

FREE

WEDNESDAY
DECEMBER
2
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THE KOOTENAY WEEKLY EXPRESS

100% OWNED & OPERATED IN THE KOOTENAYS

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Cartoonist Draws A Crowd

Local cartoonist Rick Cepella shares his skills and spends time with Pam Hucal's Grade 5 and 6 class at Blewett Elementary

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Solutions To Drinking Water Problems Discussed

by Carmen Marquis

KASLO - Here in the Kootenays, we do not seem to have a water shortage. Everywhere we look it is dripping, trickling, gurgling, roaring, or lapping up on vast shorelines. But like those unfortunate seafarers who found themselves floating on a splinter of their ship, we are realizing a major problem. "Water, water everywhere. And not a drop to drink."

Our water systems are not as pristine as we would like to believe. Large numbers of people in the Kootenays, particularly newcomers (to the region and to the world) and the elderly, have come down with unpleasant illnesses. When tested, these people were found to be harbouring water-borne intestinal organisms. Giardiasis is the "bug" which comes immediately to mind, but there are many others that cause illness. In August of this year, Kaslo residents were warned to treat their water to kill *Cam-*

pylobacter jejuni, an organism causing symptoms similar to Giardia.

The problem is bad, and it is getting worse. The Central Kootenay Health Unit regards all open surface water sources (including shallow wells) as potentially unsafe for drinking unless water is boiled or otherwise disinfected prior to use.

A Health Unit report on water quality helps to shed some light on the reasons for their concern. "Human and animal sewage always contains large numbers of coliform bacteria. Discovery of these bacteria in drinking water is an indication of pollution from human, animal, soil or vegetation sources." With the potential of contamination from this many different sources, it is no wonder that there is confusion about what the "water problem" really is and where it originates.

In pondering this water issue, one thing seems certain, it is not enough to

point the finger at industry or poor planning or tourist activity or even at archaic water delivery systems. The problem is multi-faceted. Kaslo Alderman Pat Mackle thinks the question should be approached one step at a time. "It amounts to a process of elimination. The changes that we are making to our water system can't hurt. If we eliminate any of our problems we're on the right track. If we find that the problem is still there, then we'll go to the next step - and we'll keep going until we solve it."

Kaslo recently received \$150,000 funding from Victoria under the Municipal Acts Emergency Funding Program - an indication of the "state of emergency" that the water is in. It was determined that Kaslo's water problem could be caused by 3800 feet of old wood stave pipeline which potentially harbours bacteria and coliforms within the wood itself. City council decided to replace this line with a steel one to help

eliminate sources of contamination.

Mackle would like to see further attempts to upgrade the old system. "What I'd like to see is a covered metal roof over our reservoir. What you're trying to do with water is keep it cool and in the dark. As soon as you've got it exposed to light, algae grows and the temperature rises." Water systems throughout the Kootenays are slowly changing. The Central Kootenay Union Board of Health is attempting to educate people about the problem and to raise water system standards in order to achieve an acceptable bacteria content in drinking water. It has been recommended that "a thorough cleaning of main reservoirs and three flushings of village water systems per year would be optimum". The board of health is encouraging good maintenance of existing systems and the updat-

Please see WATER - page 7

street talk

Given society could change its consumption habits, what's the first thing you would give up?



I'd give up pre-occupation with financial security and would learn to live day by day.
BRENT MARRALE



I'd give up the attitude that you can purchase happiness.
WIZ BRYANT



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KARLIE & KYLA YANKE

CURIOS REPORTER: Suzanne Down

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Cartoons Take Shape At Blewett

by Phil Carter

BLEWETT — "Okay, now let's all draw an Easter Pig. Here he is — he stole the eggs from the rabbit and now he's eating them."

Local cartoonist Rick Cepella was addressing an enthusiastic class at Blewett Elementary School Friday, November 20. His hands traced patterns on the blackboard and sure enough, there was a big fat Easter Pig with a farmer hat stuffing himself with eggs.

A few minutes later it was the children's turn. Sara Wood, a student in Pam Hucal's Grade 5 and 6 class, described her exotic looking pig. "He's a party Easter Pig," she said. "He likes to get up in the morning and eat."

"His pictures are funny," said Josh Hartikainen, a student in the same class. "It's good that he can come here and help us instead of drawing in newspapers."

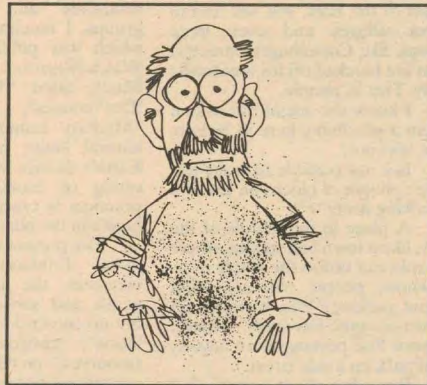
"I think he's a great artist," reaffirmed Sara. "Youngsters are more uninhibited than adults," said Cepella, who worked as a cartoonist at the Vancouver Province newspaper for four years. "Self-criticism can make them lose their imagination as they get older," he said, but also thinks that encouraging them can help prevent that from happening.

Cepella's visit was part of a program to show students what people with specialized careers do for a living, according to principal Craig Smith.

"We're trying to locate as many local artists and artisans as possible who are willing to come into the school," he said. "It's to help the kids grow up," he added, mentioning that a local storyteller would be visiting and that they hoped to have presentations by career scientists in February.

Cepella says that he didn't originally intend to become a cartoonist. "I started in journalism school

with my eye on being a writer, but I liked drawing," he said. Now resident in Nelson, Cepella continues to draw, but comments, "Visual arts are encouraged here, but communities could do more to encourage it." □



One of Cepella's renderings that inspired students at Blewett Elementary

Bylaw 923 Passed

At press time, the Regional District of Central Kootenay confirmed that Municipal Affairs Minister Robin Blencoe has approved Bylaw 923, the unsightly premises bylaw. A story will follow in next week's edition.

Education

Panel Announced

by Margaret Chrumka

NELSON — Kootenay post-secondary education stakeholders have been challenged to "put aside their shopping lists and to consider what's best for the region as a whole." This announcement came from Corky Evans and his fellow Kootenay area MLA's. Last Friday, Evans stood before the Legislature in Victoria and announced that Minister of Advanced Education Tom Perry, Culture and the Arts Minister Darlene Marzari and Economic Development Minister David Zirnheld have established a review panel to consider "post secondary education options in the Kootenays," says a release issued from Evans' office.

In defining the role of the review panel, Evans stated in his speech to the Legislature, "With the need for both regional and provincial interests to be respected and enhanced by any initiative in post secondary education, the inquiry... will not be centered in any one community, but will sit in both the East and West Kootenays and will consider the needs and aspirations of EKCC (East Kootenay Community College) and Selkirk College and NUC and KSA and all of the other institutions both real and envisioned." Dr. Margaret Fulton from UBC has been appointed chairperson of the review panel and is expected to report back to the provincial government by the fall of 1993.

Evans also stressed that the

outcome of the inquiry would not result in "the educational equivalent of a mega project investment," nor would it "pave the Kootenays in paper or make hotel and taxi companies rich." The point was to involve the communities in a process to determine the area's post secondary education needs.

Pat Murphy, President of NUC commented that, "We just hope that the outcome of the review will validate the work, effort, and passion we have committed to bringing a university with degree-granting status to the Kootenays, namely NUC."

Jeff George spokesperson for the Kootenay School of the Arts says, "We're very pleased that a panel has finally been established, as it was an election promise. Congratulations to Corky Evans as we know the decision to establish a panel was due to a lot of hard work on his part. We are also pleased that the three ministers are involved and that the panel is taking a regional focus."

George, went on to say, "We hope the panel will always keep in mind even while looking at the needs of the region that if it wasn't for the unique situation in Nelson, given the closure of Notre Dame, DTUC and the original KSA, there would be no impetus for a review."

Whatever the decision of the review panel, Corky Evans stressed, "the pendulum stops here." □

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Point of View

Commentary by
Margaret Chrumka, Editor
Kootenay Weekly Express

At times it seems that the world, and our community along with it, is spiralling downward into an abyss — battles over the preservation of watersheds ensue, industry cut backs are leaving many jobless, attempted abductions of children are reported. Through all the conflicts and disarming news releases, however, glimmers of hope come to light.

As Carmen Marquis's article on Kaslo's drinking water problem points out, a blanket-solution is not going to be found. But the effort that the community is making to work step by step toward a solution and their acceptance that the issue is multi-faceted provides hope that the problem will be ameliorated.

Two articles by Suzanne Down also bring to light some "good news". After securing additional funding the Nelson Community Services Centre has expanded the hours of their crisis line to week nights and 24 hours on weekends. And Nelson's Daycare Support Program (now the new Childcare Support Services Program) has also benefited from additional funding. They are now capable of offering their services beyond Nelson and the extended area to as far north as Nakusp and south as Salmo.

Another local group, Community Action on Substance Abuse, is also gearing up their campaign to bring awareness to the senselessness and danger of drinking and driving. They've begun to solicit donations and make people aware that they will be holding an alcohol-free celebration for all ages at the Nelson Civic Centre on New Year's Eve — First Light. Another piece of good news.

And also out of the darkness, the Nelson Women's Centre is holding a vigil the early evening of December 6 for the victims of the 1989 Montreal Massacre. Although it is nothing less than tragic that these women died, the Women's Centre is holding a vigil without blame and in a positive light to encourage men and women to learn and come together in the hope that efforts like these will prevent further violence against women.

Problems will persist, but the strength to find resolve is more easily achieved in a community that is willing to work through the difficulties together.

Create A Walking Street

Dear Editor,

I also have a few thoughts on the matter, if one has ever lived or travelled in Europe and in some parts of the East, you will find in most villages and even large towns, like Copenhagen, street(s) that are blocked off for foot traffic only. That is, people.

I know this might not at first seem a possibility here in Nelson, but, why not?

Is it not possible to make just those couple of blocks on Baker a "walking street"?

A place in the middle of the city, like a town hall square, where people can utilize the whole area. I know, people will say, what about parking? Yes, it would cut down on some few spots. I usually cannot find parking there anyway and park on a side street.

But, what about community? People of all ages being able to be together in one spot, playing games, chatting, enjoying the sun, etc. Hackysack would be one game and chess maybe for others.

Are we so much into business, convenience of quick parking and not walking, that we have forgotten the human element?

