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Osteoblast-specific deficiency of ectonucleotide pyrophosphatase/ phosphodiesterase-1 engenders insulin resistance in high-fat diet fed mice

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Manuscripts

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3 1 **Osteoblast-specific deficiency of ectonucleotide pyrophosphatase/ phosphodiesterase-1**
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6 2 **engenders insulin resistance in high-fat diet fed mice**
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9 3 Short running title: Osteoblast-specific metabolic actions of NPP1
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46 17 Data availability statement
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49 18 All the data that supports the findings of this study are available in main document and the
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51 19 supplementary material of this article.
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1 **Abstract**

2 Supraphysiological levels of the osteoblast-enriched mineralisation regulator ectonucleotide
3 pyrophosphatase/phosphodiesterase-1 (NPP1) is associated with type 2 diabetes mellitus.

4 We determined the impact of osteoblast-specific *Enpp1* ablation on skeletal structure and
5 metabolic phenotype in mice.

6 Female, but not male, 6-week old mice lacking osteoblast NPP1 expression (osteoblast-
7 specific KO) exhibited increased femoral bone volume/total volume (17.50% vs 11.67%;
8 $p < 0.01$), and reduced trabecular spacing (0.187mm vs 0.157mm; $P < 0.01$) compared with
9 floxed (control) mice. Furthermore, an enhanced ability of isolated osteoblasts from the
10 osteoblast-specific KO to calcify their matrix *in vitro* compared to *fl/fl* osteoblasts was
11 observed ($p < 0.05$).

12 Male osteoblast-specific KO and *fl/fl* mice showed comparable glucose and insulin tolerance
13 despite increased levels of insulin-sensitizing under-carboxylated osteocalcin (195% increase;
14 $p < 0.05$). However, following high-fat-diet challenge, osteoblast-specific KO mice showed
15 impaired glucose and insulin tolerance compared with *fl/fl* mice.

16 These data highlight a crucial local role for osteoblast NPP1 in skeletal development and a
17 secondary metabolic impact that predominantly maintains insulin sensitivity.

18
19 **Key Words:** Genetic animal models, Matrix mineralisation, Osteoblasts, Bone-fat interactions,
20 non-collagenous proteins.

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1 Introduction

2 Ecto-nucleotide pyrophosphatase/phosphodiesterase-1 (ENPP1 in humans, NPP1 in mice) is
3 the founding member of the ENPP family – which comprises of seven structurally related
4 isozymes (Mackenzie et al., 2012; Roberts, Zhu, Farquharson, & Macrae, 2019; Terkeltaub,
5 2006). Within bone, ENPP1 is highly expressed in the plasma membrane and mineral-
6 depositing matrix vesicles (MV) of osteoblasts where its expression is over 30 times higher
7 than in skeletal muscle (BioGPS, 2018; Roberts et al., 2019). ENPP1 is the principal generator
8 of extracellular inorganic pyrophosphate (PP_i), a potent inhibitor of hydroxyapatite (HA)
9 crystal formation in mineralisation-competent tissues (Mackenzie et al., 2012). Mice lacking
10 NPP1 (*Enpp1*^{-/-}) have severe hypermineralisation defects, which are associated with
11 abnormally low plasma PP_i levels (Huesa et al., 2014; Li et al., 2013; Mackenzie et al., 2012).
12 We, and others, have previously reported the dramatic effects of global *Enpp1* ablation on
13 soft tissue calcification and hyperostosis of vertebrae and joints, highlighting ENPP1 as a
14 critical regulator of mineralisation through the production of PP_i (Anderson et al., 2005; Babij
15 et al., 2009; Hajjawi et al., 2014; Harmeý et al., 2004; Johnson et al., 2003; Johnson, Pritzker,
16 Goding, & Terkeltaub, 2001).

17 Surprisingly we, and others, have indicated *Enpp1*^{-/-} mice have reduced trabecular bone mass
18 and cortical thickness of both the tibia and femur (Li et al., 2013; Mackenzie et al., 2012). This
19 reduction may be a consequence of relatively low levels of endogenous NPP1 expression
20 throughout the long bones when compared to flat bones such as calvaria (Anderson et al.,
21 2005). For long bones, a complete ablation of NPP1 activity likely reduced extracellular PP_i to
22 abnormally low levels. Because of this, there is likely a reduced conversion of PP_i to inorganic

1 phosphate (Pi) by tissue specific alkaline phosphatase (TNAP). This TNAP-specific breakdown
2 of PPI to Pi is critical for normal mineral formation and this process is likely disrupted in
3 *Enpp1*^{-/-} mice.

4 Further to the action in the control of mineralisation, ENPP1 plays a recognised role in
5 metabolic disease (Goldfine et al., 2008; Prudente, Morini, & Trischitta, 2009). Indeed, our
6 studies challenging *Enpp1*^{-/-} mice with chronic exposure to a high-fat diet (HFD) revealed that
7 global *Enpp1* gene deletion promotes improved glucose homeostasis in the context of
8 obesity-associated diabetes (Huesa et al., 2014). Whilst the tissue origin of the metabolically
9 active ENPP1 is presently unknown, it is possible that ENPP1 function may be directly
10 controlled through the actions of osteoblast-derived hormonally active osteocalcin.
11 Osteocalcin is bioactive when in the under- or un-carboxylated state and is known to have
12 insulin sensitising properties (Karsenty, Ferron, Karsenty, & Ferron, 2012; Karsenty & Olson,
13 2016)

14 In the present study, we hypothesised that osteoblast-specific NPP1 ablation results in
15 reduced mineralisation of skeletal tissue and metabolic protection following chronic high-fat
16 diet feeding. To test this we generated mice with osteoblast-specific deletion of *Enpp1* to
17 determine their skeletal development and structure as well as metabolic changes associated
18 with insulin sensitivity and glucose homeostasis.

