

# THE FREE PRESS

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THURSDAY, October 18, 2007

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VOL. 22 NO. 42

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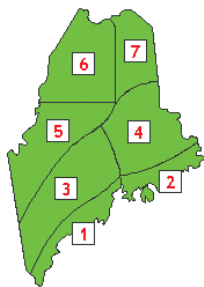
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### Historical Peak Foliage Dates



Zone	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
1	10/08	10/14	10/13	10/14	10/15	10/19	10/22	10/20	10/19	10/21
2	10/08	10/14	10/13	10/14	10/15	10/19	10/22	10/13	10/19	10/21
3	10/08	10/14	10/13	10/11	10/11	10/19	10/22	10/13	10/19	10/14
4	10/15	10/07	10/13	10/11	10/11	10/19	10/22	10/13	10/12	10/14
5	10/15	9/30	10/06	10/03	10/04	10/12	10/15	10/13	10/12	10/4
6	10/15	9/30	10/06	10/03	10/04	10/12	10/15	10/6	10/05	9/30
7	10/15	9/30	10/06	10/03	10/04	10/12	10/15	10/6	10/05	9/30

Zone 1 = Southern coastal, includes midcoast region; Zone 2 = Downeast, coastal; Zone 3 = Central; Zone 4 = Downeast, central; Zone 5 = Western mountains; Zone 6 = Northern, western; Zone 7 = Northern, eastern

dates from Maine's Department of Conservation; photos by Alice McFadden, October 16, 2007

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*when in the course of council events  
the shut-off switch gets thrown . . .*

## Mayor Harden: discussion that is "clearly inappropriate" —

To the Citizens of Rockland:

As Mayor of Rockland, my duty as prescribed by the City Charter is to conduct the meetings of the Rockland City Council and to ensure that order and decorum is maintained. The Mayor is authorized to establish rules to maintain order and I have adopted four rules with respect to public comment. These rules follow from the provision in section 210 of the City Charter that states, in part, "Rockland citizens shall be given an opportunity to be heard on matters of City business," and they follow provisions of the city policy concerning the broadcasting of our meetings on the cable government-access channel.

My rules are that anyone addressing the City Council, whether in the public comment period or otherwise:

1. May not use profanity;
2. May not personally attack other individuals, councilors or city personnel;
3. May not argue questions of politics. That is, may not argue for or against a particular political candidate or issue; and
4. May not act in such a manner that disrupts the ability of the City Council to proceed with city business.

The City Charter grants authority to run the business meetings of the City Council exclusively to the Mayor, and the individual serving as Mayor has been elected by the other members of the Council.

During my terms as Mayor of the City of Rockland, there have been numerous occasions when people addressing the City Council insist on discussion that is clearly inappropriate. I believe I am generally tolerant, but I will and must act to enforce rules of common respect and decorum. If the person speaking is unwilling to heed my verbal warnings to cease inappropriate comment, then I have several options. One is to turn off the sound switch. This actually does not do anything to interfere with the speakers' ability to continue speaking. I can still hear them as can the rest of the Council and other people in attendance. Their First Amendment rights cannot be said to have been abridged. Strangely, however, I find that individuals who perceive they are no longer being heard on television or through the amplification of a microphone tend to lose interest in their inappropriate remarks. I also have the option to have an individual removed from the Council Chambers. While prior Mayors have, in fact, taken this step at times, I have never found it necessary

## LETTERS OPINIONS

As November 6 approaches, the political temperature in the midcoast is heating right up. In Rockland, the city council has been on high simmer for years — with flying sparks between City Councilor Adele Faber and Mayor Brian Harden fairly commonplace. At last Wednesday's city council meeting, Mayor Harden turned off the audio on the television broadcast while Evelyn Smyth was talking about a candidate for city council during the public comment session. Later, with the audio back on, Harden said, "When I'm chairing a meeting, there's only one thing that makes me really angry... do not take that microphone ... which is live ... and make a character assessment." Councilor Faber replied that Harden exempts himself from that prohibition and so was employing a double standard. Here are two letters — one from Mayor Harden and one from a former city councilor — addressing the audio shut-off.

and hope never to encounter a situation that requires such action.

Readers may also be interested to know that the policy of the Rockland City Council that governs use of our government-access channel which televises City Council meetings clearly provides that "this cable channel is not intended as a political forum or as a mechanism for building support for a particular policy, program or issue." The policy further states: "No partisan, political programming will be permitted on the government-access channel." Speakers who attack or promote a particular political candidate at a City Council meeting are violating the City's written policy governing use of the cable-access channel.

It is critical that the City of Rockland through its City Council be able to attend to its business under orderly rules and procedures. As John Adams so clearly established for us, we are a nation governed by laws and not by men. We must let our laws guide us in how we handle government and public business. Individuals who cannot respect these procedures and try to disrupt the orderly function of the City Council need to know that while I am Mayor, I will exercise my authority and fulfill my responsibility to promote the efficient and orderly conduct of City business. I think my four rules for public comment are merely polite and obvious rules that any speaker addressing a public body should observe.

MAYOR BRIAN HARDEN  
Rockland

## Former city councilor objects

I would like to, as a citizen, speak against the shutting off of the audio tape to the public. What happens in a public meeting is public information, subject to the freedom-of-access law. If there is no tape, then there should be a transcript provided and available.

I have heard many, many times in the recent couple years that any action taken requires vote by majority of the Council. In fact, our City Manager has reminded the Councilors that he acts for the majority of the Council, not just one Councilor. This is indeed true. So then, any action taken to turn off the tape would also thus require action by a full Council, and a majority decision.

I can understand a concern for someone's reputation. However I also know that when one signs on as a candidate for public office, then they are putting themselves and their reputation out for public viewing. I do not believe that a public candidate can sue anyone in court for libel and slander

as they have put themselves out to public scrutiny willingly.

I am very disappointed by the decision to censor the tape that goes out to the public. It was wrong, and should never happen again. It is not the first time, however it should be the last time. IF, and only in an extreme situation, IF there is severe damage that could be done to a citizen because of words spoken at the meeting, then that speaker should be silenced and an immediate vote called for on the subject. We have the right to public speech. Many times things were said during my terms on Council that I would have preferred not to hear, but I understood that my candidacy meant that I was open to criticism as well as praise. And that the public has a right to air their opinions on any subject without censorship.

PATRICIA J. MORAN WOTTON  
Rockland

## Knox County Administrator Announces Schedule for Budget Meetings

Knox County Administrator William Post and his staff will present the proposed 2008 budget to the Knox County Commission and the Budget Committee members, tonight, Thursday, October 18, at 5 p.m.

The Budget Committee and the County Commissioners will review the proposed budget on October 25, November 1, 8, 15, and 20 (if necessary), all at 5 p.m.

The public hearing for the 2008 Knox County budget proposal will be held on November 29 at 6 p.m., at which time the budget will be voted upon by the Budget Committee and the County Commissioners.

All the meetings will be held in the Commissioner's hearing room in the Knox County Courthouse at 62 Union Street, Rockland.

## Memorial Service for Free Press Friend Judy Foster

Judy Foster, age 75, died Friday, October 12, at St. Mary's Hospital in Waterbury, Connecticut, after a brief illness. Judy Foster and her husband Bob, who predeceased her, were inspirational friends to The Free Press in its early years and Judy also worked at the paper for a time. Judy moved to Connecticut a few years ago to be near her daughters.

A memorial service will be held Saturday, October 20, at 11 a.m. at the Waterbury Church of Christ, 3211 North Main Street, in Waterbury, Connecticut. Mrs. Foster will be buried alongside her husband Robert on Friday in East Hampton, Massachusetts.

In lieu of flowers, memorial contributions may be made to Waterbury Church of Christ, 3211 N. Main St., Waterbury, Connecticut, or Chestnut Street Baptist Church, P.O. Box 833, Camden, ME 04843.

## Community Input Sought on Future of LilyPond House —

To Our Midcoast Community:

Two summers ago I attended a roundtable discussion of 35 local medical and alternative health-care givers. Sponsored by Avena Institute, the meeting was intended to encourage open communication between professionals whose practices are often perceived as incompatible. Actively participating were physicians, physicians' assistants, nurses, radiologists, medical educators, chiropractors, acupuncturists, massage therapists, reiki masters, herbalists and many others. The conversations were dynamic and deeply stimulating and the overlaps between professions were obvious. All expressed the wish that this type of communication could be ongoing and open to the greater community. Each felt that they could benefit greatly from sharing information. Many stated their hope that there might be a non-aligned space where these dialogues could continue.

In direct response to this request, a beautiful handicapped-accessible space has been created for that purpose on Union Street in Rockport right next to the YMCA. I am asking midcoast residents and professionals for input and suggestions for the best means to utilize this building and serve the local community.

For the past year, the first floor of LilyPond House (120 Union Street) was occupied by the Maine Institute for Healing Arts (MIHA), a nonprofit educational and workshop institution focused on alternative health. MIHA had the best of intentions to facilitate meetings between professionals and the community about health issues, but their own organizational challenges made that impossible and they recently had to dissolve.

Last January, LilyPond Aquatic Center opened in the lower ground space. At present, four licensed practitioners use the heated pool to provide aquatic therapies to the public. This summer, the first Community Gardens were planted in the lawn adjoining the access road to the YMCA. The rest of the property will be further developed as community gardens this coming spring.

I am writing this letter as an appeal to my community. I purchased LilyPond House (previously Picton Press) because of an expressed need by our local medical and alternative healing practitioners. Everyone already involved with this mid-19th-century farmhouse building is excited about its potential. The situation right next to the Y and close to Quarry Hill makes its location ideal. The first floor is now vacant for rental and contains two offices, two meeting rooms and a large kitchen, all completely renovated for this specific purpose. My own job demands my entire focus. I hope that some individuals or organization(s) are out there for whom this is a good fit. The building is there for you. I open it to you and welcome your suggestions. Please call or e-mail Eric Blaisdell, the property manager, at 230-4471 or eric@blaisdell-woodworking.com.

STEPHEN HUYLER  
Camden

LETTERS CONTINUE ON PAGE 30

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# Odor Complaints Threaten City Business

by Melissa Waterman

**A tempest is brewing, not in a teapot but at Rock City Coffee Roasters on South Main Street in Rockland.**

The long-dormant Rockland City Odor Committee, created by the city council 30 years ago though no members were ever appointed, recently was reconstituted by the Rockland City Council. The committee has determined that the smells emanating from the coffee roasting business are objectionable and constitute a nuisance to the public.

The three members of the Odor Committee — Everett Barnhardt, Frank Isganitis and Francis Mazzeo, plus city Code Enforcement Officer John Root — met on September 20 to sniff the air around Rock City Roasters as a result of numerous complaints to Root by the company's neighbors, Steven and Jeannine Lee.

The members gathered at Mildred Merrill Park directly across the street from Rock City Roasters to evaluate the nature, concentration, duration, and location of odors emanating from the building. They determined that the smell from the coffee beans being deep roasted was "objectionable." As a result, Root says that he is "in the process of drafting a notice of violation" against Rock City Coffee Roasters.

Owner Patrick Reilley admits that some people in town don't like the smell of coffee beans roasting. But, he notes, the business is located in a commercial district. "We are an absolutely approved use because [coffee roasting] is food processing and food service," he says, both of which uses are allowed in the zoning district. "Food-processing odors and the processing of fish are exempt in all commercial zones; otherwise, there couldn't be restaurants or bakeries downtown."

Previous complaints from neighbors concerning the smell led to a visit from the Department of Environmental Protection (DEP) in June 2005 to test the emissions coming from the roaster. Because DEP can only test for opacity, not for specific constituents contained within air emissions, no analysis of the smoke's elements was conducted. However, in terms of opacity, Rock City Coffee Roasters consistently tested zero, meaning that no visible particles occluded the air.

Reilley started the coffee-roasting business in 1999. Today, Rock City Coffee Roasters employs five people, and an additional 19 people are employed at the Rock City Books & Coffee retail store on Main Street. The business roasts its coffee beans eight hours a day, three days a week. "A catalytic afterburner could correct the problem," Reilley says, "but it costs around \$30,000 to buy and install. And then it would cost another \$5,000 a year in propane to run. That's an environmental disaster because it would use so much more energy to reduce a small smell."

In response to the steady complaints lodged by his next-door neighbors, Reilley began a petition drive approximately six weeks ago to buttress his argument that the odors do not present a nuisance. "Well over 850 people have signed the petitions saying that they have no problem with the smell. More than 250 of them are Rockland residents," Reilley says. "We hoped we could present this to the city council, or the odor committee, but there's no provision [in the zoning ordinance] to do that. Our only route for appeal is to go to Superior Court."

Root said on Monday that he plans to meet with Reilley and city attorney Kevin Beal this week to discuss the odor problem.

# Rockland Roundtable Discussion of Train Impact Turns Circular

by Melissa Waterman

No one threw in a towel at the end of Monday night's three-hour roundtable discussion about how to alleviate Maine Eastern Railroad's impact on the neighborhood where the station is located, at the corner of Union and Pleasant streets. But the going-round-in-circles evening seemed to end with prospects for arriving at a "memorandum of understanding" still far out there on the horizon.

The Rockland City Council will hold a special meeting at 7 p.m. on Monday, October 22, to revisit a proposed health/pollution-control ordinance sponsored by Councilor Carol Maines, which had been tabled to see if the stakeholders' meetings could result in an acceptable resolution of the neighbors' complaints. The proposed ordinance, which would set emission standards and controls on all locomotive engines idling within city limits, states that allowing locomotives "to idle in the midst of a heavily settled residential area under existing [federal] EPA standards poses an unreasonable risk to public health...."

The October 15 meeting included Rockland City Council members, Rockland City Manager Tom Hall, railroad executives, Sen. Christine Savage and Rep. Ed Mazurek, and staff from Maine's Department of Environmental Protection (DEP) and the Department of Transportation (DOT). The purpose of the meeting, according to the agenda, was to discuss methods for reducing air emissions and noise, the option of moving the trains to the roundhouse, and a possible memorandum of understanding between the city and the railroad.


Nathan Moulton, manager of rail transportation for DOT, explained a proposal offered by Maine Eastern Railroad to replace a power assemblage and fuel injectors in the three existing locomotives. Moulton submitted that proposal to the city manager on October 11, in which he stated that such equipment changes could reduce particulate emissions by up to 44%. In discussing the effect the new equipment might have on local air quality, Moulton said, "This is not a magic bullet. This is just part of the puzzle. Not any one measure will be a magic bullet, but taken all together they can add up to some significant improvements."

Maine Eastern Railroad switched to low-sulfur fuel in early October and changed the lube oil it uses. In the new proposal, Maine Eastern Railroad agrees to pay for the labor and installation of the new fuel injectors and power assemblage for its two primary locomotives and one back-up engine. The DOT would pay part of the \$60,276 cost for the equipment, stated Moulton, provided Rockland also contributes to that cost.

Clean Air for Rockland representatives repeated their call for a broader solution to the noise and air pollution they claim the railroad is causing in their neighborhood. Linda Webbenhurst noted that noise, cleaning operations, and other general maintenance work continues to be an issue. "We don't want Union Station to be used as a maintenance yard," she said. Ben Levine said, "We want a comprehensive solution to the problems created by the trains. This [injectors and power assemblies] may be one part of that." Sandra Schramm said that independent testing organized by Global Community Monitor and Toxics Action of Maine in Augusta found levels of formaldehyde in the air to be 43 times the level recommended by the EPA.


Lynne Cayting of DEP countered, "Don't chase formaldehyde. It is ubiquitous in Maine ... so it is very difficult to say what is the source.... Focus on the solutions now available that are cost effective to reduce particulate emissions." She said diesel particulate matter is a known carcinogen and that's why the discussion was focused on reducing diesel emissions. Cayting stated that the railroad is exempt from ordinances governing emissions and that it "does not have to do anything."

Another joint meeting among the concerned parties has not yet been scheduled.




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## Money Is on the Warrant in Rockland

by Melissa Waterman

Rockland voters will face three local referenda when they go to the polls on November 6 and are asked to approve borrowing money through a municipal bond for: purchase of a fire truck; construction of a new public works facility; and abatement of odors emanating from the city landfill. The total amount involved is \$4,025,000.

**The first question asks voters to approve a bond in an amount not to exceed \$325,000 to purchase a new combined rescue squad-pumper truck for the Rockland Fire Department.** Four years ago the city paid a consultant to evaluate the entire fire department fleet. As a result of that report, the city purchased, with private support, a new tower truck in 2006. The next recommendation was to replace the 1988 rescue squad vehicle and the 1978 Engine No. 3 with a combined rescue squad-pumper truck.

The rescue squad vehicle carries hydraulic extrication tools, including the Jaws-of-Life, and other rescue equipment. The report notes that the truck is "overloaded on the front axle and is severely underpowered for its current use." The aging Engine No. 3 has transmission and rust problems, the rear axle is overloaded, the engine needs an overhaul, and the vehicle failed its pump test this year. The report recommends combining the functions of the two vehicles in one new truck; as City Manager Tom Hall noted, "There's no sense in having two specialty vehicles."


**The second question asks voters to approve a bond in an amount not to exceed \$2,800,000 to design, equip, and construct a new public works facility.** The city has long considered options for replacing the 1950s-era public works building on Pleasant Street. City Manager Hall said, "There are safety issues, mostly related to workers' compensation, plus the building and the lot are undersized for the city's needs. We have millions of dollars of equipment that sits outside, which isn't good. And the salt and sand piles are exposed, which is an environmental and financial detriment." The city had Wright-Pierce Engineering update a 1999 needs assessment this past summer, which led to a preliminary sketch of a new building and cost estimate. Hall says the city would construct the building on city-owned land adjacent to the Rockland landfill on Limerock Street.

The proposal by Wright-Pierce envisions a building with approximately 4,000 square feet of administrative space, two mechanical bays for trucks, a wash bay, and five to six deep bays in which to store vehicles and equipment inside. In addition, there would be covered space in which to store approximately 4,000 cubic yards of combined sand and salt, and another space for plain sand.

**The third question asks voters to approve a bond in an amount not to exceed \$900,000 to install equipment that will abate the odors created by the landfill, specifically the quarry.**

In January CMA Engineers of Portsmouth, New Hampshire, presented their report on the landfill's existing capacity and sketched out several future scenarios for the landfill's ultimate closure. It also reviewed the results of air sampling conducted in 2006 in response to complaints from the landfill's neighbors concerning odors. Those results indicate that the levels of hydrogen sulfide and other odor-producing gases in the nearby neighborhoods have no negative health effects.

The report stated that, to abate those smells, the leachate pool at the north end of the quarry should be drained. Because there is no natural mechanism causing the standing water to mix, noxious gases build up in the water column. Ultimately the water will "burp," unleashing sulfides and other odiferous gases into the air. CMA Engineers has recommended that the leachate pool be filled and all open water be eliminated. The cost to fill the pool is estimated to be \$900,000.



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## Future of Camden's Working Waterfront on Ballot for November

*The agreement between Wayfarer Marine and the town of Camden encapsulated in Article 3 is the result of more than a year's worth of meetings between the Camden Area Futures Group, townspeople, and Wayfarer representatives.*

by Melissa Waterman

On November 6 Camden voters will wrestle with some complex articles on the town's warrant that relate to Wayfarer Marine's proposed plans for expansion and diversification of the company.

The first proposal, Article 3, asks voters to approve a change in the Coastal Residential District to allow boat maintenance and repair, and to rezone parcels known as the Bean Yard from Harbor Business to Traditional Village district. In exchange, Wayfarer Marine would provide four specific easements to Camden: to expand the area of the Steamboat Landing boat launch, allow use of the beach adjacent to the Bean Yard, allow public access for a harbor walkway, and commit its four acres of property and 1,400 linear feet of waterfront to use only as working waterfront in perpetuity.

Another proposal, Article 10, is the result of a citizens' petition organized by Camden restaurant owner Leonard Lookner. The article seeks voter approval for a moratorium on any building permits for single, two-family and multi-family dwellings within the Harbor Business District for 180 days.

The agreement between Wayfarer Marine and the town of Camden encapsulated in Article 3 is the result of more than a year's worth of meetings between the Camden Area Futures Group, townspeople, and Wayfarer representatives. The seven facilitated forums organized by the Camden Area Futures Group originally were intended to identify issues relating to the town's working waterfront; the discussions quickly became focused solely on the future plans of Wayfarer Marine.

Wayfarer presented to the community its long-term plans, which include using land owned by the Laite Corporation on Route 1 for boat storage and maintenance, redevelopment of the Bean Yard at the head of the harbor into a residential complex, and converting the second floors of the two Red Sheds in the inner harbor into condominiums. By constructing and selling properties as residences, the company would gain the \$12 to \$15 million capital necessary to modernize and expand the business.

In response to concerns about public access to the harbor and to the town's Steamboat boat launch adjacent to the Bean Yard, Wayfarer Marine agreed to the four easements specified above.

Others in Camden felt that the process was moving too fast. The moratorium proposed by Lookner and supported by 275 local residents would give the town planning board six months to rewrite the land-use rules governing the harbor and to close what he believes are loopholes in the rules.

Explanatory text accompanying Article 10 pinpoints one perceived loophole in the harbor business district regulations. Currently, zoning regulations allow only second-story residences, with commercial use required on the first floor. Lookner argues that while the harbor ordinance allows a residential developer to build a second-floor residence and to reserve the first floor for commercial uses, it does not require the developer to ensure that the first floor is actually used for commercial or marine purposes. The only requirement is that the first floor remain non-residential, thus the space could be used as parking for the second-floor residents.

Roger Moody, director of the Camden Area Futures Group, said that if both articles pass there would likely be "great confusion" afterward. His group has lent its support to Article 3, which, he says, will be "good for the community and for the long-range viability of the waterfront." The Camden Planning Board also voted in favor of Article 3 by a 3-1 vote.

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## Kathy Mattea at the Strand Oct. 26

Two-time Grammy winner Kathy Mattea is coming to the Strand Theatre in Rockland on Friday, October 26, at 7:30 p.m., bringing with her a new project: a stripped-down, roots-oriented, acoustic approach to her own music as well as music from the coal-mining era that fueled the industrial growth of this country over a century ago. Mattea is recording this project, entitled simply "Coal," as her next album, with award-winning musician and country- and folk-music historian Marty Stuart as her producer.

Mattea's roots in the coal-mining culture of her native West Virginia run deep: both of her grandfathers were coal miners, and her mother worked in the local office of the United Mine

Workers Union.

For her performances in her 2007-08 "Moving Mountains" tour, Mattea performs with a select group of musicians, bringing an opportunity for fans to view the American musical landscape through the eyes of a world-class singer and performer.

During her 20-year career, Mattea has garnered two Grammys and numerous other accolades. Off stage, she has become an active environmentalist and frequently speaks on behalf of the Climate Project program organized by former Vice President Al Gore.

Tickets for the concert are \$33, reserved seating. For reservations, call the Strand at 594-0070 or visit [www.rocklandstrand.com](http://www.rocklandstrand.com).

## Forum on Carbon Capture & Storage

The Chewonki Foundation in Wiscasset will hold an evening forum from 7 to 8:30 p.m. on Wednesday, October 24, the day of its Carbon Capture and Storage seminar event. "It has become clear that many people in the community would like to learn more about carbon capture and we decided to offer an evening forum that people might attend after their work days," said Betta Stothart, director of community relations.

The focus of the daytime seminar is to pro-

vide a greater understanding of coal gasification and carbon capture and storage technologies in the context of the need to reduce CO<sub>2</sub> emissions and address global climate change. The evening event will provide a synopsis of the day's talks. Speakers from the seminar will hold a discussion and question-and-answer session for local citizens.

This portion of the forum is free and open to the public. Visit [www.chewonki.org](http://www.chewonki.org) for biographical information on each speaker.



**ESTATE AUCTION**  
**Monday, October 22, 2007, 5:00 p.m.**  
 Preview: Noon 'til 5:00 p.m. – Day of Auction  
**Rockland Elks Lodge**  
 210 Rankin Street, Rockland, Maine 04841

Directions: Take US Route 1 to Rockland, North or South. Follow Route 1A over Broadway to Rankin Street and follow the auction signs

**AUCTIONEER'S NOTE:** We will also be having another Estate Auction **Monday, October 29th** – same time and place! That's one week from this date!!

We are pleased to offer another fresh lot of antiques, collectibles, and an interesting assortment of books from an old Harvard professor, along with Period English furniture, other good furniture, dishes, and several lots of jewelry. Please try to join us for fun and profit! ~ Bruce

**FURNITURE:** 18th C. English Chippendale chest on chest with applied bracket feet; Period mahogany flat top desk with leather top and original brass; Sheraton chest with rope carved columns and carved moldings; dove-tailed sea chest with woven becketts; Period Hepplewhite server with nine drawers and oval brass; 4-drawer Period English chest; two wonderful custom Chippendale-style camel-back sofas; mahogany glass front bookcase; custom tavern table with stretcher base; brass bed; claw and ball foot dressing table; Empire game table; pine school-house desk; two custom wing-back chairs; 19th C. dove-tailed blanket box; two Martha Washington lolling chairs; firehouse Windsor chair; mahogany stands; tea table; and lots more!



ENGLISH TALL CHEST

ing, circa 1920; 18th C. wrought iron toaster; large bevel glass mirror; old car horn; fishing rod with tackle box; old license plates; wire egg baskets with blown glass eggs; old ledger with lots of schooner info dated 1912; birch bark Indian basket; and lots more!

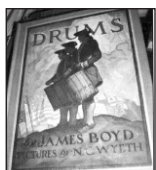


HANDMADE MODEL

**JEWELRY:** Several jewelry lots with three diamond rings, costume jewelry, old carved gold bands, old watches. Lots of fun tray lots to be sold.

**RUGS:** A 3'x12' Persian Karaja runner; an 8'8"x12' Heriz all-over design; several worn Orientals; early hooked rug with flowers; hooked mat with ship; a 4'x8' Indian blanket with figures; S.W. Indian pony blanket. Plus more!

**BOOKS:** Fresh lot of an old Harvard professor's library including "Drums" by James Boyd, illustrated by N.C. Wyeth and signed by both #57; 2-volume of "North American Indians" by George Catlin, 1913; leather-bound books; Wallace Nutting books; Salem history; nautical themed books; art history; literature; poems; Shakespeare. You have to preview. We will have 80+ boxes!!!



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**PRINTS & PAINTINGS:** 19th C. Folk Art o/c 22" x 36" of log cabin with mill, fisherman, etc.; o/b ship 8"x14"; Folk Art of young girl playing shadow puppets, circa 1860; two Currier & Ives titled "The Mountain Spring" and "Melrose Abbey" in original frames; several woodblock prints; lots of framed art from the sweet estate attic!! Many not listed, including side-wheeler painting; several still life paintings, drawings, sketches, etc. by Janet Laura Scott (Carroll Thayer Berry's wife). Several frame lots also from the attic.

**GLASS & CHINA:** A pair of hand painted milk glass 12" vases; hand painted German 15" vase; green cut glass vase; Majolica corn pitcher; Limoges chocolate pot; German 14-piece condiment set; Indian ship-design pottery plates with platter and bowls; Satsuma vase; Capi de Monte lamps; celadon lamp; and more fun dishes!



GLASSWARE

**ITEMS OF INTEREST:** A 4-panel Japanese lacquered floor screen; large 2-drawer Oriental brass chest; two old fly-rods; Walt



WOODEN FISH

Disney print of "Dopey," dated 1939; postcard albums; loose postcards; greeting cards; three large advertising card albums; Adirondack stick planter; pewter tankard dated 1822; 18th C. wrought iron andirons; wood carved fish mount; Shaker painted oval box; Civil War letter, 1862; some linens; cast iron bookends; small lot of coins; old photos of Norumbega boat; photo of Bath, Maine launch-

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 †† RR PhotoShow Deluxe is available for Windows 98, ME, XP and 2000. Not available for Macintosh computers. Software must be downloaded on Road Runner and registration is required.



## Owls Head Transportation Museum's Great Fall Auction Oct. 28

An all-inclusive stay for two at the Divi & Tamarijn Aruba Beach Resorts; two box seats behind the Red Sox dugout for a 2008 home game, complete with dinner for two at Cheers and chauffeured limo ride to Fenway Park; a Cedarworks playset; a pair of Michael Good 18-karat gold earrings; wind-jammer cruises; a family membership in the Penobscot Bay YMCA and a DR front-brush mower top the list of auction items for the Owls Head Transportation Museum's Great Fall Auction. Several cars and a Victorian-style one-cylinder lake motor launch are also included.

The live auction, featuring hundreds of donated items and gift certificates from local and statewide businesses, will take place on Sunday, October 28. All the big-ticket items will be auctioned at noon.

The museum will offer free admission to the public on Saturday and Sunday, October 27 and 28, and bidders may register for the auction (at no charge) on Saturday from 10 a.m. to 5 p.m. and on Sunday morning. Approximately 150 items will be featured in a silent auction that will run through Saturday until Sunday morning at 11 a.m.

"We've had a great response to this year's auction," says Cathy Hardy, the museum's director of development and community relations. "This is one of the museum's most popular events and has served as the grand finale to our event season for many years." In addition to big-ticket items ranging in value from \$500 to \$5,000, Hardy says the auction will offer hundreds of items in every price range. "We have everything from pizzas and lobsters to fine jewelry and romance packages," says Hardy.

Activity items offered at the auction include movie tickets, bowling passes, restaurant meals, admission to museums, boat cruises, a "Family Fun Pass" to the Camden Snow Bowl, tickets to Storyland, tickets to a University of Maine ice hockey game,

peutic massage, a recumbent bicycle and golf packages to local courses will help keep successful bidders fit and healthy.

Antique furniture and numerous old lith-

ographs, as well as contemporary artwork and photographic prints from local artists and photographers, are also featured.

Businesses looking to plan their corporate holiday party can bid on a "party package" from the Waterfall Events Center in Camden. The package offers facility rental and complete dinners for up to 75 people, a \$3,000 value. Memberships to both local Chambers of Commerce are also included in the auction, as are advertising packages from local newspapers and radio stations. Printing services from several local printers are also offered.

Among the more unorthodox but interesting items up for bid are a one-hour introductory helicopter flight lesson and the chance to be an on-air radio DJ for three hours at one of several local stations.

All proceeds from the auction are used to help support the museum's free education programs, including free admission to Maine school groups; free school vacation week workshops for children; and the free Winter Lecture Series for all ages.

Any business that would like to donate items, services or gift certificates for the auction is encouraged to call Cathy Hardy at 594-4418 by October 22.



Picture yourself in a boat, on a river: This Victorian-style 1-cylinder lake motor launch is one of the premier offerings at the Owls Head Transportation Museum's Great Fall Auction on Sunday, October 28. A partial listing of items to be included in the auction can be found at [www.owlshead.org](http://www.owlshead.org).

kayak rentals, train rides, tickets to the Lobster Festival and Blues Festival, biplane rides, scenic flights and Sugarloaf ski tickets.

Practical items such as home heating oil, gift cards for groceries, car care services, pet care, hair care, savings bonds, tax preparation services, dental work, handyman services, plumbing and pest control services are also available.

Those looking to beautify their home will find plenty to bid on, including homemade quilts, decorative home accessories and design consulting services. Lawn and garden supplies, including lawnmowers and a chainsaw, furniture, miscellaneous tools, gift certificates to local home supply stores, trees and shrubs, and deliveries of loam, gravel, cedar mulch and stone are also being offered.

Health and fitness memberships to several local clubs, chiropractic services, thera-

## Ken Black Scholarship Raffle

The Owls Head Transportation Museum is holding a raffle to support the Ken Black Scholarship Fund, established in memory of the founder of the Maine Lighthouse Museum in Rockland. The grand prize is a 1958 Corvette mini-car (at right) or \$1,000 in cash.

Tickets are \$1 each or \$5 for a book of six and are available at the museum. The raffle drawing will be held during the museum's Great Fall Auction on Sunday, October 28. Second prize includes an overnight stay at the Hampton Inn in Rockland with dinner for two at the Black Bull Tavern. Third prize is 10 pounds of Maine lobsters.

The \$1,000 Ken Black Scholarship is awarded by the museum to a local high school student who will be pursuing further



education in the maritime field or who is a college-bound son or daughter of Coast Guard personnel. For more information, contact the Owls Head Transportation Museum at 594-4418.

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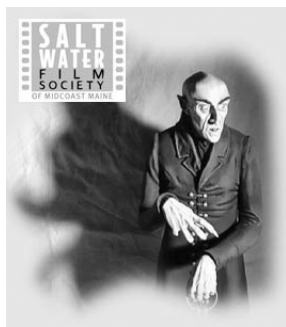
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## Devil Music Ensemble to Play During Silent Vampire Classic

Celebrating Halloween just a few days early this year, the Strand Theatre in Rockland and the Saltwater Film Society of Midcoast Maine will join forces Saturday, October 27, to present the classic 1922 silent horror film "Nosferatu," with an original musical score performed live by the world-famous Devil Music Ensemble.



screen. Partially composed, partially improvised, the Devil Music Ensemble score for "Nosferatu" melds seamlessly with the haunting expressionist visuals created over 80 years ago by director F.W. Murnau.

The performance will begin at 7:30 p.m. Advance tickets are now on sale at all Strand Theatre box office locations

(online, phone and walk-up). General-admission tickets are \$13 each. For more information, contact the Strand Theatre at 594-0070, or go online: [www.rocklandstrand.com](http://www.rocklandstrand.com).

## Halloween Dance to Benefit Charities

Ghosts, goblins, vampires and other costumed creatures are invited to a Halloween dance and costume party from 7 p.m. to midnight on Saturday, October 27, at the Rockland Elks Lodge, 210 Rankin Street. The dance is a fund-raiser hosted by the Maine Lobster Festival; profits from the event will be donated to Meals on Wheels, the Toy Library's Polar Express Project and the K-9 Corrections program, a collaboration between the Humane Society of Knox County and Bolduc Correctional Facility. The Maine Lobster Festival has pledged to match the profits, up to \$3,000.

A social hour will be held from 7 to 8 p.m., followed by dancing to music provided by DJ Tobey Moody. Throughout the evening, a variety of contests will be held, including a Jack-o-Lantern contest (bring your favorite

carved pumpkin from home) and a costume contest, complete with prizes for the winners. Contestants will compete for prizes in four categories — scariest, funniest, most original and people's choice.

A cash bar will be available and finger foods will be provided. The event is for ages 21 and older.

Tickets for the event are \$15 a person or \$25 a couple. Reserved tables of eight can be purchased for \$100. Tickets are available in advance online at [www.MaineLobsterFestival.com](http://www.MaineLobsterFestival.com); and in person at Fuller Auto Mall, The Embroidery Shop and J. Edward Knight Insurance in Rockland; Mid-Coast Federal Credit Union in Thomaston; as well as at the door the night of the event.

For further information, call 273-6248 or visit [www.MaineLobsterFestival.com](http://www.MaineLobsterFestival.com).

## Family Pumpkin-Carving at Camden-Rockport Historical Society

The Camden-Rockport Historical Society is gearing up for Halloween with a Family Pumpkin-Carving Afternoon, capped by a twilight Pumpkin Walk, on Sunday, October 28. The fun starts at 12:30 p.m. at the Historic Conway Barn at the Cramer Museum Conway Homestead complex, off Route 1 at the Camden-Rockport town line.

"Come celebrate fall, food and fun," says society director Marlene Hall. "Individuals can carve pumpkins or families can work on one together." Pumpkins will be \$3 each.

Safety pumpkin-carving tools, pumpkin-carving stencils and tea light candles for the

finished jack-o-lanterns will be provided. Hall says, "We will also have experienced pumpkin carvers on hand to offer carving pointers."

Lunch of hot dogs, sodas, cookies, popcorn and carmel apples will be available to purchase.

When the carving is done, all are encouraged to leave their pumpkins at the barn and return to the complex later — in Halloween costume if they wish — for a twilight, 5:30 p.m. Lighted Pumpkin Walk.

Refreshments will be served after the walk. For more information, call 236-2257.

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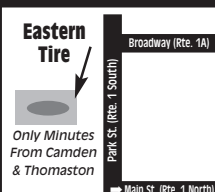
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# Spooktacular Open House

Saturday, October 20, 2007  
10:00 am - 4:00 pm

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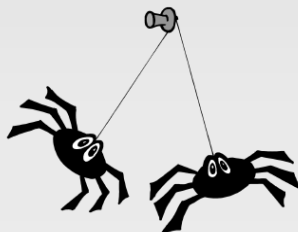
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★ Please visit our website at [www.penbayymca.org](http://www.penbayymca.org) for a schedule of events or stop by the YMCA for an event flyer.

Some event activities include a magician, lobster trap maze, carriage rides, bouncy houses, petting zoo, bat exhibits and more!



Penobscot Bay YMCA  
116 Union Street  
Rockport, Maine  
207-236-3375  
[www.penbayymca.org](http://www.penbayymca.org)

## Belfast Maskers Presents 365 Days/365 Plays Oct. 25 and 26



John Nickerson, Linda Parent, Susan Cobin in 365 Days/365 Plays

365 Days/365 Plays is a play cycle written by Pulitzer Prize winner Suzan-Lori Parks, who committed herself to writing a play every day for a year. Hoping to "put art at the center of life," she composed 365 dramatic puzzles and invited a number of American theater groups to produce one week's worth, using their own imagination and energy to bring her idea to towns and cities across the land. The series of performances that began on November 13, 2006 will conclude on November 12.

Belfast Maskers is contributing to this project on Thursday and Friday, October 25

and 26, with two one-hour shows, each including all seven of the *short* short plays. Maskers has subtitled their version "A Celebration of Time" and has invited senior actors to perform.

The first performance will be held at noon on Thursday in the Hutchinson Center Atrium, Route 3, Belfast. This production is being cosponsored by Senior College.

The second performance will be on Friday at Harbor Hill Senior Citizens Center on Route 1 in Belfast at 2 p.m. Admission to the performances is free, but donations to the Maskers will be accepted.

## Theater of the Spirit Presents Cole

Theater of the Spirit will present *Cole*, directed by John Price and Jane Wilmont, at the Second Congregational Church in Newcastle on Friday, October 26; Saturday, October 27; and Friday, November 2, at 7:30 p.m., and at a matinee show on Saturday, November 3, at 2 p.m. In this musical review, based on the words and music of Cole Porter, Benny Green and Alan Strachan have combined most of Cole's hit tunes with a narration that tells the story of his life. *Cole* includes over 50 Porter standards from such shows as *Kiss Me, Kate*, *Anything Goes*, *Gay Divorce*, *The New Yorkers*, *Wake Up and Dream*, *Paris*,

*Jubilee*, *Seven Lively Arts*, *Can-Can* and others.

The cast includes Judy Falconer, Bill Bausch, Ellen Erickson Whalley, Robin Bixby, Andy Barber, Amy Lalime, Lois & Gene Thomas, Lynn Kimball, Laurie Brown, Linda Blomquist, Elizabeth Davis, Heather Elowe, John Martin, David Campbell and Page Stearns.

Tickets, \$18, are available by calling 563-6296; a discounted rate is available to groups of 10 or more by calling 563-3730. Advance tickets may also be purchased at the Maine Coast Book Shop in Damariscotta.

## Reading of Country of Pointed Firs

A reading of the new play *The Country of Pointed Firs* will be held at Jackson Memorial Library in Tenants Harbor on Wednesday, October 24, at 7 p.m. Adapting Sara Orne Jewett's classic 1896 novel, Harold Bond has created a play that offers insight into characters in a small Maine fishing village in a distant time. Drawn from characters in Jewett's life while she summered in Tenants Harbor, this is a tale written as a reminiscence by the narrator. Bond has written the play for 12 actors, all of whom will be

audience members willing to share in reading the individual parts. Actor/director Sally MacVane, vice president of the Lincoln Street Center board of directors in Rockland, will perform the part of narrator and will assist the other players in the reading.

For those interested in joining the play reading, copies of *The Country of Pointed Firs* are available at the library for review and practice. For further information about the evening or other coming events, contact Yvonne Gloede at 372-8961.

## UC Rockland Play Production Class Hosts an Evening of Monologues

On Monday, November 5, at 7:30 p.m., students in the University College at Rockland's Play Production course will host an evening of monologues. These will be chosen by the actors and will vary from comic to dramatic. The evening will begin at 6:30 p.m. with an informal social of coffee and fresh-baked local pies, sponsored by the U Rock Student Association. Parking is available behind the Breakwater Building on Route 1.

For further information, contact University College at Rockland at 800-286-1594 or visit [www.learn.maine.edu/rockland](http://www.learn.maine.edu/rockland).

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### Lil' Rev Performs at Adas Yeshurun Oct. 30

Folksinger Mark Revenson (Lil' Rev) is coming to Adas Yeshurun Synagogue, 50 Willow Street in Rockland, on Tuesday, October 30, with a family concert at 5 p.m. and a concert for the whole community at 7 p.m. Admission is free, but donations are appreciated.

