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Working People Have Sacrificed, Now They’re Due Their Fair Share

by Carl Anderson

Labor Day is just around the corner, and while most of us are looking forward to the long weekend, it’s also important to study the history and the meaning of this holiday. For those of us in the Labor Movement, this day is a time to honor the working people who fought and died to improve lives for all workers and pledge to continue the struggle for workers’ rights. That’s why on this Labor Day, I am calling on Congress to pass the Protecting the Right to Organize Act (PRO Act), which would give working people the right to form unions and collectively bargain for a better life.

I grew up in a union household in Massachusetts — my father was a member of the Cement Finishers Union and my brother was in the International Union of Operating Engineers in Boston. However, I never truly understood what Labor Day meant until I joined a union myself. Since then, I have come to appreciate the sacrifices union workers made for worker protections, fair wages, retirement security, time to spend with our families and other benefits that are too often taken for granted.

This pandemic has been extremely stressful for first responders. One study has found that more firefighters die of suicide than on duty and rates of depression and post-traumatic stress disorders among firefighters are five times higher than those of the general population. A dramatic spike in anxiety and depression related to the COVID-19 pandemic among first responders is worsening existing cases of PTSD, anxiety and depression. Having a union contract is critical because it helps ensure that our health and safety are top priorities. It guarantees that benefits like sick time and health care are provided to all employees and that every voice in the workplace is heard and valued. A union gives us a stronger voice to improve the services we provide and to bargain around changes in our working conditions when a crisis like COVID hits.

Being in a union is also the most effective way for working-class people to earn a good living and provide for their families. Union workers are more likely to have better health insurance, paid vacations, sick leave and retirement plans. As the Economic Policy Institute finds, workers with a union contract earn over 10% more in hourly wages than someone with a similar occupation, education and experience in a nonunionized workplace in the same sector. Unions also benefit the broader working class, whether they are in a union or not. When one in three Mainers belonged to a union in the 1950s, real wages were much higher. But as union membership has declined to 15% of Maine workers today, wages have barely budged even as productivity has steadily risen. With wages low and the cost of living ever increasing, there’s certainly a desire among working people to organize. Gallup reports that 65% of all Americans approve of unions and a 2018 MIT study found that nearly half of nonunion workers would join a union today if they could. There are many reasons why union membership has declined in the past 50 years, but there is one reason why it hasn’t increased — our labor laws are broken.

Being part of our firefighter’s union has not only made many of us appreciate the value of collective bargaining and the brotherhood that comes with this profession, but it also has instilled in us the importance of standing up for other working people when we can. That means supporting them in their workplace struggles and also pushing for legislation like the PRO Act that would empower workers to band together and bargain for the same rights we enjoy as union members.

Right now, the decks are stacked against workers as labor laws allow companies to interfere in union elections, punish workers who go on strike by permanently replacing them and hiring expensive union-busting consultants to prevent workers from exercising their right to form unions. By repealing these anti-worker laws, the PRO Act will help rebuild our economy fairly and grow America’s labor movement to fight for a bigger piece of the pie for all working people. It should not be this hard to make our collective voices heard. Workers have sacrificed so much during this pandemic. It’s time to level the playing field and give them a chance to bargain for their fair share.

Carl Anderson is a firefighter for the city of Rockland, president of Rockland Professional Firefighters of the International Association of Firefighters Local 1584 and the third district vice president for the Professional Firefighters of Maine.

Correction—

In last week’s story “Tribal Representatives Bless the Bay at Nordic Protest,” Andrew Stevenson was identified with the wrong organization. He is with Friends of Harriet L. Hartley Conservation Area.

LETTERS / OPINIONS

Needs Regulatory Oversight—

All of us have times in our lives that are difficult, with challenges to overcome. I live next door to a wetland (Firefly Field) and have been criticized for having a nice home, which we restored. We’ve been living the American dream, owning and improving this national historic property while raising a family. It has been a challenge to fix up an older home, but with good bones you’re halfway there.

The historic home we bought as a wreck was built by Brigadier General Davis Tillson in 1853. It was also owned by an immigrant, Overness Sarkesian, who was rescued as a boy and brought to Maine by William Kallock. Overness grew up with Mr. Kallock’s family, became successful and bought the Tillson house, where they all lived together. This story was told to us by Frances Bird Hjoye, who was a relative of William Kallock. According to records, the Tillson house spent a lot of years foreclosed upon. These are the challenges this house and land, Firefly Field, have been through. Firefly Field was once a part of the Tillson property.

The wetland, Firefly Field, is doing a job of water management that should not be developed or modified by Habitat for Humanity. The people who came before us knew that the wetland wasn’t to be developed and shouldn’t be developed. The arrogance of man is that one can change nature to inhabit a place while encroaching upon native life. Almost everyone knows that you shouldn’t develop wetland.

There was no public outreach by Habitat for Humanity prior to the granting of a contract zone in June 2021. The city has repeatedly, over several city administrations, demonstrated a lack of concern about stormwater routing in Lindsey Brook. The current routing of stormwater upstream of Traverse Street allows direct discharge and downstream flooding, loss of use for homeowners and accelerating delivery of sediment to Lermond Cove.

The Office of Wetlands, Oceans and Watersheds of the U.S. Environmental Protection Agency addresses nonpoint source pollution and restores and protects wetlands, lakes, rivers and coastal and marine environments. We can find grant money with this and other partners if we only try. We should engage a biologist for critical wetlands habitat, especially as this one is in need of restoration.

My children used to gather frog eggs for show-and-tell from the frog pond but they have stopped their singing since the city put drainage pipes nearby.

The city cannot be expected to objectively review environmental impacts, but DEP and EPA can. We should demand that all the agencies do their inspections before one shovelful of wet dirt is dug. Let the frogs, fireflies and nature thrive alive in this neighborhood green space.

Beverly Cowan, Rockland

Good Citizenship—

We are in the midst of a public health crisis around the world, and here in Waldo County. As citizens, we are united by a common goal. We want to educate our children and keep them, our staff and our community safe and healthy.

How can we do both — educate and protect? Most of us can get vaccinated, but children under age 12 cannot be vaccinated. One measure we can all take is to wear masks indoors. Masks should be worn in school and on the bus by students, staff and visitors. This is a public health issue. Last year, when we wore masks in school and indoor places, when we practiced social distancing, there was the lowest incidence of colds and flu in years. Mask wearing and social distancing made us healthier. They helped protect us against COVID. Let’s continue those practices.

Belfast City Hall requires people entering to wear masks. Waldo County General Hospital requires everyone entering to wear a mask. That same level of care and consideration should be required in schools.

As Kevin Williamson of the National Review wrote, “The COVID epidemic is, in its own way, a test of good citizenship. And it is a test that many patriots are failing.” Let us not fail. Let’s be good patriots. I urge local school boards to vote to protect the public health of all students and staff by requiring that masks be worn in school and on the bus.

Linda Garson Smith, Belfast

Retired public school teacher now teaching part-time

America Is Being Destroyed—

Thank you, President Trump haters, and all the misguided people who voted for the demented Biden and the cackling pants suit Harris, to represent our country.

You people, who voted for Biden/Harris, have blood on your hands!

Can’t you see, can’t you understand, what damage your vote is having for the United States of America, or is your hatred for President Trump so powerful that you do not care that our country is being destroyed?

The terrorists will soon be in America again, and what they do will be much worse than 9/11.

Respectfully,

Susan Reitman, Rockland

Health Is Health—

Gov. Mills made the right decision to require health care workers to be fully vaccinated by October 1. Her decision garnered support from a broad coalition of health care providers across Maine.

MaineMedical also made the right decision in enforcing that requirement.

But some health care workers are fighting that mandate as demonstrated in public protests in Portland, Augusta and Bangor. Republicans in the Maine Legislature also sent letters asking Mills to reconsider and overturn the mandate.

The fourth wave of the coronavirus, Delta, now spiking in southern states with low vaccination rates and rising in [prevalence in] Maine, is the most dangerous and transmissible variant to date. One affected person can transmit it to four to six others, more than doubling the transmission rate of the previous variant, Alpha.

Despite thousands of news articles, social media feeds and cable-TV reports attesting to the efficacy of current vaccines, political interference has served to overturn solid medical evidence into misguided, self-defeating, untruthful and conspiratorial theories.

This virus knows no political affiliation but this public health crisis now is viewed as a political football.

Were I to learn that LincolnHealth and PBMC (PenBay) did not require hospital workers to be vaccinated I would immediately cancel two physician consults and a CT scan scheduled for the coming months.

MaineMedical made the right decision. I’m certain the medical and health care staff of those institutions also will make the right decision by being vaccinated if they are not already.

Knowing that medicine is a science, any protest against these mandates and requirements protests against science. Knowing that health care is caring for health, any protest against proven measures that limit the spread of this virus protests against health.

I ask these protestors: How can they call themselves “health care” workers?

Michael Bucci, Damariscotta

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LETTERS / OPINIONS

Idea Seeks Realization

I have an idea that popped into my head and I am wondering if there is anyone out there who could take it and run with it/help implement it. Here goes. I imagine a public health message/campaign that simply does this:

Ask random people one of two questions and ask that they keep their response to one or two sentences. The questions are: “Why do you wear a mask?” or “Why did you get vaccinated?”

I imagine the following honest, loving answers from pretty much everyone:

“I wear my mask so I can feel safer visiting my unvaccinated grandchildren in two weeks.”

“I wear my mask to visit my elderly dad in his retirement community.”

“I got vaccinated so I can babysit my neighbor’s child while she goes to prepare her classroom ... she’s a teacher.”

“I got vaccinated because my mom has COPD.”

“I got vaccinated because my neighbor is a nurse and I have seen her pain.”

“I got vaccinated because I love my mom and she wouldn’t let me come over if I didn’t.”

“My dad is not so well.” In my my mind, I see a big burly bearded guy with kind eyes saying this into the camera.

“I wear my mask to prevent spread to our community’s schools. We must protect those precious kids.”

“I wear my mask because I didn’t get a miserable cold last winter for the first time in years! And now my wife won’t have to bear my horrible cough that usually goes along with it.”

“I got vaccinated because my niece is going through chemo.”

I imagine that this type Q&A campaign could go viral town by town, state by state, country by country. It would be a campaign of love. I believe that most people who wear masks or who got vaccinated did it for someone they love. Everyone loves at least one other person ... everyone *loves*. If they could just share a shred of their love this way ... it would beget more love. And all I hear from every public health scientist and every health/medical professional is that vaccinations and masking are the most effective tools we have to eradicate COVID.

One reason I thought of this campaign is that I have been very worried about a cousin of mine and his wife for months. They openly shared with family that they refused to mask and refused to get the vaccine. He is not young, a few years older than me in his mid-60s. He had tragically lost his wife to cancer when his four children were young. He was the

Reflections on War—

Those who study the behavior of other animal species have clearly demonstrated parallels between that behavior and human motivations. Great portions of our culture have accepted the belief that humans act primarily from reason. The fact is that while our mental equipment provides us with the capacity to behave rationally, we seldom do.

Robert Ardrey predicted in the 1960s that our war in Vietnam was unwinnable because we were intruding on someone else’s territory. It is worth pointing out that that lesson was not obvious to the intruders of the 1960s or, for that matter, to the intruders of the 2000s. We went stomping into Iraq like a bunch of cowboys in full faith that our righteous cause must win the victory.

Henry Kissinger said that a conventional army cannot win against a determined insurgency because the conventional army, in order to win, has to win. The insurgency only has to not lose. As long as they are not losing, they are winning! Barbara Tuchman demonstrates that in her “March of Folly” with many cases, including the British attempt against the American insurgency in 1776.

The Japanese believed that the Americans would not resist a show of force. While our isolationist stance would have confirmed that belief, they discounted the instinctive biological force that ensured we would proceed as a united people until victory was achieved.

Hitler regarded the British as only a nation of shopkeepers whom he believed would cave to his aggression. He even called off his army at Dunkirk in hopes that he could reach an accommodation with their government. The British resistance, as insane as it was in practical terms, demonstrated the same predictable response: that a territorial proprietor will resist intrusion though the chance of winning be nonexistent.

The Vietnamese resisted invasions by a series of industrialized societies using the primitive means at their disposal.

The rhetoric of G.W. Bush regarding Iraq was almost precisely the same as that used by James Polk to inspire the attack on Mexico in 1846 to fulfill our “manifest destiny.” No less a figure than U.S. Grant declared, “I do not think there was ever a more wicked war than that waged by the United States on Mexico. I thought so at the time when I was a youngster, only I had not the moral courage to resign.”

We never seem to learn that we are captive to our own biology. Leaders who foment invasions are aware of the forces active in their own societies, but seem blind to the fact that those same forces motivate their opponents with equal force!

Ray Janes, Rockport

most amazing husband and then single dad and deeply religious. His courage and love in taking care of his dying wife and then his young children as a single dad overwhelmed me. For some reason he was influenced by certain loudmouths in the media and decided to join the unmasked, unvaccinated camp. I couldn’t imagine how this loving man could remain unvaccinated around his unvaccinated grandchildren. But nevertheless I worried for his and his wife’s health. (She is a wonderful woman with a grandbaby of her own and also deeply religious.) I just learned from my brother that he just learned that our cousin Joe and his wife secretly got vaccinated in May. May! They did it because her daughter would not let her around the new grandbaby if she didn’t. Now why, why, why did they let us, their loving cousins, worry for months about them? Why did they also encourage, through their secrecy, that others remain unvaccinated? I will not understand this! I would like to put that microphone up to my cousin Joe and ask the question: “Why did you get vaccinated?” And let him answer in a sentence for all to hear. I would *not* ask “Did you get vaccinated?” That is a loaded question these days. But sharing the “why’s” of masking and/or vaccination could possibly get the love flowing again in our society. And love begets love. And love for at least one other person, which we all have, would be a powerful force against COVID.

Can anyone create this campaign? It seems simple and low cost to me. I think it would be very powerful.

Dorothy Brayley, Cushing

P.S. I mentioned this to friends, a couple, last night. They invited me over to dinner because my husband is away helping his daughter recover from knee surgery. I asked Mark (in his 70s) “Why did you get vaccinated?” He said: “Because I don’t want to die, which is quite likely for me if I get COVID.” I thought to myself: “Fair enough ... self love is love.” But then he added “and that would make my wife very sad.” She erupted in a full belly laugh. I love those two!

Blank Wall of Options—

The story is told about a man hospitalized for a lengthy recuperation. He was on a ward in which only one bed had a window with a view out. The elderly patient in that bed entertained all the patients in the ward with vivid descriptions of what he saw each day: a public park, the flowers blooming, kids playing, people walking their dogs, young lovers holding hands. The man in this story was intensely jealous of the patient who enjoyed the views. He schemed with the nurses to replace him at the window when the elderly patient died. On the first morning, he waited expectantly for the nurse to raise the window shade and open up the varied scenes outside. When the shade went up, he was stunned to be staring at a blank brick wall. All the rich descriptions had been inventions and imaginings by the former patient.

I think that President Biden’s plight with regard to Afghanistan is similar to that of the patient facing the brick wall. All the positive reports and expectations built up over 20 years of U.S. occupation proved to be empty and false. We did not manage to create a stable national government or reliable military forces despite vast expenditures and prodigious amounts of equipment. The well-nourished illusions about our accomplishments in Afghanistan collapsed overnight.

Biden’s policy choices were especially bleak due to the actions of the Trump administration. The February 2020 accord signed by Secretary of State Pompeo totally bypassed the Afghan government and validated the Taliban as equivalent to a legitimate government. It set a date certain for a total U.S. pullout in return for a Taliban pledge not to attack U.S. forces on their way out of Afghanistan. Trump’s previous national security advisor General H.R. McMaster called it a “surrender agreement with the Taliban.” Trump also reduced the residual U.S. force from 15,000 down to 2,500 before he left office.

By the time that Biden became president, the Taliban had methodically brokered deals with government and military leaders all over Afghanistan to capitulate when faced with the loss of U.S. support systems. As necessary, coercion and violence reinforced the political realities of the coming U.S. departure. Biden was left with a scant military force too small even to assure defense of the Kabul airport. He was bound by the Trump accord to pull out completely or else he would have to re-escalate the U.S. military role yet again with untold numbers of casualties and deaths and with no viable Afghan partners left to support.

I think that Biden is doing the best he can with the “blank wall” of limited options for endgame policy in Afghanistan. Let us hope that he is able to evacuate all the U.S. citizens and as many deserving Afghans as possible. Most of his critics fail to acknowledge how stressed and narrow his choices actually were, largely due to the accumulated mistakes and illusions of prior administrations. The most strident critics imagine better and more orderly outcomes that would only be possible, if at all, by a major re-escalation of the war and its casualties that long ago lost public support among U.S. citizens.

James Matlack, Camden

Washington’s China Consensus

by Michael G. Roskin

A new book by former trade official Clyde Prestowitz, “The World Turned Upside Down,” presents a compelling if chatty and sometimes shrill call for a serious showdown with an expansionist China. One wonders why Yale University Press published an unscholarly work, but what is fast becoming a bipartisan consensus on China deserves critical examination.

Prestowitz is dead right in criticizing the naive claim that markets would liberalize China, especially those advanced for China’s 2001 entry into the World Trade Organization. It was a spinoff of the 1950s discovery that prosperous market economies tend to be democracies. (Best summation is Lipset’s 1960 “Political Man.”) Policy makers in both parties assumed that the former cause the latter, a simplification. Causality may flow the other way, with democracy boosting the economy. Or a third factor could underlie both.

The developmentalist theory: Markets produce autonomous groups and interests, which increasingly demand inputs into politics. The interactions of interests among themselves and with receptive regimes initiate pluralism and democracy. Slowly and unevenly, this happened across much of the world. But Beijing reversed this evolution.

Chinese pluralism cautiously sprouted in the 1990s, aided by electronic media that briefly cracked Beijing’s information monopoly (since reimposed). Cultural limits widened and criticism spread, even among Party members. Then, starting in 2012, Party chief and president Xi Jinping throttled nascent liberalism.

U.S. officials and think-tankers, argues Prestowitz, convinced themselves that Deng Xiaoping’s marketizing initiatives would engulf China’s entire economy. His reforms were so successful that Beijing would surely abandon state socialism. China joining the WTO would clinch the process.

But Beijing never relinquished economic control or intended to become a global “responsible stakeholder.” We deceived ourselves on both counts. Washington urged American corporations to invest in China to speed up its transition. Eager for low labor costs and giant Chinese markets, they needed little urging. They invested so deeply in China that they became its prisoners. China has gained much U.S. technology, both by contract and by theft.

Beijing, by undervaluing its currency, leashing foreign investors and protectionist restrictions, systematically skirts WTO rules and goals. Xi now increases state control of the economy, including the private sector, and pushes “debt-trap” trade deals.

Prestowitz charges that “free trade” was always a mirage. The U.S. reached prosperity through protectionism — Hamilton’s old argument — for the first century and a half of our history and should return to it. No advocate of minimal government, Prestowitz proposes tariffs, subsidies, and federal supervision to restore U.S. economic might and meet its greatest challenge.

Is Prestowitz right? Is his view — he’s not the first to express it — Washington’s consensus? If so, it could be a prescription for a series of showdowns that escalate to conflict. One likely Chinese reaction to Prestowitz’s program would be increased pressure on Taiwan. Do we then come to the defense of free and democratic Taiwan?

Prestowitz may be alarmist. China’s problems could trip up Xi’s intentions. Disbelieve all numbers and promises coming out of China. Its economic growth, while marvelous, has been overstated, its COVID rate understated. The Chinese expression “repression within, tranquility outside” means we don’t know how much discontent simmers, but it’s likely plenty. Chinese know that Mao caused 40 million deaths, most by starvation during the 1958-62 Great Leap Forward.

Xi cannot cure China’s persistent corruption. Corrupt cadres hold the system together, and Xi can’t suddenly govern without them. If you shoot all your helpers, you will be helpless. Fixing corruption by drastic punishment is like mowing weeds — they spring back up. Everyone uses bribery, gifts or connections. Peasants hate their crooked local officials who pocket fake taxes. Mao was right: China’s downtrodden peasants breed revolution.

Communist economies that attempt reform allow some private enterprise. Good growth follows. But with that come inequalities and greater freedom that threaten the Party’s grip on power. So the Party retightens controls and growth slows. After a few years, they try a little liberalization again. The system zig-zags, never finding stability. Yugoslavia and the Soviet Union experienced this, and it led to regime collapse. Will China avoid it?

Xi’s solution is to hype nationalism. The foreign devils, now led by the declining capitalist U.S., aim to stop China’s rise. Xi swears China won’t let them; China is Asia’s natural and rightful hegemon. Xi created islets in the South China Sea and launched an ambitious Belt and Road Initiative. China’s media and schools denounce Western liberalism.

Our response? Waiting is sometimes the best action. We outlasted the Soviet Union, whose economy, despite Khrushchev’s bluster, slowed in the 1960s, became worrisome in the 1970s and desperate in the 1980s. Gorbachev’s glasnost (media openness) unleashed ethno-nationalism that dissolved the Soviet Union in 1991.

Xi fears becoming China’s Gorbachev, so he strengthens Party control, which at this point is his personal control. Can’t last.

Mike Roskin is a retired professor of political science.

Maine DHHS—

New Director Hired for Office of Health Equity

The Maine Department of Health and Human Services recently hired Ian Yaffe to direct the Maine Center for Disease Control and Prevention's Office of Population Health Equity, a newly established office devoted to identifying and addressing health disparities throughout Maine. He will begin work on September 7.

Yaffe, who currently serves as chief operating officer of the department's COVID-19 Social Supports Program, was selected following a national search. In his current role, he oversees work to provide culturally and linguistically appropriate COVID-19 services including contact tracing, testing, quarantine and isolation support and vaccination, with a focus on collaboration with community-led organizations.

From 2010 to March 2021, Yaffe led Mano en Mano, a statewide nonprofit serving immigrant and farmworker communities through educational, health, housing and advocacy supports. He also serves in the U.S. Coast Guard Reserve.

In his new role, Yaffe will lead data-driven interventions to advance health equity for a number of populations, including but not limited to racial and ethnic populations, women, LGBTQ+ individuals, individuals with disabilities and other groups. He will work to ensure the department's efforts are informed by and reflect the needs of the communities it seeks to serve and collaborate with Maine CDC and DHHS leaders statewide, including the department's manager of diversity, equity and inclusion, to coordinate a variety of health equity projects and initiatives.

Central to the work is the implementation of a \$32 million federal grant awarded to Maine CDC to address COVID-19-related health disparities and advance health equity among underserved populations at higher risk, including racial and ethnic minority groups and people living in rural communities. While the COVID-19 pandemic has highlighted the urgent need to address health disparities in Maine and across the country, OPHE's work will extend beyond the boundaries of the pandemic, from chronic disease prevention and treatment to environmental health and public health systems. The department will work to expand funding sources and build a team within OPHE, Maine CDC and the entire department to advance the work.

St. Giles' Fall Festival to Include Auction and Raffle

St. Giles' Episcopal Church, located at 72 Gardiner Road in Jefferson, will host an outdoor sale on Saturday, September 18, from 10 a.m. to 2 p.m. to raise money for the church and its outreach programs. The rain date is September 19.

Up to 40 craft and vendor tables are available for \$20 each. Sellers will keep all the proceeds from their sales.

An auction, to begin at noon, will be held for several items, including a three-night stay for up to five people on a fully equipped houseboat in Robinhood Cove, two nights at six-bedroom Damariscotta Lake Farm, a two-night stay in a hut or a yurt at Hidden Valley Nature Center in Jefferson and a year-long family membership at Maine Botanical Gardens.

Other items will be raffled, at a cost of \$5 per ticket or six tickets for \$20, including pizzas for a year, ski passes to the Camden Snow Bowl, preventive dental care and visits to local hair salons.

The Lunchbox Food Truck will provide food and drinks and St. Giles' parishioners will host a homemade pie sale and book sale.

For further information or to reserve a table, call 549-7872.

Electricity Monitor Kits Return to Maine Libraries

Efficiency Maine, an independent administrator for programs to improve the efficiency of energy use and reduce greenhouse gases in Maine, has relaunched its education campaign that supplies electricity monitor kits to libraries interested in loaning them to their patrons.

Nearly 60 of Maine's libraries have requested the free updated kits or educational materials as part of a statewide education campaign designed to encourage consumers to monitor, measure and manage their electricity consumption. The remaining 213 libraries that received kits when the program was introduced in 2008 will continue to lend the monitors and materials they already have.

Each kit includes an electricity monitor with instructions, a booklet with home energy efficiency tips, a poster for libraries that publicizes availability of the kits, and educational activity worksheets for families and children.

Library patrons may check out a monitor free of charge from participating Maine libraries. Those who do not live in a town served by a library can visit the Maine State Library's website at maine.gov/msl/outreach/booksbymail to learn how to request materials via postal mail.

Visit efficiencymaine.com/at-home/electricity-monitor-loaners for more information about the Electricity Monitor Loaner Program.



Maine State Prison PHOTO: JORDAN ANDREWS

High-Profile Prisoners Allege Targeting, Retaliation Through Discipline

by Jordan Andrews

This is the final article in a series on Maine Department of Corrections' internal disciplinary system for prisoners. Part 1, "Blind Spots in Oversight," appeared in the June 22 Free Press. Part 2, "Management or Punishment," appeared in the July 20 edition.

As the president of the Maine State Prison branch of the NAACP, Foster Bates is a respected prisoner who has worked with the administration on initiatives and reforms. He has held a paying job keeping track of all the tools in the prison industries program for years and was living in the highest-privilege pod for the best-behaved prisoners, second in line for a single cell.

But in May, all that was taken away from him. He was written up for the rule violations "false statement" and "administrative burden," and as a result of the infractions, he was moved out of the privileged housing pod, lost his job, and was suspended from the prison's dog training program as well as from a prison advocacy group.

"I lost everything that I worked hard for and was staying out of trouble for with one writeup," he said.

Bates believes he was the victim of abuse of the disciplinary process. "I call it the three pillars of the infrared beam: retaliation, targeting, and discrimination," he said in a June 25 phone interview.

He feels that he was punished so harshly as retaliation for contacting a legislator to advocate for kitchen workers who hadn't been given showers after long shifts on April 16 and 17. Bates called Representative Jeff Evangelos (I-Friendship) only after his attempts to resolve the issue with correctional officers and sergeants at the prison failed.

He also felt he was targeted because of his high status as NAACP president, and that guards were looking for a way to put him in his place. Bates said the organization has made significant gains for prisoners over the years with several successful reforms, "So when you put all that together, if you chop off the head of the snake, you're hoping that the body falls."

Maine State Prison Warden Matthew Magnusson said August 27 that he cannot comment on Bates's case because of the pending litigation. But he said that the prison staff receive training to improve communication and to combat negative interactions between staff and residents.

He said that the instances of fights and assaults have been way down over the past couple of years and are the lowest they've been since the prison began tracking this data 10 years ago. He attributes the reduction to "the healthy communication and professionalism our staff are committed to."

"Unfortunately I can't provide my side of the story [in Bates's case] or the facility's side of the story," he said. "We do have some residents who make accusations and those accusations can paint us in a bad light."

In Maine correctional facilities, staff have tremendous power to cause far-reaching repercussions for an inmate, simply by writing him up, even if that writeup is not issued in good faith. This is possible because of two troubling aspects of the department's disciplinary process. First, in at least some cases, prisoners are not given proper due process to defend themselves — my review of appeals of prison discipline in state courts over the past five years shows

that cases are consistently being sent back to the prison for due process violations that were not caught in the prison's internal review process. (See "Blind Spots in Oversight," The Free Press, June 22). We do not know how widespread that problem is because the prison's disciplinary proceedings are not public. And second, Maine's disciplinary policy is unique in the country in that it allows staff to base management decisions affecting inmates' housing, mail, visits and other privileges on behavioral violations even if the writeup for that violation was dismissed, overturned or the inmate was found not guilty (See "Management or Punishment," The Free Press, July 20).

Just because abuse of the disciplinary policy is possible does not mean it is happening. However, high-profile prisoners have alleged that it is.

In Bates's case, there were problems with his charges. The alleged false statement was not that the prisoners didn't receive showers, but that prisoners in his pod were not let out of their cells on April 16 during a lockdown, when in fact they had been let out for 20 minutes for "med call." (Kitchen workers are still supposed to be given showers after their shifts during lockdowns, Bates said.) Bates disputes that he made the statement, but he was not given access to the phone transcripts or recording so he could not prove that in his disciplinary hearing.

It is unclear why Bates was charged with "administrative burden." The administration's definition of the violation is intentionally causing a waste of staff time "after having received a written warning, including an explanation of the prohibited conduct," but Bates said he never received any such warning.

Bates has appealed the case in Knox County Superior Court, for these and other due process violations. The case is still pending.

He said he is concerned that his disciplinary action, whether or not it is reversed, and its repercussions in his housing, job and programming status — which are not always restored even if the disciplinary decisions were overturned — will have a chilling effect on others working to improve conditions in the prison.

"If you're writing up the NAACP president for trying to advocate for the right thing over a false statement, what message is being sent?" Bates asked. "Because now you're telling civic group workers if someone gives us information and that information turns out to be wrong, we can be subjected to disciplinary actions. It undermines DOCs mission to encourage pro social behavior."

I asked Warden Magnusson about the power of staff to punish inmates through a writeup that is issued in retaliation or out of some kind of bias. Magnusson said those types of issues are typically caught in the internal reviews built into the disciplinary process.

"I would say that our discipline system has so many layers and checks and balances that we are able to weed out discipline that is based upon any type of targeted retaliation," he said.

As for housing reassignments or loss of privileges, he said those are determined by a team of staff members.

"We don't want to be in a situation where any one person can determine someone's fate," he said, "and that's why we put a lot of weight in our unit teams that are run by the

PRISONERS CONTINUED FROM PAGE 4

unit manager, but also has multiple areas of the facility [represented]. You have programming staff, you have mental health staff, you have security staff, so it's a wide point of view."

Bates said that targeting can go unchecked even with multiple staff members involved in reviews because of what he perceives as an entrenched culture in which officers do not want to go against other officers.

"When you have this dynamic amongst them, it's really hard to have something overturned on appeal," he said of the prison's internal appeal process, "and it's really hard to receive a fair and impartial hearing."

In his hearing, the officer who wrote him up met privately with the hearing officer twice while Bates had to wait outside — a due-process violation because Bates could not question the guard or respond to what was being said. Another inmate, Pedro Santiago, told me in a phone interview August 19 that an officer who wrote him up told the hearing officer during his disciplinary hearing that "I want this writeup to stick," and that it is common for the hearing officers to confer with accusing officers about their desired outcome.

Early on in my investigations into the disciplinary process at Maine State Prison, in January 2019, I attended a graduation ceremony for inmates in the prison's college program run by the University of Maine at Augusta. The prison's visiting room was packed with professors, inmates' families and friends, reporters and TV news crews. A graduate who was the first inmate to enroll in a master's degree program from a Maine prison was introduced as "the charismatic and multi-talented Brandon Brown," a name I recognized. He delivered a powerful speech about the role of education in his rehabilitation, his remote studies in conflict resolution at George Mason University, and his vision of transforming prisons into "hubs of education."

As he spoke, I remembered where I had seen his name: this model prisoner who was now being elevated before the press had written an affidavit supporting another inmate's claims of targeting and retaliation in a 2018 lawsuit I was following.

"I am constantly targeted for harassment by staff and am a consistent victim of the broken disciplinary process," he wrote in the June 2018 affidavit.

After the ceremony, families, guests and inmates mingled in a way that made it seem like we were no longer inside a prison. I squeezed through the pre-COVID cluster of people hugging, laughing and tearing up with pride, to where Brown was reuniting with his family.

After some hesitation, I tapped him on the shoulder, introduced myself and asked if he was still experiencing targeting. His demeanor changed, and he responded with an intense "yes." He said he'd come tell me about it when he finished with his family.

When he joined me at a side table, he told me that prisoners who try to hold prison staff accountable to their policies or educate themselves about their rights are typically targeted with writeups for minor disciplinary infractions.

"If the [DOC's] mission is to reduce recidivism based on programs, but you're constantly writing guys up to suspend them from those programs, how are you reducing recidivism?" he asked. "I got kicked out of every program I was in. ... There's a lot of things in the past that I've been more involved with, like the NAACP and more actively tutoring guys, that I've dialed back because of it."

Brown is Caucasian and is not alleging racial targeting. He explained that while he was serving as president of the NAACP and after being featured in several positive news stories about the prison's dog training program, hospice program and an exhibit of prisoners' writings, he received a series of what seemed to be frivolous writeups. He brought them to the attention of then-commissioner Joseph Fitzpatrick, arguing he was being targeted, and the guilty findings were reversed. But after that, one staff member told Brown the reversals didn't "sit well." Another told him of an effort among staff to keep him in his place and remind him that he is a prisoner.

"He said, 'Listen, one of these days if you keep winning and beating them, they're going to slide something [contraband] under your door and ... you're going to get buried down in Seg[regation] for a year or two because that's how this place operates,'" Brown said the staff member told him.

