

1 **Improved delivery of PLGA microparticles and microparticle-cell scaffolds**
2 **in clinical needle gauges using modified viscosity formulations**

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23 **Abstract**

24 Polymer microparticles are widely used as acellular drug delivery platforms in regenerative
25 medicine, and have emerging potential as cellular scaffolds for therapeutic cell delivery. In
26 the clinic, PLGA microparticles are typically administered intramuscularly or subcutaneously,
27 with the clinician and clinical application site determining the precise needle gauge used for
28 delivery. Here, we explored the role of needle diameter in microparticle delivery yield, and
29 develop a modified viscosity formulation to improve microparticle delivery across a range of
30 clinically relevant needle diameters. We have identified an optimal biocompatible
31 formulation containing 0.25% pluronic F127 and 0.25% carboxymethyl cellulose, which can
32 increase delivery payload to 520% across needle gauges 21-30G, and note that needle
33 diameter impacts delivery efficacy. We use this formulation to increase the delivery yield of
34 PLGA microparticles, and separately, PLGA-cell scaffolds supporting viable mesenchymal
35 stem cells (MSCs), demonstrating the first *in vitro* delivery of this cell scaffold system.
36 Together, these results highlight an optimal formulation for the delivery of microparticle and
37 microparticle-cell scaffolds, and illustrate how careful choice of delivery formulation and
38 needle size can dramatically impact delivery payload.

39

40 **1. Introduction**

41 Poly (DL-lactic acid-co-glycolic acid) (PLGA) materials are widely used therapeutics with
42 applications in drug delivery,^[1-3] tissue engineering,^[4] and cellular scaffolding.^[5, 6] In drug
43 delivery applications, PLGA microparticles offer tunable, biodegradable kinetic release
44 profiles. They are FDA approved for a variety of applications, and can often be administered
45 *via* localised or systemic injection.^[2, 7, 8] Larger 3-dimensional PLGA structures have also
46 been surgically implanted as cellular scaffolds for regenerative medicine,^[9, 10] however there
47 are limited examples of systems combining the extracellular support matrix provided by

48 PLGA ^[5, 11] with the tunable kinetic release of soluble factors.^[7] Through this combination of
49 a physical support matrix and soluble cellular cues, microparticle cell scaffold systems with
50 controlled release properties are able to support and direct transplanted cell behaviour.

51 A current challenge in the delivery of microparticles, cells, or microparticle-cell combination
52 therapies lies in maintaining an effective therapeutic dose across varied application routes. In
53 many systems, a common clinical administration route is the localised injection of materials
54 using either pre-filled or self-filled syringes together with a needle.^[12-15] Selection of an
55 appropriate needle gauge depends on the therapeutic application; finer needles of 29G are
56 often used for spatially accurate delivery of materials to the spinal cord, compared to 14G
57 needles frequently used for intramuscular injection.^[16-20] In cell-only systems, recent studies
58 have suggested that injection parameters (including needle gauge, flow rate and applied force)
59 can affect both the number of cells delivered and the ability of these cells to undergo
60 phenotypic differentiation,^[21-24] however these studies have yet to be applied to delivery of
61 acellular microparticle systems.

62 Maintaining an effective therapeutic dose across a broad range of administration routes
63 remains an ongoing consideration for the clinical application of drug delivery systems.^{[25] [26]}

64 To our knowledge, there has yet to be a study on the effect of injection parameters on delivery
65 of either PLGA microparticles alone, or PLGA microparticles in conjunction with cells.

66 Here, we explore modified viscosity systems to enhance both microparticle delivery and
67 microparticle-cell scaffold delivery across a range of clinically relevant needle gauges. First,
68 we explore PLGA particle delivery across a range of needle gauges with controlled plunger
69 force. Next, we investigate modified delivery formulations using the thickening agent
70 carboxymethylcellulose (CMC)^[27] and the amphiphilic polymer pluronic F127,^[28] probing
71 their ability to modify viscosity and their effect on particle delivery across needle sizes.

72 Finally, we investigate the effect of our lead formulation on the viability of human MSCs, and

73 demonstrate the use of our formulation in delivering multifunctional PLGA microparticle
74 scaffolds with human MSCs *in vitro*.

75 **2. Materials and Methods**

76 *2.1 Fabrication of PLGA microparticles*

77 Non-porous PLGA particles were fabricated using 20% PLGA (50:50, 52 kDa Lakeshore
78 Biomaterials) in dichloromethane (DCM) (Fischer) by either a single or double emulsion
79 method. In the single emulsion method, the polymer solution was homogenised in 250 mL
80 of 0.3% polyvinyl alcohol (13-24 kDa, Sigma-Aldrich) using a high speed Silverson L5M
81 homogeniser. The resulting emulsion was left stirring at 300 RPM until particles hardened.
82 In the double emulsion method, 100 µL of an aqueous solution containing 10 mg
83 Amoxicillin (Abcam) was homogenised in the polymer solution. The resultant primary
84 water in oil (w/o) emulsion was then homogenised again in the 0.3% PVA and the resultant
85 water in oil in water (w/o/w) double emulsion was left stirring until particles hardened.
86 Particles were extracted by centrifugation, washed, and lyophilised before being stored at -
87 20°C until use. Porous PLGA particles were produced using a double emulsion method as
88 previously described.^[6] Briefly, 20% (w/v) PLGA in dichloromethane was treated with
89 phosphate buffered saline (PBS, Gibco) as a porogen. Post fabrication, the particles were
90 treated with ethanolic sodium hydroxide (sodium hydroxide (Sigma-Aldrich) and absolute
91 ethanol (Fischer)) to enhance surface porosity. The particles were then extracted by
92 centrifugation, washed, and lyophilised before being stored at -20°C until use.

