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Nutrition Counselling Study Among White Women in Robertson, Swellendam and Riversdal, 1979, 1983 and 1987.

Steyn, M; Swanepoel, A.S.P.; and Langenhoven, M.L.

SADA 0011

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Steyn, M., Swanepoel, A.S.P. and Langenhoven, M.L. *Nutrition Counselling Study Among White Women in Robertson, Swellendam and Riversdal, 1979, 1983 and 1987* [Computer file]. S0011. Pretoria: Human Sciences Research Council [producer], 1979-1987. Pretoria: South African Data Archive, National Research Foundation [distributor], 1995.

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STUDY DESCRIPTION

SADA STUDY NUMBER: 0011

TITLE: Nutrition Counselling Study Among White Women in Robertson, Swellendam and Riversdal, 1979, 1983 and 1987

PRINCIPAL INVESTIGATORS: Steyn, M; Swanepoel, A S P; and Langenhoven, M L

ABSTRACT: Research on the eating habits of children was based on the assumption that coronary heart disease is largely due to incorrect eating habits acquired at an early age. Attention was focused on (1) the eating habits of babies and toddlers; (2) the knowledge and attitudes of married women with children and childless married women regarding the nutrition of pregnant women, babies and children; (3) and the communication media from which the women obtained information on nutrition, as well as their media preferences. The investigation was conducted by the Institute for Communication Research of the HSRC in co-operation with the National Institute for Nutritional Services of the Medical Research Council and the Department of Health Services and Welfare.

SAMPLING: A random sample was drawn from a full census survey of residential units in Robertson, Swellendam and Riversdal. For 1979, the sample was restricted to Afrikaans-speaking white women in the age range 16 to 65 years. The sample represents approximately 10% of the population in the age group. In 1983, the age range was increased to 15 to 68 years.

DATE OF RESEARCH: 1979, 1983 and 1987

EXTENT OF COLLECTION: 3 data files in SPSS + 3 m-r questionnaires + 3 m-r record layouts

Part 1: 1979

Number of cases:	588
Number of records:	2 352
Number of records per case:	4
Logical record length:	80
Number of variables:	185
Number of kilobytes:	180 KB

Part 2: 1983

Number of cases:	642
Number of records:	1 926
Number of records per case:	3
Logical record length:	80
Number of variables:	144
Number of kilobytes:	147 KB

Part 3: 1987

Number of cases:	400
Number of records:	800
Number of records per case:	2
Logical record length:	80
Number of variables:	101
Number of kilobytes:	68 KB

NOTE: Men were included in the original 1979 and 1983 study. However, they were not included in the 1987 study and the 1979 codebook for men for 1979 could not be located. Thus the released study consists of only women.

PUBLICATIONS:

Steyn, M; 'n Gehooranalyse met betrekking tot 'n voedingsvoorligtings program in Suidwes-Kaapland/ An audience analysis of a nutritional guidance programme in the south-western Cape, Pretoria: RGN/HSRC, 1981 (Verslag/Report KOMM 28) [Original report is in Afrikaans].

Steyn, M; Swanepoel, A S P; Rossouw, J E; 'n Vergelykende ondersoek na die kennis en houdings van 'n groep Blanke Afrikaanssprekendes rakende baba- en kindervoeding in 1979 en 1983/ A comparative investigation into the knowledge and attitudes of a group of white Afrikaans speakers in respect of baby and child nutrition in 1979 and 1983, Pretoria: RGN/HSRC, 1981 (Navorsingsbevinding/Report KOMM N-131) [Original report is in Afrikaans].