

Research Paper: Analyzing Toxic Chemical Components in Illegal Alcoholic Beverages



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ABSTRACT

Background: The illegal production of alcoholic beverages, due to the non-standard conditions, increases the risk of producing counterfeit and toxic products. The chemical analysis of toxic components in illegally-produced alcoholic beverages is necessary for each country. The present study aimed to identify the existence of methanol and other potentially toxic compounds in the seized illegally-produced alcoholic beverages.

Methods: In this descriptive laboratory-based study, we analyzed the toxic chemical components in sized illegally-produced alcoholic beverages, submitted to the Forensic Toxicology Laboratory of the Legal Medicine Center of Markazi Province, Arak City, Iran, in a year. A total of 100 seized illegally-produced alcohol beverage samples were collected. The qualitative and quantitative analysis of ethanol, methanol, 1-propanol, 2-propanol, and acetone was performed by the Gas Chromatography-Flame Ionization Detection (GC-FID) method.

Results: Methanol was detected in 6% of the evaluated samples (concentration range: 1.2%-12%v/v). Acetone was detected in two of the studied samples (mean concentration: 0.7%v/v), and 2-propanol with a concentration of 0.5%v/v was found in one sample. Besides, ethanol was detected in all explored samples (mean concentration: 24%v/v).

Conclusion: Methanol was the main toxic chemical component in illegal alcoholic beverages; thus, it should be considered in public health policy and prevention programs in the country.

1. Introduction

Alcohol consumption is a major risk factor from clinical and forensic medicine aspects. Previous studies have suggested that alcohol consumption significantly affects disease morbidity and mortality, worldwide [1, 2]. Alcohol use is related to negative

consequences on the socio-economic and health issues through direct acute and chronic toxic effects, poisoning, and dependence [3]. For example, a causal relationship was demonstrated between alcohol use and generating different cancers, such as gastrointestinal cancers (oral cavity, esophagus, hepatic cell carcinoma, pancreas, & colorectal carcinoma), lung cancers (larynx & pharynx carcinoma), and breast cancer [4]. From a medico-legal

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aspect, alcohol is identified as a risk factor in traffic accidents and high-risk behaviors, like suicide [5, 6]. Furthermore, alcohol use disorders were recognized as the most frequent substance use disorder type, globally [1].

The quality of alcoholic beverages, along with other factors, such as the volume and patterns of drinking crucially impact health consequences in drinkers [3, 7]. In most countries, the availability of standard alcoholic beverages is among the primary control policies on alcohol consumption and harm reduction. However, manufacturing illegal alcoholic drinks, due to economic benefits, remains a common problem, worldwide. In Islamic countries, alcohol use is prohibited and serves a punishable act due to the legal and religious laws [8]. Despite this limitation, in these countries, producing legal alcoholic beverages is common [9].

Methanol, as the most common and main alcohol type, is used in producing counterfeit and illegal alcoholic beverages instead of ethanol, i.e., due to its low cost [7, 8]. Moreover, it is produced during the non-standard procedure of alcoholic beverages production due to the fermentation of pectin and sugars. Accordingly, methanol poisoning is a frequent consequence of consuming illegal and counterfeit alcoholic drinks. Therefore, sporadic and epidemic methanol poisoning cases were reported worldwide, as a result of using illegal alcoholic products [10-12]. Thus, consuming illegal and homemade alcoholic beverages, especially in low-income individuals, is considered as a potential source of methanol poisoning [13].

Aldehydes (e.g., acetaldehyde) and higher alcohols (e.g., 1-propanol, 2-propanol, 1-butanol, & isoamyl alcohol) are manufactured as the by-products of fermentation in alcoholic beverages. The existence of the higher alcohols and aldehydes in illegal alcoholic products might lead to an increased incidence of cancer and liver diseases in drinkers [13].

Annually, several cases of methanol poisoning and fatality induced by illegal and homemade alcoholic beverages consumption are reported in Iran. However, there are scant data on the chemical composition of these beverages in Iran [14, 15].

Therefore, we aimed to analyze methanol and other toxic alcohols and aldehydes, as main toxic chemical components in seized illegally alcoholic beverages.

2. Materials and Methods

During one year (2017), all illegal alcoholic beverages seized by the police, submitted to the Forensic Toxicology Laboratory of the Legal Medicine Center of Markazi Province (Arak City, Iran) were analyzed.

Methanol, ethanol, 1-propanol, 2-propanol, acetone, and double-distilled water were obtained (Merck Co.; Darmstadt, Germany). Besides, they were used as standards for qualitative and quantitative analysis of the collected samples. All chemicals were of High-Performance Liquid Chromatography (HPLC) grade.

Each product's sample was decanted into a volumetric flask and organoleptic evaluations [e.g., appearance, volume, odor, color, & pH (pH meter, Methrom, Switzerland)] and labeling the information (if available) was conducted.

