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Above: "Rocky" the Maine Lobster Festival mascot is parked behind Time Out Pub during set-up for the four-day event. Inset right: Maine Lobster Festival "sea princesses" pass the time during a July 31 rehearsal for the annual sea goddess pageant and coronation, which was held that night. The festival runs through August 4, at Rockland Harbor Park. PHOTOS: ETHAN ANDREWS



Belfast, Bucksport and Eureka

What's in the Nordic Plan for Us (And What Are We in for)?

by Ethan Andrews

The \$500 million salmon farm that Nordic Aquafarms has proposed to build in Belfast would have wide-ranging benefits, from a reduction in property taxes for city landowners to new job opportunities for graduating college students and blue-collar workers, according to members of a panel at a July 30 forum at the University of Maine Hutchinson Center.

The event, billed as "Nordic Aquafarms: What's in it for us?," started from the premise that there is something in the Nordic plan for Belfast and the larger community. City Councilor Mike Hurley, one of six panelists, laid out the case for lower taxes, saying that Nordic, in its first phase (\$125 million investment), would pay as much as the top 50 property taxpayers in Belfast today, and more than the top 100 at full build-out.

"We can't afford a sidewalk from Renys to the new soup kitchen," he said. "We are taxed far too high, we all are. There's nothing left to cut, and we can't even do many simple things."

Carter Cyr of Nordic Aquafarms described some of the beneficial byproducts (fertilizer, supplements, bait), related businesses — in response to an audience suggestion of insect farms for fish feed, he said, "That would be cool" — and the jobs that would come with the new facility, of which, he said, the larger share would be in processing.

THE NORDIC PLAN continues page 6

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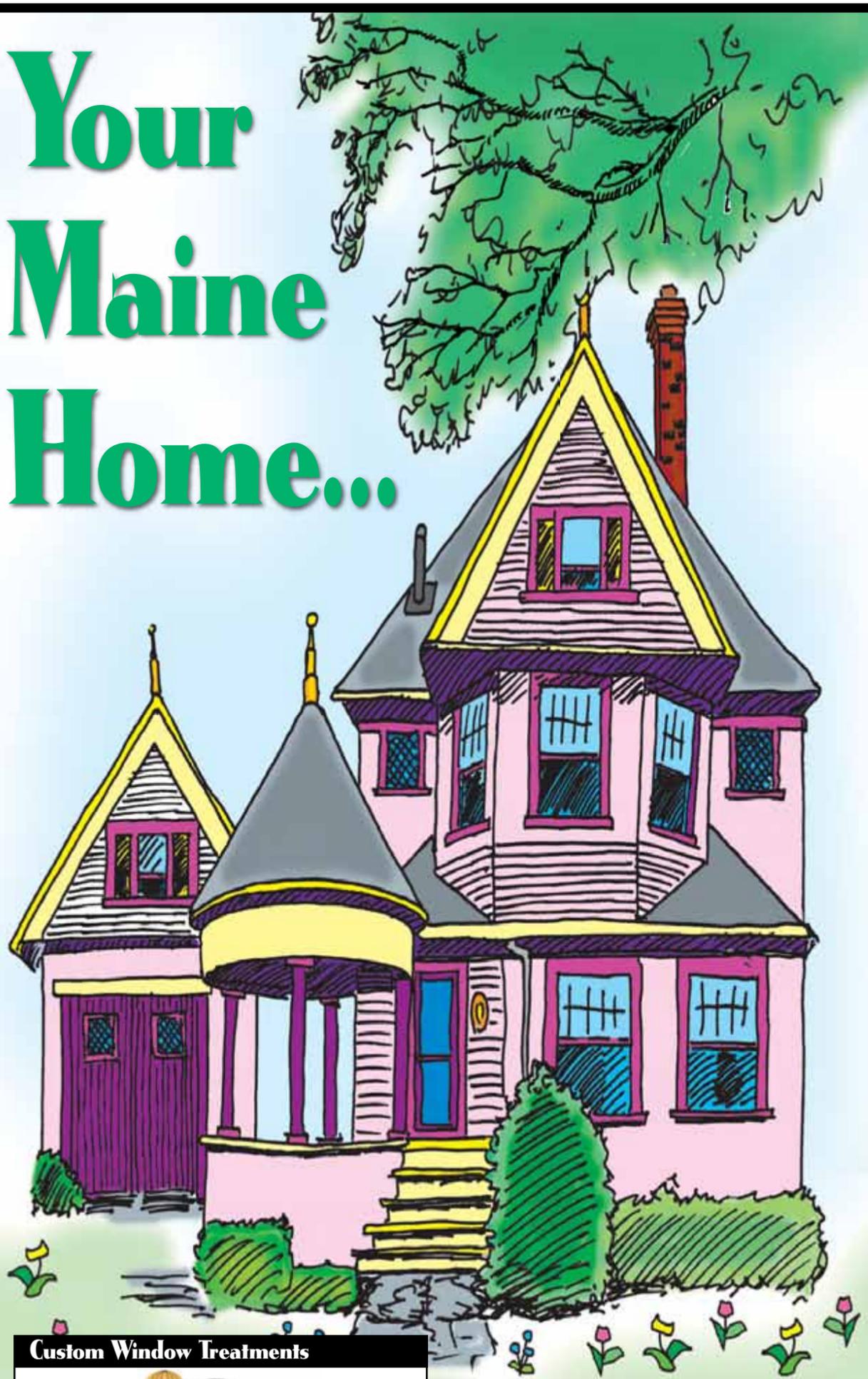
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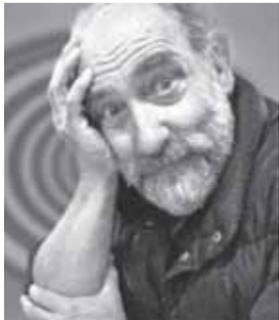
Just Saying ...

by Tom Sadowski

Thoughts on Toilets

In the process of installing a toilet in a remodeled bathroom, I could not find a wax ring in my extensive inventory of plumbing parts that I've unintentionally accumulated over the years. This took me by surprise as I now have enough new and used plumbing to open a plumbing store. It would be very eccentric but a plumbing store nonetheless.

You're not familiar with the wax toilet ring? Allow me to give you a quick primer. Attached to the bathroom floor is a flange that connects to the pipes in the sewer system. It's a round, usually plastic flange that's about a half inch high and has a 3-inch hole in the center where all the ... where all the toilet flushes enter the sewer pipes. The toilet is gently bolted to this flange and a watertight seal is made between the toilet and the floor flange with a mushy, donut-shaped wax ring that is a bit sticky and brownish.



The first time you unbolt a toilet and pull it off the floor you see this wax ring all pulled apart looking revolting and you'll think you have just eye witnessed all the unpleasanties you have ever imagined inside a sewer but, no, it's just the old wax ring.

Every time you re-install a toilet, you need a new wax ring. I have one in stock all right but it's one of those "extra-thick" kinds that I picked up, still new and in the box, at a yard sale. Extra-thick rings are used when the conditions around your drain are such that a standard-size ring won't seal properly.

The next time I trekked over to the big-box home store, I was confronted with a mind-melting variety from which to choose and my standard favorite was not even one of those featured.

Wow. I suddenly realized that somewhere in life I took a turn where I now have a favorite style *and* brand of toilet wax ring. This in spite of the fact that I am not, and have never been, a professional plumber. Further reflection on this disquieting point is indicated.

They did have another brand in a similar style but it was close to \$3. Next to it, however, was my preferred brand and style, only available as a professional six-pack. Per individual piece, the cost of the six-pack was a bargain but, still, should I go for the individual or for the half-dozen?

I stood there vexed. Would I be installing six more toilets (seven, counting the extra-thick wax ring I already have) before I'm too feeble to plumb? You don't want to die and have a shelf full of new wax toilet rings. Some desparate relative writing your obituary will look over your space and write, "He was quite fond of wax toilet seals as evidenced by his extensive collection at the time of his death."

In my youth I would go through home improvement stores and marvel at how many toilets they had for sale. I wondered who bought all those toilets, because I certainly never bought one or ever intended to buy one and yet I used toilets all the time. It was a gift from society or civilization: I could use a toilet any time I needed and yet not have to pay for one — and good thing; they were quite expensive.

Times have changed. At this point I have purchased my share of toilets and probably other people's shares as well. I make an attempt at the big picture: as civilized people, aren't we duty bound to graciously offer basic services and necessities to all humans in need to the best of our abilities? It builds community, acknowledges our common humanity and it's the right thing to do. It may be a rational stretch, but I have never been accused of thinking clearly for long periods of time.

I bought the six-pack.

Back at the bathroom remodeling project my wife caught sight of the wax toilet ring box. "You bought six wax rings? Why did you buy six wax rings?" "My intention is to live long enough to use them all" was the only short answer I could muster.

Anyway, if you need a toilet ring, I'll have what I don't use at my next yard sale. They won't be free but you will not find them any cheaper. And if you need to use the toilet, please ... right this way.

Contact the author by sending email to sadowski@tidewater.net. Online ordering of wax rings is not an option; this is not a plumbing store.

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Re: Rockland's Private, Gated Harbor—

I am in disbelief and I have been having irregular heart palpitations from my bovine heart valve after reading the article this week in The Free Press entitled: "Notes from Lime City." For once, both of these folks make pure unadulterated sense in the article with the headline: "Rockland's Private, Gated Harbor?" Is it possible, for the first time (most likely) that I must agree with both of them, the dynamic duo have combined their literary skills to conjure the most sensical in-depth, logical, factual, timely, critical, synopsis of the plans by the ultra-rich, self-serving to move forward with their attempt to privatize what we now call Rocklandia Harbor.

Now, if they were going to utilize Mt. Demo for some ultra-rich purpose, like a ski slope, snowmobile dirt track, or extending the boardwalk to the bog while charging an admission fee to make it an ongoing cash cow for the city of Rocklandia, I would be in favor and would want and expect to be the first to vote for it. However, this article is spot on about the desires of some of our city councilors (maybe one or two or three or four but not all five, I believe), even though no vote has been taken officially, but may have behind the coffee cups at the local bakery during one of those off-the-record City Council meetings conjured for the enlightenment of all women, and no men, to get a good education about how this city runs.

Please do not accept this as my approval or steadfast acceptance of the general publications of this duo, but this truly is an infusion of possible logical, common sense, acceptable, heartwarming, opportunity to show that there is some pie-in-the-sky chance that this is not going to go away and that the citizens of Rocklandia will prevail in safeguarding and sanctifying the past, present and future value of this, the most beautiful, useful, protected and valuable harbor in this state of Maine, bar none.

Dale Hayward, Rockland

Wet Sand—

So where would we go from here? Nordic Aquafarms has submitted four blanked-out deeds as evidence of "sufficient TRI." I have provided to the DEP and SLP a Philadelphia, PA, Registered Probate "COURT" finding, a document stating that these so-called deeds, unregistered and unregistrable papers are based on a non-existent set of property rights from "heirs at law" of Harriet L. Hartley of property in Belfast, Maine. Kevin Martin through a FOIA request has stated that Nordic and the Eckrotes have not submitted to the state agencies involved "boundary surveys" and Nordic has submitted a survey from Clark Staples that shows the Eckrotes land ending at the "high tide line." Nordic does not have any registered deeds or lease "rights" in Waldo County (as of last week), and let's not forget the "wet sand" letter from Erik Heim, or is that Ed Cotter.

Does the Ferris Quiet Title Decree, which is registered in the WCRD, and the certified entire docket that arrived from the state archives to my door mean anything to you, as in court action to quiet title being "the court has decided?" Res Judicata!

Jeffery Mabee and Judith Grace, as well as the other directly affected property owners, along with a gathering army of citizens and their attorneys, are beginning to wonder about our state government's support for the "rights" of foreign corporations.

The Southridge decision never contemplated fraud, or misleading, or withholding of previous decisions declaring the lack of fee interest by the applicant for license or permit. We have provided to you ample and overwhelming evidence that Nordic has zero actual rights.

I suppose the next step is for the BEP to deny a hearing on TRI on behalf of the interveners Mabee/Grace, and for Andy Cutco to give Nordic a lease until the Superior Court injunction/declaratory action is complete, and then ignore that, roll the barges, Cianbro!

Donald Richards is about to sign and seal and register in the WCRD a "Boundary Survey of the Lands of Jeffery Mabee and Judith Grace."

Meanwhile the State of Maine Commissioners of the DEP and the Conservation, Ag and Forestry, the Attorney General and all of his AAG, continue to accept the Nordic less-than-flimsy version of TRI and tell Mabee/Grace to get more court decisions. I presume that the state is intending to proceed to review, and I presume sign, permits to build this factory. Then what? Have we contemplated the next steps?

This is a complaint of criminal fraud, conspiracy to commit fraud and misleading filings, filings of improperly accepted survey-like documents by government employees. I accuse Nordic Aquaculture Inc. of these crimes. This complaint is directed to the Senate of the State of Maine, to the DEP and Parks and Lands, to the Attorney General and to the Sheriff of Waldo County. I believe this to be true and that the evidence I have provided of such activity by Nordic and its agents warrants an investigation.

Thank you for your attention to these troubling issues this morning.

Paul Bernacki, Belmont

In Defeat, Some Progress—

Recently, the Maine Superior Court ruled in favor of the City of Belfast in a suit brought by property abutters concerning perceived irregularities in the process of making changes to the City of Belfast Zoning and Comprehensive Plan. Concerns about the city's actions brought about the formation of a nonprofit organization, Local Citizens for SMART Growth (LCSG), which has been actively opposing Nordic Aquafarms' proposed project since April of 2018.

LCSG is grateful for all the support we've received during this uphill battle to protect our local waterways, the Little River forest and local democratic processes. While the lawsuit may be over, we are proud that the efforts of Local Citizens for Smart Growth have slowed down a process that was moving much too fast. Our work has allowed more time for questioning the viability and soundness of building a huge extractive factory along the Little River and Penobscot Bay. As a result, a healthier public dialogue has been able to take place and legitimate questions raised.

We now find ourselves able to put more energy into our ongoing efforts to support and grow truly local food systems, help restore the Little River watershed through dam removal, and continue to heal and protect Penobscot Bay. A commitment to local environmentally sustainable economic development, which includes a diversity of citizens' voices in all city governance and economic planning decisions, remains central to our mission. We look forward to working with supporters of these efforts as we strive to meet these goals.

To learn more, or get in touch, please visit our website at localcitizensforsmartgrowth.org.

Ellie Daniels

Local Citizens for SMART Growth

On with the Show—

Thomaston, congratulations and deep thanks for stepping in and rescuing the Zerbini Family Circus from the liberal, animal-rights clutches of the Rockland P.C. folk.

My wife and I attended the final sold-out performance of the circus, and it was an absolute delight to be part of this all-American, family entertainment. As far as the circus animals are concerned, it was obvious to all of us that they were treated with affection and professional respect. The ringmaster also pointed out that federal and state health regulations require that all of the circus animals are examined by a veterinarian monthly. Certainly no mistreatment here whatsoever.

Our country is facing an unprecedented attack on our quality of life by radical, left-wing groups who want to bring down any event, historical marker, figure of speech, tradition — including the circus — that doesn't comport with their bland, socially-engineered view of how we should live. We are witnessing the wussification of America and, sadly, Rockland was used as an instrument in that enterprise.

Now, take a well-deserved bow, Thomaston!

Doc Wallace, Rockport

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LETTERS / OPINIONS

Support Restorative Justice in Our Communities—

When you think about public health what comes to mind? Maybe it is a hospital, or doctors. Maybe it has to do with medicine, policy or maybe even environmental sustainability. For me, it's restorative justice (RJ).

Many people tend to think about public health in terms of physical or environmental factors but often forget that health is also significantly impacted by whether an individual possesses or lacks social connectedness, or what some consider social capital. Think about it, at what point in your life have you felt at your best or happiest? Chances are, it was at a moment when you were engaged with others rather than isolated.

Numerous studies have shown that social connectedness plays a huge role in physical, mental and emotional well-being. A study in the American Association for the Advancement of Science demonstrated that lack of social connectedness contributes more to poor health than high blood pressure, or even smoking. Lack of connectedness also causes anxiety, depression and antisocial behavior, and it increases crime. One study found, "Social connectedness considerably reduces murders, rapes, robberies, assaults, burglaries, and motor vehicle thefts.... Social connectedness especially reduces murders of adolescents and young adults during gang and drug activity."

Unfortunately, an article in Stanford Medicine says that "social connectedness is waning at an alarming rate in the U.S.... the modal number of close others Americans claimed to have in 1985 was only three. In 2004 it dropped to zero ... suggest[ing] that one in four people we meet may have no one they call a close friend!" Yikes!

But what's restorative justice have to do with it? Originating in indigenous communities, RJ believes when a crime occurs the social fabric of a community is torn. Thus, it seeks to repair the fabric by increasing social connectedness. One way it does this is through community conferencing, a circle-based process in which stakeholders — community members, victim/survivor(s), and offender(s) — discuss what happened, how it affected them, and assemble a repair agreement for the offender(s) to complete. Community conferencing allows stakeholders to be heard, victims to be supported, offender(s) to be encouraged to take adequate responsibility for their actions.

While RJ has been regarded by some as a reactive approach to crime, it is increasingly understood as a component of restorative practices which seek to build resilient communities. Practices also include community-building circles which provide a space for communities to forge relationships and address mutual concerns.

One organization implementing these strategies to reduce crime and increase public health is the Restorative Justice Project. RJP has successfully been engaged in community conferencing since 2005.

I arrived at RJP as a new intern a few weeks ago. As a Grinnell College student from Kansas, I only had a vague understanding of RJ. At Grinnell, I volunteer as a sexual assault advocate and have taught incarcerated men at a correctional facility largely populated by sex offenders. In these roles, I became increasingly frustrated with the isolation the people I work with experience. I found it increasingly hard to cope with the idea that punishment, especially severe punishment, is an effective response to harm. I witnessed this approach isolate sexual assault victims who did not want to pursue the criminal justice system in response to harm, and I witnessed the physical and mental isolation of those who have harmed, and how it stifled their ability to be held truly accountable and be seen as holistic human beings.

So, even though I was, frankly, still skeptical of RJ, I took a leap of faith and made my way to Maine. In just a short time, I have found RJ to be powerful and effective. It has changed my life, and I look forward to working more with RJP towards a more socially connected future. If we need to have strong social connections to reduce crime and increase health, and RJ succeeds in forging connectedness, it seems natural that we should support RJ in our communities.

Cynthia Romo, Orono

West Bay Rotary Yard Sale Fundraiser—

On Saturday, July 20, West Bay Rotary held a yard sale fundraiser. Midcoast Recreation Center was kind enough to let the club join their community yard sale and West Bay Rotary raised over \$1,300 for "End Polio Now." Because of matching funds from both the district and the Bill Gates Foundation, this actually translates to over \$7,800 for this worthy cause.

According to Rotary's website (endpolio.org) "The eradication of polio is one of our longest standing and most significant efforts. Along with our partners, we have helped immunize more than 2.5 billion children against polio in 122 countries. We have reduced polio cases by 99.9 percent worldwide and we won't stop until we end the disease for good."

West Bay Rotary, Camden

CMP, PUC, Utility Bills and the Great North Woods—

The Public Utilities Commission of Maine is to be roundly applauded for holding three public hearings in different parts of the State so that citizens could voice their concerns and complaints regarding the running of Central Maine Power. The PUC and their staff not only provided a commendable public service by doing so, they also displayed courtesy and patience during the proceedings. Folks who were unable to attend in person were given the opportunity to submit testimony via maine.gov/mpuc.

I was one of several hundred people who appeared in person to state my case. My case seemed trivial in comparison to some, whose sufferings at the hands of CMP could best be described as horrific. And yet I hope my appearance might prove to be one more nail in the case against this utility.

Normally my bills have averaged around \$125 prior to 2017. Needless to say, I was shocked when my electric bill jumped to over \$500 for one month. I have been trying to straighten this out since January of this year, but so far have been unable to do so. Now Electricity Maine has sent me a letter saying that I owe them \$521.18, which must be paid within 30 days, or else.

CMP has asked the PUC for permission to raise its rates by 10.65 percent. Testifiers overwhelmingly requested that they not be allowed to do so. An even better solution would be to create a utility system that is owned by the people of Maine, perhaps something along the lines of what Rep. Seth Berry has proposed. This is would keep Maine money in Maine.

In addition, CMP should not be allowed to cut through our great North Woods in an attempt to bring hydroelectric power from Quebec to Massachusetts, especially as no environmental assessment was allowed to be made. Dams and reservoirs have been proven to be an important contributor to climate change. See waterkeeper.org/hydropower-is-not-clean-energy for more information.

But more importantly for Maine, this project would involve 145 miles of transmission lines, 53 of which would be new lines cut through undeveloped forests in our great North Woods, harming brook trout, deer, other wildlife, and the tourism economy as detailed on the Natural Resources Council of Maine website: nrcm.org. Is this line a done deal? It shouldn't be.

Susan van Alsenoy, Wiscasset

Where's the Vermin?—

Well, I'm a white man. Probably as white as you can get. But I've lived in a city not unlike Baltimore, in a multi-racial neighborhood. I had a black man for a landlord. I lived in the house that he grew up in. I had black neighbors downstairs. I had a black neighbor who lived next door.

When I shopped at the local grocery store, I probably stood in line with black shoppers. When I sat at the local bar, I could have black guys sitting next to me. Said "Hi" to black persons on the street. I shared an apartment with a black friend.

When I couldn't go the many miles to be with relatives at Thanksgiving, I had dinner with a black family. When I rode the bus, I shared seats with black riders. When I drove the bus, I transported black children to their homes to be picked up by mothers, fathers, sisters, brothers, aunts, uncles, grandmothers and grandfathers.

I worked with black men, women and children. I ate soul food many times. I've been kissed by a black woman — more than once. Any of them can stand with Jesus any time they choose.

So, what city has the vermin? Let's look at a few: Pittsburgh, Buffalo, Rochester, Syracuse. How about Albany? I could live the life I described in any of those places.

Where's the vermin? I'll answer the question. The vermin is at 1600 Pennsylvania Avenue. You can guess the city.

Time to call Pest Management Control. Senate office building needs attention, too — start with McConnell's office.

John Spinney, Montville

A Few Seconds—

I'm a bicycle. My rider, although pretty careful, has to contend with potholes, cracks and bumps in the road, and traffic. My rider usually goes out early in the morning to avoid traffic but, no matter, when there are cars on the road, too. This worries me because I like my frame just as it is.

Here's a few tips. The big one is, treat me like a car, a slow car but a car. You wouldn't pass a car near the top of a hill or around a curve, you'd wait a few seconds until you could see ahead clearly. State law is cars must allow three feet when passing a bike. Let me tell you that is closer than you think. Don't pass when there's a car coming the opposite direction, our roads are not that wide. Take a few seconds to slow down and pass safely. If you see a bike rider "gesturing" at you, you may have been too close. Lastly, thanks to all the contractors in pickup trucks who almost always pull out into the other lane to pass. You're doing it right. Please tell the semis and dump trucks to do the same. A few seconds and we all get there safe.

Phil Bailey, Camden

For Our Police Departments—

Maybe someone at The Free Press could put a blurb in the paper about this idea: "Indiana City Police Allow People to Pay Off Parking Tickets by Donating Cat Food to Shelters."

Silvia Shanahan, Rockland

Re: Family Dynamics and Politics—

I'm writing this in response to a letter that was sent in by Dr. Rapaport of Rockland, "Thoughts on Family Dynamics and the Parallel to Politics," which was posted in the July 18 Letters to the Editor.

First: I take exception to comparing our president and government to family and Daddy Dearest. They are not my family and definitely not my Father, good or bad. I realize this is only an analogy, but I consider it a poor one. A father figure suggests someone who has direct power and control over you. An autocrat, total control, one who can discipline you as he pleases, using the excuse, "it's for your own good." Sometimes it already seems that way, but I pray that there are still enough sensible people in this country and government to put the brakes on letting that kind of power overcome us. We haven't quite reached a dictatorship form of government yet, but it does seem like we are working toward it, especially when they cite "executive power" as an excuse for running roughshod over us. Where in the heck did that kind of power come from to start with? It certainly doesn't mention it in our Constitution. It is just another one of those little power things that our daddies seem to have slipped in on us, and we have meekly, like sheep, followed along. We have allowed, even begged, the government to take over so many areas of our lives that I don't believe were ever intended to be under the government's province. Our Constitution seems to be getting chiseled and nipped away at, especially since 9/11. Interpretations of our Constitution seem to be straying farther and farther astray under the pretext that Big Brother, Daddy and Family know what we need, what's best for us, and therefore act on it. Whatever happened to checks and balances? Why does everything seem to be extreme? Far to the right or left. Power, power, power, seems to be the goal — how I can best serve my country, but only if I'm holding the power. What happened to talking and working together, instead of just a few people drawing lines in the sand and trying to be king/queen of the hill? Why does our Family seem to be working so hard to bash each other that there doesn't seem to be time to make laws and policies that will help improve our country, not drag it down. No, the government is not my family and father, and if that is truly the view people have and are accepting, then God help us all. Freedom will soon be dead, and Daddy and his minions will be the ruling factors. I foresee a totalitarian form of government with Our Family watching out for us and calling the shots.

The second thing I take exception to is blaming Family for our current situation. Yes, they definitely are at the center, but it is the media and how they present these issues that only exacerbates and keeps emotions running high. The very language, the fact that they are like a dog with a bone that doesn't want to let go. They present or emphasize more one side or another. Have we forgotten there are two sides to every coin/story? Wouldn't it be nice if they presented a balanced piece of news and let us be the ones to decide without all the emotional hype escalating the situation, but rationally weighing the pros and cons. If you listen to the news, everyone they mention is guilty, even before all the facts are presented. If you aren't on the current popular side as presented by the media then you are prejudiced, gender biased, or racist. If, as Dr. Rapaport reports, this affects our children, not to mention ourselves, then it is our fault for not monitoring and talking to them about what they are hearing and seeing. Some are probably being instilled with our own irrational and hysterical views by seeing and listening to us react to what's being presented in the news. We, the actual real parents, have the duty of overseeing our children. It is our responsibility, not our schools' and certainly not the government's, to oversee our children's growth into being healthy physically and in mind, spirit, and especially to instill in them our core values. Turn off the TV, show you love them and care. Talk to them, listen to them, and show by example. We are the first line of defense against negative outside influences. It is we, the parents, who are the bastions. We hold the future in our hands by our actions and how we handle the choices that are presented to us. This is what we should be doing and not think that it is the responsibility of our schools and governments to teach our children values, loyalty, independence and good decision-making skills. Show the media that we are stronger than them, by not allowing them to bombard and brainwash us, that we can think and make our own decisions.

Uncle Sam, Big Brother, or Daddy, relatives that need to be on a leash, a Constitutional leash, with a narrower interpretation of it, not influenced by party lines.

Kathleen James, Rockland

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Email letters to copyedit@freepressonline.com or mail them to The Free Press, 8 North Main St., Suite 101, Rockland, ME 04841.

THE NORDIC PLAN CONTINUED FROM PAGE 1

“That’s particularly exciting,” he said. “It’s a lot of hands-on work.”

Alicia Gaiero, a University of Maine Farmington student going into her senior year, who is researching the public awareness and perception of the aquaculture industry as part of an internship and approached Nordic CEO Erik Heim out of interest in what Nordic is doing, called the proposed salmon farm “another reason to stay” in Maine, for students like herself who might otherwise move away.

“This is an industry I’m totally stoked about,” she said.

The event was attended by about 85 people, including Nordic CEO Erik Heim and Maine Department of Economic and Community Development Commissioner Heather Johnson. It was the latest chapter in an ongoing, and largely speculative, community discussion about what Belfast stands to gain from the salmon farm, and at what cost.

With any large development that requires local permits and approvals, there’s a deal to be made. And with a planned investment of as much as \$500 million, it wouldn’t be unusual for Nordic to use the leverage of new jobs and tax revenue to get what it can from the city. The company has done some of that, negotiating a deal behind closed doors to buy a prime Water District property and getting the city to contribute \$240,000 toward the land purchase, an assessment of an adjacent dam and dechlorination of a portion of the city water to be used in the facility. But these would barely register in the world of business incentives, which begs the question of whether Nordic will ask for more.

The Free Press looked at two recent exchanges in other communities for clues about what Belfast might expect.

Bucksport

Whole Oceans LLC, another aquaculture company with plans for a land-based facility in Maine, recently struck a deal with the town of Bucksport to reduce its property taxes over the next two decades by about \$9.5 million. The company is preparing to break ground on a land-based Atlantic salmon farm on a portion of the former Verso Paper mill site. In its final phase, the facility would produce 22,000 metric tons of salmon, or a little less than two-thirds of what Nordic plans to produce.

Under the tax-increment-financing (TIF) agreement with the town, which begins in July 2020, Whole Oceans will not pay any taxes on the value of improvements it makes to the property for the first five years. From years 5 to 10, the company will pay taxes on 25 percent of any added valuation, and from years 11 to 21, on 50 percent. Bucksport Town Manager Susan Lessard said the TIF was structured that way because raising fish at the new facility will mean that Whole Oceans must operate for four years before turning a profit.

Over the term of the agreement, Whole Oceans will pay about \$4.8 million in taxes on improvements it makes to the property, Lessard said. Additionally, Bucksport will collect property taxes on the former pulp mill land based on the assessed value at the time of purchase — roughly \$23,000 per year (\$483,000 over the term of the TIF) — and Lessard said the town will get another \$10 million through the state’s Business Equipment Tax Exemption program, based on personal property taxes, for which Whole Oceans will be able to claim an exemption. While that’s money that the town would have received anyway, she said, “If Whole Oceans wasn’t there, we wouldn’t get anything.”

And as the prevailing wisdom goes in economic development, if the tax incentives weren’t there, maybe Whole Oceans wouldn’t be either. Lessard said the town had TIF agreements with the paper mill, so, in a sense, nothing is lost.

Additionally, Whole Oceans plans to create 50 to 70 full-time jobs at the fish farm, and Lessard said the development will benefit other businesses, including those that once played a supporting role to the mill. The TIF agreement will allow Bucksport to shelter \$42 million in new valuation from the state’s education funding formula, which means Bucksport’s share of the Regional School District 25 bill won’t spike, as it probably would have.

Lessard said Bucksport town officials knew from the start that Whole Oceans would request a TIF. She added that the

town wasn’t included in some of the common state tax incentive programs because it had the mill and was not seen as needy. “So, for us, the only thing we really have to help a business is tax-increment financing,” she said.

Asked about Nordic in Belfast, Lessard said she hasn’t been part of that conversation, but she drew one distinction. “It’s a very different development,” she said. “This is an industrial application on an industrial site.”

Thomas Kittredge, Belfast’s economic development director, on July 29 pointed out another difference between Belfast and Bucksport.

“The biggest reason why there is support from elected officials and staff is the chance to expand the tax base and offer property tax reductions,” he said. “The jobs are not inconsequential, whether you’re talking 60 jobs or 100 jobs, but I think the biggest potential benefit to this project is the increase to the tax base.”



Carter Cyr, right, of Nordic Aquafarms speaks during a panel discussion at the University of Maine Hutchinson Center in Belfast about potential benefits of the company’s proposed salmon farm. Also pictured are, from left, Belfast Water District Superintendent Keith Pooler, Parker Hadlock of Cianbro and Belfast City Councilor Mike Hurley. PHOTO: ETHAN ANDREWS

Belfast also has a different history with TIFs. The city has two TIF districts — one that encompasses the downtown and waterfront, and another on Northport Avenue that was put in place to fund a sewer extension. Both have multiple businesses within them, and neither is the type that gives direct incentives like the tax breaks Whole Oceans will get in Bucksport. The city has only made one so-called “credit-enhancement” TIF agreement, when it put up \$400,000 to guarantee a bank loan taken by Front Street Shipyard in 2017.

Kittredge said he plans to make recommendations with regard to expanding the Northport Avenue TIF district to include Nordic Aquafarms. But the goal of any changes to the TIF district, he said, would be to “provide the maximum benefit to taxpayers.”

Eureka

Across the country, Nordic Aquafarms on July 23 asked the Humboldt County, California, Board of Supervisors to take care of several million dollars’ worth of environmental remediation and water treatment that would be necessary for the company to build a facility on the Pacific Coast.

Nordic hopes to build a \$400 million fish farm on the Samoa Point peninsula in Eureka, California. CEO Erik Heim told the county supervisors that the type of fish to be raised there remains to be determined, but he anticipated the facility would be able to produce 22,500 metric tons of it and generate \$200 million in revenue per year at full capacity.

Heim described the Samoa Point facility as an “anchor project for the peninsula” that could draw other aquaculture and related businesses to the former industrial area and be a catalyst for green development — in addition to its technologically green approach to fish farming, Nordic is seeking a 20-acre site for a solar farm to offset energy costs at the Samoa Point facility. He touted the jobs the new facility would bring, full-time at prevailing wages, and said Nordic operates by the Norwegian philosophy that a company should be committed to developing its employees.

However, during due diligence, he said, Nordic found turbidity and bacterial spikes in the freshwater supply at the

site — 30 acres that was last home to a pulp mill — making it “not suitable for aquaculture and perhaps some other activities associated with water.”

“So, what we are summing up, really, as a question here is what the county’s plan is, in terms of preparing the peninsula with necessary infrastructure for some of these kind of activities,” Heim said. Additionally, he asked the county to perform an environmental cleanup of the brownfield site.

Scott Adair, the county’s director of economic development, said the cost of correcting immediate problems with the water system for Nordic would be in the “several million dollar range.” He added that fixing the entire system, which serves 80,000 people and has suffered from deferred maintenance, would cost \$16 million to \$34 million.

Supervisor Virginia Bass acknowledged the big price tag, but said it wouldn’t be strictly a giveaway to Nordic. “When someone sees the word ‘incentives,’ they get all strange about it. You’re trying to just give money away to encourage people to come,” she said, adding later, “If we want to see any additional economic development, we have to start looking in the direction that we are willing to work with people to make things happen.”

Vice-Chair Estelle Fennell agreed that supervisors are willing to work with Nordic, but she pushed back gently on the request, saying, “We have a lot going for us in terms of your decision [to locate here].”

