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Vapor Stem Bubbles Dominate Heat Transfer Enhancement in Extremely Confined Boiling

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9 Highlights

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- Investigation sheds light on the fundamental mechanisms of boiling in extremely
 confined gaps.
- Small residual pockets of vapor, termed 'stem bubbles' herein, remain on the
 boiling surface.
- Stem bubbles suppress nucleation and reduce surface superheat compared to nucleate boiling.
- A confinement gap spacing threshold is proposed to identify the stem bubble
 boiling regime.

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18 Abstract

Boiling has long been sought as the heat dissipation mechanism for a wide variety 19 of compact thermal management applications owing to low-resistance heat transport, 20 high heat flux limits, and surface isothermalization. This work aims to elucidate the 21 thermofluidic transport mechanisms of boiling in extremely confined gaps through 22 experimental measure of the temporal evolution of heat fluxes and surface temper-23 atures during deionized water boiling, as well as high-speed visualization of bubble 24 formation. The flow visualizations reveal small residual pockets of vapor, termed 25 'stem bubbles' herein, that remain on the boiling surface through a pinch-off process 26 vapor escapes through the edges of the confined heated region. These stem bubbles 27 act as seeds for vapor growth in the next phase of the boiling process and dictate the 28 boiling performance for extremely confined boiling as defined based on a dimension-29 less ratio of the gap spacing to capillary length ($Bo \leq 0.35 - 0.5$). This conclusion 30 is supported by the enhanced thermal response of the surface compared to nucleate 31 boiling. Because activation of nucleation sites is not required for stem bubble boiling, 32 phase change occurs at a reduced surface superheat at a given heat flux compared to 33 nucleate boiling. Criteria for the dimensionless confinement gap spacing are identified 34 to harness this improved heat transfer rate of the stem bubble boiling regime. This 35 new understanding of boiling in extremely confined gaps offers a new direction to 36 design compact two-phase thermal management solutions through using the unique 37 enhancements provided by the vapor stem bubble boiling regime. 38

39 Keywords

Confined boiling; liquid-vapor interface; thermal management; two-phase heat transfer; stem bubble.

⁴² Nomenclature

- 44 Bo Bond Number, $\frac{S}{L_c}$ (-)
- D Boiling Surface Diameter (m)
- d Vapor Bubble Diameter (m)
- D_c Confinement wall Diameter (m)
- d_d Vapor Bubble Departure Diameter (m)
- 49 g Gravitational Acceleration (m/s^2)
- h_{∞} Unconfined Heat Transfer Coefficient (W/m^2K)
- h_{con} Confined Heat Transfer Coefficient (W/m^2K)
- h_{lv} Heat of Vaporization (J/kg)

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$$Ja$$
 Jackob Number, $\frac{\rho_l c_{pl}(T_{inf} - T_{sat})}{\rho_v h_{lv}}$ (-)

- k_l Liquid Thermal Conductivity (W/mK)
- L_c Capillary Length, $\sqrt{\frac{\sigma}{g(\rho_f \rho_v)}}$ (-)
- Pr Prandtl Number, $\frac{c_{pl}\mu}{k}$ (-)
- q'' Heat Flux (W/m^2)
- q_i'' Incipience Heat Flux (W/m^2)
- R Vapor Bubble Radius (m)
- GO S Confinement Gap Size (m)
- t Time (s)

- t_d Vapor Bubble Departure Time (s)
- G_3 T_i Incipience Surface Temperature (K)
- 64 T_{sat} Saturation Temperature (K)
- T_W Wall or Boiling Surface Temperature (K)

66 Greek Symbols

- ⁶⁷ Γ Non-dimensional Diameter of Bubbles, $\frac{d}{L_c}$ (-)
- 68 ν_{lv} Specific Volume Difference (m^3/kg)
- 69 ρ_l Liquid Density (kg/m^3)
- 70 ρ_v Vapor Density (kg/m^3)
- ⁷¹ σ Surface Tension (N/m)

72 1 Introduction

The performance of various electronic systems including data centers, supercomput-73 ers, and power electronics depends on the ability to maintain device temperature 74 below a set limit while dissipating a large amount of waste heat [1, 2, 3, 4, 5, 6, 7]. 75 For many years, air-cooled heat sinks and single-phase liquid cold plates have been re-76 lied upon to dissipate the heat generated. However, the trend of electronic component 77 miniaturization has driven up heat fluxes to levels where these traditional methods 78 fail to maintain safe operating temperatures. Thermal management using two-phase 79 cooling schemes holds promise to maintain device temperatures within the allowed 80 limits while dissipating higher heat fluxes owing to the latent heat of the cooling. 81 Decades of research on two-phase thermal management solutions, both passive (i.e., i.e.)82 vapor chambers [8], heat pipes [9], and immersion cooling [10]) and active (*i.e.*, flow 83 boiling based heat sinks [11]), have significantly matured these technologies. How-84 ever, aggressive recent trends of embedded cooling, where the coolant flows within 85

the die or package, in addition to the tendency to heterogeneously integrate multiple electronic devices within a single package, poses significant geometrical limitations on the available space in which two-phase cooling solutions can be implemented, motivating a further investigation into the implications of extreme geometric confinement on vapor generation mechanisms during boiling.

