, I embraced the Bridgewater experience. As an alumnus, I worked hard to help ensure the institution's continued success. As president, I have become ever more conscious of and humbled by how deeply our students, staff and alumni live the Bridgewater State University motto, "Not To Be Ministered Unto, But To Minister."

This culture of giving is inculcated in the very DNA of our students, past and present, who, in addition to focusing on academic achievement, always find time and energy to make a difference in ways both large and small. Evidence of this commitment is all around us, as the stories in this issue of *Bridgewater* will attest.

For example, Michael Verlezza, '14, recipient of a Fulbright Student Award – a huge achievement in and of itself – used his opportunity to research a challenge in great need of resolution – the crisis of dealing with health issues of our military veterans. A veteran himself, his work may very well help guide those in positions of power to make more informed decisions when it comes to caring for the men and women who have sacrificed so much in service of our country.

Hunger is another critical issue facing thousands of citizens across the United States. Jane Doherty, '84, staff associate in the Department of Chemical Sciences, saw a similar need here on campus and created Food Bank 4 U.



These are just two instances of many that illustrate how the culture that defines Bridgewater State University plays out in the real world.

Also, in this issue, you'll read about Dr. Joseph Seggio, assistant professor in the Department of Biological Sciences, who, along with his students, is undertaking research on Type 2 diabetes, a disease that is rampant in our society and in need of a creative breakthrough in its treatment. You'll see the photography of Alana Scully, '06, who donated the proceeds from sales of her photos of Ireland to the Massachusetts Resiliency Center, which provides support for the victims and survivors of the Boston Marathon bombings. Then there's DaLiza Cardoza, '16, and Julianne Hooper, '16, who partnered to measure levels of exposure to diesel exhaust experienced by children living in urban areas to help them lessen their contact with the toxic emissions.

These and other stories confirm that Bridgewater State University's mission is clear: to help students become informed, committed citizens of the world, ready to lead, innovate and make a difference.

Sincerely,

Frederick W. Clark Jr., Esq., '83

President

BridgewaterNews



Cutting the ribbon at the opening of BSU's Veteran's Center are (from left) Brockton Mayor Bill Carpenter, Trustee Chairman Eugene J. Durgin Jr., President Frederick Clark, Secretary Francisco Ureña of the Massachusetts Department of Veterans' Services and Trustee F. Scott Longo, '89. Looking on are Dr. Sabrina Gentlewarrior, vice president for student success and diversity, and Michael Siegel, '98, military and veteran student counselor.

Serving our veterans

Veterans and those on active duty are finding BSU a more welcoming place these days, thanks to the new Veterans Center, which has become a one-stop hub for those looking for help on a variety of fronts. The renewed focus on military and veteran students has paid off with an uptick in enrollment among those who have served.

Michael Siegel, '98, the university's military and veteran student counselor, said the number of military and veteran students has increased since last spring, with 45 veterans newly admitted for the spring 2016 semester.

The opening of the Veterans Center in November ushered in a new era and approach to assisting those who served their country. "It used to be just about benefits, but now we provide one stop for veterans and their academic, social and personal needs," Mr. Siegel said. Schedule conflicts, benefit questions, help with contacting the right person at the Department of Veterans Affairs are just a few of the issues that the center's staff address on a regular basis. "You can come here, and the buck will stop," said Mr. Siegel.

There's also the camaraderie the new center offers. It's a place for veterans and those currently serving to stop by and meet others who have served.

When President Frederick Clark took office, the opening of the Veterans Center was one of his top priorities for a variety of reasons, not the least of which is his family's record of service, including his father, father-in-law and several uncles, as well as his grandfather, who was badly injured in battle. The president also recalled his years working with U.S. Representative John Joseph Moakley, who enlisted in the armed forces at 15, serving during World War II. "I saw from them what it means to serve, what dedication means and what patriotism means," President Clark said.

BSU's mission to serve the region is another key factor in opening the Veterans Center, the president said. He noted that in addition to the hundreds of veterans on campus, 385,000 veterans live in Massachusetts, with 75,000 in Southeastern Massachusetts.

Mandela program to be held on campus

Bridgewater State University has been selected by the U.S. Department of State as a partner with the Mandela Washington Fellowship for Young African Leaders. Beginning in mid-June, BSU will host 25 of Africa's brightest emerging public management leaders for a six-week academic and leadership institute.

The Mandela Washington Fellowship, the flagship program of President Obama's Young African Leaders Initiative (YALI), empowers young African leaders through academic coursework, leadership training, mentoring, networking, professional opportunities and support for activities in their communities.

Fellows, who are from Sub-Saharan Africa and between the ages of 25 and 35, have established records of accomplishment in promoting innovation and positive change in their organizations, institutions, communities and countries.

"It is an amazing opportunity for us," said Dr. Karim Ismaili, special adviser to the president for university priorities and global engagement at BSU. "It's an honor to be selected for an initiative that is so important to President Obama and to the nation, but also for our own outreach and understanding of Africa."

BSU's Mandela Fellows are part of a larger group of 1,000 fellows to be hosted by 41 institutions across the United States this summer. They will meet with President Obama at a Town Hall meeting during the Presidential Summit in Washington, D.C., at the conclusion of the institutes.

In addition to BSU, universities hosting Mandela Fellows at Public Management Institutes include Arizona State University, Florida International University, Georgia State University, Howard University, Syracuse University, The Ohio State University, University of Illinois Urbana-Champaign, University of Maine, University of Minnesota, University of Wisconsin, Madison, and Virginia Commonwealth University.

For more information about the Mandela Washington Fellowship, visit yali.state.gov/washington-fellowship, or join the conversation on Twitter at #YALI2016.

If you would like to support this effort, go to give.bridgew.edu/YALI.■



On guard

As part of the university's ongoing commitment to enhance campus safety, students, faculty and staff can now download a tailored Rave Guardian application on their smartphones.

The BSU Guardian app supplements 50 "blue-light" emergency telephones already strategically stationed across the 235-acre campus and is linked by a unique GPS monitoring application. The Guardian app works in conjunction with this system and now gives subscribers "their own personal blue light," said President Frederick Clark.

The campus police department has also been fitted with a dedicated monitoring station for the Rave Guardian system.

"A primary commitment at Bridgewater State University is the safety of our campus community, and we encourage all of our students to download the Rave Guardian app to network with friends and family," said President Clark. "We want to increase the overall security of our entire student body, as well as our faculty and staff."

Complete information about the app is available at www.raveguardian.com.

'Natural' fit

Bridgewater State University is partnering with the American Museum of Natural History in New York to offer a series of high-level courses for local K-12 educators.

The museum's Seminars on Science (SOS) program offers a series of fully online professional development courses, which, thanks to the partnership with BSU, may be taken for graduate-level credit. The courses are developed and taught by experts from the museum.

The partnership addresses a critical need in education, said Dr. Lisa Battaglino, '79, dean of the College of Education and Allied Studies, who worked with Dr. Arthur Goldstein, former dean of the Bartlett College of Science and Mathematics, and Dr. Wendy Haynes, interim dean of the College of Graduate Studies, to bring the program to Bridgewater State University.

"We have a desperate shortage of science teachers in the region - and in the country," she said. "And many people are teaching science with a limited background, but this provides an opportunity for all area teachers to receive a STEM (science, technology, engineering and mathematics) certificate offered at the highest conceivable level of instruction."

The STEM certificate would require educators to take four SOS courses through Bridgewater State University, with biology, space science and geology as the primary areas of focus.

To learn more about SOS courses, contact the College of Education and Allied Studies at 508.531.2061.■

CMDA/KCACTE STUA Dr. Suzanne Ramczyk of the Department of Theater and Dance, congratulates

Ryan Connolly, '16, for receiving a Student Dramaturgy Award.

Senior earns award from **Kennedy Center festival**

As the dramaturge for the Department of Theater and Dance's staging of The Threepenny Opera last fall, Ryan Connolly, '16, played a key role in helping shape the production.

Though his contributions were strictly behind the scenes, they were not unnoticed. At the Region 1 Kennedy Center American College Theatre Festival, Ryan won the 2016 Student Dramaturgy Award for his work on the musical.

"It's kind of surreal still," said Ryan, who was joined at the six-day festival in Connecticut by the musical's director, Dr. Suzanne Ramczyk, a professor in the Department of Theater and Dance at BSU, along with student cast members and designers. "I'm relatively new to theater, so I'm very thankful that I've had a director, advisers, actors and designers who supported me," said Ryan, a Coast Guard veteran who is a philosophy major and theater minor.

He was recognized at last year's festival as first runner-up for his work on VetSpeak, a 2014 BSU dramatic documentary, also directed by Dr. Ramczyk.

In his role as a dramaturge, Ryan analyzes the script and researches a play's historical context. He then helps the director devise a concept for the production and works with the actors and designers.

"As a philosophy major," Ryan said, "I really enjoy analyzing situations and texts, and trying to get at the meat of what is really being said."

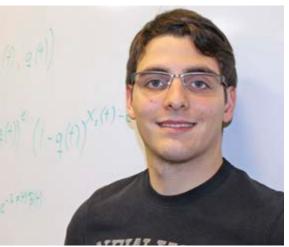
BSU hailed for closing achievement gap

A report by The Education Trust has found "real improvements" in graduation rates at a number of four-year public institutions across the nation and has listed Bridgewater State University among the top 10 of those with the highest gains.

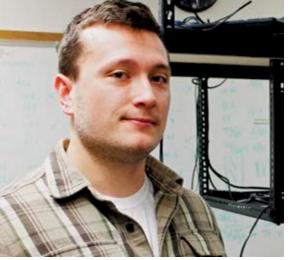
BSU has achieved results in improving graduation rates for all undergraduate students - specifically increasing the overall six-year graduation rate by more than 6 percent over the past five years – while closing the achievement gap experienced by students from a range of underrepresented groups.

A two-pronged approach of implementing data-driven interventions focused on supporting the success of all students, in addition to the use of high-impact practices, including paid student internships, first- and second-year seminars, and programs such as writing across the curriculum, has resulted in BSU's number nine ranking on The Education Trust Top-Gaining Four-Year Public Institutions list. The report is titled "Rising Tide: Do College Grad Rate Gains Benefit All Students?".

Two BSU research stars get their due



Guillermo Ortiz, '16



Nicholas Bryden, '16

For the seventh consecutive year, BSU is sending a student to the prestigious Posters on the Hill event in Washington, D.C. Guillermo Ortiz, '16, along with his faculty mentors, Dr. Irina Seceleanu and Dr. Kevin Rion of the Department of Mathematics, developed a mathematical model that simulates the spread of measles in small communities.

"We were hoping the topic not only interested us but also would interest a very broad audience," Guillermo said. "It's something very concerning."

A native of Paraguay, Guillermo earned an associate degree at Massasoit Community College before coming to BSU. He is carrying a dual concentration of pure mathematics and statistics. His choice of topic was meant to garner attention, he said, in hopes of spreading the word about the need to vaccinate.

Posters on the Hill is the most competitive undergraduate-research venue in the country. It is held in the Rayburn House Office Building of the U.S. House of Representatives on Capitol Hill. Every year, outstanding undergraduate research projects from across the United States are selected for presentation. Members of numerous governmental agencies, including the National Science Foundation, along with U.S. representatives and senators and their staffs, are invited to hear about research conducted by the best and brightest undergraduate students from across the country.

Meanwhile, Nicholas Bryden, '16, showcased his research at the prestigious National Collegiate Research Conference (NCRC), which was held at Harvard University. "It made me want to work even harder," he said of receiving the honor.

Nicholas is the first Bridgewater State University student selected to present at NCRC. From thousands of applicants each year, the conference accepts the work of 120 to 150 students, with nearly 75 percent from Ivy League schools and big research universities. His research involves testing different types of particular binuclear ruthenium complexes and comparing the results with other types studied to see which one interacts best with DNA. His goal is to design effective cancer drugs. The project involves using a scientific instrument known as optical tweezers, which allows researchers to trap a single DNA molecule for testing purposes.

The research Nicholas presented at Harvard University was funded by a summer grant from the The Adrian Tinsley Program (ATP) for Undergraduate Research and Creative Work, and was conducted at the Williams Laboratory at Northeastern University, as BSU's optical tweezers will not be completed until later in 2016. The project is part of an international collaboration with Northeastern and Ohio State universities, as well as Chalmers University of Technology in Sweden. Dr. Thayaparan Paramanathan of the Department of Physics was Nicholas' mentor.



Eight speakers gave presentations to campus and community members when BSU hosted its second annual TEDxBSU event in February. The talks were broadcast live and watch-parties were held at various locations at the university.

The lineup included a diverse mix of speakers, from both BSU and off campus, said Dr. Cindy Kane, director of student involvement and leadership, whose office organized the event with the Student Government Association.

"The students who worked with us selected some really creative speakers," she said. The speakers were asked to orient their talks around the theme – "pause."

TED stands for technology, entertainment and design. Global conferences called TED Talks are run by the nonprofit Sapling Foundation. TEDx was created in 2009 to support local TED Talk-style events.



Student group seeks diversity in STEM

A new group known as IAMSTEM, short for Inclusive Advancement of Multicultural Students in STEM (science, technology, engineering and mathematics), has been formed to support students of color in those disciplines, where they are traditionally underrepresented.

IAMSTEM was founded in the fall when a student focus group revealed a need to support students of color at BSU who are pursuing degrees in the sciences and mathematics, said Nnemdi Azubuko, president of the group. She added that IAMSTEM's priorities are ensuring "access to opportunities and resources" on campus and beyond.

The group's members hope they've found a way to help address these issues. The dozen or so mathematics and science majors gather weekly and work on a number of fronts. The meetings give them a chance to discuss their schoolwork, listen to presentations, and strategize about outreach opportunities on campus and in local communities.

Dr. Thomas Kling, of the Department of Physics, is the group's adviser, and he immediately saw many ways the group



Members of IAMSTEM include (standing, from left) Nelson Robles, Tshani Williams-Core, Chris Laguerre, Berlinda Batista, Aliena Gomes, Samora Cardoso Lopes and Obeng Serebour, and (seated, from left) Darla Fils, Brenda Terrero, Abi Newell and Nnemdi Azubuko, president of the group.

could have an impact. "I was really excited that Nnemdi came forward with this idea," he said. "We've seen an increase in students of color in the past few years but did not have any way to connect with these students as a group. Also, we have a lot of freshmen and sophomores, and those years are really hard. Having a group like this that can support students in those early years can be particularly helpful."

Some of the group's members recall being the only student of color in a given STEM class. Coming together with others of similar backgrounds and experiences is helpful, said Darla Fila, a Boston resident and first-year biology major. "I came to this group because I feel comfortable," she said. "There are not a lot of STEM people I know."

Alumna sets state high school coaching record

When the girls basketball team at Oliver Ames High School in Easton defeated Wrentham's King Philip Regional High School on January 26, the win had special significance for the longtime coach of the Tigers, Elaine "Laney" Clement-Holbrook, '75, G'81.

The home court victory was Ms. Clement-Holbrook's 634th career win, making her the girls high school basketball coach with the most wins in Massachusetts history. The record was previously held by another Bridgewater State alumna, the late Vi Goodnow, '58, who coached at Frontier Regional High School in South Deerfield.

"It was a really happy moment," said the new record holder, recalling the hugs from her players and the rousing cheers from spectators – many with signs reading "634."