Adair said his office has been working with Nordic since the company arrived eight months ago, “and the message we’ve heard consistently is that Nordic is not necessarily looking for incentives directly from the county for the project, but just looking to the county for help and guidance to address and solve this infrastructure problem that exists out on the peninsula.”

The supervisors steered clear of suggesting that the county would foot the bill, but they took on the challenge of finding money, voting to come back to the table in 45 days with funding and financing solutions for the infrastructure problems.

Belfast

In Belfast, Nordic has moved beyond due diligence to seeking state permits, and its request for water treatment was included in the \$240,000 already approved by the city. The site in Belfast also differs from those in Bucksport and Eureka in that it is not a former industrial site but an undeveloped woodland. It stands to reason that environmental remediation of the sort requested in Eureka would not be necessary. Likewise, Belfast is not trying to jumpstart a former industrial site where tax incentives were previously in place, so there is not an obvious reason that the city would offer tax incentives like those received by Whole Oceans. It remains to be seen whether Nordic asks the city for more, but neither Bucksport nor Eureka is a direct parallel. Which is to say, neither of those places is Belfast.

Nordic’s response

The Free Press asked Marianne Naess, commercial director for Nordic Aquafarms, by email whether the company has discussed additional financial incentives with city officials or staff. She replied:

“There are many federal and state economic development incentive programs intended to spur economic development and create jobs in the U.S. These programs were created by U.S. elected officials and the government for all kinds of businesses. Some may be more relevant than others for Nordic Aquafarms. We have not pursued specific plans or incentives similar to those in Bucksport for the Belfast project. We do, however, reserve the right to look into available programs like any other business in Maine. Any state or federal programs that would benefit Nordic Aquafarms will also benefit the people of Belfast by creating local jobs and competitive businesses. There is no reason why Belfast should not secure its fair share of such funds as these otherwise will go to other communities and projects. It is likely that we will take a closer look at relevant state and federal programs as we move along.

“We are currently focused on permitting and have not pursued any new incentive programs with the city of Belfast.”

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Single-Sort Recycling Rollout Earns Praise in Rockland

Rockland officials and ecomaine, the member-owned, nonprofit recycling and waste-to-energy operation that serves the city, are touting residents' enthusiasm and aptitude for recycling after the citywide launch of single-sort recycling in June. The single-sort recycling program allows Rockland residents to collect paper, cardboard, metal cans, glass bottles and jars, and hard plastic containers #1 through #7 in one container for recycling.

A July 24 press release from ecomaine reports first deliveries of single-sort recycling in Rockland diverted more than 48 tons of recyclables from landfills. Notably, the city's rate of contamination — materials that are placed in the recycling bins but are not recyclable — has averaged just 3 percent.

Rockland Director of Public Services Dave St. Laurent is quoted in the release, saying that residents requested more than 400 blue recycling bins at the start of the program. "I'm extremely proud of the fact that we've kept most of the contamination out of our stream, which helps save the city greatly on contamination fees."

Matt Grondin, ecomaine communications manager, cited education efforts for city staff and residents, in-person and online, as reasons for Rockland's response.

For more information about sorting recyclables from trash, visit ecomaine's website at ecomaine.org. Ecomaine has full-time education staff who can provide presentations and programs to residents and students in Rockland at no cost, to help support proper waste management.

Y Receives \$70K in Grants for Youth Food Support, After-School

Central Lincoln County (CLC) YMCA recently received two sources of support for anti-hunger and youth programming during 2019–2020. The national YMCA awarded the local affiliate an Anti-Hunger Year-Round Food Program grant; and a Community Development Block Grant came through the Town of Damariscotta on behalf of the Y to support the participation of low- and moderate-income families in the Y's new Thrive at the Y after-school program and Feed the Teens Initiative.

The \$20,000 grant from the Anti-Hunger Year-Round Food Program will help support CLC YMCA's participation in the Free Summer Meals Program, in partnership with Healthy

Lincoln County, which has been expanded this summer.

The \$50,000 Community Development Block Grant will enable CLC YMCA to provide nutritious food every day after school for youth in grades six through 12 during free, scheduled activities. Food will be prepared as part of the new Thrive at the Y after-school program, where youth in kindergarten through grade five may participate in physical and other activities, including gardening; prepare and share locally sourced, nutritious food; and receive homework help, academic enrichment with STEM and literacy support.

Registration is currently open for the 2019–2020 Thrive at the Y after-school program. For more information, visit clcymca.org or call 563-9622.

Gibbs Library presentation —

New Consumer-Owned Utility Proposal

State Rep. Seth Berry (D-Bowdoinham) will present details of a proposal to create a new consumer-owned utility to replace Central Maine Power Company and Emera Maine in a talk at Gibbs Library in Washington on Thursday, August 8, at 7 p.m.

Berry will outline his proposal to establish a Maine power authority that would operate like other Maine utilities such as Kennebec Light and Power or Eastern Maine Electric Cooperative. The new company would be solely responsible to Maine ratepayers instead of to investors, as is the current power plan. A taskforce of electric power delivery experts and ratepayers would study potential savings to rate payers, the logistics of transitioning equipment or per-

sonnel, reductions of greenhouse gases, and overall responsiveness to consumers.

Berry is the House Chair of the Maine Legislature's Joint Standing Committee on Energy, Utilities and Technology, which works to improve access to affordable clean energy and high-speed internet. He represents Bowdoin, Bowdoinham, Richmond and Swan Island.



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Page Leaving After Six Years Rockland Main Street Seeks New Director

by Ethan Andrews

The downtown revitalization and economic development group Rockland Main Street is starting the search for a new executive director to replace Gordon Page Sr., who will step down in 2020. Page joined Rockland Main Street in 2014 and notified the group's board of directors last December of his intention to retire.

Jake Miller, president of Rockland Main Street, said in a press release that while the board is sorry to see Page leave, they are very happy that he has provided plenty of advance notice and time to find a qualified replacement. Neither Miller nor Page could be reached for additional comment.

Page has been a resident of the midcoast for almost 40 years, arriving in 1982 as director of quality assurance and product integrity at National Sea Products, a frozen seafood manufacturer then located on the Tillson Avenue waterfront.

Before becoming involved with Rockland Main Street, he held executive management positions in the media, hospitality, tourism and transportation industries and owned a small marketing and public relations business. He is a member of the Owls Head Select Board and a past president of Rockland Kiwanis Club and Penobscot Bay Regional Chamber of Commerce. Page was also vice president and director of Passenger Operations of Maine Eastern Railroad.

When he was hired in 2014, Page said that the focus of the organization would be "the development of greater diversity in the makeup of the business offerings, making the downtown more relevant to more people, while maintaining the pleasant blend of what has become known as Rockland's salty sophistication."

A search committee is in the process of making a plan to recruit Page's successor, with help from Maine Downtown Center and the National Main Street Center, according to a press release from the organization.

Rockland Main Street, Inc., located at 417 Main Street, is a nonprofit partnership of residents, businesses and local government. The organization, now in its 11th year, is one of 10 nationally accredited Main Street Communities in Maine, along with Augusta, Bath, Belfast, Biddeford, Brunswick, Gardiner, Saco, Skowhegan and Westbrook.



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Fisherman Dolls in Port Clyde — Port Clyde's annual Fisherman Doll Fair will be on Wednesday, August 7, from 10 a.m. to 12:30 p.m. at Port Clyde Baptist Church, 843 Port Clyde Road. Two original sewing-circle quilts from 1978 and 1982 will be on display and there will be a craft table, Christmas table and bake sale. A flea market will take place in the parsonage garage across the street from the church from 10 a.m. to 3 p.m. For more information, call Terry Bomba at 372-8082.

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In Wiscasset —

WindowDressers Taking Orders

WindowDressers, a Maine nonprofit, provides supplies, training and support to teams of community volunteers who build affordable, insulating window inserts at local workshops throughout the state. The inserts fit inside existing windows to let in sunlight and views while keeping more heat inside homes. Depending on the efficiency of a home and its windows, inserts could result in fuel savings of up to 20 percent.

WindowDressers volunteers are taking orders for window inserts to be built at First Congregational Church, 28 High Street in Wiscasset. Volunteers will build frames Thursday and Friday, October 17 and 18, and construct inserts Monday through Thursday, October 21 through 24. Wiscasset volunteers can supply about 25 homes; interested households can sign up by calling Marty Fox at 882-8430 or emailing him at martythyle@hotmail.com.

Pricing is based on size and finish (natural pine or white). A 30-by-52-inch pine insert costs \$39.98 plus tax; a white

insert costs \$50.80 plus tax. WindowDressers offers low-income households up to 10 pine inserts at no charge. Donations of any amount are welcome.

For a full list of program locations and more information, visit windowdressers.org or phone 596-3073.

WindowDressers in Belfast Taking Orders

WindowDressers in Belfast will be building window inserts for area residents this fall. Volunteers construct the affordable insulating units and sell them at reasonable prices; this year, the group has received a grant from the New England Grassroots Environment Fund that will help provide inserts for those who cannot afford them. Windows must be measured no later than mid-October. To participate, visit windowdressers.org or call 596-3073.

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In Central Lincoln County —

Bike-Powered Smoothies at the Y

Central Lincoln County YMCA and LincolnHealth are offering Rock the Bike, an opportunity for riders of a "bicycle blender" to make their own smoothies from locally sourced produce using pedal power. Participants pay for smoothie rides by donation and all are welcome to take part.

The bike will be available at the following locations:

- Monday, August 5, from 4 to 6 p.m. at Rising Tide Farmers Market, 323 Main Street, Damariscotta.
 - Tuesday, August 6, from 4:30 to 6:30 at CLC YMCA, 525 Main Street, Damariscotta.
 - Wednesday, August 7, from 9 to 11 a.m. at CLC YMCA.
 - Thursday, August 8, from 9 to 11 a.m. at CLC YMCA.
 - Friday, August 9, from 9 to 11 a.m. at Coastal Rivers Conservation Trust Farmers Market.
- For more information, visit clcymca.org.

Camden High School Alumni Banquet

The Camden High School (CHS) Alumni Association will hold its 114th banquet on Friday, August 9, at Point Lookout in Northport; doors will open at 4 p.m. The deadline for buying tickets, which are \$30, is Friday, August 2; none will be available at the door. Tables will be reserved for the reunion classes of 1944, '49, '54, '59 and '64.

To purchase tickets, send a check — payable to CHS Alumni Association — along with a self-addressed, stamped envelope to Sheila McFarland, 448 Youngtown Road, Lincolnville, 04849. Include year of graduation, maiden name, and spouse's or guest's name. For more information, call Roger Moody at 236-9058.

A silent auction will begin at 4 p.m. and continue throughout the meal. Anyone wishing to donate items may email David Ames at damesref@tidewater.net or phone 789-5118. Donations will be accepted through August 4.

CHS Alumni Association presented four scholarships totaling \$4,000 to Camden Hills Regional High School graduates this year.

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150 Years of Union Fair –

Union Historical Society looks back on 150 years of the Union Fair at its program on Wednesday, August 7, at 7 p.m. in the Old Town House, just off the Common, at 128 Town House Road. A PowerPoint presentation by Jeff Nims will feature old photos, including one of a camel race. The North Knox Agricultural and Horticultural Society was established with five towns: Union, Warren, Hope, Appleton and Washington. The first fair was held in 1869 at the Wingate and Simmons carriage shop; livestock was held in pens on the Common. Trustees purchased the current fair location from Union Track Association in 1902 and took the name Knox Agricultural Society. Refreshments will be served. For more information, call 785-5444.



4-H Seeks Volunteers to Work with Children at Union Fair –

University of Maine Cooperative Extension 4-H seeks volunteers to teach children about the importance of farming at the 4-H Farm-to-Fair interactive exhibit at the Union Fair Saturday, August 17, through Saturday, August 24. Volunteers will be introduced to the exhibit during an orientation and receive farming facts to share. Volunteer shifts run from 11 a.m. to 2 p.m. or from 2 to 5 p.m. Individuals as well as groups from organizations and businesses are welcome to get involved. To volunteer, for more information or to request a reasonable accommodation call Cindy Rogers at 832-0343 or email cynthia.rogers@maine.edu.

Loaves & Fishes Plans Farm-to-Table Lunch

For more than 30 years, lunch has been served every Saturday and Sunday at St. Peter's Episcopal Church in Rockland. The Loaves and Fishes lunch program provides food for 30 to 75 guests each week. The program is run by 11 lunch teams, who take turns organizing and serving the meals. Adas Yoshuron Synagogue (AYS) in Rockland is one of the teams, with members preparing and serving food the first Sunday of every month.

AYS member Elizabeth Siegel has organized something a little different for Sunday, August 4: All of the food will be grown and prepared by Maine farmers and gardeners. This farm-to-table meal is possible thanks to: Three Duck Farm, Creamed Baking Company, SeaLyon Farm, Island Mushroom Company, Heritage Home Farm, Appleton Creamery, Tiny Roots Organic Farm, B+T Baked Goods, Sani e Felici Farm, ME Water Buffalo Co., Turtle Rock Farm, Fieldstone Farm and Frostfire Farm.

If you would like to contribute a homegrown dish or help serve at the soup kitchen this Sunday, contact Elizabeth Siegel at heritagehomefarm@gmail.com.



Twin Villages Foodbank Farm in Damariscotta Seeks Volunteers –

Twin Villages Foodbank Farm (TVFF), 110 Belvedere Road in Damariscotta, recently received a grant to aid in recruiting volunteers to grow, glean and provide free, fresh produce for low-income families. TVFF's \$25,000 grant is renewable for three years. The farm plans to expand its volunteer program in the coming season. Volunteers interested in planting, cultivating, harvesting or washing produce are welcome at the farm on Tuesdays and Wednesdays through September, weather permitting, from 8 to 10 a.m. For more information, contact the farm's volunteer coordinator at volunteer@twinvillagesfarm.org. TVFF depends on support from community members to help with the cost of planting, cultivating, harvesting and delivering food. Individuals, families and businesses may purchase symbolic farm shares to be donated to Lincoln County pantries and low-income food programs. Sponsored farm shares are available at different levels. For more information or to donate, email Sara Cawthon at scawthon@twinvillagesfarm.org or visit TVFF's website, twinvillagesfarm.org. Shown here, volunteers from Great Salt Bay Community School help plant onions at Twin Villages Foodbank Farm.



**A Nobleboro Tradition, August 10
47th Annual North Nobleboro Day**



Top, Debbie Myers and Redneck Rodeo will be performing. Above left, homemade pies will be served in the country kitchen. Above right, chicken barbecue will be available at 11 a.m.

North Nobleboro Day will be held Saturday, August 10, at the community grounds at the intersection of East Pond Road and Upper East Pond Road in North Nobleboro. This will be the 47th year that the North Nobleboro community comes together to provide a fun-filled day while raising money for donations to benefit the area.

Booths will open at 9 a.m. The country kitchen will be filled with homemade pies and doughnuts, breads and cakes, baked beans and more, including a booth dedicated to homemade fudge. Hot dogs, fresh-picked corn on the cob, french fries and Round Top ice cream will also be available, along with various soft drinks.

The craft table will have handmade items and the hall will be filled with trash and treasures. The silent auction table will have items such as handmade blankets, jewelry and art prints.

Country and Western singer Debbie Myers will be back for her 15th year with her band, "Redneck Rodeo," performing from 10 a.m. until 12:45 p.m.

The live auction will begin at 1 p.m., featuring donated used and new items from area merchants. To donate an auction item, call Hilary Petersen at 485-7410.

The chicken pit crew will have their chicken barbecue ready at 11 a.m. and serve through the afternoon until sold out. The menu consists of half a chicken barbecued with an old secret recipe, coleslaw, a dinner roll, chips and a beverage.

The North Nobleboro Community Association uses proceeds for donations to various organizations, including local fire departments, and for financial assistance to qualified Nobleboro students. Monies are also used for the upkeep of local cemeteries, the community hall and the basketball courts.

For more information, go to the North Nobleboro Community Association on Facebook.



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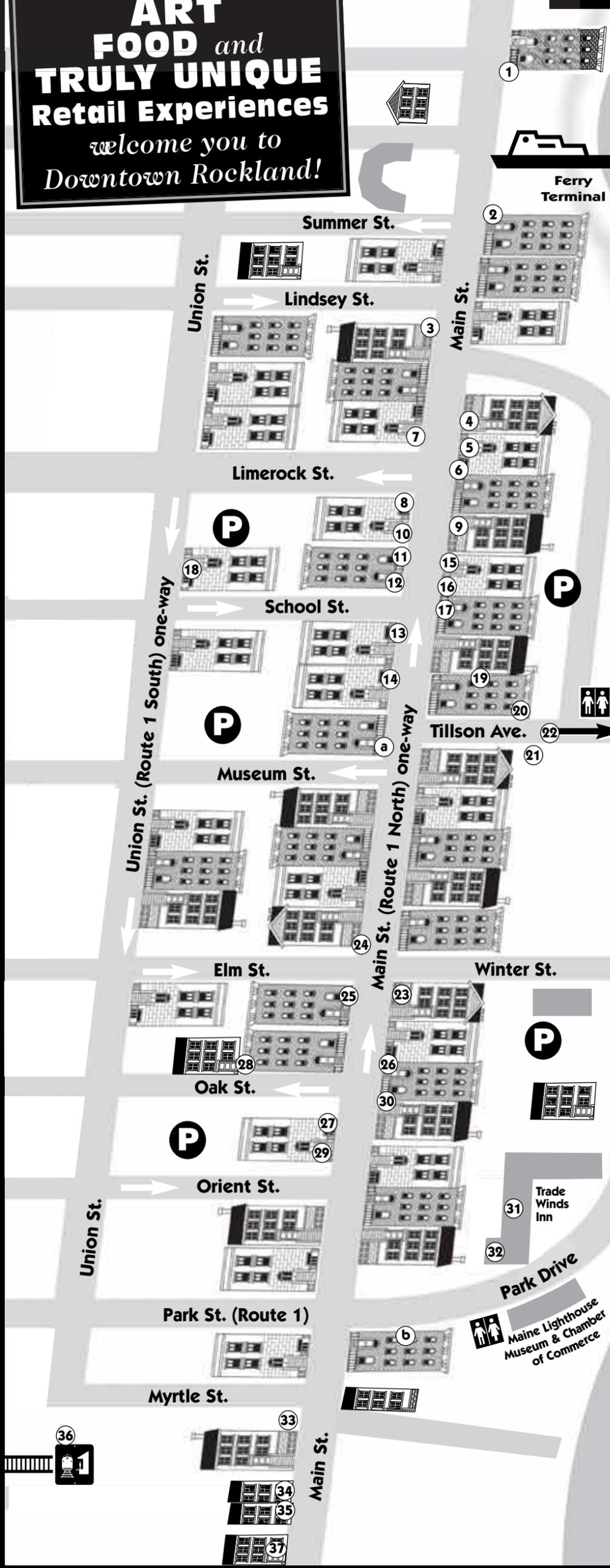
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ENTERTAINMENT

Classical music, jazz and hip-hop – Salt Bay Chamberfest's 25th Anniversary

Jazz pianist, composer and MacArthur Fellow Vijay Iyer PHOTO: BARBARA RIGON

Salt Bay Chamberfest will offer a wide range of concerts and events, both ticketed and free, from Thursday, August 1 through Saturday, August 17. Concerts all begin at 7:30 p.m. and take place at Darrows Barn at Round Top Farm, 3 Round Top Lane in Damariscotta.

Musicians will include two MacArthur Fellows — Claire Chase and Vijay Iyer — and returning artists Jennifer Koh, Ignat Solzhenitsyn and Brentano String Quartet, among others, in music ranging from classical to jazz to hip-hop.

The season will open on Thursday, August 1, with two performances featuring jazz pianist and composer Vijay Iyer. The concert, featuring works by Iyer, Beethoven and Ravel, will be preceded by an hour-long solo recital at 5:00.

The concert on Tuesday, August 6, will showcase a one-of-a-kind musical rap event, "Half & Half, Expanded" featuring 50%, by Derek Bermel and Nate Smith. Works by Bartok and Bernstein will also be performed.

Flutist Claire Chase will perform "Pan," a musical drama by Marcos Balter for solo flute, live electronics, and an ensemble of community musicians on Friday, August 9. The first half of the concert will feature music with similar mythological themes by Debussy, Richard Strauss and Barbara Strozzi.

The concert on Tuesday, August 13, will feature Tan Dun's



"Snow in June" and works by Shostakovich and Battistelli.

The festival will mark its 25th anniversary on Thursday, August 15, with a musical celebration and dinner at 1812 Farm in Bristol featuring Brentano String Quartet performing works by Tchaikovsky, Busoni and Nina C. Young.

For the first time, two free concerts will be performed in the Rockport-Rockland area.

For tickets and more information, including a full schedule and listing of pre-concert talks, visit saltbaychamberfest.org, email contact@saltbaychamberfest.org or call 522-3749.

Salt Bay Concerts in Rockland and Rockport

Salt Bay Chamberfest will expand beyond its base in Damariscotta into Knox County for the first time, presenting two free concerts reflecting the festival's theme this year, "Music of Our Common Earth." Flutist and MacArthur Fellow Claire Chase will perform the theatrical work "Pan" at Strand Theatre, 345 Main Street, Rockland, on Thursday, August 8, from noon to 1 p.m. "Pan" was written specifically for Chase and portrays different aspects of the Greek demi-god. Chase will be joined by Native American flutist Hawk Henries at Beech Hill Preserve, 316 Beech Hill Road, Rockport, on August 8 at 6 p.m. The two will perform "Spirit of the Flute: A Cultural Dialogue."



Henries, a composer and flute-maker as well as a performer, is a member of the Chaubunagungamaug band of Nipmuck, a people indigenous to what is now Southern New England. For more information, visit saltbaychamberfest.org or call 522-3749. PHOTOS CLAIRE CHASE BY DAVID MICHALEK; HAWK HENRIES BY ROBERT VELASCO

"A Grand Night for Singing" at Lincoln Theater

Lincoln County Community Theater (LCCT), resident theater company at Lincoln Theater, 2 Theater Street in Damariscotta, will perform a Rodgers and Hammerstein revue, "A Grand Night for Singing," Friday, August 9, at 7:30 p.m.; Saturday, August 10, at 2:00 and 7:30; Thursday and Friday, August 15 and 16, at 7:30; and Saturday, August 17, at 2:00 and 7:30 p.m.

An ensemble of over 20 performers, accompanied by a

live orchestra, will depict various stages of love with songs selected from the Rodgers and Hammerstein canon by Walter Bobbie and Fred Wells.

Tickets, \$20 for adults, \$18 for Lincoln Theater members and \$5 for those age 18 and under, are on sale now at Lincoln Theater or by phone at 563-3424; they will also be available at the door one hour before show time.

Bay Chamber Concerts with Orion Weiss

Bay Chamber Concerts will host three performances featuring the 2019 winner of the Andrew Wolf Chamber Music Award, pianist Orion Weiss, at Rockport Opera House on Thursday, August 1, at 7:30 p.m. Weiss will perform music of Bach, Mozart and Fauré with violinist Geoff Nuttall, violist Matthew Lipman and cellist Arlen Hlusko. Tickets for adults are \$60; \$10 for those under age 25.

Weiss will give a solo piano recital on Friday, August 2, at 5:30 p.m. at Union Hall, 24 Central Street in Rockport, featuring works by Dohnanyi, Debussy and Beethoven. The evening will also include a conversation with Weiss. Tickets are \$35 for adults; \$10 for those under age 25.

Friday, August 2, at 8:30 in Union Hall, Nuttall, Lipman and Hlusko will join Weiss for a program featuring "Metamorphose" by Brazilian composer Clarice Assad. Also on the program are works by Haydn, Schumann, and Joaquin Turina. Tickets are \$35 for adults; \$10 for those under age 25.

For complete program details and how to purchase tickets, visit baychamberconcerts.org.

Islesboro Concert on Saturday, August 3

Up-Island Church, on Church Turn Road in Islesboro, will present a concert featuring Carl Dimow and David Newsam on Saturday, August 3, at 7 p.m. Tickets are \$20 for adults; \$5 for those ages 3 to 15.

Dimow and Newsam perform repertoire ranging from classical music and jazz to Brazilian choro. Dimow plays flute, bass flute and guitar; Newsam, guitar and mandolin.

Gumbo and Blues at Time Out



The weekly Monday night blues series in the upstairs music room of Time Out Pub, 275 Main Street in Rockland, continues August 5. Florida slide guitarist Bill "Sauce Boss" Wharton (inset) will play at 6 p.m. and serve gumbo, including his signature hot sauce. Brandon Santini's band will take the stage at 8 p.m., led by the harmonica player and vocalist (above). Admission will be \$20 at the door. SANTINI PHOTO: DANTE DELLAMORE

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Singer Alice Limoges at Rock City Cafe

Rock City Cafe, 316 Main Street in Rockland, will present Alice Limoges on Friday, August 2, from 7 to 9 p.m. A midcoast local, Limoges studied a mix of jazz, classical and contemporary music at State University of New York Purchase Music Conservatory and has played extensively on the East Coast. Her latest release is a music video for a new single, "Hungry for a Vice," and her music is available on all streaming platforms. For more information, call 594-4123 or visit Rock City's Facebook page.



Atlantic Ballet Company Brings Jasmine & Aladdin to Camden



A Whole New World: Jasmine and Aladdin will be performed at the Camden Amphitheatre on Monday, August 5, at 5:15 p.m. The work will feature Atlantic Ballet Company (ABC) dancers and students from ABC's training school, P2P Dance Center in Camden. Student performers have been studying ballet, pointe and modern dance during ABC's summer program. Younger dancers, ages 5 through 9 years, will perform the roles of jungle animals and Arabian dancers. Rain date for the show is Tuesday, August 6, at 5:15. Donations are welcome.

Midcoast Actors' Studio Presents Into the Woods in Belfast



Midcoast Actors' Studio will present a family-friendly musical production, *Into the Woods*, at the Crosby Center, 96 Church Street, Belfast, on Friday and Saturday, August 2 and 3, and Thursday, Friday and Saturday, August 8, 9, 10, at 7:30 p.m. There will be a matinee on Sunday, August 4, at 2 p.m. Tickets are \$20 for adults and \$15 for children. Stephen Sondheim and James Lapine created the modern twist on familiar fairy tales. For more information and to purchase tickets, visit midcoastactors.org.

Belfast Contra Dance on August 2

The Belfast Flying Shoes contra dance, at American Legion Post 43, 143 Church Street in Belfast, on Friday, August 2, will feature caller Luke Donforth, with music by the band Shandy. A community dance, called by Chrissy Fowler with music by All Comers Band, will start at 6:30 p.m., and all musicians are welcome to sit in. Fowler will teach simple dances. The contra dance will begin at 8 p.m.

Donforth, based in Burlington, Vermont, is a founder of Mad Robin's Callers Collective, a group of dance callers dedicated to improving their own craft and advancing the skills of others.

Shandy features Eileen Nicholson Kalfass on fiddle, Rebecca McCallum on fiddle, and Jane Knoeck on piano. Their repertoire blends musical traditions from Ireland, Quebec, France and New England.

Admission to the community dance is \$2 for adults, \$1 for children. Admission to the contra dance is \$10 for adults, \$8 for ages 13 to 20 and adult All-Comers, and \$5 for children. Bring a window fan and get \$1 off. For more information, call 338-0979 or email belfastflyingshoes@gmail.com.

ENTERTAINMENT

Local Bands Headline Live Edge Festival

Primo Cubano

Maine music will be on the menu at Live Edge Music Festival on Sunday, August 11, from noon to 6 p.m. at Hidden Valley Nature Center, 131 Egypt Road in Jefferson. Four bands will play in the open-air barn there, and belly dance troupe Sirumem will perform.

String band Tricky Britches plays original music, an amalgam of country, contra dance, bluegrass and rock. They've played festivals and concerts across the U.S. and Europe.

Paranoid Social Club is the brainchild of Dave Gutter and Jon Roods of Rustic Overtones. They describe themselves as "equally inspired by punk, soul, psychedelic rock, and the human psyche..."

Sibylline features tight vocal harmonies; their musical influences range from classical strings to ambient-experimental.

Primo Cubano plays *son*, traditional Cuban dance music central to the blend of Latin styles known as salsa.

Local fare from the Alna General Store and wood-fired pizza from Steel House Oven, along with beer from Oxbow, Lone Pine, Allagash and Sheepscot Valley breweries, will keep attendees going between acts or after they explore the 30-plus miles of trails at HVNC.

Sarah Grace and the Soul at Time Out Pub

Sarah Grace and the Soul will perform a special Wednesday night blues show August 7 at 7 p.m. in the upstairs music room of Time Out Pub, 275 Main Street, Rockland. Admission will be \$20 at the door.

Teen indie/roots singer Sarah Grace was a semi-finalist in season 15 of the television talent show "The Voice," with powerful performances of "Amazing Grace" and blues classics that included "Ball & Chain" and Etta James' "I'd Rather Go Blind." She was the first singer on "The Voice" to play trumpet and to play a Hammond organ. She attends Houston's Kinder High School for the Performing and Visual Arts as a trumpet major and performs in its orchestra, jazz and concert band ensembles. Sarah Grace and The Soul has won multiple awards.

For more information, visit northatlanticbluesfestival.com.

Flamenco in Bucksport

Sam Lardner & Barcelona, a flamenco fusion band based in Spain, will perform at the Alamo Theater, 85 Main Street in Bucksport, on Wednesday, August 7, at 5:30 p.m. Suggested donation is \$10. The rumba-swing quintet includes singer-songwriter



For more information, and to purchase tickets, visit midcoastconservancy.org or call 389-5150. Tickets are also available at Mexicali Blues, Alna General Store and Sheepscot General Store. Tickets purchased before 5 p.m. Friday, August 9, come with a voucher good for a second entrée up to \$20 at 12 participating restaurants in the midcoast area; check the Conservancy's Facebook event for a list.



PHOTO BY TRISH BADGER

Sons of Serendip Perform at Boothbay Opera House



Sons of Serendip, 2014 finalists on "America's Got Talent," will appear at the Opera House at Boothbay Harbor, 86 Townsend Avenue, on Saturday, August 10, at 7:30 p.m. Advance tickets are \$30 and available from the box office or by calling 633-5159. Regular tickets are \$35 and available online at boothbayoperahouse.com and on the day of the performance. Doors open at 7 p.m. The group was launched through a series of serendipitous events when four students — who sing and play cello, harp and piano — came together in graduate school at Boston University and started making music together.

Comedy Improvisation in Belfast

Belfast Maskers will present Miami's Society Circus Players in a performance of improvisational comedy at Basil Burwell Community Theater, 17 Court Street, Belfast, on Saturday,

August 3, at 7 p.m. Society Circus Players includes actors from various places, backgrounds and experiences who have been performing together since 2012. Tickets are \$15 for adults, \$10 for children ages 12 and under. The public is also invited to participate in a workshop with the Players on Monday and Tuesday, August 5 and 6, concluding with a showcase on Wednesday, August 7. Workshop fee is \$100 for both days or \$60 for one day. For more information, email info@belfastmaskers.com or visit belfastmaskers.com.



The Hot Sardines Bring Jazz to Boothbay Opera House

The Hot Sardines will perform at the Opera House at Boothbay Harbor, 86 Townsend Avenue, on Wednesday, August 7. Doors for seating open at 7 p.m.; the music will begin at 7:30. The Hot Sardines "channel New York speakeasies, Parisian cabarets and New Orleans jazz halls." They have been featured at the Newport and Montreal jazz festivals, sold out New York City venues from Joe's Pub to Bowery Ballroom, and released two critically acclaimed albums. A sold-out show is anticipated. Advance discounted tickets are \$30, available from the box office or by calling 633-5159. Regular tickets are \$35 and available online at boothbayoperahouse.com.



ENTERTAINMENT



Belfast Co-op's Summer Jam — Belfast Co-op, at 123 High Street, will hold a free party in the store's parking lot from noon to 3 p.m. on Sunday, August 4. The party will feature music by the Gawler Family Band (shown), free food, and children's activities from Kids Unplugged. All are welcome.

Noah Fishman, Baron Collins-Hill and Friends in Belfast

Belfast Summer Nights presents "Fine Times: Noah Fishman, Baron Collins-Hill and Friends" on Thursday, August 1, from 5:30 to 7:30 p.m. at Steamboat Landing Park, 25 Front Street. The first hour will feature Fishman and Collins-Hill on mandolins, followed by a new band that

adds Elsie Gawler, Jamie Oshima and Maya French to the mix.

The concert is free; donations accepted. No dogs are permitted in the concert area. Performances are weather dependent; check Belfast Summer Nights Facebook page for updates. For more information, call 322-7123.

Gabriel Zacchai Trio at Rock City Cafe

Rock City Cafe, at 316 Main Street in Rockland, will present Gabriel Zacchai Trio on Saturday, August 3, from 7 to 9 p.m.

Gabriel Zacchai has been writing, recording and performing original music for over 20 years. His influences include

Neil Young, Mason Jennings and old bluegrass masters. He is currently performing material from his new CD, "Great Escape."

For more information, call 594-4123 or visit the cafe's Facebook page.

Ireland's JigJam Coming to Boothbay Opera House

Award-winning quartet JigJam will perform at the Opera House at Boothbay Harbor, 86 Townsend Avenue, on Friday, August 9. Advance discounted tickets are \$20 and available from the box office or by calling 633-5159. Regular tickets are \$20 and available on the day of the show and at boothbayoperahouse.com. Doors for seating open at 7 p.m.; the music starts at 7:30. The group blends traditional Irish music with bluegrass and Americana in a new genre called "iGrass"; the European Bluegrass Music Association has compared them to the Punch Brothers.



Novel Jazz Will Perform in Round Pond and Northport

Novel Jazz will perform at Little Brown Church, 1431 Route 32 in Round Pond, on Wednesday, August 7, at 7:30 p.m. Doors will open at 7:00. Admission is by a suggested donation of \$12 at the door for adults; children free. For more information, visit roundpondbrownchurch.org. The band will make a second area appearance at Bayside Community House, 813 Shore Road in Northport, on Sunday, August 4, at 7:30 p.m. Tickets are \$20, \$10 for ages 18 and under, and may be purchased at the door. The Maine-based septet will be featuring music of Duke Ellington and his musical collaborator, Billy Strayhorn, including standards from the Ellington-Strayhorn repertoire and newly arranged compositions they have



discovered in the Ellington Archives of the Smithsonian National Museum of American History.