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1 **Materials and Methods**

2 **Generation of osteoblast-specific *Enpp1* deficient mice**

3 Floxed *Enpp1* mice (*fl/fl*) were generated by Cyagen Biosciences, (CA, USA). Osteocalcin-cre
4 mice (*Ocn-cre*) were kindly donated by Thomas Clemens at John Hopkins Medicine, Baltimore,
5 Maryland (Zhang et al., 2002). The commercially generated *fl/fl* mice were designed with
6 the *loxP* sites around exon 9 (Supp. Fig. 1A) (Cyagen Biosciences, CA, USA). Mice were crossed
7 to generate the osteoblast-specific conditional knockout mice (cKO) as well as appropriate
8 *fl/fl* mice. PCR-based genotyping was performed on mouse DNA using a duplex PCR reaction
9 for *Cre* (F:GCA TTA CCG GTC GAT GCA ACG AGT GAT GAG; R:GAG TGA ACG AAC CTG GTC GAA
10 ATC AGT GCG) and *Fabp1200* (F:TGG ACA GGA CTG GAC CTC TGC TTT CCT AGA; R:TAG AGC
11 TTT GCC ACA TCA CAG GTC ATT CAG) or *Enpp1* (F:GCTAATCATCAGGAGGTCAAG;
12 R:CTGGTAGAATCCCGTCAATC). The specificity of the gene deletion was confirmed with
13 western blot analysis of whole-bone tibial lysates (Supp. Fig 1B & 1C) with 85% efficiency of
14 Cre recombinase activity. All mice were kept in polypropylene cages, with light/dark 12-hour
15 cycles, at $21 \pm 2^\circ\text{C}$. Mice for skeletal phenotyping (male and female mice) were fed *ad libitum*
16 with control diet (6.2% fat; Harlan Laboratories, IN, USA) from 4- to 22-weeks of age. For
17 metabolic phenotyping, only male mice were fed with a high-fat diet (HFD) (58% fat; Research
18 Diets, Inc, New Brunswick, NJ, USA) or control diet (6.2% fat; Harlan Laboratories, IN, USA)
19 from 4- to 16-weeks of age. For metabolic phenotyping, *ad libitum* food consumption and
20 weight gain were monitored throughout the experiments. Roslin Institute's Animal Users
21 Committee approved all experimental protocols and the animals were maintained in
22 accordance with UK Home Office guidelines for the care and use of laboratory animals.

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1 **Glucose and insulin tolerance tests**

2 16-week-old male mice were fasted for 4 hours and administered 2 mg of D-glucose (Sigma,
3 Poole, UK) per g of body weight by oral gavage for glucose tolerance testing (GTT). For insulin
4 tolerance testing (ITT), 16-week old male mice were fasted for 4 hours and administered 0.5
5 (control diet) or 0.75 (HFD) mU of insulin by intraperitoneal injection (Actrapid, NovoNordisk,
6 Bagsvaerd, Denmark) per g of body weight. At 0, 15, 30, 60 and 120 minutes after insulin
7 administration, blood glucose was measured with an Accu-Chek® Aviva glucose meter (Roche
8 Diagnostics Ltd, Lewes, UK) and plasma insulin was measured by ELISA (ChrysalChem,
9 Chicago, IL, USA). Mice were allowed to recover for up to one week before being culled.
10 Tissues, including pancreas, kidney, quadriceps femoris, femora, humerus and tibiae as well
11 as brown, subcutaneous, mesenteric and gonadal fat pads, were collected and fixed for at
12 least 24 hours in 10% Neutral-buffered formalin (NBF) for histological assessment and gene
13 expression analysis.

15 **Plasma analysis**

16 Immediately following euthanasia, blood was obtained from 6- and 16-week-old mice and
17 plasma samples prepared. Blood was collected in eppendorfs coated with 2% EDTA on ice.
18 After centrifugation (10 min, 1,000g, 4 °C), platelets were depleted from plasma by filtration
19 (25 min, 2,200 g, 4 °C) through a Centriscart I 300,000 kD mass cutoff filter (Sartorius) and
20 stored at -20 °C until further processing. Total, carboxylated (GLA), undercarboxylated
21 (GLU13-OCN) and uncarboxylated (GLU) osteocalcin was measured as previously described
22 (Ferron, Wei, Yoshizawa, Ducy, & Karsenty, 2010), as well as markers of bone formation
23 (P1NP; AmsBio, Oxford) and resorption (CTx; AmsBio) and insulin, measured by ELISA

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3 1 (ChrystalChem). The plasma PP_i concentration was determined as described previously
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6 2 (Robert S. Jansen et al., 2013).
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10 4 **Micro-computed tomography and mechanical testing**

11 5 Tibiae and femora from 6-week-old male and female mice were dissected and were
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13 6 immediately fixed in 10% NBF for 24 hours and subsequently stored in 70% ethanol pending
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15 7 analysis. High-resolution scans with an isotropic voxel size of 4-5 μm were acquired with a
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17 8 micro-computed tomography system (μCT, 50 kV, 200uA Al filter, 0.4° rotation step, Skyscan
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19 9 1172, Bruker microCT, Kontich, Belgium) as previously described (Hajjawi et al., 2014). Scans
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21 10 were reconstructed using NRecon software (Bruker microCT). For each bone, a 1 mm section
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23 11 of the metaphysis was analysed, using the base of the growth plate as a standard reference
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25 12 point. A 0.4 mm and 2.5 mm offset from the growth plate was used for trabecular and cortical
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27 13 bone, respectively. Data were analysed with CtAn software (Bruker microCT). For calculation
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29 14 of bone mineral density, an appropriate calibration of the Skyscan CT analyser was conducted
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31 15 using known density calcium hydroxyapatite phantoms scanned and reconstructed under
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33 16 identical conditions.
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46 18 **Tissue histology**

