THE EFFECTS OF UCS DURATION AND UCS INTENSITY ON THE MAGNITUDE OF CONDITIONED FEAR

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THESIS APPROVAL SHEET

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Chapter 1

INTRODUCTION

Fear has generally been considered to be an internal response which may be brought under stimulus control via the associative process of Pavlovian conditioning. That is to say, when a neutral stimulus is repeatedly presented either prior to or simultaneously with a painful unconditioned stimulus (UCS), it becomes a conditioned stimulus (CS) and, when presented alone, is capable of eliciting the fear response. Since conditioned fear is assumed to be an internal response, it is usually measured indirectly through observable responses. Typically, the fear-eliciting CS is presented and the subsequent change in some observable response is measured. It is assumed that the response change is a consequence of the fear elicited by the CS and, furthermore, that a correlation exists between the degree of the response change and the magnitude of the fear response.^{\perp} The response measures traditionally used to index fear may be assigned to one of the following two categories: (a) changes in physiological responses (e.g., heart rate, skin resis-

¹The magnitude of the fear response is used quite loosely in this paper. No distinction is made as to whether the magnitude of the response refers to its momentary intensity (amplitude) or to its duration. It is merely assumed that the greater the magnitude of fear the greater will be its effect on the indicant response.

tance) and (b) changes in instrumental responses (e.g., barpressing, alley-running, hurdle-jumping).²

Although the amount of conditioned fear has been shown to be related to various parameters of the Pavlovian conditioning paradigm, the role of UCS duration is still uncertain. It seems reasonable that the amount of fear elicited by a CS should be directly related to the duration of the UCS that was employed during conditioning. That is, one would probably expect a CS which signals the subsequent occurrence of a long painful stimulus to be more fear-evoking than one which signals the forthcoming of a brief painful stimulus. Surprisingly, this intuitive notion has not re**ce**ived consistent support when empirically tested.

Studies which have employed changes in physiological responses as indices of fear have consistently indicated that the magnitude of conditioned fear is unrelated to UCS duration. Bitterman, Reed, and Krauskopf (1952) found no differences in the magnitudes of galvanic skin responses (GSRs) of male undergraduate students when the effects of 0.5-sec. and 3.0-sec. UCS durations were compared; Wegner and Zeaman (1958) found no differences in heart rate disturbances of male and female undergraduate students when the effects of

²McAllister and McAllister (in press) present a comprehensive review and evaluation of the behavioral measurement of fear.

0.1, 2.0, 6.0, and 15.0-sec. UCS durations were compared; Sawrey and Sawrey (1968) found no differences in rates of stomach ulceration of male rats when the effects of .25-sec. and .75-sec. UCS durations were compared.

In contrast, the findings of studies which have employed changes in instrumental responses as indices of fear have indicated that UCS duration is an effective variable. In a between subjects (Ss) design, Mowrer and Solomon (1954) trained four groups of male rats to bar-press for food and, in a different stimulus situation, administered fear conditioning. The four groups differed as to the duration of the UCS and as to the nature of UCS termination. The CS, a 3.0-sec. blinking light, was paired with either a 3.0-sec. UCS which terminated abruptly (Group I), a 4.0-sec. UCS which terminated gradually (Group II), a 7.0-sec. UCS which terminated gradually (Group III), or a 10.0-sec. UCS which terminated abruptly (Group IV). The amount of fear conditioned to the CS was assessed during a 30.0-min. test session. For the first 5.0 min., \underline{S} was allowed to bar-press for food pellets, but for the remaining 25.0 min., the presentation of the CS (Which had presumably acquired fear-evoking properties from its pairings with the UCS) was presented immediately after each bar-press response. This procedure is analogous to primary punishment when the presentation of an unconditioned aversive stimulus is made contingent upon the \underline{S} emitting a particular

response. Since a conditioned aversive stimulus (i.e., the CS) was substituted in the place of the unconditioned aversive stimulus, the Mowrer and Solomon procedure may be properly called conditioned punishment. The extent to which barpressing was inhibited was thought to be directly related to the magnitude of fear elicited by the CS. Although the results of the study showed no statistically reliable differences between the four groups, Mowrer and Solomon found that Group I, which received the 3.0-sec. UCS, tended to be less fearful than the other three groups (the difference was at the 10% level of confidence). On the basis of this finding, Mowrer and Solomon conjectured that

we have here the beginning of a tendency which could almost certainly be demonstrated if the shock were made very brief, say 0.5-sec. duration; it is virtually certain that it would be reliably less effective in producing fear than would a shock of longer duration (p.21).

The prediction of Mowrer and Solomon was empirically tested in two studies by Overmier (1966a, 1966b) when he compared the effect of a 0.5-sec. UCS to that of a 50.0-sec. UCS. The <u>S</u>s, adult mongrel dogs, were trained in a shuttlebox to jump a hurdle within 10.0 sec. after the onset of a visual stimulus in order to avoid a subsequent electric shock. In a different stimulus situation, the same <u>S</u>s were given fear-conditioning trials. A tone was paired with a 50.0-sec. UCS, and another tone, which differed in frequency from the first, was paired with a 0.5-sec. UCS. The amounts

of fear conditioned to the two tones were assessed when the two tones and the visual stimulus were separately presented to S in the shuttlebox. During this session, shock was never presented. It was presumed that the hurdle-jump response would be mediated through the fear produced by each of the two tones.³ It was also assumed that the amount of fear associated with each stimulus would be indexed by the speed of the hurdle-jump response. That is, the assumption was made that the magnitude of conditioned fear was positively related to hurdle-jump speed. When tested for transfer of avoidance training, Ss in both of the studies responded faster when presented with the tone previously paired with the 50.0-sec. UCS than they did to the tone previously paired with the 0.5-sec. UCS. As expected, Ss responded most quickly to the visual stimulus, since that stimulus had already been conditioned to occasion the instrumental hurdlejump response. The major difference between Overmier's two studies is that the latter study also recorded heart rates. during fear conditioning. Although the cardiac indices showed that the learning of fear had occurred, they were not able to predict the differences in performance between the two experimental groups during transfer of avoidance train-

³The reader is referred to Solomon and Turner (1962) for a discussion of the theoretical interpretation of the transfer of avoidance training procedure.

ing. This finding prompted Overmier to suggest that ANS responses, when used as indices of fear, may not be as sensitive as skeletal-motor response indices.

Strouthes (1965) presented findings that at relatively short UCS durations the strength of conditioned fear is not directly related to UCS duration, but is inversely related to UCS duration. Male albino rats were trained to run down a straight runway to obtain food reward. In a different apparatus, the same Ss were administered fear-conditioning trials. The experimental groups received UCS (electric shock) durations of either .25, .85, or 1.90 sec. The CS was a 0.3-sec. blinking light which, when terminated, was followed immediately by the UCS. The effect of the CS was determined during a test period when Ss were again permitted to run down the runway to obtain food. However, this situation differed from the previous situation in that the blinking light (mounted above and in front of the food cup) was presented when the start box door was raised and was not terminated until <u>S</u> reached the goal box. Therefore, as <u>S</u> approached the goal box, it placed itself in closer proximity to the blinking light (which presumably elicited fear). Strouthes assumed that the running speeds during the test period were inversely related to the amount of fear elicited by the blinking light. Each \underline{S} was given a total of 25 test trials over three test periods on three consecutive days.

Only the first test trial indicated significant differences in performance between experimental groups. The running speeds of $\underline{S}s$ who received the CS paired with the .25-sec. UCS did not differ significantly from the running speeds of $\underline{S}s$ who received the CS paired with the .85-sec. UCS, but the running speeds of both of these groups were significantly slower than the running speeds of $\underline{S}s$ who received a 1.90sec. UCS following the CS.