Erin Harpe and the Delta Swingers

Erin Harpe and the Delta Swingers will perform at Bayside Community House, 813 Shore Road in Northport, on Friday, August 9, at 7:30 p.m. Tickets are \$15, \$10 for ages 18 and under, and may be purchased at the door.

Erin Harpe has been called "one of the most dynamic, talented and exciting roots rocking blues women on the scene" by Living Blues Magazine. She won the 2018 "Boston Blues Challenge" and was nominated as 2018 "Blues Artist of the Year" by Boston Music Awards.



PHOTO: DAVE GEISSLER



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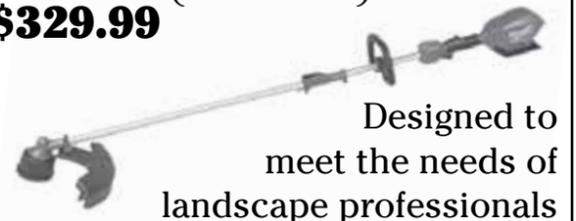
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Merryspring's daylily garden

Daylily Day Reprise for Maine Daylily Society

Due to popular demand, Merryspring Nature Center, 30 Conway Road, Camden, and the Maine Daylily Society will host a second Daylily Day on Saturday, August 3, from 9 a.m. to noon.

The Maine Daylily Society will showcase its display garden at Merryspring during this free event for beginners and seasoned daylily gardeners. The garden features varied colors and blooms, from lemon, ruffled raspberry, deep grape, and diamond-dusted pastels; there are tall and smalls, formal and exotic. Guests may bring a shovel to dig their own daylilies from divisions in the nursery bed.

The program is open to all; divisions are free, with a suggested donation to Merryspring. No sign-up is necessary. For more information call 236-2239 or email info@merryspring.org.

Ecological Approaches on Display at Belfast Open Garden -



Belfast Garden Club's Open Garden Day on Friday, August 9, will feature vegetable beds and perennial and herb gardens that showcase the benefits of sustainable gardening practices. The gardens, at 29 Wight Street in Belfast, will be open from 10 a.m. to 4 p.m., rain or shine. A \$5 donation helps the Belfast Garden Club fund public gardens and contribute toward a Unity College scholarship. Before Peter Millard and Emily Wesson bought their property the city had used it as a materials transfer station and it was covered with invasive plants and pieces of asphalt. They began "softening" the land for gardening by removing debris and covering weeds with cardboard, topped with layers of mulched leaves, compost and seaweed. A rain catchment system now runs drip irrigation, minimizing use of city water, and solar energy powers an electric fence to discourage animals. Tickets are available on-site or in advance at Aubuchon Hardware, Left Bank Books and The Good Table in Belfast.

Merryspring Talk on Growing Chinese Medicinal Herbs -

Gardener Denise DeSpirito will lead an outdoor presentation on growing Chinese medicinal herbs in Maine at Merryspring Nature Center, 30 Conway Road, Camden, on Tuesday, August 6, at noon. DeSpirito will discuss plants that can be grown at home, including astragalus, ginseng, mugwort and ginkgo, as well as easily foraged plants such as forsythia. In addition to growing methods, she will talk about harvesting techniques and uses for these plants. DeSpirito has grown herbs throughout the Northeast, including at Avena Botanicals in Rockport, Stone Barns Center for Food and Agriculture in New York, and Farmacy Herbs in Rhode Island. She currently serves as garden manager at Merryspring. For more information, email info@merryspring.org or call 236-2239. Shown here, ginkgo.



One of the joys of walking a dog in summer is ambling along through the succession of wildflowers that bloom along the roadside. Lupines start the show in spring, with black-eyed Susans and daisies giving way to Queen Anne's lace and brilliant blue chicory, right on through the vivid blues and purples of fall's asters that ring down the curtain. There's dock and burdock mixed in with tall grasses and vetch, all a glorious mess to behold until the town crews mow the tangle down to the roots. We're lucky to be surrounded by fields where the wildflowers continue to bloom along the uncut edges, but if you aren't as fortunate, you might wish to create a wildflower meadow of your own. Many gardeners dream of converting a part of their lawn to a wildflower meadow, thinking it will require less maintenance and no mowing, but, in fact, that artful meadow is a bit tricky to start and not entirely carefree at first.

If you'd like to get started on a wildflower meadow to replace a part of your established lawn or field, eliminating competitive vegetation before you plant is essential. Remember, lawn and pasture grasses are predominantly non-native species that are extremely competitive because they spread from strong underground roots or rhizomes. In a grass-versus-wildflower competition, the grasses will always win, so the only non-herbicide method of killing these grasses is to smother them over the course of the summer.

It's a bit late to start the process this year, but, next year, start by mowing the area you plan to convert as short as possible once or twice after it greens up in the spring. Then, go over the area with a heavy-tined rake and dig in, to create a uniform surface. Leaving a light layer of clippings is okay. Do not till the soil.

Lay sheets of thick black plastic or other opaque material over the entire area, overlapping the edges by about a foot if you use more than one sheet or roll of plastic. I have friends who caged used carpeting from a local installer and keep rolls of it around for this purpose, to suppress weeds in different parts of the garden at times. Bury all the outside edges with soil or hold the plastic down with rocks, sandbags or other available materials. The objective is to exclude light from the grasses and weeds trying to grow underneath the plastic.

Leave the soil covered from mid-June until mid-Septem-

ber. When you remove the plastic or other covering, you will have bare soil on which to plant. Avoid disturbing this clean seed bed; do not till the prepared area or you may stimulate weed growth from seeds. Don't apply compost, manure or other nitrogen-rich material, because wildflowers do best in soil that is low in nutrients. If needed, rake lightly to remove dead grasses and surface debris just before spreading the wildflower seed.

Once the plastic is removed, any summer annual weeds will be killed by frost and there is no need to till before seeding the wildflower mix. Some persistent weed species will doubtless still thrive and you'll need to step in and do a little management. Mowing high during mid-summer, right over the top of the wildflower seedlings, cuts back the taller weeds and allows light to reach the seedlings underneath. Once past the site preparation year and the first growing season, an established meadow will require very little additional maintenance.

There are many different mixes you can sow in your new meadow. A straight wildflower mix will contain a couple dozen different annuals and perennials that will bring a medley of blooms throughout the entire summer season, with no gaps in color. Annual wildflowers like calendula and cornflower appear quickly in the first year, while perennial varieties like lupine and echinacea will begin to provide many years of color starting in the second season. You can select a blend designed to provide food and habitat to northeastern pollinators throughout the length of the growing season. Annual and perennial wildflowers like New England aster, black-eyed Susan, milkweed, coreopsis and cosmos provide pollen, nectar and shelter for hundreds of important species, including monarch butterflies and native bees. Go all-native by planting a native Northeast mix containing a variety of wildflowers found throughout New England, including Joe Pye weed, butterfly weed, red columbine and lupine. There are even all-perennial seed mixes that contain biennial and perennial wildflowers like sweet William, foxglove, blue flax and blazing star, designed to build blooms and increase color over the years. When you plant a perennial mix, it will usually include a few annual varieties to mark your planting area and provide color in the early years.

HOME & GARDEN

by Georgeanne Davis

Wildflower Meadows

Merryspring Kitchen Tour Coming August 7

The former Methodist Church in Rockport is a local landmark and one of the highlights of this year's kitchen tour.

The 24th annual Merryspring Kitchen Tour, on Wednesday, August 7, will include seven homes in Camden and Rockport that showcase the latest concepts in kitchen design and features. The tour also features local chefs who offer bite-size samples of their finest dishes in morning and afternoon shifts at each home.

This year's tour features homes built from 1850 to 2018 with individual kitchen personalities resulting from creative homeowners, designers, builders, suppliers and craftspeople. This year's tour includes two new waterfront homes in Camden, a renovated church in Rockport, three 19th-century homes with new kitchens that blend seamlessly with the period, and a 20th-century Cape with a re-imagined kitchen fit for an upscale bakeshop.

Nonrefundable tickets for \$30 are available now through August 6 at Merryspring Nature Center, on Conway Road, in Camden, or at Once a Tree and Zoot Coffee in Camden; The Market Basket, Green Thumb and Plants Unlimited in Rockport; Atlantic Baking Company in Rockland; The Good Table in Belfast; Lincolnville General Store in Lincolnville Center; and Salt Bay Art Supply in Damariscotta. Advance tickets may also be ordered by sending an email to info@merryspring.org or by calling 236-2239. Advance tickets will be held at the Merryspring office for pick-up on tour day. On August 7, tickets are \$40



and are available at Merryspring Nature Center or at any of the homes on the tour.

This year the event will include a raffle with prizes and gift certificates from local merchants and artisans, and special Merryspring Kitchen Tour aprons will be on sale at two houses on the tour.

The tour will be held rain or shine and is unguided. A map with the homes clearly listed is on the ticket. The homes may be visited in any order between 10 a.m. and 3 p.m. Properties are not handicapped-accessible, and some homes have limited parking so some walking will be required.

For more information about Merryspring Nature Center, visit merryspring.org.

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EVENTS

Icon Boats (Dock F)

Friday: The diesel-electric steamship *America* will be on the docks. Their mission - Getting veterans and their families out on the water.

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On Saturday the **Blue Hill Brass** will roam the grounds with their lively mix of tunes that spans the ages.

DEMO DOCK - Power & Sail (Dock F)

The Demo Docks are where some fine crafts will be standing by for sea trials. Potential boat owners can make an appointment to climb aboard and experience the ride in Rockland Harbor firsthand.

GET INVOLVED (Area A)

As part of this new initiative, students from the **Maine Ocean School** will show off their entry in the 18-Volt Electric Canoe Challenge, to be held on Saturday afternoon. They will be joined by other nonprofits, including:

The Apprenticeshop - hands-on demonstrations

Hurricane Island Outward Bound School - pulling boat on display

Penobscot Marine Museum - knot-tying demos all weekend

Plus a fleet of smaller crafts from hydroplanes to iceboats.

KIDS AREA (Tent H, Food Court)

There will be free organized activities for younger sailors, presented by Owls Head Transportation Museum, and a Cedar Works "Ship Ahoy" play boat to clamber aboard.

SCAVENGER HUNT (Tent B)

Families can sign up for a Scavenger Hunt at the MBH&H Kiosk (Tent B) then go forth and earn prizes (everyone's a winner).

LIFE AT HOME (Area K)

A volunteer crew from the Midcoast Chapter of Habitat for Humanity will build and auction off a tiny house on-site. Next door, a canvas "glamping" tent will be tricked out by Frantz Furniture with interior design ideas and options for boat and home. Nearby, Shed City will have a sturdy building on display.

**ANNUAL WORLD CHAMPIONSHIP
BOATYARD DOG TRIALS - Sunday at 10:30 a.m.**

The 17th annual running of this pawsome event will begin at 10:30 a.m. on the waterfront, with gates open at 9:45 a.m. Please leave your pets at home- they will not be allowed on the show grounds.

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Project Puffin Presents Galapagos Talk

Project Puffin Visitor Center, 311 Main Street, Rockland, will host a free presentation about the Nazca Booby Project on Wednesday, August 7, at 5 p.m. Andrienna Moran (shown), a Herz Fellow Award recipient, will talk about the project, which is on Española Island, part of the Galapagos. The Nazca is one of three species of booby found in the Galapagos; their name derives from the Spanish word for foolish or clown, *bobo*, referring to the birds' clumsy movement on land. Threats to the Nazca booby include the introduction of predators to the islands as well as the introduction of pigs; both cause colonies to abandon nesting sites. Moran will discuss booby reproduction and methods used to understand the complexities of their life cycle. Space is limited; for reservations, phone 596-5566.

Wildlife Photos by Sandy Flint at Miles Memorial Hospital



The Miles Memorial Hospital Hall Gallery, 35 Miles Street, Damariscotta, is featuring wildlife photographs by Sandy Flint, of Pemaquid, through September. Many of the framed photos are for sale; a portion of sales proceeds will benefit the hospital. To contact the artist, call 677-3123.

Night of a full moon —

Annual Tenants Harbor Poetry Reading

The 23rd annual Tenants Harbor poetry reading will take place Thursday, August 15, at the Odd Fellows Hall on Watts Avenue in Tenants Harbor. Doors will open at 5 p.m. for socializing; readings will begin at 5:30.

Poets will include Teresa Piccari, David Riley, Alan Clark, Joanna Hynd, David Paffhausen and Nan Carey. Elizabeth Gordon McKim, a poet and performance artist, will emcee and Stuart Bicknell will perform guitar interludes.

Piccari is a career journalist and columnist who also writes fiction and creative nonfiction. Poetry is her first love and she is at work on a manuscript called "Laying Down Armor."

Riley is one of the original Tenants Harbor poets, reading at the old Jackson Memorial Library in the 1990s.

Clark is the author of three books of poetry; an exhibition of his paintings has appeared at Farnsworth Art Museum.

Hynd has worked as a librarian in Thomaston and Rockland and currently works at Portland Public Library, where she organized a teen poetry group. She was poet laureate of Rockland from 2016 to 2018.

Paffhausen is a poet and visual artist who studied at the School of the Museum of Fine Arts in Boston. His hand-bound and illustrated books have been exhibited.

Nan Carey is a past participant in the Tenants Harbor Poetry Reading and a member of the poetry group that meets monthly at Jackson Memorial Library.

Admission and refreshments are free; donations are welcome. Books by the poets will be available for purchase.

Medea to open program of classics —

A Second Act for Belfast's Amphitheater

by Ethan Andrews

Local theater veteran Aynne Ames has been spreading the word about an upcoming run of the Greek tragedy *Medea* that she is directing at Belfast's amphitheater. There are a lot of things a person could ask about that — Does the play, which has come to be seen as a feminist work, have new relevance in the #MeToo era? Does *Medea* go too far to make her point? Is there such a thing as "too far" in matters of revenge?

The most frequent question Ames gets is: Where?

The amphitheater is near the labyrinth, which means it's in Belfast Common. The park overlooks the outer harbor from a broad, grassy hill and was previously the site of the Penobscot Poultry plant. The land was donated to the city by MBNA in 1999. Carol Good of Friends of Belfast Parks, the group responsible for many of the amenities and the landscaping in the Common and a cosponsor of the upcoming performances of *Medea*, remembers when the poultry plant was torn down.

"When the decision was made to keep that an open green space, there was kind of a natural bowl there," she said. The Friends contracted with a Searsport excavator, Kenny Kinney, to flatten three seating areas wide enough for folding chairs or benches and left it at that. (Kinney, who died in 2015, was remembered in his obituary as a natural, whose first experience with heavy equipment was "a Tonka dump truck and a backhoe.")

"Just moving earth," Good said. "We didn't put any stones or granite there." The tiers have become less pronounced over the years but are still somewhat visible as ripples in the hillside. The "stage" is a circle of stone pavers in the middle of a wide path that crosses the park. The city did some concerts in there some years back, Good said, and the stage has played host to Belfast Summer Nights and the Army

Maine State Climatologist at Penobscot Marine Museum

Penobscot Marine Museum will host Maine State Climatologist Sean Birkel, Ph.D., in the Old Vestry, 2 Church Street in Searsport, on Thursday, August 8, at 6 p.m. Birkel will talk about the freezing of Penobscot Bay during the most severe winters of the late 1700s, 1800s and early 1900s. He will also discuss past storms and relate them to Maine's current and future climate. Admission is \$8; \$5 for museum members and Searsport and Stockton Springs residents. Shown here, Carver's Harbor, frozen, in 1943.



Autumn Stupca, center, plays the title role in Euripides' *Medea* during a recent rehearsal at the amphitheater in Belfast Common, where the play will be performed August 9 to 11. PHOTO: ETHAN ANDREWS

Band, but mostly it's been forgotten. "It's an absolutely gorgeous setting," she said, "but I think it's underutilized."

During a recent rehearsal, Ames grumbled that park-goers kept walking through the middle of the stage, apparently oblivious to the tragedy unfolding. She's hoping *Medea* and future performances will bring the amphitheater, along with some works of antiquity, back into the collective consciousness.

"It's going to be all classics," she said. "It might be classical literature, or classical dance — ballet. This one happens to be a play because I was in the room."

Medea will be performed on Friday, August 9, at 6 p.m., Saturday, August 10, at 1 p.m. and Sunday, August 11, at 6 p.m. Tickets are \$15, available at the door and at Left Bank Books.



Discussion on Impacts of Climate Change

Maine Conservation Voters and the Island Institute will hold a roundtable discussion on Monday, August 5, from 5:30 to 7:30 p.m. at Midcoast Friends Meeting House, 77 Belvedere Road in Damariscotta. Advocates, legislators and scientists will speak about the impacts of climate change on Maine's fishing and lobster industries and opportunities

for public action. Legislators including Representatives Genevieve McDonald and Seth Berry will talk about relevant bills they've worked on and what they hope to see developed.

Snacks and beverages will be provided and all are welcome. For more information, visit maineconservation.org.

Changes in Maine Oceanography at Darling Marine Center —



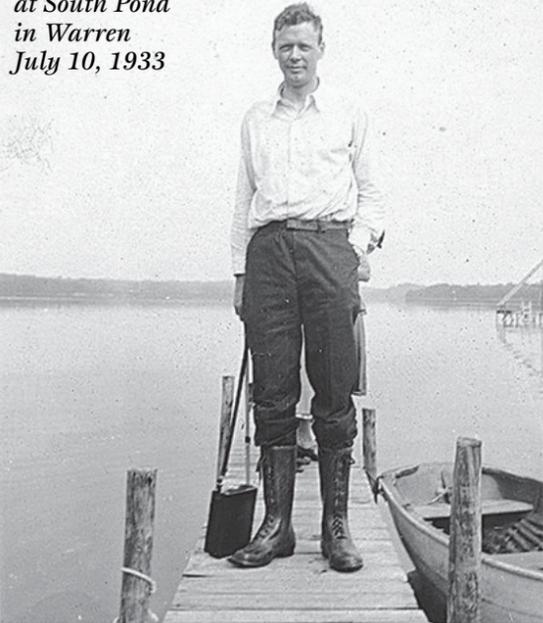
David Townsend, professor of oceanography and director of University of Maine's School of Marine Sciences, will present a free talk, "Red Tides, Unusual Plankton Blooms, and Recent Changes in the Oceanography in the Gulf of Maine," at 10:30 a.m. on Friday, August 2, in Brooke Hall at the University of Maine Darling Marine Center, 193 Clarks Cove Road, Walpole. He will discuss red tides, which are algal blooms that cause paralytic shellfish poisoning, and why they occur in the context of Maine's changing oceanography. For more information, or to request a reasonable accommodation, call 563-8135. Shown here, David Townsend with students.

BOOKS & LITERARY EVENTS

Pulitzer Winner Richard Russo Coming to Left Bank Books — Pulitzer Prize-winning author Richard Russo will give a free talk at Left Bank Books, 109 Church Street, Belfast, on Monday, August 12, at 7 p.m. Russo will be celebrating the release of his latest novel, "Chances Are..." Advance reservations are encouraged; call 338-9009 or email leftbank@myfairpoint.net. Russo is not only a novelist, screenwriter, essayist and memoirist, he is a humorous and insightful public speaker. "Chances Are..." contains elements featured in all of Russo's books — heart, humor and insights into small communities and class divisions. But the novel also takes readers in new directions and into the mysterious disappearance of a young woman that haunts the lives of its central characters.



Charles Lindbergh at South Pond in Warren July 10, 1933



Lindbergh in Maine at Warren Historical

The Warren Historical Society's August program will be a talk on Charles Lindbergh given by Owls Head Transportation Museum Curator Rob Verbsky on Tuesday, August 6, at 7 p.m. at the Dr. Campbell House and Museum, 225 Main Street, Warren. The meeting is free to the public; refreshments will be served after the talk.

Charles Lindbergh and his plane the Spirit of St. Louis are international aviation celebrities. After Lindbergh conquered the Atlantic, the Minnesota native turned up in Maine many times throughout his life. Verbsky will tell some of the stories of Lindbergh in Maine, from his official visit with the Spirit of St. Louis to the many times Maine was Lindbergh's refuge from the public eye.

In South Thomaston — Historical Society Hosts Two Events

"The Ingraham Diaries, Rockland, Maine, 1795-1875"

Wessaweskeag Historical Society, just behind South Thomaston Library at 8 Dublin Road, will host its monthly public meeting and the presentation "Ingraham Diaries" with Eleanor Motley Richardson and the Rev. Peter Tufts Richardson on Thursday, August 8. The evening will begin with a potluck supper at 6 p.m., followed by the speakers at 7:00. The society will also present "Heritage Day" on Sunday, August 11, from noon to 4 p.m.

Joseph Ingraham settled in what would later become Rockland in 1781. Fourteen years later he began to keep a diary of those early pioneer days. Over the next 80 years, Joseph and his son, Henry, wrote about their experiences farming, lime burning and handling criminal and civil disputes. "The Ingraham Diaries, Rockland, Maine, 1795-1875" is one of the only known collections of personal diaries from that era of Rockland history.

The theme of "Heritage Day" will be "Shipbuilding and Commerce in South Thomaston." Archival photos and documents will be displayed in the society's museum room. Midcoast Community Band will play at 1:30 in the park across from the library and refreshments will be served. All are welcome to attend.



from Offshore

by Eva Murray

Thanks, Hal — A Small Tribute

Harold Owen taught high school English, and theatre with the r before the e, to teenagers. He taught our son to play chess as a small kid, and taught our daughter a bit of piano technique. What matters, though, when it's all said and done, is that Hal taught Dennis, the guitar man of Matinicus, his first chord.

As I write, the sun is turning orange on a hot summer Saturday night. Across the gravel road we hear a band playing to the neighborhood, and Dennis is belting out "Born on the Bayou." Everybody in the bay will tell you that Dennis is a damned good guitarist. He grew up out here — born to go to haul, basically — and as I hear the stories it was probably not very danged likely anybody was going to lug him to the mainland for music lessons at an early age. There is a good deal of laughter and enjoyment on this island right now, and the music means a lot to the residents of the independent and autonomous Anarchic Republic of Matinicus. I ought to walk over there and listen to the tunes up close but I'm beat after a long day of work, and I'm happy to avoid the crowd at the moment, and the music sounds fine from right here.

Good thing Hal gave Dennis a start playing that guitar. Hal — a friend, a neighbor, a mentor and, I think, a lot of people's unrelated uncle (which is always an important role) — was also one for instigating theater just for the hell of it, this despite conventional wisdom and any unsolicited cultural stereotypes regarding who would be interested in such goings on in a fishing community. He organized and directed a reading of Dylan Thomas' radio play "Under Milk Wood" out here with a random assortment of community members, including my two small kids and that month's random imported minister with his Canadian accent. He performed A. R. Gurney's *Love Letters* with Suzanne Rankin at the Matinicus church, after which my husband remarked that Hal nailed the sarcasm. He organized a round-robin reading of Shakespeare's *Twelfth Night* in the island's one school, which took the better part of a summer day — with lunch break — and included folks who might not have ever sat together had it been advertised as High Art and Serious Culture, but this was just Hal doing something because why not? *Twelfth Night* is remembered by some who were there as a peculiar and remarkable day which, some have reason to suspect, just ever so slightly adjusted the vector of a few young lives.

In September of 1989, at Paul's and my wedding reception in South Thomaston, our large gang of revelers grew quiet for a moment while a couple of well-spoken guests offered toasts as is ordinarily done at that sort of lawn party. Paul raised his glass and thanked everyone, and we had an uncharacteristically dignified interlude of relative calm, between Percy and the Kitchen Stompers and the band known only as "The Guys from Eastern Sheet Metal." After an offer of a few more gentle words from some tenderhearted soul came a shout from the back of the crowd, in the voice of Macbeth and Oberon and Lear and more than a few Rude Mechanicals, something very much like: "Paul Murray, when are you gonna fix my sink?" Everybody just about fell apart laughing. That was 30 years ago.

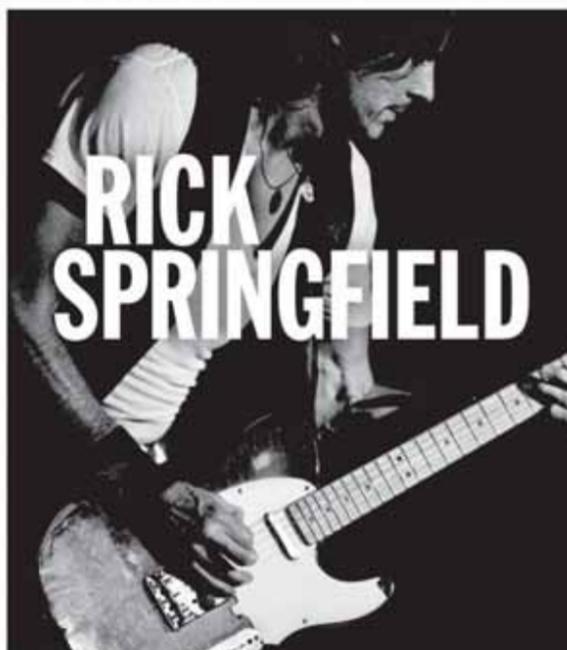
Hal died a few days ago. In his later days he occupied the space of each day, and that day only, but evidently with much contentment.

Let us not put anybody on a pedestal, or take the humanity out of memories with application of too much glitter and shinola. It makes me squirm a little when we wax too sentimental about an old friend, and excessive icon-making is just tedious for the relatives. This is also not Hal's obituary and I do not have the knowledge to even try a comprehensive list of everything of note that he did. I know he was in the Army in or around WWII. I know he had beautiful furniture he'd built himself. I wish only to say, here in public — for Hal feared no public — that my own kids wouldn't have turned out the same without his art, his twinkle, his depth, his diversity of interests and his desire to teach them to children. And (and I do remember he and I having a discussion about beginning sentences with "and," Hal actually more liberal than I about the matter), with Dennis starting up his amp just down the road a bit and them boys just now launching into "I'm a Honky-Tonk Man," this storied isle wouldn't have been the same without him either.

Eva Murray lives, works and writes on Matinicus Island.



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Photos © Alison Langley

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OUTDOORS



The Bok farm PHOTO: JACOB GERRITSEN

Collaboration Brings Further Conservation on Ragged Mountain

Mary Bok, who lives along the slope of Ragged Mountain in Camden, recently completed two closely related projects to further conserve the northern end of the mountain and ensure the public's long-term access to the land. Georges River Land Trust (GRLT) announced the permanent protection of 28 acres of woodland along the Georges Highland Path, including an original easement providing public access for trail users, along with 2.7 acres added in an updated amendment to the easement that will grant additional access opportunities. At the same time, Coastal Mountains Land Trust (CMLT) received a 12-acre donation of land from the Bok family, which allows the space needed for a critical section of the future Round the Mountain Trail.

Seventeen years ago, Tony and Mary Bok approached GRLT to protect the southern slope of their land, on which they had already offered to have the Georges Highland Path extend along this steep and scenic mountainside. That conservation easement on 25½ acres would forever protect the diverse woodland slope from development and allow hikers to traverse the land as part of GRLT's trail system from Bald Mountain to the top of Ragged Mountain.

In the same span of time, CMLT has been working to con-

serve over 3,000 acres of land surrounding the Bok farm on Bald and Ragged mountains. As part of this campaign, CMLT developed a plan to develop a nine-mile, multi-use, non-motorized trail around the perimeter of Ragged Mountain called the Round the Mountain Trail. Bringing these two projects together, this year GRLT agreed to amend its original conservation easement in cooperation with the Boks, to address broader conservation goals by securing additional land to put under conservation and offering the general public an opportunity to cross a section of the conservation land as part of the Round the Mountain Trail.

The original conservation values — to protect wildlife and natural habitat along this slope — ensure it remains undeveloped and provide that access along the Georges Highland Path remains in place. This partnership between the original owner of the property, the manager of the Round the Mountain Trail and the holder of the conservation easement and manager of the Georges Highland Path demonstrates the ability to accomplish meaningful conservation.

For more information on GRLT and its activities, visit georgesriver.org, email info@grlt.org or call 594-5166. For more information on CMLT, visit coastalmountains.org or call 236-7091.

Washington Challenge: 5K and Fun Run

The Washington 5K Run and Fun Run will be held on Sunday, August 4. Registration will be from 7 to 8 a.m. at Prescott Memorial School, 100 Waldoboro Road. The Fun Run will start at 8 a.m.; the 5K will follow.

The 5K race starts at Prescott Memorial School and goes through the village of Washington, up Bill Luce Road and back. The course is challenging. The Fun Run starts at Prescott Memorial School and goes into the village, around the monument and back to the school. Walkers are welcome

to participate in the Fun Run.

Medals will be given to male and female 5K winners in each age group; the first three males and females to place in the Fun Run will receive medals.

The entry fee for the 5K is \$5; \$1 for the Fun Run (\$10 maximum per family); the entry fee includes a T-shirt while they last. Participants are asked to bring a canned good for the Washington Food Pantry. A raffle will be held following the race.

For more information, call or text Peg Hobbs at 790-0723.

BikeMaine Will Roll Through Local Towns

Bicycle Coalition of Maine will host its seventh annual week long bicycle tour, BikeMaine, September 7 through 14. BikeMaine 2019: Coastal Connections will wend its way through the midcoast, covering 329 miles and rolling through 35 towns. Local host communities include Hope (September 8), Damariscotta (September 9), Rockland (September 10 and 11) and Belfast (September 12 and 13).

BikeMaine rides through a different region each year.

Cyclists will camp in host communities each evening and eat meals prepared by local organizations with locally sourced food. Since its inception, BikeMaine has consistently made an effort to acquire support, provisions and entertainment from within host communities in an effort to directly support the local economy.

For more information, visit ride.bikemaine.org.

Owls Head Light Tours on National Lighthouse Day

Owls Head Lighthouse, at 186 Lighthouse Road, will offer free tours on Wednesday, August 7, from 10 a.m. to 4 p.m. to celebrate National Lighthouse Day. Visitors will have an opportunity to see the light's classic fourth-order Fresnel lens and volunteers will distribute a commemorative postcard and booklet explaining the significance of National Lighthouse Day. The keeper's house will host coloring activities for children. Visitors must be a minimum of 42 inches tall and have appropriate footwear to climb the lighthouse. For more information, phone 594-4174 or visit lighthousefoundation.org. PHOTO: BOB TRAPANI



Free Trail Talks for Walkers and Joggers

Walkers and joggers of all fitness levels are invited to join clinical team members from Pen Bay Medical Center and Waldo County General Hospital to exercise and learn about the health benefits of being active.

There will be a free event on Tuesday, August 13, from 5:30 to 6:30 p.m. at Moose Point State Park, 310 West Main Street in Searsport; the park entry fee will be covered by program.

Another opportunity will be on Thursday, August 15, from 5:30 to 6:30 p.m. at Erickson Fields Preserve, 164 West Street in Rockport.

Families are welcome; children must be accompanied by an adult. No previous exercise experience is required; consult your physician prior to starting an exercise regimen. Register at journeytohealth.courestorm.com or call 301-3950.

Water Quality Monitors for Belfast Bay



Penobscot Bay Stewards from Belfast Bay Watershed Coalition (BBWC), trained by BBWC board member John Tipping, have begun monitoring various points in Belfast Bay. Tipping is director of the Belfast-based company Lotic Inc., a professional lab that tests effluent from sewage treatment plants around New England and conducts other water-related projects such as eel-grass mapping and stream-quality studies. Tipping has trained stewards to sample the bay at high and low tides on the same day. This is done weekly at the town dock and the mouth of the Little River, with other sites to be added.

The objective is to establish a baseline understanding of water quality in the bay based on values of dissolved oxygen, conductivity, pH, temperature and salinity over time. If the salmon farm proposed in Belfast goes into operation BBWC will monitor its data.

Monitors do not have to be Penobscot Bay Stewards. Anyone interested in helping with the effort may email info@belfastbaywatershed.org.

A Closer Look at the Forest Landscape

Friends of Sears Island will host a free tree and shrub identification walk on Sears Island, off Route 1 just east of Searsport, from 9 to 11 a.m. on Saturday, August 10, led by Mike Shannon. Shannon is a lifelong naturalist, storyteller and retired educator who taught ornithology and ecological education at Unity College.

Participants should park along the causeway at the end of the road and meet at the kiosk near the island gate by 9 a.m., with water, a snack and insect repellent; pets are not permitted on guided walks. In the event of steady rain, the program will be cancelled. For more information and updates, visit friendsofsearsisland.org or call 975-3878.

Rockland Area Tides August 1 to August 8

	High AM	High PM	Low AM	Low PM
Thursday	11:45	11:54	5:32	5:41
Friday	---	12:36	6:22	6:34
Saturday	12:47	1:27	7:13	7:28
Sunday	1:41	2:19	8:04	8:23
Monday	2:36	3:14	8:56	9:21
Tuesday	3:35	4:11	9:50	10:22
Wednesday	4:37	5:10	10:47	11:25
Thursday	5:43	6:12	11:47	---

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NATIONAL WEATHER SERVICE FORECAST for Knox County

Thursday Night Mostly clear, with a low around 60. Northwest wind around 5 mph.
Friday Sunny, with a high near 79. North wind around 5 mph becoming south in the afternoon.
Friday Night Mostly clear, with a low around 61.
Saturday Sunny, with a high near 78.
Saturday Night Partly cloudy, with a low around 62.
Sunday Mostly sunny, with a high near 78.
Sunday Night Partly cloudy, with a low around 59.
Monday Sunny, with a high near 77.
Monday Night Mostly clear, with a low around 60.
Tuesday Mostly sunny, with a high near 78.
Tuesday Night Partly cloudy, with a low around 63.
Wednesday Partly sunny, with a high near 78.

Björn Runquist

Granite Gallery, August 9-13

Björn Runquist will have an exhibition of recent paintings and drawings August 9-13, 10 a.m.-5 p.m. each day, at the GRANITE GALLERY, Route 131 in Tenants Harbor. There will be a reception Friday, August 9, 5-7 p.m. Granite Gallery is located near the Town Hall.



