

Eastern Illinois University

## The Keep

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Program Catalogs

Academy of Lifelong Learning

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Fall 2013

### Fall 2013

Academy of Lifelong Learning

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**School of Continuing Education**  
 600 Lincoln Avenue  
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**From Jack & Jan Little, members:**

We have been members of the Academy since the beginning and have participated when we are able. Sometimes we cannot attend due to our travel. Most of the programs/classes are quite affordable. The Academy offers a wide variety of offerings for community members, which draws people from various backgrounds. We like meeting new people and sharing our common interests. Also, we are happy to see some outreach to local businesses, so we can learn more about them. Since we are now in our mid-sixties, we know the advantage of continuing to learn and keep our brains and bodies active. We consistently recommend the Academy to our friends and family and will continue to support it however we can.



Enjoyable, affordable  
 educational experiences  
 for people of all ages

**PROGRAM  
 GUIDE**

Fall 2013

academy of Lifelong Learning  
 EASTERN ILLINOIS UNIVERSITY™

Visit us on the Web:  
[www.eiu.edu/  
 adulted/all.php](http://www.eiu.edu/adulted/all.php)

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School of  
**Continuing Education**

[www.eiu.edu/adulted](http://www.eiu.edu/adulted)

# Index

Welcome	1
What's New for 2013–2014?	1
Legend	2
Audit Courses for Fall 2013	3
The Arts	4–5
Enrichment	6–7
Halloween Costume Party	8
Healthy Living	9–10
History	11
Local Interest	12–13
Sociology	14
Upcoming Travel Plans	14
Become a Member	15
Purpose of the Academy	16
Advisory Council	16
Supporting Staff	16
Partnership/Sponsorship Opportunities	17–18
Our Partners/Sponsors	19
EIU Resources for Fun and Learning	20
Continuing Education Opportunities	21
Reminder List: What I Registered For	22
Membership/Course Registration Form	23–24
EIU Campus Map	inside back cover

# Welcome

Welcome to Fall 2013! Fall is my favorite season for many reasons. I find the brisk air positively energizing! Less yard work and travel means more time to read, one of my lifelong passions. I hope you find our fresh direction compelling and you'll join us in trying something new. Should you have any suggestions or feedback, please call me!

Marita Metzke  
Interim Coordinator  
217-581-5114

# What's New for 2013–2014?

Many changes are being made to our Academy, which we hope will improve your experience as a lifelong learner. First we've changed our name from The Academy of Lifetime Learning to **THE ACADEMY OF LIFELONG LEARNING**. The change is subtle, but clarifies the role of education in enriching life for the entire journey. In addition, *we no longer have an age restriction*, and welcome any adult learner!

The program guide is organized by topics of interest, and you will find page-edge 'tabs' labeling each section. The topics are: Enrichment, Healthy Living, The Arts, History, Local Interest and Sociology. In addition, we've implemented icons on each listing for special details about each listing, i.e. whether the listing is for a one-day workshop, a multiple-meeting course, a travel opportunity, etc. The legend on p. 2 will help you decipher the icons on each listing.

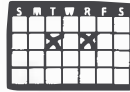
We've created many innovative opportunities for learning and fun this fall, that are more experience-based. We have:

- Added more courses that will meet at off-campus locations
- Offered more **FREE** events
- Partnered with multiple area businesses to offer **new** discounts for Academy members
- Scheduled field trips (local interest outings and single-day trips), and
- Arranged a four-day trip to explore St. Louis

Memberships run from **September 1, 2013 THROUGH August 31, 2014**; your free membership gift (a deluxe, embossed padfolio) will be presented at your first course!

## Legend

**Multi-Meeting Courses** A multi-meeting course is a series of meetings scheduled for multiple dates, and is designed to investigate an in-depth topic. Each lesson builds upon the previous meeting's content, with the end goal of developing a knowledge base or skill set regarding the topic of study. A one-time registration fee covers all meeting dates in the series, and participants should plan to attend all meetings to receive the full benefit of the course.



**Workshops** A workshop is a single-meeting event lasting one to three hours, which serves as an introduction to a topic of interest. A workshop topic may be offered multiple times on the Academy schedule. Participants pay a per-meeting registration fee and may attend a single meeting, or may register to attend multiple times.