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48 19 Dissected soft tissues were fixed in 4% paraformaldehyde (PFA) or 10% NBF (pH 7.4),
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50 20 processed using standard protocols using a Leica Arcadia tissue processor, and embedded in
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52 21 paraffin wax. 4-8-μm sections (section thickness dependent on the stain used) were stained
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54 22 with haematoxylin and eosin (H&E) to assess tissue architecture and with Von Kossa or
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56 23 Alizarin Red-S to assess soft tissue calcification (Mackenzie et al., 2012). Liver sections were
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3 1 stained with picosirius red (with fast-green counter stain) to assess fibrosis (Henderson et
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6 2 al., 2013). Adipocyte diameter and number, and pancreatic β -cell islet number and size were
7
8 3 quantified using ImageJ software as previously described (Huesa et al., 2014; Rueden et al.,
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10 4 2017). Long bones (femora and tibia) were fixed, decalcified in 10%
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12 5 ethylenediaminetetraacetic acid (EDTA) for 14 days at 4°C and embedded in wax.
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14 6 Subsequently, 4 μ M sections were stained with H&E or toluidine blue. The femoral distal
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16 7 growth plate width was determined using Image J software (Rueden et al., 2017)
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9 **Primary calvarial osteoblast cell culture**

10 Primary calvarial osteoblasts were isolated from the calvariae of 3- to 5-day-old mice as
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12 previously described (Huesa et al., 2014). Cells were seeded at a density of 100,000 cells/well
13
14 in 6-well plates, in growth medium consisting of α -MEM (Invitrogen, Paisley, UK)
15
16 supplemented with 10% FBS (Invitrogen) and 1% gentamicin (Invitrogen). Mineralisation was
17
18 induced with the addition of 50 μ g/ml ascorbic acid and 5mM β -glycerophosphate as
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20 previously describe (Staines et al., 2017). In brief, cells were grown to confluence. Cells were
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22 maintained in a 5% CO₂ atmosphere at 37°C and the medium was changed every 2nd/3rd day.
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3 1 with phenolsulphonethalein, using a commercially available kit (Randox Laboratories Ltd.,
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6 2 County Antrim, UK).

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10 4 **Western blotting**

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13 5 The bone marrow of bones (humeri) was removed by centrifugation, and bones were
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15 6 homogenised in RIPA buffer (Sigma) with protease inhibitor cocktail (Sigma) using an IKA
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17 7 homogeniser (Sigma, UK). Western blotting was conducted with specific antibodies against
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19 8 ENPP1 (Pierce, Waltham, MA, USA) and β -actin (Abcam) and performed as previously
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21 9 described (Zhu et al., 2013; Zhu, Mackenzie, Millán, Farquharson, & MacRae, 2011) and
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23 10 visualised using the enhanced chemiluminescence (ECL) western blotting detection system
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25 11 (GE Healthcare, Chalfont St Giles, UK).

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32 13 **RNA extraction and qPCR**

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35 14 RNA was isolated from bone (bone marrow removed), muscle and fat tissues using Qiazol
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37 15 (Qiagen, Valencia, CA, USA) following standard protocol procedures. RNA from all other
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39 16 tissues and cell cultures were extracted with the RNeasy Qiagen kit following the
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41 17 manufacturers' instructions (Qiagen). RNA was quantified and reverse transcribed as
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43 18 previously described (Zhu et al., 2011). All genes were analysed with the SYBR green
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45 19 detection method (Roche) using the Stratagene Mx3000P real-time QPCR system (Agilent
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47 20 Technologies, Santa Clara, CA, USA). All gene expression data were normalised against β -
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49 21 *actin*. All primers (*Tnap*, *Runx2*, *phospho1* and *Ank*) were obtained from Qiagen, Sigma and
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51 22 Primer Design (Primer Design, Southampton, UK).

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3 **1 Statistics**
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6 2 Data are expressed as the mean \pm SEM of at least three replicates per experiment. Standard
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8 3 comparisons between mice genotypes were analysed by unpaired Student's *t*-test.
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10 4 Comparisons between genotype and diet were analysed with two-way ANOVA. Time-course
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12 5 experiments were analysed with a repeated-measures two-way ANOVA. Analysis was carried
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14 6 out using Minitab 16 (Minitab Ltd, Coventry, UK). A p-value of < 0.05 was considered to be
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16 7 significant; p-values of <0.05 , <0.01 and <0.001 were noted as *, ** and ***, respectively.
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For Peer Review

1 **Results**

2 ***Enpp1* deletion in osteoblasts results in increased trabecular bone mass in female mice**

3 Comprehensive high-resolution μ -CT scanning revealed gender-dependent effects on tibial
4 and femoral trabecular structural parameters, and less so in cortical bone. Examination of the
5 mid-diaphyseal cortical bone of femora from 6-week old female cKO mice showed increased
6 femoral bone volume/total volume (17.50% vs 11.67%; $p < 0.01$), endosteal diameter (1.95
7 mm vs. 1.67 mm; $p < 0.001$) and open porosity (2.46% vs. 2.04%; $p < 0.05$) compared to femora
8 from female *fl/fl* mice (Table 1). 6-week old female cKO also exhibit increased tibia endosteal
9 diameter (1.48 mm vs. 1.29 mm; $p < 0.001$) compared to femora from female *fl/fl* mice (Table
10 1).

11 Male 6-week old cKO mice demonstrate reduced cortical thickness 0.109 mm vs. 0.117 mm;
12 $p < 0.05$) in the mid-diaphyseal femoral bone, and increased tibial periosteal diameter (1.817
13 mm vs. 1.660 mm; $p < 0.05$) compared to male *fl/fl* mice (Table 1). No differences in long bone
14 trabecular parameters were observed for male mice (Table 2). In addition, female cKO mice
15 showed decreased trabecular pattern factor (15.29 vs. 23.33; $p < 0.01$, Table 2; Supp. Fig 1D &
16 1E) in the trabecular compartment of the femur. The structure model index (SMI), which
17 quantifies the architecture of a 3D structure in terms of amounts of plates and rods
18 composing the structure (Hildebrand & Ruegsegger, 1997), was also significantly lower in
19 femora from female cKO mice (1.39 vs. 1.66; $p < 0.01$, Table 2) compared to *fl/fl* mice. This
20 indicates that the trabeculae in cKO mice appear to be more 'plate-like' and more connected.
21 Comparable changes were also observed in the tibia of cKO female mice. Interestingly, no
22 differences in the bone-resorption marker CTx (Supp. Fig. 1F) or the bone-formation marker
23 P1NP (Supp. Fig. 1F) were observed.

