


## Article

# In Situ Modification of Activated Carbons by Oleic Acid under Microwave Heating to Improve Adsorptive Removal of Naphthalene in Aqueous Solutions

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**Abstract:** This study aimed to improve the adsorption capacity of activated carbon (AC) towards naphthalene (NAP) in aqueous solutions. Starch-based AC (SAC) and pulverized coal-based AC (PCAC) were prepared in a one-pot procedure by activation with oleic acid and KOH under microwave heating. Brunauer–Emmett–Teller (BET) specific surface areas reached 725.0 and 912.9 m<sup>2</sup>/g for in situ modified SAC (O-SAC1) and PCAC (O-PCAC1), respectively.  $\pi$ – $\pi$  bond, H-bond, and hydrophobic effects were directly involved in the NAP adsorption process. Batch adsorption data were well fitted by pseudo-second order kinetics and the Freundlich isotherm model. As compared to ACs prepared with only KOH activation, NAP adsorption capacities of PCAC and SAC prepared by the one-pot method increased by 16.9% and 13.7%, respectively. Influences of varying factors were investigated in column adsorption of NAP using O-SAC1 and O-PCAC1. Based on breakthrough curves analysis, the larger column height ( $H$ ), lower flow rate ( $Q_0$ ), and lower initial concentration ( $C_0$ ) resulted in the longer breakthrough and exhaustion times in both cases. Specifically, we concluded that O-PCAC1 exhibits better adsorption capacity than O-SAC1 in the given conditions. The optimized operating parameters were 1 cm ( $H$ ), 1 mL/min ( $Q_0$ ) and 30 mg/L ( $C_0$ ). Finally, column adsorption data could be well fitted by the Thomas model.

**Keywords:** adsorption process; activated carbon; oleic acid; microwaves; naphthalene adsorption

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## 1. Introduction

Naphthalene (NAP), an important hydrophobic organic compound and the smallest polycyclic aromatic hydrocarbons (PAHs), is usually generated from fossil fuels [1,2]. This bicyclic aromatic compound is highly toxic, extremely stable, and easily enriched in several environmental districts (at ambient temperature the water solubility of NAP is 25–31 mg/L [2]). Recent investigations of the biological carcinogenic mechanism of NAP indicated that molecule-organics derived from NAP can cause DNA damage [2–4]. With the increasing attention to health and environmental protection, a major effort has been made in the search for efficient and environmentally friendly methods for the removal of NAP from water.

Currently, adsorption with activated carbon (AC) is one of the most practical, cost-effective, and efficacious treatments for the removal of organic contaminants from water [5–7]. In the development of this technology, the adsorption capacity is a critical indicator for evaluating the performance of adsorbents. Over past decades, researchers have been committed to increasing the adsorption capacity of ACs by modification with different chemicals [8–11].

Well known are the advantages of hydrophobic materials in oil recovery, water repellency, self-cleaning, anti-sticking and anti-corrosion, and so forth [12]. Fatty acids usually

possess long hydrocarbon chains and terminal carboxylic functions that could physically interact with the adsorbent surface during hydrophobic modification [12–15]. Oleic acid (OA) is a widely used fatty acid for grafting on adsorbents and hydrophobic modification of materials [15–17]. Hu et al. fabricated a superhydrophobic surface (the water contact angle  $>150^\circ$ ) by modification of calcium carbonate using OA. The new material exhibited self-cleaning properties (the sliding angle was  $1.75^\circ$ ). Materials where the water contact angle is larger than  $150^\circ$  while sliding angle is less than  $10^\circ$  possess self-cleaning properties [16]. Cabrales et al. successfully grafted OA onto cotton fabric and the as-modified material shows excellent water repellency (water contact angle  $>150^\circ$ ) [18]. Sathasivam and Haris modified banana trunk fibers (BTF) using OA and other three fatty acids in n-hexane at the temperature of  $338 \pm 5$  K for 6 h. The results suggested that OA modified BTF (OBTF) exhibits the best adsorption capacity for engine oil and the Langmuir adsorption capacity of OBTF towards engine oil and dissolved organic compounds were increased by 168% (from 149.3 to 400.1 mg/g) [14]. Banerjee et al. grafted sawdust using OA and other fatty acids in n-hexane at  $338 \pm 2$  K for 6 h, and they concluded that OA-grafted sawdust possesses the best adsorption capacity towards crude oil, and the adsorption capacity increases from 3.8 to 6.4 g/g after modification [13].

In general, the hydrophobic surface favors NAP removal from water due to the enhanced reciprocal interactions [15,17]. Zhu et al. produced an OA-grafted walnut shell by the reaction in n-hexane and this adsorbent showed the maximum partition coefficient for the adsorption of NAP than the other fatty acid (capric acid, lauric acid, and palmitic acid)-modified walnut shells, because of its lowest polarity and highest aromaticity. The NAP adsorption capacity was increased from  $3890 \mu\text{g/g}$  to  $7210 \mu\text{g/g}$  with OA graft [15]. There, n-hexane was used as a solvent for the esterification reaction between  $-\text{COOH}$  in OA and  $-\text{OH}$  in the activated carbon surface.

However, the reaction where traditional heating used for OA grafted on a material's surface requires a long time in the presence of solvent [13–16]. Currently, microwave heating has been widely used for material synthesis because of the advantages like selectivity, high speed, low energy consumption, uniform-heat transfer, thus chemical reactions could occur in a short time [19–21]. Aguilera et al. reported microwave heating causing a significant improvement of the epoxidation kinetics of OA in the presence of  $\text{H}_2\text{O}_2$  at 313–333 K in comparison to conventional heating as the selective heating by microwave leads to a higher interfacial mass transfer [22]. Kim et al. investigated the esterification between OA and methanol (1:20 M ratio) with a heterogeneous catalyst ( $\text{S-ZrO}_2$ , 5 wt%) under microwave irradiation at 333 K and atmospheric pressure. The result is more than 90% conversion of the esterification obtained by microwave heating for 20 min, while it took about 130 min by conventional heating [23]. Cabrales and Abidi obtained a hydrophobic cotton fabric grafted using OA by microwave plasma for 4 min, which exhibited excellent water repellency [18]. Indeed, microwave dielectric heating is strongly promoting material surface grafting with OA.

Furthermore, in situ modification with microwave heating, an approach to optimize the physicochemical property of materials in the absence of solvents, has been widely used [24,25]. The in situ modification can not only produce the desired porosity in the material but also enhance the esterification reaction within a short period to obtain a hydrophobic surface [15,17]. Zhou et al. synthesized a microwave absorbing material by in situ polymerization and grafting of methyl methacrylate (MMA) on an ordered mesoporous carbon (OMC) in the absence of any solvent at 323 K for 10 h. As a result, the maximum absorbance efficiency of microwaves for the in situ polymerized sample (minimum reflection loss (RL) of  $-27$  decibels) increases remarkably compared to that material prepared by the solvent mixing method (minimum RL of  $-10$  decibels). The minimum RL is consistent with the maximum absorption of incident microwave power [24]. Liao et al. prepared poly( $\epsilon$ -caprolactone)/clay nanocomposites by microwave-assisted in situ ring-opening polymerization of  $\epsilon$ -caprolactone in the presence of either unmodified clay or clay modified by quaternary ammonium cations containing hydroxyl groups in

a solventless system at 393 K for 60 min. This poly( $\epsilon$ -caprolactone) showed significantly improved monomer conversion and molecular weight compared with that produced by conventional heating (oil bath) [25].