93 Particles were characterised using scanning electron microscopy and laser diffraction.
94 Briefly, particles were loaded onto carbon disks on aluminium stubs (Agar Scientific),
95 sputter coated with gold (Balzers Union Ltd.) and imaged on an JEOL 6060L system. The
96 mean diameter and particle size distribution were analysed using a Coulter LS230 particle

97 size analyser (Beckman, UK). Particle size distribution was then determined as a function
98 of the particle diffraction and plotted as a function of volume percentage.

99 *2.2 Delivery formulations*

100 Particles were resuspended at 5 mg/mL in DMEM (Gibco), containing between 0-10%
101 pluronic F127 (Sigma-Aldrich) or 0-10% medium viscosity sodium carboxymethylcellulose
102 (CMC) (Sigma-Aldrich). Combined formulations containing between 0-0.5% pluronic and 0-
103 0.5% CMC were also prepared. Formulation solutions were kept at 4°C until use. Solution
104 viscosity was measured using a rheometer with cone and plate geometry at 0.1° angle (Anton
105 Parr- Physica MCR 301)), using a shear ramp from 0-100 1/s at 25°C.

106 *2.3 Particle injection*

107 PLGA microparticles (5.0 mg) were suspended in polymer/media formulation (1.0 mL) in 1.5
108 mL Eppendorf tubes under repeated pipetting and vortexing. The total volume was drawn up
109 into a 1 mL disposable syringe (BD) and a needle (gauges 21G, 23G, 25G, 27G, 30G (BD
110 Microlance)) fitted to the syringe prior to ejection of the total volume into a new Eppendorf
111 tube. A sample (10 µL) was taken from the ejected volume and particles were counted using
112 a haemocytometer. For comparison, particles were also ejected through needles without a
113 syringe to provide a control. Injections were considered to have failed when the contents of
114 the syringe could not be ejected using a mechanically controlled syringe pump. This is usually
115 due to a blockage in the needle or aggregation of the suspension at the syringe tip, resulting in
116 the syringe contents not being completely emptied. Injection failures are recorded and
117 measured in counts, and the calculated values illustrates the percentage of “failed” injections
118 per condition.

119 *2.4 Injection forces and calculated shear rates*

120 For each needle-syringe combination, the initial and glide force were determined using a
121 texture analyser (TA.HD *plus*, Stable micro systems). 1 mL of formulation was loaded into a
122 1 mL syringe (BD), and fitted with an appropriate needle into the injection rig. A 10 mm
123 cylinder probe was lowered into contact with the plunger, with no pre-test force, before a 1
124 mm/s ejection rate was applied in compression mode. The initial force was calculated as the
125 force required to overcome the resistance to movement of the plunger, whereas the glide force
126 was calculated as the average force required to evacuate the syringe at 1 mm/s. For
127 formulations tested with microparticles, a concentration of 5 mg/mL particles suspended in 1
128 mL solution was used. Shear rates were calculated using Poiseuilles equation;

129
$$\gamma = \frac{4Q}{\pi r^3}$$

130 Where γ is shear rate in s^{-1} , Q is flow rate in cm^3/s , and r is needle radius in cm. Shear rates
131 were calculated using both experimental flow rate (for 1 mm/s plunger ejection) and
132 theoretical flow rates 1 ml/hour and 20 ml/hour expected to be used in clinic, described in
133 Table 2.

134 *2.5 PLGA microparticle release studies*

135 *In vitro* testing of the controlled release of Amoxicillin encapsulated within PLGA
136 microparticles was performed using Transwell inserts (Corning, UK). 25 mg of PLGA
137 microparticles were suspended in 1.5 mL of the described formulations, and incubated at
138 37 °C. The concentration of Amoxicillin in release medium was quantified by UV
139 detection at 300 nm using a plate reader (Tecan) with concentration determined from a
140 calibration curve.

141 *2.6 Cell viability*

142 Human bone marrow derived mesenchymal stem cells (MSCs) (UE6E7T-11 cells sourced
143 from the Japanese Stem Cell Bank) were used for all cellular assays. The Prestoblue cell
144 viability assay (Invitrogen Life Sciences, UK) was performed 1 and 24 hours post-seeding
145 (n=6). Each sample was submerged in 1 mL of 10% Prestoblue (Invitrogen Life Sciences,
146 UK) in media; all samples were incubated at 37°C for 30 minutes. Triplicate 100 µL media
147 samples from each well were read on a Tecan plate reader with the excitation wavelength set
148 to 535 nm and the emission wavelength set at 615 nm.

