

John Bristow's Narcissistic Personality Disorder in Robert Galbraith's *The Cuckoo's Calling*

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Abstract

John Bristow's Narcissistic Personality Disorder is the main focus of this study in Robert Galbraith's *The Cuckoo's Calling*. This study applies descriptive analysis method. The main data is taken from the novel written by Robert Galbraith entitled *The Cuckoo's Calling*. This thesis is purposed to analyze what causes of John Bristow's Narcissistic Personality Disorder and the depiction of John Bristow's Narcissistic Personality Disorder that is already stated in the statement of the problems. The Narcissistic Personality Disorder can occur to individual if their Narcissism healthy development is disturbed by parents that cannot give their proper affection to their children. Theory of narcissism applies from Freud and Kohut for the cause how narcissism become a personality disorder. The theories and concept are well applied to reveal the statement of the problem. The analysis points out that how John Bristow's early childhood narcissism development stage become unstable due to his mother that doesn't give him the affection like she gaves to John's two adoptive siblings and pictured the images of John Bristow's Narcissistic Personality Disorder in the novel. John kills all his two adoptive siblings so he get to receive the affection from his mother. John acts and behaves with Narcissistic characteristic to get his desired goal. Overall the analysis will verifies and convinces the theory of Kohut on how parents role is important to prevent their children become an adult with Narcissistic Personality Disorder, and also shows the example results when the parents are failed to do so from John Bristow's actions and behaviours.

Keywords : Narcissism, Narcissistic Personality Disorder.

Abstrak

Gangguan kepribadian narsisistik John Bristow adalah fokus utama dari studi ini dalam novel Robert Galbraith, *The Cuckoo's Calling*. Penelitian ini menggunakan metode analisis deskriptif. Data utama diambil dari novel yang ditulis oleh Robert Galbraith berjudul *The Cuckoo's Calling*. Skripsi ini bertujuan untuk menganalisa apa yang menyebabkan Gangguan Kepribadian Narsisistik pada John Bristow dan menggambarkan Gangguan Kepribadian Narsisistik pada John Bristow yang telah disebutkan dalam rumusan masalah. Gangguan Kepribadian Narsisistik dapat terjadi pada individu jika proses perkembangan narsisisme sehat mereka terganggu oleh orang tua yang tak bisa memberikan kasih sayang yang seharusnya pada anak mereka. Teori narsisisme diterapkan dari Freud dan Kohut untuk penyebab bagaimana narsisisme menjadi suatu gangguan kepribadian. Teori dan konsep diterapkan dengan baik untuk mengungkapkan permasalahan yang ada. Analisis mengacu pada masa awal perkembangan narsisisme John Bristow yang menjadi tak stabil karena ulah sang ibu karena tak memberikan kasih sayang yang sama kepada kedua saudara adopsi John Bristow dan juga penggambaran Gangguan Kepribadian Narsisistik John Bristow dalam novel. John membunuh dua saudara adopsinya hanya untuk menerima kasih sayang dari ibunya. John beraksi dan bertingkah dengan karakteristik seorang Narsisis untuk mencapai tujuan utamanya. Secara keseluruhan, analisis membuktikan teori Kohut tentang bagaimana peran orang tua sangat penting untuk mencegah anak-anak mereka tumbuh menjadi dewasa dengan Gangguan Kepribadian Narsisistik, dan menunjukkan contoh dari tingkah dan perilaku John Bristow ketika orang tua gagal dalam mengasuh anak.

Kata kunci : Narsisisme, Gangguan Kepribadian Narsisistik

INTRODUCTION

The *Cuckoo's Calling* that published on April 2013 is a crime-fiction and the novel itself, before revealed the real author is J.K. Rowling, as Robert Galbraith, the book had been sold for over 8500 copies in hardback, ebook, library and audiobook, reached number one on the UK audiobook charts and received two offers from television production companies. After some time, the anonymous person tweeted Rowling's secret related to her pseudonym, Robert Galbraith and thus makes the book sales increase and *The Cuckoo's Calling* gain an award for Los Angeles Times Book Prize (Mystery/Thriller) 2013 as the winner. J. K. Rowling also planed to continue the adventure of her pseudonym career by writing more series with Cormoran Strike as her main character.

The *Silkworm* are the sequel from *The Cuckoo's Calling* that released on 2014, *The Cuckoo's Calling* itself, tells about Cormoran Strike as a private investigator, that hired by John Bristow, the adopted brother of famous supermodel Lula Landry. Bristow wants Strike to investigate his sister's case, Lula's case itself has been closed as a suicide three months ago, and John Bristow insist to Strike that his sister is murdered. Bristow's other sibling, a brother named Charlie, had been a schoolmate of Strike before his death, when he fell into a quarry while riding on his bicycle.

In this novel, John Bristow is actually trying to seek an attention from his mother. His mother herself, Yvette Bristow never gives John the right amount of love and attention like she gave to his two other adopted siblings, Charlie and Lula. As an another adopted child, John feels like he needs to be love and care as much as Lady Yvette loves her two other adopted children. John's primary objective is to make Lady Yvette Bristow to look upon him more than to Lula or Charlie. To achieve the purpose, John Bristow is later known to be the one who kills not only Lula Landry, but also his previous sibling, Charlie Bristow that known to be dead because of an accident.

Freud stated that a Healthy development "consists in a departure from primary narcissism" (p. 100) so if the children can alter their libidinal in their own self to others, a person, a thing or a hobby, the children are considered to be healthy, as Kohut said "healthy enjoyment of our own activities and successes and an adaptively useful sense of disappointment tinged with anger and shame over our failures and shortcomings." (Kohut,1966,p.254). But if a child cannot find what their object of love, and still keep the libidinal to themselves, the primary narcissism will move to the secondary narcissism.