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3 1 **Mice with osteoblast-specific ablation of *Enpp1* show physiological plasma levels of the**
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6 2 **mineralisation inhibitor PP_i**

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9 3 We next addressed whether the cKO mice displayed depressed levels of PP_i, resembling that
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11 4 previously reported for *Enpp1*^{-/-} mice (Terkeltaub, 2006). No notable differences in PP_i levels
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13 5 in male or female mice (Supp. Fig. 1H) were observed. Subsequent alizarin red staining of
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15 6 metabolically - related soft tissues (e.g. pancreas) mineralisation-related soft tissues (e.g.
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17 7 whisker follicle, aorta) and viscera tissues reveals an absence of pathological calcification
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19 8 (Supp. Fig. 2 A-J) in cKO mice when compared to *fl/fl* mice. Furthermore, absence of
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21 9 pathological calcification was also observed in femorotibial joint (Supp. Fig. 2 K-L).
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30 11 ***Enpp1* deficient osteoblasts exhibit an enhanced ability to mineralise a matrix *in vitro***

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33 12 To assess whether NPP1 plays a key role in osteoblast-mediated mineralisation, we analysed
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35 13 calcium deposition in 28-day cultured cKO osteoblasts, in comparison to *fl/fl* cells. Qualitative
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37 14 (Fig. 1A) and quantitative (Fig. 1B, C) analyses of calcium deposition indicated an enhanced
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39 15 ability of cKO osteoblasts to calcify their matrix. We also examined the mRNA expression
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41 16 of key osteogenic and mineralisation associated genes in cKO osteoblasts. *Alpl*, *Runx2* and
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43 17 *Phospho1* were all significantly increased in cKO osteoblasts compared to *fl/fl* cells following
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45 18 culture until cellular monolayer confluence was reached (termed day 0) (P<0.05) (Fig. 1D). No
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47 19 differences in the mRNA expression levels of the PP_i transporter *Ank* were noted (Fig. 1D).
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3 1 **Male mice with osteoblast-specific ablation of *Enpp1* show normal glucose tolerance and**
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6 2 **an elevated bioactive osteocalcin levels**
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9 3 We next tested whether the osteoblast-specific deletion of *Enpp1* also translates into changes
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11 4 in whole-body glucose metabolism in male mice. 16-week old male cKO and *fl/fl* male mice
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13 5 fed the control-diet showed similar glucose and insulin tolerance (Supp. Fig. 3A-D). The size
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15 6 and number of pancreatic islets in control-diet fed cKO and *fl/fl* male mice were similar (Supp.
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17 7 Fig 3A, B). Additionally, there were no differences in fat pad mass (Supp. Fig. 4C) or white fat
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19 8 (subcutaneous, gonadal or mesenteric) morphology (Supp. Fig. 4D, E). Furthermore, no
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21 9 changes in mRNA expression levels of key genes for glucose transport (*Slc2a1*, *Slc2a4*,
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23 10 *Slc2a10*, *Slc2a12*) in gonadal fat were found (data not shown).
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29 11 A significant increase in left and right *quadratus femoris* muscle mass from the control-diet
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31 12 fed cKO mice was observed when compared with *fl/fl* mice (left: 8.45 mg vs. 7.46 mg; $p < 0.05$,
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33 13 right: 8.48 mg vs 7.38 mg, $P < 0.05$) (Fig. 2A).
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37 14 We recently published novel findings revealing that global *Enpp1*^{-/-} mice have increased levels
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39 15 of the insulin-sensitising bone-derived hormone osteocalcin (Huesa et al., 2014). The present
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41 16 study established that this observation may be specific to the actions of NPP1 in osteoblasts,
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43 17 with cKO mice also exhibiting significantly increased concentrations of undercarboxylated
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45 18 (GLU13) and osteocalcin (22.87 ng/ml vs. 11.74 ng/ml; $p < 0.05$) (Fig. 2B) (Ferron et al., 2010).
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47 19 Total osteocalcin levels were comparable to *fl/fl* mice (Fig. 2C).
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3 **1 Male mice with osteoblast-specific ablation of *Enpp1* exhibit insulin resistance in response**
4 **2 to chronic HFD challenge**
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9 3 We next investigated the effect of chronic high fat diet feeding on whole body glucose
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11 4 metabolism in 16-week old male cKO mice. Following chronic HFD-challenge (12 weeks), no
12
13 5 significant differences were observed between genotypes in body weight gain (Fig. 3A),
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15 6 pancreatic islet morphology (Fig. 3B, C) or white fat mass (Fig. 3D) of male mice. However,
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17 7 cKO male mice showed a significant increase in brown fat mass (22.2%; $p < 0.05$; Fig. 3D).
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19 8 Furthermore, the gonadal fat depot of the cKO male mice showed decreased average number
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21 9 of adipocytes per micrograph (85.19 vs. 283.19, $p < 0.001$) (Fig. 3E) and increased average
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23 10 adipocyte area ($6215 \mu\text{m}^2$ vs. $3051.28 \mu\text{m}^2$, $p < 0.01$) (Fig. 3F) compared to *fl/fl* male mice.
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29 11 Impaired glucose tolerance ($p < 0.05$; Fig. 4A, D) and reduced insulin sensitivity was observed
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31 12 in HFD challenged cKO male mice ($p < 0.05$; Fig. 4B, D). However, no significant difference was
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33 13 observed between genotypes in glucose-stimulated insulin secretion (GSIS) (Fig. 4C, D),
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35 14 indicative of relative preservation of normal β -cell function and peripheral insulin resistance
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37 15 in the male mice.
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1 Discussion

