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1 Hidden paleosols on a high-elevation Alpine plateau (NW Italy):

2 evidence for Lateglacial Nunatak?

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10

11 Abstract

12 Alpine soils can provide valuable paleo-environmental information, representing a powerful tool for 13 paleoclimate reconstruction. However, since Pleistocene glaciations and erosion-related processes 14 erased most of the pre-existing landforms and soils, reconstructing soil and landscape development 15 in high-mountain areas can be a difficult task. In particular, a relevant lack of information exists on 16 the transition between the Last Glacial Maximum (LGM ~21,000 yr BP) and the Holocene (~10,000 17 yr BP), with this climatic shift that plays a crucial role for environmental thresholds identification. 18 The present study aims at reconstructing the history and origin of hidden paleosols inside periglacial 19 blockstreams and blockfields on a high-elevation Alpine plateau (Stolenberg Plateau) above 3000 m 20 a.s.l., in the Northwestern Italian Alps. The results indicate that these soils recorded the main warming 21 climatic phases occurring from the end of the LGM until the beginning of Neoglacial (~4,000 yr BP). 22 Our reconstructions, together with the high carbon stocks of these paleosols, suggest that during 23 warming phases the environmental conditions on the Plateau were suitable for plant life and pedogenesis, already since 22,000-21,000 yr BP. These paleosols reasonably evidence the existence 24 25 of a Lateglacial nunatak representing, to our knowledge, one of the first documented relict non-glacial surfaces in the high-elevated European Alps. Thus, the Stolenberg Plateau provides important
information about past climate and surface processes, suggesting new perspectives on the long-term
landscape evolution of the high European Alps.

29

30 **Keywords:** ¹⁴C dating, δ^{13} C, blockstream/blockfield, paleoclimate, Umbrisol, relict surface

31

32 Introduction

33 High-mountain areas can preserve traces of dramatic climatic variations, representing unique geosites and "storytellers" about the past landscape dynamics (Favilli et al., 2008). However, 34 35 reconstructing soil and landscape evolution in such areas can be a difficult task because Pleistocene 36 glaciations and related processes erased most of the pre-existing landforms and soils, leading to the 37 formation of a complex mosaic of Quaternary sediments and soils of different ages (Sartori et al., 38 2001). Nevertheless, on scattered stable surfaces preserved during Pleistocene glaciations, ancient 39 soils can be locally preserved for long periods (D'Amico et al., 2016). These soils, apparently in 40 contrast with Holocene soil forming conditions, represent paleosols (when buried) or relict soils 41 (Ruellan. 1971) that constitute excellent pedo-signatures of different specific past 42 climatic/environmental conditions.

43 Relict surfaces are recognizable as flat summits and plateaus perched high above the valley floors 44 at different elevations, in which erosion and deposition processes were very limited (D'Amico et al., 45 2016), because of lateral migration of glacial masses (Carraro and Giardino, 2004). Those surfaces 46 that were not affected by the passage of glaciers experienced extreme cold conditions, which induced 47 strong frost-action processes (e.g., frost-shattering, frost sorting, frost heave, etc.) (Karte, 1983), 48 leading to the formation of periglacial features such as blockfields, blockstreams, and tors 49 (Goodfellow, 2007; Ballantyne, 2010). Because of their high stability on certain poorly weatherable materials (D'Amico et al., 2019), these Pleistocene relict periglacial landforms are considered key 50

indicators of ancient non-glacial surfaces (Goodfellow, 2007). Therefore, they have been used in paleoclimatic reconstructions, as their formation can be associated with specific past environmental conditions (e.g., Karte, 1983; Wilson, 2013; D'Amico et al., 2019). In particular, blockfields, which are usually associated with mountain summits and plateaus, have been used as paleo-indicators of nunataks (e.g., Ballantyne and Harris, 1994; Ballantyne, 1998, 2010) or non-erosive ice covers such as cold-based glaciers (e.g., Nesje et al., 1988; Kleman and Borgström, 1990; Hättestrand and Stroeven, 2002).

58 Nunataks (Dahl, 1987) are isolated hills or mountain peaks that projected above the ice shields and 59 alpine-type icecap (Fairbridge, 1968). They have been proposed as possible biological refugia during 60 glacial periods (Schönswetter et al., 2005; Goodfellow, 2007; Birks and Willis, 2008), serving as 61 sources for the rapid reoccupation of the later deglaciated landscape (Fairbridge, 1968). While several 62 studies have been focused on nunataks especially at high latitudes (e.g., Birks, 1994; McCarroll et al., 63 1995; Ballantyne et al., 1998), there is a paucity of works that have studied nunataks in the European 64 Alps (Schönswetter et al., 2005; Carcaillet and Blarquez, 2017; Carcaillet et al., 2018), likely due to 65 intrinsic difficulties in finding relict surfaces preserved from glaciations. Moreover, although many 66 studies proposed paleoclimatic reconstruction in Alpine environments, they were mostly localized at 67 elevation lower than 2200 m a.s.l. and in different climatic conditions (e.g., Kerschner and Ochs, 68 2008; Samartin et al., 2012a; Heiri et al., 2014). Furthermore, while the environmental conditions 69 from the Oldest Dryas to the Holocene are relatively well documented (e.g., Samartin et al., 2012b; 70 Cossart et al., 2012, Heiri et al., 2014), a substantial gap of paleoclimate data during the transition 71 between Last Glacial Maximum (LGM) and the Early Lateglacial still exists in the Alps, despite the 72 well reported beginning of deglaciation, which occurred no later than 22,000-18,000 yr BP (Ivy-Ochs 73 et al., 2006a; Ivy-Ochs, 2015, Monegato et al., 2017; Seguinot et al., 2018).