To say the least, the results of studies which have manipulated UCS duration as a parameter have been inconsistent. The magnitude of conditioned fear has been shown to be (a) independent of UCS duration when changes in physiological responses were used as indices of fear (Bitterman, et al., 1952; Wegner and Zeaman, 1958; Sawrey and Sawrey, 1968) and (b) both positively related to UCS duration (Mowrer and Solomon, 1954; Overmier, 1966a, 1966b) and inversely related to UCS duration (Strouthes, 1965) when changes in instrumental responses were used as indices of fear. (The above findings are summarized in Table 11 in Appendix A) The nature of the function relating UCS duration to the strength of conditioned fear still remains to be discovered.

The present experiment was an attempt to ascertain further the role of UCS duration. Specifically, the effects of three durations, 0.5, 3.0, and 10.0 sec., were compared. Because Mowrer and Solomon (1954) found the difference be-

tween the amounts of fear produced by a 3.0-sec. UCS and a 10.0-sec. UCS to approach significance (p < .10), it was felt that these two durations deserved further comparison. The 0.5-sec. duration was shown by Overmier (1966a, 1966b) to be relatively poor in producing fear; furthermore, this same value was the duration suggested by Mowrer and Solomon that "would be reliably less effective in producing fear than would a shock of longer duration (p.21)." The comparison between the durations of 0.5 sec. and 3.0 sec. seems even more appropriate when the findings of Strouthes (1965) are taken into account. His results suggest that a 1.90-sec. UCS produced less fear than either a .25-sec. or a .85-sec. UCS. If, indeed, there is an inverse relationship between the strength of conditioned fear and UCS duration at low levels of UCS duration, then the results of the present study should show more conditioned fear resulting from the 0.5sec. UCS than from the 3.0-sec. UCS.

If UCS duration was varied only a single level of UCS intensity, anything that could have been inferred from the results of the present study would have necessarily been restricted to that specific level of UCS intensity. Therefore, each UCS duration was investigated at <u>three</u> levels of UCS intensity, namely, 0.5, 1.0, and 3.0 ma. This factorial design allowed the present experimenter (\underline{E}) to determine whether UCS duration and UCS intensity interact, at least

over the values employed in this study, to determine the magnitude of conditioned fear. As to the effect of UCS intensity, prior research has consistently shown the strength of fear to be an increasing monotonic function of this variable (e.g., Annau and Kamin, 1961; McAllister and McAllister, 1962; Strouthes and Hamilton, 1964).

A conditioned punishment procedure similar to the one used by Mowrer and Solomon (1954) was employed. The experimental groups were trained to bar-press for food reward in an operant chamber and, later, conditioned to fear a discrete CS in a different stimulus situation. The magnitude of the fear conditioned to the CS was assessed during five subsequent conditioned punishment sessions in the operant chamber. During these sessions, each bar-press response emitted by S was immediately followed by the presentation of the CS. A theoretical interpretation of this conditioned punishment procedure will now be presented. It is assumed that the presentation of the CS results in the elicitation of fear reactions such as crouching, freezing, and defecating, and these fear reactions, in turn, are assumed to compete with the tendency to approach the bar and press it for food. Furthermore, since the bar-press response precedes the presentation of the CS, stimuli which accompany that response (these stimuli may be visual, tactual, kinesthetic, etc.) are in close temporal contiguity with the CS; thus,

through higher-order conditioning, they become conditioned to elicit fear reactions. When a subsequent approach response toward the bar is made, some of these stimuli will again be present; consequently, the fear reactions elicited by these stimuli will compete with the tendency to barpress. Clearly, what determines whether or not S will continue bar-pressing are the relative strengths of (a) the tendency to approach the bar and (b) the fear reactions. Since the CS is always presented without the UCS during conditioned punishment, it may be expected that the fear reactions will gradually extinguish. As the extinction of fear progresses, the fear reactions will compete less and less successfully with the bar-press response, and the rate of bar-pressing will eventually return to normal. It is assumed that the amount of time elapsing before bar-pressing returns to its normal rate is a positive function of the magnitude of fear conditioned to the CS. In the present study, the tendency to bar-press was presumably the same for all groups, since all Ss received the same amount of prior bar-press training as well as the same amount of food depri-Therefore, any between-group differences in barvation. press performance during the conditioned punishment session may be assumed to have been a result of different amounts of fear being conditioned to the CS during Pavlovian fear conditioning.

There were two major procedural differences between the present study and the Mowrer and Solomon (1954) study. First, each <u>S</u> in the present study was given 25 CS-UCS pairings during fear conditioning as compared to 5 CS-UCS pairings given by Mowrer and Solomon. It was thought by the present \underline{E} that 5 CS-UCS pairings may have been too few and that increasing the number of pairings might magnify the difference between the effects of the 3.0-sec. and 10.0-sec. Stated differently, it was believed that the number UCSs. of CS-UCS pairings and the duration of the UCS may interact, with the difference between the effects of the 3.0-sec. and the 10.0-sec. UCSs beings small when the number of CS-UCS pairings is 5, but the difference being larger when the number of CS-UCS pairings is 25. The second difference concerned the amount of bar-press training given. Each \underline{S} in the Mowrer and Solomon experiment bar-pressed approximately 70 times on a continuous reinforcement (CRF) schedule before it received its first conditioned punishment, while each \underline{S} in the present study bar-pressed an average of 1200 times. Because the strength of conditioned fear in the present study was assessed by comparing the rate of \underline{S} 's bar-pressing during conditioned punishment to its normal rate of barpressing prior to conditioned punishment, it was necessary to allow the rate of bar-pressing to reach an asymptotic level prior to conditioned punishment before a normal rate

of responding could be determined.⁴

For the purpose of obtaining additional information, a tenth group was incorporated into the experiment as a pseudoconditioning control group for one of the experimental groups.⁵ This group was incorporated into the design to assess the amount of bar-press inhibition that could not be attributed to the forward conditioning procedure. What was needed was a group which received the same number of CS and UCS presentations but in an order that would not result in fear being conditioned to the CS. The traditional control procedure is to administer backward conditioning trials (i.e., the CS is always preceded by the UCS) during fear conditioning. According to Rescorla (1967), this procedure is inadequate. He proposed that whether a CS will come to elicit fear depends upon how well it predicts the subsequent occurrence of the UCS. A CS that has always been followed by a UCS will elicit fear. On the other hand, a CS which had never been followed by a UCS will have come to predict the nonoccurrence of the UCS and, thus, will inhibit fear. Rescorla argued that the only adequate control for Pavlovian

⁴Pilot work in this laboratory has shown that several hundred bar-press responses on a CRF schedule are required for <u>S</u> to reach a stable rate of performance.

^bPseudoconditioning is defined in Kimble (1961, p. 482) as: "The strengthening of a response to a previously neutral stimulus through the repeated elicitation of the response by another stimulus without paired presentation of the two stimuli."

fear conditioning is to present the CS and the UCS in a completely random order so that the CS neither predicts the occurrence or nonoccurrence of the UCS. In the present study, this completely random control procedure was employed. The control group received the same number of CS and UCS presentations as its respective experimental group during fear conditioning, but the order of presentation of the CSs and the UCSs for the former group was randomly determined.

Chapter 2

METHOD

Subjects

The 70 naive male albino rats which were used as <u>Ss</u> were approximately 90 days of age at the start of the experiment. All <u>Ss</u> were purchased from the Sprague-Dawley Company in Madison, Wisconsin.

Apparatus

A Gerbrands Model C operant conditioning chamber was used to train $\underline{S}s$ to bar-press for food reward. By pressing a button which operated a magazine, \underline{E} was able to release a 45-mg. Noyes food pellet into a food cup. A white cardboard floor was placed into the chamber to cover the grid floor of the unit.