**Member-Only Social Events** A Member-Only social event is reserved for Academy members only (and their guests in the case of Intergenerational Opportunities). A registration fee covers the cost of your ticket and event coordination.



**Lunch & Learn** Lunch & Learn Lectures are free events scheduled monthly during lunch hours. These events are special opportunities for Academy members to socialize and to learn about services and resources in the Coles County community or to be entertained or informed on a topic of interest. Introduce a friend to the Academy by bringing them along to a Lunch & Learn lecture. No pre-registration is required; bring your lunch and receive your green Academy lunch bag for your next visit!



**Field Trip** Remember school days, taking field trips to area attractions and businesses to learn what goes on around us? A Field Trip is a short-term (1-3 hours) visit to a local business or establishment for an introduction to the location and how it impacts the community we live in. We will meet at the location identified for an educational introduction. Dining out before or after the event will enhance the learning with lively discussions. Transportation and meals are NOT included for field trips.



**Travel Opportunity** A Travel Opportunity is a day-long or multi-day, extended travel event that explores a topic or area in-depth. Transportation and, in the event of multi-day events, lodging and some meals are included in the cost of these events.



**Intergenerational Opportunity** Look for our Intergenerational Opportunity icon next to some of our event listings. This icon signifies that an event is appropriate for pint-sized guests. Bring your child, grandchild, or favorite young friend for some intergenerational fun!



Intergenerational Opportunity

## Audit Courses for Fall 2013

Academy members have the unique opportunity to take select traditional college courses without the burdens of tuition, homework or grades. These free courses were selected based on expressed interests, upcoming Academy travel opportunities and current world issues. All courses offered are subject to availability. To inquire or register for a course, please call Debbie Meadows at 581-5114.

### Elementary French I

First semester of a two-semester course in which speaking, listening, reading, writing and culture are emphasized.

### Elementary German I

First semester of a two-semester course in speaking, listening, reading, writing, and culture are emphasized.

### Introduction to International Relations

An introduction to the primary theories and political issues in international relations, including examination of the causes of war, international organizations, foreign policy making, the politics of the world economy, and other political issues of transnational character, e.g., terrorism, AIDS, and the environment.

### Introduction to Ethics

This course offers an examination and critical analysis of a variety of ethical theories from classical through the present and their practical application to contemporary issues. In addition, this course examines a variety of contemporary moral problems such as abortion, euthanasia, animal rights, and capital punishment.

### Human Impacts on the Environment

Emphasis on human impacts on the environment and the necessity of conservation. Discussion of sustainability and resources as potential factors limiting society's development. Focus on humans as agents of environmental change.

## Gallery Talk by Sculptor Jeff Boshart



Thursday, September 5, 2013  
11:30 a.m.–1 p.m.

EIU Tarble Arts Center,  
Main Galleries  
Jeff Boshart, Instructor

**This is a FREE Event!**

Register by August 29, 2013

Jeff Boshart, sculptor and guest curator for the *Skulptcher Werkz* alumni exhibition, will present a free talk about the exhibition, and about Summer Sculpture Residency program by EIU alumni. *This event is co-sponsored by the EIU Academy of Lifelong Learning and the Tarble Arts Center.*

## Conklin's Barn II Dinner & Theatre



Sunday, September 8, 2013  
9:30 a.m.–6 p.m.

Conklin's Barn II Dinner & Theatre,  
Goodfield, IL

Academy Members Only: \$60\*  
\*Includes transportation,  
meal and show.

Register by August 21, 2013  
(limit 9 participants)

Join us for a scrumptious buffet meal and presentation of *Greater Tuna*, a hilarious comedy about Texas' third smallest town, where the Lion's Club is too liberal and Patsy Cline never dies. Seating is limited, so register early. Transportation will be provided from the parking lot across from EIU Blair Hall (behind Old Main) on 9<sup>th</sup> Street in Charleston. *No registrations will be accepted after August 21, 2013.*

## Pokey LaFarge



Thursday, September 12, 2013  
7:30 p.m.