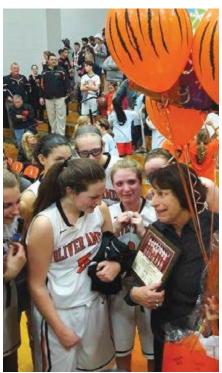
The milestone was the latest achievement in a 40-year varsity coaching career that has seen Ms. Clement-Holbrook lead OAHS to 17 Hockomock League titles and two state championships.

"Her success is built on passion and commitment," said Bill Matthews, athletic director at OAHS. "She loves the game, and she loves working with the team. She continues to learn and grow with the game as it changes."

"It's a little surreal," Ms. Clement-Holbrook said of the attention, noting that her focus remains on the team.

She said the recent milestone caused her to reflect on how grateful she is to have been at Bridgewater State at a time when the institution was helping lead the way in promoting parity for female athletes. "Bridgewater was at the forefront for women and sports," said Ms. Clement-Holbrook, who is a member of BSU's Athletic Hall of Fame.

Also a longtime teacher at OAHS, she retired in 2011 but still teaches part time and said she has no plans to quit coaching. "I love being with the kids, and I love to see them empower themselves," Ms. Clement-Holbrook said, "and to be able to learn about success as well as failure – because that's going to lead them to be successful adults."



Easton's Oliver Ames High School girls basketball team congratulates their coach, Elaine "Laney" Clement-Holbrook, '75, G'81, after her 634th victory, a new state record.

Photo courtesy of John Siscoe



BSU professors Kerima Lewis and Charles Cox stop at the entrance to Bridgewater State Hospital after presenting their lectures to the patients inside.

Adjunct faculty bring black history to Bridgewater State Hospital

Inside the small library of Bridgewater State Hospital on a Friday afternoon in February, a dozen or so men gathered to listen to lectures about Black History Month by Charles Cox and Kerima Lewis, adjunct faculty in BSU's Department of History.

It was the second consecutive year the two spoke about black history at the hospital. Both believe this kind of outreach is part of being an academic.

"To realize at this point in my life that there are people whose lives you can impact positively is a wonderful thing," said Professor Cox, a Virginia native who's been teaching at BSU for more than 25 years. "This lets the school do what Horace Mann intended it to do."

This visit to Bridgewater State Hospital was his third. Professor Cox regularly lectures at Wyatt Detention Facility in his home state of Rhode Island.

Professor Lewis partly focuses on African-American history of the Colonial era. Last year, she introduced the hospital audience to Lucy Prince of Deerfield, who was the first African-American woman to write poetry – predating the more well-known Phillis Wheatley. This year, her talk focused on the great number of African-Americans who helped the colonists in the Revolutionary War.

"Being a historian goes beyond the academics. It's also about sharing this information with the community," said Professor Lewis, who has lectured at churches, nursing homes and historical societies from Massachusetts to Iowa.

Both professors draw on engaging teaching styles to connect with the audience, which responded with questions and observations. Professor Lewis mixes occasional bits of humor in her history lessons, while Professor Cox has a gift for storytelling.

The patients, who are committed to the hospital under state law, are generally eager to hear from visitors, something both professors appreciate.

The lectures are important for many reasons, said James Rioux, '01, director of programs and classification at Bridge-water State Hospital. "The department is committed to reducing recidivism through these types of pro-social programs," he said. "It also sends the message that 'you have not been forgotten.' It shows the community still cares."

Programs like these serve as a bridge with the community; after all, Mr. Rioux points out, many of those inside will one day be released. "It behooves us to invest in their development," he said. "This is just one way we can reach them."

Professors Cox and Lewis say they look forward to returning to the small library inside the state hospital to share more of their knowledge. "I enjoy this community work," Professor Lewis said.

ICEI student finds his calling spinning tunes at WBIM

If it's Monday morning and the sounds of classic rock are booming out of a window somewhere on campus, there's a good chance Sean Meehan is behind it.

An on-air personality at BSU's radio station, WBIM-FM, Sean kicks off each week with Monday Fun Day, from 9 to $11\,_{AM}$, spinning a variety of music, often guided by a theme of his own choosing. A recent shift found him in the middle of a mini-marathon of The Who's music. Between songs, he shared with his listeners a bit of The Who's history and his own thoughts about the band. "I've had an ear for music my whole life," he said.

Sean came to BSU last year thanks to the institution's participation in the statewide Inclusive Concurrent Enrollment Initiative program (ICEI), which serves students 18 to 22 years old who have completed high school and have some level of cognitive difficulties.

It's Sean's second year at WBIM. He took the initiative last year to learn about getting involved with the station. "When they mentioned internships, my first question was, 'Where do I sign up?" he said.

In person, Sean demonstrates the sense of humor that often comes through during his broadcasts. But, he's serious about what he's doing. "I really like playing a variety of music, and there's a chance to talk on the air and tell people what's going on around campus," he said. Watching him in this environment, it becomes clear that this young man has found his calling.



Zachary Chipman, career and job specialist with the ICEI program, meets weekly with Sean to discuss the show, with an eye to one day helping the burgeoning DJ to get a job in the field. "He really went from wanting to know everything about the station and the equipment to being more involved, and now he's working on being more comfortable on the mic," Mr. Chipman said.

Sean agrees. "I wouldn't miss an experience like this for the world." \blacksquare

Remembering their service

BY DAVID K. WILSON, '71

Throughout the course of Bridgewater State University's history, it has counted among its champions many men and women who have made a lasting impact on its quality and character. Through their devotion and service, they made BSU profoundly stronger in every respect. Among those esteemed ranks stand several lost to us in recent months.

Terry Hart Cogan, '51

"I want to see Bridgewater shine, not only as a fine regional college but as one of the best in the country," said Mary (Terry) Hart Cogan, '51, in 1992, shortly after announcing at spring commencement that she would donate \$1 million – at that time, the largest single gift ever received by BSU – to help the institution acquire 50 acres of land adjacent to the campus. Six years later, she made a second gift of the same amount to the annual fund.



As important as her generosity was to her alma mater, so too was her extraordinary commitment of time and energy. She served four terms as chairperson of the annual fund drive and was appointed a trustee of both the Bridgewater State University Foundation and the university's Board of Trustees.

Ms. Cogan, who passed away in December at age 87, was always quick to point out that her involvement with the university came only later in her very active life. "I had been away from the university for many years, raising four children, having a career and being active with a number of volunteer and charitable organizations," she said several years ago. "It wasn't until I came back for my 40th reunion in 1991 and was pleasantly surprised to see how much Bridgewater had changed that I began to take an interest again. Then I met Dr. Adrian Tinsley, the new president, and after talking with her at length, I said to myself, 'This is a person who knows where she wants to take this institution. She has a plan, and I like it.'"

At the 1999 spring commencement, a grateful university community awarded her an honorary Doctor of Public Service degree, which read in part, "Mary Hart Cogan, benefactor of your alma mater, civic-minded supporter of responsible and compassionate government, volunteer in community activities, devoted and generous patron of the arts and strong advocate for women in leadership positions, you have lived your life in service to others, carrying out daily the ideals and values expressed in our motto, 'Not to Be Ministered Unto but to Minister.'"

As she often said, her family history and background offered no early signs of such achievements. "I grew up on Cape Cod with my sister Margaret (also Class of 1951) and a brother. My father, Walter, owned a plumbing business, and my mother, Marie, was a volunteer in community activities. Love and warmth were abundant, even if, because of the Depression years, money was not."

Her devotion to her parents was evident when, in 1992, she was given the opportunity to name an academic building on the East Campus, and she chose to call it Marie and Walter Hart Hall.

David L. Flynn, '58

While their years at Bridgewater State did not overlap, Ms. Cogan and David Flynn, '58, shared common elements beyond their decades-long service to the university.

Active in the Democratic Party, both were high-level operatives for President Jimmy Carter's 1980 re-election bid; Ms. Cogan as Massachusetts' field operations manager and Mr. Flynn as statewide campaign chairman.



For Mr. Flynn (pictured here with his wife, Barbara), what would become nearly 60 years in public service began in 1957 while he was still a Bridgewater State student and was elected to the recreation commission for his hometown of Bridgewater. By then he was a U.S. Navy veteran, a husband and a father.

Over the next half century, he was elected to numerous town positions, serving as a selectman, assessor, overseer of public welfare and moderator at various times over five decades.

Bryan Marquand of *The Boston Globe* summarized Mr. Flynn's life after his passing in December at age 82. "During a swearing-in ceremony at the Statehouse in 1999, David L. Flynn spoke for a moment to the new lawmakers. Like them, he had been elected two months earlier, but this wasn't his first time as a freshman member of the House," wrote Mr. Marquand. "He initially attracted notice on Beacon Hill in the mid-1960s as one of the so-called Young Turks, a group of reform-minded House Democrats who included future governor Michael S. Dukakis. With perspective forged through decades of public service, Mr. Flynn said: 'We must ask ourselves four questions: Were we people of courage? Were we people of justice? Were we people of integrity? And were we people who possessed the dedication to serve the public good?'"

Mr. Flynn's tenure in the House would span six terms. By the time he retired in 2011, he held the title "Dean of the House," accorded to the longest-serving member.

His alma mater was a major beneficiary of his government career, as Mr. Flynn played a pivotal role in securing funding for every campus building constructed between the mid-1960s and the early 2000s. Further, he worked tirelessly to help the institution gain university status in 2010.

The combination of his efforts – and those of his brother, Peter, '61, who also served as a state representative and as chairman of BSU's board of trustees – were crucial to the development of BSU's modern campus. In 1990, former President Adrian Tinsley recommended that the Tillinghast Hall dining commons be named for the brothers as a measure of the university's gratitude.

Former Governor Michael Dukakis, in whose administration Mr. Flynn served as deputy secretary of administration and finance, told *The Boston Globe* that Mr. Flynn "loved public service. He loved what he was doing. David was a great leader at the community level, as well as being great in the legislature. And he had an enthusiasm for the task. David was always up and raring to go." At an October 2011 retirement party for Mr. Flynn, Mr. Dukakis was the featured speaker.

Speaking about Mr. Flynn's home in Bridgewater, his brother told *The Boston Globe*, "That house was Grand Central Station, always open to his constituents, his friends, to everybody. He had a way about him that attracted people to him. He had a sincere interest in what was going on in your life, and he wanted to know all about it. Wherever he went, he made friends, and he kept them for a lifetime."

Dr. Walter Adamson, former executive vice president of Bridgewater State and later a long-term professor in the Department of Political Science, passed away at age 99 in North Carolina on December 30.

According to his family, "While at Bridgewater, he also developed the public administration and international relations components of its newly formed Department of Political Science. In all the positions he held, Walter enjoyed professional challenges, thrived on the creativity required to meet them and relished adapting to a diversity of cultures. Yet, the fact that he both began and finished his career with students in the classroom is telling; it was a passion he would pursue even upon retiring to Asheville, North Carolina, in 1987."

Dr. Adamson joined the BSU faculty in 1972 after a distinguished career, first in the U.S. Navy and then in a variety of posts for the government in diplomatic and educational positions in South America.

Dr. Gerald J. Doiron professor emeritus of history,

died November 5 at age 86.

He joined the faculty of then Bridgewater State Teachers College in 1959 as a member of the Department of History and was appointed full professor in 1973. He served as department chairman from 1987 until his retirement in 1997 after 38 years on the faculty.

A native of Maine, Dr. Doiron attended the University of



Maine for two years before joining the U.S. Navy for four years during the Korean War, after which he returned to the university and received his bachelor's degree in 1957. He earned a Master of Arts in history from the University of Rhode Island in 1959 and a PhD from Boston University in 1971.

While at Bridgewater State, he served on the faculty council; was chairman of the curriculum committee from 1973 to 1977, a period when major changes were made to the curriculum; and was president of the BSU chapter of the American Association of University Professors from 1973 to 1978.

Dr. Doiron was initiated into the History Honors Society Phi Alpha Theta, Alpha Omega Chapter, at the University of Rhode Island and was a member of the Political Science Honor Society Pi Sigma Alpha.

He initiated a chapter of the history honor society at Bridgewater State in 1966, serving as faculty adviser until 1994, and helped to establish a chapter of the political science honor society as well.

Dr. Walter M. Hewitson, professor emeritus in the Department of Biological Sciences, died January 31 at age 82.

Raised and educated in New Jersey, he received his bachelor's degree from Miami University, Ohio; master's degree from Cornell University; and doctorate in botany from Washington University in St. Louis.

He was a member of the BSU faculty for 30 years and was honored in 1997 with the Dr. V. James DiNardo Award for Excellence in Teaching, the highest award presented to a member of the faculty.

Following his retirement, he continued to use his knowledge of botany to work as a wetlands delineation consultant and served on the Bridgewater Conservation Commission.

Dr. Frank J. Hilferty, '42,

founding dean of Bridgewater State's graduate school, passed away in December at age 95. Just a few weeks earlier, he had led a group of dignitaries attending the 50th anniversary celebration of the Catholic Center.

Dr. Hilferty was recognized during the celebration for his landmark role in persuading Cardinal Richard Cushing to build a Catholic chapel on campus.



Raised by a single mother – he was just five years old when his father, Thomas, was struck and killed by a hit-and-run driver, leaving behind a wife and three small children – Dr. Hilferty grew up in Medway and graduated from Millis High School. After graduating from Bridgewater State Teachers College in 1942, he taught high school science and returned to Bridgewater State in 1954 to teach biology. He was appointed department chairman, director of the Division of Natural Sciences, and then dean of the graduate school. He retired in 1981.

Michael Makokian, professor emeritus of mathmatics, passed away on December 5 at age 85. A member of the faculty for more than 40 years, Professor Makokian was living in Rhode Island at the time of his death.



Dr. Francine Quaglio

emerita faculty member of the Department of Philosophy, passed away on December 11. Born in Garfield, New Jersey, she graduated from Douglass College of Rutgers University and earned a PhD in philosophy and theology at Drew University. She taught at Christian Brothers College in Memphis before becoming a member of the Bridgewater State University faculty for 22 years. She was recognized as a superb

scholar and a gifted instructor who was a frequent contributor to the faculty magazine, *Bridgewater Review*. She is survived by her partner, Professor Emerita Lois Poule of the Department of English.

What is, what is not what might be

Undergraduate research taps into students' visions

BY KAREN AUDE BOOTH

It is all about the vision. And the passion, the curiosity, the unknown. Going where no one before has gone. It's a willingness to challenge assumptions, work hard and focus.

Each year, hundreds of BSU students embrace their vision and find their passion through participation in Bridgewater State University's robust undergraduate research program. The statistics speak for themselves. Dr. Jenny Shanahan, director of undergraduate research, said, "The Council on Undergraduate Research (CUR), a national organization, recently honored the university as one of 57 institutions of higher education – among 900 CUR member institutions – as 'leading the way' in undergraduate research." For the record, that places BSU in the top 6 percent of institutions offering undergraduate research programs in the country.

Dr. Shanahan cited several reasons why the university deserves the accolade. "In 2016, Bridgewater students had a 100 percent acceptance rate to CUR's National Conference on Undergraduate Research," she said, noting that this percentage, again, is well above the national average. Additionally, she said, "In the last six years, Bridgewater has had at least one student selected for the most competitive student-research venue in the United States – Posters on the Hill in Washington, D.C., placing BSU students among the top 8 percent of student researchers in the country. And twice in recent years, two Bridgewater students have been selected in the same year – an extraordinary achievement."

In 2002, 33 students participated in undergraduate research at BSU. Last year, that number topped 1,736. Of those, 24 percent were students of color, 50 percent were first in their families to attend college, and 40 percent were from low-income families. Unlike other institutions that focus primarily on the sciences, BSU faculty – 193 in total – from every department took part in the program.

