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CE 651 Appendix Diagnosis and Psychopathology of Children and Adolescents

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Appendix I: Race and Intersectionality Mental Health Article Review and Presentation/Discussion Leader (50 points each)

Article Review

- Black/Indigenous youth mental health: Students will explore peer-reviewed quantitative and/or qualitative studies that address mental health issues of Black/Indigenous boys and girls.
- LGBTQ+ youth mental health: Students will explore studies that address mental health issues relate to and intersect with race, gender, sexual/affectional orientation, class, citizenship status, etc.

Answer the following on the form (D2L)

- 1) APA style reference citation
- 2) Research problem
- 3) Identify research questions (quantitative and qualitative)
- 4) Identify research hypotheses (quantitative)
- 5) The purpose of the study (e.g., Why was this study necessary? What is the gap that the study is trying to fill?)
- 6) Sample
- 7) Procedures
- 8) Instruments
- 9) Summarize key findings

Two weeks prior to the presentation date, students must post their chosen journal article (pdf) to the Discussion Board. One week prior to the presentation date, students must post review form (Word) to the Discussion board.

Presentation (no more than 10 mins) and Discussion Leader (No more than 20 minutes)

- Provide a brief overview of the article by presenting the items 1 through 6 on the article review form (no more than 10 mins)
- Facilitate class discussion (no more than 20 mins) based on key findings by discussing and describing social determinants of mental health and mental illnesses, present what the researchers found, discuss how the findings can be applied to reduce social determinants of mental health and mental illnesses among Black youth and LGBTQ+ youth, how the findings inform your own counseling practice, and how you will use the findings to advocate for the groups.

Some tips for locating the literature

- Conduct key words search in Google first if you are unfamiliar with the topics of intersectionality and social determinants of mental health. After getting some ideas about what the issues are, then you can start your literature search via the WSU library database or Google Scholar.
- Keywords suggestions for your search: Intersectionality and child (or youth) mental health (or mental illness); social determinants of child (or youth) mental health; mental illness and racial and ethnic minority youth; Black children (youth) mental health; Latinx children (youth) mental health; indigenous children (youth) mental health; transgender gender nonconforming children and mental health (or mental illness); LGBTQ youth of color and mental health issues (or mental illnesses); racism and mental health (or mental illnesses); etc.

Some questions that you may want to keep in mind:

- How are Black children with autism and ADHD treated differently than White children? Intersectionality question: How are undocumented queer Latinx adolescent girls with autism or ADHD treated differently than their peers in school?
- What is society's notion about Black boys' (or girls') behavior related to mental health treatment

and intervention?

- What is society's notion about gender identity of gender non-conforming youth?
- How gender identity became pathologized?

Appendix II: Race and Intersectionality Mental Health Article Review Form (Word)

- 1) APA style reference citation
- 2) Research problem
- 3) Identify research questions (quantitative and qualitative)
- 4) Identify research hypotheses (quantitative)
- 5) The purpose of the study (e.g., Why was this study necessary? What is the gap that the study is trying to fill?)
- 6) Sample
- 7) Procedures
- 8) Instruments
- 9) Summarize key findings

More on how to complete an article review form:

Please review the Appendices I (instruction) and II (form) for the assignment. You can find the appendix in the "syllabus" module in D2L. Also, the article review form (in Word) can be found in "Mental Health Article Reviews Assignment" module. You will have to scroll down to locate the folder (the 3rd folder from the bottom).

You do not need to create PowerPoint for your review assignment.

A simple word document addressing the nine items is sufficient.

Make sure to double-click the heading and insert your name so your name will appear every page of your article review form.

When you are working on (9) Summarize key findings, you will need to summarize the results and discussion sections. Usually the result section of a quantitative study (where you see inferential statistical analysis in the results section) may be shorter than the discussion section. In a qualitative study, the results section where the authors discuss emerging themes from the data (i.e., often interview transcripts) may be longer than the discussion section. The results section of a quantitative study may sound like a foreign language, so you read the discussion section first and then come back to the results section. You may have to repeat this back-and-forth multiple times and if you need help, please let me know. Before we meet, please send me your article in advance or upload the article if you already decided which one to work on on D2L discussion board.

You do not have to wait until your article review form is complete to upload the journal article that you are reviewing. If you already have chosen a study to use for your article review, please go ahead and upload it, which allows us to read/skim and familiarize with what you are reviewing and presenting.