Every community that takes people in mind needs a center meeting spot. Away from the noise and smell of automobiles and, for me personally, away from any "music" that might be blaring out of speakers to interrupt the silence one may have sitting in the sun pondering life. I mean any kind of music. Silence is also a lost commodity here in North America. I would hope that some serious thought could be given to this suggestion and we would find ourselves with our own little "walking street" in Nelson.

Our young people, our seniors, all of us might find out this type of open area might lead to experiencing each other more fully, communicating better, and dealing with any problems that might arise in a more humane way due to closer contact with one another on a regular basis. Tolerance and brother/sisterhood could actually grow, instead, of fear of the unknown.

J. Polston, Nelson

Economic Growth Questioned

Dear Editor,

During the two days' meeting held November 14 and 15 in Nelson between CORE representatives and environmental groups, I recommend an article, which was published in World Watch Magazine (Sept./Oct. 1990 issue), titled "Toward a New 'Eco-nomics'", that states, "Modern economics, blind to natural limits, is hastening the Earth's demise. A major restructuring of economic rules and practices is crucial to the future health of the planet."

The present GNP (Gross National Product) system only measures the total output of goods and services, while there are no entries for the terms "pollution", "environment", "natural resources", or "depletion" in the accounting system. This failure to distinguish between natural asset destruction and income generation, makes "progress" under our modern economic system an accelerator towards environmental deterioration. Ironically, the \$2 billion spent on labour and equipment for cleaning the Alaska oil spill in 1989 and the \$40 billion health care expenses incurred by US citizens annually as a result of air pollution and other damages are recorded on the plus side of the national income ledger!

If inflationary rate and wage increase remain the only indicators for growth in GNP and personal financial advancement while lack of regard for the environment for present and future generations, we need a miracle to achieve shared-decision making and consensus through the CORE process while the cycle of "recession" can be much shorter and stays longer each time. In the West Kootenays, anyone who has lost forests to logging knows that not all economic growth enhances the quality of life.

Sailin Schindler,
Johnsons Landing

CORE Has A Full Plate

Dear Editor,

When the Commission on Resources and Environment (CORE) was established, a lot of hope and expectation for a balanced approach to land use issues and resource extraction prevailed across BC.

That euphoria is evaporating as we find through the local and regional processes that we are in fact looking at a Super Integrated Water Management Plan (IWMP).

SoCred-left-over

IWMP's did not and could not work because water users did not have any decision-making power, etc.; but you know all that. So what's wrong with CORE? For one thing, there is no funding for participants. While members of Ministry of Forests and Industry are fully paid, water users should live on polluted air as they try to defend their basic right to clean water.

Next, the time table for the CORE process is unrealistic when you consider that the Forest Resource Commission had three years while the BC Roundtable on Environment & Resources has been going round and round for three years (all fully paid). Plus, some CORE staff is leaving the Nelson office which does not help.

Even though we don't have a timber inventory, 1991 was a record year for clear-cut logging in BC (increase in volume, but not in employment). A few small areas enjoy a deferral on logging for a short period of time and the promise of setting aside 12 per cent of the land base for parks and wilderness is only set for the year 2000 after some of these areas are partially logged. Too many people like Jack Munroe don't want to understand that a replanted clear-cut is NOT a forest but a mono-culture tree orchard. And long before these seedlings mature, global climate change will have given us what we deserve: a catastrophic reaction to greed and stupidity. Ozone levels are declining and soon the photosynthesis process will break down, resulting in major crop failures.

The CORE Land Use Strategy makes wonderful reading. But, so far, there is no indication that the promised balance between environment and resource extraction is being followed. The most recent preliminary draft charter for the local CORE process clearly favours logging with minor concessions to water protection. Economy before Ecology. Oh yes, there is hope for water users: the document suggests "alternative sources of water supply". So, if a watershed gets trashed, the water users may get a well or some chlorinated water from somewhere.

This government is in a bind. They know that, due to gross overcutting, the rate of tree harvest (AAC) has to be reduced and that people in BC want a drastic change in the current destructive, non-sustainable forest practices. However, it also means a reduction in revenues at a time when the provincial deficit is

Please see LETTERS - page 7

Opinion Policy

We encourage our readers to write to us. Letters are a way for you to speak to your community, to give a new information, participate in a discussion or express an opinion. Letters are meant as a way for you to speak directly to your community. Please address letters meant for publication, to The Editor. We do not accept Open Letters. Letters must be short (250 words maximum) and to the point. We want to print all letters we receive and as we have limited space, we reserve the right to edit for length and clarity. Commentaries can be longer (500 words) and are more in-depth than

letters. Commentaries usually require some research and should offer new information, as well as an opinion. If you wish to write a commentary, please contact the Editor.

All letters and commentaries must be signed and must include your name, address and phone number. We will not print "name withheld" letters, unless there is a good reason for anonymity.

As to subject matter: we are guided by good taste; this includes not printing letters or commentaries that are personal attacks, derogatory, or promote violence, racism or sexism.

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MEMBER: Nelson & District Chamber of Commerce
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CORRECTION

The November 18 editorial indicated that Pat McMaster, of the Nelson Community Services Centre, was a volunteer coordinator for the whole of the West Kootenays. NCSC, however, only takes in volunteers interested in working for their organization.

Travis T.



Holiday Pantomime

Capitol Theatre

This year's Christmas pleasure at the Capitol Theatre is a pantomime of *Jack and the Beanstalk*. Performers include the Honourable Lyle Kristiansen as the man in the moon, Karen Agnew as the widow, Bruce Ormond as the Wizard Hocus Pocus, Mary Defeo as the school teacher, Daphne Van Alstine as a failed fairy, Romeo Graham as Jack, Larissa Braun-Neville as Jill, Tony Salway as the Martian Major and Judy Jensen as the ever present fairy of pantomime.

Kootenay artists have also brought their skills to the show. Anne DeGrace has designed the poster which begs to be a colouring contest. John Hodges and some of his CIC students have designed a cow and a bull with personality. Rick Foulger and LV Rogers Stagecraft students have rendered a sinister cauldron with working parts as well as a number of confused computers. Chuck Chappell and some of his NUC art students are working on the design for a quaint widow's cottage. Peter Pokorny has created the largest beanstalk ever seen on stage, as well as a number of other colourful set pieces, and Kathryn Jamin has created costumes to be executed by students of Trafalgar, Mt. Sentinel and Lucerne School.

The directors are a new team this year. Laurie Jarvis has emerged as director and John Galt has assembled the musical score. Evie Clare is coaching the small children and overseeing the movement in the play. The main lyricist in Margaret Stacey and the efficient stage manager is Marlene Millarson. There will also be a cameo appearance from a local barbershop quartet.

The play runs December 3, 4, and 5 at 7:30 p.m. with a special matinee of December 6 at 2:00 p.m. Tickets are on sale at the Capitol and are \$7.50 for adults and \$5 for children 12 and under.

Annual Faire Set

The Kootenay Christmas Faire Organizing Committee

What is the KOOTENAY CHRISTMAS FAIRE? One longtime organizer describes the event... as, "a gathering together of an eclectic mix of artisans with the best handmade wares... carefully positioned into Nelson's very own concrete bunker! (The Nelson Civic Center)... Stir in a taste of some of the areas best performing artists, throw in a whole bunch of community spirit, hope the Christmas Fairy's magic wand is tuned into the occasion, then invite the people of the area to join together and participate and sup-

port this friendly one-of-a-kind MARKETPLACE."

This year there are so many artisans wishing to participate in this event that the organizers have decided to offer "Event One" and "Event Two". Yes, two weekends with different artisans in each event, plus the last Sunday being a day where nonprofit groups may join with new artisans and entertainers to complete this year's Faire. The Kootenay Christmas Faire takes place during the first two weekends of December in the Nelson Civic Centre.

Your Water, Your Health

East Shore Water Alliance

Sponsored by the East Shore Water Alliance, Dr. Lee Hutton will speak at the Riondel Community Centre Saturday, December 5 at 2:00 p.m.

Recent research and statistics show that entry into watersheds in the West Kootenays is causing an increase in the incidence of infections associated with drinking water. And while cities like Victoria, Vancouver and Seattle recognize this, and have made unauthorized trespass into their watersheds prohibited by law, government agencies in this area have yet to acknowledge such wisdom.

Dr. Hutton will speak authoritatively on this contentious issue and will be pleased to answer your questions and concerns.

Rehabilitation of the water sources in the Kootenays may well be the next problem that your government will attempt to solve by reaching into your pocket for more taxes. Peter Duryea will also share information with you about the costs to local municipalities of restoring healthy water sources.

Come and find out the facts at the Riondel Community Centre.

Festival Of Joy

Nelson Waldorf School

On Saturday, December 5, the Nelson Waldorf School invites everyone to its 5th annual "Festival of Joy"; a very special day of Christmas festivities sure to delight the whole family.

There will be several craft-making opportunities including candle-dipping and wand making; little children will be treated to showings of the puppet play "Little Shepard Boy" by the Juniper Tree Puppet Theatre; the magic cookie house will once again offer a story and a cookie to young listeners; and the games room, with bag toss, shuffleboard, a fish

Please see DESK - page 14

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CORE Constituency Met In Nelson

by Susan Hulland

KOOTENAY WIDE — "There are not magic answers but we're making good progress," said CORE commissioner Stephen Owen, during a November 25 telephone interview with the Express.

"On the provincial level, we are narrowing the issues. On Vancouver Island we are at the stage of bringing the full range of interests together; in Cariboo-Chilcotin the parties will convene at the table next weekend."

Owen did not say the process had been easy. "There is a lot of fear and suspicion surrounding the issues. It's a complicated process, misunderstandings are bound to occur; people are bound to suspect the worst."

Owen said the key is accurate information. But, who will decide on the quality and acceptability of that information? "The regional tables will be responsible for that," said Owen. "It will likely be one of the first issues they deal with."

He acknowledged there had been misunderstandings about information in Cariboo-Chilcotin where the forest employment committee, Save Our Jobs, threatened to withdraw because of what they said was biased information provided by a Sierra Club environmental consultant subsidized by the taxpayers.

"It was a misunderstanding, an overblown issue," said Owen, "I don't expect it to continue to be a problem."

In general terms Owen said, CORE is going well despite the fact there are no magic answers. "The final product will be either consensus agreement or lists of scenarios or options for Cabinet to consider. All will be looked at



Herb Hammond, Colleen McCrory and Grant Copeland — three of the many representatives who attended the recent CORE Environmental Constituency meeting held in Nelson

in terms of their environmental, economic and social consequences and everyone will have an opportunity to raise concerns."