"Morning at Lermond Cove," 20x30" oil on linen

Runquist's work explores the everyday around us, from scenes we drive by daily to dazzling views across the Maine coast. His work springs from a deep sense of light revealing the extraordinary found within the ordinary, and from his engagement in the prolonged moment of creation. His work is in many collections across the country. View his work on his website: bjornrunquist.com. For more information, call 207-596-7423.

New Impressions: An Exhibition of Oil Paintings

by Robert T. Schweizer and Kenneth Schweizer

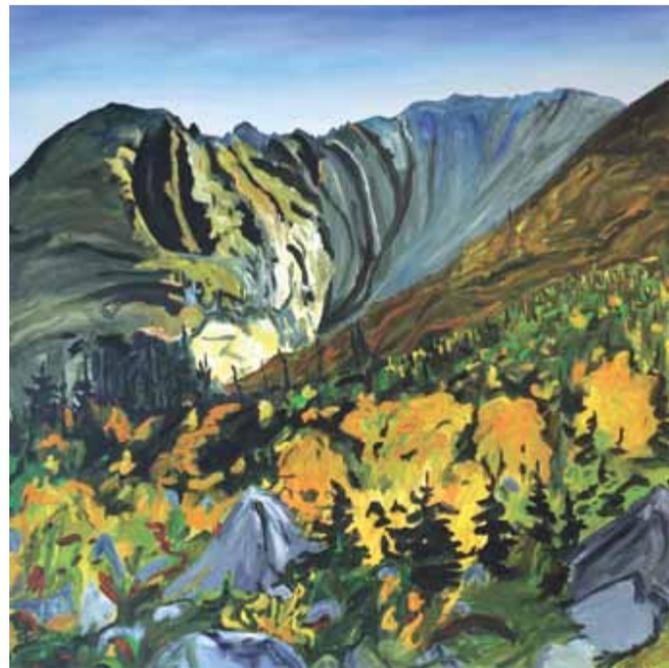


August 1-7 ~ Opening Reception: Saturday, Aug. 3rd, 5-8 p.m. GRANITE GALLERY, 68 Main Street, Tenants Harbor, ME

ART ON THE COAST

"Painting the Katahdin Landscape" at Lincolnville Library

Lincolnville Community Library will host a free presentation by artist Chris Polson, "Twenty Years Painting the Katahdin Landscape," on Wednesday, August 7, at 7 p.m. Polson will talk about his experiences painting in four areas around Katahdin and Baxter State Park and share images of works completed on-site and later in his studio, including some as large as 8' x 11'. Most of Polson's hiking and painting expeditions require special gear, which he will describe. Two of his paintings are featured in David Little's "Art of Katahdin," a book published in 2013. Shown here, "North Basin Across Hamlin Ridge," oil on linen, 2016 © Chris Polson.



At Boynton-McKay in Camden —

Knox County Art Society Exhibit

Knox County Art Society's ongoing exhibition at Boynton-McKay Food Company, 30 Main Street in Camden, will include the work of four additional artists in August: Marcia Sewall (gouache), Dana Fox Jenkins (watercolors), Jill Langdon (oils) and David Langdon (digital photography). In all, 24 pieces by 12 different area artists are on view. Other participating artists include Del Babb, Pam Bardon, David Blanchard, Lauree Clayton, Bob Richardson, Carol Douglas, Mary Whitney and Erika Manning. The society is open to all visual artists in Knox County and neighboring towns, including the islands. Its mission is to foster connections within the local artist community by offering diverse activities and support. For more information, call David Blanchard at 236-6468 or email him at davidblanchard555@gmail.com.

ArtLab for All Ages at CMCA

Center for Maine Contemporary Art, at 21 Winter Street in Rockland, will offer a free workshop, ArtLab for All Ages, on Saturday, August 3, from 2 to 4 p.m. Participants will create work inspired by painter Ann Craven's exhibition at the museum, "Birds We Know," using watercolor, pastels or gouache. ArtLab for All Ages takes place on the first Saturday of every month.

Gilles Letourneau Exhibit at River Arts in Damariscotta



River Arts, 241 Route 1 in Damariscotta, has an exhibition in the West Gallery hanging through August 8 featuring works by Maine artist Gilles Letourneau. "Micro Abstraction, Helmets" depicts historic war helmets and masks at different stages of aging using oils on canvas and board. Born in Canada and raised in Portland, Letourneau holds an architecture degree from Syracuse University. Gallery hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. and Sundays from 11 a.m. to 3 p.m. For more information, call 563-1507 or visit riverartsme.org.

10 a.m. to 4 p.m. and Sundays from 11 a.m. to 3 p.m. For more information, call 563-1507 or visit riverartsme.org.

Call for Artworks: "Animals of Every Kind"

Medomak Arts, at 13 Friendship Street in Waldoboro, will present a new show from 4 to 7 p.m. on Saturday, August 10, as part of Waldoboro's ArtWalk. Artists are invited to bring ready-to-hang art depicting real or imagined animals to the gallery on Tuesday, August 6, between 4 and 5 p.m. Another time could be arranged; phone 832-4774 or send an email to medomakartsproject@gmail.com. Shown here, "Cat Nap" by Maureen McCann, 1969.



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HiLo Art

by Alan Crichton

*John Winship, Ted Keller and Ingrid Ellison at Carver Hill Gallery
July 25 to September 1*

All anyone can ask of an artist is, "Convince me that what you're showing me is somehow real. I don't care how you do it." There are as many ways to do this as there have been artists.

How do artists keep all the parts of a painting living and "talking" to each other so that when you stop painting, the painting keeps talking? The French cave paintings are 40,000 years old and deep underground, but they not only still talk to us, they sing.

Here are three painters who take quite different approaches to creating a convincing reality.

John Winship is a widely exhibited painter and teacher with more than 30 solo shows in major cities, galleries, and museums. NPR's Linda Wertheimer speaks of his "dark and dreamlike pictures seeming to evoke another time."

Winship starts with the endearing ambiance of old snapshots, where the subject may be confusingly framed or obscured, or where incongruous events appear simultaneously. Without recognizable contexts, found photos can have surreal qualities without the slightest alteration or reinterpretation.

Winship interprets, nevertheless, intentionally collating the inexplicable with the mystifying in landscapes with vast skies that earth has rarely seen. Somehow, they do feel familiar, maybe from the thick atmosphere of dreams.

In "Barking Dog," a 1940s couple pose late on a summer's day. He, in a stylishly raked fedora, leans confidently against a dark structure. She, in a sleeveless, black dress, stands beside him, one bare arm modestly behind her back. The patch of dying sun behind them completely shadows their features. This couple alone might be enough to evoke the inexplicable past, but two other events deepen the mystery without clarifying it. A barking dog twists uncomfortably in the foreground, yapping aggressively towards a further distant couple, perhaps a mother and daughter talking as they walk into a dark copse of trees. The dog objects, and above them all looms a huge, uncanny sky.

These paintings intentionally seek to be strange, and they succeed. Surreality is a form of reality, after all. Perhaps Winship depends on those otherworldly skies a little too much, though. In their repetition, a little reality is lost.

For thirty years, Ted Keller was a ceramic artist, making pottery and sculpture, living in, and teaching from, Union. He left ceramics for painting 20 years ago, and in 2008, the New Mexico sun, mountains and light attracted him to Taos, where he still resides. Unable to resist, though, he continues to frequent midcoast Maine.

In a New York night scene, "Houston Street," a neighborhood on the major thoroughfare thrums in the wee hours. A car makes a left while a delivery truck impatiently waits, headlights blazing. Random windows shine softly in apartments above. A streetlight's acid yellow glare pops complementary lilac in six stories of window trim, while



"Down Bowery Street, NYC," oil on canvas web by Ted Keller

ghostly green copper rooftops glow above dark brickpile canyons, and the sheer bigness of the city marches away with its millions of tales.

"Down Bowery Street, NYC" is a large and lively compilation of five views and three streets, looking downtown on a fresh summer day full of sunshine, birds, traffic and pedestrians of all ages, colors and stripes. Like all of Keller's images, whether day or night, it is cheerful, festive, full of joy. A flock of birds flaps into a sky full of little splashes of color that open up space like confetti at a parade. The day feels typically real though, not a holiday, except that you feel like Sinatra singing, "Start spreading the news — New York, New York!"



"Barking Dog," acrylic on canvas by John Winship

painting out and back in. She creates a lively surface that "talks" to the other brushstrokes and colors in a close conversation that thoughtfully involves the viewer.

The title "We Could Smell the Rain" is the first line of one of Ellison's poems, attached to the back of the canvas: "We could smell the rain before it arrived and stole the color out of the garden, now flat mute sage and celadon, awaiting 1st drop." The painting is a meditation on this experience, with its soft jade greens and pouring blues evoking that silence, and then the rain. Its gestural grids may be hand-made garden plots. The painting's quiet suspense awaits that first fresh drop. Did poets invent metaphors to heighten reality? I think so.

"We Could Smell the Rain," oil on linen by Ingrid Ellison



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White Wash in recent New York museum exhibit True Colors along with Titian, Matisse, Rothko

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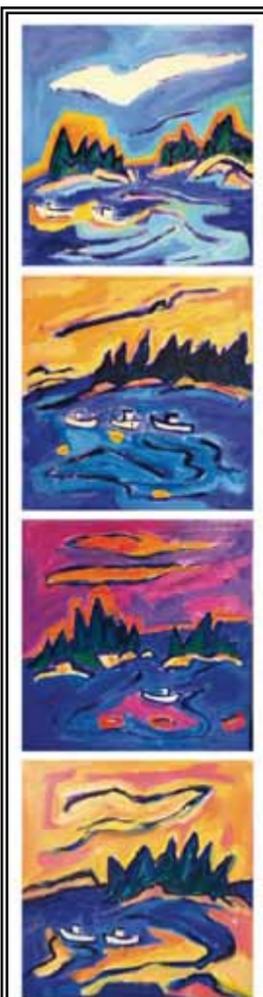
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ART ON THE COAST

EXHIBITIONS



C-print by Jonathan Lawrence

Page Gallery

EXHIBIT: "TIDELINE" - OPENING RECEPTION: THURS., JULY 25, 5-7PM
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Artists: David Graeme Baker, J.T. Gibson, Jessica Ives, Breehan James, Alison Langley, Jonathan Lawrence, Colin Page and Anneli Skaar. 23 Bay View Street CAMDEN - 207-230-8048 thepagegallery.com



"Thick"©2019, Sylvia Murdock

Sylvia Murdock Gallery

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"Handmade" by Barbara Prey

Barbara Prey Projects

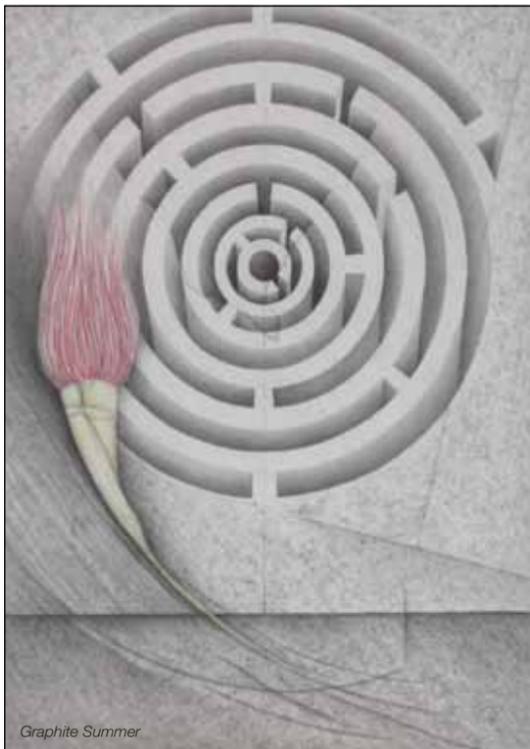
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ART ON THE COAST



Nevelson Chapel of the Good Shepherd Talk at the Farnsworth –

Farnsworth Art Museum, 12 Museum Street in Rockland, will present a talk in the auditorium about the Nevelson Chapel, located in Saint Peter's Church in New York City, on Wednesday, August 7, at 5:30 p.m. The talk, will be a conversation between Pastor Jared Stahler of St. Peter's and Farnsworth Chief Curator Michael K. Komanecky about Louise Nevelson's only remaining intact sculptural environment. While the Chapel of the Good Shepherd at Saint Peter's is undergoing restoration, the work's Trinity columns are currently on view at the Farnsworth. Stahler and Komanecky will discuss the genesis of the chapel, its place among Nevelson's works, its history, conservation and comprehensive, sustainable environmental upgrade. Stahler is director of the campaign to renew Nevelson Chapel. The fee for this program is \$10 and includes gallery admission; it is free for Farnsworth members and Rockland residents. For more information or to register, visit farnsworthmuseum.org.

Landscape Painters Loughridge and Klein at Pemaquid –

Works by Sally Loughridge and Barbara Klein are showing this summer at Pemaquid Art Gallery at Lighthouse Park in New Harbor. Their paintings depict the coastal landscape; both artists are largely self-taught. The gallery is open daily from 10 a.m. to 5 p.m. through Columbus Day. For more information, call 677-2752 or visit pemaquidartgallery.com. Shown here, "Three Chimneys" by Barbara Klein.



Aldermere Farm Art Show Honors

Preservation of Maine's Coast – Maine Coast Heritage Trust (MCHT) will host the annual Aldermere Farm Art Show and Sale on Saturday, August 10, from 9 a.m. to 4 p.m. and Sunday, August 11, from 11 a.m. to 2 p.m. in Aldermere's farmhouse, at 20 Russell Avenue in Rockport. The show is a tribute to the coastal lands and islands MCHT has worked to preserve since 1970. It highlights local artists; this year's poster (shown) features "Endearment," an oil and cold wax painting by Leecia Price of Camden. All proceeds from the sales of paintings by George Van Hook, a Philadelphia artist known for his impressionistic works, will benefit MCHT's agricultural programs in Rockport. Aldermere beef and Belted Galloway-themed items will be for sale; proceeds will support agricultural programs and operations at Aldermere Farm and Erickson Fields Preserve. For more information, visit aldermere.org or call 236-2739.



ArtWalk Waldoboro August 10

Waldoboro will celebrate its August ArtWalk on Saturday, August 10, from 4 to 7 p.m. The town-wide event features venues that include a farm, theater, bookstore, antique shop, art galleries, artist studio, gift stores, restaurants and more; participants display

ArtWalk flags. Original art, locally produced cheeses, live music and disc golf are among the offerings. For more information, email artwalkwaldoboro2019@gmail.com or find ArtWalk Waldoboro on Facebook.

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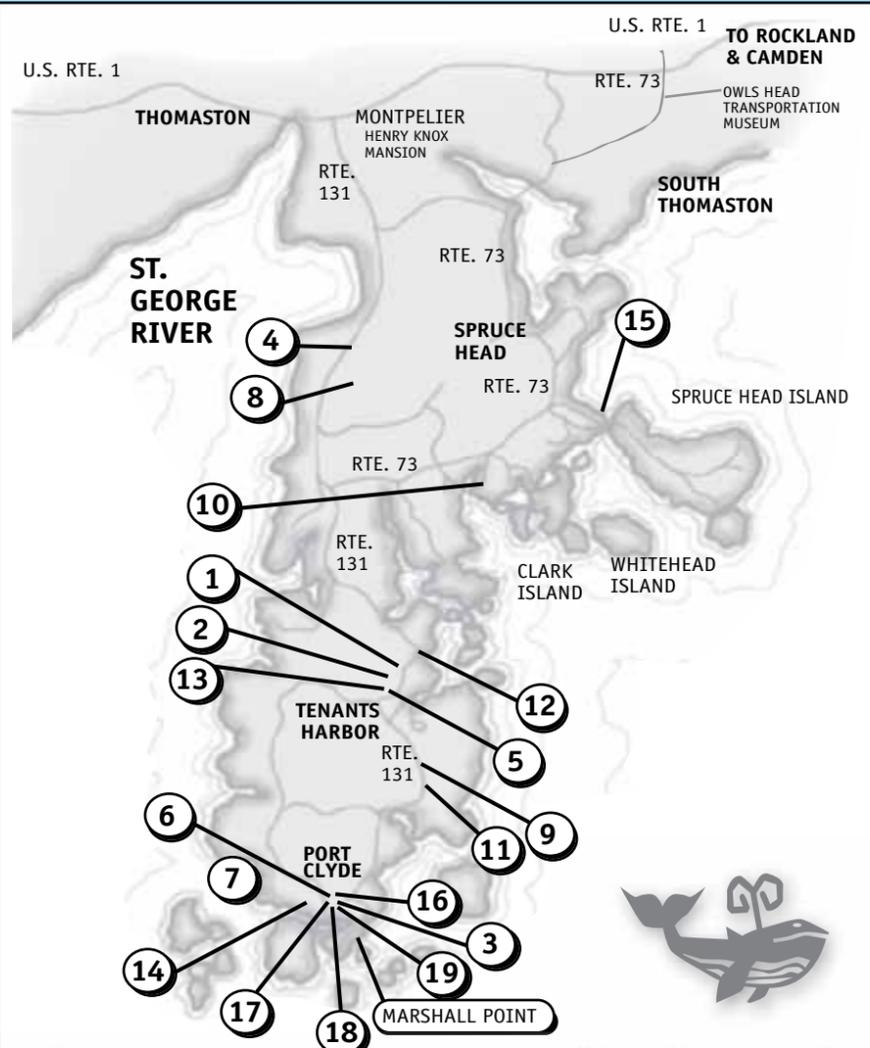
There will be delicious food, drink, and live music. Bring stories and swimsuits, and of course kids are welcome.

9 Samoset Road, Rockland. No RSVP needed. Valet parking at the house or parking available at the Samoset.

In lieu of flowers please plant a tree in Mary's honor, or donate to the local *AIO Child Hunger Program* or *St Jude Children's Research Hospital*.



A Trip Down the St. George Peninsula



Discover one of Midcoast Maine's best destinations

One of Maine's loveliest drives awaits you when you turn off Route 1 onto Route 131 South (at the Montpelier Mansion). Enjoy approximately 15 miles of grand views – fields rolling down to the tidal portion of the St. George River – the charming village of Tenants Harbor – Port Clyde, departure point for Monhegan Island and home to the ever-photogenic Marshall Point Lighthouse & Museum. Heading back up Route 131, take Route 73 through Clark Island, Spruce Head and Owls Head for more of the best Maine has to offer. (Don't miss the reversing falls in South Thomaston and the spectacular Owls Head Lighthouse.)

You can also begin your travel down the St. George peninsula by taking Route 73 south out of Rockland. Explore Owls Head, South Thomaston, Spruce Head and Clark Island. At the junction of Routes 73 and 131S, turn left and continue through Tenants Harbor, on to Port Clyde – the end of the peninsula. To return, follow Route 131 back to Route 1 in Thomaston. Take your time – you'll be glad you did.

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Judith Hatch Orme*Kids & Families First***The Legacy of Shame**

Shame undermines the most important part of ourselves, that which believes we are enough, that we are seen and heard and deserving. Our childhood influences — family dynamics, the values we learned, the way we were raised — shape our legacy. We simply can't deny how much the messages conveyed by our parents and families impacted us. Those early experiences mold our "storage battery," holding the emotional and psychological impacts of our childhood — the good and the bad — in ways we're often unaware of and influencing our behavior and communication. Being conscious of the messages we internalized growing up may help us avoid repeating the same mistakes or wounding our children and our important relationships.

In raising our consciousness we can come to understand ourselves better. Many of us don't fully appreciate the importance of discovering the issues that fuel our choices, actions and relationships. If we blame others for the mistakes we make, we'll never realize our behavior, attitudes and communication are driven by those deep-rooted emotional messages: "I've never believed I'm good enough," or "I was always told I'd never succeed," or "It's too frightening to make any changes." These messages usually come from a core of shame, blocking our ability to authentically connect in healthy relationships, believing we're "not good enough." Shame is likely the most agonizing and self-destructive of all emotions. That inner voice relentlessly taunts us with criticism and harsh judgment, leading to perfectionism.

After observing a mom I know publicly chastising her son, I asked how she thought her son must be feeling. She admitted not having given that much consideration, as she was more concerned with how other parents were judging her. She continued that she wanted him to feel ashamed of how unacceptable his behavior was. I asked if she recalled being publicly shamed as a child, to which she exclaimed: "So many times! If I dared misbehave, my parents made sure I paid dearly for it." Being shamed by her parents taught her to behave appropriately, which is what she now expects of her children. Her lack of confidence and worry about being negatively judged are triggered by her children's behavior. Shaming ensures our children won't trust us to listen to them or understand their emotions. If we believe behavior is all that matters, then punishment may be effective.

Should we hope to have authentic connection with our children, what's required is something quite different. When our child is misbehaving, he has an unmet need, something blocking him from being successful. By connecting to the emotional root rather than focusing on the surface (behavior), we're letting him know we understand he's struggling. For example: Your child is late getting ready for school once

again. Frustrated, you believe he's intentionally delaying getting dressed. Rather than shaming ("WHY are you always late? Can't you ever get ready on time?! Never mind finding your blue shirt. *Get dressed NOW!*"), try connective communication ("I know you'd love to stay home in your pajamas. It's no fun getting out of your warm bed, rushing to get dressed and ready for school. I never liked getting up early for school either when I was your age"). His feelings are validated when you shift from anger and shaming to the emotions driving his lack of cooperation. Although his responsibility is to get ready on time, he'll cooperate more willingly when feeling supported, accepted.

Another example: Your child shares that she hates her younger brother: "I wish Eben could live with a different family! I hate him!" Instead of shaming ("Don't ever talk about your brother that way. Even when he's bugging you, of course you still love him"), connect to the root of her feelings ("I understand your brother can be pretty frustrating. He often makes your life really hard, which makes you wish he'd just disappear"). When you accept her strong emotions, she feels understood and supported, with space to release her intense reactions without criticism. While this can be difficult to hear, strong sibling emotions are normal.

Of course we want our children to openly voice their feelings, both the positive as well as the negative. Just as we want to teach our children the importance of being assertive and maintaining healthy boundaries, we must model that shaming is not healthy or acceptable. None of us wants our opinions or feelings disparaged; should a family member, a friend, a colleague or neighbor do so, we must speak up to ensure we receive the respect and compassion we all deserve.

"Many of us will spend our entire lives trying to slog through the shame swampland to get to a place where we can give ourselves permission to both be imperfect and to believe we are enough." — Brene Brown, Ph.D.

Please send me your questions.

Judith Hatch Orme, MSW, LCSW, has an office at 69 Elm Street in Camden. A parenting specialist, counselor, consultant, and family mediator, she provides workshops; teacher trainings; parenting consulting; counseling for children, parents, couples and families; and divorce mediation. She also works part-time at the Knox County Health Clinic in Rockland as the mental health and wellness coordinator. To schedule appointments or customize a workshop/staff training, contact her at 603-801-6382 or email kidsandfamiliesfirst@gmail.com.

**Concussions and Teens: What You Should Know**

Moriah Grant, OTD, OTR/L, will offer a presentation about how concussions affect teens as part of Pen Bay Medical Center's Journey to Health program. The free talk will take place at Rockport Public Library on Wednesday, August 14, from 6:30 to 7:30 p.m.

Concussions can affect teens differently than adults and

it's important to know what to look for. Grant will talk about symptoms, treatment and the latest guidelines for handling concussions in teens.

Space is limited and preregistration is required. To register, visit journeytohealth.coursetorm.com or call 301-3956.

Fundraiser in Belfast —**Dungeons & Dragons Sessions at Game Loft**

Lynnford Young with Dungeons & Dragons handbooks and dice

PHOTO: ALLISON HARRELL

The Game Loft, at 78A Main Street in Belfast, will host a Dungeons & Dragons fundraiser Saturday, August 17, from 10 a.m. to 5 p.m. For "Lofts and Legends," experienced dungeon masters will run six game tables for two three-hour sessions. Seats are available for those ages 9 and older; new players and adults are encouraged to participate. The cost is \$10 per player per session, cash at the door. All proceeds benefit The Game Loft, a non-profit that promotes positive youth development through non-electronic games and community involvement.

Dungeons & Dragons, first published in 1974, pioneered a class of games that focused on individual character development and group storytelling. Players unite as a party and set out on a fantasy adventure, interacting with the setting.



Preregistration is encouraged as space is limited. To purchase tickets, visit loftsandlegends.bpt.me or see the "Lofts and Legends" event on Facebook and at brownpapertickets.com. For more information, phone 338-6447 or email info@thegameloft.org.

Artscapes: Imagination Island Camp

Farnsworth Art Museum, 16 Museum Street in Rockland, will host a camp for children ages 8 to 13 from 9 a.m. to noon, Monday through Friday, August 5 through 9. Participants will explore the theme of islands through creative movement and mixed-media art.

Led by Kathleen Gass and Shana Bloomstein, children will view island art on display at the museum as a springboard for their own creations.

The program fee is \$260; \$200 for Farnsworth members. Partial scholarships are available; email education@farnsworthmuseum.org. For more information or to register, visit farnsworthmuseum.org.

Ashwood Waldorf School — Free Parent & Child Craft Morning

Ashwood Waldorf School, 180 Park Street in Rockport, will host a free craft event in the Early Childhood Center for children ages 3 to 6 with an adult on Tuesday, August 13, from 10 to 11:30 a.m. Participants will paint terra-cotta pots and do some planting. Preregistration is required by Friday, August 9. For more information or to register, email info@ashwoodwaldorf.org or call Sarah Ewing at 236-8021.

Backyard Birding for Children

Project Puffin Visitor Center, at 311 Main Street in Rockland, will offer a free children's science and art program on Tuesday, August 6, from 1 to 2 p.m. Participants will learn about some common New England bird species and how to build an eco-friendly bird feeder. To register, phone 596-5566.

Children's Drawing at Rockland Library

Catinka Knoth's free weekly drawing classes for children age 6 and up and adults continue on Tuesdays in August from 4 to 5 p.m. at Rockland Public Library. All materials are provided. Children under age 10 should be accompanied by an adult. August's theme is "Let's Draw a Collection of August Maine Memories."

Watershed School Info Night in Waldoboro

Watershed School will hold an information night on Thursday, August 1, from 6 to 7 p.m. at Waldoboro Public Library.

Prospective families, students and anyone interested in learning more about Watershed, an independent high school in Camden, will have the opportunity to hear about the school's curriculum, personalized programs and community partnerships.

The admissions team will be on hand to discuss the application and admissions process; financial assistance is available to those who qualify.

For more information, call 230-7341 or visit watershed-school.org.

"Where in the World" at Penobscot Marine

Penobscot Marine Museum will host a talk by Dick Baldwin of Educational Passages on Thursday, August 15, at 6 p.m. in the museum's Old Vestry, located at 2 Church Street in Searsport. The cost is \$8, or \$5 for museum members and Searsport and Stockton Springs residents.

Educational Passages works to spread ocean and environmental literacy. Students of all ages explore oceanic phenomena using the program's GPS-equipped miniboats (five-foot-long, crewless sailboats). Baldwin's talk will include photos and video from his most recent miniboat launch. For more information, call 548-2529 or visit penobscotmarine-museum.org.

Frolic in the Field at Pumpkin Vine Farm

Pumpkin Vine Family Farm, at 217 Hewett Road in Somerville, will host Frolic in the Field on Saturday, August 10, from 5 to 9 p.m. The evening will feature crafts, food and a contra dance called by Chrissy Fowler with music by Toki Oshima and John Pranio. Children are welcome to play in the farm fields and explore the barn under parental supervision.

Parking will open at 5 p.m. in the lower field. Wagon rides from the parking area to the farm will run from 5 to 6:15 p.m. Craft and food tents will be open from 5 to 8 p.m.; music and dancing will be from 6 to 9 p.m.

The event, free and open to the public, is weather dependent; visit pumpkinvinefamilyfarm.com or phone 549-3096 to confirm. Donations go directly to the musicians and caller.

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Belfast Summer Street Party Is Around the Corner –

Belfast Summer Street Party will take place on Monday, August 5, from 5 to 10 p.m. on High Street, from the only downtown traffic light at Main Street to Macleod Furniture. The band Captain Obvious will play at 5 p.m. followed by Don Nickerson and Country Mist. There will be a children's parade at 6 p.m.; the theme for costumes is Woodstock: Peace, Love and Hippies. The cost of a pass for unlimited carnival rides will be \$10. Other activities will include a climbing wall, giant slide, face painting and chalk art; food will be available for purchase. Waterfall Arts and Belfast Creative Coalition will paint a 16' x 8' mural at the police station. Volunteers are needed and will receive a free carnival-ride pass. Visit Belfast Summer Street Party on Facebook to sign up or call 338-1975.



Blueberry Cove Half Marathon

The ninth annual Blueberry Cove half marathon will take place on Sunday, August 25, starting at Blueberry Cove Camp, 22 Blueberry Cove Road in Tenants Harbor, at 7:30 a.m. The 13.1-mile course follows the coast, passing Marshall Point Lighthouse, Port Clyde village, Drift Inn Beach and quiet back roads. The race will be followed by awards and a full-course brunch.

Runners and walkers of all ages and abilities are welcome to participate; the registration fee is \$90, and advance registration is required. To sign up or for more information, visit Blueberry Cove 13.1 on Facebook or visit extension.umaine.edu/tanglewood/events. All proceeds benefit children who need financial help to attend Blueberry Cove Camp.

Guided Tree ID Walk Offered at Merryspring

Merryspring Nature Center, 30 Conway Road, Camden, will host a free summer tree identification walk for families and children on Friday, August 2, at 10 a.m. Tree identification can seem confusing at first, but with a few tips can be easy to learn. This guided walk is intended to teach families and young children the basics of identifying trees by their leaves and bark.

This event is part of the Free Family Fridays Programs series at Merryspring. No sign-up is required. Free Family Fridays continue throughout August at Merryspring. Guests should bring a water bottle and wear weather-appropriate clothing. The length of the program is approximately one hour. In the event of heavy rain, it will be canceled. For more information, call 236-2239 or email info@merryspring.org.

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"Bones" Program for Children at Rockport Library – Rockport Public Library will present "Bones," a free hands-on program for children ages 5 to 12 on Monday, August 5, at 2 p.m. Dirigo Learning founder Robin Huntley will bring a collection of animal bones largely from species found in Maine. Participants will learn about major identifying characteristics of bones from various mammals, fish and birds.



Making Ice Cream at Camden Public Library – Camden Public Library will offer an opportunity for children to learn how to make vanilla ice cream using a zippered plastic storage bag on Tuesday, August 6, at 3 p.m. Librarian Miss Amy will lead the project in the Children's Garden. To register, phone the library at 236-3440. Shown here, Midge Walker making ice cream at the library.

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By his nephew, David Rockwell —

Recollections of Andrew Wyeth

David Rockwell will share memories of his uncle, Andrew Wyeth, and friends Christina and Alvaro Olson at Cushing Historical Society Meetinghouse, 17 Hathorne Point Road, at 7 p.m. on Thursday, August 8, at the society's monthly meeting. There will be a brief business meeting before the program. Rockwell spent childhood summers on Bird Point in

Cushing, a short walk from the Olson House. Through the 1940s he got to know the Olsons and spent time watching his uncle paint several of his well-known works.

His father, Dudley Rockwell, gave daily talks at the Olson House for 13 years until his death in 2006. Six years ago David decided to continue similar talks weekly.

Mass Extinctions, Past and Present

Tasmanian geophysicist and Maine summer resident Milard F. Coffin, Ph.D., will give a free talk, "Earth's Mass Extinctions, Past and Present," on Tuesday, August 6, at 6:30 p.m. at Belfast Free Library.

Earth has experienced five mass extinctions in its 4.5 billion-year history; a mass extinction occurs when more than 75 percent of Earth's total estimated species become extinct in a geologically short interval. Evidence suggests that humankind is driving Earth toward a sixth mass extinction. Coffin will compare and contrast the potential causes and consequences of previous mass extinctions.

Coffin is a professor at the Institute for Marine and Antarctic Studies in Hobart, Tasmania. His research focuses on "large-scale volcanism on the sea floor, tectonic plate boundaries, divergent continental margins and interactions between the solid Earth and Earth's environment." He has led or par-

ticipated in 34 research voyages in the Pacific, Southern, Indian and Atlantic oceans and has held leadership positions at the UK's National Oceanography Centre and the Integrated Ocean Drilling Program.

Kate Braestrup Will Speak in Searsmont

Searsmont Historical Society will host a free presentation by Kate Braestrup at the Searsmont Community Building, South Main Street at the corner of Routes 131 and 173, on Friday, August 2, at 7 p.m.

New York Times best-selling author Braestrup is a chaplain with the Maine Warden Service. A resident of Lincolnville, she speaks nationwide.

Cookies and lemonade will be served after the talk.

Transformative Power of Kindness

Psychiatrist and author Dr. Eva Ritvo will discuss her most recent book, "Bekindr: The Transformative Power of Kindness," on Friday, August 9, at 4:30 p.m. in the Tucker Room at Camden Opera House, 29 Elm Street. Doors will open at 4 p.m. The free talk is open to the public.

Ritvo, who received her undergraduate and medical degrees from UCLA and psychiatry residency at Weill Cornell Medicine, has been in practice for more than 25 years. She founded Bekindr Global Initiative, a movement to bring more kind-

ness into the world. Her book is a compilation of stories about people who have experienced the kindness of strangers.

Ritvo writes for Psychology Today, hosts the PBS series TechVersify and coauthored "The Beauty Prescription" and "The Concise Guide to Marriage and Family Therapy." She cofounded Bold Beauty Project, a nonprofit that pairs women with disabilities with award-winning photographers to create art exhibitions to raise awareness.

For more information, call 236-3595, extension 1.

Author Susan Conley at Jackson Library

Award-winning author and Maine native Susan Conley will speak about her newest novel, "Else Come Home," at Jackson Memorial Library in Tenants Harbor on Wednesday, August 7, at 7 p.m. The novel is currently on many "Best New Books" lists and has received starred reviews in Kirkus and Publishers Weekly.

Conley's memoir "The Foremost Good Fortune" won the 2011 Maine Literary Award. Her 2013 novel "Paris Was the

Place" was a Boston Globe "Top Pick." "Stop Here, This Is the Place," a poetry and photography collaboration, won the Maine Literary Award for Publishing Excellence.