Inducted into the Traditional Old-Time Country Music Hall of Fame in 2003, Revenson has garnered praise nationwide. "Listen to this! Lil' Rev is great!" says Pete Seeger.

Combining the spirit of *Fiddler on the Roof* and "Oh Brother, Where Art Thou," Lil' Rev carries the listener back in time to the early arrival of immigrant Jews in the late 1800s and forward to the traveling stories of a modern-day troubadour. Revenson explores many themes dear to the hearts of American Jews, including songs of home, love, struggle, triumph, dreams made good, hope and faith.

Through a colorful prism of American-roots influence, attendees will hear Jewish blues, bluegrass (or, as Revenson likes to call it, Jewgrass), country western, and original songs played on the guitar, ukulele, mandolin, harmonica and banjo. Lil' Rev weaves a tapestry of Yiddish, Israeli, Chasidic and American folk songs into a rich gumbo of story, song and lore.

For more information, visit Lil' Rev's Web site at [www.lil-rev.com](http://www.lil-rev.com) or call 594-4523.

### Curtain Goes Up on Cinderella Oct. 26

The Lincoln County Community Theater's fall production, *Cinderella*, begins performances on Friday, October 26. The classic musical love story stars Heidi Kopishke as Cinderella and Matthew Corbett as the eligible Prince. Director Nancy Durgin and musical director Sean Fleming are leading the cast through the love story, the antics of the comic but ugly stepsisters (played by Barbara Bowers and Erin Blomquist) and the schemes of the heartless stepmother, played by Deborah Beam. Don Carrigan plays the loveable King, and on alternating weekends his queen will be portrayed by Beth Whitney and BJ Kopishke. It's all magically controlled by the uniquely wacky and whimsical fairy godmother, played by Ellie Hinds.

Show dates are Friday and Saturday, October 26 and 27, at 7:30 p.m.; Sunday, October 28, at 2 p.m.; and the following weekend Friday and Saturday, November 2 and 3, at 7:30 p.m.; and Sunday, November 4, at 2 p.m.

Tickets are available Maine Coast Book Shop and at the Lincoln Theater office in Damariscotta, or by calling 563-3424. All tickets are for reserved seating at \$15.

*Cinderella* is the first production of Lincoln County Community Theater's 32nd season.



*Cinderella (Heidi Kopishke) waits for her pumpkin to change into the enchanted coach as LCCT gears up for its production of the Rodgers and Hammerstein musical.*

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## Talk on Preventing Bias, Harassment and Violence Oct. 24



Steve Wessler, director of the Center for the Prevention of Hate Violence

Bias and violence in our schools and communities based on race, religion, gender and sexual orientation will be the subject of a talk on Wednesday, October 24, in Damariscotta by Stephen Wessler, executive director of the Center for the Prevention of Hate Violence (CPHV), located in Portland.

Wessler will discuss the remarkable work being done by students to stand up against hate and intolerance, and also will address his center's work in Europe and the Middle East.

His talk begins at 7 p.m. in the auditorium of Skidompha Library in Damariscotta. Wessler's remarks will be followed by a question-and-answer period. Copies of his 2003 book *The Respectful School: How Educators and Students Can Conquer Hate and Harassment* will be for sale, and he will sign as many as time permits. Area students and teachers are encouraged to attend.

## Harvest Fund Grants Available

When it comes to growing food and ending hunger, sometimes a little money makes a big difference. That's why the Harvest Fund at Maine Initiatives is making grants to projects that support sustainable agriculture, defend small farms, or provide good food for Maine people.

Since 2000, the Harvest Fund has made nearly 100 grants, ranging from \$500 to \$5,000, to projects all around the state. This fall the fund will also consider larger grants.

"We're looking for projects and programs that connect Maine people to where food comes from, support environmentally sound and healthy food and farming, and work for

better food and agriculture laws and systems in the state," said Nancy Ross, an educator and the fund's chair.

"Each year, we're amazed and grateful for the groups out there doing great work. We want to help them do more."

The deadline for applying for a Harvest Fund grant is Wednesday, November 7.

The Harvest Fund is a project of Maine Initiatives, a community-based foundation supporting grassroots organizations working for social, economic and environmental justice in Maine.

For more information on applying for a Harvest Fund grant, call Maine Initiatives at 622-6294 or visit [www.maineinitiatives.org](http://www.maineinitiatives.org).

Wessler, a lawyer, developed and directed the Civil Rights Unit in the Maine attorney general's office from 1992 to 1999. He is a graduate of Harvard University and Boston University School of Law. He practiced law, both in the Maine attorney general's office and in private practice, for over 22 years before starting the CPHC in 1999. Wessler has received numerous awards for his work from civil rights and professional organizations.

There is no cost to attend his talk, but

donations are welcomed to help defray expenses.

The event is sponsored by Citizens Offering New Alternatives (CONA), a local organization dedicated to addressing problems of peace and social justice locally and globally. The focus of CONA's programs this year is what each of us can do, alone and working together, to improve the world.

Entry to the auditorium for this program is through the back of the library. For further information, call 549-3869.

## Jewish, Muslim and Buddhist Speakers Featured in Talk Series

Beginning on Sunday, October 21, United Christian Church in Lincolnville Center will hold a three-part series to help build inter-religious understanding between Christian, Muslim, Jewish and Zen Buddhist followers.

During the October 21 regular morning worship service, which begins at 9:30 a.m., Rabbi Amita Jarmon will talk about her spiritual journey as a Reconstructionist rabbi. Jarmon serves the Adas Yeshurun Synagogue in Rockland. She says, "Speaking at churches and Unitarian Universalist services is one of my favorite ways to spend Sunday mornings!"

On Wednesday, November 4, at 6:30 p.m., Dr. Ahmed Rahman and his wife, Eaman, will give a lecture entitled "What Is Islam and Who Are the Muslims?" Dr. Rahman is a physician at Eastern Maine Medical Center in Bangor. The Rahmans say, "After our lecture, we would like to

open the floor for questions and answers. We hope that all those attending will take the opportunity to ask us any lingering questions they may have about Islam and Muslims."

On Sunday, November 11, during the regular morning worship service at 9:30 a.m., Zen Buddhist priests Stefano and Margaret Barragato will speak about their practice in the Soto lineage of Zen Buddhism. The couple also say they enjoy meeting with Christians and people of other faith traditions to share their unique perspectives on the spiritual journey of life.

All of the above will take place at United Christian Church on Route 173 in Lincolnville Center. For more information, contact Rev. Dr. Susan Stonestreet at 763-4526 or e-mail her at [susanstst@aol.com](mailto:susanstst@aol.com). All are welcome for these informative and spiritually-based presentations and worship services.

## Award-Winning Film "Ghosts of Abu Ghraib" to Be Shown Oct. 24

The film "Ghosts of Abu Ghraib" will be shown on Tuesday, October 23, at 7 p.m. at the Friends Meetinghouse, Belvedere Road, Damariscotta. The event is open to the public and free of charge. It is cosponsored by Midcoast Unitarian-Universalist Fellowship and Midcoast Monthly Meeting (Quakers).

"Ghosts of Abu Ghraib" is an 80-minute HBO film by acclaimed filmmaker Rory Kennedy. It features the familiar and very disturbing pictures of torture at Iraq's infamous prison and raises many questions: How did torture become an accepted practice at Abu Ghraib? Did U.S. government policies make it possible? How much damage has the aftermath of Abu Ghraib done to America's credibility as a defender of freedom and human rights around the world?

NRCAT (National Religious Campaign Against Torture) has distributed this film to approximately a thousand congregations for exhibition between October 21 and 28. NRCAT is a coalition of over 130 religious organizations, founded in January 2006, with headquarters in Washington, D.C. The organization states: "U.S.-sponsored torture has not yet been abolished... NRCAT's message

is that torture is a moral issue and is always wrong — with no exceptions." Midcoast Unitarian-Universalist Fellowship and Midcoast Monthly Meeting have both published statements of opposition to torture.

Because of the sensitive and graphic nature of this film, it is for mature audiences only. The film contains numerous photos with male nudity. Some of the images and interviews are extremely intense. Participants are urged to remain for the facilitated discussion that will follow the viewing in order to process their thoughts and feelings. NRCAT states it undertook the project "because we believe that 'Ghosts of Abu Ghraib' will help people of faith deepen their understanding of the nature of U.S.-sponsored torture."

Directions to the Friends' Meetinghouse are as follows: coming on Route 1 from the north, turn right at the yellow blinking light onto Belvedere Road. Look for Miles Home Health on the corner. Coming from the south, turn left at the blinker. Turn into the second driveway on the right.

For further information, call Susan van Alsenoy at 504-1950 or Carmen Laveru at 354-9556, or visit the Web site, [www.NRCAT.org](http://www.NRCAT.org).



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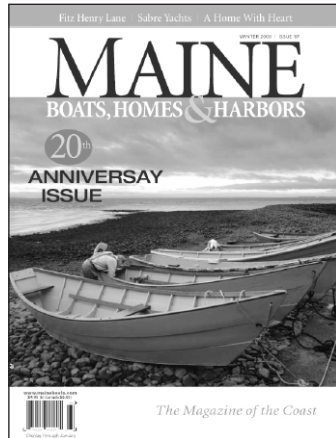
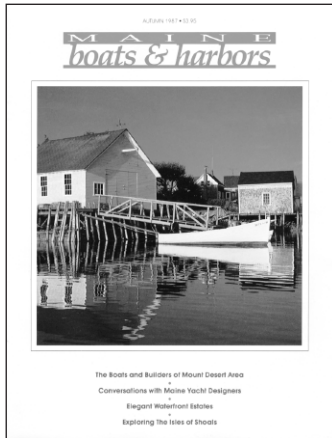
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# John Hanson to Speak About His Publication *Maine Boats, Homes & Harbors* Oct. 25

Left, the first issue of Hanson's magazine, with a cover photograph of an unrecorded location by Art Paine. The 20th anniversary cover photo, right, was taken in New Brunswick by Fred Field. Hanson will discuss his magazine's growth in a talk at the Rockport Opera House the evening of October 25 as part of Rockport Public Library's fall marine lecture series.



In 1987, John K. Hanson Jr. made a daring career change. Leaving his job as advertising director at *WoodenBoat* magazine in Brookline, Hanson set up shop in a house on Camden's upper Mechanic Street and started his own magazine. He called it *Maine Boats & Harbors*.

Today, 20 years later, as *Maine Boats, Homes & Harbors*, the magazine has a core subscription base of 20,000 and a cumulative readership of five times that. Hanson's venture is an iconic chronicle of Maine's coastal life and culture and may well be the definitive observer of the state's flourishing small-boat industry.

How it came to be and what lies ahead for Maine's coastal industries are some of the insights that Hanson will offer in a talk on Thursday, October 25, in the Rockport Public Library's fall lecture series, "Sea-Faring: Near Shores and Far." Hanson's talk begins at 7:30 p.m. in the Rockport Opera House. Admission is free.

Hanson's passion for Maine, its boats and people, and appreciation of the business acumen required to make them thrive has been evident throughout the issues of his magazine, 96 to date. "Coastal Maine has spe-

cial people, special boats and special places whose praises for too long have gone unsung. We aim to correct that," he wrote in a publisher's note in the first issue.

Over the ensuing two decades, Hanson has seen his business diversify into a small but thriving multimedia empire. The magazine is now published five times a year, compared to four at its start. An annual *Maine Boats, Homes & Harbors* boat show on the Rockland waterfront debuted in 2003. This year it offered 300 exhibitors, with 80 boats in the water and another 30 on land, and drew 13,000 visitors. A relaunched Web site, [maineboats.com](http://maineboats.com), more than doubles the magazine's editorial output with six online issues per year published in the off months of the printed magazine.

The lecture series concludes on Thursday, November 1, when Camden cruising sailors Doug and Dale Bruce will recount experiences on a National Geographic Society expedition last winter from southernmost Argentina to (summertime) Antarctica and various offshore islands. Their talk, in which they will be joined by fellow Camden voyagers Marty and Paul Rogers, will include a Geographic Society film on exploring earth's iciest and fifth-largest continent.

## Program on Arctic Exploration Oct. 20 at Lighthouse Museum

On Saturday, October 20, the Maine Lighthouse Museum, located at One Park Drive in Rockland, will present a program on Arctic exploration that will include accounts of the Arctic, explorer Admiral Donald MacMillan, the coast of Greenland and the schooner *Bowdoin*. The program will be held in the museum's Breakwater Room from 1 to 3 p.m. The program is free and refreshments will be served.

Greenland is the largest non-continental island in the world, about 1,600 miles long from north to south. Although now ruled autonomously, it is still considered part of Denmark and is equal in size to the combined areas of France and Spain. The approximately 56,000 inhabitants, called Greenlanders, live mostly along the coasts. Greenland is in a strategic location and was the site of military bases during WWII and the Cold War. Today it is a center of research on global warming. The Jakobshavn Glacier on the

west coast of Greenland is the world's fastest-moving glacier. It is a World Heritage Site and the subject of intense global-warming research.

The schooner *Bowdoin*, which was built by Admiral MacMillan specifically for Arctic exploration, is the veteran of 26 voyages above the Arctic Circle. The 93-foot vessel, now owned by the Maine Maritime Academy, is considered Maine's tall ship.

Dr. Edward Morse, who in 1947 sailed to the Arctic on the *Bowdoin* for three months as ship's doctor, will present the program. His wife, Inger, and his brother-in-law, Per Knudsen, will assist him. They grew up in Jakobshavn, Greenland, where their father was the provincial governor. The 1947 voyage on the *Bowdoin* went north along the west coast of Greenland to the Kane Basin at 80 degrees north and conducted scientific studies of the Humboldt Glacier.

For additional information, call 594-3301.

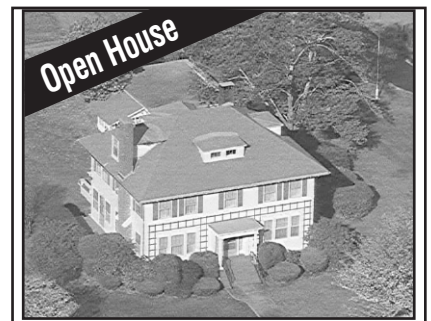


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## On the Air With WRFR LP, Rockland

— by Georgeanne Davis

By 11 a.m. on a rainy Friday morning at WRFR radio station in Rockland the coffee pot is being drained for the third time. For each refill Kathy McGuinness, station master since August, empties the grounds, fills the filter and pours fresh cups for the stream of friends, volunteers and broadcasters who drop in and out. McGuinness also adds the cream and even stirs the sugar in for you before setting the cup by your elbow. The coffee service is a reflection of McGuinness's approach to running the station: never hesitate to jump in and get the job — any job — done. If asked, she'd probably hold the cup to your lips as you drank it, while holding the phone to her ear with her other hand as she tries to get information on yet another sponsor or make arrangements to meet with a new volunteer. Rita Robbins, WRFR's new music director, says she's caught McGuinness personally shampooing the station carpets.

McGuinness is also resourceful. She runs an open mic at Zoot Coffee every other Friday night and on a recent Friday she had a manpower shortage and needed to be at the station. She put up a sign at Zoot's explaining the situation and invited anyone who wanted to perform to come down to Rockland, and when six people showed up they did the open mic live over the air. With so much going on all the time it can be hard to get McGuinness's uninterrupted attention, as the phone rings and rings, but finally, three pots of coffee, seven drop-ins and 10 phone calls later, an interview is accomplished.

While most people in the midcoast area have probably heard of WRFR, it's not as likely they've heard an actual broadcast, even though the station's been around since 2002, when Rockland attorney and Penobscot School co-founder Joe Steinberger started it, with the idea of giving the people of Rockland access to local broadcasting. Through Penobscot School, Steinberger had applied for and received a low-power, 100-watt license in 2001, when the FCC made some available. He and other volunteers built the station themselves, transforming a garage behind the William Pitts house on Gay Street in Rockland into a modern radio station. WRFR went on the air for the first time on Valentine's Day 2002 and is now the only radio station still broadcasting from inside Knox County.

In the early days of the station, Steinberger started the live broadcasting each day with a local affairs program and was very involved with the station, but a new family business



Liz Marie with Isaiah Pottle, in the studio at station WRFR in Rockland

only allow her to move as far away as northern California. So McGuinness settled down in Quincy, gaining her first radio experience in a town where there were only three radio stations: one Christian, one country, and one "other."

Coming from an area with thousands of stations, "this was awful for me," says McGuinness, who's been a radio enthusiast since she was a small child. "They'd pick the one bad Phil Collins or George Harrison song and play it over and over." Then one day, while working at a natural foods store, McGuinness heard a great compilation tape and assumed it was the store's, only to find out it was being broadcast from the "other" station. A woman had purchased the station's license to broadcast and while waiting to get her programs together was broadcasting 300 discs on random selection over the air. McGuinness found the station and asked "Hey, can I be part of this?" At the time she had two CDs in her collection, but she found enough around to put together a three-hour show and did it for a couple of years.

Still wanting to travel a bit, McGuinness made plans to teach English in Prague. She'd had some health problems so thought she'd get a good check-up before going abroad and found out she had two kinds of cancer. After treatment that included surgery, chemotherapy and radiation, she decided "if I only have 40 days or 40 years left, I want to go home." Home was the East Coast, where her brother was living on Little Cranberry Island, off the coast of Maine. She was looking on the Internet for a paying radio job anywhere between New York City and North Carolina when her brother suggested she volunteer at WERU, the community station out of Orland, and get some experience to add to her resumé.

McGuinness decided she'd volunteer at both WERU and at Maine Public Broadcasting in Portland, so picked Camden, a town halfway between the two stations, to live in. She arrived in the area just as Sapienza was leaving WRFR and found she could get all the managerial experience she could handle, if she volunteered her services. Plucky to the core, McGuinness signed on in August to give the station her best shot for a year.

While she never used the phrase, "herding cats" comes to mind when McGuinness talks about putting together a new line-up of programs. Because it's community radio, it's possible for any community member to host a show, provided he or she follows station rules and that there are free slots on the schedule. This results in an eclectic range of programs — and an equally eclectic band of personalities for a station manager to deal with. Being a community station also means that WRFR is commercial-free, supported only through listener contributions and donations from local business sponsors. This means that money is constantly in short supply, so fundraising is also part of her job. "We're out of money," McGuinness says, "but rather than make cold calls, I think a better way is to make my product so great they come to me. So I decided to throw a party — and then ask for money."

The party is a Halloween event on Saturday, October 27, at 7 p.m., with the Thomaston Public Library, Rockland's Good Tern Co-op and the Thomaston Recreation Department as co-sponsors. McGuinness had in one day called over 30 local merchants about donating door prizes and nearly all were happy to offer something. The party, which will be held in Watts Hall, on Thomaston's Main Street, is a fam-

ily affair, with hayrides by Del Ellis from the Thomaston schools to party central. There will be games for children in one room and dancing to DJ tunes in the main hall, with the hayrides and children's activities taking place from 5 to 8 p.m. and a potluck dinner from 6 to 7 p.m., organized by Good Tern. The WRFR dance party will be held from 8 to 11 p.m. Admission is free for children, \$5 for adults in costume and \$10 for those without costumes, but there are great prizes for best costume, so people are encouraged to put their best efforts forward.

McGuinness has already revitalized the program line-up on WRFR. This week DJ Natty B will begin a new reggae program on Tuesday evenings. Some volunteer broadcasters, like Beaumont Glass, whose new program "Exploring Opera" is airing on Sundays, come in on their own to offer a new program. When asked if Glass was sent by fellow classical and vocal music program host Anthony Antolini, McGuinness replies, "Sent by Tony? Beaumont was sent by God! He showed up here like a beacon of glowing elegance."

Other new programs include "Coffee and Money," on Monday mornings, hosted by Dick Gerrity, and, also on Monday morning, "Behind the Scenes," in which host Mary Bumiller looks at local unsung heroes — members of Rotary and Kiwanis, Girl Scout leaders, and others — who give to the community.

Soon to begin is "Love My Library," with area librarians and library program directors talking about what's coming up. McGuinness is still working on organizing two new programs. One, "It Takes a Village," will be a weekly show in which area educators from elementary and high schools, private schools and Head Start can talk about what they're dealing with on legal and fiscal levels. And on "Teen Talk," representatives from local high schools will have a chance to engineer their show, pick the topic, play music, present a drama — "it's for them, by them, a chance to talk about what it's like to be a teen."

One new program played softly in the background as the interview progressed. Liz Marie, assisted by her friend Isaiah Pottle, was broadcasting "Café con Leche," her own mix of tunes that range from hip-hop to James Taylor, a lot of it coming off vinyl recordings. Liz was McGuinness's first recruit, her former barista from Zoot Coffee. The night of Liz's first show, a woman arrived to film a documentary on the station and its growing pains and transitions and McGuinness had to devote her attention to the filming of a planning meeting. "I said, 'Here's what you do' in about 60 seconds and told her, 'I'm here if you need me.'" Liz was a natural; when Steinberger heard her second show as he was returning from a long road trip, he declared the new broadcaster "awesome."

There are some exciting possibilities for station growth in the works, including a possible move to a larger facility and acquiring a stronger signal. "We're always raising the bar, heading toward excellence," McGuinness says, but right now money and volunteers are the biggest need — not just broadcasters, but those who would help with publicity, housekeeping, technical and audio support. "Ideally, this would be a creative outlet for people who want to learn more about radio," McGuinness sums up. "I want the people who want to be here but just don't know it yet."



Station manager Cathy McGuinness manning the phone

and new baby leave him little free time for the station, which he'd always hoped would eventually stand on its own two feet. Since its first years, WRFR has been growing. In 2004 the station added a second frequency, 99.3, licensed to the Community School in Camden. With an antenna mounted atop the State of Maine Cheese building on Route 1 in Rockport, it meant that Rockport and Camden could also tune in, and in 2005 WRFR began streaming online. In June 2006 they hired their first paid employee, part-time station manager Emily Sapienza, who was also an Italian teacher at the Penobscot School, but funds were only available for a one-year contract for her.

Enter McGuinness, who first moved to Camden from Quincy, a small northern California town near the Nevada border, in December 2006. McGuinness's curriculum vitae is as eclectic as WRFR's programming. She grew up in a big Italian-Irish family on Long Island, New York, and when all her nuclear family migrated to Los Angeles when she was a teenager, she had to move with them but was never happy on the other coast. She wanted to move to Asheville, North Carolina, but her Italian grandmother said she would

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## Seniors' Writing Group to Read at Camden Library Oct. 21



Members of the Senior Spectrum writing group include, l. to r., Jane Hennings, Priscilla Smith, Winnie Easton-Jones, instructor, June Kincade and Marguerite Sylvester.

The Camden Public Library will host a reading by the Knox County Senior Spectrum writing group on Sunday, October 21, at 2 p.m. The writers are a talented and dedicated group of octagenarians and nonagenarians with, collectively, "600 years of feisty life experience," says instructor Winnie Easton-Jones.

The group has been writing for over two years under the instruction of Easton-Jones, who has gone from teacher to mentor with this group, volunteering "because it is a chance to 'pay it forward' and because it's as essential as breathing to write, empower others to do the same, and nurture the strong desire for family members to know who we are, and how we got to be who we are," she

says. Easton-Jones is a contributor to the text-book *Turning Memories Into Memoirs*.

One objective of the writing group is to connect with the next generation by telling the stories they will want to hear. As the son of one of the writers says, "Finally! This weekend, I was able to sit down and take a quiet moment to read your latest batch of 'Mom-oirs.' They covered topics like 'cradles,' 'UFOs,' 'Gnädige Frauen,' 'soothsayers,' 'piddling pets,' 'stay-at-home mothers,' and 'polio.' What a rich life you have led! And what an entertaining, easy-to-read writer you are! I will treasure these Mom-oirs — all of them — for me and for your grandchildren, your great-grandchildren and for future generations. What a legacy!"

## Authors Speak at Belfast Library

On Monday, October 22, at 7 p.m., the Belfast Historical Society presents "An Evening with Neil Rolde, Author of *Continental Liar from the State of Maine: James G. Blaine*," a talk and book-signing, at the Belfast Free Library, 106 High Street. On Tuesday, October 23, at 6:30 p.m., the library will host an author talk with Page Erwin, the writing duo of Carolyn Page and her husband Ross Erwin. The authors will talk about and sign copies of their recently published book, *Bloodsport at Hiram Bog*, a mystery novel set in Maine.

Rolde is a former Maine politician and prize-winning historian. He is the author of *Unsettled Past, Unsettled Future: The Story of Maine Indians* and *Maine, Down East and Different*. His biography of Blaine is a story of politics, big business, and behind-the-scenes wheeling and dealing. In 1884, Republican James G. Blaine came within 1,047 votes of becoming the president of the United States. His loss to Grover Cleveland has been called the "dirtiest campaign in American history." He was also, in the eyes of his

opponents, "The Continental Liar from the State of Maine" or "Slippery Jim" — a sort of amiable "Tricky Dick Nixon." Blaine was twice U.S. Secretary of State, and he served as Speaker of the House in Congress and as a United States senator from Maine. Copies of the book will be available for purchase.

Mystery lovers and aficionados of the "real Maine" will enjoy *Bloodsport at Hiram Bog*, which takes place in the mythical town of Venice. A story with a rough edge and many surprises, this whodunit offers a close-up look at a small Maine town, with old-timers and new-comers and tensions and undercurrents.

Individually, Page and Erwin have been essayists on Maine Public Radio, have each written two books of poetry and have published articles in literary arts journals. During the 1990s they owned and operated the Nightshade Press and the award-winning literary arts journal *Potato Eyes*. They currently reside in Stockton Springs.

These programs are free and open to the public. For more information, call the library at 338-3884, extension 10.

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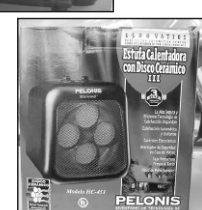
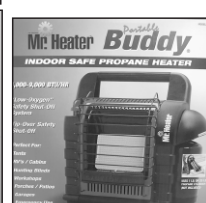
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ART ON THE COAST

Abby Sadauckas to Speak at Waterfall Arts

Installation artist Abby Sadauckas will speak at Waterfall Arts in Belfast on Monday, October 22, at 7 p.m. as part of the Artist Lecture Series. She is a 2003 graduate of Moore College of Art in Philadelphia and has had residencies at the Virginia Center for the Creative Arts, the Vermont Studio Center and the Fields Project in Oregon, Illinois. This spring Sadauckas was the artist-in-residence during Earth Week at Waterfall Arts, and she recently organized one of the current exhibitions there, "Resourcing: Sustainable Inspiration."

Sadauckas describes the topic of her talk "On Crafting a Personal Utopia" as follows: "I've been thinking about life in a more comprehensive way, shaped by my desire to create an ideal unification of my daily life and my art practice. The utopian movements in America of the last 150 years in their various forms have inspired this process. I see my place in the world as a facilitator, someone who offers information and experiences to show people there are many different ways to think about life. I believe that I can lead by example, that I can help affect change by engaging in my artistic process as a filter of my day-to-day existence."

The Artist Lecture Series consists of presentations by regionally and nationally recognized artists, poets, writers



and art historians, followed by discussion. Admission is \$5 at the door. Waterfall Arts Belfast is located at 256 High Street. For more information, call 338-2222 or visit [www.waterfallarts.org](http://www.waterfallarts.org).

Eric Hopkins Show Opens at Archipelago

The opening reception for a new show, "Water/Color: An Exploration of Atmospheric Light," featuring new paintings and handblown glass spheres by North Haven artist Eric Hopkins, will be held at Archipelago Fine Arts Gallery, 386 Main Street, Rockland, on Friday, October 19, from 4 to 7 p.m.

The show will run until January 2.

Eric Hopkins' recent work PHOTO BY JIM BAZIN



Brush & Easel and Studio Gallery Moves to Downtown Damariscotta

Delly Schweighauser at Brush & Easel's new Damariscotta location

Delly Schweighauser, owner of The Brush & Easel and Studio Gallery, is pleased to announce her new move to downtown Damariscotta. The Brush & Easel has been serving the artists of the midcoast area for over 60 years, originally in Newcastle, then Nobleboro. The Brush & Easel and Studio Gallery is now located at 7 Theater Street in Damariscotta, between the Lincoln Theater and King Eider's Pub. Schweighauser is proud to offer the largest selection of artists' supplies in the area. She also invites people to view works by artist-of-the-month Pam Cabanas as well as other local artists' displays in the shop's



windows. Schweighauser will host an open house on Thursday October 25, between 3 and 5 p.m. Regular hours at the new shop will be Tuesday through Saturday, 10 a.m. to 5 p.m.

James Strickland Work at Carver Hill Gallery

Carver Hill Gallery, on Meadow Street in Rockport, will host an opening reception for a one-man show by James Strickland on Thursday, October 25, from 5 to 7 p.m. The show will be on exhibit in the Cider Barn through November 23.

The show, entitled "Dwellers of the Innermost — Dreamers, Icons and Saints," presents Strickland's interpretation of female archetypes who have provided inspiration and insight throughout history. From the Madonna tradition to women who have led seemingly quiet and insignificant lives, he celebrates and honors their stories.



Strickland, whose outdoor gold-leaf sculpture has become a landmark for Carver Hill, was trained as both a theologian and an architect. He apprenticed under Paolo Soleri and Charles Eames, and has been a professional artist his entire adult life. To this show he brings a new perspective evolving from his previous body of work, which is held by major museums and private and corporate collections globally.

"Rainbow Hopi Icon" by James Strickland

Alan Caron of GrowSmart Maine to Speak at Élan Fine Arts

Alan Caron of GrowSmart Maine will give a talk entitled "Art, Conservation and the Economy of Maine" at Élan Fine Arts in Rockport on Tuesday, October 23, at 7 p.m. This presentation will be open to the public and free of charge, although seating is limited.

Caron's talk takes place in conjunction with "Contours," a benefit art show on display at Élan Fine Arts through October 28. A portion of the proceeds of all "Contours" art sales will benefit Coastal Mountains Land Trust.

Caron is the founder, president and CEO of GrowSmart Maine, a statewide nonprofit organization based in Yarmouth. GrowSmart was created in 2002 to engage people across Maine to work together for a more sustainable and prosperous future while preserving the qualities that make the state such a special place. In October 2006, the organization released a major report by the Brook-

ings Institution that outlined how Maine is changing, the challenges and opportunities we face, and offered a "Blueprint for Action" for growing Maine in the 21st century.

GrowSmart Maine's mission of "Protecting the Maine we love...to build the Maine we need," neatly corresponds with "Contours." The show's theme of artists supporting the protection of the natural beauty of Maine that inspires their work underscores the importance of preserving these ecological and economic assets for the community.

For more information on the Caron talk, contact the Coastal Mountains Land Trust at 236-7091 or visit [www.coastalmountains.org](http://www.coastalmountains.org).

Élan Fine Arts is located at 86 Pascal Avenue in Rockport. More information on the "Contours" art exhibit is available at [www.contours-art.com](http://www.contours-art.com) or [www.elanfinearts.com](http://www.elanfinearts.com).

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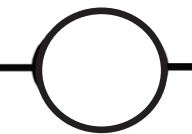
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ART ON THE COAST

Gathering of Fall Exhibits at CMCA

Gatherings of various kinds are happening in the galleries of the Center for Maine Contemporary Art (CMCA). Bringing together printmakers from various backgrounds, "Biting and Scratching: Animal Prints by Susan Amons, Keith Rendall, and Elzbieta Sikorska"

takes a closer look at three printmakers who push the limits of their medium. Artist Adriane Herman invited the public to send her their otherwise discarded "to-do" lists, which form the basis of her exhibition "Adriane Herman: Checking It Twice." Both of these shows are on view from October 21 to December 15. "Jocelyn Lee: Children's Games" is currently on view and will close on December 15 as well. Lee creates black-and-white photographs of children at play. There will be a reception for all three exhibitions on Saturday, October 20, from 2 to 3 p.m. for CMCA members and 3 to 5 p.m. for the general public.

"Biting and Scratching" will be featured in the main gallery. Printmakers Amons, Rendall and Sikorska have chosen animals as their primary subject matter for woodcuts, etchings, and monotypes. Of this group, Mainers may be most familiar with

Amons' large monotypes. Rendall works from direct observation and creates detailed woodcuts of land and sea creatures. Sikorska, originally from Poland, trained as a printmaker, shifted to drawing, and recently returned to printing, combining the freedom of the pencil stroke with

the decisiveness of the etched line. All three artists in the exhibition work at a large scale.

"Jocelyn Lee: Children's Games" comprises of more than 20 black-and-white images that the photographer took while living in Austin, Texas, in the early 1990s. Lee is better known for her later large-scale color photographs of adolescents, images of life in Maine's backwoods, and portraits. For "Children's Games" Lee spent long stretches of time with children in her neighborhood. Some of the images are quite disturbing, others plainly funny, but they hardly ever conform to the notion of children's innocent play.

CMCA is located at 162 Russell Avenue in Rockport. General admission is \$5. Admission is free for members, Rockport residents and children. For more information, call 236-2875 or visit [www.cmcanow.org](http://www.cmcanow.org).



Print by Elzbieta Sikorska



Photograph by Jocelyn Lee

Artwork by Adam Rawn at Good Tern

"Zinnias," acrylic by Adam Rawn

The Good Tern Natural Foods Co-Op & Cafe in Rockland is showing recent unframed works by local housepainter Adam Rawn through October. The paintings on display are acrylics, but Rawn also works in charcoal and collage.

Rawn says, "I use still life, the figure, landscape, but these only partly account for the subject matter, which extends to the paint itself."

The Good Tern Co-op & Cafe is located at 750 Main Street in Rockland. For further information, call 594-8822 or visit [goodtern.org](http://goodtern.org).



Adult Class: Drawing 101

The Farnsworth Art Museum in Rockland will present a class for adults entitled "Drawing 101" on three consecutive Saturdays, October 20, 27 and November 3, from 10 a.m. to 1 p.m. Led by instructor Christopher Cart, this class will take place at the Gamble Center, on the corner of Union and Grace streets.

Students will learn basic drawing techniques during this intensive three-day workshop, using art in the museum's galleries as a source for instruction and inspiration. This class is designed for the beginner — no previous experience is required.

Cart studied art and art history at the University

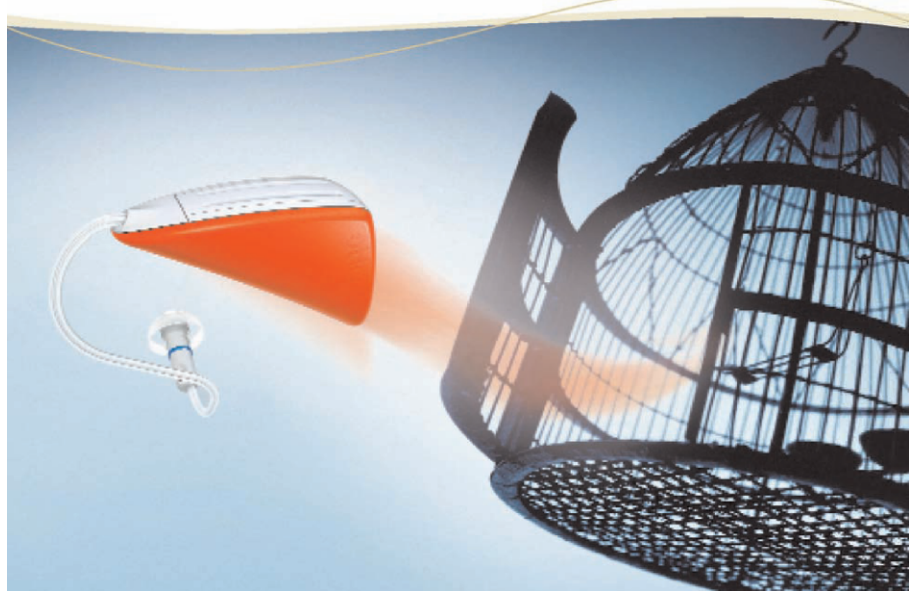
of Washington, Seattle and Coker College, South Carolina. From the late '80s into the '90s he illustrated six Frugal Gourmet cookbooks, and since that time he has created art for many other books and publications. Most recently his work has appeared on book covers for many classics of American literature, including *Lydia Bailey* and *Northwest Passage*. He is currently working on a fully illustrated edition of *Moby Dick*.

For more information regarding this class or to make a reservation, call the Education Department at 594-4299. The cost for the class is \$80 for members, \$90 for nonmembers.



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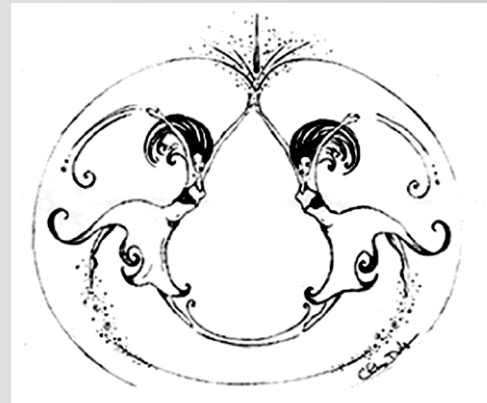
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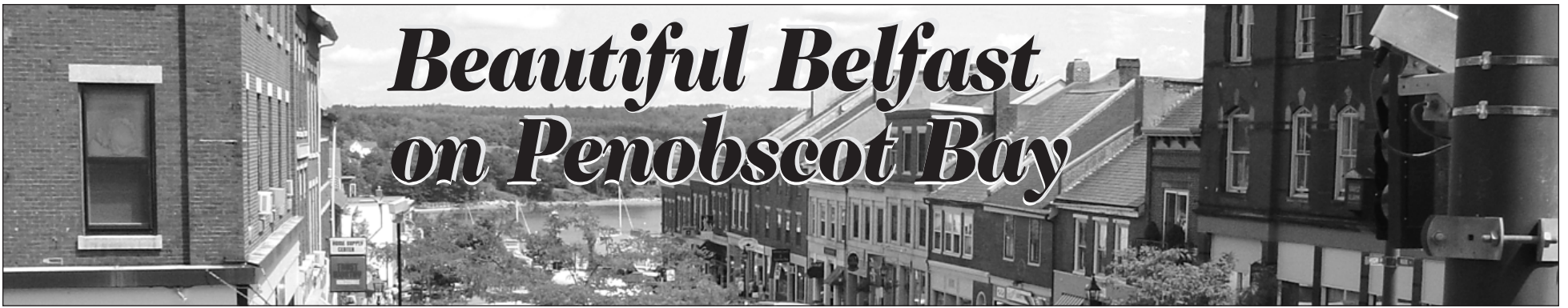
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7	8 Library Closed for Columbus Day	9 CCCE Book Discussion: The Battle for God 6:30pm	10 Chess for gr. K-8 5-7:30pm	11 Lapsitter Story Hour 10am	12 Pee Wee Picnic 11am Foreign Film 7:30pm All About My Mother	13 Belfast Poetry Festival: Noon-7 Readings at the library at Noon
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21	22 Belfast Historical Society Presentation 7pm	23 Author Talk: 6:30pm Page Erwin Bloodsport at Hiram Bog	24 Chess for gr. K-8 5-7:30pm Come Boating! 7pm	25	26 Pee Wee Picnic 11am	27 Mini Book Sale 10:30-1:30
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As I write this, the last remnants of an impressive line storm are dumping a few more inches of rain on the mid-coast. Line storms, or *equinoctial* storms, are violent rain storms that occur during the time of the fall and spring equinoxes, the "line" between one season and the next. This one came complete with window-rattling thunder and torrential downpour. I've seen such storms almost every October, usually right around Columbus Day, and know by now that preparation for winter better begin in earnest in their wake. So, you've brought in the harvest, cleaned up the garden, split the wood and located the snow shovels. But what about the birds?

In years like this one, with lingering warm weather and what may be a warm winter ahead, there is a lot of food available for birds in the natural landscape. The fall-fruiting plants such as dogwoods, mountain ash, winterberries and cotoneasters provide berries for both migratory birds preparing to leave and non-migratory species preparing for winter. Some grasses also provide seed. But many winter-fruiting plants are not edible until they have frozen and thawed numerous times. These include glossy black chokecherry, Siberian crabapple, snowberry, bittersweet, sumac and Virginia creeper. As we may not have a good freeze for some time, these particular treats might not be available to our flying friends.

Even if birds aren't in dire straits, it's wonderful to provide feeders and be able to observe them and see what types will come to the yard. The more types of food and feeders provided, the more types of birds you'll see. An assortment of different feeders, installed at different heights, simulate the way birds feed in the wild. A clever recycler in Minnesota wrote about converting a no-longer-used swing set into a many-stationed frame for bird feeders by using its six sturdy hooks as hangers. The area underneath became the platform feeder, as groundfeeders gobbled up the spillovers. In summer, she added baskets of hanging plants to the frame.

There are three basic types of feeders — for clingers, platform feeders or perchers. Clinging feeders are for

woodpeckers, nuthatches and chickadees, who prefer to grab on to their food. Feeders that suit the clingers include suet feeders, mesh bags filled with thistle seed, compressed seed balls held together with non-toxic glue, seed-covered pine cones, and seed-covered structures that look like bird-houses.