In our previous works [19], we prepared starch-based carbon (SC), pulverized coal (PC) from starch and coal, respectively; subsequently, starch/pulverized coal-based ACs (SAC/PCAC) have been prepared using SC and PC as raw materials. In this study, the aforementioned materials such as SC, PC, SAC and PCAC were further modified by an in situ modification with microwave heating in absence of solvents (one-pot method, simultaneous modification by OA and KOH activation) to achieve better NAP adsorption performance. The physicochemical properties and adsorption performance of the above-prepared materials were comparatively investigated with the materials prepared by conventional modification with OA in n-hexane.

Different methods, such as Brunauer–Emmett–Teller (BET), Barrett–Joyner–Halenda (BJH) and t-plot methods, Fourier transform infrared spectroscopy (FT-IR), X-ray photoelectron spectroscopy (XPS), energy-dispersive X-ray analysis (EDAX), and scanning electron microscopy (SEM) were used to characterize the materials. The adsorption removal of NAP in aqueous solutions with the prepared materials was carried out in batch or flow mode. The batch adsorption aims to identify adsorption performance and behavior, e.g., the adsorption kinetics, adsorption isotherm, mass transfer mechanisms, pH influence, and regeneration efficiency. The flow adsorption with the ACs prepared by the one-pot method was carried out to explore their dynamic adsorption behavior. The effects of column height, flow rate, and initial concentration on the breakthrough curves were studied and the breakthrough and exhaustion points were analyzed.

## 2. Materials and Methods

### 2.1. Materials

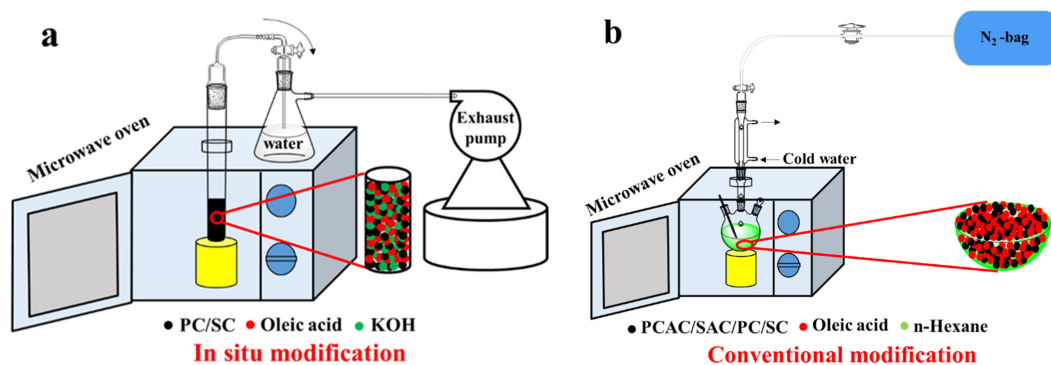
OA ( $\geq 99\%$ ) and NAP ( $\geq 97\%$ ) were purchased from Aladdin Reagent Co. Ltd., Shanghai, China. KOH ( $\geq 99\%$ ) and ethanol ( $\geq 99\%$ ) were provided from Tianjin Guangfu Science and Technology Development Co., Ltd, Tianjin, China, and n-hexane ( $\geq 99\%$ ) was supplied by Tianjin Fuyu Fine Chemical Co., Ltd., Tianjin, China.

### 2.2. Preparation of Starch-Based Carbon (SC), Starch-Based Activated Carbon (SAC), Pulverized Coal (PC), and Pulverized Coal-Based Activated Carbon (PCAC)

SC, SAC, PC, and PCAC were synthesized in our previous work [19]. SC was prepared from starch by hydrothermal synthesis. PC was produced by crushing anthracite and passing it through a 100 mesh screen. SAC and PCAC were produced from SC and PC by using conventional KOH activation under microwave irradiation, respectively.

### 2.3. One-Pot Preparation of Activated Carbons (ACs) by Simultaneous Oleic Acid (OA) Modification and KOH Activation

The in situ modification process was performed as follows: 1.0 g OA was mixed with 5.0 g SC or PC in 50% ethanol solution. After being stirred at 338 K for 4 h and dried, 5.0 g KOH was added, then this mixture was heated by microwave irradiation for 15 min at the output power of 900 W (Figure 1a). The final product was labeled as O-SAC1 and O-PCAC1, respectively.



**Figure 1.** A schematic diagram illustration of the in situ and conventional modification with oleic acid (OA) using microwave heating.

#### 2.4. Modification of Materials with OA in n-Hexane

The modification of materials with OA in n-hexane was performed as follows: 1.0 g OA was mixed with 5.0 g SAC (or PCAC) in a 250 mL round bottom flask, and then 50 mL n-hexane was added as a solvent. This mixture was reacted for 40 min in a microwave reactor at 338 K under stirring at 800 rpm (Figure 1b). The final products were labeled as O-SAC2 and O-PCAC2, respectively.

All the products were subsequently filtered and washed with deionized water and ethanol until the pH of the effluent was stable at neutral. Then these products were further dried at 373 K for 24 h. and collected for the characterization and adsorption experiments.

#### 2.5. Characterization

All raw and modified materials were characterized prior to the adsorption experiments using the following methods: BET (Micromeritics ASAP 2020 surface area analyzer), BJH and t-plot methods, FT-IR (PHI5700 ESCA spectrophotometer), XPS (PHI5700 ESCA system), EDAX (Vario EL cube analyzer), and SEM (JEOL, JSM-6490LV, Tokyo, Japan). BET, BJH, and t-plot methods were used to explore the surface area and pore characteristics of all samples to illustrate the variation via different modification paths. FT-IR and XPS were used to determine the surface functional groups to explain the relationship between surface chemical properties of adsorbents and their adsorption performance. EDAX was used to investigate the elemental composition of samples to reveal the effect of hydrophobicity on NAP adsorption performance. SEM was used to observe the sample's surface morphology.

#### 2.6. Adsorption Experimental Studies

##### 2.6.1. Batch Adsorption

Batch adsorption studies were used to investigate the adsorption behaviors of NAP onto the in situ modified ACs (IMACs), including adsorption kinetics, adsorption equilibrium, the effect of pH on adsorption, and adsorbents reusability.

Adsorption kinetics experiments were carried out as follows: in a 250 mL Erlenmeyer flask, 0.015 g IMACs were mixed with 100 mL of 30 mg/L NAP aqueous solution. The flask placed in a thermostatic water bath shaker was subjected to a rotation rate of 140 rpm at 303 K for a period of 0.5, 1.0, 3.0, 5.0, 10.0, 20.0, 40.0, and 80.0 min. These kinetic experimental data were fitted to pseudo-first-order (PFO), pseudo-second-order (PSO), and Elovich (Table S2) reaction models. Weber-Morris (intraparticle diffusion) and Boyd's (film diffusion) models (Table S2) were also used to explore the NAP mass-transfer mechanisms from the bulk solution to the active sites within the inner pores of adsorbents.