Owen confirmed that CORE's Kootenay boundary regional team would be changing and announcements about new staff would be made by next week. "Bruce Fraser's contract expired at the end of October. We are negotiating with him now to continue in January. Greg Roberts was working under a secondment from Environment, Lands & Parks, he already had a three-month extension, he had to go back to them."

Meanwhile the Kootenay-Boundary process continues. It began in August when the regional team staff — Bruce Fraser, Dinah Stanley, Greg Roberts — met all stakeholder groups with an interest in land use decisions.

There were lots of groups and lots of meetings — more than seventy-five of them — because CORE's biggest challenge is to

get all the stakeholders sitting at the table. Ideally this should include any group that could — to put it bluntly — screw up the process in the future.

The next phase, the Constituency Workshops, are almost completed. During these the CORE team meet with representatives of eight interest groups including: agriculture, community development, tourism, forestry & mining, fish & wildlife and Provincial agencies.

Some meetings drew more interest than others. The Environment Constituency saw more than 70 delegates at the two-day meeting in Nelson; whereas only eight representatives attended the Labour Constituency workshop held in Creston.

The next step — convening the Kootenay Boundary process — was scheduled for early January, but it appears some constituencies are not yet ready to make the commitment to sit down at the table. □

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Overwaita's New Manager Arrives



Overwaita and Nelson welcome Lou Sarge as the new manager. Although his first day in Nelson was the day before he took over, Sarge says, "I have talked to many people and have never heard a negative thing about Nelson and I am really happy about being here." Sarge made the move from Burns Lake with his wife Linda and three young children, Kyle, Kurtis, and Mitchell. Sarge replaces Dan Beaton who will be sadly missed, but is off to deal with a much larger Overwaita in White Rock.

Water

continued from page 1

ing of archaic systems like Kaslo's. Water is being strictly controlled under new guidelines.

The health board considers any water system with two or more connections as a "community water system". Such systems are therefore subject to the latest Safe Drinking Water Regulations. The board gives its stamp of approval only if tested water meets their "Microbiological standard". This means that "a water sample taken within a 30-day period must have zero fecal (or other) coliforms per 100 ml. If more than one sample is taken within 30 days, 90 per cent of them must meet this standard and no sample must have a coliform count higher than 10 per 100 ml."

Andrea Hall, Environmental Health Officer for Castlegar and area, says that waterborne or-

ganisms are a health and safety issue. Although some lucky people seem immune to actual symptoms of infection, they can still carry the infection and pass it on to others through improper hygiene. This situation is particularly troublesome for highly susceptible population groups.

Hall commented unfavourably on the water quality monitoring system in the Kootenays. "For the amount of money we spend monitoring the present water system, we could probably put up water treatment facilities for many of these small communities." Hall believes that these facilities may differ for each community water system. "Every situation has to be evaluated in terms of available finances, the water source, its turbidity, etc."

In her view, treatment with chlorine is the cheapest and generally the most effective. It is used in very small levels - only 5 parts per million - well below the levels considered dangerous for human consumption. "In the interest of your family and future

generations," says Hall, "get your water treated." For now her advice to people is to boil drinking water, lobby for water treatment, and request year end reports from the local health unit. She further notes that personal tap filters need regular maintenance or they can cause more harm than good.

Pat Mackle believes that individual filtering systems could be effective but does not accept chlorination as a solution yet. "Not until it's proven to me that it gets rid of whatever is causing illness, and that it is the only way to get rid of it. It's a last resort. We shouldn't have to treat the 99.9 per cent of the water which is not ingested."

The word from the Central Kootenay Health Unit remains, "For use when community disinfection works no longer function/or when using water from doubtful sources, Central Kootenay Health Unit recommends bringing drinking water to a rolling boil for a couple of minutes or adding 2 drops of bleach to one gallon (4 litres) of water." □

LETTERS

continued from page 4

water protection. Economy before Ecology. Oh yes, there is hope for water users: the document suggests "alternative sources of water supply". So, if a watershed gets trashed, the water users may get a well or some chlorinated water from somewhere.

This government is in a bind. They know that, due to gross overcutting, the rate of tree harvest (AAC) has to be reduced and that people in BC want a drastic change in the current destructive, non-sustainable forest practices. However, it also means a reduction in revenues at a time when the provincial deficit is growing. As well, a change of wasteful, consumer oriented life style. CORE has to promote a much needed protection of our environment.

Anyone who feels that logging at all costs is more important than life-sustaining necessities may find themselves residing in a giant clear-cut called BC with contaminated water, air and food. What good will a paycheck be then?

Gunter V. Retterath, Winlaw

Staying United

Dear Editor,

Here we go again. It looks as though the water users of the Glade area (Wanting A Say, November 25) are the latest victims of the "divide and conquer" strategy developed so successfully by the Ministry of Forests. The MOF insists on dealing with only one watershed at a time, and exhausts well-meaning residents

Please see LETTERS - page 16





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Old Jail Makes Town Proud

by Barbara Tandory
CASTLEGAR — Who would suspect that having a jail on the premises would be such a welcome sight. But many people in Castlegar are excited and John Coyle of the Castlegar Heritage Society is ecstatic to see the 60-odd year old, dilapidated building

located next to the Heritage Society's CPR Station Museum. The reason for all the excitement is that another piece of Castlegar's heritage has been saved from demolition as part of the Castlegar-Robson bridge project. The jail was moved from the bridge site October 29, 1992, next to the historic 1907 CPR station on 13th Avenue which avoided a similar fate in November 1987 when the City of Castlegar had it moved across the railway tracks and eventually restored it as a railway museum.

These days, the city's efforts are geared to making the downtown core an attractive city centre with a modern look, with plans which include replacing the unsightly, above-ground, high tension wires with underground cables and removing a new parking lot located on city property adjacent to the Heritage Society's CPR Station Museum.

John Coyle says, "I am ecstatic." The jail, for years forgotten in the back of the Armstrong residence where it served as a garage, had been rediscovered only this April. This residence has since been torn down to make room for the proposed bridge over the Columbia River at the site of the old Robson ferry ramp. After much planning, the jail was moved to its new site by rail in a community-wide effort.

Despite initial concerns, it was moved in one piece. Coyle breathed a sigh of relief when he and a crew of volunteers discovered after several weeks of preparatory work that the old jail was more sound than it seemed. "Once we tore down the plaster of the walls and ceiling, we could see how sound it was."

The jail had been built by Robson resident Bill Waldie who is now 94 years old. The construction was exceptionally solid, Heritage Society's administrator

Charlie Horrey notes pointing to the heavily reinforce walls of the holding cell. "You couldn't eat your way out of it," joked Horrey.

Help to move the jail were numerous and came from businesses and individuals, but Coyle is especially grateful to the CPR and its local roadmaster Greg Huestis for the actual move and New York based Kamy Industries Ltd., a contracting firm with Canadian headquarters, for assuming all financial responsibility for the move.

"It hasn't cost the taxpayer anything," says Coyle. The Heritage Society has also been spared any associated expenses. "Kamy has paid the bill."

Once it's restored, the quaint old jail will house the CPR museum's George McAndrew display. McAndrew was the first policeman in Castlegar and had used the building as an office and holding cell. McAndrew passed away only a few years ago.

"We have to get some steel bars to make it look like a jail," Coyle said, but the exterior is fairly sound. The interior needs to be completely restored, insulated, and equipped with a fire alarm. The jail also needs a new roof, although the present one is overgrown with moss on the north side, giving it that proper aged look.

No definite plans have been made for the restoration and the jail's history has yet to be compiled from, among other things, oral accounts of older residents who remember when it was used and from some who even spent an uncomfortable night in the jail cell.

The nonprofit society has no money available for restoration, but Coyle isn't too concerned about that. At least not yet.

"My biggest concern was getting it moved. From this point we'll look for corporate sponsorship to finish the job," he said.

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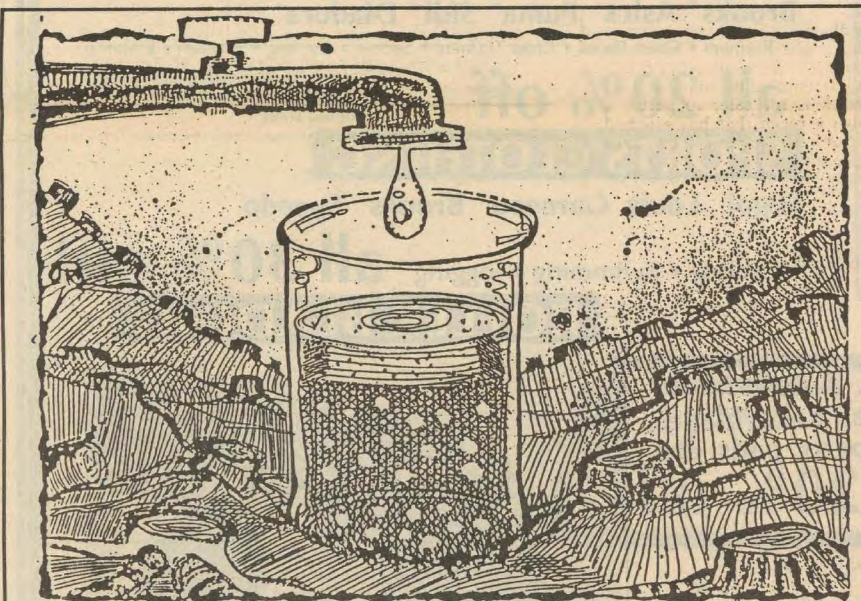
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ART ALERT



"All We Ever Wanted" at the NEC

by Anne DeGrace

Contemplative, peaceful, questioning, warm, poignant, fervent, expressive, emotional, demonstrative, disturbing, always compelling... these are the photographs of Fred Rosenberg, showing currently at the National Exhibition Centre near Castlegar.

These are portraits born of a curious osmosis when, through the process of a sitting, the photographer and subject reach a deep understanding. It's done simply enough: through conversation a trust is developed, limits are exceeded, and the division between the subject and photographer become blurred. No longer merely the observer, Rosenberg is now part of the process.

Writings throughout the exhibition serve to illuminate the processes and observations of the artist.