The results section of a quantitative study is usually presented three ways: Description in narrative form; Description in statistical language; and/or Material in table or graphs.

Quantitative studies are usually looking at a group comparison or correlation/association (and/or prediction). So, please pay attention what it is that the authors are trying to study: group comparison or correlation/association (and extension of correlation: prediction through regression analysis).

Appendix III: Individual Written Diagnostic Report Format

Diagnostic assessment report must be (a) incorporating parent and youth information, (b) using diagnostic nomenclature from the DSM-5, (c) linking the diagnosis to a theory driven case conceptualization and interventions, and (d) providing a personal reflection about the assignment and include all the sections below:

- 1. Demographic Information
- 2. Chief Complaint
- 3. History of Presenting Illness
- 4. Past Psychiatric History
- 5. Current Medication
- 6. Medical History
- 7. Developmental History*
- 8. Social History
- 9. Family History
- 10. Substance Abuse History
- 11. Education/Employment History
- 12. Risk Factors
- 13. Cultural Factors
- 14. Successes, Strengths, and Resources
- 15. Mental Status Exam
- 16. DSM-5 Diagnosis
- 17. Rationale for Diagnosis
- 18. Additional Rule-Out Diagnoses
- 19. Counseling Theory-Based Case Conceptualization (How your chosen theory describes the disorder? Based on the theory, what contributing to the development of the disorder?)
- 20. Treatment Recommendation
- 21. Personal Reflection
- 22. References

Written diagnostic reports adhere to APA style (7th ed) writing format and must be submitted to the corresponding assignment folders in D2L by the due date listed in the course schedule.

*Developmental History section must include **psychosocial development** and any other relevant development theories (e.g., gender identity, racial identity, cognitive, moral, etc.)

Please cite at least 5 peer-reviewed journal articles (one of the five can be an academic textbook other than our textbook) to support your conceptualization of the presenting issues. For example, you may want to review your textbook from human growth and development class to apply psychosocial development theory to your client. Or, if you choose to conceptualize the presenting issues from systems theory perspectives, you may want to refer to the textbooks from family counseling class. Then, apply a counseling theory of your choice to describe the presenting issues and support your conceptualization with four peer-reviewed sources.

Assessed Section	Excellent	Acceptable	Poor
Identifying Information (5 Points)	All relevant important demographic information including but not limited to sex, age, ethnic background, physical characteristics, disabilities, etc. are addressed in thorough, concise, and organized manner. (5 points)	Relevant demographic information including but not limited to sex, age, ethnic background, physical characteristics, disabilities, etc. are sufficiently addressed in a fairly well-organized manner. (3 points)	Only basic demographic information is addressed. (1 points)
Presenting Problem(s) Chief Complaint(s) (5 Points)	Presenting problem/chief complaint; include but not limited to the reason for seeking help, the background of the presenting problem(s), its impact on client's functioning are addressed in a thorough, concise, and organized manner. It also includes client's own words and provides a complete picture of the presenting problem. (5 points)	Presenting problem/chief complaint is sufficiently addressed in a fairly well- organized manner. Although it provides the picture of the presenting problem, it is not as complete, well-organized, and miss three or more key information. (3 points)	Presenting problem/chief complaint is adequately addressed though not as complete, well-organized and grossly miss key information. (1 points)
Symptoms (5 Points)	Student provide the thorough history of the presenting problem/chief complaint, including bio-psycho-social history of the presenting problem/chief complaint in an organized, specific, and written concise and professional manner. (5 points)	Student provide the sufficient history of the presenting problem/chief complaint, including bio-psycho-social history of the presenting problem/chief complaint, though it is not as complete, well-organized, and miss three or more key history. (3 points)	The description of history of the presenting problem/chief complaint is adequate. Bio- psycho-social history of the presenting problem/chief complaint is incomplete, grossly missing key history; thus, the symptom progression is unclear and the description is written in a disorganized and unprofessional manner. (1 point)
Mental Status Examination (5 Points)	The client's behavior (thinking feeling, and action) and attitudes are thoroughly described, covering appearance, general behavior, speech, emotional state (affect and mood), through content and processes, mental capacity (memory/intelligence), and insight and judgement of the problem(s) in an organized, concise, and professional manner. (5 points)	The client's behavior (thinking feeling, and action) and attitudes are sufficiently described, though it is not as complete, well-organized, and miss one or more domains of MSE. (3 points)	Partially mentions the client's behavior (thinking feeling, and action) and attitudes. Major domains of MSE are overlooked or partially presented. (1 points)