An identical operant chamber was converted into a fear-conditioning compartment by constructing three partitions and a ceiling within the chamber. The compartment was 18.10 cm. long, 15.24 cm. wide, and 9.21 cm. high. The ceiling and three of the walls were black, while the fourth wall consisted of the plexiglass wall of the original chamber. The operant conditioning chamber and the fear-conditioning compartment were made to appear as different as possible to prevent fear from being elicited by

the apparatus cues of the operant chamber through the process of stimulus generalization.

The CS used in fear conditioning was a 2.0-sec. 400 cycles per second tone produced by a noise generator, and it was presented to \underline{S} through a 3.0-in. speaker which was mounted at the rear of the compartment below the level of the grids.

The UCS was administered to \underline{S} through the grid floor or the fear-conditioning compartment by a Grason Stadler Model El064GS Shock Generator. The intensity of the UCS was controlled by the settings on the shock generator. The durations of the CS and the UCS were controlled by Hunter Model 111-C Decade Interval Timers.

Procedure

After their arrival from the laboratory animal distributor, <u>Ss</u> were housed in individual cages and maintained on an <u>ad libitum</u> feeding schedule of Purina laboratory chow for a minimum of seven days before the start of the experiment. During the course of the experiment, <u>Ss</u> were allowed free access to water in their home cages. Constant artificial light illuminated the colony room in which the home cages were kept. Three days before the start of the experiment <u>Ss</u> were placed on a feeding schedule which allowed them to eat Purina laboratory chow for only 1 hr. each day; \underline{S} was handled by \underline{E} for approximately 10 min. during each of those 3 days. The \underline{Ss} were randomly assigned to ten groups, with each group consisting of seven \underline{Ss} .

Bar-press training. On Days 1-7 of the experiment, Ss were trained to press a bar in the operant chamber to obtain a pellet of food. The general procedure during these days was to (a) give \underline{S} a 15.0-min. bar-press training session, (b) return \underline{S} to its home cage for a 1.0-hr. period, and (c) allow \underline{S} to feed for a 1.0-hr. period. On Day 1, S was trained to respond to the click of the magazine by approaching the food cup and eating the pellet of food. The <u>S</u> received bar-press shaping sessions on Days 2 and 3 during which \underline{E} , at first, rewarded responses approximating the bar-press response but later rewarded only the bar-press response itself. Since all Ss learned to bar-press by the end of the third day (Day 3), \underline{E} was able to set the controls on the apparatus so, that \underline{S} would automatically receive a food pellet after making a bar-press response. The \underline{S} was then given four more daily 15.0-min. sessions (Days 4-7) to bring its rate of bar-pressing up to a stable level. The \underline{S} remained on a CRF schedule throughout the remainder of the experiment.

<u>Fear conditioning</u>. After the bar-press session on Day 7, <u>S</u> was returned to its home cage for 30 min. The <u>S</u> was then taken from its nome cage and placed into the fear-con-

ditioning compartment where it received a 15.0-min. fearconditioning session. The <u>S</u> was then returned to its home cage and after a 30.0-min. period was allowed to eat for 1.0 hr. This same procedure was continued on Days 8-11.

The Ss in the experimental groups received the 2.0sec. CS with the UCS immediately following the termination of the CS. Five CS-UCS pairings were given during each 15.0-min. session. The inter-presentation interval (IPI), i.e., the interval between CS-UCS pairings, averaged 150.0 sec., with values of 110, 130, 150, 170, and 190 sec. being employed. The time elapsing from the placement of \underline{S} into the fear-conditioning compartment to the presentation of the first CS-UCS pairing was considered to be the first IPI. The order of IPIs were randomly chosen for each of the five fear-conditioning sessions. The randomly selected order of CS and UCS presentations and their temporal relationships during each of the five fear-conditioning sessions for the control group is shown in Table 12 in Appendix B.

<u>Conditioned punishment</u>. On Days 12-16, <u>Ss</u> were placed in the operant chamber for their usual bar-press session. During a session, each bar-press response resulted in the immediate presentation of the CS which had been paired with the UCS during fear conditioning. Positive reinforcement of each bar-press response was continued. After each ses-

sion, \underline{S} was returned to its home cage for 1.0 hr. and then allowed to eat for 1.0 hr.

To reiterate, the design of the present experiment was a factorial design with UCS duration (0.5, 3.0, and 10.0 sec.) and UCS intensity (0.5, 1.0, and 3.0 ma.) serving as the Between $\underline{S}s$ factors and Days (12-16) as the Within $\underline{S}s$ factor. The design also included an appended pseudoconditioning control group. Thus, there was a total of 10 groups with each group consisting of seven $\underline{S}s$.

Chapter 3

RESULTS

Acquisition of the Bar-press Response

There were no data collected for Day 1 (magazine training) nor for Days 2 and 3 (bar-press shaping) that could be analyzed. The bar-press performances for each of the experimental groups are presented in Figure 1. The graph indicates that there were no systematic differences in performance between the groups. The performances of the nine groups were combined to form the single performance curve which is presented in Figure 2. Bar-press performance is clearly shown to have improved over the four days.

Fear-conditioning and Bar-pressing

Fear conditioning sessions were given after each barpress session on Days 7-11. To determine whether bar-press performances were systematically affected by the fear-conditioning sessions, a repeated measures analysis of variance (Lindquist, 1953, Type III) was performed on the data, with UCS Duration and UCS Intensity serving as the Between <u>Ss</u> factors and Days as the Within <u>Ss</u> factor. The analysis is summarized in Table 1, and the data underlying the analysis are depicted in Figures 3 and 4. None of the sources of variation were significant. Therefore, it may be assumed that the fear-conditioning sessions did not systema-









Table 1

Summary of Analysis of Variance and Grand Means of Rates of Bar-pressing for the Nine Experimental Groups on Days 8-11 and Hartley Tests

Source	<u>df</u>	Mean	MS	<u>F p</u>
Between <u>Ss</u> UCS Duration (DUR) 0.5 sec. 3.0 sec.	(62) 2	151.20 154.26	328.74	.12
lO.O sec. UCS Intensity (INT 0.5 ma. 1.0 ma.) 2 1 1 1	150.56 148.88 156.43	1301.73	. 47
3.0 ma. DUR X INT Error (b)	4 54	150.71	421.35 2745.27	.15
Within <u>Ss</u> Days (DA) DA 8 DA 9 DA 10	(189) 3 3	150.06 150.83 152.14	297.15	2.46
DA 11 DA X DUR DA X INT DA X DUR X INT Error (w)	6 6 12 162	155.00	143.60 204.34 208.25 120.52	1.19 1.70 1.73
Total	251			
Hartley Tests	<u>k/n</u>		Fmax.	p
Error b:	9/6		4.70	>.05
Error w:	9/18		3.61	>.05









tically affect bar-press performances.

Conditioned Punishment

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The amount of fear elicited by the CS during conditioned punishment (Days 12-16) was assessed by the use of a bar-press inhibition ratio, B/A, with A representing the normal rate of bar-pressing during a 15.0-min. period before conditioned punishment and B the rate of bar-pressing during any particular conditioned punishment session. The value of A for an \underline{S} was found by recording the number of bar-press responses emitted during each 15.0-min. bar-press session on Days 9-11 and taking the median of the three The value of B for an \underline{S} was the number of barscores. press responses emitted by that \underline{S} during the particular 15.0-min. conditioned punishment session. If the presentation of the CS resulted in complete cessation of bar-pressing, the inhibition ratio would be equal to .00. On the other hand, if the CS had little or no effect on bar-press rate, the inhibition ratio would approach or equal 1.00. An inhibition ratio greater than 1.00 indicates that more bar-press responses were made during the conditioned punishment session than during the session from which B was computed. Since there were five conditioned punishment sessions, five inhibition ratios were calculated for each S.

