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Review article: Existing and potential evidence for Holocene grounding-line retreat and readvance in Antarctica

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Abstract. Widespread existing geological records from above the modern ice-sheet surface and outboard of the current ice margin show that the Antarctic Ice Sheet (AIS) was much more extensive at the Last Glacial Maximum (~20 ka) than at present. However, whether it was ever smaller than present during the last few millennia, and (if so) by how much, is known only for a few locations because direct evidence lies within or beneath the ice sheet, which is challenging to access. Here, we
20 describe how retreat and readvance (henceforth “readvance”) of AIS grounding lines during the Holocene could be detected and quantified using subglacial bedrock, subglacial sediments, marine sediment cores, relative sea-level (RSL) records, radar data, and ice cores. Of these, only subglacial bedrock and subglacial sediments can provide direct evidence for readvance. Marine archives are of limited utility because readvance commonly covers evidence of earlier retreat. Nevertheless, stratigraphic transitions documenting change in environment may provide support for direct evidence from subglacial
25 records, as can the presence of transgressions in RSL records. With independent age control, past changes in ice structure and flow patterns revealed by radar can be used to infer ice volume changes commensurate with readvance. Since ice cores capture changes in surface mass balance, elevation, and changes in atmospheric and oceanic circulation that are known to drive grounding-line migration, they also have potential for identifying readvance. A multidisciplinary approach is likely to provide the strongest evidence for or against a smaller-than-present AIS in the Holocene.

30

Short Summary. Recent studies have suggested that some portions of the Antarctic Ice Sheet were less extensive than present in the last few thousand years. We discuss how past ice loss and regrowth during this time would leave its mark on geological and glaciological records and suggest ways in which future studies could detect such changes. Determining timing of ice loss and gain around Antarctica and conditions under which they occurred is critical for preparing for future
35 climate warming-induced changes.

1 Introduction

Improving our understanding of the glacial history of the Antarctic Ice Sheet (AIS) during the Holocene (11.7 ka to present) is essential for determining the likely ice-sheet response to future ocean and atmospheric warming. The Holocene provides a wide range of climatic variation with which to examine interglacial ice-sheet behaviour under conditions similar to, or
40 warmer than, present (Hall, 2009). Holocene retreat and readvance of AIS grounding lines is theoretically predicted by relative sea-level reconstructions and suggested by some geological and glaciological observations. Here we consider how Holocene retreat and readvance could be detected and quantified using observations from geological and glaciological archives, illustrated in Fig. 1. Deglaciation from a much more extensive Last Glacial Maximum (LGM) ice-sheet



configuration is recognised from widespread geological evidence located above the modern ice-sheet surface and outboard
45 of the present ice margin. However, whether or not the AIS grounding line was ever situated inboard of its present position
during the Holocene, and (if so) by how much, is known only for a few locations. Evidence for a smaller-than-present ice
sheet which then readvanced – a concept which we refer to hereafter as “readvance” – is difficult to find, as it lies
underneath or within the relatively inaccessible modern ice sheet. Precise dating of both subglacial and englacial records is
also challenging because dateable material is frequently lacking, and geomorphic context is hard to acquire. Although some
50 such evidence has been obtained (e.g., Venturrelli et al., 2020), it is extremely limited, and interpretations are sometimes
contradictory. For example, there is no agreed-upon explanation for the glaciological processes and environmental forcing
leading to readvance (Kingslake et al., 2018; Neuhaus et al., 2021). Furthermore, the maximum extent of Holocene retreat
has not yet been determined. In summary, the vastly greater weight of geological data from areas outside the present ice-
sheet margin has led to a commonly accepted, but biased, paradigm that the AIS is now the smallest it has been since the
55 LGM.

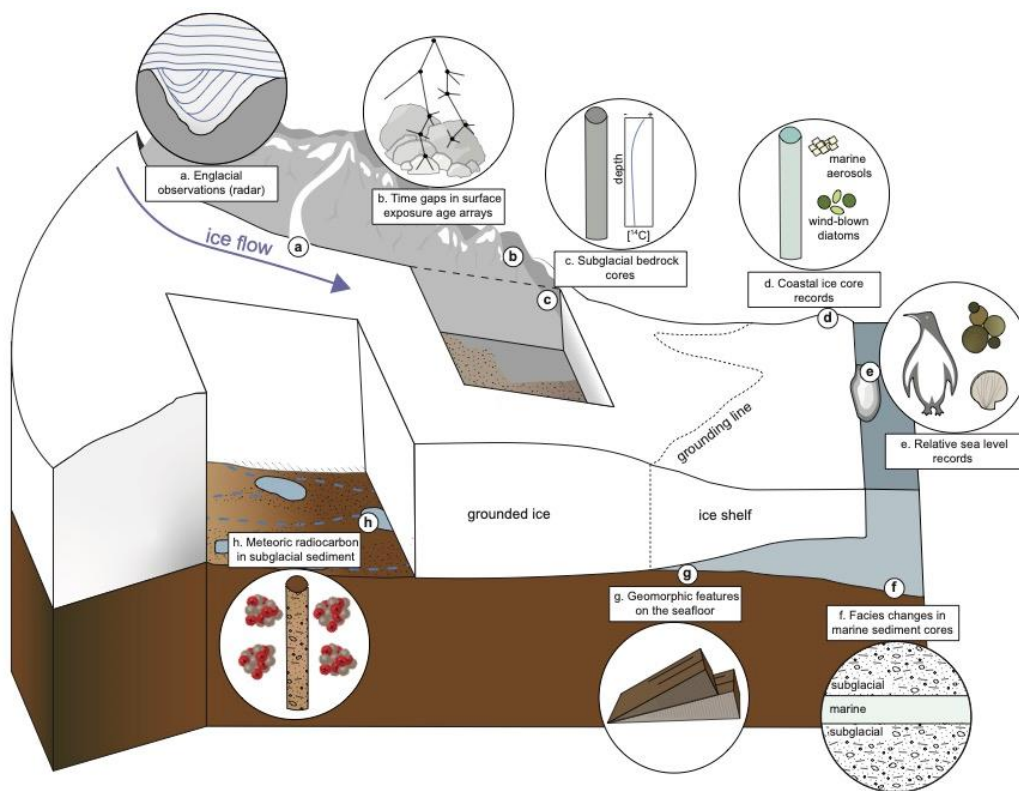


Figure 1: A recipe for reconstructing grounding-line retreat and readvance during the Holocene. This schematic illustrates geological and glaciological archives that may be used for paleoglaciological reconstructions. These are discussed in the paper as follows: englacial observations (Sect. 3.3.1), exposure age arrays (Sect. 3.1.1), subglacial bedrock cores (Sect. 3.2.2), ice cores (Sect. 3.3.2),
60 relative sea-level records (Sect. 3.1.3), marine sediment cores (Sect. 3.1.2), submarine geomorphic features (Sect. 3.1.2), subglacial sediments (Sect. 3.2.1).

Geological observations of readvance help ascertain the boundary conditions that enable expansion from a smaller-than-
present configuration and provide data with which ice-sheet models can be validated and thereby improved (e.g., Gollidge et
65 al., 2013; Lowry et al., 2019; Albrecht et al., 2020 a,b; Johnson et al., 2021). We outline the current evidence for Holocene
readvance, describe the types of direct and circumstantial geological evidence that could theoretically be used to reconstruct



its timing and magnitude, and suggest some approaches for future investigations. We also discuss the analytical and logistical challenges of obtaining different types of records.