Suet cakes are typically made from beef fat, often melted or ground and then mixed with seeds or berries. They are a good source of energy for insect-eating woodpeckers, bluebirds and nuthatches. Suet cakes are usually put inside a metal cage-like holder or mesh bag. Compressed seed balls, peanut butter-coated pine cones rolled in seed, and birdhouses covered with seed are fun projects for children to make attractive feeders for birds that like to cling.

Platform feeders are best for ground-feeding birds who prefer to eat from an open platform that is either placed on the ground or elevated by several feet. Even a stump in the yard qualifies as a platform feeder. These feeders attract sparrows, juncos, mourning doves and others. Any type of bird feed can be used in a platform feeder to attract a variety of birds, but black-oil sunflower seed will attract a variety of ground-feeding birds such as cardinals and grosbeaks.

Feeders for perchers usually have a central seed chamber and multiple feeding ports. Most common are tube feeders, which have multiple feeding ports, each with its own perch. Another popular style for perchers is the hopper feeder. This type dispenses seed from both sides of a central hopper. There's usually one wide perch on each side of the feeder that will accommodate multiple birds. Small and large birds such as doves, jays, grosbeaks, cardinals and woodpeckers can land and feed comfortably at these feeders. Mounting feeders at a height of 5 to 6 feet will suit most species. Black-oil sunflower seed is the favorite of most perching birds; it's a good choice for attracting chickadees, cardinals and nuthatches. Thistle seed, which requires a feeder with smaller seed ports, appeals to goldfinches and purple finches.

## For the Birds



by Georgeanne Davis

## MOFGA to Host The Great Maine Apple Day

The Maine Organic Farmers and Gardeners Association (MOFGA) will host the 2007 Great Maine Apple Day at its year-round Common Ground Education Center in Unity on Saturday, October 20, from 10 a.m. to 3 p.m. The event will celebrate the history, flavor and tradition of Maine apples.


"This may be the best apple crop in the past 30 years," said MOFGA board member and Fedco Trees manager John Bunker. "It seems as though every tree in central Maine has fruit on it — even those that haven't had fruit in decades. There may be no better October in our lifetime to celebrate this versatile and beloved Maine treasure."

This year also may offer the best chance for locating and identifying lost apple varieties. Bunker encourages Great Maine Apple Day attendees to bring fruit from their neighborhoods to be identified by resident apple experts. Visit MOFGA's Web site for a list of heritage apple varieties currently sought by Bunker. MOFGA also maintains a heritage

orchard with 25 varieties of apples at its Common Ground Education Center. The orchard will be open for tours during the Great Maine Apple Day.

The Great Maine Apple Day will offer educational workshops on growing and processing apples, cider pressing, unusual apple variety tastings, a large display of rare and heirloom Maine apple varieties, and activities for children. There also will be vendors selling local and organic apples and apple products to take home. Cheese and bread vendors will participate as well.

Admission is \$4 for the general public, and \$2 for members of MOFGA or the Maine Pomological Society. For more information, visit [www.mofga.org](http://www.mofga.org) or call 568-4142.



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## Gregorian Chant Seminar — *It's Not Just for Monks!*

Gregorian chant will be the subject of a free evening program presented by the First Congregational Church, 55 Elm Street, Camden, from 7 to 8 p.m. on Thursday, October 25. The program is intended for anyone interested in music and the history and current relevance of Gregorian chant, said Sheldon Gaard, director of music for the church.

Developed by Roman Catholic monks and clergy about a thousand years ago, Gregorian chant was the first music to be written down and is the basis for written music as we know it today. "Some of the concepts and spiritual concerns of Gregorian chant are really not that different from today, only back then it was only the clergy who were involved and fully understood chant. For the masses, chant was simply a powerful experience; the message — delivered in Latin — could not be understood except by the clergy," says Gaard. The program will cover the relevance of the text, the aesthetics of Gregorian chant and its historical significance. Gaard will also give those who attend an opportunity to try chanting themselves.



Gaard holds a BA from Boston Conservatory of Music. He has studied Gregorian chant at the Abby Saint-Pierre-de-Solesmes in France, which is the center of Gregorian chant, and has performed in Notre Dame in Paris.

To sign up for this free program, call the church office at 236-4821 and speak with Nan Smith.

## Intermediate Japanese, La Table Ronde II, Beginning at Penobscot School

The everyday things of life are the inspiration for two upcoming language programs at Rockland's Penobscot School. Two six-week programs, Intermediate Japanese and La Table Ronde II, will feature everything from games and recipes to short stories and movies.

Japanese instructor Mie Athearn said she may employ a simple Japanese game usually played by children in her Intermediate Conversational Japanese class, which starts October 30 and runs for six Tuesdays, from 7 to 8:30 p.m. "The game and the pieces are called 'Otedamo,'" said Athearn. The otedamo pieces are small, soft sacks Athearn constructed of patchworked fabric. She will also focus on speaking skills using recordings and short texts. A resident of the United States for two years, Athearn studied Veterinary Science at Azabu University, served as a tutor and



Japanese instructor Mie Athearn

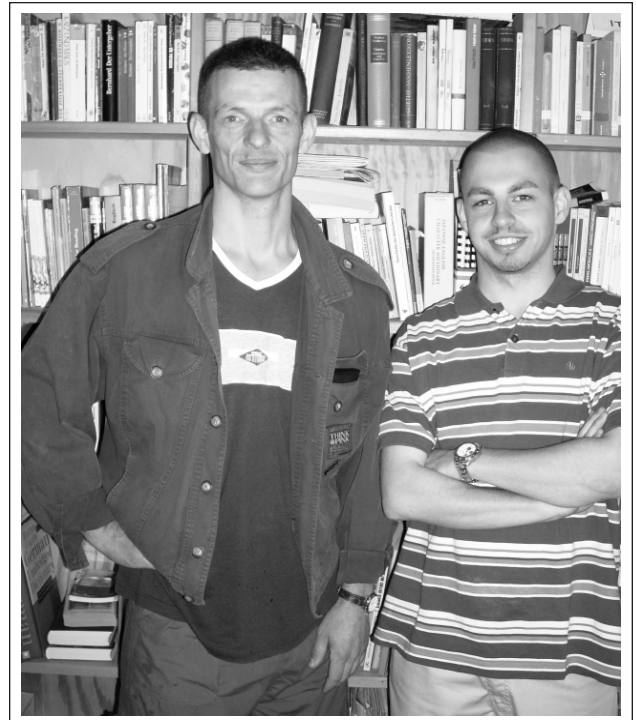
is qualified to teach Ohara-style flower arranging. She lives in Rockland with her American husband.

Table Ronde II will begin November 5 and run six Mondays from 7 to 8:30 p.m. It will be taught by Julien Covos, this year's visiting French teacher. "I will use different sources for the course," said Covos. "It might be a French recipe, because the grammar in a recipe is very different from that in a novel. We will read newspaper articles, and perhaps a short story."

Although Table Ronde II follows Table Ronde I, Covos said there is no requirement to have taken the earlier course, just a strong knowledge of French. The fee for Table Ronde II is \$105, and \$110 for Intermediate Conversational Japanese. Both will be held at Penobscot School, 28 Gay Street, Rockland.

Penobscot School is a nonprofit language school offering a variety of language classes, such as French, Italian, Spanish, Russian, Japanese, Chinese and German, throughout the school year. During summer, Penobscot School offers English classes to visitors from around the world.

For more details about the language classes, private lessons, immersions and teachers, or to register, contact Penobscot School at 594-1084.



### Travel Plans?

Learn some language basics, or brush up on those you have, at a one-day or weekend class at Penobscot School.

Giovanni Perlini and Julien Covos (right), Penobscot School's resident Italian and French instructors this year, will also be teaching special one-day and weekend classes for travelers. This Saturday, October 20, from 10 a.m. to 4 p.m., Covos will teach French for Travelers, aimed at beginners. And he will lead a weekend immersion, November 2 to 4, for intermediate French speakers.

Perlini will teach Italian for Travelers, for beginning speakers, on two consecutive Saturdays, November 10 and 17, from 10 a.m. to 4 p.m. And on December 15 he'll lead a one-day immersion for intermediate speakers of Italian.

Also, Spanish for Travelers, aimed at beginners, will be taught by Gisela Cordova, a native of Argentina, on Saturday, October 27, from 10 a.m. to 4 p.m.

Call Penobscot School, 594-1084, for more information and to register. The school is at 28 Gay Street in Rockland.

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Please call or visit our website for more information on all of these events and special packages including Thanksgiving, Christmas, and New Year's Eve. Camden Harbour Inn is open for business daily 7 a.m. to 9 p.m. Natalie's is open for dinner Monday through Sunday, 5:30 to 9 p.m. (last reservation). The bar opens at 5 p.m. Beginning November 4, Sunday brunch will be served 9:30 a.m. to 4:30 p.m. (last reservation).

### INNKEEPERS' TABLE AT NATALIE'S

Come eat, drink, and laugh with new friends at The Innkeepers' Table. Join this communal table any evening and enjoy a special 3-course menu, with a choice of two entrées, for \$35 per person excluding taxes, drinks, and gratuity. SEATING EVERY NIGHT AT 6 P.M. PLEASE RESERVE YOUR SPACE BEFORE 4:30 THAT AFTERNOON.

### LE BAR

For a quick bite or some comfort food, try our bar menu. You might select the macaroni and cheese, made with specialty cheeses, fresh herbs, lobster, and truffle; or a tapas plate of cold cuts, warm olives, almonds, and patatas brava. Sit at the bar, in the lounge, or in the restaurant.

### SUNDAY BRUNCH BEGINNING NOV. 4

Join Natalie's for a gourmet brunch every Sunday from 9:30 a.m. to 4:30 p.m. Enjoy delightful hot and cold entrées and fresh pastries and desserts, all prepared in house. Listen in the afternoon to the music of jazz singer Lindsey Ray. RESERVATIONS RECOMMENDED.

### OCTOBER FEST THROUGH OCT. 26

Inspired by the German Oktober Festen, Natalie's is offering a delightful autumn menu along with an expanded beer menu including German, Dutch, and Belgian beers, specially brewed for the season and perfectly paired with our menu.

### SPOOKY DINNER OCT. 27, 28, & 31

Ghoulish gourmets will be spoiled with a wickedly delicious dinner in honor of Halloween. Executive Chef Bob Krajewski and his team have created a superbly spooky dinner. Enjoy a bloody-tini and frighteningly delightful dishes.....if you dare!

### AN EVENING WITH EDIE

SATURDAY, NOV. 17 AT 9:30 P.M.  
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We are proud to welcome top entertainer Edie to Camden. Singer, dancer, and comedienne, Edie appeared in *Sex and the City*, performed at the MTV Video Music Awards, opened for Cindy Lauper, and starred off-Broadway in *Legs*. She was named Entertainer of the Year and Dance Artist of the Year (twice!) by the Grammy Awards, and voted New York City's Best Drag Queen. Call or visit our website to make a reservation for show tickets (\$20 per person), the dinner/theater package (\$50 per person including 3-course dinner), or the dinner/theater/lodging package (see website for details).

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## Lincoln County Business Feast on October 24

Hungry for business or just plain hungry? Visit the Lincoln County Business Feast on Wednesday, October 24, at the Central Lincoln County YMCA on Business Route 1 in Damariscotta. Between the hours of 2 and 7 p.m., get up to speed on topics from marketing to technology, compare products and services, network with business prospects and create new business relationships, all while supporting the local business community. Many vendors as well as some familiar faces will be there at this annual event showcasing local products and services for both business and personal life. A limited amount of booth space is still available.

The event includes samples from local food purveyors, from caterers to confectioners. For those wanting to do some holiday shopping, retailers at the Business Feast will be offering gift ideas from beauty products to pet products.

Keynote speaker Natalie King, vice president of sales and marketing for Stonewall Kitchen, will talk about the success and growth of this popular specialty-foods company from selling on sidewalks to being a nationally recognized leader in the specialty-foods trade. King will speak at 5 p.m. to kick off the closing reception.

For further information, visit [www.lscshowcase.com](http://www.lscshowcase.com) or call 563-8348.

## Coffee Documentary at Rockland Library

The documentary "Black Gold," showing at Rockland Public Library, 80 Union Street, at 6:30 p.m. on Tuesday October 23, asks us to face the unjust conditions under which coffee is produced and to decide what we can do about it. The film, presented by the Peace & Justice Film Series, traces the tangled trail from the two billion cups of coffee consumed each day back to the coffee farmers who produce the beans.

After oil, coffee is the most actively traded commodity in the world, with \$80 billion dollars in retail sales. But while we continue to pay for our lattes and cappuccinos, the price paid to coffee farmers remains so low, about three cents a cup, that many have been forced to abandon their coffee fields.

In Ethiopia, the birthplace of coffee, Tadesse Meskela, representative of the Oromia Coffee Farmers Cooperative Union, is a man on a mission. As his farmers strive to harvest some of the highest quality coffee beans on the international market, Meskela travels the world in an attempt to find buyers willing to pay a fair price. He seeks to circumvent the global commodity exchanges by selling premium-grade coffee directly to coffee roasters who will pay more for his high-grade product and who support the idea of paying farmers a living wage. He returns the profits to the cooperative members, who use the extra income to build the schools and infrastructure needed to develop their communities.

"Trade is more important than aid" (in addressing poverty), said an African delegate to a World Trade Summit in Cancun, Mexico. The filmmakers of "Black Gold," Nick and Marc Francis, said they wanted to make a film that forced us as Western consumers to question some of our basic assumptions about our consumer lifestyle and its interaction with the rest of the world.

Susanne Ward, owner of Rock City Books & Coffee and Rock City Coffee Roasters, will facilitate discussion after the film. She will offer some insights and a unique local perspective. There will also be coffee to sample from Tadesse Meskela's coffee farmers' cooperative in Ethiopia.

The program is free to the public and is handicapped accessible. Donations are appreciated to help cover costs of the room and film. For more information, call 594-1478.



Susanne Ward

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# Fall Restaurant of the Week

Welcome to Fitzpatrick's!!! Located on Bay View Landing in Camden. The atmosphere is quaint and really it's as cozy as it can get. Just look for the old brick building with a green awning and get ready to eat an awesome meal.

In the last year Fitzpatrick's Restaurant has changed ownership. Kitty, the new owner, is happy to become a part of the Camden community. She feels that great food at reasonable prices with warm, friendly service is what makes Fitzpatrick's in Camden a great place to join with friends and family and enjoy one of life's pleasures — a great place to eat.

We all love finding a great breakfast place. It's like finding some salvation, finding some hope to start our day. Fitzpatrick's is that place for many locals and also visitors to the area. It's common to see the same locals daily and the same visitors, as well, until their vacation is up. We're lucky we can go year-round without giving up our favorite dishes like: handmade French toast, "I can't get enough of those" pancakes, huge tasty omelets, piles of great home fries, muffins filled with blueberries, and of course country-style bacon — just the tip of the iceberg from their

open-minded menu. Whatever you're in the mood for, from a fresh bowl of fruit to Maine-made syrup dripping off your stacks of pancakes, it's up to you. Fresh orange juice and great hot coffee make the breakfast complete. This is the real deal when it comes to a great breakfast. If you have not tried the new Fitzpatrick's, you owe it to yourself to come in and make it your breakfast place.

Lunchtime is no different at Fitzpatrick's. You get the same great warm welcome and the same great food. The French fries and onion rings alone are worth the trip into Fitzpatrick's. Cheese burgers, chicken fingers, BLT's — you name it, they'll have your favorite sandwich covered here. They make everything to order, so if you want them to build a custom sandwich for you they'll do it. When it comes to making their customers happy, Kitty and staff are naturally trained to do just that. Custom orders are taken with a smile. If you need a quick bite, it can be a fast lunch, but remember it's not fast-food tasting. The fried seafood is also very good as the batter and freshness of Fitzpatrick's seafood is top-notch. Experience the difference for yourself. At Fitzpatrick's, there's something on the menu to please everyone.

Dinner is served only during the summer months. Sorry, you'll just have to get there for breakfast or lunch, or, as

some do, for both. This is a real fine place to eat. One of the best dining experiences awaits you. Experience how breakfast and lunch should be: Great tasting, respectful service and a real value. So head on in today and make Fitzpatrick's your place for breakfast and lunch.



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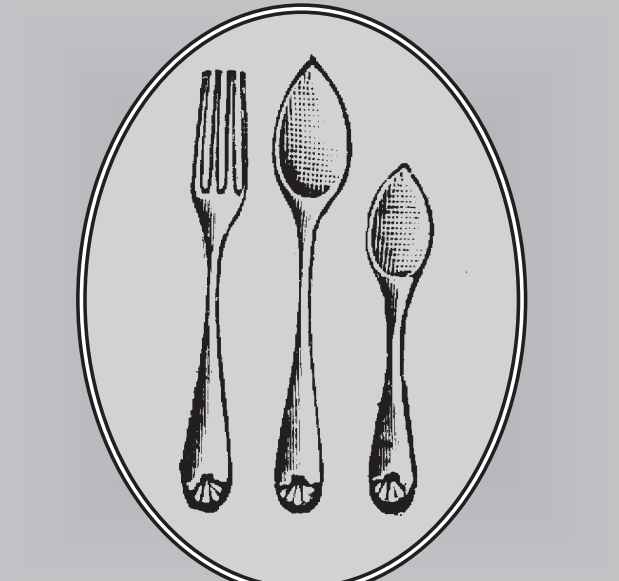
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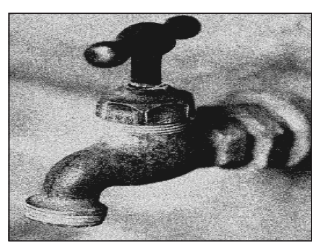
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**WCGH Makes Donation Toward First Annual Midcoast Maine Women's Health Conference —**

Gordon Tibbetts, chief financial officer for Waldo County General Hospital (WCGH), presents a donation from the hospital to Ann Hooper, co-chair of the Women's Health Initiative, which is sponsoring the first annual Midcoast Maine Women's Health Conference on May 17, 2008, at the Hutchinson Center in Belfast. On hand at the acceptance were, from left, Marguerite Pecorelli, who is coordinating the Women in Media Tea to be held in conjunction with the conference; Barbara Biscone, conference organizer; Katy Jayne, project coordinator; Hooper; Nancy Boyington, co-chair; Tibbetts; and Andrea Walker, community services supervisor for the hospital. Missing from the photo but also helping to organize the conference are Babs Ossenfort, Deb Eaton and Lynn Patten.

**Hospital Aid Sponsoring Blood Drive**

On Friday, October 19, Waldo County General Hospital Aid will sponsor an American Red Cross blood drive at the Masonic Lodge, next to the Shrine Club on the corner of Northport Avenue and Wight Street in Belfast, from 2 to 7 p.m. The Red Cross says donors are needed to make up a shortfall of approximately 1,000 units across the Northeast. Donors must be 17 years old, weigh at least 110 pounds, be in general good health and show a valid I.D.

The goal of this blood drive is to collect 60 units of blood to replenish supplies and to help patients in need. Donna Morissey from Corporate Affairs New England Region says, "We rely on the generosity of volunteer blood donors to ensure blood will be there when it is needed. All blood types are currently needed, as we have less than a one-day supply of blood."

Every day, the New England Region of the Red Cross provides blood and blood products for patients in all of Maine's hospitals and to over 200 medical facilities throughout New England.

Giving blood is easy and completely safe. The complete process, from registration to relaxing at the canteen, is usually about one hour. The Red Cross has guidelines to protect both the donor and potential recipient. There are waiting periods to donate blood for people who have experienced pregnancy, major surgery, immunizations, tattoos or residency in a foreign country.

To make an appointment for the October 19 blood drive, call 1-800-GIVE LIFE. Walk-ins are also welcomed. For additional information, call the Red Cross or visit the Web site at [www.newenglandblood.org](http://www.newenglandblood.org).

**District Forum on Next State Health Plan Set for Oct. 30 at Samoset**

Governor John E. Baldacci has announced the beginning of the process to establish the next State Health Plan. The first step includes statewide forums for local health officials and the interested public to provide input on priorities of the next State Health Plan. This is the first in a series of forums as the draft plan is developed. The forums will also consider

local health officials and the public, which will help determine what we can do to be even better, and to bring Maine closer to the goal of being the healthiest state in the nation."

The meetings will be held in each of the eight new public health and human services districts, established as part of the broader effort to develop a robust and localized public health

**TO YOUR HEALTH**

Maine's emerging public-health infrastructure, with a focus on the Local Health Officer System. This follows the unveiling last month of the new infrastructure that will lead to more efficient and effective delivery of health care statewide. An initial meeting in this area will take place on Tuesday, October 30, from 8:30 a.m. to noon in Rockport at the Samoset Resort.

"Maine is a national leader in ensuring health care access for its citizens, but we also have room to improve when it comes to the efficiency and cost of our system," said Baldacci. "More than one-third of our premium costs come from treatment of often-preventable chronic illness like heart disease and diabetes."

"Making the system more efficient and effective is a cornerstone of Dirigo Health Reform. These meetings will provide critical input from

system for Maine. State health officials, including Trish Riley, director of the governor's Office of Health Policy and Finance, and Dr. Dora Anne Mills,

director of Maine Center for Disease Control, will provide an overview of the current State Health Plan and its accomplishments, a review of the local health officer system, and health profiles of each district. Attendees will be asked to provide comment on their priorities for the next State Health Plan.

Those unable to attend the initial forums may review the proceedings and register their opinions on the Dirigo Health Web site, [www.dirigohealth.maine.gov](http://www.dirigohealth.maine.gov). The draft State Health Plan will be subject to future hearings, including evening events. Call Elaine Lovejoy at 287-3266 or e-mail [elaine.lovejoy@maine.gov](mailto:elaine.lovejoy@maine.gov) for more information.

**Cancer Walk in Belfast October 28**

Join the Waldo County General Hospital oncology department staff for their annual benefit walk for cancer programs on Sunday, October 28. Proceeds go to the Oncology Patient Assistance Fund and the Mammography Fund, and are made available to cancer patients having difficulty with medical bills or patients who are unable to afford the cost of a life-saving mammogram.

The 2.5-mile walk is also an opportunity for community members to get together to honor a cancer survivor or to remember a loved one who has passed away. The whole

family is invited to walk, as the pace is leisurely.

Registration opens at noon and the walk begins at 1 p.m. at the Waldo County General Hospital Education Center, 118 Northport Avenue, Belfast. An entry fee of \$25 includes a fleece vest; \$10 registration includes a knit cap or tote bag.

Raffle tickets for elaborate gift baskets are also available for purchase. Refreshments will be provided after the walk and the raffle winners will be drawn.

For more information, call 930-2555.

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On Saturday, October 20, 2007 from 3 p.m. - 5 p.m. the Rockport Dance Conservatory will present an **Intro to Middle Eastern Dance** workshop.

This class will be taught by Shalimar who has been practicing Near East dance for over twenty years.

Commonly called belly dance, Middle Eastern dance has origins in the temple dances of Mesopotamia (ancient Iraq). This class exercises the hips and belly and is excellent exercise for before and after childbirth. Bring dance wear, a scarf for the hips, and join the fun!

**The price for this 2-hour class is \$12**

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## PBMC to Host Fourth Annual Victorian Tea and Breast Health Fair

The women with the Pen Bay Healthcare family of services who organized last year's Victorian Tea and Breast Health Fair gathered on the stairs of the Berry Manor Inn in Rockland. Bottom row, left to right: Diana Rae, RN, Education, PBMC; Jennifer Payson, coordinator, Community Events and Relations, PBH; Wendelanne Augunas, coordinator, Women and Family Health, PBMC. Top row, left to right: Holly Carlson, RN, OCN, coordinator, Clinical Care, Cancer Care Center, PBMC; Linda Zeigler, RNC, Women's Health Educator, PBMC; Mary Beth Hill, LSW, coordinator, Patient Care, PBMC; and Steva Parkman, volunteer, Cancer Care Center, PBMC.



On Tuesday, October 23, the Navigator Program, Women's Health and the Cancer Care Center at Penobscot Bay Medical Center (PBMC) will host the fourth annual Victorian Tea & Breast Health Fair at the Berry Manor Inn in Rockland from 3 to 7 p.m. This event, held in a setting evocative of the Victorian era, is an opportunity for midcoast community members to learn about breast health from knowledgeable healthcare professionals.

Along with a traditional tea including sandwiches and desserts, this year's fair will feature breast health educators and a free bra fitting clinic. Guests can speak with an American Cancer Society representative; consultants on breast self-examination, lymphedema and nutrition; and stress

**TO YOUR HEALTH**

reduction and body image experts.

Guests are encouraged to schedule a mini-session for chair massage or reflexology or Jin Shin Jyutsu. Skin care consultations, makeovers, and feng shui and handwriting analysis workshops will be available.

Guests may park behind the inn on the north side of Granite Street and around the corner from the inn at the parking areas for the Lincoln Street Center, 24 Lincoln Street, and the McLain School, 26 Lincoln Street.

For additional information, call Ginny Vaitones at 596-8977 or e-mail [vvaitones@penbayhealthcare.org](mailto:vvaitones@penbayhealthcare.org).

## "Living With Cancer" Conference Nov. 2

The first annual American Cancer Society Downeast "Living With Cancer" Conference will be held on Friday, November 2, at the Holiday Inn in Ellsworth from 8:30 a.m. to 3:30 p.m. The conference is a free, day-long program for cancer patients, family members, caregivers and medical professionals.

This year's conference theme is Hope, Progress, Answers — A Path to Healing and Wellness. Speakers include Daniel Reinke, MD, a cancer survivor and family physician at Blue Hill Memorial Hospital; and Dianna Emory, EdD, an author, cancer survivor and Mt. Desert Island resident for over 30 years. In addition, there will be a panel discussion with cancer survivors, workshop sessions covering various topics, and numerous vendor exhibits.

The conference is sponsored in part by a generous donation from Harriette Mitchell, Bar Harbor resident, licensed practical nurse, and longtime American Cancer Society volunteer. Mitchell won the 2007 Elizabeth Fritz Thorndike

Award, which honors an individual who has made a significant contribution to the field of social work on Mt. Desert Island, and designated the Beth C. Wright Cancer Center and Downeast Living With Cancer Conference as recipients of a \$1,000 grant.

Mitchell has been involved with the Reach to Recovery® program since 1992. Reach to Recovery volunteers are trained breast cancer survivors who help newly diagnosed patients cope with issues related to their diagnosis, treatment and recovery. In addition, Mitchell was one of the first Daffodil Days volunteers in Ellsworth, when the program was initiated.

To register for the Downeast Living With Cancer Conference, select a workshop, or obtain more information, call the American Cancer Society at 800-227-2345 or visit [www.cancer.org](http://www.cancer.org).

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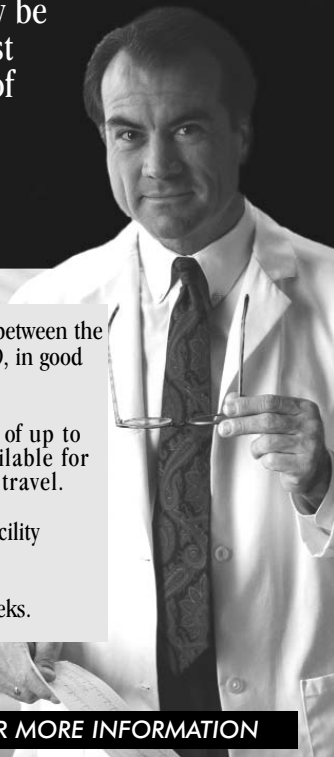
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## Author of My Mother's Bipolar, So What Am I? at Breakwater Bookland



Author/speaker Angela Grett will discuss the impact of bipolar disorder during a presentation and book signing for members and guests of the Maine coastal area chapters of the National Alliance on Mental Illness (NAMI) at 6 p.m. on Monday, October 22, at the Breakwater Bookland, 91 Camden Street, Rockland. Grett will deliver a speech, make an audiovisual presentation and sign copies of her new book, *My Mother's Bipolar, So What Am I?* The event is open to the general public. For more information about the event, call NAMI Maine at 622-5767 or Breakwater Bookland at 593-9354.

*My Mother's Bipolar, So What Am I?* reveals the emotional, physical and mental toll this complicated disease takes on the children of bipolar parents. Grett's mission is to bring families together through education and to reduce the stigma attached to bipolar disorder by informing people about the realities of the condition.

## U.S. Cellular Hosting Family Safety Day

With Halloween just around the corner, U.S. Cellular and the Rockland Police Department will host an instructive event on Saturday, October 27, from 9 a.m. to noon, at 725 Main Street. Family Safety Day is designed to teach families about cell phone safety and emergency procedures. Children will learn how to dial 9-1-1 on a cellular phone and will receive free safety coloring books. U.S. Cellular associates will offer families instruction in how to access AMBER Alerts and other useful cell phone tools during an emergency, such as taking a photograph of your child on a cell phone. The Rockland Police Department will offer child safety seat checks and provide child identification kits for parents.

With Halloween just around the corner, U.S. Cellular and the Rockland Police Department will host an instructive event on Saturday, October 27, from 9 a.m. to noon, at

## CPR & First Aid Classes

Waldo County General Hospital is offering an American Red Cross CPR and Standard First Aid Certification Course that is open to the public. Classes will be held on three evenings: Monday, October 29 is Adult CPR; Monday, November 5 is Infant and Child CPR; and Tuesday, November 13 is Standard First Aid. Each class will run from 6 to 10 p.m. in the hospital's Education Center on Northport Avenue in Belfast. Participants will receive a certification card upon successful completion of the course.

Call 338-2500, extension 4154, to register and pick up the CPR book. The cost is \$60 for all three classes, \$50 for two classes, and \$35 for one class. Fees should be paid when picking up class materials.



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## PBMC Stroke Center Receives Certification

On August 18, the Penobscot Bay Medical Center (PBMC) Stroke Program received Primary Stroke Center Certification from the Joint Commission. There are 384 certified Primary Stroke Centers in the nation. PBMC is the second hospital in Maine to have achieved this certification.

"This is one of the most important advances at PBMC in how we are able to treat patients in our community who have suffered a stroke," said Dr. Dana Goldsmith, vice president, medical affairs, PBMC. "Being a nationally recognized stroke center means that we have been certified to treat stroke victims at the very highest standard of care. This can certainly lead to improvements in the outcome of what can often be a devastating disease."

Over the past two years, PBMC neurologists Dr. Robert Stein, Dr. Judd Jensen, Dr. Bruce Sigsbee, and Stroke Center coordinator Eileen Hawkins, RN, MSN, CNRN, have collaborated with community members and staff from all points in the healthcare continuum to meet the Joint Commission's standards and guidelines. They worked to establish a system of stroke care that is guided by best-practice standards and is already delivering benefits to the midcoast community. The Stroke Center additionally focuses on continuous quality improvement and stroke awareness and education.

The initial certification period for Primary Stroke Center certification is two years. Recertification is granted when the Stroke Center demonstrates continual compliance with standards set forth by the Joint Commission. The Center is additionally required to provide the Joint Commission with monthly data reports. These reports serve as springboards for ongoing process and quality assessment and improvement.

"The Stroke Center has been the result of a collaborative, multidisciplinary effort on the part of many individuals throughout our healthcare system," said Stein. "The Stroke Center is not a physical place but rather a system of care that attempts to coordinate the care from the EMS service through the hospital to rehabilitation if needed. Our goal is to achieve the best possible care."

PBMC cares for approximately 175 to 200 patients with stroke each year. The PBMC Stroke Center helps ensure that the hospital continues to make exceptional efforts to foster better outcomes for stroke patients through improved efficiency of patient care, fewer post-stroke complications, increased use of acute stroke therapies, improved long-term outcomes, reduced costs and increased patient and family satisfaction.

In addition, specific community benefits of the Joint Commission's accreditation include the strengthening of confidence in the quality of care, the reduction of risks in the administration of care, and ongoing evaluation of stroke patient care. "This certification is external verification by a national accrediting organization that patients in our community are getting the best possible care for strokes," said Roy Hitchings, FACHE, president and CEO, Pen Bay Healthcare. "We are also working very hard to educate our community about how to prevent strokes and how to quickly recognize the symptoms of a stroke so that patients can receive timely care. Dr. Rob Stein and Eileen Hawkins have done an outstanding job in leading this effort, and we are very thankful to them."

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# ASK... for Help

BY JOANNE MILLER



## The Proof Is Not in the Pudding

October is Breast Cancer Awareness Month and everywhere there are Herculean efforts to direct attention to this disease, which has increased 53 percent since 1950, according to Nancy Brinker, chair of President Clinton's Special Commission on Breast Cancer. But most of the attention — and resources — are directed at early detection and effective medical treatments and cures, i.e. surgery, radiation, chemotherapy with resultant disfiguration and damage to healthy tissue, and that's the upside. The downside, in many instances, is death. The good news is that, even with the alarming increase in this disease, the deaths have not increased. So, there are success stories, many of them. But we can do more, much more, all of us.

For instance, we can stop living in fear of this disease. We can assume a proactive, positive approach that says, "I don't want to have breast cancer and I'm going to do everything I can to increase my chances of not getting this disease. Susun Weed, in her book entitled *Breast Cancer? Breast Health! The Wise Woman Way*, assumes the position in her title. Yes, we need to stop talking about breast cancer as an eventuality and start talking about breast health and what we can do to have it. According to Weed, "Sometimes it seems that every magazine, newspaper, radio show and piece of mail has a headline declaring that every woman's risk of developing breast cancer is increasing. There is a numbing feeling of inevitability in these pronouncements. More and more women think about breast cancer as a when rather than an if." As I started to read chapter one of Susun's book, I realized that there is a guide for us to take a more proactive approach to breast cancer. We don't have to sit back and wait to become another victim. We can seize the power of prevention and increase our chances of dodging the breast cancer bullet.

Susun cites the alarming and depressing statistics regarding the dramatic increase in breast cancer. She goes on to say that "science has validated so few risk factors for breast cancer that 70 percent of the women diagnosed have 'no identifiable risk factors. Unfortunately, our sex, age, reproductive history, family history, exposure to radiation, race, culture and height are beyond our control. When we're told

these are the only risk factors, we can be left with feelings of helplessness, hopelessness and panic.

"But when we include risk factors that are considered 'not well substantiated' — but which are clearly contributing to breast cancer incidence — including ingestion of and exposure to prescription hormones, hormone-mimicking organochlorines, prescription drugs, petrochemicals and electromagnetic fields, as well as unwise lifestyle choices such as smoking tobacco, drinking alcohol immoderately, wearing a bra, or not exercising, then we can find many ways to lower breast cancer risk. No need to panic."

According to the Mayo Clinic ([www.mayoclinic.com](http://www.mayoclinic.com)), "Breast cancer prevention starts with your own health habits — such as staying physically active, limiting alcohol and eating right. Can healthy eating and regular exercise really contribute to breast cancer prevention? So far, the evidence says yes. What's more, if you combine these risk-reducing habits with limiting your exposure to substances that promote the disease, you'll benefit even more. The Mayo Clinic Web site goes on to list the following steps:

Limit alcohol; Maintain a healthy weight, "... excess fatty tissue is a source of circulating estrogen ... and breast cancer is linked to how much estrogen you're exposed to during your lifetime." Stay physically active; Consider limiting fat in your diet; Hormone therapy and birth control pills may increase the risk of breast cancer; and "Breast cancer incidence may be linked to both pesticide exposure and over-use of antibiotics."

My message — do as much as you can to lower your risk — is followed by my advice to "be hopeful." No one embodies the message of hope quite as eloquently as Maine's own Meg Wolff. She says the following about her new book, *Breast Cancer Exposed*, "It describes ... the all-important connection between the food choices we make and our health and well-being. I want to raise awareness that there are costs for putting overly processed and chemically treated food into our bodies — and often we pay with our health or our lives. I firmly believe that changing my diet dramatically changed — and ultimately saved — my life." There is no more powerful message of empowerment and hope. We must accept what we can't change — like our genetic makeup — but we have a responsibility to change what we can. Every day in every way, we control what we eat, and changing our eating habits is something we all can do.

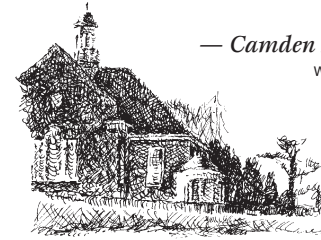
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## SENIOR SPECTRUM KNOX COMMUNITY CENTER CALENDAR

DATES COVERING OCTOBER 18 TO NOVEMBER 15  
Center hours are Mon.-Fri. 9-2

Mondays:	Oct. 22	- 10am-Noon, Singing Group
	Oct. 29	- 10:30 am-Noon, Karen Crum, Medicare D Specialist
Tuesdays:	Nov. 5	- 1pm-2:30pm, 65th Birthday Clinic
	Nov. 5, 12	- 9am-10:15am, Book Club
Wednesdays:	Nov. 12	- 9:30am-10:30am, Free Blood Pressure Clinic
	Nov. 6, 13	- 10:30am-Noon, Singing Group
Thursdays:	Oct. 24	- 9 am-3pm, Karen Crum, Medicare D Specialist
	Oct. 24, 31, Nov. 7, 14	- 10am-Noon, Memoirs Writing Group
Thurs. & Fri.	Oct. 24, 31, Nov. 14	- Noon, Wit & Wisdom Conversation Group
	Oct. 18, 25, Nov. 1	- Noon-1pm, Family Caregiver Support Group
Fridays:	Oct. 18	- 10am-1pm, Flu Shot Clinic, S22. Call 1-800-540-9561
	Oct. 18, 25, Nov. 1	- 10am-1pm, Flu Shot Clinic, S22. Call 1-800-540-9561
	Oct. 25	- 10am, Nutrition Seminar: Vitamins & Minerals
	Oct. 25 & 26	- 8:30am-12:30pm, AARP 55 Alive Driving Course
	Oct. 19, 26, Nov. 2	- 9-9am, Coffee Café
	Oct. 26	- 10am-Noon, Memoirs Writing Group
	Nov. 2	- 9am-1pm, VA Representative, call for appointment

61 Park Street, Rockland • 596-0339

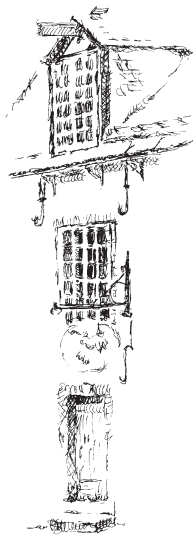
## Donations Sought for Pink Tulip Fund-Raiser

The Waldoboro Garden Club is participating in the Pink Tulip Project, which was started in 2004 by Robin Whitten after her breast cancer diagnosis. She began a unique way of fund-raising for the Women's Cancer Fund of the Maine Cancer Foundation with her vision of gardens planted all over Maine with pink tulips as a sign of hope and encouragement for people battling breast cancer and those who have survived breast cancer. As Joanne Jordan of the Maine Cancer Foundation puts it, "Just as tulips herald the first hopes of spring, the foundation is a sign of hope that much-needed research will bring a future free of breast cancer."

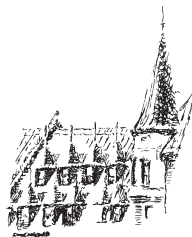
Waldoboro Garden Club members will be planting pink tulips in a dedicated garden in front of the Town Office Garden and is requesting donations. All funds donated to this project go directly to the Women's Cancer Fund. Donations must be received no later than the first week of November.

To donate to the Pink Tulip Project, either log on to [www.maine-cancer.org/pinktulips](http://www.maine-cancer.org/pinktulips), click on "Support a Garden," locate "Waldoboro Garden" in the listings, and make a credit-card donation that will be credited to the club's contribution page; or mail checks directly to: Pink Tulips, Maine Cancer Foundation, P.O. Box 553, Portland, ME 04112. Write on the memo line of the check that it is for the Waldoboro Garden.

Since the project began, over 15,000 bulbs have been planted in Maine and \$20,000 has been raised for breast cancer research. For more information, call the Waldoboro Garden Club at 832-0427 or e-mail [bycwtwo@roadrunner.com](mailto:bycwtwo@roadrunner.com).



— a Quebec City shop.



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Open to the Public!

## Massage Anyone?

Chair or Table massage provided at Fusion Outpatient Therapy on the Tall Pines Campus in Belfast can work wonders in promoting relaxation, enhancing circulation and increasing range of motion. Our licensed therapist, Alexandra Chaplin, MS, OTR/L, LMT (seen above) offers Swedish, deep tissue and muscle energy massage as well as stretching. Please call today at 930-7031 ext. 105 and make an appointment for your chair or table massage. You'll be glad you did!

Fusion Therapy also offers physical, occupational and speech therapy services. Call for more information.

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# Come Visit Union on November 3 and Kick Off Your Holiday Shopping!



## 25th Annual Craft Fair

Shop Early for Christmas  
Sat., Nov. 3, 2007  
Sun., Nov. 4, 2007  
9:00 am – 3:00 pm  
Union Schools in Union  
on Route 17



Small fee to sit on Santa's lap. Photos with Santa too!