The data for the five days of conditioned punishment

were also analyzed by a repeated measures analysis of variance with UCS Duration and UCS Intensity as the two Between <u>Ss</u> factors and Days (12-16) as the Within <u>Ss</u> factor. Before the data were analyzed, each inhibition ratio was multiplied by a value of 10.0 to facilitate computation. Therefore, an inhibition ratio of .50 would have appeared in the analysis as 5.00; this manipulation in no way affected the outcome of the analysis. A summary of the analysis is presented in Table 2. All inhibition ratios presented in the figures appear in their normal form.

UCS Duration was shown to determine, in part, the amount of fear conditioned to the CS (\underline{F} =3.27, \underline{df} =2/54, p < .05). The grand means for each of the three levels of UCS Duration are plotted in Figure 5. The 3.0-sec. duration appears to have been the most effective, while the 0.5-sec. duration appears to have been the least effective. It can be seen in Figure 6 that the same order of effectiveness appeared at each level of UCS Intensity. Individual comparisons were made between the possible pairs of grand means using the Newman-Keuls procedure (Winer, 1962), and the results of these comparisons are presented in Table The mean of the 0.5-sec. level differed significantly 3. from the means of both the 3.0-sec. and 10.0-sec. levels (p < .05), but the difference between the means of the 3.0sec. and 10.0-sec. levels was not significant. (The main

Table 2

Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Days 12-16 and Hartley Tests

Source	df	Mean	MS	<u>F</u>	<u>p</u>
Between <u>Ss</u> UCS Duration (1 0.5 sec. 3.0 sec.	(62) DUR) 2	7.73	89.60	3.27	<.05
lO.O sec. UCS Intensity (0.5 ma. 1.0 ma.	(INT) 2	6.59 9.03 6.20	452.74	16.54	<.001
3.0 ma. DUR X INT Error (b)	4 54	4.98	16.21 27.37	•59	
Within <u>Ss</u> Days (DA) DA 12 DA 13 DA 14	(252) 4	2.24 5.45 7.52	559.81	124.13	<.001
DA 15 DA 16 DA X DUR DA X INT DA X DUR X INT Error (w)	8 8 16 216	8.76 9.73	3.28 26.21 3.04 4.51	.73 5.81 .67	<.001
Total	314				
Hartley Tests	<u>k/n</u>		Fmax.		q
Error b:	9/6		4.70		<u>~</u> ≥.05
Error w:	9/18		3.61		>.05








Summary of Newman-Keuls Procedure Administered to Test Differences Between Means of UCS Duration Levels During Conditioned Punishment

	Means	3.0 sec. 5.90	10.0 sec. 6.59	0.5 sec. 7.73	Shortest Significant Ranges for p < .05
3.0 sec.	5.90		.69	1.83	$R_2 = .74$
10.0 sec.	6.59			1.14	R ₃ = .88
		<u>3.0 sec</u>	. 10.0 s	ec. 0.5	sec.*

*Any two UCS durations not underscored by the same line differ at $\underline{p} < .05$ level of Significance.

 $s_{x} = .26, df = 54$

effect of UCS Duration is plotted as a function of Days 12-16 in Figure 11 in Appendix C)

As expected, UCS Intensity was a significant variable $(\underline{F}=16.54, \underline{df}=2/54, \underline{p} < .001)$. The grand means of the three levels of UCS Intensity are plotted in Figure 7. The graph indicates that conditioned fear is an increasing monotonic function of UCS Intensity. The results of the Newman-Keuls procedure which was applied to the grand means of UCS Intensity are summarized in Table 4. All possible pairs of the three means differed significantly $(\underline{p} < .01)$.

The Within <u>Ss</u> factor Days was also significant (<u>F</u>= 124.13, <u>df</u>=4/216, <u>p</u> <.001). Figure 8 shows that bar-pressing behavior progressively recovered over the five days. This finding was predicted, since the CS was never followed by the UCS during conditioned punishment and the fear response gradually extinguished.

The only significant interaction was that of Days by UCS Intensity (F=5.81, df=8/216, p <.01). The main effect of UCS Intensity is plotted as a function of Days 12-16 in Figure 9. The relative effects of the three levels of UCS Intensity remained the same until Day 16 when the gradients of the 1.0-ma. and 3.0-ma. levels may be seen to have crossed. A separate analysis of variance was applied to the data for each day. The results of these five analyses are presented in Tables 5-9 for Days 12-16, respectively.





Summary of Newman-Keuls Procedure Administered to Test Differences Between Means of UCS Intensity Levels During Conditioned Punishment

	Means	3.0 ma. 4.98	1.0 ma. 6.20	0.5 ma. 9.03	Shortest Significant Ranges for $\underline{p} < .01$
3.0 ma.	4.98		1.22	4.05	$R_2 = .98$
1.0 ma.	6.20			2.83	R ₃ =1.11
		<u>3.0 ma.</u>	<u>1.0 ma</u>	<u>. 0.5 i</u>	na.*

*Any two UCS intensities not underscored by the same line _differ at $\underline{p} < .01$ level of significance.

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 $S_{\bar{x}} = .26, df = 54$







Fig. 9. Mean Inhibition Ratio as a Function of UCS Intensity and Days 12-16 (collapsed across UCS Duration)

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Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Day 12

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Source	df	Mean	MS	<u>F</u>	<u>p</u>
Between Groups UCS Duration (DUR 0.5 sec. 3.0 sec.	(8) (DUR) 2	2.76	12.05	1.61	
10.0 sec. UCS Intensity 0.5 ma. 1.0 ma.	(INT) 2	2.59 4.85 1.41	112.42	15.01	<.001
3.0 ma. DUR X INT	4	0.45	3.29	.44	
Within Groups	54		7.49		
Total	62				

Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Day 13

Source	df	Mean	MS	F	p
Between Groups UCS Duration (DUR) 0.5 sec. 3.0 sec.	(8) 2	6.63	29.62	2.97	
10.0 sec. UCS Intensity (INT) 0.5 ma. 1.0 ma. 3.0 ma) 2	5.47 9.03 5.00	238.62	23.96	<.001
DUR X INT	4	2.33	5.30	•53	
Within Groups	54		9.96		
Total	62				

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Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Day 14

Source	df	Mean	MS	F	p
Between Groups UCS Duration (DUR) 0.5 sec. 3.0 sec.	(8) 2	8.70 6.70	23.18	1.92	
10.0 sec. UCS Intensity (INT) 0.5 ma. 1.0 ma.	2	7.16 10.34 7.16	148.50	12.33	<.001
3.0 ma. DUR X INT	4	5.06	8.91	•74	
Within Groups	54		12.04		
Total	62				

<u>.</u>

Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Day 15

Source	df	Mean	MS	<u>F</u>	p
Between Groups UCS Duration (DUR) 0.5 sec. 3.0 sec.	(8) 2	9.97 8.26	23.22	2.35	
lO.O sec. UCS Intensity (INT) 0.5 ma. 1.0 ma.	2	8.05 10.26 8.53	41.33	4.19	<.01
3.0 ma. DUR X INT	4	7.49	5.84	•59	
Within Groups	54		9.87		
Total	62				

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Summary of Analysis of Variance and Grand Means of Bar-press Inhibition Ratios for the Nine Experimental Groups on Day 16

Between Groups (8) UCS Duration 2 0.5 sec. 10.5 3.0 sec. 8.6 10.0 sec. 9.6 UCS Intensity 2 0.5 ma. 10.6 1.0 ma. 8.6 3.0 ma. 9.6 DUR X INT 4	an MS F	 n
	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	¥
Within Groups 54 Total 62	6.06	

The effect of UCS Intensity is shown to have been significant on Days 12-15 (\underline{F} =15.01, 23.96, 12.33, and 4.19, \underline{df} = 2/54 for each, $\underline{p} < .001$, < .001, < .001, and < .01, respectively) but not on Day 16 (\underline{F} =2.76, \underline{df} =2/54). Thus, the interaction appears to have resulted from the data on Day 16. This is not surprisingly, because the fear of the CS had probably, for the most part, extinguished for all three groups by Day 16 when the groups were again bar-pressing at approximately equal rates.