149 *2.7 Injection of cells cultured on particles*

150 Porous particles were treated with Tween and then antibiotic/antimycotic solution (Sigma-
151 Aldrich). Commercially available human mesenchymal stem cells (MSCs) (Japanese Stem
152 Cell Bank) were seeded at 200,000 per well in 12-well plates, with 8mg PLGA particles
153 added per well, and incubated overnight at 37 °C in DMEM medium supplemented with 10%
154 foetal calf serum, 1% antibiotic/ antimycotic solution, 1% L-glutamine (2 mM) and 1% non-
155 essential amino acids (Sigma-Aldrich). Wells were centrifuged, and the cell pellet re-
156 suspended in DMEM or formulation conditions. As described previously, this suspension was
157 injected into a fresh 12-well plate, and incubated for 10 minutes with 10% Presto blue at
158 37 °C. Cell number per well was quantified using a Tecan plate reader. Samples were
159 formalin fixed for 20 minutes at room temperature, washed with PBS multiple times and then
160 imaged by SEM.

161 *2.8 Delivery efficacy*

162 Delivery efficacy was calculated by comparing the number of particles delivered using a
163 specific formulation and needle combination to the number of particles delivered in a basal
164 media solution. Particles were counted using a hemocytometer. For example, to compare the
165 delivery efficacy of particles suspended in basal media through needle-free syringes and 27G

166 needles, a suspension of PLGA particles was loaded into at least six identical syringes, three
167 of which were uncapped and three capped with 27G needles. Syringes were loaded onto the
168 controlled rate syringe pump, and ejected at constant plunger speed of 1 mm/s. An aliquot of
169 the ejected solution was transferred to a hemocytometer and the number of ejected particles
170 counted. To calculate delivery efficiency, we averaged the number of particles for each
171 condition and calculated efficacy as follows;

$$172 \quad \text{delivery efficacy} = \frac{\text{average number of particles delivered in condition X}}{\text{average number of particles delivered in basal media}} \times 100$$

173 2.9 Statistical analysis

174 Statistical analysis was performed using GraphPad Prism (Version 7) software. ANOVA
175 analysis was used for all statistical testing, performed on data from between 3-6 repeat
176 experiments. Analysis is considered significant, and the * designation is assigned, if $p > 0.05$
177 *, $p > 0.01$ **, $p > 0.001$ ***, $p > 0.0001$ ****. Bar graphs represent the mean of 3-6 individual
178 repeats, with associated error bars to show the standard error in the mean (SEM). Details of
179 individual statistical tests (ie. one way or two way ANOVA, number of repeats) are provided
180 in the figure caption for each graph.

181 3. Results and Discussion

182 3.1 The effect of needle gauge on microparticle delivery

183 We fabricated PLGA microparticles of 27 μm diameter as described in section 2.1 (**Figure**
184 **1A**), and investigated delivery efficacy through needles between 21-30G, corresponding to
185 internal needle diameters currently used in clinic ranging from over 500 μm to around 160 μm
186 (**Table 1**). Using a syringe pump set up with constant flow rate of 1 mm/s, we evaluated the
187 ejection of PLGA microparticles suspended in basal media solution through a range of needle
188 gauges (**Figure 1B**). All needle gauges tested were able to deliver the microparticles, however

189 we find that narrower needle gauges of 27G and 30G failed to deliver microparticle solutions
190 as effectively as either needle free or large-bore needle systems, with delivery efficacy
191 reduced to 61% in 27G needles compared to needle free systems. Given the internal needle
192 diameters of 27G and 30G needles (210 μm and 160 μm respectively) are wider than the 26.9
193 μm (+/- SD 11.2 μm) diameter of the microparticles (**Figure 1A**), this suggests that the
194 particle delivery through narrow gauge needles is affected not only by particle size, but also
195 the dynamics of the fluid ejection from the syringe. To explore this further, we investigated
196 the effect of altering the solution viscosity, and so ejection fluid dynamics, of the delivery
197 formulation in needle delivery systems.

198 **3.2 PLGA microparticle delivery using modified formulations**

199 Formulations containing the thickening agent carboxymethylcellulose (CMC) (**Figure 1C**),
200 pluronic F127 (**Figure 1D**) to modulate wettability, and CMC/pluronic F127 (**Figure 1E**)
201 combination formulations were tested for their ability to deliver PLGA microparticles. Figure
202 1 demonstrates that increasing concentrations of either CMC or pluronic F127 in media
203 significantly increased particle delivery, illustrated by the 400% increase of particle delivery
204 in systems using either 5% pluronic F127 or 2% CMC, compared to un-supplemented media.
205 We then investigated combination formulations with compositions of between 0.125-0.5% of
206 CMC and pluronic F127 in media. Figure 1E illustrates that particle delivery was significantly
207 improved in all combination formulations tested, and broadly increased as the concentration
208 of CMC/pluronic F127 in solution increased.

