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RESEARCH PERSPECTIVES: direct instruction in reading

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Recent research (5, 6, 8, 19, 21, 32) has thoroughly established the teacher's importance in the achievement gains of pupils. As Good (15) has said, ''...most educational practices that lead to increased student achievement are mediated by the teacher.'' Clearly, the teacher *does* make a difference.

However, what do effective teacher do which makes the difference? How do they obtain the higher achievement gains? More and more research points to the rise of a pattern of teaching behavior called ''direct instruction.''

WHAT IS DIRECT INSTRUCTION?

Direct instruction is not a packaged commercial reading program, nor is it a set of prescriptive rules which, if faithfully followed, leads to successful pupil achievement. Rather, direct instruction is a concept in which focused learning, active teaching and structure are applied to classroom learning to varying degrees, depending upon the context of the teaching situation.

While the concept can be applied flexibly according to need, direct instruction nevertheless is characterized by six principles:

1. Teacher Control In direct instruction, the teacher is the instructional leader and specifies what is to be learned, the materials to be used, and the pace of the lesson; instruction is approached in a direct and business-like way with answerable questions being posed in a controlled practice format (7, 22, 23, 28, 29, 32). 2. Academic Focus In direct instruction, the emphasis is on academic learning (17, 23, 24). The teacher specifies educational objectives in terms of definite skills, terms, processes, or abilities to be learned and the classroom is organized to achieve these objectives.

3. Effective Use of Time In direct instruction, a significant part of the school day is allocated to academic learning and the teacher organizes the classroom to insure that pupils utilize that time effectively (7, 15, 19, 31). The focus here is on creating pupil-engaged time-on-task. Consequently, the managerial abilities of teachers is crucial, since optimum time-on-task demands a minimum of disruption and a maximum of student involvement (15, 31).

4. Structured Teaching In direct instruction, the teacher directly intervenes with pupils and actively teaches the content (12, 13, 15, 27). The material is presented in small steps, using strategies in which the teacher models, cues, prompts, presents and/or illustrates how to do the task under study. Learning is "structured" to insure that most pupils will understand and achieve.

5. Feedback In direct instruction, the teacher actively assesses the pupils' on-going progress by putting them in groups where they can be supervised and systematically monitored. Questions having specific answers are frequently posed; teachers provide praise contingent upon performance of the academic task and corrections are taught immediately in small steps (15, 26).

6. *Environment* In direct instruction, the organization reflects a task orientation; academic achievement is the goal. However, the classroom climate emphasizes pupil success at every step and a convivial, relaxed atmosphere (23, 25).

Viewed in another way, Good (15) states that direct instruction does NOT occur:

...when teachers do not actively present the process or concept under study, when they fail to supervise student seatwork actively, or if they do not hold students accountable for their work.

WHAT THE RESEARCH SAYS

Much research has focused on the effects of direct instruction and the results are overwhelmingly supportive (3, 7, 8, 12, 13, 17, 18, 21, 19, 30). For instance, Becker (2) found that direct instruction can bring children from low income homes up to national norms by the end of third grade; Gage (14) reports that structured reading programs are associated with greater student achievement gains than are "open" forms of instruction; and Stallings and Hentzell (30) found that higher achievement is associated with direct instruction classrooms, while lower gains are associated with classrooms emphasizing student socialization, student choice of activities, one-to-one individualization and completion of classroom

clerical tasks while students are working. As Rosenshine (23) states, "the message is: what is not taught and attended to in academic areas is not learned."

ARE THERE RESERVATIONS ABOUT DIRECT INSTRUCTION?

Despite the overwhelming research support, questions have nevertheless been posed regarding its worth. Discussion of these follows.

1. Individualization Because of the emphasis placed on time-on-task, there has been some objection to direct instruction on the grounds that it promotes whole-group instruction and eliminates individualization. To the extent that individualization is limited to working with one pupil at a time, this is true; the research (15, 23, 32) indicates that one-to-one instruction is often ineffective. However, direct instruction can and should be applied in small groups (15, 32).

2. Direct Instruction for Everyone There is some objection to direct instruction on the grounds that everyone does not need such teaching. This is true. Research (15) indicates that some types of students profit more than others--that direct instruction is most effective with the lower-achieving and more dependent pupils.

3. Direct Instruction All Duy Objection is raised to direct instruction because of the possibility that it will be applied in all subject areas. Most educators (15,23) agree that this would be wrong. Direct instruction has been shown to be most effective in producing achievement gains in the academic areas of language development, reading, and mathematics. However, direct instruction may be less appropriate if the goal for reading is something other than achievement gains and it may well be inconsistent with the goals of other subject areas, such as moral development in social studies. Consequently, direct instruction should be spaced through the day and employed in the subject areas where it is most appropriate (23).

4. Transfer Doyle (9), among others, has questioned direct instruction on the grounds that the teacher does most of the information-processing and that the child may never learn to do it for himself. However, Doyle's concern is not necessarily well-founded. First, if the teacher insists on structuring learning for pupils when they are capable of doing it for themselves, direct instruction is being misused (15). Second, teachers always have the responsibility for guiding pupils in transferring learning (10,11).

5. Affective Outcomes Some educators criticize direct instruction on the grounds that it creates negative affective results. While a few studies have reported such results (15), the majority of the research indicates that direct instruction does not diminish affective outcomes and, in some cases, even enhances them (4, 12, 14, 15). One study in particular describes a structured reading program which produced growth in creativitiy (27).

6. Humaneness Finally, direct instruction is often charged with promoting authoritarian, harsh, critical, and cold classrooms. Research, however, indicates that it does not (23). McDonald (19), in fact, reported that the direct instruction teachers he studied were less critical than non-direct instruction teachers. Apparently, humaneness is a dimension of the teacher; humane teachers are warm and flexible in their interactions with children regardless of the approach they are using. As Rosenshine (23) states:

> ...studies indicate that there is no need for teachers to be harsh and demeaning in order to obtain academic engaged time, and that decent, humane, genuine interactions occur in many classrooms which are highly structured and teacher directed.

IMPLICATIONS FOR TEACHERS

It seems that there are two major lessons to be learned from the research on direct instruction. First, it works; direct instruction *DOES* increase pupil achievement in academic areas. Second, direct instruction (like all aspects of teaching) must be applied intelligently and appropriately by humane and professional teachers. As Good (15) has said:

If direct instruction is seen as a set of specific behaviors or as a generic form of teaching that transcends all settings, then it is another polemic...another educational shibboleth. However, if it is used as an orienting concept that has to be adjusted sensibly and sensitively to different educational settings, then the concept has some value for the practitioner.

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