The performances of the control group and its respective experimental group, i.e., the group which received the 3.0-sec. UCS at the 1.0-ma. level of intensity, are shown in Figure 10 for Days 12-16. The graph indicates that barpress performance of the control group was to some extent inhibited by the presentation of the CS on Day 12, although on the remaining four days (Days 13-16), rates of bar-pressing for that group were close to normal. Bar-press performance for the experimental group never did return to normal. In order to determine whether the two groups statistically differed in performance, separate <u>t</u>-tests were performed for each of Days 12-16. The results of these five tests are presented in Table 10. Only on Days 12, 13, and 14 did the two groups differ significantly in performance (\underline{t} =4.76, 4.34, and 2.52, df=12 for each, p < .001, < .001, < .005, for Days 12, 13, and 14, respectively).



Fig. 10. Mean Inhibition Ratios of the Control Group and Its Respective Experimental Group as a Function of Days 12-16

Summary of t-tests Comparing Means of 3.0-sec. --1.0-ma. Group with Control Group for Each of Days-12-16

Day	df	<u>t</u>	p
12	12	4.76	< .001
13	12	4.34	< .001
14	12	2.52	< .05
15	12	•73	-
16	12	1.28	

The number of bar-press responses made by each \underline{S} on each of Days 4-16 is presented in Appendix D. Also, the inhibition ratio for each \underline{S} on each of Days 12-16 is presented in Appendix E.

Chapter 4

DISCUSSION

The results of the present along with those of Overmier (1966a, 1966b) are consistent with the intuitive notion that the magnitude of conditioned fear is an increasing function of UCS duration. Moreover, the shape of this function appears to be independent of the level of UCS intensity. Because the 3.0-sec. and 10.0-sec. levels of UCS duration both differed from the 0.5-sec. level but not from each other, it appears that the effect of UCS duration approaches a maximum limit at 3.0 sec. (at least when 25 CS-UCS pairings are administered). That is to say, increasing the duration of the UCS beyond the 3.0-sec. level will result in little, if any, increase in the amount of fear conditioned to the CS.

In direct contrast to the present findings are those of Bitterman, et al. (1952) which failed to find differences in the strength of GSRs when comparing the effects of 0.5-sec. and 3.0-sec. UCSs. According to Wegner and Zeaman (1958), the absence of differences in the Bitterman et al. study may have been a result of each <u>S</u> receiving conditioning with both UCS durations. Two light bulbs, one mounted above the other, were used to present the CSs. During conditioning, one CS was paired with a 0.5-sec. shock and the other CS

was paired with a 3.0-sec. shock. Wegner and Zeaman stated that although <u>Ss</u> may have been able to report that they learned which signal was paired with a particular duration of shock, stimulus generalization may still have occurred at the autonomic level.

The results of Wegner and Zeaman (1958), who found no differences in the magnitude of heart rate as a function of UCS duration (0.1, 2.0, 6.0, and 15.0 sec.), are also not in agreement with the present results. Overmier (1966b) also failed to find differences in conditioning as a function of UCS duration (0.5 sec. and 50.0 sec.) when using cardiac measures, but he did find differences in conditioning when he used an instrumental response measure (transfer of avoidance training). Therefore, the lack of differences in the Wegner and Zeaman research may have been, as suggested by Overmier, a result of cardiac indices not being sensitive enough to detect differences in amounts of fear.

Sawrey and Sawrey (1968) concluded that the effect of UCS duration is negligible in conditioning fear. Although not statistically significant, their results showed that <u>Ss</u> conditioned with a .75-sec. UCS incurred a higher frequency of stomach ulceration than <u>Ss</u> conditioned with a .25-sec. UCS. Since the difference in duration of the two UCSs was relatively small (i.e., only 0.5-sec.), any differential amounts of fear conditioned by these UCSs were probably

slight and, consequently, difficult to detect.

Empirical confirmation was given to the conjecture by Mowrer and Solomon (1954) that a 0.5-sec. UCS would produce the least amount of fear of the three durations tested in the present study. The results of the present study did not indicate, as did the results of Mowrer and Solomon, that a 3.0-sec. UCS is less effective than a 10.0-sec. UCS. Thus, increasing the number of CS-UCS pairings from 5 (the number used by Mowrer and Solomon) to 25 did not result in magnifying the differences in the effects of the 3.0-sec. and 10.0-sec. UCSs as was predicted by the present <u>E</u> before the start of the experiment. In fact, increasing the number of CS-UCS pairings may possibly have eliminated any differences between the effects of the two durations which may have existed if a lesser number of CS-UCS pairings were presented.

The findings of Strouthes (1965) which indicated that <u>Ss</u> feared a CS previously paired with a 1.90-sec. UCS less than a CS previously paired with either a .25-sec. UCS or a .85-sec. UCS are also inconsistent with the present findings. It is questionable whether Strouthes' results really indicated differences in conditioned fear, because intergroup differences in running speed were found only on the first of 25 test trials. Since Strouthes did not employ a pseudoconditioning control group, it is not certain whether

the differences in performance on the first test trial were a result of the forward conditioning procedure. A possible criticism of Strouthes' procedure is that the duration of the CS when presented in the runway was determined by the running speed of <u>S</u> and was necessarily longer than the CS presented during conditioning which was .30-sec. in length. Consequently, <u>S</u> may have perceived the CS in the runway as being quantitatively different from the CS experienced during conditioning. Strouthes recognized that the finding of no inter-group differences in running speed on the remaining 24 trials may have been a result of the running response competing too successfully with the fear response elicited by the CS. At any rate, caution should be taken when making inferences concerning the role of UCS duration from the results of Strouthes' study.

The findings of the present study indicated that at each level of UCS intensity the 3.0-sec. UCS was the most effective in conditioning fear and was followed by the 10.0sec. UCS and then by the 0.5-sec. UCS, although the difference between the 3.0-sec. and 10.0-sec. levels of UCS duration was not statistically significant. Interestingly, findings of a study by Church, LoLordo, Overmier, Solomon, and Turner (1966, Experiment I) indicated that a 3.0-sec. UCS may actually be subjectively <u>more</u> severe than either a 10.0-sec. UCS or a 0.5-sec. UCS. Each of their <u>S</u>s, curarized

mongrel dogs, received twelve series of electric shocks differing as to duration (0.1, 0.5, 2.5, 5.0, and 10.0 sec.) and intensity (2.0, 4.0, 6.0, and 8.0 ma.). Two indices of shock severity were employed, namely, heart rate acceleration during shock stimulation and heart rate deceleration during post-shock recovery. As expected, shock severity was shown to be a positive monotonic function of shock intensity; however, both indices showed shock severity to be an inverted U-shaped function of shock duration. Severity was shown to increase up to durations of 2.5 sec. and 5.0 sec. and then to decrease at the duration of 10.0 sec. In response to these findings, Church <u>et al</u>. suggested that the intermediate-duration shocks were either "more severe" or that

cardiac responses may indicate the severity of pain only during some recent, short interval of time, and some fairly rapid adaptation process results in the later intervals of a long shock being less severe than the earlier intervals (p.4).