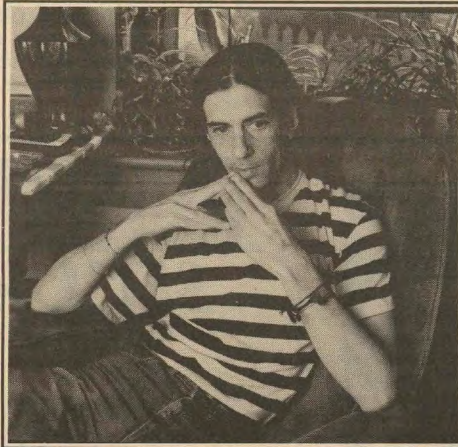
"There's a place to stand in relationship to a person that sets up a composition and puts me in sync with his being. It's an extraordinary space."

The photographs, many of people familiar to me, are haunting in their depth and clarity. In each there is an appeal for understanding, or perhaps an acceptance of the moment as they feel it. In this way the title, *All We Ever Wanted*, is profoundly appropriate, especially as the meaning must be unique for everyone. *Newell Family* is tender; *Hester Elliott* gestures emotion with hands to her heart; *Dorothy* questions; *Ria Tromp* is pensive in one: in another, a fractured image, spliced and joined to recreate a whole, suggests another dimension, something with which Rosenberg has been experimenting

these past months.

"Some (of the photographs) are about pain, or anger; others are about love itself," explains Rosenberg simply.

Most of the photographs in this exhibition are recent, although some date back to 1970. It's interesting to trace the path of the photographer from the removed, though skilled, observer to one more deeply involved. It's a show which requires participation on some empathetic level, because *All We Ever Wanted* is, well, just that. The show continues until December 24.



Dave Brooks: portrait by Fred Rosenberg

Showing concurrently, *Festive Treasures* showcases the work of Canadian artisans in the NEC's annual Christmas exhibition. It's an interesting amalgamation of works that includes blown glass, woodwork, weaving and pottery with some quite distinct touches by established artists.

At the alleyway café, Nelson artist Rick Cepella exhibits paintings in oil, acrylic, and watercolour along with illustrations and cartoons, many of which have appeared in the *Vancouver Sun* and the *Province*. Cepella, known locally for his shows in Artwalk and as one of the summer school's more popular teachers, has an impressive list of publication credits. As an illustrator and cartoonist he has an extremely fine hand and an awesome wit. The work is for sale, so here's a chance to actually own a piece that has reached thousands via their Saturday papers. The show continues through December. □ Address your comments, suggestions and questions to ART, c/o The Express, Box 922, Nelson B.C. V1L 6A5.

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MUSICAL NOTES



Musical Messages

by Heather Hutchinson

Out of the grab bag of the usual plethora of INCREDIBLE musical events that hits the area every weekend we have...

Jazz bassist Rick Kilburn performing in an intimate trio setting at the SUB Pub on Friday December 4, starting at 9:00 p.m.

Now living in Vancouver, Kilburn produced Hugh Frasers Juno-award-winning album and has toured with Dave Brubeck and Mose Allison and has performed with Chilliwack and Chet Baker. He will be accompanied by Paul Landsberg, guitar and Darcy Hepner, saxophone.

Well here's something that hasn't hit Nelson for awhile... ZYDECO (a combination of jazz, cajun, and country) or as one press release so aptly puts it, "Zydeco bubbles with the life and spirit of the culture that produced it, Rousin' and Rockin' one minute, Soulful or Silly the next."

Major John Handy and the Zydeco Wolf Couchon Band party at the Civic Hotel, alias the Zoo, December 4 and 5. One of the major con-

tenders for Clifton Chenier's role as King of Zydeco, Major Handy has played with a number of zydeco artists such as Buckwheat Zydeco. His early influences were Bobby "Blue" Bland and George Benson. There will also be a jam session on Sunday with the Major. A fun time!

At Rosy's this weekend we have the sweet duo of Lana and Jules on Friday. Lana Benson's rich vocals and powerful songwriting combined with Julie

Matthew's (11 years classical training) sensitive yet passionate renderings on flute vibrate to a depth that touches and inspire the soul. Mystical in heart, yet grounded in their playing, this is definitely a concert for people of all ages.

On Saturday at Rosy's Pat Braden shows up with his Chapman stick, a ten stringed instrument played by tapping the strings along the fingerboard, which allows the player to play bass and melody at the same time. Strongly influenced by the Metis, Dene, and Inuit struggle for self determination, and reconnection with their cultural traditions as well as spirituality have caused this artist to explore more care-

fully his own aboriginal roots. Braden has a special way of looking at the world that's evident in the songs

Please see MUSIC - page 15



Pat Braden and his chapman stick



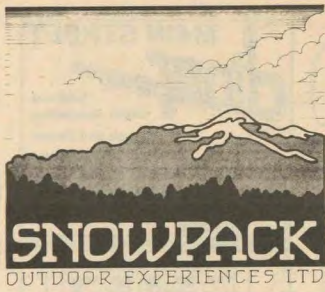
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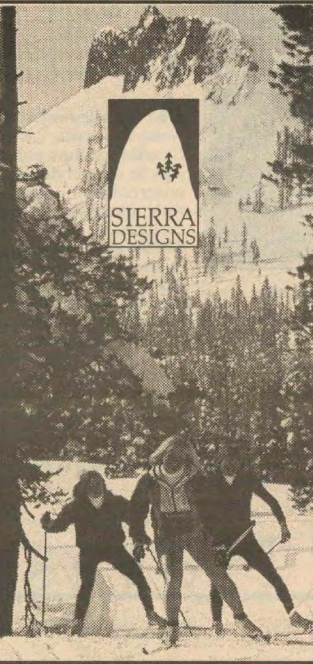
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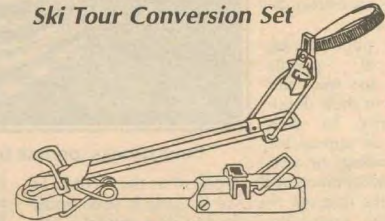
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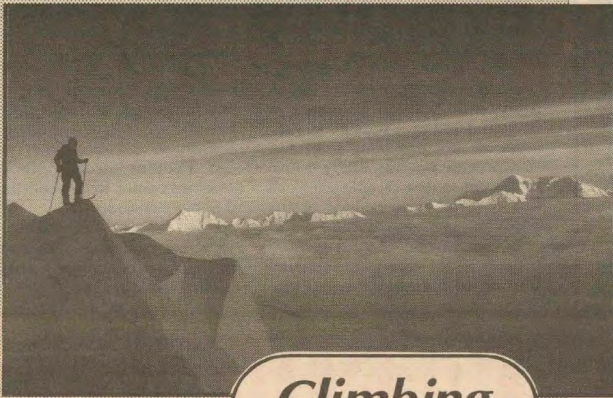
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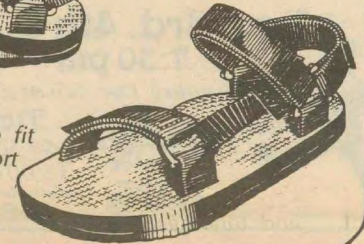
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Dec. 20	Sunday	12:00 pm - 4:00 pm
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Dec. 24	Thursday	9:30 am - 4:00pm
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Community

Crisis Line Hours Expanded

by Suzanne Down
NELSON — The most common crisis issues run the gamut of suicide, depression, grief, parent/ child conflict, separation issues, and wife assault. They are life situations that touch all of us directly or indirectly.

The Nelson Community Services Centre crisis line has been available in the Nelson area for twenty years. Now, a new 1-800 crisis line is available to the broader area. It covers Nakusp, Kaslo, New Denver, Silverton, Salmo and surrounding areas.

Funding for this expansion as well as the existing line comes

from the Ministry of Health and the United Way. The number is 1-800-561-4244. The hours of service are 5:00 p.m. to 9:00 a.m. week nights and 24 hours Saturdays, Sundays, and holidays. Statistics show the majority of emergency calls come in the late evening or early morning hours. The calls are taken by crisis line volunteers who have had an in depth, nine-week training course to help them be effective "on line". They learn how to assess the calls, i.e. whether someone is a suicide risk. They also help people set goals even if it is to call back in two hours.

"Most people we are hearing from don't have a good support group such as friends, family, or counsellors," says Pat McMaster, Volunteer Coordinator and crisis counsellor at NCSC. "It is an anonymous way to talk to someone and often a first step to getting help. They start to realize their problem is bigger than they can handle."

The service works mainly because the volunteers listen objectively, with skills to help people feel validated as a person. Volunteers are not providing solutions, they provide options. One positive follow up is that people who call can be seen the next day at the NCSC for crisis counselling.

"We will be recruiting more volunteers for crisis line training starting in February," notes Mc-

Master. "This will meet the expansion needs. Meanwhile the existing group have had extra training. We want to get the word out so people know this 1-800 service exists."

Women in abusive relationships is another area where crisis line networking can help. Pat McMaster is also the Safe Home Program Coordinator at NCSC. Women who suffer from abuse and/or violence at home can find help. There is a network of "safe home" programs in most West Kootenay Communities. These provide emergency temporary refuge for women and their children.

If you are in a violent situation or know a woman who is, call the Crisis Line to access a safe home, or contact the Transition House in Trail.

"One in eight Canadian women in relationships will be assaulted by their male partners," says Sherry Cournoyer, coordinator of the Wife Assault Coordination Project in Nelson. Safe homes give women and their children private and safe places to be while receiving counselling and support in deciding what to do next. Funding for the safe home program comes from the Ministry of Social Services.

For more information call NCSC at 352-3504. Remember, the regional crisis line number is 1-800-561-4244. □

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 3rd: 6" Azalea

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WHAT'S ON WHEN...

CALENDAR LISTINGS ARE FREE FOR THE FIRST 15 WORDS. ADDITIONAL WORDS 40¢

Thurs Dec 3

Breath Sessions are a breathing technique for releasing emotions while accessing our subconscious thoughts, thus resulting in inner healing and true change. Information session (free) 7pm-8:30pm. Breath session (half price) 8:30pm-10pm. 419 Kootenay St., Nelson.

Mom's Group Baby Massage with Joanne Emily PHN, 1-3pm. Free including babysitting, Nelson Home Support Services, 905 Gordon Rd. 352-2911.

Fri Dec 4

Lana and Jules in concert at Rosy's Cappuccino Bar, Lana Benson's rich vocals and powerful songwriting (reminiscent of Joni Mitchell) combined with Julie Matthew's finely honed flute playing promises an evening of great entertainment 8pm.

The Kootenay Christmas Craft Faire opens with the joyful sounds of The Clann,

Tom Cummings, Tralee and more.

Christmas Sale Mountain Moon & Fire, wood-fired pots, Stephen Cooke, Silverton Gallery opening 7pm.