What makes BSU so successful lies in its core philosophy, beginning with the institution's commitment to excellence

"Too many institutions focus on offering undergraduate research only to the A students. They operate under the assumption that only high achievers will be successful. What we've done at BSU is reject commonly held assumptions about who can conduct research."

-DR. JENNY SHANAHAN director of undergraduate research

and including its focus on ensuring success for students of all ages and backgrounds.

According to George Kuh, founder of the National Survey of Student Engagement, undergraduate research is the single biggest factor in student success and is commonly recognized as a significant and life-changing practice. Most universities acknowledge this finding and recognize that collaborating with faculty on scholarly projects is one of the most valuable experiences students can have in college. However, said Dr. Shanahan, "Too many institutions focus on offering undergraduate research only to the A students. They operate under the assumption that only high achievers will be successful. What we've done at BSU is reject commonly held assumptions about who can conduct research."

BSU's commitment to ensuring success for all students means exactly that: opening up all high-impact practices to all students. Success in research does not necessarily equate with overall grade point average. "With our students," Dr. Shanahan added, "work ethic is key. Our students work more hours



outside the classroom than the national average. They are used to diving in, taking risks and asking questions. They have the interest and the drive. That's a huge part of our success.

"Faculty's commitment to student success is another invaluable factor. Faculty enjoy the mentor-mentee relationship and the shared thrill of discovery when a student comes to an understanding of an issue for the first time. They encourage the questions and acknowledge that students often add a dimension to a study that might not have occurred otherwise. The research not only benefits from having multiple perspectives, the experience itself changes lives."

This is all consistent with BSU's commitment to transforming lives. The number of students participating in undergraduate research and the richness and complexities of their scholarly projects attest to that simple fact.

The four students highlighted on the following pages each received a summer grant from the Adrian Tinsley Program for Undergraduate Research (ATP). They all expressed their gratitude for the opportunities the grant funding allowed them.

BY THE NUMBERS Undergraduate Research

33 vs. 1,736

Number of BSU students who took part in undergraduate research in 2002 compared with 2015

Percent of BSU students who applied and were accepted to the Council on Undergraduate Research's National Conference on Undergraduate Research in 2016, well above the national average

Percentages, respectively, of students of color; first in their families to attend college; and from low-income families who took part in undergraduate research in 2015

Number of BSU faculty (representing each department) who participated in the program in 2015

\$4.000

Amount available to individual students through the Adrian Tinsley Program for Undergraduate Research and Creative Work Summer Grants to help students conduct in-depth research or creative work for 10 weeks in the summer

000.000

Number of downloads from around the world (as of September 2015) of student articles published in The Undergraduate Review, an annual publication that showcases BSU student research and creative work done as part of a class or under mentorship of faculty



JULIANNE HOOPER, '16 DALIZA CARDOZA, '16

Engaging middle school students in hands-on research

It's no surprise that breathing diesel exhaust is hazardous to one's health. Just how hazardous depends on who you are and where you live. Women, children and people in urban areas are among the most vulnerable; children face the highest risks.

To explore the issue, Julianne Hooper (above, left), a social work major with an interest in sustainability, partnered with DaLiza Cardoza (above, right), a chemistry major with an interest in social justice. With complementary areas of expertise, they decided to measure the exposure to diesel exhaust experienced by children living in urban areas.

"Children are more likely to develop cardiovascular and respiratory illnesses when exposed to the particulate matter released into the air from diesel exhaust," said Julianne. "We wanted to help children understand the dangers of diesel emissions and to find a way for them to measure their own exposure."

DaLiza evaluated existing sensors. "We needed something simple enough for middle school children to use; accessible and preferably wearable; durable with a long battery life; and able to withstand variable weather conditions," she said. "We also wanted a sensor that would connect to a smartphone and measure data in real time."

DaLiza found three sensors that, in one way or another, fit the bill. Thanks to a grant from the United States Environmental Protection Agency, the pair has purchased sensors to distribute to middle school children in their pilot program.

"By measuring particulate matter from diesel, students will be able to make decisions about, for example, which route to walk to school or what playground to frequent based on air quality," said Julianne.

Most importantly, children will learn firsthand how air quality affects their health. And that's the first step toward understanding the importance of protecting the environment.

Julianne and DaLiza's work is generating interest among professionals. They shared their research at the American Chemical Society National Conference in San Diego in March, and, in April, Julianne took part in the National Conference on Undergraduate Research in Asheville, North Carolina.

"Undergraduate research is the best way to engage students in their own learning," said Dr. Edward Brush, a professor in the Department of Chemical Sciences and mentor to Julianne and DaLiza. "The greatest thing for me was watching them grow from the initial stages of their project into independent scholars." So much of our formative years are shaped by our families and the communities in which we live. Dance, for example, is typically thought of as a female pursuit. Male dancers are in the minority; black male dancers, even more so.

AARON ROBERTS, '16

Masculinity and dance

Aaron Roberts, a dance major, said, "When I was growing up, I was not encouraged to dance precisely because so many people view it as a feminine activity."

"I did what I could to fit in," he said, and gave up dancing at a young age. But now, as a young adult, Aaron has rekindled his passion, and for his undergraduate research project, he turned to dance to examine the topic of masculinity. "My research was very much a personal exploration," he said. "I came to understand that masculinity is a fluid idea."

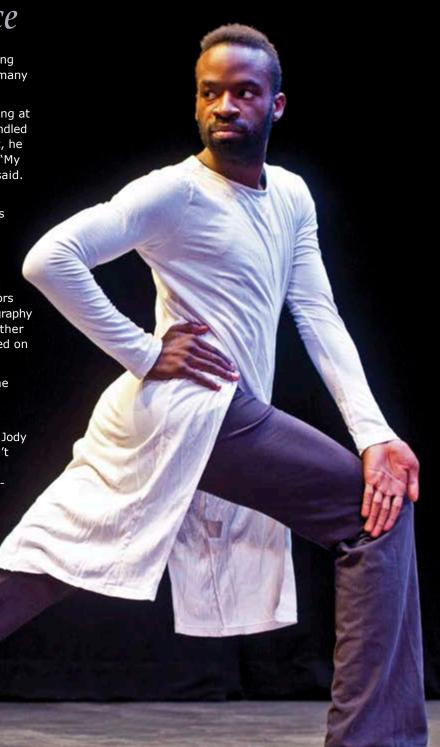
As part of his research, Aaron participated in the Bates Dance Festival at Bates College in Lewiston, Maine. He studied with choreographer David Parker, who helped Aaron shape what he wanted to say.

The result was a three-minute solo dance performance, titled "The Trouble with Masculinity." As part of his honors thesis, he plans to add several more pieces of his choreography involving BSU's concert dance ensemble, as well as other dancers. The final piece, "Conversations," was performed on campus this spring.

Aaron also premiered an excerpt from his thesis at the Northeast Region American College Dance Association Conference, held in Brockport, New York, in March.

"Aaron has done outstanding work," said his mentor, Dr. Jody Weber, of the Department of Theater and Dance. "I can't stress enough how important undergraduate research grants are ... They open the door to very deep investigations that would otherwise be impossible to manage for undergraduates who work endless hours to get by.

"His ATP grant not only helps prepare him for graduate school, but also moves his creative capabilities to a profoundly richer place and gives him the competitive edge in a very challenging profession."



TAMARA STEVENS, '16

Undergraduate research, the humanities and social justice

Often, the confluence of unanticipated happenings can spark unforeseen opportunity.

Such was the case for English major Tamara Stevens, whose interest in social justice converged with her hearing, by chance, a radio broadcast on the African-American experience. This prompted Tamara to think more deeply about the national conversation brought about by the Black Lives Matter movement and nationwide protests against police violence.

It may have ended there – a deeply personal thought process about equality and justice – but for the invitation by Dr. Emily Field, one of Tamara's English professors, to pursue an undergraduate research project. "I decided to explore the black experience through poetry," said Tamara.

Dr. Field said, "Tamara had a real sense of the social justice mission of her project. Her literary look at representations between black men and police is unprecedented. She broke new ground and illustrated the role literary explorations can play in social justice work."

Tamara researched dozens of works, ultimately selecting 38 poems and 21 songs. She separated them into three poetic themes: masked, consciousness and topical.

"Masked poems have a double, or secondary, meaning," she said, "because poets were unable to write freely and needed to mask what they were trying to say. Some poets include Paul Laurence Dunbar, Gwendolyn Bennett and Langston Hughes.

"Consciousness poems mirror what was happening in the black arts and black power movements, and were designed to raise people's consciousness. Several poets include June Jordan, Audre Lorde, Sterling Brown and Gil Scott-Heron.

"Topical poems," said Tamara, "center around a contemporary event or a cultural happening, such as the Rodney King beating or Black Lives Matter. Some poets include David James Hudson, Ai, Lucille Clifton and Mendi Lewis Obadike."

Dr. Field said of undergraduate research, "I think students' experience of finding their own way through the material is the most important thing, especially in the humanities. Tamara had to make a whole archive of material, and that hadn't been done before. That kind of experience is empowering."





STEVE OIKARINEN, '16

CrossFit, safety and the American kettlebell swing

Steve Oikarinen's undergraduate research experience was more about process than results.

An athletic training major, he was interested in exploring if - and how - the body mechanics of experienced weightlifters differed from those of inexperienced weightlifters when performing the American-style kettlebell swing common to CrossFit training. His research was designed specifically to explore the correct position to perform the kettlebell swing so as to reduce spinal cord injuries, particularly to the lower back.

Dr. Tong Ching Tom Wu, assistant professor in the Department of Movement Arts, Health Promotion and Leisure Studies, and a staunch supporter of undergraduate research, was Steve's mentor. "Research is so important to a student's future," said Dr. Wu. "Graduate school is not just about the GPA; it's about scholarship. Steve has done outstanding work."

"This was my first major research project," said Steve, "and it was a tremendous learning experience. Afterward, I realized many things I could have done differently. I could have tightened up my selection criteria and, thus, done a better job of creating a clear distinction between my two subject groups. And I should have looked at what type of training programs my weightlifters actually followed or gained the majority of their experience in, because that might have helped differentiate the groups. I then could have measured what, if any, difference that would have made to the study."

Steve found no statistical differences between his two subject groups when measuring for spine displacement, angular velocity or angle of acceleration. He did, however, end up with new ways to investigate research and said he found the whole experience "extremely rewarding."

Ultimately, Steve's goal is to earn his doctorate in physical therapy. "I want to look at people's movement or dysfunction, help them regain control of their bodies," he said, "so they can do all the activities they want or need to do."



A lourney

WE LIVE IN a highly goal-oriented society, peopled by overextended, stressed individuals increasingly challenged by the day-to-day chaos of their lives. Students strive to earn As; employees long for promotions; athletes play to win. Goals, however, often elude even the most talented. The student earns a B; the employee is skipped over; the opposing team wins. And so it goes. Relieving the inevitable stress that comes with such challenges then becomes the ever-elusive goal. Some may seek a runner's high to unwind; others may choose to soothe themselves with music, a walk in the garden or a quiet moment alone.

However, when it comes to relieving stress, Dr. Michelle Mamberg, associate professor of psychology at BSU, was dissatisfied with common relaxation techniques, each stating a specific goal. But, Dr. Mamberg felt that the focus on the goal itself missed the mark. Instead, she focuses on the process when she instructs students in Mindfulness-Based Stress Reduction (MBSR), which teaches "attention-focusing practices to foster present-moment, non-judgmental awareness."

Trained as an MBSR instructor at the UMass Medical School Center for Mindfulness, Dr. Mamberg, a clinical psychologist, teaches the eight-week MBSR undergraduate and graduate courses at BSU and conducts community workshops for professionals. She cautions her students "to carefully define the term 'mindfulness,' lest we simply call relaxation by a hip new name."

"MBSR is inherently about awareness of direct experience," she said. "Yes, students tend to come into the course with a goal in mind. Perhaps they want to feel less anxious or distracted. But at some point in the process, their intentions shift from a goal orientation to the practice of mindfulness for its own sake.

Taking part in Dr. Michelle Mamberg's class, Megan Murray, '13, a graduate student in the psychology program, begins her session with mindful movements.

into being

The benefits of mindfulness practice can only develop if the practitioner is fully present in the process and manages to let go of some future goal."

Learning to be fully in the present moment, said Dr. Mamberg, "takes time to cultivate. It's only through direct experience of mindfulness practices that participants shift from striving toward some state to being fully here, now." This is why Dr. Mamberg's course is a hands-on exploration into being, not doing. It's not a trek from A to B; it's a journey.

When guiding students in the process of becoming more fully aware, Dr. Mamberg begins with the "body scan," a technique encouraging practitioners to develop a "nonjudgmental familiarity with and acceptance of one's own body." Stripped down to its bare essentials, the body scan is quite simple. Dr. Mamberg uses language deliberately, first to establish inclusivity (we vs. you), and, second, to encourage practitioners to feel less identified with bodily states (the *act of* breathing, not *your* breathing). Words suggestive of the journey (shifting) replace an overt directive (now shift to).

"The idea," said Dr. Mamberg, "is to simply observe any sensations throughout the body, not to do anything with them, but to be fully present, experiencing the warmth, the coolness or whatever arises – just bringing a nonjudgmental awareness to the present experience."

Alex Schubert, G'13, graduated with a Master of Arts in clinical psychology. He is a therapist specializing in mindfulness-based interventions and said Dr. Mamberg's MBSR class was critical to his professional evolution. "I had been practicing mindfulness meditation on my own but had learned it in a fairly unstructured way. The class brought a systematic, research-driven framework, which, in turn, enhanced my practice and my ability to be compassionate toward myself."

Dr. Mamberg emphasized that mindfulness practices differ from the more cliché objectives to achieve happiness. Perhaps it is the goal-centric act of "achieving" that she rejects, or the underlying tenet that self-awareness need not be taught, but rather is revealed by the very process of silently observing habits of the mind.

MBSR is fluid, with its own ebb and flow, a process stripped of ego and devoid of language. It is experiencing it and knowing it. In Dr. Mamberg's words, "MBSR is a way of being."



She acknowledges that this way of being does use some techniques. "Sitting practice, gentle yoga, the body scan or walking meditation all share elements of focusing and shifting attention," she said. "The student is taught to direct awareness to an anchor, the breath, for example, to allow thoughts to recede into the background. However, MBSR practices are a scaffolding to help cultivate an awareness of being alive.

"For example, if you have been mistreated or marginalized, of course you'll feel indignant, angry, depressed or rejected," said Dr. Mamberg. "When practicing mindfulness, you develop a capacity to meet even difficult feelings fully. This provides a more intentional ability to address what's not going well. It empowers people to engage in their lives, make better choices."

Dr. Mamberg explains that while MBSR is secular, "it's philosophically grounded in Buddhist psychological principles. We examine the mind to better recognize ways we cling to or push away experience. Those habits of grasping and aversion increase suffering and inhibit self-acceptance.

"MBSR is a very challenging class," she said. "Students use words like 'transformational' when they describe their experience at the completion of the course. I have observed students become better able to direct their attention, whether during an exam or in their writing. I see improved performance and increased empathy.

"This is very important to me as a psychology professor. Our graduate students will become psychotherapists, so their ability to focus, to flexibly shift attention and, most importantly, to cultivate compassion, is critical in their chosen profession."

Mr. Schubert credits Dr. Mamberg with helping him develop a better understanding of the subject, "which is integral to what I do now," he said. "She taught me how to view and understand mindfulness in a fuller and more scientific way, allowing me to take what I already knew and expand on it. Her support during my last year of graduate school was particularly meaningful, helping me to develop my skills and my confidence.