If a 10.0-sec. electric shock is really less severe than a 3.0-sec. shock, then it may be questioned why the findings of Mowrer and Solomon (1954) indicated a tendency for the 10.0-sec. UCS to be more effective in conditioning than the 3.0-sec. UCS. Shock severity may be related to the number of UCS presentations administered to \underline{S} . Each of the \underline{S} in the Mowrer and Solomon study received a total of only 5 shocks, while each \underline{S} in the Church <u>et al</u>. study received a

total of 240 shocks, i.e., 48 shocks at each level of duration. Perhaps when a small number of shocks, such as 5, are administered, a 10.0-sec. shock is perceived as being more severe than a 3.0-sec. shock. On the other hand, when a larger number of shocks are administered, \underline{S} may in some way come to adapt to the longer shock and perceive it as being less severe than one of shorter duration. The findings of Church <u>et al</u>. along with those of the present experiment should encourage further research whose aim is to determine whether an inverted U-shaped function really does exist.

Bar-press performance for the control group appeared to be affected by the response-contingent presentation of the CS only on the first day (Day 12) of conditioned punishment. Since the CS had never previously been presented while <u>S</u> was bar-pressing, it is likely that the slight inhibition of bar-pressing on Day 12 was a result of pseudoconditioning or investigatory responding.⁶. It is, therefore, quite possible that the inhibition of bar-pressing for the experimental groups on Day 12 was due to <u>both</u> conditioned and unconditioned effects of the CS. Since the control group barpressed at its normal rate after Day 12, it may be assumed

^OInvestigatory behavior refers to behavior in which <u>S</u> is attending to a novel stimulus. In this case, the mere presentation of the CS may be considered novel, because the CS was never presented to <u>S</u> while <u>S</u> was in the operant chamber.

that the inter-group differences in the degree of bar-press inhibition on each of Days 13-16 can be attributed solely to the different amounts of conditioned fear elicited by the CS. It is also possible that some of the inhibition of barpressing for the control group on Day 12 was a result of the CS acquiring some ability to elicit fear through higherorder conditioning. During fear conditioning, the apparatus cues of the fear-conditioning compartment as well as other situational cues were present when the UCS was presented and, therefore, may have been conditioned to elicit fear. These newly conditioned stimuli (i.e., the apparatus and situational cues) may then have fulfilled the role of the UCS in conditioning fear to the discrete CS (i.e., the tone).

Early studies which varied UCS duration (Bitterman <u>et</u> <u>al</u>., 1952; Mowrer and Solomon, 1954) were not primarily interested in ascertaining the role of UCS duration <u>per se</u> but were designed to test two theoretical views, contiguity (Mowrer, 1951) vs. drive-reduction (Hull, 1943), concerning how the fear response is acquired. The contiguity position proposed that the necessary and sufficient condition for the learning of fear is merely the proper temporal contiguity between the CS and the unconditioned fear response. This condition is met when the forward conditioning procedure is used where the CS closely precedes the UCS and when the

onset of the UCS elicits the unconditioned fear response. According to the drive-reduction position, not only is it necessary for the CS and the unconditioned fear response to be temporally contiguous, but a reduction or termination of a drive must occur soon after the elicitation of the fear response; this latter condition is assumed to be met when the painful UCS terminates. The typical design employed by these early studies was to present a CS whose duration was the same for all experimental groups, followed by a UCS whose duration was different for each of the experimental groups. For each experimental group, the termination of the CS and the onset of the UCS coincided. Since the onset of the UCS elicited the unconditioned fear response, the temporal contiguity between the CS and the fear response would necessarily have been the same for all of the groups. Thus, the groups differed only with respect to the duration of the UCS and the temporal interval between the CS and the termination of the UCS. It was reasoned in these studies that the drive-reduction position would have to predict an inverse relationship between the magnitude of conditioned fear and UCS duration, because it was assumed that long UCSs allowed a greater delay in reinforcement than did short UCSs (in this case, the delay of reinforcement would be the interval between the onset of the CS and the termination of the UCS).

The design of the present experiment was virtually the same as the design just described. By employing the reasoning presented in these early studies, the results of the present study would have to be considered as evidence against the drive-reduction position. However, Miller (1951) suggested that the delay of reinforcement may not be the only factor which determines the efficacy of fear conditioning. For example, a long aversive UCS, through temporal summation, may be perceived by \underline{S} as being more severe than a short aversive UCS. Since in Hull's early system (Hull, 1943) the growth in habit strength was, among other things, considered to be an increasing function of the amount of drive reduction, it may then be assumed that the strength of conditioned fear is also an increasing function of the amount of drive reduction. Hence, the findings of the present study may actually be amenable to a drive-reduction interpretation. Because both the 3.0-sec. and the 10.0-sec. UCSs resulted in more fear being conditioned to the CS than did the 0.5-sec. UCS, it may be conjectured that the greater amounts of drive reduction which resulted from the termination of the two longer UCSs were enough to overcome the disadvantage of having longer delays in reinforcement.

The contiguity position was described by Mowrer and Solomon (1954) as considering fear conditioning to be "dependent upon what happens at shock <u>onset</u>" (p.16). That is,

according to Mowrer and Solomon, the same fear response becomes conditioned to the CS regardless of the duration of the UCS. If this is indeed the case, the only results which could support the contiguity position are those which show that conditioned fear is unrelated to UCS duration. Consequently, the results of the present study and those of Overmier (1966a, 1966b) do not support the contiguity position.

Chapter 5

SUMMARY

The intuitive notion that a protracted UCS should result in the conditioning of a greater amount of fear than a brief UCS has not received consistent support in the experimental literature. The purpose of the present study was to ascertain further the role of UCS duration in the conditioning of fear. The effects of three values of UCS duration were compared, namely, 0.5, 3.0, and 10.0 sec. Moreover, each UCS duration was investigated at three levels of UCS intensity, namely, 0.5, 1.0, and 3.0 ma. A between-subjects 3 by 3 factorial design was used. Thus, there were nine experimental groups. In addition, a pseudoconditioning control group was employed.

A conditioned punishment procedure was used to index the amount of conditioned fear. The <u>S</u>s, male albino rats, were first trained in an operant conditioning chamber to bar-press for food pellets. In a different apparatus, the same <u>S</u>s were given fear conditioning when a discrete CS (2.0-sec. tone) was presented prior to the onset of the UCS. Over a five-day period, a total of 25 CS-UCS pairings were administered to each <u>S</u>. The amount of fear conditioned to the CS was assessed during five subsequent 15.0-min. conditioned punishment sessions in the operant chamber when the

presentation of the CS, alone, was made contingent upon the emitting of a bar-press response by \underline{S} . It was assumed that the amount of fear conditioned to the CS was a positive function of the extent of bar-press inhibition.

The results showed that the 0.5-sec. UCS was significantly less effective in conditioning fear than both the 3.0-sec. and 10.0-sec. UCSs. The 3.0-sec. UCS and the 10.0sec. UCS did not differ significantly in their abilities to condition fear. The effects of the three UCS durations were independent of the level of UCS intensity. In agreement with the findings of previous studies, the magnitude of conditioned fear was shown to be an increasing function of UCS intensity. By the fifth conditioned punishment session, fear of the CS had, for the most part, extinguished for all of the groups. These results are amenable to a drive-reduction interpretation of how fear is acquired. They do not support a strict contiguity position as described by Mowrer (1951).