Wed Dec 5

Georama Growers Open House today and tomorrow, free treats and prizes and lots on special. 8am-5:30pm. 3 miles west of Nelson on Granite Road.

Your Water Your Health Lee Hutton and Peter Duryea at Riondel Community Centre at 2pm.

Festival of Joy Nelson Waldorf School 10am-4pm, music, puppets, crafts & book store, food, games, craft making, candle dipping.

Fill Up at Esso Village Station & help contribute to Timmy's Christmas Telethon.

Lowry Olafson in concert at the Langham, tickets \$6 and \$4.

Pat Braden returns with his compelling original music on the chapman stick to Rosy's

Cappuccino Bar 8pm. This versatile bass player opens a new realm musically while conveying social commentary at its finest.

Juniper Tree Puppets performs "The Little Shepherd Boy" at Waldorf Christmas Fair 11am, 12:30, 2pm. Call 352-6919 for info.

Join Us At the Kootenay Christmas Faire for storytelling songs and entertainment with Shona Rae, Richard Fordham, The Waldorf Choir and much, much more.

Christmas Sale Mountain Moon & Fire, wood-fired pots Stephen Cooke, Silverton Gallery 1-5pm.

Sun Dec 6

The Magic Of the Kootenay Christmas Faire, Nelson, continues to the strains of Lana and Jules, Rose Nielson and her band, Pauline Lamb and more.

Sunday Jam with Major Handy & the Zydeco Wolf Coucher Band at the Civic Hotel, 705 Vernon St. Nelson.

Lowry Olafson back by popular demand 8pm Myr Community Hall \$6, \$4 members and children.

Morning Mountain Open House 1-4pm. Have your seasons pass photo taken!

Christmas Sale Mountain Moon & Fire, wood-fired pots Stephen Cooke, Silverton Gallery 1-5pm.

Mon Dec 7

Nelson & District Credit Union seminar on finances, 7pm at the Capitol in Nelson, guest speakers. Register by calling 352-7207.

Wed Dec 9

West Kootenay Storytelling & Puppetry Guild Christmas gathering, Nelson Public Library 7:30-9:30pm. Call 229-5726 info.

Hunger Banquet hosted by Mt. Sentinel Secondary School. Info: 359-7219.

Watersheds in Crisis a townhall meeting 7pm at the Capitol Theatre, Nelson. Sponsored by the Kootenay Planned Land Use Society.

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Your community newspaper
THE KOOTENAY WEEKLY
EXPRESS

Dirks Is New Chamber Manager

by Margaret Chrunka

NELSON - Howard Dirks has moved from a quiet year's refuge on his property up the Slocan Valley to the new Manager for the Nelson & District Chamber of Commerce. Motivation? "To step back into the community and begin working for the community again," says Dirks.

As Manager, Dirks remarks that his duties are "to simply carry out and implement the policies of the Board. I'll be looking to the board to direct and define priorities for the coming year."

One priority, which Dirks feels "is essential", is to double Chamber membership. And as 1993 is the Chamber's 100th birthday, Dirks expects to use this anniversary as a "spring board" to build the Chamber's profile and enhance membership. "It's a key year to be out in the public eye



and a year that the Chamber should celebrate."

Dirks became a member of the Nelson & District Chamber of Commerce board in 1974 and has continued a long association with the Chamber which has also seen him as President. Dirks has also been a City Alderman and more recently was Minister of Tourism with the last provincial Social Credit government. □



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 - teaching, question & answer
 - Nada yoga
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Tickets - \$12.00

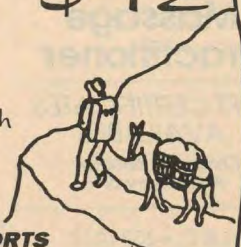
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WHAT'S ON GOING

WEEKLY OR CONTINUING EVENTS AND EXHIBITIONS IN THE KOOTENAYS

ARTS

The New Canadian Show at the Langham Gallery, Kaslo, should not be missed.

All We Ever Wanted: Photographs by Fred Rosenberg Nov. 19-Dec. 23 at the NEC, across from the Castlegar Airport. 365-3337.

Join the Band Join the Nelson City Band this year. Practices Tuesdays 7:15pm upstairs in the Legion. All musicians welcome. 352-6384.

Festive Treasures: A selection of fine Christmas gifts handcrafted by Canadian artists Nov. 24-Dec. 23 at the NEC, across from the Castlegar Airport. 365-3337.

Our Forests, Our Heritage, Our Future curated by the Langham Cultural Centre is a photo exhibit on display Nov. 6 to Dec. 12 at the Nelson Museum. 1pm-4pm daily except Sundays and stat. holidays.

Ingrid Baker exhibits original watercolour paintings at the Main Stage art gallery in Rossland. Nov. 7-Dec. 31.

PERFORMANCE

Jack And The Beanstalk Christmas Pantomime on at the Capitol Theatre, Nelson, Dec. 3, 4, 5, & 6. Tickets \$7/adult, \$5/12 & under. All shows 7:30pm, Sunday 2pm matinee only.

Every Sunday beginning at 6:30pm Rita Marie & John Galt perform at the Library Lounge in the Heritage Inn, Nelson.

Every Thursday it's Open Stage at the SUB Pub 8:30pm. Members and their guests only, no minors. Sponsored by the DTSS.

COMMUNITY

West Kootenay Storytelling & Puppetry Guild meets 3rd Wed. of

each month. Nelson Public Library 7:30pm. Info: 229-5726.

Tots Playtime in Slocan. Bring your toddlers (2 1/2 to 5) to W.I. Hall every Tues 10am to 12 noon, \$6 per session.

Mom's Group Exploring ourselves as mothers. This is an ongoing discussion group focusing on self esteem and family dynamics. Everyone welcome 10-12 noon. Nelson Home Support Services, 905 Gordon Rd. 352-2911 Life After Birth Program.

La Leche League of Nelson Monthly Meetings. Breastfeeding information and support. Info: 352-3521.

West Kootenay Aids Group Thursdays 7:30pm at the Central Kootenay Health Unit, 813 10th St., Castlegar. For more info: 354-6300 or 365-3268 evenings.

Eagles Ladies Auxiliary #22 meets Eagles Hall 1st & 3rd Weds. 7:30pm.

Seniors One Stop provides current info of interest to seniors, assistance with tax, pension and other forms. We listen and help. Tues. to Fri. 9:30-12 noon. 352-6008. 24-hour answering service for messages.

Community Services Centre Crisis Line 352-3504, 24 hr.

Dances of Universal Peace Anglican Hall, 3374 Old South Slocan Road every 2nd & 4th Tues. of the month. 7:30pm 352-2591.

Blewett Conservation Society meets first Mon. of every month at Blewett Fire Hall. Info: 354-4417.

Newcomers Dinner Club Come & meet new friends over dinner. Last Sat. of each month. Call Cindy 352-3930 or Donna 359-8084.

Would you like to know more about the Catholic Faith? Sessions will be held for inquirers on Wed. evenings at 7:30pm at 704-4th St., Nelson. Call 352-7131 for info.

Alcoholics Anonymous every Wed. 7:30pm Vallican Heritage Hall, Vallican 226-7633 or 226-7330.

SAHAJ MARG MEDITATION Open House every 1st Sun. of the month. Call 352-3162 for info.

Blewett Fire Hall Auxiliary meets every third Wed. of the month 7pm. Everyone welcome. Info: 352-6705.

ACOA 12-step drop-in group Mondays & Thursdays 7:30pm St. Paul's Church, Josephine and Silica, Nelson.

SPORTS

The Nelson Rowing Club holds regular practices every Sat. and Sun. mornings at 8am for experienced rowers and at 9:30am for beginners. Group and private lessons offered. Call Dominique at 352-6493.

Nelson Slimmers Club Meets at Selkirk Health Unit, 6:30pm. Back door. Info: 352-2322

Aerobics \$3/class at South Slocan Hall, stretching and toning with Shirley on Mondays, aerobics with Stephanie on Thursdays 7-8pm. And at W.E. Graham School Gym, Slocan Tuesdays, low impact 6-7pm, stretch and strength 7-8pm with Kris. **Skateboarding, Roller-**

blading, Freestyle Biking at the Garage. Tues & Wed 3:30-8:30pm, Fri 3:30-9:30pm, Sat 11-3pm, 6:30-9:30pm & Sun 3:30-8:30pm. 352-3999. **Ladies Volleyball** Winlaw School Gym, Thursdays 6-7:30pm, \$2 drop-in fee. White-soled shoes only.

Kootenay Aikido Club enjoy a relaxing yet invigorating workout while learning the principals of Aikido. For info call 354-4232/354-4817.

Table Tennis Thursdays at the Slocan Park Hall, 7-9pm \$2 drop-in fee.

Adult Skate Tuesdays & Thursdays 11-12:30pm, Nelson Civic Centre.

Men's Recreational Basketball Tuesdays 7-9pm at Mt. Sentinel Gym, \$2 drop-in fee. White-soled shoes only.

Tai Chi for health, relaxation, self defense. New classes

starting January. For info phone 352-3714 or 352-2468. **Co-ed Volleyball** Mt. Sentinel Gym every Thurs. 7-9pm, \$2 drop-in fee.

EDUCATION

Kootenay Centre for Experiential Education offers programs in outdoor skills, natural history & environmental education, challenge courses, business and corporate training and adventure experiences. Contact the centre at 825-0088, fax: 352-6499, RR #1, Site 9, Comp. 28, Nelson B.C. V1L 5P5.

Deepen Your Appreciation of the great outdoors. **CONNECT WITH NATURE.** Formal and informal programs. Peter Duryea 227-9555.

Nelson Planned Parenthood Clinic 503 Front St., Nelson. Left side door. 6:30-9pm. Every Wed. Drop in. Birth control, pregnancy and STD testing, cervical cap/diaphragm fittings. Doctor available weekly. Infant car seat rental. Info: 354-3872.

Introductory Buddhist Talks every Tues., 444 Baker St., 3rd floor. 7pm - meditation and meditation instruction, 8pm - free talk.

Langham Centre Sat. afternoon MOVIES for children 2pm every Sat. Info: 353-7190. Admission \$1/child \$2/adult.

Your Listing Here!

Listings are free for the first 15 words and will run up to three months. Listings should include only the "bare bone" details - what is happening on which days, where and for what cost, etc. A phone number in case people want more information should also be included. Forms are available at the Express office or you can make up your own.

The Three R's

REDUCE • REUSE • RECYCLE



Let's Have a Green Christmas

by Michael Jensen

Christmas will be here soon and so will the annual deluge of municipal solid waste associated with the festive season.