"My study of mindfulness and my work with Dr. Mamberg," said Mr. Schubert, "has greatly benefited not only the clients I work with, but myself as well."



It's a typical afternoon inside the third-floor biology lab. Dr. Joseph Seggio, assistant professor in the Department of Biological Sciences, is working closely with two student researchers, searching for answers in blood samples and testing hypotheses.

On this day, they are measuring the effects of alcohol and a high-fat diet on the leptin levels of laboratory mice. Leptin relates directly to the sensations of hunger and fullness; too much or too little results in weight changes that may help explain similar problems in humans.

"I like the problem-solving aspect of this," said Nicole Arruda, '17, a biology major. Her years in the biology lab working with Dr. Seggio have shaped her career aspirations. "I never knew if I wanted to go the medical route or into research," Nicole said. Now she knows it's research all the way. This summer, she'll be an intern at Stanford University in a similar lab before returning to BSU for her senior year.

As a mentor, Dr. Seggio juggles several research projects at any given time, which is great news for his students, who not only get to work on various experiments, but also often share in the publication of the results.

Work like this that extends beyond the traditional classroom is most meaningful to today's students, Dr. Seggio said. "The research experience of starting a project, seeing it through to completion and then presenting a paper, that's what will benefit students the most," he said.

Each semester, Dr. Seggio works with five or six students who have committed to at least three semesters of lab research. They have their choice of several projects operating in the lab simultaneously, all in the area of behavioral neuroscience, Dr. Seggio's area of interest. Particularly, his work centers on circadian disruption, or things that interrupt regular sleeping patterns. "Anytime you mess up that clock, it's going to mess up your system," he said.

Dr. Seggio and his students are currently studying the effects of jet lag on Type 2 diabetics and the effects of drinking alcohol on blood glucose levels. "I try to produce projects that address important questions," he said.

Measuring the leptin levels of mice as part of their research are (from left) Nicole Arruda, '17, and Jasmin Hicks, '16.

Jasmin Hicks, '16, works with Dr. Seggio, and likes this kind of research because it relates to human health. With funding from the Adrian Tinsley Program for Undergraduate Research, last summer she worked on another project that studied the effects of a high-fat diet on mice. She, Dr. Seggio and other students involved with the project recently published a paper, titled "6-h advances alter circadian activity patterns, fasting glucose and insulin levels in C57BL6/J mice."

"I've gained many valuable experiences in Dr. Seggio's lab," said Jasmin, who has parlayed her years of research into offers from several PhD programs. Among them is Colorado State University's doctoral program in molecular-cellular and integrative neuroscience, whose administrators interviewed her in February.

This kind of student success begins in the classroom and lab, but is augmented by the opportunities Dr. Seggio gives his research students to undertake the types of projects usually reserved for master's and doctoral candidates. He often allows his students to design, coordinate and manage their own research projects, and when the results arrive, they have a chance to attend conferences and present their findings. They also often see their work published in peer-reviewed journals.

Dr. Seggio and his students are especially proud of an experiment that tests the physiological impacts of manipulating sleep cycles in mice through strategic use of darkness and light in a way that simulates jet lag. They found this led to elevated blood glucose levels in the mice, as well as other temporary biological changes.

If insulin production is impacted by jet lag, this may transfer to humans and have real importance for Type 2 diabetics.

"I was a little bit surprised," Dr. Seggio said of this finding. "We're thinking that the levels of glucose were elevated due to the stress of the light-dark change, and insulin was released due to that."

Other areas Dr. Seggio and his team are investigating involve how night-shift work, alcohol intake and exercise affect glucose levels and body weight. Any hypothesis involving the circadian clock, alcohol consumption or obesity is right in Dr. Seggio's wheelhouse. "I like to make a nice triangle of these," he said. "In short, I'm looking for the simple question with a simple answer," he said.

If he can advance thinking in these areas in some way and help his students gain valuable experience at the same time, that's a winning combination, Dr. Seggio said.

For students like Jasmin, the research gives them insight into what their futures might hold, and looks great on their résumés. "The undergraduate research experience I have had, has without a doubt, contributed to my future academic and career goals," she said, adding that, ultimately, she hopes to follow in Dr. Seggio's footsteps. "My work in his class has not only helped me understand the dedication and drive needed to conduct research, but also has instilled in me the confidence to succeed."





Bolstered by an outpouring of community support and the rousing success of its inaugural presentation, *Seussical*, the Family Performing Arts Center (FPAC) at Bridgewater State University is well into production of its second major performance, *Beauty and the Beast*, which will be staged in July.

More than 6,000 attended *Seussical* performances in January, shattering attendance records for performing arts at the university. FPAC's offerings range from fully realized musical productions like *Seussical* and *Beauty and the Beast*, mounted by professional talent infused by BSU performing arts alumni, to presentations by well-known entertainers, such as Lindsay & Her Puppet Pals, coming to campus May 21 and 22.

"We were successful in achieving our goal," said James Quinn, a professor in BSU's Department of Theater and Dance and FPAC's associate director, of the first production. "FPAC brought in families, brought our theater alumni back to campus and gave technical internships to our current students."

An initiative of President Frederick W. Clark Jr., Esq., '83, the directors of Arts for Youth at Bridgewater State University developed FPAC. Arts for Youth has provided educational arts programming for children and teens in the region for the past two decades. As with all Arts for Youth programs, FPAC is financially self-sustaining.

"This makes Bridgewater State University a cultural hub for the Southeastern Massachusetts community," said President Frederick Clark. "FPAC shares and celebrates the magic of the performing arts."

The *Beauty and the Beast* cast of 30 has been selected and is embarking upon a rigorous eight-week rehearsal schedule for the July 8-10 and 15-17 performances. "Staging *Beauty and the Beast* is exciting," said Dr. Colleen Rua, FPAC's artistic director. "When it was announced at *Seussical*, there was an audible reaction from the audience. People are very excited because they know it and love it."

Much like *Seussical*, *Beauty and the Beast* is very visual, and the cast and crew of FPAC will make the event an overall experience for the audience – "not just a show," Professor Quinn said. "People get a sense and feeling for the show before it even begins." Both Dr. Rua and Professor Quinn have appeared in past productions of *Beauty and the Beast*.

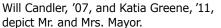
At the conclusion of *Seussical*, the cast exited the Rondileau Campus Center stage directly into the audience for photos with children and to sign autographs. The 1,300-seat auditorium in the Rondileau Campus Center will also be the venue for *Beauty and the Beast*.

Many FPAC actors and production staff are Bridgewater State University theater alumni. "Everyone is a professional. It is important to honor their work," Professor Quinn said.



Performing in *Seussical* are (from left) Emily Buckley, '11, as Gertrude; Alex Sweeney as Mayzie; and Stephanie Blood, '13; Helen Lee; and Sarah LaFlamme as the Bird Girls.







Alex Boyle plays Horton.

"It is an important and successful collection of alumni participation," said Professor Quinn. "They were happy they were back here working with each other and making connections. They had so much in common ... the atmosphere was very collegial and nice, which is a big plus."

BSU students working on FPAC productions are meeting alumni who are professionals in the field. "That part of it was impressive," Professor Quinn said. "It just became a really cool part of the whole experience."

Professor Quinn and Dr. Rua are on the FPAC founding team that also includes Lisa Troy, producing director. Other FPAC staff, who are all faculty members in the performing arts at BSU, include Emmett Buhmann, technical consultant; Matthew

Greene, '01, G'06, publicity and marketing director; and Salil Sachdev and Jennifer Sarver, artistic associates.



From state government offices to federal bureaus, from nonprofit organizations in the nation's capital to corporations near and far, Bridgewater State University interns have demonstrated their value in the professional workplace.



A solid foundation BY KA

BSU ramps up support for student interns

But too often, internships are unpaid, and for many BSU students, some of whom are working two or three jobs to pay for an education, that's just not feasible. To help mitigate such challenges, President Frederick Clark has set a goal of establishing 1,000 paid internships. Two key developments are advancing the president's goal and increasing internship opportunities for the university's students.

First, funding through BSU's Foundation has increased significantly, thanks to business leaders, alumni and friends who sponsor the Chairmen's Dinner, the university's annual fundraiser to benefit student internships. Since 2013, these funds, combined with monies from the State University Internship Incentive Program, which are matched by BSU, have totaled a whopping \$1,393,504; to date, \$1,368,924 has been disbursed to students. The result: 1,508 undergraduate and graduate students, not including student teachers, have embraced life-changing internships.

Second, in an effort to better promote and manage internships, the university established the Internship Program Office and hired Diane Bell as director. Ms. Bell previously served nine years as director of BSU's Community Service Center, taking it from a fledgling operation to a thriving service organization with more than one-third of the student body participating in service projects nationwide. Ms. Bell welcomed the challenge of championing the university's internship program.

"An internship is more than field experience," said Ms. Bell. "For some students, it's their first professional job. They must dress differently; perhaps interact for the first time in a truly diverse setting. Maybe a project is due at 8 AM the next day, and they have to get it done. No excuses."

In addition to promoting internship opportunities to students through internship and job fairs held on campus in conjunction with Career Services, Ms. Bell conducts site visits to better familiarize herself with BSU's many partners and also networks with area businesses as she looks to add more and varied internship

opportunities. An immediate objective, she said, is to increase the number of businesses that participate in the annual internship fairs from the current 60-65 companies to between 100-125.

Joseph St. Laurent, '88, is president and chief science officer for Chemic Laboratories, Inc., a company he started in 1998 with fellow alumnus, Scott Goodrich, '89. Mr. St. Laurent is vice chairman of the BSU Foundation, supports the Chairmen's Dinner and is a staunch advocate of internships for students, especially in the sciences. "If students want to go into the sciences and have real-life experiences while in school, they're much more marketable when they graduate," he said.

"From a business perspective, it can take six to nine months to train someone. If a company can evaluate and train an intern over the course of a couple semesters or summers, there's a good likelihood that the intern could be hired," said Mr. St. Laurent, who speaks from experience, having employed several BSU interns over the years.

Bridgewater Savings Bank also has a solid history of working with BSU. James Lively, president and CEO, said he looks for students "with interpersonal skills who are able to assume responsibility for projects and work within a time frame toward a specific goal," indicating that he finds those qualities in BSU students.

While the experience is tremendously valuable to interns, businesses also benefit from the students' enthusiasm. "In our case," said Mr. Lively, "we are very interested in the views of young people from the financial services perspective."

"Internships also help students solidify or redirect their career goals," said Ms. Bell. "If a student is thinking about a career in the sciences, banking or any field, for that matter, getting hands-on experience is critical to figuring out if that choice is the right choice."

On the following pages, four BSU students offer a glimpse into their life-changing internship experiences. Each would encourage fellow students to seize the opportunity to participate in internships, not only to gain hands-on experience but also to position themselves well for the job market following graduation.

GuoLiang "Ivan" Zhang, '15, management major INTERNSHIP: U.S. Department of State, New York City

When asked to sum up his internship at the U.S. Department of State in New York City, GuoLiang "Ivan" Zhang said concisely, "eye-opening."

Mr. Zhang interned in the department's Bureau of Educational and Cultural Affairs. Its mission is "to increase mutual understanding between the people of the United States and the people of other countries ... through cultural exchanges."

His supervisor, Program Officer Linda Piccirilli, said, "Ivan helped with research, analyzed project data, created orientation packets for delegations and acted as youth representative for the U.S. Department of State with visiting delegations." It was a tall order and one Mr. Zhang embraced.

"I paid for my own education," he said. "Given the high cost of living in New York, I couldn't have accepted this internship without financial support. Thanks to BSU, I had the opportunity to learn firsthand how the U.S. government operates; I interacted with scholars, journalists, diplomats and entrepreneurs."

Mr. Zhang credits BSU for preparing him for success. "My concentration in global management helped me learn to communicate effectively with people from different cultural backgrounds ... I also better understood the context of global events, which helped me make more informed suggestions and conduct more in-depth research."

"Interns play an important role in our office," said Ms. Piccirilli. "They help maintain daily administrative and research tasks involved with our thousands of visitors ... also, the internship is an opportunity to introduce students to the experience of what it is like working for the U.S. Department of State."

Indeed, this internship did help shape Mr. Zhang's goal of becoming a foreign service officer, whose responsibilities, he said, "include protecting American citizens traveling overseas from harm. Prior to this internship, I never would have imagined this career as a possibility."



Kelli Richards, '15, early childhood education major INTERNSHIP: Youth Service America, Washington, D.C.

To say Kelli Richards took advantage of all Bridgewater State University had to offer is an understatement. She participated in five undergraduate research projects, gave several National Conference on Undergraduate Research presentations and traveled to China with Dr. Wing-kai To to research Chinese migrant education. She also completed internships at Jumpstart's national office in Boston and Youth Service America (YSA), a nonprofit company promoting service learning with the goal of developing "strong, diverse groups of inspired, civically engaged young people."

At YSA, Ms. Richards was tasked with developing community service opportunities for students from Taiwan. "My assignment was animal rights," she said. "I helped create an entire program and was responsible for the daily schedule of the 10 students in my group. The research skills I developed at BSU definitely helped."

Her supervisor, Senior Director of Education Scott Ganske, said, "Running the threeweek leadership academy was one of Kelli's biggest achievements. She taught the students valuable language, culture, service and leadership skills."

"For my second project," Ms. Richards said, "I contacted companies to talk about child development and show that students can start to participate in service learning early."

"Kelli created an infographic showing the development of empathy over the first 12 years of life," said Mr. Ganske. "We now use that to make the case that youth all over the world can make a difference, regardless of age."

Ms. Richards said her internship wouldn't have been possible without financial support from BSU. "I'd like to say, 'thank you for giving me the opportunity to work with a company that changes lives. Thank you for helping me bring service learning to early childhood;" she said. "Before my internship, I knew I wanted to make a difference, but didn't know how. This internship solidified it: I will create a service-learning classroom."





Devon West-Coates, '16, physics major INTERNSHIP: Plymouth Grating Laboratories, Carver

Plymouth Grating Laboratories (PGL) is a global optical lens manufacturer with the first and most efficient grating writing system, referred to as the NanoRuler II, developed at MIT.

While that might not mean anything to the average person, Devon West-Coates is well versed in various processes, having twice interned with PGL. He explained, "I'm in charge of a powerful scanning electron microscope that captures nano-scale images of glass gratings. I get a picture of nano cuts in large pieces of glass and compare them with customers' specifications. Our final product is a piece of glass with nano cuts that bend light when it hits the glass. Glass gratings are used in multiple applications in research, defense and science.

"I could not have accepted this incredible internship without funding from BSU," he said.

Eileen Smith, office manager, described Devon as "very enthusiastic with a great work ethic. He quickly learned to use a lot of equipment." She added, "There aren't too many high-tech companies on the South Shore. We approached Bridgewater about providing student interns. BSU was very interested, and from our perspective, Bridgewater's science department is so good, we've ended up hiring several students."

Devon credits his classes and professors with helping him succeed. "My studies in electricity and magnetism helped me at PGL; they are fundamental to understanding light and basic to my PGL work. I have also used my PGL experience in the classroom."

After graduation, Devon plans to attend graduate school to specialize in optics. "My biggest takeaway from my internship is a glimpse into a professional lab. I now know how a business works and how the production process works," he said. "I feel BSU and PGL have given me the confidence to succeed in any company."

Devon West-Coates, '16, (second from right) joins BSU alumni employed by PGL (from left) Tyler Holloway, '14; Leland Jones, '15; Scott Johnson, '13; Amanda Hunter, '13; and Mark Berube, '13, along with Dr. Thayaparan Paramanathan of BSU's Department of Physics.