The parents, are initially the closest persons as soon as the child were born, the child who is self-centered and egocentric will try to see their parents' role as the child grown up, and they finally realize themselves that they are incapable in doing everything by their own, and thus give their libidinal energy to their closest person, in this case, the parents. Both individual and the parents, if they can invest their libidinal energy to each other, it is considered healthy.

The secondary narcissism or commonly known as Narcissistic Personality Disorder according to Freud is when one individual doesn't receive the love from the parents, the individual will love themselves in order to gratify themselves, thus this is considered as an unhealthy one. John's condition in *The Cuckoo's Calling* has similar situation to what Freud and Kohut has stated, in the novel, John is shifts from his normal primary narcissism, while he shifts, John's mother, cannot gives what is needed by John, in this case, the care and love, thus John is shifts to secondary narcissism. Later, in the novel can be seen how Lula's associates' point of view of John Bristow.

STATEMENT OF THE PROBLEM

1. What are the causes of John Bristow's Narcissistic Personality Disorder in Robert Galbraith's *The Cuckoo's Calling*?
2. How John Bristow's Narcissistic Personality Disorder in Robert Galbraith's *The Cuckoo's Calling*?

PURPOSE OF THE STUDY

1. To describe what are the causes of John Bristow's Narcissistic Personality Disorder in Robert Galbraith's *The Cuckoo's Calling*.
2. To describe how John Bristow's Narcissistic Personality Disorder in Robert Galbraith *The Cuckoo's Calling*.

METHOD

This study is regarded as descriptive – qualitative study and use library research. The method described as follows:

1. Data

The source of the data is from Robert Galbraith's *The Cuckoo's Calling* which is published by Sphere Books (Little, Brown & Company) in April 2013. The data are in form of dialogues, epilogues and direct – indirect speech between characters, especially John Bristow that represents his narcissistic personality disorder.

2. Data Collection

The study begins with a close reading to get and gather the data from the whole texts exist in different from of narrations and conversations in the novel. By reading the novel, the statement of the problem will be collected and going to be selected and analyzed. The supporting references used in this study are taken from library and internet sources.

3. Data Analysis

The analysis is done by answering the statement of problem. This study uses the theory of narcissism. Finding quotations is the first step to support the idea. The next step is to describe the quotation that has been delivered in a simple way of understanding, and relating the data that has been analyzed with the concept of narcissism, and the last step is explaining the narcissistic personality disorder on John Bristow as the object of the study.

THEORETICAL FRAMEWORK

1. Narcissism

Narcissism, according to Freud is a normal stage that happens among all children to become mature, a "complement to the egoism of the instinct for self-preservation" (p. 74). The "libidinal" energy that every child has, Freud theorized that before the children can transfer that libidinal energy to others, they will love their own self and being egocentric and never pay attention to the others. This phase according to Freud is normal or often calls as Primary Narcissism. Freud declared on 10 November 1909 at a meeting of Vienna Psycho-Analytical to public that narcissism was an intermediate stage between auto-erotism and love object.

According to the dictionaries, narcissism is the habit of always thinking and admiring yourself too much, this statement is the same with many theorist has stated, the failure to release their libido energy to the love-object and finally turn the love back to himself or herself, this secondary narcissism according to Freud is when we cannot received the love that we want from person that close to us, thus the individual is loving themselves as gratify for not being able to receive the love they need.

On Freud essay Libidinal Types (1931), he stated "the subject's main interest is directed to self-preservation." In here Freud stated that to achieve the self-preservation, Narcissist are often volunteered to be a leader, in this essay, Freud also stated that Narcissist have a big aggression. In harmony with Freud's statement, psychoanalyst Wilhelm Reich stated on his book Character Analysis "If their vanity is offended, they react with cold disdain, marked ill-humor, or downright aggression" (p.218) this is shows that if the Narcissistic person is being insult by individual that hurt their pride, they could take an aggressive action towards the individual.

2. The Causes of Narcissistic Personality Disorder

Kohut, somehow seeing the narcissism is the same with Freud, seeing how Narcissism is a part of human normal development to become mature, and Kohut himself come up with the two trajectories of Grandiose Self and Idealized Parents. As this quote "the balance of primary narcissism is disturbed by maturational pressures and painful psychic tensions which occur because the mother's ministrations are of necessity imperfect and traumatic delays cannot be prevented" (Kohut, 1966, p.246). That quote stated that if the relationship between one individual with their mother is not like individual has expected, the healthy process of maturity will be disturb, as he also stated: "interruption of the healthy narcissistic development through parental rejection and overindulgence" (Kohut, 1966, p. 253)"

From Kohut's statement above, we can see how individual seeing their parents' image, parents' images are always being caretaker, to give affection to their child, and others common parental activity to their child, in here parents role are important in forming the different adult personalities in the future, so if the grandiose self had not evolved into a realistic sense of self worth because of the rejection from the parents "then the adult ego will tend to vacillate between an irrational overestimation of the self and feelings of inferiority and will react with narcissistic mortification to the thwarting of its ambitions" (Kohut, 1966, p. 252) and so, the individual will clinging more to seek other's attention and narcissistic cannot receive criticism and rejection. From here onwards, the individual that had experienced what Kohut stated above, the individual later can be diagnosed as having a Narcissistic Personality Disorder.