Based on these considerations, the object of this work is the reconstruction of the history of a highelevation Alpine plateau (Stolenberg Plateau), covered by periglacial features, located in the Northwestern Italian Alps at 3000 m a.s.l. More specifically, this work aims at investigating the age and origin of soils discovered within blockstreams and blockfields (Pintaldi et al., 2021), through the application of I) plant remains investigation (carpological approach), II) plant fragments and soil ¹⁴C dating, and III) soil δ^{13} C analysis. Moreover, based on the interpretation of the obtained results and literature data, the work aims at IV) reconstructing the possible paleoenvironmental evolution of this high-elevated periglacial landscape since the end of the LGM.

82

83 2. Materials and Methods

84 2.1 Study Area

85 The Stolenberg Plateau (3030 m a.s.l.) is located at the foot of the southern slope of Monte Rosa (4634 m a.s.l.), along the border between Valle d'Aosta and Piemonte regions, NW Italian Alps 86 87 (Long-Term Ecological Research-LTER site Istituto Mosso, 45°52'42.87"N, 7°52'0.64"E) (Fig. 1, Supplementary material 1). The Plateau has a south-east orientation and covers a surface of ca. 1.35 88 ha, with a slope angle between 0° and 13°. Meteorological parameters of the study area (air 89 90 temperature and total liquid precipitation) were recorded by the Bocchetta delle Pisse Automatic 91 Weather Station (AWS) (2401 m a.s.l., managed by ARPA Piemonte), located ca. 2.5 km east of the 92 study area (on the same slope). The temperatures at the Plateau were obtained using the standard lapse 93 rate of 6 °C km⁻¹. The mean cumulative annual snowfall was recorded by the Col d'Olen AWS (2901 94 m a.s.l., managed by the Italian Army, Comando Truppe Alpine - Servizio Meteomont), located ca. 95 500 m south-east of the Plateau. The LTER area has a total annual precipitation of ca. 1300 ±270 mm 96 (1997-2019) at 2400 m a.s.l., with a winter minimum and a late spring-summer maximum. The 97 Plateau has a mean annual air temperature of -2.4 ± 0.7 °C (1988-2019) and a mean summer (June, 98 July, August) air temperature of 4.4 ± 1.3 °C; July is the warmest month, with a mean air temperature 99 of 5.2 \pm 2.7 °C. The mean annual liquid precipitation is ca. 358 \pm 86 mm (1997-2019) while the mean 100 cumulative annual snowfall is ca. 800 ± 143 cm, with a snow cover lasting for at least 8 months (2008-101 2019).

102 The Plateau is covered by a thick layer of stones of variable size (from decimetric to metric), well 103 organized in autochthonous blockfields, blockstreams/sorted stripes, gelifluction lobes, tilted stones, 104 and weakly developed sorted circles (Pintaldi et al., 2021). No glacial striations or roches moutonnées 105 have been detected on the few highly fractured rock outcrops. The parent material is composed of 106 gneiss and mica-schists (Monte Rosa nappe, Pennidic basement), and metabasites (Zermatt-Saas unit) 107 (Tognetto et al., 2021). The vegetation cover, which is almost absent or confined to small patches, 108 reaching no more than 5% of the Plateau surface, is composed of alpine species such as Silene acaulis, 109 Carex curvula, Salix herbacea in the vegetated patches, while Festuca halleri, Poa alpina, 110 Ranunculus glacialis, Leucanthemopsis alpina, Cerastium uniflorum, Oxyria digyna and a few other 111 scattered species grow also in the stone-covered area. No relevant permafrost bodies have been detected in the site, even though some permafrost patches cannot be excluded (Pintaldi et al., 2021). 112 113 The ground surface thermal regime monitoring (2019-2020) showed no significantly negative soil 114 temperatures under the blockstreams (Supplementary material 2, Fig. S1,2). However, during the 115 snow-free season, soil temperatures under these periglacial features were colder than in nearby 116 snowbed soils covered by vegetation (Supplementary material 2, Fig. S3, Tab. S1).

117

118 2.2. Soil characteristics

119 In 2017, during operational activities for constructing a new cableway station on the Plateau, three 120 soil trenches were opened in the construction area close to the protected geosite (soil profiles P1, P2, 121 and P3 in Fig. 1), revealing surprisingly well-developed soils under the stony cover. These soils were 122 characterized by dark and thick organic C-rich A horizons (Fig. 2,3,4), and were classified as Skeletic 123 Umbrisol (Arenic, Turbic), according to IUSS Working Group WRB (2015). Soil texture was 124 generally loamy sand or sandy loam, pH (measured in H₂O) values were extremely to moderately 125 acidic and carbonates were absent. Total Organic Carbon (TOC) content reached maximum values of ca. 20 g kg⁻¹ in the A horizons of profiles P1 and P2 and over 10 g kg⁻¹ in profile P3; the soil C 126

127 stocks (up to ~ 5 kg m⁻²) were comparable to vegetated or even forest soils, despite the extremely 128 sparse vegetation cover (Pintaldi et al., 2021). Geophysical investigations indicated that these hidden 129 soils were widespread on the Plateau. The detailed description of the soil profiles, as well as their 130 physical and chemical properties, distribution and thickness, are reported in Pintaldi et al. (2021).

131

132 **2.3. Plant remains analysis**

133 The presence of few plant fragments mixed within the soil material was observed within soil 134 samples collected from the umbric A horizons in the soil profiles. In order to isolate and identify the 135 plant fragments within soil matrix, to reconstruct the possible past vegetation of the Plateau, a 136 carpological approach was adopted, starting from the assumption that plant material contained in paleosols may preserve the main features of soil "seed banks" (Ter Heerdt et al., 1996). Furthermore, 137 138 the investigation was applied on two additional soil samples collected deep inside a soil-filled rock 139 wedge (a vertical fracture in the substrate filled with vertically stratified soil materials, likely formed 140 by freeze-thaw action), at 3 m depth (Fig. 5) along the southern border of the plateau (site "Wedge" 141 in Fig. 1). We used the standard method (Supplementary material 3) for extraction of seeds and fruits 142 from deep time sediments (e.g., Martinetto, 2009; Martinetto and Vassio, 2010), because recent 143 experiences (Bertolotto et al., 2012) on a few soils showed that this was effective.