209 We calculated the shear rate used during our experimental injections at a constant plunger rate
210 of 1 mm/s (**Table 2**). These values suggest our experimental injection system experiences low
211 shear between 150-500/s. We examined the effect of formulation composition on viscosity at
212 comparable shear rates between 1-100/s. Comparing the formulations, Figure 1F illustrates
213 that the viscosity of each composition remains broadly constant against increasing shear

214 between 1-100/s. In systems with constant CMC concentration and varying pluronic F127
215 concentration, viscosity measurements are similar, whilst viscosity measurements roughly
216 double as the concentration of CMC doubles in the formulation, suggesting that viscosity
217 properties are broadly driven by the CMC concentration in solution.^[29, 30] Given that many
218 clinically administered injections are delivered at higher flow rates than those tested
219 experimentally,^[31, 32] we next calculated the expected flow rate and shear rate during more
220 rapid administration through various needle gauges (Table 2). Needles injecting flow rates of
221 1 ml/hour and 20 ml/hour (flow rates more commonly used for clinical infusion regimes)
222 experience much higher shear rates through similar needle gauges.

223 At the shear rates tested here, supplementing basal media with pluronic acid and CMC can
224 increase microparticle delivery. There are several potential explanations for this, including the
225 changes in solution viscosity and the increased wetting of microparticles in these
226 formulations. The increased solution viscosity may help to form a stable microparticle
227 suspension during syringe evacuation, which prevents particles being forced to the side of the
228 syringe. Particles at the side of syringe can be statically attracted to the syringe casing and are
229 less likely to be ejected.^[33] Additionally, Figure 1E indicates that increasing the total polymer
230 concentration to above 0.5%, can increase delivery payload. It is likely that the negatively
231 charged polymers help to combat static and attractive charges between the particles and the
232 syringe, facilitating particle ejection.^[8, 29] The combined effects of increased polymer
233 concentration, particle wetting and increased viscosity, are likely responsible for the increase
234 in delivery.

235 **3.3 Modified delivery formulations using clinical needle gauges**

236 All combination formulations tested demonstrated enhanced microparticle delivery compared
237 to a basal media control in a 23G needle system. We then explored whether these combination
238 formulations were able to enhance microparticle delivery across a range of clinically relevant

239 needle gauges.^[16-18, 20, 34, 35] Figure 2A compares the number of microparticles delivered for
240 each formulation in 21-27G needles, and Figure 2B summarises the average delivery across
241 all needle gauges tested. There is a significant increase in particle delivery across all needle
242 gauges using CMC and pluronic F127 formulations in comparison to basal media ($p < 0.001$ in
243 all formulations, and all needle gauges, Turkey's multiple comparison tests and two-way
244 ANOVA), with delivery increasing on average between 300-400% compared to particles
245 delivered in basal media in the same needle gauge.

246 We further explored needle blockage and injection failure for each of these formulations
247 (**Figure 2C**) in needle gauges . Figure 2C demonstrates that the 0.25% pluronic F127 and
248 0.25% CMC formulation had no injection failures compared to other formulations which
249 occasionally resulted in a blocked needle injection failure. Considering this 0.25% pluronic
250 F127 and 0.25% CMC formulation in more detail, we find that microparticle delivery is
251 significantly increased in all needle gauges tested using this formulation compared to a basal
252 media control (**Figure 2D**), with increases in delivery between 320-750% compared to basal
253 media (**Table 3**), and an average increase in microparticle delivery of 520% across all needle
254 gauges. This formulation is therefore broadly applicable to a range of clinical needle gauges.

255 **3.4 Modified viscosity formulations for the delivery of drug loaded microparticles**

256 We investigated the applicability of the lead 0.25% CMC 0.25% pluronic F127 formulation
257 for the delivery of drug-eluting microparticles and microparticle-cell scaffold therapeutics.
258 First, the release profile of amoxicillin from amoxicillin loaded PLGA microparticles was
259 tested, exploring microparticles delivered through a 27G needle with and without the
260 modified viscosity formulation (**Figure 3A**). As expected, the total amount of amoxicillin
261 released was increased when our delivery formulation was used. As the kinetics of release
262 remained broadly unaffected, we suggest that this is due to the increased delivery yield using
263 the 0.25% CMC 0.25% pluronic F127 formulation.

264 Interestingly, the addition of pluronic acid and CMC may also alter microparticle surface
265 wetting and shear forces experienced during ejection, which could also influence drug release
266 kinetics. The hydrophilicity of PLGA surfaces affects polymer degradation kinetics, and is
267 correlated with both co-polymer composition and liquid solvent polarity.^[36, 37] The addition of
268 CMC and pluronic acid to the basal media formulation may alter the polarity of the liquid
269 phase, and could directly impact microparticle surface wetting and so drug release kinetics.
270 Formulations containing CMC and pluronic acid have also been shown to alter shear forces
271 experienced by cells during stirred culture.^[38, 39] The addition of these molecules to the
272 formulation may therefore impact the shear forces particles are exposed to during ejection. To
273 explore the relative importance of particle delivery yield, surface wetting, and ejection shear
274 in controlling drug delivery, further studies should be performed to independently isolate
275 these variables.

