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Authors	Hubrig, S.; SIDOLI, Lara; Postnov, K.; Schöller, M.; Kholtygin, A. F.; et al.
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A search for the presence of magnetic fields in the two supergiant fast X-ray transients, IGR J08408-4503 and IGR J11215-5952

S. Hubrig, 1* L. Sidoli, 2 K. Postnov, 3 M. Schöller, 4 A. F. Kholtygin, 5 S. P. Järvinen 1 and P. Steinbrunner⁶

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ABSTRACT

A significant fraction of high-mass X-ray binaries are supergiant fast X-ray transients (SFXTs). The prime model for the physics governing their X-ray behaviour suggests that the winds of donor OB supergiants are magnetized. To investigate if magnetic fields are indeed present in the optical counterparts of such systems, we acquired low-resolution spectropolarimetric observations of the two optically brightest SFXTs, IGR J08408-4503 and IGR J11215-5952, with the ESO FORS 2 instrument during two different observing runs. No field detection at a significance level of 3σ was achieved for IGR J08408-4503. For IGR J11215-5952, we obtain 3.2 σ and 3.8 σ detections ($\langle B_z \rangle_{hydr} = -978 \pm 308 \, G$ and $\langle B_z \rangle_{hydr} = 416 \pm 110 \, G$) on two different nights in 2016. These results indicate that the model involving the interaction of a magnetized stellar wind with the neutron star magnetosphere can indeed be considered to characterize the behaviour of SFXTs. We detected long-term spectral variability in IGR J11215-5952, whereas for IGR J08408-4503, we find an indication of the presence of short-term variability on a time-scale of minutes.

Key words: magnetic fields – binaries: general – stars: individual: IGR J08408 – 4503 – stars: individual: IGR J11215-5952 - supergiants - X-rays: stars.

1 INTRODUCTION

Among the bright X-ray sources in the sky, a significant number contain a compact object (either a neutron star or a black hole) accreting from the wind of a companion star with a mass above $10 \,\mathrm{M}_{\odot}$ (Liu et al. 2006). Such systems are called high-mass X-ray binaries (HMXBs). They are young (several dozen million years old) and can be formed when one of the initial binary members loses a significant part of its mass through stellar wind or mass transfer before a first supernova explosion occurs (van den Heuvel & Heise 1972). Studies of different types of HMXBs are of special interest to obtain reliable predictions about the populations of relativistic binaries such as double degenerate binaries, which are considered to be gravitational wave progenitors. Indeed, just a few weeks ago, scientists have directly detected gravitational waves from the spectacular collision of two neutron stars (e.g. Cowperthwaite et al. 2017). Furthermore, HMXBs are fundamental for studying stellar evolution,

Supergiant fast X-ray transients (SFXTs) are a subclass of HMXBs associated with early type supergiant companions, and characterized by sporadic, short and bright X-ray flares reaching peak luminosities of 10^{36} – 10^{37} erg s⁻¹ and typical energies released in bright flares of about 10^{38} – 10^{40} erg (see the review of Sidoli 2017 for more details). Their X-ray spectra in outburst are very similar to accreting pulsars in HMXBs. In fact, half of them have measured neutron star spin periods similar to those observed from persistent HMXBs (Shakura et al. 2015; Martinez-Nunez et al. 2017).

The physical mechanism driving their transient behaviour, probably related to the accretion of matter from the supergiant wind by the compact object, has been discussed by several authors and is still a matter of debate. The prime model for the existence of SFXTs invokes their different wind properties and magnetic field strengths, which lead to distinctive accretion regimes (Shakura et al. 2012, 2014; Shakura & Postnov 2017). The SFXTs' behaviour can be explained by sporadic capture of magnetized stellar wind. The effect of the magnetic field carried by the stellar wind is

¹Leibniz-Institut für Astrophysik Potsdam (AIP), An der Sternwarte 16, D-14482 Potsdam, Germany

²INAF, Istituto di Astrofisica Spaziale e Fisica Cosmica, Via E. Bassini 15, I-20133 Milano, Italy

³Sternberg Astronomical Institute, Moscow M.V. Lomonosov State University, 119234 Moscow, Russia

⁴European Southern Observatory, Karl-Schwarzschild-Str. 2, D-85748 Garching, Germany

⁵Saint-Petersburg State University, Universitetskij pr. 28, Saint-Petersburg 198504, Russia

⁶Freie Universität Berlin, Kaiserswerther Str. 16-18, D-14195 Berlin, Germany

nucleosynthesis, structure and evolution of galaxies, and accretion processes.

