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# BIOH 365.01: Human Anatomy and Physiology for Human Professions I

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### **BIOH365 Syllabus Fall 2021**

Human Anatomy and Physiology for Health Professions I

### Course Information:

Instructor: Dr. Bret Tobalske Email: bret.tobalske@mso.umt.edu

Office: HS208

Phone: 406-243-6631

Office Hours: T Th 11:00-12:00, F 10-10:50 & by appointment

Zoom link: https://umontana.zoom.us/j/4198571277

Audio and video of lectures will be recorded live.

### **General Course Information:**

Human Anatomy and Physiology is a 3-credit lecture-based, two-semester sequence course (BIOH 365 and BIOH 370). The lecture focuses primarily on physiological and functional processes whereas the laboratory (BIOH 366 and BIOH 371) focuses on anatomical structure using prosected cadavers, laboratory specimens, animal organ dissection, models, simple physiological experiments and computer simulations. This lecture course is co-required for the associated laboratory course.

This course predominately serves students majoring in biology, pre-medical, prenursing, pre-physical therapy, other pre-health care professions and health and human performance.

### The two-semester sequence is divided as follows:

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BIOH 365/366	BIOH 370/371		
Body Plan & Organization	Endocrine System		
Homeostasis	Cardiovascular System		
Cell Biology Review/Metabolism	Lymphatic System & Immunity		
Histology	Respiratory System		
Integumentary System	Digestive System		
Skeletal System & Articulations  Muscular System  Nervous System	Metabolism Urinary System Fluid/Electrolytes & Acid/Base Balance		
Special Senses			
	Reproductive System		

### **Required Prerequisites:**

College Chemistry: CHMY 121N (CHEM 151N): Intro to General Chemistry -or-CHMY 141N

(CHEM 161N): College Chemistry

College Biology: BIOB 160N (Principles of Biology) -or- BIOH 112 (Introduction to Human Form and Function I)-or- BIOH 113 (Introduction to Human Form and Function II).

### **Recommended Prerequisites:**

BIOB 260: Cellular and Molecular Biology, BIOB272: Genetics and Evolution

To advance to BIOH370 and BIOH371 for the Spring semester, you must earn a grade of C- or higher in BIOH365 and BIOH366.

### Required Course Materials (Included with your course registration fees):

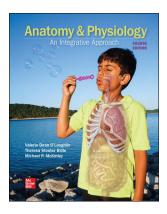
All-inclusive access (you'll get your code from the RedShelf link on the Moodle page). There is an option to buy or rent a paper copy of the book.

Anatomy and Physiology, an Integrative Approach, 4th edition. McKinley, O'Loughlin, Bidle. McGraw Hill, 2022.

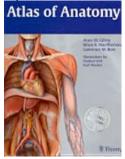
### For the Anatomy Physiology Revealed (the online cadaver dissection tool),

Log in at: www.aprevealed.com

Follow the set-up instructions on screen or click the "my Course Content" button



### **Optional Course Materials:**



Atlas of Anatomy by Anne M. Gilroy, Brian R. MacPherson, Lawrence M. Ross - Thieme (2008) –ISBN-978-1-60404-062-1 or any related edition.

### **Computers and Course Website Information**

Students are expected to be familiar with computers and the Internet. Students are responsible for their own software and computer equipment maintenance and setup as recommended by the University of Montana.

### Class-Specific Computer Requirements:

- Students must download and review posted course materials and other assignments. Students are expected to have a 'back up plan' if personal computers become compromised.
- The University of Montana maintains several computer labs on campus:
- Students are expected to download copies of course information from the Moodle website and to check email for class announcements.
- For technical support for using Moodle, please contact UM IT support:

### Course Goals:

Upon successful completion of this two-course sequence, you will have conceptual and practical information regarding the anatomy and physiology of humans.

### **Course Objectives:**

- 1) Gain an appreciation for the complementarity of anatomical form with physiological function.
- 2) Understand how the body systems work to maintain homeostasis.
- 3) Use critical thinking skills to predict the consequences of homeostatic imbalances on human form and function

# Course outcomes are based on the Human Anatomy and Physiology (HAPS) Learning Objectives:

- 1) Demonstrate understanding of chemical and biological principles and knowledge that serve as the foundation for understanding human anatomy and physiology.
- 2) Understand and analyze cellular processes governing development, growth and normal function of the human body.
- 3) Understand the processes involved with maintaining homeostasis and anticipate what may occur when homeostatic balance mechanisms are lost.
- 4) Demonstrate practical knowledge of human gross and microscopic anatomy using human cadavers and prepared histological slides.
- 5) Identify structures in the body and analyze their relationship with other structures.
- 6) Describe development, regeneration and normal function of body systems
- 7) Understand the cellular and physiological mechanisms that drive tissue formation and function.
- 8) Employ the scientific process for understanding principles of anatomy and physiology.
- 9) Analyze A&P observations and data and determine the potential physiological consequences.