3. Narcissistic Personality Disorder

Wälder (1925) published the first case study of someone with a disordered narcissistic personality. His patient was a scientist with an attitude of superiority, an inability to empathize with others. Having a sense of being "different from mankind in general" (p. 264), an obsession with fostering self-respect, a lack of normal feelings of guilt, selfish sexuality, and a marked independence from others.

Walder is the first person that published the first case study of a person with narcissistic personality disorder. Walder's patient is a scientist with high self-respect, a lack of normal feelings of guilt, selfish sexuality and not dependant to others. This case is later to be the root from many studies in recent narcissistic personality disorder.

Later Otto Kernberg define how a person with Narcissistic Personality Disorder in his book *Borderline conditions and pathological narcissism*. Otto Kernberg

defined how narcissistic personality disorder by showing the specific behaviours.

"These patients present an unusual degree of self-reference in their interactions with other people, a great need to be loved and admired by others, and a curious apparent contradiction between a very inflated concept of themselves and an inordinate need for tribute from others. Their emotional life is shallow. They experience little empathy for the feelings of others, they obtain very little enjoyment from life other than from the tributes they receive from others or from their own grandiose fantasies, and they feel restless and bored when external glitter wears off and no new sources feed their self-regard. They envy others, tend to idealize some people from whom they expect narcissistic supplies and to depreciate and treat with contempt those from whom they do not expect anything (often their former idols). In general, their relationships with other people are clearly exploitative and sometimes parasitic. It is as if they feel they have the right to control and possess others and to exploit them without guilt feelings—and, behind a surface which very often is charming and engaging, one senses coldness and ruthlessness. Very often such patients are considered to be dependent because they need so much tribute and adoration from others, but on a deeper level they are completely unable really to depend on anybody because of their deep distrust and depreciation of others...." (Kernberg, 1975, p. 227-28)

This definition later used to help create the first diagnostic criteria for Narcissistic Personality Disorder in the Diagnostic and Statistical Manual (DSM-III) in 1980. The individual that has met the symptom of narcissistic are diagnosed to be having this disorder. DSM is standard classification used by mental health professional in United States.

ANALYSIS

1. The Causes of John Bristow's Narcissistic Personality Disorder.

Here, John Bristow will be elaborated as an adoptive son and siblings. There are two causes that John is having his narcissistic personality disorder. The first is the he doesn't get the proper affection from his mother, Lady Yvette, and the second is Lady Yvette can give the proper affection to his two other adoptive siblings.

1.1 The Relationship between John Bristow and His Two Adopted Siblings.

The Narcissism according to Freud is the "libidinal" energy that every child has, and he stated that the primary narcissism is happen in all individual in this world. Freud stated that original Libido is in the form of ego and later in will be given to the other objects (p. 75, 1914). The individual that later can find their objects to give their ego, will be considered as a healthy developmental stage of Narcissism, but if the individual cannot find their object of love, the individual's healthy development of Narcissism will be disturbed.

Kohut later stated that the family, in this matter the parents are responsible to the individual's narcissism healthy development. Kohut said in the previous chapter, Kohut stated that come up with the two trajectories of Grandiose Self and Idealized Parents. The individual that has the narcissism is try to give their ego to the parents, but yet, the parents cannot give back what the individual needed, thus their primary narcissism will be unbalanced and disturbed. If the individual cannot find their object-love from their parents until the individual becomes adult, the individual will forcefully be having a personality disorder, because the individual is still seeking the admiration that they need from the idealized parents.

In *The Cuckoo's Calling*, those conditions above are experienced by John Bristow. John Bristow is a lawyer that works in his uncle's firm. John Bristow is an individual that totally loves his adoptive mother, Lady Yvette Bristow, he also has the two adoptive siblings, the first is Charlie Bristow and the second is Lula Landry. Both of them are dead and killed by John Bristow himself, also a killer of Rochelle Onifade, Lula's homeless friend. The motives of his killing is first because he wants the primary attention to his adoptive mother, but later be known that he also been targets the money that Lula has as being a model.

"My parents adopted her," said Bristow meekly, as though he knew what Strike was thinking. "We were all adopted." (Galbraith, 2013:14)

John Bristow and Cormoran Strike are having conversation in the beginning of the novel, John explains how the parents, Lady Yvette and Alec Bristow is adopted a daughter and he also explains how they (John, Charlie and Lula) is being adopted also. The second child, Charlie Bristow was Cormoran Strike's friend when they just a nine-year old kid. Adopted by Lady Yvette and Sir Alec Bristow, he is not mention a lot in the novel, but known to have a close relationship with Lady Yvette, and he totally loved by Lady Yvette. Dead when he just nine-years old, the cause of the dead known to because he fell to the quarry while bicycled, but later in the end of the novel, Cormoran Strike

confronts John Bristow that Charlie's death is because of him.

Lula Bristow, or known as Lula Landry as her stage name is the second sibling of John Bristow, she is adopted right after the death of Charlie Bristow. She dies when she aged 23 in *The Cuckoo's Calling*. First she was assume to be dead because of the act of suicidal, but later in the end of the novel, she was murder by her own adoptive brother, thus makes her the second victim of John Bristow after he killed Charlie. She in the novel tried to look her biological brother named Jonah Ageyman and later known to be received Lula's heir that also been targeted by John Bristow.

"You wouldn't have met Lula," Bristow went on, again as though Strike had spoken his thoughts aloud. "My parents didn't adopt her until after Charlie had died. She was four years old when she came to us; she'd been in care for a couple of years. I was nearly fifteen. I can still remember standing at the front door and watching my father carrying her up the drive. She was wearing a little red knitted hat. My mother's still got it." (Galbraith, 2013:15)

The quotation above is when John talk to Cormoran Strike about who Lula is. It proves that John Bristow are having a family relationship with both Charlie and Lula. Eventhough they doesn't relate as a real brother and sister, but they still have the family relationship as an adoptive siblings.