2 The principle of Holocene readvance behaviour

70 In principle, Holocene readvance is expected to have occurred at least locally in Antarctica because of the interaction
between global eustatic sea-level (ESL) change and glacio-isostatic rebound. More than 100 m of ESL rise between 19–7 ka,
resulting from the disappearance of Northern Hemisphere ice sheets (Lambeck et al., 2014), may have forced Antarctic
grounding-line retreat and consequent ice-sheet thinning (e.g., Clark et al., 2002; Gomez et al., 2020). This is recorded by
75 numerous geological data indicating ice margin retreat across the Antarctic continental shelf and thinning at inland sites after
15–12 ka (RAISED consortium, 2014). By 6 ka, Northern Hemisphere ice sheets had fully disappeared, and ESL rise was
essentially complete (Argus et al., 2014; Peltier et al., 2015). However, geological evidence indicates that post-LGM
thinning of the AIS continued until at least this time in many locations, and beyond in some (refer to Fig. 2 and
80 accompanying discussion in Sect. 3.1.1). Because the timescale for viscous relaxation is on the order of thousands of years,
glacio-isostatic uplift of the underlying continent in response to this post-LGM thinning continued well after 6 ka. Thus,
most sites in Antarctica transitioned from experiencing relative sea-level (RSL) rise in the early Holocene to RSL fall in the
mid Holocene (cf. figure 3, Whitehouse et al., 2012). As sea-level forcing of grounding-line positions is likely an important
control on Antarctic ice extent (Gomez et al., 2010), it follows that the ice sheet should have reached its minimum
85 configuration sometime in the mid to late Holocene and subsequently expanded to its current extent. Holocene readvance has
been simulated by a few ice-sheet models in response to external forcing during the last glacial cycle (e.g., Kingslake et al.,
2018; Pollard and DeConto, 2012), but it is by no means ubiquitous in all models. Furthermore, those models are often
poorly constrained by sparse geological observations and data-model mismatches are common (e.g., Johnson et al., 2021;
Nichols, 2020; Spector et al., 2019; Jones et al., 2021), which decreases confidence in their ability to reliably simulate past
ice-sheet change.

3 Is it possible to detect Holocene retreat and readvance using glacial-geological evidence?

90 Glacial-geological records of past ice-sheet fluctuations can be categorised as either direct or circumstantial. Direct evidence
can provide conclusive proof of a particular configuration or hypothesis, whereas circumstantial evidence implies, or is not
inconsistent with, a particular configuration, but is not direct proof of it. Multiple lines of direct and/or circumstantial
evidence can strengthen conclusions about the timing and magnitude of ice-sheet retreat.

In the following sections, we describe a range of glacial and geological records that have the potential to provide direct or
95 circumstantial evidence for retreat of the Antarctic grounding line upstream of its present position during the past few
millennia. These records are situated either below or within the modern ice sheet, or in currently exposed areas. A variety of
approaches can be used to access these records, but there are considerable logistical challenges, as explained below.

3.1 Evidence currently above or adjacent to ice

3.1.1 Evidence of a time gap in which readvance could have occurred

100 At numerous locations around Antarctica, cosmic-ray exposure dating of glacially transported erratic cobbles and ice-
scoured bedrock surfaces has provided Holocene constraints on the timing of deglaciation. Specifically, exposure age data
from currently ice-free areas record past ice thickness changes upstream of the grounding line. Retreat of the grounding line
would be accompanied by dynamic thinning upstream, assuming reasonable limits on surface mass balance changes.

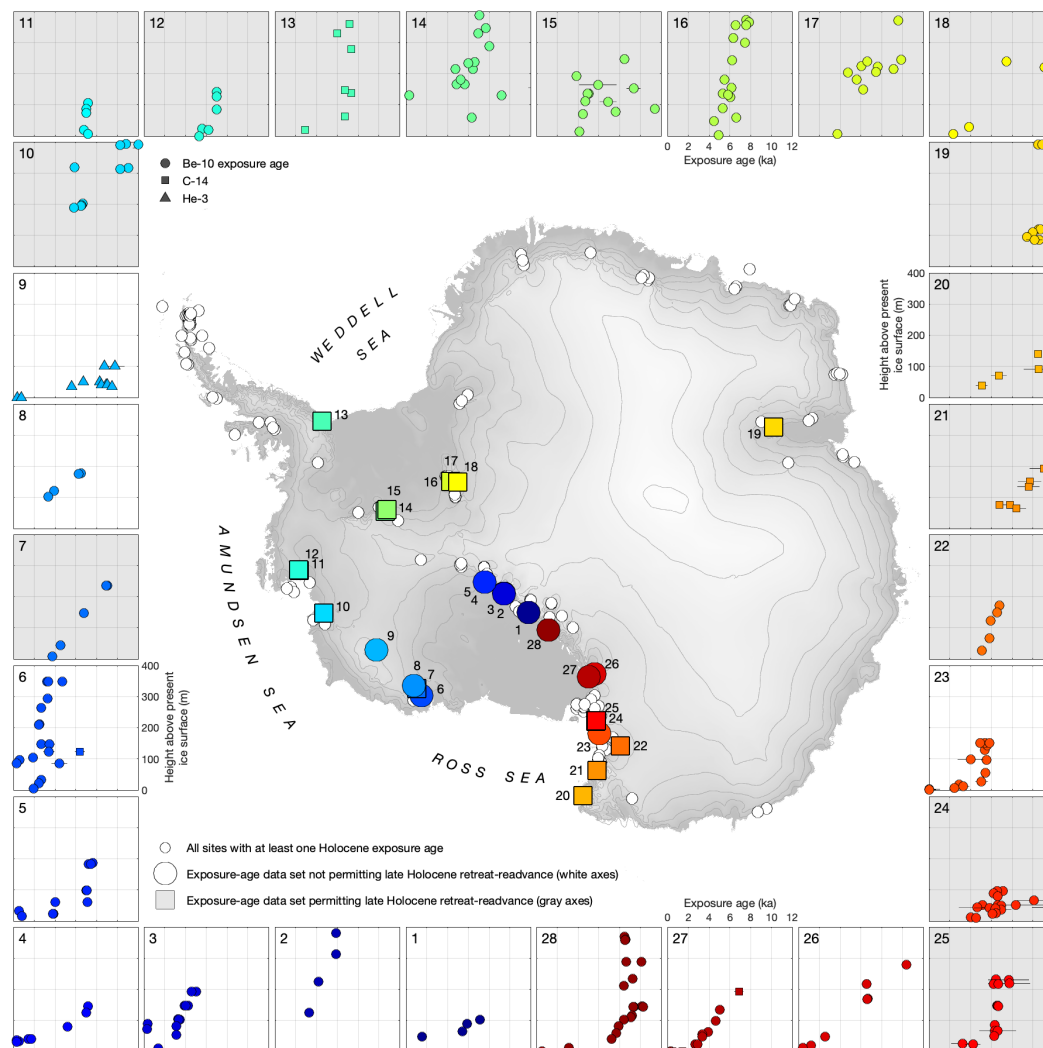


Therefore, evidence of rapid thinning at sites near and upstream of present grounding lines provides evidence for past
105 grounding-line retreat. The premise of exposure dating is that cosmic-ray interactions with rocks and minerals exposed at
Earth's surface induce nuclear reactions that give rise to rare nuclides not produced by other natural processes. However,
shielding of the surface by more than approximately 10 m of ice (or an equivalent mass thickness of anything else) stops
nearly all of the cosmic-ray flux and prevents nuclide production. Erosion beneath ice sheets commonly generates fresh rock
surfaces that have not been exposed to the cosmic-ray flux, so the concentration of cosmic-ray produced nuclides, expressed
110 as an "exposure age," in a rock surface uncovered by retreat records the time when that retreat exposed the surface (Dunai,
2010). Thus, exposure age records of LGM-to-present deglaciation comprise arrays of ages, measured in either bedrock or
glacially transported clasts collected at a range of elevations from a single nunatak, in which exposure age systematically
increases with elevation (e.g., Stone et al., 2003; Fig. 2). Exposure age data collected from above the modern ice surface
cannot provide direct evidence that the ice at that site was ever thinner than present. However, they can prove that the ice
115 was *not* thinner at a particular time: for example, exposure ages of 4 ka above the present ice surface would exclude any
scenario that called for thinner-than-present ice at 4 ka.