Brown became concerned and requested a transfer to Maine Correctional Center, which was approved. But once there, he began getting written up again — once for lending a dictionary to another inmate, a "giving and receiving" violation which Brown argued in his hearing was anti-social. He eventually asked to be transferred back to Maine State Prison where, he said, at least he could continue his education.

Brown's disciplinary record from the prison and Maine Correctional Center gives some insight into the perspective of corrections staff on Brown's allegations.

A form recommending dropping Brown to a lower privilege level states that he has "a long and persistent pattern of ... disrespectful confrontation with authority/rules he disagrees with and the entitlement with believing he is above the rules and their enforcement." It also directly challenges his allegations of targeting, stating that "this pattern has been observed and reported by MSP staff, Unit I staff, Unit II staff and Recreation Department and is not the 'targeting' of any one staff that P/Brown thinks it is."

A document approving the transfer back to Maine State Prison stated Brown was transferred "due to being a problem (entitlement issues/disciplinary)."

Brown disputes these assessments and instead suggests they are the product of a culture in which staff support each other even when they are doing something wrong, as Bates described. Brown said the goal of his education is to find ways to re-enter people into society in a healthy way and stop the cycle of recidivism, so he often speaks out against the type of communication that gets in the way of that.

"What I've noticed is that one person may target me because of a disagreement or I was outspoken against something they did, and then all their friends in uniform also will," he said. "And some of the guards ... let it openly be known they don't agree with what's happening to you but they're not going to go to their bosses and say that, so you just suffer through it."

Brown has since been transferred to the minimum security Bolduc Correctional Facility in Warren. He is working at the Prison Showroom in Thomaston and pursuing his Ph.D. remotely through George Mason's School of Conflict Analysis and Resolution.

"I often say the pope can go in and the pope would find himself in trouble, because someone would say, 'Well you have the audacity to be pope.'"

—Joseph Jackson, Maine Prisoner Advocacy Coalition

The targeting is particularly interesting for us," Maine Prisoner Advocacy Coalition coordinator Joseph Jackson told me in an interview at his office in Portland. "I don't believe there is a good or bad officer. I just say that when you have 900 people, 300 staff, and they're interacting every day, there's always somebody you don't like.... That power imbalance, when [I] don't like you and I'm the one with the power, it's really harmful to a person."

Jackson has a story that parallels Brown's in many ways. While an inmate at Maine State Prison, he was instrumental in starting the college program there in 2006 — he wrote to Doris Buffett of the Sunshine Lady Foundation asking if she would fund a college program and she agreed. He received his associate's and bachelor's degrees and was the first inmate to be admitted into graduate school (at University of Southern Maine's Stonecoast writing program), though he did not enroll until he was released. He was also a founding chairman of the prison branch of the NAACP. Like Brown, he said he too transferred to MCC to avoid harassment by guards.

"I often say the pope can go in and the pope would find himself in trouble, because someone would say, 'Well you have the audacity to be pope, or to think you are, and so I'm going to show you that you're not,'" he continued. "This philosophy of 'It's my job to punish you' is really what has taken root in the DOC instead of 'I'm here to monitor you and make sure you're doing good and doing what you're supposed to.' No, 'It's my job to punish you.' Unfortunately too many staff have bought into that philosophy."

Other prisoners have raised claims of targeting and retaliation in lawsuits, but their claims were not fully reviewed. Former Maine State Prison inmate Anthony Machiavelli alleged in a federal lawsuit in 2015 that after he had successfully appealed a disciplinary decision and had his fine and good time returned, he was not reinstated to his paying prison job on the plumbing crew in retaliation for his legal action. That claim was dismissed for not exhausting the prison's grievance process: though he did file a grievance on the matter, he used the wrong word on the form. He wrote he was not given his job back "as punishment" rather than "as retaliation," and the court found that it didn't put the defendants on notice that he was alleging a civil rights violation, so his case was dismissed.

Former inmate James Wilbur alleged in a 2018 federal lawsuit that he was facing targeting and retaliation through excessive discipline, frequent cell searches, and job and housing reassignments because of his success in assisting other inmates appeal their disciplinary cases, but his claims were also dismissed for not exhausting the grievance process.

Besides being directed at outspoken or ambitious prisoners, some of the alleged targeting may also be racially motivated. Bates recently filed a discrimination complaint with the administration listing examples of racial discrimination he has observed over the years, in discipline and in housing. In 2018, he wrote, an officer segregated a pod, forcing Black residents to live on one side and Whites on another. He said in our interview that when residents are approved for transfer from the close-custody to the medium-custody building, Black residents are generally sent to lower-privilege pods and told they have to earn their way up, while White resi-

dents are sent to any pod and move up more quickly. He also mentioned an instance in 2020 that he brought to the commissioner's attention in which a Black resident was being harassed and called racial slurs.

Disciplinary records for prison staff I obtained in response to a Freedom of Access request included a written reprimand against a correctional officer who repeatedly called a Black resident his "slave" in 2017.

The Department of Corrections is taking some actions to address racial targeting and change the culture at the prison. This year, the department has added a new Diversity Equity and Inclusion Officer position in the central office. Since taking the job in April, former correctional officer Roy King has been leading trainings about implicit bias and microaggression for corrections staff and residents. He also conducted a survey of staff about diversity and plans to use that as a baseline to compare attitudes after a year of training. About complaints of targeting and discrimination, King said, "It's unfortunate.... I'm not going to say that doesn't happen."

He hopes to begin facilitating roundtable discussions between correctional officers and inmates to help everyone get along in a "much better, happier atmosphere."

"There's repercussions when there's negativity in prison, and it's long term," he said, "not just for the residents but for the correctional officers.... You take a piece of that home to your family, and you have to understand that there's a piece that you're able to fix, through understanding, listening, having empathy, connection, and building that bridge."

"I met some really incredible correctional officers that made things really positive and they really cared and they wanted to see people be successful — and that should be the goal of all correctional officers."

In addition, after drastically reducing its use of segregation and solitary confinement, the prison is in the process of converting one of its segregation areas into an "Earned Living Unit" where the best-behaved prisoners can live communally with minimal supervision.

Unit Manager Heather Richardson said the goal is to change the culture of the prison from a negative to a positive experience.

"We're trying to change the stigma of the 'lock them up, throw away the key' to, instead, there is programming, you can rehabilitate yourself and you can really make something of yourself," she said.

To be eligible, inmates must be discipline free for five years and hold a paying job.

But staff can still undermine prisoners' chances for such rehabilitative experiences by issuing frivolous writeups that may be affirmed in hearings without proper due process, which can at the same time affect their job status. In his appeal, Bates has called for reforms including court orders that all disciplinary hearings be recorded, and that they be conducted by a committee that includes members from outside the Department of Corrections. Until transparency is brought into the prison's disciplinary process, and until the provision allowing decisions affecting jobs, housing and other privileges to be based on dismissed or overturned writeups is eliminated, targeting, retaliation and discrimination can continue.

Jordan Andrews is a freelance investigative reporter specializing in corrections, law and the environment. You can find more of her work at jordanandrewswriter.com.

Place-Based Writing Class at Hidden Valley Center

Midcoast Conservancy will host a writing class, led by author Linda Buckmaster, at Hidden Valley Nature Center, located at 131 Egypt Road in Jefferson, on Saturday, October 23, from 10 a.m. to 2 p.m. The class will be limited to 15 participants.

Called "Writing Place: Landscape, People, and the Natural World," the workshop is for writers of all levels and interests. Writing poetry or prose, each participant will work at their own level. Writing about place involves working with elements that make a specific place unique — layers of history, people, the natural world and human culture. Writers might be advocates, critics or simply lovers of a place.

Through writing prompts and activities both inside and outdoors, participants will play with words, experiences and experiments. A small packet of reading materials will be available the week before the workshop. The group will maintain a safe environment so participants can feel comfortable trying new things.

Buckmaster is a place-based writer who has lived within a block of the Atlantic Ocean most of her life. A former poet laureate of Belfast, her poetry, essays and fiction have appeared in over 40 journals and five anthologies. She taught in the University of Maine system for 25 years and is currently working on a literary journey across the North Atlantic following the cod.

The cost is \$20 for members, \$30 for nonmembers. To register, visit midcoastconservancy.org/events.

Commemoration of September 11 in Belfast

The First Church in Belfast, United Church of Christ, located at 8 Court Street, will commemorate the events of 9/11 on Saturday, September 11. At 8:46 a.m., the time when the first hijacked plane hit the World Trade Center's towers, the church bell will sound 20 times, one for each year that has passed since the event.

A commemorative vigil will be held around a fire pit on the church's front lawn at 6 p.m. Attendees will be invited to share memories, join in prayer and bring a reading or poem if they wish, and are encouraged to bring a candle and a lawn chair or blanket. Masks are optional, but should be brought in case the vigil must move indoors.

Edgcomb Church to Host Guest Minister

Edgcomb Community Church, located at 15 Cross Point Road, will host a guest minister on Sunday, September 5, at 9:30 a.m.

Rev. Lawrence Krewson of Georgia will lead the worship service. Krewson earned a master of divinity degree from Candler School of Theology and then served for one year as an intern chaplain in the Atlanta Federal Penitentiary. For the past 17 years he was chaplain for Hope Hospice in Florida, until his retirement in 2020.

Edgcomb Community Church holds services on Sundays at 9:30 a.m. On the second and fourth Sundays, breakfast is served at 8:30 before a Celtic prayer service at 9:30. All are welcome.

Boothbay Region YMCA Fall Registration Is Open

Boothbay Region YMCA, located at 261 Townsend Avenue in Boothbay Harbor, has released its fall program guide. The fall session will be held from Tuesday, September 7, through October 30. Registration is now open online and in person.

Visit boothbayregionymca.org to view the schedule and to register.

Sen. Curry to Hold Public Hours in Lincolnville

Sen. Chip Curry, D-Belfast, will hold public office hours from 8:30 to 10 a.m. on Saturday, September 4, at the gazebo in Breezemere Park on Norton Pond Road in Lincolnville.

Office hours give local residents a chance to meet with their representatives to ask questions and get help with legislative or state government matters. Curry will report on his work in the Legislature.

Those unable to attend who wish to contact Curry may email chip.curry@legislature.maine.gov, phone 287-1515 or visit facebook.com/SenatorCurry.

Curry represents Senate District 11, which includes Belmont, Brooks, Burnham, Frankfort, Freedom, Islesboro, Jackson, Knox, Liberty, Lincolnville, Monroe, Montville, Morrill, Northport, Palermo, Prospect, Searsmont, Searsport, Stockton Springs, Swanville, Thorndike, Troy, Unity, Waldo and Winterport.

Mussel Ridge Historical Society Rummage Sale

Mussel Ridge Historical Society will hold a rummage sale at Local Grange Hall 563, located at 4 Ash Point Drive in Owls Head, on Saturday, September 4, from 9 a.m. to 2 p.m. All items in the building are to be sold, including furniture, appliances, a piano and fixtures. Proceeds will benefit construction of the proposed Mussel Ridge Learning Center.

All sales will be final; cash or local checks accepted. For more information, email history@musselridge.org or call Carolyn at 593-2667.

Open House at St. George Fire Training Building

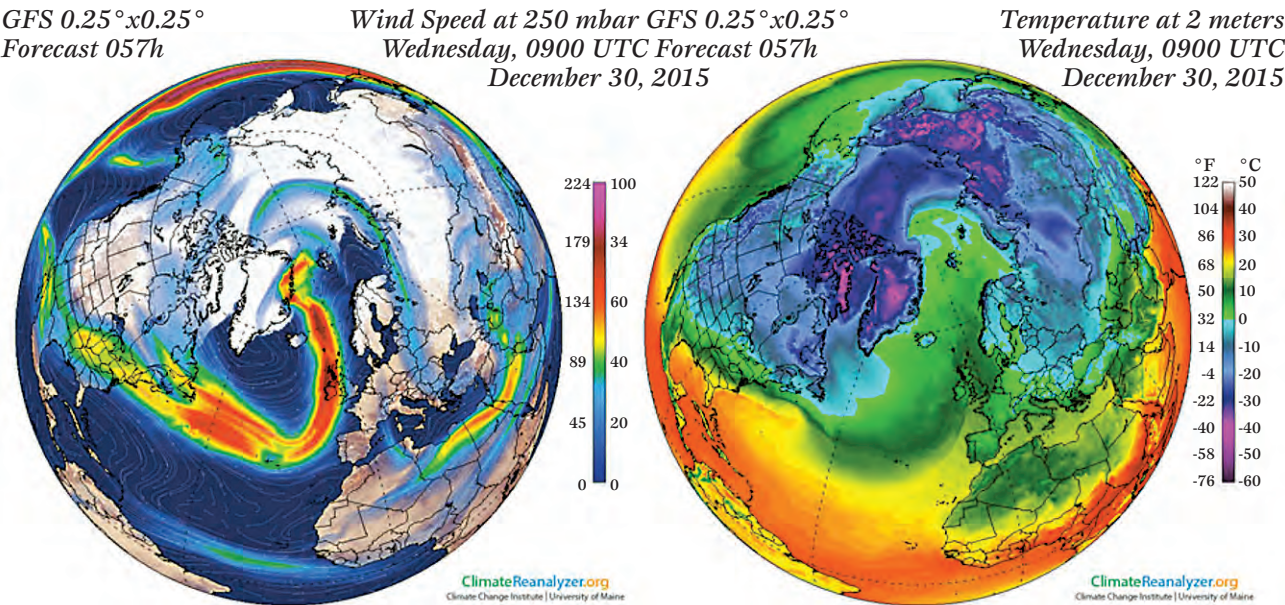
The St. George Volunteer Firefighters and Ambulance Association will hold an open house featuring its live fire training building on Saturday, September 18, from 10 a.m. to 3 p.m. at the fire station on Route 73.

The facility, designed to help train firefighters in a live fire setting, can serve one fire department at a time or several area fire departments in a mutual aid scenario.

The nonprofit St. George group plans to work with the Knox County Mutual Aid Association to operate the facility. To donate, mail checks to P.O. Box 249, Tenants Harbor, 04860.



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In response to Arctic warming, jetstream patterns (left side in red) are changing such that, even in midwinter, there can be days when the North Pole is above freezing (right side). IMAGE COURTESY PAUL MAYEWSKI

Merryspring webinar— How Rapid Arctic Warming Affects Maine

Climate scientist Paul Mayewski will lead a program titled “The Arctic, Maine, and the First Abrupt Climate Change Event of the Modern Era” via Zoom for Merryspring Nature Center on Tuesday, September 7, at noon. There is no charge.

As the earth’s “first responder,” ice communicates the effects of a warming planet. Internationally known glaciologist, climate scientist and polar explorer Mayewski will speak about his expeditions to observe Arctic ice and how atmospheric emissions from human activity are affecting the Arctic at a rate two to three times more than on the rest of the planet. He will also explain how what happens in the Arctic affects Maine.

Mayewski is the director of the multidisciplinary Climate

Change Institute and distinguished professor in the School of Earth Sciences, School of Marine Sciences, School of Policy and International Affairs, business school, and law school at the University of Maine. He has led more than 60 expeditions to the most remote polar and high-elevation regions of the planet and has received prestigious awards for his and his teams’ contributions to climate science. He has published more than 500 scientific publications and two popular books and has been featured in print and on television.

The webinar is part of Merryspring’s Online Summer Talk series. Email info@merryspring.org to request a meeting link.

For more information, call 236-2239.

New Book by Midcoast Author May Davidson

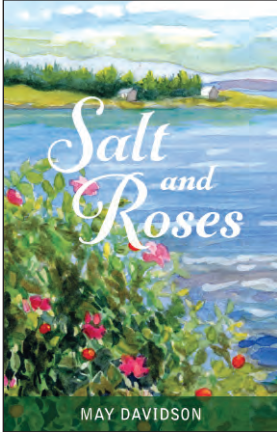
Author May Davidson

Islandport Press will release midcoast author May Davidson’s new book “Salt and Roses,” a collection of more than 50 essays, on September 28. Davidson published her first book, a memoir called “Whatever It Takes,” in 2019, at age 90.

Davidson was born in Damariscotta in 1929. She worked as a columnist for the Lincoln County News, among many other endeavors; many of the essays in the book were originally published in the newspaper.

The author often calls attention to the beauty in the everyday, whether on her farm or while relaxing by the ocean. She tells stories about her mother’s close call with a hive of honeybees, a clever runaway sheep and the crows at the edge of her farm, among others.

For more information, visit islandportpress.com, call 846-3344 or email info@islandportpress.com.



Museum of Maritime Pets Presentation in Rockland

Rockland Public Library will host a free, in-person presentation by Museum of Maritime Pets founder Patricia Sullivan on Thursday, September 9, at 6:30 p.m. at the Rockland Public Library.

The Museum of Maritime Pets, established in 2006, explores

and interprets the role of domestic animals on sea voyages from ancient times to the present. It is the only museum of its kind in the world. Domestic animals have served as mascots, messengers, companions, pest controllers, hunters, rescuers and workers on various types of maritime missions. Sullivan will present images of both wild and domestic animals.

In September, the museum will share space and collaborate with the Maine Lighthouse Museum in Rockland.

For more information, email elewis@rocklandmaine.gov.

Camden Public Library— New Cyanotypes Exhibit at Picker Room Gallery

“Zonule of Zinn” by Deborah Loughlin

Camden Public Library will reopen its Picker Room Gallery after 17 months of closure during the pandemic with a new exhibit of works by Waldoboro artist Deborah Loughlin called “Cyan: The Blues of Art-Making,” Monday through Saturday, September 2 through 28, from 10 a.m. to 6 p.m. Loughlin will talk about her work via Zoom on Thursday, September 23, at 6:30 p.m. and will attend a public reception in the gallery on Saturday, September 25, from 2 to 4 p.m.

Cyanotype is a photographic printing process that produces a cyan-blue print. Loughlin works in her studio, called Overboard. Her work has been featured in solo shows as well as juried and group shows throughout Maine.

Works will be for sale; a portion of proceeds will benefit the library.

For the link to attend the Zoom presentation, visit the “What’s Happening” link of the adult events calendar at librarycamden.org.



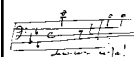
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Class/Program	Fee	Begins
Accounting Fundamentals Series	\$199	monthly
Accounting and Finance for Non Financial Managers Certificate	\$495	9/7
Accounting with QuickBooks Online Suite	\$395	monthly
Airbnb, How to Open and Run One Well	\$30	9/30
Basic Life Support for Healthcare Providers	\$95	10/12
Basic Life Support for Healthcare Providers - RECERT	\$80	10/5
Bookkeeping Certificate	\$495	9/7
Business Budgeting for Beginners	\$115	monthly
Captain License Course OUPV/ Six-Pack Level with Master Upgrade	\$995	9/21
Captains License Information Night	\$0	9/14
Captains License Information Night CPR, AED, Standard First Aid - RECERT	\$65	11/2
Creating An Online Presence To Grow Your Business	\$89	9/30
Creating WordPress Websites Series	\$199	monthly
Data Analysis Certificate	\$495	9/7
Dental Assisting with RHS Certificate	\$2,500	10/18
Digital Marketing Certificate	\$495	9/7
Entrepreneurship Workshop - Open For Business	\$49	9/29
Excel for Those Who Don't Have a Clue	\$55	11/16
Independent Publishing, an Introduction	\$20	9/22
Introduction to SQL	\$115	monthly
Mastering Excel Certificate	\$495	9/7
Math for Allied Health Careers	Free	ongoing
Medical Assistant with CCMA Ccertification	\$3,200	10/12
Medical Coding with CPC Certificate	\$3,750	10/14
Medical Office Specialist with Billing Certification	\$3,200	10/13

Class/Program	Fee	Begins
Medical Terminology	\$99	monthly
Medical Transcription	\$2,650	ongoing
Microsoft Excel 2019/ Microsoft Word Made Easy	\$324	monthly
Nursing Assistant (CNA)	\$55	10/24
Pharmacy Technician with PTCB Certification	Free	monthly
Phlebotomy with CPT Certification	\$2,050	ongoing
Power BI Certificate	\$2,500	10/12
Project Management Certificate	\$495	9/7
QuickBooks (online or desktop)	\$495	9/7
Registered Maine Guide Training	\$199	monthly
Social Media for Business Certificate	\$500	1/18
Standard First Aid, CPR, AED	\$495	9/7
Supervisory and Leadership Certificate	\$80	11/9
Writing Winning Grant Proposals	\$395	9/7
	\$75	9/13

ENRICHMENT PROGRAMS

Class/Program	Fee	Begins
America: Solutions for a Sustainable Future - bundle	\$75	10/5
America: Solutions Part 1, Intro & the Phys of Belief	\$15	10/5
America: Solutions Part 2, Federal Reserve	\$15	10/7
America: Solutions Part 3, Military Industrial	\$15	10/12
America: Solutions Part 4, Health Care System	\$15	10/14
America: Solutions Part 5, Food & Beverage	\$15	10/19
America: Solutions Part 6, Review & Discussion	\$15	10/21
Android Basics	Free	10/6
Birding by Sight, Song & Habitat I	\$69	10/18
Calendula Salve and Lip Balm	\$35	11/9
Carving Signs	\$59	11/2
Carving the Harlequin Drake	\$85	10/7
Carving Wood Spoons & More	\$59	9/28
Coastal Navigation Level 1	\$50	11/9

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Class/Program	Fee	Begins	Class/Program	Fee	Begins
Computer Tune Up Made Easy	\$20	10/29 OR 11/21	Map and Compass Level 1	\$50	10/19
Computer Tune Up Made Easy	\$20	9/18 OR 9/26	Map and Compass Level 2	\$50	12/7
Cooking - Sushi Rolls 1	\$39	11/8 OR 11/15	Medicare 101	Free	9/20 OR 1/18
Cooking Sourdough Bread	\$20	10/19 OR 10/21	Middle Eastern Dance	\$29	10/7
Cooking the Tastes of Cajun and Creole	\$49	10/25 OR 11/3	Mindful Yoga	\$55	9/29
Cooking the Tastes of West Africa	\$49	10/18 OR 10/27	Mushrooms, Edible & Medicinal	\$29	11/16 OR 1/11
Cooking Vegetarian Indian Food	\$49	11/16 OR 12/7	Mushrooms, Edible & Medicinal	\$29	9/21 OR 10/19
Cooking with Mushrooms	\$29	10/5	Oil Painting	\$75	9/21
Create & Deliver Online Zoom Courses	\$39	any	Passive House Design 101	Free	1/11
Cross-country Skiing for Beg/Interm	\$49	1/22	Pastels Exploration	\$69	9/15
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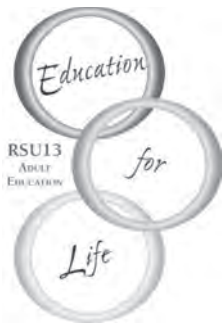
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Birthing with Ease: Doula Basics L	1	Tues	12/7	6:00-8:00	\$28
Certified Nursing Assistant C.N.A. L	27	TWTh	10/19	8am-4pm	\$1,195+
Certified Residential Medication Asst. L	5	Fri	9/17	8am-4pm	\$335+
Certified Residential Medication Asst. L	5	Fri	11/12	8am-4pm	\$335+
Chair Seat Weaving L&Z	4	Thurs	9/23	6:00-8:00	\$58
CNC Machining L	7	Tues	10/19	4:30-7:30	\$310
CRMA Recertification L	1	Fri	8/27	8am-2pm	\$95
CRMA Recertification L	1	Fri	11/5	8am-2pm	\$95
Cyber Safety L*	1	Tues	9/28	6:30-8:00	\$10
Document & File Management L*	1	Wed	11/17	6:00-8:00	\$22
eBay Buying & Selling L	2	Tues	11/9	5:30-8:00	\$48
Excel 2019 – Basics & Intermediate L*	6	Thurs	10/7	6:00-8:00	\$98+
Excel 2019-Adv. Applications L*	3	Thurs	12/2	6:00-8:00	\$58+
Exploring Geo. Info Systems L	1	Mon	11/8	6:00-8:00	\$28
Finding Jobs Online: Using LinkedIn + L*	2	Tues	10/19	6:30-8:30	\$48
Fundamentals of Investing Z	1	Thurs	12/2	5:30-7:00	\$18
Google Drive L*	2	T/Th	9/28	6:00-8:00	\$48
Growing Great Veggies L	2	Wed	10/13	5:30-7:30	\$48
Intro to Chess L	5	Wed	10/6	5:30-7:00	\$78
Intro to MuseScore L	3	Tues	10/12	5:00-6:30	\$58

Intro to Photography L	6	Wed	9/22	6:00-7:30	\$93
iPhone & iPad – Make Use of the Tool L	4	Wed	10/20	6:00-8:00	\$72
Legacy Love Letters L*	1	Mon	9/27	5:30-7:30	\$28
Life Like a River L*	1	Mon	10/4	5:30-7:30	\$28
Machining Part 1 L	8	Mon	10/4	4:30-7:30	\$285
Marlinspike Seamanship L	5	Tues	11/16	6:00-8:00	\$78
Medicare 101 Z	1	Wed	10/6	5:30-7:00	free
Perennial Garden Design L	2	Wed	9/15	5:30-7:30	\$48
Planning Your Estate Z	1	Thurs	10/14	5:30-7:00	\$18
Plumbing Basics L	5	Tues	10/5	6:00-8:00	\$98
PSS Personal Support Specialist L	8	Mon	10/25	8am-2:15pm	\$415
QuickBooks 2021 Basics & Intern. L*	6	Tues	10/5	6:00-8:00	\$98+
QuickBooks 2021 Adv. Applications L*	3	Tues	11/30	6:00-8:00	\$58+
Shrub & Tree Care for Winter L	1	Sat	11/13	9-11:30am	\$28
The Chain Gang L	4	Wed	10/6	5:30-7:30	\$68
The Memoirists Dilemma L	4	Thurs	10/7	5:30-7:30	\$58
The Power of Line Z	4	Tues	10/26	6:00-8:00	\$58
Video Editing with DaVinci Resolve® L	1	Thurs	10/28	5:30-8:00	\$48
Watercolors - all Levels Z	6	Wed	9/29	5:30-7:30	\$98
Welding – MIG 1 L	12	M/W	9/20	4:30-7:30	\$355
Welding – MIG 2 L	12	M/W	11/8	4:30-7:30	\$355
Welding – STICK L	12	T/Th	9/16	4:30-7:30	\$355
Welding – TIG L	12	T/Th	11/2	4:30-7:30	\$355
Winterize Your Yard & Garden in Fall L	3	Thurs	9/16	5:30-7:30	\$68
You Want to Write, Let's Do It! L	4	Tues	9/21	5:30-7:30	\$58
Zoom Tutoring L	1	By appointment: 1.5 hr. M-Th evenings			\$10

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Maine DHHS Compiles Youth Vaccination Map

The Maine Department of Health and Human Services and the Maine Department of Education recently published estimated COVID-19 vaccination rates for youth ages 12 to 18 by school administrative unit to help school communities make decisions for the school year and guide efforts to increase vaccination rates.

The estimated rates are based on the count of youth vaccinated in each ZIP code as reported to the Maine CDC on people of all ages who have received at least one dose of a COVID-19 vaccine. A map displays the estimated rates by range, with corresponding colors from high to low. The youth vaccination rates will be updated about every two weeks. They are only estimates, given the different data sources and their limitations.

The map is available at maine.gov/covid19/vaccines/dashboard.

Maine DHHS will also collect staff vaccination rates from schools monthly starting on September 1 and will publicly post those rates mid-month in a format similar to that of the Maine Health Care Worker COVID-19 Vaccination Dashboard that DHHS launched in June, which provides monthly reports on every hospital and long-term care facility. The reporting will include fully vaccinated staff at pre-K-12 public schools and charter schools, private schools and career and technical schools.

The departments continue to enroll schools in a free pooled COVID-19 testing program that allows schools to easily test many staff and students at once and quickly respond to any positive cases and allows asymptomatic students and staff who are deemed close contacts to avoid quarantine from school activities. As of August 23, 302 public and private schools

Registration Is Open for Belfast Senior College

Belfast Senior College will offer online courses via the Zoom platform during the upcoming fall semester. All registrations are to be completed online, and membership is required for enrollment. The group's annual meeting will be held via Zoom on September 30 at noon.

Classes about Northern European painting, African American poetry, the history of cheese, the Middle East Conflict, and the U.S. State Department are among the courses offered in September.

The annual membership fee, which is valid September 1–August 31, is \$25.

Visit belfast-senior-college.coursestorm.com to view classes. To register, visit belfastseniorcollege.org.

had signed up to participate in weekly testing this fall.

More than 65% of Maine's population is fully vaccinated and 70% has received at least one dose. Statewide, 52% of youth ages 12 to 18 have been fully vaccinated, with 57% having had a first dose. No vaccine is yet authorized for children under age 12.

COVID-19 vaccine remains widely available throughout the state. To find a vaccination location, visit maine.gov/covid19/vaccines/vaccination-sites or call the Community Vaccination Line at (888) 445-4111.

**Waldo County—
Free Backpacks for
Income-Eligible Students**

Waldo Community Action Partners is offering free backpacks filled with school supplies to income-eligible students in Waldo County. Appointments and masks are required for pickup. Backpacks will be available while supplies last.

Backpacks will be available to families eligible for MaineCare or WIC. Supplies will accommodate the needs of students enrolled in kindergarten through grade 12.

For more information or to schedule an appointment to pick up backpacks, phone Jeanne McIntyre at 338-6809, extension 502, or email jmcintyre@waldocap.org. Recipients will need to bring their child's MaineCare card or WIC folder to the appointment for proof of income eligibility.

**Charitable Fund Offers
Grants for Youth Passions**

The Maine Community Foundation distributed \$37,980 in awards from the Daniel Cardillo Charitable Fund, which supports young people pursuing their artistic, academic, athletic and vocational or life's passion outside of the traditional school environment. This year the fund also made grants to five Maine youth programs.

Nine students from across Maine received support to attend programs with a range of organizations, including New England Music Camp, Gould Academy, Wright Way Stables, Penn State soccer camp, and NOLS Wilderness Medicine and Rescue program in Wyoming. Locally, a grant to Waterfall Arts in Belfast is supporting a campership this summer.

The deadline for the next round of scholarships is May 1, 2022. Applications are available at mainecf.org.

**Local Hospitals Offer Free Virtual
Classes, Support**

Pen Bay Medical Center and Waldo County General Hospital will be holding several events:

- A breastfeeding support group, led by a lactation consultant, will be offered on Tuesdays from 12:30 to 2 p.m., September 7 to 28, online. The informal group provides interaction as well as individual assistance when needed; women who want more information about breastfeeding are also welcome. The group is free; preregistration is required to obtain access. Visit journeytohealth.coursestorm.com or call 301-3950 to register.

- A free Alzheimer's disease support group for those who have loved ones coping with the disease or related dementias will be held via Zoom on Tuesday, September 7, at 6 p.m. Those interested in participating may phone Cheri R. Blouin, LSW, at 301-6237 or email cblouin@pbmc.org.

cblouin@pbmc.org.

- Gentle Birth will be offered at no cost on Wednesdays, September 8 through 29, online from 6 to 8 p.m. Participants will learn a new approach to childbirth preparation that combines brain science, birth science and technology. The class will include training and education in mindfulness, hypnosis, cognitive behavioral therapy and sports psychology. A mobile app will also be available. Preregistration is required; call 301-8337 to register.

- A postpartum support group will be held online the second and fourth Thursdays of the month from 11 a.m. to 12:30 p.m., beginning on September 9. For mothers, mothers-to-be and family members who want to share with and support others. For more information, call 505-4140. Preregistration is required; call 301-3950 to register.

**With activist Winona LaDuke—
'Relocalizing Traditional Foods'
Talk Online**

Indigenous activist Winona LaDuke recently participated in a conversation called "Relocalizing Traditional Foods" as part of College of the Atlantic's Summer Institute Series "Good Food and Food Fights."

Maine Organic Farmers and Gardeners Executive Director Sarah Alexander and LaDuke discussed food sovereignty for Indigenous communities.

Visit youtube.com/watch?v=7HBscplWecU to view the conversation.

**Introduction to Seaweed Farming
via Zoom**

The Maine Seaweed Exchange will offer an online introduction to seaweed farming on Saturday, September 11, from 9:30 a.m. to 4:30 p.m.

The intensive program will present information about growing, harvesting and post-harvest handling and processing of farmed seaweed

as well as address leasing, regulatory compliance, business planning and sales channels.

Sessions will be held via Zoom with a one-hour break for lunch. Comprehensive digital materials will be provided.

Visit maineseaweedexchange.com for more information and to register. The cost is \$175.

**Sundog Expeditions Fall Enrollment Is
Open**

Sundog Outdoor Expeditions, a local, non-profit outdoor education group, is now enrolling participants in fall programs to begin in mid-September: sailing, hiking, rock climbing, and fishing and camp skills.

The programs for children in grades five through eight include after-school sessions Monday through Thursday and a mini-expedition on Saturday.

Visit sundogoe.com for course dates, costs and other information.

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ART ON THE COAST

"Painted Lobster Buoys, Stonington, Maine, 1971," by George Tice

Farnsworth Museum exhibition

Webinar Explores 'George Tice and Andrew Wyeth'

The Farnsworth Art Museum will present a webinar about the exhibition titled "George Tice and Andrew Wyeth: Parallel Visions," with Angela Waldron, on Thursday, September 16, from 2 to 3 p.m.