"Yvette and Alec adopted the two boys, but she had no idea how to manage them." (Galbraith, 2013:158)

Cormoran Strike asks Tony Landry to know more about the Landry's family and connection that has the relation with the death of Lula Landry, Tony Landry is the uncle of John, Charlie and Lula, he is the relative that happens to know about the previous incident about Charlie's death. He stated that Lady Yvette and Alec Bristow is indeed adopt both Charlie and John.

"And it was after Charlie died, wasn't it, that your sister and Sir Alec adopted Lula?"

"Which was probably the single most stupid thing Alec Bristow ever agreed to," said Landry. (Galbraith, 2013: 159)

The conversation between Cormoran Strike and Tony Landry indicates that Landry is confirming that even Lula herself is also being adopted by Lady Yvette and Alec Bristow. The adoption of Lula happens right after the death of Charlie Bristow. Later this study will elaborate more about why Lady Yvette and Alec adopt another child again, and how it affects John Bristow's condition.

From quotations above, Lady Yvette and Alec Bristow has the role to be the Idealized Parents because

they both is adopt John and Charlie Bristow. As John stated in previous quote (Galbraith, 2013:15) John Bristow himself is still fifteen, and as a adoptive son, he must be wanting the love from both Lady Yvette and Alec Bristow. John wants to transfer his love to both Lady Yvette and Alec Bristow.

John's actions and behaviours towards his adoptive mother, Lady Yvette Bristow can be seen clearly in the sub-chapter of B Criteria on Attention seeking below, those quotations will shows how much he loves Lady Yvette as his Idealized Parents.

"John was jealous when she first came to us. He had been devastated about Charlie...but they ended up being very close friends. Very close." (Galbraith, p. 344, 2013)

It is happen when Lady Yvette Bristow gives her statement about John Bristow to Cormoran Strike when he asks Yvette. She stated to Strike how John's condition when Lady Yvette adopted another child. She stated that John is totally jealous over Lula, it means that John is totally love his mother, Lady Yvette.

At the beginning of the novel when John meets Strike, Strike also clarifies why john is actually crying when he ask Strike to re-investigate Lula's case.

"“You wouldn't have met Lula,” Bristow went on, again as though Strike had spoken his thoughts aloud. “My parents didn't adopt her until after Charlie had died. She was four years old when she came to us; she'd been in care for a couple of years. I was nearly fifteen. I can still remember standing at the front door and watching my father carrying her up the drive. She was wearing a little red knitted hat. My mother's still got it.

And suddenly, shockingly, John Bristow burst into tears. He sobbed into his hands, hunch-shouldered, quaking, while tears and snot slid through the cracks in his fingers. Every time he seemed to have himself under some kind of control, more sobs burst forth.” (Galbraith, p. 24-25, 2013)

John Bristow tells Strike how Lula is being adopted in the first place and how she walks into John's life, and the truth is, he cries because he is being overly jealous to Lula. In this moment, John Bristow is already 34 years old, and he easily cries when he thought about how Lula is being brought into his life. He still being jealous towards Lula, eventhough the quote about John's saying above is happen three months after Lula's death. It means that he is still love her mother and jealous if there are another person, even if they are John's own siblings.

So, the cause of John Bristow's sadness probably he is totally in love with Lula, how he longing for Lula, how he feel lost because of her death. Every person whom read the novel for the first time will think the same way but below quote will explain the truth.

“Unloved.Neglected.Overshadowed.

Always felt hard done by, haven't you? I noticed it the first day I met you, when you burst into those moving tears at the memory of Lula being carried up the drive into your home, into your life. (Galbraith, 2013:364)

Cormoran's Strike deduction about John Bristow at the end of the novel shows that he tries to understand why John is crying when he told the story about Lula, why he suddenly cried. Strike's deduction above is said when he knows everything he had to know about John Bristow, Lula Landry, Charlie and Lady Yvette Bristow. Strike concludes that John is just being jealous over Lula.

John Bristow from quotes above is the same as Freud stated that original Libido is in the form of ego and later in will be given to the other objects (p.75, 1914). So John Bristow is trying to give his ego to other objects, in this case is her adoptive mother Lady Yvette Bristow by showing his affection, his attention towards Lady Yvette Bristow.

Align with Kohut statement about Grandiose Self and Idealized Parents, John as an adoptive son, thinks that he is supposedly and automatically loves his both parents Lady Yvette and Alec Bristow. John's narcissistic development could be healthy, but to be healthy, the Idealized Parents, Lady Yvette and Alec Bristow must give back the affection to the children, in this case John Bristow, Charlie and Lula and if not, the narcissistic healthy development will be disturbed, and even though John loves his mother so much but if Lady Yvette cannot give the amount of love that John needed, John's narcissistic healthy development is disturbed and considers not healthy.

The next chapter will explain how Lady Yvette Bristow's actions. Lady Yvette's actions causes John Bristow's unhealthy narcissistic development and thus turn him into a person that having a Narcissistic Personality Disorder. It will elaborate more in the next chapter.

1.2 The Relationship between John Bristow and his Adoptive Mother.

According to Kohut the parents who incapable in loving their child like parents ought to be, the balance of primary narcissism will be disturbed by the individual's maturation process and their emotional scar (Kohut, 1966, p.246). In *The Cuckoo's Calling*, Lady Yvette Bristow, as the sole adoptive mother of John Bristow, cannot give the proper affection to John Bristow, thus John Bristow's maturation process is considered unhealthy.