Many exposure age data sets from Antarctica can thus be used to determine whether or not Holocene readvance *could* have
occurred in certain regions. As shown in Fig. 2, some exposure age arrays include multiple late Holocene ages from above
120 the present ice surface, and a thinning history inferred from these arrays intersects the modern ice surface at approximately
the present time (see sites 26 and 27 in Fig. 2). Late Holocene thinning below present, and subsequent thickening, *could not*
have occurred at these sites. On the other hand, many exposure age arrays intersect the present ice surface in the middle
Holocene, typically in the range 2–6 ka, and do not include any younger exposure ages. At these sites, late Holocene
readvance *could* have occurred. In fact, readvance would appear probable at these sites because the only alternative
125 explanation for these data is zero change in ice thickness during the late Holocene. Whilst possible, zero late Holocene
change seems unlikely given that continued dynamic adjustment of ice thickness to RSL change was presumably occurring
during this period.

A survey of existing exposure age data from Antarctica shows that occurrences of these two scenarios are not geographically
130 patterned (Fig. 2). Sites where exposure age data permit Holocene readvance are common in the Weddell and Amundsen Sea
embayments. In contrast, datasets from the inner Ross Sea embayment uniformly preclude readvance, whilst datasets in the
outer Ross Sea coast (northern Victoria Land; sites 20–25 in Fig. 2) permit it. For the East Antarctic coast, there are very few
data and only one location (site 19 in Fig. 2, in the Lambert Glacier region) with an extensive enough data set to be
unambiguously classified for this purpose. Although there are many sites elsewhere in East Antarctica where Holocene
135 exposure ages have been determined (white circles in Fig. 2), the majority of these sites have only one or two ages, or are
located adjacent to sea level where readvance could not be detected. Overall, existing exposure age data are (i) consistent
with the hypothesis that late Holocene readvance took place in the Weddell and Amundsen Sea embayments and at outer
Ross Sea sites, (ii) not obviously consistent with the hypothesis that readvance took place in the inner Ross Sea, and (iii)
provide minimal information for East Antarctica.

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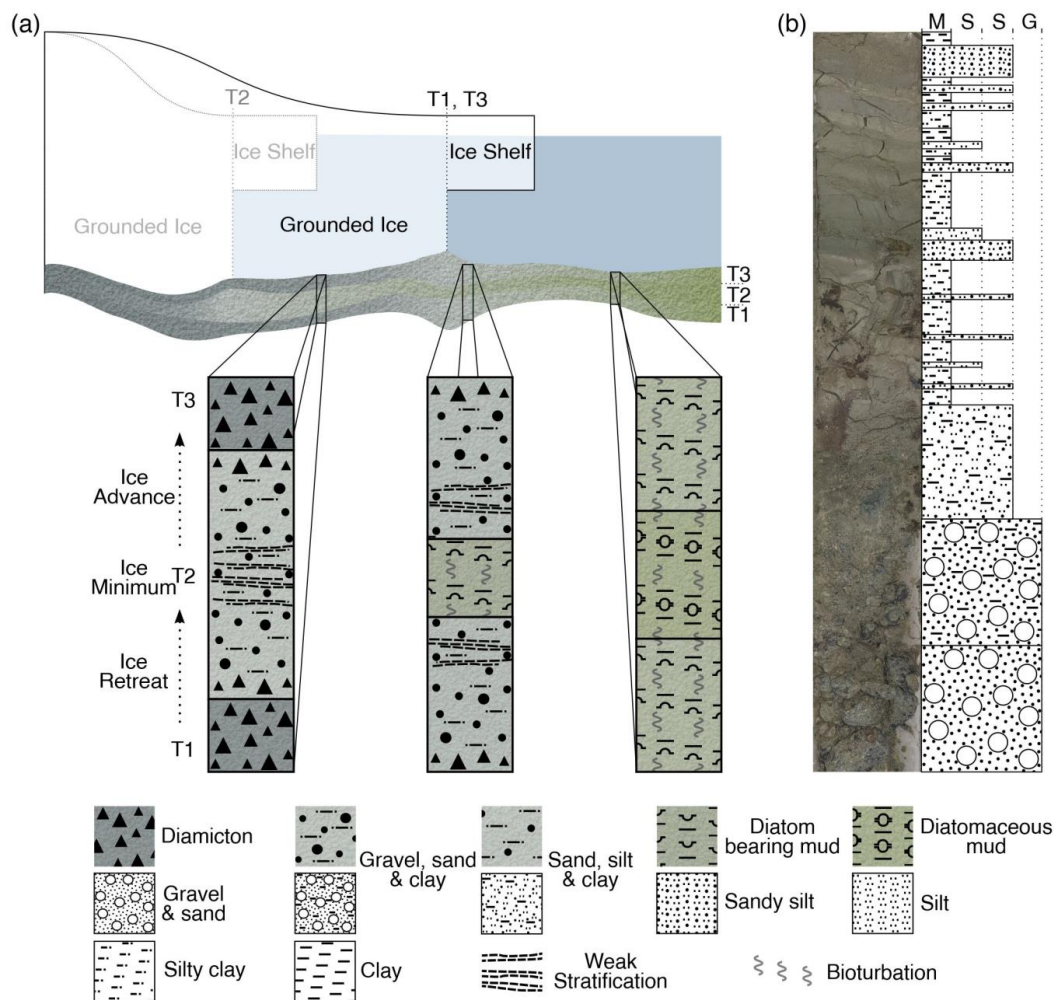
145 **Figure 2: Evidence from Holocene exposure age data collected from various locations in Antarctica that do or do not permit ice surface lowering below the present elevation during the late Holocene.** The figure was generated from the ICE-D:ANTARCTICA database (<http://antarctica.ice-d.org>). There are many sites (230) which have at least one Holocene exposure age (small white circles). This figure shows only a subset of those sites or groups of sites that have more than four Holocene data which together display a reasonably coherent thinning history. Sites where the lowest data are at or near sea level are also excluded because thinning below sea level is unfeasible and could not be recorded by exposure age data anyway. The sites are classified by whether they do (squares, grey axes) or do not (circles, white axes) have a late Holocene gap where readvance could have occurred.