Appendix IV: Group Presentation Rubric

Diagnostic Assessment and Highlights of the Interview (10 points)	Clearly identifies the diagnostic category fits in the DSM-5 (e.g., Neurodevelopmental Disorder, Depressive Disorder, etc.) and lists all subcategories within the category. Clearly describes one diagnostic subcategory (e.g., ADHD, Persistent depressive disorder, etc.), including all diagnostic criteria/features; associated features; prevalence; risk & prognostic features; and comorbidity. Succinctly and accurately notes age criteria for subcategory and discusses specific developmental considerations in how symptoms may be expressed. Succinctly and accurately delineate important cultural considerations related to the disorder. List and succinctly describes rule-out diagnoses that should be considered. (10 points)	Clearly identifies the diagnostic category and lists all subcategories; however, some subcategories may be missing some diagnostic criteria. Adequately describes one diagnostic subcategory but may fail to address some aspects of diagnostic criteria/features; associated features; prevalence; risk & prognostic features; and comorbidity. Adequately addresses age criteria and developmental considerations but lacks clarity or depth. Addresses cultural considerations but lacks clarity or depth. Acknowledges differential diagnosis considerations but does not describe clearly. (5 points)	Fail to describe how this diagnostic category fits in with the DSM-5 organization. Fails to present what diagnostic subcategories are included. Missing subcategories and diagnostic criteria on multiple slides. Generally, describes one diagnostic subcategory, but fails to include many key pieces of information related to diagnostic criteria/features; associated features; prevalence; risk & prognostic features; and comorbidity. Fails to address age criteria and developmental considerations. Fails to address cultural considerations for the disorder. Fails to address differential diagnosis considerations. (1 points)
Visual & Aesthetics (10 Points)	Graphics used are engaging and enhance the presentation. Use of font sizes/variations and headings help the overall clarity of the presentation. (10 points)	Graphics used enhance the presentation. Use of font sizes/variations and headings make the overall flow of the slides clearer. (5 points)	Graphics used adequately enhance the presentation. Use of font sizes/variations and headings is inconsistent and distracting. (1 points)
Oral Presentation (10 Points)	Utilize a brief video that brings diagnosis to life for audience. Presentation is clear, logical, and organized within time constraints; presentation is a planned conversation-not reading of information; information is accurate and draws upon relevant literature. Narration and/or the answering of questions is engaging, thorough, and adds greatly to the presentation. (10 points)	Utilizes a brief video that supports the audiences understanding and gives moderate "feel" of disorder. Presentation is generally clear and well organized within time constraints; explanation of concepts and theories are accurate and complete; level and pacing are generally appropriate; a few minor points may be confusing. Narration and/or the answering of questions is adequate and adds to the presentation. (5 points)	Utilizes a brief video that is related to the diagnosis but fails to create a sense/feeling of the disorder. Narration and/or the answering of questions is somewhat lacking. (1 points)

Appendix V:

Winona State University Biopsychosocial Assessment

I) Presenting Information

Client: _____

Demographics

Age: Date of Birth:	Race/Ethnicity:	
Gender: M W Other:		
Religion: Primary Langu Date of Marriage/Partnership:/	/	
Date(s) of previous marriage(s/Partner	ships):	
From: / / To: /	/ How did marriage er	nd?:
From: / / To: /	How did marriage e	nd?:

II) Presenting Problem/Circumstances of Referral

Can you tell me a little about why you are seeking counseling?

Type in here

What precipitants led up to the problem and its onset? How long? Frequency?

Start typing

Who made the referral?

Start typing here

How does the referral source view the problem?

Start typing

How does your significant other(s) view the problem?

Start typing

III) History of the Presenting Problem:

When did this/these problems begin?

Start typing

How long (or how often) has this/these been an issue for you?

Start typing

How do/does these/this issue(s) affect your daily life?

Start typing

When are your symptoms/feelings most disturbing?

Start typing

When are your symptoms/feeling least disturbing?