Nucleate boiling is the target regime of operation because of it offers the high-91 est heat transfer coefficient in pool boiling. Improving nucleate boiling performance 92 has motivated numerous enhancement techniques that use surface modifications to 93 extend surface area [12], increase nucleation site density [13], and improve surface 94 wicking [14]. These studies generally characterize the bubble nucleation behavior and 95 performance enhancement in unconfined conditions, that is, from a boiling surface 96 submerged in a large pool such that the vapor formed is not affected by the sur-97 rounding geometry. On the other hand, in active flow boiling schemes, the coolant 98 is typically pumped through small channels, such that the vapor forms two-phase 99 regimes that are well-known to be affected by the degree of geometric confinement 100 [15, 16, 17, 18]. In confined flow boiling, vapor bubbles span the entire channel cross 101 section; the highest heat transfer coefficient is achieved in the annular flow regime, 102 where bubble nucleation is suppressed, and the main phase change mechanism is 103 evaporation from a thin liquid film surrounding the vapor core. The current inves-104 tigation, and following review of the literature, focuses on boiling in confined gaps 105 where there is no active pumping. Despite being entirely passive, this situation shares 106 some traits of confined flow boiling in that the volumetric expansion of the fluid dur-107 ing phase change in extremely confined spaces induces a significant local fluid flow 108 where the vapor bubbles are highly confined by the surrounding geometry. Therefore, 109 confined boiling is of interest as a means to passively achieve enhanced heat transfer 110 coefficients beyond unconfined nucleate boiling. 111

Characteristics of two-phase heat dissipation in confined spaces are different compared to boiling from large surfaces in an unconfined pool. Confinement of the fluid affects the two-phase interface dynamics which affects the flow pattern, wetting dy-

namics, and, moreover, heat transfer rate. In one of the earliest investigations into 115 confined boiling, Katto and Yokoya [19] found that confined boiling reduces the crit-116 ical heat flux (CHF) and improves the average heat transfer coefficient compared to 117 unconfined boiling. In particular, boiling of deionized water at atmospheric pressure 118 is sensitive to the confinement gap space for gaps smaller than 2 mm. At gaps of 2 mm 119 and above, the heat transfer characteristics were similar to unconfined pool boiling 120 [20]. Later investigations observed that, in addition to the confinement gap spacing, 121 the area of confined boiling surface impacts the heat transfer characteristics as well. 122 Specifically, the heat transfer coefficient and critical heat flux both reduced when the 123 diameter of confined boiling surface was increased [21]. Further, confined boiling is 124 less sensitive to heater orientation, microgravity, and surface roughness compared to 125 unconfined boiling [22, 23, 24, 25]. Yet, the surface wettability does impact confined 126 boiling, as recent work has shown that using a superhydrophobic confinement wall 127 improved the thermal characteristics of confined boiling [26]. 128

Since Katto and Yokoya [19] observed that the superheat of the boiling surface 129 reduces as the confinement gap becomes smaller than the bubble detachment diame-130 ter, scholars have been attributing the enhancement in heat transfer coefficient to the 131 deformation of the vapor bubble by the confinement plate which results in the broad-132 ening of its microlayer [19, 20, 21, 22, 23, 24, 25, 26]. This microlayer theory is rooted 133 in the extensive research on unconfined pool boiling for which the high heat transfer 134 rate associated is widely attributed to evaporation of the microlayer of liquid near the 135 three-phase contact line [27, 28]. However, a confinement wall also significantly alters 136 the two-phase interface dynamics, as the bubble must grow within the confined space, 137 and the rewetting of liquid on the boiling surface. Hence, the mechanistic explanation 138 of the enhanced heat transfer rate in confined boiling should consider and encompass 139 the effect of confinement on the complete cycle of vapor bubble growth, departure 140 from the gap, and surface rewetting. 141

Many experimental studies have provided insight into factors that affect confined boiling enhancement and cannot be attributed to the microlayer enhancements

theory. Specifically, past works showed that the heat flux, fluid properties (viz., vis-144 cosity), surface coatings, and the geometrical shape of the confinement periphery 145 impact confined boiling. Stutz et al. [29] reported that enhancement in heat trans-146 fer with confined boiling deteriorates at high heat flux. Even though the combined 147 fluid properties would result in lowering the bubble departure diameter, Lallemand 148 et al. [30] observed higher heat transfer coefficient for mixtures of water/ethylene 149 glycol compared to pure water in confined configurations. It was concluded that the 150 increase of fluid viscosity was advantageous for confined boiling at high heat flux. 151 Additionally, Sarode *et al.* [26] experimentally observed that hydrophobic confining 152 surfaces enhance the heat transfer coefficient compared hydrophilic surfaces. Souza 153 et al. [31] evaluated nanocoated boiling surfaces for confined boiling. While the 154 nanocoating reduced the heat transfer coefficient in the unconfined case due the re-155 duction of nucleation sites, it is improved in the confined configuration. Furthermore, 156 the enhancement was found to be sensitive to the geometrical divergence rate of the 157 step from the confinement region to the unconfined fluid pool [32]. All of the above 158 enhancements cannot be explained by the microlayer enhancement theory and indi-159 cate that the bubble interface dynamics play a critical role in enhancing heat transfer 160 characteristics in confined boiling. Moreover, confined boiling often exhibits unique 161 periodic spikes in the surface temperature as reported by Kapitz *et al.* [25]. In fact, 162 unlike the relatively consistent bubble generation that occurs in unconfined boiling, 163 in our past work [33], the highest heat transfer coefficient for confined boiling was 164 observed within an intermittent boiling regime (a regime uniquely observed in con-165 fined boiling having periods of boiling interspersed with sensible heating that causes 166 periodic spikes in the surface temperature). A deeper understanding of this distinct 167 intermittent boiling regime is required to understand the enhancement mechanisms. 168 To elucidate the mechanisms that impact confined boiling, this study experimen-169

tally evaluates confined boiling across a range of gap spacings through quantification of the boiling curves and high-speed visualization of the bubble dynamics. We observe that small residual regions of vapor left behind when vapor from a bubble escapes

through the edges of the confined region, termed 'vapor stem bubbles', provide seeds 173 for subsequent boiling without requiring nucleation of a new vapor bubble to continue 174 the cycle of vapor growth and departure. We propose that these vapor stem bubbles, 175 complementary with the microlayer enhancement of the bubble growth process, are a 176 primary mechanism of heat transfer enhancement in confined boiling, particularly in 177 the intermittent boiling regime. In the following sections, we discuss the experimental 178 setup used to investigate the heat transfer in confined boiling and report the influence 179 of gap spacing on the mechanisms of vapor generation observed. Then, boiling curves 180 for various confined geometries are evaluated to identify the dominant enhancement 181 mechanism of confined boiling. 182