144

145 2.4. Plant fragments and soil ¹⁴C dating

Radiocarbon dating (¹⁴C) was performed on six plant fragment samples, accurately selected after the carpological investigation: five samples, consisting of recognizable but fossil-resembling plant fragments (dark coloured, mineral coatings), were obtained from soil samples collected in the umbric A horizons (usually in the 0-10 cm layer); one sample, consisting of unrecognizable plant fragments (strongly decomposed), derived from soil samples collected in the soil wedge at 3 m depth. Furthermore, ¹⁴C radiocarbon dating was performed on ten soil samples, nine of which selected from

152 soil profiles: two from profile P1 (1,2), four from P2 (7,8,9,9bis) and three from P3 (2,3,5) (Fig. 1); 153 one sample was collected in the only fully vegetated patch of the plateau (P4), at 10-20 cm depth (A horizon) (Fig. 1). The radiocarbon dating was performed at CEDAD, the Centre for Applied Physics, 154 155 Dating and Diagnostics, Department of Mathematics and Physics "Ennio de Giorgi" - University of 156 Salento, Lecce, Italy, using radiocarbon accelerator mass spectrometry (AMS) analysis (Calcagnile 157 et al., 2005) and the standard preparation methods (D'Elia et al., 2004). Radiocarbon dates of soil 158 samples were calibrated in calendar age by using the software OxCal Ver. 3.10 (Supplementary 159 material, Figs. S4-S14), based on atmospheric data (Reimer et al., 2013). Further methodological details can be found in Supplementary material 4. 160

161

162 **2.5 Soil** δ^{13} C stable isotope signature

To verify the typical δ^{13} C signature of present-day vegetated soils in the study area, which clearly 163 reflects the existing vegetation (Meyer et al., 2014), soil samples were collected from the A horizons 164 165 of five vegetated permanent study areas at slightly lower elevation in the LTER site (2750-2900 m 166 a.s.l., Supplementary material 5). Moreover, the analysis was performed on fourteen selected soil 167 samples (A horizons) from the Plateau (Supplementary material 5). Samples were air-dried, sieved to 168 2 mm and checked using stereomicroscope to eventually remove macro-contaminants. Then samples were ground and sieved to 0.5 mm. The δ^{13} C signature of total organic carbon (due to the absence of 169 170 carbonates) was directly determined using an Isoprime 100 continuous flow stable isotope mass 171 spectrometer coupled to a Vario Isotope Select elemental analyzer (EA-IRMS; Elementar 172 Analysensysteme GmbH, Hanau, Germany) and expressed in parts per thousand (‰) relative to the 173 international standard Vienna Pee Dee Belemnite (VPDB) (further methodological details in 174 Supplementary material 5). Significant differences (*p*-value < 0.05) in δ^{13} C values between present-175 day vegetated soils and soils under periglacial features were evaluated through one-way analysis of

variance (ANOVA) combined with Tukey HSD test. Statistical analyses were performed using R
software, v. 3.6.0 (R Core Team, 2019).

178

179 **3. Results**

180 **3.1. Plant remains and ¹⁴C dating**

181 The quantity of plant fragments found in the soils was very scarce, representing a negligible fraction compared to the soil matrix. However, they were composed of remains with definite 182 183 morphologies, including cm-sized leaves (consisting mainly of well-preserved and recognizable specimens of Salix herbacea, Cerastium uniflorum and Poaceae sp.) and mm-sized fruits and seeds, 184 185 which have been mostly identified as belonging to taxa growing today in surrounding snowbed areas 186 and in the small vegetated patch on the Plateau (Tab. 1, Fig. 1). Only in sample F, which was collected 187 inside the wedge (Fig. 5), the degree of decomposition was much higher, so that the morphology of 188 larger plant fragments was vague and not recognizable. Only a few tiny fruits and seeds still had 189 diagnostic morphologies and allowed the identification of some plant taxa (Tab. 1) Concerning 190 radiocarbon dating, the plant fragment samples were all modern (after 1950 AD, Tab. 2), except the 191 strongly decomposed sample F, which was dated back to 1,824-1,594 yr cal. BP.

192

193 **3.2. Soil Organic Matter** ¹⁴C dating and δ^{13} C signature

Unlike plant fragments, the results from AMS on soil samples revealed a wide range of ages, covering several thousands of years and different well-distinct climatic periods, between ca. 22,000-21,000 yr and 4,400-4,100 yr cal. BP (Tab. 2). All radiocarbon dates were rounded and here presented as calibrated radiocarbon ages (yr cal. BP = years before 1950 A.D.). In P1 the age of soil samples was related with depth, in fact the oldest samples P1-1, dated between 8,782 and 8,412 yr cal. BP, was located close to the lower boundary of the umbric A horizon, while the youngest one (P1-2), dated between 5,735 and 5,589 yr cal. BP, was located close to the surface stones-soil interface (Fig. 201 2). In P2 the age of the samples was not related to depth: the oldest sample P2-9, dated between 202 17,584-16,985 and 18,148-17,719 (P2-9bis) yr cal. BP (values obtained from two independent and blind datings performed in different moments), was located close to the surface stones-soil interface, 203 204 while the stable organic C in C-rich cryoturbated patches (P2-7), located close to the lower boundary 205 of the umbric A horizon, was much younger (6,506-6,306 yr cal. BP) (Fig. 3); the central and rather 206 homogeneous part of the A horizon (P2-8) dates back to 8,561-8,300 vr cal BP. In P3 the age of the 207 samples was not related to depth as well: the oldest samples P3-2 and P3-3, dating back to 18,921-208 18,518 and 22,145-21,427 yr cal. BP respectively, were taken from homogeneous materials in the 209 central part of the umbric horizon, while a younger radiocarbon age was obtained in the deeper part 210 of the A horizon, close to the lower boundary (sample P3-5), dating back to 13,306-13,076 yr cal. BP (Fig. 4). The youngest soil sample, P4, taken from the A horizon in the currently fully vegetated 211 212 patch, was dated between 4,360 and 4,090 yr cal. BP (Tab. 2).