Start typing

How would you rate your symptoms/feelings now on a 0 - 10 scale with 0 being low and 10 being high? 8_/10_

IV) **Current Symptoms/ Problems:** (Rate severity and duration for each)

Severity Rating: 1=	Mild 2	2= Moderate	3= Severe		
Key: Duration Rating:	1= Less T	Than 1 Month	2 = 1 - 6 Months $3 = 7$	7 – 11 Months	4= More
Than 1 Year					
	Severity	Duration		Severity	Duration
1. Anxiety			15. Bizarre Ideation		
2. Panic Attacks			16. Bizarre Behavior		
3. Phobia			17. Paranoid Ideation	ı	
4. Obsessive			18. Gender Issues		
Compulsive					
5. Somatization			19. Eating Disorders		
6. Depression			20. Poor Judgement		
7. Impaired Memory			21. Lack of Support		
-			System		
8. Poor Self Care Skills			22. Poor Interpersona	al	
			Skills		
9. Loss of Interest			23. Conduct Problem	ns	
10. Loss of Energy			24. School Problems		
11. Sexual Dysfunction			25. Family Problems		
12. Sleep Disturbance			26. Indep. Living		
*			Problem		
13. Appetite			27. Strange Body		
Disturbance			Movement		
14. Weight Change			28 Other:		

Please describe symptoms / problems above in detail: <u>Start typing</u>

Assessment of Risk:

- A. Current risk factors: (Check all that apply)
- Suicide: DNone Ideation Pain Intent w/o means Intent with means
- Homicide:
 □None □Ideation □Plan □Intent w/o means □Intent with means
- If risk exists, client is able to contract not to harm: Delf Others
- Impulse control:
 Sufficient
 Moderate
 Minimal
 inconsistent
 Explosive
- Substance abuse: \Box None \Box Abuse \Box Dependence \Box Unstable remission
- Medical risks: □No □Yes If "Yes", explain: <u>Start typing</u>

V) Lifespan/ Development History:

A. Health at birth:

Start typing .

B. Developmental milestones

□ Within normal limits (adults only)

Start typing

C. Special services received during lifetime:

Start typing

D. Other lifespan/ Developmental issues: (include mid-life, senior/elder, other issues)

Start typing

VI) Family Information/Relationships

Does the client have any children?						
Name	Age	Date of Birth	Sex	Custody? Y/N	Lives With?	Additional Information

Family of Origin Name	Age	Sex	Relationship	Additional Information
Client lives in a residential facility				
Primary language of household/family:	Fnglish		Secondary:	

Personal Family Information

Name	Occupation	Education (Highest Achieved)	SES	Religion	Physical/ Mental Illness	Married?
		<u>High School</u> <u>Diploma</u>		<u>Catholic</u>	<u>Alcoholism</u>	<u>Widow</u>

VII) Education

What is the highest level of education you have attained? <u>Type</u>

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Any special trades learned?

Were the school years experienced without any significant events, e.g. failure, acceleration, behavior problems? <u>Start typing</u>

Did you receive special education services? ______ Favorite Class: ______ Least Favorite Class: ______

VIII) Social

Briefly describe your social network: Start typing

Do you have a support system? ______ How well do you utilize your social support system? <u>Start typing</u>

IX) Occupational History (check all that apply)

Employment: Currently Employed?						
	Employer		Length of Employment			
□ Satisfie	d	□ Dissatisfied	Supervisor Conflict	Co-Worker Conflict		
□ No	Last Employer	:	Reason for Leaving:			
□ Never Employed □ Disabled		🗆 Student	🗆 Unstable Work			
				History		
Shelter	ed Employment		Receiving Vocational Section	ervices		
Commen	ts: Career Hope	s/Career Dreams: <u>Start typi</u>	ng			
	_					
Role Mod	lels (Two Individ	luals): Start typing				
X)	Military/Veter	ran Status: N/A 🗌	Veteran?	Yes 🗌 No		
Dates:	E	Branch: Ran	k Held:			
Position in	the Service:		oned:			
Discharge S	Status:	Honorable 🗌 Dishonorabl	le 🗌 Medical 🗌 Other			
Experience	d Combat: 🗌 Ye	s 🗌 No				
Disciplinar	y Actions: 🗌 Ye	s 🗌 No				
If yes, please briefly describe:						
	•					
List any injuries or traumas suffered during service:						
		c				
				······································		

XI) Medical (Treatment/services received, when, where, outcome):

Do you have any current medical issues? Start typing

Current or Past medical or physical problems/conditions (i.e., allergies, seizures, high blood pressure, diabetes, cardio problems, TB etc.): Start typing

Are you currently taking any prescribed medications?