150 **3.1.2 Evidence for past grounding-line position from the marine record**

As an ice sheet advances across the continental shelf, it typically overrides and obliterates geomorphological evidence of prior retreat, such as grounding zone wedges or mega scale glacial lineations (e.g., Greenwood et al., 2021), and leaves depositional evidence of readvance, such as sedimentary transitions (e.g., Smith et al., 2019) and cross-cutting landforms (e.g., Greenwood et al., 2018). In a few locations, palaeo ice stream retreat and readvance did not entirely remove prior
 155 grounding zone deposition, but rather built composite grounding zone wedges that represent two separate periods of deposition [e.g., in the Ross Sea; (Greenwood et al., 2018); Weddell Sea; (Arndt et al., 2017)]. In most situations, however,



geomorphic features alone are insufficient for reconstructing retreat and subsequent readvance. We thus consider a range of depositional transitions in marine sediment cores that would be consistent with readvance. The clearest evidence would be a transition from a subglacial diamicton facies, overlain by diatom-bearing or diatomaceous mud (indicative of open-marine sedimentation), back to diamicton (Fig. 3a). At present, there are no published examples of such stratigraphic evidence
 160 indicating that this degree of change occurred during the Holocene. A form of evidence more likely to be found, yet not necessarily diagnostic, would be a stratigraphic transition from subglacial (diamicton) to ice proximal (stratified diamicton) or sub-ice-shelf facies (mud) back to subglacial (Fig. 3a). Reconstructions of past ice-shelf collapse [e.g., Ross Ice Shelf (Yokoyama et al., 2016); Prince Gustav Ice Shelf (Pudsey et al., 2001); George VI Ice Shelf (Bentley et al., 2005; Smith et al., 2007); Larsen C Ice Shelf (Smith et al., 2021)] may also be useful for inferring changes in grounding-line position
 165 inboard of the collapse site. In summary, although these marine records alone cannot prove that Holocene readvance occurred, they can be used to support direct evidence provided by terrestrial archives.



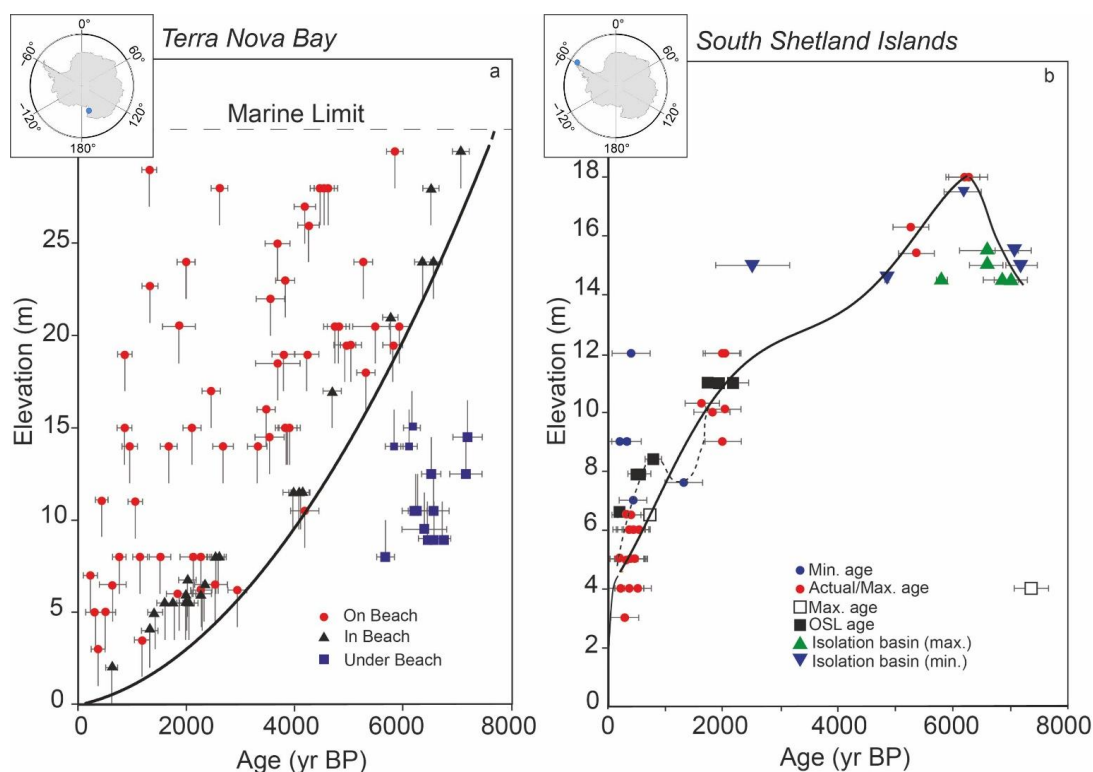
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Figure 3: Facies changes in marine sediments that would be consistent with readvance. (a) Illustration of sediment logs recording an interval of reduced glacier extent (T2) between more advanced glacier positions (T1 and T3) for sub-glacial, glacio-proximal and glacio-distal settings; (b) Example of sediment transition from a sub-glacial/grounding-line-proximal to proglacial/sub-ice-shelf setting.



175 3.1.3 Evidence for transgressions in relative sea-level records

Holocene readvance would theoretically result in ice mass changes detectable in sea-level records. Slowing rates of change or even transgressions in RSL records proximal to glaciated areas are commonly interpreted as ice mass gain where significant eustatic sea-level rise is absent (e.g., Motyka, 2003; Mann and Streveler, 2008; Simms et al., 2012; Farquharson et al., 2018). RSL records from around the AIS could afford evidence of glacial readvance if the expansion were of a magnitude sufficient to cause measurable crustal depression, or at least a noticeable slowing of rebound rates. Antarctic RSL records have been reconstructed by dating beach deposits that were elevated above sea level by rebound using a variety of methods. These include radiocarbon dating of organic material (e.g., shells, bones, seal fur) buried in beach ridges (e.g., Hall and Denton, 1999; Baroni and Hall, 2004), optically stimulated luminescence (OSL) dating of beach cobbles (e.g., Simms et al., 2012), and radiocarbon dating the marine-lacustrine transitions in isolation basins (e.g., Verleyen et al., 2005; Watcham et al., 2011).



190 **Figure 4: Two patterns of RSL change in Antarctica.** (a) Many curves show a typical exponential shape, as represented by the curve
updated for Marine20 calibration dataset). (b) A more complex pattern as represented by the South Shetland Islands. This curve is thought
195 to show evidence of at least one (~6.5–7 ka) and possibly two (dashed line) transgressions, linked to glacier advance (e.g., Hall, 2010;
Watcham et al., 2011; Simms et al., 2012). Redrawn from curves of Hall (2010), Simms et al. (2011), and Watcham et al. (2011), with
ages recalculated with Marine20. Circles denote radiocarbon samples from raised beaches (Hall, 2010 and references therein), squares are
OSL dates of beach cobbles (Simms et al., 2011), and triangles are dates of the marine-freshwater transitions in isolation basins
(Mäusbacher et al., 1989; Martinez-Macchiavello et al., 1996; Watcham et al., 2011).



Concerted effort over the past two decades from several regions of Antarctica (e.g., Baroni and Hall, 2004; Roberts et al., 2011; Simkins et al., 2013; Verleyen et al., 2017) has resulted in a more complete understanding of Holocene Antarctic RSL
200 change. Most existing Antarctic records show simple RSL fall from 8 ka to present (e.g., Zwartz et al., 1998; Baroni and
Hall, 2004; Bentley et al., 2005; Braddock et al., in review) and thus lack evidence for subsidence related to significant late
Holocene ice growth. A notable exception in the South Shetland Islands (Fig. 4) provides evidence of one or more
transgressions linked to ice expansions, most recently in the late Holocene (John and Sugden, 1971; Hall, 2010; Watcham et
al., 2011; Simms et al., 2012). These transgressions are expressed in the records as changes in rate (and direction) of RSL
205 change.