The δ^{13} C signature of present-day vegetated soils provided by EA-IRMS ranged between -23.3 (Site 1) and -25.7 ‰ (Site 3), with a mean value of -24.2 ‰ (+/-1.1) (Tab. 3). The δ^{13} C of soil samples from the plateau showed very similar values, ranging between -23.5 (P3-3) and -24.7 ‰ (P1-1), with a mean of -24.1 ‰ (+/- 0.4), while the soil sample collected from the vegetated patch (P4) had a slightly greater value of δ^{13} C of -22.7 ‰ (Tab. 3). No significant differences were detected between present-day vegetated soils and soils under periglacial features (Supplementary material, Fig. S15).

220 **4. Discussion**

221 4.1 Plant fragments ¹⁴C dating

The plant fragment samples were generally modern (Tab. 2), except sample F, which was dated between 1,824 and 1,594 yr BP, corresponding therefore to the small warm phase occurred during the Roman time (Mercalli, 2004). The strong difference in age between sample F and the other samples was already reflected in the different degree of decomposition, as the larger plant fragments 226 in sample F were not recognizable. This sample, collected at ca. 3 m depth below the present-day 227 surface inside a rock wedge, evidenced strongly active periglacial processes, sufficient to activate the rock wedge and thus its filling by surface soil material in the following centuries. This indicates that 228 229 cryoturbation processes acted across millennia, strongly mixing plant fragments within the soil 230 matrix, until they became unrecognizable. The presence of modern plant fragments within the soil 231 matrix, although very scarce, can be explained mainly by the aeolian transport from the surrounding 232 vegetated surfaces. The plant material could have been trapped by the stone layer and moved towards 233 the soil surface through the large spaces between the rocks. Alternatively, a small input from the 234 sporadically occurring vegetation growing within the stones may have contributed.

235

236 4.2 Soil ¹⁴C dating

237 Radiocarbon dating of soils and sediments can be problematic due to the presence of pre-aged carbon (e.g., Lowe and Walker, 2000; Pessenda et al., 2001; Thorn et al., 2009) or fresh/allochthonous 238 239 organic matter (Wang et al., 1996; Tonneijck et al., 2006). Therefore, terrestrial plant macrofossils have been considered the most reliable material for ¹⁴C dating (Lowe and Walker, 2000; Hatté et al., 240 241 2001). However, the fossil record of the Alpine flora is generally scarce due to the lack of conditions 242 suitable for the accumulation of macro-remains at the highest elevations (Lang, 1994). If materials 243 such as charcoal, wood, or other plant macrofossils (Muhs et al., 2003) are lacking, dating of soils or 244 sediments is generally accepted (Wang et al., 2014), especially in specific sites and under certain conditions (Lowe and Walker, 2000). Thus, the interpretation of ¹⁴C dates must be adapted to the 245 246 specific soil ecosystem under study (Tonneijck et al., 2006).

Differently from plant samples, datings of the soil samples collected from the Plateau covered an extended time interval, involving both Pleistocene and Holocene epochs. If some kind of very oldaged material (i.e. from LGM or even older) was deposited on the Plateau surface, it should have been deposited also on the nearby glacier surfaces. However, similar old-aged organic materials have 251 never been detected in the well-studied Monte Rosa glaciers (Jenk et al., 2009; Thevenon et al., 2009). 252 Currently, the oldest date obtained from an ice core, collected at ~80 m depth on the nearby Colle Gnifetti, was around 15,000 yr (Jenk et al., 2009). In the European Alps, on glacier surfaces, the most 253 254 important source for the deposition of already aged organic materials is soil dust (Hoffman, 2016), a large part of which is originated from Saharan dust storm (e.g., Wagenbach and Geis, 1989; 255 256 Wagenbach et al., 1996; Hoffman, 2016). The age of organic matter in these atmospheric depositions 257 range between 1,000 and 5,000 yr (Eglinton et al., 2002; Jenk et al., 2006), with a mean of ca. 2,500 258 (Hoffman, 2016). Finally, the contribution of anthropogenic emissions was also considered as a 259 possible cause for the aging of samples (Jenk et al., 2006), the so-called Suess effect (Suess, 1955). 260 However, this effect is generally negligible on the samples older than 2,000-5,000 yr BP (Graven et 261 al., 2015; Köhler, 2016). Therefore, most of our samples, especially the oldest ones, were out of the 262 range of influence of the Suess effect.

Based on the previous considerations, our soil samples cannot therefore be influenced by other than local organic carbon sources (i.e. vegetation grown during warming phases). Furthermore, the soil texture of the paleosols at the Stolenberg Plateau was loamy sand or sandy loam and no differences were found among profiles and between surface and deep samples (Pintaldi et al., 2021), thus rejecting also the hypothesis of a Loess deposition, which is otherwise mainly composed of siltsized material dominated by quartz (Smalley et al., 2006), but could also include organic matter.

These soils could have experienced several different climatic conditions, retaining information about past climates, ranging from the end of the LGM (Ivy-Ochs, 2015) to the beginning of the Neoglacial (Orombelli et al., 2005). All the detected ages matched exactly and exclusively with the main warming phases/interstadials occurring from the LGM until the transition between the Holocene Climatic Optimum (HCO) and the Neoglacial (Deline and Orombelli, 2005; Ivy-Ochs et al., 2009), whereas no soil samples from cold phases/stadials were detected (further details in chapter 5).