Over a period of decades, nationally renowned photographer George Tice and artist Andrew Wyeth were drawn to Maine. The Farnsworth's exhibit is the first to show Tice's Maine work in the place that inspired it and the first to pair

the two artists together.

Waldron is registrar in the curatorial department and has been with the Farnsworth since 1998. In addition to managing the collection, she has curated or co-curated more than 10 exhibitions.

The cost to attend the webinar is \$10, free for museum members. Visit farnsworthmuseum.org to sign up, and for more information.

In-Person 'ArtLab for All Ages' at CMCA

The Center for Maine Contemporary Art, located at 21 Winter Street in Rockland, will host a free ArtLab for All Ages workshop on Saturday, September 4, from 2 to 4 p.m. outdoors in the courtyard at the museum. In case of rain, the event will move inside. No registration is necessary.

In celebration of the Beautiful Blackbird Children's Book Festival presented by Indigo Arts Alliance, CMCA and Rockland Public Library will offer a variety of activities inspired by the online festival that will enable participants to engage with this year's books. All materials will be provided.

The festival was created to honor children's author and

Mj Viano Crowe to Lead Farnsworth Workshop

Mj Viano Crowe will offer a workshop, called Home: The House as a Mirror, on Thursdays, September 23 and 30, and October 7, from 1 to 5 p.m. at the Gamble Education Center on the campus of the Farnsworth Art Museum in Rockland.

Crowe will work with participants to create a multi-folding, two-sided accordion book with images and text that investigates their relationship to "home."

The artist creates mixed-media works that often incorporate clothing, large-scale photographic assemblages, light-box shrines, artist books, intricate paper cuts and paintings. Her work has been exhibited and published nationally. Currently, Crowe's accordion book "Mother Nature Holds Her Breath" is on exhibit at the San Francisco Center for the Book. To see more of her work, visit: mjvianocrowe.net.

The cost is \$180; \$156 for members. To register, visit farnsworthmuseum.org.

Tiny Doors Invite a Closer Look in Downtown Belfast

A sampling of the tiny doors of Belfast

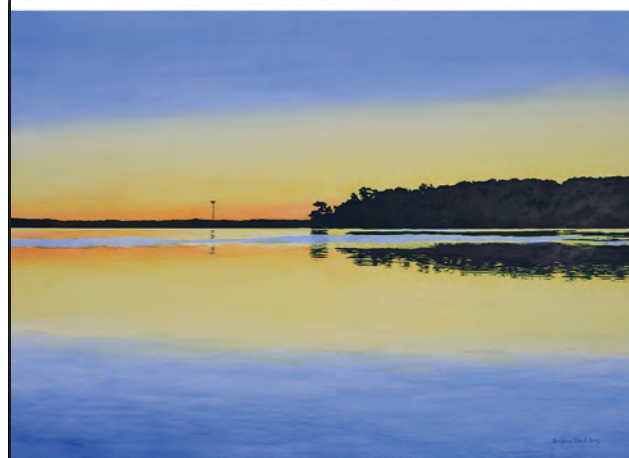
A new public art project in Belfast features 20 dollhouse-sized doors — mounted at viewing level for children — adjacent to store entrances. A map of locations can be found by visiting outtownbelfast.org/tinydoors.

Created by local artists, the tiny doors encourage a closer look at the historic structures downtown, from Church Street to the harbor along Main Street and outward down High Street from the traffic light.



Artists who fashioned the doors include Sally Brophy, Valerie Schurer Christle, Lisa Gant, Bonnie Irwin, Pegi Miller, Tiffany Nemec, Anne-Marie Nolin, Amy Tingle, Craig Watson and Heather Wilson.

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A new biography— Robert Indiana: Portrait of the Artist as an Old Man

by Christopher Crosman

Bob Keyes, longtime observer of Maine’s art scene for the Portland Press Herald-Maine Sunday Telegram, has written an account of the last years of Robert Indiana (1928–2018), “The Isolation Artist: Scandal, Deception, and the Last Days of Robert Indiana.” Indiana’s iconic “LOVE” sculptures, paintings and prints are well-known, images that helped define American art during the last half of the 20th century. It bothered the artist that his stacked, capital letters of “LOVE” were better known than he was; his desire for fame and attention often overtook reason, common sense and self-interest at key moments of his long career, especially toward the end of his life. Keyes meticulously documents how the ubiquitous, unabashedly cheerful image of “love,” seemingly seen everywhere during the last two decades or so of his life, neatly bookended the isolation, neglect, and instability of his childhood — abandonment by his birth parents and growing up poor in rural, Depression-ravaged Indiana. I did not know Indiana well, especially during his last years, but, as a measure of Keyes’ rigorous research, he interviewed me, along with dozens of others who knew and worked with Indiana in Maine after he moved to Vinalhaven in 1978.

The crisp, brightly colored and machine-perfect look of Indiana’s mature work had a way of masking and deflecting attention away from the self-imposed isolation, loneliness and abandonment mentally ripping and clawing at a fragile ego. As an artist, even his name (adopted as Robert Clark) was fabricated, partly as armor, partly as gesture — *l’etat c’est moi*; I am Indiana (with his own down-home Versailles palace in Maine — the Star of Hope Odd Fellows fraternal lodge on Vinalhaven). He was not easy to get close to, and, especially after his permanent relocation from New York to Maine in the late ’70s, few people knew him well. Even fewer could claim to be friends. The saddest, most heartbreaking revelation of the book is that while dealers circled Vinalhaven like the sharks in Winslow Homer’s famous painting “The Gulf Stream,” Indiana had no friends or family he felt he could rely on during his final years. That was partly, perhaps entirely, because that’s the way he wanted it.

Keyes’ subject, then, is a portrait of the artist in old age, out to sea on a remote island, far from New York in the 1960s where his work initially brought him international acclaim. Compounding failing health and old age, Indiana became increasingly unable to distinguish between those who were genuinely supportive and those who were only attracted by his late resurgence as a “blue chip” artist. Even with Keyes’ detailed map of Indiana’s suspect crew of acquaintances, assistants, lawyers, grifters, and art world hangers-on, it is sometimes difficult to tell the miscreants from well-meaning island residents and longtime fans of his work. All were subject to Indiana’s shifting and complex needs and attitudes — navigating Vinalhaven’s offshore, partially submerged reefs and ledges was never as challenging as knowing where Indiana stood from one day to the next.

Choppy seas notwithstanding, the last decades of Indiana’s life were not without moments of grace and artistic triumph. His Hartley “Elegy” paintings and prints are unquestionably among his great, late achievements, less homage to his hero than confirmation of his own status in the canon of modern American art. Like Marsden Hartley’s series dedicated to a young German officer killed in the first weeks of fighting in World War I, Indiana’s “Pop” reprise of Hartley’s series is on a heroic scale (especially the oversize prints). It is a powerful statement of his own sexual identity in a place where artists living there, to say nothing of gay artists like Hartley (who had also worked on Vinalhaven) and Indiana, often found it difficult to be accepted, to leave a mark, to call it home.

In 2013 Adam Weinberg, director of the Whitney Museum and Indiana’s summer neighbor on Vinalhaven, green-lighted Indiana’s first full-blown museum retrospective in New York. According to Keyes, Indiana was annoyed that the Whitney exhibition only encompassed one floor instead of the two floors that he felt his work warranted. While this reinforces a theme in Keyes’ book about Indiana’s “never enough” neediness, I have heard the same complaint from numerous other artists. While his work had been featured at his “local” museum in Rockland (Farnsworth Art Museum) in the mid-1980s, that museum was only able to purchase a significant example of his work — a classic LOVE sculpture — in the late ’90s with money it really didn’t have. I was executive director at the time, and there’s nothing like getting yelled at by both your board and the artist you were trying to please (“it’s about time, Crosman!”). Several years later the Farnsworth was able to place his lighted “EAT”

sculpture, originally created for the New York World’s Fair, on the museum’s roof. In self-proclaimed “art capital of Maine” Rockland, hungry tourists flocked to the museum in droves looking for lobster rolls and a lunch menu (the museum does not have a restaurant). But Indiana was thrilled at what he felt had been long overdue visibility on Main Street in Maine, especially because it is where he had lived and worked longer than any other place in his life.

Keyes rightly points out that Indiana was a walking, talking bundle of contradictions that inform a recursive oeuvre that is both self-referential, full of hidden autobiographical references, and also widely accessible to a general audience responding to familiar words, crisp, elegant forms and bold, clean color. He loved when formal clarity and personal mystery were both legible, at least to himself. And Keyes’ book

captures and clarifies much that lay just beneath the surface of his tightly wound and graphically seductive words, charged through form and color — the priapic, tilted “O” in love, the angle precisely echoing the erections of satyrs chasing nymphs from antique Greek vase painting. Indiana’s paintings and prints reverberate with the genius of post-war 1950s advertising when medium and message began to activate each other. Unlike most of his Pop peers, Indiana openly allowed sentiment into his surprisingly political oeuvre. Love, hope, peace — words he

“While he expected the art world to worship him, locally Indiana desperately wanted to fit into the community in the only permanent home he ever knew.”

den within a complex psyche, seemingly betraying the artist himself at critical moments throughout his career. With that, Keyes cuts through and clearly separates and severs several twisted skeins of the web Indiana spun around himself. Discussions of arcane legal maneuvering might not be the most compelling reason to read this book, but the frightening consequences to Indiana and his legacy, so carefully explained by Keyes, should be required reading for all living artists. Monetary and legal missteps — failure to pay taxes; foregoing copyright protection — were amplified on Vinalhaven. Whether out of ignorance, simply not paying attention, or willful contrariness, Indiana did not seem to understand the unwritten rules and protocols of small-town living in Maine.

And crucially, he didn’t care about much of anything or anybody other than what or who could support his own world. He never bothered to copyright his image of “LOVE,” and in 1973 the U.S. Post Office issued a “LOVE” stamp with only token compensation and without crediting him as the artist. The latter is what mattered most to Indiana. He once told me that he thoroughly approved of the U.S. Post Office canceling “LOVE” several hundred million times.

When Indiana’s “gatekeepers” kept everyone, even longtime supporters and genuine admirers, away from the artist, the tale becomes darker, with rumors of Indiana becoming a hostage in his own home and worse. But while he might not have had the physical strength, nor enough faith in former art world associates to act in his interest, Indiana had always been ornery and canny enough to keep everyone

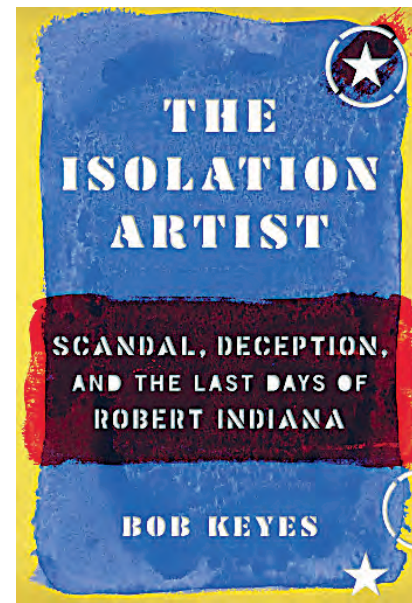
off balance, especially the lawyers (who he always despised). They would have to deal with questions around ownership of his art, now valued in the tens of millions of dollars. Who would control the outcome of competing wills and unclear signals from an artist who wouldn’t or couldn’t speak to anyone remotely capable of protecting him? Unsurprisingly, Indiana had not bothered to tie up his own loose ends before it was no longer possible to do so. He was dying; nailing down his own coffin lid was probably not high on the artist’s list of important things to do.

Even as he was physically disintegrating, like the roofing and walls of his beloved Star of Hope, Indiana seems to have retained the need to control how he would be remembered. If he was capable of doing so — a big if — he might well have crafted an end-of-life exit plan to ensure people would see him as he once was, the odd fellow who might be different and difficult, but who was also beautiful and successful on his own terms. No visitors except a final inner circle of islanders would be allowed to see him as the

withered, pitiable, caricature of an eccentric artist-as-old man that he had become. It is arguable that Indiana mellowed considerably in the afterglow of his Whitney Museum show and, perhaps, also by the fog of age and dimmed memory of past art-world slights and omissions. But old tigers that lose their stripes are still tigers. Even those last, editioned artworks that may have been robotically “signed” and that bear little resemblance to his earlier, unquestionably autographic artworks might have been at some level intentional — a middle finger hoisted from the “widows’ walk” atop the mansard-roofed Star of Hope studio to an art world he never wanted to be part of. Except that he did want to be part of it. He refused to be bound by an obscenely obsessive focus on money as the most important way for his art and legacy to be measured, aesthetically valued. His refusal to copyright “LOVE” was born of that idealistic, artistic vision. Money was never the issue except when it was. And they were all pirates to Indiana. Better to let Vinalhaven islanders sort things out. At the end, he did not understand why he couldn’t have it both ways — fame and fortune and the right to be left alone.

Indiana imagined the enduring presence of Love and Peace and Hope as composing the essence of what his grand opus, “The American Dream,” should be about. The one-syllable words were all states of being that, sadly, Robert Indiana seems never to have fully experienced in life. His chaotic final years and the still-unsettled aftermath of his passing, so carefully examined and so artfully described in this book, might have pleased the artist, if only for the attention it continues to generate around the central contradiction of his art: that is, how it looked — open, visually succinct, powerfully concise, elegant — compared to the often messy, difficult, isolated beauty of a complicated, passionate life. Indiana seems always to have known, “Love” isn’t easy.

Christopher Crosman lives in Thomaston. He is a former director of the Farnsworth Art Museum.



Left, gate at “Star of Hope,” home and studio of Robert Indiana on Vinalhaven PHOTO: KATHLEEN ROGERS

NEW WHITE WHALE CONTINUED FROM PAGE 1

in Maine and beyond, including the venerable New York City experimental theater La Mama, where he held a residency.

About three years ago, Gorman partnered with Donna Daly, the founding director of the Strand Theatre. As the core of Forty Hour Club, they work with a wide network of collaborators to realize the productions.

For the upcoming performances of “Never Leaving This Boat,” they are building a stage at the water’s edge behind The Forty Hour Club’s office in The Steel House, for the natural backdrop of a commercial fishing port. The show, which is subtitled “fragments of a blues opera,” will feature a live band performing songs by four composers.

In the early days of his theater career, Gorman said he was reluctant to have his work viewed as “issue plays,” potentially limited to a narrow audience of people interested in

addiction. But the plays were well-received and attracted strong interest from the recovery community, a demographic he had hoped to reach.

He also realized art could do something that other social programs couldn’t.

“It’s kind of the only thing that can really open up or break down the walls. The other approaches are so bureaucratic. You’ll have a panel or a summit, a bunch of leaders trying to figure out what to do with it, but it just doesn’t connect with the community.”

Forty Hour Club has done several readings and abridged shows in the midcoast, but “Never Leaving This Boat” will be the first full-scale performance, and what Gorman and Daly are considering an official debut for Forty Hour Club in Rockland.

Next year, they hope to bring production to New Bedford,



PHOTO: CARLOS CARDONA

Massachusetts, where Herman Melville first signed aboard a whaling boat as a young man and still a major fishing port.

An interview with phantoms and fishermen

During a break in rehearsal, actors Rob Porter and Robbie Carroll talked about their roles in “Never Leaving This Boat,” and how they got involved in the show.

Rob Porter (Ray): I play a fisherman whose boat crashed, and now he’s shoveling fish on the docks for the other fishermen coming in. In order to supplement my income, I’m also dealing drugs. And I’m also, excuse my language, I’m pretty f— up in the head. I got a lot of delusions going on that I’d like to be in control.

Ray is also an aspiring filmmaker.

Everything that’s happening in this town is because of me, I’m writing this script in my head, and I’m looking for talent wherever I go. So the drug dealing’s a side thing, my main thing is creating a movie, a tragedy that people are gonna look at and, and someday hopefully come to me and say, awesome job, Ray.

Porter was first introduced to acting in 2012 when a representative of the Belfast Maskers put on a reading at the re-entry center in Belfast. Porter was a resident of the facility and had been in and out of prison for close to 30 years on convictions related to his cocaine addiction. When he was released, he was invited to audition for “Brigadoon” and ultimately cast in a lead role. Since then, he has been in a dozen or so Maskers shows. He met Gorman and Daly through the Waldo County Recovery Committee, where The Forty Hour Club did an abridged performance of “Never Leaving This Boat.” In the production, he was cast as a phantom — an anonymous dock worker.

Michael Gorman (director): He was gonna be a phantom in this. The thing we did in Belfast was 20 minutes or so; this is a full production, so being a phantom was still gonna be a much bigger thing. But he approached me and said, I’d love to be the phantom in it, but I’d really like to take a shot at Ray. I had other people in mind who had approached me from New York and different places, because Ray is a great role. But he came in and he was awesome, and I just starting thinking, you know, there’s an authenticity to working with people like Rob versus just Columbia University actors with master’s degrees, or whatever.

Robbie Carroll, the younger of the two actors by a couple

decades, described acting as a lifelong pursuit, though one he’d let slide recently. He was encouraged by his high school sailing coach to audition for “Never Leaving This Boat.”

Carroll: When he told me the story, I was very intrigued. I’m playing Billy the Crab. People refer to him as the crab because he moves like a crab does. (He demonstrates. Sitting down on the floor then popping up into the four-legged crab position — hands in back, feet in front — and scuttling frenetically around the auditorium floor.)

Gorman: There’s a song in the show and a vaudeville sort of routine called Billy the Crab. And there’s a line that’s like, “Does he really do that?” (Answer: he does)

FP: Do your characters correspond to characters in “Moby Dick”? Like, are you Queequeg or ... ?

Carroll (turning to Gorman): That was my question, am I Queequeg?

Gorman: No, these are actually two of the characters who are just strictly contemporary characters.

FP: Have you read “Moby Dick”?

Carroll: I think [I did, but] it was the abridged version.

Porter: If I read it as a high school student, I really can’t remember. There was too much dope going on. But I might actually get the audio book and listen to it.



Michael Gorman, left, directs Robbie Carroll during a rehearsal of “Never Leaving This Boat.” PHOTO: ETHAN ANDREWS



Scene from a 2018 production of Michael Gorman’s “Chasing the New White Whale” in New York City

PHOTO: CARLOS CARDONA



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Thursday, Sept 9

☐ Dallas at Tampa Bay ☐ 8:20 pm

Sunday, Sept 12

☐ Philadelphia at Atlanta ☐ 1:00 pm

☐ Pittsburgh at Buffalo ☐ 1:00 pm

☐ Minnesota at Cincinnati ☐ 1:00 pm

☐ San Francisco at Detroit ☐ 1:00 pm

☐ Arizona at Tennessee ☐ 1:00 pm

☐ Seattle at Indianapolis ☐ 1:00 pm

☐ LA Chargers at Washington ☐ 1:00 pm

☐ NY Jets at Carolina ☐ 1:00 pm

☐ Jacksonville at Houston ☐ 1:00 pm

☐ Cleveland at Kansas City ☐ 4:25 pm

☐ Miami at New England ☐ 4:25 pm

☐ Green Bay at New Orleans ☐ 4:25 pm

☐ Denver at NY Giants ☐ 4:25 pm

☐ Chicago at LA Rams ☐ 8:20 pm

Monday, Sept. 13

☐ Baltimore at Las Vegas ☐ 7:15 pm

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HOME & GARDEN



Top, from left, Herbal Revolution Farm, Wanderwood, Meadowcroft Farm. Bottom, Merryspring Nature Center

Take a Self-Guided Tour of Conservation Practices in Area Farms and Gardens

Knox-Lincoln Soil and Water Conservation District will hold a self-guided conservation tour on Thursday, September 9, from 10 a.m. to 5 p.m., highlighting four properties that utilize conservation practices. Preregistration is encouraged. Visits to Merryspring Nature Center, Herbal Revolution Farm, Wanderwood, and Seacolors Yarnery at Meadowcroft Farm can be made at attendees' convenience. Speakers will discuss their conservation approaches at scheduled times at each location.

At Merryspring, located at 30 Conway Road in Camden, Maine Conservation Corps member Louisa Crane has been leading efforts on phase two of an invasive-plant management plan and will discuss identification and techniques for the effective management of various species.

Farmer, author and herbalist Katheryn Langelier at Herbal

Revolution Farm, located at 1341 Heald Highway in Union, will lead walks at 10 and 11:30 a.m. and 1 p.m. The farm will be open from 10 a.m. to 2 p.m. and will offer a pop-up shop with herbal products for sale.

Wanderwood, located at 79 Sidelinger Road in Nobleboro, is a working farm and event center.

Seacolors Yarnery at Meadowcroft Farm, located at 45 Hopkins Road in Washington, will spotlight sustainability, bioregionalism, sheep and yarn from 2 to 5 p.m. Farmer and business owner Nanne Kennedy will lead tours at 3, 4 and 5 p.m.

The cost is \$25 for mail-in registration, \$26 for registration online. A bagged lunch is optional for an additional \$15 mail-in and \$16 online.

To request more information or to register, phone Rebecca or Julie at 596-2040, email info@knox-lincoln.org or visit knox-lincoln.org/conservation-tour.

Home Sales Outpace Pre-COVID Numbers in Maine

While Maine home sales decreased slightly in July, prices continued to rise. Maine Listings reported a statewide median sales price of \$315,000 last month — a 23.58% increase since July 2020. The number of sales decreased 4.86% in July compared to July a year ago.

In a news release, Aaron Bolster, president of the Maine Association of Realtors, said, "July's sales volume figures continue to outpace the pre-COVID numbers from 2019. Though showing a decline from July 2020 of just under 5%, the July 2021 sales volume is 7% ahead of July 2019. Demand for homes in Maine continues to be strong, still outpacing the available for-sale inventory in many markets across Maine, resulting in rising sold-price values." He continued, "For the fourth consecutive month, we've seen improving for-sale supply numbers. Active single-family listings were up 7.9% during July 2021 compared to June 2021, and up 67.3% from the March 2021 low. This is good news for prospective Maine home buyers."

Nationally, sales of single-family existing homes decreased 0.8% compared to July 2020. Home prices increased 18.6% compared to July 2020, reaching a national median sales price of \$367,000. Sales in the Northeast increased 12.1%; the regional MSP of \$411,200 reflects an increase of 23.6% compared to July 2020.

Comparing sales from the "rolling quarter" — the three-month period ending with July — to the same period a year before, home sales from May 1 through July 31, 2021, in Knox County increased 40%, from 155 to 217. MSP increased 50%, from \$240,000 to \$360,000.

Maine Real Estate Stats —						
July only	# Units Sold 2020	# Units Sold 2021	% Change	MSP 2020	MSP 2021	% Change
Statewide	2,098	1,996	-4.86%	\$254,900	\$315,000	23.58%
Three-month comparison, by county:						
Chart below compares May 1, 2020 — July 31, 2020 and May 1, 2021 — July 31, 2021						
County	# Units Sold 2020	# Units Sold 2021	% Change	MSP 2020	MSP 2021	% Change
Statewide	5,075	5,582	9.99%	\$249,000	\$310,000	24.50%
Androscoggin	309	362	17.15%	\$207,500	\$245,000	18.07%
Aroostook	218	259	18.81%	\$101,000	\$130,000	28.71%
Cumberland	1,037	1,165	12.34%	\$362,000	\$450,000	24.31%
Franklin	136	158	16.18%	\$198,000	\$235,500	18.94%
Hancock	213	273	28.17%	\$235,000	\$325,000	38.30%
Kennebec	521	489	-6.14%	\$195,000	\$254,000	30.26%
Knox	155	217	40.00%	\$240,000	\$360,000	50.00%
Lincoln	145	162	11.72%	\$267,800	\$359,950	34.41%
Oxford	242	263	8.68%	\$191,500	\$260,000	35.77%
Penobscot	524	589	12.40%	\$170,000	\$200,000	17.65%
Piscataquis	115	98	-14.78%	\$138,000	\$155,000	12.32%
Sagadahoc	124	130	4.84%	\$269,950	\$343,000	27.06%
Somerset	203	192	-5.42%	\$147,500	\$169,950	15.22%
Waldo	153	194	26.80%	\$195,000	\$275,000	41.03%
Washington	132	171	29.55%	\$127,100	\$160,000	25.89%
York	848	860	1.42%	\$329,000	\$400,000	21.58%

Source: Maine Real Estate Information System, Inc. (d/b/a Maine Listings). Note: Maine Listings, a subsidiary of the Maine Association of REALTORS, is a statewide Multiple Listing Service with over 4,700 licensees inputting active and sold property listing data.

UMaine—
Extension Webinar Will Explain Sugarbush Leasing

University of Maine Cooperative Extension and Land for Good will offer a webinar called "Developing Sugarbush Leases" on Tuesday, September 28, from 7 to 8:30 p.m.

Jason Lilley, UMaine Extension sustainable agriculture professional, and Mike Ghia, Land for Good Vermont field agent, will provide resources and best practices for assessing land value and land leases and discuss case studies relevant to maple producers considering a lease agreement.

The fee is \$10; registration is required to receive the link. Visit extension.umaine.edu/register/shop to sign up. For more information or to request a reasonable accommodation, phone Becky Gray at 781-6099 or email rebecca.gray@maine.edu.

Historic Preservation Grants Awarded

The Belvedere Historic Preservation and Energy Efficiency Fund of the Maine Community Foundation recently awarded several organizations grants totaling \$334,202. MaineCF donors also made related grants totaling \$13,000 from donor-advised funds. The next grant application deadline is June 1, 2022.

The Belvedere Historic Preservation and Energy Efficiency Fund supports the preservation, restoration and retrofitting of historic buildings in Maine. Local grantees include the Alamo Theatre in Bucksport, the Farwell Project in Thorndike, Freedom Community Historical Society and the Marshall Point Lighthouse and Museum.

The application and guidelines, as well as a full list of this year's grant recipients, can be found by visiting mainecf.org. For more information, email Senior Program Officer Maggie Drummond-Bahl at mbahl@mainecf.org or phone 761-2440.

Browntail Moth Caterpillars Are Hatching



Beginnings of a browntail moth winter web
PHOTO: KATHY MURRAY

According to the Maine Department of Agriculture, Conservation and Forestry, August marks the beginning of the new generation of browntail moth caterpillars. Egg mass hatch has been observed throughout the infested areas in Maine and caterpillars are starting to create the web in which they will spend the winter.

The webs of native fall webworm are also present across much of Maine, and distinguishing between the two can be difficult in late summer, especially if webs are out of reach. Fall webworm webs will often, but not always, be larger this time of year and will also lack the bright white silk coating twigs that browntail moth caterpillars lay down as they travel back and forth. The easiest way to distinguish between the two this time of year is by the size of the caterpillars — browntail moth caterpillars will generally not exceed one-quarter inch in length until next year. Most fall webworm are already longer than a quarter inch. If webs are out of reach, waiting for more distinguishable differences between the two in fall may be the only feasible way to identify resident caterpillars.

Treatment of very young caterpillars in late summer can be difficult for a few reasons:

- Damage from younger caterpillars can be difficult to detect, as they don't consume the entire leaf but graze on the outer surface of the leaf, creating a damage called skeletonization;
- Caterpillars are not necessarily found on the same trees that were defoliated previously in the season, although in areas with high populations this is possible. Mistakenly treating trees that have no browntail moth caterpillars in them is not optimal from an environmental or financial standpoint; and
- Caterpillars produce silk and feed under it, limiting their exposure to pesticides.

Visit maine.gov/dacf for weekly updates.

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The Sketchbook. A builder's journal

Unload

by Jim Bahoosh

A few weeks back, the Colby Art Museum had its first Community Day since the pandemic hit. The museum is always free, but on Community Day they throw a party. There was food, a great street band from Portland, art activities for kids, and what was billed as an "Emotional Value Auction." The press release used the words "Safe place, validation, and emotion." I planned to avoid it. One winter years ago I was the passenger in a car with a friend who was a nervous winter driver. When I offered to drive, she said, no she needed to do it sometime. My response was, "Why? I never plan on talking about my feelings." Thus my intended avoidance of the auction.

An Emotional Value Auction works like this. Folks who are looking to pass something along write up a short description of the item, how it came to them, why they held onto it, and why it's time to let it go. There was a beautiful set of china passed to someone from their aunt, but never used. Things people had stolen years ago — cameras from their college art department, tea kettles from camps — that they wanted out of their life. Jeans that will never fit again, T-shirts from events they had organized, bikes they meant to fix, frames they meant to fill with art. There were license plates from cars driven away from bad relationships. To bid on an item, you wrote why you'd like it. No money changed hands. The idea was to release an object but let its history

travel with it on its next chapter. As with many things I make ridiculous judgments about based on nothing other than a wealth of ignorance, I was way wrong about the auction. It was brilliant.

Why is it so hard to let go of stuff? I'm being literal here, not talking about emotional baggage, just plain old stuff. For me, it's equal parts thrifty and greedy. It wouldn't be an issue if I enjoyed clutter, but I don't. I love the idea of being able to fit all my belongings in a small car with plenty of room left for a friend with a picnic basket, but if I were to move, a 28-foot box truck is closer to the truth.

I actually did move not too long ago. It was a great opportunity to get rid of stuff I didn't need or want. I use the same techniques to winnow down my belongings as I do when faced with needing to remove a structure from a jobsite, or find a home for excess building materials. It's a tiered approach. The first tier involves selling what you can. This is followed by giving stuff away. My favorite way to do this is to put things by the road with a "Free" sign. If what's being given away is larger, like a structure, or components of a structure that will need to be removed by the person taking them, word of mouth is the tool of choice. I need to feel confident that the removal process won't become a liability. That the folks taking the stuff have the skills to do it without getting hurt or being in my way. Once I've sold or given away anything I can, next up is recycling. The final option is trash.

Jim Bahoosh has been a solo house builder and designer since 1984. He lives in Unity.

Trash Talk at Rising Tide Co-op in Damariscotta

Left to right, Mark Ward and Michael Uhl

Rising Tide Co-op, located at 323 Main Street in Damariscotta, will host an overview and discussion about waste generated in Lincoln County with citizen journalists Mark Ward and Michael Uhl on Wednesday, September 8, from 5:30 to 6:30 p.m. in the store's event tent. The event is free and all are welcome.

Called "Lincoln County Waste: Where Does It All Go?," the discussion will center on the materials people throw away or recycle at transfer stations, some of the inherent challenges these systems



entail and what can be done individually and collectively to improve them.

Ward and Uhl write a column called "Rub-bish! Dispatches from the Wasteland" for Lincoln County News, in which they report on local, state and national waste matters. Ward is a scientist who works as an ecological consultant on projects that support biological conservation. Uhl has written books and articles. There will be time for questions.

Attendees are encouraged to bring chairs or picnic blankets, as seating will be limited.

Visit risingtide.coop to learn more about Rising Tide Co-op.

Race Through the Woods at Hidden Valley

Midcoast Conservancy will hold its 10th annual Race Through the Woods trail race on Saturday, September 25, at Hidden Valley Nature Center in Jefferson. All proceeds will benefit Midcoast Conservancy. Race attendance is currently capped at 125 entrants, with a waitlist. There will be no registration the day of the race.

Racers will have two course options to choose from: a 13.1-mile half-marathon or a 5.5-mile course. A single-loop course brings runners over steep hills, through the woods, and past beautiful ponds and has about 1,000 feet of elevation gain with technical single-track.

Fees are \$35 for the half-marathon, \$25 for the 5.5-

miler, and all registration is in advance. Prizes will be given to overall men's and women's winners at the finish line. Refunds will be allowed up to seven days before the race. In the event of a full race cancellation, all registered participants will have the choice of a full refund, deferment to 2022 or donating their race fee to Midcoast Conservancy.

Runners will be asked to wear a face covering at the start and finish and while passing other runners, and to have been vaccinated.

Visit midcoastconservancy.org/events for more information and to register.

Drought Disaster-Relief Loans Available

Farm-related entities in Androscoggin, Aroostook, Franklin, Kennebec, Oxford, Penobscot, Piscataquis, Somerset and Waldo counties are encouraged to apply for newly available, low-interest Economic Injury Disaster Loans through the U.S. Small Business Administration if they have suffered financial losses as a result of the drought that began in Maine on June 22. Eligible entities must submit completed loan applications to the SBA no later than April 13, 2022.

Eligible businesses may apply for EIDL of up to \$2 million with interest rates of

2.88% for small businesses and 2% for private nonprofit organizations of all sizes, with terms up to 30 years. The SBA determines eligibility based on the size of the applicant, type of activity and its financial resources. Loan amounts and terms are set by the SBA and are based on each applicant's financial condition. The working capital loans may be used to pay fixed debts, payroll, accounts payable, and other bills that could have been paid had the disaster not occurred. The loans are not intended to replace lost sales or profits.

