

Detection of *tet(M)* in high-level tetracycline resistant *Neisseria gonorrhoeae*

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Sir,

Antimicrobial resistance in *Neisseria gonorrhoeae* is of significant public health concern and treatment options beyond current first-line therapies are limited.<sup>1</sup> Effective surveillance of antimicrobial resistance in this organism is imperative to retain *N. gonorrhoeae* as a treatable disease.<sup>2</sup>

PHE's Gonococcal Resistance to Antimicrobials Surveillance Programme (GRASP) is a sentinel surveillance programme, which tests consecutive *N. gonorrhoeae* isolates from 26 sexual health clinics across England and Wales, collected over a two- to three-month period. Isolates are tested against seven different antimicrobials, specifically penicillin, tetracycline, ciprofloxacin, cefixime, ceftriaxone, azithromycin and spectinomycin.

High-level tetracycline resistance (MICs  $\geq 16$  mg/L)<sup>3</sup> emerged in the species in the mid-1980s with the insertion of the *tet(M)* resistance gene into two *N. gonorrhoeae* conjugative plasmids,<sup>4</sup> a 42.8 Kb 'American' plasmid and a 40.5 Kb 'Dutch' plasmid.<sup>5</sup> The *tet(M)* product confers resistance to tetracycline by binding to the 30S bacterial ribosomal sub-unit, resulting in release of tetracycline and the continuation of protein synthesis.<sup>6</sup> Lower level tetracycline resistance ( $>1$  mg/L but  $\leq 8$  mg/L) in *N. gonorrhoeae* is considered to be chromosomally mediated.<sup>6</sup> We sought to investigate the validity of these criteria for segregating isolates with chromosomal and plasmid-mediated tetracycline resistance and, specifically, whether some *tet(M)*-containing strains might not express high-level resistance leading to under-recognition.

One hundred and ninety-one *N. gonorrhoeae* isolates with known tetracycline susceptibility profiles (MICs ranging from  $\leq 0.5$  mg/L to  $\geq 16$  mg/L) were selected according to tetracycline MIC from those submitted to PHE as part of GRASP between 2015 and 2017. Susceptibilities had been determined by agar dilution using breakpoint plates with 1 mg/L and 8 mg/L of tetracycline in DST agar [HiMedia, India] plus 1% Vitox [Oxoid, SR0090H] and 5% lysed horse blood (TCS Biosciences, HB038) and/or by gradient strip testing (Etest® [bioMerieux, France] on GC agar base [Difco, 228950] plus 1% Vitox). Isolates were used as template for PCR targeting the *tet(M)* genes of the American and Dutch plasmids specifically.<sup>7</sup> Isolates were scored on the presence/absence and size of any amplicon (American plasmid: 778 bp, Dutch plasmid: 443 bp).

All isolates (n=105) with tetracycline MICs  $\geq 16$  mg/L were positive for either an American or Dutch *tet(M)* conjugative plasmid. Furthermore, no isolates (n=86) with MICs  $\leq 8$  mg/L harboured either plasmid. As expected the American plasmid predominated in the isolate panel selected, accounting for 76.2% of the high-level tetracycline resistance plasmids detected.

Subsequent analysis found that whilst all tetracycline resistance ( $>1$  mg/L) was more likely to be found in isolates from MSM compared with heterosexual men (adjusted odds ratio (AOR) 1.39 [95% confidence interval (CI) 1.18-1.64],  $P < 0.001$ ), isolates with high-level resistance ( $\geq 16$  mg/L) were more likely to be from heterosexual men compared with MSM (AOR: 1.45 [95% CI: 1.11-1.88],  $p = 0.006$ ) (Table 1).

Between 2015 and 2017, GRASP data revealed a year-on-year increase in the proportion of *N. gonorrhoeae* isolates that were resistant to tetracycline, from 39.4% in 2015 to 48.5% in 2017.<sup>2</sup> Using the confirmed correlation between MIC and presence of *tet(M)*, we can infer a simultaneous

increase in the proportion of isolates with plasmid-mediated tetracycline resistance (30.1% in 2015, 41.7% in 2016 and 52.7% in 2017), which may reflect increased use of doxycycline to treat other sexually transmitted infections (STIs), such as *Chlamydia trachomatis* during this period.<sup>8</sup> Furthermore, the potential use of doxycycline as post-exposure prophylaxis for STIs in MSM in the era of HIV pre-exposure prophylaxis (PrEP) is of public health concern.<sup>9</sup> Taken together, these developments highlight the perilous situation of antimicrobial resistance in *N. gonorrhoeae*.