All Welcome

More than 50 craft exhibitors.

Free Admission

Refreshments will be sold by the D.R. Gaul and A.D. Gray Chorus to benefit their group

- Over 90 Vendors
- 50/50 Raffle
- Snack Bar Open



51 South Union Road, Union, ME  
785-2202

## Fall Flea Market

Saturday, November 3 • 8 am-2 pm

**Please come and join us!**

### Winter Wind Florist Anniversary Sale

We are pleased to celebrate our sixth anniversary with lots of great deals. Stop by and help us celebrate.

- Free Gifts • Door Prizes
- 20-50% off Selected Items
- 10% OFF PRE-ORDERED Christmas Wreaths (Shipping available)

Visit our new Book Corner  
Saturday, Nov. 3  
Open all day, 8am to 5pm  
Tel: 785-6300  
It's now a Yellow Building –  
Corner of Rte. 17 and Rte. 131, Union

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## 15th ANNUAL WINTER BERRY BRUNCH

NOVEMBER 3<sup>RD</sup>

Saturday - 8:00 till 1:00  
baked goods  
home made candy  
crafts • greenery • Cafe

Sewing AND MORE  
Brunch 8:00 to 1:00  
FREE DOOR PRIZE

Church is located behind Union Post Office on Depot St.

Out of sight, out of mind? That seems to be the way of the world when it comes to disposal of waste at sea. For long centuries nations have viewed the oceans as ideal locations for junk. Of course the definition of junk has changed over those years, from offal and human bodies long ago to nuclear waste and dredge materials today.

Cianbro Corporation recently decided not to drag 11,000 cubic yards of gunk from the bottom of the Penobscot River in Brewer to the Penobscot Bay dredge disposal site just three miles off Glen Cove. It's a remarkable decision by the company given that the cost of disposing dredged material at sea is significantly less than carting it off to a land site, as Cianbro has agreed to do.

The Penobscot Bay disposal site, approximately 215 acres in size and lying at a 200-foot depth, has been accepting whatever we bring to it since the 1950s, according to the Army Corps of Engineers, which manages the site. It is one of the three dredged-material disposal sites located in Maine state waters (the other two are off Portland and Cape Arundel). Sediments dumped at the site come from dredge projects in Rockland, Camden and Castine harbors, as well as Bangor, Belfast and Searsport. The Army Corps states that approximately 1,118,000 cubic yards of dredged material have been deposited at the site since they started keeping track in 1982.

The reason that companies want to deposit gunk taken from the bottom of local harbors and rivers, many of which were contaminated by industrial or municipal effluent over the decades, at the Penobscot Bay location is because it's much cheaper to gain permission to use than a site further offshore in federal waters. And why is that? Regulations.

In federal waters, the Marine Protection, Research, and Sanctuaries Act (MPRSA) comes into play. The law, also known as the Ocean Dumping Act, was passed in 1972 to prohibit the dumping of material into the ocean that would unreasonably degrade or endanger human health or the marine environment. By passing the law, the United States came into compliance with the earlier London Convention, an international treaty on the disposal of waste in the oceans.

## Ocean Dumping



by Melissa Waterman

Under MPRSA the Army Corps of Engineers and the Environmental Protection Agency (EPA) share regulatory authority. Basically the Army Corps issues the permit using EPA's environmental criteria and with an OK from EPA on the permit.

The MPRSA explicitly prohibits tossing high-level radioactive waste, medical waste, sewage sludge, and industrial waste into the ocean. Disposal of dredged material, dead bodies and vessels is fine (Middle Ages anyone?), provided a permit is applied for and approved.

So if Cianbro Corporation, for example, wanted to take its 11,000 cubic yards of who-knows-what from the bottom of the river to an offshore site, the company would have to go through the rather complicated regulatory hoops required under the MPRSA. Using the Penobscot Bay site, in Maine state waters, requires only a permit under the Clean Water Act.

Ah, the Clean Water Act. Isn't that the Act passed in the same year as the MPRSA to clean up the United States' degraded fresh and salt waters? Shouldn't it prohibit depositing muck in the ocean?

Not exactly. The Clean Water Act (CWA) allows materials to be dumped in U.S. waters provided the dumper gets a permit. That permit is supposed to ensure no environmental harm to the surrounding waters. Section 404 specifically governs the discharge of dredge or fill material into the waters of the United States, wherever those lie. Once again, the Army Corps gets to give the permit, provided it meets EPA environmental guidelines and has received EPA review and concurrence.

The Army Corps is supposed to monitor the three sites in Maine regularly. "Regularly" has been construed rather loosely by the Corps. Prior to a several-month monitoring project focused on lobsters in late 2002, the last environmental monitoring of the Penobscot Bay site took place in 1988.

So hooray for Cianbro Corporation. Their change of heart may have to do with time and money, but whatever the reason, the bottom of the Penobscot River will not end up as a pile on the bottom of Penobscot Bay.

## GRLT Sponsors Oyster River Bog Hike



Keene Brook meanders its way through the Oyster River Bog in West Rockport. PHOTO BY GEORGES RIVER LAND TRUST

A loop walk through the Oyster River Bog section of the Georges Highland Path will be led by Georges River Land Trust (GRLT) volunteers Gary and Ida Clarke on Saturday, October 20, beginning at 10 a.m. Hikers should meet at the Von Saltza trailhead on Route 90, west of the intersection with Route 17 and just past Mill Street. The hike will cover seven miles across the trail's moderate terrain and should last four to five hours. Attendees are asked to bring lunch and water and wear brightly colored clothing, preferably blaze orange.

GRLT and the Oyster River Bog Association created this section of the Georges Highland Path. Since its opening in 2002, it has drawn hikers because of its trail, mixture of soft and hardwood trees, diverse landscapes and sightings of moose and other fauna. This hike is the final event in GRLT's series of 2007 Walks & Talks connecting the public with the resources of the watershed and surrounding areas.

The Georges Highland Path, built and maintained by GRLT, is a 37-mile system of "conservation trails" that gives hikers a unique look at the St. George River watershed. The goal of the path is to help people forge a close relationship with the land and to develop an active interest in protecting the region.

For more information, call 594-5166, visit [www.grlt.org](http://www.grlt.org), or e-mail [info@grlt.org](mailto:info@grlt.org).

## Toboggan Registration Opens

Registration for the 2008 U.S. National Toboggan Championships is now open. Registration forms are available at the Camden Snow Bowl, Camden Town Office or online at [www.camdensnowbowl.com](http://www.camdensnowbowl.com). The championships will be held the weekend of February 8 to 10, 2008. For more information, visit [www.CamdenSnowBowl.com](http://www.CamdenSnowBowl.com) or call 236-3438.

the Maine Forest Service, which awarded the BBWC a Planning and Education Grant of \$2,048 from Project Canopy. The latter is a state program administered by the Maine Forest Service and Pine Tree State Arboretum as part of a nationwide program designed to strengthen connections between people and their environment.

At the conclusion of the ceremony, the public is welcome to walk the entire trail.

BBWC is a group of organizations and individuals working to support conservation and stewardship of natural, scenic, historic and public-access resources of the watershed through research, community building and education.

## Tanglewood Opens ADA-Accessible Trail

In late summer Tanglewood 4-H Camp and Learning Center, a program of University of Maine Cooperative Extension, held a ceremony dedicating the Dale Mudge Memorial TREES Trail, an ADA-accessible trail that weaves through the Yankee Woodlot forest in Camden Hills State Park.

Designed for landowners, municipal officials, land managers and anyone else who wants to better understand forests, the trail leads visitors on an exploration of forest ecology and serves as a vision for how to manage forests for the benefit of present and future generations.

"Visitors will leave the TREES trail with a better understanding of the forest and learn something new every time," said Tanglewood co-founder Les Hyde. "This is the most used trail here at Tanglewood. That has got to tell you something."

The first 1,100 feet of the trail are ADA accessible and barrier free, and also include an ADA-accessible outhouse

and a stone memorial in tribute to Mudge, a former Tanglewood board member who will be remembered for her passion and enthusiasm for the camp. For more information on the Dale Mudge TREES Trail or any of Tanglewood's programs, visit [www.tanglewood4h.org](http://www.tanglewood4h.org) or call 789-5868.

The acronym "TREES" stands for "Teaching Resources in Environmental and Ecosystems Stewardship," and the trail is an important aspect of Tanglewood's programs; every year about 400 summer campers and more than 1,000 school program students hike there. Lining the trail are informational kiosks and signs explaining forest scenes, such as a pit-and-mound, the effect of lightning hitting a tree and why leaves change color in the fall. Head instructor for school programs Leah Trommer states that "nearly everything we teach about forest ecology can be found on this trail. . . . The impact it has on the students is priceless."

## Little River Community Trail Completed

The Belfast Bay Watershed Coalition (BBWC) invites the public to a celebration of the grand opening of the Little River Community Trail on Friday, October 26, at 1 p.m. at the Walsh Ball Field on Route 52 adjacent to the Jaret & Cohn real estate office. Mayor Mike Hurley will cut a ribbon to formally open the trail. Other city officials have also been invited.

Over the past two years, the BBWC, along with students from Troy Howard Middle School and BCOPE (Belfast Community Outreach Program in Education), plus many members of the Belfast-area community, have worked to complete the last mile and a quarter of the original Little River Trail, which begins at the Belfast Water District Build-

ing off Route 1. The work involved siting the trail, clearing and the construction of walkways and plank bridges over forested wet areas. The four-and-a-half-mile trail now ends close to Troy Howard and to the YMCA.

Thanks are due the Holmes Family, Viking Lumber and

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### ROCKLAND AREA TIDES October 18 to October 25

	High AM	High PM	Low AM	Low PM
Thursday	4:10	4:20	10:05	10:49
Friday	5:05	5:17	11:02	11:46
Saturday	6:03	6:18	---	12:03
Sunday	7:00	7:18	12:44	1:04
Monday	7:55	8:16	1:39	2:02
Tuesday	8:46	9:10	2:31	2:57
Wednesday	9:35	10:02	3:21	3:49
Thursday	10:23	10:53	4:09	4:40

### NATIONAL WEATHER SERVICE

### FORECAST for Knox County

**Thursday Night:** A chance of showers after 8pm. Mostly cloudy, with a low around 51. South wind between 5 and 8 mph. Chance of precipitation is 30%.

**Friday:** A chance of showers. Mostly cloudy, with a high near 61. South wind between 7 and 11 mph. Chance of precipitation is 40%. New rainfall amounts between a tenth and quarter of an inch possible.

**Friday Night:** Showers likely, mainly after 8pm. Cloudy, with a low around 59. Chance of precipitation is 70%. New rainfall amounts between a quarter and half of an inch possible.

**Saturday:** Showers likely, mainly before 8am. Cloudy, with a high near 64. Chance of precipitation is 70%.

**Saturday Night:** A chance of showers. Mostly cloudy, with a low around 50. Chance of precipitation is 50%.

**Sunday:** Partly sunny, with a high near 62.

**Sunday Night:** Partly cloudy, with a low around 44.

**Monday:** Mostly sunny, with a high near 61.



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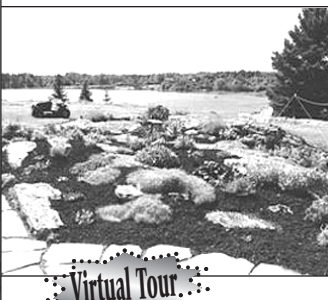
**KRISTINA MITCHELL**  
**Sales Agent**  
Realtor®



**St. George:** 4 bedroom, 3 bath New England style farmhouse. 2.6 acres, sun-room, hot tub, solar heated pool, nice new barn, and income of guest apartment. **\$274,900**



Amazing home, awesome views, superb condition, great location; 3+ bedrooms, Count Rumford fireplace, private guest quarters, and some furniture included. **St. George \$599,000**



Virtual Tour



Rare opportunity to own a piece of historic **Monhegan Island**. Comfortable 4 bdrm salt-box located atop one of the Island's highest points. Exceptional panoramic views of the harbor and beyond from your private 2nd story deck. House has excellent rental history. Motivated Seller **Asking \$600,000**



**New dream home by local master-builder must be seen to be appreciated:** 4,000 square feet of heated area includes the finest and most luxurious living imaginable, all on a beautiful wooded **Rockport** lot convenient to everything. Professional landscaping is icing on the cake. **\$720,000**

Virtual Tour



**Ranch at the edge of the Harbor:** Exciting views of the harbor and islands from this 6-year-old ranch in Tenants Harbor. Wonderfully decorated and in excellent condition with 3 BRs and 2 baths. Large master bedroom has full bath and peaceful views of the ocean. Large deck for comfortable entertaining, garage and dry basement for storage. It is a good one. **\$629,000**



**NEW PRICE**  
**A beautiful house in a beautiful location:** Situated on 5+ acres off Clark Island Rd., this spacious 3-BR, 3-bath house offers light, airy rooms, open floor plan, cathedral ceiling in living room and custom bookshelves with window seats. **St. George \$315,000**

Virtual Tour



**Owls Head Waterfront Estate:** Step Back in Time - Classic Maine 4-BR Farmhouse with spectacular waterfronts. 172 ft. of frontage on Owls Head Harbor with conservation easement to protect the view. Walk or drive the woodland path to secluded beach at Deep Cove with your own 67.5 ft. of frontage. Possibility for two elevated water-view building lots. **\$1.25 million**

Virtual Tour



**St. George:** Mini-farm, 3 BRs, workshop, barns, gardens and all on 1.3 pretty acres. This property has a 104' ROW to salt water cove. Perfect for canoeing or kayaking. Sweet and affordable at **\$189,900**

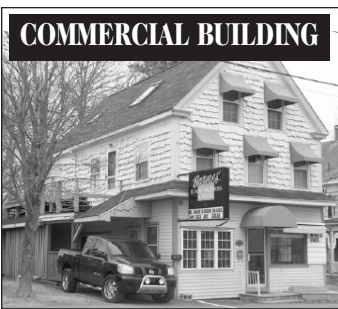


**Rockland:** Wonderful in-town location ready for your finishing touches. 3 bedrooms, 1 bath. Period details include original wide pine floors, built-in corner cupboards, plaster curved wall. 2 porches, 1 overlooking spacious backyard. Recent renovations include all new windows, roof & chimney. **\$130,000**



**Tenants Harbor:** Private location. Cathedral ceilings. Skylights. First floor Master. Fieldstone fireplace. Hot tub. Low maintenance...*Imagine the possibilities!* **\$399,995**

Virtual Tour



**COMMERCIAL BUILDING**  
**Thomaston:** Main Street building with two commercial suites, two floor, 2-3 bedroom townhouse apartment. Recent renovations; 4 bathrooms; prime location next to Post Office for your business or great income opportunity. **\$279,000**



**Rockland:** Panoramic Ocean Views from this 3-BR/3-bath Timber-Peg Post and Beam home on 7.94 acres. Open floor plan on first floor with 1671 sq. ft. finished living area. First floor master bedroom suite with bathtub and walk-in shower. First floor laundry. Bonus 1731 sq. ft. finished living area in basement would make wonderful guest quarters. 2-car attached garage. **\$459,000**

Virtual Tour



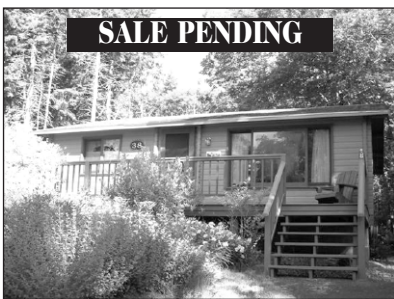
**Otis Point, St. George:** Fine home with 33' ROW - nice beach and deep water access. Cedar shingles, Andersen 400s windows, 2 farmer porches with Timber Tech decks. Two rooms still need to be finished inside. Sailor's paradise on mile-wide river. **\$299,900**



Views from all rooms in this **Tenants Harbor** Village home. Wonderful Garrison Colonial style home within a stone's throw of the water. ROW comes with this treasure. Large formal rooms, finished with care, quality construction. **\$739,000**



**Tenants Harbor:** Charming 2-bedroom, 2-bath cape on a lovely 1-acre surveyed lot, minutes from Port Clyde. Quiet street just one mile from the ocean to the east and the salt water St. George River to the west. Beautiful, mature landscaping. Neat as a pin for year-round or summer living. **\$159,000**



**SALE PENDING**  
**Tenants Harbor:** Darling summer log cabin. Fabulous rental location. 2 bedrooms, hardwood floors and garage. Excellent condition. **\$299,800**

**NEW LISTING!**  
Two bedroom ranch with full basement. Plus, a three bedroom mobile home. Two wells, two septs, garage, 4.16 acres.  
**Martinsville**  
**\$629,000**



**Mosquito Harbor Waterfront:** Just around the corner from Port Clyde. Three bright sunny bedrooms, hardwood floors, granite countertops in a brand new kitchen, wonderful deck, and 2 lovely new baths. This one is adorable and a dream vacation home or for year-round living. **St. George \$535,000**

Virtual Tour



**PRICE REDUCED - NOW INCLUDES 15 ACRES**  
**Virtual Tour**  
**Union:** Forever views of blueberry fields & Appleton Ridge. Very spacious Cape on 15 acres with kitchen/family room with fireplace, beautiful enclosed sunporch & private deck. 2 additional finished first-floor rooms with views - great space for a possible first-floor master suite! Attractive landscaping, privacy, and easy access to Augusta & Rockland. **\$299,900**



**Tenants Harbor:** New England style home close to the "Welcome to Martinsville" sign. 3 bedroom home with freshly painted interior. Pretty lot with new septic system in 2000. Three miles from Drift Inn Beach in Port Clyde. Great starter home or bring new ideas for your summer retreat. **\$122,000**

# LAND

**South Thomaston, Norton Drive.** 10 acres off cul de sac. Driveway started. Less than 1 mile from town dock. Good land. **\$82,000**

# Cellardoor Vineyard Celebration Successful

Cellardoor Vineyard of Lincolnville celebrated the end of the growing season with a Grape Harvest Festival last Saturday. More than 1,000 people came throughout the course of the eight-hour event, said new owners Bettina Doulton and John Tynan.



Guests were treated to activities highlighted by grape stomping, hayrides, a pumpkin hunt, live music and an all-you-can-eat barbeque. Inside the renovated 1790s barn, those who attended could make wreaths, taste chef-made creations in the Vineyard Test Kitchen and sample the many varieties of wine handcrafted in the cellar. The day ended with hot-air-balloon rides rising over the vineyard.

Cellardoor Vineyard in Lincolnville will be open daily through October 28.

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## Birding with Don Reimer

### Belted Kingfisher —

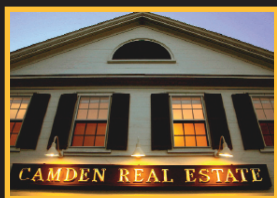


Nesting across most of North America, Belted Kingfishers create a distinctive impression with their large head, chisel-shaped bill and shaggy crest. A small white dot is located between the bill and the eye (an area called the lores). While both sexes share the blue-gray back and bluish belly band, the females have an additional reddish chest band. Their short tail gives these birds a top-heavy appearance. Utilizing both fresh water and marine habitats, Kingfishers hover above the water before plunging headfirst to capture their prey beneath the surface. They also hunt from waterside perches. Nesting tunnels up to 8 feet in length are dug into vertical gravel and sand banks located near to water; these tunnels have a slight upward slope to prevent rain water from entering the foot-long nest cavity. Kingfishers are very local birds, whose dry, raspy tattle-calls are frequently heard as they busily prospect for new fishing areas.

Male Belted Kingfisher perched above the Georges River, recently photographed in Warren. PHOTO BY DON REIMER

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Rockport~ Pristine 3-BR Cape, kitchen with granite, porch, deck. 1.76 acre lot. \$395,000



Lincolnville~ Private, 3-BRs, frontage on Pitcher Pond, 3 decks, turn-key. \$375,000



South Thomaston~ Frontage on Wessaweskeag River. 3-BRs, one on the 1st fl. & 2 acres. \$350,000



Lincolnville Rte.1~ Open fl. plan, 3-BRs, + additional 2-story building, used for retail. \$342,500



Lincolnville~ Picturesque 3-BR Cape, master suite, heated garage, 3.27 acres. \$339,900



Camden~ Immaculate, 3-BRs, near ski area & 5 minutes to town. Nice views, 1 acre. \$319,000



Rockport~ 1830's Cape, barn, period details, 3-BRs, master suite, 1.4 acres. \$309,000



Waldoboro~ Vintage Cape on 2+ acres of fields & fruit trees. 3-BRs, 2 FPs, workshop & barn. \$349,000



Camden~ Well-maintained, 3-BRs, porches, private backyard, near golf course. \$295,000



Saturday Cove~ Commercial space on Rte.1, 3700 SF on 1st fl. & 2-BR apt on 2nd. \$288,000



Camden Village~ 3-BRs, 3 season porch, eat-in kitchen, detached 2-car garage. \$287,500



Lincolnville~ 3-BRs, hardwood flrs., 1st fl. BR, garage. Overlooks park & Norton Pond. \$299,000



Rockport~ Adorable 3-BR Cape, 1.78 ac. lot. Quiet neighborhood, deck, mtn. views. \$245,000



Camden~ 1902 Village home, views of Mt. Battie. 3-BRs, front porch, walk to shops. \$241,000



Lincolnville~ 3-BR Cottage in a quiet glen w/2.5 acres. 9 rms deck, more land avail. \$239,000



Appleton~ 3-BR home w/updates, period charm, detached garage on 1 acre. \$179,000



Warren~ 3-BR Saltbox, updates, new appliances, kitchen w/granite, deck, 2.56 acres. \$179,000



Union~ Antique Cape perched on a hill, 3-BRs, small yard, walk to the common. \$119,000

## Nobel Peace Prize

Here's the full text of the October 12 release from the Norwegian Nobel Committee announcing the Nobel Peace Prize:

The Norwegian Nobel Committee has decided that the Nobel Peace Prize for 2007 is to be shared, in two equal parts, between the Intergovernmental Panel on Climate Change (IPCC) and Albert Arnold (Al) Gore Jr. for their efforts to build up and disseminate greater knowledge about man-made climate change, and to lay the foundations for the measures that are needed to counteract such change.

Indications of changes in the earth's future climate must be treated with the utmost seriousness, and with the precautionary principle uppermost in our minds. Extensive climate changes may alter and threaten the living conditions of much of mankind. They may induce large-scale migration and lead to greater competition for the earth's resources. Such changes will place particularly heavy burdens on the world's most vulnerable countries. There may be increased danger of violent conflicts and wars, within and between states.

Through the scientific reports it has issued over the past two decades, the IPCC has created an ever-broader informed consensus about the connection between human activities and global warming. Thousands of scientists and officials from over one hundred countries have collaborated to achieve greater certainty as to the scale of the warming. Whereas in the 1980s global warming seemed to be merely an interesting hypothesis, the 1990s produced firmer evidence in its support. In the last few years, the connections have become even clearer and the consequences still more apparent.

Al Gore has for a long time been one of the world's leading environmentalist politicians. He became aware at an early stage of the climatic challenges the world is facing. His strong commitment, reflected in political activity, lectures, films and books, has strengthened the struggle against climate change. He is probably the single individual who has done most to create greater worldwide understanding of the measures that need to be adopted.

By awarding the Nobel Peace Prize for 2007 to the IPCC and Al Gore, the Norwegian Nobel Committee is seeking to contribute to a sharper focus on the processes and decisions that appear to be necessary to protect the world's future climate, and thereby to reduce the threat to the security of mankind. Action is necessary now, before climate change moves beyond man's control.

## Web Site on Governor's Plan to Combine State's Jails and Prisons System

The Department of Corrections has launched a Web site for the public to learn more about the governor's proposal to create a unified state corrections system. The site contains information about the proposal to unify the state and county corrections system and will be updated regularly with details on the plan and its implementation. It also has a question-and-answer feature for citizens to get answers to specific questions.

The Web site can be accessed from the department's home page at <http://www.maine.gov/corrections/> or directly at <http://www.maine.gov/corrections/singlesys/index.shtml>.

## Rally, March in Boston October 27 to End War in Iraq

United for Peace and Justice, a coalition of more than 1,000 groups opposed to the war in Iraq, has called for a nationally coordinated day of protest against the war on Saturday, October 27. Regional demonstrations will be held in 10 cities around the country. The New England event will start with a pre-rally at 11 a.m. at the Boston Common bandstand. The rally with music and speakers, including historian Howard Zinn, begins at noon and will be followed by a march to Copley Square from 2 to 3 p.m.

For more information and details on the speakers and the rally, go to [www.newenglandunited.org](http://www.newenglandunited.org).

The New England United coordinator for Maine is Jamilla El-Shafei, founder and organizer of The Kennebecs Peace Department. For more information, contact her at 603-969-8426 or 207-439-5800, or by e-mail, [jamillaelshafei@yahoo.com](mailto:jamillaelshafei@yahoo.com).

Jamilla El-Shafei and David Lester, of Iraq Veterans Against the War (IVAW), are organizing a bus to Boston that will depart from the Park & Ride on Marginal Way in Portland, with a stop in Portsmouth, New Hampshire. For information about IVAW or a reservation on the Portland bus, contact Lester at 313-345-9745.

Buses from Belfast and Rockland are being organized by Cathy Mink of the Eastern Maine Peace and Justice Center. For information on the buses, contact her at 338-4920, or via e-mail at [info@peacectr.org](mailto:info@peacectr.org).

## LETTERS OPINIONS

### How You Can Help During National Adopt-a-Dog Month

October is National Adopt-a-Dog Month, and the Camden-Rockport Animal Rescue League (CRARL) is encouraging everyone to spend time considering how our community can help homeless dogs. The most obvious form of assistance is to adopt a dog! CRARL always has dogs available because the shelter not only takes in local dogs that are relinquished, but also accepts dogs from other animal-welfare organizations in Maine and sometimes from rescue groups in other states as well. In addition to CRARL, there are several animal shelters and rescue groups throughout Knox County and just beyond its borders who have wonderful, adoptable dogs ready to go to homes of their own. Adopting a dog provides health benefits such as guaranteed exercise through walking, jogging or playtime, and it has even been demonstrated that caring for pets can help lower blood pressure, prevent heart disease, and ward off both depression and loneliness. There are social benefits to having a dog as well, since dogs facilitate introductions and conversations, and dog ownership encourages people to get out and about more often in their neighborhoods and towns.

Another act of compassion that cannot be emphasized enough is spaying or neutering the family dog(s). There are still plenty of people who either do not recognize the importance of humanely controlling America's dog population, or who mistakenly believe that spaying or neutering an animal is cruel. On the contrary, altering a pet is a crucial step in reducing the suffering of countless animals throughout America. An estimated ten million dogs and cats are euthanized in American shelters each year, and millions more die before even reaching shelters from starvation, illness and injuries. These statistics are staggering, and it will take the commitment of everyone who owns or simply loves animals to minimize, and someday eliminate, the needless deaths of adoptable dogs and cats. If the cost of the procedure is preventing pet owners from having their animals altered, they should contact their local animal shelters and ask about reduced-fee services. If pet owners have already spayed or neutered their dogs, they should consider making a monetary contribution to an animal shelter to help offset that organization's costs for altering the cats and dogs in their care. Dog owners also need to remember that only 15 percent of dogs who come to shelters are united with their owners, and this percentage would be greatly increased not only if all dogs wore identification tags routinely, but also if they were microchipped. Veterinarians and shelters often offer dog tags right on their premises, and they can also provide information about microchipping procedures and reduced-cost clinics.

There are many other ways in which the people of Knox County can honor National Adopt-a-Dog month. If adoption is not currently an option for an individual or a family, volunteer services are always a valuable contribution. Volunteers can assist with any number of tasks within a shelter, including cleaning, filing, walking dogs, doing carpentry and assisting with fund-raising. Volunteer assistance that takes less time than the examples above include dropping off items such as food, toys and cleaning supplies, and monetary donations are always greatly needed and appreciated. Contributors could consider sponsoring part or all of a monthly expense for a shelter, or donating to a fund for veterinary emergencies or for special projects. There is some way in which everyone who cares about animals can better the lives of shelter dogs. Contact CRARL at 236-8702 or visit [www.crarl.org](http://www.crarl.org) for more information about adopting a dog or to learn about volunteer opportunities.

AMY SMERECK  
Vice President  
Board of Directors  
Camden-Rockport Animal Rescue League  
Camden

### Prison Site

People of Thomaston, please don't rule out open space at the site of the old Maine State Prison.

It's such a pleasure to pass by this place and see grass and trees. Is a housing development with commercial buildings really an improvement on nature? Thomaston already has a downtown, although it lacks the heart it used to have back in the days when there was a 5&10, a drugstore, Studley's Hardware and other independent shops. Remember those magnificent elm trees lining both sides of Main Street?

I've seen the plans for putting roads and buildings over much of the old prison site. Why must we always think in terms of developing open land? Maybe there is a value in a scenic place that trumps a developer's dreams.

Thomaston is taking up acres of space with sprawl on the road to Rockland. If the prison site remains open, it offsets the visual wasteland the town has allowed from Drag-

### Family Values —

A nice phrase ... a warm, comforting phrase. Who could possibly raise a question about the sanctity of family values? And who could ever question the sincerity of folks who spend a great deal of their time proclaiming a personal dedication to the family-value-driven life?

Well, in all candor, I could!

In the first place, I would observe that many who bray the loudest about their values apparently embrace one that I'd never want my children to adopt — that of intolerance.

Consider the position that self-appointed spokesmen like Pat Robertson, James Dobson and the late Jerry Falwell have championed when it comes to homosexuals. Not only have they condemned all who happen to have been born that way, but these holier-than-thou ministers have contended that the mere presence of many gays and lesbians in New York City and New Orleans played a role in the 9/11 and Katrina disasters.

And, as noxious as that bigotry may be, I'd rank it second to the blatant hypocrisy exhibited by other supposed stalwarts of the family-value movement. We have recently been made aware of many who have followed in the shameful footsteps of the Reverends Jimmy Swaggart and Jim Bakker. As you may recall, James the First had sex with a prostitute while James the Second preferred the offerings of a woman who served as a clerk of his church.

More recent betrayers of their family-value vows are characters like Mark Foley (a would-be predator of young congressional pages), Senator David Vitter (who acknowledged contact with a Washington-area madam), the Reverend Ted Haggard (the former Evangelical leader who, despite his frequent homophobic rants, had frequent sex with a male prostitute) and Senator Larry Craig (he of the wide bathroom stance).

On a less serious but nevertheless related note, we recently learned of the sexual shenanigans of four members of what may have been the most squeaky-clean (and most boring) TV sitcom ever — "The Brady Bunch."

With the possible exception of the Bradys, it just so happens that all the other sexual miscreants identified herein were Republicans. That is not to say that I think Democrats are immune to such repugnant behavior — maybe they just haven't been caught yet.

What I would suggest, however, is that Republicans drop the charade of calling themselves "The Party of Family Values." If they fail to do so, perhaps they should adopt a party cheer to inspire each of their official gatherings ... something like "HIP, HIP HYPOCRISY!"

CHUCK FRYER  
Camden

## Collins Receives "Mother Teresa Lifetime Achievement Award"

The National Association for Home Care & Hospice (NAHC) presented Senator Susan Collins with the association's highest honor, its "Mother Teresa Lifetime Achievement Award," given in recognition of "exemplary and continuous service in the cause of caring for others."

The award was presented to Collins at the NAHC's 26th annual meeting in Denver last week.

"We have with us the strongest advocate for home care in the United States Senate," said NAHC President Val J. Halamanderis. He praised Collins' efforts in the Senate to protect the elderly and infirm, adding that her work there is defined by her compassion and integrity.

"Home health as a share of Medicare spending has dropped from 8.7 percent in 1997 to 3.2 percent today," Collins pointed out. "Home health care has consistently proven to be a compassionate, cost-effective alternative to institutional care," Collins said. "Additional cuts would be counter-productive to our efforts to control overall health care spending."

on Cement to the Rockland line.

Yes, I'm an environmentalist. I believe we all need to work on protecting our environment, since it's the only one we've got. But whatever you call yourself, I bet you appreciate parks and the beauty of natural places.

I'm not saying we shouldn't have strong economic and business development. I'm just suggesting that this remarkable piece of land be a peaceful haven for all the residents and friends of Thomaston.

Think about it: For nearly two hundred years people were imprisoned at this site. If you leave it wide open, people can go there and experience — freedom!

STEVE CARTWRIGHT  
Waldoboro

## Low-Road Politics —

The brouhaha over Bentley Snow Davis's electoral forms seems to have all the earmarks of our recent presidential elections where one candidate seeks out the most trivial of errors and inflates it and spins it and hammers it with one goal only: to eliminate the competition. Once her name was off the ballot, it wasn't good enough. She was still perceived as a threat and so had her good name smeared at the city council meeting, which is covered on television. It seems perfectly clear that some feel they must engage in this tired old Rove-esque game, because without personal attacks against the opposition, they might have to debate the issues. Those who are using these smear tactics should be ashamed of these low-road politics.

What is the ultimate goal here, the big picture? Do we, the citizens of Rockland, want to have as many qualified, interested candidates as possible to choose from to represent us on the city council or don't we? Let's be honest, only four people out of a community of nearly 8,000 came forward to run for these two city council positions. Is it truly in our best interest to silence one of these candidates because she is a write-in? It certainly limits our informed choices. And, I know that as a homeowner in Rockland I pay dearly for those choices.

Haven't we learned as a nation by now that these kinds of mean-spirited maneuvers reveal a great deal about the character of a candidate? I can accept someone making an honest mistake and apologizing for it. On the other hand, I have some serious reservations about a candidate who launches his campaign by eliminating one of his opponents via a technicality.

And, on the subject of technicalities, maybe all of those petitions should have been disqualified because the language on them only applied to male candidates. I believe Ms. Snow Davis could have easily made that an issue. Apparently, she is more interested in the greater good of the city.

I am impressed by Bentley Snow Davis's credentials, her intelligence, her commitment to the community and particularly the dignified manner in which she has handled these very personal attacks. I believe she should be allowed to participate in the Thursday night debate. I think the citizens of Rockland should be given an opportunity to hear her views on the issues. After all, it is our city council and we ought to have some say-so in this process.

Please join me in writing in Bentley Snow Davis for city council. And remember the very important technicality of filling in the arrow to complete the vote!

KATHY DUNNE  
Rockland

## Skating Club —

The board members of the Skating Club of Maine, Coastal Region, would like to thank the many people who participated in the Community Day celebrations at Midcoast Recreation Center (MRC) in Rockport on September 30.

The weather was wonderful, the lunch of grilled hot dogs and hamburgers was provided by MRC, and Nashville recording artist Jeff Caron and his band provided an extra touch of fun. Other entertainment for the kids included a dunk tank, a petting zoo and the "bouncy house" as well as the first public skating session of the season, all free of charge. Thanks also to the many ice hockey and figure skaters who demonstrated their respective sport for the public to enjoy. Coaches from the club's Learn-To-Skate program conducted mini lessons and held registration for classes in the 2007-2008 season.

Through the Learn-To-Skate program, the Skating Club of Maine seeks to introduce the challenges and rewards of ice skating to adults and children of all ages. All classes are taught on the ice at MRC and are aimed at all levels of interest and ability. From the very youngest beginners in the Snowplow Sam classes up through the more advanced Freestyle classes and the adult Learn-To-Skate program, the Skating Club of Maine has a program to suit all interests. Classes began Wednesday, October 3, but openings are still available in many classes.

We'd like to thank our sponsors for this upcoming season — TD Banknorth, The Lord Camden Inn, Pendleton Yacht Yard and MRC — and invite other area businesses to become sponsors and join us in bringing the magic of skating to more students in the midcoast. For more information about the Skating Club of Maine, or to register for classes, please call: 236-9400, Box 500; or e-mail coastal@scmaine.org.

SUE STAHL, Chairman  
RUTH ANNE HOHFELD, Treasurer  
LEAH HUPPER, Secretary  
Skating Club of Maine, Coastal Region

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Send letters to: The Free Press, 8 North Main St., Rockland, ME 04841 (fax 596-6698; email editor@freepressonline.com).

## LETTERS OPINIONS

### Hurley Endorses Heberer —

Many years ago I met a single mom working at a local bank. She went on to work in a popular gift shop. Today she is a grandmother and runs an office. A few years ago I was lucky enough to begin serving on the Belfast City Council with Cathy Heberer. More than any other council member, Cathy has been the most compassionate and the kindest person to serve Belfast. She has known tough times. She wrestles with the difficult issues. Her greatest skill is that she listens. On the big box: while she was personally opposed to big boxes she was a pivotal supporter of the compromise that will now allow a large store to locate here. She was able to compromise and that is something that is very rare. Cathy's roots go deep in Belfast and she knows people from all walks of life. She represents all that is good about Belfast. I am proud to support Cathy for re-election to the Belfast City Council. Please join me in voting for Cathy Heberer.

MAYOR MICHAEL HURLEY  
Belfast

### Call for Wood to Step Out of Race —

Does it surprise anyone that Dana Keene "allegedly" offered \$1,000 to Richard Rumney if Richard would drop out of the race for Belfast's third ward city council seat? I am outraged at the blatant breach of ethics and decency demonstrated by Dana Keene and his camp. Legality does not equal morality.

By association, the ethical, decent and right move for Allen Wood is to eliminate himself from the race. Not only is it the right move for Mr. Wood, it is the right move for Belfast. Just as Lewis Baker was in conflict of interest in the previous election so now, it appears, is Allen Wood. You cannot be solely an ambassador for Wal-Mart and say you will represent and serve all of Belfast. "He who serves two masters must lie to one."

Dana Keene needs to run for office on his own merits instead of urging "others" to run interference for his special interests.

Belfast citizens, it is time to make it clear that neither our elective process nor our city council is for sale. It is time for the city to move on its entire slate of business. The big-box issue has dominated the political scene at the great price of imbalance and divisiveness.

GEORGE A. DARLING  
Belfast

### Elect Jim Thompson —

Rockland City Council Elections, the time is upon us. Issues, there are many, and about them, promises the candidates do make

Our responsibility to choose wisely — it is awesome  
Maybe, Maybe, Just Maybe — the best choice is Jim Thompson

Five universal core values there are  
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Honesty, Responsibility, Respect, Fairness and Compassion

A place in Jim's heart  
These five values have found sanction

Successful careers has Jim had, serving as Coast Guard Officer and Civilian Banker City Councilor Jim Thompson, would be a solid anchor

To Taxpayers — Compassion  
To those who address the Council — Fairness and Respect  
Responsibility and Honesty — A matter of record  
Jim Thompson is the candidate to elect

JERRY RITTERSDORF  
Rockland

### Why Bush and Cheney Should Be Impeached —

Why should President Bush and Vice President Cheney be impeached? Because: They refuse to abide by the U.S. Constitution; they have funded unnecessary wars in Iraq and Afghanistan that have decimated both countries and their citizens; they have eaten with their silver spoons while citizen-Joe and Jane Doe have sacrificed their lives; they have dissed funding U.S. children and elderly citizens' programs; they have refused to "preside" over every U.S. citizen even though they took an oath to do so; they have turned a blind eye to the mounting personal and national debt caused by unscrupulous lenders, thereby causing the addition of huge numbers of homeless U.S. citizens; they have tortured citizens of the world without due cause and fair judgment; the denial of all of the above.

JACKIE FREITAS  
Friendship

## Penobscot Bay Chamber Announces Candidates for Board

At its October board meeting, the Penobscot Bay Regional Chamber of Commerce Board of Directors passed a slate of six candidates for positions on the board for a 2008-2010 term. The slated candidates are: Roberta "Bobbie" Knapp of J. Edward Knight Insurance; Susan Ware of Maritime Energy (2nd term); Joe Catalano of Get Wired LLC (2nd term); Frank Isganitis of LimeRock Inn; Carole Gartley of Breakwater Marketplace; and Amber Heffner of little harbor technology. The director positions are for three years. Directors may serve for up to two consecutive terms.

As per the bylaws, the slate will be seated at the December Board of Directors meeting unless challenged by others. Any Chamber member interested in challenging the slate can pick up a petition at the Chamber office and must secure 50 signatures from member businesses. The petition must be signed by registered representatives for member businesses and must be turned in by 5 p.m., Friday, October 26. If the slate is challenged with a legal petition, an election would be held in November. If you have any questions regarding this process or have an interest in challenging the slate, feel free to contact Bob Hastings, 596-0376, for assistance.

## Public Advocate Will Recommend PUC Reject Fairpoint's Acquisition of Verizon Unless 23 Conditions Are Met

*"The risks presented by this case are enormous, and all potential adverse impacts must be addressed now. Otherwise the Maine Public Utilities Commission should reject this deal."*

At the conclusion of formal hearings before the Maine Public Utilities Commission on the proposed Fairpoint acquisition of Verizon's northern New England landline business, the Public Advocate last week proposed a list of 23 conditions on the proposed deal — all of which are designed to protect ratepayers and the public interest against otherwise likely adverse consequences from this historic telephone utility acquisition.