Below quotations will elaborate more about how Lady Yvette Bristow treat her three adopted children, how is she towards John Bristow that totally loves her and cares for her, and how is she towards her two adopted children that has been killed by John Bristow. The quotations below also include Lula's friends and her families' opinion about what kind of parent Lady Yvette is.

“Uh huh,” said Strike. He had an exceptionally accurate memory; thinking back to that huge, cool, well-ordered house, and the blazing acres of garden, he remembered a languid blonde mother presiding at the picnic table, the distant booming voice of an intimidating father; a surly older brother picking at the fruit cake, Charlie himself making his mother laugh as he clowned; (Galbraith, 2013:14)

The quotation above is coming from Cormoran Strike's memory when he just meet John Bristow for the first time. Strike's memory is about how Charlie (his childhood friend that has been dead) with his families. In Strike's accurate memory, Charlie was playing happily with Yvette, and Yvette herself was laughing because of Charlie, but John Bristow just picking a fruit cake, and Strike remembers him as an older brother that has a mean-look.

Therefore, somehow that John Bristow was probably jealous over Charlie and Yvette was totally in love with Charlie rather than John, because Charlie can makes Yvette to smile and happy, and Charlie himself is smiling because of that while John is somehow making a bad-looking face while he picking cake with no one to be share to.

Below quotations are coming from Lady Yvette Bristow herself, she gives answers to Strike's personal questions about how she actually feels towards her three adoptive children and her husband Sir Alec Bristow.

“There were chalky white lines around her faded irises. As he sat, Strike noticed two more silver-framed photographs standing on the bedside table. With something akin to an electric shock, he found himself looking into the eyes of ten-year-old Charlie Bristow, chubby-faced, with his slightly mullet haircut: frozen forever in the eighties, his school shirt with its long pointed collar, and the huge knot in his tie.”

“Beside Charlie's photograph was a smaller one, of an exquisite little girl with long black ringlets and big brown eyes, in a navy blue school uniform: Lula Landry, aged no more than six.” (Galbraith, p. 340, 2013)

The narrative above is when Cormoran Strike wanted to interview Lady Yvette Bristow in her house in Chelsea, he looks into the interior of Yvette's room. In the room he sees that only Charlie's and Lula's pictures are on her side, there is no picture of John, while John is should be the oldest son that adopted by Lady Yvette and Sir Alec.

Even from the photographs, we can see that Lady Yvette is only of her only two adoptive children, Charlie and Lula, Charlie has the biggest frame while Lula has smaller frame. It could be the amount of love

Lady Yvette gives towards Charlie and Lula. For John Bristow himself, he seems like has no place besides Lady Yvette, eventhough just in the form of a photograph. Lady Yvette's interior above totally stated that she never really love John Bristow. Lady Yvette from above just only adore both Charlie and Lula, and if Lady Yvette also love John, she would have John's picture also, not only Charlie's and Lula's to be standing in her bed.

"Charlie," said Lady Bristow, pitifully. "I told her about the day he died. I had never really talked to her about it before. The worst, the very worst day of my life." (Galbraith, 2013: 344)

Cormoran Strike asks Lady Yvette about the conversation she had between Lula and Yvette herself in the morning before Lula died. Lady Yvette answers that she had a talk with her about Charlie Bristow, from the quotation above, Lady Yvette said that the day when the Charlie died, is her very worst day in her life. The use of superlative word "worst" above and the addition of the word very, it means that Yvette totally loves Charlie, far more than Lula, Alec and John.

The love she gives to Charlie actually is probably a proper affection that a mother should give to their children, but Lady Yvette doesn't give that love to John Bristow like she gives her love to Charlie, Lula or Alec. Below is the quotation that tells how Lady Yvette loves Lula Landry.

"Oh no, he wouldn't have done that." She seemed to find this a strange suggestion. "I wanted her to be mine, just mine, you see. Alec would have wanted to protect me, if he knew anything. I could not have borne the idea that somebody out there might come and claim her one day. I had already lost Charlie, and I wanted a daughter so badly; the idea of losing her, too..." (Galbraith, 2013:342)

Above quotation is when Strike asks her whether Sir Alec adopted Lula without considering the background of Lula in the first place. Yvette is simply doesn't care about the proper adoption process, she just simply wanted Lula to be her child, she also stated that even the idea of someone that want to claim Lula to be their child is unbearable to Lady Yvette. In the end of the quotation, she wants to state her sadness about Lula's death but the nurse that brings the coffee for Strike and it interrupts her to do so.

In later quotation (Galbraith, 2013:346) on page 46, Lula is not in love with Yvette like Charlie loved her. Because of that, there is a high probability that Lady Yvette is tried her best to give her affection to Lula to make Lula love her like how Charlie loved her just like before he died. Below quotes tells us about how Yvette tried her best to make Lula love her back.

"Possessive. Morbid. Didn't want to let Cuckoo out of her sight in case she died, like the kid she'd been bought to replace. Lady Bristow used to come to all the shows, getting under everyone's feet, till she got too ill. (Galbraith, 2013:210)

The quotation above is Guy Some's dialogue when he investigates by Cormoran Strike. Guy is a designer that design Lula's outfit and three other artists, Guy is a male that has a woman touch, for him Lula is just like his own daughter and he states that he has a close relationship to Lula rather than the others, Guy himself also come up with the nickname Cuckoo, he uses it to call Lula.