To assess the isothermal behavior of NAP sorption onto IMACs, NAP solutions with various initial concentrations (10–50 mg/L, a certain amount of NAP was dissolved in a mixture of ethanol and water,  $v/v = 3/7$ ) were used to produce different equilibrium concentrations for 40 min at 303 K and pH 7 with the shaking speed of 140 rpm. The

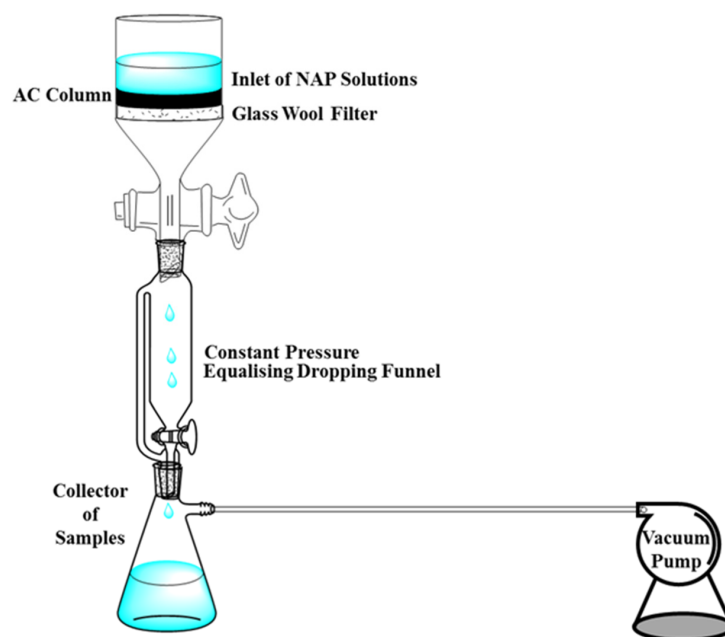
mean adsorption isotherm data of NAP on adsorbents were then fitted with Langmuir and Freundlich (Table S2) models using Origin 9.0.

After adsorption, these mixtures were quickly filtered. The water samples were analyzed by ultraviolet–visible (UV-Vis) spectrophotometer at 219 nm.

The regeneration efficiency of IMACs was analyzed by 5 consecutive adsorption/desorption cycles. NAP from used adsorbents was eluted as follows: The used adsorbents were immersed in 95% ethanol solution (solid/liquid ratio = 6.5 wt%) and exposure to ultrasound field (20 kHz, 100 W, Jiekang Ultrasonic Equipment Co., Dongguan, China) at ambient temperature, and then the mixture was separated by filtration, washed and dried subsequently at 373 K overnight [11,21].

### 2.6.2. Column Adsorption

Column adsorption experiments were undertaken using a glass column (20.0 cm length, 1.5 cm internal diameter), and some glass wools were placed at bottom of the column to prevent the outflow of IMACs (Figure 2). The fixed-bed was infiltrated with deionized water for 15 min to guarantee that the adsorbent samples could be appropriately filled to minimize non-uniform flow [26,27]. Then a NAP working solution was continuously fed in a downward-flow mode into the column by a vacuum pump (SHB-III, Zhengzhou Great Wall Science and Industry Co., Ltd., Zhengzhou, China). The influent contained varying NAP concentrations (10, 20, and 30 mg/L) passed through different column bed-heights (1, 2 and 3 cm) using three flow rates (1, 2, and 3 mL/min). Samples were collected periodically to explore these factors' effects on column adsorption with the assistance of a UV-Vis spectrophotometer [27–29].



**Figure 2.** A schematic diagram showing the column adsorption of NAP.

### 2.7. Data Analysis

The adsorption capacity equilibrium,  $q_e$  (mg/g), for NAP was determined using Equation (1):

$$q_e = \frac{(C_0 - C_e)V}{m} \quad (1)$$

where  $C_0$  is the initial NAP concentration,  $C_e$  (mg/L) is the equilibrium NAP concentration,  $V$  (L) is the volume of the NAP solution;  $m$  (g) is the mass of adsorbents used.



All experiments were carried out in triplicate, and the data were reported as means. Root mean square error (RMSE) tests were used to analyze the errors within the data (see Equation (S1) in Supplementary Materials).

The breakthrough time ( $t_b$ ) was taken when the outlet NAP concentration ( $C_t$ , mg/L) attained 5% of the inlet concentration ( $C_0$ , mg/L), while the exhaustion time ( $t_e$ ) was determined when the effluent NAP level reached 95% of the inlet concentration. The maximum column capacity ( $q_{total}$ , mg) for a given set of conditions was calculated from the area under the plot for the adsorbed NAP concentration,  $C_0 - C_t$ , versus time, as given by:

$$q_{total} = \frac{QA_c}{1000} = \frac{Q}{1000} \int_{t=0}^{t_{total}} (C_0 - C_t) dt \quad (2)$$

where  $t_{total}$  is the total flow time (min),  $Q$  is the flow rate (mL/min) and  $A_c$  is the area under the breakthrough curve (cm<sup>2</sup>) [26,27]. The equilibrium uptake was calculated using the following:

$$q_{Eq} = \frac{q_{total}}{W} \quad (3)$$

where  $q_{Eq}$  (mg/g) and  $W$  (g) are the amount of NAP adsorbed per unit dry weight and the total amount of IMACs in the column, respectively. The data of dynamic adsorption were fitted using Thomas and Adams–Bohart models (Table S2).

All experiments were carried out in triplicate, and the data were reported as means. RMSE tests were used to analyze the errors within the data (see Equation (S1) in Supplementary Materials).

### 3. Results

#### 3.1. Characterization of Materials

N<sub>2</sub> physisorption isotherms of the raw and modified adsorbents are presented in Figure S1. PCAC, SAC, O-PCAC1, O-PCAC2, and O-SAC1 show a Type I isotherm, indicating the presence of micropores and some narrow mesopore, rather than monolayer adsorption [30]. In contrast, SC, PC, and O-SAC2 clearly showed a Type II isotherm, which corresponds to the filling of ‘micropores’, rather than monolayer adsorption [21,30,31]. The main textural parameters, BET specific surface area ( $A_{BET}$ ), micropore specific surface area ( $A_{Micro}$ ), external specific surface area ( $A_E$ ), total pore volume ( $V_{Total}$ ), micropore volume ( $V_{Micro}$ ), mesopore volume ( $V_{Meso}$ ), and average pore size (APS) of all materials considered in this study are listed in Table 1.

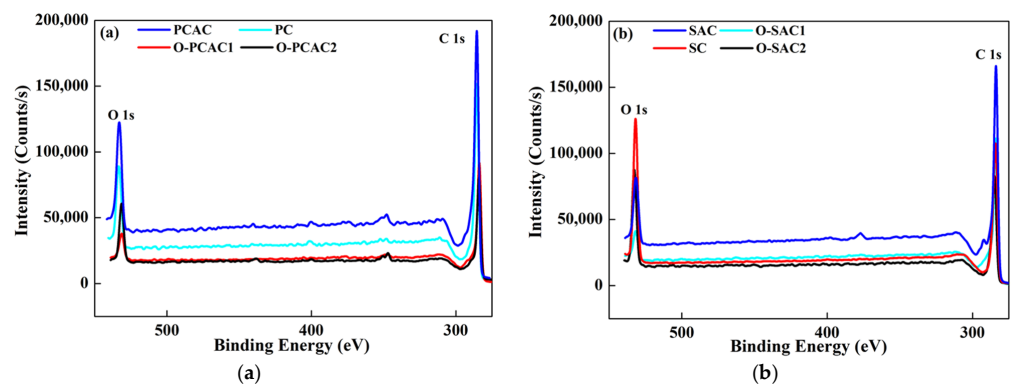
**Table 1.** Textural characteristics of all materials used in this study.