The occurrence of raised beaches proximal to extant ice masses can afford further evidence of Holocene readvance.
Numerous locations [e.g., Ross Sea (Baroni and Orombelli, 1991; Hall and Denton, 2002; Baroni and Hall, 2004); South
Shetland Islands (John and Sugden, 1971; Hall, 2010); Antarctic Peninsula (Simms et al., 2021)] show flights of raised
210 beaches that extend up to, and presumably beneath, present-day glaciers. These observations imply an extended period of
reduced ice extent in the Holocene, permitting beach formation, subsequently followed by a late Holocene readvance.
Further exploration and dating of such beach deposits could support the hypothesis of late Holocene readvance.

3.2 Evidence currently under ice

215 3.2.1 Subglacial sediments

Where the AIS is grounded below sea level, the grounding line serves not only as the boundary between the ice sheet and ice
shelf, but also separates the isolated subglacial environment from the atmospherically connected marine environment.
Radiocarbon (^{14}C) is produced in Earth's atmosphere and oxidised to ^{14}C -bearing carbon dioxide ($^{14}\text{CO}_2$), which can enter
the ocean system via photosynthesis (organic pathways) or air-sea exchange (inorganic pathways). The Antarctic subglacial
220 environment, in contrast to the surrounding marine environment, is separated from the atmosphere by hundreds-to-thousands
of metres of ice, cutting its microbial biosphere off from incorporating $^{14}\text{CO}_2$. Grounding-line retreat enables an incursion of
ocean waters over subglacial sediments, leaving behind ^{14}C as a marker of the timing and extent of grounding-line retreat.
The discovery of ^{14}C in bulk organic matter from the subglacial environment paired with an ice-sheet model was used by
Kingslake et al. (2018) to imply that grounding-line retreat and readvance occurred in the Ross Sea embayment during the
225 Holocene. However, ^{14}C in bulk organic matter, which is not diagnostically linked to a single source in the way that a fossil
would be, is ambiguous. This is because subglacial sediment contains both ^{14}C -bearing organic carbon and glacially eroded
fossil carbon (e.g., Sackett, 1986; Andrews et al., 1999). As such, preparatory techniques capable of separating ^{14}C from the
remaining fossil (>50,000 year old) carbon are needed to unambiguously use ^{14}C in sub-ice sediments to provide
chronological constraints on Holocene readvance. Venturelli et al. (2020) demonstrated that the Ramped PyrOx method
230 (Rosenheim et al., 2008) was sufficient for thermal separation of sub-ice organic matter, enabling the use of ^{14}C to determine
the precise timing of the last marine incursion. Further work using subglacial sediments is thus likely to provide a geological
constraint on the magnitude of grounding retreat prior to Holocene readvance (Venturelli, 2021).

3.2.2 Subglacial bedrock

Exposure age data from below the ice sheet could prove the hypothesis that the AIS was smaller in the Holocene than today:
235 if the ice sheet was thinner in the past, rock surfaces would exist that are now covered by enough ice to completely block the
cosmic-ray flux, but were exposed to the cosmic-ray flux when the ice was thinner. A significant concentration of a cosmic-
ray produced nuclide in a rock sample collected from beneath the ice sheet would be direct, unambiguous evidence that the
ice sheet was thinner in the past. It would not strictly require surface exposure of bedrock, because the cosmic-ray flux can



penetrate some thickness of ice, but it would require that the surface be covered by no more than about 10 m of ice or snow
240 for hundreds to thousands of years. A similar argument applies for luminescence-based tools [e.g., OSL and infrared
stimulated luminescence (IRSL)] that involve measuring the amount of trapped charge in minerals accumulated when
exposed to naturally occurring environmental radiation. Exposure to sunlight (“bleaching”) releases trapped charge, and
charge builds up slowly after exposure ends, so the method can detect recent exposure of mineral grains to sunlight (Aitken,
1998). OSL or IRSL evidence of bleaching in subglacial bedrock would require exposure of the rock surface to sunlight
245 either directly or through a very thin (<1 m) layer of clean ice or snow.

Thus, the basic concept of subglacial bedrock exposure dating via either cosmogenic-nuclide or luminescence measurements
is quite simple: cosmogenic-nuclide concentrations above background levels or a bleaching signal in subglacial bedrock
require thinner ice in the past. However, there are several challenges to implementing it. Firstly, accessing the bedrock below
250 the ice surface requires drilling a hole through the ice and into the underlying bedrock. A few past ice drilling projects
recovered subglacial rock or sediment as a byproduct of ice core drilling, for example, at GISP2 in 1992 (Gow and Meese,
1996) and Taylor Dome in 1993 (Steig et al., 2000). In recent years several drill systems have been developed for the
specific purpose of subglacial bedrock recovery that are lighter, more mobile, and more effective at collecting rock core than
ice core drills (Kuhl et al., 2021; Boeckmann et al., 2021; Goodge and Severinghaus, 2016). These drills have now
255 successfully collected bedrock cores at several locations in Antarctica, including the Ohio Range in the Transantarctic
Mountains (Boeckmann et al., 2021), Mt. Murphy at the Amundsen Sea coast (Boeckmann et al., 2021; Fig. 5), and the Pirrit
Hills in central West Antarctica (Kuhl et al., 2021). Although the relatively small diameter (typically 2–5 cm) of rock cores
that can be collected by drilling imposes limits on sample size, subglacial bedrock recovery and exposure dating in frozen-
bed conditions characteristic of polar ice sheets is now routinely feasible.

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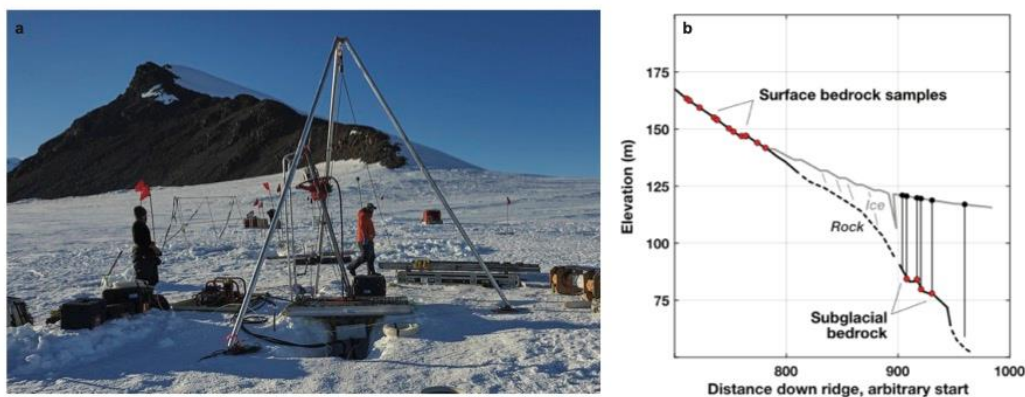


Figure 5: An example of subglacial bedrock drilling in Antarctica. (a) Photograph showing an attempt to collect subglacial bedrock
samples for OSL and cosmogenic ^{14}C measurements to determine whether a late Holocene thinning-thickening cycle took place at Mt
Murphy, between the Thwaites and Pope Glaciers in West Antarctica. (b) Plot showing profile along the ridge at Mt Murphy. Red circles
265 denote position of surface and subglacial bedrock samples. The lowermost bedrock samples on the exposed ridge above the present ice
surface have exposure ages of 4 ka (Johnson et al., 2020), leaving a late Holocene time gap during which the ice at this location could have
been thinner. Drilling to collect subglacial bedrock samples took place in the 2019-20 Antarctic field season.