Guy thinks, Lady Yvette is being over possessive, she just wants Lula to be always in her side, he even says Yvette is quite peculiar and somehow not normal like the ordinary mother. He stated that Lula just like a thing that has been bought to replace to fill her desire of having a child after she loses Charlie. Lady Yvette also uses to come to every Lula's shows until her cancer is grown bigger.

"She did seem a bit down, a bit distracted, but I just put it down to having seen her mum. They had a weird relationship. Lady Bristow was, like, really overprotective and possessive. Looly found it, you know, a bit claustrophobic." (Galbraith, 2013:266)

The quotation above comes from Ciara Porter's answer when Cormoran Strike investigates her about Lula's death and asks about what makes her feel distress when the day she dies. Ciara works as model as Lula did, and she also knows Lula quite a lot, eventhough not close as Guy Some. She explains that Lady Yvette and Lula doesn't quite have the relationship as a mother and a daughter, and she also stated the same thing as Guy does that Lady Yvette is totally being overprotective, she also added that Lady Yvette is just want Lula to be her only child and will be mad if someone tries to take or steal Lula away. Lula herself feels that her adoptive mother could get a panic attack if she is away from Lady Yvette.

From both quotation from Guy Some and Ciara Porter as her close associates, we can see how Lady Yvette Bristow loves Lula Landry, Yvette seems to really love Lula until her actions could be too much to handle. Guy Some and Ciara Porter knows Lady Yvette either by Lula's complain about her and their own perspective until they can conclude how Lady Yvette's characteristics towards Lula.

The next quotation that comes straight from Lady Yvette Bristow herself, will elaborate more about how she actually feels towards her three adoptive children.

"But since then, I've come to think that perhaps I have deserved all of it," said Lady Bristow distantly, her eyes fixed on the

ceiling. "I've wondered whether I'm being punished. Because I loved them too much. I spoiled them. I couldn't say no. Charlie, Alec and Lula. I think it must be punishment, because otherwise it would be too unspeakably cruel, wouldn't it? To make me go through it again, and again, and again." (Galbraith, 2013: 346)

Still in the dialogue between Cormoran Strike and Lady Yvette, in here she stated that maybe, the death of Charlie, Lula and Alec could be her own mistakes because she feels like she is being too much in loved with them, but she doesn't mention John Bristow at all, she also never ever mention about loving and spoiling John. If she did also love John Bristow like he loves Charlie, Lula or Alec, at least as a mother, she should be grateful for still having John as his first adopted son.

The lack of affection that experienced by John Bristow is somehow makes his Narcissism healthy development is disturb. John Bristow himself thinks that Lady Yvette is the type of mother that could be very affectionate to her children, like he seen Lady Yvette spoiled Charlie while he was young, like how she deeply in love with Lula Landry. John himself thinks all the possibilities of why Lady Yvette cannot love him back like she loves Charlie and Lula.

Align with Kohut's statement "interruption of the healthy narcissistic development through parental rejection and overindulgence" (1966, p. 253) that phenomenon is usually happens inside of one individual. For John Bristow is the different somehow, he is the one that experienced the parental rejection, he feels how being resent by his own mother, how he feel unloved by his mother, but yet, the mother actually can still give her affection to both his adoptive siblings, Charlie and Lula, also from quotations above we can assume that Lady Yvette is love them too much and she has tendencies to overindulge both Charlie and Lula.

2. Description of John Bristow's Narcissistic Personality Disorder.

American Psychiatrists Association or APA has a guidance about a person that having a Narcissistic Personality Disorder, there are five criteria about Narcissistic Personality Disorder that has been revised from time to time, and for the recent revision, there are five criteria that will be explain below and see if John Bristow meets all five criteria, and John Bristow will diagnosed as having a Narcissistic Personality Disorder if he meets all the criteria.

2.1 John Bristow's Impairments in Personality Functioning (A Criteria)

The first is the personality functioning criteria that shows by John Bristow through the entire novel,

there are two manifestations of this criteria and if John Bristow is have an NPD, he must met at least one from these two manifestations, the first is impairments in self-functioning and the other is impairments in interpersonal functioning. Below is the definition of the two manifestations from A criteria from John Bristow. Impairments in self-functioning is how John Bristow is react to his internal problems through the entire novel and this impairments is divided into two, they are identity and self-direction, if John at least meet either identity and self-direction, he meets the A Criteria for impairments in self functioning.

John Bristow in *The Cuckoo's Calling* is totally want to have an identity of being a good and devoted son to Lady Yvette, below is the quotation from Lady Yvette Bristow and Cormoran Strike.

"My brother's being much nicer to me now he knows that I'm dying. He visits a lot now. Always putting down poison about John, of course. He's always done that. But John has always been very good to me. He has done things for me while I've been ill...things no son should have to do. It would have been more appropriate for Lula...but she was a spoiled girl. I loved her, but she could be selfish. Very selfish." (Galbraith, 2013:348)

Lady Yvette's reference about John Bristow shows that John is actually needed this identity. To fulfill his ambition to be loved by his mother he needed to be a devoted son that always shows affection to his mother, and from Yvette's opinion he successfully achieves his identity.

"I see. I get it. You're another one, are you? Another fucking armchair psychologist? Charlie's dead, my father's dead, Lula's dead and my mother's dying—I've lost everyone, and I need a bereavement counselor, not a detective. D'you think I haven't heard it about a hundred fucking times before?" (Galbraith, 2013:19)

John Bristow's quotation above shows how unstable of his self-esteem is, before the quotation, Cormoran Strike just want to make sure to John that probably Lula is dead because of suicide, but later like has stated above, his anger burst and he talks about some psychologist that once questioned him. John shows that he cannot maintain his emotional regulation due to his unstable self-esteem.