The 23 conditions were developed based on the examination, by Public Advocate attorneys and its four expert witnesses, of thousands of pages of documents and testimony in the case. During the just-concluded hearings, Public Advocate attorneys cross-examined Verizon and Fairpoint witnesses, including Fairpoint's top management, and introduced substantial evidence that paints a clear picture of the implications of the proposal from the viewpoint of telephone customers.

Under Maine law, the acquisition may be approved by the Commission only if it is proved to be consistent with the interests of ratepayers and investors. "The conditions that we recommend are essential if this proposal is to serve the interests of Maine people," said Public Advocate Dick Davies.

The Public Advocate will recommend that the Commission not approve this acquisition unless it adopts all 23 specific conditions to offset the likely adverse consequences for consumers. The recommended conditions fall into seven general categories. Those include Fairpoint's financial viability, Fairpoint's obligation to provide high-quality service to customers, prices for telephone and broadband services, Fairpoint's technical ability to successfully create and implement new operational systems, Fairpoint's ability and commitment to deliver DSL broadband service throughout Maine, Fairpoint's continued delivery of all necessary wholesale network services to competitive carriers, and Fairpoint's obligations to maximize federal support to keep telephone rates as low as possible.

A key element of the Public Advocate's recommendations requires a restructuring of the agreement between Fairpoint and Verizon so that Verizon, in effect, is paid a lower price. That change would allow Fairpoint to operate with less debt. "Because, under Maine law, Verizon does not have the right to abandon service without the Commission's approval, the Public Advocate believes that it is appropriate for the Commission to require Verizon to lower its price in order to ensure Fairpoint's long-term financial viability. Without a significant reduction in the price, this proposal will not work for Maine's residential and small business customers," Davies emphasized.

If Fairpoint and Verizon are unable or unwilling to perform on all of these recommended conditions, the Public Advocate will recommend that the transaction be rejected by the PUC. "The risks presented by this case are enormous, and all potential adverse impacts must be addressed now. Otherwise the Commission should reject this deal," said William Black and Wayne Jortner, the attorneys who represent the Public Advocate in the proceedings before the PUC.

Fairpoint currently serves about 300,000 lines in 18 states and seeks to acquire another 1.6 million lines now served by Verizon in Maine, New Hampshire and Vermont. Fairpoint's and Verizon's request for approval is pending before a utilities commission in each of those three states.

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CHECK OFF ONE WINNER OF EACH GAME  
WINNER: Person with most correct answers.

TIES: Determined by closest points scored total for Mon. Night Game.  
ONLY ONE ENTRY PER HOUSEHOLD, PER WEEK, WILL BE ENTERED IN THE DRAWING.

**Sunday, Oct. 28**

- Indianapolis at Carolina
- Detroit at Chicago
- Pittsburgh at Cincinnati
- NY Giants at Miami
- Philadelphia at Minnesota
- Cleveland at St. Louis
- Oakland at Tennessee
- Buffalo at NY Jets
- Houston at San Diego
- Jacksonville at Tampa Bay
- Washington at New England
- New Orleans at San Francisco

**Monday, Oct. 29**

- Green Bay at Denver

Each week's winner will receive a \$25.00 GIFT CERTIFICATE at any one of the participating businesses on this page.

Last week's winner was Sharon Strino of Wiscasset with 11 correct picks.

All Gift Certificates will be mailed out at the end of each month.

Total Points Mon., Oct. 29, Game: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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If I Win, Make My Gift Certificate Good At: \_\_\_\_\_

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## Talk on Senior Employment Program

On Wednesday, October 24, at 1:30 p.m., Pauline Beasley, monitor for the National Abel Network, will be presenting an informational seminar about the Senior Community Service Employment Program (SCSEP). The seminar will take place at Senior Spectrum's Coastal Community Center, Your Path to Living Well, 521 Main Street in Damariscotta. Beasley's presentation will demonstrate how senior citizens can add earned income to their social security benefits by participating in the SCSEP on-the-job training program. SCSEP is sponsored by the Department of Labor (DOL).

The DOL's goals are the enhancement of employment opportunities for older Americans and the promotion of older workers as a solution for businesses seeking a trained, qualified, and reliable workforce. Its strategy is to utilize a service approach that can respond quickly and effectively to the changing needs of business.

The DOL believes that older workers provide a valuable resource for fulfilling the needs of a 21st-century workforce. Through the SCSEP program, the National Abel Network is committed to providing high-quality job training and employment assistance to its participants. At the same time, it is also committed to assisting employers facing the challenges of today's workplace by developing a viable workforce that is trained and ready to work.

SCSEP is funded under Title V of the Older Americans Act as well as state and local grants. It enables thousands of low-income individuals, age 55 and older, throughout the United States to find employment.

Those interested in attending the seminar should call 563-1363 to reserve a seat.

## Last Lime Company President to Speak to Historical Society

David Hoch, who, as the last president of the Rockport-Rockland Lime Company, shut down the last operating lime kiln in 1958, will present a program on the lime industry at the St. George Historical Society's meeting on Thursday, October 25, at 7:30 p.m. at the St. George Grange Hall in Wiley's Corner. The public is invited to the meeting and to the potluck supper, which begins at 6:30 p.m.

Hoch describes himself as a "limeologist." He is an expert on the history of the lime industry in Knox County, as well as the chemical properties of lime and the methods involved in quarrying, transporting, processing and shipping lime.

His talk will be illustrated with a collection of photographs, as well as a short movie and an authentic "magic lantern" presentation. He plans to demonstrate how wet lime could catch fire, a hazard to the vessels that carried lime from Knox County to cities along the Atlantic coast.

The lime industry was important to St. George. Old-timers in St. George recall working on scow sloops 50 years ago when cutting "kiln wood" in town provided a reliable income. Lime was carried in St. George vessels from very early times.

For more information, contact James Skoglund, 372-8893.

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# Calendar of Events

**PLEASE TAKE NOTE:**  
 Calendar listings should be mailed to:  
 The Free Press Calendar,  
 8 North Main St., Suite 101,  
 Rockland, ME 04841  
 (FAX: 596-6698, or  
 E-mail: editor@freepressonline.com)  
 by noon the Friday before the Thursday  
 publication date.  
 Please include your name, address  
 and phone number.

## Noteworthy

### THURSDAY, OCT. 18:

- **CHRHS Desert Cabaret**, 7 p.m., Wave Café, Camden Hills Regional H.S., Rte. 90, Rockport. CHRHS Chamber Singers and Women's Choir will be performing tunes from the upcoming musical *Footloose*, as well as other contemporary numbers to accompany the all-you-can-eat dessert buffet. \$5. FMI: 236-7800, ext. 295.
- **April Verch Band in Concert**, 7:30 p.m., Franco-American Heritage Center, 46 Cedar St., Lewiston. Verch is a virtuoso fiddler, vocalist and stepdancer. Tickets, \$19-\$23, available at 782-7228 or www.laarts.org.
- **"The Art of Combining Photographs and Poetry,"** 6:30 p.m., Belfast Library. Inspired by a collection of nature photographs, poets Mary Jane Martin, Debbie Mitchell, Selkie O'Mira, Janet L.G. Smith, Karie Friendman and Lauren Murray will read their work. FMI: 338-4427.
- **Book Signing by Kate Braestrup**, 7-9 p.m., Left Bank Books, Searsport. Braestrup will read from her new memoir *Here If You Need Me*.

### FRIDAY, OCT. 19:

- **Talk on Exploring the Arctic on the Schooner Bowdoin**, 1-3 p.m., Maine Lighthouse Museum, One Park Dr., Rockland. Dr. Edward Morse, who sailed to the Arctic as ship's doctor on the *Bowdoin*, will talk about exploring Greenland, joined by his wife Inger and brother-in-law Per Knudsen, both of whom grew up in Greenland. Free. FMI: 594-3301.
- **365 Days/365 Plays**, Fri. & Sat., Oct. 19 & 20, 8 p.m., and Sun., Oct. 21, 2 p.m., Pickard Theater, Memorial Hall, *Bowdoin* College, Brunswick; Thurs., Oct. 25, noon, Hutchinson Center, Rte. 3, Belfast, and Fri., Oct. 26, Harbor Hill Senior Citizens Center, Rte. 1, Belfast. *365/365* is a play cycle for which Pulitzer Prize-winning playwright Suzan-Lori Parks wrote a play

for each day of the year. Theater groups have been invited to produce one week's worth and Bowdoin College Department of Theater and Dance and Belfast Maskers present free performances of seven short plays in one hour.

- **Concert of Cape Breton Music and Dance**, 7:30 p.m., First Parish Church, 40 Main St., Freeport. Fiddling, piping and stepdancing by Frank Ferrel, Barry Shears, and Alison Shears, with pianist Janine Randall. \$20/\$16 students and seniors/12 and under, free. FMI: www.ceilidhhouse.org or 688-4483.
- **Entertainment at McMahon's Knox Grille**, 43 Mechanic St., Camden. Fri.: Katy Webber and Pete Davis 7:30 p.m.; Sat.: Blue Northern, bluegrass and Americana, 8 p.m.
- **GrowSmart Maine Summit 2007**, 7:15 a.m. registration, Augusta Civic Center. Keynote address at 9 a.m. by Prof. Ronald Heifetz, co-founder, Center for Public Leadership at Harvard's Kennedy School of Government. Other features include a candidates' forum; 11 workshops; films; and Maine-grown food. FMI: www.growsmartmaine.org.
- **Fright at the Fort**, Fri. & Sat., Oct. 19 & 20 and 26 & 27, 5:30-9 p.m., Fort Knox State Historic Site, Prospect. Spooks, zombies, and other nightmarish creatures inhabit the Fort's long alley. On Sat., Oct. 27, from 2-4 p.m. there will be a "low-fright" event for children, featuring a costume parade and costume and decorated pumpkin contests. Children's event is \$3/\$1 per child; other evenings, admission is \$5. FMI: 469-6553.
- **Searsport Historical Society Gala Weekend**, Fri. & Sat., Oct. 19 & 20. Event begins with a visit from noon to 5 p.m. Friday by the Thomaston Place Auction Galleries mobile appraising coach at the Coleman House Museum on Sears Island Rd. \$5 donation for each item appraised. Sat. features a social hour, dinner and auction of gift certificates, antiques, new items and services, starting at 5:30 p.m. at the Capt. A.V. Nickels House on Main St. Tickets, \$50, are available at Left Bank Books and the Antique Mall in Searsport and Fertile Mind Bookshop, Belfast. FMI: 548-2425.
- **Almost, Maine**, Fri.-Sun., Oct. 19-21 and Thurs.-Sun., Oct. 25-28, Public Theatre, Auburn. Performances of the romantic comedy written by John Ciarri take place at 7 p.m. Thurs., 8 p.m. Fri. and Sat., and 2 p.m. Sun. FMI: 782-3200.

► **Music by Primo Cubano**, 8 p.m., Boothbay Opera House. New Maine band playing old Cuban music in both a concert and an opportunity for dancing. \$10 in advance/\$12 at the door. FMI: 633-5159.

### SATURDAY, OCT. 20:

- **Fiddle-icious in Concert**, 7:30 p.m., Brunswick H.S. A fiddle orchestra and other musicians from youth to retirees, and from all over Maine, play tunes from Scottish, Irish, Quebecois, Acadian and other sources. FMI: www.fiddleicious.com.
- **Dance for the Cure**, 8 p.m., Portland H.S. Portland Ballet Company performs several specially created works in addition to their signature "Bolero" to raise funds for breast cancer research. Tickets, \$35, available at www.porttix.com or by calling 842-0800.
- **Waterville's Harvest Fest**, 10 a.m.-3 p.m., Castonguay Sq. Hay rides, pumpkin-carving, scarecrow-building, arts and crafts, live musical storytelling by Odds Bodkin, hot apple cider and a chili cook-off. FMI: www.watervillemainstreet.org.

### SUNDAY, OCT. 21:

- **Midcoast Band Concert**, 2 p.m., Odd Fellows Hall, Watts Ave., Tenants Harbor. "A Fall Concert" will feature works by Leonard Bernstein, Debussy, Elgar, Buxtehude, Broadway and show tunes, patriotic and folk music. Free; donations accepted to purchase new percussion instruments. FMI: 372-6737.
- **Mame Loshn (The Mother Tongue)**, 3 p.m., Adas Yoshuron, 50 Willow St., Rockland. Poetry reading by members of the Farnsworth Poetry Workshop: Gayle Portnow, Ellen Goldsmith, Wendy Satin Rapaport, and Leonore Goldman. Wine and cheese reception to follow. Admission by donation to benefit the synagogue. FMI: 594-4523.

### MONDAY, OCT. 22:

- **"An Evening with Neil Rolde,"** 7 p.m., Belfast Library, 106 High St. Rolde will talk about and sign copies of his latest book, *Continental Liar From the State of Maine*: James G. Blaine. FMI: 338-9229.



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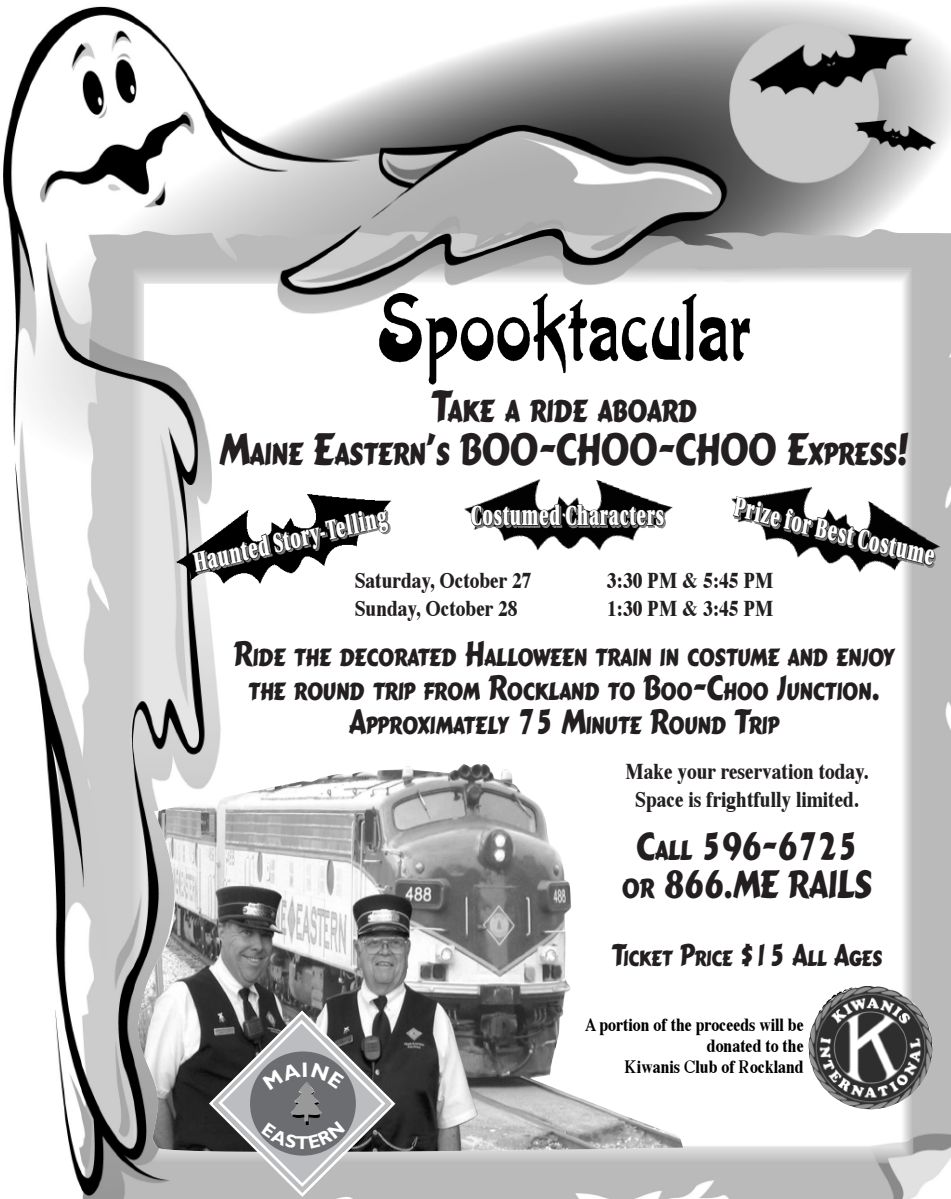
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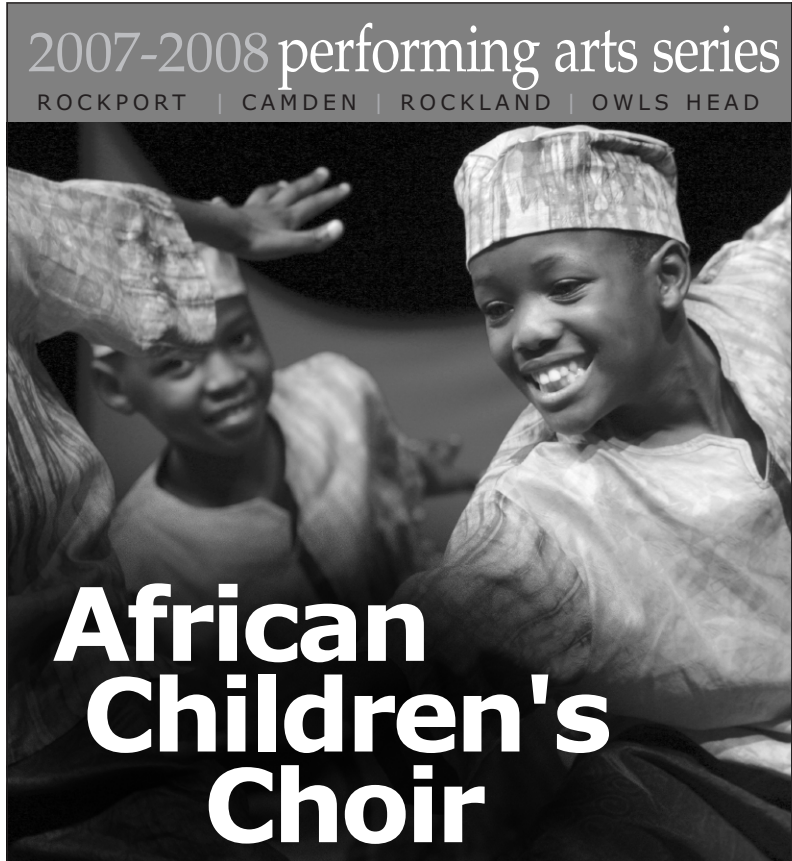
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# Calendar of Events

► **Blues at Time Out Pub**, 275 Main St., Rockland. Little Charlie and the Nightcats. \$15. FMI: 593-9336.

► **Presentation and Book Signing by Angela Grett**, 6 p.m., Breakwater Bookland, Rte. 1, Rockland. Grett will discuss the impact of bipolar disorder and sign her new book, *My Mother's Bipolar, So What Am I?* FMI: 622-5767 or 593-9354.

### TUESDAY, OCT. 23:

► **PBMC Victorian Tea & Breast Health Fair**, 3-7 p.m., Berry Manor Inn, 81 Talbot Ave., Rockland. Along with a traditional tea with sandwiches and desserts, fair will feature breast health educators and a free bra-fitting clinic. Mini-sessions of chair massages, reflexology, makeovers, feng shui, handwriting analysis and more will be offered. FMI: 596-8977.

► **Talk and Book Signing by Page Erwin**, 6:30 p.m., Belfast Library. The writing duo of Carolyn Page and Ross Erwin will talk about and sign copies of their recently published book *Bloodsport at Hiram Bog*, a mystery novel set in Maine. Free and open to the public. FMI: 338-3884, ext. 10.

### WEDNESDAY, OCT. 24:

► **A Reading of The Country of Pointed Firs**, 7 p.m., Jackson Memorial Library, Rte. 131, Tenants Harbor. Reading of a play by Harold Bond, based on the Sara Orne Jewett classic. Director Sally MacVane will narrate and assist the other players in the reading. FMI: 372-8961.

► **Carbon Capture and Storage Evening Forum**, 7-8:30 p.m., Center for Environmental Education, Chewonki Foundation, Wiscasset. Key speakers from the forum held earlier in the day will hold a discussion about what was learned and a question-and-answer session for the public. Free. FMI: www.chewonki.org.

### THURSDAY, OCT. 25:

► **The Novel Jazz Septet in Concert**, 7-9:30 p.m., Skidompha Library, Damariscotta. The third year of live jazz by Barney Balch, Mike Whitehead, Bruce Boege, Ken Gaspar, Herb Maine, Chris Rogers and Dan Clark. \$8/\$5 ages 12-18/under 12, free.

► **The California Guitar Trio in Concert**, 7:30 p.m., The Maple Room, 22 Park St., Lewiston. Beethoven mixed with Bach, with some California surf guitar and Led Zepelin thrown in. \$35. FMI: www.themaple-room.com or 1-866-901-1036.

► **"The Thinking Heart,"** 7 p.m., Friends Meetinghouse, Belvedere Rd., Damariscotta. A performance of poems presented by Martin Steingesser and Judy Tierney with cellist Robin Jellis, based on the journal and letters of Etty Hillesum, who died in Auschwitz in 1937. Free; donations accepted. FMI: 236-4176.

► **Fall Marine Lecture Series**, 7:30 p.m., Rockport Opera House. Speaker in the second of the Rockport Library series is John K. Hanson, Jr., founder of the magazine *Maine Boats, Homes & Harbors*. FMI: 236-3642.

### COMING UP:

► **Cinderella**, Fri. & Sat., Oct. 26 & 27 and Nov. 2 & 3 at 7:30 p.m. and Sun., Oct. 28 and Nov. 4, 2 p.m., Lincoln Theater, Damariscotta. Lincoln County Community Theater production of the Rodgers and Hammerstein musical. \$15. FMI: 563-3424.

► **Great Pumpkin Carving Contest**, Fri., Oct. 26, winner announced at 5 p.m., Camden Harbour Inn. Bring your entries to the inn between Oct. 22 & Oct. 26. Entries

remain on view at the inn until Nov. 1. FMI: 236-4200.

► **Kathy Mattea's "Moving Mountains" Tour**, Fri., Oct. 26, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. Mattea brings a stripped-down, acoustic approach to her own music. \$33. FMI: 594-0070.

► **Nightfall with Edgar Allan Poe**, Fri. & Sat., Oct. 26 & 27 at 7:30 p.m. and Sun., Oct. 28 at 2 p.m., Waldo Theatre, Main St., Waldoboro. A theatrical adaptation of four Poe tales by Eric Coble, perfect for Halloween. \$10/\$5 students/\$20 family. FMI: 832-6060.

► **Cole**, Fri. & Sat., Oct. 26 & 27; Fri., Nov. 2, 7:30 p.m. and Sat., Nov. 3, 2 p.m., Second Congregational Church, Newcastle. A musical review based on words and music by Cole Porter, presented by Theater of the Spirit. Tickets, \$18 available at Maine Coast Book Shop, Damariscotta, or call 563-6296.

► **Boo-Choo-Choo Express**, Fri. & Sat., Oct. 26 & 27, Maine Eastern Railroad, Rockland. Four trips from Rockland to Boo-Choo Junction. Story-telling, spooky characters, prizes for best costumes Boo special souvenir tickets. FMI: 596-6725 or 1-866-637-2457.

► **CD Release Party, Mini Music Festival and Jazz Jam**, Sat., Oct. 27, 12:30-4:30 p.m., outside at St. Peter's Episcopal Church, White St., Rockland. Three bands will play: Michael Shakely & Graham, Full Contact Kitty, and Jazzy Chaz and the Del Rossi Posse. Open jazz jam at 3:30 p.m. FMI: 596-0421.

► **Halloween at the Opera House**, Sat., Oct. 27, 7 p.m., Opera House at Boothbay Harbor. Don your costume and come on down. Dance to the Jazzadelics. Food, music, costume prizes. \$10. FMI: 633-6855.

► **"Leland Faulkner's World of Wonder,"** Sat., Oct. 27, 7:30 p.m., Johnson Hall Performing Arts Center, 280 Water St., Gardiner. Japanese art forms and shadow theater, combined with illusion, special effects and magic. \$15/\$12.50 members/\$10 under age 13. FMI: www.johnsonhall.org.

► **PSO's "A Little Fright Music,"** Sat., Oct. 27, 8 p.m. and Sun., Oct. 28, 2:30 p.m., Merrill Auditorium, Myrtle St., Portland. A program of spine-tingling classics — form Stravinsky's "Firebird" to music from "Spider-Man" and "Harry Potter and the Sorcerer's Stone." Concertgoers encouraged to dress in costume. Tickets: 842-0800 or www.porttix.com.

► **African Children's Choir in Concert**, Sat., Oct. 27, 7:30 p.m. and Sun., Oct. 28, 2:30 p.m., Camden Opera House. FMI: 236-2823.

► **WRFR Halloween Party**, Sat., Oct. 27, 5-8 p.m. hayrides from Thomaston schools to Watts Hall, on Main St. 6-7 p.m. potluck and a DJ'd dance party from 8-11 p.m. \$5 with costume/\$10 without/children free.

► **Transportation Museum Great Fall Auction and Open House**, Owls Head Transportation Museum, Rte. 73. Preview and early bidder registration Sat., Oct. 27, 10 a.m.-5 p.m. Sun., Oct. 28, silent auction 8-11 a.m., live auction at 9:30 a.m. Free admission both days. Items will be accepted for the auction until Mon., Oct. 22. Call Cathy Hardy at 594-4418.

► **Halloween Party**, Sat., Oct. 27, 7-8 p.m. social hour, followed by dancing until midnight, Rockland Elks Lodge, 210 Rankin St. Dance and costume party for over age 21 benefits Meals on Wheels, Toy Library and K-9 Corrections program.

Tickets, \$15/\$25 couple, available at Fuller Auto Mall, The Embroidery Shop, Knight Insurance, Rockland, Mid-Coast Federal Credit Union, Thomaston, and at the door. FMI: 273-6248.

► **Maine Literary Festival**, Nov. 2-4, Camden Opera House. Twenty authors, including keynote speaker Geoffrey Wolf, and a packed schedule of lectures, presentations, book signings, panel discussion and more. FMI: www.maineliteraryfestival.com or 837-2827.

► **Art+Nature Symposium**, Sat., Nov. 3, 10:30 a.m.-12:30 p.m., Colonial Theatre, 163 High St., Belfast. Talk by eco-architect Pliny Fisk and discussion with a panel of local architects, environmental scientists and designers. \$25. Afternoon workshop on alternative materials at Waterfall Arts in Belfast is \$100 and includes lunch, the workshop and a reception. *Registration is requested by Thurs., Oct. 18.* FMI: 338-2222.

► **Prom Night Revisited**, Sat., Nov. 3, 7-11 p.m., Blue Goose Dance Hall, Rte. 1, Northport. A formal prom-style dance for ages 16 & up. Live music performed by Shirley Harvey and Country Mist; also tunes spun by DJ Richard Roberts. A photographer will be available, a king & queen will be crowned and awarded gift baskets, and there will be a Prom Package raffle. Door prizes every hour. Refreshments available. Sponsored by the Veterans of Foreign Wars Ladies Auxiliary to benefit the troops and veterans. Advance tickets \$10 per person/\$15 couple. Admission at the door \$15 per person/\$20 couple. Advance tickets available at the Army Navy store in Belfast or by calling Merleen Palmer at 338-2414.

► **Trans-Siberian Orchestra in Concert**, Fri., Nov. 9, 8 p.m., Civic Center, Portland. TSO's annual touring production of "Christmas Eve & Other Stories." Tickets: 775-3458 or www.livenation.com.

### ONGOING:

► **Open Mic**, 6-9 p.m., Zoot Coffee, Elm St., Camden. Ongoing on second and fourth Fridays. All welcome. FMI: 236-9858.

## Children's & Teens' Events

### THURSDAY, OCT. 18:

► **Ashwood Waldorf School Parent/Child Classes**, Thursdays, Oct. 18-Nov. 29 and Fridays, Oct. 19-Nov. 30, 9-11:30 a.m., Ashwood School, 189 Park St., Rockport. Free play, simple craft activity, snacks, circle songs, finger plays and outdoor time. \$125 for five-week session. FMI: 236-8021.

► **Girls' Night Out**, Thurs., Oct. 18, Tues., Oct. 23 and Thurs., Nov. 1, 6-8 p.m., Pen Bay YMCA, Union St., Rockport. Knox County and Lincolnville girls in grades 3 through 5 along with their moms, step-moms, grandmothers, aunts or other significant females in their lives are invited to an evening of games and activities, a light supper and a short discussion on making healthy choices. Free, but registration is required: call 594-5440, ext. 1 or e-mail c-putnam@verizon.net.

### TUESDAY, OCT. 23:

► **Children's Drawing Workshops**, 4-5 p.m., Rockland Library, 80 Union St. Ongoing series of workshops for ages 6 and up with artist Catinka Knoch. Today: "Let's Draw Halloween Cats and Jack-O-Lanterns." Free and open to the public; materials provided. FMI: 594-0310.

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# Calendar of Events

## THURSDAY, OCT. 25:

► **"The Pumpkin Patch,"** 3:30-5:30 p.m., Coastal Maine Botanical Gardens, Barbers Island Rd., Boothbay. Harvest activities focused on pumpkins for elementary school-aged children. \$8/\$5 members includes snack. FMI: 633-4333.

## COMING UP:

- **Children's Halloween Party,** Fri., Oct. 26, 6:30 p.m., Vose Library, Union. Event includes pumpkin painting and a guest storyteller of scary tales. Free; costumes not required. FMI: 785-4733.
- **Children's Halloween Party,** Sat., Oct. 27, 10-11 a.m., Jackson Memorial Library, Rte. 131, Tenants Harbor. Costumes optional. FMI: 372-8961.
- **Early Childhood Open House,** Sat., Oct. 27, 10 a.m.-noon, Ashwood Waldorf School, 189 Park St., Rockport. FMI: 236-8021.
- **PSO Youth Concert,** Mon. & Tues., Oct. 29 & 30, 9:30 & 11:10 a.m., Merrill Auditorium, Myrtle St., Portland. Concert for ages 8-13 introduces students to the full symphony orchestra. "The Chill of the Orchestra" is Halloween-themed, complete with Dracula in a guest appearance. \$5. FMI: www.portlandsymphony.com or call 773-6128.
- **PSO Kinderkonzert,** Thurs., Nov. 1, 9:30 and 10:30 a.m., Waldo Theatre, Waldoboro. "Brass: Planet Brass!" is a concert where ages 3-7 can dance, sing, wiggle, clap and have fun exploring the brass family of instruments. \$3. For reservations, visit www.portlandsymphony.com or call 773-6128.
- **"Books in Motion" Program,** Skidompha Library, Main St., Damariscotta. Community reading program will feature *The Black Stallion*, by Water Farley, for the month of Oct. Copies of the book are now available at the library. The film will be shown at 6:30 p.m., Fri., Nov. 2, at the library. FMI: 563-1058.

## ONGOING:

- **Jackson Memorial Library Children's Programs,** Rte. 131, Tenants Harbor. **After-School Story Hour,** Tuesdays, 3-4 p.m. **Rhyme Time,** 10 a.m., Wednesdays; for children from birth to 30 months. **Toddler Tales,** 10:30 a.m., Wednesdays, for children 30 months and older.
- **Game Loft:** Mondays: Yu-Gi-Oh League and Pokemon League 3-6 p.m.; Tuesdays: Young Dungeons and Dragons (D&D), 3-6 p.m.; Fridays: D&D, 6-8 p.m. in Belfast.
- **Toy Library Center,** Thurs. & Fri., 9 a.m.-noon, St. Peter's Episcopal Church, 11 White St., Rockland. For preschoolers and their parents and caregivers. Play time, toys to be loaned out and a lending library of parenting books as well. FMI: 691-6321.
- **Belfast Library Story hours,** Thursdays at 10 a.m. for lap-sitters age 0-12 mos. Pee Wee Feasts, Fridays, 11 a.m., story, songs and games, crafts, for ages 2 and up. Bring a blanket and a picnic if you want.
- **Mid-Coast Guatemala/Central America Play Group,** 10 a.m.-noon, UU Church, Broadway, Rockland. Gathering on third Sat. of each month for adoptive families to make friends, share news and play. FMI: 542-0505 or 832-6162.

## Film

### THURSDAY, OCT. 18:

► **Four Decades of Star Trek,** five Thursdays, 6:30 p.m., Rockland Library. A screening of episodes from all of the "Star Trek" television series, as well as a documentary film. Local guest hosts will discuss the series each week, including "Next Generation" star and local resident Jonathan Frakes. There will be Star Trek books and DVDs given away as prizes. Free; all are welcome.

► **Halloween Film Treats,** 7 p.m., Thomaston Academy, Main St. Thomaston Library hosts a series of classic horror movies as a Halloween treat. Tonight: "The Phantom of the Opera," the original 1925 version, starring Lon Chaney as the grotesquely disfigured composer who haunts the Paris Opera House. Free, with popcorn and soda provided. Donations appreciated. FMI: 354-2453.

### FRIDAY, OCT. 19-

### THURSDAY, OCT. 25:

► **COLONIAL THEATRE,** Belfast: "Golden Door," "The Brave One," "Mr. Woodcock." See ad on p. 37 for movie times.

► **FLAGSHIP CINEMAS 10,** Thomaston: "The Comebacks," "Seeker: The Dark Is Rising," "Gone Baby Gone," "The Game Plan," "30 Days of Night," "The Heartbreak Kid," "Mr. Woodcock," "The Kingdom," "Elizabeth: The Golden Age," "Rendition," "Titanic," "Michael Clayton." See ad on p. 37 for movie times.

► **STRAND THEATRE,** 345 Main St., Rockland: "Death at a Funeral." See ad on p. 37 for movie days/times. FMI: 594-0070.

### FRIDAY, OCT. 19:

► **Belfast Library Foreign Film Series,** 7:30 p.m. "Volver," a 2006 film directed by Pedro Almodovar, stars Carmen Maura and Penelope Cruz in a comedy with serious issues. Free; discussion follows.

► **"My Best Friend,"** Fri. & Sat., Oct. 19 & 20, 7 p.m., Lincoln Theater, Damariscotta. A snobbish art gallery owner and boorish taxi driver learn the true meaning of friendship. \$7/\$5 under age 12. FMI: 563-3424.

### MONDAY, OCT. 22:

► **Classic Film Series,** 5 & 7:30 p.m., Skidompha Library, Main St., Damariscotta. "Love Affair" (1939), starring Charles Boyer, Irene Dunne and Maria Ouspenskaya, was directed by Leo McCarey and is an intellectual exploration of love gone astray. \$5 donation. FMI: 563-5513.

### TUESDAY, OCT. 23:

► **"Black Gold,"** 6:30 p.m., Rockland Library, 80 Union St. An in-depth study of the coffee market and introduction to the fair-trade movement. Patrick Reilley and Susanne Ward of Rock City Books and Coffee will offer comments in a post-film discussion. FMI: 594-1478.

► **"Ghosts of Abu Graib,"** 7 p.m., Friends Meetinghouse, Belvedere Rd., Damariscotta. HBO film by Rory Kennedy

distributed to 1,000 congregations by the National Religious Campaign Against Torture. Discussion follows. FMI: 504-1950 or 354-9556.

### THURSDAY, OCT. 25:

► **Halloween Film Treats,** 7 p.m., Thomaston Academy, Main St. Thomaston Library hosts a series of classic horror movies as a Halloween treat. Tonight: "Onibaba," a 1964 Japanese horror film. Free, with popcorn and soda provided. Donations appreciated. FMI: 354-2453.

► **Four Decades of Star Trek,** 6:30 p.m., Rockland Library. Tonight: "Star Trek: Voyager," two episodes — "Living Witness" and "Riddles. Discussion with guest host Don Aucoin of the Bangor chapter of Starfleet, the international Star Trek Fan Association. There will be Star Trek books and DVDs given away as prizes. Free; all are welcome.

## COMING UP:

► **"Nosferatu,"** Sat., Oct. 27, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. The Strand and Saltwater Film Society team up to present the classic 1922 silent horror film with an original music score performed live by the Devil Music Ensemble. \$13. FMI: 594-0070.

## Art

### THURSDAY, OCT. 18:

► **Portraiture Exhibit,** opening reception 5-7 p.m., Maine Art Gallery, Warren St., Wiscasset. "Face 2 Face" features paintings by Diane Dahlke and Bonnie Spiegel. "Essence Captures" features Peter Giustra and Susan Tobey White, while in the vestibule, Susan Bartlett-Rice continues the portraiture theme with small oils depicting blueberry pickers at work. Through Nov. 18.

► **State Community Arts Conference,** Lewiston. Conference hosted by L/A Arts and the Franco American Heritage Center offers workshops on marketing and publicity, sustainability, fund-raising, creative economy and cultural tourism. \$60/second person from same organization is half-price. FMI: 287-2713 or www.mainearts.com.

### FRIDAY, OCT. 19:

► **Eric Hopkins Show "Water/Color,"** opening reception 4-7 p.m., Archipelago Fine Arts Gallery, 386 Main St., Rockland. "Water/Color: An Exploration of Atmospheric Light" features new paintings and handblown glass spheres by the North Haven artist.

### SATURDAY, OCT. 20:

► **Drawing 101 for Adults,** Sat., Oct. 20 & 27 and Nov. 3, 10 a.m.-1 p.m., Gamble Center, Farnsworth Museum, Rockland. Class in basic drawing techniques with Christopher Cart. \$90/\$80 members. FMI: 594-4299.

► **CMCA Exhibit Opening,** 3-5 p.m., Center for Maine Contemporary Art, 162 Russell Ave., Rockport. "Biting and Scratching: Animal Prints by Susan Amons, Keith Rendall and Elzbieta Sikorska" and "Adriane Herman: Checking It Twice" will be on view through Dec. 15. Also on display is "Jocelyn Lee: Children's Games," black-and-white photographs of children gathered to play, also up through Dec. 15. FMI: 236-2875.

(Continued on p. 37)

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## LOW-RISK DISCS

By Gordon MacLachlan

Some pretty monumental stuff coming out next Tuesday—the last hurrah of a mob of TV's greatest characters, and the royal treatment for some of the work from what may be history's greatest director thus far. Add that to new editions of two landmarks in cinematic innovation and you've got some early holiday treats for cinephiles.

"The Sopranos" followed in the tradition of "The Godfather" not simply in its treatment of brutal but ultimately sympathetic mafia figures, but also in its ability to blend artistry with mouth-wateringly juicy entertainment. It had its ebbs and flows (in my opinion Seasons 3 & 4 couldn't hold a candle to Seasons 1 & 2, and most agree that there had to be a "Part 2" of Season 6 because "Part 1" was so mediocre), but in the end, "The Sopranos" was the best show of its time. "Part 2" of Season 6, the last episodes of the final season, arrives on DVD next week, with some extras that I'm ambivalent about (no commentary from Tony or Carmela, but we do get Steve Van Zandt's Silvio; creator David Chase talks mainly about the music choices in the show), but it boasts some of the finest writing in the series. There was a lot of debate about the last moments of the last episode; all I can say is that it worked for me. The creators of "The Sopranos" took a lot of structural risks with the way they presented their characters and action, and it announced the shift of quality drama from the networks to the pay stations, and while we don't know what television will even mean in the future, it looks like the freedom of cable has won a convincing victory for quality programming.

Stanley Kubrick also insisted on uncompromised freedom in his filmic creations, and his results illustrate the paradoxes of trying to achieve artistic heights in a commercial medium. Making movies takes a lot of money (especially back in the days before digital), and Kubrick used a lot of money and a lot of time to make his movies. Several of the stunning products of Kubrick's efforts are being re-released on Tuesday, and they're not what anyone would call easy or even pleasant viewings. "A Clockwork Orange," "The Shining," "Full Metal Jacket"—all deserving the status of brilliance, and all of them leave you pretty shaken. To put it briefly, this is what art is for sometimes, and maybe at its best—to move us, pull us if necessary against our will, to a place where we can confront the reality of terrible behavior and tough choices. Kubrick's choices—and the success he enjoyed despite them—are an inspiring sign of the possibilities and integrity of both director and audience.

Two more of cinema's geniuses—one dead, one still breathing—have masterworks revisited on DVD next week, and the impact of these films can't be overstated. Jean-Luc Godard (the first three letters of his last name being a happy accident) was a film critic before he made his first major feature, 1960's "Breathless," so he knew how to mess with the movies and how to mess with us as we watched one. "Breathless" announced the punk aesthetic in movies: out-in-the-streets, do-it-yourself, breaking rules, upending the form, a bracing honesty of character and somewhere in there a heart. Because if you're making the movie in the first place, then you care. Godard may be more about ripping down icons than creating them (or about chronicling this tendency to do so in mass culture), but in the process he's created some iconic images of his own, and each of his films promises moments of thrill and deep reflection. And at 76, he's still at it, still underground, and still worth the time. This guy is the business, always was.