¹⁸³ 2 Experimental Methods

The confined boiling apparatus, illustrated in Figure 1, is designed to measure the 184 surface heat flux and superheat for a fixed heated surface diameter, D, and controlled 185 confinement gap spacing, S. A glass window with adjustable vertical positioning 186 creates the confined boiling region above the heated surface. A high-speed camera 187 is used to visualize the two-phase interface dynamics, in order to characterize the 188 mechanisms of the enhancement in heat transfer during confined boiling. The confined 189 boiling apparatus, described in detail below, is significantly modified from its original 190 form used for unconfined boiling experiments, previously described by Hunter et al. 191 [34]. 192

¹⁹³ The quartz glass double-wall vacuum-insulated chamber holds approximately 500 mL ¹⁹⁴ of deionized water (HACH-HQ 40d: $0.37 \ \mu S \ cm^{-1}$) within a 75 mm inner diameter. ¹⁹⁵ The vacuum insulation minimizes heat losses from the liquid pool. The 25.4 mm-¹⁹⁶ diameter boiling surface is oriented horizontally at the bottom of the boiling cham-¹⁹⁷ ber. Prior to collecting each boiling curve data set, the boiling surface is polished ¹⁹⁸ using 2000 grit emery paper to remove any oxidation. After polishing, the boiling ¹⁹⁹ surface has a contact angle of 86.8 °. Throughout the experiments the liquid level



Figure 1: Cross-sectional schematic of the confined boiling experimental apparatus. An electrical heater supplies heat into a copper rod of known thermal conductivity. Three temperature measurements along the rod with embedded thermocouples quantify the heat flux and are extrapolated to estimate the boiling surface temperature. A glass window confines boiling to within the gap of controlled the vertical distance between the boiling surface and the confinement wall, S. A high-speed camera captures the two-phase interface dynamics through a rigid borescope during boiling. Two auxiliary heaters maintain the liquid pool at the saturation temperature. A pressure transducer measures the chamber internal pressure. The exterior of the boiling chamber and the copper rod are well insulated to minimize heat losses.

was maintained about 100 mm above the boiling surface.

A cartridge heater (Watlow Firerod 1039; 12.7 mm diameter, 76.2 mm length; 201 1000 W) heats the 107.95 mm-long and 31.75 mm-diameter reference copper rod. 202 Adjusting the supplied voltage controls the heat flux into boiling surface. The tem-203 perature gradient along the reference rod is measured by three embedded T-type 204 thermocouples (Omega; ± 0.3 K). The thermocouples are spaced 6.35 mm apart 205 along the centerline of the reference rod. One-dimensional heat flow is assumed such 206 that the temperature gradient can be linearly correlated to the heat flux at steady 207 state according to Fourier's law. A 18 mm-thick microporous insulation (MICROSIL) 208 covers the perimeter of the reference rod to minimize heat losses. As the reference 209 rod steps down from 31.75 mm diameter to the 25.4 mm diameter boiling surface, 210 the temperature of the boiling surface is linearly extrapolated using a numerically-211 estimated thermal resistance of the step from the closest thermocouple temperature 212 (12.7 mm below the boiling surface) and the measured heat flux. Minimal spatial 213 temperature inhomogeneities are expected on the boiling surface because of the rel-214 ativity large copper reference block between the heat source and the boiling surface. 215 The temperature measurements are logged at 1 Hz sampling rate via a data acqui-216 sition (DAQ) system (LabJack U6pro) through LabVIEW. The thermocouple cold 217 junction compensation is done using a built-in temperature sensor within the DAQ. 218

A Viton O-ring seals the reference rod to the boiling chamber. The boiling appa-219 ratus body is electrically grounded to reduce measurement noise and prevent charge 220 accumulation. In addition to the main heater, the apparatus is equipped with two 221 additional submerged auxiliary cartridge heaters (Omega HDC19110; 3.2 mm diam-222 eter, 88.9 mm length) to maintain the fluid in the reservoir at saturation conditions. 223 To purge non-condensable gases dissolved in the working fluid and trapped within 224 the confinement space, the auxiliary heaters boil the working fluid vigorously for a 225 minimum of 2 h prior to collecting boiling data on saturated water vapor conditions. 226 Throughout the data collection period, the liquid in the reservoir is maintained within 227 0.3 °C of the saturation temperature by the auxiliary heaters. A condenser coil within 228

the chamber maintains the pressure inside the boiling chamber at 101.8 kPa as monitored using an internal pressure transducer (ASHCROFT, G17MEK15F2VAC/30). An external DC power supply (HP E 3611A) excites the pressure transducer and a DAQ (NI 9219) logs the pressure measurements. A chiller (Thermo Fisher, ARC-TIC A 25) circulates 95 °C cooling water through the stainless-steel condenser coil enclosed inside the boiling chamber to condense vapor back to liquid. Two T-type thermocouples (Omega; ± 0.3 K) monitor the liquid reservoir temperature.

To study confined boiling, a 6.35 mm-thick circular glass window is suspended 236 above the boiling surface. The confinement window diameter matches the 25.4 mm 237 diameter boiling surface. The confinement window has a static contact angle of 85.0 °. 238 Three spring-loaded set screws level and adjust the confinement gap height, S, with 239 a resolution of 2.2 μ m/°. Stainless steel reference shims are used to calibrate the 240 confinement gap spacing. The copper boiling surface protrudes 5.5 mm above the 241 chamber base. To prevent boiling off the sidewalls of this protrusion, a Teflon ring 242 seals (Permatex 81160) and insulates the protruded side walls. The glass confinement 243 window permits top-down optical viewing of the confined boiling region. A high-speed 244 camera (Photron FASTCAM 100K) captures the two-phase interface dynamics at 245 10,000 frames per second through a rigid borescope (Hawkeye Pro Hardy) submerged 246 in the liquid reservoir. A plasma light source (THORLABS, HPL5345) illuminates 247 the confined test section. 248

A boiling curve is obtained by measuring the steady state surface superheat as a 249 function of the heat flux supplied to boiling surface. We define steady state as when 250 the temperature measurements vary by less than 0.1 $^{\circ}C/min$ for 10 min. At steady 251 state, the camera records flow visualization movies of the two-phase interface dynam-252 ics. After collecting steady state data at a given heat flux, the power is increased and 253 the system is allowed to reach a new steady state. This process is repeated to obtain 254 the entire boiling curve up to the critical heat flux. This CHF event is observed in 255 the data as a very rapid surface temperature rise and the system is immediately shut 256 down. The highest heat flux reported therefore corresponds to the last steady state 257

²⁵⁸ data point prior to CHF.