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#### Transparency declaration

None to declare

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Table. Analysis of likelihood of infection with tetracycline resistant (>1 mg/L) or high-level tetracycline resistant (≥16 mg/L) *N. gonorrhoeae* by gender and sexual orientation (cells in bold indicate statistical significance)

				<i>Outcome: tetracycline resistance (&gt;1mg/L) compared to tetracycline sensitive isolates</i>							
	Total isolates tested for tetracycline resistance in GRASP (2015-2017)	Tetracycline resistance (MIC >1 mg/L)	Tetracycline resistance (MIC >1 mg/L) (row %)	COR	LCI	UCI	P value	AOR	LCI	UCI	P value
<b>Total</b>	<b>4,251</b>	<b>1,810</b>	42.6%								
<b>Year</b>											
2015	1,699	670	39.4%	1.00	-	-	-	1.00	-	-	-
2016	1,284	525	40.9%	1.06	0.92	1.23	0.423	1.08	0.93	1.26	0.299
2017	1,268	615	48.5%	<b>1.45</b>	<b>1.25</b>	<b>1.68</b>	<b>&lt;0.001</b>	<b>1.50</b>	<b>1.29</b>	<b>1.74</b>	<b>&lt;0.001</b>
<b>Sexual orientation and gender</b>											
MSM	2,933	1,356	46.2%	<b>1.37</b>	<b>1.16</b>	<b>1.62</b>	<b>&lt;0.001</b>	<b>1.39</b>	<b>1.18</b>	<b>1.64</b>	<b>&lt;0.001</b>
Heterosexual men	730	282	38.6%	1.00	-	-	-	1.00	-	-	-
Women	493	128	26.0%	<b>0.56</b>	<b>0.43</b>	<b>0.72</b>	<b>&lt;0.001</b>	<b>0.55</b>	<b>0.43</b>	<b>0.71</b>	<b>&lt;0.001</b>
Unknown	95	44	46.3%								
				<i>Outcome: high-level tetracycline resistance (MIC ≥16 mg/L) compared to low-level resistant</i>							
	Total resistant (MIC >1 mg/L)	High-level tetracycline resistance (MIC ≥16 mg/L)	High-level tetracycline resistance (MIC ≥16 mg/L) (row %)	COR	LCI	UCI	P value	AOR	LCI	UCI	P value
<b>Total</b>	<b>1,810</b>	<b>745</b>	<b>41.2%</b>								
<b>Year</b>											
2015	670	202	30.1%	1.00	-	-	-	1.00	-	-	-
2016	525	219	41.7%	<b>1.66</b>	<b>1.30</b>	<b>2.11</b>	<b>&lt;0.001</b>	<b>1.65</b>	<b>1.30</b>	<b>2.11</b>	<b>&lt;0.001</b>
2017	615	324	52.7%	<b>2.58</b>	<b>2.04</b>	<b>3.26</b>	<b>&lt;0.001</b>	<b>2.57</b>	<b>2.03</b>	<b>3.24</b>	<b>&lt;0.001</b>
<b>Sexual orientation and gender</b>											

MSM	1,356	529	39.0%	1.00	-	-	-	1.0 0	-	-	-
Heterosexual men	282	136	48.2%	<b>1.46</b>	<b>0.12</b>	<b>1.89</b>	<b>0.004</b>	<b>1.4</b> <b>5</b>	<b>1.1</b> <b>1</b>	<b>1.8</b> <b>8</b>	<b>0.006</b>
Women	128	55	43.0%	1.18	0.82	1.70	0.381	1.1 8	0.8 1	1.7 2	0.384
Unknown	44	25	56.8%								

*COR - crude  
odds ratio*

*AOR - adjusted odds ratio*

*L/U CI - lower/upper 95%  
confidence interval*