Escarolyn Garcia, '15, communication studies major INTERNSHIP: The office of Senator Sonia Chang-Diaz, Boston



If you lived in Senator Sonia Chang-Diaz's 2nd Suffolk District in Massachusetts during summer 2015 and sought her help, your first contact in the senator's office was, most likely, BSU intern Escarolyn Garcia.

"Constituents who called needed help with anything from finding daycare to accessing resources to help pay bills to bigger problems, like being on the verge of homelessness," said Ms. Garcia, whose communication skills served her well during the internship. "I calmed the caller if needed," she said. "I took down all the details and passed the information on to the appropriate person in the senator's office."

Her supervisor, Jessie Zimmerer, legislative director and internship coordinator, said of Ms. Garcia, "Right off the bat, Escarolyn was exceptionally capable, a dynamic addi-

tion to the senator's office. She was bright and personable, and exhibited professionalism way beyond her years."

"My biggest impression was learning through experience the importance of being patient," said Ms. Garcia. "Some people were really upset. I had to understand that my main priority was to be sure their needs were met, and that gave me great satisfaction.

"Interning in the senator's office was a once-in-a-lifetime opportunity. The financial support of the university's internship program literally helped me get to and from the office."

She advises fellow students to "step out of your comfort zone. Do whatever you can to find an internship. You never know what will happen. In the end, it could mean a job."

BEAR Essentials:

From classroom casual to workplace ready

A casual conversation between Internship Director Diane Bell and her assistant, Juliana Horton, raised the topic of how many students lack professional attire.

That discussion resulted in BEAR Essentials, a clothes closet/dress for success "shop" in the Internship Program Office. Gently worn professional clothing is donated by faculty, staff and alumni, and offered at no cost to students in need of appropriate attire to wear to career fairs or to make that all-important first impression on a job or internship interview.

Jamaal Rodney-Bonnette, '16, a communications major, is a fan. "I learned about BEAR Essentials through Diane Bell. I found an amazing closet filled with professional clothing. I was in need of a suit when I received Diane's email, so the timing was great," he said. "Dressing for success made me feel very confident. I put that suit on and felt like I was the next Obama. The compliments only made my confidence grow."

Kayla Flaherty, '17, a double major in elementary education and English, agreed. "Knowing that these outfits are, in a sense, 'preapproved' by professionals in such areas as correct length and cut, and appropriate for all work settings, gave me a boost of confidence," she said.

The fact that the clothing is free was icing on the cake. "I pay for school mostly on my own, and finding the money to invest in a professional wardrobe is overwhelming. To know these donations are free is great," she said.





To donate or access clothing at BEAR Essentials, call the Internship Program Office at 508.531.2632.



Michael Verlezza, '14, used his Fulbright award by JOHN WINTERS, G'11 to study veterans' issues in Canada

IT WAS A BUSY YEAR for Michael Verlezza, who visited Canada to conduct research on veterans health issues, courtesy of a Fulbright U.S. Student Award.

Awarded the Fulbright in 2014 while an undergraduate, Mr. Verlezza is the first BSU student to have earned this honor since 1995. The award allowed him to focus on his research and not worry about having to support his growing family, he said, adding, "When you get a grant like this, and all you have to do is research, all of a sudden you have 12 extra hours a day."

The Attleboro resident put that time to good use. Working at Queens University in Kingston, Ontario, from September 2014 through this past August, Mr. Verlezza undertook a comparative analysis of the veterans' health care systems in Canada and the United States. The project included statistical tests to show that spending alone did not control veteran suicide rates in the United States, which led him to look at other factors, such as the ratio of Veterans Administration (V.A.) employees to veterans assisted, access to care and the effect that mission parameters (such as length and location of deployment) have on soldiers' mental health.

He came away believing that the United States needs to do more to support its veterans. "These are the continuing costs of war," he said.

The largest area of opportunity for improvement he found was in the number of Veterans Administration staff, where an increase would likely have a profound effect on the care and mental health of veterans. Closer proximity to V.A. services and the development of a more comprehensive exit plan for U.S. soldiers might prove to be key factors in helping veterans once they return to the home front.

"For the Canadian veteran, the last few months in the service is spent learning how to be a civilian again. That's not the case in the United States," Mr. Verlezza said. "Some U.S. vets have less than 36 hours of decompression time before they're back in street clothes."

The research project was inspired by Mr. Verlezza's own experience with the Veterans Administration. A veteran himself who served with the U.S. Army in Iraq, Kuwait and Qatar, he, at one point, needed medical care and saw up close the shortcomings in the current U.S. system.

The Fulbright U.S. Student Program is administered through the Department of State, with a goal of forging cross-border understanding.

Mr. Verlezza was a double major in economics and finance at BSU and a Commonwealth Honors student. Dr. Teresa King, director of the Honors Program and the Fulbright Program adviser, called the Fulbright "the flagship international educational exchange program of the United States."

While in Canada, Mr. Verlezza earned his master's degree in game theory at Queens University. His wife, Alice, who accompanied him, received a full scholarship at Queens University and obtained her master's degree in sociology there. Also a researcher, Ms. Verlezza examined attitudes in the United States toward maternity leave policies.

Mr. Verlezza's research led to a journal article, and he's working on his doctoral dissertation. Ideally, he would like to find a job in a field related to the work he did in Canada. He's hopeful his research and the work of others in the field may help change U.S. policy on veterans' care.

"People in academia are optimistic that it will help bring change," he said. "But I'm not sure if it's too big a problem or if there's a lack of political will. People say all the right things about veterans, but little changes."

Mr. Verlezza encourages BSU students to apply for the most prestigious awards available. "The idea that Bridgewater students can't get these high-level grants and really do a lot of good with their time abroad is just a fallacy," he said. "There are some real stars at Bridgewater. It's a remarkable community that produces a lot of remarkable students. There's a lot of work to do out there, and it's going to take people with tenacity, like Bridgewater students, to get it done."

The Fulbright push

Students are encouraged to apply for the prestigious award

BY JOHN LAIDLER

When Michael Verlezza was awarded a Fulbright scholarship in 2014, he became the first BSU student in more than two decades to be selected for the prestigious award.

Hoping to expand the university's participation in the program, BSU officials are making a concerted attempt to encourage more students, as well as faculty members, to apply.

The effort has included Fulbright workshops for students and faculty, as well as outreach by deans and administrators, according to Dr. Teresa King, director of BSU's Honors Program and the Fulbright Program adviser.

Administered by the U.S. State Department, the Fulbright Program provides funding for students and faculty to teach, study and conduct research abroad – and for international students to come here – with an aim of fostering collaboration.

"It's the gold standard" of educational exchange programs, said Dr. Deborah Nemko, a BSU professor of music and a pianist who knows firsthand the benefits: As a Fulbright scholar in the Netherlands last spring, she researched and performed works by forgotten Dutch composers of World War II, in addition to teaching there.

Fulbright students and scholars gain "the ability to live and learn in an international location, and the prestige of being offered this extremely competitive opportunity," said Dr. King. "They become part of an esteemed group with many benefits, including opening doors to graduate study and employment.

"It is especially important to provide BSU students access to these opportunities, as many of them may not be aware of or seek out these types of awards," she said.

The Fulbright U.S. Student Program enables recent graduates and graduate students to conduct research or serve as English language teaching assistants in their selected countries.

Eight BSU faculty members and one administrator have received Fulbright awards since 2000. Five students applied in 2013-2014, and four in fall 2015. Since 2000, BSU has hosted eight Fulbright award recipients from other nations, including seven faculty members and one graduate student.

BSU's emphasis on undergraduate research is a plus for its student Fulbright applicants, said Amy Couto, administrative assistant for the Honors Program.

"It puts us in a really good position to have many awardees," she said, "not just Fulbrights, but also other prestigious awards."

Maybe it's cliché. Maybe you believe it; maybe not. But if you've experienced it, on a visceral level, then you know – the power of art is transformative.

Larry Doherty has not only observed it, but also has experienced it. And the experience was life changing, which is why he is so focused on sharing it with members of the BSU community.

The transformative power of art

After 15 years as director of operations for the Fogg Art Museum at Harvard University, Mr. Doherty stepped down to launch his own business, Fine Arts Enterprises, which stores collections for major museums across the Northeast in a 150,000-square-foot, climate-controlled, high-security facility.

His firsthand relationship with the arts, his solid reputation, and his knowledge of how to handle, transport and display art landed him a job curating "Design USA," an international traveling exhibition sponsored by the U.S. Department of State. First stop: Moscow.

While there, Mr. Doherty's observations of a simple Russian woman unknowingly taught him the power of art. He had an office in the State Hermitage Museum, one of the world's largest and oldest museums of art and culture, located in St. Petersburg. The Russian woman was a street sweeper who every day, all day, tended to the streets outside the museum. Hunched over and wearing ragged clothes, she swept for hours, sorrow etched into the lines of her weathered face. But each day at lunchtime, she entered the museum, set aside her broom, shed her heavy coat and moved from painting to painting, stopping at each for 20 minutes or so. "As she looked, she stood taller," said Mr. Doherty. "Her whole complexion changed. Her eyes smiled; her face relaxed. She lost the worn look of the street. That's when I began to understand the power of art."

It was the late 1980s, and life in Russia was difficult. The Soviet leadership understood that to prevent another revolution, they needed to offer people ways to escape their hardships. Museums were free, so "On a weekend, the Hermitage was filled with families," said Mr. Doherty. "The people found joy and the escape they needed.

"One day, I approached the street sweeper and asked why she visited the museum. She told me her husband had been killed, and her only son had been banished to Siberia. She was able to forget it all when she came to the museum."

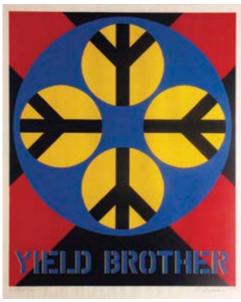


The Wrench, June Redfern

Among the artwork donated to BSU by Mr. Doherty are these six pieces, which represent a range of styles and media.



Noontime, Michael Zavodnov



Brother, Robert Indiana



Mr. Doherty met many artists while in Russia. One, Lyia Ratner, became a close friend. She, too, had a difficult life, "First, because she was a woman," he said, "and secondly, because she was Jewish." Her husband had been the publisher of an influential magazine, *The Arts*, and he disappeared. All she had left was her art – exquisite watercolors that belied the world around her.

Even that was problematic. As a Jewish woman, she couldn't buy art supplies and was dependent on her friends to purchase them for her, nor could she exhibit or sell her work. She desperately wanted two things: to exhibit in America and to immigrate to Israel. Mr. Doherty helped her do both, mounting

an exhibition of her work at the University of Connecticut and helping to raise funds for her travel to Israel.

Mr. Doherty has donated several pieces of art by Ms. Ratner to BSU, among the more than 40 he has given over the years. "Knowing what art did for people under stress, I wanted to provide the same opportunity for faculty, staff and, especially, students, who are under a lot of pressure. Often, they need an escape. If looking at a painting brings them to a new place and gives them a fresh start – that's what I'm hoping for," he said. "I'm hoping that even one person can be transformed by the experience in the same way I was years ago."



Arcangel, Gregory Amenoff



Initiate, Paul Stopforth



Coin Toss, Harold Edgerton



Feeding the

Food Bank 4 U is a lifeline for students with limited access to adequate meals

Tucked away in an alcove just off the bustling Rondileau Campus Center entrance across from Scott Hall is a lifeline for Bridgewater State University students coping with hunger and food insecurity – Food Bank 4 U.

Since its modest opening in September 2014, Food Bank 4 U, which stocks nonperishable, meals-on-the-go items, has been accessed more than 2,000 times by students experiencing hunger or who have nowhere to turn for food.

"I only get a good meal because the food bank is here," reads a note left anonymously by a grateful student. Students of all ages and backgrounds access Food Bank 4 U. Some are commuters; some are homeless; some are parents. All are fighting to stay in school in hopes of a better life.

Behind the effort is the steadfast commitment of Jane Doherty, '84, a staff associate in the Department of Chemical Sciences, who saw BSU students struggle with limited or uncertain access to adequate food. Her daughter, Julia, is responsible for "Feed the Future," the call-to-action behind Food Bank 4 U.

"We have awesome students!" Ms. Doherty declared. "Our students work multiple jobs; have families; pay rising tuition and fees; commute; pay for rent, cars and gasoline. They really appreciate everything we've done."

By forging key partnerships with various offices and organizations on campus, obtaining a \$1,000 social justice seed grant, and building a dedicated stream of contributions from students, faculty, staff and business partners, Ms. Doherty and her student volunteers have kept the simple shelves in Room 012 stocked with food.

During its inaugural year, from September 2014 through June 2015, Food Bank 4 U was accessed more than 800 times. In the fall 2015 semester, it was accessed more than 600 times. As word about the operation has spread, so has interest – from donors to those who need the service.

"There are so many students here in need," said volunteer Erin McCarthy of Littleton, a senior majoring in biology. "I was looking to help out a local food bank, and I got a flyer about Food Bank 4 U, so I'm volunteering here this year. We need to spread the word to get people involved."

To do that, Erin is working to create Feed the Bears, a new student group. If approved, the organization will go into business this fall spreading awareness of student hunger on



BY EVA T. GAFFNEY, G'01

campus and running activities to promote Food Bank 4 U. Ms. Doherty will be the group's adviser.

Santander Bank continues to collect goods from 129 team members at its 15 branches across the region. "We're happy to support Food Bank 4 U," said Heather Nelson, district executive at Santander. "By contributing to this program, we can ensure that students have access to the food they need and the knowledge that we care about their health and academic success."

Food Bank 4 U has become a goodwill effort of Trader Joe's, Sodexo, the Bridgewater Alumni Association, and a number of student organizations and residence hall groups. Also helping to stock the shelves are University Advancement and the BSU Foundation, which has set up a site for cash donations, give.bridgew.edu/foodbank.

Nearly two years after opening its doors, Food Bank 4 U remains a pilot program and a satellite of BSU's Catholic Center. Ms. Doherty's goal is for the food bank to become a sustainable, student-run organization officially housed within the university's superstructure. "It needs to become institutional," she said.

According to the results of an informal campus survey conducted by the Massachusetts Department of Higher Education, public colleges and universities statewide are expanding outreach to students experiencing food insecurity. Of the 28 campuses that serve an undergraduate population, 25 report either opening food pantries or directing students to off-campus food banks during 2015, up from 19 the previous year.









On April 15, 2013, photographer Alana Scully was traveling in Ireland. She had set aside three months to capture the Emerald Isle in all its peaceful natural beauty. Three thousand miles away in America, the nation was grappling with the horror of the Boston Marathon bombings.

Ms. Scully and a friend had just checked into a bed and breakfast in Killarney. While at dinner that evening, a telephone message alerted them of the unfolding tragedy. "We were, like everyone, shocked," said Ms. Scully. "Sad, scared and helpless. Guilty. Here I was in Ireland having fun, while so many people – many of them my friends, family and neighbors – all were suffering. The entire country was suffering."

Resisting the urge to fly home, she determined right then and there to make her trip matter. "I thought, maybe I should stay; maybe I can make this into a meaningful experience," she said.

One week later, Ms. Scully formulated her plan. When she returned to the United States, she would donate the proceeds from sales of select photos from her travels to the Massachusetts Resiliency Center, an organization that provides counseling and financial support for victims and survivors of the Boston Marathon bombings. When asked how her Bridgewater State experience factored into her life after graduation, she said, "I think Bridgewater definitely gives a person a lot of opportunities to give back. I was in Greek life on campus. That played a huge part in showing me so many ways to give back to the community. I learned to ask myself, 'What's happening around me? Who needs help, and how can I help them?'"