Samples	$A_{BET}$ m <sup>2</sup> /g	$A_{Micro}$ m <sup>2</sup> /g	$A_E$ m <sup>2</sup> /g	$V_{Total}$ cm <sup>3</sup> /g	$V_{Micro}$ cm <sup>3</sup> /g	$V_{Meso}$ cm <sup>3</sup> /g	APS nm	Ref.
SC	8.90	–	8.53	0.006	–	–	2.62	[19]
SAC	616.80	522.65	94.18	0.327	0.255	–	2.12	[19]
O-SAC1	912.89	481.16	431.73	0.588	0.232	0.356	2.58	This study
O-SAC2	284.25	–	284.25	0.298	0.280	0.018	4.80	This study
PC	4.19	1.46	2.73	0.014	0.001	0.013	12.97	This study
PCAC	401.70	337.30	64.40	0.210	0.160	–	2.34	[19]
O-PCAC1	725.00	435.34	289.66	0.484	0.214	0.270	2.67	This study
O-PCAC2	30.58	25.03	5.55	0.020	0.007	0.013	2.67	This study

As listed in Table 1, all adsorbents were essentially mesopores and the APSs are in the range of 2.12–12.97 nm. Compared to precursor materials (SAC and PCAC), IMACs (O-SAC1 and O-PCAC1) exhibited greatly increased BET specific surface area and pore volumes, while the opposite results were observed for O-SAC2 O-SAC2 and O-PCAC2 [18,19]. The increased  $A_{BET}$  may contribute to the change of the original pore structure during the grafting process under microwave irradiation [11,15]. The decreased  $A_{BET}$  may be attributed to the adhesion of the water-insoluble modifier to the pores of the adsorbents,

and the micropores are blocked preferentially according to the report [32], while the modifier in the micropores and mesopores are pyrolyzed with the catalysis of KOH at high temperature during the in situ modification. These blocked pores in conventional modified ACs are considered a disadvantage to NAP adsorption and mass transfer in adsorbents. The increased  $A_{BET}$  of IMACs can provide more adsorption sites resulting in a high NAP adsorption capacity. Hence, the improved surface areas in IMACs are expected to be a favourable factor for the removal of NAP from water [33].

Figure 3 displays the XPS spectrums of raw and modified adsorbents, and two main peaks were identified and labelled as C 1s and O 1s. Assignments and peak parameters of different O 1s components of adsorbents are listed in Table 2. As we can see, there were significant differences in the C=O, C–O, R–O\*–C=O, and O\*=C–OH concentrations in peak I, II, III, and IV at 531.2, 532.4, 533.3, and 534.3 eV in the O 1s spectrum, respectively [34].



**Figure 3.** X-ray photoelectron spectroscopy (XPS) survey scans of pulverized coal (PC)-based (a) and starch-based carbon (SC)-based (b) samples.

**Table 2.** Assignments and peak parameters of different O 1s components of adsorbents.

Component Assignment	Peak I	Peak II	Peak III	Peak IV
	C=O	C–O	R–O*–C=O	O*=C–OH
	531.2	532.4	533.3	534.3
SC	14.7	26.7	30.4	28.2
SAC	21.0	22.7	26.0	30.4
O-SAC1	29.6	30.0	28.0	12.3
O-SAC2	31.1	29.7	29.1	10.0
PC	9.3	43.3	18.3	29.0
PCAC	21.4	52.4	17.5	8.7
O-PCAC1	27.5	25.5	26.1	20.9
O-PCAC2	18.4	29.7	15.5	36.5

\* The atoms in oxygen functional groups bonding with adsorbents surface.

Compared with raw materials, an increase in C contents and a slight decrease in O contents were observed in modified adsorbents (Figure 3). Moreover, the modification using OA influenced the surface functional groups on adsorbents [21,34]. As listed in Table 2, the content of functional groups of –C=O, and R–O\*–C=O on O-SAC1 and O-PCAC1, significantly increased over those onto SAC and PCAC, resulting in a positive influence on the adsorption of NAP. In particle, the content of O\*=C–OH in O-PCAC1 reached 20.9%, which was much higher than that in PCAC (8.7%). In contrast, the content of O\*=C–OH in O-SAC1 was only 12.3%, which was much lower than that in SAC (30.4%). Probably, it is the reason that the adsorption performance of O-PCAC1 is better than that of O-SAC1. Such functional groups were verified via FT-IR analysis (Figure S2 and Table S1).

The elemental composition of raw and modified adsorbents obtained from EDAX analysis are summarized in Table 3. A previous study showed that H/C and [O + N]/C (or O/C) can be used to evaluate aromaticity and polarity of adsorbents, respectively [15,34].

**Table 3.** The elemental composition of adsorbents.

Samples	N%	C%	H%	S%	O,diff%	N/C	H/C	O/C	[O+N]/C
SC	0.02	62.98	6.78	0.40	29.82	0.000	0.108	0.474	0.480
SAC	0.07	67.84	4.68	0.26	27.15	0.010	0.069	0.400	0.405
O-SAC1	0.53	57.78	1.85	0.73	39.11	0.009	0.032	0.677	0.686
O-SAC2	0.09	56.85	1.40	0.32	41.34	0.002	0.025	0.727	0.729
PC	0.65	68.33	0.48	0.34	30.20	0.010	0.007	0.442	0.451
PCAC	0.21	67.10	3.81	0.23	28.65	0.003	0.057	0.427	0.433
O-PCAC1	0.60	76.81	1.74	0.65	20.21	0.008	0.023	0.263	0.271
O-PCAC2	0.57	57.61	1.03	1.22	39.59	0.010	0.018	0.687	0.697

The high values of C% (>56.9) and O% (>20.2) confirmed that all these materials are dominated by C structures probably with various O-containing functional groups on their surface.

According to Zhu et al., adsorbent where H/C < 0.5 is seen as a hydrophobic material [15]. Obviously, the H/C ratios of adsorbents prepared in this work were in the range of 0.012–0.068, indicating the presence of unsaturation C-chain and aromatic structures, which promotes the adsorption of NAP.

Low [O+N]/C (or O/C) of O-PCAC1 after in situ modification suggests that the modification of ACs during KOH-activation using OA under microwave heating is a feasible method to prepare superhydrophobic adsorbents [15,34].

SEM images of raw and modified adsorbents are shown in Figure S3 and noticeable differences can be found. O-PCAC1 and O-SAC1 showed well-developed visible pores in micrometer ranges, while O-SAC2 and O-PCAC2 exhibited blocked pores. An inevitable consequence of using a blocked-pore adsorbent is a significant decline in the mass transfer of NAP between solution and adsorbent surface followed by a decrease in adsorption capacity [32,33].

### 3.2. Batch Adsorption

#### 3.2.1. Adsorption Kinetics

Figure 4, Figure S4, and Table 4 give the kinetics data for the adsorption of NAP onto IMACs at pH 7. The adsorption reached equilibrium after 40 min, which is similar to the previous study [21]. Figure 4 illustrates that the adsorption rates rapidly increased at the beginning (0–10 min), and then it slowed down until achieving the adsorption equilibrium. In Table 4, the PSO model (low RMSE and high correlation coefficients  $R^2$ ) exhibits a better description of the kinetics data than Elovich and PFO models [15]. Moreover, the PSO model is considered to be usable in the whole adsorption range [21]. Herein, the  $q_e$  values of O-SAC1 and O-PCAC1 are 180.8 and 187.8 mg/g, respectively. The NAP adsorption capacities of our and other adsorbents were evaluated and compared in Table 5. The high adsorption capacity ( $q_e$ ) of these two IMACs can be attributed to their high pore volumes and surface areas.