### **Course Information:**

Teaching methods: Although the class size is large, whenever possible we will interact to explore questions. Of particular interest will be case studies of pathological conditions. I will post to the UMOnline (Moodle) page PDF versions of the PowerPoint slides that I use during class presentations.

### Student Responsibilities:

- 1) Students are expected to complete the required reading and assignments prior to class meeting times.
- 2) Students are expected to log on to the course Moodle site regularly to download course materials and read updated course announcements.
- 3) Students are expected to use a CONNECT account in order to complete online assessments throughout the semester. Failure to purchase an online account will result in forfeiture of points earned through the online platform. No makeup points from failure to complete the online assessments are available.
- 4) Students are expected to monitor their email and online platforms for important course announcements.
- 5) Regular attendance in lectures and laboratory is strongly recommended for successful completion of the course.
- 6) If absence from lecture is necessary due to illness, it is your responsibility to obtain notes from another student.
- Students are expected to be respectful to each other, the teaching staff and Dr. Tobalske. Students who fail to do so will be disciplined as described in the student conduct code.

### Students with Disabilities:

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and the Office for Disability Equity (ODE). If you anticipate or experience barriers based on disability, please contact the ODE at: (406) 243-2243, ode@umontana.edu, or visit www.umt.edu/disability for more information. Retroactive accommodation requests will not be honored, so please, do not delay. Dr. Tobalske will work with you and the ODE to implement an effective accommodation, and you are welcome to contact Dr. Tobalske privately if you wish.

Students with disabilities who would like reasonable accommodations must provide documentation to both Dr. Tobalske and the lab instructor the first week of class so that appropriate arrangements can be made. In the event that students decide after the semester begins that they would like to disclose their disability and request accommodations, students must provide documentation at least 10 days prior to the upcoming assessment so that instructors may prepare appropriately. It is the responsibility of students to make sure they understand the types of modifications available to them in both the lecture and laboratory courses prior to assessments.

### **Cultural Leave Policy:**

UM has a Cultural and Ceremonial Leave Policy: "Cultural or ceremonial leave allows excused absences for cultural, religious, and ceremonial purposes to meet the student's customs and traditions or to participate in related activities. To receive an authorized absence for a cultural, religious or ceremonial event the student or their advisor (proxy) must submit a formal written request to the instructor. This must include a brief description (with inclusive dates) of the cultural event or ceremony and the importance of the student's attendance or participation. Authorization for the absence is subject to approval by the instructor. Appeals may be made to the Chair, Dean or Provost. The excused absence or leave may not exceed five academic calendar days (not including weekends or holidays). Students remain responsible for completion or make-up of assignments as defined in the syllabus, at the discretion of the instructor."

### Disruptive behavior

Students who are being disruptive in lecture by talking, texting or playing computer games will be asked to leave the classroom. Such behaviors impact the learning of other students in the classroom and will not be tolerated. Re-admittance to class is at the discretion of the instructor. Students are expected to be reasonably dressed, and respectful during the zoom meetings.

### **Evaluation Methods:**

Your course grade will be determined by your performance in the course according to the following evaluation methods:

### Grading System:

Final Grades will be based upon a total of 460 points. *Final grades will be computed from the total # of points earned /460.* 

Lecture Graded Activity	# of points toward grade
Lecture Exams (4x80 pts)	320
SmartBook	80
Case Studies	80
Attendance (Self-reported)	20
Lecture Total	500

### Assessment:

Exams will be multiple choice format, using scantrons.

No outside materials other than a calculator are permitted during exams. Cell phones must be set in airplane mode and a calculator app is the only allowable function.

Students must present their photo ID at the time they turn in their exam to be graded. If a student does not show a photo ID at the time the exam is collected, the exam will not be graded and the exam will be assigned a grade of zero.

Smartbook adaptive homework assignments are graded based on mastery percent completion of the assignments. That means if you successfully master the material prior to the due date, you will receive 100% completion. If you miss an assignment you cannot make up the work. If you do not complete an assignment in its entirety, you will receive credit only for the work you complete.