A second challenge lies in interpreting the cosmogenic-nuclide or luminescence measurements. Although detecting
270 subglacial exposure would always be unambiguous evidence of thinner ice in the past, not detecting subglacial exposure in a
subglacial bedrock sample could mean either that the ice was never thinner, or that the ice was thinner in the past and the
previously exposed surface was subsequently removed by erosion. For OSL and IRSL, regrowth of trapped charge following



burial of a previously bleached surface will gradually remove evidence of surface exposure even without erosion of the surface, typically on a timescale of hundreds of thousands of years. Radioactive decay would have a similar effect for relatively short-lived cosmogenic nuclides, but, since other simultaneously produced nuclides are longer-lived or stable, decay could not remove all evidence of cosmic-ray exposure acquired before the Holocene. Subglacial erosion, on the other hand, could remove both types of evidence, but can often be excluded by glaciological observations and/or modeling that explore whether or not a site could have hosted ice above the freezing point and be capable of enabling significant erosion.

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280 Finally, although the presence of bleaching of an OSL signal or significant cosmogenic-nuclide concentrations in subglacial bedrock are clear evidence that ice was thinner in the past, it is not always possible to determine the timing of that thinning event. For OSL data, bleaching events that are relatively recent compared to the time required for regrowth of trapped charge can typically be unambiguously dated. For cosmogenic-nuclide data, if independent evidence indicates that the sample experienced only a single period of exposure and a single period of burial, the durations of both can be uniquely inferred from measurements of two nuclides with different half-lives (“burial dating”; see Dunai, 2010). On the other hand, in the general case where (i) neither subaerial nor subglacial erosion was significant, (ii) bedrock surfaces experienced repeated periods of exposure and ice cover during glacial-interglacial cycles, and (iii) independent evidence for the number of exposure events is lacking, multiple-nuclide data typically limit the range of possible exposure-burial scenarios without implying a unique solution. In this paper, however, we are focusing on the very specific case of late Holocene thinning and thickening at sites that are known to have been covered by ice between some time prior to the LGM and the mid to late Holocene. Identifying late Holocene exposure in this situation is relatively simple with measurements of cosmogenic ^{14}C , which is produced in quartz by cosmic-ray interactions and has a half-life of 5730 years. Thus, ^{14}C produced in any hypothetical surface exposure prior to the LGM would now be effectively undetectable due to radioactive decay. Although longer-lived nuclides, such as ^{10}Be (which has a half-life of 1.39 Myr), detected in subglacial bedrock could have been produced either in the late Holocene or during many previous Pleistocene interglaciations, ^{14}C could only have been produced in the late Holocene. Significant ^{14}C concentrations above background would therefore be unambiguous evidence for late Holocene thinning. Thus, strategies for detecting late Holocene retreat and readvance via subglacial bedrock recovery drilling focus on OSL and cosmogenic ^{14}C measurements.

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3.3 Evidence within ice

300 3.3.1 Changes in ice structure observed with radar

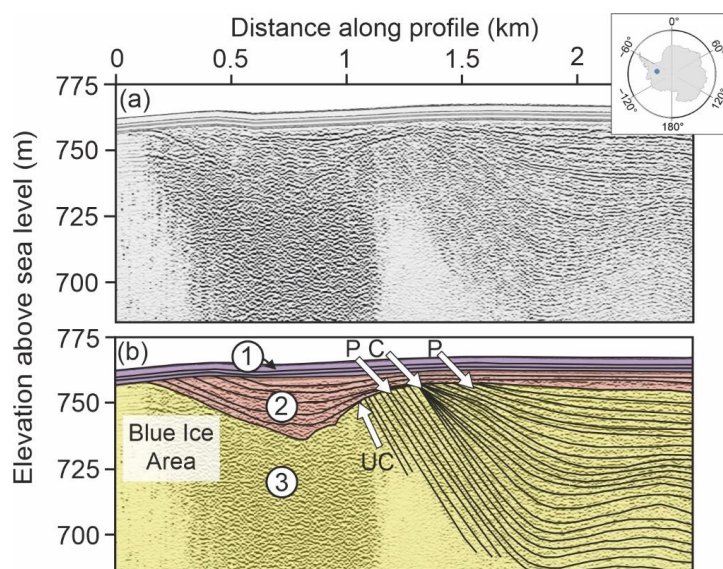
Ground-penetrating radar and radio echo sounding data (collectively referred to as “radar”) acquired during the past four decades in Antarctica provide a vast record of glacier structure and past ice-sheet change reaching back decades to hundreds of thousands of years (e.g., Ashmore et al., 2020; Schroeder et al., 2019; Kehrl et al., 2018; Winter et al., 2019). Radar can reveal evidence of fluctuations in ice thickness and flow patterns with high spatial resolution (e.g., Campbell et al., 2013; Conway et al., 1999; Siegert et al., 2013), making it particularly useful for determining regions across the AIS that experienced ice volume changes. The technique therefore has the potential to provide indirect evidence for readvance. In addition, it is feasible to collect tens to hundreds of kilometres of radar data in a single field season and potentially provide records of ice volume changes over larger spatial extents than other geological or glaciological techniques.

305

310 Stratigraphic unconformities within an ice sheet may form as a result of internal processes due to changes in ice behaviour or external drivers caused by changes in the ocean (e.g., Holland et al., 2020), atmosphere (e.g., Scambos et al., 2000), and solid earth dynamics (e.g., Larour et al., 2019). This could include, for example, retreat and subsequent readvance of the grounding line driven by warm ocean water, or spatial and temporal changes in atmospheric deposition. However, although radar stratigraphy may identify the spatial extent of past changes in ice volume, determining the timing of such events is



315 challenging. Nevertheless, constraining a relative age of past readvance events can be achieved by comparing results from
observations of stratigraphy in radar datasets with other methods such as exposure age dating, ice cores (Winter et al., 2016,
2019; Bodart et al., 2021), and climate or ice-history models. For example, Winter et al. (2019) matched distinct horizons to
dated ice cores to place absolute ages on englacial stratigraphy. Absolute ages on distinct horizons observed in radar profiles
provide further constraints on the timing of observed unconformities in local radar profiles, such as changes in the blue ice
320 area of Patriot Hills, West Antarctica (Winter et al., 2016; Fig. 6). Modelling of wind patterns and location of blue ice areas
may in turn allow interpretations of the radar data to reveal changes in ice-sheet elevation (Mills et al., 2019).



325 **Figure 6: Ground-penetrating radar (GPR) showing an example of changes in internal isochrones within the ice sheet that formed as a result of changes in accumulation, ablation and ice flow around nunataks.** (a) An elevation-corrected snowmobile-towed 200
MHz ground-penetrating radar profile from the margins of the blue ice area adjacent to Patriot Hills, Horseshoe Valley, West Antarctica
(see map inset for general location; the data are also shown in figure 3 of Winter et al., 2016). (b) The same radar profile with coloured
330 overlays, numbered 1–3, to show (1: purple) no structure is visible since the GPR direct wave hides the top 1 m of isochrones, (2: orange)
recent snow accumulation at edge of blue ice area, and (3: yellow) buried blue ice to the left of the image, with accumulation of snow over
the blue ice to the right. Black lines highlight prominent internal reflectors within the snow accumulation layers. Prograding (P) and
convergent (C) isochrone sequences are indicated with arrows. “UC” indicates a stratigraphic unconformity where shallowly-dipping
335 internal reflectors are overlain by near-horizontal firm; this represents the former blue ice surface, where ablation has removed the glacier
ice. Following ablation, snow has been deposited on top of the exposed blue ice area as the ice unit flowed down valley away from the
present exposed blue ice ablation area. The image highlights the complexity of interpreting radar data in marginal areas, but also
demonstrates that radar can hold a temporal record of changes in ice sheet elevation, flow patterns, accumulation and ablation.