This year the B.C. Government would like to reduce the waste we generate at this particular time of year and they are issuing a Green Christmas Challenge to all British Columbians.

The Regional District of Central Kootenay already enjoys a tremendous level of support for its community recycling program which will sell over 1,000 tons of former garbage to the marketplace this year. We want our residents to prove they can find ways to reduce the amount of waste generated at Christmas.

Some suggestions: buy a living tree which you can plant in the backyard. Decorate the tree with edible

popcorn and cranberry strings and cookie ornaments. Decorate the house with rosettes of pine cones, fallen branches and clumps of berries artfully done up with a beautiful bow for the mantelpiece. Give a Christmas gift of the "green" kind, one that will help revitalize the planet. Make your own Christmas gift. Give a gift certificate to a concert or play. Enrol a new parent in a diaper service. Give water-saving attachments for the toilet, shower or hose. A reusable mesh or cloth shopping bag eliminates the need for non-biodegradable plastic or tree-consuming paper bags.

We hope you are up to the challenge. Let's prove our concern for the planet.

THIS FEATURE IS SPONSORED BY:

Nelson & District Credit Union

Nelson 352-7207 • Riondel 227-9295
A COMMITMENT TO OUR COMMUNITY

Desk

continued from page 5

pond, bingo and other games, will please children of all ages.

A number of "stores" will also be set up: one with Christmas gifts and another especially for children. Add to all this, music, carol singers, a hot homemade lunch and other Christmas treats. The Festival of Joy will take

place at the Nelson Waldorf School, 3468 Ymir Road from 10:00 a.m. to 4:00 p.m. General admission is \$1 with children free, a small amount is charged for some of the activities.

Ski Bus Is Running

Slocan Valley Recreation Commission

That's right folks, the ski bus is going to run and we guarantee it. December 5, 19, and January 9 a ski bus will be going from the

Slocan Valley to Whitewater. These dates depend on when the ski hill opens, so may be changed.

The cost is \$8 a ride and you must sign up by 4:00 p.m. the Thursday before. Tickets are available at the SVRC office, South Slocan Village Market, Maple Leaf Store, Slocan Park Chevron, Winlaw Mini-Mart, Mt. Sentinel and WE Graham

Call the SVRC at 226-7744 for more information

Please see DESK - page 16

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Locals Take Home A Million



\$1 million winners include Patti Mitchell, Andrea Carpenter, Colleen McDonald and Kim MacLagga with BC Lotto mascot "Lucky Dawg" in the middle

by Margaret Chrunka

NELSON — What can one say, but it is almost everyone's dream come true. Four local women just won a million dollars. Patti Mitchell, Andrea Carpenter, Colleen McDonald and Kim MacLagga, all maternity nurses at the Kootenay Lake District Hospital and, as Carpenter puts it, "the best of pals" found out last week that the Quick Pick BC 49 ticket they purchased Friday the 13th at Wing's Grocery was worth a lot more than what they paid for it. All had heard rumours that someone in Nelson had won the million, but they never thought they were holding the winning number. When they finally found out, Carpenter says, "All we could do was go nuts!"

Otherwise known as the "Bingo Ladies", these four friends have been sharing the purchase of BC 49 tickets twice a week since July — a small investment for this tax-free win.

With a million lining their pockets, their plans are "to continue on as we have been," says Carpenter. "We're not sure what to do yet — maybe invest, or just have fun with it — but we don't have any major plans." □

MUSIC

he writes. If you haven't seen this man yet check him out in the intimacy of Rosy's Cappuccino Bar.

Jenna Gail Schell, sings British and traditional songs and some of her own original material on guitar in the main room at Fiddler's Green on Friday December 4. A resident of the East Shore, we don't get to hear too much of this musical poet. The last time may have been last year's Craft Faire.

For those of you who just HAVE to get up and move, three bands — yes, three Dorothy — play this Friday at the Legion Hall. This is a no booze boogie sponsored by new and former students from the Selkirk College Music School. On board will be Soul Tribe, funk, rock and soul; Oh Zone, hard rock and blues, and Sam Fear, heavy mosh (yes, "mosh" — you figure it out) extraordinaire. Tickets are available at the door at 7:30 for one low price — \$5!

Nothing to do Sunday? Head out to the Ymir Community Hall where Lowry Olafson plays starting at 8:00 p.m. A consummate guitar player Olafson also plays electric violin. There's a classical bent to his music with a very pleasing quality that takes one back to classical folk acts like Peter Paul and Mary or the Stringband. Tickets are \$6 or \$4 for the unemployed and YPAC members. He's also appearing at the Langham in Kaslo at 8:00 p.m. on Saturday night. Tickets are \$6.

For all you Hair of the Dawg groups you can catch them at the Balfour Beach Inn on Friday and then down the road at Chillers Pub on Saturday.

And there's much more music at the Kootenay Christmas Faire Friday, Saturday and Sun-

day. The Clann, Tralee Me-man, The Waldorf School, Shona Rae, Richard Fordham, Rose Neilsen, etc., etc. Take a rest from all that intense shopping and check out some of Nelson and area's finest performers.

Coming up in the near future the Nelson Choral Society's presentation of Handel's Oratorio, Samson on December 11, 12 and 13.

Stay tuned, see you next week. Address your comments, suggestions and questions to MUSIC, c/o The Express, Box 922, Nelson BC, V1L 6A5.

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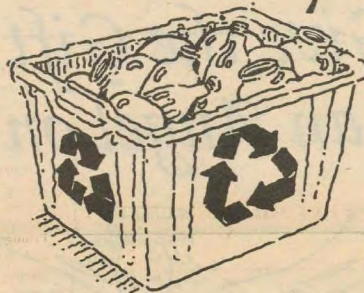
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Desk

continued from page 14

Day Remembered

Nelson & District Women's Centre

To commemorate the 3rd anniversary of the Montreal Massacre of 14 women at Ecole Polytechnique, the Nelson & District Women's Centre is planning a number of activities. On the morning of December 6, (National Day of Remembrance and Action on Violence Against Women) a group of women will be painting a mural on part of the provincial building construction site fence on Stanley Street.

During the afternoon from 2:00 to 4:00, two workshops on violence against women will take place. One will be for women, the other for men and the two groups will join each other for an ex-

change during the latter part of the session. Anybody interested in more information or wanting to register should call the Centre at 352-9916.

A short candlelight vigil will take place on Stanley Street between Baker and Victoria, by the mural at 4:30. All area residents are welcome, please bring a candle.

WCWC Holds AGM

Western Can. Wilderness Comm.

Western Canada Wilderness Committee, West Kootenay Branch holds its AGM December 6 at the Elks Hall, 810 Stanley St., Nelson at 1:00 p.m.

You are invited to come renew memberships, review old business, share new directions, stand for board elections, see the new 1993 calendar that features Lasca Creek, enjoy a slide show, partake of refreshments and have a good time. For more information, contact Claudette Burton at

229-5462.

Visitor From Russia Teaches

Selkirk College

The winter semester at Selkirk College's Castlegar Campus presents the citizens of the College region with a rare opportunity to learn from an internationally recognized authority in Russian and American Literature. As part of a faculty exchange, Dr. Alexander Vaschenko, Ph.D., of the A.M. Gorky Institute of World Literature, will teach two university credit courses during the winter semester.

Beginning in January, Dr. Vaschenko will instruct Introduction to Literature, that concentrates on English translations of Russian literary classics and Introductory Russian Language, is also offered.

Registration begins December 7, call 365-7292 for more info.

Letters

continued from page 7

jected themselves to in recent years, in efforts to understand what the MOF is about to do, and how it will affect their lives.

It's all been done before; just ask Richard Bridge at Lasca Creek, Gary Irwin of Harrop/Procter, Peter Duryea of the Pilot Peninsula project, Frans Braal at Smallwood Creek — the list goes on and on. And so does the destruction of all our watersheds, through road building for logging, and subsequent human entry — increasing the spread of waterborne disease, requiring boil advisories and expensive filtration and/or chlorination.

The solution? United action through one watershed group. What's the sense of everybody earning a degree in forestry terms, processes and techniques when there are already many experienced Kootenay people well versed in this issue? The results will always be the same unless new strategies are pursued, and the next meeting you attend will be the local rate payer's meeting — protesting the horrendous increase in property taxes because we are now faced with the costs of trying to restore our water sources. The RDCK already has a list of communities requiring expensive water rehabilitation, appropriately prioritized. The likes of Slocan Forest Products, Wyndel Box and Lumber, Atco Lumber et al. should be factoring those costs into their bottom line before they think about daring to log in our watersheds, but we all know the taxpayer will foot the bill — don't we always?

Donna Whitta, Crawford Bay

Editor's note: Donna Whitta is a director of the West Arm Watershed Alliance.

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Births

TO ATAM & BONNIE Abbi, a baby girl, 7 lbs 6 oz, on November 17, Marisha Margaret, a little sister for Nariyan.

BIRTH ANNOUNCEMENTS are free for the first 15 words, let the Express know about your new arrival, call 354-3917.

Business Opp.

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Car Pool

WANTED: A ride from Nelson to the Valley on Saturday mornings. Call Pam 352-5397.

AM LOOKING TO CARPOOL into Nelson in the mornings and home to the Slocan Valley in the evenings, hours somewhat flexible. Willing to share gas and turns driving. Please call Margaret 226-7874 evenings.

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Health & Fitness

BREATH SESSIONS ARE a breathing technique for releasing emotions while accessing our subconscious thoughts, thus resulting in inner healing and true change. Information session (free) 7pm-8:30pm. Breath session (half price) 8:30pm-10pm. Thursday, Dec. 3/92. 419 Kootenay St. Nelson. Facilitators: Trevor & Hazel Forry 365-5040.

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SALE: single light, exterior FRENCH DOORS
3513 YMIR ROAD, NELSON 352-3101

TBC ELECTRICAL CONTRACTORS

"Impossible Jobs our Specialty"

Custom, Residential, Commercial, Industrial Renovations, Pump Systems
Senior Citizen Rates

Tim - Reg. #18215 Office 354-1937
Box 732 Nelson, B.C. V1L 5R4

Josef Bardinger

German Tradesman
20 years experience in:

HIGH QUALITY DRYWALL
plus T Bar • Tongue & Groove Ceilings
Steel Studs • Framing

For Free & Friendly Estimates call
J.B. DRYWALL 352-6048

Carlotta's Garden

cobalt glass ... and
beautiful baskets ... many more
gorgeous books nice things

Thurs-Sun noon to seven
Hwy 6 Winlaw
246-7957

Unique Creations

Visit our showroom and workshop at
497 Baker Street
or
in-home consultations for all your window needs
354-4462

SEAMS UNIQUE
custom draperies

Misc. for Sale

CROSS-COUNTRY SKIS for sale. 150 to 170 cm track skis with 3 pin binding, hardly used just too short for me. Call Margaret 226-7874 evenings and make an offer.