^{*} E-mail: shubrig@aip.de

two-fold: first, it may trigger rapid mass entry to the magnetosphere via magnetic reconnection in the magnetopause (a phenomenon that is well known in the dayside of the Earth magnetosphere), and secondly, the magnetized parts of the wind (magnetized clumps with a tangent magnetic field) have a lower velocity than the non-magnetized parts or the parts carrying the radial field (Shakura et al. 2014). The model predicts that a magnetized clump of stellar wind with a magnetic field strength of a few tens of Gauss triggers sporadic reconnection, allows accretion, and results in an X-ray flare. Since, typically, the orbital separation between the neutron star and the supergiant is a few R_{\ast} of the latter, the expected required magnetic field on the stellar surface should be of the order of 100-1000 G.

To investigate the magnetic nature of the optical counterparts in these systems, we recently observed the two optically brightest SFXTs, IGR J08408–4503 ($m_V=7.6$) and IGR J11215–5952 ($m_V=10.0$), using the FOcal Reducer low dispersion Spectrograph (FORS 2; Appenzeller et al. 1998) mounted on the 8-m Antu telescope of the VLT. The optical counterpart of the system IGR J08408–4503 is the O-type supergiant star HD 74194 with spectral classification O8.6 Ib-II(f)p (Sota et al. 2014). The orbital solution ($P_{\rm orb}=9.5436\pm0.002$ d, $e=0.63\pm0.03$) was for the first time determined by Gamen et al. (2015). This work also indicated that the equivalent width of the H α line is not modulated entirely with the orbital period, but seemed to vary with a superorbital period ($P=285\pm10$ d) nearly 30 times longer than the orbital one. This orbital solution also supported the existence of a correlation between high-energy outbursts and periastron passages.

The astrophysical parameters of the optical counterpart of the system IGR J11215–5952, the B0.5 Ia supergiant HD 306414, were recently studied by Lorenzo et al. (2014), who suggested that this supergiant of about $30\,M_\odot$ has just completed H-core burning, showing only slight enhancement of He and N. No clear orbital variability, neither in radial velocities nor in the photometric light curve, was detected. X-ray outbursts occurring every 164.6 d (Sidoli et al. 2007; Romano et al. 2009) strongly suggest that this recurrence time-scale is the orbital period. In this case, the outbursts are thought to be produced near the periastron passage, although the real orbital phase where they occur is unknown.

High-resolution optical spectroscopy with the FEROS instrument mounted on the ESO/MPG 2.2-m telescope on La Silla (Chile) suggested a high orbital eccentricity and the presence of pulsations, causing the measured radial velocity curve to deviate significantly from that expected from Keplerian motion (Lorenzo et al. 2014). Since, according to the model, supergiant magnetic fields can play a major role for the generation of outbursts, we carried out the first search ever for magnetic fields in the two brightest SFXTs accessible with the VLT. In the following, we present the results of our magnetic field measurements and discuss the detected spectral variability.

2 OBSERVATIONS AND MAGNETIC FIELD MEASUREMENTS

FORS 2 spectropolarimetric observations of both systems were obtained from 2016 May 14 to 2017 February 9. The FORS 2 multimode instrument is equipped with polarization analysing optics comprising superachromatic half-wave and quarter-wave phase retarder plates, and a Wollaston prism with a beam divergence of 22 arcsec in standard resolution mode. We used the GRISM 600B and the narrowest available slit width of 0.4 arcsec to obtain a spectral resolving power of $R \sim 2000$. The observed spectral range

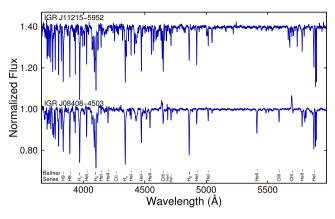


Figure 1. Normalized FORS 2 Stokes *I* spectra of IGR J08408–4503 and IGR J11215–5952. Well-known spectral lines are indicated at the bottom. The spectrum of IGR J11215–5952 was vertically offset by 0.4 for clarity.

from 3250 to 6215 Å includes all Balmer lines, apart from H α , and numerous helium lines. For the observations, we used a non-standard readout mode with low gain (200 kHz, 1 × 1, low), which provides a broader dynamic range, hence allowed us to reach a higher signal-to-noise ratio (SNR) in the individual spectra. The spectral appearance of IGR J08408–4503 and IGR J11215–5952 in the FORS 2 spectra is presented in Fig. 1. A description of the assessment of the presence of a longitudinal magnetic field using FORS 1/2 spectropolarimetric observations was presented in our previous work (e.g. Hubrig et al. 2004a,b, and references therein).