List all medications presently prescribed:

Medications	Purpose	Dosage	Frequenc	Name of MD. monitoring medications
			У	

Physical handicaps or limitations? Start typing

Date of last exam:	Where?			
Physician's Name /	Phone number:			
Address:				
If applicable is the	release of information for	rm signed 🗌 Yes [No	

T	NT 1	• .• •	• • • • • •	11 / 1	• \
Uses	or Needs	assistive or adapt	tive devices (select	all that a	ipply)
□ None	□ Glasse	es	□ Walker		□ Braille
Hearing Aids	□ Cane	Crutches			Wheelchair
Translated Written Inform	mation	\Box Translator for S	Speaking	□ Other:	
\Box Does the client have a his	story of fa	$lls? \Box$ Yes \Box No	Explain:		
Additional Information:					

XII) Pain Questionnaire

8	Is the client in pain now? \Box Yes \Box No If yes, ask client to rate the pain on a scale of 1-10 (with 10 being the se score here	everest) and enter
	Is the client receiving care for the pain? \Box Yes \Box No If no, would the client like a referral for pain management? \Box Yes	□ No

XIII) Substance Abuse/Addictions Behavioral Assessment

Abuse/Addiction – Chemical/ Behavioral						
SubstanceAge ofAmount/DurationDate ofPeriod ofAmount Used						Amount Used
	1 st use	Frequency	of Use	Last Use	Heaviest Use	in Last 24 hrs.

Alcohol						
Cannabis						
Cocaine						
Stimulants (crystal,						
speed,						
amphetamines, etc)						
Methamphetamine						
Inhalants (gas,						
paint, glue, etc)						
Hallucinogens						
(LSD, PCP,						
mushrooms, etc)						
Opioids (heroin,						
narcotics,						
methadone, etc)						
Sedative/						
Hypnotics, (Valium,						
Phenobarb, etc)						
Designer Drugs/						
Other (herbal,						
Steriods, cough						
syrup, etc)						
Tobacco (smoke,						
chew)						
Caffeine						
Ever injected drugs? Y	es No]	If Yes, which ones	\$?		
Drug of Choice?						
Consequences as a Result	of Drug/Alcohol Us	e (select a	all that apply)			
Hangovers	DTs/Shakes		□ Blackouts		Binges	
	□ Increased Tolerar	nce [□ GI Bleeding		□ Liver Disease	
	(need more to get h		č			
Sleep Problems	□ Seizures	U /	Relationship Prol	blems	□ Left School	
🗆 Lost Job	□ DUIs		\square Assaults		□ Arrests	
Incarcerations	□ Homicide	[□ Other:		□ Other:	
Longest Period of Sobriet	y?]	How long ago?			

A. Does client have a history of withdrawal, DTs, blackouts, (loss of time), seizures, etc.? \Box Yes \Box No

B. What happens when you stop using? Start typing

- C. Longest Period of sobriety? _____When?
- D. Has client received treatment for drug or alcohol issues?
 Yes No (ATTACH RELEASES) (If yes, list in-patient providers, out-patient providers, services received, dates of service, and outcomes)

Family History of (select all that apply):						
	Mother	Father	Siblings	Aunt	Uncle	Grandparents
Alcohol/Substance Abuse						
History of Completed						
Suicide						
History of Mental						
Illness/Problems such as:						
Depression						
Schizophrenia						
Bipolar Disorder						
Alzheimer's						
Anxiety						
Attention						
Deficit/Hyperactivity						
Learning Disorders						
School Behavior Problems						
Incarceration						
Other						
Comments:						

Substance/Addiction Family History

XIV) Addictive Behaviors

Appetite: □ Good

🗆 Fair

Has alignet traded gave for drugg?	\Box No \Box Yes, explain:				
Has client traded sex for drugs?	\Box No \Box Yes, explain:				
Triggers to use (list all that apply)	:				
Has client been tested for HIV?	□ Yes □ No				
If yes, date of last test:	Results:				
Has client had any of the following	g problem gambling behaviors? Sele				
□ Gambling longer than planned	Gambled until last dollar was gone	•			
□ Lost sleep thinking of gambling	□ Used income or savings to gamble	while letting bills go unpaid			
□ Borrowed money to gamble	□ Made repeated, unsuccessful atter	pts to stop gambling			
□ Been remorseful after gambling	□ Broken the law or considered breaking the law to finance gambling				
□ Other:	Gambled to get money to meet financial obligations				
Risk Taking/Impulsive Behavior (current/past) - select all that apply:				
Unprotected Sex	Shoplifting	Reckless Driving			
Gang Involvement	Drug Dealing	Carrying/Using weapon			
□ Other:					
XV) Nutritional Screening					
Nutritional Status: Current Weight	Current Height BM	Ι			