EIU Doudna Fine Arts Center,  
Dvorak Concert Hall

Academy Members Only: \$7

Register by August 19, 2013

**Pokey LaFarge** is a musician, songwriter, entertainer, and preservationist, whose well-rounded arsenal of talent has placed him at the forefront of American music. Over the last decade, Pokey has won the hearts of music lovers across the globe with his creative mix of early jazz, string ragtime, country blues and western swing. Rather than merely conjuring up half-forgotten imagery of days past, Pokey is a lyrical storyteller, the plot delivered smoothly through his dynamic vocals.

I think you learn more if  
you're laughing at the same time.

~Mary Ann Shaffer

## Little Shop of Horrors



Friday, October 25, 2013  
7:30 p.m.

EIU Doudna Fine Arts Center,  
The Theatre

Academy Members Only: \$7

Register by August 22, 2013

A down-and-out skid row floral assistant becomes an overnight sensation when he discovers an exotic plant with a mysterious craving for fresh blood. One of the longest running Off-Broadway shows of all time, this affectionate spoof of 1950s sci-fi movies is charming, tuneful and hilarious!

## A Call to Duty



Thursday, November 7, 2013  
7:30 p.m.

EIU Doudna Fine Arts Center,  
Dvorak Concert Hall

Academy Members Only: \$7

Register by October 17, 2013

*A Call to Duty* honors those who have served their country with a wide array of patriotic music that pays tribute to our nation.

## Let Nature Fall



Thursday, November 14, 2013  
1–4 p.m.

Rathskellar, East Wing Lower Level,  
EIU MLK University Union  
Jennifer Tariq, Instructor

Academy Member: \$30;  
Non-member: \$60

Register by November 7, 2013  
(limit 15 participants)

Design fabulous, easy fall decorations for your table and entertaining areas. Using natural items from the Douglas-Hart Center, we will create a leaf mosaic jar which can serve as a candleholder or vase. Learn to use twigs to accessorize candles and other decorative pieces. Three projects will be made with all materials supplied.

## An Evening of Tennessee Williams



Friday, November 15, 2013  
7:30 p.m.

EIU Doudna Fine Arts Center,  
Black Box Theatre

Academy Members Only: \$7

Register by October 24, 2013

Come enjoy this presentation of one-act plays by one of our most lyrical playwrights, directed and designed by EIU Theatre Arts students.

## Book Club



Tuesdays, September 10, 24, October 8, 22, November 5 & 19, 2013  
5–6:30 p.m.

Jackson Avenue Coffee Shop,  
708 Jackson Avenue, Charleston, IL  
Pam Collins, Carrie Johnson &  
Marita Metzke, Facilitators

Find a cozy chair, grab a hot cup of coffee and enjoy discussing *Unintended Consequences* by local author E. C. Hoppin (Available for purchase at SBLHC gift shop, \$10). This short, easy-read mystery will be the first book for discussion in our book club. The following books will be chosen by our club members.

**This is a FREE event!**

Register by September 3, 2013

## Norway's Fjords and Baltic Sea Ports



Wednesday, September 11, 2013  
Noon–1:30 p.m.

EIU Blair Hall, Room 2116  
Bob & Mary Jorstad, Presenters

Come learn about features seen on tours of the countryside and port cities of Scandinavia, Russia and Estonia.

**This is a FREE event!**

## Tuscan Hills Winery



Saturday, September 14, 2013  
11:45 a.m.–3:30 p.m.

Tuscan Hills Winery,  
2200 Historic Hills Dr.,  
Effingham, IL

Academy Member: \$28;  
Non-member: \$56

Register by September 2, 2013  
(limit 13 participants)

Tuscan Hills Winery provides a relaxing and intimate setting for tasting some of the area's finest wines. Join us for some wine tasting and a walking tour of the winery in Effingham, Illinois. The optional wine tasting is \$5 for six samples. Transportation from the EIU campus will be provided.



Find us on  
**Facebook**



Find out what we are doing and explore the many resource links on our Fan Page!

To learn more about Facebook, including how to become a friend, go to **www.facebook.com** and join the millions on Facebook by signing up. Look for us by typing in **EIU Academy**.

Facebook is a registered trademark of Facebook, Inc.

## Let's Begin Using Computers



Tuesdays, October 15, 22 & 29  
11 a.m.–Noon

EIU Buzzard Hall, Room 1430  
Pam Collins, Instructor

**This is a FREE event!**

Register by October 8, 2013  
(limit 15 participants)

Learn the extreme basics of computer use. Find out how to use a computer, starting with finding the “On” button. This series is for new users or those who have never tried using a computer, and will progress at a pace suited to your comfort level.