**Table 4.** Kinetics parameters of NAP adsorption onto IMACs at 303 K.

Models	Parameter	O-SAC1	O-PCAC1
PFO	$C_0$ (mg/L)	30	30
	$q_{exp}$ (mg/g)	180.8	187.8
	$q_{e,cal}$ (mg/g)	70.93	62.87
	$K_1$ (1/min)	0.0756	0.1156
	$R^2$	0.8688	0.8911
PSO	$RMSE$	11.9	13.0
	$q_{e,cal}$ (mg/g)	181.82	188.68
	$K_2$ (g/mg min)	0.0047	0.0091
	$R^2$	0.9988	0.9999
	$RMSE$	3.6	3.9
Elovich	$q_{e,cal}$ (mg/g)	184.46	196.94
	$(1/\beta)\ln(\alpha\beta)$ (mg/g)	124.18	137.44
	$1/\beta$	13.7570	13.5780
	$R^2$	0.9870	0.9508
	$RMSE$	16.1	15.4

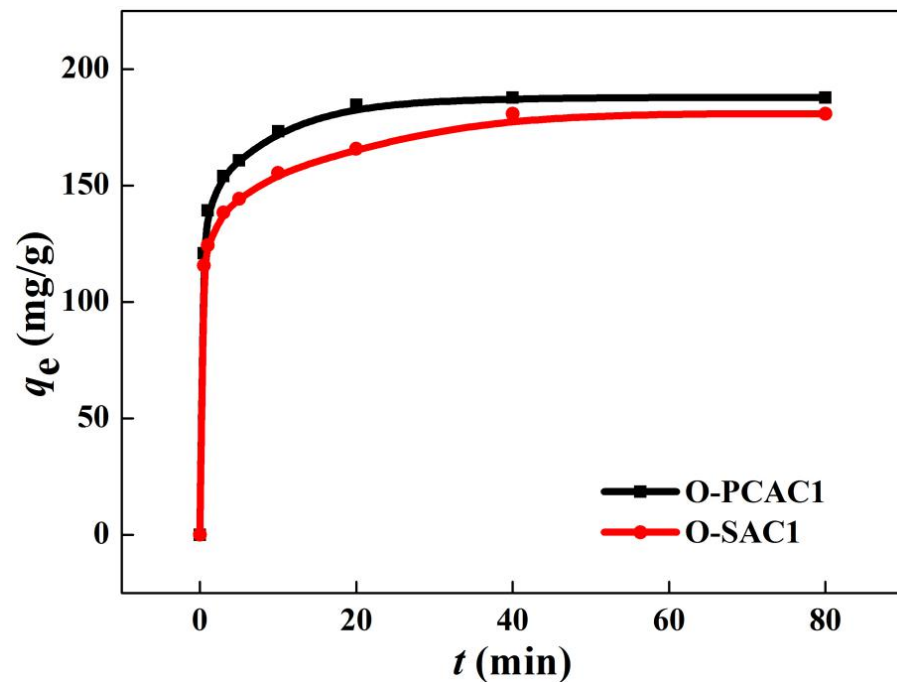
**Table 5.** Adsorption capacities of adsorbents.

Adsorbents	$C_0$ (mg/L)	$T$ (K)	$q_e$ (mg/g)	Ref.
Modified walnut shells	25	298	7.20	[15]
Modified coal-based AC	30	298	131.20	[21]
Modified zeolite	1	303	0.30	[31]
ZnS-NPs-AC	50	298	142.70	[35]
Modified hazelnut shell	25	298	17.30	[36]
SC	30	303	52.9	[19]
SAC	30	303	158.9	[19]
PC	30	303	75.26	This study
PCAC	30	303	160.7	[19]
O-SAC1	30	303	180.8	This study
O-PCAC1	30	303	187.8	This study
O-SAC2 *	30	303	116.2	This study
O-PCAC2 *	30	303	120.5	This study

\* The adsorption capacities of O-SAC2 and O-PCAC2 towards NAP were obtained under specific conditions (amount of adsorbents: 0.015 g; solution volume: 100 mL; NAP concentration: 30 mg/L; Contact time: 40 min; temperature: 303 K). Due to the low adsorption capacities to NAP, the systematic investigation of NAP batch or column adsorption on O-SAC2 and O-PCAC2 was not the object of this study.

### 3.2.2. Adsorption Isotherms

The equilibria data of the NAP adsorption on IMACs were non-linearly fitted to both the Langmuir and Freundlich isotherm equations. The good Freundlich isotherm fit (lower  $RMSE$  and higher  $R^2$ ) in Figure S5 and Table 6, implies a multilayer NAP adsorption with non-uniform distribution of adsorption heat/affinities alongside a heterogenous surface following different energy sites on the selected adsorbents [6,15,35,37,38]. The surface heterogeneity ( $1/n$ ) values were 0.3433 for O-SAC1 and 0.4156 for O-PCAC1, where both of them are below unity suggests an excellent adsorption capacity [38,39]. This result can be attributed to  $\pi$ - $\pi$  electron interaction between NAP molecules and aromatic cores on the surface of adsorbents [12].



**Figure 4.** The effect of contact time on the adsorption capacity of in situ modified activated carbons (IMACs).

**Table 6.** Langmuir and Freundlich isotherm model constants and correlation coefficients (303 K) of IMACs.

Models	Parameters	O-SAC1	O-PCAC1
Langmuir	$q_{max}$ (mg/g)	270.27	333.33
	$K_L$ (L/mg)	0.5873	0.6122
	$R^2$	0.9889	0.9820
	RMSE	9.7	9.6
Freundlich	$K_F$ (L/mg)	103.52	123.48
	$1/n$	0.3433	0.4156
	$R^2$	0.9934	0.9926
	RMSE	2.9	2.1