Information and application forms may be obtained by visiting sba.gov/disaster, by calling (800) 659-2955, or (800) 877-8339 for the deaf and hard-of-hearing, or by sending an email to disastercustomerservice@sba.gov. Completed applications should be

mailed to U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

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Driving the back roads of Vermont's Northeast Kingdom in late August is a delight for gardeners who revel in peeks at flourishing gardens where sunflowers nod over fattening cabbages, heavy-laden tomato plants stand above squash plants running amok into lawns, and yards are lush green, with late-summer blooms flanking porches and front steps. A visit to Ardelia Farm, a flower farm in Irasburg, Vermont, ratchets up the pleasure of garden-viewing a thousand percent. The surrounding area has many classic New England farmhouses and barns, many of them maintained in picture-perfect conditions of which Martha Stewart would approve. But seven years ago, when Bailey Hale and Thomas McCurdy were searching for an affordable farm where they could raise some animals and make a living from their combined skills as a horticulturist and floral designer (Bailey) and a professional pastry chef (Thomas), they found their present work-in-progress — a humble farmhouse with various rundown sheds and barns and nearly 50 acres of fields sporting a healthy crop of burdock weeds. A bequest from Hale's grandmother Ardelia enabled them to buy the property and today the business bearing her name is run from a small home whose once-shabby siding has been replaced with clapboards stylishly painted gunmetal gray, set amidst a riotous garden of annuals and perennials.

The main purpose of our visit was to learn more about how Hale has become a successful purveyor of specialty sweet pea seeds, with four 30-by-160-foot greenhouses covering a half-acre of plants. The road leading to the greenhouses passes alongside the house, with a partially framed deck under construction, a greenhouse spilling over with a collection of carnivorous pitcher plants, a couple of happily rooting spotted pigs, some beef cattle, a thriving vegetable garden, a beautiful, lightly renovated barn where farm events are held, and huge cutting gardens of colorful annuals, including a striking variegated Solomon's Seal, hedges of rosy and green sedums and a blazing display of heliopsis "Burning Hearts," with dark purple stems and foliage, as well as woody

of sweet pea seeds. Anyone driving through the coastal valleys of Central California before about 1980 would have seen field upon field of colorful blooms at the peak of the sweet pea season. The fields, which were actively cultivated for almost a century, are now no longer. Fashions changed, and the cost of growing flowers in California became prohibitive. In addition, land values escalated rapidly in the face of development pressures. Climate change has also contributed to change in the sweet pea seed market as former growing regions like New Zealand and the Pacific Northwest become too hot.

There have been four or five years of bad harvests, Hale says. Fortunately, for the genus as a whole, sweet pea seeds can remain viable for 40 years. Some growers have a stock of precious seed in freezers and can bring them out and still plant them successfully.

The 200 sweet pea varieties in Ardelia Farm's greenhouses vary widely. Some are very ruffled Spencer types, others bi-colored or faintly striped. Their tones range from white and palest pastels to deep burgundy and royal blue. Hale has hybridized some varieties, and the description of the difficulty of pollinating sweet peas makes one marvel that there are thousands of varieties in the world. Sweet peas are self-pollinating: they pollinate before the blossoms even open. Thus, bees won't cross-pollinate a variety and its seeds will breed true. So to hybridize, Hale has to open a flower up and pollinate by hand, then plant the second generation. It's best, he says, if you have an idea of what you're breeding for — long stems, a particular color, or ruffled bloom. It would be nice, he says, to breed for heat tolerance, but no existing variety has a heat-tolerant gene. Hale offered a stem of one of his yet-unnamed hybrids, a white ruffled bloom with fine, deep-purple streaks and a delicate outlining of the purple around the edge of each petal. Hale will be updating his inventory after the October harvest, and other new varieties of seed will be offered.

On the day of our visit it was hot and humid, although Hale did comment darkly about seeing frost in three weeks. Inside the greenhouses the pods of peas were drying and turning brown and mesh gathering bags hung at the end of the rows in anticipation of the harvest. There's a lot of labor involved in the harvesting, all of it done by hand by Hale and two part-time employees. As bags fill, they are transferred to a drying room and later the pods are hand-cleaned and packed for shipping. In the seed section of the farm's website, along with photographs of the individual sweet pea types, Hale has highly detailed instructions on how to successfully raise sweet peas from seed, and they may surprise you. People always want to treat sweet peas as if they're tomatoes, Hale says, keeping them warm and cozy, but they like it cool, and full natural light is best.

Heading back through the farmyard we stopped to look in at the party barn, which until recently was shared with livestock. In the rustic, airy space with its long refectory-style tables, Hale and McCurdy currently host a monthly Brunch and Blooms event. McCurdy does the all-you-can-eat brunch buffet, using produce, eggs, and meat from their own and neighboring farms. To work off the food, guests are invited to take a self-guided tour around the farm before returning to the barn, where they can create their own floral arrangement to take home. Fabulous organic food and beautiful bouquets, found in the peaceful Vermont countryside — small wonder Brunch and Blooms is sold out for this season, but there's next year to look forward to.



The party barn at Ardelia Farm PHOTO: JOSH ECKELS

HOME & GARDEN

by Georgeanne Davis

A Visit to Ardelia Farm



A yet-unnamed sweet pea hybridized by Bailey Hale

PHOTO: JOSH ECKELS



Sweet peas in one of Ardelia Farm's greenhouses

PHOTO: JOSH ECKELS

perennials like hydrangeas, that furnish cut stems for some area florists. This is the downsized revision of a large cut-flower business Hale ran pre-COVID, when he sold stems to the New York wholesale market for event florists. Like the previous owners of Ardelia Farm, who probably kept a variety of income streams going to make ends meet — dairying, perhaps an egg business, selling some beef or pork, maple sugaring in early spring, cutting firewood in fall, raising a few Christmas trees or cutting balsam tips for wreath-makers — Hale and McCurdy have nimbly switch gears several times since arriving in Vermont. When his cut-stems business was going strong, Hale considered buying an additional property to house 10 or so seasonal workers, but news of a strange new virus made him hold back, which proved fortunate, as the market for event flowers completely collapsed during the pandemic. But while the market for cut sweet peas imploded, the market for Hale's sweet pea seed increased.

Vermont's climate is well-suited to sweet pea varieties and when Hale first observed that the 10 plants he was growing in a corner of a greenhouse were doing well, he increased their numbers to a thousand the following season and then to the current 15,000 plants. "They work here," Hale says of the delicate blooms. Further, there is currently a worldwide shortage

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Matters of Survival—
Birding with Don Reimer



Clockwise from top, juvenile peregrine, peregrine and pigeon, and green heron
PHOTOS: DON REIMER

Following decades of recovery efforts from the devastating effects of DDT pesticide through the 1960s, opportunities for Maine peregrine sightings have expanded in recent years. The Eastern falcon population (anatum) was historically rare and was considered extirpated by 1964. Under the Endangered Species Act, peregrines were delisted federally in 1999; however, Maine’s breeding population remains under endangered status. Its scientific name comes from the Latin word *peregrinus*, meaning “foreigner” or “traveler.” With two remaining subspecies in North America, peregrines range between western Alaska and southern Greenland and south to Mexico.

How are Maine’s peregrines doing? According to a 2020 Maine IF&W update, “the peregrine population consisted of 37 pairs with 29 breeding pairs documented. Of the 29 pairs that attempted to nest, 26 pairs were successful and hatched 62 chicks and produced 49 fledglings (~ > 28 days old), with 25 young observed at the flight stage. Most pairs were present on cliffs (54%) but also present on buildings (including lighthouses, 22%), quarries (11%), bridges (8%), and previously used osprey nests (5%).” Two local pairs nest in the Camden and Thomaston vicinities.

These swift falcons are thrillers any time of year, but the onset of fall shorebird migration broadens the falcons’ food options — and increases our odds for observations. Falcons are strictly aerial hunters that rely on lightning speed and uncanny maneuverability for success in capturing songbirds, shorebirds, ducks and rock pigeons in flight.

Depending on the situation, peregrines use alternate approaches of attack. Typically, they cruise the upper skies, before dramatically “stooping” to dive on intended prey. Stooping attacks reportedly reach speeds of 200 miles per hour. In pursuit of elusive, fast-

flying shorebirds, falcons strive to segregate individual birds, excluding them from the protection of tight flocking formations. Peregrines also perform reconnaissance or “test runs,” streaking lower to the ground, and occasionally stirring nervous or vulnerable birds into flight. Falcons can readily shift speeds, accelerating to make a kill. They may sit at prominent sentry points, a skyline tree or tall structure, surveying the scene for potential prey. Recently I witnessed one such attack at Weskeag Marsh, as two pokey green herons casually stroked their way across the open marsh. With both herons in my binocular view, a juvenile falcon rocketed from a nearby perch, delivering a forceful, lethal blow to one of the herons. A puff of heron feathers confirmed the kill, as the falcon made its way back to a feeding perch. The falcon had little problem transporting the limp heron in his thick talons. Next the peregrine systematically plucked at the heron’s outer body feathers, yanking sharply on several wing feathers. A sharp notch-like projection on the bill, the “tomial tooth,” functions effectively as a flesh-severing tool. With small herons or pigeon-sized prey, a falcon generally takes about 40 to 60 minutes to complete a meal.

As a field trip leader, I’ve heard participants express mixed sentiments while witnessing all-out falcon-prey chases. Sometimes conflicting viewpoints may emerge: those folks rooting for the falcon, and those rooting for its fleeing prey! I’m reminded of a fall field trip session with teenaged birders, when a peregrine entered the picture. Soaring above the marsh, the falcon soon engaged a swirling flock of yellowlegs and dowitchers. The falcon’s obvious speed and whipping flight drew a Top Gun-inspired chant from some watchers: “GO!, GO!, GET ‘EM!!!” Other observers were hopeful the shorebirds might possibly escape the falcon’s closing vice. The speeding peregrine grew fully engaged, knocking one tumbling dowitcher into the high marsh grasses. “What do you think?” I asked the group. “Should we intervene and retrieve that injured bird?” After brief, but thoughtful, discussion, the group reached its consensus: “No, we should let nature take its course.”

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Above, David Porter leading a workshop; at right, Mycena leaiana, and at far right Calvatia gigantea (giant puffball) PHOTOS: ROGER RITTMASER

Coastal Mountains Walk: Mushrooms & Other Fungi

Coastal Mountains Land Trust will host a walk and presentation called “Mushrooms and Other Fungi,” led by David Porter, on Saturday, September 18, from 10 a.m. to noon at the St. Clair Preserve at Knights Pond in Northport. The walk is part of the Coastal Mountains Nature Program. Due to the ongoing pandemic, it is requested that those attending be vaccinated against COVID-19.

Porter, emeritus professor of mycology at the University of Georgia, will share his broad and in-depth knowledge

of mushrooms. During the first hour, attendees will collect mushrooms along the many and varied trails in and around the preserve, then meet to identify the mushrooms and talk about their biology and ecology during the second hour.

To get to the St. Clair Preserve, take Route 1 to Northport, turn west on Beech Hill Road for 2.3 miles and turn left on Knights Pond Road for 1.8 miles to the end of the road. For more information, visit coastalmountains.org.

Learn Ferns and Fern Ecology at Erickson Fields

Hildy Ellis, recently retired program manager for Knox-Lincoln Soil and Water Conservation District, will demonstrate how to identify some common ferns on Saturday, September 11, from 10 a.m. to noon at Maine Coast Heritage Trust’s Erickson Fields Preserve, located at 164 West Street in Rockport. Attendance is limited to 12.

Identifying commonly seen ferns is not difficult; unlike flowering plants, ferns tend to look the same all season, so there is just one set of characteristics to learn. In addition to sharing identification tips, Ellis will discuss fern natural history, reproduction and ecology.

Participants will meet at the Erickson Fields kiosk and follow the trail around the woodland loop and should wear sturdy shoes and weather-appropriate clothing. Face masks are required. Those who have one are encouraged to bring a hand lens or magnifying glass. “Quick Guide to Common Ferns of New England” by Ariel Tah will be provided to all participants; copies of “Fern Finder” by Barbara Hallowell will be available to use and to purchase.

To register, visit aldermere.org/fern-walk or call 236-2739.

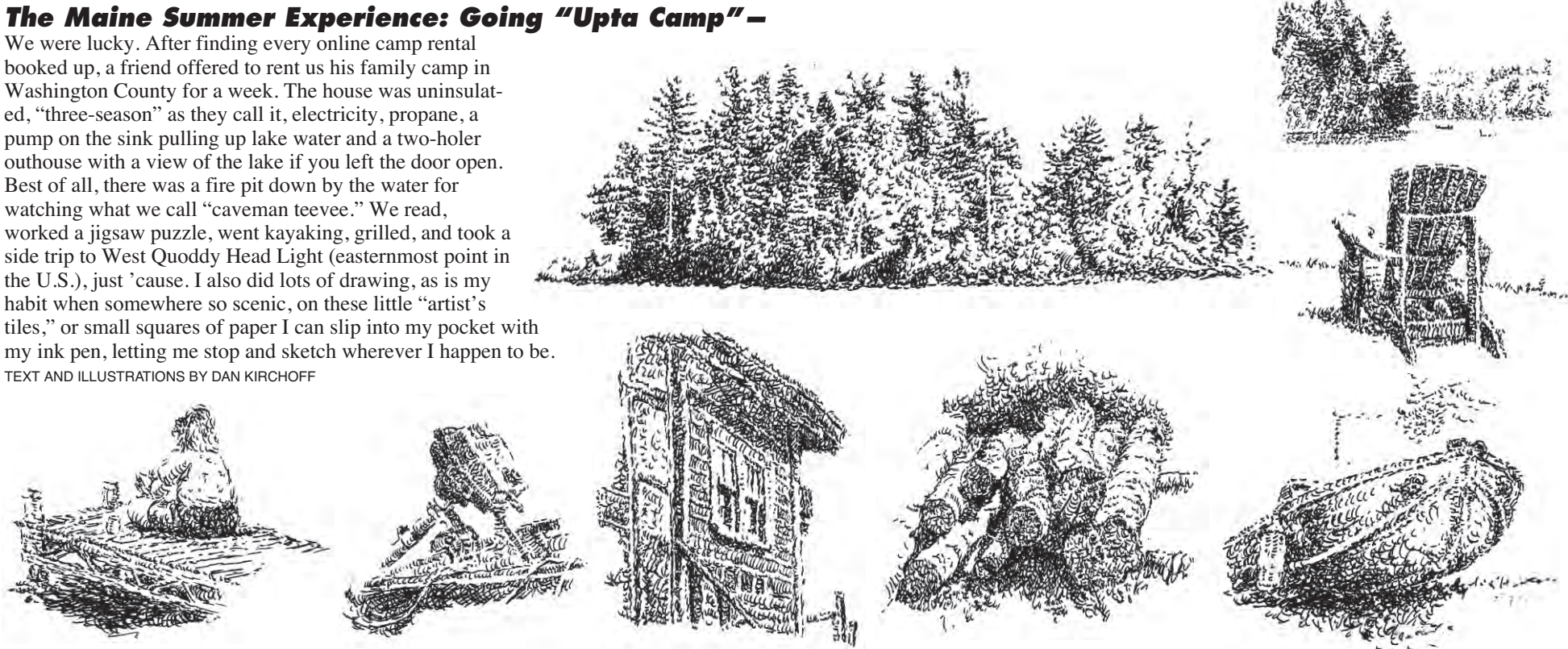


The woodland trail at Erickson Fields Preserve

The Maine Summer Experience: Going “Upta Camp” –

We were lucky. After finding every online camp rental booked up, a friend offered to rent us his family camp in Washington County for a week. The house was uninsulated, “three-season” as they call it, electricity, propane, a pump on the sink pulling up lake water and a two-holer outhouse with a view of the lake if you left the door open. Best of all, there was a fire pit down by the water for watching what we call “caveman teevee.” We read, worked a jigsaw puzzle, went kayaking, grilled, and took a side trip to West Quoddy Head Light (easternmost point in the U.S.), just ‘cause. I also did lots of drawing, as is my habit when somewhere so scenic, on these little “artist’s tiles,” or small squares of paper I can slip into my pocket with my ink pen, letting me stop and sketch wherever I happen to be.

TEXT AND ILLUSTRATIONS BY DAN KIRCHOFF



Rockland Area Tides August 31 to September 7				
	High AM	High PM	Low AM	Low PM
Tuesday	6:23	6:34	12:03	12:14
Wednesday	7:24	7:32	1:01	1:11
Thursday	8:20	8:27	1:58	2:06
Friday	9:11	9:16	2:51	2:57
Saturday	9:57	10:01	3:39	3:45
Sunday	10:38	10:42	4:23	4:29
Monday	11:16	11:23	5:03	5:11
Tuesday	11:53	---	5:43	5:54

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FORECAST for Knox County

Tuesday Night Partly cloudy, with a low around 63. West wind around 5 mph.

Wednesday Partly sunny, with a high near 73. Northwest wind around 5 mph becoming west in the afternoon.

Wednesday Night Showers likely, mainly after 2am. Mostly cloudy, with a low around 61. Chance of precipitation is 60%.

Thursday Showers likely. Mostly cloudy, with a high near 67. Chance of precipitation is 70%.

Thursday Night Mostly cloudy, with a low around 58.

Friday Partly sunny, with a high near 69.

Friday Night Mostly clear, with a low around 57.

Saturday Sunny, with a high near 70.

Saturday Night Partly cloudy, with a low around 59.

Sunday Partly sunny, with a high near 70.



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Vintage Motorcycle Fest at Transportation Museum

Owls Head Transportation Museum, located at 117 Museum Street, will hold its annual Vintage Motorcycle Festival on Saturday and Sunday, September 4 and 5, from 10 a.m. to 3 p.m. each day. In addition to motorcycles, the event will feature a car show, live demonstrations, an open-air cafe, aircraft demonstrations and vintage car rides.

The gathering attracts hundreds of antique motorcycles from all over New England, with marques including Triumph, Harley-Davidson, Indian, Honda, Ducatti and BMW, interspersed with rare and obscure antique bikes from the world over. Designated space inside the gates and alongside the show ground will be reserved for owners to display their late-model motorcycles.

Exhibitors are welcome. Those exhibiting any classic, custom or special-interest vehicle that is 20 or more years old, or any Japanese-manufactured motorcycle from any production year, will receive free admission for themselves and a passenger.

Twenty-minute scenic biplane rides will be available for purchase, weather permitting.

Admission is \$18 for adults, \$16 for seniors, free for youth ages 17 and under and retired/active-duty military personnel (uniformed services ID required).

The museum follows Maine CDC guidelines and recommends that all attendees wear face coverings while inside museum buildings.

For more information, visit owlshead.org, call 594-4418 or email info@owlshead.org.



Exhibition marks 20 years— 'September 11: The Day That Changed the World'

Camden Public Library will display an exhibition curated by the 9/11 Memorial and Museum called "September 11, 2001: The Day That Changed the World" throughout September from 1 to 5 p.m., Monday through Friday, in the history center on the library's second floor.

Using 14 posters, the educational exhibit presents the history of 9/11, its origins and its ongoing implications through the personal stories of those who witnessed and survived the attacks. It explores the consequences of terrorism on individual lives and communities at local, national and international levels and encourages critical thinking about the legacies of 9/11 using archival photographs and images of artifacts from the museum's permanent collection.

In addition to the exhibit, the library has compiled a list of books and DVDs that feature individual accounts and historical narratives of the event that is displayed on the main floor near the entrance to the Picker Room. To view the list online, visit librarycamden.org/event/9-11.

Visit tinyurl.com/623jb47n for more information about the exhibit, or email press@911memorial.org with questions.



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17th edition of CIFF—
Film Festival Announces
Slate for Hybrid Event

The Camden International Film Festival (CIFF) has announced the slate of feature and short films for its 17th edition, which will take place in person Thursday through Sunday, September 16–19, at venues in Camden and Rockland, and online September 16–26 for audiences across North America.

The festival and its concurrent artist programs will constitute one of the largest gatherings of the documentary community since the start of the global pandemic’s impact in spring 2020.

A program of the Points North Institute, CIFF is one of the top documentary film festivals in the world. This year’s festival will present 37 features and 33 short films from over 30 countries. CIFF is recognized as a growing platform for championing the next generation of nonfiction storytellers; 52% of the films presented this year are directed or co-directed by People of Color. Since 2017, the festival has been committed to gender parity across all sections and competitions; 57% of this year’s slate of films have been directed or co-directed by women.

The festival will open with National Geographic Documentary Films’ “Becoming Cousteau,” from two-time Oscar-nominated filmmaker Liz Garbus, about the iconic undersea explorer and filmmaker who tried decades ago to warn the world about the climate crisis.

CIFF will close its in-person festival on Sunday, September 19, with NEON’s Sundance Grand Jury Prize winner, “Flee.” Recounted mostly through animation by director Jonas Poher Rasmussen, the film tells of Amin Nawani’s extraordinary journey as a child refugee from Afghanistan.

In total, nearly 50 filmmakers are expected to converge in Maine for the festival, and films will be exhibited in person in four venues, including the festival’s recently built Shotwell Drive-In and a new pop-up cinema designed for social distancing that seats 250, housed inside a 12,000-square-foot boat barn at Journey’s End Marina in Rockland. Organizers also announced that the festival will continue with its Filmmaker Solidarity Fund, a one-of-a-kind funding model established in 2020 that redirects 50% of all revenue from CIFF’s virtual pass and ticket sales back to participating filmmakers.

Festival highlights include Showtime Documentary Films’ new feature about the most iconic figure in film history, “The Real Charlie Chaplin,” in which directors Peter Middleton and James Spinney were given access to a personal archive of the silent-movie star that includes previously unknown material; Robert Greene’s latest feature, “Procession,” which explores the intertwined stories of six survivors of childhood sexual abuse by Catholic priests; and National Geographic Documentary Films’ “The Rescue,” by Oscar-winning directors Jimmy Chin and E. Chai Vasarhelyi, about the famous 2018 rescue of 12 Thai boys trapped in a cave.

Nearly half of the feature films are presented as major premieres, including the U.S. premiere of Payal Kapadia’s “A Night of Knowing Nothing,” which recently won the prestigious Oeil d’Or award for Best Documentary at Cannes,



Above, film-goers fill the Camden Opera House for a pre-pandemic showing. Top left, Jacques Cousteau, in an image from the festival-opening documentary “Becoming Cousteau.” Top right, Festival attendees line the sidewalk in front of the Strand Theatre in Rockland for a previous live event.

Hot Docs Grand Jury Winner, “Ostrov — Lost Island,” by Svetlana Rodina and Laurent Stoop, and Penny Lane’s “Listening to Kenny G.”

“Much like our festival this year, our 2021 slate celebrates documentary as a reimagining of the ways we engage with stories from both near and far,” said Ben Fowlie, executive and artistic director of the Points North Institute and founder of the Camden International Film Festival, in a news release. “As programmers, we have been transformed by these films. And in a moment when we are all feeling the forced distance between us, we are grateful to the filmmakers who have made these works of art and shared these stories with us. Cinema is a beacon, and there is no question that the near seventy films that will be presented both in person and online at CIFF are, all in their own way, a light in the dark.”

Storyforms, CIFF’s exhibition of immersive documentary experiences and installations, will include a collection of work by Simon Liu, a film artist whose work has been featured at festivals and museums across the world for its exploration of his place of origin in Hong Kong through alternative documentary forms, diary films, and multi-channel video installations.

A complete list of the program’s feature films can be found at pointsnorthinstitute.org/ciff.

Exhibition of Works by
Artist Marjorie Strauss

“Happy Sad,” hand-cast
gypsum aggregate wall
planter

The Granite Gallery, located at 68 Main Street in Tenants Harbor, will hold an exhibition of works by artist Marjorie Strauss Saturday through Tuesday, September 4–7, from 11 a.m. to 4 p.m. There will be an opening reception on Friday, September 3, from 5 to 8 p.m.

Strauss has worked as a graphic designer for many years, but her art training was as a painter. Having had more time in the studio this last year, she has begun to revisit three-dimensional work using images from the mystery of symbolism, faces and the many masks people wear.

Visit marjoriestrauss.com for more information about her work.



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LETTERS / OPINIONS *continued from page 3***Honoring God and Neighbor**

I am a Christian and General Michael Flynn is taking his “Christian faith” on a “Reawaken America Tour.” He wants to get fellow Americans to “effectively fight our true enemy (Satan), embrace values we presumably hold in common and then rally around them.” To wit he suggests, “When you fly the flag, you signify your affiliation with the ideology of liberty on which our nation was founded. You believe in inalienable rights for all Americans. You believe that government should derive its power from the voice of the people. In short, you believe in the idea of America.” He adds that “Our enemy is spiritual wickedness in high places, which flourishes when the light of public accountability is dim.”

This last quote is strange to see from a man jailed and absolved of accountability by a presidential pardon from a president who himself escaped accountability for 1) trying to get Ukrainian leaders to drum up false charges against Joe Biden and later 2) for inciting a mob to storm the Capitol to stop the certification of Biden’s election. Washington Post fact checkers found Trump averaged 21 lies per day over the course of his four-year term. And so far Flynn has not called out the big lie claiming his former boss actually won his reelection bid. So much for accountability.

When Flynn notes that Satan is our enemy along with spiritual wickedness in high places he forgets, or his brand of Christianity obscures, the fact that ideas exist on a continuum of good and evil. So when he lifts up the flag and Pledge of Allegiance, he, as a Christian, is also forgetting what Jesus said about idols. “Where your treasure is, there your heart will be also.” If your treasure is wrapped in nationalistic clothing like a flag, Christians should be asking how this squares with Jesus’ admonition to “seek first the kingdom of God and His righteousness and all that’s needed will be added to your life.” Of course this assumes the goodness of both oneself and one’s neighbor, a hard assumption to make in the wake of self- and neighbor-hating vaccine resistance.

Common values, I’m arguing, are the bane of small minds still mired in a WASP mentality that accepted slaves as lesser beings in order keep Southern slave owners on board for the founding. It was this same “mind” that saw no injustice

in getting tax dollars for WASP schools while denying public funding for immigrant Catholics and their schools.

The ideology of liberty has its good side in various freedoms, freedoms that assumed the unholy alliance of New England piety with the existence of slavery. In American history these freedoms and their rights go together, but Flynn forgets that these, to have lasting traction, have to be tied to love for both God and neighbor and this cannot be sustained by compromised versions of Christianity. Rather it breeds Flynnitus.

The capper for my brother in Christ is his genuflect to “the people” as the source of government power. He must not know what Jesus said to Pontius Pilate before being crucified. “You would have no power over me if it were not given to you from above.” So though we vote to give people legislative power, that power is meant to be used in a way that honors both God and neighbor. In a biblical framework this signals a rejection of power as a goal because biblical religion revolves around a God whose rain and sun come to all even to those who deny His existence meaning all not just the well established deserve representation.

Common values are not a basis of unity. What we really have in common as Americans is that we are members of different value communities living in an increasingly diverse country. The last bastion of common values to which many WASPs have flown is the Republican Party, a party that pretends to have faith-based sympathies but in reality has lost touch with the Old Testament prophets and core details of the biblical narrative.

The mindset of Flynnitus is frightening. But the seeds for it were planted by the compromised faith of the many early Americans who used slave labor and by founders who not only valued the common-good notions of classical thinkers but were also enamored by the ideas coming out of the God-hating French revolutionists. New England piety, though compromised, still upheld some measure of limits. For many reasons even this has all but lost traction in America. To sustain hope for the future and accommodate diversity we need to shift out of an electoral system that assumes WASP prevalence and into one that reflects a more godly tolerance for the diversity that now exists. Proportional Representation honors both God and neighbor regardless of beliefs because it values principle over power mongering and virtually guarantees minority representation. Supporters or critics can contact me here: lalantoth@aol.com.

Alan Toth, Rockland

Donations Sought for Church Steeple Lighting

First Church in Belfast, United Church of Christ, is seeking funds to illuminate the historic building’s newly repaired steeple. Lights were removed during the renovation.

There has been discussion about installing colored lights to be used for particular occasions.

Email office@firstchurchinbelfast.org to support the lighting project, or deliver or mail a donation to the church, located at 8 Court Street, 04915.

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INGOODCOMPANYMAINE.COM**Mountain Bike Skills Class at Hidden Valley Center**

Midcoast Conservancy will offer the last in a series of mountain bike skills classes at Hidden Valley Nature Center, located at 131 Egypt Road in Jefferson, on Saturday, September 18, from 2 to 4 p.m. The cost is \$10, including a rental bike if needed.

The session, called “Progression,” will focus on how to corner properly, handle speed, make drops and make wheelies. Guides will lead riders to “hidden gems” locations at HVNC that will challenge their skills and help them progress.

Midcoast Conservancy is also renting fat-tire bicycles at Hidden Valley on Saturdays from 10 a.m. to 4 p.m. Those who wish to explore the 30 miles of trails at HVNC can rent a bike and helmet and get suggestions from staff about a route.

To register, go to midcoastconservancy.org.

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Kibbe Works on View at Saltwater Artists Gallery



“Winter White,” pastel by Sue Kibbe

The Saltwater Artists Gallery, located at 3056 Bristol Road (Route 130) in New Harbor, is showing works by Sue Heil Kibbe. The painter and teacher specializes in portraiture and is a member of the board of the Boothbay Region Art Foundation.

The gallery is open every day from 10 a.m. to 5 p.m. For more information, visit saltwaterartists.com.

Watershed Center for the Ceramic Arts Endowment

Watershed Center for the Ceramic Arts in Newcastle recently received a \$3 million endowment from the Windgate Charitable Foundation to support the organization’s programs and operations. Watershed serves artists working in clay through residencies, workshops, kiln-firing facilities and exhibition opportunities. The endowment will provide a sustainable stream of income and enable the nonprofit to expand and diversify its programs.

The Windgate Foundation’s new programming and operations endowment is in addition to the organization’s earlier support for capital improvements. While the foundation and Watershed have a long-standing relationship, this gift is the largest the center has ever received. The Arkansas-based foundation provides funding to institutions across the country that support visual arts and contemporary craft.

For more information, visit watershedceramics.org.

OBITUARIES

Paid print obituaries may be submitted to the advertising department of The Free Press. Contact admanager@freepressonline.com for more information.

NOTICES

Mona Shafter

Died Wed., Aug. 25, 2021
Age 83; Condolences and memories may be shared at www.bclfh.com.

David H. Maxwell

Died Fri., Aug. 20, 2021
Age 66; Condolences and memories may be shared at www.bclfh.com.

Shirley Mae Henley

Died Sat., July 24, 2021
Age 84; Condolences and memories may be shared at longfuneralhomecamden.com.

Toby C. Crane

Died Mon., Jan. 20, 2020
Age 70; Celebration of Life, Saturday, September 11, at the Camden Snow Bowl.

ART ON THE COAST
River Arts Hosts Show by Renuka O’Connell

“Color of the Human Race” by Renuka O’Connell

River Arts, a nonprofit arts center, located at 36 Elm Street in Damariscotta, is hosting a solo show of works by Brunswick artist Renuka O’Connell in the River Room through September 15.

O’Connell’s work in paint, assembly and embroidery has focused on systems that have affected Black Americans and asylum seekers.

For a decade, she has continued the work of her mentor, Kate Ransohoff, as an art coach at Turtle Art Studios in Massachusetts. Her work has appeared in the Union of Maine Visual Artists’ Maine Arts Journal, and she is a member of the group’s Artists Rapid Response Team. O’Connell is a writer as well as a visual artist; her prose appears in a book titled “A Different Story: How Six Authors Became Better Writers.”

For more information about River Arts, call 563-6868 or visit riverartsme.org.

Sale at Village Bookshop in Waldoboro

The Village Bookshop, located at 25 Friendship Road in Waldoboro, is holding a half-price sale through Saturday, September 4, on nonfiction, biographies and memoirs, history, classics, poetry, short stories and essays, as well as picture puzzles. All mass-market paperbacks, usually priced at \$1, are included in the sale. All proceeds benefit Waldoboro Public Library.

‘Great Event’ at Stockton Springs Community Library

The Stockton Springs Community Library will hold its annual fundraiser, a community yard sale called The Great Event, on Saturday, September 11, from 9 a.m. to 2 p.m. on the grounds of the library and town office. The event will be held rain or shine.

In addition to the yard sale, the event will feature a barbecue, bake sale, homemade donuts, children’s activities and more.

Raffle tickets will be available for purchase and the drawing will be held that day. Prizes include an adult tricycle and a Peter Rabbit baby quilt handmade by E.J. Pikulski. It is



not necessary to be present to win.

A few vendor spaces are still available and can be reserved by visiting the library during open hours.

This year’s event honors the late Basil Staples, one of the library’s founders and creator of the “Basil’s Bottles for Books” cart, proceeds from which have allowed the library to offer the latest books, audiobooks and DVDs.

All proceeds will benefit the library. For more information, visit stocktonspringslibrary.org or call 567-4147.

Artists’ Call from River Arts in Damariscotta

River Arts, a nonprofit arts center at 36 Elm Street, Damariscotta, is inviting artists to submit work for a juried show called “Artist’s Choice” to be held from September 14 through October 16. The deadline for submission is Saturday, September 11, at 4 p.m. Artists may choose works that best represent their styles and interests for the juried exhibition.



Simon van der Ven will be the juror for this show.

Van der Ven uses materials such as clay, paint and found objects to explore ideas of home, family and the relationship of humanity to nature. Van der Ven has taught as an adjunct professor at UMA-Rockland and Unity College and has been a resident artist at Anderson Ranch, Watershed Center for the Ceramic Arts and Haystack Mountain School of Crafts.

