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Healthcare professionals' experiences of delivering sexual and reproductive health services to adolescents: A literature review

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Abstract

This literature review was conducted systematically to identify the gap in knowledge and practice related to the provision of sexual health to adolescents worldwide. The search was limited to peer-reviewed articles published between 2002 and 2018. Thirty-two relevant articles were identified and reviewed for quality assessment by using the Hawker critical appraisal tool. The studies were conducted in Africa, Europe, Asia, Oceania, and the United States of America (USA). The review findings suggested that potential tensions exist between the desire to prevent unwanted pregnancies and the provision of adolescent-friendly sexual health services in societies which disapprove of adolescents' premarital sexual activity, contraception use and abortion services. Healthcare professionals should be aware of comprehensive sexual and reproductive health services as their

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