2 The mineralisation process depends on a regulated balance of various protein inducers and
3 inhibitors. Indeed the application of mutant mouse models lacking NPP1 has highlighted the
4 crucial role of NPP1 in regulating bone mineralisation. However, these mice surprisingly show
5 an osteopenic phenotype, despite the depressed levels of the circulating mineralisation
6 inhibitor PP_i (Mackenzie et al., 2012). Our present study reveals for the first time the precise
7 role of osteoblastic NPP1 bone formation; with a specific ablation of NPP1 from osteoblasts
8 increasing bone mass evidenced through bone volume fraction (BV/TV) parameters. Indeed,
9 a notable increase in bone volume/total volume was observed in female mice (Table 2). The
10 lack of bone changes in the male compared to female mice may be underpinned by the
11 different signalling pathways activated by the androgen and oestrogen receptors within bone
12 and warrants further investigation.

13 Calvarial osteoblasts lacking NPP1 showed increased mineralisation potential *in vitro*,
14 consistent with increased markers of osteogenic differentiation and mineralisation. These
15 novel data suggest that the local generation of PP_i from nucleotide precursors by NPP1 within
16 the bone micro-environment directly regulates the ratio of P_i to PP_i , controlling the deposition
17 of bone mineral. This ratio may be further modified by the upregulated *Alpl* expression
18 observed in cKO osteoblasts, which may accelerate PP_i degradation and the simultaneous
19 generation of P_i , thus promoting mineralisation. Indeed ablating both NPP1 and TNAP
20 function in mice has previously highlighted site-specific effects of NPP1, with normalisation
21 of the degree of mineralisation seen in the joints, vertebrae and soft tissues, yet
22 hypomineralisation of the long bones remaining (Millán, 2013). Relatively low levels of
23 endogenous NPP1 expression in long bones compared to other tissues, reducing extracellular
24 PP_i to abnormally low levels was proposed to underpin this phenotype.

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3 1 This study reveals that osteoblast specific NPP1 ablation is not sufficient to replicate the
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5 2 severe hypermineralisation of the connective tissues, including significant arterial
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7 3 calcification, observed in adult *Enpp1*^{-/-} mice (Mackenzie et al., 2012). Additionally, these cKO
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9 4 mice do not show vertebrae hyperostosis or excessive bone production in the femorotibial
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11 5 joint, in contrast to *Enpp1*^{-/-} mice. Together these results suggest that the circulatory PP_i
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13 6 generated from liver-derived NPP1 may be exerting crucial systemic protective effects against
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15 7 ectopic mineralisation. Thus, the prevailing mechanistic hypothesis suggests that ATP-binding
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17 8 cassette C6 (ABCC6) mediates ATP release within the liver (R. S. Jansen et al., 2014). This ATP
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19 9 is subsequently hydrolysed by hepatic ENPP1 to PP_i, which acts as an endocrine inhibitor of
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21 10 calcification at distant target sites. Indeed, ectopic mineralisation and reduced circulating PP_i
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23 11 levels are observed in *Abcc6* deficient mice. Interestingly, *Abcc6*^{-/-} which constitutively express
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25 12 human ENPP1 show increased plasma PP_i levels with small mineralisation foci within
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27 13 connective tissues. This indicates an alternative mechanism, independent of PP_i, by which
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29 14 ABCC6 prevents ectopic mineralisation (Zhao, Kingman, Sundberg, Uitto, & Li, 2017). This
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31 15 mechanism may work in tandem with CD73, an ecto-5'-nucleotidase that degrades AMP to
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33 16 adenosine and P_i (St Hilaire et al., 2011), to maintain low TNAP levels and prevent pathological
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35 17 mineralisation (Ziegler et al., 2017). Further investigations examining the tissue specific
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37 18 contribution of NPP1 from liver will be key to elucidating the precise role of NPP1 in this multi-
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39 19 faceted pathway.
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52 21 NPP1 negatively modulates insulin receptor signalling and has been proposed as a pathogenic
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54 22 factor predisposing to insulin resistance (Goldfine et al., 2008; Prudente et al., 2009). Indeed
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56 23 our laboratory has recently provided key evidence highlighting that NPP1 ablation protects
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58 24 against insulin resistance, obesity and diabetes (Huesa et al., 2014). Following the recent
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3 1 emergence of bone as an endocrine regulator, and given the fundamental importance of
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5 2 NPP1 in bone mineralisation, it is essential to elucidate the contribution of osteoblastic NPP1
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8 3 to the regulation of glucose metabolism. Intriguingly, we show here that osteoblast-specific
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10 4 NPP1 deficiency drives an unexpected worsening of insulin sensitivity relative to *fl/fl* mice
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13 5 chronically exposed to a high-fat diet, despite elevated levels of the insulin-sensitising form
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15 6 of osteocalcin.
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20 8 Furthermore, these mice demonstrate white (gonadal, mesenteric and sub-cutaneous
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22 9 depots) adipose tissue hypertrophy which is reported in the literature to be associated with
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25 10 metabolic impairment including insulin resistance (Kim et al., 2014). The cKO mice also
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28 11 present with a notable increase in brown adipose tissue mass of 22%. This is likely due to the
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30 12 mild thermogenic stress of room-temperature housing whereby the mice undergo alterations
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33 13 in non-shivering thermogenesis, which over time increases brown adipose tissue mass and
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35 14 activity (Feldmann, Golozoubova, Cannon, & Nedergaard, 2009; Lim et al., 2012; Nedergaard
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37 15 & Cannon, 2010; Xue et al., 2009). However, no significant differences in the mRNA levels of
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40 16 genes like solute carrier family 2 member 1 and 4 (*Slc2a1*, *slc2a4*), diacylglycerol O-
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42 17 acyltransferase 1 and 2 (*Dgat1* and *Dgat2*), uncoupling protein 1 and 2 (*Ucp1*, *Ucp2*) and
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44 18 lipoprotein lipase (*Lpl*) associated with thermogenic functionality were observed (Supp. Fig.
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46
47 19 5). The links between brown adipose tissue and bone are established, including positive
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50 20 correlation of brown adipose tissue volume and bone mineral density and bone cross
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52 21 sectional area (Bredella et al., 2012; Bredella, Gill, Rosen, Klibanski, & Torriani, 2014; P. Lee
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54 22 et al., 2013). Our data suggests that osteoblast-specific NPP1 may be important in regulating
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57 23 bone and brown fat tissue homeostasis and subsequent brown adipose tissue activity.
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59 24 Additionally, the cKO mice present with increased *quadriceps femoris* muscle, yet do not