Conley lives in Portland, where she is a founder of The Telling Room, a creative writing center focused on the belief that when children have access to their own stories, their lives and communities are better for it. For more information, call 372-8961 or visit jacksonmemoriallibrary.org.

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"Healthy Cells Equal a Healthy Body" at Rockland Library –

Paige Wolfe (shown) will offer a free presentation, "Healthy Cells Equal a Healthy Body," at Rockland Public Library on Tuesday, August 6 at 6:30 p.m., as part of the Destination Wellness series. Wolfe will discuss redox signaling molecules, which some in the health field are calling the "missing link." For more information, call 594-0310.



Behind the Label: Organic, GMO & More

Belfast Co-op will present a free talk by Heather Omand of Maine Organic Farmers and Gardeners Association, "Behind the Label: Organic, GMO and More," on Wednesday, August 7, from 6 to 7 p.m. at Unitarian Universalist Church of Belfast, 37 Miller Street.

Consumers encounter many different labels and packaging claims when buying food. Omand will discuss the differences and similarities among some common marketing terms such as "fair trade," "GMO free," "certified humane" and "cage free."

History of Coast Guard Aviation

Maine Lighthouse Museum, 1 Park Drive in Rockland, will host a presentation by Coast Guard historian Jack McGrath at 6 p.m. on Wednesday, August 7. Admission is \$5.

McGrath will begin with the first flight across the Atlantic in 1919, flown by Coast Guard pilot Lt. Elmer F. Stone in the Navy's Flying Boat, the NC-4, which won the "Blue Ribbon of the Air" for the United States. His talk will span the years from then until the present, covering helicopter rescue units and C-130 surveillance aircraft.

For more information, call 594-3301 or visit mainelighthousemuseum.org.

Raw Bar to Lab Bench: Bigelow Laboratory Café Sci –



Senior researcher José Fernández Robledo will present "Raw Bar to Lab Bench: Insights into Human Health from Oysters" on Tuesday, August 6, at 5 p.m., as part of the free Café Sci series at Bigelow Laboratory for Ocean Sciences, 60 Bigelow Drive in East Boothbay. Fernández Robledo is a molecular biologist specializing in disease-causing parasites in Maine estuaries. He will highlight promising applications of mollusk biology, including new strategies to fight pathogens and the potential to discover alternative drugs. For more information and to register, visit bigelow.org. Shown, an oyster specimen is prepared during an experiment. PHOTO: BIGELOW LABORATORY FOR OCEAN SCIENCES

Theologian Scott Hahn Will Speak in Rockport

St. Brendan the Navigator Parish in Camden will host a day with Scott Hahn, Ph.D., at Camden Hills Regional High School's Strom Auditorium in Rockport, Saturday, August 10. Hahn will make several presentations. Hahn, a former Presbyterian minister who converted to Catholicism, is known internationally for his research on early Christianity during the Apostolic Age and his works on the early church fathers. He is a best-selling author and founder of St. Paul Center for Biblical Theology, a nonprofit research and educational institute. Tickets are available at stpaulcenter.com/rockport. For more information, call 236-4785.

Craig & Fred: How They Rescued Each Other –

Former U.S. Marine Craig Grossi and his dog, Fred, a former Afghani stray, will appear at Skidompha Library, 184 Main Street in Damariscotta, on Thursday, August 8, at 10 a.m. Seating is limited; attendees should allow time for parking. Grossi, a Georgetown University graduate and Purple Heart recipient, was surprised to meet his first dog during his most dangerous assignment in Afghanistan. After Fred followed him everywhere for two months in the field, Grossi was determined to get him to the U.S. His memoir, "Craig & Fred: A Marine, a Stray Dog, and How They Rescued Each Other," is available in two versions, one for adults and the other for young readers. For more information, phone 563-5513.



UMA Offers "On-the-Spot Admit Days"

The University of Maine at Augusta will offer four "On-the-Spot Admit Days" during August at UMA Rockland Center, fourth floor of the Rockland Breakwater Building, from 10 a.m. to 5 p.m. They are scheduled for Monday, August 5, Wednesday, August 14, Tuesday, August 20 and Monday, August 26.

UMA Admissions representatives will be available to help recent high school graduates, new and transfer students, and returning students complete their application, take a placement test (if needed), start the financial aid process, enroll in fall classes, and register for new student orientation, all in one visit. Transfer students can also receive an unofficial

transfer evaluation.

There are financial scholarships available for both new and returning students. Everyone who attends and registers for courses totaling at least six credit hours will be placed in a drawing for one of three \$1,000 scholarships. There is no application fee and students should bring official copies of transcripts, if possible. Interested students can also schedule an advising appointment on a different date and time, if more convenient.

The fall semester at UMA starts September 3. To register for the event, go to uma.edu/onthespot, but drop-ins are welcome. For more information, visit uma.edu.

Midcoast Leadership Academy Applications

Midcoast Leadership Academy (MLA) is accepting applications for its 10th program year. Applications are due by Wednesday, August 14. The program begins September 19 and meets monthly through early June.

Participants — existing and emerging community leaders from Knox and Waldo counties — work to challenge and expand their knowledge of issues affecting daily life in the midcoast and to further develop and understand their own leadership skills and styles.

Community leaders may be people who serve on boards or committees of local organizations of their town or at a regional or state level. Both organizational leaders and people who are early in their career development have participated in the

program. Organizers strive to create a diverse group of people who are willing to learn and to connect with others.

MLA classes move throughout the region exploring health care and human services, state and local government, the creative economy, education, conservation and the environment, traditional economic drivers and the justice system. Leadership skills such as mentoring, conflict resolution, leading change, leadership styles, team building and collaboration are all discussed throughout the program year.

For more information, visit MidcoastLeadershipAcademy.org or email midcoastleadershipacademy@gmail.com.

Maine Writers & Publishers — Online Workshops for Writers

Maine Writers & Publishers Alliance (MWPA) will offer two online workshops this summer.

Penguin Random House author Ryan Britt will lead "Better, Shorter, Sharper," a personal-essay workshop, on Saturday, August 3. Participants will learn about topic selection, time-saving editing techniques and more.

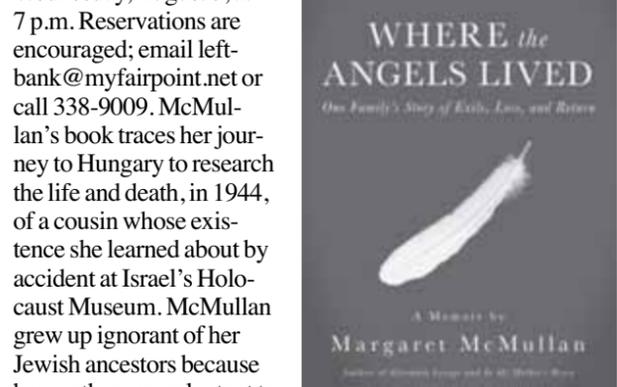
Jennifer Jacobson, three-time winner of the Lupine Award, will lead "Seize the Reader" for those interested in writing novels for young adults and middle schoolers.

MWPA is offering one full scholarship for each workshop. Advance registration is required. For more information, visit mainewriters.org or phone 228-8263.

Author Margaret McMullan at Left Bank Books in Belfast –

Left Bank Books, at 109 Church Street in Belfast, will mark the release of "Where the Angels Lived: One Family's Story of Exile, Loss, and Return"

by Margaret McMullan on Wednesday, August 7, at 7 p.m. Reservations are encouraged; email leftbank@myfairpoint.net or call 338-9009. McMullan's book traces her journey to Hungary to research the life and death, in 1944, of a cousin whose existence she learned about by accident at Israel's Holocaust Museum. McMullan grew up ignorant of her Jewish ancestors because her mother was reluctant to talk about her past and her maternal grandfather lied about his family's history — a fact that has haunted her. The author's work has appeared in USA Today, Washington Post, Huffington Post, Los Angeles Times, Chicago Tribune and Glamour, as well as in journals and anthologies, and she has taught writing at several colleges and universities.



Adult Art Workshop Series at Rockland Library –

Catinka Knoth will offer free drawing classes at Rockland Public Library Mondays in August at 11 a.m. Participants will create scenes of lighthouses and boats using colored pencils and crayons. Each week will feature a different scene; materials will be provided. For more information, email Knoth at info@catinkacards.com or phone Rockland Library at 594-0310. Shown here, "Friendship Sloop off Rockland Breakwater" by Catinka Knoth.



At Jackson Memorial Library — Daughter's Story of Father's Dementia

Jackson Memorial Library in Tenants Harbor will host a reading and discussion with author Susan Flanders at 5 p.m. on Thursday, August 8.

Flanders, an Episcopal priest, will discuss her most recent work, "If I Ever Lose My Mind," a personal story of a daughter witnessing her father's dementia. She will talk about current and past moral thinking about suicide and assisted death and also offer practical resources, including sample legal documents. Light refreshments will be served. For more information, call 372-8961 or visit jacksonmemoriallibrary.org.

Waldoboro Library Book Donations

Waldoboro Public Library has received many donations for the library's bookshop. There is no remaining storage space so there is a new policy for book donations: donors with one or two bags or boxes of books may continue to bring them to the library; those with more are asked to call the library at 832-4484 to make arrangements.

Back in Balance with John Jenkins at the Farnsworth –

Beginning August 1, tai chi and wellness professional John Jenkins will offer a series of classes Thursdays in August at 10:30 a.m. in the garden at Farnsworth Art Museum, 16 Museum Street in Rockland. Classes will include gentle exercises based on tai chi, yoga and mindfulness principles and are open to people of all ages and abilities. The fee for each session is \$15, \$10 for Farnsworth members, and includes gallery admission. The cost for the entire five weeks is \$75, \$50 for Farnsworth members. A CBS News wellness consultant, John Jenkins has been honored in the International Black Belt Hall of Fame and the World Martial Arts Hall of Fame and has served as mayor of both Lewiston and Auburn and in the Maine Senate. For more information or to register, visit farnsworthmuseum.org.



Yoga on the Beach at Sears Island with Missy Hatch – Friends of Sears Island will offer free yoga on the beach at Sears Island, on Sears Island Road off Route 1 in Searsport, with instructor Missy Hatch on Wednesday, August 7, from 10 to 11:15 a.m. Participants should park along the causeway at the end of the road and meet at the kiosk near the island gate by 10 a.m. The class is appropriate for anyone who is able to walk on the beach. It will be geared for adults but attentive children are also welcome. Missy Hatch has been teaching yoga since 1989. Attendees should wear comfortable clothing and bring a

beach towel and water. Pets are not allowed. For more information and updates in the event of inclement weather, visit friendsofsearsisland.org or call 975-3878.

“Chill Out and Channel Your Inner Calm” at Rockland Library –

Rockland Public Library will host “Chill Out and Channel Your Inner Calm” on Thursday, August 8, at 6:30 p.m. Lisa Diane, who trained at ShivaShakti Yoga School, will lead gentle yoga, followed by a labyrinth walk on the library lawn. Librarian Patty King will then guide participants in creating contemplative art. The program is free of charge. For more information, call 594-0310. Shown here, yoga instructor Lisa Diane.



Dancing Elephant in Rockland – “Old Path, White Clouds” Study Group

Rockland Shambhala will offer a four-week study of the Buddha’s foundational teachings on Tuesdays at Dancing Elephant, 14 School Street in Rockland, beginning August 6, from 6 to 8 p.m. Sydney Hall and Beverly Feldt will lead. Participation is by donation and the group is open to all; preregistration is required.

The study is based on Book Two of “Old Path, White Clouds: Walking in the Footsteps of the Buddha” by Thich Nhat Hanh. Each class will include meditation instruction and practice as well as conversation about the book.

For more information and to register, visit the website rocklandyoga.com or phone Rachel Nixon at 594-1694.

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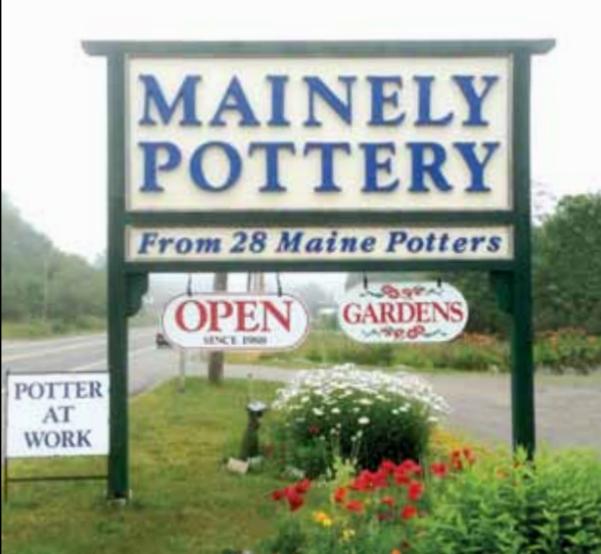
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On the Waterfront
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 July 31-Aug. 4, 2019
 INFORMATION:

SCHEDULE

www.maine lobster festival.com

WEDNESDAY, JULY 31

On Opening Day enjoy a discount on Adult admission tickets: Adults, \$1; Children under 12 years old get in for free. Old Fashioned Dollar Day - \$1 tickets all day!

All Day ART SHOW at Main Street branch of Camden National Bank (300 Main Street).

All Day FREE SHUTTLE BUS - The festival provides free shuttle services to & from the festival grounds from South Elementary School (formerly Rockland District Middle School). A bus arrives approximately every 30 minutes. See the schedule below.

12pm 72ND ANNUAL MAINE LOBSTER FESTIVAL OPENS - Festival officially opens at noon, along with exhibition tents, booths, vendors, carnival rides, and games. This is our \$1 day! King Neptune and his court, along with Erin Dugan, the 2018 Maine Sea Goddess, arrive on the main dock from the briny deep courtesy of the USCG to raise the flag and officially open the 2019 Maine Lobster Festival. Flag raising ceremony will take place next to the flagpole by the Harbor Master's building.

12-8pm LOBSTER SERVING BEGINS - Visit our Food Tent for our famous steamed lobster dinners, shore dinners, lobster bisque, lobster mac-n-cheese and fried seafood offerings and our Lobster Café for lobster rolls, lobster wraps, and lobster caesar salad.

12-2pm PADDY MILLS - Eating Tent. An award-winning folk singer/song writer whose songs are as salty as the Maine coast he calls home.

2:15-4:15pm TOM ALBURY - Eating Tent. Tom has been entertaining audiences in Midcoast Maine for over 30 years with songs from soul and folk.

4:30-6pm RICK JOHNSON - Eating Tent. Soaring vocal melodies, guitar, and ukulele with deep roots in nature.

6:30-8:30pm THE 72ND MAINE SEA GODDESS CORONATION - Maine Stage. Come see the coronation of the 72nd Maine Sea Goddess! Festivities begin at 6:30 p.m. with music and the introduction of the Sea Princesses. The winner receives a cash prize and the title of The Maine Sea Goddess. She reigns at many events throughout the year, culminating with the start of the 2020 Maine Lobster Festival. Also crowned is the Crown Princess and Miss Congeniality.

8:30-9pm MIDCOAST MUSIC ACADEMY - Maine Stage. Immediately after the Maine Sea Goddess Coronation the students and staff of MCMA will be performing in various ensembles.

THURSDAY, AUGUST 1

All Day ART SHOW at Main Street branch of Camden National Bank (300 Main Street).

All Day FREE SHUTTLE BUS The festival provides free shuttle services to and from the festival grounds from South Elementary School. A bus arrives approximately every 30 minutes. See schedule below.

7-10am PANCAKE BREAKFAST - MAIN EATING TENT All-the-pancakes-you-can-eat breakfast in the Food Tent featuring blueberry pancakes, sausage, juice, coffee and milk. Cost: \$6 for adults, \$3 for children; offered through Sunday.

10am-12pm PIRATE SHIP TOURS - Middle Pier. Take a tour of the *Mustroos!*

11-11:45am PIRATE PUPPET SHOW - Grass Knoll. A fun activity for kids, but also entertaining for adults!

11am-9pm LOBSTER SERVING BEGINS - Visit our Food Tent for our famous steamed lobster dinners, shore dinners, lobster bisque, lobster mac-n-cheese and fried seafood offerings and our Lobster Café for lobster rolls, lobster wraps, and lobster caesar salad.

FREE SHUTTLE BUS The festival provides free shuttle services to and from the festival grounds from South Elementary School (formerly Rockland District Middle School) The bus arrives approximately every 30 minutes.

WEDNESDAY, JULY 31: Bus starts at noon and ends at 10 p.m.

THURSDAY, AUG. 1, AND FRIDAY, AUG. 2: Bus starts at 9 a.m. and ends at 11 p.m.

SATURDAY, AUG. 3: Limited service 9 a.m. to noon. Full service starts after parade (noon) and ends at 11 p.m.

SUNDAY, AUG. 4: Bus starts at 9 a.m. and ends at 6 p.m. Bus arrives at each location approximately every 30 minutes.

11am All Food Vendors open

12-1:30pm COWBOY BILLY WITH MALINDA LIBERTY - Maine Stage. This duo is bringing classic country and rock to the Maine Lobster Festival.

1-7pm PIRATE SHIP TOURS - Middle Pier. Take a tour of the *Mustroos!*

1:45-3pm DON ROY TRIO - Maine Stage. Specializing in traditional dance music from their Franco-American heritage, and led by Rockland native Don, the trio has been together over 30 years with appearances that include the Kennedy Center and The Library of Congress.

3-3:45pm PIRACY 101 - North Entertainment Tent. Everything a pirate needs to know.

3-5pm PADDY MILLS - Eating Tent. An award-winning folk singer/song writer whose songs are as salty as the Maine coast he calls home.

3:30-7pm STEINS & VINES TASTING EVENT - Celebrate our 6th Annual event showcasing Maine brewers and vintners. We will be having two tasting sessions, 3:30-5pm and 5:30-7pm. Ticket price includes Festival admission. All participants must be age 21 or older, photo ID is required.

4:30-6:30pm NEW SHADES OF BLUE - Maine Stage. Bringing an eclectic mix, from old-time jazz favorites to originals, some blues & reggae.

5-5:45pm PIRATE WEAPONS DEMONSTRATION AND CANNON FIRE - Grass Knoll - Start off with a cannon lesson and a bang! Continue with a demonstration of the piratical arts.

7:30-9pm HELLO NEWMAN Maine Stage - Maine's premier alternative rock band gives the audience a great show - and that means dancing!

FRIDAY, AUGUST 2

All Day ART SHOW at Main Street branch of Camden National Bank (300 Main Street).

All Day FREE SHUTTLE BUS - The festival provides free shuttle services to & from the festival grounds. A bus arrives at each location approx. every 30 minutes. See schedule below.

7-10am PANCAKE BREAKFAST - MAIN EATING TENT. All-the-pancakes-you-can-eat breakfast in the Food Tent featuring blueberry pancakes, sausage, juice, coffee and milk. Cost: \$6 for adults, \$3 for children; offered through Sunday.

9am AMATEUR SEAFOOD COOKING CONTEST - North Entertainment Tent. Amateur chefs will compete in this fan favorite annual Maine Lobster Festival Seafood Cooking Contest.

10am-12pm PIRATE SHIP TOURS - Middle Pier. Take a tour of the *Mustroos!*

11-11:45am PIRATE PUPPET SHOW - Grass Knoll. A fun activity for kids, but also entertaining for adults!

11am -9 pm LOBSTER SERVING BEGINS

11am All Food Vendors open

12-1:30pm SARA GREY - Maine Stage. Americana and folk

1-7pm PIRATE SHIP TOURS - Middle Pier. Take a tour of the *Mustroos!*

1:45-3pm JASON SPOONER - Maine Stage. A unique mix of roots, folk, blues and rock.

3-3:45pm PIRACY 101 - North Entertainment Tent. Everything a pirate needs to know.

3:15-5pm CHRIS FYFE - Maine Stage. A Merle Haggard Tribute Show celebrating this country legend.

5-5:45pm PIRATE WEAPONS DEMONSTRATION AND CANNON FIRE - Grass Knoll. Start off with a cannon lesson and a bang! Continue with a demonstration of the piratical arts.

6-7:30pm CREATURES OF HABIT - Maine Stage. Bringing classic rock to the Maine Lobster Festival.

7:45-9:30pm RUNNIN' DOWN ON A DREAM - This Tom Petty Tribute Band is celebrating a legend with all your favorites.

SATURDAY, AUGUST 3

All Day ART SHOW at Main Street branch of Camden National Bank (300 Main Street).

All Day FREE SHUTTLE BUS - The festival provides free shuttle services to & from the festival grounds. A bus arrives at each location approximately every 30 minutes. See schedule below.

7-10am PANCAKE BREAKFAST - MAIN EATING TENT. All-the-pancakes-you-can-eat breakfast in the Food Tent featuring blueberry pancakes, sausage, juice, coffee and milk. Cost: \$6 for adults, \$3 for children; offered through Sunday.

10am THE BIG PARADE, ROCKLAND MAIN STREET - "Community... At The Heart of It All"

11am-9pm LOBSTER SERVING BEGINS

11am All Food Vendors open

1-2pm HISTORY OF FEMALE PIRATES - Maine Stage. Swor play and a modified history of where and how the female pirates arose.

2-7pm PIRATE SHIP TOURS Middle Pier. Take a tour of the *Mustroos!*

2:30-3:45pm MONDAYNITE JAZZ ORCHESTRA - Maine Stage. A big band is hitting the big stage with a variety of Latin, jazz, funk and blues.

3-3:45pm PIRACY 101 - North Entertainment Tent. Everything a pirate needs to know.

4-5:15pm UKES ROCK - Maine Stage. Midcoast's most popular ukulele group.

4-6pm PRE-REGISTRATION FOR THE 10K ROAD RACE AND 5K WALK Last chance to pre-register for the 10K Road Race and 5K Run/Walk. If you've already registered online, you can pick up your packet so you can head straight to the start line in the morning. Come to the tent at the bottom of the hill inside the Main Gate.

5-5:45pm PIRATE WEAPONS DEMONSTRATION AND CANNON FIRE - Grass Knoll. Start off with a cannon lesson and a bang! Continue with a demonstration of the piratical arts.

6-7:30pm STEELIN' THUNDER - Maine Stage. Don't miss Midcoast Maine's steel drum sensations - Hawaiian shirts strongly encouraged.

8-9:30pm PAT COLWELL AND THE SOUL SENSATIONS - Maine Stage. A powerful mix of Motown and Memphis soul guaranteed to bring down the house.

SUNDAY, AUGUST 4

All Day ART SHOW at Main Street branch of Camden National Bank (300 Main Street).

All Day FAMILY FUN DAY! FREE ADMISSION All visitors enjoy free admission this day.

All Day FREE SHUTTLE BUS - The festival provides free shuttle services to from the festival grounds. A bus arrives at each location approximately every 30 minutes. See schedule on page 8

All Day HAPPY 229TH BIRTHDAY TO THE U.S. COAST GUARD! Thank you for your service to our city and our country.

7am REGISTRATION FOR 10K, 5K AND KIDS FUN RUN - Maine Stage.

7am REGISTRATION OPENS FOR ALL KIDS' EVENTS - Registration officially opens for International Great Crate Race, Kids' Fun Run, Children's Lobster Eating Contest, and Little Lobster Diaper Derby.

7-10am PANCAKE BREAKFAST - MAIN EATING TENT All-the-pancakes-you-can-eat breakfast in the Food Tent featuring blueberry pancakes, sausage, juice, coffee and milk. Cost: \$6 for adults, \$3 for children.

8am 10K ROAD RACE AND 5K WALK/RUN Start your Sunday morning with a timed run or walk around the beautiful town of Rockland. Meet near the main gate.

8:30am 1 MILE KIDS' FUN RUN - Meet near the main gate (Children)

9:30am FUN RUN, 5K AND 10K AWARD PRESENTATION - MAINE STAGE AREA. Awards are presented to overall race winners and top male and female finishers in multiple age categories for our Fun Run, 10K and 5K races.

10am CHILDREN'S PARADE - Sign up at the far end of the Eating Tent at 9 a.m.

11am-6pm LOBSTER SERVING BEGINS.

11am All Food Vendors open.

11:30am COD FISH CARRY AND LOBSTER EATING CONTEST (Children) - Maine Stage

12:30pm LITTLE LOBSTER DIAPER DERBY (Children) - Maine Stage

2pm INTERNATIONAL GREAT LOBSTER CRATE RACE BEGINS AT ROCKLAND HARBOR - Registration starts at 7am at the Information Tent. Spots fill up quickly, so we recommend getting in line a few hours early. The race is at the Waterfront and begins at 2pm.

2-4pm NIKKI HUNT BAND - Maine Stage. This Maine based pop/rock band covers artists like Joan Jett, Bruce Springsteen, No Doubt, AC/DC and more!

5pm WREATH CEREMONY - King Neptune and the 2019 Maine Sea Goddess will lead a wreath ceremony for fishermen lost at sea, held at the public pier.



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CALENDAR OF EVENTS

Please Take Note

Listings should be emailed to copyedit@freepressonline.com or mailed to The Free Press, 8 North Main Street, Rockland, ME 04841 by noon Friday before the Thursday publication date. Include your name, address and phone number.

NOTEWORTHY

THURSDAY, AUGUST 1:

- **“What Seabirds Tell Us About the Health of the Gulf of Maine,”** 4 p.m. at Camden Public Library. Jennifer Seavey of Shoals Marine Lab on Appledore Island tells how studying terms helps researchers understand the gulf’s health and how fisheries are affected by plastics.
- **“Proposal for a Green Bank in Maine,”** 6 p.m. at Belfast Free Library. David Gibson describes Connecticut Green Bank, which has invested over \$1 billion in clean energy projects, and he talks about a legislative proposal to set up a green bank in Maine.
- **“Shipwrecks and Other Disasters” at Penobscot Marine Museum,** Old Vestry, 2 Church Street, Searsport, at 6 p.m. Ralph Stanley shares tales of shipwrecks at Mount Desert Island and disasters on island vessels. \$8 admission, \$5 museum members and Searsport and Stockton Springs residents.
- **“Ghosts of the Boothbay Region,”** 7 p.m. at Windjammer Emporium, 14 Wharf Street in Boothbay Harbor. Greg Latimer discusses his book about local haunts and gives updates on published stories and tales yet to be published.
- **72nd Maine Lobster Festival,** in Rockland, continues through Sunday. Feasting and fun on the coast, with 20,000 pounds of lobster, live music, fine arts and crafts, a cooking contest and more. Details: MaineLobsterFestival.com.
- **Camden Shakespeare Festival,** runs through August 11, with *The Taming of the Shrew* in Camden Amphitheatre and *Hamlet* at St. Thomas’ Episcopal Church, 33 Chestnut Street. For the schedule and tickets, go to CamdenShakespeare.org.

FRIDAY, AUGUST 2:

- **“Red Tides, Unusual Plankton Blooms, and Recent Changes in the Oceanography in the Gulf of Maine,”** 10:30 a.m. in Brooke Hall at UMaine’s Darling Marine Center, 193 Clarks Cove Road, Walpole. Free public talk by David Townsend, professor of oceanography and director of University of Maine’s School of Marine Sciences.
- **“Pains and Pleasures of Nostalgia,”** 5:30 p.m. at Barn Swallow Book Shop, 166 Russell Avenue in Rockport. The authors of “Maine on Glass: The Early Twentieth Century in Glass Plate Photography” – historians Bill Bunting and Earle Shettleworth Jr. and photo archivist Kevin Johnson – show images of Mainers created a generation ago for the Eastern Illustrating and Publishing Company of Belfast. Free.
- **Belfast Flying Shoes Dances,** at American Legion Post 43, 143 Church Street. A Community Dance at 6:30 p.m. features caller Chrissy Fowler and music by the All Comers Band (bring your instrument and sit in). \$2 adults, \$1 kids. The contra dance is at 8 p.m., with caller Luke Donforth – of Mad Robin’s Callers Collective in Burlington, Vermont – and music by Shandy. \$10 adults, \$8 ages 13 to 20 and All Comers, \$5 under 13.
- **Kate Braestrup to Speak at Searsmont Community Building,** 7 p.m. Searsmont Historical Society hosts a talk by the New York Times best-selling author and chaplain for the Maine Warden Service. Refreshments served afterward.
- **Children’s Book Author Lois Lowry on Monhegan,** 7:30 p.m. at Monhegan Community Church. The Newbery Medal winner and author of “The Giver” and “Number the Stars” gives a talk in the 4th annual Distinguished Writers Series of Monhegan Memorial Library. Suggested donation of \$10. She’ll hold a Q&A at the library on Sunday at 11:15 a.m. for which registration is required: 596-0549, MonheganMemorialLibrary@gmail.com.
- **The Big Bang in Rockport,** at Black Box Theater, Camden Hills Regional High School, this Friday and Saturday at 7 p.m.

Everyman Repertory Theatre puts on the comedy about two actors playing everyone from Adam and Eve to Attila the Hun and Columbus to lure in investors for their \$83.5 million, 12-hour history of the world. \$20 adults, \$10 students: EverymanRep.org.

► **Into the Woods in Belfast,** at Crosby Center, 96 Church Street. Midcoast Actors’ Studio puts on the family-friendly show that spins old fairy tales into new. The curtain rises at 7:30 p.m. **Friday and Saturday** and 2 p.m. **Sunday** and next Thursday, Friday and Saturday, August 8, 9 and 10, at 7:30 p.m. Tix are \$20 adults, \$15 kids: MidcoastActors.org.

SATURDAY, AUGUST 3:

- **Jefferson Historical Society Open House & Cookie Sale,** 10 a.m. to 2 p.m. at Old Jefferson Town House, 7 Gardiner Road, Jefferson. A 150-year-old building with three floors of photos, documents and items that tell the town’s story, plus the 2020 calendar starring Jeffersonians.
- **Miami’s Society Circus Players Romping in Belfast,** 7 p.m. Basil Burwell Community Theater, 17 Court Street. The actors, who’ve been performing together since 2012, put on an improv show. \$15 (,\$10 under 13). They give a **workshop Monday and Tuesday**, concluding with a showcase **Wednesday**. \$60 for a day, \$100 for two: BelfastMaskers.com.

MONDAY, AUGUST 5:

- **Belfast Summer Street Party on High Street,** 5 to 10 p.m. Live music, face painting, food, and a celebration of Woodstock’s 50th anniversary – people are invited to wear their grooviest duds. \$10 pass for unlimited carnival rides.
- **Roundtable on Impacts of Climate Change on Maine’s Fishing Industry,** 5:30 to 7:30 p.m. at Midcoast Friends Meeting House, 77 Belvedere Road in Damariscotta. Advocates, legislators and scientists gather for the talk. Public invited.

TUESDAY, AUGUST 6:

- **“Raw Bar to Lab Bench: Insights into Human Health from Oysters,”** 5 p.m. at Bigelow Lab for Ocean

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Friday, August 2
Friday, September 6
Friday, October 4

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Classic, custom-built ranch with views of Rockland Harbor. Solid oak flooring throughout w/bricked fireplace in the LR & hand-crafted pine cabinetry in the kitchen. 3 BR, lower-level great room, FHW heat w/cast iron baseboards, vinyl siding and new roof translate to easy maintenance. Large, private rear yard. Walk to the Breakwater! **Rockland \$265,628**



Well-maintained duplex with solid rental history. Each unit features 2 BR, full bath & kitchen w/appliances. Separate heat & electrical systems. Convertible to single-family home, or explore commercial/retail opportunities. **Thomaston \$174,000**



Deeded ROW to harbor cove, proximity to beaches, tennis courts & harbor. Uniquely designed 3 BR, 2.5 BA home w/upper-level open-concept living w/MBR suite w/walk-in closet, upscale kitchen, water views, FHW multi-zoned heat. Lower level convertible to add'l living space. **Owls Head \$387,000**



There are 20+ acres with 400' on the Saint George River. The parcel is largely level with lots of wooded areas but has some clear areas that would be perfect for your new home! Consider this spot for your new building project! **Warren \$80,000**



Perched on a 1 acre lot on a quiet country hillside, this 3 BR boasts southerly views toward Round Pond. Newer roof, some window replacements, efficient kitchen, new LR chimney for woodstove. Oversized workshop/garage, lg. rear yard. **Union \$156,112**

NEXT ON STAGE

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BAY CHAMBER CONCERTS

 <small>Joshua Roman</small> MORNING COFFEE CONCERT 6 AUGUST Tuesday, 9:30am Zoot Coffee, Camden FREE!	 <small>Julie Davis</small> ENVISION FACULTY CONCERT 7 AUGUST Wednesday, 5:00pm Pascal Hall, Rockport FREE!	 <small>Mays French</small> ENVISION WORKSHOP 9 AUGUST Friday, 5:00pm Union Hall, Rockport FREE!
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CALENDAR OF EVENTS

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Email wrfr93.3@gmail.com for inquiries about hosting a radio show. To sponsor your favorite WRFR radio show, contact station manager Jo Lindsay at wrfr93.3@gmail.com.

Sciences, East Boothbay. From raw oysters to steamed clams, mollusks are popular choices among seafood lovers, but the medical field may also benefit from new research into mollusk biology, says Dr. José Robledo, in a free *Café Sci* talk.

- ▶ **"Earth's Mass Extinctions, Past and Present,"** 6:30 p.m. at Belfast Free Library. Tasmanian geophysicist and Maine summer resident Millard Coffin gives a free talk on the Earth's five mass extinctions in its 4.5 billion years and tells how humans may cause number six.
- ▶ **"Mainers on the Titanic,"** 6:30 p.m. at Palermo Community Library. Mac Smith on his book about passengers on the ill-fated ship with ties to Maine, many of them as summer visitors to Bar Harbor and others as full-time residents.
- ▶ **Talk on Charles Lindbergh's Visits to Maine,** 7 p.m. at Dr. Campbell House and Museum, 225 Main Street in Warren. Owls Head Transportation Museum curator Rob Verbsky describes the aviation pioneer's visit to Maine with his Spirit of St. Louis plane and how the Minnesota native came to Maine many times in his life to escape the public eye.