□ Poor, please explain below

□ Recently gained/lost significant weight	□ Binges/overeats to excess
□ Restricts food/ Vomits/over-exercises to avoid weight gain	□ Special dietary needs
□ Hiding/hording food	□ Food allergies
Comments:	

Wellness

Physical Realm	Yes	No
Client acknowledges he/she has caused damage to his/her body by abusing		
drugs, alcohol, or food. If yes, complete Behavioral Assessment.		
Client understands the connection between emotions, life stressors, sense of self,		
and the effect these elements have on physical health.		
Client manages his/her anger effectively and does not inflict pain on		
himself/herself or others.		
Client engages in activities designed to maintain physical health. Optional-		
Physical Fitness		
Allergies (Medication and Other):		
Comments:		

Leisure & Recreation

Which of the following does the client do? (Select all that apply)			
Spend time with Friends	Sports/Exercise		
Classes	Dancing		
Time with Family	Hobbies		
Work Part-Time	Watch Movies/TV		
Go "Downtown"	Stay at Home		
Listen to Music	Spend Time at Clubs/Bars		
Go to Casinos	Other:		
What limits the client's leisure/recre	ational activities?		

XVI) Functional Assessment

Functional Assessment:

Is the client able to care for him/herself? □ Yes	\square No	If No, please explain:
---	--------------	------------------------

Living Situation:				
Housing Adequate	Housing Dangerous	□ Ward of State/ Tribal	□ Dependent on Others	
		Court		
□ Housing Overcrowded	□ Incarcerated	□ Homeless	□ At Risk of	
_			Homelessness	

XVII) Legal Status Screening

Past or current legal problems (select all that apply)

□ None	□ Gangs	□ DUI/DWI
□ Arrests		Detention
🗆 Jail	Probation	□ Other:
If yes to any of the above, please e	xplain:	
Any court-ordered treatment?	\Box Yes (explain below) \Box	No
Any court-ordered treatment? Ordered by	□ Yes (explain below) □] Offense	No Length of Time

XVIII) Spiritual/Religious Awareness

Spiritual Self	Yes	No
Client demonstrates a willingness to seek out new persons, places, and experiences.		
Client expresses a desire to make a positive life change.		
Client seeks to balance his/her rights, needs and desires with those of others in order to		
achieve harmony.		
Client desires personal harmony, balance and freedom.		
Client seeks to strengthen his prayer life/belief system.		
Additional Information:		

Religious Affiliation:

Start typing

Significant Religious Beliefs:

Additional Religious Information:

XIX) Bereavement/Loss

Please list significant losses, deaths, abandonments, traumatic incidents:	
Spiritual/Cultural Awareness & Practice	
Knowledgeable about traditions, spirituality, or religion? Ves No Comment:	
Practices traditions, spirituality, or religion? Ves No Comment:	
How does client describe his/her spirituality?	
Does client see a traditional healer? Yes No	

Comment:

XX) Abuse/Neglect/Exploitation Assessment

History of neglect (emotional, nutritional, medical, educational) or exploitation?
UP Yes If yes, please explain:

Has client been abused at any time in the past or present by family, significant others, or anyone else? \Box Yes \Box NoIf Yes, please explain:

Type of Abuse	By Whom	Client's Age(s)	Currently Occurring? Y/N
Verbal Putdowns			
Being Threatened			
Made to feel afraid			
Pushed			
Shoved			
Slapped			
Kicked			
Strangled			
Hit			
Forced or coerced into sexual activity			
Other			
Was it reported? Yes	□ No	To Whom? To counselor	
Outcome			
Has the client ever witnes	sed abuse or family viole	nce? 🗆 Yes 🗆 No I	f Yes, please explain:

Mental/Introspective Thought	Yes	No
Client believes that he is speaking honestly with him/herself		
Client looks at both problems & accomplishments as an indicator of his/her sense of self		
Client examines the ways in which he/she has tried to manipulate, control, or manage		
the lives of others		
Client acknowledges that changes in his/her life must start with him/her		
Additional Information:		

Streng	gths/ Resources (enter score if	present)			
1 = Adequate, 2 = Above Average, 3 = Exceptional					
	Family Support	Social Support Systems	Relationship Stability		
	Intellectual/ Cognitive	Coping Skills & Recovery	Parenting Skills		
	Skills				
	Socio-Economic	Communication Skills	Insight & Sensitivity		
	Stability				
	Maturity and	Motivation For Help	Other:		
	Judgment Skills				
Comm	ients:				
Descri	be appropriateness & level o	f need for the family's participation:			

Mental Status Exam

1. <u>Mental Health Assessment</u> (Check all that apply)
Height: Short Medium Tall
Build: Thin Slim Medium Stocky Obese
Dress: Appropriate Meticulous Eccentric Disheveled
Facial Expression: Appropriate Sad Happy Angry Flat
Grooming: Appropriate Meticulous Dirty Poor Bizarre
Remarks/Comments:

2. Observed Behaviors and Attitudes:

Appropriate/AcceptableCriticalSuspiciousIrritableDisinterestedGuardedEvasiveDefensiveManipulativeRejectingFrightenedImpulsiveArgumentativeSillyNaïveDramaticAggressiveHostilePassiveDependentOverly cooperativeWithdrawnFrightenedDependent						
Remarks/Comments: <u>Client had no problem talking about her issues such as depression and eating disorders</u> , but presented as guarded and defensive when talking about her offense on her neighbor.						
3. Observed Motor Activity:						
Within normal limitsOver activityRetardationTremorPoor coordinationPosturingRepetitive actTicsEchoproxicGrimacingGestures						
Remarks/Comments:						
<i>GAIT:</i> Shuffling Staggering Stiff Awkward Heavy No impairment apparent						
Remarks/Comments:						
4. Mood & Affect (Mood is subjective-client reported. Affect is observed):						
Mood: Normal Elevated Dysphoric Euphoric Anxious Irritable						
Affect: Broad Restricted Blunted Flat Inappropriate Appropriate						
Remarks/Comments:						
5. Speech (Refers to the manner of speech, not the content of speech):						
Normal rate/volumePressuredRamblingStammeringVerbigerationEcholaliaSlurredLoudForeign accentMonotoneMutismSoft						
Remarks/Comments:						
6. <u>Thought Processes</u> (continuity of thought processes; associations between ideas):						
Within normal limits Blocking Circumstantial Clanging Flight of ideas Tangential Indecision Perseveration Loose associations Herebox Herebox Herebox						

Remarks/Comments:				
7. <u>Thought Content:</u>				
Within normal limitsPhobiasObsessive ideasFeelings of unrealityHopelessnessWorthlessnessSomatic complaintsSuspiciousnessMagical thinkingFeelings of persecutionGuiltIllogical thinking				
Remarks/Comments:				
8. Memory: Immediate memory: Good Fair Poor Unable to determine Recent memory: Good Fair Poor Unable to determine Remote memory: Good Fair Poor Unable to determine				
Remarks/Comments:				
9. <u>Orientation:</u> No Impairment				
Not oriented to: Person Place Time				
Remarks/Comments:				
10. Insight into Problems/Illness:				
Insight: Poor Fair Moderate Good Excellent				
Motivation top participate in treatment: Poor Fair Moderate Good Excellent				
Remarks/Comments:				
DSM-5 Diagnosis				
Diagnosis #1				
Explanation For Diagnosis #1:				
Diagnosis #2				
 Explanation For Diagnosis #2:				
Diagnosis #3				
Insight: Poor Fair Moderate Good Excellent Motivation top participate in treatment: Poor Fair Moderate Good Excellent Remarks/Comments: DSM-5 Diagnosis Diagnosis #1 Diagnosis #1 Diagnosis #2 Explanation For Diagnosis #2:				

Explanation For Diagnosis #3:

Diagnosis #4 _____. ___ (____. ___) Explanation For Diagnosis #4:

Psychosocial Stressors/Disabilities (V-codes)

Case Formulation:

Recommendations:

Prognosis: (Excellent, Good, Fair, Poor)