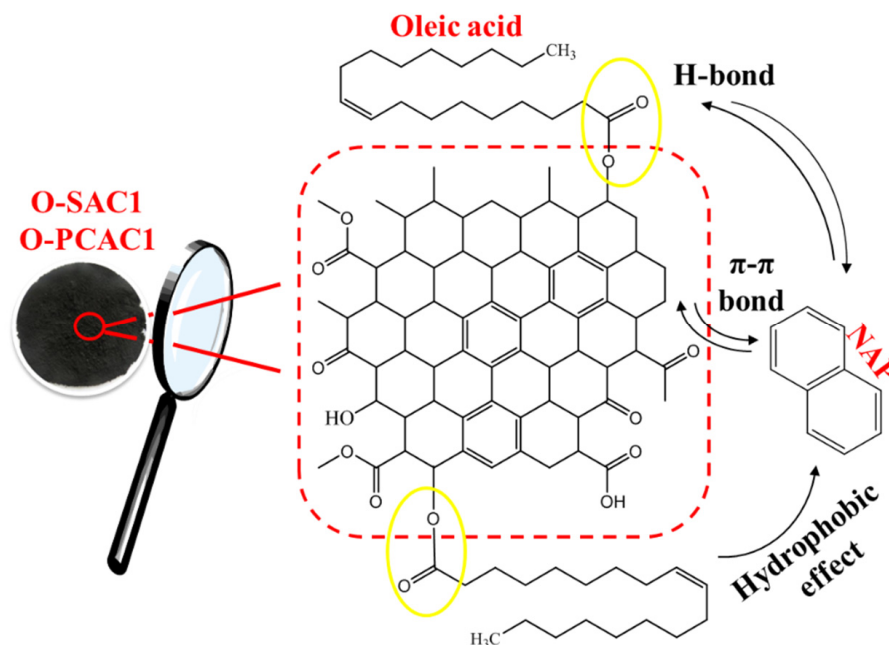
### 3.2.3. Adsorption Mechanism

Figure S6a shows the kinetics data fitted by Weber-Morris model. It can be noticeably seen that three consecutive steps occurred during the NAP adsorption on IMACs [12]. Indeed, the initial rapid part is associated with NAP transfer from the bulk solution to the external surface of used adsorbents; at the second phase, NAP moves into the inner pores of adsorbents; In the final stage, the adsorption equilibrium takes place [12]. Specifically,  $K_{P_i}$  represents the calculated diffusion rate parameter at different stages (slope of  $t^{0.5}$  vs.  $q_{t.exp}$ ), and it implies the rate of the adsorption process. From Table S3, where the first stage diffusion rates ( $K_{P1}$ ) are significantly higher than that of the second stage ( $K_{P2}$ ) as there are a large amount of fresh sites on the surface of the adsorbent at the beginning followed by efficient adsorption resulting from capillary and film diffusion. Specifically, the similar  $K_{P2}$  of O-PCAC1 (11.20 mg/g min<sup>1/2</sup>) O-SAC1 (10.04 mg/g min<sup>1/2</sup>) indicating a similar adsorption rate towards NAP as well as the same adsorption equilibrium time (40 min). This result is mainly attributed to their closer micropore properties, such as  $A_{Micro}$ ,  $V_{Micro}$ , and  $APS$ . The higher  $A_{Micro}$  proportion of O-PCAC1 and O-SAC1 also demonstrating there are more fresh sites provided by adsorbents for NAP during the second stage adsorption process (Table 2) [12,40]. Subsequently, due to the weak concentration gradient between solid and liquid interface, it is difficult for NAP diffusion to the residual active sites, and

the adsorption thus became inefficient. Consequently, both inside and surface-active sites are involved in the adsorption process. According to  $K_{pi}$ , the NAP adsorption capacities of IMACs are governed by the second stage. This means that the intraparticle diffusion is the rate limit steps before the adsorption equilibrium was reached [12,40,41].

The kinetics of O-PCAC1 are linearly fitted by Boyd's model, while the kinetics of O-SAC1 is linearly fitted by Boyd's model after a short lag phase (Figure S6b and Table S2). As observed, both the lines for IMACs indeed do not pass through the origin regardless of their linearity extents, demonstrating that the film diffusion is the rate-limiting step [37]. Additionally, this analysis supports the isotherms results.

NAP adsorption performances of IMACs exhibit low pH dependence (see Section S7 and Figure S7 in Supporting Information). The adsorption is believed to contribute to varying factors [12,21], as follows: (a)  $\pi$ - $\pi$  bond. It is considered an intensive factor for NAP adsorption. Both C and O atoms in -COOR-, which are produced from OA and other analogous intermediate acids during the in situ modification, show sp<sup>2</sup> hybridization with two unshared electron pairs, providing several fresh ' $\pi$ -orbital' as the active site. These vacant ' $\pi$ -orbital' interweave react building a superhydrophobic surface improving NAP adsorption on the hydrophobic surface of IMACs; (b) H-bond. The high electronegativity of O atom in ester is possible to form a strong H-bond with NAP molecule; (c) hydrophobic effects. The roles of the hydrophobic effect become more important due to the low polarity of NAP molecule and the strong affinity with C18 alkyl chain on the adsorbent surface. Nevertheless, the mass transfer inside and outside the capillary and pore is the dominant process when the surface of the exterior superhydrophobic C18 alkyl chain reached the largest NAP adsorption capacity; (d) Acidic functional group. As discussed in FT-IR and XPS analysis, the low acidic group in adsorbents favours NAP adsorption from water. The adsorption mechanism for NAP adsorption on IMACs is presented in Figure 5.

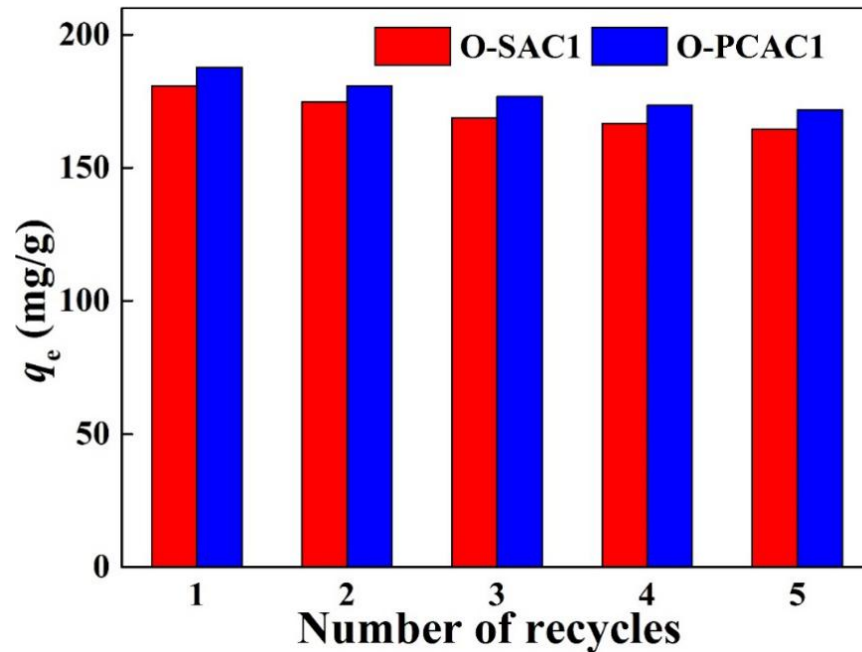


**Figure 5.** The adsorption mechanism for NAP adsorption on O-SAC1 and O-PCAC1.

### 3.2.4. Regeneration of In Situ Modified Activated Carbons (IMACs)

Herein, the regeneration of IMACs was performed to assess process efficiency and desorption behaviour of adsorbents [11,27]. From Figure 6, the NAP adsorption capacity slightly reduced with the recycle times of IMACs for the adsorption/desorption with 95% ethanol solution, and the adsorption capacity of NAP after 5 adsorption–regeneration cycles was 166.75 mg/g for O-SAC1 and 173.5 mg/g for O-PCAC1, and the corresponding loss of the adsorption capacity was 6.64% and 3.68%, respectively. Thus these adsorbents

can be reused at least 5 times for NAP removal from water with excellent adsorption performance [32]. Additionally, the method of alternately washing with alcohol-deionized water is confirmed as a good choice for the regeneration of NAP-exhausted adsorbents [11].



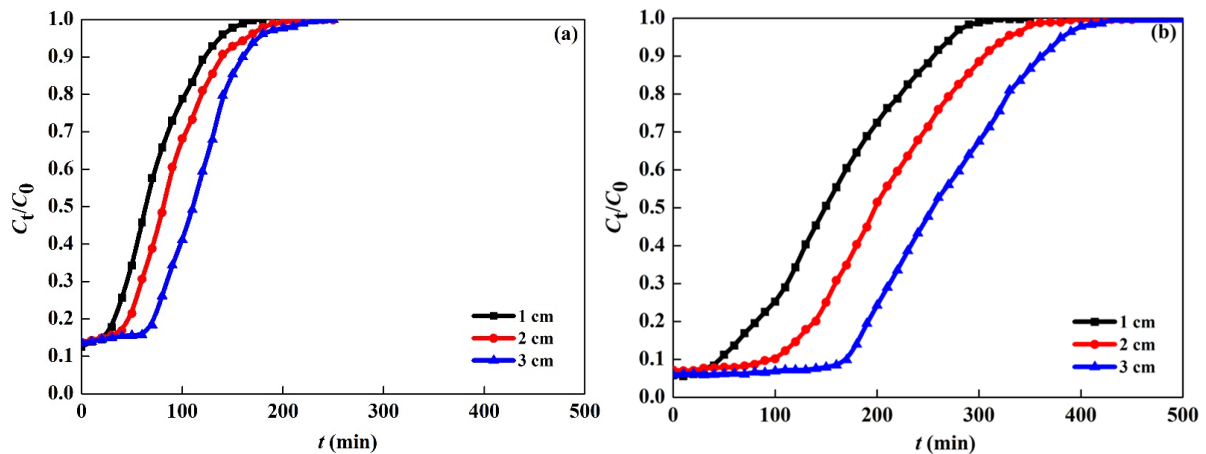
**Figure 6.** Reusability of IMACs for the adsorption of NAP (NAP concentration 30 mg/L, contact time 80 min) after elution with 95% ethanol solution in ultrasound field.