Finally we have what is being called the "Ultimate Edition" of Russian director Sergei Eisenstein's "Battleship Potemkin." It's accurate to say that in the early decades of filmmaking it was Russian cinema that was the most groundbreaking and astonishing in its revelation of the power of movies. Eisenstein understood the capacity of film for emotional and ideological power, and was the first filmmaker to fully exploit the impact of thoughtful film editing, of two image sequences cut together to make an affecting statement. To move us. The "Odessa steps" sequence in "Potemkin" is perhaps the first, greatest example of this, and has been homaged endlessly (maybe most literally in the baby carriage/train station scene in the Costner/DeNiro/Pacino movie "The Untouchables"). This new edition of the film is described on Amazon in this way: "For eight decades, Sergei Eisenstein's 1925 masterpiece has remained the most influential silent film of all time. Yet each successive generation has seen "Battleship Potemkin" subjected to censorship and recutting, its unforgettable power diluted in unauthorized public domain editions from dubious sources.... Dozens of missing shots have been replaced, and all 146 title cards restored to Eisenstein's specifications. Edmund Meisel's definitive 1926 score, magnificently rendered by the 55-piece Deutsches Filmorchester in 5.1 Stereo Surround, returns Eisenstein's masterwork to a form as close to its creator's bold vision as has been seen since the film's triumphant 1925 Moscow premiere." Check it out.

And speaking of silent masterpieces from the '20s, you may want to jump-start your Halloween by beholding the original vampire film, "Nosferatu," on the big screen at The Strand on Saturday, October 27, co-sponsored by the Saltwater Film Society, and featuring live accompaniment by the Devil Music Ensemble. It promises to be a uniquely creepy experience.

Gordon MacLachlan is a digital editor and cameraman and the owner of SoundOnScreen Video Services in Camden. He teaches film at the University of Maine at Orono. Contact him at [gordon@soundonscreen.com](mailto:gordon@soundonscreen.com).

## VIDEOS & DVDs

### Just Released 10/16 —

**THE HOAX** R/Drama/Dir: Lasse Hallström (Richard Gere, Alfred Molina, Hope Davis) In what would cause a fantastic media frenzy, Clifford Irving (Gere) sells his bogus biography of Howard Hughes to a premiere publishing house in the early 1970s.

### Recent Releases —

**THE ASTRONAUT FARMER** PG/Drama/Dir: Michael Polish (Billy Bob Thornton, Virginia Madsen, Bruce Dern) Having quit the astronaut program to save the family farm, Charlie (Thornton) can't resist building his own rocket in the barn. His wife (Madsen) tries to be supportive and ignore their big debts, but their neighbors are perplexed. Even as the government searches for a means of preventing Charlie's launch, the media whips itself into a storied frenzy.

**AWAY FROM HER** PG-13/Drama/Dir: Sarah Polley (Julie Christie, Olympia Dukakis, Gordon Pinsent) Married for 50 years, Grant (Pinsent) and Fiona (Christie) share a life full of tenderness and humour. This serenity is broken only by the occasional, carefully restrained reference to the past, giving a sense that this marriage may not always have been such a fairy tale. These references, along with Fiona's increasingly evident memory loss, create a tension between them that becomes hard to brush off.

**THE CONTRACT** R/Action Drama/Dir: Bruce Beresford (John Cusack, Morgan Freeman, Jamie Anderson) Ray Keene (Cusack), a father who wants to redeem himself in the eyes of his son, is trying to bring Cordell (Freeman), a world-class assassin, to justice. All the while, he must protect his son and evade the assassin's team which is methodically hunting them down in the wilderness.

**THE FANTASTIC FOUR: RISE OF THE SILVER SURFER** PG/Fantasy/Dir: Tim Story (Ioan Gruffudd, Chris Evans, Jessica Alba, Michael Chiklis) While The Invisible Woman (Alba) frets over delays in her wedding to Reed Richards (Gruffudd), three supervillains threaten mankind. The Silver Surfer seeks a showdown with the fab four. Nefarious Dr. Doom steals the Silver Surfer's board, leaving the Surfer unable to battle twister-like Galactus, an evil entity causing weather disasters on a global scale.

**FRACTURE** R/Drama/Dir: Gregory Hoblit (Anthony Hopkins, Ryan Gosling, David Strathairn) An assistant DA (Gosling) is caught up in a game of cat-and-mouse with a man (Hopkins) who tried to murder his wife and is set free on a series of technicalities.

**NEXT** PG-13/Drama/Dir: David S. Goyer (Justin Chatwin, Margarita Levieva, Marcia Gay Harden) Las Vegas showroom magician Cris Johnson has a secret that torments him: he can see a few minutes into the future.

**PERFECT STRANGER** R/Thriller/Dir: James Foley (Halle Berry, Bruce Willis, Giovanni Ribisi) A beautiful journalist, trained in exposing the subjects of her tabloid stories, Rowena (Berry) goes undercover to catch her best friend's murderer. He is Harrison Hill (Willis), a predatory corporate CEO posing as a faithful husband while prowling the Web for his next sexual conquest.

**REIGN OVER ME** R/Drama/Dir: Mike Binder (Adam Sandler, Don Cheadle, Jada Pinkett Smith, Liv Tyler) A man (Sandler) who lost his family in the September 11 attack on New York City runs into his old college roommate (Cheadle). Rekindling the friendship is the one thing that appears able to help the man recover from his grief.

**SURF'S UP** PG/Animation/Dir: Ash Brannon, Chris Buck (Shia LaBeouf, Zooey Deschanel, Jon Heder, Jeff Bridges) Cody, a young penguin surfer dude, hops on a whale headed to the Big Z Memorial Surf Off, held at Pen Gu Island. Once there Cody (LaBeouf) falls for lifeguard Lani Aliikali (Deschanel) and befriends fellow surfer Chicken Joe (Heder). However, the fun is interrupted when Cody is nearly killed while trying to best reigning champ Tank (Bader). Lani rescues Cody and takes him to legendary surfer Big Z (Bridges), who teaches the lad.

## In Our Theaters

mostly by Lisa Miller Week of October 19 – October 25  
Short descriptions of movies that are playing locally

**30 DAYS OF NIGHT** R/Horror/Dir: David Slade (Josh Hartnett, Melissa George, Danny Huston) After an Alaskan town is plunged into darkness for a month, it is attacked by a bloodthirsty gang of vampires.

**THE BRAVE ONE** R/Action/Dir: Neil Jordan (Jodie Foster, Terrence Howard, Naveen Andrews) A woman struggles to recover from a brutal attack by setting out on a mission for revenge.

**THE COMEBACKS** PG-13/Comedy/Dir: Tom Brady (Carl Weathers, Melora Hardin, Matthew Lawrence) A comedy that spoofs inspirational sports movies, "The Comebacks" tells the story of an out-of-luck coach, Lambeau Fields (David Koechner), who takes a rag-tag bunch of college misfits and drives them towards the football championships. In the process, this lifelong loser discovers that he is a winner after all by redeeming himself, saving his relationship with his family and friends, and finding that there is indeed, no "I" in "team!"

**DEATH AT A FUNERAL** R/Comedy/Dir: Frank Oz (Andy Nyman, Ewen Bremner, Keeley Hawes) Chaos ensues when a man tries to expose a dark secret regarding a recently deceased patriarch of a dysfunctional British family.

**ELIZABETH: THE GOLDEN AGE** PG-13/Drama/Dir: Shekhar Kapur (Cate Blanchett, Clive Owen, Geoffrey Rush, Samantha Morton) Blanchett reprises the same role under the same director that rocketed her to fame. The queen is depicted vicariously living through the successes of her favorite explorer and knight, Sir Walter Raleigh (Owen), 20 years her junior, yet a man she hankers for. Despite messy private affairs, Elizabeth holds Spain at bay, lays the groundwork for England's expansion and quashes a Catholic assassination plot intended to put cousin Mary Queen of Scots (Morton) on the throne. Geoffrey Rush returns as Sir Francis Walsingham, the queen's trusted advisor.

**THE GAME PLAN** PG/Comedy/Dir: Andy Fickman (The Rock, Kyra Sedgwick, Madison Pettis) Superstar quarterback Joe Kingman (The Rock) is living the dream. His team is on the Super Bowl-track when a 7-year-old girl arrives to put Kingman on the daddy-track. In response to Kingman's disbelief, Peyton (Pettis) offers proof of her parentage. The child's curly locks and Shirley Temple know-how easily win over Dad and his teammates, leaving only Kingman's non-nonsense manager (Sedgwick) focused on their game plan.

**GOLDEN DOOR** PG-13/Drama/Dir: Emanuele Crialese (Charlotte Gainsbourg, Vincenzo Amato, Vincent Schiavelli) The sweeping story of the twentieth-century immigrant experience – told through the eyes of a single determined family. En route to a new life in America, Sicilian native Salvatore Mancuso (Amato) grieves for his late wife – and forms a powerful, surprising bond with Lucy, an elegant Englishwoman (Gainsbourg) he chances to meet on the voyage to the New World.

**GONE BABY GONE** R/Drama/Dir: Ben Affleck (Michelle Monaghan, Morgan Freeman, Ed Harris) Based on the Dennis Lehane novel about two Boston-area detectives investigating a little girl's kidnapping, which ultimately turns into a crisis both professionally and personally.

**THE HEARTBREAK KID** R/Comedy/Dir: Peter Farrelly (Ben Stiller, Michelle Monaghan, Malin Akerman) The Farrelly brothers remake Elaine May's 1972 flick. Ben Stiller is a commitment-phobic, 40-year-old bachelor who immediately regrets taking the marital plunge with a blonde bombshell (Akerman) weeks after they met. During their honeymoon, Eddie's new bride is confined to their room by a serious sunburn, leaving Eddie free to meet and fall for Miranda (Monaghan). Since Miranda is vacationing with her family, Eddie pretends to be single, playing a dangerous game of hide the bride.

**THE KINGDOM** R/Action/Dir: Peter Berg (Jamie Foxx, Ashraf Barhom, Chris Cooper, Jennifer Garner, Jason Bateman) FBI Special Agent Ronald Fleury (Foxx) finagles an invite for himself and a team of three agents (Garner, Cooper and Bateman) to investigate a terrorist attack killing 100 Americans working in Saudi Arabia. Col. Faris (Barhom) is assigned to keep Fleury's team a safe distance from the investigation, but Fleury's methods convert the Col., leading the five into treacherous territory.

**RENDITION** R/Drama/Dir: Gavin Hood (Jake Gyllenhaal, Reese Witherspoon, Aramis Knight) A CIA analyst questions his assignment after witnessing an unorthodox interrogation at a secret detention facility outside the US.

**MICHAEL CLAYTON** R/Drama/Dir: Tony Gilroy (George Clooney, Sean Cullen, Tom Wilkinson, Tilda Swinton, Sydney Pollack) Clayton (Clooney) is an in-house "fixer" at one of the largest corporate law firms in New York. A former criminal prosecutor, Clayton takes care of the firm's dirtiest work for co-founder Bach (Pollack). Though burned out and hardly content with his job as a fixer, his divorce, a failed business venture and mounting debt have left Clayton inextricably tied to the firm. But when Bach's brilliant and guilt-ridden attorney sabotages a case, Clayton faces the biggest challenge of his career and his life.

**MR. WOODCOCK** PG-13/Comedy/Dir: Craig Gillespie (Billy Bob Thornton, Seann William Scott, Susan Sarandon, Amy Poehler, Ethan Suplee) John Farley (Scott) spent years trying to overcome humiliating treatment from his high school gym teacher, Mr. Woodcock (Thornton). Now the author of an acclaimed self-help book on letting go of the past, Farley returns to his Nebraska hometown to discover that Woodcock will be honored with an excellence-in-teaching award, and worse, to find his tormentor engaged to marry Farley's mother (Sarandon). These revelations send Farley into an obsessive frenzy that pits him against Woodcock in a head-to-head battle of the wills.

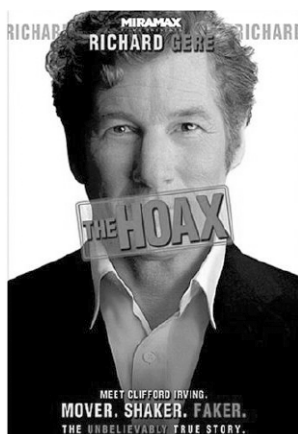
**THE SEEKER: THE DARK IS RISING** PG/Fantasy/Dir: David L. Cunningham (Christopher Eccleston, Alexander Ludwig, Ian McShane, Christopher Eccleston) The seventh son of a seventh son, young Will Stanton (Ludwig) is indoctrinated into a group of immortal warriors dedicated to fighting the dark forces. Will gains super-powers he must learn to control with help from the wise one (Ian McShane), while trying to overcome his abusive home situation.

**TITANIC** PG-13/Drama/Dir: James Cameron (Leonardo DiCaprio, Kate Winslet) Fictional romantic tale of a rich girl and poor boy who meet on the ill-fated voyage of the "unsinkable" ship.

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# Calendar of Events

(Continued from p. 35)

**SUNDAY, OCT. 21:**

► **"Biting and Scratching" Artists' Roundtable,** 2 p.m., Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Free with gallery admission. FMI: 236-2875.

**MONDAY, OCT. 22:**

► **Waterfall Arts Lecture Series,** 7 p.m., 256 High St., Belfast. Speaker is installation artist Abby Sadauckas. \$5. FMI: 338-2222.

**TUESDAY, OCT. 23:**

► **Talk by Peter Buotte,** 6:30 p.m., Camden Library. Union of Maine Visual Artists hosts Buotte, who will present a digital slide show of current works that focus on his practice of Relational Aesthetics, a human-based mode of collaboratively-made objects and events, such as "Preserving the Beach Cliff Sardine Factory," the "Magnetic Text Public Art Car" and the ongoing "Fishbowl Lottery Grant" (bring a slide of your artwork to be included). Public welcome.

► **Talk by Alan Caron,** 7 p.m., Élan Fine Arts, 86 Pascal Ave., Rockport. Caron, of GrowSmart Maine, will give a talk entitled "Art, Conservation, and the Economy of Maine," in conjunction with the current "Contours" exhibit. Free and open to the public, but seating is limited. FMI: 236-7091.

**THURSDAY, OCT. 25:**

► **Exhibit of Works by James Strickland,** opening reception 5-7 p.m., Carver Hill Gallery, 264 Meadow St., Rockport. "Dwellers of the Innermost — Dreams, Icons and Saints" presents Strickland's interpretation of female archetypes throughout history. Through Nov. 23.

► **"Both Sides of the Camera: Photographs from the Collection of Judith Ellis Glickman,"** Portland Museum of Art, Seven Congress Sq. A selection of 132 works that juxtaposes Hollywood celebrity portraits with the work of Maine photographers, as well as classic images from Dorothea Lange, Edward Steichen, Paul Strand and Edward Weston. Through Jan. 6.

► **The Brush & Easel Open House,** 3-5 p.m., 7 Theater St., Damariscotta. Hours at the new shop are Tues.-Sat., 10 a.m.-5 p.m.

**COMING UP:**

► **Call for Submissions,** Rockport Library and the Center for Maine Contemporary Art seek altered books for "Out of Bounds," an exhibit at the Rockport Opera House Fri.-Sun., Nov. 16-18. Books may be rebound, painted, cut, burned, folded, added-to, collaged-in, gold-leafed, rubber-stamped,

drilled or otherwise adorned. Drop piece off Thurs. or Fri., Nov. 8 or 9, at 54 Main St., Rockport, between 8 a.m. and 4 p.m., or mail it to Rockport Library marked ATTN: Altered Book, P.O. Box 8, Rockport, ME 04856. Download a submission form at [www.rockport.lib.me.us](http://www.rockport.lib.me.us), or pick up at 54 Main St.

► **Call for Submissions,** Penquis CAP seeks artists to create original works with metal barn stars of all sizes. Finished products will be viewed during Festival of Lights and Christmas by the Sea festivities and will be auctioned off on Fri., Dec. 7, at 7 p.m., at Huston-Tuttle, 265 Main St., Rockland. Stars are due at Penquis, 170 Pleasant St., Rockland, by Fri., Nov. 16. Stars are provided: call Maria Staples at 1-800-215-4942. or e-mail [mstaples@penquis.org](mailto:mstaples@penquis.org).

**ONGOING:**

► **Farnsworth Museum, Rockland: "Photographs by Kosti Ruohomaa,"** black-and-white photographs by the Rockland resident, whose photographs for Black Star Agency appeared nationally and internationally. Through March 9. **"N. C. Wyeth: Artist and Illustrator,"** through Nov. 1. **"James Wyeth: Selected Works,"** through May 18, 2008. Hours: Tuesday through Sunday, 10 a.m.-5 p.m.; closed Mondays except federal holidays; closed Thanksgiving, Christmas and New Year's days. Free last Sat. of each month as part of Free Family Saturday.

► **Works by Adam Rawn,** Good Tern Cop, 750 Main St., Rockland. On view throughout Oct.

► **Domestic Blend Productions Gallery,** 405 Main St., Rockland. Works by Deryll Brudzinski, Carol Sebald, Kimber Lee Clark, Jeanne Dawson, Chris Gamage, Janis Sanders, Megan Cafferata, Jennifer Huppe, Carol Latta and Louise Frechette.

► **Works by Robert Dyer and Shane Reilly,** Lincoln Street Center for Arts and Education, Rockland. Shadow boxes and dream-like paintings by Dyer and mixed-media pieces by Shane Reilly. Through Nov. 2.

► **"Printmakers,"** Gallery 170, Main St., Damariscotta. Exhibit curated by Frances Hodsdon features woodcuts, monoprints and etchings by Debra Wing-Sproul, Stephen Burt, William Martin, Nancy Freeman, Daniel Minter, Barbara Putnam, Julian Sacks and Hodsdon. On view through Nov. 16.

► **Fall Show at Art Space Gallery,** 342 Main St., Rockland. Featured artists are abstract painter Jill Caldwell, ceramic sculptor Randy Fein and photographer Davidson Graves, but work by all 26 of the gallery's members will be on display. FMI: 594-8784.

► **"Drawing My Way Out of a Box,"** Asymmetrick Arts, 499 Main St., Rockland. An exhibit of work by Andrew Leonard.

► **Photographs by Catherine LeRoy and Sketches by Dan Kirchoff,** Ephemere Cafe & Wine Bar, 51 Bayview St., Camden. Color images of architectural shapes and forms by LeRoy and ink and watercolor sketches of store-window mannequins by Kirchoff, on view through November.

► **Watercolors by Rebecca Rivers,** Aarhus Gallery, 50 Main St., Belfast.

► **"Autumn, Then and Now,"** Belfast Framer & Gallery, 96 Main St. Paintings by William Landmesser, on view throughout Oct.

► **"Alewives and the Asian Aesthetic,"** Tidemark Gallery, 902 Main St., Waldoboro. Gytaku prints, watercolors and Asian brush paintings by Jean Kigel. Through Nov. 3.

► **"Contours,"** Élan Fine Arts, 86 Pascal Ave., Rockport. An exhibit that is a collaboration between major Maine artists and Coastal Mountains Land Trust. Runs through Nov. 11. FMI: 236-4401.

► **"The Time Machines: Telling Time in the Future by Way of the Past,"** Purple Peacock Gallery, 429 Main St., Rockland. Exhibit includes "Exploding Clocks" by Canadian artist Roger Wood, vintage camera clocks by Debra Dresler, Art Nouveau and Art Deco clocks by Michael Benton and vintage industrial-inspired clocks by Jon Sutter. Through Oct. 25.

► **Art Night Out,** Wednesdays, through Dec., 6:30-9 p.m., at Waterfall Arts, 256 High St., Belfast. Art+Nature-based projects for parents and their kids from 6:30 to 7:30; open clay and painting studios for ages 13 and up from 6:30 to 9 p.m. Fees vary. Ongoing dance classes, galleries open, Fallout Shelter Cafe and Art Library open with free WiFi. FMI: 338-2222 or [www.waterfallarts.org](http://www.waterfallarts.org).

► **PALS Paint Lincoln County Exhibit,** Lincoln Home, River Rd., Newcastle. This show of *plein air* paintings by women in the Painting and Lunching Society is on view through Oct. 31.

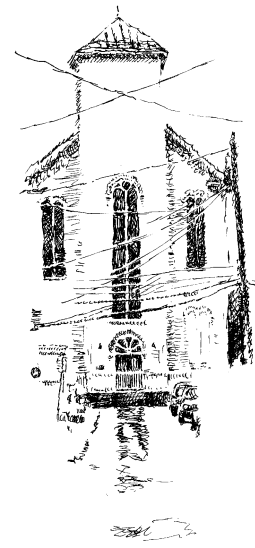
► **"Far From the Trees,"** Center for Furniture Craftmanship, 25 Mill St., Rockport. National touring exhibition on the visual history of woodturning emergence as an art form over the past 60 years, co-curved by Jacques Vesery from Damariscotta. Through Nov. 22. FMI: 594-5611.

► **Pastel Paintings by Pam Cabanas,** Gibbs Library, Washington. Works on view through Nov. 6.

► **Paintings by Albie Davis,** Camden National Bank, Main St., Thomaston. Watercolors, oils and mixed media by the Thomaston artist, on view through October.

► **"Water,"** The Garage Gallery, Eastern Tire Service, 70 Park St., Rockland. The 10 artists known as "Nine Lively Ladies and Shevis" present paintings and prints inspired by water in its many forms. On view weekdays 9 a.m.-5 p.m.

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 Lesson Sermon from King James Bible and Science and Health with Key to the Scriptures by Mary Baker Eddy  
**Sunday School**  
 10 am-11 am  
 For students up to age 20  
**Wednesday Evening Testimony Meeting**  
 7:30 pm-8:30 pm  
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 Tues., Thurs., Fri., & Sat. 11 am-3 pm  
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**Colonial Theatre**  
 FRI. OCT. 19 TO THURS. OCT. 25  
**GOLDEN DOOR** -PG-13  
 Martin Scorsese presents story of Sicilian family's journey to Ellis Island. Pure cinematic power. In Italian w/subtitles.  
 Every Night 6:40  
 Late Shows: Fri. & Sat. 9:05  
 Matinees: Sat. & Sun. 2:00  
**THE BRAVE ONE** -R-  
 Jodie Foster drama.  
 Every Night 6:45  
 Late Shows: Fri. & Sat. 9:10  
 Matinees: Sat. & Sun. 2:15  
**MR. WOODCOCK** -PG-13-  
 Billy Bob Thornton comedy.  
 Every Night 7:00  
 Late Shows: Fri. & Sat. 8:55  
 Matinees: Sat. & Sun. 2:30  
 Starts Oct. 26 - Becoming Jane  
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**THE STRAND THEATRE**  
 Midcoast Maine's Premier Entertainment Venue  
**FILM OF THE WEEK**  
 FRI, 10/19 - THUR, 10/25  
 "A delicious black comedy. It's total fun."  
 -Peter Travers ROLLING STONE  
**DEATH AT A FUNERAL**  
 Friday.....5:30, 8:00 Monday.....7:00  
 Saturday.....5:30, 8:00 Tuesday.....1:00, 7:00  
 Sunday.....3:00, 7:00 Wed & Thur.....7:00

**COMING SOON!**  
 TICKETS ON SALE NOW  
 Friday, October 26 • 7:30 pm  
**Kathy Mattea**  
 The Grammy-Award winning country star's Strand debut!  
 \$33/Reserved Seating  
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 Featuring Digital Sound & Stadium Seating  
**Fri. Oct. 19 - Thurs. Oct. 25, 2007**  
 \$6.00 Super Tuesday All Day & Nite!  
**Titanic**  
 1:00, 6:30 (PG13, 3:18)  
**The Comebacks**  
 1:45, 3:50, 7:15, Fri. & Sat. 9:20 (PG13, 1:36)  
**30 Days of Night**  
 1:15, 4:05, 6:50, Fri. & Sat. 9:30 (R, 2:16)  
**Rendition**  
 1:35, 4:15, 7:05, Fri. & Sat. 9:40 (R, 2:10)  
**Gone Baby Gone**  
 1:40, 4:25, 7:20, Fri. & Sat. 9:50 (R, 2:01)  
**Michael Clayton**  
 1:25, 4:00, 7:00, Fri. & Sat. 9:35 (R, 2:07)  
**Elizabeth: The Golden Age**  
 1:50, 4:20, 7:10, Fri. & Sat. 9:45 (PG13, 2:02)  
**The Game Plan**  
 1:30, 3:55, 6:55, Fri. & Sat. 9:25 (PG, 1:58)  
**Mr. Woodcock**  
 2:00, 6:45 (PG13, 1:36)  
**The Kingdom**  
 4:10, Fri. & Sat. 9:00 (R, 1:58)  
**Seeker: The Dark Is Rising**  
 1:55 (PG, 1:45)  
**The Heartbreak Kid**  
 4:30, 7:25, Fri. & Sat. 9:55 (R, 2:04)  
**COME CELEBRATE!**  
 OUR 10TH ANNIVERSARY! "Titanic" returns to the big screen this week Oct. 19th - Oct. 25th. Admission is Just 10 Cents!  
 Be our Guest for a Movie on your Birthday! (Proper ID Required)  
 Photo ID Required for All R-Rated Films

**GILBERT'S PUB**  
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 Open Mic  
 Great Evening of Local Talent  
 Starts at 9:30  
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 \* EVERY WEDNESDAY  
 Pool Tournament  
 Start Time 8:00 p.m.  
 Cash Prizes: 1st, 2nd, and 3rd  
 \* EVERY THURSDAY  
 Stefan Low  
 Acoustic Solo Act  
 No Cover Charge  
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 D.J. CHAS - "Local Star"  
 \* SATURDAY  
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# DAVE Barry

## Mr. Language Person: Watch Your Language!

At this juncture in the time parameter, we once again proudly present "Ask Mister Language Person," the No. 1 rated language column in the United States, according to a recent J.D. Power and Associates survey of consumers with imaginary steel plates in their heads. The philosophy of this column is simple: If you do not use correct grammar, people will lose respect for you, and they will burn down your house. So let's stop beating around a dead horse and cut right to the mustard with our first question:

**Q:** I often hear people use the word "irregardless," as in: "Irregardless of what you may or may not think, moths are capable of remorse." So finally I decided to look "irregardless" up in the dictionary, but I can't figure out what letter it begins with.

**A:** Grammatical experts disagree on this.

**Q:** What are the correct lyrics to the song "It's Howdy Doody Time!"?

**A:** According to the Library of Congress, they are as follows: "It's Howdy Doody Time! It's Howdy Doody Time! It's Howdy Doody Time! It's Howdy Doody Time!"

**Q:** Who wrote those lyrics?

**A:** Cole Porter.

**Q:** I am in the field of business, and people keep saying they want to "touch base" with me. They'll say, "I just wanted to touch base with you on the Fooberman contract," or, "We need to touch base on the rental sheep for the sales conference." But my understanding of the rules is that if you touch base WITH somebody, at the same time, at least one of you is out. So my question is, who the heck is "Fooberman"?

**A:** We decided to consult with William Safire, one of the top experts in the language field, but his number is not listed.

**Q:** I'm never sure when I should use the word "principle" and when I should use "principal." Is there an easy way to remember the difference?

**A:** Here's a simple memory device for distinguishing between these two similar-sounding words (or "sonograms"): Simply remember that "principal" ends in the letters "p-a-l," which is an antonym for "Police Athletic League," whereas "principle" ends in "p-l-e," which are the first three letters in "Please, Mister Postman," by the Marvelles. If this memory device does not work for you, we have a more effective technique involving a soldering iron.

**Q:** When the Marvelles sing, "Deliver de letter, de sooner de better," are they using correct grammar?

**A:** No. The correct grammar would be, "Deliver de letter, irregardless."

**Q:** Did alert reader Johnny G. Stewart send you an amusing automotive review from the Lewiston, Idaho, Morning Tribune?

**A:** Yes. It states: "A short-throw six-speed Borg-Warner transmission means classic Pontiac excitement and the fun of a well-timed shift."

**Q:** What's so amusing about that?

**A:** There was a letter missing from "shift."

**Q:** Can you cite some other examples of language usage sent in by alert readers?

**A:** Certainly.

John Triplett sent in a Heartland America catalog advertising baseballs that were "hand-signed by Mickey Mantle before his death."

W. Michael Frazier sent in an editorial from the Huntington, West Virginia, Herald-Dispatch containing this statement: "We believe if you have too much to drink at a holiday party, insist on driving yourself home."

Susan Olp sent in an Associated Press story concerning a lawsuit verdict in which a lawyer is quoted as saying: "It sends a message to gas companies in Wyoming that gas companies better operate safely because people are not going to tolerate being blown up."

Thomas Caufield sent in a San Jose Mercury-News story about a Stanford University instructor, containing this statement: "Since his suspension, Dolph has continued working as a manager in the university's lab for cadavers. In that position, he deals mainly with faculty members, Jacobs said."

Several readers sent in an Associated Press story concerning a Vermont high school student who disobeyed during her graduation speech; the story quotes school administrators as saying the incident "was not reflective of our student body."

Renee Harber sent in a police log from the Corvallis (Oregon) Gazette Times containing this entry: "12:38 p.m. July 20. Report that a man near the Crystal Lake boat ramp was threatening to kill the next person he saw wearing a kilt."

**TIPS "FOR" WRITERS:** In writing a screenplay for a movie, be sure to include plenty of action.

**WRONG:** "To be, or not to be."

**RIGHT:** "LOOK OUT! GIANT RADIOACTIVE SQUIRRELS!"

Got a question for Mister Language Person? Send it in, and you could receive a baseball hand-signed by William Shakespeare shortly after his death.

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# Calendar of Events

## Miscellaneous

### THURSDAY, OCT. 18:

► **Cake Auction**, 6 p.m., VFW Hall, Mill St., Waldoboro. Fund-raiser to support scouting in Waldoboro and Friendship.

► **Saints in Love Book Club**, five Thursdays, 5-6 p.m., Rockland Congregational Church, 180 Limerock St. Author Carole Hallundbaek will facilitate a group study of her new book *Saints in Love: The Forgotten Loves Between Holy Women and Men — and How They Can Make Our Relationships Divine*. Purchase books for \$15 before class. FMI: 594-8656.

► **"From Personal Helplessness to Spiritual Mastery"** 6:15 p.m., second floor meeting room at Camden Library. ChakraDrama and other energy transmutation methods, presented by L.M. Pitts and guest metaphysician B. Pitts.

► **Brown-Bag Article Discussion Group**, noon, Hutchinson Center, Belfast. Discussion facilitated by Ron Jarvella and co-sponsored by Camden Conference and Belfast Senior College.

► **Autumn Food & Beer Pairing Event**, 7 p.m., Hartstone Inn, Camden. The Hartstone Inn and McKean & Charles Wine Merchants host a seven-course meal with each course paired with an outstanding beer. \$75. For reservations, call 1-800-788-4823 or visit McKean & Charles in Waldoboro.

► **Scrabble Club Meeting**, 6:30 p.m., Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Club meets every two weeks on Thursdays. All are welcome. FMI: 563-2476.

► **Mid-Coast Audubon Program**, 6:30 p.m., Camden Library. David Sanger, professor at the University of Maine in Orono, will speak on "Climate Change in Prehistoric Coastal Maine."

### FRIDAY, OCT. 19:

► **Red Cross Blood Drive**, 2-7 p.m., Masonic Lodge, Northport Ave. & Wight St., Belfast.

► **Harvest Dinner with Chef Anne Mahle**, 6-8 p.m., Coastal Maine Botanical Gardens, Barters Island Rd., Boothbay. Mahle is author of *At Home, At Sea: Recipes from the Maine Windjammer J&E Riggis*. \$65/\$50 members. FMI: 633-4333.

► **La Petite Soirée**, 5:30-7:30 p.m., Penobscot School, 28 Gay St., Rockland. Meet Julien Covos from Angers, France. All level speakers welcome. No fee; donations welcome. FMI: 594-1084.

### SATURDAY, OCT. 20:

► **GRLT Hike**, meet at 10 a.m. at Von Saltza trailhead on Rte. 90, west of intersection with Rte. 17 and just past Mill St., for a 7-mile hike on the Oyster River Bog section of the Georges Highland Path. Bring lunch and water; wear blaze orange. FMI: 594-5166.

► **Old Fort Western Open House**, 4-5:30 p.m., Augusta. Open house is free. FMI: 626-2385.

► **Adult Ed Super Saturday**, Great Salt Bay School, Bus. Rte. 1, Damariscotta. One-day workshops for adults and children age 10 and up run the gamut from CPR to pottery, scratchboard drawing to mixed martial arts, and the event includes a noon lunch. FMI: 563-2811 or aded74@mid-coast.com.

► **French for Travelers**, 10 a.m.-4 p.m., Penobscot School, 28 Gay St., Rockland.

Taught by visiting French teacher Julien Covos. Designed for beginners. Fee: \$88. FMI: 594-1084.

► **Great Maine Apple Day**, 10 a.m.-3 p.m., MOFGA's Common Ground Education Center, Unity. Bring fruit to be identified as heritage varieties. Cider-pressing, sale of apple products, activities for children and more. \$4/\$2 MOFGA members. FMI: 568-4142.

► **Massage School Open House**, 2 p.m., Downeast School of Massage, 99 Moose Meadow Lane, Waldoboro. Free tours, refreshments and group discussions. FMI: 832-5531.

► **Cash for Clothes Sale**, Sat., noon-5 p.m.; Sun., Oct. 21, half-price sale, noon-5 p.m.; Mon., Oct. 22, bag sale 7-11 a.m., American Legion Hall, Pearl St., Camden. Benefits Coastal Workshop.

► **Nature Walk at Whitefield Salmon Preserve**, 9 a.m., Howe Rd., Whitefield. Naturalist Lynne Flaccus will lead a 2-mile walk. FMI: 586-5616.

► **Fellowship Meal and Music**, 5:30 p.m. meal; 7 p.m. music, Waldoboro Word of Life Church, off Rte. 1, near Moody's. Music by Heaven's Blend. Free-will offering taken. FMI: 975-3558.

► **Groundbreaking for New "World's Greatest Lobster Cooker"**, 10 a.m., Public Landing, Rockland. New cooker is designed to resemble the Breakwater Lighthouse. Engraved bricks for the cooker will be on sale at the event. FMI: www.maine lobsterfestival.com.

► **Merryspring's Month of Saturdays**, 9 a.m.-noon, Oct. 20 & 27, Merryspring Nature Center, Conway Rd., Camden. Join in pruning, clearing brush, winterizing garden tools and, on the 27th, putting the roses to bed with Glenn Jenks. Bring gloves and tools. FMI: 236-2239.

► **Dance with Dick Philbrook and the Frye Mountain Band**, 7-11 p.m., Thompson Community Center, Rtes. 17 & 131 S., Union. BYOB; snack bar is open. Door prize and 50/50 raffle. \$10. FMI: 785-2202.

### SUNDAY, OCT. 21:

► **Local Foods Breakfast**, 9-10:30 a.m., Morris Farm, Rte. 27 N, Wiscasset. FMI: 882-4080.

► **150th Anniversary Celebration of Waldoboro United Methodist Church**, 2:30 p.m., Friendship St. Each family will receive a copy of a new edition of the church's history. Public invited.

► **Pancake Breakfast and Chair Lift Rides**, 8-10 a.m., Camden Snow Bowl Lodge. Benefits activities funded by the Ragged Mountain Ski Club. Breakfast is \$6/\$4 under 12; chair-lift rides are \$5 for adult and child.

► **Reading by Senior Spectrum Writing Group**, 2 p.m., Camden Library. Group under instruction of Winnie Easton-Jones for the past two years.

► **Turkey Dinner and Silent Auction**, 5:30 p.m., Aldersgate United Methodist Church, Rte. 17, Rockland. Fund-raiser will help defray expenses of the mission Relief Team heading to Slidell, Louisiana. Dinner is \$7, with reservations required; call 596-5715.

► **Three-Part Series to Help Build Inter-religious Understanding**, United Christian Church, Rte. 173, Lincolnville Center. On Sun., Oct. 21, at 9:30 a.m., Rabbi Amita Jarmon of Adas Yeshuron Synagogue in Rockland will share her journey as a Reconstructionist rabbi. On Wed., Nov. 7, at 6:30 p.m., Dr. Ahmed Rahman and his wife Eaman will give a lecture entitled

"What Is Islam and Who Are the Muslims?" On Sun., Nov. 11, Zen Buddhist priests Stefano and Margaret Barragato will speak on their practice in the Soto lineage of Zen Buddhism. FMI: 763-43526.

► **"What Is Cohousing?"** 2 p.m., Belfast Free Library. Slide presentation by Belfast Area Cohousing. Following the presentation will be cider and a walk on land 2 miles outside of town that is under contract to become an energy-efficient community housing development. FMI: 722-3079 or -email cohousing@fairpoint.net. Free and open to the public.

### MONDAY, OCT. 22:

► **River School Open House**, 6:30-7:30 p.m., River School, 84 Kaler Rd., Belfast. Light refreshments and information. FMI: 338-0100.

► **Shakespeare Society of Rockland**, 7:30 p.m., Community rm., Rockland Library, Society began in 1889 to read and discuss the Bard's works. New members welcome. FMI: 354-0265.

► **AARP Driver Safety Workshop**, Mon. & Thurs., Oct. 22 & 25, 8:30 a.m.-12:30 p.m., Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Learn defensive driving, rules of the road and more. Those age 55 and older who successfully complete the course are eligible for a three-year car insurance discount. \$10. FMI: 563-1363.

► **College Planning Workshops**, 5 p.m., Medomak Valley Adult Ed., 320 Manktown Rd., Waldoboro. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All MEOC services are free. To sign up, call 1-800-281-3703.

### TUESDAY, OCT. 23:

► **Jefferson Historical Society Program on Records and Museum Object Collections**, 9 a.m., Old Town House. Two consultants from Museum Research Associates will assess the storage vault and provide training for volunteers in the care of the collection. Bring a bag lunch; beverages and snacks provided. FMI: 549-5258.

► **CareerCenter After Hours**, Tuesdays during Oct., 5-7:30 p.m., Rte. 1, Rockland, above Bookland. Two counselors will be available to assist in job searches, and workshops will be given. Tonight's workshop: "Job Search Techniques." Free and open to any adult. To register, call 596-2600.

► **NARFE Meeting**, noon, Offshore Restaurant, Rte. 1, Rockport. Meeting of the National Association of Active and Retired Federal Employees will feature speaker Rick Skoglund of Perry Green Kennels, who will talk about Chinook sled dogs. Those wishing a more leisurely lunch are welcome to arrive at 11:30 a.m. FMI: 832-4038.

► **Caregiver Education & Support Group Meeting**, noon-1 p.m., Waldo County Home Health & Hospice, 119 Northport Ave., Belfast. All caregivers, family and friends invited. Bring lunch; drinks provided. FMI: 1-800-282-0764, ext. 127.

► **Pemaquid Paddlers Canoe/Kayak Trips**, 9 a.m., put-in at end of Storer Rd., off Rte. 32 in Bremen, for a paddle on Broad Cove, eastern and western branches. Free and open to the public. All paddlers must supply own boat and PFD; under 18 must be accompanied by an adult. FMI: 677-6380 or jwill@midcoast.com.