Rectification of the V/I spectra was performed in the way described by Hubrig, Schöller & Kholtygin (2014). Null profiles, N, are calculated as pairwise differences from all available V profiles so that the real polarization signal should cancel out. From these, 3σ -outliers are identified and used to clip the V profiles. This removes spurious signals, which mostly come from cosmic rays, and also reduces the noise. A full description of the updated data reduction and analysis will be presented in a separate paper (Schöller et al., in preparation, see also Hubrig, Schöller & Kholtygin 2014). The mean longitudinal magnetic field, $\langle B_z \rangle$, is measured on the rectified and clipped spectra based on the relation following the method suggested by Angel & Landstreet (1970)

$$\frac{V}{I} = -\frac{g_{\text{eff}} e \lambda^2}{4\pi m_e c^2} \frac{1}{I} \frac{dI}{d\lambda} \langle B_z \rangle, \qquad (1)$$

where V is the Stokes parameter that measures the circular polarization, I is the intensity in the unpolarized spectrum, $g_{\rm eff}$ is the effective Landé factor, e is the electron charge, λ is the wavelength, $m_{\rm e}$ is the electron mass, c is the speed of light, ${\rm d}I/{\rm d}\lambda$ is the wavelength derivative of Stokes I, and $\langle B_{\rm z} \rangle$ is the mean longitudinal (line of sight) magnetic field.

The longitudinal magnetic field was measured in two ways: using the entire spectrum including all available lines, among them 13 strong He lines, or using exclusively hydrogen lines, 13 in total. Furthermore, we have carried out Monte Carlo bootstrapping tests. These are most often applied with the purpose of deriving robust estimates of standard errors (e.g. Steffen et al. 2014). The measurement uncertainties obtained before and after the Monte Carlo bootstrapping tests were found to be in close agreement, indicating the absence of reduction flaws. The results of our magnetic field measurements, those for the entire spectrum or only the hydrogen lines, are presented in Table 1. The orbital phases of IGR J08408–4503 were calculated relative to a zero phase corresponding to the periastron passage at $T_{\rm per} = 2454\,654.04$ (Gamen et al. 2015). The

Table 1. Logbook of the FORS 2 polarimetric observations of IGR J08408–4503 and IGR J11215–5952, including the modified Julian date of mid-exposure, followed by the achieved SNR in the Stokes I spectra around 5200 Å, and the measurements of the mean longitudinal magnetic field using the Monte Carlo bootstrapping test, for the hydrogen lines and for all lines. In the last columns, we present the results of our measurements using the null spectra for the set of all lines, and the orbital phase (see text). All quoted errors are 1σ uncertainties.

MJD 57000+	SNR λ5200	$\langle B_{\rm z} \rangle_{ m hydr}$ (G)	$\langle B_{\rm z} \rangle_{\rm all}$ (G)	$\langle B_z \rangle_{ m N}$ (G)	$arphi_{ m orb}$	
IGR J08408-4503						
727.3424	2730	21 ± 132	162 ± 114	87 ± 135	0.080	
736.2242	3391	-184 ± 97	-29 ± 59	-37 ± 62	0.011	
745.2449	1844	269 ± 158	131 ± 100	-93 ± 82	0.956	
747.2578	3401	-141 ± 94	18 ± 67	-39 ± 63	0.167	
IGR J11215-5952						
522.0581	1012	-978 ± 308	-646 ± 317	0 ± 356	0.958	
528.0357	1926	406 ± 156	222 ± 93	-44 ± 93	0.995	
738.2863	2844	416 ± 110	208 ± 62	31 ± 67	0.272	
764.2995	1957	-96 ± 145	116 ± 73	-143 ± 88	0.430	
793.3257	2849	241 ± 113	133 ± 55	67 ± 48	0.606	