### 3.3. Column Adsorption

The flow rate, column height, and the initial concentration can influence the mass transfer of NAP between solid/liquid phases [27]. In this study, the effects of the above-mentioned factors on the dynamic adsorption behaviour of NAP onto IMACs under continuous flow were investigated [26].

#### 3.3.1. Effect of Column Height

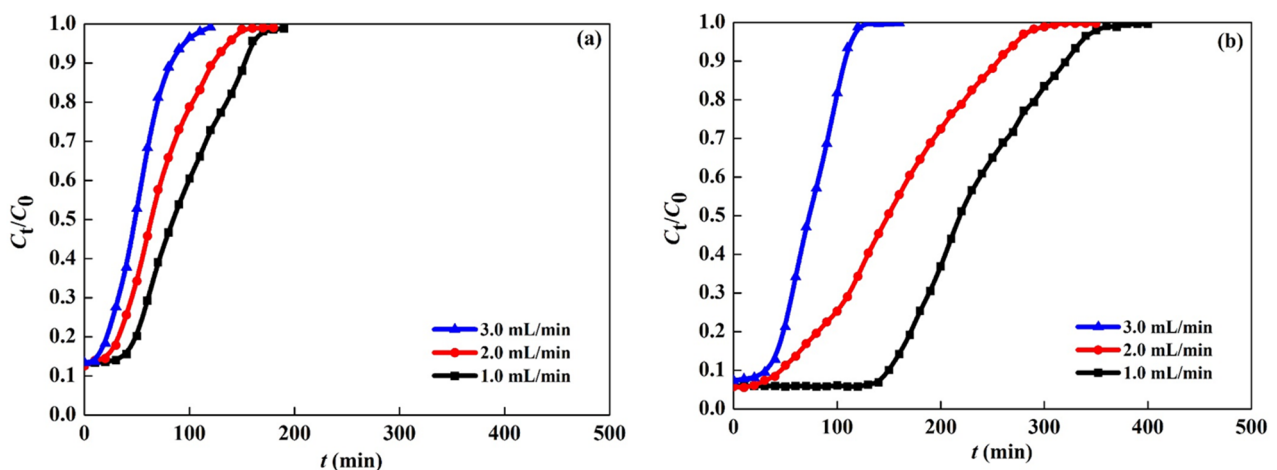
Figure 7a,b show typical O-SAC1 and O-PCAC1 breakthrough profiles for the NAP adsorption studied at different column bed heights (1, 2, and 3 cm). A foreseeable consequence of increasing the column bed heights is a significant extension in  $t_b$  and  $t_e$  of breakthrough curve [28]. The profiles of both adsorbents exhibit a deep extension in  $t_b$  and  $t_e$ , alongside a right-shifted breakthrough curve with an increasing column height. The benefit of the increasing column height to NAP adsorption is caused by the wider service zone and more effective binding sites of adsorbents [27]. As observed, there are faster breakthrough points at shorter column height. Specifically, the breakthrough and exhaustion time increased from 10 and 170 min to 50 and 220 min for O-SAC1, while those increased from 20 and 310 min to 160 and 430 min for O-PCAC1, respectively. Increasing column height reduces the axial dispersion in mass transfer and improves the adsorbate diffusion into the adsorbent, thereby the longer breakthrough and exhaustion time occurred [27]. Additionally, the reduction of NAP adsorption capacity with the increasing column height most probably was caused by the increased mass of adsorbents [29,42].



**Figure 7.** Effect of different column heights on NAP adsorption onto O-SAC1 (a) and O-PCAC1 (b) at a concentration of 30 mg/L and flow rate of 2 mL/min.

### 3.3.2. Effect of Flow Rate

The influences of the NAP solution flow rate (1, 2, and 3 mL/min) on the adsorption onto O-SAC1 and O-PCAC1 are presented in Figures 8a and 8b, respectively. The  $t_b$  decreased from 40 to 20 min for O-SAC1, and from 100 to 10 min for O-PCAC1 with the increasing flow rate. Also, the  $t_e$  reduced from 170 to 100 min, and 340 to 120 min for O-PCAC1 when the flow rate varied from 1 to 3 mL/min. It means that the breakthrough point occurred faster at higher flow rates and this is likely attributed to the decrease in mass transfer and adsorption efficiency [27–29]. In contrast, the saturation point was reached slowly at lower flow rates, a similar phenomenon has been observed by A.F. Hassan et al. [29]. In both cases, O-SAC1 and O-PCAC1, the greater adsorption capacity was obtained at the lower flow rate. Since there is inadequate residence time for NAP solution through the column at high flow rates, it would be drained before being fully adsorbed [27–29]. It is worth noting that the intensive turbulence at higher influent rates could cause a weaker intraparticle mass transfer and interaction between the NAP molecules and adsorbents [28].



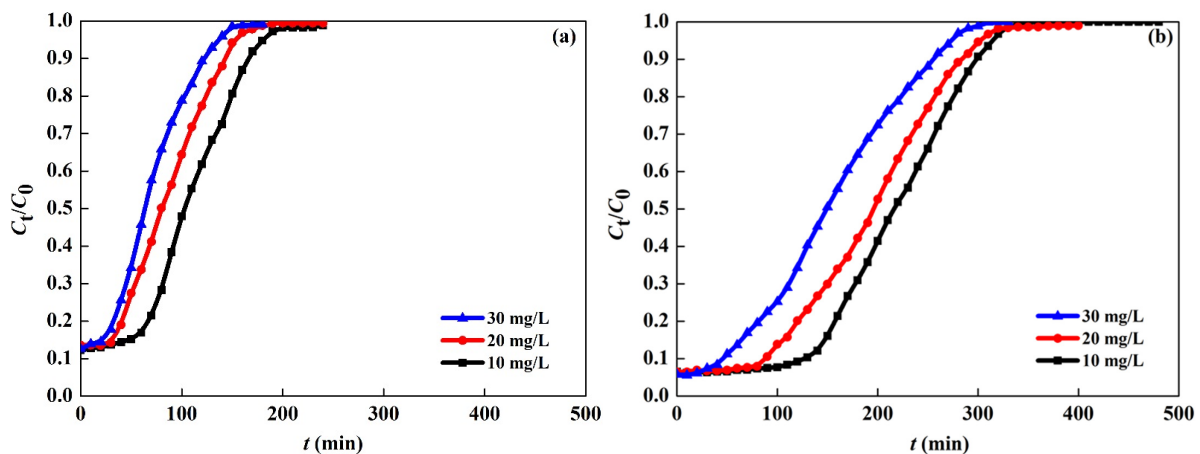
**Figure 8.** Effect of different flow rates on column adsorption of NAP onto O-SAC1 (a) and O-PCAC1 (b) at a concentration of 30 mg/L and column height of 1 cm.