276 **3.5 Modified viscosity formulations for the delivery of microparticles-cell scaffolds**

277 Next, we investigated the effect of our modified viscosity formulation on cell viability. At low
278 concentrations, both CMC and pluronic acid moieties have been shown to protect cells from
279 detrimental effects due to excessive shear forces.^[38, 39] We examined the viability of human
280 mesenchymal stem cells (MSCs) at 1 hour and 24 hours in media supplemented with our
281 formulation. Figure 3B shows cell proliferation calibrated using the Presto Blue metabolic
282 assay in both conditions. In both solutions, cells demonstrate a similar viability at 1 hour, and
283 at 24 hours show a significant increase in metabolic activity compared to 1 hour. Cells
284 remained viable in the formulation for up to 24 hours, though there was a reduction in
285 metabolic activity after incubation for 24 hours in our formulation compared to basal media.
286 At the 1 hour timepoint, which represents a realistic timeframe for the clinical administration
287 of cell-particle systems, there was no significant difference in viability between cells cultured

288 in basal media and the 0.25% pluronic F127 0.25% CMC formulation, indicating this
289 formulation may be suitable for the *in vivo* delivery of microparticle-cell systems.

290 Finally, we investigated the delivery of cells together with PLGA microparticles through
291 syringes, either with or without a 27G needle, in basal media or our 0.25% CMC and 0.25%
292 pluronic F127 formulation. Figure 3C shows SEM images of cells delivered together with
293 PLGA microparticle scaffolds, and demonstrates the integrity of both the particles and the
294 cells post injection, and that the PLGA particles can be used to provide a scaffold for the cells.
295 Figure 3D illustrates that in both needle free and 27G needle delivery systems, the use of the
296 0.25% CMC and 0.25% pluronic F127 formulation significantly increased cell delivery by
297 200-400% compared to basal media. These results are comparable to our earlier studies
298 demonstrating enhanced delivery in microparticle only systems, and support our conclusion
299 that basal media supplemented with 0.25% CMC and 0.25% pluronic F127 provides a
300 formulation that can enhance delivery of PLGA microparticles, and microparticle-cell
301 combination therapeutics, in needle delivery systems without compromising cell viability. We
302 believe these results show the first needle delivery of a porous PLGA microparticle-MSC
303 system, as proof-of-concept drug-eluting microparticle-cell scaffolds capable of combining a
304 biodegradable cell support with localised drug delivery. Encapsulating soluble factors which
305 direct host- or transplanted cell behaviour within these microparticle scaffolds would increase
306 their versatility and make them a powerful tool for cell transplant.

307 **4. Conclusion**

308 The delivery of a controlled dose of microparticles is crucial for therapeutic applications. We
309 find that the addition of viscosity modifiers can enhance particle delivery up to 520% across
310 needle gauges between 21-30G, and identify a formulation of basal media supplemented with
311 0.25% pluronic F127 and 0.25% CMC as providing an optimal system. Although the
312 polymers explored here increase delivery across all needle sizes tested, our results indicate

313 that selection of an appropriate needle is also an important parameter to consider. We tested
314 the biocompatibility of our lead formulation, finding that cells remain viable in the
315 formulation for up to 24 hours, and demonstrate that this formulation is suitable for the
316 improved *in vitro* delivery of drug eluting PLGA microparticles, and microparticle-cell
317 scaffolds. These microparticle-cell scaffolds offer the potential to simultaneously support cells
318 for transplant and modulate the host environment/transplanted cell behaviour through the
319 controlled release of pharmaceuticals. Together, these results pave the way for further
320 exploration of microparticle-cell scaffold and delivery systems for *in vivo* cell transplantation.
321 Additionally, these results have important implications for the application of microparticle
322 and microparticle-cell therapeutics, and may also apply to other polymer based
323 pharmaceuticals or protein biologics delivered by needle. In many cases, *in vitro* testing and
324 clinical applications use different delivery strategies, with different needle and formulation
325 systems, which could lead to differences in administered therapeutic dose. In order to match
326 *in vitro*, pre-clinical and therapeutic outcomes, administration parameters (such as needle
327 diameter and delivery formulation) should be carefully considered, and ideally conserved
328 between pre-clinical and therapeutic applications.