Ms. Scully's photography offers an opportunity for a kind of serenity. The ability to see and capture beauty in simple things is inspiring, reminding viewers to see, to really see, the world around them, whether it is the brightly painted façade of a bar in Kilkenny or the rolling hills of Inishmore ... or, as artist Georgia O'Keeffe so eloquently said, a flower: "Nobody sees a flower really; it is so small. We haven't time, and to see takes time – like having a friend takes time."

Photos by Ms. Scully share O'Keeffe's sense of wonder and inspire viewers to take the time to really see. "I try to evoke emotion with all the work I do in photography," she said. "It's easy to do with weddings or families – there's always so much love there. It's not hard to feel it through photos. It's a little more difficult with landscapes and storefronts. But if I can help someone look back on his or her own experiences with nostalgia or inspire viewers who have never been to a particular place to feel they are right there with me, or even inspire them to book a trip to see a place for themselves – I'd say, mission accomplished."

Ms. Scully's vision extends beyond the camera and into the future. Currently, she is a graduate student in Interdisciplinary Studies in Education (MEd) at the University of Vermont with an eye toward pursuing a career in higher education administration. She is planning a semester abroad in Ireland in 2017 to study applied psychology, among other topics.



Upcoming ALUMNI EVENTS

For more information about the following events, visit www.alumni.bridgew.edu or call 1.888.272.9555.

BEVERLY HILLS LUNCHEON

SATURDAY, JUNE 11, NOON Home of Patricia Ross Reinstein, '65

GREASE

SUNDAY, JULY 31, NOON Wamsutta Club Luncheon and Zeiterion Theatre New Bedford

ALUMNI AWARDS BANQUET

FRIDAY, SEPTEMBER 23, 6 PM Rondileau Campus Center Ballroom

HOMECOMING AND FAMILY DAY

SATURDAY, OCTOBER 15 Celebration and activities across the BSU campus

AWARD NOMINATIONS

The Bridgewater Alumni Association Awards are presented annually to deserving alumni, faculty, staff and friends of BSU who have made an impact in their communities through their work or service to others. Nominations are accepted throughout the year, and the deadline is typically in early January. Nominations may be submitted by mail to the Davis Alumni Center or online at www.alumni.bridgew.edu.

BAA BOARD NOMINATIONS

The nominating committee of the Bridgewater Alumni Association is seeking interested candidates for board and committee vacancies. To learn more, contact the Office of Alumni Relations at 508.531.1287 or alumni@bridgew.edu.

STAY CONNECTED

Send your news to the Office of Alumni Relations via email to alumni@bridgew.edu or mail to Davis Alumni Center, 25 Park Terrace, Bridgewater State University, Bridgewater, MA 02325.

The class notes editor reserves the right to edit submissions for clarity and brevity. Submitted photos must be either high-resolution digital images or original prints from film. Photos generated on home printers are not of publication quality.

AlumniUpdate

Alumna honored for philanthropic work

Bridgewater State University honored Louise Pearson, '61, as our Partner in Philanthropy at Rhode Island's National Philanthropy Day, held in November.

Retired from a career in education, Ms. Pearson most recently served as the vice principal at the Prout School in Narragansett, Rhode Island. Her lifelong commitment to education is evident in her annual gift of a scholarship for a BSU student with financial need.

The event recognized more than 30 Rhode Island residents and was chaired by two alumnae of BSU's Master of Public Administration program, Christine Pellegri, G'14, major gifts officer in the university's development office, and Paula Montgomery, G'11.■



Christine Pellegri, G'14, major gifts officer at BSU, (right) joins Louise Pearson, '61, who was honored at Rhode Island's National Philanthropy Day in November.



BSU alumni come together at The Villages

Thanks to hosts Paul, '63, and Betty Sawin Callahan, '63; and John, '64, G'68, and Jane MacEachern Scudder, '66, the annual BSU alumni gathering held in January in The Villages, Florida, was a great success.

Pictured above (from left) are Robert Smith, '68, G'72; Joan Hanley Smith, '63, G'67; and Betty and Paul Callahan. BSU is sad to report that Mr. Callahan passed away in February.■



The Department of Communication Studies hosted an alumni career panel in October.

Returning to BSU to participate on the panel are (from left) Alexa Medina, '13, senior communications specialist for Boston Heart Diagnostics; Jaimee Bartlett, '09, human resource generalist at J.C. Cannistraro Construction; Colleen Turner, '83, of BTC-Boston Public Relations; David Robichaud, '83, Emmy Award-winning journalist and reporter for WBZ-TV News; and Robert Egan, '01, of Pathway Entertainment.■





Athletic training alumni reunion

BSU alumni attending the Eastern Athletic Training Association conference in early January gathered for a reception at the Sheraton Boston.

Enjoying the event are (from left) Allison Hetrick, G'15; Nicholas DeCastro, '15; Evan Chandra, '15; BSU student Machahiro Matsubara; Meika Davis, '94; Marissa Vane, G'10; Joseph Richard, '15; and Brenda LaRow, G'09.■

Alumni attend Seussical at BSU

Alumni and friends gathered in January before a performance of Seussical, the inaugural production of the university's Family Performing Arts Center. (See related story on page 20.)

Standing are (from left) Jenn White, '15; Kim Waller, '11; Stephanie Boyle Hayes, '11; Kevin Hayes, '06; Brian Simons, costume designer for Seussical; Kacey O'Donnell, '07; Adam Isbitsky, '10; Meghan O'Donnell, '10; and Stephanie Wooley. Seated (from left) are Greg Smith, '02; Dr. Stephen Levine, professor emeritus in the Department of Theater and Dance; and Shannon Dwyer, '08.■







Posing for a photo are (from left) Mike Wallace, '89; Shawn P. George, '89; Bob Walnista, '87; and BAA board member Tom Devin, '88.

WHAT DO YOU GET when 18 BSU departments and 32 student groups throw a party? Something spectacular! And BSU's 2015 Homecoming was spectacular in every way.

What's better than a festive Homecoming Fair or a 48-20 win by the Bears over Westfield State? Who can argue with the resurrection of the Rathskeller? Certainly not the nearly 300 guests who mingled in the tent, sipping ice cold brews. And, how meaningful is it that BSU's Martin Richard Institute for Social Justice collaborated with Providence's Peace Flag Project, with 500 Homecoming guests coming together to create flags illustrating their hopes for peace in the world?



President Frederick Clark joins members of Sigma Pi.



The Class of 1965 raised more than \$84,000 as a gift for the university.



Class of 1960 alumni at their 55th reunion are (clockwise, from rear, left) Mary Hoyle Mahan, Clifford Wood, Nancy Boyle Arns, James Hubbard, Joseph Simas, Judith Schneider, Virginia Jewett Hogg, Annette Leveille Sarro, Nancy Libby Porazzo and Janice Farrell.



Afro-American Alumni Association Vice President Vinda Butler, '08, shows BSU sprit at the University Park Fair.







School of Social Work reunion

In November, the School of Social Work held its annual alumni gathering on campus.

Attendees included (clockwise, from top left):

Dr. Wendy Haynes, interim dean for the College of Graduate Studies; Marci Langevin-Gaudette, G'09; and Dr. Mark Brenner, professor in the School of Social Work

Lesley Roy, G'11; Barry Sanders, G'11; and George Haywood, G'10

Joan Stratton, G'08; Dr. Anna Martin-Jearld, professor in the School of Social Work; and Anna Seery, G'12■

Networking night in Boston

BSU alumni professionals and university leaders gathered for a reception at Scholars in Boston in November.

Enjoying the evening are (clockwise, from top left):

Lionelle Desmosthene, '00; President Frederick Clark, '83: and BSU Vice President for Marketing and Communications Paul Jean, '83

Linnea Walsh, '88, and Bridgewater Alumni Association board member, Dan Darcy, '88, G'90

BSU Alumni Trustee Margaret A. Caulfield, Esq., '00; President Clark; and BSU Foundation Secretary Juliette Johnson, '64

Bridgewater Alumni Association President Jason Stocker, '04; Kerriann Speranza, '12; Jason Preservati, '06; and Thomas Speranza, '07■









Alumni Association Awards



Alisha Boucher, '54; Dr. Claire Appling, '54, G'57; and BAA President Jason Stocker, '04



Afro-American Alumni Association President Michael Henry, '92; Dorie AuCoin, '76, G'79; and BAA President Jason Stocker, '04



BAA board member Donald Smith, '59, G'62; Dr. Lisa Battaglino, '79; and BAA President Jason Stocker, '04



Director of Residence Life and Housing Dr. Beth Moriarty; Rita Camara, '03, G'10; and BAA President Jason Stocker, '04

2015 Bridgewater In September, the Bridgewater Alumni Association proudly presented its 2015 awards to the following distinguished alumni, faculty, staff and friends of the university – people who have made an impact in their communities through their work or service to others.

Dr. Adrian Rondileau Award for Professional Achievement and Community Service Dr. Claire Appling, '54, G'57, Educator

Claire Appling, a former Brockton High School Housemaster (1974-1999), is the recipient of many community awards, including the Community Services of Greater Brockton's 2005-2006 Public Service Award for her work with Clean Up Brockton and the Brockton After Dark summer program; Massachusetts Chapter of Alpha Kappa Delta's 2010 Woman of Distinction Award; the Southeast Massachusetts Geography Network's 2013 Dr. Glenn Miller Award for outstanding achievement in geography education; and the Good Samaritan Medical Center and USA Christmas Town's 2014 James Edgar Community Service Award. A lifelong educator, Dr. Appling continues to work as a substitute teacher at the Kennedy School in Brockton. She was a member of Bridgewater State University's Class of 1954 Reunion Committee.

Afro-American Alumni Association Award Dolores "Dorie" AuCoin, '76, G'79 Former Assistant Director of the Academic Achievement Center

Dorie AuCoin joined BSU's staff soon after graduation and retired in 2015 after working for 40 years with students who had overcome unique obstacles to succeed in college. Her initial charge was to add an academic support component to the PROGRESS program, tasked with recruiting and supporting bilingual students and students of color. She was then asked to oversee the OUTREACH program, which assisted freshmen adult students. She became assistant director for affirmative action while maintaining her former responsibilities. Ms. AuCoin, with a colleague, developed the Minority/Bilingual Student Awareness Day; was statewide president of Massachusetts Women in Public Higher Education; chaired the Multicultural Awareness Committee and Campus Climate Action Group; organized the first campus conference on sexual harassment; developed and led a pre-college workshop for freshmen students of color; and served as vice president and secretary of BSU's Afro-American Alumni Association.

Nicholas P. Tillinghast Award for Achievement in the Field of Education Dr. Lisa Battaglino, '79, Dean of the College of Education and Allied Studies

As dean, Dr. Lisa Battaglino has played a key leadership role at the university, promoting the advancement of applicable technology; introducing the BSU tablet initiative; developing inner city public school partnerships; and advancing projects to increase the number of science, technology, engineering and mathematics teachers in the region. Prior to her role as dean, she served 20 years as a special education professor, chaired the Department of Special Education and Communication Disorders, and was the first service-learning faculty coordinator. In 2008, she received a BSU Presidential Fellowship and partnered with the country of Belize to develop mutually beneficial student exchanges. She has been instrumental in the creation of BSU's FootBridge Program, Special Olympics Club and the STEM certificate for area teachers. Recently, she was appointed convener of the Massachusetts Council of Presidents Standing Committee on Professional Education.

Martha D. Jones, '64, Award for Outstanding Dedication to Students Rita Camara, '03, G'10

Former Assistant Director of Assignments, Residence Life and Housing

In 2000, the Commonwealth of Massachusetts presented Rita Camara a Citation for Outstanding Performance. In 2014, she received the Dr. Adrian Tinsley Award for Achievement in the Arts. Ms. Camara demonstrated time and again that outstanding performance was second nature to her as she completed her tasks. In 2010, she earned her Master of Science in Management at BSU and brought those skills to her position in Residence Life and Housing. Of her role, she said, "I totally enjoyed working with students at Bridgewater; watching them grow and succeed is so very rewarding."



President of the Hyannis Bridgewater Physical Education Alumni Association Donna Medeiros, '86, G'01, G'05; Jeff Colburn, '95; and BAA President Jason Stocker, '04



Former BAA board member William Walker, '72, G'75; Michael Day, G'98; and BAA President Jason Stocker, '04



Jacqueline Fitzpatrick, '62; Judith DeFilippo, '62; and BAA President Jason Stocker, '04



Former BAA Secretary Kathy Flaherty, '91; Denise Wallace-Spriggs, '84; and BAA President Jason Stocker, '04

Dr. Catherine Comeau Award for Professional Achievement Jeffrey A. Colburn, '95, Physical Education Teacher

Jeffrey Colburn has taught physical education at the Beatrice H. Wood Elementary school in Plainville since 1995. While at Bridgewater State, he was recognized for his leadership within the physical education program and was selected as student ambassador to the institution's Leadership Council. After graduation, he received the Massachusetts Department of Education's Attracting Excellence to Teaching Award. He earned a master's degree from Lesley University in 2000 and embraced the flipped classroom teaching model, whereby instructors post lessons online for students to review prior to class. Mr. Colburn teaches professional development courses in Plainville and offers before- and after-school video classes. As a guest speaker at BSU, he conducts seminars on integrating technology into teaching, as well as the flipped gymnasium method of teaching physical education. He founded Everyday PE, an advocacy program offering wholesome physical education and sports programs for students in kindergarten through grade seven. In 2014, Mr. Colburn received the Massachusetts State Council of Presidents Alumni Educator Award.

Dr. Marilyn White Barry, '58, Graduate Alumni Award Michael Day, G'98, Sector Commander, Captain of the Port, U.S. Coast Guard, New York

The Bridgewater Alumni Association thanks Captain Michael Day for his service. Commanding officer of Sector New York in the United States Coast Guard, Captain Day leads more than 1,100 Coast Guardsmen and 2,000 auxiliary members with operational assets that include seven cutters, three small boat stations and two aids-to-navigation teams. At the time of the September 11, 2001, terrorist attacks, he was Chief of Waterways Oversight in the ports of New York and New Jersey working with a team of mariners on the evacuation of lower Manhattan. In addition to earning a Master of Public Administration from BSU and a Master of Arts in national security and strategic studies from the Naval War College in Newport, Rhode Island, he completed a one-year fellowship at Harvard University Kennedy School of Government as a National Security Fellow. He also has received numerous military and civic awards.

Dr. George A. Weygand, '53, G'56, Award for Outstanding Service to the Bridgewater Alumni Association Judith DeFilippo, '62, Former Board Member of the Bridgewater Alumni Association

Judith DeFilippo has worked in education since graduating from Bridgewater State. After teaching third grade for three years in Connecticut and volunteering with English as a Second Language (ESL) students in Dorchester, she earned a master's degree in Teaching English to Speakers of Other Languages (TESOL). This led to her 25-year teaching career in Northeastern University's English Language Center. She is a past president of the Massachusetts Association of Teachers of Speakers of Other Languages; served on the Class of 1962's 40th and 50th reunion committees; hosted Class of 1962 socials; and served on the Bridgewater Alumni Association board of directors for six years, chairing two of its committees – Shea Scholar for Undergraduate Research Abroad and the Fiore Fellowship Grant for Social Justice. She is the author and co-author of 14 successful ESL textbooks.