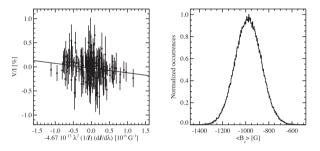


Figure 2. Left-hand panel: Linear fit to Stokes V spectrum obtained for the FORS 2 observation of IGR J11215-5952 on MJD 57522.0581. Right-hand panel: Distribution of the longitudinal magnetic field values $P(\langle B_z \rangle)$, which were obtained via bootstrapping. From this distribution follows the most likely value for the longitudinal magnetic field $\langle B_z \rangle_{\text{hydr}} = -978 \pm 308 \,\text{G}$.

same zero phase as in the work of Lorenzo et al. (2014) corresponding to the date of the first FEROS observation was adopted for IGR J11215–5952. The X-ray outbursts occurred at orbital phases close to 0.4, following Lorenzo et al. (2014).

The magnetic field of IGR J08408-4503 was measured on four nights in 2016, but no detection at a significance level of 3σ was achieved in any of the measurements. The magnetic field, if present, would likely be rather weak or variable. The highest value for the longitudinal magnetic field, $\langle B_z \rangle_{\text{hydr}} = -184 \pm 97 \,\text{G}$, at a significance level of 1.9σ was measured in the observation obtained on 2016 December 14. For IGR J11215-5952, we obtain 3.2σ $(\langle B_z \rangle_{\text{hydr}} = -978 \pm 308 \,\text{G}) \text{ and } 3.8\sigma \ (\langle B_z \rangle_{\text{hydr}} = 416 \pm 110 \,\text{G})$ detections on two observing nights, on 2016 May 14 and 2016 December 16, respectively. In Figs 2 and 3, we show linear regressions in the plots V/I against $-4.67 \cdot 10^{-13} \lambda^2 (1/I) (dI/d\lambda)$ together with the results of the Monte Carlo bootstrapping tests. No detection was achieved in the diagnostic N spectra, indicating the absence of spurious polarization signatures. The slopes of the lines fitted to the data directly translate into the values for $\langle B_z \rangle$. In Fig. 4, we present Stokes V spectra of IGR J11215-5952 obtained on these two nights in the spectral region around the H β line. For best visibility of the Zeeman features, we overplot the Stokes V spectra of

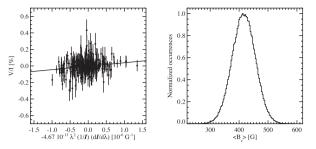


Figure 3. Left-hand panel: Linear fit to Stokes V spectrum obtained for the FORS 2 observation of IGR J11215-5952 on MJD 57738.2863. Right-hand panel: Distribution of the longitudinal magnetic field values $P(\langle B_z \rangle)$, which were obtained via bootstrapping. From this distribution follows the most likely value for the longitudinal magnetic field $\langle B_z \rangle_{\rm hydr} = 416 \pm 110 \, {\rm G}$.

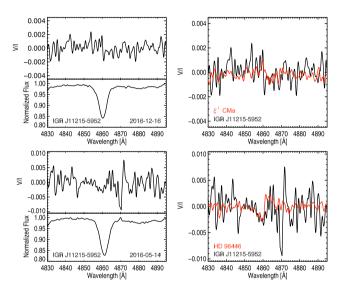


Figure 4. Left-hand panel: Stokes V and Stokes I spectra of IGR J11215–5952 in the spectral region around the H β line at two different epochs. Right-hand panel: Stokes V spectra of IGR J11215–5952 are overplotted with the Stokes V spectra of the two well-known magnetic early-B type stars ξ^1 CMa ($\langle B_z \rangle_{\rm hydr} = 360 \pm 49 \, \rm G$) and HD 96446 ($\langle B_z \rangle_{\rm hydr} = -1590 \pm 74 \, \rm G$) for best visibility of the Zeeman features.

IGR J11215–5952 with the Stokes V spectra of the two well-known magnetic early-B-type stars HD 96446 and ξ^1 CMa.

Regarding the significance of the magnetic field detections in massive stars at significance levels around 3σ , we note that the two clearly magnetic Of?p stars HD 148937 and CPD -28° 5104 have been for the first time detected as magnetic in our FORS 2 observations at significance levels of 3.1σ and 3.2σ , respectively (Hubrig et al. 2008, 2011). The detection of the magnetic field in IGR J11215–5952 at significance levels of 3.2σ and 3.8σ indicates that this target likely possesses a kG magnetic field.