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3 1 present with metabolic protection. As such, it is likely that this *quadriceps femoris* muscle
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5 2 increase is not associated with the protective cardiometabolic effects observed in chronic
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8 3 caloric excess (e.g. obesity) as reported for increased appendicular skeletal mass in other
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10 4 mouse studies (Lee et al., 2019). These data suggest that the protection against diabetes
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12 5 reported in *Enpp1*^{-/-} mice is likely due to the actions of non-skeletal NPP1 and indicate that
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14 6 NPP1 inhibition at one of its major sites of expression is metabolically detrimental.
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16 7 Interestingly, a differential sex-related sensitivity has been reported in obesity and insulin
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18 8 resistance-related cardio-metabolic diseases, with a lower incidence of these pathologies
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20 9 being observed in young female mice when compared to age-matched males. Future
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22 10 investigations assessing insulin metabolism in female cKO mice would advance our
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24 11 understanding of the mechanisms underlying these sex-related changes in the susceptibility
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26 12 to diabetes and obesity.
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35 14 Hormonally active osteocalcin (under- and un-carboxylated forms) acts to increase insulin
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37 15 secretion through β -cell proliferation and augments peripheral insulin sensitivity and energy
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39 16 expenditure (Ferron et al., 2010; Fulzele et al., 2010). We recently demonstrated that global
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41 17 *Enpp1*^{-/-} mice have elevated levels of active osteocalcin and remain insulin sensitive following
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43 18 chronic high-fat diet feeding (Huesa et al., 2014). Here we show that the insulin-resistant cKO
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45 19 mice also similarly exhibit increased concentrations of undercarboxylated and bioactive
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47 20 osteocalcin. This suggests that osteocalcin regulation is a specific consequence of NPP1 in
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49 21 bone, with bone ENPP1 deficiency driving the increased plasma osteocalcin levels. These data
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51 22 support previous reports highlighting an osteocalcin-independent influence of osteoblasts on
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53 23 energy metabolism (Yoshikawa et al., 2011).
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3 1 In conclusion, our data adds to the body of evidence supporting a role for ENPP1 in metabolic
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5 2 dysfunction. We demonstrate that osteoblast-specific ablation of NPP1 in mice alters
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7 3 osteocalcin carboxylation status whilst offering reduced protection against insulin resistance.
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10 4 Furthermore, future work assessing a wider range of bone phenotypes, including osteoclast
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12 5 function and comparison of appendicular to axial bones in these mice would be highly
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14 6 informative. A fuller understanding of the tissue-specific actions of ENPP1 is undoubtedly
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16 7 required to inform the development of new therapeutic strategies for treating diabetes.
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Peer Review

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2 **Table 1. Micro-CT analysis of the femur and tibia cortical bone from 6-week old male and female cKO and *fl/fl* mice.** Data presented as the mean \pm S.E.M. ($n \geq 4$). Significance is denoted by $P < 0.05$, $**P < 0.01$, $***P < 0.001$.

Bone	Gender	Genotype	Peri. Di (mm)	Endo. Di (mm)	BV (mm ³)	Tb. Th (mm)	Po(op) (%)
Femur	Male	<i>fl/fl</i>	2.144 (0.06)	1.773 (0.06)	0.800 (0.05)	0.117 (0.00)	2.059 (0.30)
		cKO	2.147 (0.04)	1.783 (0.06)	0.815 (0.02)	0.109 (0.00)*	2.828 (0.19)
	Female	<i>fl/fl</i>	1.97 (0.03)	1.67 (0.03)	0.565 (0.03)	0.106 (0.02)	2.04 (0.09)
		cKO	2.25 (0.03)	1.95 (0.03)***	0.64 (0.04)	0.100 (0.03)	2.46 (0.14)*
Tibia	Male	<i>fl/fl</i>	1.66 (0.05)*	1.277 (0.07)	0.857 (0.04)	0.101 (0.01)	3.467 (0.50)
		cKO	1.817 (0.02)	1.357 (0.03)	0.859 (0.02)	0.09 (0.00)	4.128 (0.29)
	Female	<i>fl/fl</i>	1.57 (0.13)	1.29 (0.02)	0.624 (0.02)	0.09 (0.02)	3.35 (0.28)
		cKO	1.89 (0.04)*	1.48 (0.03)***	0.68 (0.03)	0.08 (0.03)	3.53 (0.16)

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1 **Table 2. Micro-CT analysis of the femur and tibia trabecular parameters of 6-week old male**
 2 **and female cKO and *fl/fl* mice.** Data presented as the mean \pm S.E.M. ($n \geq 5$). Significance is
 3 denoted by * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