Attendance is self-reported using UMOnline (Moodle) primarily for purposes of covid management. Please e-mail Dr. Tobalske in advance of a given class to request an excused absence.

Pathophysiology is a fascinating topic, central to careers in Health Professions. Every one to two weeks, we will explore a case study that is relevant to human health. These will generally involve supplemental reading which will be assigned using UMOnline or McGraw-Hill Connect, and you will submit your answers to these case studies via the same websites. Responses will be due at some point after our in-class discussion of the case study. Points available per case study will vary from 5 to 10, and will be assigned on a binomial scale: credit = maximum points, no-credit = 0 points.

### Make-up Assignments:

NO "make-up" opportunities on missed assignments are available.

### Assessment Review/Grade Disputes

Lecture Exam keys will be posted online after all students have completed the exam. It is the student's responsibility to review the exam keys and understand how they may have missed points. Any disputes regarding test items or examination grades must be communicated by email or through the Moodle specific dropbox when appropriate within 5 days after the exam has been returned to the class or as announced on Moodle. Under no circumstances will examination grades be reconsidered after this window. If a dispute should arise regarding the answer to a lecture or laboratory examination or other assessment item, the judgment of the faculty member will be final. Due to grading deadlines, the grade dispute window will be announced in with regard to the final lecture exam.

### Exam Policy:

With the exception of the final exam, early exams may be arranged to accommodate valid time conflicts. The validity of the time conflict will be evaluated on a case-by-case basis. No exam will be given late. If you miss an exam, the final exam becomes more heavily weighed.

### Correspondence

An official UM student email address must be used for all correspondence.

### Undergraduate Peer Leaders:

There are several peer leaders who will be teaching assistants in lab.

Students interested in becoming a peer leader for future BIOH366 and BIOH371 courses may apply for a limited number of peer advisor positions in the Spring (the deadline is typically March 15). To be eligible to become a peer advisor, students must earn a grade of B or higher in BIOH365 and BIOH370 and must fill out an application. Promising candidates will be invited for an interview. Peer leaders are undergraduate students who enroll in BIOH480 or BIOH481 for assisting in laboratory instruction. Peer leaders also participate in cadaver dissection. Interested candidates are encouraged to talk with Dr. Tobalske, laboratory instructor and their current peer advisors.

### **COVID-19 Safety Protocols**

- Review the University of Montana policies and suggestions surrounding Covid-19. They can be found at the following link: <a href="https://www.umt.edu/coronavirus/coronavirus faqs.php">https://www.umt.edu/coronavirus/coronavirus faqs.php</a>
- 2) Presently, mask use is required in class.
- 3) You must wear a face mask in indoor rooms including lecture and lab. This policy will be reevaluated September 20, 2021.

Class Schedule and Assigned Readings in Textbook (Subject to Revision; There will be other assigned readings for Case Studies)

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Week	Dates	Topic	Readings (Textbook)
1	Aug. 30, Sep. 1, 3	Introduction to Human Body	Chapter 1
2	Sep. <b>(6 No Class)</b> 8, 10	Chemistry Review Enzymes and Metabolism	Chapter 2, Chapter 3
3	Sep. 13, 15, 17	Biology of the Cell	Chapter 4
4	Sep. 20, 22, 24	Exam 1 Tissue Organization	Chapter 5
5	Sep. 27, 29 Oct. 1	Integument	Chapter 6
6	Oct. 4,6,8	Skeletal Bone Structure and Function	Chapter 7
7	Oct. 11, 13, 15	Axial and Appendicular Skeleton	Chapter 8
8	Oct. 18, 20, 22	Articulations Exam 2	Chapter 9
9	Oct. 25, 27, 29	Muscle Tissue	Chapter 10
10	Nov. 1,3,5	Axial and Appendicular Muscles	Chapter 11
11	Nov. 8, 10, 12	Nervous System: Nervous Tissue	Chapter 12
12	Nov. 15, 17, 19	Nervous System: Brain and Cranial Nerves	Chapter 13
13	Nov. 22 (24, 26, No Class)	Nervous System: Spinal Cord and Spinal Nerves	Chapter 14
14	Nov. 29, Dec. 1, 3	Exam 3 Nervous System: Autonomic Nervous System	Chapter 15
15	Dec. 6, 8, 10	Nervous System: Special Senses	Chapter 16
16	Dec. 16 (Thursday)	Final Exam 8:00-10:00	Chapters 1-16