According to the orbital phases presented by Lorenzo et al. (2014), the negative magnetic field $\langle B_z \rangle_{\rm hydr} = -978 \pm 308\,{\rm G}$ is detected at the orbital phase 0.958, whereas the positive magnetic field $\langle B_z \rangle_{\rm hydr} = 416 \pm 110\,{\rm G}$ is detected at the phase 0.272. The phase 0 in Lorenzo et al. (2014) corresponds to their first optical observation performed on MJD 54072.33. and has nothing to do with the true periastron passage. Using for IGR J11215–5952 the estimate of the stellar radius $R = 40 \pm 5\,{\rm R}_{\odot}$ and $v\sin i = 50\,{\rm km\,s^{-1}}$ (Lorenzo et al. 2014), the rotation period $P_{\rm rot}$ is expected to be equal to or less than 40.5 d, i.e. its length can be at least four times

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shorter than the orbital period of 164.6 d. We can speculate that if the ratio between $P_{\rm rot}$ and $P_{\rm orb}$ is indeed a factor of four, then the same region of the stellar surface of the optical counterpart of IGR J11215–5952, HD 306414, would face the compact component during the periastron passage.

3 SPECTRAL VARIABILITY

Since the presence of pulsations is frequently reported in early-type supergiants (see the most recent literature overview presented in the work of Lorenzo et al. 2014), we checked the stability of the line profiles in the FORS 2 spectra of IGR J08408–4503 and IGR J11215–5952 between the nights and along the full sequences of sub-exposures during each observing night. Whereas only the He II 4686 line was detected as variable in the four FORS 2 spectra of IGR J08408–4503 distributed over 20 d (Fig. 5), most line profiles in the five spectra of IGR J11215–5952 distributed over 271 d show intensity variations and small radial velocity shifts (Fig. 6). As discussed by Lorenzo et al. (2014), the spectral variability of IGR J11215–5952 can be caused by orbital movement combined with pulsational variability. The detected spectral variability can,

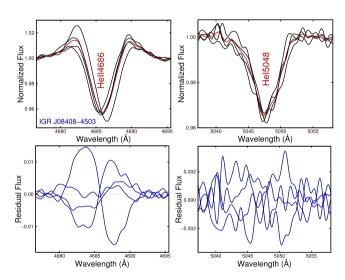


Figure 5. The variability of the He $\scriptstyle\rm II$ 4686 line (left-hand side) in the spectra of IGR J08408–4503 on four different orbital phases. The upper and lower panels show the overplotted profiles and the differences between the individual and the average (red) line profiles. No significant variability exceeding the noise level is detected in the He I 5048 line (right-hand side).

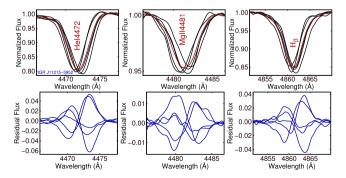


Figure 6. The variability of the spectral lines He I 4472, H β , and He I 5048 in IGR J11215-5952 on five different observing nights. The upper and lower panels show the overplotted profiles and the differences between the individual and the average (red) line profiles.

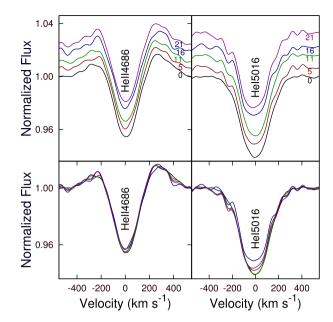


Figure 7. The behaviour of He II 4686 and He I 5016 in the spectra of IGR J08408–4503 obtained for individual sub-exposures belonging to the observation on 2016 December 5. In the upper row, we present the line profiles shifted in vertical direction for best visibility. The time difference (in minutes) between each sub-exposure and the start of observations is given close to each profile. The lower row shows all profiles overplotted.

however, also be caused by a surface inhomogeneous distribution of several elements as is usually observed in magnetic early-type Bp stars. Future careful high-resolution spectroscopic monitoring of this target would be useful to identify the origin of the detected variability.

To search for variability on short time-scales, we have compared for each observation the Stokes I line profiles recorded in each sub-exposure. Only very low intensity variability is detected in IGR J08408–4503 in the He II 4686 line, whereas it is stronger for the He I lines. In Fig. 7, we present the individual Stokes I profiles of He II 4686 and He I 5015. The line profiles in the FORS 2 spectra of IGR J11215–5952 look identical within the noise.