## On the Way to the Grand Canyon



Wednesday, October 16, 2013  
Noon–1:30 p.m.

EIU Blair Hall, Room 2116  
Martha Brown &  
Cheryl Birkhead, Presenters

**This is a FREE event!**

Take a scenic look at sites along the way from east central Illinois to the Grand Canyon, including Route 66, National Parks and Monuments, slot canyons, historic hotels, the influence of the Santa Fe railroad and Fred Harvey on the early development of the southwest.

## Calligraphy:



Learn Rhythmic Flourishes and Old-World Elegance of Writing

Tuesdays, November 5, 12, 19 & 26  
4:30–6 p.m.

EIU Blair Hall, Room 2116  
Brent Bensley, Instructor

Academy Member: \$50;  
Non-member: \$100

Register by October 29, 2013  
(limit 15 participants)

Learn the skills to make creative lettering for scrapbooking, letters, certificates, posters and signs. Imagine the excitement on people's faces when they see beautiful calligraphy on a note from you! All materials will be supplied.

## My 20-year Addiction to NYC



Wednesday, November 13, 2013  
Noon–1:30 p.m.

EIU Blair Hall, Room 2116  
Carolyn Wilson, Presenter

**This is a FREE event!**

Come learn about New York City: the theatre, how to navigate the Metra system, and hear how Bryant Gumbel cooked breakfast for Carolyn. See pictures of Times Square, areas to visit, and hear anecdotes about theatre performances and celebrity sightings.

# Halloween Costume Party



Join Eastern Illinois University's  
**Academy of Lifelong Learning**  
for a **Halloween Costume Party!**  
Saturday, October 12, 2013  
6-10 p.m.

- Food
- Drinks
- Fun
- Music
- Dancing
- Costume Contest

featuring **SUEDE**

Rocking the Central Illinois area for more than a decade, SUEDE is busting out classic rock and blues and some original SUEDE at the Academy of Lifelong Learning's rockin' Halloween Party!

MLK University Union,  
Grand Ballroom

Advance Tickets: Single \$29  
(through October 5) Couple \$55  
After October 6 and door sales:  
Single \$40 / Couple \$65

**This event is open to the public.**  
For best prices, reserve your tickets early!  
Order tickets or get more information at 217-581-5114  
or [www.eiu.edu/adulted/Halloween.php](http://www.eiu.edu/adulted/Halloween.php)

## Bike & Hike Ice Cream Social



Tuesday, September 10, 2013  
11 a.m.-1 p.m.

Bike & Hike  
959 18<sup>th</sup> Street, Charleston, IL  
Brendan Lynch, director

**This is a FREE event!**

Bike & Hike will host a field trip (area business visit), including biking education, and Ice Cream Social. Brendan Lynch, Bike & Hike director, has offered Academy members a 10% discount on all purchases!!! Parking will be available at Twice is Nice (across 18<sup>th</sup> Street from Bike & Hike) from 11 a.m.-1 p.m.



## Let's Learn Tai Chi



Tuesdays & Thursdays,  
September 10, 12, 17, 19, 24 & 26  
1:30-3 p.m.

Kiwanis Park, Charleston, IL  
Suzi Coffman, Instructor

Academy Member: \$40;  
Non-member: \$80

Register by September 3, 2013  
(limit 15 participants)

Originating in China thousands of years ago, Tai Chi is extremely beneficial in promoting improved balance, flexibility and muscle tone. Tai Chi also aids in the relief of stress and improving overall health and mental well-being. Beginning students and those who want more experience with basic Tai Chi are welcome to join this fun and relaxing course.

## Is Sugar the New Tobacco?



Thursday, September 19, 2013  
5-7 p.m.

EIU Blair Hall, Room 3108  
Sally Ryan, Instructor

Academy Member: \$20;  
Non-member: \$40

Register by September 12, 2013  
(limit 15 participants)

The current efforts by health-oriented groups and units of local government to regulate dietary sugar follows a close parallel to early efforts to regulate tobacco, especially in minors. Part of this effort rests on a new understanding that sugar is a toxic and weakly addictive substance. We will identify parallels between sugar consumption, health outcomes, behavior, environmental influences, public policy and the history of changing attitudes and behavior regarding tobacco use.