The show will include works in all mediums. Artists may enter two pieces with a size limit of 26" (in any direction), including frame, or one piece with a size limit of 48", including frame. There will be no exceptions. Diptychs are allowed; multi-piece works larger than diptychs are not.

Works must be delivered in person and must be gallery-ready and clean — no wet paint will be accepted. Wall pieces should be wired securely with picture wire and screw eyes.

The entry fee for members is \$15; \$25 for nonmembers. All works must be for sale and River Arts will retain a 35% commission on sold works. Notification of acceptance will be by September 15. Works not accepted should be picked up promptly.

Forms are available in the gallery or may be downloaded by visiting riverartsme.org. For more information, call 563-6868.

Juror Simon van der Ven

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Kids & Families First

The Power of One

"Don't upset your sister. Just be really careful what you say to her."

"We'll leave when he's ready and not before. I don't want to have a bad car ride."

"I walk on eggshells around my mother. I never know when she might explode!"

"Your brother is younger than you. Be nice to him, because otherwise he might have another meltdown."

"We never comment or disagree with her because we know she *must* always be right! She insists on having the last word on everything."

Possibly a few of the comments resonate with you. These situations all have the same thing in common: one person has the "power" and control, keeping family members living in fear, as they know all too well how tenuous the peace is. When a family environment is fraught with anxiety ("walking on eggshells") because one person has stolen and/or been given all the power, everyone feels unsettled. What makes them avoid, navigate around, give up control, or fear retaliation from this person? Perhaps we think of this as being more prevalent with adult children and their parents, although there are other dysfunctional dynamics in families or close relationships in which one person has the control. If power struggles erupt, each person struggles to win, to be right, to render the other powerless. Yet it usually takes very few heated battles before the more determined, power-hungry person wrestles full control.

Looking at relationships with power imbalances, the above quotes speak to the fear provoked in many families. One child might be volatile, or temperamentally challenging. Another might have erratic mood swings, keeping family members on edge. What easily and tragically happens is the family dances to the music this child, sibling, or adult is playing,

believing they're dependent on the one holding the power for their emotional well-being. "If I'm nice enough, if I just tread very carefully, maybe he won't melt down today." Just consider the power that person has relinquished! Healthy relational dynamics are shaped with the ebb and flow of listening and sharing, asking questions, moving through differences and agreements with mutual compassion and respect.

It's essential that we recognize our triggers, the "fight or flight" reactions to any perceived or real threat. If a child or sibling evokes a threat, the prefrontal cortex part of our brain can shut down; thus, we may do whatever it takes to establish a calm, peaceful transaction. After speaking with many parents and siblings who describe "walking on eggshells" around one of the children in the family, the question becomes: how much pain should the family endure? But even more importantly, what is at the root of this power imbalance? How did this start? I suspect there is some multigenerational transmission of unresolved issues with one or both parents. If this speaks to you, if you experience someone in your family wielding the power, perhaps your family navigates with trepidation around this person. Try being curious about your reactions. Reach down deep within to uncover the source of your fear. Ask yourself, what's the worst thing that can happen if we all share power in our family?

Of course, for a family member or close friend managing the effects of trauma, with its overwhelming emotions and circumstances, this can be difficult. While it's important to be supportive, helping to provide a safe, calm environment for her/his/their self-regulation, it's just as important to avoid enabling behavior that may traumatize the rest of the family. Intense acting-out behavior and/or emotional outbursts can be frightening, initially causing some parents and siblings to retreat, remaining silent and waiting for the "storm" to pass. Once this happens a few times, it's easy to

get stuck in a dynamic of relinquishing power to the person acting out, thereby "walking on eggshells."

So how do parents give their children the power they want while maintaining appropriate discipline? How can power struggles be avoided when children are demanding or defiant? How can balance and cooperation be achieved? The process of problem-solving in any relationship, engaging both children (young or grown) and parents or siblings, supports children in making decisions and confronting challenges by teaching them collaboration skills that bring win/win solutions. Power needs to be shared, never relinquished, with children engaged in finding solutions. Connective communication teaches children to think independently, building self-esteem and creating balance in the family. This requires us to be fully present, attentive, listening to understand the problem, not to fix it, then speaking to the emotional root of the acting-out behavior. The focus is on healing, with everyone's needs and mutual respect equally important.

"One must have chaos in oneself to be able to give birth to a dancing star." — Friedrich Nietzsche

Judith Hatch-Orme, MSW, LCSW, has an office at 69 Elm Street in Camden. A parenting specialist, counselor, consultant, and family mediator, she provides workshops; teacher trainings; parenting consulting; counseling for children, parents, couples and families; and divorce mediation. To schedule appointments or customize a workshop/staff training, contact her at 603-801-6382 or email kidsandfamiliesfirst@gmail.com.



Wreaths Across America Tour Will Visit Camden

The Wreaths Across America Mobile Education Exhibit will be at the public landing in Camden on Friday, September 17. The visit will take place in conjunction with American Legion War Memorial Post 30's POW/MIA remembrance event, which will start at 9 a.m. on the village green. All are welcome to attend. Public tours of the exhibit are free; social distancing, sanitation and COVID-19 safety procedures will be observed.

Names will be read of the 13 Maine military members who remain in an unaccounted-for status through many wars and conflicts.

The Mobile Education Exhibit features interactive dis-

plays, short films and shared stories, serving as a mobile museum and as an official station for Vietnam veterans.

Wreaths Across America is a nonprofit that places wreaths on veterans' headstones at Arlington National Cemetery and at 2,557 participating locations nationwide. To support purchase of wreaths, visit wreathscrossamerica.org.

For more information about the National POW/MIA Day remembrance in Camden, call Jeff Sukeforth at 236-3310.

Foster Parents Are Needed for Children of Many Ages

A Family for ME, a partnership between the Maine Department of Health and Human Services and Spurwink Services, actively seeks Maine families who are willing and able to parent children in foster care.

Foster parents are needed who can provide temporary care to babies and young children who are in the process of reunification with their birth families; who can accommodate larger sibling groups to allow siblings to remain connected in the same home; and who can provide care for older youth with challenging behaviors resulting from exposure to traumatic events. Families are also needed for older children for whom reunification with their birth

families is no longer an available option and for whom an adoptive family is being sought.

Children enter foster care through no fault of their own. Many entering foster care will be reunited with their birth parents or extended family members. Other children will need an adoptive home and sometimes foster parents become their child's adoptive family.

Children in foster care range from newborn to 21 years old, have experienced trauma and may have a hard time trusting adults. Some children may have emotional or physical challenges that have the best outcomes when the children are part of a family.

For more information, visit afamilyforme.org.

Maine Community Foundation—Proposals Sought for Land Protection Grants

The Maine Community Foundation's Maine Land Protection grant program seeks proposals from organizations and projects in Maine dedicated to helping Maine people access and connect to the outdoors. The deadline for applications is September 15.

The program provides grants for land acquisition or land conservation easement projects. Last year, \$250,000 was awarded to eight organizations, including Maine Farmland Trust in Belfast. This year, \$145,000 will be granted to four or five projects, with a maximum grant size of \$50,000.

Guidelines, the application and a list of 2020 grants can be found at mainecf.org. With questions, email Maggie Drummond-Bahl at mbahl@mainecf.org or phone (877) 700-6800.



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CALENDAR OF EVENTS

Submissions

to the *Calendar of Events* must be made by noon Wednesday before the Tuesday publication day. Send them, along with your contact information, to calendar@freepressonline.com or The Free Press, P.O. Box 1076, Camden, ME 04843-1076.

NOTEWORTHY

TUESDAY, AUGUST 31:

► **Searsport Sailing Families Tour at Penobscot Marine Museum**, Searsport, with time slots from 5 to 8 p.m. In the late 1800s, local sea captains sailed the world delivering goods to Europe, Asia and South America. Often, wives and children accompanied them. Guides will tell their tales on a stroll around campus. \$25 per family (up to 10 people): penobscotmarinemuseum.org.

► **SOLD OUT – Sunset Cruise on the Laura B**, from 6 to 8 p.m. Meet Herring Gut Learning Center's new executive director, Tom Mullin, as he guides passengers through Muscongus Bay. \$40 per person. Be on the dock by 5:45 p.m. Snacks provided. BYOB. Rain date: September 1. Register at herringgut.org.

WEDNESDAY, SEPTEMBER 1:

► **"The Fine Craft of Marine Model Making,"** 7 p.m. in the Old Town House on Town House Road in Union, just off the common. Professional marine model maker Jerome Morris of Union discusses his craft at the Union Historical Society program. His presentation includes 60 photos of small and large models dating from the 17th century to today including the USS *Estocin*, a guided missile frigate built in Bath; the Liberty Ship *S.S. John Brown*; a Pan Am Clipper off Midway Island; and the *S.S. Polias*, which wrecked off Port Clyde and is on display at Marshall Point Lighthouse Museum.

THURSDAY, SEPTEMBER 2:

► **Mac Smith Discusses "Peyton Place" at Rockland Public Library**, 6:30 p.m. The blockbuster film, considered scandalous at its release in 1957, was filmed in Camden and nearby towns. Smith will discuss how the movie came to Maine, who was involved in bringing it, and how local people reacted to having 20th Century Fox shooting a big-budget film in their front yards. Free.

FRIDAY, SEPTEMBER 3:

► **Friday Walking Tours of Historic Downtown Camden**, 4 p.m. every Friday through October 15. The one-hour tour tells of notable places and people as it meanders from Camden Public Library to the village green. Reservations: 236-3440. Free; donations to the library suggested.

SATURDAY, SEPTEMBER 4:

► **Vintage Motorcycle Festival at Owls Head Transportation Museum**, Saturday and Sunday, 10 a.m. to 3 p.m. both days. The annual gathering attracts hundreds of antique motorcycles from all over New England. With marques including Triumph, Harley-Davidson, Indian, Honda, Ducati and BMW interspersed with rare and obscure antique bikes. With more than a dozen rare, restored and replica aircraft in its collection, the museum will also offer antique aircraft demonstrations. Admission is \$18; seniors \$16; free for active military, veterans and youth.

► **U.S. Navy Blue Angels to Headline at Great State of Maine Air Show**, at Brunswick Executive Airport (BXM)

in Brunswick on Saturday and Sunday. Celebrating their 75th anniversary, the Blue Angels will fly their new F-18 Super Hornet aircraft. Tickets are available only at greatstateofmaineairshow.us. They will not be sold on-site during show days.

TUESDAY, SEPTEMBER 7:

► **"The Arctic, Maine, and the First Abrupt Climate Change Event of the Modern Era,"** via Zoom at noon. Merryspring Nature Center in Camden hosts glaciologist, climate scientist, and polar explorer Dr. Paul Mayewski. He will speak about his expeditions to observe Arctic ice and how atmospheric emissions from human activity are affecting the Arctic at a rate two to three times more than the rest of the planet. Learn what it means for the planet, and Maine. Free. Register by emailing info@merryspring.org.

COMING UP:

► **Museum of Maritime Pets Founder to Speak at Rockland Public Library**, Thursday, September 9, at 6:30 p.m. This event is free and open to all. Patricia Sullivan shows images of animals, from wild to domesticated, including pets and mascots cherished by their seafaring owners. Sullivan established the Museum of Maritime Pets in 2006. It researches and documents the lives of seafaring animals from ancient times to the present and promotes humane treatment of animals serving on board ships of all types. The museum shares space and collaborates with the Maine Lighthouse Museum in Rockland. Her talk at the library is free.

► **Coastal Mountains Land Trust Series: "A Geologic Ramble Around Fernalds Neck,"** Thursday, September 9, from 6 to 7 p.m. via Zoom. The fall and winter Coastal Mountains Land Trust series of nature talks with Camden Public Library kicks off with a presentation on one of the midcoast's nature preserves: Fernalds Neck. The presentation will be given by D. Brooks McKinney, emeritus professor

of geoscience at Hobart and William Smith Colleges. Register for the free webinar at librarycamden.org.

► **"Never Leaving This Boat — Fragments of a Blues Opera,"** Saturday, September 11, at 1 p.m. and 4 p.m. and Sunday September 12, at 3 p.m. with a community talk-back, at Steel House South Amphitheater, 639 Main Street, Rockland. Performances are outdoors on the waterfront. Playwright Michael Gorman uses Melville's 19th-century white whale as a metaphor for the modern plague of opioid addiction and explores the ruinous effects of the opiate epidemic on the commercial fishing industry in a tale that stretches across generations. For more information and tickets: fortyhourclub.com.

► **Inaugural Trekkers Cornhole Tournament at the Outback Saloon**, 13 River Road, Tenants Harbor, at 2 p.m. Saturday, September 11. With music by the Jukebox Bullies from 6 to 9 p.m. \$50 fee includes T-shirt. Call 691-0433 or 720-849-1262 to sign up.

► **"A Jazzy Celebration of the Gibbs Library,"** at Sweetgrass Winery & Distillery, 347 Carroll Road, Union, on Saturday, September 11, from 6 to 8:30 p.m. Cocktails, nibbles, music by Phil Clement and Lincoln Blake, and a door prize chance. \$20 tickets to benefit the library, located in Washington, are available at brownpapertickets.com or at the library.

MUSIC

► **Registration Open for Down East Singers**, rehearsals start Sunday, September 12, from 1 to 3 p.m., under a tent at St. John's Episcopal Church, Thomaston, and run to October 10 as the ensemble prepares for a concert of all-American music on Sunday, October 17, at 2 p.m. in Camden Amphitheatre. To learn more: 619-0423 or downeastsingers.org.

TUESDAY, AUGUST 31:

► **Free Concert by the Lincolnville Band**, at 6:30 p.m. at Breezemere, the bandstand next to Norton Pond in Lincolnville Center. Bring a chair, blanket and refreshments for the outdoor show. For more information, call 338-2440 during business hours.

CALENDAR continues page 29

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104 Beaucaire Ave Camden, ME
Proceeds support Penobscot Bay YMCA & One Community Many Voices
FMI & Register - megunticookracefestival.racewire.com



The plywood video booth where self-recorded recollections tell stories of September 11 in the documentary “Memory Box”

Films Old and New Screen at Shotwell Drive-In

The Shotwell Drive-In, located just off Route 1 in Rockport, will show two films the first week of September: “Memory Box: Echoes of 9/11,” directed by Bjørn Johnson and David Belton, on Thursday, September 2, and George Lucas’s “Star Wars: The Empire Strikes Back” on Saturday, September 4. Both screenings will start at 7:30 p.m; the venue will open at 6:30. Late entry may not be permitted.

The new documentary “Memory Box” tells the story of September 11 through personal, self-recorded recollections from a plywood video booth that have never been shown on film. Twenty years later, to mark the anniversary of September 11, the same eyewitnesses returned to the video booth to reflect upon the past two decades.

“The Empire Strikes Back” is the fifth film in the Star Wars series. Luke Skywalker (Mark Hamill), Han Solo (Harrison Ford), Princess Leia (Carrie Fisher) and Chewbacca (Peter Mayhew) face attack by the Imperial forces and its AT-AT walkers on the ice planet Hoth. While Han and Leia escape in the Millennium Falcon, Luke travels to Dagobah in search of Yoda. Only with the Jedi master’s help will Luke survive when the dark side of the Force beckons him into the ultimate duel with Darth Vader (David Prowse).

Tickets are \$20 per vehicle and are only available online. Visit pointsnorthinstitute.org to purchase, and to see the full summer schedule. Restrooms are available and food trucks will be present at some screenings.

Skatalites Concert at Strand Theatre Postponed

The Strand Theatre in Rockland has postponed a live concert featuring ska band The Skatalites scheduled for Friday, September 10, due to current local increases in COVID-19 transmission rates. Ticket holders will be contacted about refunds. Another date for the show has not yet been set.

For updates, visit rocklandstrand.com, call 594-0070 or email info@rocklandstrand.com.

Free Performance by Ukes Rock in Rockport

The Rockport Masonic Center, located at 361 Main Street, will hold a free lawn concert, the last of the season, on Wednesday, September 1, from 6 to 7 p.m. featuring Ukes Rock. A hat will be passed for the musicians. The show will be held indoors in the event of rain.

Hamburger and hot dog plates will be sold for \$10. There will also be a 50-50 raffle. Attendees are encouraged to bring a lawn chair or blanket.

For more information, call Jeff Sukeforth at 691-2270.

Camden Public Library’s Friday Film Club Returns

Camden Public Library’s Friday Film Club will resume online meetings on Friday, September 17, at 4 p.m. The club meets monthly on third Fridays and is open to all. In September, the group will discuss films that will be screened in the Camden Amphitheatre at the free Maine Outdoor Film Festival on Thursday, September 2, at 7:45 p.m. For those who are unable to attend in person, links to view some of the films online will be posted on the library’s website. Email jpierce@librarycamden.org for more details and to receive a Zoom link to participate in the September 17 discussion.

For more information, visit the “What’s Happening” adult events calendar at librarycamden.org.

New on DVD & Blu-ray

Released August 31—

IN THE HEIGHTS PG-13/Musical/Dir: Jon M. Chu (Stephanie Beatriz, Anthony Ramos, Melissa Barrera) Lin-Manuel Miranda’s pre-“Hamilton” musical. Set just outside the 181st Street subway stop in Manhattan, a kaleidoscope of dreams rallies the vibrant and tight-knit community. At the intersection of it all is a likable, magnetic bodega owner who saves every penny from his daily grind as he hopes for, imagines and sings about a better life.

Recent Releases—

THE CONJURING: THE DEVIL MADE ME DO IT R/Horror/Dir: Michael Chaves (Vera Farmiga, Patrick Wilson, Ruairi O’Connor) In this sequel to 2013’s “The Conjuring,” paranormal investigators Ed and Lorraine Warren investigate a murder that may be linked to a demonic possession.

DREAM HORSE PG/Comedy/Dir: Euros Lyn (Toni Collette, Owen Teale, Alan David) Small-town Welsh bartender Jan Vokes breeds an unlikely racehorse named Dream Alliance. Despite her inexperience, she convinces her neighbors to chip in their meager earnings to help raise the horse in the hope he can compete with the racing elites.

THE FATHER PG-13/Drama/Dir: Florian Zeller (Anthony Hopkins, Olivia Colman, Mark Gatiss) Anthony is 80, mischievous, living defiantly alone and rejecting the caregivers that his daughter, Anne, introduces. Yet help is also becoming a necessity for Anne; she hopes to move to Paris and can’t make daily visits anymore, and Anthony’s grip on reality is unraveling.

FRENCH EXIT R/Comedy/Dir: Azazel Jacobs (Michelle Pfeiffer, Lucas Hedges, Tracy Letts) Her husband has been dead for 12 years and, with his vast inheritance gone, socialite Frances Price cashes in the last of her possessions and resolves to live out her days in a borrowed apartment in Paris, accompanied by her directionless son.

GODZILLA VS. KONG PG-13/Thriller/Dir: Adam Wingard (Alexander Skarsgård, Rebecca Hall, Brian Tyree Henry) In a time when monsters walk the earth, humanity’s fight for its future sets Godzilla and Kong on a collision course that will see the two most powerful forces of nature on the planet collide in a spectacular battle for the ages.

THE HITMAN’S WIFE’S BODYGUARD R/Action/Dir: Patrick Hughes (Ryan Reynolds, Samuel L. Jackson, Salma Hayek) Bodyguard Michael Bryce and hitman Darius Kincaid are back on another life-threatening mission. Still unlicensed and under scrutiny, Bryce is forced into action by Darius’s even more volatile wife.

JUDAS AND THE BLACK MESSIAH R/Biography/Dir: Shaka King (Daniel Kaluuya, LaKeith Stanfield, Jesse Plemons) FBI informant William O’Neal infiltrates the Illinois Black Panther Party, tasked with keeping tabs on their charismatic leader Fred Hampton. A career thief with some sympathy for their cause, O’Neal must decide whether to betray the Panthers for his own advantage.

OUR FRIEND R/Drama/Dir: Gabriela Cowperthwaite (Casey Affleck, Dakota Johnson, Jason Segel) A journalist’s life is upended when his wife is diagnosed with terminal cancer. The couple’s best friend Dane offers to come and help; his kindness and support allow the family to find grace in the midst of despair.

QUEEN BEES PG-13/Comedy/Dir: Michael Lembeck (Ellen Burstyn, James Caan, Ann-Margret) Helen’s daughter insists she move into a retirement community after she locks herself out of her house while a fire rages in the kitchen. At first reluctant to stay there, she is invited into the social circle of the Queen Bees: a group of popular women.

A QUIET PLACE, PART 2 PG-13/Horror/Dir: John Krasinski (Emily Blunt, Cillian Murphy, Millicent Simmonds) Following the deadly events at home, the Abbott family must now face the terrors of the outside world as they continue their fight for survival in silence.

THE SPONGEBOB MOVIE: SPONGE ON THE RUN PG/Animation/Dir: Tim Hill (Tom Kenny, Bill Fagerbakke, Rodger Bumpass) When Spongebob Squarepants discovers his pet snail Gary has been kidnapped, he teams up with his best friend, Patrick Starr the starfish, to find out who has taken Gary and bring him home safely.

THE TRUFFLE HUNTERS PG-13/ Documentary/Dir: Michael Dweck, Gregory Kershaw (Piero Botto, Sergio Cauda, Maria Cicciù) In the forests of Piedmont, Italy, a handful of older men hunt for the rare and expensive Alba truffle, guided by a secret culture and training passed down through generations, as well as by the noses of their cherished and expertly trained dogs.

New Movies

Week of September 1–September 7

Short descriptions of new movies

CANDYMAN R/Thriller/Dir: Nia Dacosta (Colman Domingo, Vanessa Williams, Yahya Abdul-Mateen II) Anthony and his partner move into a loft in now-gentrified Cabrini. After a chance encounter with an old-timer exposes Anthony to the true story behind Candyman, he unknowingly opens a door to a complex past that unravels his own sanity and unleashes a terrifying wave of violence.

F9: THE FAST SAGA PG-13/Action/Dir: Justin Lin (Vin Diesel, Michelle Rodriguez, Jordana Brewster) Dominic is leading a quiet life off the grid with his family when a threat will force him to confront the sins of his past if he’s going to save those he loves. His crew joins to stop a world-shattering plot led by a skilled assassin: a man who also happens to be Dom’s forsaken brother, Jakob.

FREE GUY PG-13/Comedy/Dir: Shawn Levy (Jodie Comer, Ryan Reynolds, Taika Waititi) A bank teller realizes he is a background character — non-playable — in a video game called Free City that will soon go offline. Talk about an existential crisis.

GREEN KNIGHT R/Fantasy/Dir: David Lowery (Dev Patel, Alicia Vikander, Joel Edgerton) The story of Sir Gawain, King Arthur’s reckless and headstrong nephew, who embarks on a daring quest to confront the Green Knight, a gigantic emerald-skinned stranger and tester of men.

JUNGLE CRUISE PG-13/Adventure/Dir: Jaume Collet-Serra (Dwayne Johnson, Emily Blunt, Édgar Ramírez) Dr. Lily Houghton enlists the aid of wisecracking skipper Frank Wolff to take her down the Amazon in his dilapidated boat. Together, they search for an ancient tree that holds the power to heal.

THE NIGHT HOUSE R/Horror/Dir: David Bruckner (Rebecca Hall, Sarah Goldberg, Vondie Curtis-Hall) Reeling from the unexpected death of her husband, Beth is left alone in the lakeside home he built for her. Soon she begins to uncover her recently deceased husband’s disturbing secrets.

OLD PG-13/Drama/Dir: M. Night Shyamalan (Gael García Bernal, Vicky Krieps) A family on a tropical holiday discovers that the secluded beach where they are staying is somehow causing them to age rapidly, reducing their entire lives into a single day.

ON BROADWAY NR/Documentary/Dir: Oren Jacoby (Hugh Jackman, Helen Mirren, Christine Baranski) A contemporary history of Broadway. As audiences prepare for the return of live theater after an absence of 18 months, an all-star cast tells the inside story of the last time Broadway came back from the brink.

PAW PATROL: THE MOVIE G/Animation/Dir: Cal Brinker (Iain Armitage, Will Brisbin, Ron Pardo) Ryder and the pups are called to Adventure City to stop Mayor Humdinger from turning the bustling metropolis into a state of chaos.

THE PROTEGE R/Action/Dir: Martin Campbell (Michael Keaton, Maggie Q, Samuel L. Jackson) Rembrandt and Anna, two assassins who share a mysterious past from Vietnam, traverse the globe competing for high-profile contracts. But when Anna’s mentor is murdered, she and Rembrandt must form an uneasy alliance and return to Vietnam to track down his killer.

REMINISCENCE PG-13/Drama/Dir: Lisa Joy (Thandiwe Newton, Hugh Jackman, Rebecca Ferguson) A solitary veteran offers clients the chance to relive any memory they desire. His life changes when he meets a mysterious young woman and they enter into a passionate love affair. When a different client’s memories implicate his lover in a series of violent crimes, he must uncover the truth.

RESPECT PG-13/Biography/Dir: Liesl Tommy (Jennifer Hudson, Forest Whitaker, Audra McDonald) The rise of Aretha Franklin’s career, which began in childhood when she sang in her father’s church’s choir and progressed to international superstardom.

STILLWATER R/Drama/Dir: Tom McCarthy (Matt Damon, Abigail Breslin, Camille Cottin) An American oil-rig roughneck travels to Marseille to visit his estranged daughter who is in prison for a murder she claims she did not commit. Bill builds a new life for himself in France as he makes it his personal mission to exonerate his daughter.

THE SUICIDE SQUAD R/Action/Dir: James Gunn (Margot Robbie, Idris Elba, John Cena) Supervillains Harley Quinn, Bloodsport, Peacemaker and a collection of nutty cons at Belle Reve prison join the super-secret, super-shady Task Force X as they are dropped off at the remote, enemy-infused island of Corto Maltese.

CALENDAR OF EVENTS

CALENDAR continued from page 27

WEDNESDAY, SEPTEMBER 1:

► **Ukes Rock Band in Free Concert at Rockport Masonic Center**, 361 Main Street, 6 to 7 p.m. Hat passed for the band. Burger and hot dog plates with sides and ice cream for \$10. Rain moves it indoors. Bring a lawn chair or blanket. For more info, call 691-2270.

SATURDAY, SEPTEMBER 4:

► **SOLD OUT – An Evening with Tom Rush**, at Camden Opera House.
► **CANCELED – Barn Dance Band**, at Searsmont Town Library.

COMING UP:

► **POSTPONED – The Skatalites at Strand Theatre**, Rockland, on Friday, September 10.
► **Mondaynite Jazz Orchestra (MoJO) Concert in Camden Amphitheatre**, Saturday, September 11, from 3 to 4:30 p.m. Bring a blanket or lawn chair for the concert by MoJO, with a blend of traditional big band, Latin, funk, and blues. Patriotic tunes will also be performed in honor of the 20th anniversary of 9/11. Free.
► **DaPonte String Quartet at Old Walpole Meetinghouse**, in South Bristol, on Sunday, September 12, at 7 p.m. They'll play Mozart's String Quartet in C Major K. 465 ("Dissonance") and Shostakovich's String Quartet No. 8. They'll also play Saturday, September 25, at 5 p.m. at **Ocean View Grange in Port Clyde**. Go to daponte.org for details.

FILM

THURSDAY, SEPTEMBER 2:

► **Shotwell Drive-In Season Continues**, with "Memory Box: Echoes of 9/11," directed by Bjorn Johnson and David Belton, this Thursday, September 2, and George Lucas' "Star Wars: The Empire Strikes Back" on Saturday, September 4. Both screenings will start at 7:30 p.m. Tickets are \$20 at pointsnorthinstitute.org. The Shotwell is off Route 1 in Rockport.
► **Q&A with Director of "A Reckoning in Boston" at the Strand**, Rockland's downtown theater, 7 p.m. James Rutenbeck will answer questions after a screening of his film, a documentary about racial and economic inequalities and White privilege. Tickets are \$9. For more information, visit rocklandstrand.com.
► **Free Maine Outdoor Film Festival in Camden Amphitheatre**, 7:45 p.m. See a selection of short films, with themes like how humans relate to animals; the rigors of extreme outdoor sports; and the healing and inspirational power of the outdoors. The festival is free and open to the public (donations go to Camden Public Library and Teens to Trails). Bring a lawn chair or blanket. More information, the list of films, and a preview reel are at librarycamden.org. Rain date is Tuesday, September 7.

COMING UP:

► **17th Camden International Film Festival**, a documentary film festival produced by Points North Institute, set for in-person events in the midcoast September 16–19 and online September 16–26. To attend in person, you must be vaccinated against COVID-19. Details are at pointsnorthinstitute.org.

ARTS

► **River Arts Call to Artists "Artist's Choice,"** deadline for dropping off work is Saturday, September 11, at 4 p.m. Entry forms are available in the gallery and

can be downloaded from riverartsme.org. The entry fee is \$15 members, \$25 nonmembers. All submitted works must be for sale and River Arts retains 35% commission on sold works. "Artist's Choice" runs September 14–October 16. River Arts is at 36 Elm Street in Damariscotta and is open Tuesday to Saturday 10 a.m. to 4 p.m. and Sunday 11 a.m. to 3 p.m. For inquiries, call the gallery at 563-6868 or email info@riverartsme.org.

TUESDAY, AUGUST 31:

► **Art Time LIVE with Waterfall Arts of Belfast**, join Bridget Matros and a guest artist for the art adventure every Tuesday, streaming to its Facebook page and YouTube channel 4 to 5 p.m. To be a guest, email bridget@waterfallarts.org.
► **LCCT Auditions**, 5:30 to 8 p.m. at Lincoln Theater, 2 Theater Street in Damariscotta, for the 2021-22 season, which will include a fully staged play in November, a semi-staged spring musical in April, and a second play in June. Questions about auditioning for the theater's resident company, Lincoln County Community Theater, should be emailed to info@LincolnTheater.net.

WEDNESDAY, SEPTEMBER 1:

► **Art & Journaling Meetings on Zoom**, 4 to 5 p.m. Join Camden Public Library's creative group for a different project every Wednesday. Email alhand@librarycamden.org if you would like to be emailed project ideas and a link to the Zoom meeting.
► **"September 11, 2001: The Day That Changed Us" Poster Exhibit**, at Camden Public Library. Told across 14 posters, the exhibit presents the history of 9/11, its origins, and its ongoing implications through the personal stories of those who witnessed and survived the attacks. See it in the library's History Center from 1 to 5 p.m., Monday to Friday, September 1–30.

THURSDAY, SEPTEMBER 2:

► **"Robert Indiana and the Hartley Elegies,"** via Zoom at 4 p.m. Farnsworth Art Museum's chief curator, Michael Komanecky, focuses on Indiana and his Hartley Elegies series. The talk is in association with the downtown Rockland museum's exhibition "Robert Indiana: The Hartley Elegies," on view to January 2. It costs \$10 to attend the talk; free for members: farnsworthmuseum.org.
► **"Cyan: The Blues of Art-Making, Cyanotypes by Deborah Loughlin,"** at Camden Public Library September 2–28. The show features cyanotype works by Waldoboro artist Deborah Loughlin. Cyanotype is a photographic printing process that produces a cyan-blue print. "Visitors will be swept up in whimsy by Loughlin's imaginary maps, collage creatures, and boats made of memories." A portion of proceeds from art sold during the show will benefit the library.

FRIDAY, SEPTEMBER 3:

► **Explorations Read-Aloud for Adults**, Fridays at 11 a.m. on Camden Public Library's Facebook page and YouTube channel. Local thespian Joseph Côté will read aloud from Donna Tartt's Pulitzer Prize-winning "The Goldfinch."

SATURDAY, SEPTEMBER 4:

► **CMCA's ArtLab for All Ages in Rockland**, from 2 to 4 p.m. at Center for Maine Contemporary Art, 21 Winter Street. Youth and adults of all ages and skill levels are invited to take part in the free workshop, which will celebrate the Beautiful Blackbird Children's Book Festival event presented by Indigo Arts

Alliance. Participants will be able to choose from a variety of activities inspired by the book festival's online series and engage with this year's series of books. The free workshop will take place in CMCA's courtyard (indoors if raining). All materials provided.

COMING UP:

► **Fiber College Presents: Touchstones 2021**, September 9–12, at Searsport Shores Ocean Campground in Searsport. Learn more at makersguildmaine.org.
► **CMCA 2021 Distinguished Lecture by Chris Newell**, at Center for Maine Contemporary Art, 21 Winter Street, Rockland, on Friday, September 10, from 5 to 7 p.m. An educator helping lead the charge in decolonizing museum practice, Newell will speak on the need for reconnecting Indigenous knowledge to historic conservation and collection spaces, including museums and national parks. Newell is executive director of the Abbe Museum and senior partner to the Wabanaki Nations. Tickets are \$20 for CMCA members, \$25 for nonmembers and are available online at cmcanow.org. Capacity is limited to 80 seats and a reception will immediately follow the lecture.
► **Painters' Forum with Rob Pollien**, via Zoom on four Fridays, September 10, October 8, November 12, and December 10, from 1 to 3 p.m. Complete four oil or acrylic painting projects over four months with demonstrations, lectures, an online forum, discussion, and critiques. The projects will begin with palette management and color-mixing exercises and progress through a series of color-related painting problems. The work of Albers, Itten, and Zorn will be referenced, examined, and incorporated. The course is for experienced painters wishing to improve their control and understanding of form, composition, structure, color, and color mixing. \$180; \$144 for Farnsworth Art Museum members. Registration: farnsworthuseum.org.