To characterize the influence of confinement, boiling curves are acquired for multiple different confinement gap spacing in separate tests. The confinement gap spacing, S, is varied from 254 µm to 2286 µm. The Bond number, Bo, normalizes the confinement gap spacing by the capillary length, L_c , as:

$$Bo = \frac{S}{L_c} = \frac{S}{\sqrt{\frac{\sigma}{g(\rho_l - \rho_v)}}},\tag{1}$$

where ρ_l and ρ_v are the density of liquid and vapor respectively, and g is the gravita-263 tional acceleration. Boiling is generally considered unconfined when the Bond number 264 is much larger than unity, meaning the size of the vapor bubbles departing the boiling 265 surface are much smaller than the confinement gap spacing. However, the confine-266 ment wall interacts with the vapor bubbles when the Bond number is near or below 267 unity. The aforementioned confinement gap spacings are selected to focus on confined 268 boiling behaviors and correspond to a Bond number range from 0.10 (at $S = 254 \ \mu m$) 269 to 0.91 ($S=2286 \mu m$). 270

²⁷¹ 3 Results and Discussion

The confinement gap spacing determines the thermal and the dynamic behavior of 272 confined boiling. This section reports and discuss the visual observations and ther-273 mal characteristics as the confinement gap spacing is varied. Two distinct charac-274 teristic behaviors are observed with respect to the gap spacing, namely: nucleation-275 suppressed confined boiling characterized by enhancement of the heat transfer co-276 efficient through vapor stem bubbles; and nucleation-active confined boiling where 277 nucleate boiling predominates by critical heat flux is reduced compared to uncon-278 fined conditions. 279

²⁸⁰ 3.1 Confined Boiling Flow Visualization

Figures 2 and 3 show time series of images from the high-speed flow visualizations 281 that illustrate the confinement gap spacing effect on the two-phase interface dynam-282 ics during boiling. A transition in boiling characteristics is observed around some 283 spacing threshold, below which nucleation is suppressed (Figure 2). Vapor bubbles 284 span the gap between the confinement wall and the boiling surface, restricting vapor 285 bubble growth to a two-dimensional plane parallel to the boiling surface. Eventu-286 ally, the trapped bubble grows and reaches the outer periphery of the confinement 287 zone. The combination of buoyancy and surface tension forces facilitate the extrac-288 tion of vapor from the confinement zone. Consequently, liquid is replenished from 289 surrounding pool. However, the liquid rewetting rate varies spatially based on the 290 viscous resistance between the two-phase interface and confinement outer periphery. 291 The variable rewetting rate along the two-phase interface results in splitting of the 292 confined vapor bubble as it exits the confinement gap, with only partial escape of 293 the vapor. As illustrated in the supplemental video, no pinning of the interface is 294 observed. This rewetting process leaves a residual vapor 'stem' bubble in the gap 295 from which then next vapor generation cycle stems, and so the process continues in 296 a repeating manner. 297

In contrast, active nucleation sites are observed for gap spacings larger than the 298 threshold. Vapor is able to completely exhaust from the gap due to the lesser viscous 299 resistance to rewetting, and stem bubbles are not formed. Rather, as shown in Fig-300 ure 3, isolated spherical vapor bubbles grow from active nucleation sites after vapor 301 departs from the gap. Then, adjacent bubbles formed at different nucleation sites 302 eventually coalesce into single bubbles having lower surface curvature. The change 303 in bubble curvature, and the associated internal pressure forces across the two-phase 304 interface, allowing for an abrupt increase in the growth rate of the coalesced vapor 305 bubble. Due to the complete evacuation of vapor from the confinement gap, the va-306 por bubbles in following cycles also initiate from vapor embryos at nucleation sites 307 on boiling surface. Note that for nucleation active confined boiling at higher powers, 308



Figure 2: Top view of the boiling surface at several points in time for a nucleationsuppressed confined circular boiling surface (Bo = 0.30 with $q^{"} = 10 \text{ W/cm}^2$). As the vapor expands (red arrows in t_2) and then escapes (red arrow in t_3) confinement, liquid replaces the vapor volume within the confined region (blue arrows in t_4 and t_5). Within the extremely confined boiling region, rewetting occurs at different rates at different positions along the two-phase interface. Viscous resistance slows the rewetting of regions furthers from the confinement edge as shown at time steps t_4 and t_5 . As a result, most of the vapor bubble escapes the confined region, but partially leaves behind a stem vapor bubble in the confined space at in time step t_6 . This new vapor bubble stems from the vapor left from the preceding vapor bubble and the cycle repeats.

³⁰⁹ multiple bubbles often form throughout the surface and these cycles happen simulta³¹⁰ neously and not necessarily synchronously.

311 3.2 Effect of Confinement Gap Spacing on Boiling Heat Trans 312 fer

³¹³ Confined boiling curves are measured for five confinement gap spacings from 254 µm ³¹⁴ to 2286 µm. First, to validate the boiling facility measurements, four repeated un-³¹⁵ confined pool boiling curves are measured without suspending the confinement glass



Figure 3: Top view of the boiling surface at several points in time for a nucleation-active confined circular boiling surface (Bo = 0.63, $q^{"} = 14 \text{ W/cm}^2$). Consecutive isolated bubbles forms from an active nucleation site as shown inside the yellow circle at time step t_1 . Then, adjacent bubbles formed at different nucleation sites eventually coalesce into single bubbles having lower surface curvature as demonstrated inside the green circles at time steps t_2 and t_3 . The change in bubble curvature, and the associated internal pressure forces across the two-phase interface, allow for an abrupt increase in the growth rate of the coalesced vapor bubble (red arrows in time step t_4). The vapor bubble escapes confinement completely when it reaches the confinement edge (red arrows in time steps t_5 and t_6).

above the boiling surface. The measured CHF values of these unconfined pool boiling tests were all within $\pm 6.6\%$ of average measurement ($q_{CHF}'' = 96.8 \text{ W/cm}^2$). Additionally, the average CHF value is within 12.5% of the theoretical value for finite surfaces [35] of 110.7 W/cm².