For clear samples, we used 0.4 μ L of sample diluted by the double-distilled water until the final volume reaches to 1mL. For turbid samples, a 10mL of the sample was filtered by Millipore® membrane filter (0.45 μ m pore size; Merck Co, Germany). Then, it was diluted with double distilled water, and 2 μ L of the sample was directly injected into the Gas Chromatography-Flame Ionization Detector (GC-FID).

The samples were analyzed on a GC-FID system (6000 series, Yong Lin, Anyang, South Korea). The separations of methanol, ethanol, 1-propanol, 2-propanol, and acetone (target compounds) were accomplished using a nickel tubing GC packed column (2.0 m, L, 2.0 mm, ID), packed with Porapak Q (80/100 mesh) (Agilent, USA). Briefly, the GC-FID parameters were as follows: carrier gas: nitrogen (flow rate: 20 mL/min); zero air with hydrogen gas, as the combustion gas; injector temperature was equal to 180° C, detector temperature was set at 200°C, and oven temperature was considered as 120° C. The resulted signals and data acquisition systems were processed by a YL-Clarity software package (Yung Lin, South Korea).

The quantitative analysis of the target compounds was performed following the calibration of the GC-FID system. The calibration curves were obtained by the standard mixtures, containing individual target compounds at the concentrations of 0.1, 0.2, 0.4, 0.6, 0.8, and 1 volumetric percentage (v/v%). The concentrations of target compounds in volume-volume percent (v/v %) were calculated by the data analysis software according to the calibration curves. Data analysis was performed by SPSS.

3. Results

In total, 100 samples (the cumulative volume of the samples: 356 liters) were analyzed. The organoleptic evaluation results are listed in Table 1. The obtained data suggested that most samples were packaged in plastic bottles (61%) with a volume ranging between 50-400 mL (89%). The pH range of the studied samples was equal to 2.5-6.1; most of the sample (58%) had a pH of 3.1-4. Most of the investigated samples (65%) had a clear appearance. Most of them (22%) were odorless, followed by an ethanol smell (20%) (Table 1).

The composition and concentrations of target volatile substances in the products are presented in Table 2. Methanol and acetone were detected in 6(6%) and 2% of the studied samples, respectively. Additionally, 2-propanol was detected in one sample and 1-propanol was not detected in any samples. Ethanol was detected in all of the explored samples (Table 2).

The average concentration of ethanol in the samples was calculated as 24%v/v, ranging from 1% to 55% v/v. The alcoholic strength and chemical composition data in 9 of the seized alcoholic samples are outlined in Table 3. The methanol concentrations of samples ranged from 1.2%-12% v/v. However, acetone was detected in two samples with ethanol (Table 3).

4. Discussion

The ingestion of illegal alcoholic beverages is a prevalent cause of sporadic and epidemic methanol poisoning, worldwide [8-12]. In Iran, methanol poisoning remains a serious problem; almost all methanol fatalities are related to consuming methanol in illegal and homemade alcoholic beverages [8, 11, 16]. In Iran, the production and ingestion of alcoholic beverages are prohibited. Therefore, illegally-produced and smuggled alcoholic beverages are frequently available and considered as a major health threat.

According to different methods of manufacturing homemade products, the products' quality and ingredients are quite different from standard alcoholic beverages as well as each other. Therefore, the ingredients of these products are not standard for ethanol concentrations, methanol, and other components [9]. Considering the low cost of these products, consuming illegal and homemade alcoholic preparations is common. Like other countries, it is responsible for high morbidity and mortality rates in Iran [9-11]. The methanol mass poi-

soning caused by illegal alcoholic beverages uptake was reported in Iran [9, 11, 16].

A significant data obtained in the current study was detecting methanol in 6% of the analyzed samples; a majority of them (67%) had a toxic concentration of methanol. A study in Mashhad City, Iran detected methanol in only <0.5% (4 samples among a total of 886 samples) of the explored beverages [14]. There was an obvious rise in the frequency of methanol contaminated alcoholic beverages in Iran. Moreover, the methanol concentration exceeding 2% v/v in alcoholic beverages, induces toxicity [17]. Additionally, the European Union limit for naturally-produced methanol in alcoholic beverages is 0.4% v/v for methanol and 40% v/v for ethanol [17].

Accordingly, in our study, 4 samples exceeding this level were identified that could be considered as toxic products. According to the recent high prevalence of methanol poisoning in Iran, methanol-contaminated illegal and homemade alcoholic beverages are largely distributed in the domestic black market [18]. Our result was inconsistent with a study in Turkey. In this study, methanol has been detected in 75% of analyzed illegal alcoholic samples; however, its concentration fell in the acceptable limits, according to the Turkish Food Codex [9].