Bone	Gender	Genotype	BV/TV %	BMD (g/cm^3)	Tb. Pf	Tb. Th (μm)	Tb. No	Tb. Sp (mm)	SMI
Femur	Male	<i>fl/fl</i>	22.40 (1.98)	0.31 (0.02)	7.24 (3.04)	41.1 (0.00)	5.24 (0.34)	0.14 (0.11)	1.05 (0.55)
		cKO	26.96 (5.88)	0.30 (0.03)	4.15 (2.80)	44.38 (0.00)	6.023 (0.26)	0.13 (0.03)	0.928 (0.31)
	Female	<i>fl/fl</i>	11.99 (0.65)	0.32 (0.01)	23.22 (1.48)	36.37 (0.00)	3.29 (0.13)	0.19 (0.00)	1.668 (0.05)
		cKO	17.50*** (0.58)	0.36 (0.02)	15.29** (1.42)	38.06 (0.00)	4.61*** (0.15)	0.18 (0.00)	1.39 ** (0.05)
Tibia	Male	<i>fl/fl</i>	16.60 (1.55)	0.246 (0.01)	22.43 (2.50)	39.80 (0.00)	4.12 (0.26)	0.14 (0.01)	1.77 (0.09)
		cKO	16.68 (0.94)	0.26 (0.02)	21.59 (1.93)	40.15 (0.00)	4.12 (0.15)	0.15 (0.00)	1.71 (0.05)
	Female	<i>fl/fl</i>	7.675 (0.57)	0.16 (0.01)*	34.79 (2.70)	34.18 (0.09)	2.24 (0.16)	0.22 (0.01)	2.03 (0.09)
		cKO	10.92** (0.72)	0.198 (0.01)	29.76 (3.38)	33.62 (0.00)	3.23*** (0.12)	0.18*** (0.01)	1.85 (0.06)

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3 **1 Figure legends**
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6 **2 Figure 1. The matrix of *Enpp1* deficient calvariae osteoblasts show a hypermineralized**
7 **3 phenotype *in vitro*.** (A) Representative image of alizarin red stained primary osteoblast cells,
8
9 (B) Quantification of alizarin red stain, (C) Quantification of total calcium and (D) Relative
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11 mRNA expression of osteogenic and mineralization markers including *Tnap*, *Runx2*, *Phospho1*
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13 and *Ank* at day 0 . Data are presented as the mean \pm S.E.M (n=6). Significance is denoted by
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15 *P<0.05, **P<0.01, ***P<0.001.
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25 **9 Figure 2. cKO mice display an altered *quadriceps femoris* mass and osteocalcin levels.** (A)
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27 Muscle mass of male cKO and *fl/fl* mice at 16-weeks of age (n=6). (B) Undercarboxylated OCN
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29 levels and (C) total OCN levels in 16-week old male *fl/fl* and cKO mice (n=6). Data are
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31 presented as the mean \pm S.E.M. Significance is denoted by *P<0.05.
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14 **14 Figure 3. Assessment of pancreatic and fat tissue morphology in cKO and *fl/fl* male mice**
15 **15 following a chronic HFD challenge.** (A) Weekly weight gain of HFD challenged cKO and *fl/fl*
16
17 mice (n \geq 7). (B) Pancreatic islet area and (C) Islet number (n \geq 4) (D) Average mass of brown (B),
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19 sub-cutaneous (SC), gonadal (G) and mesenteric (Mes) fat (n \geq 4). The average (E) number and
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21 (F) area of adipocytes in SC, G and Mes fat (n \geq 4) of HFD challenged cKO and *fl/fl* mice at 16-
weeks of age. Data are presented as the mean \pm S.E.M. Significance is denoted by *P<0.05,
P<0.01, *P<0.001.

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3 **1 Figure 4. cKO mice show increased insulin resistance in response to a chronic HFD challenge.**

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6 2 (A) Insulin tolerance test (B) Glucose tolerance test and (C) Glucose stimulated insulin
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8 3 secretion (GSIS). (D) Metabolic tests analysed as area under the curve.

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11 4 Mice were reared under high-fat dietary conditions and were 16-weeks of age. Data are
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13 5 presented as the mean \pm S.E.M ($n \geq 6$). Significance is denoted by * $P < 0.05$, ** $P < 0.01$,
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15 6 *** $P < 0.001$.

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22 8 **Supplementary Figure 1. cKO mice show unaltered plasma markers of bone resorption and**

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24 9 **formation and unaltered plasma pyrophosphate.** (A) Schematic showing the generation of
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26 10 cKO mice and (B) western blot of NPP1 in humeri samples of *fl/fl* and cKO mice ($n=3$) & (C)
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28 11 quantification of NPP1 was obtained with densitometry analysis, and normalized with β -actin.
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30 12 ($n=3$). 3D reconstruction of the (D) *fl/fl* and (E) cKO female trabecular bone scanned using
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32 13 micro-CT. (F) CTx and (G) P1NP levels in 6-week old male and female cKO and *fl/fl* mice ($n=6$).
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34 14 (H) Plasma PP_i concentrations from male and female cKO and *fl/fl* mice ($n=6$). Data are
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36 15 presented as the mean \pm S.E.M. Significance is denoted by * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

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45 17 **Supplementary Figure 2. Alizarin red and H&E staining of tissues from cKO and *fl/fl* mice.**

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48 18 Alizarin red staining (A, B) Kidney (C, D) Liver, (E, F) Heart, (G, H) Aorta (I, J) Vibrissae and (K,
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50 19 L) H&E staining of Femorotibial joint (M) positive control, Scale bar = 40 μ m.

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57 21 **Supplementary Figure 3. cKO mice fed control diet show normal glucose and insulin**

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59 22 **metabolism.** (A) Glucose tolerance test, (B) Insulin tolerance test and (C) Glucose stimulated

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3 1 insulin secretion (GSIS). (D) Metabolic tests analysed as area under the curve. cKO and *fl/fl*
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6 2 mice were reared under control dietary conditions and were 16 weeks of age. Data are
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8 3 presented as the mean \pm S.E.M ($n \geq 6$). Significance is denoted by * $P < 0.05$, ** $P < 0.01$,
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10 4 *** $P < 0.001$.