Boiling curves for varying confinement gap spacing are obtained by measuring the steady state surface superheat as a function of the heat flux supplied to boiling surface. The confined boiling data are compared to the average of the unconfined pool boiling data by plotting the surface superheat (Figure 4) and heat transfer coefficient (Figure 5) as a function of the heat flux.

The transition in the two-phase dynamics characteristics with respect to gap spac-325 ing influences the boiling curves during confined boiling. For the case of nucleation-326 active confined boiling, the minimum incipience superheat criterion for nucleation 327 site activation must be met to initiate and maintain boiling. While surface wetta-328 bility affects nucleation onset, ultimately, the driving force, surface superheat, must 329 overcome the interface surface tension for a given vapor embryo size for the bubble 330 to grow. Minimum incipience criteria have been developed by Hsu [36, 37] where 331 the vapor embryo is assumed to exist at the mouth of a cavity on the boiling sur-332 face and subjected to the bulk liquid temperature gradient as illustrated in Figure 6. 333 Hereafter, the minimum incipient heat flux, q_i'' , for a given superheat required for 334 incipience, $T_i - T_{sat}$, is expressed as follow: 335

$$q_i'' = \frac{k_l h_{lv}}{a^* 8\sigma T_{sat} \nu_{lv}} (T_i - T_{sat})^2,$$
(2)

where k_l is the fluid thermal conductivity, h_{lv} is the latent heat of vaporization, σ is the surface tension, ν_{lv} is the difference of specific volume between phases, $T_i - T_{sat}$ is the difference between the minimum incipience surface temperature and saturation temperature, and a^* is a geometrical factor that relates the height of the vapor embryo to the radius of the vapor embryo. Note that we use $a^* = 1.6$ for unconfined boiling while $a^* = 1.0$ for confined boiling. A brief derivation of Equation 2 can be found in the appendix.



Figure 4: Boiling curves for different non-dimensional confinement gap size $(Bo = S/L_c)$. The boiling process spans three distinct characteristics highlighted by different shaded regions. In the *partial dryout* (shaded in red), regions of the boiling surface remain continually covered with vapor due to restriction of liquid replenishing imposed by the confinement wall. As a result, boiling occurs at a higher surface superheat compared to a similar heat flux in the unconfined boiling curve. The blue shaded region is the *nucleation-active* confined boiling region. Nucleation-active confined boiling is limited by the minimum superheat for incipience as expressed in Equation 2 (green dashed line). Enhancements to the heat transfer coefficient are mainly attributed to the larger evaporative microlayer in confined boiling, where active nucleation sites are required to generate new vapor bubble, as demonstrated for nucleation-active confined boiling curves (Bo = 0.9 and 0.63). On the other hand, for nucleation-suppressed confined boiling (Bo = 0.1, 0.2, and 0.3), vapor generates from the vapor stem bubbles left behind from a previous bubble growth and escape cycle in the nucleation-suppressed region (shaded in green). The relatively large radius of stem bubbles compared to vapor embryos allows vapor generation at superheat lower than the minimum superheat required for vapor embryos growth from the boiling surface.



Figure 5: Heat transfer coefficient for different non-dimensional gap sizes ($Bo = S/L_c$) as a function of heat flux. For the unconfined boiling case, the heat transfer coefficient increases with heat flux due to the increase in the active nucleation site density reaching a maximum unconfined heat transfer coefficient at CHF. However, in nucleation-suppressed confined boiling (Bo = 0.1, 0.2 and 0.3), the maximum heat transfer coefficient is achieved at the low range of heat flux values due to the stem bubble boiling enhancement mechanism. Similar enhancements are not observed in nucleation-active confined boiling (Bo = 0.63 and 0.9), where the main heat transfer coefficient enhancement mechanism is the extension in the area of the evaporative microlayer which is limited to the minimum incipience superheat criterion (dashed green line).

For unconfined boiling, during nucleate boiling, new vapor bubbles grow from the 343 residual vapor embryo left behind the departed bubbles at the nucleation site in a 344 cyclic manner, usually referred to as the ebullition cycle. The residual vapor bubble 345 radii are larger than cavity mouth radius [36], and therefore, boiling can be maintained 346 at active nucleation sites at superheats lower than the incipience criterion for the 347 unconfined configuration. However, nucleation-active confined boiling improvement 348 is limited by the minimum incipient boiling criteria expressed in Equation 2 (nucleate 349 boiling is highlighted in the blue shaded region). In the nucleation-active confined 350 boiling curves (Bo = 0.63 and 0.91), at low heat fluxes, the vapor bubbles expand 351 parallel to the boiling surface. This increases the microlayer area underneath the 352 vapor bubble which enhances heat transfer rate at a given surface superheat relative 353 to the unconfined boiling curves. We attribute the microlayer enhancement constraint 354 in nucleation-active confined boiling to hydrodynamic deactivation of nucleation sites. 355 As the confined vapor bubbles grow parallel to boiling surface, the induced flow 356 agitates the protruded region of the residual vapor bubble and reduces its radius to 357 the surface cavity mouth radius as illustrated in Figure 6. As a result, the minimum 358 criteria for incipient boiling is required to maintain nucleation-active confined boiling. 359 In contrast, in the nucleation-suppressed confined boiling (green-shaded region), 360 vapor stem bubbles are available to sustain phase change without requiring activation 361 or growth of vapor embryo at nucleation sites (as in the nucleation-active confined 362 boiling). Nevertheless, an active nucleation site is needed only to initiate the phase 363 change process in the nucleation-suppressed region resulting in initial temperature 364 overshoot. However, after boiling initiation, an active nucleation site is no longer 365 needed and stem bubbles facilitate thermal enhancements beyond the minimum in-366 cipience boiling criterion in nucleation-suppressed confined boiling cases (Bo = 0.10, 367 (0.20), and (0.30). On the other hand, once the minimum incipience boiling criterion is 368 met at the higher range of heat flux (Equation 2), simultaneous occurrence of both 369 vapor stem bubbles and nucleate boiling are visually observed as illustrated in the 370 supplemental video. Bubbles nucleate while the liquid rewets the boiling surface, 371