Simple englacial stratigraphy is common in regions with slow-moving ice such as the centre of ice sheets or at ice divides. In
contrast, complex englacial stratigraphy can occur in regions of fast flowing ice as a result of enhanced ice velocity leading
340 to unconformable internal ice stratigraphy, and by processes which represent a change in ice-sheet volume (e.g., Siegert et
al., 2013; Bingham et al., 2015), as would occur during readvance. The degree of continuity of surface conformable layers
provides a qualitative, and in some cases a quantitative, measure of previous deformation or alteration. For example, Siegert
et al. (2013) used radar from the Weddell Sea sector of Antarctica to show that slow-flowing ice resting on top of a
topographic high experienced a period of fast-flowing ice velocities sometime between 0.4 and 4 ka.

345 Radar can uncover the timing and spatial extent of ice mass changes by providing a link between independent methods, such
as cosmogenic dating and ice core sampling. Past studies have used radar successfully to target drilling sites for ice cores
(e.g., Campbell et al., 2013) and more recently, subglacial rock cores collected at Pirrit Hills and Ohio Range (Spector et al.,



2018), and Mount Murphy, each located in West Antarctica (see Sect. 2.2.2). As radar methods are now used to target
350 subglacial bedrock sites for sampling efforts, these same techniques can be used concurrently to select ice core drilling
locations at points of interest (e.g., previous surface or volcanic ash layers identified in radar profiles) and to provide
independent ages for these observations. The simplest scenarios are perhaps at ice divides where asymmetrical Raymond
arches may suggest down-glacier dynamical changes in which radar stratigraphy can provide direct evidence of glacier
change during Holocene readvance (e.g., Raymond, 1983; Nereson et al., 2000; Vaughan et al., 1999; Conway et al., 1999).
355 There are other scenarios that could result in unconformities within radar profiles. For example, significant thinning followed
by readvance and ice thickening might produce an unconformity visible within radar stratigraphy. This event would be
observed as surface conformable stratigraphy overlaying buckled or disturbed stratigraphy, or it may include older ice that is
topographically confined, under readvanced ice (see archive “a” in Fig. 1).

360 In summary, radar has (thus far) been under-utilised for obtaining indirect evidence of readvance. It can be used both for
detecting ice-sheet changes associated with readvance and, when radar is coupled with methods that provide independent age
constraints (such as ice cores and exposure age dating of bedrock), the timing of readvance. The lateral margins of West
Antarctica are particularly suitable for radar studies that seek to detect readvance because ice-volume changes resulting in
grounding-line retreat and ice-sheet thinning there are likely to be revealed in radar profiles from sites where temporal
365 constraints from ice core and exposure dating studies can also be obtained.

3.3.2 Ice cores

The geochemical composition of ice, together with the gas trapped in the bubbles within it, has the potential to capture
changes in ice-sheet surface mass balance, elevation, and atmospheric and oceanic circulation (such as wind strength and sea
surface temperature) that are known both to drive ice-sheet retreat and readvance, and be influenced by it. Ice cores therefore
370 provide an alternative source of information about grounding line behaviour, but, as yet, they have not been utilised for
studies of Holocene readvance.

There are several potential approaches for extracting this information from ice cores. A well-established method for
reconstructing past surface temperatures uses the relationship between stable water isotopes and temperature (e.g. Jouzel et
375 al., 1997). A number of mechanisms, including changes in ice-sheet elevation during ice-sheet readvance (or retreat), will
alter this isotope-temperature relationship. The offset between ice core-derived temperature changes and estimates from
isotope-enabled general circulation models can be largely reconciled when changes in ice-sheet elevation are taken into
account (Werner et al., 2018; Buizert et al., 2021). Therefore, it may be possible to detect evidence that would be consistent
with Holocene readvance from the isotope-temperature relationship within ice cores. Another promising approach for
380 reconstructing changes in elevation arises from the total air content in ice cores. The volume of air encapsulated in bubbles
as they become isolated is dependent on air pressure and temperature when the bubbles are formed (Martinerie et al., 1992).
Hence, the total air content extracted from ice cores is sensitive to changes in ice-sheet elevation. Total air content has been
used to reconstruct the LGM elevation anomaly relative to the present, indicating a 420 m offset between East and West
Antarctica (Buizert et al., 2021). When used in conjunction with stable water isotopes, the derived elevation changes since
385 the LGM indicate a thickening in West Antarctica (+300 m at WAIS divide; Fig. 7) and thinning in East Antarctica (-120 m
at Dome C; Fig. 7). Despite the promise of this approach, resolution and detection may limit its use, with some studies
suggesting that elevation changes of less than 150–250 m will be below detection (Martinerie et al., 1992).

Since mass balance of the AIS is dependent on both mass gain (from snow accumulation) and mass loss (melt, sublimation,
390 calving), surface mass balance (SMB) may also reflect changes in ice-sheet volume and elevation changes (Davis et al.,



2005) that would be expected during retreat and readvance. For example, periods of low snow accumulation during the late Holocene have been linked to the Little Ice Age (Bertler et al., 2011; Simms et al., 2021). Currently, only seven ice cores – five from East Antarctica and two from West Antarctica, all from the ice-sheet interior – capture changes in snow accumulation for the full Holocene (Buizert et al., 2021). The large-scale pattern of SMB decline during the late Holocene is observed at all those sites, with the largest decline in West Antarctica starting at 2.5 ka (Fudge et al., 2016).

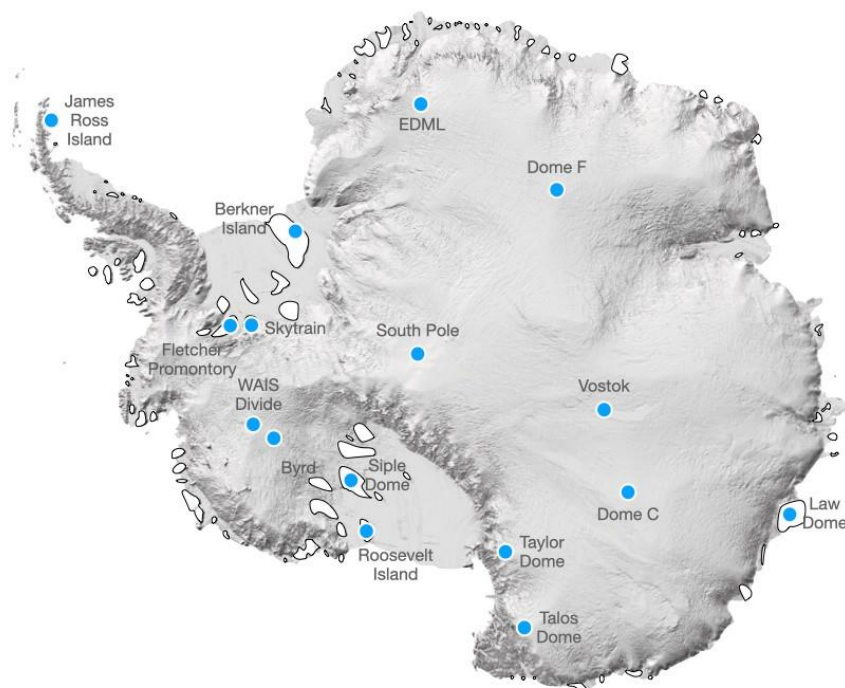


Figure 7: Map of Antarctica showing location of existing and potential ice core sites from which Holocene ice has been, or could be, obtained. Deep ice core sites from where Holocene ice has already been collected are represented by blue dots, and suitable locations for future sampling of Holocene ice near grounding zones – ice rises and ridges – are highlighted as white areas (locations from Matsuoka et al., 2015). The Reference Elevation Model of Antarctica hillshade base is from Howat et al. (2019).