**NO TRICKS  
JUST TREATS!**



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**Weskeag Farms**  
We are back at the farm on Buttermilk Lane,  
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# Calendar of Events

- ▶ **College Planning Workshops**, 9 a.m., University College Rockland, Breakwater Marketplace, Rte. 1. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All MEOC services are free. To sign up, call 1-800-281-3703.
- ▶ **Informational Meeting on the International Assn. of Administrative Professionals**, 6-7 p.m., Breakwater Room, Maine Lighthouse Museum, Park Dr., Rockland. Learn what the IAAP can offer members and about the opportunity to form a local chapter. FMI: [www.iaap-hq.org](http://www.iaap-hq.org); Linda Silvia, 596-0376, or Sally Perkins, 594-9209.
- WEDNESDAY, OCT. 24:**
- ▶ **Free Women's Health Screening**, Wed.-Fri., Oct. 24-26, and Mon. & Tues., Oct. 29 & 30, 2-4 p.m., Pen Bay Medical Center, Rockport. Screenings include a breast exam, Pap test and mammogram for ages 40-64. *Pre-registration required before Fri., Oct. 19*, by calling 1-800-350-5180 and pressing 1. Transportation can be provided.
- ▶ **College Planning Workshops**, 9 a.m., Hutchinson Center, Belfast. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All MEOC services are free. To sign up, call 1-800-281-3703.
- ▶ **Workshop on "Building Your Self-Confidence"**, 10 a.m.-noon, Belfast Adult Ed. bldg. Free four-week workshop for women of all ages and backgrounds. *Registration required by Fri., Oct. 19*. FMI: 596-2615 or 338-0715.
- ▶ **Lincoln County Business Feast**, 2-7 p.m., CLC YMCA, Bus. Rte. 1, Damariscotta. Networking and business opportunities and food samples. FMI: 563-8348.
- ▶ **Seminar on Senior Community Service Employment Program**, 1:30 p.m., Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Learn how to add earned income to Social Security benefits by participating in SESEP's on-the-job training. FMI: 563-1363.
- ▶ **Public Supper**, 5:30 p.m., People's United Methodist Church, So. Thomaston. Salads, casseroles, beans and pies. \$7/\$4. For reservations, call 596-6020 or 594-5139.
- ▶ **The Quick Gourmet**, Wednesdays, 6-8:30 p.m., through Nov. 14, at the home of chef David Atwater in Damariscotta. Featured are quick breads, appetizers, entrees and desserts. \$65. FMI: 563-2811 or [aded74@midcoast.com](mailto:aded74@midcoast.com).
- ▶ **Lunch-n-Learn Session**, 11 a.m.-1 p.m., conference rms. A and B, Dept. Health and Human Services, Breakwater Marketplace, Rte. 1, Rockland. Topics include an overview of domestic violence, legal issues, government grants and the role of DHHS. Public invited.
- ▶ **Business to Business Forum**, 6:30 p.m., Union Masonic Hall, Sennebec Rd. Union Area Chamber of Commerce hosts a forum entitled "Boosting your Bottom Line." \$10/\$5 members. Public welcome. FMI: 785-3300.
- ▶ **Social Lunch Program**, 11:30 a.m., Coastal Community Center, Overlook

- Bldg., 521 Main St., Damariscotta. Lunch is followed by local flutist Sarah Plummer and Amelia Jenkins performing a selection of traditional, classical and popular melodies. Donation is \$4.50/\$3.50 for those over age 60. *Call by noon on Tues. for reservations; 563-1363.*
- ▶ **Chronic Fatigue Syndrome and Fibromyalgia Support Group**, 4-6 p.m., Belfast Free Library, third floor conference room. FMI: 338-5414.
- THURSDAY, OCT. 25:**
- ▶ **Camden Garden Club Meeting**, 9:30 a.m., Congregational Church, 55 Elm St. Guest speaker Becky Linney will talk and give a floral demonstration on "Designs for a Winter in Maine." FMI: 236-8162 or [marsha@midcoast.com](mailto:marsha@midcoast.com).
- ▶ **Camden Conference Community Event**, 6:30 p.m., Camden Library. Prof. Seth Singleton will discuss "Is the U.S. in a Long War Against Islam?"
- ▶ **DRA Conservation Book Club**, 6 p.m., Damariscotta River Association farmhouse, Belvedere Rd., Damariscotta. Share a simple supper and discussion of Bernd Heinrich's *Winter World*. FMI: 563-5596.
- ▶ **AARP Driver Safety Workshop**, Thurs. & Fri., Oct. 25 & 26, 8:30 a.m.-12:30 p.m., Anderson Inn at Quarry Hill, Camden. \$10. For reservations, call 230-6114.
- ▶ **Diabetes Prevention Program**, Thurs., Oct. 25, Nov. 29 and Dec. 27, 5-6 p.m., Kno-Wal-Lin, 170 Pleasant St., Rockland. "How to Turn Back the Clock" will focus on the role healthy food choices and regular exercise play in the prevention of diabetes. \$20 per class. FMI: 596-8537.
- ▶ **Breakfast Biz**, 9-11 a.m., Pen Bay Regional Chamber, One park Dr., Rockland. Topic is "Refinancing Your Business," by Donald Sanborn of Sanborn Financial Management. \$25. *RSVP by Mon., Oct. 22* to Shari Closter, 596-0376, ext. 22.
- ▶ **Gregorian Chant Seminar**, 7-8 p.m., First Congregational Church, 55 Elm St., Camden. For any interested in the history and relevance of Gregorian chant. There will be an opportunity to try chanting. Free; to sign up, call 236-4821.
- ▶ **Rabies Clinic**, 2:30-5:30 p.m., The Animal House, 372 Main St., Damariscotta. \$12. FMI: 563-5595.
- ▶ **"A Tanzanian Photo Safari"**, 7:30 p.m., Waldoboro Library. Jack Farlow will present his slides and commentary from a recent trip to Africa.
- ▶ **Gospel Music by the Hyssongs**, 7 p.m., Belfast United Methodist Church, 23 Mill Lane. Southern gospel music by the Nashville recording artists. Free; love offering taken. FMI: 338-5575.
- ▶ **St. George Historical Society Meeting**, 6:30 p.m. potluck; 7:30 p.m. program, St. George Grange Hall, Wiley's Corner, off Rte. 131. David Hoch will give a presentation on Rockland's lime industry that will include a magic lantern show and short film. FMI: 372-8893.
- ▶ **Restorative Justice Project of the Mid-coast Volunteer Mentor Training**, Thursdays, Oct. 25 and Nov. 1, 5:30-8 p.m., Belfast. Volunteer mentors need to complete a volunteer application, which can be obtained by contacting the RJP office at [info@rjpmidcoast.org](mailto:info@rjpmidcoast.org) or 338-2742.
- ▶ **Open House at Samoset Resort**

- Health Club**, 5-7 p.m., Rockport. All are welcome to see the completed renovations to the Health Club, locker rooms and indoor pool area.
- ▶ **E2 Tech Council Forum**, 7:30-9:30 a.m. (registration starts 7:15 a.m.), Maine Aububon, Falmouth. This month's forum features a presentation on Environmental Liability Management, with a case study on the Blue Hill Mine Project. \$10 for Environmental & Energy Technology Council of Maine members/\$20 non-members. Continental breakfast served. FMI: [forum@e2tech.org](mailto:forum@e2tech.org).
- COMING UP:**
- ▶ **Waldoboro Business Showcase**, Fri., Oct. 26, 5-7 p.m., Miller School gymnasium. Free show by merchants, artisans and entrepreneurs, with a decorated pumpkin contest for the public to vote on.
- ▶ **Bus Trip to Boston Anti-War Protest**, noon, Sat., Oct. 27. Rally begins at Boston Common with music and speakers, including historian Howard Zinn. Cathy Mink is organizing buses from Belfast and Rockland; call 338-4920.
- ▶ **Spanish for Travelers**, Sat., Oct. 27, 10 a.m.-4 p.m., Penobscot School, 28 Gay St., Rockland. Taught by Argentinian native Gisela Cordova. Designed for beginners. Fee: \$88. FMI: 594-1084.
- ▶ **Downeast Living with Cancer Conference**, Fri., Nov. 2, 8:30 a.m.-3:30 p.m., Holiday Inn, Ellsworth. Free day-long program for cancer patients, caregiver and medical professionals. FMI: [www.cancer.org](http://www.cancer.org) or call 1-800-227-2345.
- ▶ **Bus Trip to Boston**, Sat., Nov. 17, departs Camden Hills Regional H.S. at 7 a.m., Medomak Valley H.S. at 7:30 a.m. and Damariscotta at 8 a.m. Drop-off points at Faneuil Hall and Fenway Park, with an optional Fenway tour offered. \$45/\$10 for Fenway tour. *Register before Fri., Oct. 26*, by calling 236-7800, ext. 274.
- ONGOING:**
- ▶ **Keep Smyelin — Mid-Coast MS Awareness Group**, third Tues., 3:30-5:30 p.m., Kno-Wal-Lin, 70 Pleasant St., Rockland. FMI: 354-0285.
- ▶ **Ongoing Salvation Army Activities:** Karate: Mondays, at 5 p.m. for age 8 and up, 7 p.m. for adults, and Thursdays at 4 p.m. for ages 5 and up and 6 p.m. for adults. \$5 a class/\$30 a month. **Food Pantry:** by request M-F, 9 a.m.-noon and 1-4 p.m. **Christmas Toys & Food Baskets:** M-F, 9 a.m.-noon and 1-4 p.m. until Christmas. Documentation needed. FMI: 594-5326.
- ▶ **Scrabble Club Meetings**, 6:30 p.m., Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Club meets every two weeks on Thursdays. All are welcome. FMI: 563-2476.
- ▶ **Captain's License Courses**, Mondays, open-enrollment course runs through May, so registering now through Jan. will give enough time to complete the required instruction for OUPV or Master's level licenses. FMI: 236-7800, ext. 274.
- ▶ **Mid-Coast Hepatitis C/Liver Disease Support Group Meeting**, first Wednesdays, 7 p.m., Conference Rm. D, Pen Bay Physicians Bldg., Rockport. Anyone dealing with hepatitis C and family members are welcome. FMI: 236-4720.



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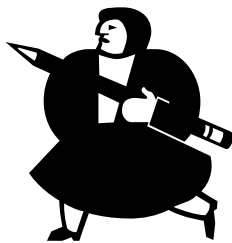
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**"Star Trek: Voyager"  
Featured Oct. 25**

Starfleet head will be co-host

On Thursday, October 25, at 6:30 p.m. in the Friends Community Room at the Rockland Public Library, the series Four Decades of Star Trek continues with an evening of "Star Trek: Voyager." Program and events librarian Steve Donoso will be talking with guest host Don Aucoin, executive officer of the Bangor chapter of Starfleet, the international Star Trek fan association, giving away Star Trek DVDs and books, and screening two episodes from "Star Trek: Voyager." In the episode "Living Witness," Voyager's holographic doctor (Robert Picardo) awakens 700 years in the future in an alien museum where history has been rewritten. In "Riddles," upon returning from a diplomatic mission together, Neelix (Ethan Phillips) helps Tuvok (Tim Russ) adjust after he suffers brain damage in an attack by an unseen alien.

Star Trek screenings are courtesy of CBS-Paramount Television and are used by permission. Prizes are donated by Paramount Home Video, Simon and Schuster, and Andrews McMeel.

Special accommodations for people with disabilities can be made with 48 hours' notice. Call the library at 594-0310.

The program is one in a continuing Thursday-evening series of literary, film and musical offerings sponsored by the Rockland Public Library and The Friends of the Rockland Public Library. Admission is free.

**Turkey Dinner and  
Silent Auction to Benefit  
Mission Relief Trip**

Aldersgate United Methodist Church of Rockland is sending a Mission Relief Team to Slidell, Louisiana, to help with the Hurricane Katrina recovery effort. Team members include Becky Leonard, Ray Bailey, Linda Kaserman, Edie Bryant, Alison Dyer and Stephen Grima. The team will leave on Friday, November 2, and return Sunday, November 11.

The team will work under the direction of the United Methodist Committee on Relief (UMCOR) at the North Shore Disaster Recovery Station. While there, they will be given a variety of tasks based on their skills and abilities. Although they number only six from the midcoast area, they will be joining up with others from New England, and the entire team will number approximately 60 in total.

A turkey dinner and silent auction fund-raiser will be held at the Aldersgate UMC on Sunday, October 21, to help defray the expense of the trip. The turkey dinner will be a true harvest dinner with turkey, stuffing, mashed potatoes, squash, cranberry relish and homemade apple and pumpkin pies. Silent auction items include a signed, framed print from Alan Eastman, a stained-glass stepping stone and various gift certificates from local businesses.

Reservations for the dinner are required and can be made by calling the church office at 596-5715.

**College Planning Class  
for Adults Oct. 30**

Five Town CSD Adult Ed is offering Essentials of College Planning for Adults (anyone 19 or older) to help those who have been out of school for some time to learn more about colleges, what they have to offer, and what is needed to be done to get there, covering admission, financial aid, and college programs. The course will help with the completion of the Free Application for Federal Student Aid; participants should bring 2006 federal tax return and W-2s.

The class will meet one night only, Tuesday, October 30, from 5 to 8 p.m. at Camden Hills Regional High School. Registration is through Maine Educational Opportunity Center (MEOC), at 1-800-281-3703.

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**OCTOBER 19 - OCTOBER 25**

**Friday, October 19** — Mercury is nicely aspecting Saturn until noon tomorrow. This aspect helps us to slow down and concentrate. Mercury is still retrograde, so I hope your computer is still running. Mine has shut down a few times but still seems to be okay. While Mercury is aspecting Saturn you can take care of projects you normally wouldn't have the patience for. The Sun is aspecting Pluto. Here's an opportunity to overcome a nasty habit. You're able to let go, ask for help and find the strength you need to finally make the decision to turn your life around. Between 8 and 10 p.m. the Moon will aspect Mercury, which is known to increase nervous tension. Watch your thoughts and try to cancel out the self-criticism.

**Saturday, October 20** — The Sun is still aspecting Pluto (until tonight), offering another chance to focus and make a commitment inwardly to overcome old, debilitating habits. This aspect brings empowerment and self-confidence. From 3 to 5 p.m. the Moon will aspect Uranus, which will show you just how sharp your intuition can be! You may get some creative ideas that you'll want to follow up on. From 7 to 9 p.m. the Moon will be aspecting Jupiter, inspiring humor, playfulness and enthusiasm.

**Sunday, October 21** — Mercury will be aspecting Jupiter until tonight, speeding up your mind so much that you are easily distracted and scattered. You may be a bit too blunt. This is a great time to write a short story. From 11:30 a.m. until 1:30 p.m. you're observant and your perceptions are clear while the Moon is aspecting Pluto. Between 9:30 and 11:30 p.m. the Moon will aspect Mercury, offering you insights that you'll want to share in the morning. This is also a good time for writing in your journal.

**Monday, October 22** — Between 8:30 and 10:30 a.m. you'll have a great deal of physical energy and enthusiasm while the Moon is aspecting Mars. Working on a project with another person will make it more fun. The Sun and Mercury are close together right now in Scorpio in a harsh aspect to Uranus. This will be with us until Tuesday night. The energy is erratic, and some folks will be irritable and impatient. Try to be sensible and remain calm so that you can offer a stable emotional presence for others. Sudden events that throw you off balance may take place. Intuition is sharp from 7 to 9 p.m. while the Moon is conjunct Uranus in Pisces.

**Tuesday, October 23** — The Sun will enter into Scor-

pio at 3:16 p.m. and remain in this powerful, observant, intensely psychic water sign until November 22. This is the time of year when you'll want to focus on transforming old habits and obsessions. Pluto rules Scorpio and helps with making a major transformation out of the old and into a new phase of your life. Try to talk less, listen more and observe. Scorpions are so good at that. The Sun and Mercury are still aspecting Uranus, showing us that life can be ever so changeable when we least expect it. Venus is aspecting Uranus until tomorrow night. This aspect offers creativity if one can step outside the box and allow originality to fly. Relationships need a shot in the arm. Do something out of the ordinary.

**Wednesday, October 24** — Mercury is still retrograde, until November 1 at 5:53 p.m. Communications are frustrating and electrical gadgets you rely on may not be working. My smoke detectors were blaring full-blast last night for no reason. The batteries are not old. While retrograde, Mercury does some pretty weird things. It really is the time to be a hermit and go off into the woods by yourself and forget about society and making money. However, most of us can't do that, so we have to live with these annoying electrical problems. How's your car doing? Don't buy a car while Mercury is retrograde, or sign a contract. The Full Moon is close, which may be why you're feeling so odd right about now. The Full Moon promises to bring insights into what has been going on for you the last two weeks.

**Thursday, October 25** — The Full Moon took place at 12:53 a.m. with the Moon in Taurus and the Sun opposite in Scorpio. Lots to think about economically for yourself and for the country. Try to think clearly and make some sort of plan to budget your earnings and save. Mercury is in a positive aspect with Pluto, offering great depth of awareness. Between 2:15 and 4:15 p.m. the Moon will aspect Pluto, taking you to a profound level of understanding in a relationship. Anyone in a therapy session at this point in time will have a breakthrough. This weekend Venus will be aspecting Jupiter, which is an extremely indulgent aspect. Be careful not to spend your hard-earned money frivolously. Also watch out for those you love who tend to drink too much or abuse drugs.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565.



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CHANNEL LINE-UP Knox County

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3 UPN - WPME
4 FOX - WFPO
5 CBS - WABI
6 NBC - WCSH
7 PEG - Public
8 ABC - WMTW
9 Adelphia 9
10 MPBS - WCBB
11 PEG - Education
12 WB - WPXT
13 CBS - WGME
14 QVC
15 HSN
16 CHLT
17 Shop NBC

- 18 TV Guide
19 C-SPAN
20 C-SPAN2
21 PAX TV
22 PEG - Government
23 NESN
24 FOX Sports Net
25 ESPN
26 ESPN2
27 MTV
28 GAC
29 VH-1
30 Lifetime
31 Spike TV
32 CMT
33 Weather Channel
34 NECN
35 FOX News
36 CNN
37 Headline News
38 Knox TV
39 CNBC
40 MSNBC
41 Court TV
42 TCM
43 Movieplex
44 TNT
45 Comedy
46 FX
47 USA
48 TBS
49 Oxygen
50 A&E
51 AMC
52 Ovation
53 Bravo
54 E!
55 HGTV

- 56 Food Network
57 Travel Channel
58 EWTN
59 Hallmark Channel
60 TBN
61 History Channel
62 TLC
63 Discovery
64 TV Land
65 BET
66 ABC Family
67 Nickelodeon
68 Disney Channel
69 Animal Planet
70 SCI-FI
71 TV5
72 PIN
73 INSP
74 Cartoon Network

FRIDAY EVENING OCTOBER 19, 2007

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Friday, October 19, 2007.

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OPEN M-F 7:30-5:30, Sat. 7:30-4:00, Sun. 9:00-1:00

SATURDAY EVENING OCTOBER 20, 2007

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Saturday, October 20, 2007.

SUNDAY EVENING OCTOBER 21, 2007

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Sunday, October 21, 2007.

MONDAY EVENING OCTOBER 22, 2007. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69).

TUESDAY EVENING OCTOBER 23, 2007. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69).

SEE US FOR ALL YOUR GLASS NEEDS. HOME • AUTO • BUSINESS. PEN-BAY GLASS CLASSIC VINYL WINDOW. Route 1, Thomaston Line, Rockland, 594-0766.

TOM FORD COMPUTER SERVICES. One-On-One Computer Training. On-Site Computer Service. Help with purchase and setup. Backup & Maintenance Solutions. Virus & Spam management. 236-3215 or 542-9120.

WEDNESDAY EVENING OCTOBER 24, 2007. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69).

THURSDAY EVENING OCTOBER 25, 2007. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69).



### Help for Their Friends at the Humane Society –

Terry Knight of Just Right Auto Repair presents a check to Tracy Sala of the Humane Society of Knox County as Lindley Knight looks on. The check was a combination of a portion of Just Right's proceeds for the month of September and donations collected at their second annual customer appreciation day. Dunkin, Beau and Duke (who is missing from the photo) were proud that a donation of \$766 was made to their friends at the Humane Society.

### Burgess Interim Director of Belfast Chamber

Marsha Oakes, president of the Belfast Area Chamber of Commerce (BACC), announced that John Burgess of Northport will be acting as the interim director of the Chamber while the search process gets under way to replace the outgoing director.

"Mr. Burgess brings to the table a broad background of business experience and a history of community service," said Oakes. "He has worked closely with the Belfast Area Chamber of Commerce over the last several years, and that makes this a great fit for us." Burgess assumed the position October 8.

Burgess and his wife Linda have lived in Northport for almost 20 years. During that time, they operated the family business, The Lodge at Camden Hills, and launched Camden Hills Realty. Burgess is also past president of the Camden-Rockport-Lincolnville Chamber of Commerce and a former selectman in Northport, and he now serves as a planning board member. He also recently became active in SCORE as a counselor to small businesses.

Prior to settling in Maine, Burgess spent more than 20 years in the hospitality and travel industry, primarily with Marriott Hotels and Resorts, where he was general manager of the Marriott Long Wharf in Boston and the Castle Harbour Resort in Bermuda.

"Our community has great resources to offer, and it helps us all that we're in a position of growing strength," Burgess said. "That makes my role both productive and satisfying."

### Pianist Kathie Johnson Opens Studio in Cushing

"Yesssss!" shouts out the license plate of Kathie Johnson, which is fitting for this energetic musician who now resides full-time in Cushing after many successful years in Chicago as a professional pianist, chamber musician, fund-raiser, teacher and more.

When Johnson started her piano studies at a young age, she was influenced by performances of the Budapest String Quartet. It was during these formative years that her interest in chamber music grew as she realized the joy of playing with other musicians. This early exposure helped to catapult her in later years to not only perform with well-known chamber musicians but to develop programs of her own that would create opportunities for others.

In 1975 she started accompanying and chamber-music classes, held in private, institutional and summer-camp settings. She was later founder and director of a chamber-music competition

for Performing Arts Chicago and led two chamber-music tours (nationally and internationally). In recognition of this work with young people, the Chamber Music Association awarded her the most prestigious chamber-music teaching award in 2000.

In the midcoast area, Kathie and her husband, Marc Johnson, Vermeer String Quartet cellist, founded the Next Generation program under the auspices of Bay Chamber Concerts and have run it successfully for 17 years.

Johnson offers piano classes for both children and adults. For further information, contact Johnson at 354-2023.



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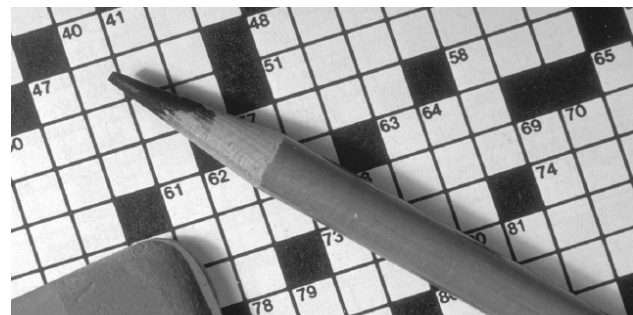
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EASY # 11

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at [www.sudoku.com](http://www.sudoku.com)

Sudoku solution on page 40.



## Market Basket

Deadline is 4 p.m. on Mondays

PLEASE READ: As long as the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one ad per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone - we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads which do not follow these guidelines cannot be printed.

### For Sale

- Kid's Downhill Ski Set, HEAD** 130 skis, youth size 4 Raichle boots, poles, fits 6-8 year old. \$20. 594-9053.
- Weslo Accusmart Treadmill**, works great, must sell due to foot injury. \$100. 594-4432.
- Snowmobile Suits**, one medium, one extra large, \$20 each. Boots, size 7 and 9-1/2, \$10 each. Two helmets, \$7 each. 594-2483.
- New Padded Booster Seat for Toilet**, three packages large tab closure protective undergarments, small walker, \$10 each or all for \$25. 354-6466.
- Round Maple Table**, makes oval with leaf, plus three chairs, \$75. Pine stand with magazine rack attached. \$25. 763-4599.
- Sewing Machine**, heavy duty, White brand, zig-zag, portable, great condition. \$65. 832-7946.
- Hospital Bed**, good condition, \$40. Living room wood stove, \$50. 596-2986.
- Rowing Machine**, Vitamaster, instruction manual, \$25. Four shop lights, \$4 each. Igloo dog house, \$10. 273-3251.

- Halloween Decorations**, pumpkins, posters, 25¢ to \$2. 563-5663
- Two Doll Houses**, homemade, one is 28" tall, 30" wide, 25" deep, \$60; the other is 33" tall, 34-1/2" wide, 18" top, \$40. 273-2124.
- Photo Darkroom Equipment**, Gra-Lab 300 timer, \$20. Time-O-Lite LP-69 timer, \$25. 11 x 14 developing trays and 16 x 20 print washer, \$25. 236-3733.
- Atlas "O" Maine Central Locomotive**, limited edition made exclusively for Norm's Train Shop, like new, in original box, \$100. 372-9687.
- Large Rectangular Dining Room Table** with leaf, seats 10 comfortably, \$30. 596-2932.
- Two Particle Board Bookshelves**, 24" x 72", \$10 each or \$15/pair. Platform rocker/ottoman, \$20. Electric ice cream maker, \$15. 594-6320.
- Shenandoah Wood Stove**, holds 2-foot stick of wood, \$85. 685 Old Route 1, Waldoboro, afternoons and evenings.
- 65 Brass Knobs**, brand new, originally paid \$390, asking \$50. 763-3971.
- Four White Wooden Adirondack Chairs**, fold for storage, \$60 for all. Small patio table with crank-up umbrella, \$40. 338-4408.
- Chinese Lanterns**, on stems, 5¢/lantern or bring a spade and dig lanterns for free. 594-4515
- Extra Large Dog Crate**, excellent condition, \$50. Love seat sleeper sofa, \$50. 845-2395.
- Snowsuit**, 6/9 month, really nice, blue with fleece lining, never worn, \$20 OBO. Other miscellaneous baby items, under \$10. 691-5524.
- Ladies Brand New Worthington Black Leather Jacket**, blazer type, size small, \$100. 236-2441.
- Four Natural Stands**, \$5 each. Entertainment cabinet, \$15. Four deco bottles, \$12. Sears vacuum, \$15. Floor mirror, \$40. 354-0078.

- Huggies**, size 6, natural fit, unused diapers, about 38, a \$20 value for \$10, potty trained. 354-2713.
- LP Records** from the '60s, \$2 each. Playing cards, advertising sports teams, airlines, cigarettes. 236-3665.
- Boxspring and Mattress**, clean, good, full size, \$30. New walker, attachable tray, \$20. Antique oak table/leaves, good condition, \$50. 529-5530.
- Two Studded Snow Tires**, P175/70R13, plenty of tread, \$90, no checks. 785-3808.
- Glider Rocker**, white wood, blue cushions, \$35. Brown wooden rocker, like new, spindle curved back, \$35. 845-2617.
- Queen Size Wool Blanket**, "Camden Mills," \$40. Down nylon jacket, 12-14, \$30. New 4-qt. pressure cooker, \$30. 372-8619.
- Simon Pearce "Shelburne" Glass Vase**, approx. 8-1/2" tall, signed, \$35. 594-3676.
- Nice Box Lot of Vintage Kitchen Utensils**, 1900s-1950s, \$25. 354-6419.
- Vintage Bartek Jewelry**, good condition, value \$100, now \$30, can deliver. White rocking chair, \$10. 563-7100.
- Jack-o-Lantern Pumpkins**, 20 in varying shapes and sizes, get ready for Halloween with one for only \$5. 691-5524.
- Car Top Luggage Carrier**, turtle shape, \$50. TV stand with storage space in bottom, \$25. 763-4599.
- Casio CTK-491 Electric Keyboard** with 100-song bank, full size, complete with song book, perfect condition, \$75. 372-6554.
- Sewing Machine**, cleaned and serviced, \$75 OBO. 338-2212.
- Ammo**, 303 Savage, 180 and 190 grns., \$40 box. 22 Hi-Pwr, 70 grns., \$40 box. .300 SAV, 180 grn., \$15. Other cal. 268-4442.
- Metal Frame** for single bed, \$25 OBO. 563-5663.

- X-Box Game System**, two controllers, nine games, excellent condition, \$75. Large bureau, three drawers, recessed top, great condition, \$15. 354-0129.
  - 33 Peony Roots**, \$3 each, still time to plant. 832-2233.
  - Craftsman AC230AMP, DC140AMP**, triple range ARC welder, used little, \$75. Saw/router table, never used, \$25. 594-0600.
  - Two Ferrets**, cute, lovable, friendly, great pets, comes with a big cage, \$100 OBO. 230-0113.
  - 11 White Pine Fence Panels**, no posts, 8' long x 4' wide, good condition, \$40, firm. 354-2068.
  - Kerosun Heater**, \$50. Galvanized boat anchor, \$50. 594-4677.
- ### Wanted
- Wanted: Canning Supplies**, equipment, jars, free or low cost, also looking for someone to teach me how. 563-5663.
  - Wanted: Recliner Chair**, in good condition, will pay up to \$50, I'll haul. 594-6204.
  - Wanted: Photo Darkroom Sink**, in good condition, reasonable price, ideally 2 x 8 foot. 525-3234.
  - Wanted: Bottles and Cans** to help senior citizen in Rockland area with expenses. 594-4788. ■
  - Wanted: Electric Baseboard Heater** with heat control, 6'-10' unit, 110/220 v. 338-0797.
  - Wanted: Woodworking Hand Tools**, clamps, chisels, planes, workbenches, etc., for woodworking classes. Cash paid. 596-0863.
- ### Free
- Free: Two Smoky Gray Cats**, very sweet, 1-1/2 years old, need a home, all shots are updated. 701-9909.
  - Free: Chinese Lanterns**, free for the digging, also hens and chickens. 594-4515.

## Market Basket ADS FREE

- MARKET BASKET RULES:**
- #1. Maximum # of Words per Ad = 20**
  - #2. TOTAL of all items added together MUST BE \$100 or less!**
  - #3. Ads MUST be priced or we cannot run them.**
  - #4. We cannot run Wanted ads seeking items costing over \$100.**
  - #5. ONLY ONE AD PER WEEK per person/phone number.**
  - #6. NO BUSINESS, SERVICE OR YARD SALE ADS accepted.**
- Please use the regular classified ad form for these and all other ads which don't fit the above guidelines - sorry, ads that don't follow these guidelines cannot be printed!

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!Market Basket Ads Automatically Run For Two Weeks!

Mail To: **The Free Press MB**, 8 No. Main St., Suite 101, Rockland, ME 04841  
**Sorry, we CANNOT take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it - copies from newsprint don't fax well, and we can't read them - just write your ad on a white sheet of paper and fax that - do not forget your phone #.**  
**And about the handwriting: If we can't read it, we can't run it.**  
**! MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS !**

- Free: 19" Color TV**, Panasonic. 354-6010.
  - Free: Five Gallons Used Vegetable Oil**, pick up at Thomaston Cafe, 154 Main Street, Thomaston.
  - Free: Pop-up Camper**, canvas back has rot. Locking upright freezer. 236-8579.
  - Free: Several 78 RPM Records**. 596-7344.
  - Free: Horse Manure**, have awesome flowers next year, we'll load. Call Susan, 594-4893. ■
  - Free: Hospital Bed**. 785-4742.
  - Free: Futon Mattress**, full size, good condition. 785-6330.
  - Free: Books**, hard and paperback, cleaned out my library, 14 boxes, take all. 236-8579.
- ### Lost
- Lost: 5-Month-Old Female Cocker Spaniel**, chocolate brown w/red collar, "Brownie," on Camden Street in Rockland. Lost Sunday night, Oct. 7. 596-0989.
  - Lost: Cat**, in Thomaston, male cat, white with orange spot on head and in tail area, short stubby tail, answers (sort of) to "Scooby." 354-8191. ■

# FREE PRESS CLASSIFIEDS

## Position Available for a Bookkeeper/Office Manager

Basic accounting and computer skills required. Permanent, year-round, 24-30 hours per week, competitive salary.

Please forward resume to:  
**Eastern Traders, Ltd.**  
Box 77  
Nobleboro, ME 04555

## Yard Sales

**MOVING SALE**  
Indoors, October 20 & 21, 8 a.m.-4 p.m.  
Antiques, collectibles, washer/dryer, furniture, garage goods, housewares. Something for everyone. Everything goes, great prices.  
75 Western Road, Warren

## RVs

**2002 FLEETWOOD F-450 TIOGA 23E**, 1 slide, full bath, super clean, back kitchen, fold-down couch, bunk over, bench dinette, fully self-contained, 36,777 miles, \$29,000, Rockport. 594-3092. (10/18)

## Vehicles

**LIKE NEW, SLEEK NIGHT-HAWK BLACK 2007 HONDA FIT SPORT**, 4,200 miles, ultra low emission vehicle, 31 MPG city/38 MPG highway, 5-speed automatic and manual sport mode with steering wheel paddle shifters, 200 watt, 6-speaker stereo with CD/MP3 input, equalizer, AC, anti-lock brakes, power windows, power door locks, power mirrors, alloy wheels, remote entry, fog lights, tilt wheel, all available options, 3-year, 36,000 bumper-to-bumper warranty, 6-year 60,000 drive-train warranty, plus purchased transferable 7-year 100,000 bumper-to-bumper warranty with roadside assistance. I just bought this beautiful vehicle after waiting two months for it to be built and found out I'm being transferred overseas. Call (207) 446-2295 or e-mail dassetlin@mail.com for information.

**1999 CADILLAC DEVILLE**, many extras, four brand new tires, excellent condition, 118K, \$7,000. 832-6331. (kr)

**2002 DODGE ONE TON**, with 11-foot dry box, 40K, 5-speed, \$11,500. 446-3839. (kr)

**1955 FORD FAIRLANE**, 2 door, 289 eng., auto, customized in the '50s, \$7,500. 557-2292. (kr)

**1997 SAAB 9000**, 5-speed, sunroof, leather, top condition, all service records available, \$4,800. 596-6859. (10/18)

**1991 CADILLAC DEVILLE**, loaded, \$1,600 OBO. 832-7902.

**1991 SUBARU LOYALE 4X4 WAGON**, 159K miles, good condition, driven daily, \$1,000 OBO. 354-8168. (10/25)

**2000 BUICK LESABRE LIMITED**, loaded, leather seats, four air bags, etc., one owner, looks great, exc. driving condition, 94K, \$5,895. 542-6178. (10/18)

**2002 TOYOTA TUNDRA WORK TRUCK**, 2 WD, automatic, cap. grey, 40,000, perfect condition, original owner. 763-4776. (11/1)

## Vehicles

**1998 NISSAN PATHFINDER**, Bose CD/stereo, moonroof, power everything, \$4,500. 215-7444.

**2005 SAAB 9.5 ARROW WAGON**, silver, 52,000 miles, 5-speed manual, buyer assumes certified warranty expiring Jan. 2010, top-of-the-line SAAB, meticulously maintained, loaded, 6-CD changer in trunk, heated seats, halogen lights, leather seats, sun roof, rubber trunk mat, \$20,600, KBB is \$21,460 w/o warranty. 975-1775.

## For Sale

**EMT/FIREFIGHTER'S OFFICIAL REVOLVING EMERGENCY LIGHT**, \$15. 563-5719.

**ASSORTED FRAMED PICTURES**, five scenic, one print titled "Der Tourist am Rhein," \$15 to \$75. 582-0621. (kr)

**MAPLE DINING ROOM TABLE**, with four chairs, \$175. 594-7180. (10/18)

**GOING OUT OF BUSINESS SALE**, through November 15, Twice Is Nice, Route 3, Belmont. Call 342-5963 or e-mail melyn@fairpoint.net for hours.

**ANTIQUE STAND**, two drawers, \$125. Clothing, size 3XL, leather coat, Carhartt jacket, new ski jacket, all for \$75. Plus pants and shirts. 354-0078. (10/18)

**2007 HOT TUB**, brand new in wrapper, 6-person, two pumps, 46 deep massaging jets, ozonator, waterfall and aromatherapy, full warranty, cover included, delivery available, retail for \$7,998, must sell, \$5,600. Call Donna, 266-4816.

**ANTIQUE OAK FILING CABINET**, \$125. Set of steer horns, \$100. Mounted deer head, \$125. Truck load of lawn mowers, weed wackers, snowblowers, \$150. 594-4677. (10/18)

## Help Wanted

**MARINE REPAIR TECH** — Relocating to Annapolis? We're hiring highly skilled techs familiar with all marine systems — mechanical, electrical, electronic, etc. Applicants must be highly motivated, with attention to detail. Pay dependent upon experience. Bonuses and benefits. Call Southern Cross Marine, (410) 267-9331.

**KNOWLEDGEABLE PART-TIME DESIGNER GARDENER** — reliable, April-October, P.O. Box 54, Tenants Harbor, 3 hours weekly, \$20 hr. 594-0009.

## Compost

**COMPOST**, blend of quality sea products, grain and wood chips, aged over one year, \$30/c.y. loaded or \$40 delivered. Call anytime, 832-4204, Friendship. (kr)

## HASKELL'S HANDYMAN SERVICE INC.

Carpentry, Renovations, Yard Work, Caretaking, Marine Detailing and much, much more

Call Richard at 354-9561

No job too big or too small  
**Insured and Experienced**

## CALLING ALL SENIOR CITIZENS

Applications now being taken for Spacious carpeted apartments with appliances and services at Rankin Center in Rockland & Knox Hotel in Thomaston

Rent is 30% of income for Incomes at or below 1 Person- \$30,450 2 Persons- \$34,800

Please call 594-2743

TDD/TTY 1-800-545-1833 Ext. 702  
Professionally Managed by ElderServ, Inc.

## Building Materials

**STEEL BUILDINGS**, Direct Factory Participation Incentives Build to Suit Your Needs Turnkey Available Call Ferraiolo Construction, 207-594-5161. (kr)

## Services

**GREENS TREE SERVICE**

- Tree, brush removal
  - Pruning
  - Aerial truck or climber
  - Chipping, stump-grinding
  - Free Estimates
- Licensed & Insured Arborist  
**Peter C. Green**  
763-4093.

**CLOVER RIDGE BUSINESS SERVICES**

Certified QuickBooks Pro® Advisor  
Complete Bookkeeping and Payroll Services  
Affordable Rates  
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785-3264  
kfflynn@tidewater.net

**JR'S PAINTING**  
Fine Interiors/Exteriors  
Painting & Staining, Sheet Rock Repairs.  
Free estimates. References.  
Fully Insured.  
273-6116.

**GOLDEN RULE PERSONAL SHOPPING**

Now available in Thomaston and surrounding area. Will do grocery shopping, drive to appointments and light cooking.  
Honest and Dependable.  
**Carole, 354-7094.**

**PROPERTY MAINTENANCE**

- Clean Ups
- Junk Removal
- Lawn Care
- Hedge Pruning
- Lot Clearing
- Roadways & Lines Cut
- Free Estimates
- John Duffell**  
763-4358  
or 322-9095.

## Services

Laurence Howard, M.A., M.Ed., M.A.T.  
207-323-1918

**TUTORING OFFERED**

In-home Tutoring Available  
All Elementary Subjects  
Most Secondary Subjects  
First Grade Readiness Preparation  
MEA Test Preparation  
SAT Critical Reading and Writing Sections Preparation  
State Certified Elementary School Teacher: ME, NY  
State Certified Secondary School Teacher: ME

**SOULE'S CARPENTRY**  
Siding, roofing, garages, window replacement, decks and more.  
Free estimates.  
Fully insured.  
Call 354-7024 or 691-6758, Ask for David.

**LUCY FUNKHOUSER YANZ**  
former head gardener for Primo Restaurant, is making herself available to a few clients within a 15-mile radius of Hope.  
763-4179.



## MAINE CENTER FOR INTEGRATED REHABILITATION

Maine Center for Integrated Rehabilitation (MCIR) is a leader in outpatient neurological and orthopedic rehabilitation with offices in Brewer, Fairfield, and Rockland. MCIR is seeking qualified individuals to join our team in Rockland.

### Rehab Technician

Rehab Technicians are responsible for assisting licensed and certified staff in meeting the physical, emotional, social, recreational and rehabilitation needs of individuals with brain injuries. Experience in working with individuals with disabilities preferred but not required; will train the right individual. This position is full-time.

### Physical Therapist - \$2000.00 Sign on Bonus

PT for our outpatient orthopedic and neurological rehabilitation facility. Knowledge and/or experience preferred in the following areas: neuromuscular, work-related injuries, industrial medicine, orthopedics, aquatics, neurorehab and vertigo/balance. Will train the right individual. This position is full-time.

### Registered Nurse / Part-Time

RN duties are to assist the Brain Injury individuals in routine self-care, regularly communicate an individual's medical status to the physician and other team members. RN monitors client's physical condition and focuses on promoting health and maximizing human potential.

### Recreational Therapists (CTRS)

The CTRS position responsibilities include assessment, treatment plan development and treatment of individuals with acquired brain injury. Candidates should have a strong programming background in community and center-based activities. Experience with brain injury rehab strongly preferred, but not required. Must be certified through N.C.T.R.C. This position is full-time in our Fairfield Facility.

MCIR offers an excellent benefit package and competitive salary, with a friendly, energetic team approach.

Please mail or fax resume to:

**MCIR**

**Kristin Goddard**

**Human Resources**

**248 State Street, Brewer, ME 04412**

**Fax: (207) 989-5971**

**www.rehabme.net**

## Services

**S & E HOME CARE**

- Renovations
- Roofing
- Painting & Stonework
- Small repairs or big jobs. Also offering housecleaning and meal preparations.
- Call 594-4753.

## Professional/Retail Office Space

**LOG CABIN**

Routes 1 & 32, Waldoboro

**EXCELLENT LOCATION!**

**\$625/Month Plus Utilities**  
**832-6584**



**Now Hiring**

**Assistant Manager**

**Bookkeeper • Line Cooks**

**Servers • Meat Cutter**

**Year Round Applicants Only**

399 Commercial Street (U.S. Rte. 1), Rockport

## COMMERCIAL SPACE FOR LEASE

1,200 sq. ft. of prime space on U.S. Route 1  
Ample parking  
Available November 1

For details, call Neal Shepard  
**594-2154**

## Sales Representative Wanted

The Free Press is looking for a part time/full time sales representative in the Belfast area. Must have a dependable vehicle. Competitive pay.