FOR THE NEW mother or mother-to-be, the perfect Christmas gift is the Baby Cuddler baby sling. Good from birth to 33 lbs. 352-3521.

MEN'S SKI EQUIPMENT Atomic Supreme 1000 skis, Saloman bindings 757, Saloman SX81 ski boots size 12, Head SE skis, ESE bindings, Koflach 825 ski boots size 12, ski poles. 352-2895 after 5:30pm.

SATELLITE TV, confused? Get our factual newsletter, leave address Future Comm 352-2226.

INDISPENSIBLES: Cotton diaper company. Inventory reduction sale 10-50% off existing stock. 352-7058.

NINTENDO ENTERTAINMENT system with 11 games (with instructions) plus Game Genie, plus 5 Game Genie code books \$275 firm. 352-3521.

OAK DINING SUITE & other furniture, plus great gift ideas. Sheila's Shop, Tues.-Sun. Downtown Winlaw 226-7323.

SATELLITE SYSTEM \$500, cost \$3100. 229-4981.

NEW LAYERS 4.50 humidifier \$55. Music stands \$5. 226-7654.

DR. SEARS' baby slings are here in the Kootenays. Not available in stores. Phone 352-3521.

ABLE WALKER, new \$200 obo. Call after noon 352-9437.

STRONG CHRISTMAS LIGHTS indoor and outdoor. 352-3758.

Misc. For Sale

FRESH APPLE CIDER at the Co-op Safeway and Cornucopia, available till Dec. 15. To order bulk cider for freezing or fermenting, in your plastic jugs or in your container. Phone Kootenay Cider Co. 229-5690.

Knit Wits

Custom-made 100% wool
Coats • Jackets • Vests
Studio Hours - Th, F, Sat 11-5
Lisa Kovshoff-Wilson
1 - 908 Vernon Street
Nelson, B.C. V1L 4G6
(604) 352-5347

Eat Anna's Way

Cooking with affordable nourishing food

Available at: Oliver's Books, Kootenay Co-op, Made in the Kootenays in Nelson. Bookshop, Castlegar, Goldrush Books in Rossland, Hall's Stationery, L'Beas, L & J Books and Betnaza Publishing in Trail: 368-8184.

THE SECOND LOOK

Used Furniture & Reconditioned Appliances with Warranty

1464 BAY AVE., TRAIL, B.C.
364-0404 • TOLL FREE 1-879-9255

Goldrush

BOOKS & ESPRESSO

2063 Washington
ROSSLAND 362-5333

MainStage Art Gallery

Open Tues to Sat +10 am to 5 pm
2012 Columbia Ave., Rossland
362-9505

Remember Christmas '92?

Our eyes met over the candelabra at Made in the Kootenays. Then we ...

626 Baker Street, 352-5253

Ikoko Giftware

New Settlement
Goose Creek, B.C.
ph. 359-7231

- dried flower arrangements
- fabric gift bags
- potpourri • cards

Stained Glass Artworks

Windows, Tiffany Lamp Shades

Sheryl Robinson 352-3101

RENT THIS SPACE

Still Eagle

PLANETARY PERSUASIONS
557 WARD ST. 352-3844
ALTERNATIVE READING
(BROWSING ENCOURAGED)

kölmel

Designer Goldsmith
626 Baker St., Nelson, 352-6799

Misc. For Sale

Satellite T.V. Important Announcement

Latest in satellite descramblers now available.

Complete system rentals.

Future Comm

352-2226 (7 - 8 p.m.)

Offering the best in satellite technology since 1981.

KOOTENAY WOOD STOVES

visit our showroom to see:

- Wood and Gas Stoves and Inserts
- Pellet Stoves
- Porcelain Stoves and Fireplaces

5569 Tagham Frontage Rd.
Nelson 352-2001

Misc. For Sale



Snow City Snow & Skate

since 1988
OPEN FRIDAY & SATURDAY 10am-6pm
444 Baker St. (upstairs), Nelson
352-3714

SAVE 10% ON ANY COMPUTER GAME WITH THIS AD COUPON!

Nicolson Computer Supply
456 Ward St., Nelson, B.C. 354-4666

CROSSWORD By Eugene Sheffer

- | | | | |
|-----------------------------|------------------------------|-----------------------|------------------------|
| ACROSS | 39 One | DOWN | 20 Regrets |
| 1 Tissue | Carson | 1 Cockney | 22 "The Tender —" |
| 5 Census datum | 41 Location | 2 James Bond's school | 23 Business barometers |
| 8 Anagram for seat | 43 June stars | 3 Easy gait | 25 Bikini top |
| 12 Minute particle | 46 Dispatch boat | 4 Walks un- hurriedly | 26 Goal |
| 13 Ending for cross or crow | 50 "Street Scene" playwright | 5 Lawyers' org. | 27 Drill sergeants |
| 14 Hot under the collar | 51 In the highest rank | 6 Laughing | 29 Judd Hirsch vehicle |
| 15 Important officials | 54 Actress Chase | 7 Formerly, once | 31 Pub order |
| 17 — and image | 55 One of the Gabors | 8 Ninnies | 32 Disease of sheep |
| 18 Anoint, once | 56 Harvest | 9 First-rate | 34 Fence opening |
| 19 Word with knife or coat | 57 Army meal | 10 Blair or Blore | 38 Harsh |
| 21 Newts | 58 Feeble | 11 Father of Enos | 40 Brain-storms |
| 24 GI's "friend" | 59 Serf | 16 Ump's cousin | 42 Former chess champ |

Solution time: 21 mins.

APES	ORB	SCAM	
NORA	BOA	ARIA	
NIGHTOWL	LADY		
	AIL	LLAMAS	
CADRE	SEAM		
AGRA	MIDNIGHT		
INA	SALUD	LOA	
NIGHTCAP	HOPI		
	BAHS	ROWEL	
BODONI	EAT		
ARAM	NIGHTTIES		
BARB	ETA	ERNE	
ELKS	SOD	REAR	

Last Week's Answer

1	2	3	4	5	6	7	8	9	10	11	
12				13			14				
15			16				17				
18						19	20				
			21		22	23		24			
25	26	27		28		29		30	31	32	
33				34					35		
36						37			38		
			39	40			41	42			
43	44			45			46		47	48	49
50					51	52	53				
54						55			56		
57						58			59		

CLASSIFIED ADVERTISING

Misc. Wanted

LARGE WOOL COMFORTER wanted. Please phone 364-2440 (Trail). Selling 75 yds for parts. Good rubber.
AM LOOKING FOR a used guitar for a X-mas gift, less than \$100, but still playable. Call Margaret 226-7874 evenings.
WANTED: Remote control vehicle. 226-7654.

Music & Dance

WANTING TO MAKE some extra Christmas money by selling that extra guitar? Advertise in the Express, call 354-3917.

Crescent School of Art and Music

Nelson and Slokan Valley Children's art and classical guitar 226-7881

The Professional's Choice

Rick Hopkins, Darrell Mayes, (Colin James Band) Bobby Stewart, Pauline Lamb, J.G. Walter, Cheryl Hodge, Brad Jacks, Peter Hartley.
• C.D. DIGITAL QUALITY •
KOOTENAY MOUNTAIN SOUND STUDIOS
BOX 524, NELSON, B.C. • 352-1905

DUNCAN JOHNSTON DRUMS
PROFESSIONAL SOUND QUALITY
BEST PRICES IN NORTH AMERICA
352-5350

THE TUNING FORK

JOHN PENGELLY
PIANO TEACHER - TUNER - TECHNICIAN
(604) 352-5203
CARING FOR PIANISTS AND THEIR INSTRUMENTS

S.U.B. PUB

711-10th ST. NELSON
FRI. DEC. 4th • 9 p.m.
Jazz with RICK KILBURN, accompanied by DARCY HEPNER
\$5 member \$7 guests
Open Stage EVERY THURSDAY
ALL EVENTS: admittance restricted to members and their guests. New members are welcome. Sorry, no minors. Sponsored by the David Thompson Student Society. Call 352-1888 for events calendar.

Notices

SANTA'S COMING TO town. For bookings 352-6517.
VAN GOING TO Guatemala. Accepting donations until Dec. 4 of shoes and good clothing for kids, and non-aluminum pots for cooking over fires. Contact Still Eagle if you want to make a donation or have any questions 352-3844.
KIDS ONLY CLOTHING customers. Get your Christmas orders in now! Call Pam 359-7592 (collect).
WAWA IS GRACIOUSLY accepting donations of baking for the Kootenay Christmas Craft Faire, Dec. 10-12. Call 229-5337 after 6pm.
WATERSHEDS IN CRISIS a townhall meeting at the Capitol Theatre, Nelson, Wed. Dec. 9, 7pm sponsored by KPLUS.
ANYONE HAVING PROBLEMS with the Bank of Commerce in Nelson. Write Box 503, Kaslo.

MUNCHKINS
Children's Clothing & Accessories
NOW OPEN
UPSTAIRS at the NELSON TRADING CO.
10 - 5 Mon. - Sat. 352-3336

THE KOOTENAY WEEKLY
EXPRESS
CLASSIFIEDS HOT-LINE
354-3917

Notices

High School Students From Australia & New Zealand Want to come to Nelson

The Educational Foundation for International Study has applications from students looking for 1/2 or 1 year homestay.

INFO:352-1995 or 352-5378

it's a Moving World!



And we are here to serve its moving population. If you have just moved into a new home, call the Welcome Wagon hostess...

352-3485
825-4743

Personals

WILL THE WITCH from the loud Hallowe'en party please write "Hombre" c/o The Express.
WHAT IS THIS THING. Find out Fri. Dec. 11 9pm at the SUB Pub, admission restricted to members (\$4) and their guests (\$6). Sorry, no minors.

WEST KOOTENAY GAY AND LESBIAN SOCIETY
P.O. Box 725, Nelson, B.C. V1L 5R4

Pets & Livestock

Black Oil Sunflower Seeds
50 lb. bag \$16.90

Ellison's
523 Front St., Nelson 352-3181

PUPPIES BORDER COLLIE terrier cross, 7 weeks old. 354-3860. Free to good homes.