Ethanol is the main ingredient of alcoholic beverages and was detected in all investigated samples. This finding was in line with a study on the analysis of compositions of illegal alcoholic beverages in Tehran City, Iran [15]. The determination of ethanol concentration in legal alcoholic beverages is a crucial control point from safety and economic concerns [19]. Previous studies have indicated that illegal and unrecorded alcoholic products have higher ethanol levels than those of the legal production [9, 14]. These findings are in concordance with our study in which the ethanol mean concentration was detected as 24%v/v.

In our study, 2-propanol, as long-chain alcohol, has been detected in one sample. This result is consistent with a study that reported the presence of hepatotoxic long-chain aliphatic alcohols in illegal alcoholic products [20]. According to previous studies, the presence of long-chain alcohols in illegal and homemade alcoholic beverages should be considered as a risk factor for morbidity and mortality due to generating hepatic disorders and cancers [1, 2].

Acetone is another toxic component, i.e., detected in two studied samples. It is produced by the fermentation process due to the oxidation of 2-propanol during homemade

Table 1. The organoleptic characteristics of seized illegal alcoholic products (N=100)

Organoleptic Parameter	Frequency (%)	
Packaging type	Plastic bottle	61
	Glass bottle	21
	Plastic flask	2
	Doypack	16
The existence of packaging label	Yes	51
	No	49
Sample volume (mL)	<50	29
	51-100	23
	101-200	15
	201-300	8
	301-400	14
	401-500	4
	501-1000	5
	>1000	2
pH	<3	6
	3.1-3.5	18
	3.6-4	50
	4.1-4.5	13
	4.6-5	4
	5.1-5.5	5
	5.6-6	3
	>6	1
Color	Cherry-red	11
	Brown	34
	Yellow	14
	Red	16
	Colorless	25
Appearance	Clear	65
	Semi-clear	21
	Opaque	14
Odor	Orange-like	11
	Cherry-like	19
	Rotten apple	8
	Banana	12
	Alcohol	20
	Vinegar	8
	Odorless	22

Table 2. The chemical compositions and qualitative analysis of seized illegal alcoholic products

Substance	No. of Samples (N=100)	Concentration (v/v%) Mean±SD	Concentration range (v/v%) (Min-Max)
Methanol	*6	4.3±3.9	1.2-12
Ethanol	*100	24±13.2	1-55
Acetone	*2	0.7	0.6-0.8
2-Propanol	*1	0.5	0.5
1-Propanol	ND	-	ND

ND: Not detected. n*: Number of the samples containing the target compound. SD: Standard Deviation.

Table 3. The volume concentrations of methanol, acetone, and 2-propanol in 9 samples of seized alcoholic beverages

Code of Sample	Concentration (%v/v)			
	Ethanol	Methanol	2-Propanol	Acetone
S01	46	1.2	ND	ND
S02	23	3	ND	ND
S03	35	2	ND	ND
S04	39	3.4	ND	ND
S05	16	4	ND	ND
S06	22	12	ND	ND
S07	10	ND	ND	0.6
S08	16	ND	ND	0.8
S09	11	ND	0.5	ND

ND: Not detected.

production. It might also be added to the alcoholic beverage as an adulterant. Acetone was not reported as a chemical component in a previous study [14]. Generally, acetone has a less toxicity potential in human and is moderately toxic to the liver; however, experimental studies revealed that acetone potentiates the liver toxicity of some chemicals by inducing microsomal enzymes which metabolize other chemicals to reactive toxic intermediates [21].

In our study, the organoleptic examination findings highlighted that the pH of the majority of alcoholic beverages was acidic. This data was consistent with that of a previous study [14]. The acidity nature of alcoholic beverages, especially fermented types, is due to the presence of organic acids, such as acetic acid, maleic acid, or tartaric acid [14].

This study is a pilot work about the analysis of toxic chemical components in illegal alcoholic beverages in the

black market of Iran. A major limitation of this study was overlooking the analysis of other toxicologically-relevant compounds in illegal alcoholic beverages. Further studies are required with larger sample sizes from other geographical regions in Iran in this area. Besides, a comprehensive chemical analysis approach for investigating other chemicals (e.g., other long-chain alcohols, aldehydes, ketones, amides, organic acids, & heavy metals) is suggested.

5. Conclusion

Methanol is a common toxic component with a high concentration in illegally-produced alcoholic beverages; it may generate acute toxicity after the consumption of its products. Furthermore, using acetone and propanol contaminated alcoholic beverages could be a risk factor for chronic alcoholic liver disease in the country. However, illegal alcohol consumption remains a critical public health problem in Iran. Thus, educational and preventive programs for the

general population and healthcare providers are required to prevent methanol poisonings; strict legislations should be implemented against illegal alcohol producers.

Ethical Considerations

Compliance with ethical guidelines

This study was ethically approved by the Ethics Committee of the Faculty of Pharmacy, Islamic Azad University, Tehran, Iran (No. 986).

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Authors' contributions

All authors contributed to in preparing this article.

Conflict of interest

The authors declared no conflict of interest.

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