HOME & GARDEN

► **Merryspring Flower Bulb Sale**, open to September 30. Daffodils, hybrid lilies, allium, hyacinth, camassia, crocus, two varieties of garlic. All of the plants are shown at merryspring.org, with height and price noted.

THURSDAY, SEPTEMBER 2:

► **"Creating Color and Interest in the Autumn Garden,"** 1 p.m. at Rockport Opera House, lower level, 6 Central Street. Rockport Garden Club hosts Stacy Leafsong, a professional horticulturalist who, along with her children, operates Leafsong Family Farm, a nursery and farm store in Belmont. They specialize in hardy roses, specialty perennials, unusual annuals, uncommon fruit trees and berry bushes, cut flowers and arrangements, and rare houseplants. Leafsong was introduced to horticulture through her family's rose nursery in southern Maine. The program is free and open to the public.

COMING UP:

► **Conservation Tour of Knox-Lincoln Soil & Water Conservation District**, on Thursday, September 9. The self-guided tour between 10 a.m. and 5 p.m. will highlight conservation practices at Merryspring Nature Center in Camden, Herbal Revolution Farm in Union, Wanderwood in Nobleboro, and Seacolors Yarnery at Meadowcroft Farm in Washington. There will be tours and speakers at each location. The tour costs \$25 mail-in or \$26 online. A bagged lunch is optional for \$15 mail-in and \$16 online. Register at knox-lincoln.org/conservation-tour.

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Rockport Masonic Center, Simonton's Corner Rockport

DINNER \$19.00

Includes:

A 1-1.1/8 Lb. Lobster, butter, ear of corn, roll, chips, and a generous slice of blueberry cake by Dessert Divas
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Extra Lobsters with dinner or cooked / uncooked Lobsters only to go will be \$10.00 each or less if boat prices drop. Orders of ten or more will be \$1.00 less. Please call in advance for 10 or more orders and price after Labor Day. Those with reservations by calling Doug Rackliff, 594-1909, Jethro Pease 342-5910 or Charles Knight 236-4667 before Sept. 15th will have priority seating.

To go dinners will not include butter (has been too messy for folks).

Health Safety requirements shall be followed as directed at that time

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Barrett's Cove Public Beach
104 Beaucaire Ave Camden, ME

Proceeds support Penobscot Bay YMCA & One Community Many Voices
FMI & Register - megunticookracefestival.racewire.com

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SEPTEMBER 1 TO SEPTEMBER 7



Wednesday, September 1 — Mars in Virgo has been opposite Neptune in Pisces since Tuesday and will be complete by tomorrow night. This aspect is known to set off misunderstandings. Don't make assumptions. The Moon is aspecting Saturn from 3:30 until 5:30 p.m. Negative thinking emerges. This will change. Venus in an awkward aspect with Neptune is stimulating idealism. It's more about attracting your ideal mate than it is about the person you're focusing on.

Thursday, September 2 — Venus continues aspecting Neptune until tomorrow. Idealism is present; try not to let the feelings of idealism set you up for a letdown. It happens. Mars opposite Neptune will end at 6 p.m. Don't get scammed during this time. The Moon in Cancer is making aspects to Venus, Neptune and Mars from 4:30 to 9:15 p.m. You are drawn to spending time with those with whom you feel comfortable.

Friday, September 3 — Venus ends her idealistic aspect with Neptune at midnight and becomes involved in a challenging aspect with Pluto today. Relationships that have been left hanging without completion will come up for reflection. Mercury is in a super-fine aspect with Saturn until tomorrow. With self-discipline you're able to write or teach what you've learned from your life. Clarity comes between 10:45 p.m. and 12:45 a.m. while the Moon is nicely aspecting Mercury. You know what you need to talk about that will inspire others.

Saturday, September 4 — Your concentration is fine because Mercury is in a super-fine aspect with Saturn until midnight. The Moon in Leo is in a challenging aspect with Uranus from 1:30 until 3:30 p.m., bringing out defiance. Venus remains in a challenging aspect with Pluto until tomorrow. What you want isn't what you need.

Sunday, September 5 — Venus ends her aspect with Pluto at 12 a.m. You might be in an emotional funk from 7:15 to 9:15 a.m. while the Moon in Leo is in an awkward aspect with Pluto. Your mood begins to shift while the Moon is opposite Jupiter from 8:30 until 10:30 a.m. You're able to see other options. Mars is aspecting both Jupiter and Pluto, finding you busy and energetic. The Sun is in a super-fine aspect with Uranus. You're thinking with your innovative mind. Venus is in a super-fine aspect with Jupiter, making this a fun time. All these aspects stay with us until Monday.

Monday, September 6 — A New Moon takes place with the Sun and Moon at 14 degrees of Virgo in a super-fine aspect to Uranus. Today is the beginning of a 29-day cycle filled with surprises and innovations. Let intuition guide you. The Sun will remain in a super-fine aspect with Uranus until Monday night. This New Moon is associated with the Jewish New Year, Rosh Hashanah, which is the time for letting go of the past and moving forward with dedication to higher principles. Our brothers and sisters worldwide are open to receiving our good thoughts and prayers.

Tuesday, September 7 — Mercury is in an awkward aspect with Uranus until Friday. Be careful with your words. Don't let anyone influence you. Think for yourself, take your sweet time. The Moon will be in a super-fine aspect with Pluto and Mars from 12 until 3:30 p.m. This aspect can bring realizations that propel you forward.

NOTE: Due to space constraints, this column has been edited. Read the full version at freepressonline.com.
Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 207-594-2565. Visit www.AstrologyWithAnanur.com.

CALENDAR OF EVENTS

► **Fern ID and Ecology Walk at Erickson Fields Preserve**, 164 West Street, Rockport, on Saturday, September 11, from 10 a.m. to noon. Hildy Ellis will lead a free fern identification and ecology walk along the 1.4-mile loop trail at Erickson Fields. Register online at aldermere.org/fern-walk or call 236-2739.

► **Online Farm Coaching Workshop**, 11 a.m. to noon Wednesday, September 15. The University of Maine Cooperative Extension hosts it for agricultural service providers and farmers interested in offering a farm coaching program. It will introduce the farm coaching model using the guide "Farm Coaching to Support Farm-Team Communication." Presenters include coaches Leslie Forstadt, a UMaine Extension human development specialist; Tori Jackson, an Extension professor of agriculture and natural resources; Polly Shyka, co-owner of Villageside Farm, Freedom; Abby Sadauckas, co-owner of Apple Creek Farm, Bowdoinham; and Karen Groat, a mediator and board member of the Maine Association of Mediators. The \$10 fee includes a copy of the guide. Register at extension.umaine.edu/register/shop. A portion of proceeds will be donated to Wabanaki REACH.

► **Maine DEP's Basic and Advanced Erosion Control Practices Certification Training for Contractors**, Thursday, September 16, at Union Town Office, 567 Common Road. The registration deadline is September 10. Training runs from 8 a.m. to 4:30 p.m. and includes morning refreshments and lunch.

Designed for excavation contractors, landscapers, well drillers, and other individuals involved with soil disturbance within the shoreland zone. The class will cover best management practices, applicable regulations and standards for projects, such as shoreline riprap and culverts, and natural resource impacts. Discuss will include vegetated buffers, erosion control planning and walk-through permitting and planning process. John MacLaine of Maine DEP will facilitate this course, which is necessary to become a Contractor Certified in Erosion and Sedimentation Control Practices by the DEP. Registration is \$60 mail-in and \$62 online. Details are at knox-lincoln.org.

► **Midcoast Conservancy Offers Mushroom Foraging Course**, Saturday and Sunday, September 11 and 12. Saturday's webinar from 6:30 to 8:30 p.m. is followed by field learning and collection on Sunday from 1 to 4 p.m. at Hidden Valley Nature Center in Jefferson. Workshop leader Greg Marley has been collecting, studying, eating, growing and teaching about mushrooms for decades. The cost is \$60; \$50 for Midcoast Conservancy members. The course will be offered again on Friday and Saturday, October 1 and 2. Register for either at midcoastconservancy.org.

► **Chainsaw Safety 2 at Hidden Valley Nature Center**, Jefferson, Saturday, November 6, from 8 a.m. to 4 p.m. at Hidden Valley Nature Center in Jefferson. Material from the beginner's course will be reviewed, such as personal protective equipment and safe handling. The primary focus will be on cutting techniques for bucking and directional tree felling. The course is designed for people who intend to manage their woodlot and process firewood. Completion of Level 1 training or a considerable amount of previous experience with a chainsaw is strongly recommended. Anyone with questions about their suitability for the course can contact instructor Tim Libby, at tim@midcoastconservancy.org. Register at midcoastconservancy.org.

COMING UP:

► **Back-To-School Take-Away Supper**, Sunday, September 12, with pick-up from 5 to 5:30 p.m. at People's United Methodist Church, 13 Chapel Street, South Thomaston. Menu: Elsie Brown's famous mac & cheese, buttered carrots, garlic bread, and a brownie. \$10 per meal. Preorders only, by September 9 at 9 p.m.; call Priscilla at 571-277-5184. Make checks payable to PUMC or have exact change. Proceeds will be used to support church and community programs.

KIDS & PARENTS

TUESDAY, AUGUST 31:

► **Rockport Public Library In-Person Storytimes**, 10:30 a.m. Aimed at kids up to age 5. Join Mr. Ben to read picture books and do a craft.

► **Outdoor Story Time at Jackson Memorial Library**, Tenants Harbor, Tuesdays at 10:30 a.m.

► **Virtual Breastfeeding Support Group**, Tuesdays from 12:30 to 2 p.m. The informal group provides interaction as well as individual assistance. Women wanting more information are also welcome. For online access: 301-3950 or journeytohealth.coursetorm.com.

► **LGBTQ+ Online Youth Group**, for ages 9 to 13, Tuesdays from 4 to 5 p.m. Hang out, try a workshop, play games and connect with peers. Visit OutMaine.org for details.

WEDNESDAY, SEPTEMBER 1:

► **Book Time for Babies with Miss Amy of Camden Public Library**, 10 to 11 a.m. Outdoor story times especially themed for toddlers and babies on Wednesday mornings in Camden Amphitheatre. Bring a blanket to sit on. Weather permitting. For information, email alhand@librarycamden.org.

► **LGBTQ+ Teen Group**, for ages 13 to 17, via Zoom on Wednesdays, 4 to 5 p.m. Hang out, try a workshop, play games and connect with peers. Go to OutMaine.org for details.

THURSDAY, SEPTEMBER 2:

► **Preschool Outdoor Story Time with Miss Amy of Camden Public Library**, from 10 to 11 a.m. An in-person story time every Thursday and Friday, especially for preschool-aged children. Bring a blanket to sit on. Weather permitting. For more information, email alhand@librarycamden.org.

MONDAY, SEPTEMBER 6:

► **Emerging LGBTQ+ Leaders Online Meetings**, for ages 16 to 22, Mondays from 3 to 4 p.m. Out Maine hosts the virtual meet-ups where LGBTQ+ young adults can share knowledge and increase their leadership and facilitation skills. Email leah@outmaine.org for details.



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FOOD & DRINK

FRIDAY, SEPTEMBER 3:

► **Belfast Farmers Market**, outside Waterfall Arts, 256 High Street, Fridays, 9 a.m. to 1 p.m., rain or shine. SNAP, Maine Harvest Bucks accepted.

► **Union Farmers Market**, at a new location, 27 Common Road, just off Route 17, Fridays, 3 to 6 p.m., through October 8. SNAP, Maine Harvest Bucks accepted.

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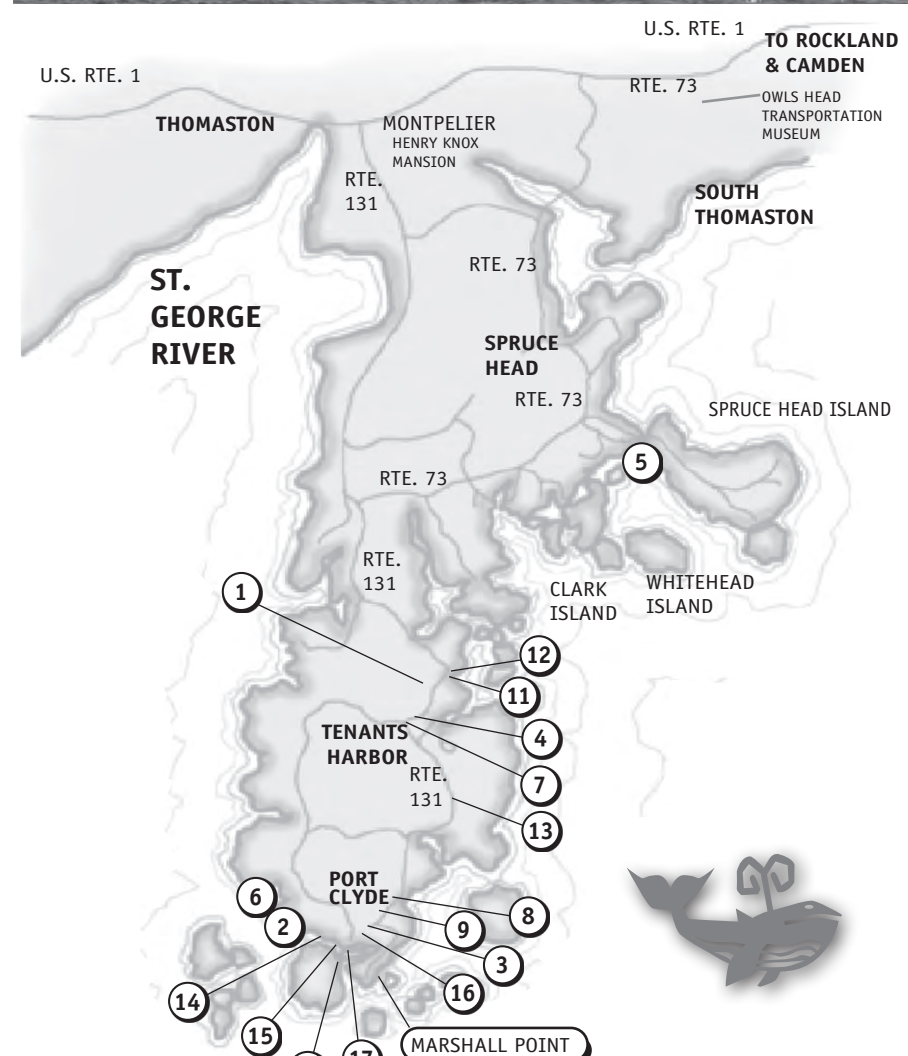
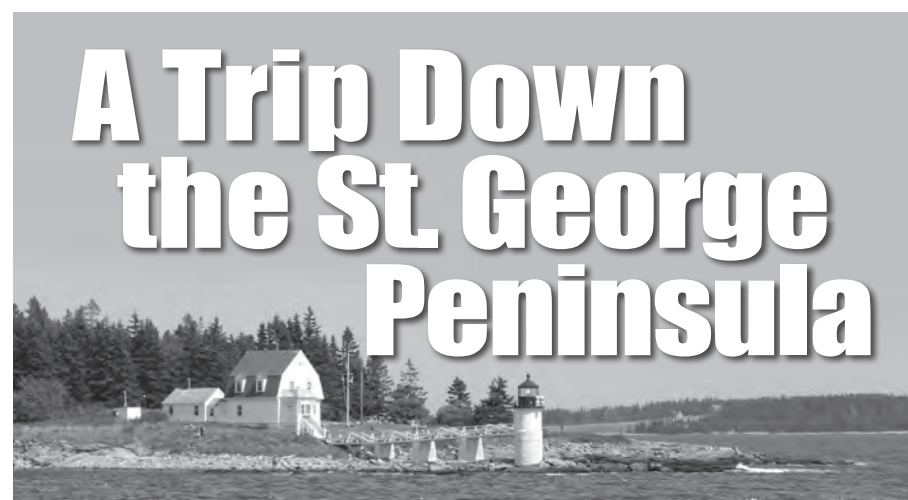
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One of Maine's loveliest drives awaits you when you turn off Route 1 onto Route 131 South (at the Montpelier Mansion). Enjoy approximately 15 miles of grand views — fields rolling down to the tidal portion of the St. George River — the charming village of Tenants Harbor — Port Clyde, departure point for Monhegan Island and home to the ever-so-photogenic Marshall Point Lighthouse & Museum. Heading back up Route 131, take Route 73 through Clark Island, Spruce Head and Owls Head for more of the best Maine has to offer. (Don't miss the reversing falls in South Thomaston and the spectacular Owls Head Lighthouse.)

You can also begin your travel down the St. George peninsula by taking Route 73 south out of Rockland. Explore Owls Head, South Thomaston, Spruce Head and Clark Island. At the junction of Routes 73 and 131S, turn left and continue through Tenants Harbor, on to Port Clyde — the end of the peninsula. To return, follow Route 131 back to Route 1 in Thomaston. Take your time — you'll be glad you did.

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CALENDAR

CALENDAR continued from page 30

COMING UP:

➤ **Virtual Class: “Gentle Birth,”** Wednesdays, September 8 to 29, from 6 to 8 p.m. The class combines brain science, birth science and technology to empower a positive birth through preparation. It will include training and education in mindfulness, hypnosis, cognitive behavioral therapy, and sports psychology. A mobile app will also be available to enhance the learning experience. The class is free but registration is required by calling 301-8337.

➤ **Virtual Postpartum Support Group,** Thursday, September 9, from 11 a.m. to 12:30 p.m. The group was created by women who have gone through challenging postpartum experiences or who have been educated on postpartum experiences. It is a safe place for new and pregnant mothers and families to talk, listen, get support and gain education on postpartum experiences. The free group meets second and fourth Thursdays of the month. For more information, call 505-4140. Registration is required to obtain access: journeytohealth.coursestorm.com or 301-3950.

➤ **Kites & Ice Cream in Rockport,** Coastal Mountains Land Trust hosts the annual end-of-summer event on Saturday, September 18, from 1 to 3 p.m. at Beech Hill Preserve. The event is free and open to the public; registration is required. Free kites will be provided to registered children, along with a coupon for a complimentary ice cream cone (ice cream will also be for sale for adults). To register a child, go to coastalmountains.org. An adult must accompany participating children throughout the event. In the event of inclement weather, Kites & Ice Cream will take place on Sunday, September 19.

MISCELLANEOUS

➤ **Puppy Raisers and Sitters Wanted,** by the Maine Region of Guiding Eyes for the Blind, for 14 to 16 months, to teach them basic skills and socialize them. Puppy raisers receive ongoing local support and free veterinary care. For details, email maineregion@guidingeyes.net.

TUESDAY, AUGUST 31:

➤ **Belfast Senior Center,** open to fully vaccinated people 60 and older, Tuesdays from 10 a.m. to 1 p.m. at Belfast Boathouse. Table games, puzzles and socializing. Details: BelfastSenior@gmail.com.

➤ **Leer y Charlar on Zoom,** 1 to 3 p.m. The Spanish language reading and conversation group is now meeting via Zoom. Join in to practice your Spanish. For more information and to request a link to attend, email Lynne Taylor at leerycharlar@gmail.com.

➤ **Knox Clinic Men’s Walking Group,** Tuesdays at 5 p.m. through September 28, rain or shine. Meet at the Knox Clinic parking lot, 22 White Street, Rockland. More info: 301-6993.

➤ **Healthy Lincoln County Weekly Meditation Group,** Tuesdays from 7 to 7:30 p.m. via Zoom. The group is free and everyone is welcome. For more info and to

register: 622-7566, ext. 236, or lemmons@healthylincolncounty.org.

➤ **End-of-Season Sale at The Village Bookshop,** 25 Friendship Road in downtown Waldoboro. A half-price sale on all adult books in its back room. Choose from hundreds of nonfiction books, biographies and memoirs, history, as well as classics, poetry, short stories, and essays. Picture puzzles are part of the sale. All mass-market paperbacks, usually priced at \$1, are included in this end-of-summer sale. The sale ends on Saturday, September 4. All sales proceeds go to support the Waldoboro Public Library. Shop hours are Tuesday through Friday 10 a.m. to 4 p.m., and Saturday 10 to 1.

WEDNESDAY, SEPTEMBER 1:

➤ **Black Lives Matter Vigils in Rockland,** Wednesdays at Chapman Park (corner of Park and Main, by Walgreens) from noon to 1 p.m. Everyone is invited. Wear a mask. More info at 385-7452 or smanning5757@gmail.com.

THURSDAY, SEPTEMBER 2:

➤ **Tai Chi in Camden Amphitheatre,** noon to 1 p.m. Instructor Anna Dembska leads classes for all levels. A portion of donations collected benefits the library. For more info and to sign up for weather notifications: camdentaiji@gmail.com.

FRIDAY, SEPTEMBER 3:

➤ **Yoga in Camden Amphitheatre,** 9 to 10 a.m. Take in views of Camden Harbor while being guided through a sequence of poses with certified instructor Denyse Robinson. All levels welcome. Donations accepted, with a portion going to Camden Public Library. For more info, and to sign up for weather notifications: 975-5325 or denyserobinson@gmail.com.

➤ **Online Chess Club,** with matches every Friday from 4 to 6 p.m. Members may also challenge other members at any time. Join at lichess.org/team/camden-chess-club. For more info, email Evan Annis at camdenchessclub@gmail.com.

SATURDAY, SEPTEMBER 4:

➤ **Clothing and Bake Sale at Broad Cove Church,** 89 Pleasant Point Road, Cushing, on Saturdays from 8 to 10 a.m. through September. Clothes are \$5 a bag.

➤ **Saturday Yoga in Camden Amphitheatre,** 8:30 to 9:45 a.m. Be guided through a sequence of yoga poses with certified instructor Denyse Robinson. All levels welcome. Donations accepted, with a portion going to Camden Public Library. For more information: denyserobinson@gmail.com or 975-5325. (Register to be contacted if classes are canceled.)

➤ **Salvage/Yard/Rummage Sale: “Own a Piece of Owls Head History,”** 9 a.m. to 2 p.m. The town of Owls Head has authorized Mussel Ridge Historical Society to sell all items from the Local Grange Hall No. 563 (at 4 Ash Point Drive, on the corner of North Shore and Ash Point) including vintage wood and cast iron folding theater chairs, wooden folding chairs, bureau, upright piano, tables, straight back chairs, china, glass and

flatware, podiums, 1935 Universal electric stove and oven, and many other items from the early to mid-1900s. All proceeds from this sale will benefit construction of the proposed Mussel Ridge Learning Center to be located behind and adjacent to the Owls Head Community Building at 224 Ash Point Drive. Cash or local checks. For more information, email history@musselridge.org or call 593-2667.

SUNDAY, SEPTEMBER 5:

➤ **Rockland Bicycle Club Weekly Ride,** meets at 9 a.m. Sundays at South School, 30 Broadway, Rockland. Wear a helmet. Rides continue through September, ending with the Rockland Classic, a ride to Marshall Point Lighthouse in Port Clyde. The Classic is free and open to all. For more information, visit the Rockland Bicycle Club’s Facebook page.

MONDAY, SEPTEMBER 6:

➤ **Camden Public Library’s Walsh History Center Hour on Zoom,** 1 p.m. The Walsh History Center will try to find an answer to your Camden history questions. Email kgross@librarycamden.org for the link.

➤ **Yoga Nidra in Camden Amphitheatre,** 4 to 5 p.m. Guided meditation led by health and wellness coach Hester Kohl Brooks. Bring something comfortable to lie or sit on. Free, donations accepted, with a portion going to Camden Public Library. For more information and to sign up: hesterkohlwellness@gmail.com.

TUESDAY, SEPTEMBER 7:

➤ **Yoga in Camden Amphitheatre,** 9 to 10 a.m. Take in views of Camden Harbor while being guided through a sequence of poses with certified instructor Denyse Robinson. All levels welcome. Donations accepted, with a portion going to Camden Public Library. For more info, and to sign up for weather notifications: 975-5325 or denyserobinson@gmail.com.

➤ **Tai Chi in Camden Amphitheatre,** noon to 1 p.m. Instructor Anna Dembska leads classes for all levels. A portion of donations collected benefits the library. For more info and to sign up for weather notifications: camdentaiji@gmail.com.

COMING UP:

➤ **The Great Event Returns to Stockton Springs,** Saturday, September 11, from 9 a.m. to 2 p.m., hosted by the Stockton Springs Community Library on the grounds of the library and town office. With a Giant Community Yard Sale, barbecue, bake sale, homemade donuts, children’s activities, and more. This year The Great Event honors the late Basil Staples, one of the library’s founders and creator of “Basil’s Bottles for Books” cart, which has allowed the library to offer the latest books, audiobooks and DVDs. To rent a space at the Giant Yard Sale, stop by the library. Spaces are approximately 10 x 15 feet and the cost is \$30. Organizations and crafters are also welcome to rent space in the Giant Community Yard Sale. The Great Event will be held rain or shine. For more info, call 567-4147.

➤ **Eighth Annual Maine Wisdom Summit,** Tuesday, September 21. It is open to all who are interested, and may be especially useful for health care providers, social service and behavioral health professionals, legislators, municipal officials, including planners, building developers, advocates and researchers. Learn more at mainecouncilonaging.org.

➤ **Knox County Homeless Coalition Announces Third Annual One Night Without a Home Event,** an awareness-building and fundraising event set up as a peer-to-peer fundraiser much like a walk-a-thon, meaning anyone can start a fundraising team, join a friend’s team, or simply donate to the event itself. Anyone who would like to participate or support the event with a donation should visit homehelphope.org/ONWAH2021 to find out more. The “sleep-out” begins Friday, September 24, ends at 6 a.m. on Saturday, September 25, and will be held on the village green in Camden. Educational programming is planned for participants throughout the evening.

➤ **Race Through the Woods Returns to Hidden Valley Nature Center,** in Jefferson on Saturday, September 25. Racers will have two course options: a 13.1-mile half-marathon or a 5.5-mile race. This single-loop course brings runners over steep hills, through the woods, past ponds and has about 1,000 feet elevation with lots of technical single-track. Fees are \$35 for the half marathon, and \$25 for the 5.5-miler. This race is currently capped at 125 entrants, with a waitlist. There will be no day-of registration. Prizes will be given to overall men’s and women’s winners at the finish line; no age group prizes. There will be two start times: half-marathon racers will start at 9 a.m., and 5-milers will start at 10 a.m. Midcoast Conservancy is asking that runners wear a face covering at the start/finish and while passing other runners, and strongly encourages that runners be vaccinated. Attendees can purchase beer from Sheepsfoot Brewing and food during the event. A limited number of long-sleeve technical shirts will be available for purchase when checking in on race day. Refunds will be allowed up to seven days before the race. In the event of a full race cancellation, all registered participants will have the choice of full refund, deferment to 2022, or donating their race fee to Midcoast Conservancy. To learn more and to register, go to midcoastconservancy.org/events/race-through-the-woods-3/.



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MARKET BASKET

MARKET BASKET RULES

Deadline is WEDNESDAY at NOON for the following TUESDAY issue.

Please read: As long as the total price of all your items is \$100 or less, it’s FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone — we do accept faxes (596-6698). Market Basket ads must be received by noon Wednesday for inclusion in the next week’s issue. NO BUSINESS, SERVICE or YARD SALE ADS qualify for the Market Basket. Ads that do not follow these guidelines cannot be printed.

FOR SALE

Brand New Steam Tent, great for weight loss, Wayfair sent by mistake, \$89. ananur@twc.com.

OEM 1967 Mustang Wheel covers, 14-inch, \$20 each or \$65 set. 230-1195.

Wonderwasher Personal Washing Machine, electric table top basket, great for RVs, new, \$50. 596-6004.

Weight Bench with leg lift and all the weights, \$25. 273-2807.

Ryobi Router, \$65. Router template guide kit, never used, \$20. 236-8525.

1-Person Backpacking Tent, Eureka Solitaire, only slept in twice, back in box, \$50. 785-5442.

Lovely German Soup Toureen from Soufflenheim, no cracks, lid included, can send pics, \$20. 563-7100.

Basketball Hoop Stand, Spaulding, mobile, good shape, \$30. Another one for \$15. 485-7130, Rockport.

Dartboard, made by Brookstone, solid wood casing, \$100. 596-6344.

Electronic Typewriter, Brother SX-4000, like new, \$95. 236-3583.

Vintage Marvin Window Fan, new in box, ’60s-’70s era, has two 8-inch fans, adjustable width, \$75. 230-1195. ■

Bolans Weedwacker, gas powered, excellent condition, \$35. 236-8525.

Microwave, Magic Chef, black, barely used, 17”L x 13”W x 10”H, perfect for college dorm room, \$20. 236-8672.

FREE

Free: Printer, Epson Stylus Photo R280, older model but still works fine, except with Apple’s Big Sur. 491-6549.

Free: 2-Year-Old Chicken Flock, 5 pullets and 1 mellow rooster (Brahmas and Barred Rocks). 763-3474, evenings.

Free: Queen Mattress and box spring, used seasonally, 4 years, also frame. 789-5140. ■

Wanted: Reliable Working Clothes Dryer for senior citizen. 230-7027, leave message.

- 1 Maximum number of Words per Ad = 20
- 2 Total of all items added together must be \$100 or less!
- 3 Ads must be priced or they cannot be run.
- 4 Wanted ads seeking items costing over \$100 cannot be run.
- 5 Only one ad per week per person/phone number.
- 6 No business, service or yard sale ads accepted.
- Use the regular classified ad form for these and all other ads which don’t fit the above guidelines — Ads that don’t follow these guidelines cannot be printed!
- 7 Market Basket Ads Automatically Run For Two Weeks.
- 8 Mail To: The Free Press MB, P.O. Box 1076, Camden, ME 04843-1076.
- 9 Sorry, we cannot take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698.
- 10 Do NOT copy this form and then fax it — copies from newsprint don’t fax well, and we can’t read them — write your ad on a white sheet of paper and fax that — remember to include your phone number.
- 11 And about the handwriting: If we can’t read it, we can’t run it.

Market Basket Ad deadline WEDNESDAY at NOON for the following TUESDAY issue.

WANTED

Wanted: Looking for Free Children’s Books in good condition for Little Free Library in Rockland (books will be free to kids). 596-3359.

FREE PRESS ADS WORK!

FREE PRESS CLASSIFIEDS

FREE PRESS HELP WANTED ADS WORK

SEE ALL OUR LISTINGS AT WWW.FREEPRESSONLINE.COM (CLICK ON THE CLASSIFIEDS LINK)

FREE ONLINE ADS AVAILABLE. MORE THAN JUST HELP WANTED TOO!

CALL STEVE DAVIS AT 207-596-0055 FOR MORE INFO.

YARD SALE

OWLS HEAD:
FABULOUS MOVING
SALE

51 Bayside West
Sat./Sun., Sept. 4 & 5,
8 a.m.-1 p.m.
(Rain dates, Sept. 11/12)
(8/31)

CAMDEN
MAKE ME AN OFFER
YARD SALE

54 Washington Street,
Sat., Sept. 4,
8 a.m.-1 p.m.
(Rain date, Sunday)
(8/31)

ROCKLAND

7 Trinity Street,
Sat., Sept. 4,
7 a.m.-noon

A little bit of everything,
antiques, jewelry, puzzles,
clothes.
(8/31)

LINCOLNVILLE CENTER

68 Heather Hill Road,
Sat.-Mon., Sept. 4-6,
8 a.m.-4 p.m.
Rain or shine.

Star Trek Collection,
wood doll house, Rainbow
vacuum, antique poker table,
household goods/decorations,
home & office furniture....
(8/31)

FIREWOOD

FIREWOOD — Cut and split
and delivered. 691-6758. (kr)

FIREWOOD — cut, split,
delivered. CFMI, 975-1147. (kr)

THE
REPUBLICAN JOURNAL
THE FREE PRESS
THE
COURIER-GAZETTE
THE
CAMDEN HERALD



Help Wanted

We're seeking an inside
sales/marketing representative
for our Belfast office.

This is a full-time position,
8am - 5pm, Monday - Friday and
includes a benefit package

Passionate about Sales?

Competitive salary plus
commission for a bright, motivated,
detail oriented person. Strong sales
experience, communication and
organization skills preferred.

Please send resume and
cover letter to: admanager@freepressonline.com

No calls or walk-ins please.

STORE CLERK POSITION

FULL TIME W/OVERTIME
VACATION & PTO
HEALTH INSURANCE
DENTAL INSURANCE
PAID HOLIDAYS

Busy lobster trap supply business looking for a dependable
store clerk. Knowledge of lobster trap building and marine
supplies is helpful, but not necessary. Applicants should be
comfortable working with the public and answering phone
inquiries from customers. Some of the other tasks include
checking in inventory, stocking shelves, and operating our
POS system. We are happy to train the right candidate.