Figure 6: Schematic of (a) bubble growth at a nucleation site and (b) bubble growth within a confined boiling system. As the confined vapor bubble grows parallel to boiling surface (red arrow), the induced flow (blue arrow) agitates the protruded region of the vapor embryos and reduces its radius to the local surface roughness on the boiling surface. As a result, nucleation sites within the confined boiling space are hydrodynamically deactivated and the minimum superheat for nucleation onset is required to maintain boiling within the confined space. Note the color gradient in the left panel illustrates the temperature gradient from the surface temperature (red) to the saturation temperature (blue).

limiting the radial inward penetration of the liquid in the confined gap. As a re-372 sult, the nucleation-suppressed confined boiling curves abruptly shifts into a partial 373 dryout boiling region where regions of boiling surface remain continually covered in 374 vapor due to the restriction of liquid replenishing imposed by the confinement wall. 375 Consequently, the average boiling surface superheat exceeds the equivalent superheat 376 of an unconfined boiling in a similar heat flux value (red shaded region). This no-377 table shift in surface superheat indicates that stem bubble boiling is the dominant heat 378 transfer enhancement mechanism leading to an increased heat transfer coefficient in 379 nucleation-suppressed confined boiling configurations. 380

381 3.3 Vapor Stem Bubbles

Figure 7 schematically illustrates the proposed mechanism by which vapor stem bubbles enhance heat transfer in confined boiling configurations. The significant vis-

cous resistance varies the rewetting rate along the two-phase interface in nucleation-384 suppressed confined boiling which results in splitting of the confined vapor bubble 385 as it exits the confinement gap, with only partial escape of the vapor. The size of 386 residual vapor stem bubble is on the same scale as the confinement gap spacing. Due 387 to the difference in two-phase interface radius, surface tension forces on vapor stem 388 bubbles are weaker compared to vapor embryos in nucleation site. Hence, the vapor 389 stem bubble can begin to grow at surface superheat lower than incipience minimum 390 criterion and without requiring activation of additional nucleation sites on the boil-391 ing surface, thereby lowering the overall thermal resistance in nucleation-suppressed 392 confined boiling. 393

The concept of vapor stem bubbles can potentially explain some of the previous 394 confined boiling experimental observations that cannot be explained by the microlayer 395 theory enhancement alone, as reviewed in the introduction. In boiling regimes with 396 these vapor stem bubbles, interface dynamics and fluid viscosity control the formation 397 of the residual stem bubble. Further, the chaotic nature of boiling has a stochastic 398 effect on forming the residual stem bubble within the confined space. In other words, 399 even for a steady constant operating condition, there is a probability of complete 400 vapor bubble escape for which a stem vapor bubble is not left behind for the next 401 bubble generation cycle. In this case, active nucleation sites are required to reinitiate 402 phase change on boiling surface. Since, these nucleation-site vapor embryos have 403 smaller radius than the vapor stem bubble, the heat will momentarily be dissipated 404 through the sensible heating of local fluid until the minimum superheat required for 405 nucleation site activation is reached. As a result, the high heat transfer coefficient 406 caused by the phase change is briefly not observed. This momentary pause of phase 407 change would result in the distinct intermittent boiling regimes uniquely observed in 408 confined boiling configurations [33]. 409

Vapor stem bubbles are formed during confined boiling only when confinement gap is smaller than a spacing threshold. In order to harness the enhanced thermal performance of this boiling behavior in applications, it is crucial to generally predict



Figure 7: Flow visualizations and complementary schematics of the cycle of bubble growth and escape in nucleation-suppressed confined boiling. The time series demonstrates a life cycle of vapor bubble growing between the boiling surface and the confinement wall. In the first image t_1 , confinement limits the bubble to growing only parallel to the boiling surface. After the bubble reaches the edge of the confined zone, it can escape into the liquid pool. Liquid replaces the escaped vapor bubble at variable wetting rates across the two-phase interface, t_2 . The red arrows illustrate the vapor outflow of the confinement and the blue arrows illustrate the liquid inflow. Viscous resistance slows the rewetting for regions furthest from confinement edge which results in vapor splitting and partial vapor escape as illustrated in t_3 . Thus, stem vapor bubbles form from the residual trapped vapor within the confined space, t_4 . Because no active nucleation sites are required for stem bubble boiling, phase change occurs at reduced superheat compared to nucleate based boiling. This cycle then repeats.

the gap spacing threshold below which these stem bubbles form (i.e., the transition413 from nucleation-suppressed to nucleation-active confined boiling). The formation of 414 isolated spherical nucleated vapor bubbles is one of the distinct characteristics of 415 nucleation-active confined boiling. On the other hand, significant viscous resistance 416 induces the formation of the stem bubbles in nucleation-suppressed confined boiling. 417 Therefore, one would expect that the confinement gap threshold is closely related to 418 the vapor bubble growth dynamics near the heated surface. In general, the bubble 419 growth process at any instant of time is affected by the interaction of the pressure 420 difference across the two-phase interface and the fluid momentum, as well as by the 421 rate of heat transfer across the two-phase interface. The contribution of each of 422 these factors varies throughout the life cycle of the vapor bubble. Inertia-controlled 423 growth dominates the hemispherical growth at early stages of bubble growth. During 424 inertia-controlled growth, heat transfer to the interface is not the limiting factor, but 425 rather the growth is limited by the momentum interaction between the bubble and the 426 surrounding liquid. Once the vapor internal pressure equilibrates with surrounding 427 liquid pressure, the bubble transforms into spherical shape and its growth rate is 428 limited by relatively slower heat transfer rate across the two-phase interface [37], 429 referred to as thermal-controlled growth. Hence, thermal-controlled growth exhibits 430 lower viscous resistance compared to the inertia growth due to the difference in growth 431 rate. 432