Send Resumé to:

Ad Manager  
The Free Press  
8 North Main St.  
Rockland, ME 04841

email: admanager@freepressonline.com

or call Steve at 596-0055

Run your ad ONE WEEK for only \$5/week for 20 words – 20¢ each additional word.  
Run your ad for TWO WEEKS for only \$4.50/WEEK for 20 words – 15¢ each additional word.  
Run your ad for THREE or more WEEKS for only \$4/WEEK for 20 words – 10¢ each additional word.  
(Please print clearly & include your phone number!) **DEADLINE IS MONDAY AT 4 p.m.!**

I would like my ad to read: \_\_\_\_\_

Please run my classified ad \_\_\_\_\_ times and list it under: Cost for 1st 20/words/week = \$ \_\_\_\_\_

\_\_\_ Vehicles \_\_\_ Boating \_\_\_ For Rent \_\_\_ For Sale Additional words = \$ \_\_\_\_\_

\_\_\_ Help Wanted \_\_\_ Real Estate \_\_\_ Services \_\_\_ Wanted Subtotal = \$ \_\_\_\_\_

\_\_\_ Yard Sale \_\_\_ Other \_\_\_\_\_ Times # of weeks ad to run x \_\_\_\_\_

\_\_\_\_\_ TOTAL Due = \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**IF PAYING BY CREDIT CARD:**  
**JUST CALL IN YOUR AD COPY — 596-6696**  
Or, enclose payment and bring or mail to:  
**The Free Press Classifieds**  
8 No. Main Street, Suite 101, Rockland ME 04841

**Services**

**THE HANDY WOMAN SERVICE**

- Specializing in:
- Interior/Exterior Painting
  - Power Washing
  - Gutter Cleaning and Installation
  - Window Washing
  - Lawn Care
  - Other Miscellaneous Jobs
- References and insured.  
**Jamie Comita**  
 548-6231 or (207) 323-4894.

**Real Estate**

S.W. CAPE CORAL, FL — 3-BR, 2-BA home, Gulf access, fish from new extended deck, walk to shops and restaurants, large master suite w/new, updated amenities, double sliders to pool and lanai, formal living room, dining room, kitchen with breakfast bar and table area, fenced-in side yard, heated pool, tiki hut, lots of amenities, \$359,000, neg. owner, no brokers. (239) 542-7225 or (207) 763-3050, ask for Rich. (10/25)

**GOT AN ADJUSTABLE RATE MORTGAGE?**

How high will your payment go?  
[www.MyAdjustable.com](http://www.MyAdjustable.com)  
 866-500-2FIX (Recorded)

ROCKLAND — 5-room, 1-BA retro bungalow with a cottage feel, beadboard, clawfoot tub, quiet South End street, maple and apple trees, wildflowers and perennials, sweet, \$115K. 284-4424. (11/8)

**For Rent**

ROCKLAND — One-bedroom and studio apartments available at the Thomdike Building Apartments, 385 Main St., Rockland, ranging from \$575 to \$625, includes heat & utilities. Call Kinney Rentals at 354-0100 for appointment. (kr)

CAMDEN HARBOR ONE BLOCK — Charming 2-BR in quiet, convenient, historic district w/huge yard, garden and parking, year lease for two responsible adults with references. 236-2344.

OCEANFRONT CONDO — Luxury North Palm Beach location, top floor, pool, walking paths, excellent dining and shopping nearby, sleeps four, 1 month minimum, \$3,000/month. (410) 375-4444.

JEFFERSON — 3-BR home with 2-BA, large living room, fireplace, dining room and 2-car garage, fully furnished, \$1,000/month. Black Duck Realty, 15 Bunker Hill Rd., Jefferson. 441-0919. (kr)

**Bereavement Program Facilitator**

Coastal Family Hospice Volunteers seeks part time (60 hours/month) Bereavement Program Facilitator to develop organization's support group component. The candidate should have experience leading groups in the areas of grief and loss as well as experience working with volunteers. Job requires ability to work independently.

**Send Resume to:**

Coastal Family Hospice Volunteers  
 P.O. Box 122, Rockport, Maine 04856

**Cigaret Shopper,**

a smoke shop which carries a full line of tobacco products and smoking accessories, is looking for a part-time clerk in our Rockland store located at 35 New County Road. Friendly customer oriented people with retail experience are encouraged to apply. You can apply at the store (594-1773) or send an email to [ken@cigaretshopper.com](mailto:ken@cigaretshopper.com) to request an application.

**For Rent**

ROCKLAND — Quiet neighborhood, 900 sq. ft., large two rooms plus beautiful new bathroom, share kitchen and washer/dryer. \$600 per month includes heat and utilities, no pets, no smoking, security deposit. 594-2565. (11/8)

LINCOLNVILLE — Cozy 3 1/2-BR Cape, sun porch, 3 acres, 7 miles to Belfast or Camden, fruit trees, farm pond, oil heat, November 1 availability, references requested, \$875/month. 861-4004.

CUSHING — Furnished room for rent, heat, elec., cable and local phone included, three miles from Thomaston, \$85 per week. 354-0335. (10/25)

ROCKLAND — South End: quiet side street close to beach and quick walk to town, renovated second and third floors of 1800 house, 2-3 bdms, 2 baths, Bosch DW/W/D, hdw floors, Rinnai heater and propane wood stove, some winter harbor views, large fenced-in yard with gardens, 3-car off-street parking, pets considered, must see, \$1,150 plus uts, first/last and security, no smoking. 596-6138 (10/18)

**For Rent**

CAMDEN — 1-BR apt., on river, Mt. Battie Street, \$675/month, heat included, first, last plus security deposit. 594-2154, ask for Neal.

CAMDEN VILLAGE CONDO — Suitable for office or home, 1-BR, office/den, unfurnished, \$700/month plus utilities. 542-3455.

ROCKLAND — 3-BR Cape, 1 bath, full basement, nice yard, close to downtown, \$1,000/month. 354-3672 after 5 p.m. or 542-1806, cell.

CAMDEN — 1-plus BR apt., sunny, wood floors, walk to town, year lease, no smoking, cat allowed, \$625/month. 596-7717.

WARREN — 1-BR apt. in private home, private entrance, includes dishwasher, washer/dryer, glass doors to 60' brick patio, snowplowing, trash removal, all utilities and cable, \$700/month plus security. 273-4239. (11/1)

APPLETON — Beautiful, cozy, affordable 1-BR apt., private deck, newly built, skylights, includes utilities, trash, snow removal, security and references required. 785-2606. (11/1)



**Bartlett Woods**

**EXPERIENCED PART-TIME COOK AND DIETARY AIDE WANTED**

Bartlett Woods, a senior housing facility in Rockland, is looking for an experienced part-time cook and a dietary aide. We are seeking a reliable person to work in our dietary department. Applicants that have flexibility in schedules are a plus.

Please drop by our location at  
**20 Bartlett Drive**  
 or Call during business hours to obtain an application.  
**Rockland 207-594-2745**

**FLAGSHIP CINEMAS**  
 THOMASTON MAINE

Now accepting applications for  
**ASSISTANT MANAGER**  
 Sundays and some holidays required.  
 Management experience a must.  
 Contact Gordon @ 594-4705  
 or stop by for an application.

**Seasonal Rental**

ROCKPORT — Samoset Village home, 3-BR, furnished, 2-car garage, views, snow removal, cable, \$1,800/month. 542-3455.

ROCKPORT — 65-acre estate, panoramic ocean views, furnished 1-BR condo near Samoset Resort, \$1,000 per month includes snow removal, garbage and water, perfect 7-month (Nov-May) rental for two non-smoking adults, no pets. Click on [homesforlease.com](http://homesforlease.com) or call (727) 804-9349.

**Seasonal Rental**

SPRUCE HEAD — Large antique Cape, available November 1 through May 2008, bright, spacious, wood floors, water views, pets negotiable, \$1,000/month plus utilities. Call Judy or Pete. 236-6253. (11/1)

**Office Space**

COMMERCIAL SPACE FOR RENT — 3,600 sq. ft., Route 1 frontage, Shed City location, \$1,250/month. 273-4442. (kr)



**Job Opportunities**

We want people who enjoy people

Pizza & Subs ready to go!

**DELI/CASHIER MAINTENANCE/STOCK CLERK**

Do you enjoy working in a friendly environment? Do you enjoy people? We are looking for you! Maritime Farms is hiring for part-time nights and weekends.

Upon a conditional job offer, a pre-employment physical screening will be required.

Applications can be picked up at any Maritime Farms location or contact Susan Henderson at: 596-0986 ext. 119.

**MANY POSITIONS-TOO MANY TO LIST!**



- Administrative Assistant** — full time, temp to permanent hire. Great Pay!
- Office/Administrative**, full & part time
- Banking Support Positions**, Full & part time
- Items Processing** — full time, 1 pm to Finish. Temp to permanent hire.
- Machine Operation**, precision measuring tools. Production of high quality product. Temp to permanent hire. Full time, 1st shift.
- Electronic Assembly**, full time, long term
- Production Mill Worker**, full time, long term
- Warehouse Production**, full time, long term
- Picker**, 30-25 hrs, long term

Walk-ins, phone calls, or emails welcome!

**Breakwater Marketplace**

91 Camden St, Suite 310  
 800-436-9115, or 594-7910

VISIT US ON-LINE AT [www.us.manpower.com/maine](http://www.us.manpower.com/maine)

**Office Space**

PROFESSIONAL/RETAIL OFFICE SPACE — Log cabin, Routes 1 & 32, Waldoboro, excellent location, \$625/month plus utilities. 832-6584. (kr)

**Rolfing**

STRUCTURAL INTEGRATION  
 Realigns the body segments through system organization of the connective tissue with cumulative results. Effective for chronic pain, aching muscles and low energy. Excellent for improving one's carriage.

Lisa Elliott, Certified Rolfer.  
**319-5006, Rockport.**  
 Gift certificates available.

**Storage**

INDIVIDUAL 8' X 12' UNITS are secure, clean, dry and private. Only \$40 monthly. Call anytime, 832-4204, Friendship. (kr)

**Plumbing**

**MOONLIGHT Plumbing & Heating**

**596-6468**

[moonlightph@msn.com](mailto:moonlightph@msn.com)



**Elderly Services**

Ask... for Home Care's **NEWEST SERVICE**

Includes foot soak, massage, nail care and general assessment.....\$60<sup>00</sup>



Contact us:  
**(207) 354-7077**  
[www.askforhomecare.com](http://www.askforhomecare.com) A Registered Nurse

**Property Management**

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 Locally Owned & Operated  
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- Emergency Repairs
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[www.abelpropertymanagement.com](http://www.abelpropertymanagement.com)  
 Part guardian angel, part watchdog, always acting in your best interest.



Providing licensed home health care, 24 hour care, respite & care management for the elderly.  
**Employment Inquiries Welcome.**

Contact us:  
 641 St. George Road, S. Thomaston, ME  
 (207) 354-7077 or (800) 876-8418  
[www.askforhomecare.com](http://www.askforhomecare.com)

**Elderly Housing**

**HOMESHARE, INC.**  
 The Homesteads at Cushing and Owls Head offer a wonderful alternative to traditional boarding & nursing home care.  
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# Antique Radio Club Starting in Area

There was a time when crooners sang through the radio and made everything sound like a fantasy world, when broadcasters announced a home run by Joe DiMaggio. Alberto Telo recalls waiting for the tubes to light up and slowly a faint voice coming more clearly through the speaker. As a child he pretended to turn the dial, capturing the sound of voices from cities and places with names he'd never heard of. Since the early days, when the radio was invented, technology has improved enormously, but Telo has a passion for the old technology. In his Camden home he keeps a collection of radios and related information about the history of radio apparatus and tubes, preserving the era when

the radio was born. For Telo that was the time when everything in technology was full of passion and experimentation.

One of Telo's dreams is to start an antique radio club in Maine, with a newsletter in which members of the club can write related articles, sell and trade radios, or just enjoy reading about the history of radio. The club's focus will be on preserving the history of antique radio and the technology that otherwise may be lost after a few generations. Anyone interested in this project is welcome to join.

For more information, contact Telo by calling 470-7490 or e-mail him at [albertotelo@msn.com](mailto:albertotelo@msn.com).

Alberto Telo, with his antique radio collection



# Tom'ton Walkabout . . .

— by Don Tescher

*Oh whatta beautiful mornin'  
Oh whatta beautiful day ...*  
The weatherbeaten old song had been running through my head all night, but when I woke up, sure enough it is ...  
  
Sunny and still on Beechwood Street. Only the black-and-white cat, cruising the parking lot.  
Too nice to stay indoors after breakfast. I take my cane and go out.  
Lady neighbors congregate on a front porch  
One has brought her collie dog, who barks at me.  
  
"Good morning, ladies, good morning, Lassie."  
Lassie stops barking, I step closer, "Lassie, can you sit?" She sits.  
"What a good girl! I said sit and she sat! Whatta good girl are you! And . . ."  
*Oh whatta beautiful morning . . .*  
I head down Beechwood Street, carolling the season.

A gravel truck roars past, drowning out my song. I shut off my hearing aid, but another roar persists — and persists. It's a helicopter, circling over Thomaston rooftops. I can see the pilot in his bubble as he dips towards mid-town. On an impulse from waving at engineers I wave my cane at the pilot. He waves back ... He waves back at me!! *Oh whatta beautiful day!* I shuffle on through the carpet of red-gold leaves, humming,

*"It was autumn and the streets were running gutter deep in gold ..."*

Robert Frost, a cross patch sitting on my shoulder, chimes in ... *"Nothing gold can stay ..."*

The circling helicopter roars over again and neighbor Bentley comes down his ladder from house painting. We stand together, staring at the sky.

"Minds me of my brother-in-law George Davis," I say.

"Did you ever know George? Tenants Harbor?"

"The mechanic George Davis? Sure," says Bentley.

Seems everybody I ask has known George Davis. Born and raised in the Port and the Harbor, he was, "best diesel man on the mid-coast." A real Mainer. When a Piper Cub buzzed the Harbor one day, George fetched his 12-gauge. "Nother one of them UFOs comes over, I'm gonna put the lead to 'im."

"See you next time around, Bentley. Careful on that ladder." Next stop to the post office with my column for The Free Press. It's late.

Coming out, I shut my ears to the bellow of the whirly bird. By now, most of the Main Street neighbors are out to see the show. They're all waving at the pilot and he's waving back. Neighbor Marti stands outside her book store.

"What does he want?" I holler at her.

"They're making a commercial," she yells back, "for the convenience store over here. Come on in for a cup of tea." Which I do with great pleasure. Greeted by the waggy dog Platero and the resident cat Bob, I sit and sip a bit. Gracious living.

Back on the street, I cross through the gravel truck parade to the safety of what I really came down to see — the town flowerbed-on-a-wall stretching from Beechwood to the Thomaston Grocery, a constellation of luminous purple and scarlet petunias on a bed of creeping greenery. *Oh Whatta Beautiful Day.*

I stop to admire and look for honey bees, a threatened bunch these days. No luck, but there is one lingering yellow butterfly. So, on to a good stroll down past the Main Street Mall and the stately homes of Thomaston. At a cross walk, I wait for a gravel truck to pass. He stops and waves me on. I wave back and cross, reaching up to pull the traditional air horn cord. The trucker gives me a courteous honk, More gracious living ... *whatta beautiful day.*

The helicopter makes one last pass over the village. There's a chill in the air. Nothing gold can stay.



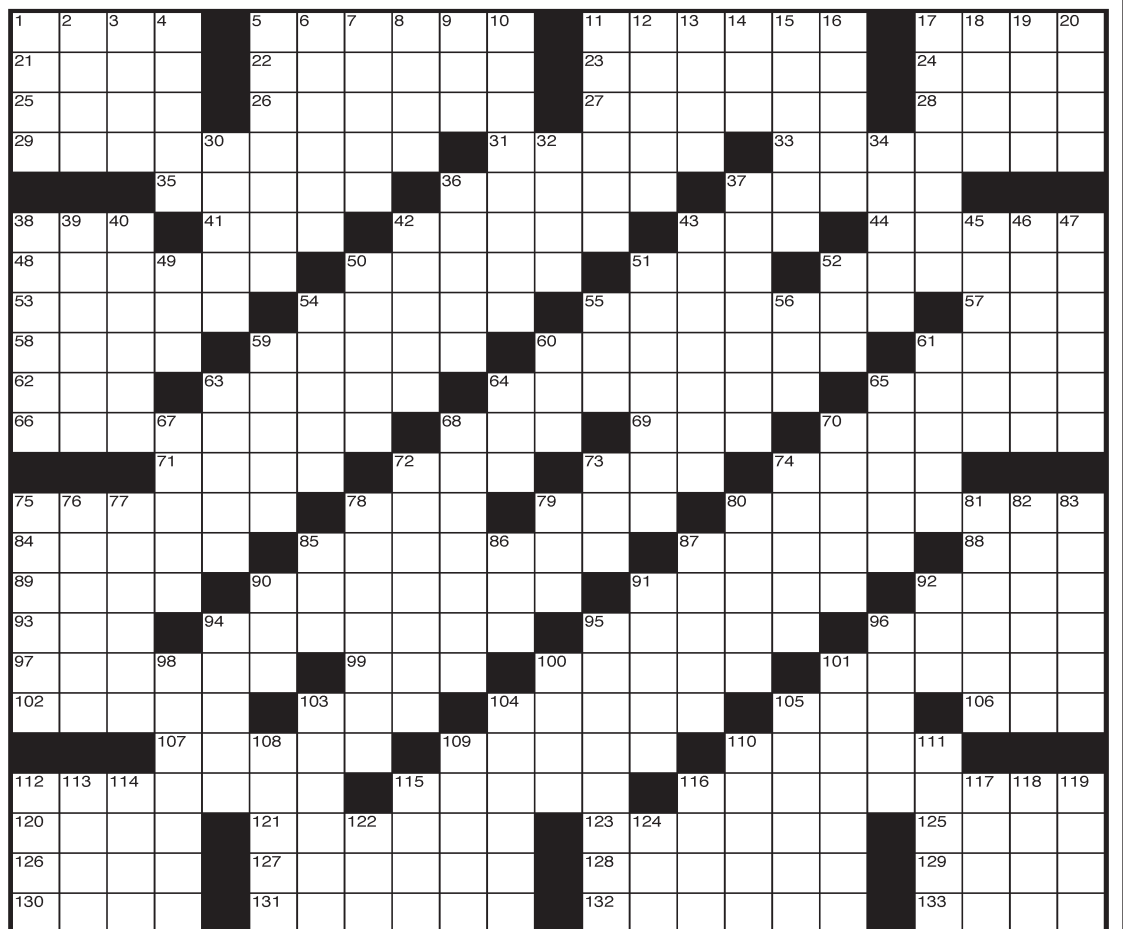
### ACROSS

- 1 Jokes
- 5 Empty places
- 11 More difficult
- 17 Four Corners state
- 21 Found a perch
- 22 Victoria's consort
- 23 Red Sox rival
- 24 Ballad
- 25 Roman marketplaces
- 26 Less fatty
- 27 Go softly
- 28 Seacoast eagle
- 29 At top volume (2 wds.)
- 31 Fencing needs
- 33 Intended
- 35 Sportscaster — Jackson
- 36 Train tracks
- 37 Oui and si
- 38 Easy as —
- 41 French article
- 42 Dweebs
- 43 Herd of whales
- 44 Works, as yeast
- 48 Skoal and cheers
- 50 Hamsters' digs
- 51 Down for the count
- 52 Milord's spouse
- 53 Knells
- 54 Nonsocial person
- 55 Kitchen alcove
- 57 Shark giveaway
- 58 Competently
- 59 Precious stone
- 60 Soothes
- 61 Sum owed
- 62 Dove's sound
- 63 Delighted in
- 64 Glazed
- 65 Physicist Nikola —
- 66 Bowed and scraped
- 68 Ear of corn
- 69 Country addr.
- 70 Maelstrom
- 71 Give the eye
- 72 Cyberspace letters
- 73 Telephone trio
- 74 Duds
- 75 Juan's friends
- 78 Bozeman sch.
- 79 Mattress extra
- 80 Biker's rest (2 wds.)

- 84 "Star Wars" director
- 85 Saucepans
- 87 Granny's brooch
- 88 Ostrich kin
- 89 Grills, maybe
- 90 Utility room
- 91 Neatens a beard
- 92 Consumes
- 93 Take to the slopes
- 94 Prospecting for gold
- 95 Monotonous sound
- 96 Small amounts
- 97 — over (fainted)
- 99 Tunnel blaster
- 100 Talk big
- 101 Ice cream treat
- 102 Posh lobbies
- 103 Date regularly
- 104 Sunups
- 105 Piece of portable luggage
- 106 Approx. number
- 107 At bay
- 109 Woodland deities
- 110 Dyeing method
- 112 Go-getter
- 115 — Gras
- 116 Flower category
- 120 Translucent gem
- 121 Comment
- 123 Call the same
- 125 "Waterloo" pop group
- 126 Be, to Henri
- 127 Persuade
- 128 In a gloomy mood
- 129 Running mate
- 130 Increase sharply
- 131 Not as complicated
- 132 Slacks off
- 133 Ballot marks

### DOWN

- 1 Iron hook
- 2 Baseball family name
- 3 Bobbysoxer
- 4 Celery piece
- 5 Ventures forth
- 6 Kilt features
- 7 Discomfit
- 8 Bronze coin
- 9 Prior to
- 10 Pennant
- 11 Suite providers
- 12 March sign
- 13 Comes apart
- 14 Fleck
- 15 Wed in haste
- 16 Colonial dances
- 17 Kitchen aid
- 18 Pivot
- 19 Prince Charles' sister
- 20 Listen carefully
- 30 Leather items
- 32 Apple seeds
- 34 Nest on a crag
- 36 A bright star
- 37 Did alpine calls
- 38 Charge
- 39 Slight injury (hyph.)
- 40 Immature
- 42 Subsided
- 43 Vatican figure
- 45 Least risky
- 46 Fit to eat
- 47 Grammar
- 49 Wily
- 50 Intimidated
- 51 Type of spirit
- 52 Rockies, e.g.
- 54 Flood barrier
- 55 Hibernite
- 56 Media mogul — Turner
- 59 Dewlaps
- 60 Talk a lot
- 61 Horse race
- 63 Trademarks
- 64 Army off.
- 65 Kind of sculpture
- 67 Forum attire
- 68 Wasn't able to
- 70 Bouquet holders
- 72 Silly
- 73 Court officers: abbr.



- 74 " — a break!"
- 75 Michener novel
- 76 Old firearm
- 77 More yucky
- 78 Got on a horse
- 79 Be nosy
- 80 Superdome player
- 81 Next to
- 82 Protozoans
- 83 Reddish-brown
- 85 Outlaw
- 86 Foot-pound relative
- 87 Crabby
- 90 Terhune collie
- 91 Mission starter
- 92 Coffee brewer
- 94 Diver's find
- 95 Fluffiest
- 96 Firmly entrenched (2 wds.)
- 98 More diminutive
- 100 Modem-speed unit
- 101 Glossy fabrics
- 103 Williams of tennis
- 104 Cloudier
- 105 Trade
- 108 Chilling
- 109 Travesty
- 110 Blues street
- 111 Rascal
- 112 Furrow makers
- 113 Game for (2 wds.)
- 114 Name in cheesecake
- 115 Oahu neighbor
- 116 Paper mill need
- 117 Alpine goat
- 118 "Sting like — —"
- 119 Relay segments
- 122 JAMA subscribers
- 124 Sine — non

Crossword solution on page 40.



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## Camden-Rockport Animal Rescue League Update

### Lost —

**Hope** — Petunia, 1-year-old, black-and-white, short-haired, spayed female cat, mostly black, on Penny Lane.

**Porter**, 10-year-old Weimaraner, spayed female, orange collar, tattoo in ear and scar on her back.

**Lincolnvil Center** — Scamp, 10-year-old black longhaired cat with a white mole on forehead, on Route 173.

**Rockport** — 14-year-old, short-haired, neutered male, dark gray cat, on Main Street.

**Brownie**, 5-month-old, chocolate Lab mix, unspayed, female, wearing red collar.

**Macy**, 5- to 6-year-old, white-and-black, female cat with a white face, black on chin, and around ears, head, and eyes, on Union Street.

**Searsmont** — White Kitty, 10-year-old, white, long-haired cat with blue eyes, neutered male, on Moody Mountain Road.

**Waldoboro** — Luke, 2-year-old, brown-and-white, unneutered, male German Short-haired Pointer wearing an orange collar, on Old Route 1.

If you have information about these animals or have lost or found a pet, please contact the shelter at 236-8702.

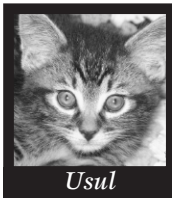
### Kittens —

It's the third week in October and we still have 26 kittens at the shelter. Vesta, Pickles, Gina and Galahad are here. Vesta is a gray tiger; Pickles, black-and-white; Gina is a multi-colored tiger; and Galahad is a black-and-gray tiger. Victoria and Veronica are both gray-and-white, although Victoria has short hair, while Veronica has long. Krystal is also gray-and-white. Bessie, Burma and Bebe are new Islesboro kittens. Bessie is an orange-and-white, long-haired kitten, Burma a black-and-gray tiger, and Bebe is black with a white spot on her chest. Upwey, Uri, Usul and Yuma are all new, as well. Upwey is black with big old double paws. Uri is a gray tiger, and Usul is a gray-and-black tabby, also with double paws. Yuma is a long-haired gray fluff ball. Opal is still with us, as is her mom, Octavia, a fluffy Persian kitty. Joy, Jade, Ursula, Dina, Desmond and Rigger have been with us for a while, as has



Vesta, Gina

Risa, Antonia, Wilsonette, Willa and Waylon haven't been here too long. Punky and Regina have moved into the adolescent room, although they both make every effort to escape whenever the door is opened. Remember, we are still running a "special" on kittens. Adopt



Usul

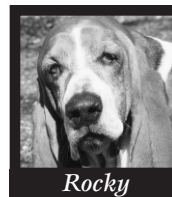
one kitten for the full adoption fee and get the second for half the fee, but only until October 31, so stop in soon!

### Cats —

Klaus, an affectionate and handsome brown-and-gray spotted tiger cat with a slightly shortened tail, is still with us. Bisby is still ready and waiting for a family, as is Octavia, the gray Persian kitty. Inky and Fran, the young, white-and-black siblings are looking for homes. Joey, a sweet, shy, tan-and-black tiger, keeps wishing someone would give him a nice warm barn to keep mouse-free. Vala and Jolly would probably like the same thing since they really like each other more than people.

### Dogs —

Our older chocolate Lab Elanore has gone to try out a new family, as has June, our little mini-German Shepherd, but Calypso and Ortiz are still ready and waiting. We also have a new guy named Rocky. He's a Basset Hound with big floppy ears, droopy eyes and a sweet disposition. He's adorable and has a wonderful personality. Remember Ortiz is also waiting for the right home. He's been with us since January. He's a white pit bull who has worked with a trainer and needs to be an only pet, but he adores people. He needs someone willing to take him for walks and give him ear scratches and chest rubs. Calypso continues to work on good manners and has been having a great time jogging with one of our staff members, so he'd love to find a new owner who likes to run or go for long walks. He's very sassy, so does need a firm hand, but he is also very smart, so will quickly learn what is expected of him.



Rocky

### Mark Your Calendars —

The shelter will have a table at the Pen Bay YMCA's Spooktacular Event on Saturday, October 20. And on November 29 from 4 to 8 p.m. at Prism's open house, Patti Kissinger will be hand-blowing Christmas balls, with 25 percent of all sales being donated to the shelter.

### How You Can Help —

The shelter is still running low on supplies, money and volunteers. Volunteers can walk dogs, socialize with cats, and we appreciate people who help us clean or do laundry. We can also use help transporting kittens to area Camden National Bank branches to spend the day, or people to visit nursing homes for Pat-a-Pet; Someone new has taken over this program and we'd love to expand it. There's someone at the shelter every day from 8 a.m. to 4 p.m.; you can drop items off in our entryway any time. We are running low on High Efficiency laundry detergent and are out of GermX anti-bacterial hand gel. We go through lots of paper towels, paper plates, as well as bleach, and can always use kitten and cat food, both wet and dry, Odo-Ban, non-clumping, unscented litter, and, of course, you can always drop off your bottles and cans at Coastal Redemption for the shelter. The shelter is open Wednesday through Sunday, from 11 a.m. to 3 p.m., but you can view our animals online any time at [www.crarl.org](http://www.crarl.org). Thank you, as always, to our adopters and many supporters.

## Pet First Aid/CPR Class October 28

The Animal House will be hosting a Pet First Aid & CPR class from 2:30 to 5 p.m. on Sunday, October 28, at their 372 Main Street location in Damariscotta.

Instructor Gail Conley-Reagan will teach participants to administer medications to pets, recognize an emergency, perform CPR and first aid, treat common problems and emergencies requiring immediate attention and stock

a pet first-aid kit. Pet first-aid kits will be available at a discounted price for participants.

Pre-registration is required; the class fee is \$40, to be paid in advance. The fee includes all materials and the American Red Cross book "Pet First Aid."

For more information, or to register, call 563-5595, e-mail [info@theanimalhouse.net](mailto:info@theanimalhouse.net), or stop by the store.

## Animal House Hosts DogtoberFest

The Animal House, 372 Main Street in Damariscotta, announces its "DogtoberFest" schedule of events, October 25 through 31. Leashed, well-behaved pets are welcome.

Thursday, October 25: Rabies Clinic, Dr. Karin Tichy, 2:30 to 5:30 p.m., \$12.

Friday, October 26: Special guest, Maine Friends of Animals, 2 p.m.

Saturday, October 27: Pet Adoption Clinic: Cats, 11 a.m. to 2 p.m.

Sunday, October 28: Pet First Aid/CPR class (by registration only).

Monday, October 29: Wash-a-Thon: 50% of all proceeds from the Self-Service Dog Wash to benefit the Lincoln County Animal Shelter — all day.

Tuesday, October 30: Howl-o-ween Party & Costume Contest for Pets, 5 to 7 p.m.

Wednesday, October 31, Trick and Treat (bring your dog in costume, have them do a trick, get a free treat bag!).

For more information, call 563-5595, e-mail [info@theanimalhouse.net](mailto:info@theanimalhouse.net), or visit [www.theanimalhouse.net](http://www.theanimalhouse.net).

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# CLICK & CLACK *talk cars*

## Which End Is Up When Looking at Used Cars? Can Snow Tires Go All-Season?

**DEAR TOM AND RAY:** I am in the market for a newer car. My girlfriend says I am too mature (I'm 61) for my '96 Miata, and I should be driving something in my maturity range, if not my price range. I plan to spend about \$20,000 for the newer car, but have discovered an interesting situation in the used-car market. I can get a bottom-end, high-end car (a late-model Volvo S40, for example) or a high-end, low-end car (a late model Kia Amanti or Nissan Altima, for example) for about the same price. Which way should I go? I'd enjoy telling folks I bought a Volvo, but would they see through my cheapness? I wouldn't enjoy telling folks I bought a Kia, but would the luxury of the Amanti assuage any embarrassment I might feel? I'm not locked into these brands, but find the same dilemma across the board — starter "luxury" cars versus well-equipped beginner cars. Which way to go? — *Tim*

**RAY:** Remember, Tim, there's always the option of keeping the Miata and trading in the girlfriend. But we'll try to stick to the automotive part of your question.

**TOM:** I think you should drive whatever the heck YOU want, Tim. We're far too concerned about our images these days and what other people think of us. Who cares? You're the one driving the car. Drive whatever makes you smile!

**RAY:** Yeah, as long as — like my brother — you don't mind if people come up to you, uninvited, and drop a few sympathy coins in your coffee cup.

**TOM:** Hey, who can't use the extra cash?

**RAY:** Well, I agree that you should drive whatever pleases YOU, Tim. Even if it's the Miata. But in terms of the high-end, low-end car vs. low-end, high-end car debate, personally, I would definitely go for a loaded cheaper car.

**TOM:** Me, too. Cars aren't like houses, where you want to buy the cheapest house on an expensive street. Cars don't appreciate in value.

**RAY:** You say you'd enjoy telling people you bought a Volvo. But will you enjoy DRIVING it? I'm guessing you'll spend many more hours driving the car than talking about it.

**TOM:** You might enjoy driving the Volvo. But you have to test-drive one to see. Volvos have a firm, European-style ride, especially the small S40. And if a stiff ride and tight handling is what you crave, that might be the car for you.

**RAY:** But if you like cushy comfort, soft, heated leather seats, a power tilting and telescoping steering wheel, a powered rear sunshade, a 10-speaker stereo system, room for five adults and a quiet, luxurious ride, you can pick up a one-year-old, loaded Hyundai Azera for 20 grand, and have

all of that. And the balance of a 10-year, power-train warranty.

**TOM:** Or you can get a slightly used, loaded Kia Amanti, Nissan Altima, Honda Accord, Toyota Camry or Ford Five Hundred if you like those better. And then, every day, you can feel like you're living it up like P. Diddy. Or maybe Wayne Newton is a better cultural reference at your age, Tim. Good luck.

**DEAR TOM AND RAY:** My daughter is moving to North Carolina to go to school, and she has brand-new snow tires on her car. Is it safe to drive snow tires in the summer? She needs the money for school instead of buying new tires. — *John*

**RAY:** While snow tires are much better than they used to be on wet and dry pavement, our preference for summer driving is still all-season radials.

**TOM:** Right. The grooves of winter tires are deeper and wider, meaning there's less rubber actually touching the ground. And the rubber compound is optimized for gaining traction on snow and ice, not wet or dry asphalt.

**RAY:** Plus, the rubber used on snow tires is softer, and wears out faster. So you're wasting the snow tires by wearing them down quickly in the summer, when they're not even helping you.

**TOM:** So that's why we think Daddy-o ought to step in and buy her a set of all-season radials. They'll be safer for her, and she'll be able to save the tread on the snows for when she really needs them — for the next four winter semesters.

**RAY:** And if money is really tight, consider a good set of used tires. They're available at junkyards and some tire dealers. Or in the parking lot of a nearby frat house if you're really quick with a lug wrench, John.

*Got a question about cars? Write to Click and Clack in care of The Free Press, 8 N. Main Street, Suite 101, Rockland, ME 04841 or e-mail them by visiting the Car Talk Web site at [www.cartalk.com](http://www.cartalk.com).*

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**Brand New! 2007! FOCUS ZX4 SE**

SAVE \$4,130!

MSRP	\$15,925
Customer Rebate	-\$1,500
Special Customer Cash	-\$500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,130

**WISCASSET FORD PRICE! \$11,795**

AIR CONDITIONING!  
 POWER WINDOWS & LOCKS!

1.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0864

**Brand New! 2007! FUSION S**

SAVE \$3,350!

MSRP	\$18,845
Customer Rebate	-\$500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,850

**WISCASSET FORD PRICE! \$15,495**

AIR CONDITIONING!

1.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0471

**Brand New! 2008! MUSTANG**

SAVE \$2,295!

MSRP	\$20,290
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,295

**WISCASSET FORD PRICE! \$17,995**

SPORT APPEARANCE PACKAGE!  
 AIR CONDITIONING!

3.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0172

**Brand New! 2008! TAURUS SEL SEDAN**

SAVE \$3,300!

MSRP	\$23,995
Factory Rebate	-\$500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,800

**WISCASSET FORD PRICE! \$20,695**

POWER SEAT!  
 CLIMATE CONTROL!

3.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0049

**Brand New! 2007! FUSION SEL V6 AWD**

SAVE \$5,220!

MSRP	\$25,915
Customer Rebate	-\$1,000
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$3,220

**WISCASSET FORD PRICE! \$20,695**

CLIMATE CONTROL!  
 POWER SEAT!

1.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0544

**Brand New! 2007! EDGE SEL**

SAVE \$4,080!

MSRP	\$28,775
Customer Rebate	-\$1,000
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$2,080

**WISCASSET FORD PRICE! \$24,695**

AUTOMATIC!  
 AIR CONDITIONING!

0.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0957

**Brand New! 2008! ESCAPE XLS**

SAVE \$2,060!

MSRP	\$20,055
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,060

**WISCASSET FORD PRICE! \$17,995**

SAFETY CANOPY!  
 AIR CONDITIONING!

3.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0145

**Brand New! 2007! MERCURY MOUNTAINEER LUXURY 4X4**

SAVE \$6,370!

MSRP	\$29,365
Customer Rebate	-\$3,000
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$2,370

**WISCASSET FORD PRICE! \$22,995**

LEATHER!  
 POWER SEAT!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0418

**Brand New! 2007! EXPLORER XLT 4X4**

SAVE \$6,785!

MSRP	\$31,280
Customer Rebate	-\$3,000
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$2,785

**WISCASSET FORD PRICE! \$24,495**

DUAL CLIMATE CONTROL!  
 FOLD FLAT THIRD ROW SEAT!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0881

**Brand New! 2008! RANGER XL**

SAVE \$3,160!

MSRP	\$14,655
Customer Rebate	-\$1,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$600

**WISCASSET FORD PRICE! \$11,495**

V6!  
 AIR CONDITIONING!

0.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0166

**Brand New! 2008! RANGER XLT 4X4 SUPERCAB**

SAVE \$3,975!

MSRP	\$20,970
Customer Rebate	-\$1,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,475

**WISCASSET FORD PRICE! \$16,995**

V6!  
 AIR CONDITIONING!

0.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0109

**Brand New! 2007! F150 XL**

SAVE \$5,705!

VEHICLE TOTAL	\$19,200
Package Discount	-\$1,095
Customer Rebate	-\$2,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$1,110

**WISCASSET FORD PRICE! \$13,495**

40/20/40 SEAT!  
 AIR CONDITIONING!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0756

**Brand New! 2007! F150 4X4 SUPERCAB**

SAVE \$6,925!

MSRP	\$27,620
Customer Rebate	-\$3,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$2,425

**WISCASSET FORD PRICE! \$20,695**

ALL-TERRAIN TIRES!  
 AUTOMATIC!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0846

**Brand New! 2007! F150 XLT SUPERCAB**

SAVE \$7,750!

MSRP	\$28,745
Customer Rebate	-\$3,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$3,250

**WISCASSET FORD PRICE! \$20,995**

TRACTION CONTROL!  
 AUTOMATIC!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0988

**Brand New! 2007! F150 XLT 4X4 SUPERCAB**

SAVE \$8,985!

VEHICLE TOTAL	\$33,480
Package Discount	-\$1,000
Customer Rebate	-\$3,500
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$3,485

**WISCASSET FORD PRICE! \$24,495**

TRAILER TOW PACKAGE!  
 AUTOMATIC!

0.0% APR PLUS \$1000 FINANCING AVAILABLE!

#0891

**Brand New! 2008! F250 XL 4X4**

SAVE \$6,215!

MSRP	\$28,210
Customer Rebate	-\$3,000
Bonus Customer Cash	-\$1,000
Wiscasset Ford Discount	-\$2,215

**WISCASSET FORD PRICE! \$21,995**

SNOW PLOW PREP PACKAGE!  
 AUTOMATIC!

2.9% APR PLUS \$1000 FINANCING AVAILABLE!

#0047

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Printed week of 10/15/07

# OCTOBER

## is TRUCK MONTH at SHEPARD MOTORS



### 2007 Toyota Double Cab



**\$3,000**

TOYOTA REBATE\*\*

**WE CAN SAVE YOU MORE MONEY ON A NEW GM OR TOYOTA THAN ANYONE!**

### 2007 Chevy Silverado Reg Cab



**\$17,499**

MSRP \$20,345

Auto, A/C, Locking Rear Differential

STOCK #47364

### 2007 Toyota Tacoma



**\$500**

TOYOTA REBATE\*\*

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### 2008 Colorado Ext Cab



**\$22,299\***

MSRP \$24,865

STOCK #48090

### 2007 Toyota FJ Cruiser



**\$750**

TOYOTA REBATE\*\*

2005 Tundra Crew Cab \$24,995

4-Wheel Drive, 41,000 Miles #674881

2004 Grand Cherokee SE \$16,995

31,000 Miles #27044

2006 Prius Hybrid \$21,930

8,900 Miles #68071

2006 PT Cruiser \$10,995

Touring Edition, 25,500 Miles #27030

### 2008 Silverado LT X-Cab



**\$26,999\***

MSRP \$30,705

STOCK #48072

### 2008 Toyota 4Runner



**Just Arrived!**

2005 Grand AM GT \$14,995

V6, 1,400 Miles #750280

2003 Chevy S-10 \$11,930

X-Cab, 4x4, 72,000 Miles #480102

2002 RAV 4 \$13,930

5-Speed, 71,000 Miles #675221

2003 Tahoe Z-71 \$21,930

33,000 Miles #673651

### 2007 Chevy Tahoe 4WD, LT



**\$41,727\***

MSRP \$51,350

STOCK # 47000

**BRAND NEW**

**SALES MANAGER'S PICK OF THE WEEK!**

**BRAND NEW 2008 Cobalt**

**\$13,999**

MSRP \$15,495

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Stock #48086

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