329

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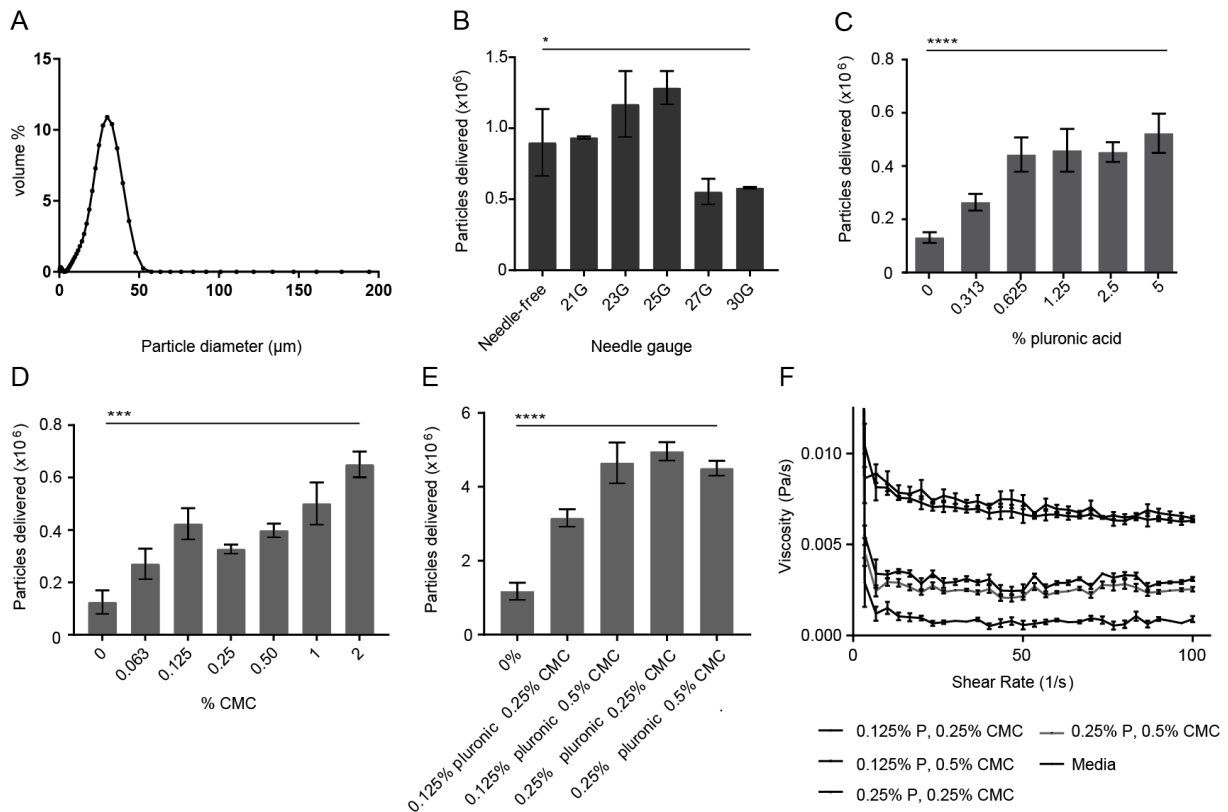
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- 442

443 **Figure 1: Properties of pluronic F127 and CMC modified solutions** (A) Size distribution
 444 of PLGA microparticles used in this study, measured by laser diffraction. (B) PLGA
 445 microparticle delivery from a stock of 5mg/ml through syringes fitted with various needle
 446 gauges (C, D, E) Increasing concentrations of pluronic F127 (C) CMC (D) and pluronic
 447 F127/CMC combination formulations (E) were tested for their ability to deliver microparticles
 448 from a stock solution through 27G needles (F) Viscosity measurements at increasing shear
 449 rate, measured for combination formulations at 25°C. All statistical tests show one way
 450 ANOVA where $p > 0.05$ *, $p > 0.01$ **, $p > 0.001$ ***, $p > 0.0001$ ****, bars represent mean of 3-
 451 6 repeats with SEM error bars.