We propose that the rate of the vapor bubble growth directly correlates to the 433 transition between nucleation-suppressed and nucleation-active confined boiling. We 434 attribute the formation of stem bubbles to the variable liquid rewetting rate along 435 the two-phase interface due to the significant viscous resistance. Because the viscous 436 resistance of liquid flow is proportional to velocity, viscous resistance is expected to 437 split the trapped bubble when the interface velocity is relatively high. The faster 438 inertia-controlled bubble growth leads to higher viscous resistance compared to the 439 thermal-controlled bubble growth. In addition, the trapped bubble could reach the 440 confinement edge before equilibrating its internal vapor pressure to surrounding liquid 441

pressure during the inertia-controlled growth. Furthermore, consequent stem bubbles 442 would have radii of curvature smaller than the transition radius between inertia- con-443 trolled and thermal-controlled bubble growth, and hence, it would have high internal 444 pressure which helps increasing the bubble ejection velocity from the confinement 445 region. As a result, liquid replaces the escaped bubble volume at equally high veloc-446 ity resulting in the formation of stem bubbles. In other words, vapor stem bubble 447 enhancement mechanism is significant when the confinement gap is smaller than the 448 transition radius from inertia-controlled to thermal-controlled growth. Van Stralen 449 et al. [38] proposed that the temporal-dependence of the radius of the vapor bubble, 450 R(t), can be modelled as a superposition of the radii in the inertial-controlled, R_1 , 451 and the thermal controlled, R_2 , regimes as: 452

$$R(t) = \frac{R_1(t)R_2(t)}{R_1(t) + R_2(t)},$$
(3)

453 where R_1 and R_2 are defined as:

$$R_1 = 0.8165 \left(\frac{\rho_v h_{lv} (T_w - T_{sat}) exp\left(-\left(\frac{t}{t_d}\right)^{1/2}\right)}{\rho_l T_{sat}} \right) t, \tag{4}$$

454

$$R_{2} = \left[1.9544 \left(b^{*}exp\left(-\left(\frac{t}{t_{d}}\right)^{1/2}\right)\right) + 0.3730Pr_{l}^{-1/6} \left(exp\left(-\left(\frac{t}{t_{d}}\right)^{1/2}\right)\right)\right] Ja(\alpha_{l}t)^{1/2}$$
(5)

where ρ_l , α_l , and Pr_l are the density, thermal diffusivity, and Prandtl number of the liquid, h_{lv} is the latent heat of vaporization, $(T_w - T_{sat})$ is the superheat of the boiling surface, t is time, Ja is Jackob number, and t_d is the bubble departure time, which is obtained based on the departure diameter, d_d , using the following equations [39, 40]:

$$d_d = \sqrt{\frac{0.04^2 J a^2 \sigma}{g(\rho_l - \rho_v)}},\tag{6}$$

459 and

$$t_d = \frac{d_d}{0.59 \left(\frac{\sigma(\rho_l - \rho_v)}{\rho_l^2}\right)^{1/4}}.$$
(7)

⁴⁶⁰ b* is a geometrical correction factor to account for the fact that only portion of the
⁴⁶¹ hemispherical bubble near the heated surface is in contact with the superheated liquid.
⁴⁶² This parameter is defined as [38]:

$$b^* = 1.3908 \frac{R_2(t_d)}{Ja\sqrt{\alpha t}} - 0.1908 Pr_l^{-1/6}.$$
(8)

Figure 8 (a) the ratio of the heat transfer coefficient between confined and unconfined 463 boiling $(h_{con}(q'')/h_{\infty}(q''))$ as a function of the heat flux for various gaps spacings. Fig-464 ure 8 (a) illustrates the thermal enhancement magnitudes for various confined boiling 465 spacings compared to similar heat flux levels in an unconfined configuration. Confine-466 ment enhances heat transfer at the lower range of heat fluxes tested while degrading 467 heat transfer at the higher range of heat fluxes. Figure 8 (b) shows the temporal 468 evolution of the non-dimensionalized diameter of the vapor bubble ($\Gamma = d/L$) using 469 the above bubble growth model (Equations 3) for the range of superheats required for 470 onset of nucleate boiling as observed during unconfined boiling testing $(T_i - T_{sat} \sim 4$ -471 5 °C). The criteria for onset of nucleation depend on the working fluid wettability 472 and the surface morphology. Since the same boiling surface and working fluid are 473 used in the unconfined tests, the nucleation onset superheat in unconfined boiling 474 is used. During inertia-controlled growth, the bubble grows relatively fast and in 475 a hemispherical shape. As the bubble growth transitions to the thermal-controlled 476 growth, the bubble transforms into a spherical shape. In this study the transition 477 between the two regimes is identified when the bubble growth rate decays by 90%478 of initial value. From Figure 8(b) we see this transition diameters, Γ , occur in the 479 range of ~ 0.35 - 0.5. Comparing to Figure 8(a), there is a noteworthy increase in the 480 heat transfer enhancement when the confinement gap spacing, Bo, becomes smaller 481 than this bubble transition diameters, Γ (note that both of these parameters are 482 normalized by the same capillary length scale, so they can be directly compared in 483 magnitude). This indicates that the transition in heat transfer enhancement mecha-484 nism from stem bubble boiling (nucleation-suppressed confined boiling) to microlayer 485 based enhancement (nucleation-active confined boiling) occurs when the gap spacing 486 is sufficiently small to obstruct the initial hemispherical vapor growth normal to the 487

⁴⁸⁸ boiling surface.