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APPENDIXES

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APPENDIX A

Table 11

Summary of the Findings of Studies Which Manipulated UCS Duration as a Parameter of Conditioned Fear

Study	UCS Durations Employed	Fear Index	Effects of UCS Durations on Fear Conditioning			
Bitterman <u>et al</u> . (1952)	0.5 sec. and 3.0 sec.	Conditioned GSR	0.5 sec. = 3.0 sec.			
Mowrer and Solomon (1954)	3.0, 4.0, 7.0, and 10.0 sec.	Conditioned Punishment	(4.0 sec. = 7.0 sec. = 10.0 sec.) 3.0 sec. (10% level of confidence)			
Overmier (1966a)	0.5 sec. and 50.0 sec.	Transfer of Avoidance Training	50.0 sec. 0.5 sec.			
Overmier (1966b)	0.5 sec. and 50.0 sec.	Transfer of Avoidance Training & Cardiac Me a - sures	50.0 sec. 0.5 sec. 0.5 sec. = 50.0 sec.			
Sawrey and Sawrey (1968)	.25 sec. and .75 sec.	Stomach Ul- ceration	.25 sec. = .75 sec.			
Strouthes (1965)	.25, .85, and 1.90 sec.	Running Speed	(.25 sec. = .85 sec.) 1.90 sec.			
Wegner and Zeaman (1958)	0.1, 2.0, 6.0, and 15.0 sec.	Cardiac Mea- sure	0.1 sec. = 2.0 sec. = 6.0 sec. = 15.0 sec			

APPENDIX B

Table 12

Orders of Presentation of the CSs and UCSs for the Control Group On Days 12-16

Day	12	Day	13	Day	14	Dav	15	Der	16
Stimulus	Time	Stimulus	Time	Stimulus	. Time	Stimulus	——— —————	Day	10
UCS	4109"	UCS	1'17"	UCS	1108"		, itile	Stimulus	3 Time
UCS	1100!	00		000	1.00	CS	3'18"	UCS	3'07"
	4.52	CD	1'40"	UCS	3'25"	CS	4'18"	UCS	5149"
UCS	6'03"	UCS	3'18"	CS	3'43"	UCS	4'31"	CS	6112"
CS	6'41"	CS	3'36"	CS	4'26"	UCS	5'02"	CS	6120"
CS	8:06"	CS	4'50"	CS	8'19"	UCS	5150"	IICG	
CS	8'19"	UCS	7'24"	CS	81251	IIOO		000	648"
CO	othall	~~		00	0.35	UCS	6'20"	UCS	8'34"
60	9.43	CS	9'42"	UCS	10'40"	UCS	8'57"	CS	9'55"
CS	10'06"	UCS	10'06"	UCS	11'51"	CS	10'57"	UCS	10157"
UCS	10'31"	UCS	12 ' 13"	CS	11'57"	CS	12140"	C C C	
UCS	12'12"	CS	12126"	IICC			±⊑ +y	. 30	11,01,
					14'03"	CS	13'26"	CS	12'26"

б

APPENDIX C

MEAN INHIBITION RATIO AS A FUNCTION OF UCS DURATION AND DAYS 12-16





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APPENDIX	D
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Number of Daily Bar-presses (Days 4-16)

				(Group:	0.5-	sec	- 0.5-	ma.					
Subject					×		Day							
	4	5	6	7	8	9	10	11	12	13	14	15	16	
1 8 11 16 50 55 72	107 118 187 113 129 115 150	81 139 88 141 98 84 129	99 149 182 138 125 145 143	103 176 166 129 141 146 142	107 186 186 136 137 148 167	117 154 178 104 142 150 172	126 183 167 77 145 132 148	130 186 187 72 158 169 174	51 176 185 64 82 28 24	118 190 203 93 120 159 165	127 220 198 92 117 165 164	123 196 191 88 153 165 172	142 186 189 111 157 166 174	
					froun.	3 0-1		- 0.5-1						
		<u></u>			Houp.	3.0-1		- 0.9-1	·····				····, /= ····=	<u> </u>
Subject							Day							
	4	5	6	7	8	9	10	11	12	13	14	15	16	
9 12 20 23 41 52	89 117 137 150 83 128	98 140 157 132 104 123	114 144 150 134 119 133	119 145 135 141 132 128	113 162 142 166 160 175	112 172 126 138 161 184	116 159 121 152 158 162	113 165 108 149 188 182	10 159 12 142 16 8	28 188 153 116 94	120 112 134 171 167 179	128 181 144 130 172 171	138 174 126 162 176 180	•

APPENDIX D (continued)

	Group: 10.0-sec 0.5-ma.														
Subject	Day														
	4	5	б	7	8	9	10	11	12	13	14	15	16		
13 26 33 36 48 53 62	128 99 102 126 155 121 127	126 137 85 133 162 77 88	126 116 118 122 186 124 117	114 107 125 139 143 146 192	123 132 109 147 192 139 164	123 130 113 139 197 130 164	160 131 134 138 207 141 175	150 137 150 151 216 160 161	129 124 60 151 21 21 20	132 121 134 169 185 120 135	136 131 152 185 209 141 156	128 125 141 170 204 148 149	150 126 159 158 206 140 139		
					Group	0.5	-sec.	1.0-	-ma.			-			
Subject	Day														
	4	5	6	7	8	9	10	11	12	13	14	15	16		
2 3 19 31 43 51	107 103 96 160 107 124 135	149 113 83 137 133 96 117	160 111 129 143 166 116 136	180 126 128 160 165 124 161	174 134 109 166 189 117 158	174 143 124 147 199 134 163	188 142 125 115 192 1 3 1 170	172 143 120 131 204 131 172	11 42 7 13 11 99 23	127 131 5 9 100 126 135	169 161 69 142 184 160 168	182 174 125 162 178 150 183	183 156 125 152 176 155 180		
APPENDIX D (continued)

				(Group:	3.0-	sec	- 1.0-	ma.					
Subject					. ``		Day							
	4	5	6	7	8	9	10	11	12	13	14	15	16	
5 37 38 40 54 58 65	75 132 170 131 139 145 144	112 133 152 151 98 150 153	131 125 132 151 110 145 167	117 103 181 140 138 134 176	122 121 168 156 151 157 185	128 127 182 162 178 150 193	139 161 190 169 189 151 194	110 137 174 162 203 158 199	4454678	2 82 82 54 113 154	1 183 3 160 138 167	2 188 166 199 153 187	5 185 162 200 155 200	
					Group:	10.0	-sec.	1.0-	-ma.					
Subject							Day							
	4	5	6	7	8	9	10	11	12	13	14	15	16	
10 21 28 39 63 67 73	96 137 121 66 119 120 105	110 140 143 107 120 78 96	99 100 161 171 142 141 121	81 137 169 113 153 141 122	109 171 179 149 164 149 137	119 157 169 152 173 164 148	107 160 165 161 168 174 158	116 170 170 155 197 162 154	3 151 6 4 37 8 5	3 163 6 178 107 57	1 176 84 2 148 146 136	0 182 166 37 127 155 168	2 165 162 134 184 170 165	

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APPENDIX D (continued)

A CONTRACTOR OF A CONTRACTOR A CONTRACTOR

					····	·····	·····							
					Group	: 0.	5-sec.	3.	O-ma.		· · · · · · · · · · · · · · · · · · ·			
Subject							Da	<u>y</u>						
	4	5	5 6	5 7	6	3	9 1	01	.1 1	.2 1	.3 1	.4 1	.5 16	5
7 22 24 27 56 61 66	123 146 138 154 122 127 93	149 192 136 149 117 108 88) 153 160 154 160 114 106 106	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	160 132 167 150 163 161 114	$ \begin{array}{cccc} 15' \\ 16' \\ 16' \\ 16' \\ 16' \\ 16' \\ 16' \\ 12' \\ 1$	$\begin{array}{cccc} 7 & 153 \\ 3 & 130 \\ 2 & 173 \\ 5 & 176 \\ 7 & 166 \\ 7 & 159 \\ 8 & 14 \\ \end{array}$	$\begin{array}{cccc} 3 & 15 \\ 5 & 14 \\ 1 & 16 \\ 6 & 18 \\ 2 & 15 \\ 9 & 17 \\ 1 & 13 \\ \end{array}$	721 5 16 0 0	3 10 6 5 4 5 4 8	5 15 6 11 5 10 3 10 2 11	2 1 16 5 18 3 15 0 14 8 12 8 12	$\begin{array}{rrrr} 4 & 103 \\ 3 & 175 \\ 1 & 184 \\ 7 & 158 \\ 6 & 149 \\ 9 & 149 \\ 7 & 149 \end{array}$	3 5 4 3 9 9
					Group:	3.0	-sec.	3.0	-ma.		· · ·			
Subject							Day							
	4	5	б	7	8	9	10	11	12	13	14	15	16	
4 15 17 18 46 57 59	115 115 136 167 137 107	126 77 151 137 166 99 148	122 125 163 152 178 118 112	116 92 147 170 189 154 162	118 121 166 173 194 152 142	122 116 178 177 191 171 155	117 125 176 171 180 145 154	124 120 179 173 171 162 114	66 74 82 12	2 36 25 148	28 72 83 1 151 4 150	93 115 88 74 172 55 152	132 108 93 131 191 127 146	·