The surface position of the oldest samples and the general inversion of the typical age-depth relationship can be explained by the strong cryoturbation processes occurring on the Plateau, 277 especially during the cold climatic phases. Indeed, cryoturbation processes mix and displace soil 278 horizons (Bockheim and Tarnocai, 1998; Pintaldi et al., 2016), redistributing organic matter (e.g., van 279 Vliet-Lanoë et al., 1998; Hormes et al., 2004; Bockheim, 2007). Furthermore, other works reported 280 inverted soil age-depth relationship (e.g., Carcaillet et al., 2001; Favilli et al., 2008; Egli et al., 2009; 281 Serra et al., 2020), as the young and contemporary carbon can be transported by soil turbation 282 processes, such as cryoturbation and bioturbation, thus contributing to the rejuvenation of the subsoil 283 (Scharpenseel and Becker-Heidmann, 1992; Rumpel et al., 2002; Favilli et al., 2008). Besides the 284 well-developed periglacial features, cryoturbation processes were also evidenced by the internal soil 285 morphology, which showed inclusions of surface A-horizon materials at depth, as well as strong 286 convolutions and block displacement above wedges (Pintaldi et al., 2021).

287 Remarkably, ages similar to the ones of our oldest samples have never been detected in soils at 288 such high-elevated ecosystems in the European Alps. For instance, Baroni and Orombelli (1996) 289 found a Cambisol with buried A horizons at Tisa Pass (3200 m a.s.l.), but with a radiocarbon age of around 6,400-6300 yr BP, while Orombelli (1998) obtained an age up to ca. 9,000 yr BP (2500 m 290 291 a.s.l.) for the Rutor Peat Bog. As reported by Ivy-Ochs et al. (2008), the oldest date yet obtained for 292 an ice-free Swiss foreland is 17,000-18,000 yr, although it is a minimum age, because pinpoint the 293 timing during this period, using radiocarbon age, remains difficult due to the lack of organic material 294 (Kerschner and Ivy-Ochs, 2008), which is rare and often reworked (Ivy-Ochs et al., 2008). Glacier 295 basal sediments at the Jamtalferner and Stubai glaciers (Austria) had ages around 17,000 and 22,000 296 yr BP, respectively (Hoffman, 2016). Furthermore, although at lower elevation (2100 m a.s.l.), Favilli 297 et al. (2008, 2009) obtained comparable ages (17,000-18,000 yr BP) for an Entic Podzol, in the alpine 298 belt in NE Italy. Other comparable radiocarbon ages (~21,000 yr BP) were reported by Carcaillet and 299 Blarquez (2017) for a tree refugium at ~2200 m a.s.l., in the Western Alps.

300

301 **4.3 Soil** δ^{13} C signature

The soil δ^{13} C signatures are frequently used to reconstruct plant community history and the sources 302 of soil organic carbon (Bai et al., 2012). As plant residues enter the soils, their δ^{13} C values may be 303 304 modified slightly from their original values by isotope fractionation associated to preferential C mineralization (Bai et al., 2012). The overall δ^{13} C signature of present-day vegetated soils obtained 305 306 by the stable isotope analysis, was comparable to those reported for soils and alpine vegetation in high-elevation ecosystems (Bird et al., 1994; Körner et al., 1991, 2016; Körner, 2003). The δ^{13} C 307 308 signatures of soils under periglacial features corresponded very well with those of present-day 309 vegetated soil (Tab. 3), thus indicating that the soil organic carbon probably originated from alpine 310 plants with the same isotopic signature of present-day vegetation. Furthermore, studies conducted by 311 Colombo et al. (2020) on a nearby rock glacier at ~2700 m a.s.l., indicated δ^{13} C values of surrounding vegetated soils (-24.5 %) very similar to those of the Plateau, while the δ^{13} C signature of the active 312 313 rock glacier soil, characterized by cold ground thermal regimes, coarse debris cover, and extremely 314 reduced plant cover, increased considerably (ca. -18 ‰). Thus, the overall correspondence of the δ^{13} C 315 signatures between present-day vegetated soils and paleosols under periglacial features suggested a 316 common origin of the soil organic carbon from very similar alpine flora.

317

318 5. Historical and paleoenvironmental setting

In Fig. 6 we propose a conceptual model reporting a tentative paleoenvironmental reconstruction of the Stolenberg Plateau. Despite uncertainties, we believe that it may facilitate the interpretation of our data and also the generation (and testing) of the different hypotheses, as it includes and coordinates the different evidences we collected.

The LGM (Fig. 6A1-B1) ended around 22,000-19,000 yr BP (Ivy-Ochs et al., 2006a; Gianotti et al., 2015; Ivy-Ochs, 2015; Monegato et al. 2017), during which transection glaciers, flowing into valley systems, characterized the Western European Alps (Kelly et al., 2004). The mean air temperature was ~12 °C lower than present day in the European Alps (Peyron et al., 1998; Becker et al., 2016) and the mean July air temperature was likely around -4/5 °C on the Plateau (cf. Renssen et
al., 2009; Samartin et al., 2012a,b; Heiri et al., 2015). Considering the lack of soil samples older than
ca. 22,000 yr and the inferred cold conditions during LGM, together with the strongly weathered,
autochthonous soil and stone materials, we can hypothesize the presence of a barren cryoturbated
surface or of a small cold-based "ice cap" covering the Plateau (Fig. 6A1-B1).

332 Our oldest ¹⁴C datings (P3-2, P3-3, P2-9, and P2-9bis) span from 22,000 to 17,000 yr BP, falling 333 exactly during a period of massive downwasting of transection glaciers (Early Lateglacial Ice Decay-334 ELID) (e.g., Ravazzi, 2005; Ivy-Ochs et al., 2006a, 2008; Monegato et al., 2007; Reitner, 2007; 335 Wirsig et al., 2016). Glacial shrinking also occurred at high elevations (Dielfolder and Hetzel, 2014), 336 with some mountain peaks, around 2300-2600 m a.s.l., protruding out of the ice surface (Wirsig et 337 al., 2016). The ELID occurred on both sides of the Alps due to significant rise in air temperatures 338 (e.g., Huber et al., 2010; Schmidt et al., 2012; Samartin et al., 2012a,b). Assuming a pronounced 339 climate continentality (Jost-Stauffer et al., 2001; Ivy-Ochs et al., 2009), summer air temperatures 340 were likely similar to the ones inferred for the Bølling-Allerød interstadial (e.g., Huber et al., 2010; 341 Samartin et al., 2012a,b; Schmidt et al., 1998, 2012). In addition, soil surface temperatures in alpine 342 environments during summer are generally 2-4 °C above the air temperatures (Scherrer and Körner, 343 2010), indicating that life conditions of alpine organisms growing on the soil surface can be strongly 344 decoupled from conditions in the free atmosphere, particularly on south oriented surfaces like the 345 Plateau (e.g., Scherrer and Körner, 2010). Our ancillary measurements confirmed that the mean 10 cm depth soil temperature during summer was ~3 °C warmer than air temperature on the Plateau 346 (vegetated patch GST2), while at slightly lower elevation soil temperatures was 1-3 °C warmer 347 348 (Supplementary material 2, Tab. S2). Therefore, the Stolenberg Plateau was likely ice-free since 349 ~22,000-21,000 yr BP, i.e. the (micro)climatic conditions were probably suitable for pedogenesis and 350 growth of some vegetation (Fig. 6A2,3-B2,3).