Dr. Adrian Tinsley Award for Achievement in the Arts Denise Wallace-Spriggs, '84

Lecturer in Theatre (Costume Crafts), College of Fine Arts, Boston University

For almost 25 years, Denise Wallace-Spriggs has taught millinery, dyeing and costume crafts at Boston University, where she is also working on her Master of Fine Arts degree in costume production and technology. Teaching, however, is only one of many ways Ms. Wallace-Spriggs shares her talents. She is the resident crafts artisan/ dyer for the Huntington Theatre Company; proprietor of Winged Heart Millinery, where she creates custom-made hats; and produces freelance millinery and crafts for such prestigious clients as the Manhattan Theatre Club, Disney Cruise Line, Big Apple Circus, American Repertory Theater (ART) and the Glimmerglass Opera, to name a few. Several of her hats are featured in ART's Broadway production of Finding Neverland.

ALUMNI SERVICES

For more information about the services below, visit http://alumni.bridgew.edu

CREDIT REWARDS

An alumni rewards credit card bearing a picture of Boyden Hall is available to all Bridgewater State University graduates. Current students benefit directly from every purchase as the Bridgewater Alumni Association receives a percentage of all purchases to assist with scholarships and other academic opportunities.

To apply online, visit the alumni services link listed above. Contact the alumni office at 508.531.1287 for more information.

INSURANCE PROGRAM

The Bridgewater Alumni Association offers discounted car, home and recreational vehicle insurance.

Learn more about this program by visiting the alumni services link listed at the top of this column.

STUDENT LOAN ASSISTANCE

Through American Student Assistance® (ASA), a nonprofit organization that financially empowers college students and alumni, BSU alumni have access to expert student loan counselors.

They can be reached at 877.523.9473 (toll-free) or loanhelp@saltmoney.org.

For more information, visit www.saltmoney.org/bridgew.

WEBSITE

Visit the Alumni Association website, http://alumni.bridgew.edu, to learn more about events, services, and the activities of alumni chapters and committees.

BECOME A FACEBOOK FAN

The Alumni Association is on Facebook under "Bridgewater Alumni Association."

LINKEDIN

The "Official Bridgewater Alumni Association" group on LinkedIn is more than 3,000 strong. Request to join the group today.

TWITTER

Follow us on Twitter @BSU_Alumni.







Shannon V. Manning, '10

Daniel J. Maurer, '00

Tara A. Dolan Morano, '92

2015 BSU Athletics Hall of Fame

SIX OUTSTANDING ALUMNI were honored at the 2015 BSU Athletics Hall of Fame induction held in October. President Frederick Clark welcomed the inductees and their families back to campus.

Dr. Marybeth Lamb, director of athletics and recreation, reported on the growth of BSU's athletics program and academic achievement of the student-athletes: In 2015, 574 student-athletes competed in 21 sports with more than 50 percent achieving a 3.0 GPA or higher, and 263 were named to the Massachusetts State Collegiate Athletic Conference (MASCAC) All-Academic Team.

The six exceptional alumni inducted into the BSU Athletics Hall of Fame are:

SHANNON V. MANNING, '10, holds a Bachelor of Science degree in physical education from BSU and a master's degree in adventure education from Plymouth State University. She teaches health and physical education at Cambridge Rindge and Latin School; was named director of the girls' lacrosse program; and is club lacrosse coach in the off-season for middle school athletes.

From 2007 to 2010, Ms. Manning played on BSU's women's lacrosse team, leading the team to its second-ever National Collegiate Athletic Association (NCAA) Tournament appearance in 2010. She was three-time Eastern College Athletic Conference (ECAC) Division III New England First-Team All Star (2008 to 2010); three-time New England Women's Lacrosse Alliance (NEWLA) All-Conference First-Team selection (2008 to 2010); two-time NEWLA Player of the Year (2008, 2010); and two-time winner of the BSU Athlete of the Year award (2009, 2011). In 2010, Ms. Manning was named to the WomensLacrosse.com Division III All-America Third Team, as well as to the Intercollegiate Women's Lacrosse Coaches Association (IWLCA) Division III All-Berkshire Region Second Team. She led the Bears to three straight NEWLA regular season and tournament titles, and holds program records for most points (384) and assists (156) in a career, as well as most points in a season (120).

DANIEL J. MAURER, '**00**, graduated with a Bachelor of Science degree in biology. He was a dual-threat quarterback from 1996 to 1999, passing for 57 touchdowns and rushing for 41 more. He holds school records for most touchdown passes in a career and in a season (27 in 1999) and ranks third all time in rushing touchdowns.

Over his career, Mr. Maurer threw for 4,628 yards and gained another 1,499 yards on the ground. His passing yardage total ranks second all time at BSU, and his 130.51 career passer rating is the fourth highest in school history. He also ranks second all time at BSU in total offense with 6,127 yards.

In 1999, Mr. Maurer led Bridgewater State to an undefeated regular season and a berth in the NCAA Division III Tournament, where the 19th-ranked Bears lost to Ursinus College, 43–38. He threw for 1,940 yards and 27 touchdowns, while rushing for 622 yards and 15 touchdowns during the season, and was named to the New England Football Conference (NEFC) All-Conference First Team. He was named the ECAC and NEFC Offensive Player of the Week three times that year and selected as the New England Football Writers Division II/III Gold Helmet award winner in week six of the season.

TARA A. DOLAN MORANO, '92, was a member of the women's swimming and diving team from 1988 to 1992, setting three individual records in diving that stood several years after her graduation. In 1989, Ms. Morano set the one-meter diving mark for an 11-dive event with a score of 347.50 points. The following season, she eclipsed the school standard for a 10-dive event on the one-meter board with a score of 231.05 points. In her senior season, she shattered that record with a score of 290.85 points. She served as captain of the swimming and diving squad and was president of the Captains' Council for the Athletics and Recreation Department.







Michael D. Quinn, '06

Angela M. Vecchione, '09

Leon Weinstein, '70

Ms. Morano was on BSU's dean's list each year and graduated magna cum laude with a Bachelor of Science degree in physical education. After graduation, she remained at BSU as an assistant swim coach for two seasons and served on the Athletics Hall of Fame committee. She was an athletic trainer for the Middleboro Cobras, a semi-professional football team. Ms. Morano teaches physical education at Middleboro High School, where she is the assistant coach for the swimming and diving team. She served as the school's athletic trainer from 1996 to 2013 and participated in two state championship teams. In 2013, Ms. Morano received the Massachusetts Interscholastic Athletic Association Distinguished Women in Sports Service Award.

MICHAEL D. QUINN, '06, graduated with a Bachelor of Science degree in criminal justice. He is one of the top scorers and among the most versatile players in the history of the BSU men's soccer program. Mr. Quinn is second on the Bears all-time leaderboard with 29 goals and is third in scoring with 71 points. He was a four-time All-MASCAC selection from 2002 to 2005 and earned conference Player of the Year honors in 2005. A two-time team captain who played both forward and fullback, Mr. Quinn led the Bears in scoring during his junior and senior seasons, amassing 24 goals and 11 assists during that two-year run. He started in all but one of the 73 games during his four years at BSU, notching nine game-winning goals. As a junior, he led the Bears to the MASCAC Tournament title and a berth in the NCAA Division III Tournament, where Bridgewater State posted a 2-0 victory over Baruch College. He was a three-time member of the MASCAC All-Academic Team (2004 to 2006).

ANGELA M. VECCHIONE, '09, earned All-MASCAC accolades from 1998 to 2001, including three First-Team honors and was a two-time winner of the MASCAC Player of the Year award (1999, 2001) for softball. She was named Third-Team All-American in 1999 and was selected to the National Fastpitch Coaches Association (NFCA) All-New England First Team in each of her four seasons. BSU hosted four straight New England Regional Tournaments during her career.

Ms. Vecchione led the Bears to back-to-back regional titles in 1998 and 1999 as the team advanced to the eight-team World Series. For her performance, she was named to the New England Regional All-Tournament Team both years. She finished her career at BSU with a stellar .428 batting average, holding school records for hits (253), runs (193), triples (41), at bats (591) and games played (182). She also either set or tied five school marks during her sophomore season in 1999, racking up 71 hits, 57 runs, 36 extra-base hits, 12 triples and 133 total bases.

Ms. Vecchione graduated with a Bachelor of Science degree in physical education and served as an assistant coach for Wheaton College in 2005 and 2006. She returned to the Bears program in 2009 as an assistant.

LEON WEINSTEIN, '70, played an integral role in the turnaround of the BSU football program during its early years. He started in all 30 games of his college career, anchoring both the offense and defense from 1966 to 1969. Mr. Weinstein was named an NEFC All-Conference selection for all four seasons, making him the first player in BSU history to achieve such a feat.

Prior to his arrival at BSU, the team had a 15-game losing streak that spanned the previous two seasons. The Bears won their first game with Mr. Weinstein at offensive guard and defensive tackle, en route to a 15-14-1 record during his collegiate tenure.

Mr. Weinstein graduated with a Bachelor of Arts degree in elementary education. He continued to enrich the football program, contributing to the development of the BSU Football Alumni Council and assisting in the creation of the Tom Cook Football Scholarship Award. He recently retired from his business in Boston, the Globe Fish Company, after 42 years.■

CAREER SERVICES

Help lead Bridgewater State University students to success!

CAREERLINK@BSU

Post jobs and internships available at your business on Career Services' online, easy-to-use system that allows access to BSU students and alumni.

BSU STUDENT AND ALUMNI NETWORKING GROUP

Join the BSU Student and Alumni Networking Group on LinkedIn.com and connect with BSU students and other alumni online. Help members explore career options, learn about internships and jobs, and build networks with professionals on this popular professional social media site.

EMPLOYER-IN-RESIDENCE

Spend five to 10 hours a month improving your company's visibility on campus while offering students résumé and cover letter critiques, as well as workshops.

INTERNSHIP AND JOB FAIR

THURSDAY, OCTOBER 6, 1-3 PM Rondileau Campus Center Ballroom

The Internship and Job Fair features more than 60 organizations recruiting for full-time, professional-level opportunities, as well as available or anticipated internships at their organizations. Meet local, regional and national employers who value the quality of a Bridgewater State University education.

ON-CAMPUS ALUMNI ENGAGEMENT

A number of opportunities are available for alumni to engage with BSU students on campus. Career Services will be collecting names of alumni who would like to participate in career panels, as well as the Etiquette Dinner taking place in fall 2016.

For information regarding the above programs, call Career Services at 508.531.1328 or email the office at careersrv@bridgew.edu.

ClassNotes

1969

Norman Shacochis joined the faculty of Sacred Heart School in Kingston as a social studies instructor in November.

1970

Leo Fanning is in his second season as assistant head football coach in charge of defensive backs at Bentley University. He received the 2015 John Baronian Award for Lifetime Contribution to Football from the Gridiron Club of Greater Boston.

1972

Dwight Cook, **G**′**72**, retired as associate director of admissions at Bridgewater State University in October after 47 years of service. He was the longest serving administrator at BSU at the time of his retirement.

1974

Maureen Rogers was named president of the Quincy Chamber of Commerce in December.

1976

Kathy Medeiros was named director of the Council on Aging for the Town of Sharon in December.

1980

Daniel Damish, **G'80**, was inducted into the Dean College Athletics Hall of Fame in September in recognition of his athletic excellence in tennis.

1983

Anne Oliveira, G'87, was named 2015 Teacher of the Year by the Community Foundation of Southeastern Massachusetts and The Standard-Times of New Bedford. She has been a science teacher in the New Bedford public school district for 29 years and served as director of science, technology/engineering and occupational nursing for grades K-12. Ms. Oliveira worked on the Undersea Technology Apprentice Program in coordination with the Naval Undersea Warfare Center in Newport, Rhode Island, which gives New Bedford teens a chance to spend six weeks interning with naval engineers. She also added a number of programs to the high school curriculum, including advanced placement environmental science, forensic science and an award-winning robotics program.

1984

Fran Foster was named incoming relocation and network manager for Jack Conway & Company, Inc., in September.

1985

Andrew Maylor was honored in November with the Spirit of Adventure Council, Boy Scouts of America Distinguished Citizens Award.

Mary McLaughlin was named regional senior vice president of Comcast's Beltway Region in November.

1986

Richard Gallant, a member of the United States military, received his second star in a promotion ceremony in January. Now a major general, he is assigned to the Pentagon as special assistant to the director of the Army National Guard.

1987

Dwight N. Mersereau began a new position at Crowell & Moring LLP in October. He is based in the firm's Washington, D.C., office and will represent large multinational corporations in complex tax issues.

1988

Virginia Walsh, **G**′**88**, was named head coach of Newton South High School's varsity softball team in December.

1989

Dr. Cheryl Greeson, **G'97**, became an elementary school assistant principal and the district curriculum coordinator for the Acushnet school district in summer 2015.

Ellen M. Lennon held an exhibit of her artwork at the Mashpee Library last September. The exhibition was titled "Cruising Down the Rhine and Moselle Rivers and Other Great Places."

Marinella Tsoukala opened a speech, language, voice and pathology practice, called "Legein," in Greece.

1990

Alessandro Campea is the athletic director at Milton High School.

1991

Debra Malcolm was named principal of John J. McLaughlin Cumberland Hill Elementary School in November.

1992

Shawn Rickan is principal and assistant superintendent at Franklin County Technical School in Turners Falls.

1993

Gail Fortes was named the 2015 New Bedford Woman of the Year by *The Standard-Times* of New Bedford for her work over the last 23 years with the YWCA. She began working in the afterschool programs for boys and girls at the YWCA shortly after graduating from Bridgewater State.

1994

Michael J. Nurse was promoted to deputy police chief of the Sandwich Police Department in December, the first to hold that role in the department's history.

1995

Jack Campbell joined CapitalRock Investments in October as Chief Operating Officer/Partner.

Richard Gillis, G'95, joined Sacred Heart Catholic School in Kingston as a mathematics teacher in January, teaching eighth grade honors algebra and college preparatory algebra, as well as 12th grade college mathematics.

Stacy Juba published her sixth book, *The Chick*.

Tony Patete joined the Hill & Partners team in Weymouth as a sales manager in November.

1996

Adam Cupples was named vice president of Digital Marketing for HarborOne Bank.

Christopher Daley, **G'96**, released his novel *Murder & Mayhem* in Boston in September. He is a history teacher in the Silver Lake Regional school district.

Detective Sergeant Mark Russell of the BSU Police Department was honored at the department's 50th Anniversary Awards Ceremony in October for his work in 2013 on a year-long drug investigation.

2000

Kelly DeMello, high school field hockey and basketball star, was inducted into Fall River's B.M.C. Durfee High School Athletic Hall of Fame, Class of 2015.

2001

Michael J. DiMarino is head coach of the boys basketball team at Hamilton-Wenham Regional High School in South Hamilton.

Dr. James Leone, associate professor in the Department of Movement Arts, Health Promotion and Leisure Studies at BSU, spent a sabbatical in Hong Kong where he gave a seminar titled "Sports Science and Health Connections: A Research Perspective" at the Hong Kong Institute of Education.

2003

Laura Flynn, director of transition and leadership programs at Massachusetts College of Art and Design, participated in BSU's Careers in Student Affairs Luncheon and Alumni Panel in October.

2004

Gail MacSwan Izbicki, G'04, became a broker at the new North Weymouth sales office of Jack Conway & Company, Inc., in August.

Alan Cron, G'05, principal of Rockland High School, was named superintendent of the Rockland school district, effective July 1, 2016.

Kristina Delaplain was named principal of Alice A. Macomber Primary School in Westport.