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APPENDIX D (continued)

4.1.41

••••••••••••••••••••••••••••••••••••••								······						
				(Group:	10.0	-sec.	3.0	-ma.					
Subject					~		Day							
	4	5	6	7	8	9	10	11	12	13	14	15	16	
29 30 34 35 45 49 64	167 142 88 128 109 157 122	187 146 70 145 128 127 80	192 139 77 122 151 168 214	120 163 86 54 174 168 149	151 80 106 143 185 204 152	153 101 113 128 170 202 118	141 126 94 120 165 187 1 3 6	141 127 104 135 149 211 138	32 1 54 46 3	136 3 5 60 49 2	159 5 12 6 155 177 29	156 44 7 179 199 105	177 135 96 104 174 203 126	
				(}ro up:	Cont	rol							
Subject														
	4	5	6	7	8	9	10	11	12	13	14	15	16	
6 14 25 32 42 47 71	138 123 143 110 99 122 85	93 115 140 148 130 112 102	128 110 169 131 153 118 117	121 129 151 124 154 137 144	157 162 175 156 173 142 143	140 155 167 163 171 145 164	130 156 164 155 160 118 124	76 158 163 131 176 133 147	76 36 166 30 139 128 160	79 154 157 134 187 135 147	84 163 180 139 193 142 152	51 136 170 120 171 146 156	97 182 184 132 175 157 154	•

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APPENDIX E

	Gro	up: 0.5-s	ec 0.	5-ma.		
Subject			Dav			
	12	13	14	15	16	
1 8 11 16 50 55 72	.40 .96 1.04 .83 .57 .19 .14	.94 1.04 1.14 1.21 .83 1.06 .96	1.01 1.20 1.11 1.20 .81 1.10 .95	.98 1.07 1.07 1.14 1.06 1.10 1.00	1.131.021.061.441.081.111.01	
	Grou	up: 3.0-s	sec 0.	5-ma.		
Subject			Dav			
	12	13	14	15	16	
9 12 20 23 41 52 68	.09 .96 .10 .95 .10 .04 .10	.25 1.14 .70 1.03 .72 .52 .84	$1.06 \\ .68 \\ 1.11 \\ 1.15 \\ 1.04 \\ .98 \\ .99$	$ 1.13 \\ 1.10 \\ 1.19 \\ .87 \\ 1.07 \\ .94 \\ .95 $	1.22 1.06 1.04 1.09 1.09 .99 .96	
	Grour): 10.0-9				
Subject			Dav	·)-ma .		
	12	13	14	15	16	
13 26 33 36 48 53 62	.86 .95 .45 1.09 .10 .15 .12	.88 .92 1.00 1.22 .89 .85 .83	.91 1.00 1.13 1.33 1.01 1.00 .95	.85 .95 1.05 1.22 .98 .91 .91	1.00 .96 1.19 1.14 1.10 .99 .85	

Daily Inhibition Ratios (Days 12-16)

APPENDIX E (continued)

	Group	¢ 0.5-s	sec 1.	0-ma.		
Subject			Day			
	12	13	14	15	16	
2 3 19 31 43 51 69	.06 .29 .06 .10 .06 .70 .14	·73 ·92 ·04 1.00 ·50 ·96 ·79	·97 1.13 .56 1.08 .92 1.22 .99	1.05 1.22 1.01 1.24 .89 1.14 1.08	1.05 1.09 1.01 1.16 .88 1.18 1.06	
	Group:	3.0-s	ec 1.(D-ma.		
Subject			Day			
	12	13	14	15	16	
5 37 38 40 54 58 65	.03 .03 .03 .02 .03 .05 .04	.02 .02 .47 .05 .29 .75 .79	.01 .01 1.05 .22 .85 .91 .86	.02 .01 1.08 1.02 1.05 1.01 .96	.04 .01 1.06 1.00 1.06 1.03 1.03	
	Group:	10.0-s	ec 1.	0-ma.		
Subject			Day			
	12	13	14	15	16	
10 21 28 39 63 67 73	.03 .94 .04 .03 .21 .05 .03	.03 1.02 .04 .04 1.03 .65 .37	.01 1.10 .50 .01 .86 .89 .88	.00 1.14 .98 .24 .73 .94 1.09	.02 1.03 .96 .86 1.06 1.04 1.07	

APPENDIX E (continued)

	Group:	0.5-	-sec <u>3</u> .	0-ma.		
Subject			Day			
	12	13	14	15	16	
7 22 24 27 56 61 66	.02 .07 .04 .03 .02 .05 .03	.03 .74 .04 .03 .03 .32 .63	.01 1.11 .70 .02 .64 .65 .91	.02 1.20 1.10 .89 .93 .77 .98	.66 1.29 1.12 .90 .95 .89 1.15	
	Group:	3.0-	sec 3.0)-ma.		
Subject			Day			
	12	13	14	15	16	
4 15 17 18 46 57 59	.05 .05 .04 .02 .04 .01 .08	.02 .02 .20 .01 .14 .01 .96	.23 .60 .47 .01 .84 .02 .97	.76 .98 .49 .43 .96 .34 .99	1.08 .90 .52 .76 1.06 .78 .95	
	Group:	10.0-	sec 3.0	0-ma.		
Subject			Day			
	12	13	14	15	16	
29 30 34 35 45 49 64	.23 .01 .05 .03 .03 .03 .02	.96 .02 .03 .04 .40 .24 .02	1.13 .04 .12 .05 1.04 .88 .21	1.11 .35 .41 .13 1.20 .98 .70	1.26 1.07 .92 .81 1.17 1.00 .93	

APPENDIX E (continued)

	······································	~~~~~				
		Group:	Control			
Subject						
	12	13	14	15	16	
6 14 25 32 42 47 71	.58 .23 1.01 .19 .81 .96 1.09	.61 .99 .96 .86 1.09 1.02 1.00	.65 1.04 1.10 .90 1.13 1.07 1.03	.39 .87 1.04 .77 1.00 1.10 1.06	.75 1.17 1.12 .85 1.02 1.18 1.05	

BIOGRAPHICAL DATA

Name: Robert Anthony Ensalaco

Date and Place of Birth: April 11, 1944 Chicago, Illinois

Elementary School: Robert Louis Stevenson Melrose Park, Illinois Graduated 1958

High School: Proviso East High School Maywood, Illinois Graduated 1962

Undergraduate Work:

University of Illinois Urbana, Illinois 1962-1964

Indiana State University Terre Haute, Indiana B.S. 1968

Graduate Work:

Indiana State University Terre Haute, Indiana

Graduate Appointment:

Indiana State University Terre Haute, Indiana Graduate Assistant September, 1968 - August, 1969

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