Below is Bryony Radford's opinion about John Bristow when she questions by Cormoran Strike. Bryony Radford is Lula's personal make up artist and one of the people she meets on the day she got killed, she knows about Lula's associate and friend, but she

barely knows them. She gives her statement about John Bristow towards Lula.

“Well—she really loved her brother, didn't she? God, that was always obvious. He was probably the only person she could really rely on. Months before, around the time she and Evan split up the first time, I was making her up for the Stella show, and she was telling everyone her brother was really pissing her off, going on and on about what a freeloader Evan was. And you know, Evan was jacking her around again, that last afternoon, so she was thinking that James—is it James?—had had him right all along. She always knew he had her interests at heart, even if he was a bit bossy sometimes. This is a really, really exploitative business, you know. Everyone's got an agenda.” (Galbraith, 2013:259)

Bryony Radford probably one of many person that close to Lula, but she never hear the true story from Lula herself, in above quote she inaccurately mentions John's name into James, it means that she doesn't know a lot about John Bristow. She judge that Lula must be in love with John, but she doesn't seem so sure about that. According to her, John Bristow is taking a stand between Lula's relationships with Evan Duffield. John Bristow is somehow being a good brother in front of everyone, he wanted to looks like he care for his sister by argue with her about Evan Duffield.

In accordance as DSM-5 stated that John Bristow is really need other's opinion to maintain his identity. He needs to be seen as a good brother in front of Lula's associate so her friend probably assume that he is being kind to Lula. The truth, Lula is just another individual that exist as a money maker to him.

John in the first and second quotation also proves that his identity in impairments in self-functioning is happen inside John Bristow. The way he wanted to become a good son to achieve his desired goal, to be loves by Lady Yvette, and the way he burst into sudden anger. Thus John Bristow is met the condition for identity in impairments in self-functioning.

The second one for impairments in self-functioning is Self-Directed. In *The Cuckoo's Calling*, he does extreme actions like kills his two adoptive siblings so he can be approve by Lady Yvette Bristow to become a good and lovable son. Below are the quotation that can support the idea.

“...Your parents hadn't even taken you with them to get her, had they? They left you at home like a pet dog, the son who wasn't enough for them once Charlie had died; the son

who was about to come a poor second all over again.” (Galbraith, 2013:364)

Quotation that happens between Cormoran Strike in the end of the novel who confronts John Bristow to give his opinion about what is actually did by John proves that John is just an adoptive child that never acknowledge by Lady Yvette and Sir Alec Bristow. Cormoran Strike says that when Lady Yvette and Sir Alec is about to adopt Lula, they didn't bring John along, and in this moment, he must be thinks that he will become the second child again, just the same like before he killed Charlie. In that moment, his goal to be love by Lady Yvette is still cannot be achieve

“You must've known your sick mother would be a much softer touch, especially once you were her only remaining child. And that in itself must have felt great, John, didn't it? The idea of being the only child, at long last? And never losing out again to a better-looking, more lovable sibling?” (Galbraith, 2013:364)

Strike confronts John Bristow that his mother could be a lot more gentle to John when John is become the only adoptive child in the family, no more Charlie and no more Lula. He thinks the possible cause of Lady Yvette cannot love him back is because of his adoptive siblings, thus he sets his goal which is to be admired by Lady Yvette by killed his two adoptive siblings. John's goal is just want to be love only.

From two quotations above we can see that John is do things because he has set his goal to be appraised by his mother. For that John Bristow is also met the Self-directed impairments in Self-impairments. John Bristow has met not only identity but also self-directed, and for this John Bristow is met the A Criteria in Self-personal Functioning.

The second manifestation of A criteria is about impairments in interpersonal functioning or the relationship of John Bristow that has a probability to have an NPD to his society. How John Bristow behave, contact and to communicate with other individual in *The Cuckoo's Calling*. John Bristow will meet the criteria if he either shows the empathy or intimacy that done by an individual that has an NPD according to DSM-5.

John Bristow has lack in empathy, it means that John Bristow feels no remorse towards other. He could give the attention to other person in *The Cuckoo's Calling*, but if it only has the correlation to John Bristow himself. Below quotations will describe more about that fact.

“And you killed her, just the same way you killed Charlie, just the same way you

later killed Rochelle: you pushed her, hard and fast—maybe you lifted her—but she was caught by surprise, wasn't she, just like the others?" (Galbraith, 2013: 367)

Another Strike's quotation near the end of the novel when he confronts John Bristow about what he has done in *The Cuckoo's Calling*. Strike stated that John is the one who is responsible for the death of three characters, the first is Charlie Bristow, second is Lula Landry, and the third is Rochelle Onifade, she is the homeless that friends with Lula Landry. The connection between John and Rochelle will be discussed later in this sub-chapter.

The murder that happens three times not only proves that John Bristow cannot feel any remorse or compassion towards others, he according to Cormoran Strike will do another two murders again if John is still let loose.

"Wardle, unless someone brings the fucker in, there are two more people in danger of being knocked off." (Galbraith, 2013: 310)

Cormoran Strike quotation above is when he tries to warn Wardle about the killer, Wardle is the second police officer that handles Lula's case and concluded that Lula is suicide. The very existence of John Bristow until the end of the novel, according to Cormoran Strike will take another victim.

In a relationship between a person with his uncle, normally people will tend to rely on him more or at least be close to each other, to discuss about things or two. John Bristow in his thirties, as a person that has no father anymore, should be close to his only uncle Tony Landry, but John's relation with him is not as a family.

"Are you close to your nephew, Mr. Landry?"