4 DISCUSSION

The formation, evolution, and fate of SFXTs is only partly understood, due to our limited knowledge about the evolution of massive stars. Obviously, understanding these systems is of immense interest, as they probably evolve to NS–NS or NS–BH binaries and are progenitors of gravitational wave signals.

The persistent presence of H α emission in IGR J08408–4503 can be explained by different physical processes, such as a departure from local thermodynamic equilibrium or/and by light scattering in a geometrically extended atmosphere. On the other hand, it is also possible that the star supports a centrifugal magnetosphere with magnetically confined material forming a disc-like structure around the magnetic equatorial plane. Depending on the dipole magnetic field strength and stellar rotation rate, such a magnetosphere would extend to the Alfvén radius of several stellar radii, allowing magnetized clumps of stellar wind to trigger sporadic reconnection during the periastron passage and mass accretion on to the compact companion, which would then result in an X-ray flare. Magnetized clumps caught in the region between the corotating Keplerian radius and the Alfvén radius would be centrifugally

supported against infall, and so build up to a much denser centrifugal magnetosphere. The non-detection of a magnetic field in our observations of IGR J08408–4503, which are all in orbital phases close to the periastron passage, might be explained by a magnetic field configuration in which we view the magnetic equator of the dipole during these phases. This would also require that the supergiant either rotates synchronously or in resonance with the orbit.

Our spectropolarimetric observations of IGR J11215-5952 revealed the presence of a magnetic field on two occasions. This target is the only SFXT where strictly periodic X-ray outbursts have been observed, repeating every 164.6 d (Sidoli, Paizis & Mereghetti 2006; Sidoli et al. 2007; Romano et al. 2009). To explain these short periodic outbursts, Sidoli et al. (2007) proposed that they are triggered by the passage of the neutron star inside an equatorial enhancement of the outflowing supergiant wind, focused on a plane inclined with respect to the orbit. This configuration of the line-drive stellar wind might be magnetically channelled (ud-Doula & Owocki 2002). The effectiveness of the stellar magnetic field in focusing the wind is indicated by the wind magnetic confinement parameter η defined as $\eta = B_*^2 R_*^2 / (\dot{M}_w v_\infty)$, where B_* is the strength of the magnetic field at the surface of the supergiant, R* is the stellar radius (R* = 40 R_{\odot}), υ_{∞} is the wind terminal velocity ($\upsilon_{\infty} = 1200 \,\mathrm{km \, s^{-1}}$), and $\dot{M}_{\rm w}$ is the wind mass-loss rate ($\dot{M}_{\rm w}=10^{-6}\,{\rm M}_{\odot}\,{\rm yr}^{-1}$; Lorenzo et al. 2014). Adopting $B_* > 0.7 \,\mathrm{kG}$ at the magnetic equator, we estimate $\eta \geq 500$, implying a wind confinement, up to an Alfvén radius $R_A = \eta^{1/4} R_* \ge 4.73 R_*$ (ud-Doula & Owocki 2002). This radial distance is compatible with the orbital separation at periastron in IGR J11215-5952, where the orbital eccentricity is high (e > 0.8; Lorenzo et al. 2014). The measured magnetic field strength in IGR J11215-5952 reported here for the first time is high enough to channel the stellar wind on the magnetic equator, supporting the scenario proposed by Sidoli et al. (2007) to explain the short periodic outbursts in this SFXT.

Long-term intensity and radial velocity variability of the wind line He II 4686 and short-term intensity variability in the He I lines were detected in IGR J08408—4503 and can probably be explained by the strong wind in the hot supergiant and by obscuration caused by the surrounding material. The long-term intensity variability and radial velocity variability of the hydrogen and He lines in IGR J11215—5952 were already detected by Lorenzo et al. (2014) and are probably produced by stellar pulsations or surface chemical spots.

Because of the faintness of SFXTs – most of them have a visual magnitude $m_{\rm V} \ge 12$, up to $m_{\rm V} \ge 31$ (Sidoli 2017; Persi et al. 2015) – no high-resolution spectropolarimetric observations were carried out for them so far and the presented FORS 2 observations are the first to explore the magnetic nature of the optical counterparts. Future spectropolarimetric observations of a representative sample of SFXTs are urgently needed to be able to draw solid conclusions about the role of magnetic fields in the wind accretion process and to constrain the conditions that enable the presence of magnetic fields in massive binary systems.

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