WEDNESDAY, AUGUST 7:

- ▶ **Owls Head Lighthouse Giving Free Tours,** from 10 a.m. to 4 p.m., to mark National Lighthouse Day. Visitors can see the light's fourth-order Fresnel lens and volunteers will hand out a postcard and booklet about National Lighthouse Day. Details: lighthousefoundation.org.
- ▶ **"Renewing a Masterwork: A Conversation About Louise Nevelson and the Chapel of the Good Shepherd,"** 5:30 p.m. at Farnsworth Art Museum, Rockland. Pastor Jared Stahler of New York City's St. Peter's Church Farnsworth curator Michael Komanecky discuss the Nevelson Chapel, inside St. Peter's. As the chapel undergoes renovation, its Trinity columns are on view at the Farnsworth. \$10 admission, which includes gallery entry; free for members and Rockland residents.
- ▶ **Program on Nazca Booby Project,** 5 p.m. at Project Puffin Visitor Center, 311 Main Street in Rockland. Learn about the Nazca, one of three species of booby found in the Galápagos Islands, and a project to protect them from predators and pigs, in a talk by Andrienna Moran. Save your seat: 596-5566.
- ▶ **"U.S. Coast Guard Aviation – From Beginning to the Present,"** 6 p.m. at Maine Lighthouse Museum, 1 Park Drive in Rockland. From the first flight across the Atlantic in 1919 by a Coast Guard pilot in a Navy Flying Boat to today's C-130 surveillance aircraft, Jack McGrath flies through history. \$5 admission.
- ▶ **"Where the Angels Lived: One Family's Story of Exile, Loss, and Return,"** 7 p.m. at Left Bank Books, 109 Church Street in Belfast. Margaret McMullan celebrates her new book, about going to Pecs, Hungary, to research the life and death of a cousin whose existence she learned about by accident on a visit to Israel's Holocaust Museum.
- ▶ **Talk on a Century and a Half of Union Fair,** 7 p.m. at Old Town House, just off Union Common. Jeff Nims shows old photos, including one of a camel race, and talks about the first fair in 1869.
- ▶ **"Elsy Come Home" Author in Tenants Harbor,** 7 p.m. at Jackson Memorial

Library. Susan Conley on her new novel, which has received starred reviews in Kirkus and Publishers Weekly. She lives in Portland, where she is a founder of The Telling Room, a creative writing center for children.

THURSDAY, AUGUST 8:

- ▶ **"Craig & Fred: A Marine, a Stray Dog, and How They Rescued Each Other,"** 10 a.m. at Skidompha Library, Damariscotta. U.S. Marine and Purple Heart-winner Craig Grossi brings along Fred, a stray that followed him around Afghanistan, then came here.
- ▶ **Author of "If I Ever Lose My Mind" in Tenants Harbor,** 5 p.m. at Jackson Memorial Library. Episcopal priest Susan Flanders on her recent story about her father's dementia. She'll also talk about suicide and assisted death and offer practical resources, including sample legal documents.
- ▶ **Talk on a Stormy State by Maine's Climatologist,** 6 p.m. at Penobscot Marine Museum's Old Vestry, Searsport. Maine State Climatologist Sean Birkel on how Penobscot Bay froze during winters of the 1700s, 1800s and early 1900s. He'll relate Maine's past storms to its current and future climate. \$8 admission.
- ▶ **"The Ingraham Diaries, 1795-1875" at Wessaweskeag Historical Society,** behind South Thomaston Library, Route 173. Eleanor Richardson and the Rev. Peter Richardson on pioneers Joseph and his son Henry, who wrote about their days farming, lime burning and handling civil and criminal disputes in what would become Rockland. Talk is at 7 p.m. after a 6 p.m. potluck, both open to everyone.
- ▶ **Talk on Maine Utility that Would Be Owned by Its Users,** 7 p.m. at Gibbs Library, Washington. State Rep. Seth Berry proposes a new utility that would replace Central Maine Power and Emera Maine, and that would be responsible to Maine ratepayers instead of its investors, as with the current power plan.

COMING UP:

- ▶ **Talk on the Transformative Power of Kindness at Camden Opera House,** Friday, August 9, at 4:30 p.m. Psychiatrist Eva Ritvo on her book "Bekindr," stories about people who've felt the kindness of strangers. She founded the Bekindr Global Initiative and is coauthor of "The Beauty Prescription." Her talk is free.
- ▶ **Comedian Ian Stuart Brings the Funny to Blue Cafe,** the intimate space on Camden Opera House's third floor, on Friday, August 9, at 7:30 p.m. Free, with donations accepted. Cash bar.
- ▶ **Medea on Belfast Common,** between Pearl and Miller streets. The Greek tragedy is performed in the amphitheater on Friday and Sunday, August 9 and 11, at 6 p.m. and Saturday, August 10, at 1 p.m. Rain moves it to First Baptist Church, 95 High Street. \$15 tix at Left Bank Books and at the production.
- ▶ **Morning with Biblical Scholar Scott Hahn in Rockport,** at Camden Hills Regional High School on Saturday, August 10. He'll give presentations that explore the mystery of the Eucharist in Scripture with talks at 9 and 10:30 a.m. and his best-selling books will be for sale at 11:45 a.m. \$25, free under 18. Register

online at StPaulCenter.com.

- ▶ **47th Annual North Nobleboro Day,** Saturday, August 10, 9 a.m. to 4 p.m. at North Nobleboro Community Hall, East Pond Road. Crafts and homemade pies and fudge, music by Redneck Rodeo. chicken barbecue, hot dogs and corn on the cob, and auction. Facebook has details.
- ▶ **Olde Bristol Days Vintage Car Show,** Saturday, August 10, 11 a.m. to 3 p.m. at Harbor Room Restaurant, Route 130 in New Harbor. Those who'd like to bring their vintage vehicles can email jftv1@verizon.net or call 677-3707.
- ▶ **"Frolic in the Field" at Pumpkin Vine Family Farm,** 217 Hewett Road in Somerville, on Saturday, August 10, from 5 to 9 p.m. Crafts, food, and a contra dance called by Chrissy Fowler with music by Toki Oshima and John Pranio. Kids are welcome to explore the barn under a parent's eye. Free.

MUSIC**THURSDAY, AUGUST 1:**

- ▶ **"Fine Times: Noah Fishman, Baron Collins-Hill and Friends,"** in Belfast's *Summer Nights* series, 5:30 to 7:30 p.m. at Steamboat Landing Park. *Summer Nights* concerts are free. Bring a chair or blanket and a picnic, but not the dog. Facebook has weather updates.
 - ▶ **Sara Trunzo at Searsmont Town Library,** 7 p.m. No-frills country, born during her decade of running a food-bank farm. The library is in the Searsmont Community Building, on Route 131.
 - ▶ **Pianist Orion Weiss at Rockport Opera House,** 7:30 p.m. The Andrew Wolf Chamber Music Award-winner plays music of Bach, Mozart and Faure, accompanied by violinist Geoff Nuttall, violist Matthew Lipman and cellist Arlen Hlusko. \$60 tickets (\$10 under age 25) at BayChamberConcerts.org. See Friday, August 2, for Weiss's solo show.
 - ▶ **Tom Rush w/ Matt Nakoa at Opera House at Boothbay Harbor,** 7:30 p.m. Rush's blues guitar and wry vocals are accompanied by rising pianist Matt Nakoa's keyboard stylings. \$30 in advance at the box office, \$35 online and at the door.
 - ▶ **Salt Bay Chamberfest 2019 Festival: Music of Our Common Earth,** with five festival concerts on August 1, 6, 9, 13 and 16 at 7:30 p.m. at Darrows Barn at Round Top Farm, Damariscotta, with pre-concert lectures at 6:30 p.m. and dinner for sale starting at 5:45 p.m. under a tent outside the barn. Single tickets are \$35 (\$5 for students with ID) and include lectures; season passes are \$150. Details are at SaltBayChamberfest.org.
- FRIDAY, AUGUST 2:**
- ▶ **Alice Limoges Singing at Rock City Cafe,** 316 Main Street in Rockland, from 7 to 9 p.m. Her new video, "Hungry for a Vice," is on her YouTube channel.
 - ▶ **Folk Musicians Sally Rogers and Claudia Schmidt in House Concert,** at Belfast Cohousing & Ecovillage, Belfast, at 7 p.m. They sing and play strings, from guitar to mountain dulcimer. \$10 to \$20 suggested donation. RSVP: CommonHouseConcerts@gmail.com.

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CALENDAR OF EVENTS

► **“Meet Orion Weiss” at Union Hall in Rockport**, 5:30 p.m. The pianist plays Dohnanyi’s Pastorale, Debussy’s “L’isle Joyeuse” and Beethoven’s Sonata in C Minor, Op. 111, and converses with the audience. He’ll be joined at Union Hall at 8:30 p.m. by violinist Geoff Nuttall, violist Matthew Lipman and cellist Arlen Hlusko to play “Metamorphose” by Brazilian composer Clarice Assad, and pieces by Haydn, Schumann and Joaquin Turina. Tickets for each show are \$35, \$10 under 25: BayChamberConcerts.org.

► **Adam Ezra Group at Opera House at Boothbay Harbor**, 7:30 p.m. The band brings its roots-steeped, road-tripping tunes. \$20 in advance at the box office, \$25 online and at the door.

SATURDAY, AUGUST 3:

► **Gabriel Zacchai Trio at Rock City Cafe**, 316 Main Street in Rockland, from 7 to 9 p.m. Zacchai’s influences are Neil Young and Mason Jennings and his new CD is “Great Escape.”

► **Carl Dimow and David Newsam at Up Island Church**, on Church Turn Road on Islesboro, at 7 p.m. Classical, jazz and Brazilian choro. \$20 (\$5 ages 3 to 15).

SUNDAY, AUGUST 4:

► **Belfast Co-op’s Summer Jam**, noon to 3 p.m. in the store’s parking lot. The Gawler Family Band plays, and free food and children’s activities are offered.

► **Novel Jazz in Northport**, 7:30 p.m. at Bayside Community House, 813 Shore Road. The septet plays rare tunes of Duke Ellington and Billy Strayhorn. Tickets are \$20 (\$10 under 19) at the door.

► **Whitehead/Dean Group at Fog Bar & Cafe**, 328 Main Street in Rockland, 7 to 10 p.m. Mike Whitehead on trumpet, Jason Dean on drums, Glen DuBose on bass and Mitch Markowitz on guitar.

MONDAY, AUGUST 5:

► **Double Bill at Time Out Pub in Rockland**, in its *Monday Night Blues* show. Bill “Sauce Boss” Wharton brings his slide guitar

onto the stage at 6 p.m. and Brandon Santini and his band go on at 8 p.m. Santini’s new album, “The Longshot,” just debuted at number 7 on Billboard’s blues chart. \$20.

TUESDAY, AUGUST 6:

► **Morning Coffee Concert at Zoot Coffee in Camden**, 9:30 a.m. Cellist Joshua Roman plays a free brew of tunes. More info: BayChamberConcerts.org.

WEDNESDAY, AUGUST 7:

► **Free Performance of “Souvenir” by Envision Faculty**, 5 p.m. at Pascal Hall, Rockport. Tchaikovsky’s “Souvenir de Florence,” Op. 70, and Villa-Lobos’s “Bachianas Brasileiras No. 5,” an “idiosyncratic transformation of Baroque techniques and ideas through folk and popular musical sources from Brazil.” Details: BayChamberConcerts.org.

► **Sam Lardner & Barcelona Playing Bucksport**, 5:30 p.m. at Alamo Theatre, 85 Main Street. The flamenco fusion band based in Spain performs in the town’s *Wednesday on Main* series. \$10 donation.

► **Sarah Grace and The Soul at Time Out Pub**, 275 Main Street, Rockland, from 7 to 10 p.m. The contestant on “The Voice” performs with her band. \$20.

► **The Hot Sardines at Opera House at Boothbay Harbor**, at 7:30 p.m. The vets of the Newport and Montreal jazz festivals channel New York speakeasies, Parisian cabarets and New Orleans jazz halls. \$30 in advance at the box office, \$35 online and at the door.

► **Novel Jazz at Little Brown Church**, Route 32 in Round Pond, at 7:30 p.m. The Maine septet plays standards from the Ellington-Strayhorn repertoire. \$12 donation at the door, children free.

THURSDAY, AUGUST 8:

► **Sara Trunzo and the Wayne Delano Jazz Quartet in Belfast Summer Nights**, 5:30 to 7:30 p.m. at Belfast Common, 21 Front Street. Trunzo’s Maine-grown country and the quartet’s standards and originals. Bring a chair, but not the dog.

► **Arts on the Hill in Rockport: Salt Bay Chamberfest**, 6 p.m. at Beech Hill

Preserve. Classical flutist Claire Chase teams up with Native American flutist Hawk Henries. The outdoor concert is free. CoastalMountains.org has details.

COMING UP:

► **Gazebones Concert in Camden Amphitheatre**, Friday, August 9, at 1:30 p.m. The trombone ensemble offers an afternoon concert of favorites. Bring a picnic. And the same day, at 7 p.m., the **Push Farther Project** performs – cello, percussion and acoustic guitar will accompany a trio of voices who recount stories through song, with folk, blues and classical influences.

► **Brian Setzer’s Rockabilly Riot! at Savage Oakes**, Union, Friday, August 9, at 7 p.m. The guitarist and former Stray Cats frontman and his band play at the outdoor venue. Gates open at 5 p.m. Bring a chair or blanket. Tickets are \$68 at SavageOakes.com and \$75 at the door.

► **The Weight Band at Rockland’s Strand Theatre**, Friday, August 9, at 7:30 p.m. The band that was born in 2013 inside the famed Woodstock, New York, barn of Levon Helm brings tunes from its “World Gone Mad” album, packaged for today’s Americana base. \$28 in advance, \$32 at the door.

► **Erin Harpe and the Delta Swingers in Northport**, Friday, August 9, 7:30 p.m. at Bayside Community House, 813 Shore Road. \$15 (\$10 under 19) at the door.

► **JigJam Quartet at Opera House at Boothbay Harbor**, Friday, August 9, at 7:30 p.m. The foursome that has been compared to the Punch Brothers blends traditional Irish music with bluegrass. \$20 in advance at the box office, \$25 online and at the door.

► **“A Grand Night for Singing” Rodgers and Hammerstein Revue**, by Lincoln County Community Theater at Lincoln Theater, Damariscotta, on Friday, August 9, at 7:30 p.m.; Saturday, August 10, at 2 p.m. and 7:30 p.m.; Thursday and Friday, August 15 and 16, at 7:30 p.m.; and Saturday, August 17, at 2 p.m. and 7:30 p.m. Over 20 singers and a live orchestra sing about love in all its stages. \$20 adults, \$18 LT members, \$5 under 19.

CALENDAR continues page 37

All proceeds benefit museum programs.

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BAY CHAMBER CONCERTS

 <p>Anthony Roth Costanzo</p> <p>CAPRICCIO</p> <p>8 AUGUST</p> <p>Thursday, 7:30pm Rockport Opera House Adults : \$60 Under 25: \$10</p>	 <p>Thomas Wolf</p> <p>THE NIGHTINGALE'S SONATA</p> <p>9 AUGUST</p> <p>Friday, 5:30pm Rockport Opera House Adults : \$45 Under 25: \$10</p>	 <p>Geoff Nuttall</p> <p>CANDLELIT BAROQUE</p> <p>9 AUGUST</p> <p>Friday, 8:30pm Union Hall Adults : \$45 Under 25: \$10</p>
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To Whom It May Concern

To whomever stole my wallet on July 14 from my 9 Boot Hill Road, Nobleboro home —

You may have noticed a Federal Licence which makes your theft a Federal Crime. I have notified the Federal Aviation Administration (FAA)

MOVIE NEWS



A scene from "Florence Foster Jenkins"

Friday Night Flix: It's a Funny World

The theme for August at the Belfast Free Library's Friday Night Flix film series is "Around the World in Comedy." All the movies are free and take place at 7 p.m. in the Abbott Room of the Belfast Free Library, 106 High Street.

• The series begins August 2 with "The Wedding Plan," a story about faith (2016, PG, 110 minutes, in Hebrew with subtitles). When her fiancé bows out on the eve of her wedding, the prospective bride refuses to cancel the wedding arrangements. Instead, as an Orthodox Jew, she insists that God will supply her with a husband for the wedding, which has been scheduled for the eighth night of Hanukkah, the commemoration of a historical miracle.

• August 9: "Florence Foster Jenkins" (2016, PG-13, 111 minutes) is the true story of Jenkins, a New York heiress and socialite who obsessively pursued her dream of becoming a great opera singer despite the fact that her singing was wildly off-key. Meryl Streep and Hugh Grant star in this UK production directed by Stephen Frears.

Community Thank You Films series "Andre" Screening at Camden Opera House

The annual free screening of "Andre: The Seal Who Came Home" at the Camden Opera House will be Wednesday, August 7, at 7 p.m.

Doors will open at 6:30 p.m. The showing is part of the Community Thank You Films series, sponsored by the Community Arts Fund.



Originally presented by PBS' "My Wild Affair" series, the 55-minute film depicts the true story of Andre, a two-day-old harbor seal who was rescued by Harry Goodridge in 1961. When Andre was older he was free to leave the Goodridge home to live in the ocean as a wild seal — but for 25 years, he came back each summer.

A Canadian production team and director Kim Harris came to Maine and shot hours of interviews with Harry Goodridge's surviving children; filmed harbor seals; and used a GoPro camera underwater to try to see the world through Andre's eyes. The result is an unequaled look into the life of Harry and Andre.

"Kinky Boots: The Musical" at the Strand

Strand Theatre, 345 Main Street in Rockland, will show "Kinky Boots: The Musical" on Thursday, August 8, at 3 and 7 p.m. The live performance was filmed at the Adelphi Theatre in London's West End. It features songs by Cyndi Lauper and was written by Harvey Fierstein. The award-winning musical takes the audience from a factory floor in Northampton to high-fashion catwalks in Milan.

Tickets are \$12.50; \$10.50 for Strand members. To purchase tickets or for more information, visit rockland-strand.com or phone 594-0070, extension 3.

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New on DVD & Blu-ray

Just Released July 30 —

LONG SHOT R/Romantic Comedy/Dir: Jonathan Levine (Charlize Theron, Seth Rogen, June Diane Raphael) When Fred Flarsky reunites with his first crush, Charlotte Field, he charms her with his self-deprecating humor and his memories of her youthful idealism. As she prepares to make a run for the presidency, Charlotte hires Fred as her speechwriter. A fish out of water on Chrlotte's elite team, Fred is unprepared for her lifestyle in the limelight. Sparks fly as their chemistry leads to a round-the-world romance.

Recent Releases —

DUMBO PG/Family/Dir: Tim Burton (Colin Farrell, Michael Keaton, Danny DeVito) A circus owner enlists Holt and his children, Milly and Joe, to care for a newborn elephant whose oversized ears make him a laughingstock in an already struggling circus. But when they discover that Dumbo can fly, the circus makes a comeback, attracting entrepreneur V. A. Vandevere, who recruits Dumbo for his newest entertainment venture, Dreamland. But beneath its shiny veneer, Dreamland is full of dark secrets.

FIGHTING WITH MY FAMILY PG-13/Dramatic Comedy/Dir: Stephen Merchant (Dwayne Johnson, Lena Headey, Vince Vaughn) Born into a tight-knit wrestling family, Paige and her brother Zak are ecstatic when they get the once-in-a-lifetime opportunity to try out for WWE. But when only Paige earns a spot in the competitive training program, she must leave her family and face this new, cutthroat world alone. Based on a true story.

FIRST MAN PG-13/Drama/Dir: (Ryan Gosling, Claire Foy, Jason Clarke) The story behind the first manned mission to the moon, focusing on Neil Armstrong and the decade leading to the historic Apollo 11 flight. A visceral and intimate account told from Armstrong's perspective. Based on the book by James R. Hansen.

HELLBOY 2019/R/ Adventure/Dir: Neil Marshall (David Harbour, Milla Jovovich, Ian McShanet) Hellboy is a demon raised by humans. As such, he is caught between the good and bad of both worlds. Based on the character created by Mike Mignola.

THE MUSTANG R/Drama/Dir: Laure de Clermont-Tonnerre (Matthias Schoenaerts, Jason Mitchell, Bruce Dern) Roman Coleman, a convict in a rural Nevada prison who struggles to escape his violent past, is required to participate in an "outdoor maintenance" program as part of his state-mandated social rehabilitation. Spotted by a veteran trainer and helped by an outgoing fellow inmate and trick rider, Roman is accepted into the selective wild horse training section of the program. There, he rediscovers his own humanity in gentling an especially unbreakable mustang.

ON THE BASIS OF SEX PG-13/Drama/Dir: Mimi Leder (Felicity Jones, Armie Hammer, Justin Theroux) The story of how Ruth Bader Ginsburg rose to power and ultimately Supreme Court Justice.

THE PUBLIC PG-13/Drama/Dir: Emilio Estevez (Alec Baldwin, Taylor Schilling, Emilio Estevez) The story of downtown Cincinnati librarians Stuart and Myra, who see their regular winter day shaken up when homeless patrons decide to take shelter in their library for the night. What starts as a peaceful sit-in quickly escalates into a face-off with the police and the media.

SHAZAM! PG-13/Superhero/Dir: David F. Sandberg (Zachary Levi, Michelle Borth, Djimon Hounsou) Billy Batson is a 14-year-old foster kid who can turn into the adult superhero Shazam, courtesy of an ancient wizard. Still a kid at heart, Shazam revels in this adult version of himself by having fun with his new powers. But he'll need to master these abilities quickly in order to fight the evil forces controlled by Dr. Thaddeus Sivana.

SPIDER-MAN: INTO THE SPIDER-VERSE PG/Animated Adventure/Dirs: Bob Persichetti, Peter Ramsey (Shameik Moore, Jake Johnson, Hailee Steinfeld) A fresh vision of a different Spider-Man universe, with a groundbreaking visual style that's the first of its kind, introduces Brooklyn teen Miles Morales and the limitless possibilities of the Spider-Verse, where more than one can wear the mask.

TRANSIT NR/Drama/Dir: Christian Petzold (Franz Rogowski, Paula Beer, Godehard Giese) Georg, a German refugee, flees to Marseille and assumes the identity of a recently deceased writer. There he delves into the delicate and complex culture of the refugee community, becoming enmeshed in the lives of a young mother and son and falling for a mysterious woman named Marie. An adaptation of Anna Seghers's 1942 novel "Transit Visa."

US R/Horror/Dir: Jordan Peele (Lupita Nyong'o, Winston Duke, Elisabeth Moss) Adelaide Wilson is returning to her childhood home with her husband and their two children for a summer getaway. Haunted by an unresolved trauma from her past, Adelaide feels that something bad is going to befall her family. When darkness falls, the Wilsons discover the silhouette of four figures standing in the driveway. The film pits an American family against terrifying opponents: evil doppelgängers of themselves.

In Our Theaters

Week of August 2 – August 8

Short descriptions of movies that are playing locally

CRAWL R/Horror/Dir: Alexandre Aja (Kaya Scodelario, Barry Pepper, Ross Anderson) A category 5 hurricane strikes and floods a town, trapping a woman in a house. Then alligators come and eat everyone, because why not?

ECHO IN THE CANYON PG-13/Documentary/Dir: Andrew Slater (Lou Adler, Fiona Apple, The Beach Boys) The mid-'60s was a moment when bands came to LA to emulate the Beatles and Laurel Canyon emerged as a hotbed of creativity and collaboration for a new generation of musicians.

FAST & FURIOUS PRESENTS: HOBBS & SHAW PG-13/Action/Dir: David Leitch (Dwayne Johnson, Jason Statham, Idris Elba) Fast cars and not much of a plot drive this story nowhere.

THE LION KING PG/Family/Dir: Jon Favreau (Donald Glover, Beyoncé, Seth Rogen) A good lion has his kingdom usurped by his uncle. In the end he joins with his friends to triumph over tyranny. A live-action remake of the animated classic. Well, actually it is an all-computer-generated remake, which is to say, it is still animated.

MAIDEN PG/Documentary/Dir: Alex Holmes (Tracy Edwards) The story of how Tracy Edwards, a 24-year-old cook on charter boats, became the skipper of the first-ever all-female crew to enter the Whitbread Round the World sailing race in 1989.

ONCE UPON A TIME IN HOLLYWOOD R/Drama/Quentin Tarantino (Leonardo DiCaprio, Brad Pitt, Margot Robbie) In 1969 Los Angeles, everything is changing, as TV star Rick Dalton and his longtime stunt double Cliff Booth make their way around an industry they hardly recognize anymore. Multiple storylines pay a tribute to the final moments of Hollywood's golden age.

SPIDER-MAN: FAR FROM HOME PG-13/Super Hero/Dir: Jon Watts (Zendaya, Angourie Rice, Tom Holland) Spider-Man is back and making money for Disney. If you are confused by which actor is currently playing the titular hero you are not alone, but it scarcely matters. With this much CGI, just enjoy the ride.

TOY STORY 4 PG/Animated Family/Dir: Josh Cooley (Tom Hanks, Tim Allen, Annie Potts) Apparently some people in Hollywood needed a paycheck. This go-round features better animation, but at the heart of it all, the same old story. A homemade toy makes its debut. That new toy gets lost and the old gang must find it before the humans get too sad.

WILD ROSE R/Drama/Dir: Tom Harper (Jessie Buckley, Matt Costello, Jane Patterson) A young woman from Glasgow, Scotland, dreams of singing in Nashville. To do so she must overcome her sordid past, her fears and her insecurities.

YESTERDAY PG-13/Musical Comedy/Dir: Danny Boyle (Himesh Patel, Lily James, Sophia Di Martino) A young man wakes up in an alternate universe where no one has ever heard of the Beatles. He takes full advantage of the situation and becomes a worldwide music phenom. But being a decent guy, he is unable to leverage this to the max.

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CALENDAR OF EVENTS

CALENDAR continued from page 35

FILM

THURSDAY, AUGUST 1:

► **“Kinky Boots – The Musical”** at 2 p.m. and 7 p.m. at Lincoln Theater, Damariscotta. High-def capture of the musical at Adelphi Theatre in London’s West End, called “dazzling, fabulously sassy and uplifting” by Time Out. \$15 adults, \$13 LT members, \$5 under 19.

FRIDAY, AUGUST 2 – THURSDAY, AUGUST 8:

► **COLONIAL THEATRE**, Belfast. **“Fast & Furious Presents: Hobbs & Shaw,”** **“The Lion King,”** **“Wild Rose,”** **“Echo in the Canyon.”** See ad on p. 37 for showtimes.
 ► **FLAGSHIP CINEMAS**, Thomaston. FlagshipCinemas.com, 594-2100.
 ► **LINCOLN THEATER**, Damariscotta. Theater dark as cast rehearses “A Grand Night for Singing.” LCCT.org, 563-3424. See ad on p. 37 for more info.
 ► **STRAND THEATRE**, Rockland. **“Maiden.”** See ad on p. 37 for showtimes.

FRIDAY, AUGUST 2:

► **“Shine,”** 7 p.m., *Friday Night Film Series* at Thomaston Public Library. The story of Australian virtuoso David Helfgott and his triumph over a domineering father, schizophrenia and an obsession with Rachmaninoff’s Piano Concerto No. 3.
 ► **“This Is Spinal Tap,”** 8 p.m. in *Guitar Heroes Film Fest: Part 3* at Rockland’s Strand Theatre. Rob Reiner’s spoof of a rockumentary about a British heavy metal band on its disastrous U.S. concert tour. Lobby and balcony bars will be open. \$9 adults, \$8 seniors, \$7 members.

WEDNESDAY, AUGUST 7:

► **Free Screening of “Andre: The Seal Who Came Home,”** at Camden Opera House at 7 p.m. The short documentary tells the true story of a baby harbor seal, rescued by Harry Goodridge in 1961 and a summer visitor for the next 25 years.

THURSDAY, AUGUST 8:

► **“Kinky Boots – The Musical”** at 3 p.m. and 7 p.m. at Rockland’s Strand Theatre. High-def capture of the musical at Adelphi Theatre in London’s West End, called “dazzling, fabulously sassy and uplifting” by Time Out. \$12.50 adults, \$10.50 Strand members.

ARTS

► **Call for Artworks of “Animals of Every Kind,”** bring ready-to-hang art to Medomak Arts, 13 Friendship Street in Waldoboro, on Tuesday, August 6, between 4 and 5 p.m. Works will hang at the arts center during Waldoboro ArtWalk on Saturday, August 10, from 4 to 7 p.m.
 ► **Call for Entries to “Wild Things,”** the juried August show at River Arts, Damariscotta. Works, in all mediums, must be submitted by August 10 at 4 p.m. Rules and entry fees: RiverArts.org.
 ► **Call for Entries to Juried “10x10 Exhibition,”** opening August 21 at Port Clyde Art Gallery, with cash prizes. Submit from August 10 to 19. Rules and entry fees: PortClydeArtGallery.com.
 ► **10th Annual Maine Postmark Poetry Contest,** part of the 15th annual Belfast Poetry Festival on October 19.

Submissions by anyone, as long as they bear a Maine postmark, accepted until August 15. Rules: BelfastPoetry.com.

► **Maine Wood Biennial 2020 Call for Entries,** for the seventh juried show at the Center for Furniture Craftmanship, Rockport, to run January 17 to April 8. The deadline for entries is August 31. Guidelines are at WoodSchool.org.

THURSDAY, AUGUST 1:

► **“Eric Diehl: Recent Paintings”** at **Steel House Projects**, 639 Main Street, Rockland, from August 1 to 30.
 ► **Block Printing in Waldoboro,** at Winterberry Studio on Thursdays in August, 9:30 a.m. to 1:30 p.m. All levels welcome. Supplies included. For details, email holly@hollyberrydesign.com.

FRIDAY, AUGUST 2:

► **Bob Richardson Prints in Camden,** at Zoot Coffee, 3 Elm Street, throughout August. “The Summer Prints, A Retrospective” features nine large archival prints of his original silkscreens. He’ll be at Zoot for coffee and conversation at 9 a.m.
 ► **Reception for Jan Lipson and Rick Rockwell at Port Clyde Gallery,** 5 Cold Storage Road, from 5 to 7 p.m. Their works will be on view through August 19.
 ► **Reception for Arts & Crafts Show at Islesboro Historical Society,** 5 to 7 p.m. The show has 13 exhibitors and runs through August 7.

► **Rockland’s First Friday Art Walk,** Friday, August 2, from 5 to 8 p.m. with free entry to Farnsworth Art Museum and Center for Maine Contemporary Art. Receptions include: **The Art Loft**, 385 Main Street. Barbra Bragg’s multimedia works that are organic in nature and focus on texture and form. **Archipelago Fine Arts Gallery**, 386 Main Street. “King Tide,” featuring works by four Mainers, each using different mediums and styles to depict real and inspired Maine landscapes. **Art Space Gallery**, 405 Main Street. Works by Laurie Bellmore, Mary Beth Morrison, Janalee Welch and Joan Wright. **Landing Gallery**, 409 Main Street. “Northeasterly Directions,” solo exhibit by Irma Ceresse. It hangs to September 15. **Yvette Torres Fine Art**, 464 Main Street. “William Manning: Water Is Wide,” works of Monhegan Island and his three-dimensional paintings. **Caldbeck Gallery**, 12 Elm Street. “K. Min: Seoul, New York and Friendship,” “Alan Bray: On Second Thought,” “Richard Saltonstall: Kodiak: Excerpts from my sketchbook,” and “Fred Kellogg: Interiors.” **Yellow Barn**, 20 Winter Street. Recent paintings by portrait and landscape artist Winslow Myers.

SATURDAY, AUGUST 3:

► **“Paint the Town” in Waldoboro,** with artists invited to paint plein air at unique and private vistas around town, then attend a reception at 995 Main Street at 4:30 p.m. with music, wine, lobster rolls and auction of the day’s art. Facebook has details.
 ► **2nd Annual Cushing Salt & See Art & Garden Trail,** from 10 a.m. to 4 p.m. **Saturday and Sunday.** Visit the studios of several artists – John Paul Caponigro, Jody Payne, and Victor Goldsmith among them – as well as the Langlais Sculpture Preserve, and see eight private gardens with river and harbor views. The free event is hosted by Friends of the Historic South Cushing Church, which will accept

donations. Facebook has details. Langlais Preserve has maps.

► **Reception for Ken Schweizer at Granite Gallery,** 68 Main Street in Tenants Harbor, 5 to 8 p.m. For his show “New Impressions.”
 ► **Reception to Open Priscilla Hayes Show at Gold/Smith Gallery,** Boothbay Harbor, from 4 to 7 p.m. Her show of landscapes and seascapes, “Windward Coves,” hangs August 1 to 27.
 ► **Jon Mort Open Studio: “TIDAL Tales,”** 10 a.m. to 5 p.m. **Saturday and Sunday** at Fieldstone Castle in Port Clyde. He’ll give a talk and tour Saturday at 1 p.m.

SUNDAY, AUGUST 4:

► **Gallery Opening Reception for Sally Loughridge,** 2 p.m. in the Jean Picker Room at Camden Public Library. Her oil and soft pastel paintings of Maine landscapes will hang there all month.

MONDAY, AUGUST 5:

► **Free Adult Art Classes at Rockland Public Library,** 11 a.m. Catinka Knoth leads the free Monday classes – with a focus on drawing in color – open to all, with all materials provided. August themes include sailboats and lighthouses.
 ► **“Watercolor Basics and Beyond”** at the **Art Loft**, 385 Main Street, Rockland, 6 to 8 p.m. Mondays in August. Barbra Bragg leads warm-ups to help students understand how watercolors work. The class will experiment with transparent and opaque watercolors and explore color and composition inspired by simple nature studies and designs. The drop-in class is free for members, \$20 for nonmembers.

TUESDAY, AUGUST 6:

► **“Pair and Share and Exhibit,”** 9 a.m. to noon at Midcoast Conservancy, 25 Friendship Road, Waldoboro. Sixth of six free stand-alone nature-writing workshops led by Melissa Barbour. Learn more at MidcoastConservancy.org.
 ► **Barbara Prey Gallery Talk,** 4 to 5 p.m. at Barbara Prey Projects, Port Clyde. She’ll discuss a list of topics including her current exhibit, “Light and Space,” her four paintings commissioned by NASA, and her MASS MoCA museum commission for its newly opened Building 6, an 8-by-15-foot watercolor depicting the pre-renovation version of Building 6.