BROOKS TRAP MILL
211 Beechwood Street,
Thomaston, ME
(207)354-8763

WAREHOUSE / PRODUCTION POSITION

FULL TIME W/OVERTIME
VACATION & PTO
HEALTH INSURANCE
DENTAL INSURANCE
PAID HOLIDAYS

We are looking for a dependable person
who works well with people, is willing
to handle a variety of tasks. Forklift
experience is helpful but not necessary.
We are happy to train the right person.
Please apply in person



BROOKS TRAP MILL
211 Beechwood Street,
Thomaston, ME
(207)354-8763

NOW HIRING

POSITIONS AVAILABLE:

Non-CDL Delivery Driver: Seasonal Full time/Part
Time, clean driving record a must, medium to heavy
truck experience preferred.

Shipping & Receiving/Inventory Management: Full
time, year round, fork truck experience helpful.

Both positions require the ability to lift up to 50lb
repetitively and up to 80lb occasionally
Compensation negotiable and based on experience.

Apply in person at
Rockland Foodservice, Park St. Rockland



NOW HIRING!

TECHNICIANS and DELIVERY DRIVERS

Heating Oil • Kerosene • Propane
Equipment Installation

Family Run Business

17 Depot Road, Warren, ME • 207-354-6380

Contact: Graysheatingoil.com

Ms or Mr Personality?
Consider yourself the consummate people person?

Eager to interact with the finest client base in
Mid Coast Maine?

*Eastern Tire & Auto SERVICE continually
strives to enhance the customer experience.*

We are adding a Valet to our staff. You will be the first
person our customers meet in the parking lot, and their final
contact as you deliver their car back to them after their ser-
vice. Yours will be a pivotal role in their overall experience.
You will help with our pick up and delivery service, and play
an integral role in customer satisfaction. This is a full time,
permanent position and will be compensated as such.

Please call or come by to find a time to demonstrate your
hospitality skills in an interview.

75 YEARS
4 GENERATIONS
1 GOAL



70 Park St, Rockland, ME • 594-5250

FREE PRESS ADS WORK!

SAMOSET
RESORT
ON THE OCEAN
CAMDEN-ROCKPORT-ROCKLAND, MAINE

Openings for the following positions:

Front Desk Supervisor
Spa Supervisor
Maintenance
Front Desk Agent
Spa Receptionist
Line Cook
Prep Cook
Cafeteria Attendant
Restaurant Servers
Bartender
Housekeeping
Valet

Please send resumes to mpeaco@samoset.com
or apply in person at 220 Warrenton Street,
Rockport, Maine between the hours of
7AM and 3PM Monday thru Friday.



Camden Hills Regional High School Fall Coaching Openings

Cross Country Assistant
Boys Freshman Soccer

The Five Town CSD is currently accepting applications
for Fall 2021 for Assistant Cross Country Coach and
Boys Freshman Soccer Coach.

Experience preferred. Must have or be willing to obtain
First Aid & CPR Certification.

Responsibilities include instructing & supervising
student athletes during practice and during home/away
games. Coaches are expected to abide by the Maine
Principals Association's by-laws and code of ethics.
Traveling is necessary for away games with the school
providing transportation.

Coaching applications are available by contacting
the Superintendent's office at (207)236-3358.

Applications accepted until suitable candidates found.

Interested applicants should submit an application,
a resume, the names of three references, and DOE
fingerprinting documentation, if available, to the
address below:

Five Town CSD
Attn: Human Resources
7 Lions Lane
Camden, ME 04843
(207) 236-3358

EOE



Pen Bay Medical Center
MaineHealth

Sign-on Bonus
up to \$1,000!

Take the First Step in a Rewarding Career.



Environmental Services Tech/ Housekeeping

\$17/hour starting pay rate!

At **Pen Bay Medical Center**, many of our entry-level employees
have grown within our organization and advanced in their careers
- illustrating our commitment to professional advancement and
personal fulfillment. The following EVS/Housekeeping opportunities
are available in Rockport and Camden:

PEN BAY MEDICAL CENTER
(Rockport, ME):

- Full Time - Evenings
- Full Time - Nights
- Per Diem - Days

QUARRY HILL (Camden, ME):

- Full Time - Evenings/Nights

*Shift differentials for evenings,
nights and weekends.*

Join us at MaineHealth, where our comprehensive array of benefit
offerings is competitive, affordable and with choices that meet
individual, but ever changing, needs. Includes paid time off!

For more information and to apply, please visit:
www.careersatmainehealth.org

An Equal Opportunity/
Affirmative Action
Employer.

FREE PRESS CLASSIFIEDS

FOR SALE

2019 CAMPER TRAILER. Forest river surveyor premium. Loaded. Svt267rbs. Bought new as a leftover. Sleeps 6. Value package. Fall program package. 1/2-ton towable. Only 167 miles. Lived in 5 months waiting for house. New retail \$36,193.25. ãv retail now \$27,193.25. Our price, \$22,590. Trailer is in Warren. Joe, 207-975-6583. (kr)

WANTED

A ROUGH CARPENTER to build a garage and breezeway in Warren. Start the first week of September. Cash paid. Retired is fine. Set your own hours, work at your own pace. Young buck here for heavy lifting. Please call Joe, 207-975-6583. (8/31)

LUCKY LADY — wants your woodlot. Turn those trees into cash. Roll those dice and give me a call, 441-7929 or 993-2629. (kr)

LUCKY LADY — I want to buy your junk cars and trucks, pay up to \$500. Roll my dice because I pay the best price. 993-2629 or 441-7929. (kr)

WANTED

ALLIS CHALMERS GARDEN TRACTOR, HD 112 or HD 212 desired. Rockport, 596-6303. (kr)

HELP WANTED

HIRING CARING PEOPLE — Do you have a loving heart? Cared for elderly? Raised children? Volunteer? Train to be a home care worker and make a valuable contribution to the senior population. Call 354-7077. Full and part time, flexible hours. Stop by for free coffee at 641 St. George Road, South Thomaston, Monday through Thursday from 8 a.m. to 4 p.m. Or ... email reception@askforhomecare for consideration. A rewarding opportunity. (kr)

DELIVERY PERSON — Sproul's Furniture has an immediate opening for a year round delivery person. Must be honest, reliable, able to lift furniture, do basic maintenance and provide a clean drivers license. Please stop in for an application, pay based on experience. 76 Main Street Newcastle, 563-3535. (kr)

EQUIPMENT RENTAL

UNION FARM EQUIPMENT RENTALS: Tractor/loader/back-hoe, excavator, wood splitter, wood chipper. Delivery available, reasonable rates. 1-800-935-7999. (kr)

FARM & HOME

NOW OPEN, 7-Tree Farm & Home, the former Union Agway, Heald Highway, Route 17, in Union. **785-4385.** (kr)

BUSINESS OPPORTUNITY

PROJECT FREEDOM We need serious and motivated people for expanding health and wellness industry. High speed internet/phone essential. Perfect for savvy social media fans. **207-613-5517.** (kr)

FREE PRESS ADS WORK!

TREE SERVICES

GREEN'S TREE SERVICE
• Tree, brush removal
• Pruning
• Aerial truck or climber
• Chipping, stump-grinding
• Lots Cleared
Free Estimates
Licensed & Insured Arborist
Matt Green, 322-0320.
— Reasonable Rates —
(kr)

SERVICES

SOULE'S CARPENTRY
Siding, roofing, garages, window replacement, decks and more.
Free estimates.
Fully insured.
Call 691-6758.
Ask for David.
(kr)

Are You a Widow and In Need of Assistance, Personal Care, Housekeeping and Errands?
I can do a couple of hours a week on a volunteer basis.
Call Carol at 594-4708.
(8/31)

SERVICES

BCB PROPERTY SERVICES
- Tree & Brush Removal
- Light Clearing, Chipping
- Field Mowing, Bush Hogging
- Rototilling
- Tractor Services
• **MAINTAINING ALL YOUR OUTDOOR SPACES** •
BETTER CALL BEN
207-542-3299
(8/31)
JR'S PAINTING
Fine Interiors/Exteriors
Painting & Staining, Sheetrocking, Pressure Washing, Plaster Repair. Free estimates. References. Fully Insured.
273-6116.
(kr)

RENTAL

SENIOR HOUSING — The Homesteads in Cushing and Owls Head have vacancies for seniors who wish to live in a home-like environment but need homemaking and/or personal/nursing services. The Homesteads provide a small, intimate setting where frail elderly can age in place and pay for services as needed at significantly lower rates than traditional medical facilities. We have enjoyed a reputation for high-quality meals and services for more than 25 years. Information and pictures of available rooms/suites can be accessed by calling 354-7077 or at www.homeshareinc.com. (kr)

PROFESSIONAL OFFICE SPACE — available now, 2-3 days/week, month-to-month. Must be COVID-conscious/safe. Clean, spacious, south-facing windows, furnished. Scent-free, chemical-free space. Heat and electric included. Ample parking. For more information and pictures, please call or text 701-1702. (kr)

STORAGE

WATERMAN BEACH STORAGE
10 x 15 unit, \$100
10 x 20 unit, \$120
10 x 25 unit, \$140.
South Thomaston, 975-1326.
(kr)

SELF HELP AND SUPPORT

NA HOTLINE
For meeting information
1-800-974-0062
www.namaine.org

AL-ANON HOTLINE
For meeting information
24 hours a day, 7 days a week
1-800-498-1844

Is Food a Problem for You? Having Trouble Staying Away from a DRINK?
Looking for help?
Alcoholics Anonymous is here for you.
Statewide virtual meetings listed at
csoaamaine.org
www.maineaa.org
AA Hotline: 1-800-737-6237

PEER ONE SUPPORT GROUP
Are you or someone you know living with depression, bi-polar, OCD, PTSD or any other mental illness? Come join our local peer-run support group. We share daily living skills, coping tools, learn wellness and self-care tips.
Tues., 7 to 8 p.m., VOA Building, 33 Booth Drive (off Congress St.) in Belfast.
FMI: Louise, 322-8738.
Open to All, Respect Anonymity

NAMI MAINE
Free support group with a non-denominational spiritual component for individuals and/or family members affected by mental illness.
FMI: Penelope, 207-975-6188.
2nd and 4th Wed., 5:30-7 p.m.
St. Peter's Episcopal Church, Rockland
Enter through door by flagpole, follow signs. Park in lot off Limerock Street.

SELF HELP AND SUPPORT

REFUGE RECOVERY — A non-theistic, Buddhist-inspired approach to recovery from addictions. **Wed., 6-7:30 p.m., and Sun., 6-7:30 p.m.,** The Dancing Elephant, 16 School St., Rockland. **FMI: rrrrockland me@gmail.com.**

SEX AND LOVE ADDICTS ANONYMOUS
FMI: Email mmislaa@fairpoint.net, or go to the 211 Maine Web site (click on 211 directory then keyword: Augustine Fellowship).

Applications are now being taken for the KNOX HOTEL APARTMENTS

192 Main St. Thomaston

One bedroom apartments that are conveniently located right downtown, rent is 30% of income and includes: wall to wall carpeting, laundry facilities, community living room, parking and professional Service Coordination on site.

Maximum Income Limits are
\$29,580 for 1 Person
\$33,840 for 2 Persons

If interested, please call
Sherry at 594-2743
TDD/TTY 1-800-545-1833 Ext. 702



HELP WANTED CONTINUED

SWANS ISLAND COMPANY

seeks individuals interested in joining our growing crafts based company.

**Book Keeper
Customer Service
Weaving and Stitching (Full/Part-time)
Will Train**

We offer a 401K plan, paid time off, competitive pay, and a well organized, team based work environment.

Please respond to:

bill@swansislandcompany.com



Ashwood Waldorf School in Rockport is looking to hire care providers for our early childhood program.

Full and part time positions available.

Essential qualities for this position are enthusiasm, joy, energy, positivity, and most of all, a love for working with young children.

Please send your letter of interest, resume, and contact for three professional references to: jclough@ashwoodwaldorf.org.



Five Town CSD (Camden area)

**Adult & Community Education
Evening Assistant
Part-time Position
October 2021 Opening**

The Five Town CSD is an exceptional school district located in a scenic coastal community and provides a highly competitive salary and benefits package. As a district, we are committed to equity, excellence, the environment, and forward thinking. Our goal is to foster intellectual and creative excellence while building strong character. We highly value our sense of place and surroundings which boast mountains, lakes, rivers, a ski hill, and the ocean.

The Five Town CSD is seeking a true 'people person' to join our award-winning adult education program team. You'll serve as the point for teachers and students during evening hours of class operation. This person will be able to problem-solve, assist teachers in the preparation of instructional materials, register students, and assist all evening students who participate in the program. Organization, attention to detail, experience with computers, and self-motivation are the primary requirements of this position. Hours are generally 3:30 - 8:30, Monday through Thursday during the school year. Anticipated start date 10/18/21.

Current Maine Department of Education Criminal History Records Check Approval is required for this position (may be completed at the time of hire).

Please apply on-line at
www.applitrack.com/fivetowns/onlineapp
Applications accepted until
suitable candidate found.

Five Town CSD
7 Lions Lane
Camden, ME 04843
Phone: (207)236-3358
Fax: (207)236-7810
EOE

Please Note: Only Complete and submitted Applitrack Applications will be reviewed for interview consideration. A Complete application must consist of the Applitrack Application, cover letter & resume, copy of transcripts & certification and three current letters of recommendation.



Camden-Rockport Elementary School

**Educational Technician II
Regular Education
Full-time with Benefits
Fall 2021 Opening**

Camden Rockport Schools is an exceptional school district located in a scenic coastal community and provides a highly competitive salary and benefits package. As a district, we are committed to equity, excellence, the environment, and forward thinking. Our simple, but powerful mission drives our work – Be Kind. Work Hard. Keep Learning. We highly value our sense of place and surroundings which boast mountains, lakes, rivers, a ski hill, and the ocean.

Camden Rockport Elementary School, nestled in a spacious setting with woods and fields adjacent to the high school, serves approximately 360 students in grades PreK-4 from the towns of Camden and Rockport. CRES uses a responsive classroom structure, has a robust system of supports for students, and will be launching a nature-based pre-K in the fall of 2021.

We are looking for a dynamic, experienced, enthusiastic professional who loves children and enjoys working collaboratively with teachers and other professionals to support student learning through behavioral and/or academic interventions. The position requires some duty responsibilities. The ideal candidate will have experience in literacy/ math workshops, outdoor education, and have a warm, kind heart along with a flexible and resilient approach to life.

Applications accepted until candidate found.

Please apply on-line at **www.applitrack.com/fivetowns/onlineapp**

Please Note: Only complete and submitted Applitrack Applications will be reviewed for interview consideration.

A complete application must consist of the Applitrack application, cover letter & resume, copy of transcripts & DOE Authorization, and three current letters of recommendation.

MSAD #28
7 Lions Lane
Camden, ME 04843
(207)236-3358

EOE

SNOW PLOW BID

Hope Elementary School

The Hope Elementary School is seeking bids for snow plowing and sanding for the 2021-2022 school year.

Bids should contain separate costs for sanding and plowing per storm and for the season.

Hope Elementary requests sweeping of sand after the season, if possible. See specifications.

Specifications are available at the Office of the Superintendent of Schools.

Contact info: Phone: 207 763-3818
or email: wendy.tricomi@fivetowns.net

Bids must be received at the Office of the Superintendent of Schools by 12:00 P.M. on Friday, September 10, 2021.

Each bid envelope must be clearly marked "Hope Elementary School Snow Plowing Bid" and addressed to:

**Snow Plow Bid
Superintendent's Office SU #69
444 Camden Road
Hope, ME 04847**

The Hope School Committee reserves the right to accept or reject any and all bids.

EOE

SNOW PLOW BID

Lincolville Central School

The Lincolville Central School is seeking bids for snow plowing and sanding for the 2021-2022 school year.

Bids should contain separate costs for sanding and plowing per storm and for the season.

Specifications are available at the Office of the Superintendent of Schools.

Contact info: Phone: 207 763-3818
or email: wendy.tricomi@fivetowns.net

Bids must be received at the Office of the Superintendent of Schools by 12:00 P.M. on Friday, September 10, 2021.

Each bid envelope must be clearly marked "Lincolville Central School Snow Plowing Bid" and addressed to:

**Snow Plow Bid
Superintendent's Office SU #69
444 Camden Road
Hope, ME 04847**

The Lincolville School Committee reserves the right to accept or reject any and all bids.

EOE

END HELP WANTED DISPLAY ADS

FREE PRESS CLASSIFIEDS

SNOW PLOW BID Appleton Village School

The Appleton Village School is seeking bids for snow plowing only for the 2021-2022 school year.

Specifications are available at the Office of the Superintendent of Schools.

**Contact info: Phone: 207 763-3818
or email: wendy.tricomi@fivetowns.net**

Bids must be received at the Office of the Superintendent of Schools by 12:00 P.M. on Wednesday, September 22, 2021.

Each separate bid envelope must be clearly marked "Appleton Village School Snow Plowing Bid" or and addressed to:

**Snow Plow Bid - AVS
Superintendent's Office SU #69
444 Camden Road
Hope, ME 04847**

The Appleton School Committee reserve the right to accept or reject any and all bids.

EOE

SELF HELP AND SUPPORT

AND BIPOLAR SUPPORT ALLIANCE

Peer Run Support Groups Open to Anyone Living with Mental Issues, Diagnoses or Mood Disorders.

Meets Thursdays, 7-8:30 p.m. at the First Universalist Church in Rockland; corner of 345 Broadway and Court Street. Parking and entrance are at the back of the church. FMI: 230-4684 and 505-2663.

ROCKLAND PEER SUPPORT CENTER

Living with mental health or substance use challenge? Peers at RPSC have challenges, too, so we "Get It." A safe place to land, to just hangout, or to check out our groups, we're here! Lunch and snacks available for a modest fee.

Rockland: 12 Union Street
FMI: 207-701-4417
apierce@mainebbehavioral-healthcare.org or www.facebook.com/MBHRocklandPeer.

BUSINESS DEBTORS ANONYMOUS MEETING

Wed., 6:30 p.m.
Camden, John Street United Methodist Church, Rm. 3.

ONGOING SOCIAL AND SUPPORT GROUP — Lesbians 40+, coupled or single, living in Camden/Rockland area. FMI: 631-0249 or e-mail mwpbooks@midcoast.com.

Domestic Abuse Helpline for Men and Women Support Group.
FMI: 1-866-786-0758.

BRAIN INJURY AND STROKE SUPPORT GROUP — Survivors of brain injury and stroke, their family and friends are welcome the 4th Wed. monthly from 4 to 5 p.m. at the Maine Center for Integrated Rehabilitation Rockland. Open to all, please join us! 11 Lime St., Rockland, ME. FMI: 596-7555.

Run your ad one week for only \$6.65/week for 20 words – 20¢ each additional word.
Run your ad for two weeks for only \$6.13/week for 20 words – 15¢ each additional word.
Run your ad for three or more weeks for only \$5.55/week for 20 words – 10¢ each additional word.
(Please print clearly & include your phone number!)

DEADLINE IS NOON ON WEDNESDAY FOR THE FOLLOWING TUESDAY ISSUE

I would like my ad to read _____

Please run my classified ad _____ times and list it under:

____ Vehicles ____ Boating ____ For Rent ____ For Sale
____ Help Wanted ____ Real Estate ____ Services ____ Wanted
____ Yard Sale ____ Other _____

Name _____

Address _____

Town _____

Phone _____

Cost for 1st 20/words/week = \$ _____

Additional words = \$ _____

Subtotal = \$ _____

Times # of weeks ad to run x _____

TOTAL Due = \$ _____

**If Paying by Credit Card Just Call in Your Ad
Copy at 596-6696 Or, enclose payment and:
Mail to: P.O. Box 1076, Camden, ME 04843-1076
or Bring to: 6 Virginia Avenue, 2nd floor, Camden**

SELF HELP AND SUPPORT

MIDCOAST DEPRESSION AL-ANON MEETINGS

Waldo County
- **Mon., noon-1 p.m.** First Baptist Church annex, 95 High St., Belfast.
- **Wed., 7 p.m.** Monroe Community Church basement, 26 West Main St., Monroe.
- **Thurs., 7 p.m.** First Baptist Church annex, 95 High St., Belfast.

FRIDAY NOON OA
Belfast
First Baptist Church
High Street
Info: 207-382-6446

WALDO COUNTY AREA PROSTATE CANCER FELLOWSHIP GROUP — Second Tuesday, monthly, 6:30 p.m., Belfast. FMI: Mark, 338-8372.

NEW HOPE FOR WOMEN — offers an ongoing support group for women affected by domestic or dating violence. Receive emotional support in a safe environment, learn about the patterns and impacts of abuse, and move towards personal growth and empowerment. FMI: New Hope for Women, 1-800-522-3304.

PET LOSS SUPPORT GROUP — first Saturday monthly, community room, P.A.W.S., 123 John St., Camden, 10-11 a.m. FMI: 236-8702.

AL-ANON MEETINGS Knox County

Mon., 7-8 p.m., St. John Episcopal Church, Thomaston.
Thurs., 5 p.m., Our Lady of Good Hope Catholic Church, Camden.
Sat., 10-11 a.m., Pen Bay Physicians Building, Rockport.

NATIONAL SUICIDE PREVENTION HOTLINE
1-800-273-8255.
24 hours/day;
7 days/week.

PROSTATE CANCER SUPPORT GROUP

New Prostate Cancer Networking/Support Group, second Monday monthly, 5:30-7:30 p.m., Rockland Room, Knox Center, 6 White Street, Rockland. FMI: charhuschle@gmail.com or 617-756-4703.

"I AM SECOND"

Video/discussion Bible-based group. Jesus is the cure! Fri., 6 p.m., Pursuit Church, 215 Limerock St., Rockland.

SMARTRECOVERY — Non-religious, no steps, scientifically proven program for recovery from substance use disorders. Fri., 6 p.m., Coastal Recovery Community Center (CRCC), 24 Lincoln St. (old Lincoln School), Suite 103, Rockland. FMI: 691-3697, Bruce.

TOTAL VICTORY

Self-help emotional and spiritual support group. Meets weekly in various private homes in Knox and Lincoln counties. FMI: 542-7397 or Total Victory, P.O. Box 1166, Waldoboro, ME 04572.

OVEREATERS ANONYMOUS MEETS:

Belfast:
Fri., noon-1 p.m. First Baptist Church, 95 High St., Belfast. FMI, Belfast: 382-6446

CRISIS LINE

Maine's Statewide Toll-Free Crisis Hotline
1-888-568-1112.

The Maine Department of Mental Health, Mental Retardation and Substance Abuse Services' 24-hour crisis line links to the center in Maine nearest you.

CAMDEN LYME SUPPORT GROUP — 2nd Tues., 6-8 p.m., St. Thomas Episcopal Church, Chestnut St. FMI: Carla, 236-4157.

PARENTS WITHOUT PARTNERS

20 single parents needed to start new group. Age and custody arrangements are not a factor. Meetings to be held in Montville. FMI: tommycarter1962@yahoo.com.

BRAIN INJURY INFORMATION

800-444-6443
The Brain Injury Association of America
www.biausa.org.

CELEBRATE RECOVERY

Freedom Fellowship Church, 721 Bath Rd., Wiscasset. Fri., 6 p.m. Free meal following meeting. Christ-centered recovery and support program for all. FMI: Matt, 344-8660.

ALCOHOLICS ANONYMOUS MEETINGS

District 15
- **Mon.-Sat., 7 a.m.**, Morning Medicine, St. John's Episcopal Church, Green St., Thomaston

ALCOHOLICS ANONYMOUS MEETINGS

District 15 (continued)
- **Mon.-Sat., 7 a.m.**, Attitude Adjustment, Methodist Church, John St., Camden
- **Mon.-Sat., 12:15p.m.**, Brown Bag Group, Rockland Congregational Church, Limerock St.
- **Mon.-Thurs., Sat. & Sun.**, 6:30 p.m., Fri. 7 p.m., Camden 12 Step, St. Thomas Episcopal Church, Chestnut St.
- **Mon., 8 a.m.**, Mixed Nuts, Union Church, Main St., Vinalhaven (May-Oct.) Women's.
- **Mon., 7 p.m.**, O.D.A.A.T. Men's, Nativity Lutheran Church, Old County Rd., Rockport
- **Mon., 7 p.m.**, Dry Dock, First Baptist Church, Green St., Thomaston
- **Tues., 7 p.m.**, Safe Harbor, American Legion Hall, Tenants Harbor
- **Tues. 7 p.m.**, Koinonia, Union Church, Vinalhaven (May-Oct.)
- **Tues., 7 p.m.**, Warren-Cushing, Warren Congregational Church, Main St.
- **Tues., 7 p.m.**, 11th Step Prayer & Meditation, St. Bernard's Catholic Church, Broadway, Rockland

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- 2 CKSH – French
- 3 UPN – WPME
- 4 FOX – WFPO
- 5 CBS – WABI
- 6 NBC – WCSH
- 7 PEG – Public
- 8 ABC – WMTW

- 9 TWCTV
- 10 MPBS – WCBB
- 11 PEG – Education
- 12 WB – WPXT
- 13 CBS – WGME
- 14 QVC
- 15 HSN
- 16 CHLT
- 17 Shop NBC

- 18 TV Guide
- 19 C-SPAN
- 20 C-SPAN2
- 21 ION
- 22 PEG – Government
- 23 GAC
- 24 Comcast Sports Net
- 25 ESPN
- 26 ESPN2
- 27 NESN
- 28 MTV
- 29 VH-1
- 30 Lifetime
- 31 Spike TV
- 32 CMT
- 33 Weather Channel
- 34 NECN
- 35 FOX News
- 36 CNN

- 37 Headline News
- 38 TOON
- 39 CNBC
- 40 MSNBC
- 41 truTV
- 42 TCM
- 43 INSP
- 44 TNT
- 45 Comedy
- 46 FX
- 47 USA
- 48 TBS
- 49 Oxygen
- 50 A&E
- 51 AMC
- 53 Bravo
- 54 E!
- 55 HGTV
- 56 Food Network

- 57 Travel Channel
- 58 EWTN
- 59 Hallmark Channel
- 60 TBN
- 61 History Channel
- 62 TLC
- 63 Discovery
- 64 TV Land
- 65 BET
- 66 ABC Family
- 67 Nickelodeon
- 68 Disney Channel
- 69 Animal Planet
- 70 SCI-FI
- 71 TV5
- 72 ONTV4
- 85 Local Access

WEDNESDAY EVENING SEPTEMBER 1, 2021												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Blue Bloods "The Fog of War"		Blue Bloods "Vested Interests"		Blue Bloods "The First 100 Days"		Blue Bloods Frank suspends an officer.		Blue Bloods "Hide in Plain Sight"		Blue Bloods "Family Secrets"	
4	Big Bang Theory	Big Bang Theory	MasterChef Val Cantur; Sherry Yard. (N) (In Stereo) [66]		Jonathan Yao; (N) (In Stereo) [66]		FOX23 News at Ten (N) (Live) [66]		Daily-MailTV	Schitt's Creek	Seinfeld [66]	Two and Half Men
5	Big Bang Theory	Big Bang Theory	Big Brother (N) (In Stereo) [66]		House Calls With Dr. Phil (N) [66]		48 Hours (In Stereo) [66]		News	Late Show-Colbert		James Corden
6	207	Inside Edition	America's Got Talent (N) [66]		Family Game Fight! (N) (In Stereo) [66]		Chicago Fire "No Survivors"		NEWS-CENTER	Tonight Show-J. Fallon		Seth Meyers
8	Wheel of Fortune	Jeopardy!	Chronicle: COVID-19		The \$100,000 Pyramid (N) [66] (DVS)		Superstar "Richard Pryor" (N)		WMTW News 8	Jimmy Kimmel Live! [66]		Nightline (N) [66]
10	PBS NewsHour (In Stereo) [66]		Nature Scoundrels of the animal world.		NOVA "Nature's Fear Factor"		Future of Work (N) [66]		PBS NewsHour (In Stereo) [66]		Amanpour and Company (N) [66]	
12	Modern Family	Modern Family	Riverdale (N) (In Stereo) [66]		In the Dark "Excess Baggage" (N)		WMTW News 8		TMZ [66]	2 Broke Girls	2 Broke Girls	Mike & Molly
13	CBS 13 News	Ent. Tonight	Big Brother (N) (In Stereo) [66]		House Calls With Dr. Phil (N) [66]		48 Hours (In Stereo) [66]		CBS 13 News	Late Show-Colbert		James Corden
21	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
24	Early Edition [66]		Early Edition [66]		Ninja Warrior		Boston Sports		Boston Sports		Boston Sports	
25	SportCtr	College Football: Alabama-Birmingham at Jacksonville State.						SportsCenter W/Van Pelt		SportsCenter (N)		
26	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)								All Ac	All Ac	UFC Unleashed	
27	MLB Baseball: Boston Red Sox at Tampa Bay Rays. (N) (Live)						Extra	Red Sox	NESN After Hours		MLB Baseball	
30	Rizzoli & Isles "Burden of Proof"		Married at First Sight "Home, Not Alone" The couples return to Houston.				Married at First Sight (N) [66]		Married at First Sight (N) [66]		Married at First Sight [66]	
35	FOX Primetime		Tucker Carlson		Hannity (N) [66]		Ingraham		Gutfeld! (N) [66]		Fox News at Night	
36	E. B. OutFront		Anderson Cooper		Cuomo Prime Time		Don Lemon Tonight		Don Lemon Tonight		Anderson Cooper	
39	Shepard Smith		Shark Tank		Shark Tank		Money Court (N)		Money Court [66]		Shepard Smith	
40	The ReidOut (N)		All In With		Rachel Maddow		The Last Word		The 11th Hour		Rachel Maddow	
41	Jokers	Jokers	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokers	Jokers	Jokers	Jokers
42	(6:15) "Get Yourself a College Girl" [66]		Movie: ★★ "The Barkleys of Broadway" (1949, Musical) Fred Astaire. [66]				Movie: ★★ "They Died With Their Boots On" (1941) Errol Flynn, Olivia de Havilland. [66]				"Guess Who's"	
44	(5:45) Movie: ★½ "Geostorm" (2017)		All Elite Wrestling: Dynamite (N) (Live) [66]				Movie: ★½ "Geostorm" (2017, Action) Gerard Butler, Jim Sturgess. [66] (DVS)				Movie: ★★ "Fallen" (1998) [66]	
45	South Pk	South Pk	South Pk	South Pk	South Pk	South Pk	Nora	South Pk	South Pk	South Pk	South Pk	Nora
46	"Insurgent"		Movie: ★★ "X-Men: Dark Phoenix" (2019, Action) James McAvoy. Premiere. (In Stereo) [66]				American Horror Story		American Horror Story: Feature "Thirst" [66]		Double	Amer. Horror
47	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
48	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Frontal	Full Frontal	George Lopez	George Lopez	George Lopez
49	Dateline: Secrets		Dateline: Secrets		Charmed to Death		Charmed to Death		Dateline: Secrets Uncovered "Ransom"			
50	Court	Court	Court	Court	Court	Killer	Neigh	Neigh	Court	Court	Court	Court
51	(5:00) Movie: ★★★★★ "Forrest Gump"		Movie: ★★ "Cast Away" (2000, Drama) company executive is marooned on a remote island. [66]				Tom Hanks. A courier island. [66]		Movie: ★★ "Grease" (1978, Musical) John Travolta, Olivia Newton-John. [66]			
53	Real Housewives		Real Housewives		Real Housewives		Real Housewives		Housewives/NYC		Housewives	
56	Guy's Games		Guy's Games		Guy's Games		Guy's Games		Guy's Games		Guy's Games	
59	(6:00) Movie: "Yes, I Do" (2018)		Movie: "Snowkissed" (2021, Romance) Jen Lilley, Chris McNally. [66] (DVS)				Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls
60	Church	Potters	David Gaither		Stage		Worship		Gospel	Elevation	S. Fur	TBA
61	Cnt. Cars	Cnt. Cars	Counting Cars		Counting Cars		Counting Cars		Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting Cars
62	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Feet-Killing Me		Feet-Killing Me		Dr. Pimple Popper	
63	Expedition Un. Expedition Unknown (N) (In Stereo) [66] Expedition Unknown [66] Expedition Un.											
64	Andy G.	Andy G.	Raymond	Raymond	Raymond	Raymond	Young	King	King	King	King	King
66	"Na		Movie: ★★ "National Treasure: Book of Secrets"				Good Trouble (N)		The 700 Club [66]		Simpson	Simpson
67	Patrick	Sponge.	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
68	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Sydney-Max	Raven's Home	Big City Greens	Big City Greens	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat
69	Lone Star Law		Lone Star Law: Uncuffed (N) (In Stereo)				Northwest Law: Uncuffed (N) (In Stereo)				Lone Star Law	
70	(5:10) ★★ "Harry Potter and the Deathly Hallows: Part 1"		Movie: ★★½ "Harry Potter and the Deathly Hallows: Part 2" (2011, Fantasy) Daniel Radcliffe, Rupert Grint. [66] (DVS)				Movie: ★★ "Fantastic Four" (2005, Action) Ioan Gruffudd.					