Figure 8: (a) Confinement enhancement ratio in the heat transfer coefficient compared to unconfined boiling $(h_{con}(q'')/h_{\infty}(q''))$ as a function of heat flux illustrating the impact of the gap size on the transition between nucleation-active to nucleation-suppressed confined boiling. (b) Temporal evolution of the non-dimensional vapor bubble diameter (d/L_c) predicted from Equations 3-8 for the range of heat fluxes required for the onset of nucleate boiling observed experimentally $(T_i - T_{sat} \sim 4.5 \text{ °C})$. The transition between inertia controlled and thermal controlled growth regimes occurs when the growth rate decays by 90% of initial value. Enhancements in heat transfer due to the vapor stem bubbles are significant when the confinement gap is smaller than the transition between the two bubble growth regimes.

489 4 Conclusions

In summary, we measure heat transfer characteristics and observe the interface dy-490 namics for confined boiling of water occurring in confinement gap spacings from Bo =491 0.10 to 0.91. In agreement with earlier work on confined boiling, confinement enhances 492 the heat transfer rate compared to unconfined boiling. However, previous work pur-493 ported that the primary mechanism of enhancement was increased evaporation from 494 a microlayer underneath the distorted vapor bubble, which cannot explain all past ob-495 servations of enhancement in the past literature. Our work shows that the microlayer 496 is indeed attributable for enhancement in heat transfer, but only for nucleation-active 497

confined boiling $(0.5 \le Bo \le 1.0)$. On the other hand, for nucleation-suppressed con-498 fined boiling $(Bo \leq 0.35 - 0.5)$, newly observed vapor stem bubbles offer the dominant 499 mechanism to enhance heat transfer. In this extremely confined regime, non-uniform 500 surface rewetting result in only partial evacuation of the vapor exiting from the con-501 finement gap. Thus, stem vapor bubbles form from the residual trapped vapor within 502 the confined space. Because no active nucleation sites are required for stem bubble 503 boiling, phase change occurs at reduced superheat compared to nucleate based boil-504 ing. This newly reported enhancement mechanism was observed both visually via a 505 high-speed camera and is supported by the measured thermal response. Based on this 506 improved understanding, three distinct confined boiling characteristics are identified 507 (namely: nucleation-suppressed confined boiling, nucleation-active confined boiling, 508 and partial dryout). Additionally, a threshold for the confinement gap spacing has 509 been identified to predict the occurrence of stem bubble boiling. This improved un-510 derstanding of the enhancement in heat transfer in extremely confined boiling has an 511 important impact on designing compact two-phase thermal management solutions. 512

⁵¹³ A Nucleation Onset Model

The incipience model used in Equation 2 is based on Hsu and Graham [28]. Starting from a mechanical force balance across the two-phase interface:

$$P_v = P_l + \frac{2\sigma}{r},\tag{9}$$

where σ is the surface tension. Combining with the Clausius Clapyron equation,

$$\frac{\partial P}{\partial T} = \frac{T v_{fg}}{h_{fg}},\tag{10}$$

⁵¹⁷ and the conduction based temperature drop for the liquid near the boiling surface ⁵¹⁸ results in the following expression:

$$T_{l} = T_{sat} + \frac{T_{sat}v_{vf}}{h_{fg}} = T_{w} - \frac{q^{"}a^{*}r}{k_{l}},$$
(11)

where a^* is a geometrical factor that relates the height to the radius of the vapor embryo. In the confined configuration, a^* equals to 1 due to hydrodynamic deactivation. For the unconfined configuration, a^* equals to 1.6 [28] due to the ebullition cycle. Rearranging terms yields the following expression that can be solved for the active vapor embryo size:

$$\frac{q^{"}a^{*}r^{2}}{k_{l}} - (T_{w} - T_{sat})r + \frac{T_{sat}v_{fg}2\sigma}{h_{fg}} = 0.$$
(12)

⁵²⁴ Specifically, the range of active vapor embryos sizes is given by

$$\begin{cases} r_{max} \\ r_{min} \end{cases} = \frac{(T_w - T_{sat}) \begin{cases} + \\ - \end{cases} \sqrt{(T_w - T_{sat})^2 - \frac{8q^{"}}{k_l} \frac{\sigma T_{sat} v_{vg}}{h_{fg}}}{2a^* \frac{q^{"}}{k_l}}.$$
(13)

The onset condition corresponds to $r_{tan} = r_1 = r_2$, such that

$$r_{tan} = \frac{(T_w - T_{sat})}{2a^* \frac{q^*}{k_i}}.$$
(14)

⁵²⁶ Plugging Equation 14 into Equation 12 yields the criteria for the heat flux at the ⁵²⁷ onset of nucleate boiling:

$$q''_{onset} = \frac{h_{fg}k_l(T_w - T_{sat})^2}{8a^*\sigma T_{saT}v_f g}.$$
(15)

528 B Confinement Wall Size Effect

⁵²⁹ Both the normalized gap spacing above the boiling surface, Bo, and the confine-⁵³⁰ ment wall diameter, D_c , affect the thermal performance of confined boiling. Figure ⁵³¹ B.1 demonstrates the effect of extending the confinement wall lateral size above a ⁵³² fixed boiling surface diameter on heat transfer coefficient. The data indicates that ⁵³³ extending the confinement wall diameter from 2.54 cm to 3.81 cm leads to an occur-⁵³⁴ rence of partial dryout on the confined boiling surface and premature transition to ⁵³⁵ nucleation-active boiling at a lower heat flux.



Figure B.1: The confinement wall size effect on the heat transfer coefficient of confined boiling. Extending the confinement wall diameter from 2.54 cm to 3.81 cm leads to an occurrence of partial dryout on the confined boiling surface and premature transition to nucleation-active boiling at a lower heat flux.

536 CRediT Authorship Contribution Statement

- A. A. Alsaati: Conceptualization, Data Curation, Formal Analysis, Investigation,
 Methodology, Software, Validation, Visualization, Writing original draft, and Writing Review & Editing.
- D. M. Warsinger: Project Administration, Resources, Supervision, and Writing Review & Editing.
- J. A. Weibel: Conceptualization, Funding Acquisition, Project Administration, Resources, Supervision, and Writing Review & Editing.
- **A. M. Marconnet:** Conceptualization, Funding Acquisition, Project Administration, Resources, Supervision, and Writing - Review & Editing.

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547 Competing Interests

548 Authors have no competing interests to declare.

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