### 3.3.3. Effect of Initial NAP Concentration

Changes in initial concentration also significantly influenced the interaction between NAP and IMACs, as shown in Figure 9. The  $t_b$  and  $t_e$  were extended for both O-SAC1



(10–50 and 150–210 min) and O-PCAC1 (20–110 and 290–430 min) with the initial NAP concentration decreased from 30 to 10 mg/L. Since the narrow concentration gradient reduces the mass transfer or diffusion rates [27–29]. The adsorption rapidly arose at the initial stage as the availability of readily accessible surface sites could capture the NAP molecules from the adsorption system. Hence, the adsorption gradually becomes tardiness and the effluent exhibits high concentration with the flowed NAP solution until the saturation points were attained. The roles of the initial concentration gradient provide an avital driving force to respond to the mass transfer. Besides, the S-shape breakthrough curve implies a limited mass transfer zone and an insignificant axial dispersion [28]. The high initial concentration enhanced the adsorption capacity, data consistent with the previous report [27].



**Figure 9.** Effect of initial NAP concentrations on column adsorption of NAP onto O-SAC1 (a) and O-PCAC1 (b) at a flow rate of 2 mL/min and column height of 1 cm.

### 3.3.4. Breakthrough Analysis

The breakthrough analysis aims to interpret the interpretation among the surface properties of IMACs, adsorption mechanisms, and affinity extent towards NAP [28]. The Thomas equation supposes that the adsorption process follows the PSO reversible reaction kinetics and Langmuir isotherm, and the absence of plug influent of axial dispersion or diffusion resistance in the column. The Thomas rate constant ( $K_{Th}$ ) and adsorption capacity ( $q_0$ ) were calculated from the curves of  $\ln C_0/C_t$  against  $t$  (Tables S4 and S5). As we can see, the  $K_{Th}$  increase with low bed height, low initial NAP concentration, and great flow rate [28,43]. The high  $R^2$  (0.9109–0.9863 for O-SAC1 and 0.9033–0.9701 for O-PCAC1) suggests that the breakthrough curves can be well predicted by the Thomas model based on the kinetics and isotherms parameters from the batch model [11,28]. Compared with batch adsorption, the dynamic adsorption mode exhibits excellent adsorption capacity for NAP (Table 4, Tables S4 and S5). Moreover, a large solution volume of NAP can be purification during flow mode. These results indicate that both O-PCAC1 and O-SAC1 with high potential for NAP adsorption under dynamic flow mode. Therefore, the dynamic mode is more suitable for industrial applications in NAP removal. The optimized operating parameters by breakthrough curve analysis combined with the Thomas model above are listed as follows: 1 cm (H), 1 mL/min ( $Q_0$ ), and 30 mg/L ( $C_0$ ).

The Adams–Bohart model is in view of the adsorption rate controlled by external diffusion and the equilibrium is non-transient [28]. The data of column adsorption were linearly fitted by  $\ln C_0/C_t$  against  $t$ , the parameters are presented in Tables S4 and S5. The kinetics constant,  $k_{AB}$ , decreased with the increased column heights, while increased with the increased initial NAP concentration and influent rate. It is unsuitable for using the Adams–Bohart model to describe the experimental breakthrough curves [28].

#### 4. Conclusions

Two methods were compared for SAC and PCAC modification using OA under microwave heating. The in situ procedure gave much better physicochemical properties than the conventional process. Important factors  $A_{BET}$ ,  $V_{Meso}$ , and  $q_e$  were higher for IMACs over the conventional modified-ACs. The  $A_{BET}$  and  $V_{Meso}$  were 912.89 m<sup>2</sup>/g and 0.356 cm<sup>3</sup>/g for O-PCAC1, and 725.00 m<sup>2</sup>/g and 0.27 cm<sup>3</sup>/g for O-SAC1. Similar NAP adsorption capacities of 180.8 mg/g and 187.8 mg/g were obtained at 308 K for O-SAC1 and O-PCAC1, respectively. EDAX analysis showed great hydrophobicity in these two adsorbents. NAP adsorption on O-SAC1 and O-PCAC1 was followed by PSO kinetics and Freundlich isotherm models. The adsorption exhibited a low response to solution pH. O-SAC1 and O-PCAC1 could be reused at least 5 times. Optimal conditions for dynamic adsorption were based on column height (1 cm), flow rate (1 mL/min), and initial NAP concentration (30 mg/L). The Thomas model described the dynamic adsorption well.

These results provide a reference for the removal of NAP in industrial wastewater by AC adsorption, especially with column adsorption. In future studies the new adsorption material will be used to treat real wastewater.

**Supplementary Materials:** The following are available online at <https://www.mdpi.com/2227-9717/9/2/391/s1>.

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#### Abbreviations

Abbreviations	
AC	activated carbon
$A_{BET}$	BET specific surface area
$A_{Micro}$	micropore specific surface area
$A_E$	external specific surface area
APS	average pore size
BTF	banana trunk fibers
BET	Brunauer-Emmett-Teller
BJH	Barrett-Joyner-Halenda
EDAX	Energy Dispersive X-ray Analysis
FT-IR	Fourier Transmission InfraRed spectroscopy
IMACs	in situ modified ACs
NAP	naphthalene
OA	Oleic acid
OBTF	OA modified BTF
OMC	ordered mesoporous carbon
O-PCAC1	in situ modified PCAC
O-PCAC2	conventional- modified PCAC with OA

O-SAC1	in situ modified SAC
O-SAC2	conventional- modified SAC with OA
PC	pulverized coal
PCAC	pulverized coal-based ACs
PFO	pseudo-first-order
PSO	pseudo-second-order
RL	reflection loss
RMSE	Root mean square error
SAC	Starch-based AC
SC	starch-based carbon
SEM	Scanning Electron Microscopy
$V_{Meso}$	mesopore volume
$V_{Micro}$	micropore volume
$V_{Total}$	total pore volume
XPS	X-ray photoelectron spectroscopy

### Symbols

$A_c$	the area under the breakthrough curve
$C$	a constant related to the boundary layer thickness
$C_0$	initial/inlet NAP concentration
$C_e$	equilibrium NAP concentration
$C_t$	the outlet NAP concentration
$C_0-C_t$	the adsorbed NAP concentration
$H$	column height
$K_1$	pseudo-first-order rate constant
$K_2$	pseudo-second-order rate constant
$k_{AB}$	the kinetic constant
$K_{bf}$	liquid-film diffusion constant
$K_F$	a constant related to the bonding energy
$K_L$	a constant related to the free energy
$K_P$	the intraparticle diffusion constant
$K_{Pi}$	the calculated diffusion rate parameter at different stages
$k_{Th}$	the Thomas rate constant
$m$	the mass of adsorbents used
$N_0$	the saturation concentration
$Q$	the flow rate
$Q_0$	low rate
$q_0$	the adsorption capacity
$q_e$	the equilibrium adsorption capacity
$q_{Eq}$	the amount of NAP adsorbed per unit dry weight
$q_m$	the maximal adsorption capacity
$q_{total}$	the maximum column capacity
$R^2$	correlation coefficients
$T$	the temperature of adsorption system
$t_e$	the exhaustion time
$t_b$	breakthrough time
$t_{total}$	the total flow time
$V$	the volume of the NAP solution
$W$	the total amount of IMACs in the column
$\alpha$	initial sorption constant
$\beta$	initial desorption constant
$v$	the feed flow rate
$U_0$	the superficial velocity
$z$	the bed depth of the fixed bed column
$1/n$	a constant related to adsorption intensity

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