WEDNESDAY, AUGUST 7:

► **Wednesday Paint Nights at the Barn Cafe,** 6 p.m. Wednesdays to August 28, next to Seaside Inn, 5 Cold Storage Road in Port Clyde. Angela Anderson leads step-by-step sessions. With snacks and libations for sale. RSVP by noon the same day: 372-0700. Seaside Inn shows the paintings on Facebook.
 ► **Twenty Years Painting the Katahdin Landscape,”** 7 p.m. at Lincolnville Community Library. Artist Chris Polson on his experiences painting in four major areas around Katahdin and Baxter State Park. He’ll talk about his hikes and the gear needed for his plein air pieces.

Camden Opera House



WED. AUG. 7, 7 PM
Community Thank You Film — FREE
“ANDRE: THE SEAL WHO CAME HOME”

FRI. AUG. 9, 7:30 PM
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WED. AUG. 14, 7 PM
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 Graham Floor: WED, 7-8:15 PM; Stretch: TH, 6:50 AM and SAT, 8 AM

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 Sat. 1:15, 5:30, 8:15
 Sun. 1:15, 4:30, 7:15 Mon. 6:45
 Tues. 6:45 Wed. 4:30, 7:15
 Thur. 4:30, 7:15

Lion King -PG-
 Fri. 2:30, 5:40, 8:05
 Sat. 1:30, 5:40, 8:05
 Sun. 1:30, 4:40, 7:05 Mon. 6:55
 Tues. 6:55 Wed. 4:40, 7:05
 Thur. 4:40, 7:05

Wild Rose -R-
 Fri. 5:55 Sat. 1:45, 7:45 Sun. 4:55
 Mon. 7:05 Wed. 4:55 Thur. 7:00

Echo in the Canyon -PG13-
 Fri. 2:45, 8:00 Sat. 5:55
 Sun. 1:45, 7:00 Tues. 7:05
 Wed. 7:00 Thur. 4:55

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 Tue 1:00, 7:00 | Wed 7:00
 * Sunday 5:30pm screenings will have on-screen captions

August 2 at 8:00pm
 Guitar Heroes Film Festival Part 3
THIS IS SPINAL TAP
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August 8 at 3pm & 7pm
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► **“Impressionism, Post-Impressionism and Modernism” Opens**, at Wiscasset Bay Gallery, 67 Main Street in Wiscasset. Works by important American and European artists. It hangs to September 13.

THURSDAY, AUGUST 8:

► **Reception to Open “ALL OVER” in Belfast**, 6 to 8 p.m. at Perimeter Gallery at Chase’s Daily, 96 Main Street. Recent oil paintings by Freddy LaFage. It hangs to September 29.

► **“Recollections of Andrew Wyeth,”** 7 p.m. at Cushing Historical Society Meetinghouse, 17 Hathorne Point Road. David Rockwell shares memories of his uncle Andrew and friends Christina and Alvaro Olson. He spent summers on Bird Point in Cushing, a short walk from the Olson house, which is shown in Wyeth’s iconic painting “Christina’s World.”

COMING UP:

► **Aldermere Farm Art Show and Sale**, Saturday, August 10, 9 a.m. to 4 p.m. and Sunday, August 11, 11 a.m. to 2 p.m. at the farmhouse, 20 Russell Avenue in Rockport.

Cup Sailboat Race, with all area sailors invited to take part. There is no entry fee for the race, which begins and ends in Friendship Harbor. Monohulls of any size and type, except windsurfers, may enter—Classes A and B start at 1 p.m. Class C starts at 1:15 p.m. There will be a potluck for participants and friends at Martin Point Community House at 6:30 p.m. Registration: cwitherell3@roadrunner.com or 832-4823. Weather updates: 832-6243.

SUNDAY, AUGUST 4:

► **Washington 5K Run and Fun Run**, at Prescott Memorial School, 100 Wal-doboro Road. Registration opens at 7 a.m. The Fun Run starts at 8 a.m. and the 5K will follow. Medals will be given to male and female 5K winners in each age group. The 5K is \$5 to enter and the Fun Run is \$1, with a \$10 max per family; the fee includes a T-shirt, while they last. Bring a canned good for Washington Food Pantry. For more info, call or text 790-0723.

WEDNESDAY, AUGUST 7:

► **Yoga on the Beach at Sears Island**, 10 to 11:15 a.m. Missy Hatch leads the class, appropriate for anyone who is able to walk on the beach. It is geared for adults but attentive children are welcome. Park on the causeway at the end of the road, off Route 1, east of Searsport, and meet at the island gate. Wear comfortable clothes and bring a towel and water. Free.

HOME & GARDEN

THURSDAY, AUGUST 1:

► **Belfast Blueberry Co-op Offering Pick-Your-Own Days**, on Tuesdays, Thursdays and Saturdays from 3 to 7 p.m. starting August 1. Customers should call 338-3301 for directions, prices and schedule confirmation. Co-op members will show customers how to rake and use a bicycle-powered device for winnowing the unsprayed berries.

FRIDAY, AUGUST 2:

► **Belfast Garden Club’s Open Garden Days**, 10 a.m. to 4 p.m. rain or shine. This one is at Patricia Lojek’s home at 3 Green Street, Belfast. The property has glimpses of the harbor and contains perennial and shrub beds surrounding her 19th-century house. \$5.

SATURDAY, AUGUST 3:

► **Daylily Day at Merryspring Nature Center**, Camden, 9 a.m. to noon. The Maine Daylily Society shows off its display garden at Merryspring during the free event for beginners and seasoned daylily gardeners. Bring a shovel to dig your own daylilies from divisions, which are free, with a suggested donation to

Merryspring. No need to sign up.

► **17th Annual Free Blueberry Pick at Beech Hill Preserve**, Rockport, from 9 a.m. to 1 p.m. (rain date is August 4). Staff and volunteers will be on hand to welcome and orient people to areas open for picking. Bring a container and prepare for a moderate walk up the hill to the picking fields. No dogs. Wear sturdy shoes and a sunhat, and bring water and, if you wish, a small folding camp stool.

MONDAY, AUGUST 5:

► **Maine Farmland Trust Program at Stockton Springs Community Library**, 6 p.m. See a short film and learn about the trust’s work, current farming trends around Maine, and why supporting local farmers and growers is important. A Q&A and refreshments will follow.

TUESDAY, AUGUST 6:

► **Presentation on Growing Chinese Medicinal Herbs**, noon, at Merryspring Nature Center, Camden. Denise DeSpirito will discuss plants that can be grown at home, including astragalus, ginseng, mugwort and ginkgo, as well as easily foraged plants such as forsythia. \$5.

COMING UP:

► **17th Annual Maine Boat and Home Show at Harbor Park in Rockland**, Friday, Saturday and Sunday, August 9, 10 and 11. Maine’s only in-the-water boat show, with artisans, food, fun and lots of boats. Events include the 17th annual Boatyard Dog Trials on Sunday at 10:30 a.m., included with the admission. \$15 adults, free under 12.

FOOD & DRINK

FRIDAY, AUGUST 2:

► **Public Breakfasts in South Thomaston**, 7:30 to 9 a.m. Fridays to August 30, at People’s United Methodist Church. Pancakes, eggs, sausage, home fries, juice and coffee. \$8 adults; \$4 ages 5 to 10.

SATURDAY, AUGUST 3:

► **Public Breakfasts at Broad Cove Church**, Cushing, 7 to 10 a.m. Saturdays to August 31 (except August 10).
► **Free Community Supper at Belfast United Methodist Church**, 23 Mill Lane, East Belfast, at 5 p.m. The menu will feature roast pork loin, gravy, mashed potatoes, applesauce, rolls, dessert.

MONDAY, AUGUST 5:

► **Bike-Powered Smoothies in Damariscotta**, use pedal power to make one from local produce, at Rising Tide Farmers’ Market, 323 Main Street, on Monday, August 5, from 4 to 6 p.m. At

The 2019 Annual Meeting of Members of the Jackson Memorial Library will be held on Wednesday, August 21, 2019, at the library, 71 Main Street, Tenants Harbor, Maine, beginning at 5:15 p.m.

The purpose of the meeting is to elect a President and two additional members of the library’s board of directors.

All adult Library card holders are members and are encouraged to attend the meeting.

OBITUARIES

Paid print obituaries may be submitted to the advertising department of The Free Press. Contact admanager@freepressonline.com for more information.

NOTICES

Marjorie Herrick Blackman Bickmore
Died Saturday, July 27, 2019
Age 96; To share a memory or story with the family, visit bchfh.com.

Winona Elizabeth Robinson Gay
Died Thursday, April 4, 2019
Age 98; To share a memory or story with the family, visit bchfh.com.

OUTDOORS

THURSDAY, AUGUST 1:

► **Back in Balance in Farnsworth Art Museum’s Garden**, Rockland, Thursdays in August at 10:30 a.m. Wellness pro John Jenkins offers the classes with gentle exercises based on tai chi, yoga and mindfulness principles to people of all ages and abilities. \$15 (\$10 for Farnsworth members) includes gallery admission. The five-week series is \$75 (\$50 members). Details: FarnsworthMuseum.org.

FRIDAY, AUGUST 2:

► **Free Downtown Camden Walking Tours**, meet at Camden Public Library Children’s Garden at 4 p.m., wend through the downtown with a guide who drops historical tidbits, end on the Village Green. Fridays to September 13.

SATURDAY, AUGUST 3:

► **Yoga in the Amphitheatre**, at Camden Public Library, 8:30 a.m. Practice your poses in a spot overlooking the harbor. Donations accepted.

► **Hosmer Pond Botany Walk**, 10 a.m. to noon. Meet at the parking lot next to the tennis courts at Camden Snow Bowl for the walk led by Eric Doucette, past president of Maine’s Josselyn Botanical Society. Bring a hand lens, if you have one, for the Coastal Mountains Land Trust outing.

► **40th Annual Friendship Chowder**

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CALENDAR OF EVENTS

Central Lincoln County YMCA from 4:30 to 6:30 p.m. on Tuesday, August 6, and 9 to 11 a.m. on Wednesday and Thursday, August 7 and 8. At Coastal Rivers Conservation Trust on Friday, August 9, from 9 to 11 a.m. Details: cleyymca.org.

WEDNESDAY, AUGUST 7:

- **24th Annual Merryspring Kitchen Tour**, 10 a.m. to 3 p.m., featuring seven homes in Camden and Rockport, with local chefs at each offering bite-sized samples of their finest dishes. Tickets and more information: Merryspring.org.
- **Fundraising Dinner at Ocean's Edge Restaurant at Fireside Inn**, 159 Searsport Avenue in Belfast, from 5 to 9 p.m. The restaurant will donate 10 percent of each meal to Friends of Sears Island to support their conservation and education programs. Call 338-2646 for reservations.
- **"Behind the Label: Organic, GMO and More,"** 7 p.m. at Unitarian Universalist Church of Belfast, 37 Miller Street. Heather Omand of MOFGA gives a free talk on the many different labels and package claims that confront consumers.

FAIRS & SALES

SATURDAY, AUGUST 3:

- **Broad Cove Church Useful Clothing Sale**, Pleasant Point Road, Cushing, from 7 to 10 a.m. Saturdays through September. A bag sale will be held August 10.
- **Morrill Fire Department & Auxiliary Auction**, at Morrill Fire Department. The bake and yard sales start at 8 a.m. and the auction is at 9:30 a.m. Hot dogs and drinks will be sold all day. To have donation items picked up, call 342-2129.

WEDNESDAY, AUGUST 7:

- **Annual Fisherman Doll Fair in Port Clyde**, 10 a.m. to 12:30 p.m. at Port Clyde Baptist Church, 843 Port Clyde Road. Two sewing-circle quilts from 1978 and 1982 will be on display and there will be a craft table, Christmas table and bake sale. A flea market will be held across the street from 10 a.m. to 3 p.m.

KIDS & PARENTS

THURSDAY, AUGUST 1:

- **A Summer of Science at Rockland Public Library**, for kids in grades three to seven. They're invited to join 4-H leader Kathryn Jenkins from 10:30 a.m. to noon Fridays through August 16. This week, the focus is on "saltwater density." Register for classes at the front desk or call the library at 594-0310.
 - **Mini Lawn Concert by Midcoast Music Academy's Gig Camp Students**, 2:30 to 3 p.m. on the lawn at Rockland Public Library. Rain moves it into the community room.
 - **Little Red Wagon Theater Company at Belfast Free Library**, 3:30 p.m. The company puts on a free show for all ages, "Cleopatra's Egyptian Tale."
 - **"Observing the Sky: Day and Night,"** 6 p.m. at Carver Memorial Library, Searsport. Dr. David Clark of UMaine Orono gives a kid-friendly talk about daytime atmospheric displays and meteor showers, constellations and other objects in the night sky.
 - **Watershed School Info Session at Waldoboro Public Library**, 7 p.m. Learn about the independent high school in Camden and its curriculum, personalized programs, community partnerships, application process and financial help.
- ### FRIDAY, AUGUST 2:
- **Kids Club at Damariscotta Farmers Market**, 3 Round Top Lane, on Fridays, August 2, 16 and 30, from 9 a.m. to noon. Each session will include a nutrition lesson, food tasting, game or craft, physical activity and a visit with farmers. No need to register.
 - **Guided Tree Walk at Merryspring Nature Center**, in Camden, at 10 a.m. Families and children are invited to learn a few tips that make it easy to identify a tree by its leaves and bark. The free walk is part of the *Free Family Fridays* series. No need to sign up. Bring a water bottle

for the one-hour program.

- **Monarch Story Hour and Butterfly Release at Head of Tide Preserve**, Doak Road in Belfast, at 10 a.m. Parking is along Doak Road on the preserve side. Kids will hear stories, take part in an activity, and release butterflies that have been on display at Belfast Free Library through their pupal stage into adulthood. Reservations are helpful, but not required: erirish@BelfastLibrary.org.

SATURDAY, AUGUST 3:

- **Maritime Heritage Day at Carver Memorial Library**, Searsport, 10 a.m. to 1 p.m. Kids are invited to drop in and make newspaper sailor hats and floating foil boats.
- **ArtLab for All Ages in Rockland**, 2 to 4 p.m., Center for Maine Contemporary Art, 21 Winter Street. Participants will create work inspired by painter Ann Craven's exhibit at the museum, "Birds We Know," using watercolor, pastels or gouache. Free; all materials supplied.

SUNDAY, AUGUST 4:

- **Hills to Sea Trail Expedition and Day Camp**, led by a Maine Guide and open to adults and youth 7 to 17, Sunday to Sunday, August 4 to 11. Hike the 47-mile trail that starts in Unity and ends in Belfast. Camp Forest in Brooks will provide drop-off and pick-up for those who wish to hike daily rather than camp out. Details: ExpandingOpportunities.org.

MONDAY, AUGUST 5:

- **Free Hands-On "Bones" Program at Rockport Public Library**, 2 p.m. Kids ages 5 to 12 are invited to join Dirigo Learning founder Robin Huntley, who will bring a collection of animal bones largely from species found in Maine.
- **Atlantic Ballet's A Whole New World: Jasmine and Aladdin in Camden**, in the Amphitheatre, at 5:15 p.m. Company dancers and students from its training school perform. The rain date is August 6. Donations will be welcome.

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Megunticook Race Festival

Saturday, August 31

Location:

Barrett's Cove Public Beach
104 Beaucaire Avenue, Camden

Registration: Starts at 7 a.m.

Register at RunSignUp.com

Race Options:
Sprint Triathlon,
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5K Run/Walk,
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Deadline for Copy is Monday, August 26
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ASTROlogically Speaking WITH ANANUR
AUGUST 2 - AUGUST 8

Friday, August 2 — Mercury is no longer retrograde. Misunderstandings should be all cleared up. The New Moon took place in Leo on Wednesday, July 31. We're in a new cycle and ready to initiate new projects, jobs and plans. The Cosmos is supporting you. The Sun and Venus are close to each other, mathematically in Leo. This aspect brings about sexual/romantic attractions which you may find irresistible. If you're married, find something else to distract you from the real issues going on, or consider dealing with the marriage problems before they get worse. Between 6 and 8 p.m. the Moon in Virgo will be in a positive aspect with Uranus in Taurus, suggesting the need to do something fun and out of the ordinary.

Saturday, August 3 — From 8 until 10 a.m. the Moon in Virgo makes a fine aspect to Saturn in Capricorn, inviting you to be productive and accomplish your goals. This aspect helps to get you organized. It will improve your concentration. You're apt to be sleepy and in a mental fog while the Moon is opposite Neptune from 12:30 until 2:30 p.m. Siesta time! Your awareness is sharper while the Moon is in a positive aspect to Pluto in Capricorn. You're more observant. Tonight from 10:30 p.m. until 12:30 a.m. the Moon will be in a favorable aspect with Mercury, which is good for writing and planning ahead.

Sunday, August 4 — The Moon enters rational, peace-loving Libra at 9:30 a.m. and remains in this artistic air sign until Tuesday at 11:30 a.m. The Sun in Leo is in a very positive aspect with Jupiter in Sagittarius. Those born between April 3 and 8, August 4 and 8, or December 5 and 9, of any year, will be feeling the joy and optimism of this positive aspect. It brings opportunities for expanding your business and increasing your earnings. This is a time for investing money if you were born during any of these dates and enjoy taking risks.

Monday, August 5 — The Sun remains in a very positive aspect with Jupiter until Thursday at midnight. Those of you who were not born during the above-mentioned dates will still feel the upbeat collective energy. There's more upbeat energy from 7:30 until 9:30 a.m. while the Moon is nicely aspecting Jupiter, energizing you with laughter and silliness.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.

From 6:50 until 8:30 p.m. the Moon will be in an awkward aspect with Pluto, which can be heavy emotionally, but just for two hours. Between 8:30 and 10:30 p.m. there's a shift taking place that brings in extra energy to do more. That takes place while the Moon is in a favorable aspect with Mars.

Tuesday, August 6 — The Sun and Venus are now together in a very positive aspect with Jupiter until Thursday. New relationships will be very romantic. If you're into trusting your intuitive intelligence then you're probably getting all kinds of inspired ideas for manifesting your creativity. Anger could be eruptive for some of you due to Mars' position in Leo. Those who will feel this energy most personally are those born January 14 to 17, May 14 to 18, August 16 to 20, or November 16 to 19, of any year. Be aware of the tendency to be reactive and defensive, which will find you igniting someone else with anger. You could also use Mars' energy for starting a new project.

Wednesday, August 7 — The Sun and Venus remain in a positive aspect to Jupiter in Sagittarius. The classic astrology books say the same thing about this aspect: It favors being with good friends. Watch out for the urge to spend too freely and to overindulge in food and drink. This is a fun time and can bring great surprises. It is a celebratory aspect. Life seems more stable from 12 until 2 p.m. while the Moon is in a favorable aspect to Saturn. Your thoughts are on what you would like to accomplish. From 5:15 until 7:15 p.m. the mood you find yourself in is dreamy yet very idealistic while the Moon in Scorpio is in a positive aspect to Neptune in Pisces.

Thursday, August 8 — The Sun and Venus in Leo remain in a very positive aspect with Jupiter in Sagittarius until midnight. Conversations are interesting and will stimulate ideas while the Moon in Scorpio aspects Mercury in Cancer. Those born between January 4 and 6, March 4 and 6, May 4 and 6, September 6 and 8, or November 6 and 8, of any year, will find that Saturn (in Capricorn) is giving the extra push you need in order to continue writing or planning. You will have increased ability to focus your mental concentration. You'll feel more stable emotionally, too. This aspect begins August 11, for these particular individuals, and lasts until October 24 of this year.

► **Weekly Day Camps in the Midcoast**, include: **Artscape** in Rockland, at the Farnsworth Art Museum, Monday to Friday, August 5 to 9, from 9 a.m. to noon, ages 8 to 13. Kids will view island art as a springboard for their own creations. \$260 (\$200 Farnsworth members). Partial scholarships available. **"Summer with the Past,"** at the 1811 Old Jail and Museum in Wiscasset, Monday to Friday, August 5 to 9, ages 7 to 11. Details: LincolnCountyHistory.org. **Maine Ocean School** in Searsport, at Penobscot Marine Museum, Monday to Friday, August 5 to 9, from 8:30 a.m. to 3:30 p.m. at Penobscot Marine Museum, Searsport, ages 12 to 14. Details: MaineOceanSchool.org. **Digital Interactive Art Intensive for Girls in Belfast**, Mondays to Fridays, through August 16, at Waterfall Arts, 256 High Street. A free intensive offered by Maine Mathematics & Science Alliance. Info: PGallagher@mmsa.org or 664-9069. **The Morris Farm**, Wiscasset, Mondays to Fridays, through August 16, from 8:30 a.m. to 3 p.m. Kids ages 4 to 12 will learn about and care for animals, explore fields and forests, and gain skills in planting, cooking and fiber arts. Details: MorrisFarm.org, 882-4080. **"40 Days of Summer"** at Thomaston Public Library, Mondays to Fridays, through August 16, from 11 a.m. to 1 p.m. The free program, open to all kids who have completed kindergarten, offers lunch, snacks, and indoor and outdoor activities. Children can attend as many days as they want. Details: thomaston.lib.me.us. **Sprouts Camp** at Central Lincoln County YMCA, Damariscotta, Mondays to Fridays, through August 23, from 8 a.m. to 4 p.m. Children in pre-K and kindergarten will be offered outdoor fun, arts and crafts, field trips, and time in the FARMS at the Y kitchen and garden. \$225 per week (\$185 for family-level members; \$195 members).

TUESDAY, AUGUST 6:
 ► **A Summer of Science at Vose Library in Union**, for kids in grades four to seven, from 11 a.m. to noon Tuesdays through August 13. This week: "Stretch Your Potential." Register

at the front desk or call the library at 785-4733.
 ► **Backyard Birding for Children**, from 1 to 2 p.m. at Project Puffin Visitor Center, 311 Main Street in Rockland. The free science and art program will teach kids about common New England birds and how to build an eco-friendly bird feeder. Registration: 596-5566.
 ► **Ice Cream Making at Camden Public Library**, 3 p.m. Miss Amy will help children make vanilla ice cream using a zippered plastic bag in the Children's Garden. Register by calling 236-3440.
 ► **Free Children's Drawing Classes at Rockland Public Library**, 4 to 5 p.m. Tuesday. Catinka Knoth leads the *Let's Draw Together!* series for kids 6-plus (under 11 with an adult - adults invited to join in). All materials provided. This month: "Let's Draw August Memories!"

WEDNESDAY, AUGUST 7:
 ► **"Planet Pluto" Story Hour and Space Craft at Vose Library**, Union, from 11 a.m. to noon. Kids are invited to join visiting librarian Kristin Gould. Sign up at the library or call 785-4733.
 ► **"Blueberry Tales on Beech Hill,"** at Beech Hill Preserve, Rockport, from 11:30 a.m. to 12:30 p.m. Librarian Miss Amy will bring a selection of beloved blueberry stories to the top of the hill and read them aloud as kids munch on organic blueberries. Free and open to all ages.

THURSDAY, AUGUST 8:
 ► **Make "Space Slime" at Carver Memorial Library**, Searsport, 3 p.m. Kids are invited to concoct a batch of out-of-this-world space slime.

Wednesdays, Fridays and Saturdays from 10 a.m. to 5 p.m., and Sundays from 1 to 5 p.m.

TUESDAY, AUGUST 6:
 ► **Vigil for Disarmament at Bath Iron Works**, 7 to 8 a.m. across from the Administration Building on Washington Street. Everyone is invited to join the protest against construction of nuclear-capable warships. For more information, call 763-4062.
 ► **Dog Obedience Classes at Central Lincoln County YMCA**, Damariscotta, on Tuesdays, August 6 to 27. Professional dog trainer Jean Conte leads beginners at 5 p.m., intermediates at 6 p.m. and Canine Good Citizens at 7 p.m. Classes are \$75 (\$65 for Y members). For more info, email jconte@myfairpoint.net.
 ► **St. George MSU School Board Workshop**, 5:30 p.m. in the Art Room at St. George School.
 ► **"Healthy Cells Equal a Healthy Body,"** 6:30 p.m. at Rockland Public Library. Paige Wolfe gives a free talk on redox signaling molecules, which some in the health field call the "missing link."
 ► **Four-Week "Old Path, White Clouds" Study Group in Rockland**, Tuesdays, starting August 6, from 6 to 8 p.m. at The Dancing Elephant, 14 School Street. Sydney Hall and Beverly Feldt will lead the study group based on Book Two of "Old Path, White Clouds: Walking in the Footsteps of the Buddha" by Thich Nhat Hanh. The class is offered by donation and registration is required: RocklandYoga.com or 594-1694.

THURSDAY, AUGUST 8:
 ► **"Chill Out and Channel Your Inner Calm,"** 6:30 p.m. at Rockland Public Library. Lisa Diane will lead yoga and a labyrinth walk on the lawn. Librarian Patty King will guide participants in creating contemplative art. The program is free.

COMING UP:
 ► **Camden High School Alumni Association Banquet**, Friday, August 9, at 4 p.m. at Point Lookout, Northport. The deadline to buy tickets, \$30, is **Friday, August 2**. For more info: 236-9058.

MISCELLANEOUS

SUNDAY, AUGUST 4:
 ► **St. George Episcopal Summer Chapel at Long Cove**, in Tenants Harbor, at 10 a.m. The guest officiant is the Rev. Susan Flanders giving Holy Communion.

MONDAY, AUGUST 5:
 ► **New Schedule for Rockland Public Library**, the new hours are Mondays, Tuesdays and Thursdays from 10 a.m. to 8 p.m.

Visit FreePressOnline.com for ongoing events

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3	9	4	2	1	7	5	8	6
6	5	2	4	8	9	7	1	3
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YARD SALES

MOVING SALE
459 Oyster River Road, Warren
 Tools, sno-blower, books, CDs, crockery and flatware, music gear and more.
Saturday and Sunday, August 3 and 4, 9:30 a.m. to 2:30 p.m.
No early birds, please.
No rain date as sale is under cover. (8/1)

ROCKLAND
Saturday, August 3, 8 a.m. to 1 p.m.
 Household items and project parts, tiles, sinks, handrails, radiators, lights, push mowers, iron plant, misc. smalls, blinds, games, three bicycle racks.
45 Masonic Street. (8/1)

YARD SALE
Noon, Friday, August 2 to Sunset, Saturday, August 3, 729 Beach Road, Lincolnville
at Jacks Boxes
 Wide assortment of flea market stuff plus house and yard, Asian, vintage, gadgets, art and more. (8/1)

BARN & LAWN SALE
746 Wotton Mill Road, Union
Friday, Saturday and Sunday, August 2, 3 and 4, 7 a.m. to ?
Multi-Family
 Furniture, jewelry, books, frames and prints, china, stoneware, Depression glass — Heisy, Fostoria, Cambridge
Lots of Stuff!!! (8/1)

FRIDAY AND SATURDAY
August 2 and 3, 8 a.m. to 2 p.m., 27 Berkley Street, Rockland
 Old photos, ephemera, lots of vintage film cameras (including a Rolleiflex), WWI poster, huge lot of newer, military-scale models. Antique carousel bench, odds and ends. Wife wants to reduce her stash of fabric, cross-stitch stuff, quilt items and art supplies.
My One Big Sale And NO Baby Items! (8/1)

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FIREWOOD — Cut and split and delivered. 691-6758. (kr)

FIREWOOD — cut, split, delivered. CFMI, 975-1147. (9/26)

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LUCKY LADY — I want to buy your junk cars and trucks, pay up to \$300. Roll my dice because I pay the best price. 993-2629 or 441-7929. (8/29)

LUCKY LADY — wants your woodlot. Turn those trees into cash. Roll those dice and give me a call, 441-7929 or 993-2629. (8/29)

SEEKING AUTHORS — To present their best essay, short story or script excerpt at a fabulous late-summer literary event. Summer workshops will be offered at Camden Library. Top 10 selections will be published in the "2019 Mid-Coast Maine BestLit Review" compilation. Please call Eva Morris, 772-217-7070. (8/8)

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 Run your ad for TWO WEEKS for only \$6.13/week for 20 words – 15¢ each additional word.
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Cost for 1st 20/words/week = \$ _____
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Applicants must complete an online application and submit a cover letter, resume, copies of transcripts and certifications, and three current letters of recommendation. Please apply on-line at www.applitrack.com/fivetowns/onlineapp

Applications will be accepted until a suitable candidate is found.

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1-800-498-1844

NA HOTLINE

For meeting information
1-800-974-0062
www.namaine.org

NATIONAL SUICIDE PREVENTION HOTLINE

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Is Food a Problem for You? OVEREATERS ANONYMOUS MEETS:
Rockport:
Sat., 11 a.m.-noon, PARC Social Work Conf. Rm., Pen Bay Medical Center

OVEREATERS ANONYMOUS (continued)

Belfast:
Fri., noon-1 p.m. First Baptist Church, 95 High St., Belfast.
Sat., 9 a.m., First Baptist Church, 95 High St., Belfast.
FMI, Belfast: 382-6446

CELEBRATE RECOVERY

Freedom Fellowship Church, 721 Bath Rd., Wiscasset. Fri., 6 p.m. Free meal following meeting. Christ-centered recovery and support program for all. FMI: Matt, 344-8660.

CO-DEPENDENTS ANONYMOUS (CoDa)

Tues., 10-11:30 a.m., Library, St. Andrew's Episcopal Church, Glidden St., Newcastle.
FMI: 563-6209.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

Support groups help peers living with mood disorders reach out to one another and benefit from the experience of others who have "been there." Empower yourself to live the life you deserve.
Rockland:
7-8:30 p.m., Thurs.,
First Universalist Church,
345 Broadway. FMI: 505-2663.

"I AM SECOND"

Video/discussion Bible-based group. Jesus is the cure! Fri., 7-8 p.m., 336 Limerock St., Rockland.

SEX AND LOVE ADDICTS ANONYMOUS

FMI: Email mmislaa@fairpoint.net, or go to the 211 Maine Web site (click on 211 directory then keyword: Augustine Fellowship).

ROCKLAND PEER SUPPORT CENTER

Living with mental health or substance use challenge? Peers at RPSC have challenges, too, so we "Get It." A safe place to land, to just hangout, or to check out our groups, we're here! Lunch and snacks available for a modest fee.
Rockland:
12 Union Street
FMI: 207-701-4417
apierce@mainebehavioralhealthcare.org or www.facebook.com/MBHRocklandPeer.

BRAIN INJURY INFORMATION

800-444-6443
The Brain Injury Association of America
www.biausa.org.

PROSTATE CANCER SUPPORT GROUP

New Prostate Cancer Networking/Support Group, second Monday monthly, 5:30-7:30 p.m., Rockland Room, Knox Center, 6 White Street, Rockland. FMI: charhuschle@gmail.com or 617-756-4703.

Domestic Abuse Helpline for Men and Women Support Group.

FMI: 1-866-786-0758.

NEW HOPE FOR WOMEN

— offers an ongoing support group for women affected by domestic or dating violence. Receive emotional support in a safe environment, learn about the patterns and impacts of abuse, and move towards personal growth and empowerment. FMI: New Hope for Women, 1-800-522-3304.

SELF HELP AND SUPPORT

REFUGE RECOVERY — A non-theistic, Buddhist-inspired approach to recovery from addictions. **Wed., 6-7:30 p.m., and Sun., 6-7:30 p.m.,** The Dancing Elephant, 16 School St., Rockland. FMI: rrocklandme@gmail.com.

SMART RECOVERY

— Non-religious, no steps, scientifically proven program for recovery from substance use disorders. **Fri., 6:00 p.m.,** Coastal Recovery Community Center (CRCC), 24 Lincoln St. (old Lincoln School), Suite 103, Rockland. FMI: 691-3697, Bruce.

FRIENDS & FAMILY TOGETHER

— Support group for family & friends of people with substance use disorders. **Thurs., 4:00 p.m.,** Coastal Recovery Community Center (CRCC), 24 Lincoln St. (old Lincoln School), Suite 103, Rockland. FMI: 691-3697, Bruce.

ONGOING SOCIAL AND SUPPORT GROUP

— Lesbians 40+, coupled or single, living in Camden/Rockland area. FMI: 631-0249 or e-mail mwpbooks@midcoast.com.

CRISIS LINE

Maine's Statewide Toll-Free Crisis Hotline
1-888-568-1112.

The Maine Department of Mental Health, Mental Retardation and Substance Abuse Services' 24-hour crisis line links to the center in Maine nearest you.

AL-ANON MEETINGS

Knox County
Mon., 7-8 p.m., St. John Episcopal Church, Thomaston.
Thurs., 5 p.m., Our Lady of Good Hope Catholic Church, Camden.

AL-ANON MEETINGS

Knox County (continued)
Sat., 10-11 a.m., Pen Bay Physicians Building, Rockport.

AL-ANON MEETINGS

Waldo County

Mon., noon-1 p.m. First Baptist Church annex, 95 High St., Belfast.

Wed., 7 p.m. Monroe Community Church basement, 26 West Main St., Monroe.

Thurs., 7 p.m. First Baptist Church annex, 95 High St., Belfast.

Sat., 10 a.m. St. Margaret's Episcopal Parish House basement, 95 Court St., Belfast.

ACA Adult Children of Alcoholics and Other Dysfunctional Families

Wed., 6:30-8 p.m.
Pen-Bay Hospital Ground Floor Conference Room, Rockport
FMI: Adultchildren.org.

Sun., 1:30-3 p.m.
Lower level classroom (at rear of hospital), Ludwig Medical Bldg., Waldo County General Hospital, Belfast.

FMI: Sue, 322-6284.

FREE PRESS ADS WORK!

SEEKING AUTHORS

To present their best essay, short story, or script excerpt at a fabulous late-summer literary event. Summer workshops will be offered at Camden Library. Top 10 selections will be published in the '2019 Mid-Coast Maine BestLit Review' compilation. Please call Eva Morris 772-217-7070.