No radiocarbon ages were detected in our soils between ~17,000 yr BP and ~14,700 yr BP, which
was a period (Gschnitz stadial or Oldest Dryas; Walker et al., 1999; Ivy-Ochs et al., 2006b, 2008)

characterized by a decrease of both temperatures and precipitations, with values 8.5-10 °C and 25-50
% lower than the respective modern values (Ivy-Ochs et al., 2006a,b; Kerschner and Ivy-Ochs, 2008;
Ivy-Ochs, 2015). These cold climatic conditions allowed a readvance of mountain glaciers (Kerschner
et al., 2002; Ivy-Ochs et al., 2006a,b, 2008). Thus, it is probable that the environmental conditions on
the Plateau were not suitable to sustain plant life and pedogenesis, while they favored strong frostaction processes which led to the activation of periglacial features (Goodfellow, 2007; Ballantyne,
2010) (Fig. 6A4-B4).

360 The age of the P3-5 sample, dated between 13,306 and 13,076 yr cal. BP, matched perfectly with 361 a warm period occurred between ~14,700 and 12,900 yr BP, corresponding to the Bølling-Allerød 362 interstadial (Rasmussen et al., 2006; Ivy-Ochs et al., 2008; Dielfolder and Hetzel, 2014). A strong rise in the mean annual air temperatures was inferred (ca. 3 °C), with respect to the Oldest Dryas, 363 causing the melting of valley glaciers (e.g., Ravazzi, 2005; Vescovi et al., 2007; Dielfolder and 364 365 Hetzel, 2014). Other studies indicated even greater rises in temperature, ~3-4 °C (Larocque-Tobler et al., 2010) and ~5 °C (Renssen and Isarin, 2001). The mean July temperature at the Plateau, during 366 367 this period, may have been higher than 3 °C (cf., Heiri and Millet, 2005; Samartin et al., 2012a,b; 368 Dielfolder and Hetzel, 2014). Thus, the summer climate could have been suitable again for 369 pedogenesis and plant life (Fig. 6A5-B5).

After the Bølling-Allerød, a general worsening of climate conditions occurred, leading to another cold phase, the Younger Dryas, also called Egesen Stadial (Ivy-Ochs et al., 2006b, 2008), which lasted until 11,700 yr BP. The summer temperatures were 3.5-4 °C lower, while precipitation was reduced by 10 to 30% compared to modern values (Kerschner et al., 2000, Kerschner and Ivy-Ochs, 2008). Again, on the Plateau, no soil radiocarbon ages were detected from this cold period, as the environmental conditions likely favored frost-action processes rather than pedogenesis, probably leading to a new expansion of periglacial features (Fig 6A6-B6).

The ages of four soil samples (P1-1, P1-2, P2-7, and P2-8) span from 8,700 to 5,700 yr BP, corresponding to the warm Holocene Climatic Optimum (HCO), occurred between 10,000 and 5,000 379 yr BP (Mercalli, 2004; Orombelli, 2011). In this period a ~3-4 °C temperature increase was estimated 380 with respect to the Younger Dryas (e.g., Tinner and Kaltenrieder, 2005; Ilyashuk et al., 2009; 381 Larocque-Tobler et al., 2010; Samartin et al., 2012b). Glaciers were probably smaller than present 382 day during the height of the HCO (e.g., Ivy-Ochs et al., 2009; Orombelli, 2011; Grämiger et al., 2018; 383 Bohleber et al., 2020). Mean air temperature was up to 1-2 °C warmer with respect to the present-day 384 values in the European Alps (e.g., Grove, 1988; Nesje and Dahl, 1993; Antonioli et al., 2000; Ivy-385 Ochs et al., 2009) and the inferred July temperature at the Plateau may have reached values around 386 6-7 °C (or even more) (cf. Ilyashuk et al., 2009; Samartin et al., 2012b), therefore above present-day 387 values (cf., Birks and Willis, 2008; Ilyashuk et al., 2009; Samartin et al., 2012b). This likely led to 388 conditions suitable for plant life (Fig. 5A7-B7).

The age of our youngest sample (P4), dated 4,360-4,090 yr BP, corresponded with a period of 389 390 climate stability or slight cooling encompassed between 5,000 and 4,000 yr BP, after which a strong 391 decrease in temperature was estimated (Heiri et al., 2015), which led to Alpine glacier expansion 392 from 3,300 yr BP (Ivy-Ochs et al., 2009); this period has been called Neoglacial (Deline and 393 Orombelli, 2005; Orombelli, 2005). After 3,300 yr BP, colder climatic conditions caused prolonged 394 and frequent glacier advances, leading finally to the Little Ice Age (LIA, 1300-1850 A.D.) (Ivy-Ochs 395 et al., 2009). During this last and prolonged cold phase, no soil radiocarbon ages were detected at the 396 Plateau, apart from highly weathered plant fragments collected deep inside the rock wedge. The frost 397 action likely prevailed, causing the final expansion of the periglacial features and the complete 398 covering of the Plateau (Fig. 5A8-B8), while few plants could thrive without being able to leave 399 measurable amounts of organic matter in the soil horizons.