## Staying Head Strong



Wednesday, September 25, 2013  
10–11:30 a.m.

SBLHC Education Center,  
Madison Room  
Cheri Burcham, Instructor

Academy Member: \$20;  
Non-member: \$40

Register by September 18, 2013  
(limit 20 participants)

Research shows that routinely challenging your brain improves memory and overall cognitive functioning. Learn a variety of techniques that will “exercise” your brain and keep it healthy.

## Meditation:

### A Venture Into Tranquility and Contentment



Tuesdays, October 8, 15, 22 & 29  
5–7 p.m.

SBLHC Education Center,  
Madison/Jefferson Rooms  
Jay Shinde, Instructor

Academy Member: \$40;  
Non-member: \$60

Register by October 1, 2013  
(limit 20 participants)

Engage in meditation to lead a calmer, richer, and quite possibly, a more meaningful life. Meditation techniques are non-denominational and can be tailored to any participant, regardless of belief system or religious background. Studies indicate that meditation is efficacious for stress relief, depression, anxiety, resentments, cravings, and addictions. Many studies suggest that meditation has a positive general impact on life.

### From Lillian Greathouse, member:

The Academy of Lifetime Learning has been an integral part of my life since its inception. I go to METS and garden to exercise my body, and I go to Academy events and read to exercise my brain! There is such a variety of activities in which you can participate, and you can do as many or as few activities as you wish. I have participated in each type of activity (workshops, classes, social events), and I do not regret taking any of them; in fact, I once ended up on the front page of the Charleston Times Courier doing a ‘balancing act’ from a workshop on Wii-Fit!

There are great opportunities to participate in discussions with other students, and it’s great to meet new friends from various locations across East Central Illinois. Personally, I enjoy the history sessions and travelogues for ‘members only’; as you go through the program booklet, you will discover that there is something for everyone—yourself included!

## Vietnam:

### A Brief History and Its Impact on Veterans



Tuesdays, September 17,  
October 1 & 15  
5–6:30 p.m.

EIU Blair Hall, Room 3108  
Craig Eckert, Instructor

Academy Member: \$30;  
Non-member: \$60

Register by September 10, 2013  
(limit 20 participants)

This course will provide a brief overview of the context for U.S. involvement in Vietnam. We will examine some of the ways in which the war was fought and the impact it had on protests at home. Finally, we will explore some of the impacts the war had on veterans, both in the short and long term.

## World History Highlights Through the Arts



Wednesday, September 18, 2013  
9:45 a.m.–3 p.m.

Krannert Art Museum,  
Champaign, IL  
Jinhee Lee, Instructor

Academy Member: \$49;  
Non-member: \$98

Register by September 11, 2013  
(limit 13 participants)

Discover ways in which some of the most important historical highlights are expressed in art forms, and how the key moments in world history are portrayed in some of the most intriguing paintings, sculptures, decorative arts and photos on display at the Krannert Art Museum. How is Napoleon portrayed? How did Native Americans portray Europeans in their drawings? What can you tell about the impact of industrialization, the Great Depression, political revolutions, and post-modernism on various art forms from Asia, Europe, Africa and the Americas? Transportation will be provided. Bring money for lunch afterward in Champaign/Urbana.

## A Visit with the Lincolns



Wednesday, November 20, 2013  
2–3:30 p.m.

Rathskellar, East Wing Lower Level,  
EIU MLK University Union  
Mr. & Mrs. B.F. McClerren,  
presenters

**This is a FREE event!**

Register by November 13, 2013  
(limit 25 participants)

B. F. (Mac) and Dorothy McClerren present Abraham and Mary Todd Lincoln on stage for audiences of all ages. Mac has taken advantage of his astonishing resemblance to the 16th President. He appears and orates as the bearded President. When Dorothy takes on her role, she becomes the “real” Mary Todd Lincoln to viewers. Come and enjoy this portrayal of President and Mary Todd Lincoln.



## Five Feline Farm

Wednesday, October 2, 2013  
1–2:30 p.m.