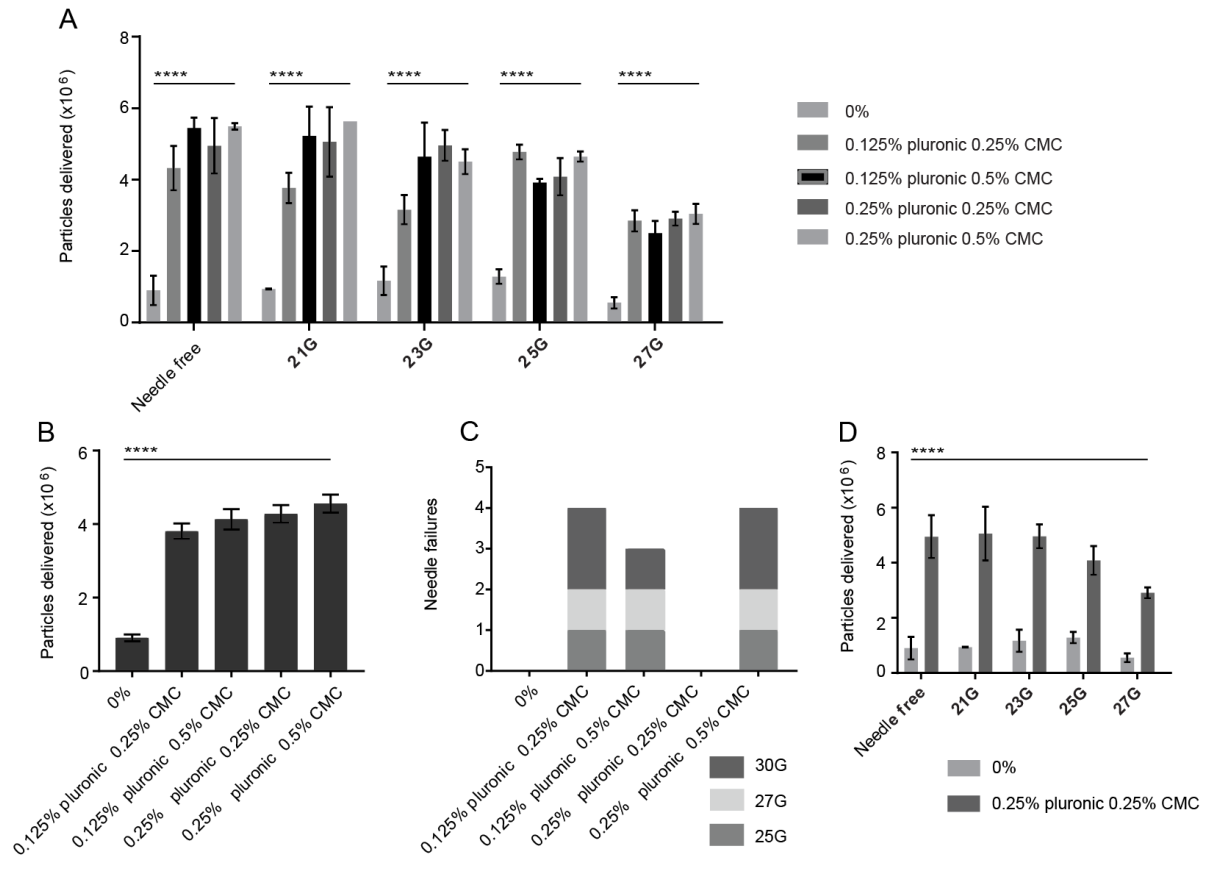


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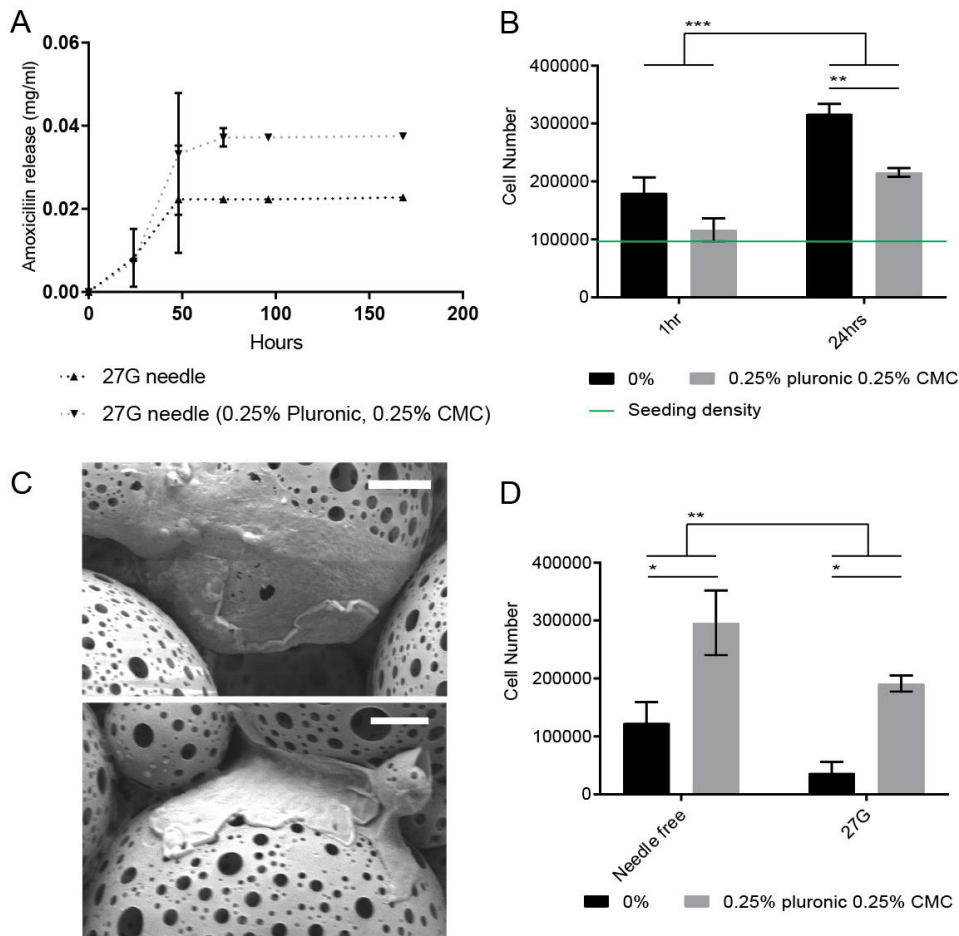
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455 **Figure 2: Modified solutions across needle gauges.** Increasing concentrations of (A)
 456 pluronic F127/CMC combination formulations were tested for their ability to deliver
 457 microparticles from a stock solution across a range of needle gauges. (B) Average delivery of
 458 microparticles across all needle gauges (21-27G) in different combination formulations. (C)
 459 Number of needle blockages in each formulation, n=10 for each formulation. Needles 30G,
 460 27G, 25G, 23G and 21G were tested, with blockages found in 25-30G. (D) A comparison
 461 between basal media and 0.25% pluronic 0.25% CMC for the delivery of microparticles
 462 across needle gauges 21G-27G. All statistical tests show two way ANOVA where $p > 0.05$ *,
 463 $p > 0.01$ **, $p > 0.001$ ***, $p > 0.0001$ ****, bars represent mean of 3-6 repeats with SEM error
 464 bars.



465

466 **Figure 3: Effect of modified formulations on drug release and cell behaviour** (A)
 467 Cumulative amoxicillin release was analysed from PLGA microparticles delivery using
 468 syringes fitted 27G needles. PLGA microparticles were suspended in basal media or 0.25%
 469 pluronic 0.25% CMC supplemented media (B) SEM image of microparticle cell scaffold post-
 470 delivery through a 27G needle. Scale bar 10µm. (C,D) Cell number after cellular incubation
 471 in basal media, or media supplemented with 0.25% CMC and 0.25% pluronic F127 after 1
 472 and 24 hours compared to an initial seeding density (C), (D) Cell number post simulated
 473 delivery through a needle free of 27G needle system using basal media or media
 474 supplemented with 0.25% CMC and 0.25% pluronic F127. Statistical analysis performed
 475 using ANOVA, all statistical tests show $p > 0.05$ *, $p > 0.01$ **, $p > 0.001$ ***, $p > 0.0001$ ****,
 476 bars represent mean of 3-6 repeats with SEM error bars.