400

401 **6. Nunataks: yes or no?**

402 The nunatak theory hypothesizes that unglaciated reliefs in glacial and periglacial areas acted as a 403 refugium for isolated colonies of microorganisms, plants, and animals which survived the rigorous 404 condition of the last glacial times for a few thousand years (Fairbridge, 1968; Dahl, 1987). These 405 nunataks could have served as center for the recolonization of the later deglaciated landscape 406 (Fairbridge, 1968). However, clear evidence for in situ survival of alpine floras on nunataks in the 407 Alps during the last ice age are rather limited (e.g., Stehlik, 2002; Schönswetter et al., 2005; Carcaillet 408 and Blarquez, 2017; Carcaillet et al., 2018) and subjected to a heated debate (e.g., Gugerli and 409 Holderegger, 2001; Carcaillet and Blarquez, 2019; Finsinger et al., 2019). The existence and 410 identification of such refugia during glacial or interglacial stages has been a topic of active research 411 for decades (Hampe et al., 2013). The recolonization of the Alps would have started not only from 412 peripheral refugia, but also from areas within the ice sheet (Schönswetter et al., 2005), where isolated 413 nunataks could have been sources and targets as well of species immigration and establishment (Paus 414 et al., 2006). Indeed, barren substrate or saprolite (Goodfellow, 2007), exposed just after glacier 415 retreat (Fig. 6A2-B2), could become targets of autotrophic organisms (e.g., algae, mosses, lichens, 416 higher plants), starting the process of primary succession (Bardgett et al., 2007). Thus, nunataks may 417 have been indeed inhabited for several thousand years during the last glaciation (Gugerli and 418 Holderegger, 2001), before the surrounding lowlands became deglaciated and invaded by organisms 419 in the early Holocene. Remarkably, the Plateau location matched exactly with an area assumed to be 420 a potential refugia for the survival of high-elevation plants on ice-free mountain tops within the 421 strongly glaciated central parts of the Alps, particularly among the north of the Aosta Valley (NW-422 Italy) and south Valais, and within the mountain ranges of Monte Rosa (Stehlik, 2002; Schönswetter 423 et al., 2005; Kosiński et al., 2019).

Based on the results reported here and the presence of strong geomorphological evidences (i.e. periglacial features such as blockstreams/blockfields), as well as the overall specific morphology, aspect and position, the Stolenberg Plateau is thought to represent a Lateglacial Alpine Nunatak, on which specific pedoclimatic conditions could have been suitable for alpine plant life already since 22,000-21,000 yr BP. As sometimes observed at high elevation at present day (e.g. *Saxifraga oppositifolia* growing at 4500 m a.s.l. near the summit of Dom in Switzerland, Körner, 2011), soil/substrate temperatures can be increased by solar surface warming in specific protected sites. This
is particularly true where adiabatic winds, topography, local rock warming effect (Carturan et al.,
2013), long-wave radiation from nearby rocky walls (i.e., the Mt. Stolenberg rock wall), and mass
elevation effect (e.g. Monte Rosa Massif) (Samartin et al., 2012a), favor specific and stable
microclimate features (e.g., Stewart and Lister, 2001), allowing the formation of the nunatak
conditions.

436

437 **6. Conclusion**

438 In the severe periglacial environment of the Stolenberg Plateau, at 3030 m a.s.l., thick and well-439 developed Umbrisol were detected inside periglacial features (blockstreams/blockfields). As previously reported in Pintaldi et al (2021), these soils, despite the large stony cover and the scattered 440 441 vegetation, showed carbon stocks comparable to alpine tundra or even forest soils. Radiocarbon dating and soil δ^{13} C signatures indicated that these hidden soils were paleosols that recorded 442 443 exclusively the main warming phases occurring since the end of LGM until the beginning of 444 Neoglacial. This finding suggests that the environmental conditions on the Plateau were suitable for 445 alpine plant life and pedogenesis, already since the end of LGM. Our results, coupled with the inferred 446 paleoclimate reconstruction, indicate that the Stolenberg Plateau can be considered a direct evidence 447 of a Lateglacial Alpine Nunatak, representing therefore a valuable natural and historical archive for 448 unravelling the post-LGM history of the high-elevation landscape of the European Alps.

449

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809 Figures



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Figure 1. (a) Location of the study area in the NW Italian Alps (www.pcn.minambiente.it) and overview of the study area (orthoimage Piemonte Region, year 2010) (coordinate system WGS 84 / UTM zone 32N); green forms indicate the location of the three soil profiles (P1, P2, P3) and the vegetated patch (P4); yellow polygon indicates

- 814 the location of the soil-filled wedge. (b) View of the Plateau from the base of the Mt. Stolenberg (photo by M.
- 815 D'Amico). (c) View of the Plateau (photo by M. D'Amico).





- 816 817 818 819 Figure 2. Soil profile P1, with the corresponding scheme (below) reporting sampling points (number), the horizon limits (lines therein), and the age of soil samples (ka cal. BP). P1-1 and P1-2 were analyzed for 14 C (Tab. 2) and δ^{13} C
- 820 (Tab. 3).



821 822 823 824 825 Figure 3. Soil profile P2, with the corresponding scheme (below) reporting sampling points (number), the horizon limits (lines therein), and the age of soil samples (cal. ka BP). P2-7, P2-8, and P2-9 (and P2-9bis, not shown in the figure) were analyzed for ¹⁴C (Tab. 2); P2-7, P2-8, P2-9 (and P2-9bis), P2-13, and P2-15 were analyzed for δ^{13} C (Tab. 3).





- 827 828 829 Figure 4. Soil profile P3, with the corresponding scheme (below) reporting sampling points (number), the horizon limits (lines therein), and the age of soil samples (ka cal. BP). P3-2, P3-3, and P3-5 were analyzed for ¹⁴C (Tab. 2); P3-
- 1, P3-2, P3-3, P3-4, and P3-5 were analyzed for $\delta^{13}C$ (Tab. 3).



Figure 5. The soil-filled rock wedge along the southern border of the Plateau and detail of the sampling site.