Topographic changes associated with ice-sheet retreat and readvance alter the atmospheric circulation around, and over, the ice sheet. This can influence the direction or pathways of air masses reaching an ice core site. Changes in atmospheric circulation can be detected in ice core stable water isotope (e.g., Stenni et al., 2017) and snow accumulation records (e.g., Thomas et al., 2015, 2017; Medley and Thomas, 2019). They also impact the deposition in ice of chemical species such as sea salts (e.g., Dixon et al., 2004) and insoluble particulate matter such as dust and diatoms (Koffman et al., 2014; Allen et al., 2020; Tetzner et al., 2021). Identifying the origin(s) of the dust and diatoms can indicate air mass pathways as well as the subaerial/surface conditions at the source. The prevalence of open marine and sea ice diatoms at coastal ice rises (Tetzner et al., 2021) would also vary with ice-sheet configuration (i.e., retreated vs advanced). Evidence of circulation changes derived from these imprints can therefore be used to infer fluctuations in ice-sheet grounding-line positions.

Ice core research has so far been largely focused on retrieving records from ice divides in the interior of the ice sheet (Fig. 7) because these sites offer ice-sheet stability (e.g., minimal flow) and low snow accumulation that are suitable for obtaining



long climate records. However, lower elevation coastal sites, such as coastal ice rises or sub-Antarctic islands at the edge of
415 the ice sheet (Fig. 7), offer greater sensitivity in capturing Holocene changes in coastal climate and ice-sheet processes (e.g.,
Thomas et al., 2021), including elevation change and ice-sheet readvance (Matsuoka et al., 2015; Neff, 2020). There are,
however, very few published records from low elevation sites, with fewer than 20 Antarctic ice core sites from locations
below 1500 m elevation (Thomas et al., 2017; Stenni et al., 2017) and none from regions currently experiencing rapid
change, such as the Amundsen Sea coast. One reason is that drilling infrastructure expands significantly when collecting
420 such “intermediate depth” ice cores, due to the need for drilling fluid, larger drill equipment, brittle ice precautions (e.g.,
Neff, 2014), and peripherals needed to handle ice cores on the surface (e.g., Souney et al., 2021). Recovering a complete
Holocene ice core from low elevation coastal sites is therefore logistically expensive.

Despite the promise of low elevation sites and coastal domes for detecting Holocene retreat and readvance, there are
425 limitations: (i) The high snow accumulation at coastal sites reduces the number of years that the record contains, (ii) the high
concentration of marine aerosols can make dating, particularly the use of volcanic tie-points, challenging (e.g., Winstrup et
al., 2019; Moser et al., 2021), (iii) low elevation sites can be susceptible to surface melting (Moser et al., 2021; Thomas et
al., 2021), which may compromise the preservation of ice core proxies (Moser et al., 2021), and (iv) complex orography at
the ice-sheet margin may limit sites to capturing regional, rather than large-scale, changes in ice-sheet dynamics. These
430 challenges could be addressed in future by collecting multiple cores across a region, utilising a suite of ice core proxies, and
prioritising insoluble materials that are less susceptible to melt.

4 Summary

There are several complementary approaches that can be used in Antarctica to obtain geological and glaciological records for
determining whether, where, and when grounding-line readvance occurred during the Holocene. Of the archives described
435 here, subglacial bedrock and subglacial sediment can provide direct evidence that the AIS was smaller than present during
the Holocene, whereas others (marine sediments, radar, records of RSL change, ice cores) have the potential to provide
circumstantial evidence consistent with, but not direct proof of, such a hypothesis. The latter situation is notably the case
where mechanisms other than retreat and readvance would produce similar features in the records. Such evidence is,
nevertheless, useful for corroborating the direct evidence obtained from subglacial sediments and bedrock.

440 Based on our interpretation of existing datasets, many parts of West Antarctica appear particularly promising for detecting
Holocene readvance. The presence of late Holocene gaps in exposure age data arrays in the Weddell Sea and Amundsen Sea
embayments, and the outer Ross Sea, point to these as locations where Holocene readvance is likely to have occurred.
Recent studies in the Ross Sea embayment have confirmed that Holocene readvance can be detected (Kingslake et al., 2018),
445 and, furthermore, suggest that its timing can be constrained using direct measurements (Venturelli et al., 2020) and models
(Neuhaus et al., 2021). In both the Ross Sea and Weddell Sea, geomorphic evidence of compound grounding zone wedges
provides supporting marine evidence that readvance occurred in both regions (Greenwood et al., 2018; Arndt et al., 2017).
However, there is apparent inconsistency between subglacial ^{14}C data that provide direct evidence for Holocene grounding
line retreat and readvance in the central Ross Sea embayment and exposure age data above the modern ice surface that
450 provide equally direct evidence that Holocene ice sheet thinning and thickening occurred at the embayment margins.
Although these lines of evidence could perhaps be reconciled by processes such as, for example, asynchronous forcing of
grounding line position or ice thickness, this requires further investigation. In contrast with the Weddell, Amundsen and
Ross Sea embayments, there are currently insufficient existing exposure age data or suitable ice cores from most of the East
Antarctic coast with which to determine if readvance occurred there or to identify suitable areas for future investigation. That



455 region is therefore critical for further research if we are to gain a continent-wide picture of late Holocene ice-sheet extent. Finally, low elevation coastal ice rises offer greater sensitivity than interior sites for detecting Holocene grounding-line changes using ice cores, but very few cores from such sites have yet been collected anywhere in Antarctica.

Future research in this area faces considerable logistical challenges because much of the potential evidence for Holocene readvance lies within or beneath the AIS, which is hard to access. Nevertheless, significant progress has been made in the past few years, with successful subglacial bedrock and sediment drilling campaigns undertaken in West Antarctica (Kamb, 2001; Tulaczyk et al., 2014; Boechmann et al., 2021, Priscu et al., 2021). Dating Holocene archives anywhere in Antarctica, particularly those from the past few millennia, is especially difficult due to the low concentrations of accumulated nuclides in bedrock and very small amounts of dateable carbon in subglacial organic material. Furthermore, bringing together
465 glaciological and geological records that have variable resolutions and degrees of uncertainty is not straightforward. Notwithstanding the challenges, determining whether, where, and when the ice sheet grounding line was significantly inboard of its present location during the past few millennia is critical to gaining a mechanistic understanding for readvance behaviour. Obtaining (more) geological records from areas where Holocene deglacial history is currently unknown, or where records are sparse, is essential for this. Further research should focus on improving age constraints and assimilating data
470 from the various direct and indirect archives described here. Research combining multidisciplinary approaches is likely to provide the strongest evidence for or against a smaller-than-present AIS in the Holocene. Only once we understand where readvance occurred and determine its extent can we really begin to understand the mechanisms that drove it.

Author Contributions

JSJ conceptualised the paper, developed it with RAV and GB, and led the writing process. All authors contributed to writing
475 the manuscript. CSA, GB, BLH, JSJ, PDN, RAV, and JW prepared the figures with input from all co-authors.

Competing Interests

The authors declare that they have no conflict of interest.

Data availability

Exposure age data shown in Figure 2 can be downloaded from the ICE-D:ANTARCTICA database at [http://antarctica.ice-
480 d.org](http://antarctica.ice-d.org).

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