477

478

479 **Table 1: Clinical needle gauges and needle bore internal diameters**

Needle Gauge	Needle bore diameter (mm)	Needle Gauge	Needle bore diameter (mm)
15	1.372	25	0.260
16	1.194	26	0.260
17	1.067	27	0.210
18	0.838	28	0.184
19	0.686	29	0.184
20	0.603	30	0.159
21	0.514	31	0.133
22	0.413	32	0.108
23	0.337	33	0.108
24	0.311	34	0.0826

480 **Table 2: Calculated shear rate through clinical needle gauges at varying flow** Shear rate
 481 was calculated using Poiseuilles equation for needle gauges between 21-30G, using
 482 experimental flow rates tested using 1 mm/s plunger speed, and theoretical flow rates of 1 or
 483 20 ml/hour, all values rounded to 3 significant figures.

Needle gauge	Needle diameter (cm)	Experimental flow (plunger at 1mm/s)		Theoretical flow (1 ml/hour)	Theoretical flow (20 ml/hour)
		Q (cm ³ /s)	Shear rate (s ⁻¹)	Shear rate (s ⁻¹)	Shear rate (s ⁻¹)
30G	0.159	1.98E-07	503	704000	14100000
27G	0.210	3.46E-07	380	306000	6110000
25G	0.260	5.31E-07	308	161000	3220000
23G	0.337	8.92E-07	237	74000	1480000
21G	0.514	2.07E-06	156	20800	417000

484 **Table 3: Delivery efficacy** Delivery efficacy was calculated by comparing the number of
 485 particles delivered. For example, PLGA microparticles were suspended in either basal media,
 486 or media supplemented with 0.25% CMC and 0.25% Pluronic F127, loaded into a standard
 487 syringe fitted with the appropriate gauge needle. Syringes were loaded onto the mechanically
 488 controlled syringe pump, and ejected. An aliquot of the ejected solution was transferred to a
 489 hemocytometer and the number of ejected particles counted. At least three syringe ejections
 490 were tested for each condition, and delivery efficacy calculated by comparing to the number
 491 of particles ejected in the basal media formulation.

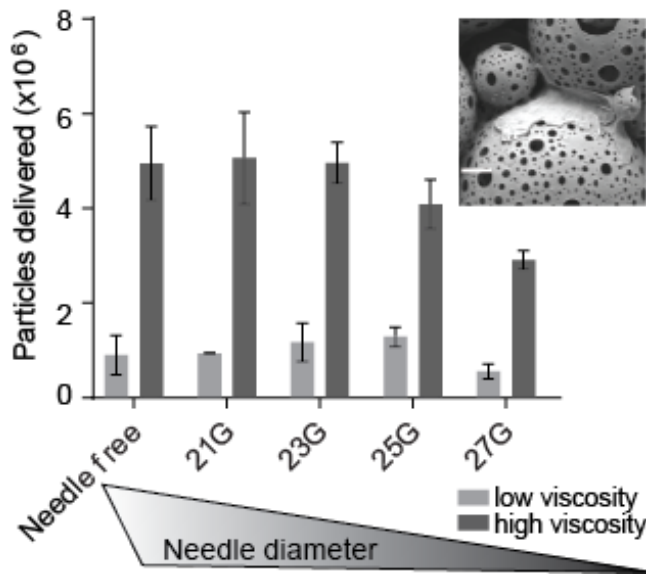
Needle system and media composition	Average number of particles delivered/ mL	Compare to: Needle system and media composition	Average number of particles delivered/ mL	Calculated delivery efficacy (%)
Needle free, basal media	0.90 x10 ⁶	Needle free, 0.25% CMC 0.25% pluronic F127	4.95 x10 ⁶	550%
21G, basal media	0.94 x10 ⁶	21G, 0.25% CMC 0.25% pluronic F127	5.06 x10 ⁶	538%
23G, basal media	1.17 x10 ⁶	23G, 0.25% CMC 0.25% pluronic F127	4.96 x10 ⁶	424%
25G, basal media	1.29 x10 ⁶	25G, 0.25% CMC 0.25% pluronic F127	4.08 x10 ⁶	316%
27G, basal media	0.55 x10 ⁶	27G, 0.25% CMC 0.25% pluronic F127	2.91 x10 ⁶	529%
30G, basal media	0.58 x10 ⁶	30G, 0.25% CMC 0.25% pluronic F127	4.37 x10 ⁶	753%

493 **Improved delivery of PLGA microparticles and microparticle-cell scaffolds**
494 **in clinical needle gauges using modified viscosity formulations**

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497

498 **Graphical Entry:**



499

500 **Keywords: microparticle delivery, cell particle scaffolds, mesenchymal stem**
501 **cell, needle gauge**

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