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16 6 **Supplementary Figure 4. Histological assessment of pancreatic and fat tissues from cKO and**
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18 7 ***fl/fl* mice.** (A) Pancreatic islet area and (B) number ($n \geq 4$). (C) Average mass of brown (B), sub-
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20 8 cutaneous (SC), gonadal (G) and mesenteric (Mes) fat ($n \geq 9$). The average (E) number and (F)
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22 9 area of adipocytes in SC, G and Mes fat of control diet fed cKO and *fl/fl* mice at 16-weeks of
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24 10 age ($n \geq 4$). Data are presented as the mean \pm S.E.M. Significance is denoted by * $P < 0.05$,
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26 11 ** $P < 0.01$, *** $P < 0.001$.

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35 13 **Supplementary Figure 5. The mRNA expression of brown adipose tissue-associated**
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37 14 **metabolic genes unchanged between high-fat diet fed cKO and *fl/fl* mice.**

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40 15 The brown fat mRNA expression of selected metabolic genes including (A) *Slc2a1*, (B) *Slc2a4*,
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42 16 (C) *Ucp1*, (D) *Ucp2*, (E) *Dgat1* (F) *Dgat2*, and (G) *Lpl* was analysed. mRNA values generated
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44 17 were normalised to the geometric mean of *Gapdh* and β -*actin* house-keeping genes. Data are
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46 18 presented as the mean \pm S.E.M ($n = 4$).

Figure 1.

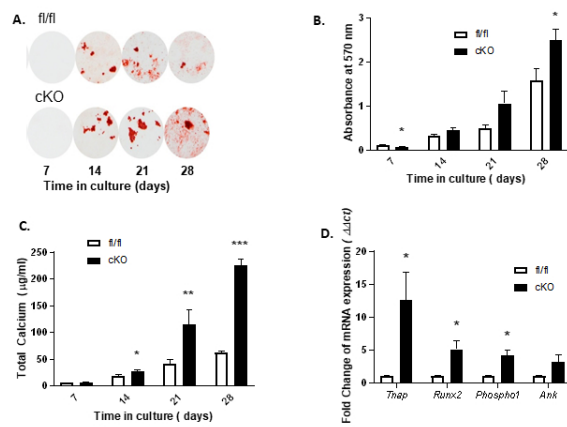


Figure 1. The matrix of Enpp1 deficient calvariae osteoblasts show a hypermineralized phenotype in vitro.

190x338mm (96 x 96 DPI)

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Figure 2

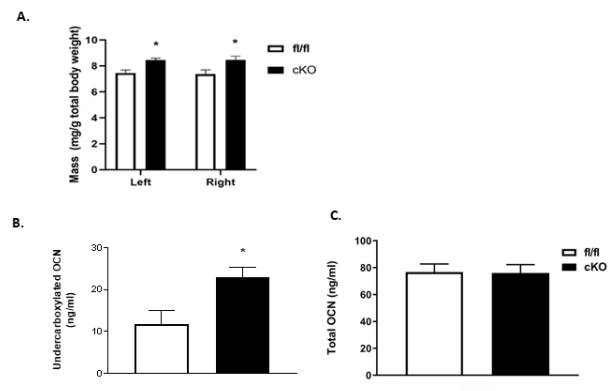


Figure 2. cKO mice display an altered quadriceps femoris mass and osteocalcin levels.

190x338mm (96 x 96 DPI)

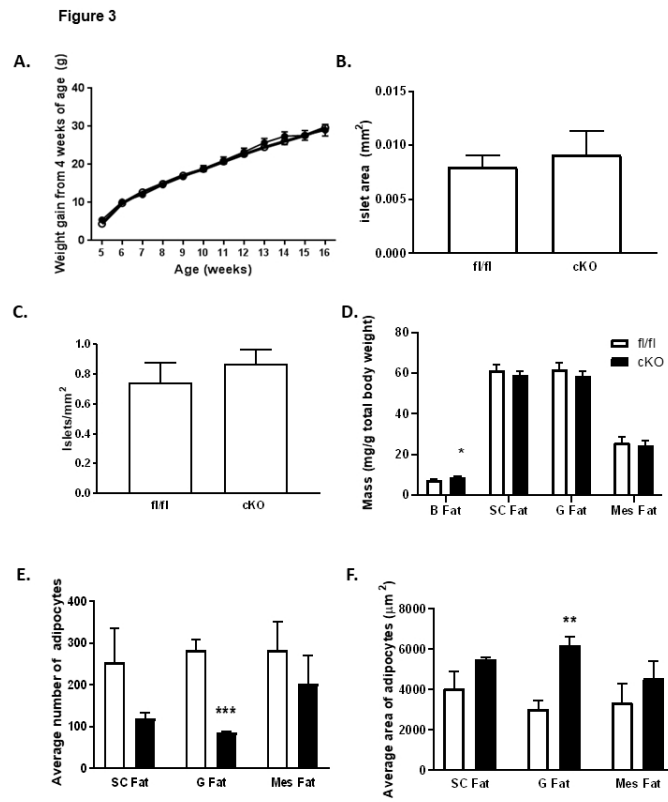
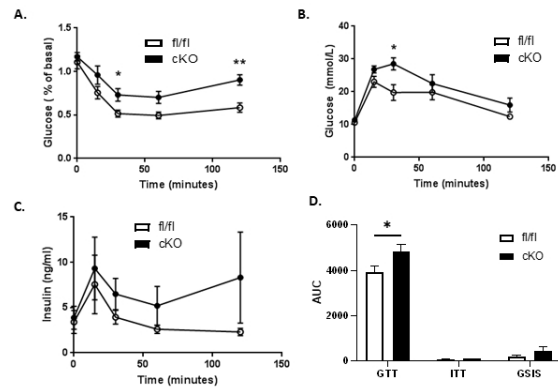


Figure 3. Assessment of pancreatic and fat tissue morphology in cKO and fl/fl male mice following a chronic HFD challenge.

190x338mm (96 x 96 DPI)

Figure 4

Figure 4. *cKO* mice show increased insulin resistance in response to a chronic HFD challenge.

190x338mm (96 x 96 DPI)