Maria J. Ferreira-Bedard, G'06, became executive director of SER-Jobs in January. SER (Service, Employment and Redevelopment) is a national network of community-based organizations that formulates and advocates initiatives resulting in the increased development and utilization of America's human resources, with special emphasis on the needs of Hispanics, in the areas of education, training, employment, business and economic opportunity.

John Mayo, assistant director of residence life at Newbury College in Brookline, participated in the Careers in Student Affairs Luncheon and Alumni Panel at BSU in October.

Detective Sergeant Kaitlyn Mori of the BSU Police Department received the 2014 Meritorious Service Medal for her investigative work on campus at the BSU Police Department's 50th Anniversary Awards Ceremony in October.

2007

Serena R. Eherlich-Walsh is a special education teacher at Ottoson Middle School in Arlington.

Christina McCauley, G'07, director of new student and family programs at BSU, participated in the Careers in Student Affairs Luncheon and Alumni Panel at BSU in October.

2008

Sergeant David Dean was presented with the Gallantry Star Medal at the BSU Police Department's 50th Anniversary Awards Ceremony in October for his actions in assisting Bridgewater police in subduing an armed suspect for attempted murder in 2011.

U.S. Army Technical Sergeant Sara D.J. Garde was the guest speaker at a Veterans Day ceremony in Mattapoisett.

Matt Wedlock and Kristen Park of Wickford Village, Rhode Island, wrote a book of poetry, Strangers at the Event Horizon, published last June by Gesture Press & Journal in Denver.

2009

Julia Cain joined Softrax, a revenue automation company, as the marketing manager in January.

Christopher McCarthy was presented the Officer of the Year Award at the BSU Police Department's 50th Anniversary Awards Ceremony in October.

2010

Kara Crosson began her role as assistant director of the annual fund at Worcester Polytechnic Institute in September.

Noube Rateau produced and directed, along with fellow alumus William **Medero**, '12, the documentary *Out of* Bounds, about the relationship between sports and the urban environment, and how their connection has shaped the lives of athletes. It premiered October 28 in BSU's Moakley Center auditorium.

2011

Devan Carrington was named a residence hall director at Cornell University in Ithaca, New York, in the fall.

Thomas E. Dolliver was named head coach for the girls basketball program at Milford High School for 2015-2016. He is also a mathematics teacher at the school

Benjamin Fey was named general manager for the Plymouth Pilgrims baseball team in December. The team is a member of the New England Collegiate Baseball League.

Christine Reading starred in The Company Theatre's presentation of The 39 Steps in Norwell in October.

Danielle Techner, **G**′**11**, is the athletic trainer at San Benito High School in California and teaches four sports medicine classes at the school.

Justin Alexander was named chief of the Plainville Fire Department in December.

Katelyn W. Cadoret became Mashpee's assistant conservation agent in October.

Jordan McDermott was named head coach of the Massasoit Community College softball team in January.

Gina Trask, G'14, became an audit accountant for KAF, a CPA and business consulting firm in Braintree, in December.

Katherine Dixon was accepted into the Air Force Reserve flight training program in December.

Jennifer Frazier was named audit accountant by KAF, a CPA and business consulting firm in Braintree, in August.

Andrew Kelley was named a police officer for the Mansfield Police Department in September.

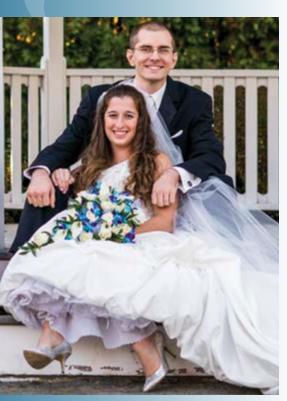
Laura E. Kolbeck became a first grade teacher at the Vincent M. Igo Elementary School in Foxboro in August.

Joe Matta and his father, Kevin, opened KM Custom Upholstery in Cohasset in August. The shop offers services such as reupholstery, furniture repairs, boat cushions and new furniture construction.

ALUMNI SNAPSHOTS



Attending the September 6 wedding of Ashley Kirby McMorrow, '08, and Marc McMorrow, '08, (center, front) are BSU alumni (back row, from left) Justin Felipe, '06; Jennifer Durante Robinson, '08, G'10; Timothy Robinson, '09; Laurie Bloom, '11; Katie Whalley Cullen, '08; William Cullen, '08; Laura Gilbert Gaudreau, '09; Matthew Panchuk, '07; Christopher Rock, '10; Michael Courville, '06, G'12; Patrick Leary, '08; Andrew Cerqueira, '08; Timothy Wallace, '02; and Kaitlin Robertson, '09. Behind the bride and groom (from left) are Anna Takahama, '08; Shannon Oliver, '09, G'13; Erin Litchfield Courville, '06; Kyle Dooley, '08; Kerri Benjamin, '09, G'14; Julia Cain, '09; Janelle Howard, '10; and Whitney Arruda Leary, '08.



Kristen Witnauer Bourne, '12, and Cody Bourne, '13, were married November 8.

Colin Prone followed in his family's footsteps and enlisted in the Navy, where he is a logistics specialist seaman (LSSN) stationed in Sasebo, Japan.

Jabril Robinson, career counselor at Bottom Line, a nonprofit organization located in Boston that helps lowincome and first-generation students, participated in the Careers in Student Affairs Luncheon and Alumni Panel at BSU in October.

Meagan Silva, G'14, was promoted to audit accountant at KAF, a CPA and business consulting firm in Braintree. She was previously a staff accountant with the company.

Brian Smith graduated from the Marine Corps Boot Camp at Parris Island, South Carolina, in September. Upon graduation, his drill instructor named him "Honor Graduate" of the 3rd Battalion, I Company, Platoon 3037.

Larissa Swenson, **G**′13, is the program coordinator for Bay State Community Services, Inc., in Quincy.

2014

Craig Berriault, G'14, a teacher at Wareham High School, received the Mass Insight Education Award, which recognizes 54 Massachusetts advanced placement (AP) teachers each school year. This was his first year teaching an AP environmental studies course.

Brian T. Burke graduated from Officer Training School at Maxwell Air Force Base in Alabama in October as a 2nd Lieutenant, with a perfect PT score. He earned both the "Bud Day" Award and the Distinguished Graduate and Citizen Airman Award.

Tate Doehler opened his business, Tate Doehler Strength & Conditioning, in Cumberland, Rhode Island, in November.

Marlene McCollem, **G**′**14**, became Carver's director of planning, environment and permitting in September.

Sara Mercer was named a staff accountant by KAF, a CPA and business consulting firm in Braintree.

2015

Rachael Eramo was named special education assistant in the Boxford public school district for grades five and six.

Kerrie Francis participated in the Careers in Recreation Panel at BSU in October to discuss her role as the camp and sports director of the YMCA-North Attleboro branch.

Keith Perry, **G'15**, was named a staff accountant by KAF, a CPA and business consulting firm in Braintree.

Lieutenant Matthew Rushton was presented with a Lifesaving Medal at the Bridgewater State University Police Department's 50th Anniversary Awards Ceremony in recognition of his heroic actions that saved a driver who crashed into the Taunton River.

Smile for the camera ... then send us the photo

Just get married? Have a baby? Complete a triathalon? We know you have photos of the special events in your life, and your classmates want to see them.

But, there are rules: Send only high-resolution digital files or professionally printed photos, please. Email digital photos as attachments; do not embed them in the body of the email or in a file. The class notes editor reserves the right to not include all submitted photos.

Send photos to the Office of Alumni Relations by email to alumni@bridgew.edu or mail to Davis Alumni Center, Bridgewater State University, Bridgewater, MA 02325.

NotaBene

MARRIAGES *The university celebrates the weddings of the following alumni:*

Sandra Lans Larusso, '**62**, to Bill Newhal on May 16, 2015 **Karen M. Lemaire**, '**03**, **G'08**, to **Roger C. Hooper**, '**04**, on August 15, 2015

Leah Zenaty to **Jeffrey P. Manzella**, '**05**, on June 27, 2015 Christine Typadis to **Michael Anastasia**, **G'14**, on July 18, 2015 **Renee Gendreau**, **G'14**, to Matthew Palin on July 25, 2015 **BIRTHS** Congratulations to BSU alumni on the new members of their families:

Alexandra Peccilacqua to **Robyn Peccilacqua**, '**01**, and Kristen Peccilacqua, on August 27, 2015 Kyle Michael Lachance to **Anne Vieira Lachance**, '**04**, on June 10, 2015

IN MEMORIAM *The university is saddened by the deaths of the following alumni and extends condolences to their loved ones:*

Ruth Cronin Jacoby, '36, on December 17, 2015 William J. Broderick Jr., '41, on September 11, 2015 Carmella Locantore Farina, '42, on October 29, 2015 George F. Riley, '42, on November 18, 2015 Frank J. Hilferty, '42, on December 11, 2015 (see page 9) Marion J. Bothwell, '43, on October 5, 2015 Margaret Gillis Zaniboni, '43, on November 19, 2015 Claire Emerson Dartnall, '45, on June 19, 2015 James F. Hughes, '48, on October 31, 2014 Harold Card, '48, G'52, on December 9, 2015 Lena Matulis Stitilis, '50, G'56, on August 19, 2015 Claire Peach McHugh, '51, on November 14, 2015 Elizabeth Benz Douthart, '51, on December 6, 2015 Mary Hart Cogan, '51, on December 14, 2015 (see page 8) Ursula Phillips Gamble, '52, on January 4, 2015 Sharon Sheldon Shaw, '53, on September 5, 2015 Charles G. Antonakos, '53, on October 9, 2015 Marie Haviland Leavens, '54, on October 17, 2015 Edward A. Arcikowski, G'55, on September 1, 2015 Janet Lee Green, '56, G'71, on September 27, 2015 Joan M. Baker, G'58, on November 15, 2015 David L. Flynn, '58, on December 9, 2015 (see page 8) Rosemary Moore Bowen, '59, on September 6, 2015 John G. Oddy Jr., G'59, on November 25, 2015 Nancy Kelly Swift, '60, G'77, on July 1, 2014 Charles R. Loverin, '60, G'63, on November 4, 2015 Peter B. Noves, '60, G'66, on December 21, 2015 Priscilla Nickerson Orcutt, '61, on January 31, 2014 Donna Griggs Cramer, '61, on September 4, 2014 Russell E. MaDan, '61, G'63, on August 12, 2015 William J. Donlan, '61, on November 19, 2015 Chester C. Buck, G'61, on December 19, 2015 Anne Micheau Kivlan, '62, on September 2, 2015 Diana C. Crooks, '62, G'66, on September 16, 2015 Thomas A. Williams Jr., G'62, on October 6, 2015 Albert F. Abelha, '62, on November 7, 2015 Carol E. Kenney, G'62, on November 13, 2015 Jarett W. Rose, '62, G'65, on December 4, 2015 Eleanor Nelson, G'63, on July 30, 2015 Robert F. Weiss, G'63, on November 29, 2015 Susan Adams-Greene Reilly, '64, on August 4, 2015 Arthur P. Curry Jr., '64, on August 5, 2015 Marilyn A. Willard, '64, on August 11, 2015 Louis O. Lorenzen, G'64, on September 24, 2015

Mary Bagarella Lindberg, '65, on August 23, 2015 Malcolm Perna, '65, on September 13, 2015 Patricia Brady McNeil, G'65, on October 3, 2015 Donald F. Eldredge, G'66, on August 10, 2015 Coe Heaney Shave, '67, on October 29, 2015 Catherine Maxwell Daniel, G'67, G'77, on November 25, 2015 Stephen J. Childs, G'68, on January 4, 2016 Charles H. Elwell, '69, on August 6, 2015 Mary P. Craig, '69, on October 23, 2015 James N. Carey, '70, on January 6, 2015 Marguerite K. Gillis, '70, on August 31, 2015 Christopher B. Slater, '70, G'77, on October 21, 2015 Jean E. Johnson, '70, on November 4, 2015 Judith A. Gregory, G'72, on August 14, 2015 Howard F. Gregory, G'72, on September 20, 2015 Mary E. Anderson, G'74, on November 18, 2015 Susan Caivano Pease, '74, on December 13, 2015 Doris Rinderer Gerace, '76, on August 4, 2015 Douglas Woodworth, '76, on December 13, 2015 Francis Leeper, '80, on October 5, 2015 Janewite O'Neill LeBlanc, '80, on October 13, 2015 Suzanne Hamel LaBombard, '81, on October 22, 2015 Georgia M. Herman, '82, on September 19, 2015 Valerie A. Kroon, '84, on November 8, 2015 Robin Starr Mitchell, '85, on September 4, 2015 Colleen W. Berman, '86, on December 28, 2015 Daniel N. Pearce, G'88, on September 22, 2015 Joanne M. McLaughlin, '88, G'96, on October 14, 2015 Janice A. Beyer, G'88, on October 18, 2015 Henry P. Burke, '90, G'91, on September 15, 2015 Paul J. D'Alfonso, '90, on September 27, 2015 Timothy J. Barbieri, '90, on October 22, 2015 Joanne Lane Sullivan, '90, on December 5, 2015 Nancy L. Roberts, '92, on January 3, 2016 Nancy Davis Welch, G'92, on August 19, 2015 Constance A. Stratton, G'92, on December 7, 2015 Salyan Downing, '94, on July 31, 2015 Michael V. Tonry, '96, on September 19, 2015 Daniel Boutchie, '97, on October 19, 2015 Bethanne Gruszka, '99, on September 10, 2015 Elsie P. Gomes, '01, on September 28, 2015 Nicole A. Alessi, '02, on December 25, 2015 Jeffrey M. Barnhardt, '06, on December 14, 2015 Patti J. Spector, '10, G'13, on August 30, 2015



Getting a lift

After 30 months of restoration work by Whales and Nails of Maine, the refurbished skeleton of a 16-foot pilot whale that hung for years in the former Conant Science Building is now on display in the atrium of the Dana Mohler-Faria Science and Mathematics Center.

Dr. John Jahoda, professor emeritus of the Department of Biological Sciences, brought the whale skeleton from Cape Cod to the old science building. When the building was torn down, it was decided the whale should be cleaned and preserved. Helping in the restoration was Dr. Donald Padgett of the Department of Biological Sciences.

In the photo above, an employee of the restoration company oversees the installation of the skeleton.



You change lives.

Your donation will provide financial assistance to hard-working and deserving BSU students, **like Jillian**, struggling to find a balance between work and school. Your gift today has the power to change a life. **Thank you!**

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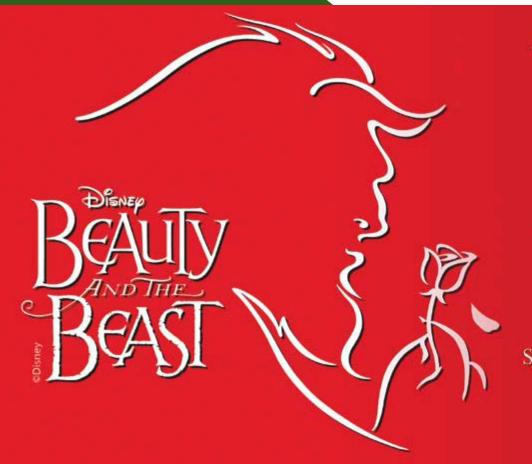


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A "Tale as Old as Time" is coming to BSU this summer!

Friday, July 8, at 7:30 PM
Saturday, July 9, at 2 PM
Saturday, July 9, at 7:30 PM
Sunday, July 10, at 2 PM
Friday, July 15, at 7:30 PM
Saturday, July 16, at 2 PM
Saturday, July 16, at 7:30 PM
Sunday, July 17, at 2 PM



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