THURSDAY EVENING SEPTEMBER 2, 2021												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Chicago P.D. "Reform" [66] (DVS)		Chicago P.D. (In Stereo) [66] (DVS)		Chicago P.D. "Promise"		Chicago P.D. "Snitch" (In Stereo)		Chicago P.D. "Home" (In Stereo)		Chicago P.D. "Fallen" (In Stereo)	
4	Big Bang Theory	Col. Pregame	College Football: Ohio State at Minnesota. C.J. Stroud takes the reins for the No. 4 Buckeyes as they open against the Golden Gophers. (N) [66]						FOX23 News		Seinfeld [66]	Two and Half Men
5	Big Bang Theory	Big Bang Theory	Big Brother (N) (In Stereo Live) [66]		Young Sheldon [66]	B Positive [66]	Bull Bull and Izzy reach an impasse.		News		Late Show-Colbert	James Corden
6	207	Inside Edition	Brooklyn Nine		Brooklyn Nine	Law & Order: Special Victims Unit	Law & Order: Organized Crime [66]		NEWS-CENTER		Tonight Show-J. Fallon	Seth Meyers
8	Wheel of Fortune	Jeopardy!	CMA Summer Jam Country music's biggest stars perform. (N) (In Stereo) [66]					WMTW News 8		Jimmy Kimmel Live! [66]		Nightline (N) [66]
10	PBS NewsHour (In Stereo) [66]		Greenlight	Seeing Canada	Lucy Worsley's Royal Myths		Ghana	Farming The	PBS NewsHour (In Stereo) [66]		Amanpour and Company (N) [66]	
12	Blitz 8 High	Modern Family	Coroner "Spirits" (N) (In Stereo)		The Outpost Tobin fights to save Talon.		WMTW News 8	TMZ [66]	2 Broke Girls	2 Broke Girls	Mike & Molly	Mike & Molly
13	CBS 13 News	Ent. Tonight	Big Brother (N) (In Stereo Live) [66]		Young Sheldon [66]	B Positive [66]	Bull Bull and Izzy reach an impasse.		CBS 13 News		Late Show-Colbert	James Corden
21	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.	
24	Early Edition [66]		Felger & Mazz		Ninja Warrior		Boston Sports		Boston Sports		Boston Sports	
25	College Football: Boise State at UCF. Spectrum Stadium. (N)				SportsCenter		SportsCenter		SportsCenter		SportsCenter (N)	
26	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)								NFL Live [66]		Oscar	High
27	MLB Baseball: Boston Red Sox at Tampa Bay Rays. (N) (Live)						Extra	Red Sox	NESN After Hours		MLB Baseball	
30	Little Women: Atlanta [66]		Little Women: Atlanta connection. (N) [66]		Monie makes a career		Little Women: Atlanta a surprise visit. (N) [66]		The ladies encounter		Little Women: Atlanta [66]	
35	FOX Primetime		Tucker Carlson		Hannity (N) [66]		Ingraham		Gutfeld! (N) [66]		Fox News at Night	
36	E. B. OutFront		Anderson Cooper		Cuomo Prime Time		Don Lemon Tonight		Anderson Cooper		Cuomo Prime Time	
39	Shepard Smith		Shark Tank [66]		Shark Tank		Shark Tank		Shark Tank [66]		Shepard Smith	
40	The ReidOut (N)		All In With		Rachel Maddow		The Last Word		The 11th Hour		Rachel Maddow	
41	Jokes	Jokes	Jokers		Jokers		Jokers	Bar Wars	Bar Wars	Jokers	Jokers	Jokers
42	(6:00) "Crooks and Coronets" (1969)		Movie: ★★½ "The Comic" (1969) Dick Van Dyke. [66]				Movie: ★★½ "Hugo" (2011) Ben Kingsley. An orphan seeks the answer to a mystery. [66]				Movie: ★★ ★★ "Sunset Boulevard"	
44	Bones Investigating an explosion. [66]		Movie: ★★ "Spy" (2015, Comedy) Melissa McCarthy, Jason Statham. Premiere. [66] (DVS)				Movie: ★★½ "Central Intelligence" (2016) Dwayne Johnson. [66] (DVS)				Movie: ★★ ★★ "Horrible Boss 2"	
45	Office	The Office [66]		Office	Office	Office	Office	Office	Office	Office	Office	Office
46	(5:30) ★★ "X-Men: Dark Phoenix" [66]		Movie: ★★ "Venom" (2018, Action) Tom Hardy, Michelle Williams. (In Stereo) [66]				What We Do	What We Do	What We Do	What We Do	What We Do in the Shadows [66]	
47	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley
48	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	The Cube "You. Got. This!" (N)		The Cube Shanden and Mae compete.		The Cube "You. Got. This!"		Full Frontal	Wipeout [66]
49	Killer Couples [66]		Buried in the Backyard [66]				Dateline: Secrets		Dateline: Secrets		Uncovered [66]	
50	The First 48 [66]		The First 48				Kids Behind Bars		Accused: Guilty		Cold Case Files	The First 48
51	(5:00) Movie: ★★ ★★ "Cast Away" (2000)		Movie: ★★ ★★ "Goodfellas" (1990) Robert De Niro, Ray Liotta. An Irish-Italian hood joins the 1950s New York Mafia. [66]				Movie: ★★ "Police Academy" (1984) Steve Guttenberg, Kim Cattrail. [66]					
53	Million Dollar LA		Million Dollar LA			Top Chef	Southern Charm (N)			Million Dollar LA	"Seven"	
56	Beat	Beat	Bobby and Giada			The Globe [66]	Restaurant: Im.			Beat	Beat	Bobby and Giada
59	(6:00) Movie: "Autumn Dreams"		Movie: "Sweet Pecan Summer" (2021) Christine Ko, Wes Brown. [66] (DVS)				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls
60	Church	Potters	Michael W. Smith			Drive	Insights	TBA	Why Is	Michael W. Smith	Prince	Osteen
61	Modern Marvels		Modern Marvels			Modern Marvels	Modern Marvels	Modern Marvels	Modern Marvels	Modern Marvels	Modern Marvels	Modern Marvels
62	Dr. Pimple Popper		Dr. Pimple Popper			Feet-Killing Me		My 600-Lb. Life		The Program	Dr. Pimple Popper	
63	Homestead Rescue		Homestead Rescue (In Stereo) [66]				Homestead Rescue (In Stereo) [66]		Homestead Rescue (In Stereo) [66]		Homestead Rescue	
64	Andy G.	Andy G.	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King of Queens	
66	"The Parent Trap"		grown-		Movie: ★★ ★★ "Pretty Woman" (1990) Richard Gere.		Raymond	Raymond	The 700 Club [66]		Simpson	Simpson
67	Dylan	Sponge.	Movie: ★★ ★★ "Rio" (2011) Jesse McCartney. [66]				Movie: ★★ ★★ "Rio" (2011) Jesse McCartney. [66]		Friends	Friends	Friends	Friends
68	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Sydney-Max	Jessie [66]	Big City Greens	Big City Greens	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat
69	Deadliest Catch		Deadliest Catch				Deadliest Catch		Deadliest Catch		Deadliest Catch	
70	"Fantastic Four"		Movie: ★★ "The Last Witch Hunter" (2015, Fantasy) Vin Diesel, Elijah Wood, Rose Leslie. [66]				Movie: ★★ ★★ "Ant-Man" (2015) Paul Rudd. Ant-Man uses his shrinking skills to battle Yellowjacket.				"Bye Bye"	

FRIDAY EVENING SEPTEMBER 3, 2021												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Hawaii Five-0 "Ua Malo'o Ka Wai"		Hawaii Five-0 "Wai-maka 'Ele'Ele" [66]		Hawaii Five-0 "Wehe 'ana" [66]		Hawaii Five-0 (In Stereo) [66]		Hawaii Five-0 (In Stereo) [66]		Hawaii Five-0 (In Stereo) [66]	
4	Big Bang Theory	Big Bang Theory	WWE Friday Night SmackDown (N) (In Stereo Live)		FOX23 News at Ten (N) (Live) [66]		Daily-MailTV		Schitt's Creek [66]		Seinfeld [66]	Two and Half Men
5	Big Bang Theory	Big Bang Theory	Secret Celebrity Renovation (N)		The Greatest AtHome Videos (N)		CBS News Sunday Morning (N) [66]		News		Late Show-Colbert	James Corden
6	207	Inside Edition	American Ninja Warrior "National Finals 1" The finals return to Las Vegas.		Dateline NBC (N) (In Stereo) [66]		NEWS-CENTER		Tonight Show-J. Fallon [66]		Seth Meyers	
8	Wheel of Fortune	Jeopardy!	Shark Tank (In Stereo) [66] (DVS)		20/20 (In Stereo) [66]		WMTW News 8		Jimmy Kimmel Live! [66]		Nightline (N) [66]	
10	PBS NewsHour (In Stereo) [66]		Washing- Firing-ton Wk Hoover		Great Performances Conductor Yannick Nézet-Séguin. (N) (In Stereo) [66]		PBS NewsHour (In Stereo) [66]		Amanpour and Company (N) [66]			
12	Chronicle: COVID-19		Burden of Truth "The Homecoming"		Dynasty "Stars Make You Smile"		WMTW News 8	TMZ [66]	2 Broke Girls		2 Broke Girls	Mike & Molly
13	CBS 13 News	Ent. Tonight	Secret Celebrity Renovation (N)		The Greatest AtHome Videos (N)		CBS News Sunday Morning (N) [66]		CBS 13 News		Late Show-Colbert	James Corden
21	Hawaii Five-0 [66]		Hawaii Five-0 [66]		Hawaii Five-0 [66]		Hawaii Five-0 [66]		Hawaii Five-0 [66]		Hawaii Five-0 [66]	
24	Early Edition [66]		Felger & Mazz		Ninja Warrior		BST Fridays (N)		Curran's		Curran's	BST Fridays [66]
25	College Football				College Football: Michigan State at Northwestern.		Ryan Field.				SportsCenter	
26	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)								SportsCenter (N)		NFL Live [66]	
27	MLB Baseball: Cleveland Indians at Boston Red Sox. (N) (Live)				Red Sox. (N) (Live)		Extra	Red Sox	NESN After Hours		MLB Baseball	
30	Major Crimes [66]		Major Crimes "Return to Sender"		Major Crimes Rusty takes the stand.		Major Crimes "Flight Risk" [66]		Major Crimes "Personal Day" [66]		Major Crimes "Return to Sender"	
35	FOX Primetime		Tucker Carlson		Hannity (N) [66]		Ingraham		Gutfeld! (N) [66]		Fox News at Night	
36	E. B. OutFront		Anderson Cooper		Cuomo Prime Time		Don Lemon Tonight		Anderson Cooper		Cuomo Prime Time	
39	Shepard Smith		Undercover Boss		Undercover Boss		Undercover Boss		Undercover Boss		Shepard Smith	
40	The ReidOut (N)		All In With		Rachel Maddow		The Last Word		The 11th Hour		Rachel Maddow	
41	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Movie: ★½ "Big Daddy" (1999, Comedy)				★½ "Big Daddy"	
42	(6:00) Movie: ★★½ "The Big Land"		Movie: ★★½ "To Catch a Thief" (1955) Cary Grant, Grace Kelly. [66]		Movie: ★★½ "The Hot Rock" (1972) Robert Redford, George Segal. Premiere. [66]		Movie: ★★½ "The Hot Rock" (1972) Robert Redford, George Segal. Premiere. [66]		Movie: ★★½ "The Heat" (2013) Sandra Bullock. [66]		Movie: ★★ "Jack of Diamonds" (1967)	
43	(5:30) Movie: ★★½ "Spy" (2015)		Movie: ★★½ "Central Intelligence" (2016) Dwayne Johnson. [66] (DVS)		All Elite Wrestling: Rampage (N) [66]		All Elite Wrestling: Rampage (N) [66]		All Elite Wrestling: Rampage (N) [66]		Movie: ★★½ "The Heat" (2013) Sandra Bullock. [66]	
45	Office	Office	Office	Office	Creek	Creek	Creek	Creek	Creek	Creek	South Pk	South Pk
46	(6:00) Movie: ★★ "Venom" (2018)		Movie: ★★ "Deadpool 2" (2018, Action) Reynolds, Josh Brolin. (In Stereo) [66]		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
47	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
48	Movie: ★★½ "Let's Be Cops" (2014) Jake Johnson, Damon Wayans Jr. [66] (DVS)		Movie: ★★½ "Set It Off" (1996, Action) Jada Pinkett, Queen Latifah. Desperation drives four women to bank-robbery. [66]		Snapped [66]		Snapped [66]		Dateline: Secrets Uncovered [66]		Movie: ★★½ "Let's Be Cops" (2014)	
49	Snapped [66]		Killer Siblings "Williams/beavers" (N)		Snapped [66]		Snapped [66]		Dateline: Secrets Uncovered [66]		Movie: ★★½ "Let's Be Cops" (2014)	
50	The First 48 [66]		The First 48: Killer		Cold Case Files (N)		American Justice		The First 48 [66]		The First 48: Killer	
51	(5:00) Movie: ★★½ "Goodfellas" (1990)		Movie: ★★½ "Red" (2010) Bruce Willis. The CIA targets a team of former agents for assassination.		Movie: ★★½ "Red 2" (2013) Bruce Willis. Premiere. Retired operatives return to retrieve a lethal device.		Movie: ★★½ "Red 2" (2013) Bruce Willis. Premiere. Retired operatives return to retrieve a lethal device.		Movie: ★★½ "Red 2" (2013) Bruce Willis. Premiere. Retired operatives return to retrieve a lethal device.		Movie: ★★½ "Red 2" (2013) Bruce Willis. Premiere. Retired operatives return to retrieve a lethal device.	
53	Below Deck		Below Deck		Movie: ★★ "The Wedding Planner" (2001) [66]		Movie: ★★ "The Wedding Planner" (2001) [66]		Movie: ★★ "The Wedding Planner" (2001) [66]		Movie: ★★ "The Wedding Planner" (2001) [66]	
56	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
59	(6:00) Movie: ★★½ "The Last Bridesmaid"		Movie: ★★½ "Crashing Through the Snow" (2021) Amy Ackers. [66] (DVS)		Golden Girls		Golden Girls		Golden Girls		Golden Girls	
60	Church	Potters	Drive Thru History		Drive Thru History		Drive Thru History		Drive Thru History		Drive Thru History	
61	Ancient Aliens		Ancient Aliens [66]		Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens	
62	Darcey & Stacey		90 Day Fiancé: The Other Way (N)		90 Day		Darcey & Stacey		90 Day		90 Day: Other	
63	Gold Rush: Pay Dirt		Gold Rush (N) [66]		Dino Hunters "The Race is On" (N) [66]		Gold Rush		Gold Rush		Gold Rush [66]	
64	Andy G.	Andy G.	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King of Queens	
66	Fam Guy	Fam Guy	Fam Guy	Fam Guy	Fam Guy	Fam Guy	Fam Guy	Fam Guy	The 700 Club [66]		Simpson	Simpson
67	Koral	Patrick	Patrick	Sponge.	Rugrats		Friends	Friends	Friends	Friends	Friends	Friends
68	(6:15) Movie: ★★½ "Hotel Transylvania 3"		Disney's Magi		Disney's Magic Bake-Off [66]		Bunk'd [66]		To Be Announced		Disney's Magic Bake-Off "Bunk'd"	
69	River Monsters		River Monsters		Deadliest Man-Eaters		River Monsters		River Monsters		River Monsters	
70	"Witch Hunter"		Movie: ★★½ "Ant-Man" (2015) Paul Rudd. Ant-Man uses his shrinking skills to battle Yellowjacket.		Surreal/Estate "Baba O'Reilly" (N)		Surreal/Estate "Baba O'Reilly" (N)		Futurama		Futurama	

SATURDAY EVENING SEPTEMBER 4, 2021												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit	Law & Order: Special Victims Unit
4	College Football: Louisiana at Texas.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.	College Football: LSU at UCLA.
5	Big Bang Theory	The Nite Show	To Be Announced	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	WABI TV5 We	Nite Show	Opry "Brad Paisley" (N) (Live)	Opry "Brad Paisley" (N) (Live)
6	Maine Life	Dock & Dine	Tokyo Paralympics	America's Got Talent "Quarterfinals 3"	America's Got Talent "Quarterfinals 3"	America's Got Talent "Quarterfinals 3"	America's Got Talent "Quarterfinals 3"	America's Got Talent "Quarterfinals 3"	NEWS-CENTER	Saturday Night Live Host Kristen Wiig; Dua Lipa performs.	Castle "Ghosts" (In Stereo)	Castle "Ghosts" (In Stereo)
8	Coll. Football	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	College Football: Georgia at Clemson.	WMTW News 8	Blitz 8 High	Castle "Ghosts" (In Stereo)	Castle "Ghosts" (In Stereo)
10	As Time Goes By	Still Opn Hrs	Doc Martin Martin must fire Elaine.	Father Brown Bunty is tried for murder.	Father Brown Bunty is tried for murder.	Father Brown Bunty is tried for murder.	Father Brown Bunty is tried for murder.	Father Brown Bunty is tried for murder.	TBA	Austin City Limits (In Stereo)	Underground	Underground
12	Modern Family	Modern Family	Stitch	Mike & Molly	2 Broke Girls	2 Broke Girls	WMTW News 8	TOTAL MAINE	Simpsons	Simpsons	Bob's Burgers	Bob's Burgers
13	Voices of Hope	Super Storms	To Be Announced	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	48 Hours (In Stereo)	CBS 13 News	Ring of Honor Wrestling	Outdoors	Outdoors
21	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU
24	Football	Curran's	Ninja Warrior	Ninja Warrior	Ninja Warrior	Ninja Warrior	Ninja Warrior	Ninja Warrior	United Fight	Super High Roller	World Poker	World Poker
25	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	College Football: Texas Tech at Houston.	Scores	College Football: BYU at Arizona.	(N) (Live)	(N) (Live)
26	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)
27	Extra	Red Sox	My Story	My Story	Cruisin'	Cruisin'	NESN	NESN	NESN	Dirty	MLB Baseball	MLB Baseball
30	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]	(6:00) "The Cheerleader Escort" [66]
35	Life, Liberty	Walters' World (N)	Justice Judge	Unfiltered with	Walters' World	Justice Judge	Unfiltered with	Walters' World	Justice Judge	Unfiltered with	Walters' World	Justice Judge
36	CNN Newsroom	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit	History of the Sit
39	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank
40	American Voices	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson	Week-Johnson
41	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes	Jokes
42	"Lawrence of Arabia: Director's Cut"	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]	Movie: ★★ ★★ "Les Girls" (1957, Musical) Gene Kelly, Mitzi Gaynor. [66]
44	(5:15) Movie: ★★ "Bad Boys II" [66]	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.	Movie: ★★ ★★ "Black Panther" (2018) Chadwick Boseman. Black Panther springs into action when an old enemy returns.
45	"The Other Guys"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"	★★★ "Anchorman: The Legend of Ron Burgundy"
46	(5:00) "Spider-Man: Far From Home"	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]	Movie: ★★ ½ "Thor: The Dark World" (2013, Action) Chris Hemsworth, Natalie Portman. (In Stereo) [66]
47	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.
48	★★ "Resident Evil: The Final Chapter"	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Movie: ★★ ★★ "Ready Player One" (2018) Tye Sheridan. A teen finds adventure in a virtual reality world in 2045. [66] (DVS)	Miracle Workers	The Cube "You. Got. This!"	"Ready Player"	"Ready Player"
49	Accident, Suicide	Accident, Suicide	Snapped [66]	Snapped [66]	Snapped [66]	Snapped [66]	Snapped [66]	Snapped [66]	Dateline: Secrets Uncovered	"Vanished"	"Vanished"	"Vanished"
50	"Fast & Furious"	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Movie: ★★ ½ "Fast Five" (2011) Vin Diesel. (In Stereo) [66]	Neigh	Neigh	Movie: "Fast Five"	Movie: "Fast Five"
51	(6:30) Movie: ★★ ★★ ½ "Lethal Weapon 2" (1989) Mel Gibson, Danny Glover. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]	Movie: ★★ ★★ "Lethal Weapon 3" (1992, Action) Mel Gibson, Danny Glover, Joe Pesci. [66]
53	(5:49) Movie: ★★ ★★ "Bridesmaids" (2011)	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Movie: ★★ ★★ "Bridesmaids" (2011, Comedy) Kristen Wiig. [66]	Mod Fam	Mod Fam	Mod Fam	Mod Fam
56	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
59	Movie: "Hearts Down Under" (2020) Cindy Busby, Tim Ross. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Journey of My Heart" (2021, Romance) Rhianon Fish. Premiere. [66]	Movie: "Romance in the Air" (2020, Romance) Cindy Busby. [66] (DVS)	Movie: "Romance in the Air" (2020, Romance) Cindy Busby. [66] (DVS)	Movie: "Romance in the Air" (2020, Romance) Cindy Busby. [66] (DVS)	Movie: "Romance in the Air" (2020, Romance) Cindy Busby. [66] (DVS)
60	In Touch	Huckabee (N) [66]	Some	Hour of Power	Youseff	Huckabee [66]	Some	Fontaine	Some	Fontaine	Some	Fontaine
61	Pawn Stars	Pawn Stars	Pawn Stars (N) (In Stereo) [66]	Pawn Stars (N) (In Stereo) [66]	Pawn Stars (N) (In Stereo) [66]	Pawn Stars (N) (In Stereo) [66]	Pawn Stars (N) (In Stereo) [66]	Pawn Stars (N) (In Stereo) [66]	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars
62	Say Yes, Dress	Say Yes, Dress	90 Day: Single Life	90 Day: Single Life	90 Day: Single Life	90 Day: Single Life	90 Day: Single Life	90 Day: Single Life	90 Day Diaries	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress
63	Expedition Un.	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Unknown: Unearthed [66]	Expedition Un.	Expedition Un.	Expedition Un.	Expedition Un.
64	Two Men	Two Men	Two Men	Two and Half Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men
66	"Shrek"	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me" (2010) [66]	Movie: ★★ ★★ "Despicable Me 2" (2013)	★★★ "Lilo & Stitch"	★★★ "Lilo & Stitch"	★★★ "Lilo & Stitch"
67	Hustle	Hustle	Hustle	Hustle	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
68	(6:45) Movie: "Madagascar 3: Europe's Most Wanted" [66]	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Big City Greens	Disney's Magic Bake-Off [66]	Ladybug & Cat	Ladybug & Cat	Ladybug & Cat
69	The Zoo	The Zoo	The Zoo	The Zoo	Buddies	Buddies	Buddies	Buddies	The Zoo	Futurama	Futurama	Futurama
70	(6:05) Movie: ★ ½ "Law Abiding Citizen" (2009) [66]	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Movie: ★★ ★★ "Jack Ryan: Shadow Recruit" (2014, Action) Chris Pine, Kevin Costner. Premiere.	Futurama [66]	Futurama [66]	Futurama [66]	Futurama [66]

SUNDAY EVENING SEPTEMBER 5, 2021												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Criminal Minds "Ex Parte" (DVS)		Criminal Minds "All You Can Eat"		Criminal Minds "Mixed Signals"		Criminal Minds "Believer"		Criminal Minds "300" (DVS)		Criminal Minds "Starter Home"	
4	Great North	Bob's Burgers	Boxing: PBC: Jesus Ramos Jr. vs. Brian Mendoza. (N) (In Stereo Live)				FOX23 News at Ten (N) (Live)		Ring of Honor Wrestling		Seinfeld	Seinfeld
5	60 Minutes (N) (In Stereo)		Big Brother (N) (In Stereo)		Movie: ★★ ★★ "The School of Rock" (2003) Jack Black. (In Stereo)				News	Van Susteren	Bensinger	Game Time
6	2020 Tokyo Paralympics: Paralympic Prime-time Show. From Tokyo.				America's Got Talent "Semi-Finals 1" Eleven performers compete live.				NEWS-CENTER	American Ninja Warrior		Inside Edition
8	The Con-ners	College Football: Notre Dame at Florida State. (In Stereo Live)			Doak S. Campbell Stadium. (N)				WMTW News 8	Blitz 8 High	Soledad O'Brien	Major Crimes
10	Sanditon on Master-piece		Lucy Worsley's Royal Myths		Guilt on Masterpiece Max and Jake run down an old man. (N) (DVS)				Halifax: Retribution		Lucy Worsley's Royal Myths	
12	Modern Family	Modern Family	DC's Legends of Tomorrow (N)		Wellington	Wellington	WMTW News 8	Soledad O'Brien	TOTAL MAINE	TMZ (N) (In Stereo)		Extra (N)
13	60 Minutes (N) (In Stereo)		Big Brother (N) (In Stereo)		Movie: ★★ ★★ "The School of Rock" (2003) Jack Black. (In Stereo)				CBS 13 News	Sharyl Attkisson	Bensinger	Game Time
21	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	
24	Ninja Warrior		Ninja Warrior		Ninja Warrior		Ninja Warrior		World Poker Tour		World Poker Tour	
25	MLB Baseball: Los Angeles Dodgers at San Francisco Giants.						SportsCenter (N)		SportsCenter (N) (Live)			SportCtr
26	Primetime at the U.S. Open From Flushing, N.Y. (N) (Live)								World of X Games		X Games	
27	Behind B	Brins	New	Golf	Dining	Red Sox	NESN	NESN	NESN	Dirty	MLB Baseball	
30	(6:00) "Cheer for Your Life" (2021)		Movie: "Webcam Cheerleaders" (2021, Suspense) Joelle Farrow. Premiere.				Movie: "Death of a Cheerleader" (2019) Aubrey Peeples, Sarah Dugdale.				Movie: "Webcam Cheerleaders"	
35	Sunday Night		Life, Liberty		Revolution		Sunday Night		Life, Liberty		Revolution	
36	CNN Newsroom		9/11 Revisiting the documentary 9/11.				Special Report		9/11 Revisiting the documentary 9/11.			
39	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	
40	American Voices		Mehdi Hasan		Week-Johnson		American Voices		Mehdi Hasan		Week-Johnson	
41	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokers	Jokes	Jokes
42	(6:00) Movie: "Singin' in the Rain"		Movie: ★★ "Body and Soul" (1925, Drama) Paul Robeson.		"Paul Robeson: Tribute"		Movie: ★★ ★½ "The Emperor Jones" (1933) Paul Robeson.				Among Those Who Do!"	
44	(6:30) Movie: ★★ ½ "Captain Marvel" (2019, Action) Brie Larson. (DVS)		Animal Kingdom "Let It Ride" (N)		Animal Kingdom "Let It Ride" (N)		Animal Kingdom "Let It Ride" (N)		Movie: ★★ ★★ "Rush Hour" (1998, Action) Jackie Chan, Chris Tucker. (DVS)			
45	"Anchorman"		Movie: ★★ ½ "Step Brothers" (2008) Will Ferrell.				Movie: ★★ "We're the Millers" (2013)					
46	(5:30) Movie: "Thor: The Dark World"		Movie: ★★ "Venom" (2018, Action) Tom Hardy, Michelle Williams. (In Stereo)				Movie: ★★ "Venom" (2018, Action) Tom Hardy, Michelle Williams. (In Stereo)				Movie: ★★ ★★ "Logan" (2017)	
47	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
48	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Love Life		Movie: ★★ ½ "Broke Almighty" (2003) Jim Carrey, Morgan Freeman. (DVS)		"Break Up"	
49	Charmed to Death		Snapped		Snapped		Snapped		Dateline: Secrets Uncovered			
50	The First 48		The First 48		The First 48		Kids Behind Bars		Kids Behind Bars		The First 48	
51	(6:40) The Walking Dead		The Walking Dead "Acheron Part 2"		The Walking Dead "Hunted" (N)		Talking Dead (N)		The Walking Dead "Hunted"		The Walking Dead "Hunted"	
53	Housewives		Housewives		Teyana	Housewives	Real Housewives		Real Housewives		Real Housewives of Salt Lake	
56	Beat	Beat	Buddy vs. Duff "Monster Matchup" (N)				Battle of the		Beat	Beat	Buddy vs. Duff	
59	(6:00) Movie: "Journey of My Heart"		Chesapeake Shores (N)		Movie: "Wedding Every Weekend" (2020) Kimberley Sustad. (DVS)				Golden Girls	Golden Girls	Golden Girls	Golden Girls
60	Carpen	Robert	Osteen	David	Huckabee		Metaxas	Creflo D.	Praise		Praise	
61	Band of Brothers		Band of Brothers			Band of Brothers	Band of Brothers		Band of Brothers "Points"		Band of Brothers	
62	90 Day: Other		90 Day Fiancé: The Other Way (N)				Love-Mama's Boy		90 Day: Other		90 Day: Other	
63	Naked and Afraid		Naked and Afraid		Two fans attempt a 14-day challenge. (N)				Naked and Afraid		Naked and Afraid	
64	Two Men	Two Men	Two Men	Two and Half Men		Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men
66	"Despic		Movie: ★★ ★★ "Despicable Me 2" (2013)			Movie: ★★ ½ "Zootopia" (2016, Children's)					"Gnomeo & Juliet"	
67	Sponge.	Koral	"Alvin-Chipwrecked"				"Alvin and the Chipmunks"				Friends	Friends
68	Disney's Magic Bake-Off		Disney's Magic Bake-Off		Disney's Magic Bake-Off		Disney's Magic Bake-Off "Bunk'd"		Big City Greens	Big City Greens	Big City Greens	Big City Greens
69	North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law		North Woods Law	
70	(5:00) Movie: "The Magnificent Seven"		Movie: ★★ ★★ "Tombstone" (1993) Kurt Russell. Premiere. Doc Holliday joins Wyatt Earp for the OK Corral showdown.						Movie: ★★ ★★ "Tombstone" (1993, Western) Kurt Russell, Val Kilmer.			

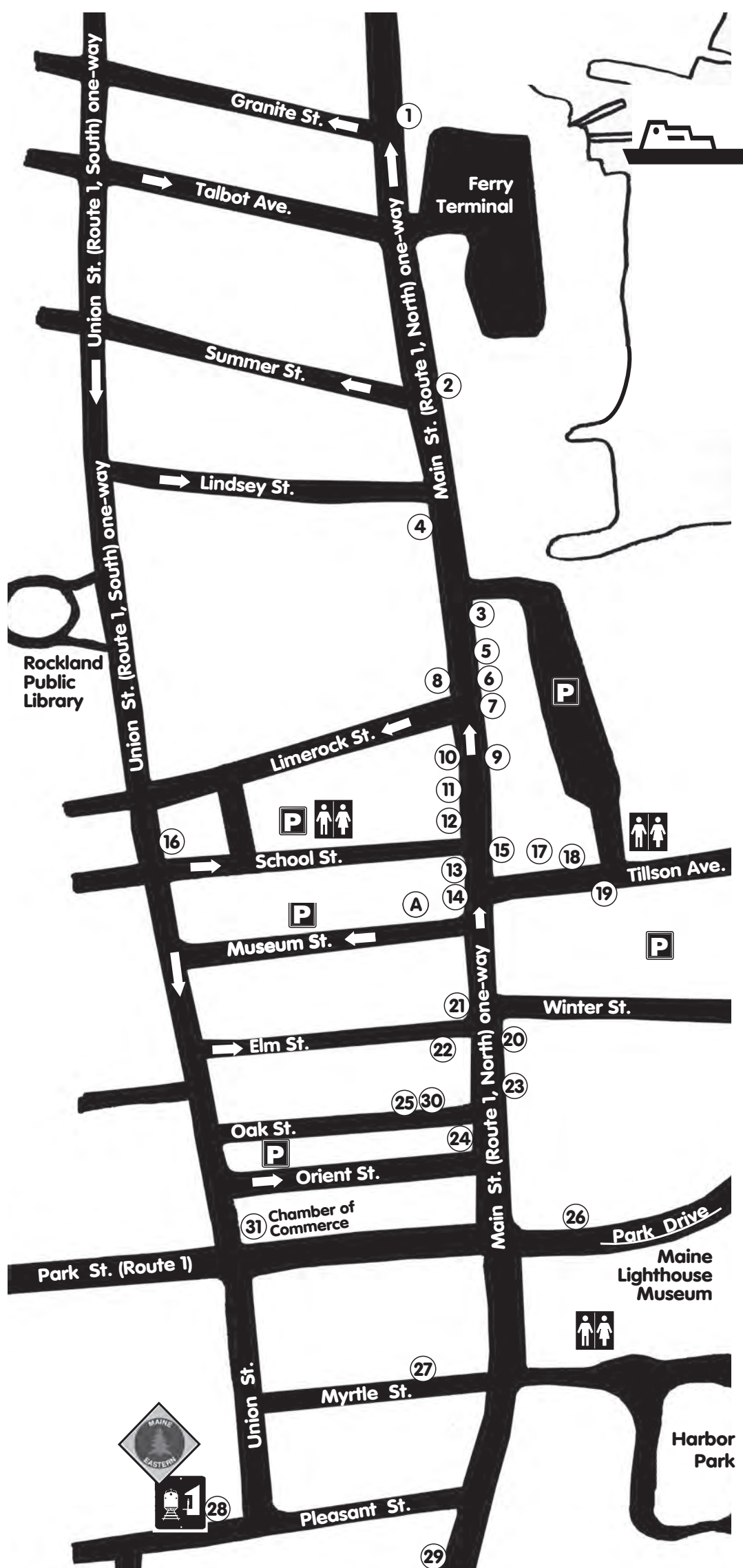
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solution on
pg 30.**

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