BID SOLICITATION

The **Town of South Thomaston** is soliciting bids for a municipal project to improve the exterior of our Town Library. The Town Library, located at 8 Dublin Road in South Thomaston, is housed within what is commonly referred to as the "Little Red Schoolhouse", one of the oldest buildings in Town. The project will include exterior painting of approximately 2,300 square feet of cedar shingles and trim boards. There are some areas of rot on the exterior trim and sill boards which will need to be replaced and some portion of the cedar shingles might also need replacement. Bids from interested contractors will only be accepted after a site visit with Town staff. Interested parties can contact the Town Administrator to gather more information and schedule a visit. All site visits and related bids need to be conducted and submitted prior to close of business on August 15th, 2019.

Please send inquiries to owen@souththomaston.me

Office Space for Rent - Camden

Walking distance to downtown. Two offices available in large converted farmhouse. Access to shared kitchen, dining room, living room & meeting space. Waiting room available. Downstairs space is handicapped accessible. Utilities included. \$500/month. info@wayfinderschools.org

Applications are now being taken for the KNOX HOTEL APARTMENTS

192 Main St. Thomaston

One bedroom apartments that are conveniently located right downtown, rent is 30% of income and includes: wall to wall carpeting, laundry facilities, community living room, parking and professional Service Coordination on site.

Maximum Income Limits are

\$27,540 for 1 Person

\$31,440 for 2 Persons

If interested, please call

Sherry at 594-2743

TDD/TTY 1-800-545-1833 Ext. 702



REQUEST FOR BIDS

For Painting and Repair of Appleton Fire Station

Bids must be submitted in a sealed envelope marked "FIRE STATION" and returned to the Appleton Town Office, 2915 Sennebec Road, Appleton, ME 04862 no later than 7:00 PM, **Tuesday, August 13, 2019.**

For more information contact the Appleton Town Office during normal office hours at 785-4722 or visit appleton.maine.gov. The Town of Appleton reserves the right to reject any or all bids.

Appleton Select Board

MARKET BASKET

DEADLINE is 4 p.m. MONDAYS

PLEASE READ: As long as the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone — we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads that do not follow these guidelines cannot be printed.

FOR SALE

Bike Rack, for auto, SUV or truck transport, \$30. 832-4384.

Daylilies, red, yellow, purple, orange, pink or white, we dig 5-stem clumps for you, \$5/clump. 657-2195, Gray.

Three Room-Size Air Conditioners, \$20 each or three for \$50. Bike rack that fits on outside spare tire, \$20. 633-7646.

Large Parrot Cage, 24" x 30" x 50 inches tall, on wheels, with food dishes and perch, \$25. 466-9144.

Mittens, hand knit, all colors, all sizes, wash and dry, \$5/pair. 832-5278.

Two Venetian Blinds, new, unopened boxes, 72" x 60", \$8 ea. Collection of cast iron antique flatirons, \$7 ea. 594-4704.

Ten Mid-Century Modern Sandwich Sets, plates with groove for cups, excellent condition, 20 pieces, \$100. 864-254-9759, Warren.

XL Petmate Dog Crate, 30"H x 36"L x 26"W, excellent condition, \$50 OBO. 226-3555.

Two Two-Gallon Water Coolers, one "Gatorade," \$15; other \$10. "How to Build a Deck" book, \$10. Chiltons 1987-91 repair manual, \$20. 975-1648.

Women's Schwinn Road Bike, excellent condition, clip-on pedals, \$75. 230-4620, call for pictures.

Chain Link Dog Enclosure, 10 feet by 6 feet, 4 feet tall, \$10. 466-9144.

Wood Ladders: one 5' and one 2-step, good condition, \$10 for both. Bird cage, with toys and food, \$10. 594-1885.

Solid Oak Table, early 20th cen., manufactured, rectangular, 52" x 34", metal gears at center expansion, stripped but needs some reassembly, \$100. 338-1951.

Brand New HP All-In-One Envy 4500, still in factory-sealed carton, \$50. New 9-gallon Moeller boat gas tank, Hamilton #MOE-630009 LP, \$50. 322-7070, Camden.

Goodyear Ultra Grip Winter Tires, fit Subaru and Toyota, 205/55 R16, great shape, \$75 takes all. 593-7129.

Roof Rack, clamp-on Yakima, for small car like Mazda 3, Corolla, \$100. 691-3558, Thomaston.

Ryobi Pressure Washer, good condition, \$75. 522-4051.

Beadboard, vintage, the real stuff, about 125 sq.ft., good condition, unpainted, 7-foot and 3-foot lengths, \$75 OBO. 342-5678.

Baker's Table, good condition, 35" long x 33" high x 18" wide, \$100 OBO. 513-2746, Belfast.

B & D "Mouse" Sander and hedge trimmer, each \$10. Aqua-Jet Foot Spa massaging bath, \$20. Kenmore small chest freezer, \$60. 329-3637.

Ikea Lounge Chair, blonde wood, leather cushion, like new, \$90. 413-522-5715, Tenants Harbor.

Men's Vintage Heavy Leather Motorcycle Jacket, brown, med., v. good cond., made in USA, insulated, \$100 OBO. 975-0624.

Antique Rocking Chair, light maple, padded seat, carved headrest, \$35 OBO. Small office chair, on wheels, \$10. 372-8246.

Face Cord (1/3 Cord) Seasoned Firewood, mostly ash, some oak and birch, 18 to 20 inches, you pick up, \$75. 691-3821, Camden.

Encyclopedia Britannica Bird Collection Plate, 8 inches, limon edition, \$15 ea. or \$75 for seven. 593-8133.

Two Railroad Lanterns, circa 1900, one Maine Central and one New York Central, both for \$100. 832-4384.

Woman's Dress Boots, two pairs, knee high, heeled, 7M, \$20 ea. Ten pairs woman's petite jeans, sz. 9, \$4 ea./\$30 all. 338-1951.

Paddle Board, nine foot, ex. sail, \$85. 722-6033.

MARKET BASKET RULES

FREE

- Maximum number of Words per Ad = 20
- TOTAL of all items added together must be \$100 or less!
- Ads must be priced or they cannot be run.
- Wanted ads seeking items costing over \$100 cannot be run.
- ONLY ONE AD PER WEEK per person/phone number.
- NO BUSINESS, SERVICE OR YARD SALE ADS accepted. Use the regular classified ad form for these and all other ads which don't fit the above guidelines — ads that don't follow these guidelines cannot be printed!

Price (\$100 or under): \$ _____ Telephone No. _____

Market Basket Ads Automatically Run For Two Weeks. Mail To: **The Free Press MB**, 8 No. Main Street, Suite 101, Rockland, ME 04841. **Sorry, we CANNOT take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698.** Do NOT copy this form and then fax it — copies from newsprint don't fax well, and we can't read them — write your ad on a white sheet of paper and fax that — remember to include your phone number. **And about the handwriting: If we can't read it, we can't run it.**

MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS

Unique Blonde Bureau, '60s style, three drawers, roomy yet compact, \$60. 230-1195.

Serious Phonograph Record Collectors: five very old Columbia, Victor, Perfect and Nat'l. Music Lovers, appraised 1993, \$5/\$6. 594-4704.

Atlente Vario Sail Boat, no mast or sail, 4'9" W x 13'4" L, \$100 OBO. 485-7130, Rockport.

Cougar Arctic Cat Snowmobile, all it needs is carburetor, parts, \$50. Wire fence/dog kennel, 6 x 8 ft., \$50. 542-0457.

Idylis Dehumidifier, three years old, hardly used, 70 pints/day, \$75. 593-8184.

Weber Charcoal Grill, 18", like new, \$25. Greenworks pressure washer, 1,600 PSI, never used, \$40. 919-260-8967, Camden.

Garden Tools, and scythe, can email picture, can meet you, \$70 for all. 563-7100.

Antique Standard Pool Cue, 57" long, blue and black, needs new tip, \$20 OBO. 549-4800, Jefferson.

Cargo Carrier, heavy duty, car top, turtle style, good condition, includes all straps, and lock with key, \$40. 594-1458.

Twenty Natural Flat Stones, good for garden walkway, etc., \$100 for all. 845-2617.

Rolling Cooler, 28 qt., new, \$10. Overstuffed arm chair, in great condition, dark green, \$15. 594-1885.

FREE

Free: Twin Mattress, from a clean home (with pets). scrampaw@gmail.com.

Free: Mattress, full size, used little, small stains, paid \$75, pick it up for free. 785-3222.

Free: Recipe Collection, two boxes of loose miscellaneous recipes. Craft supplies, instructions, ideas, lifetime collection, several boxes. 691-6551.

Free: 1950s Refrigerator, (Kelvinator), still works. 236-8732.

WANTED

Wanted: Old Wooden Ironing Boards, to buy, large or small, for craft projects. 273-2202.

Wanted: Rug Hooking Cutter, and a rug hooking frame. 798-6894.

FOUND

Found: Blanket, very nice, Harbor Park, Rockland, on Tuesday, July 16. 570-466-4636.

CLASSIFIEDS/HELP WANTED

SELF HELP AND SUPPORT

NARCOTICS ANONYMOUS:
for meeting updates and other locations, call 1-800-974-0062 or visit www.namaine.org.

- **Second Chances**, Mon., 6:30-7:30 p.m., First Church of Belfast "Annex," beside Crosby School, 55 Spring St.
- **Mon., 6:30 p.m., Coastal Recovery Community Center (CRCC)**, 24 Lincoln Street (old Lincoln School), Suite 103, Rockland. Bruce, 691-3697.
- **New Attitudes**, Tues., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.
- **Spiritual Warriors Group**, Wed., 7:30-8:30 p.m., Miles Memorial Hospital, 3rd floor conf. room, Rt. 130 (Bristol Rd.), Damariscotta.
- **12 Steps to Recovery**, Wed., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.

NARCOTICS ANONYMOUS: (continued)

- **Second Chances**, Thurs., 6:30-7:30 p.m., United Methodist Church, 23 Mill Lane, Belfast.
- **Living Free**, Fri., 7:30-9 p.m., Miles Memorial Hospital, 3rd floor conf. room, Rt. 130 (Bristol Rd.) Damariscotta.
- **New Attitudes**, Fri., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.
- **Second Chances**, Sat., 10-11 a.m., United Methodist Church, 23 Mill Lane, Belfast.
- **Keag Is Up**, Sat., 6:30-7:30 p.m., People's United Methodist Church, 13 Chapel St., South Thomaston. Every Third Saturday, dinner meeting, 5:30-6:30 p.m., pot luck, come with or without food. All are welcome.

FREE PRESS ADS WORK!

NAR-ANON
Nar-Anon is a non-professional support group for the relatives and friends of those suffering from drug addiction or a drug problem. Nar-Anon members share their experiences, strength, and hope at weekly meetings. Anonymity and confidentiality are stressed. First names only are used at meetings. There are no dues or fees. The only requirement for membership is that there is a problem of addiction in a relative or friend. Nar-Anon is not affiliated with any other organization or outside entity.

Mon., 6:30-7:30 p.m., Hahn Center, Friendship.
FMI: Ron, 542-5906.

ALCOHOLICS ANONYMOUS MEETINGS

District 15
- **Mon-Sat., 7 a.m.**, Morning Medicine, St. John's Episcopal Church, Green St., Thomaston

ALCOHOLICS ANONYMOUS
District 15 (continued)
- **Mon-Sat., 7 a.m.**, Attitude Adjustment, Methodist Church, John St., Camden
- **Mon-Sat., 12:15p.m.**, Brown Bag Group, Rockland Congregational Church, Limerock St.
- **Mon-Thurs., Sat. & Sun., 6:30 p.m., Fri. 7 p.m.**, Camden 12 Step, St. Thomas Episcopal Church, Chestnut St.
- **Mon., 8 a.m.**, Mixed Nuts, Union Church, Main St., Vinalhaven (May-Oct.) Women's.
- **Mon., 7 p.m.**, O.D.A.A.T. Men's, Nativity Lutheran Church, Old County Rd., Rockport
- **Mon., 7 p.m.**, Dry Dock, First Baptist Church, Green St., Thomaston
- **Tues., 7 p.m.**, Safe Harbor, American Legion Hall, Tenants Harbor
- **Tues. 7 p.m.**, Koinonia, Union Church, Vinalhaven (May-Oct.)

ALCOHOLICS ANONYMOUS
District 15 (continued)
- **Tues., 7 p.m.**, Warren-Cushing, Warren Congregational Church, Main St.
- **Tues., 7 p.m.**, 11th Step Prayer & Meditation, St. Bernard's Catholic Church, Broadway, Rockland
- **Tues. 7 p.m.**, Koinonia, Baptist Church, North Haven
- **Wed., 7 p.m.**, 12 Step Road to Recovery, St. John's Episcopal Church, Green St., Thomaston
- **Thurs., 6:30 p.m.**, Cornerstone to Sobriety, St. Peter's Episcopal Church, White St., Rockland
- **Thurs., 7 p.m.**, Chairman's Choice, First Baptist Church, Green St., Thomaston.
- **Thurs., 7 p.m.**, Koinonia North, Union Church, Vinalhaven (May-Oct.)
- **Fri., 7 p.m.**, The Way It Is, St. Peter's Episcopal Church, White St., Rockland

ALCOHOLICS ANONYMOUS
District 15 (continued)
- **Sat., 8:30 a.m.**, Finding Grace, First Universalist Church, Broadway, Rockland, (Women's)
- **Sat., 8:30 a.m.**, Let's Do the Work, Chestnut St. Baptist Church, Camden
- **Sat., 7 p.m.**, SOS, St. Peter's Episcopal Church, White St., Rockland
- **Sun., 8 a.m.**, Come As You Are, Rockland Congregational Church, Limerock St.
- **Sun., 10:30 a.m.**, As You Like It, Pen Bay Physician's Bldg., Rockport
- **Sun., 5 p.m.**, Fog Lifters, Baptist Church, North Haven
- **Sun., 5 p.m.**, Attitude Adjustment, Methodist Church, 98 John St., Camden (Women's)
- **Sun., 7 p.m.**, Sunday Night Discussion, First Universalist Church, Broadway, Rockland
FMI: 1-800-737-6237
24 hours day or night
Amaine.org.

ALCOHOLICS ANONYMOUS MEETINGS
District 16
- **Sun., 10 a.m.**, Sunshine Group, Waldo County General Hospital Education Building, Belfast.
- **Sun., 6 p.m.**, Back to Basics, United Christian Church, Lincolnville Center
- **7 p.m.**, Searsport Sunday Night Group; First Congregational Church, Searsport.
- **Mon., 7 a.m.**, Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
- **6 p.m.**, Off the Wall Step Group, First Baptist Church, Belfast.
- **8 p.m.**, Brooks Circle Group, Varney Building, Brooks.
- **Tues., 7 a.m.**, Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
- **Tues., 12:15 p.m.**, Back to Basics, United Christian Church, Lincolnville Center
- **6 p.m.**, Tuesday Happy Hour Group, St. Margaret's Lighthouse, Belfast.

Business Insurance



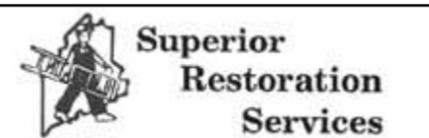
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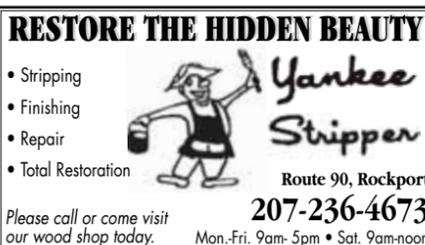


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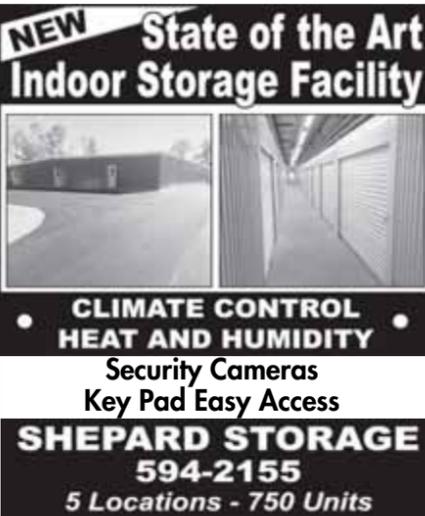
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MONDAY EVENING AUGUST 5, 2019. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-70). Includes programs like Criminal Minds, Big Bang Theory, and various movies.

TUESDAY EVENING AUGUST 6, 2019. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-70). Includes programs like Criminal Minds, Big Bang Theory, and various movies.

Boggs Homes advertisement. Features the text 'Over 20 Model Homes on Display!' and 'FREE State-wide delivery & set-up on all new homes'. Includes images of three house models labeled 'Double Wide', 'Single Wide', and 'Modular'.

WEDNESDAY EVENING AUGUST 7, 2019. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-70). Includes programs like Blue Bloods, Big Bang Theory, and various movies.

THURSDAY EVENING AUGUST 8, 2019. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-70). Includes programs like Chicago P.D., Big Bang Theory, and various movies.

CAR TALK by RAY MAGLIOZZI

Seize This Opportunity to Learn About Your Engine; Valuable Valve Knowledge

DEAR CAR TALK: I was told I have a seized engine in my 2012 Hyundai, with a 3.5 V6. How does one check to confirm this conclusion? — Blair

RAY: When you pick up your checkbook, Blair, do you hear a whooshing sound? The sound of money rapidly leaving your account is a pretty good confirmation.

I assume your car suddenly died on you, and the engine would not restart. The first thing we'd do is check your engine oil level.

Running out of oil is a frequent cause of engine seizing. So, if you're out of oil, that's a big clue that you ran out of lubrication, and your engine parts rubbed themselves together into a permanent sculpture, rather than a functioning engine. If checking the oil is inconclusive, or if there is still sufficient oil in the crankcase, we'll try to turn the crankshaft with a wrench.

Every crankshaft has a pulley, which is held on by a bolt on the front of the engine. You can put a wrench on that bolt and use it to try to turn the crankshaft. So, we'll put a socket on the bolt, attach a breaker bar and see if the crankshaft will turn. If it won't turn, that tells you that you no longer have engine parts. You have an engine part.

If you don't have confidence in the mechanic who diagnosed it for you, you can have it towed to a mechanic you trust more and ask him to do these tests.

However, if you know you did something drastic, like never changing the oil, running the car out of oil, or overheating the bejebers out of the engine, then you may very well have seized it, Blair. In which case, the engine is toast

That means it's time to film "The Blair Engine Project." Or "The Buy Blair a New Car Project." Good luck.

DEAR CAR TALK: I'm hearing a clicking or tapping noise from my 2010 Honda Pilot. It has 110,000 miles on it. The valves have never been adjusted, nor has the timing belt been replaced (I know it's time). I'm reading and hearing all sorts of comments that when the valves get noisy, they are in need of adjustment. But I have also heard that when valves get tight, that is when they need adjustment. Two-part question: Which of the above explanations is right and why, and how much should I pay for a valve adjustment? Thank you for your help! — Gordon

RAY: They're both right, and since this is a V6 engine, it could easily cost you \$400 to \$500 to have the valves adjusted. That'll include new valve cover gaskets.

You could be cheap and try to put the valve covers back on using the old gaskets, but that's kind of like taking a shower and then not bothering to change your underwear.

We've found that Hondas do require regular valve adjust-

ments. Honda recommends it every 105,000 miles, when you change the timing belt. But we recommend our customers check their valves every 75,000 miles.

Here's why: Honda valves have a unique propensity to get too tight over time, and if valves get too tight, you don't hear anything.

But valves that are too tight won't close all the way, and if they remain open during the combustion process, hot gasses will blow past the valves and eventually melt them. Pretty soon, you'll have a five-cylinder Pilot. Then a four-cylinder Pilot, etc.

If you think a valve adjustment is expensive, just wait until you need 24 valve replacements. That's thousands of dollars.

Having valves that are too loose is a problem, too. But at least with loose valves, you get a warning — a clattering noise — if you pay attention to such things.

Now, it's possible for some of your valves to be too loose (that's when they make noise) and some of your valves to be too tight (when they don't make noise, but they're even more apt to be damaged).

So, you should go to a mechanic who knows Honda engines. At the very least, let your regular mechanic know that you understand that Honda valves sometimes get too tight, and you want to be sure he checks for tight valves as well as loose valves.

Those tight valves are what the kids call silent but deadly, Gordon. Get it done soon.

Got a question about cars? Write to Car Talk in care of The Free Press, 8 N. Main Street, Suite 101, Rockland, ME 04841 or via email by visiting www.cartalk.com.

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DANKIRCHOFF.COM

su | do | ku

© Puzzles by Pappocom

3	4	2	7	5		6
		2	4	8	9	7
	4		7	3		6
5						9
	1		5	4		3
		8	9	7	6	3
9	3	1		2	4	8

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com
Sudoku solution on page 40.

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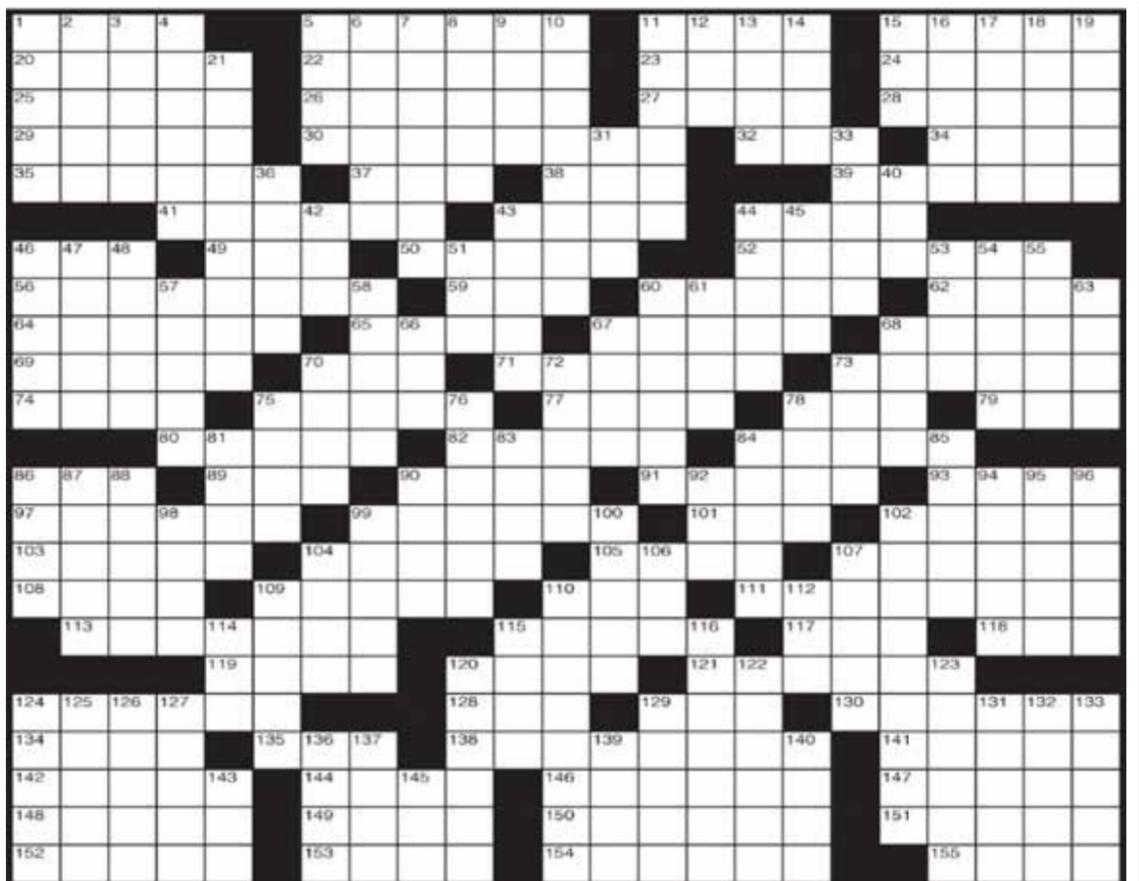
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- | | | |
|----------------------------------|----------------------------|----------------------------|
| ACROSS | 82 Kind of vinegar | DOWN |
| 1 Guardian's charge | 84 Evil spell | 1 Yellow jackets |
| 5 Boasts about | 86 Helium or hydrogen | 2 Nile dam |
| 11 Backless slipper | 89 Slalom gear | 3 Cologne's river |
| 15 Kareem — Jabbar | 90 Advanced degs. | 4 Said no |
| 20 Hearth debris | 91 Winter vehicles | 5 Immense |
| 22 Charm | 93 Allows | 6 — of the action |
| 23 Elevator maker | 97 Excuses | 7 Capsized |
| 24 Stale | 99 Defective | 8 Birds' refuges |
| 25 Hogs | 101 Hirt and Pacino | 9 So long, in Soho (hyph.) |
| 26 Brief snooze | 102 Director — Almodovar | 10 — off (abating) |
| 27 Ravioli filler | 103 Something extra | 11 Jiffy |
| 28 Panorama | 104 — -craftsy | 12 Plains dweller |
| 29 Take fright | 105 MP prey | 13 Truth stretcher |
| 30 Octopus feature | 107 Next year's alumnus | 14 Is, to Juanita |
| 32 Smash into | 108 Fly high | 15 Dune buggy kin |
| 34 Breezes through | 109 Dorm coverers | 16 Dennehy or Setzer |
| 35 Shows disdain | 110 Swimsuit half | 17 Nightclub |
| 37 Some bank notes | 111 0, phonewise | 18 Downright |
| 38 Mammoth Cave loc. | 113 Type of stocking | 19 Rental contract |
| 39 Tune out | 115 Hangs fire | 21 Closed-mouthed |
| 41 Command | 117 Fuse word | 31 Bugged off |
| 43 Free ride | 118 Observe secretly | 33 Behaviors |
| 44 Hydrox rival | 119 1960s hairdo | 36 Rifle attachment |
| 46 Politico — Landon | 120 Electric swimmers | 40 Obtained |
| 49 In addition | 121 More creepy | 42 Aussie jumper |
| 50 Frighten | 124 Weaken | 43 Hula-dance feasts |
| 52 Take a risk | 128 Avril follower | 44 Microwaves |
| 56 Kojak snack | 129 Dehydrated | 45 Crimson and cerise |
| 59 Silence | 130 Hockey gear | 46 Seaweeds |
| 60 Sorority members | 134 Grime | 47 Brit's truck |
| 62 Fizz | 135 Make one's jaw drop | 48 Wax target |
| 64 Long, narrow cut in a surface | 138 Subsided (2 wds.) | 51 Era |
| 65 Place | 141 Square | 53 ETs' craft |
| 67 Zen questions | 142 Curdles | 54 Itinerary |
| 68 Chisel | 144 Conductor — Klem-perer | 55 Psyched up |
| 69 Developed | 146 Masculine | 57 Finishes last |
| 70 Project | 147 Graceful and quick | 58 Distant planetoid |
| 71 Common sense, slangily | 148 Not suitable | 60 Kitchen tools (hyph.) |
| 73 Pearl maker | 149 Difficult duty | 61 Mare's morsels |
| 74 Bronte governess | 150 Draw out | 63 Insignificant |
| 75 Jots | 151 Pie flavor | 66 Give — — whirl |
| 77 Seine aits | 152 Literary work | 67 Leafy vegetable |
| 78 Corsage flower | 153 Testing sites | 68 Workout sites |
| 79 Before, to poets | 154 Ebb | 70 Rocker Jon Bon — |
| 80 Round of applause | 155 Remains | 72 The thick of things |
| | | 73 Not theirs |



- | | | | |
|--------------------------------------|-----------------------------|--------------------------|------------------------|
| 75 Varieties | 90 Gourmet appetizer | 109 Opposite of "supra" | 127 Posh hotel lobbies |
| 76 Go downhill fast | 92 — -tzu | 110 Devotee | 129 Greek column type |
| 78 Flood residues | 94 Prepares for print | 112 Duffer's goal | 131 Doorbell |
| 81 Final-sale words (hyph.) | 95 Flock together | 114 Yes, in Yokohama | 132 Metric pounds |
| 83 Lazily | 96 Remorseful | 115 Bell tower sound | 133 Went shopping |
| 84 String-quartet member | 98 Prickly seedcases (var.) | 116 Maintain | 136 Natural fabric |
| 85 "Maria —" | 99 Certain corn chip | 120 Decorate, as leather | 137 Volcano in Sicily |
| 86 Talks on and on | 100 Tall tales | 122 Place for shadow | 139 Sly trick |
| 87 Cool | 102 Ceaseless | 123 Look-alike | 140 Nerve network |
| 88 Peninsula linking Africa and Asia | 104 Swear | 124 Publish | 143 Shoat's home |
| | 106 Lots of money | 125 Daydreams | 145 Open container |
| | 107 Big rigs | 126 High hairdos | |

Crossword solution on pg 40.



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2012 CHEVROLET MALIBU LT W/2LT

W90291A

- 2.4L Auto.
- FWD
- A/C
- Bluetooth
- AM/FM/CD
- Heated Seats
- Pwr Drvr Seat with Lower Lumbar Control



87,000 MILES

\$6,995

2016 KIA SOUL

A7053

- 1.6L Manual
- FWD
- Bluetooth
- AM/FM/MP3
- 2 12V DC Power Outlets
- 6-Way Adjustable Driver's Seat



39,000 MILES

\$11,495

2017 HYUNDAI ELANTRA GT

A6869

- 2.0L Auto.
- FWD
- AM/FM/CD/MP3
- Power Windows & Locks
- 3 12V DC Power Outlets
- Bluetooth
- Cruise



35,000 MILES

\$12,995

2018 CHRYSLER PACIFICA TOURING

W90270A

- 3.6L V6 Auto. FWD
- 12-Way Pwr Driver Seat
- Bluetooth
- Rearview Camera
- Heated Seats
- A/C
- NAV



21,000 MILES

\$25,495

2014 TOYOTA RAV4 XLE

A6972A

- 2.5L Auto
- AWD
- Sun/Moonroof
- Rear Camera
- Bluetooth
- AM/FM/CD/MP3
- Cruise



58,000 MILES

\$17,495

2018 KIA SPORTAGE LX

A7099

- 2.4L Auto. FWD
- Sport Utility
- Bluetooth
- Rear Camera
- AM/FM/MP3/SiriusXM
- 5" touch-screen & 6-spkr
- Cruise



21,000 MILES

\$17,995

2018 NISSAN ROGUE SV

A6893

- 2.5L AWD
- Variable Transmission
- Heated Seats
- Rear Camera
- Illuminated Keyless Entry
- AM/FM/CD/AUX
- Bluetooth



37,000 MILES

\$18,995

2018 HYUNDAI SANTA FE SPORT

A6989

- 2.4L Auto. AWD
- Sport Utility
- Rear Camera
- Bluetooth
- Cruise
- 4 12V DC Power Outlets
- AM/FM/CD



23,000 MILES

\$18,995

2014 JEEP CHEROKEE TRAILHAWK

A7016A

- 3.2L Auto. 4WD
- Sport Utility
- Bluetooth
- Rear Camera
- AM/FM/NAV
- 6-Way Driver Seat
- Power Windows & Locks



60,000 MILES

\$19,495

2016 CHEVROLET EQUINOX LT

A6850

- 3.6L V6 Auto. AWD
- Cruise
- Heated Seats
- Rear Camera
- Illuminated Keyless Entry
- Bluetooth
- A/C



39,000 MILES

\$19,995

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2017 FORD FIESTA SE

W80706A

- 1.6L Auto. FWD
- Heated Seats
- Compass
- AM/FM/CD
- Illuminated Keyless Entry
- Cruise



14,000 MILES

\$11,495

2016 FORD FOCUS SE

A7139

- 2.0L Auto. FWD
- Flexible Fuel
- AM/FM/CD
- Bluetooth
- Rear Camera
- Cruise



25,000 MILES

\$12,495

2016 FORD C-MAX HYBRID SE

A7042

- 2.0L FWD
- Variable Transmission
- Cruise
- Illuminated Keyless Entry
- Bluetooth
- Entertainment System



41,000 MILES

\$12,995

2016 FORD ESCAPE SE

A7131

- 2.5L Auto. FWD
- Sport Utility
- Cruise
- Rearview Camera
- Illuminated Keyless Entry
- AM/FM/CD/MP3
- Bluetooth



47,000 MILES

\$13,995

2016 FORD FUSION SE HYBRID

A7112

- 2.0L FWD
- Variable Transmission
- Rearview Camera
- Power Windows & Locks
- AM/FM/CD
- Bluetooth



32,000 MILES

\$14,495

2016 LINCOLN MKZ

A6424

- 2.0L Auto. AWD
- Sun/Moonroof
- Rear Camera
- Bluetooth
- Memory Settings-inc: Door Mirrors
- Cruise



56,000 MILES

\$16,995

2013 LINCOLN MKX

A6788A

- 3.7L V6 Auto.
- AWD
- Heat/Cool Seats
- Illuminated Entry
- Bluetooth
- AM/FM/CD
- Cruise



63,000 MILES

\$16,995

2018 FORD TAURUS LIMITED

A6724

- 3.5L V6 Auto. FWD
- Flexible Fuel
- Push Button Start
- Rear Camera
- Bluetooth
- NAV



33,000 MILES

\$18,495

2018 FORD ECOSPORT TITANIUM

A6923

- 2.0L Auto 4WD
- Sport Utility
- NAV
- Heated Seats
- Rearview Camera
- Sun/Moonroof
- Bluetooth



19,000 MILES

\$18,990

2018 FORD FLEX SEL

A6978

- 3.5L V6 Auto. FWD
- Sport Utility
- Rear Camera
- Heat/Cool Seats
- Mobile Hotspot Int. Access
- Bluetooth
- NAV



33,000 MILES

\$19,995

2016 FORD EDGE SE

A7157

- 2.0L Auto. AWD
- Turbo
- Rearview Camera
- Illuminated Keyless Entry & Ignition Switch
- Cruise
- Bluetooth



30,000 MILES

\$19,995

2018 FORD MUSTANG ECOBOOST PREMIUM

A6858

- 2.3L Manual RWD
- Turbo
- Rear Camera
- Heat/Cool Seats
- Remote Keyless Entry
- Cruise • Bluetooth
- NAV



31,000 MILES

\$24,990

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