3713 N County Road 2200E,  
Charleston, IL  
Donna & Julia, Instructors

**This is a FREE event!**

Register by September 25, 2013  
(limit 15 participants)

Come and enjoy the Five Feline Farm. Donna and Julia will share their beekeeping and honey harvesting skills with us, as well as their gardens and orchards. Driving directions will be provided to registered participants.

## Lincoln Log Cabin:

A Historical Tour in Our Own Backyard

Wednesday, October 9, 2013  
2–3:30 p.m.

Lincoln Log Cabin, Lerna, IL  
Wynette Noll, Instructor

**This is a FREE event!**

Register by October 2, 2013  
(limit 20 participants)

Join us at the visitor's center at Lincoln Log Cabin. Walk across the Lincoln Homestead to the reproduction of Thomas & Mary Lincoln's two-room cabin, which was constructed on the original cabin site in 1935. Tour the fully restored Sargent Farm and the spacious timber frame house of Stephen and Nancy Sargent. Get a glimpse of how these progressive people lived in 1845.

## Charleston Fire Station 2

Thursday, October 17, 2013  
10–11:30 a.m.

1510 A Street,  
Charleston, IL  
Lt. Meister, Instructor

**This is a FREE event!**

Register by October 10, 2013  
(limit 20 participants)

If you haven't visited the fire station since second grade, this is your chance. Learn about the firemen, their job and their home away from home. Ask your questions and get tips on fire safety. Bring cash for lunch afterward.

I don't love studying. I hate studying.  
I like learning. Learning is beautiful.

~Natalie Portman

## Mill Creek Pontoon Tour

Wednesday, October 23, 2013  
12:15–3:30 p.m.

Mill Creek Park, Marshall, IL  
Stephanie Romero, Instructor

Academy Member: \$28;  
Non-member: \$56

Register by October 16, 2013  
(limit 12 participants)

Join us on a pontoon tour of Mill Creek Lake. Each boat tour has a 12-person capacity. This is a novel way to get out on a fall day and socialize with friends, take scenic photos, or just sit back and relax in nature. Remember to watch for the resident pair of eagles nesting in the park. Transportation from the EIU campus will be provided.

## Moonshine & More: An Americana Adventure

Wednesday, November 6, 2013  
10 a.m.–4 p.m.

Moonshine & Historic Marshall, IL  
Dwight Connelly, Instructor

Academy Member: \$21;  
Non-member: \$42

Register by October 30, 2013  
(limit 13 participants)

A wide spot in the road at the southwest corner of Clark County, Moonshine—home of the world-famous Moonburger—is the 'in' spot for the elite to meet. The store guest-book boasts visitors from all 50 states. Enjoy hospitality and ambience from days gone by. Bring money for lunch. Following lunch, we will head North to Marshall to visit the Clark County Museum and Historical Society buildings. The frame building is on the National Register of Historic Places. The 1853 log house gives a glimpse of life long ago, while the meeting room houses special exhibits. Transportation from the EIU campus is included.

## What Can CCAR Teach Us

Thursday, November 21, 2013  
10–11:30 a.m.

1600 Lincoln Ave, Charleston, IL  
(Next to Pagliai's Pizza)  
Larry Fisher, Instructor

**This is a FREE Event!**

Register by November 14, 2013  
(limit 20 participants)

Did you know that CCAR contributes to our local economy, spending over 6 million dollars (2012) in our community? CCAR was started in 1969 by a group of committed parents who wanted to improve the quality and number of services available to their children. Come and learn about the different services and programs offered by one of Charleston's outstanding community services.

## Impacts of Conscious and Unconscious Stereotyping



Thursdays, October 3 & 10  
6–7:30 p.m.

EIU Blair Hall, Room 3108  
Sally Ryan, Instructor

Academy Member: \$30;  
Non-member: \$60

Register by September 24, 2013  
(limit 15 participants)

Many decisions and conclusions are formed outside our conscious awareness. Of particular concern are the associated health effects of implicit age stereotyping. Age stereotyping (a negative attitude toward older adults) is robust and widespread, and no society seems exempt. Computer research methods make it possible to distinguish our conscious and subconscious attitudes toward broad social categories. This 2-part course presents an overview of implicit and explicit stereotyping with a focus on age stereotypes. Participants will complete an online research test on their own time before returning to the second part of the course for discussion.