Prof. Services

CAN'T MAKE IT home for Christmas? Send a personalized video from Kootenay Video Productions - anytime 354-4487.
FOR THAT PERSONAL TOUCH bring us your Christmas letter printing, mailing service available Fair View Management Services. Tel 352-6779.
YOUR BUSINESS IS making money. Time spent bookkeeping is time away from that primary focus. We do it all - right to year-end and taxes. Call Kris Witt Accounting 352-9858.
LASER PRINTING FAX service, ad copy and computer services Fair View Management services. Tel 352-6779.
FOR THAT PERSONALIZED COMPUTER TRAINING that meets your needs call Harry Kooznetsoff at 359-7891.

Graphic Design Promotions Drafting & Publications
Frog Mountain Enterprises
Cliff Wolfenden 355-2620

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graphiti
Information Services Ltd.
#208 507 Baker St. • 352-2379

Real Estate Wanted

WANTED: 5 acres Slokan Valley, preferably Appledale/Winiaw area. Please call Gordon at 464-0074 evenings.

WANTED: Home with some property in Slokan Valley, up to \$80,000, please call Darcy 226-7874.

Religion

Unitarian West Kootenay Fellowship
As one of our basic principles, We affirm and promote the acceptance of one another and the encouragement to spiritual growth in our congregations.
Student Union Building, 10th St., Nelson

Rentals

PRIME COMMERCIAL/light industrial space available on 625 Front St. Currently 144 sq. ft. office and 533 sq. ft. workshop. Could be renovated as required. Parking available. Call 352-9141 or 352-1837.
ONE BEDROOM SUBLET most of January, uphill \$275. Phone 352-9743.

Rentals Wanted

REQUIRED FOR DECEMBER 15, 2 bedroom home rental or rental/purchase. Excellent references available. Reply Box 30 c/o The Express before Dec. 7.

Shared Accom.

SHARED ACCOMMODATION Fairview location, rooms \$300 per month, seeking gentle people. Tel 352-6779.

Travel

A WINTER RETREAT: cottage with fireplace overlooking Kootenay Lake, 7 km north of Kaslo. Wing Creek Cabins 353-2475. \$59.40 double.

Your ad here...

EXPRESS classifieds are now 40 cents a word for one week. Deadline is Thursday 4pm. Births, Car pool, Funeral Notices, For Free and Lost & Found ads are FREE for the first 15 words. Call The Express at 354-3917 for information or to place your ad with MasterCard over the phone.

DEADLINE FOR CLASSIFIEDS THURSDAY 4PM

Kootenay Job Finder

From your Canada Employment Centre at 514 Vernon St. Nelson, B.C.

A local employer requires a COMPUTER ANALYST/PROGRAMMER with a relevant university degree. This individual must be well versed in computer applications and have a minimum of four years related work experience. For further information, please see our job board or call this office.
A part-time SECRETARY/TELEMARKETER is required by a local employer. Knowledge of Smart and Wordperfect is needed. The employer will train in telemarketing.
A Slokan employer requires an experienced FALLER who can provide their own chainsaw.
A local trucking firm requires an ACCOUNTS RECEIVABLE CLERK with bookkeeping and computers skills.
A Grand Forks employer seeks a TRAVEL COUNSELLOR to make travel arrangements for leisure and corporate travel.
A Balfour employer is taking applications for SHORT ORDER COOKS. Preference will be given to the person available for the first shift commencing at 5:30am.
Householders, remember to contact the Canada Employment Centre for casual help, yardwork, cleaning, household repairs, etc.
EMPLOYERS: we'd like to post your vacancies on our job boards. We can distribute your vacancy locally, regionally and nationally and have a variety of other services that will enable us to help you meet your staffing requirements. The next Labour Market Information Session entitled "WHERE THE JOBS ARE" will be held in this office on Wednesday, December 16th, at 1:30. Preregistration is required.
Please come to the office at 514 Vernon St. and examine our job boards. We now have both local and out of town vacancies posted with full referral information on the job cards in almost all cases. For further information call 352-3155
A free service of the Kootenay Weekly Express



Nelson & District Credit Union

We, the present Board of Directors of Nelson & District Credit Union, would like to invite interested members to join us in continuing to provide the current direction and future growth of our credit union.

Interested members must realize that there is a substantial commitment of time and energy required.

Please submit a resume with covering letter by December 15, 1992 to: B. Swendson
Chairman, Nominating Committee
Nelson & District Credit Union
501 Vernon St., Box 350
Nelson, B.C. V1L 5R2

ALMOST FREE CLASSIFIEDS MAKE UP YOUR OWN FORM OR USE OURS!

.40	.80	1.20
1.60	2.00	2.40
2.80	3.20	3.60
4.00	4.40	4.80
5.20	5.60	6.00
6.40	6.80	7.20
7.60	8.00	8.40
8.80	9.20	9.60
10.00	10.40	10.80
11.20	11.60	12.00
12.40	12.80	+ 40¢ each additional word

CATEGORIES:

- ART
- AUTOMOTIVE
- BIRTHS
- CAR POOL
- EMPLOYMENT
- EMPLOYMENT WANTED
- ENTERTAINMENT
- FOR FREE
- FUNERAL NOTICES
- FURNITURE
- GARAGE SALES
- HEALTH & FITNESS
- HOME & GARDEN
- LOST & FOUND
- MISC. FOR SALE
- MISC. WANTED
- MUSIC & DANCE
- NOTICES
- PERSONALS
- PETS & LIVESTOCK
- PROFESSIONAL SERVICES
- REAL ESTATE
- REAL ESTATE WANTED
- RENTALS
- RENTALS WANTED
- SHARED ACCOMMODATION
- TRAVEL

1st 15 words FREE! For

- BIRTHS
- CAR POOL
- FOR FREE
- FUNERAL NOTICES
- LOST & FOUND
- WEDDING NOTICES

AD TO RUN: WED. _____ & WED. _____

MASTERCARD ACCOUNT NO.: _____

EXPIRY DATE: _____

NAME: _____

ADDRESS: _____

PHONE: _____

DATE: _____ SIGNATURE: _____

OF WORDS X 40¢ = COST PER WORD

PLUS 7% GST

MASTERCARD M.O. CHEQUE TOTAL _____

Mail to: **EXPRESS** FAX: (604) 352-5075
554 WARD ST., NELSON, B.C., V1L 1S9

DEADLINE is Thursday 4pm

354-3917 for MASTERCARD ORDERS and information

WORKWEAR
WORLD

THERMAL FLEECE WEEKEND BLITZ!

Sale prices in effect
thru SUNDAY DEC. 6/92
While Quantities Last!

4 DAYS ONLY!

1st QUALITY
MEN'S &
LADIES'



THERMAL FLEECE

CHOOSE HALF ZIP OR FULL ZIP STYLES
Men's sizes M, L, XL, 2XL Ladies' sizes S, M, L, XL

COLOURS
AVAILABLE:

- WINE
- COBALT BLUE
- JADE
- CHARCOAL
- ASH
- BLACK
- WHITE

OUR REG.
29.99

19⁹⁹

EACH



SAVE 30% ON SHIRTS



\$10 OFF SORELS

Levi's FIRST QUALITY MEN'S
WESTERN STYLE
DENIM SHIRTS

...the perfect CHRISTMAS gift!

Sale

29⁹⁹

each

- MID BLUE STONWASH
 - WESTERN SNAPS
 - REGULARS AND TALLS
- OUR REG. 42.99 to 44.99

FIRST QUALITY
MEN'S & LADIES'
SNOWLION
WINTER BOOTS



- RUGGED NYLON UPPERS
 - GENUINE RUBBER BOTTOMS
 - Thermoplus™ LINERS
- LADIES 5-10 white, black, spruce
MENS 6-12 white, black, charcoal

69⁹⁹

PAIR

LADIES SIZES 59.99/pair

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WORLD
Makin' It Work For you!

*Open Sundays
to Serve You!*

CHAHKO-MIKA MALL
1150 LAKESIDE DR.,
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4.00 OFF

Bulk Chaparral Dog Food
20 KILOGRAM BAG

LIMIT: ONE COUPON PER PURCHASE; CANNOT BE COMBINED WITH ANY OTHER COUPON. COUPON VALID ONLY AT OVERWAITEA FOODS UNTIL SATURDAY, DEC. 5, 1992. G.S.T. INCLUDED IN VALUE OF COUPON WHERE APPLICABLE.

70661

OVERWAITEA COUPON

3.00 OFF

Rogers' White Granulated Sugar
10 KILOGRAM BAG

LIMIT: ONE COUPON PER PURCHASE; CANNOT BE COMBINED WITH ANY OTHER COUPON. COUPON VALID ONLY AT OVERWAITEA FOODS UNTIL SATURDAY, DEC. 5, 1992. G.S.T. INCLUDED IN VALUE OF COUPON WHERE APPLICABLE.

70660

OVERWAITEA COUPON




BEEF BLADE STEAK 

BONE-IN - 2.3 STEAKS PER PKG.

PER LB.

1.48

3.26/kg

RUSSET POTATOES 

B.C. GROWN - NUMBER ONE GRADE

15 LB. BAG

3.38

FRASER VALLEY BUTTER

1.98

454 GRAMS

LIMIT: 2 OVERLIMIT PRICE: 2.48

Party Pack Cheddar

FROM OUR DELI DEPT. - MED., MARBLE OR EDAM - 3-4 LB. PKG. SIZE

PER 100 GRAMS **.85**



Orange Juice

WESTERN FAMILY - FROZEN CONCENTRATE

355 MILLILITRES **.98**



Kaiser Buns

HOMESTEAD - SESAME

8 PACK **1.88**



Fresh Bay Scallops

FROM OUR FRESH FISH DEPT.

7.98/LB. PER 100 g **1.76**



Bulk Raisins

NATURAL DARK

PER 100 GRAMS **.32**



Sour Cream

DAIRYLAND

500 MILLILITRES **1.27**



Pert Plus

NORMAL, DRY, OILY, EX. BODY OR DANDRUFF - NORMAL OR EX. BODY

300 MILLILITRES **2.98**



Aquafresh

REGULAR, MINT, KIDS, TARTAR OR EXTRA BREATH FRESHENER

75 mL TUBE **.78**

Overwaitea Foods

Chahko-Mika Mall
Nelson

SALE PRICES ARE VALID FROM WEDNESDAY TO SATURDAY, DEC. 2 - 5, 1992