Figure 6. Tentative paleoenvironmental reconstruction of the Stolenberg Plateau based on the findings in this paper 839 and on literature reported in the text. (1) Reference timeline from LGM to present day: blue colors indicate cooling 840 phases, orange ones warming phases, the light blue segment (on the right) indicates a period of progressive cooling 841 occurred at the beginning of Neoglacial phase; red segments indicate the age of soil samples reported in table 2. (2) 842 Corresponding visual of the Plateau during the different phases: letters A (A1, A2, etc.) are the frontal views, B ones 843 are the planimetric views. Details in the text.

Tables 844

Profile samples				
Family/Genus/Species	N°	Frequency		
	(seeds/fruits/leaves)	(%)		
Asteraceae indet.	1	0.3		
Brassicaceae indet.	1	0.3		
Carex parviflora	<u>l</u>	0.3		
Carex myosuroides	1	1.9		
Cerastium sp.	16	4.4		
Cerastium uniflorum	90	24.6		
<i>Cirsium</i> sp.	1	0.3		
Crepis sp.	1	0.3		
Draba sp.	1	0.3		
Gentiana gr. verna	1	0.3		
Juncus sp.	1	0.3		
Leucanthemopsis alpina	1	0.3		
Minuartia sp.	23	6.3		
Oxyria digyna	1	0.3		
<i>Poaceae</i> sp.	75	20.5		
Potentilla sp.	1	0.3		
Salix cf. herbacea	103	28.1		
Saxifraga oppositifolia	10	2.7		
Sibbaldia procumbens	1	0.3		
Silene acaulis	27	7.4		
Taraxacum cf. alpinum	2	0.5		
cf. Vaccinium uliginosum	1	0.3		
ТОТ	366	100.0		
We	dge sample (F)			
Family/Genus/Species	N°	Frequency		
Tuniny/ Genus/ Species	(seeds/fruits/leaves)	(%)		
cf. Artemisia	1	5.9		
Carex myosuroides	1	5.9		
Cerastium sp.	1	5.9		
Juncus sp.	1	5.9		
Poaceae indet.	8	47.1		
Primulaceae	1	5.9		
Selaginella selaginoides	1	5.9		
Silene acaulis	1	5.9		
Taraxacum cf. alpinum	1	5.9		
cf. Vaccinium uliginosum	1	5.9		
ТОТ	17	100.0		

846 847 848 Table 1. Results of the carpology investigation: identified plant taxa within soil samples collected from the Umbric horizons in the soil profiles and from the soil-filled rock wedge.

Lab. Code	Sample ID	TOC (g/kg)*	Туре	Radiocarbon Age (yr BP)	Cal. Radiocarbon Age (yrs cal. BP) (confidence level 2σ)	Phase
LTL19173A	P1-1	19.0	Soil	7798 ± 75	8782-8412 (92.1%)	НСО
LTL19174A	P1-2	10.8	Soil	4918 ± 45	5735-5589 (95.4%)	НСО
LTL19175A	P2-7	20.5	Soil	5639 ± 45	6506-6306 (95.4%)	НСО
LTL19172A	P2-8	11.0	Soil	7608 ± 75	8561-8300 (92.1%)	НСО
LTL19176A	P2-9	11.3	Soil	14203 ± 100	17584-16985 (95.4%)	ELID
LTL19542A	P2-9bis	12.5	Soil	14745 ± 70	18148-17719 (95.4%)	ELID
LTL19169A	P3-2	8.7	Soil	15463 ± 100	18921-18518 (95.4%)	ELID
LTL19543A	P3-3	10.6	Soil	17978 ± 120	22145-21427 (95.4%)	LGM/ELID
LTL19170A	P3-5	11.8	Soil	11345 ± 65	13306-13076 (95.4%)	BA
LTL19871A	P4	13.8	Soil	3820 ± 45	4360-4090 (88.5%)	HCO-NG
LTL19865A	А	-	Plant	-	After 1950 AD	М
LTL19866A	В	-	Plant	-	After 1950 AD	М
LTL19867A	С	-	Plant	-	After 1950 AD	М
LTL19868A	D	-	Plant	-	After 1950 AD	М
LTL19869A	E	-	Plant	-	After 1950 AD	М
LTL19870A	F	-	Plant	1789 ± 45	1824-1594 (94.0%)	RWP

Table 2. Radiocarbon ¹⁴C dating results of soil samples and plant fragments. HCO: Holocene Climatic Optimum; ELID: Early Lateglacial Ice Decay; BA: Bølling-Allerød; NG: Neoglacial; M: Modern; RWP: Roman Warm Period. *Total Organic Carbon (TOC) values derived from Pintaldi et al. (2021).

Site	Elevation (m a.s.l.)	Cover type	δ ¹³ C (‰)
S1	2840	Vegetation	-23.3
S2	2800	Vegetation	-25.1
S3	2770	Vegetation	-25.7
S6	2854	Vegetation	-23.4
S8	2749	Vegetation	-23.4
P4	3030	Vegetation	-22.7
P1-1	3030	Blockstream/Blockfield	-24.7
P1-2	3030	Blockstream/Blockfield	-23.9
P2-7	3030	Blockstream/Blockfield	-24.2
P2-8	3030	Blockstream/Blockfield	-23.9
P2-9	3030	Blockstream/Blockfield	-24.5
P2-9bis	3030	Blockstream/Blockfield	-24.5
P2-13	3030	Blockstream/Blockfield	-24.0
P2-15	3030	Blockstream/Blockfield	-24.3
P3-1	3030	Blockstream/Blockfield	-24.6
P3-2	3030	Blockstream/Blockfield	-23.8
P3-3	3030	Blockstream/Blockfield	-23.5
P3-4	3030	Blockstream/Blockfield	-24.0
P3-5	3030	Blockstream/Blockfield	-23.6

⁹ Table 3. IRMS δ^{13} C results of present-day vegetated soils in the study area and soils from the Plateau under blockstream/blockfield.