"What has that got to do with anything?"

"It might explain why he didn't tell you what he was thinking."

"John and I have a perfectly amicable working relationship." (Galbraith, 2013:157)

Tony Landry's quotation when he got asked by Strike about his relationship with John Bristow. Tony Landry who works in the same law-firm also works as John's boss. Tony states that even he considers John as his nephew, he just having a professional working relationship with John. Tony is later to be known as a sole person who witnessed John push Charlie when they were a little. John at least must have heard about Tony's accusation about him who murdered Charlie, but John doesn't bother to kill him because Alec and Lady Bristow chased Tony away from their home. When they

meet and John has become a real adult, John doesn't simply kill him because Tony knows the fact about him and Charlie, John needs to keep Tony alive because he still needs Tony to run the law-firm due to his secrets about that law-firm financial.

Another manipulative relationship he has is with Alison Cresswell and Alison probably the most useful woman he had on the entire story. Alison works as secretary for Tony Landry and Ciprian May in the law-firm where John also works as a lawyer. Alison is known to have a crush on Tony Landry.

"Have you met his girlfriend? Talk about a beard: I think she's got one." (Galbraith, 2013: 205)

The quotation from Guy Some to Cormoran Strike when Strike mentions about John Bristow, states that he as a close friend to Lula even knows about Alison, but Guy is wrong to assume that Alison is the one who makes a good use of John. A beard is a slang term that has meaning as a person who has the role to camouflage another's sexual orientation. Guy mistakenly thinks that John is the one that is being used by Alison to keep her lesbian identity, but the actual thing is, John is the one who exploits Alison.

"So, how long have you and John been together?" asked Strike.

"A few months."

"You got together before Lula died, did you?"

"He asked me out not long afterwards," she said.

"He must have been in a pretty bad way, was he?"

"He was a complete mess." (Galbraith, 2013: 331)

Above quotation mentions about when John and Alison start their relationship as a couple, in Rochelle's funeral Strike asks how long they've been together, and Alison states that John asks her to go out not long after Lula's death. Alison and Strike in here still think that John probably is broken down after the death of Lula, so he needs some companion, but the actual thing is he asked Alison after his sister's death is because of something else.

"What effect do you think it's going to have in court, John, when Alison takes the stand and tells the jury how you asked her to lie for you? You played the devastated bereaved brother in front of her, and then asked her out to dinner, and the poor bitch was so delighted to have a chance to look like a desirable female in front of Tony that she agreed. A couple of dates later, you persuaded

her to say she saw you at the office on the morning before Lula died. She thought you were just overanxious and paranoid, didn't she? She believed that you already had a cast-iron alibi from her adored Tony, later in the day. She didn't think it mattered if she told a little white lie to calm you down. (Galbraith, 2013: 362)

Alison that works as a Tony Landry's secretary, the uncle that he hates and his superior in the law-firm, Tony also the person who responsible for the financial of the law-firm. John who knows this fact tries to exploit Alison by manipulates her. Above quotation happens when Strike gives the fact of what really happened between him and Alison.

He acted like he really depressed when his sister dead, knowing this fact, Alison as a person that needs some attention without any second thought, accept John's offering to go out with him. Alison wants to be out with John is because she just wanted to look that she is appealing in front of Tony Landry, so she want Tony to be jealous when she goes out with John. John's real intentions are first, he wanted Alison to lies about his whereabouts in the morning when Lula died, he tries to make an alibi by Alison's lie, and luckily Alison agrees to do that because of John's convincing act. The second reason he wants to make Alison as his girlfriend will explained in the quotation below.

"You've been keeping Alison close because you thought she was your fail-safe alibi, and because she's a conduit to knowing what Tony, whom you fear, is thinking." (Galbraith, 2013: 363)

Still the conversation between John and Strike, Strike states to John that he keeps Alison to just about to keeps information about Tony Landry, because as stated before that Alison is Tony's secretary. All his intentions to become Alison's boyfriend are because he just want to uses her. And Strike also states that if Alison is no longer useless, John might have kills her also as i quote from page 15 (Galbraith, 2013: 310)

From the analysis, John Bristow meets the criteria for Intimacy that included in the impairment in interpersonal functioning. He meetshis criteria because he makes a fake relationship with others and he often manipulated them to meet his desired ends. Because John is meet all the criteria from the personality functioning that manifest by self-functioning and interpersonal functioning, can be assume that John is meet the A Criteria as an individual with a Narcissistic Personality Disorder.

CONCLUSION

In conclusion, related to the relationship between John Bristow, his mother Lady Yvette and his two adoptive siblings, Charlie and Lula. Lady Yvette as an adoptive mother cannot give her affection towards John Bristow like she gives to Charlie and Lula. Lady Yvette that overindulge her two adoptive children, but Bristow, somehow makes John thinks that his mother cannot give the proper affection to him because of the existence of Charlie and Lula's, John thinks that it is her fault that Lady Yvette cannot love him back.

All of those situation makes John kills Charlie and Lula, because his healthy narcissistic development is disturb and he wants the love and affection from Yvette. Thus, all John's actions and behaviours that does by John are his ego with narcissistic mortification tries to achieve his ambition. Not only for murderer, but he also manipulative to his environment.

Narcissism that become the natural development to all human being, can makes a person become mentally ill if the person that close to the individual or the parents is unable to give what the individual needs. John Bristow is fictional character that having a Narcissistic Personality Disorder in extreme way that become one of so many example from the real person whose having the real NPD. For being a parents also has to divide the affection that should be given to their children and hopefully in the future, a parents should prevents all these things happens to their future children.

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