## Upcoming Travel Plans

**Hosts wanted:** Travel engages us in many different ways and expands our view of the world. If you are interested in helping to plan the adventures listed below, please call us. We welcome input from our members who value the experiences of scenery, sights and cultures outside central Illinois. Planned upcoming trips include:

**Spring 2014**

**Summer 2014**

**Fall 2014**

**Atlanta, GA**

**Germany**

**Kansas City, MO**

***You'd rather just tag along?*** Information for these trips will be shared with Academy members and the public as it becomes available. We invite you to plan now to participate in one or more of our upcoming travel opportunities. Relieve yourself of the headaches of travel planning and the unknown risks of traveling to a new place, and leave the prep work to us.

It's still too early to start packing, but you can get prepared now for upcoming travel opportunities by auditing a class this semester! Many of our audit classes for Fall 2013 will provide foundation knowledge for planned upcoming trips. See p. 3 of this booklet for more information.

## Become a Member

The Academy is a learning community sponsored by the School of Continuing Education at Eastern Illinois University.

The Academy is open to anyone who has a curiosity and a desire to learn.

A one-year membership for \$35 includes these benefits:

- Travel Opportunities
- Coordinated social events
- FREE monthly Lunch & Learn discussion
- FREE Field Trips
- EIU Library Privileges
- One FREE audited college course per semester (see p. 3 for details)
- Area Business discounts (with more to come):
  - Bike & Hike of Charleston: 10% discount to Academy members  
<http://www.bikeandhikeweb.com/>
  - Pensee's Bookshop on the Square: 10% discount to Academy members  
<http://penseesbookshop.blogspot.com>
  - EIU Bookstore 20% discount (non-technology purchases)  
<http://www.eiubookstore.com/>
  - Curves - Charleston & Mattoon: \$59 registration fee waived!  
<http://www.curves.com/>

The Academy's mission is to grow and serve the educational needs of community members. We welcome your membership and ideas for future programming.

Add your membership to the registration form on p. 23–24 of this booklet when you're registering for your classes, or simply to join the Academy. Become eligible for the great member pricing for all our events, and enjoy all the additional benefits listed above. Welcome to the Academy of Lifelong Learning!

**When was the last time  
you tried something for the first time?**

~Dr. Debra Moore

## Purpose of the Academy

The purpose of the Academy is to provide all community members an outlet for their educational, social and creative pursuits. We provide opportunities to learn new skills, engage in discussion topics of interest, explore new areas of learning and enjoy sharing our unique perspectives. Lifelong learning is generally thought of as ongoing and self-directed. We encourage you to continue the journey with us.

## Advisory Council

Special thanks to the advisory council members who donate their time and expertise to the advancement of the Academy.

Kathleen Anderson	2016	Dave Maurer	2015
Lillian Greathouse	2014	Angie Patrick	2016
Mary Anne Hanner, Chair	2015	Elenor Rentschler	2014
Mark Hillard	2014	Lorenzo Smith	2015
Kathy Hummel	2015	Colleen Stoner	2015
Jana Johnson	2016	Terry Weidner, Past Chair	2014
Audrey Jorns	2016	Cindy White	2016
Jan Little	2014		

## Supporting Staff

Special thanks to the following members of the School of Continuing Education who work diligently for the benefit of the Academy:

Regis Gilman, Dean  
Pamela Collins, Director  
Marita Metzke, Interim Coordinator  
Mary Temples, Assistant Coordinator  
Debbie Meadows, Registration Coordinator  
Diane Highland, Graphic Designer

To provide feedback about the Academy, call the School of Continuing Education at 217-581-5114 or e-mail [academy@eiu.edu](mailto:academy@eiu.edu).

## Partnership/Sponsorship Opportunities

### assist, support & enhance **EIU's Academy of Lifelong Learning**

The mission of the Academy of Lifelong Learning is to provide all community members noncredit lifelong learning opportunities to attain their creative and educational goals. Through the Academy, EIU reaches out to our community, providing stimulating educational opportunities presented by experts in their field of study.

As a self-supporting program of EIU's School of Continuing Education, we rely on donor support to continue to develop quality programming that will serve area residents as they age, adding value to retirement in our community.

Your contribution to the Academy for Lifelong Learning at Eastern Illinois University is appreciated, and helps ensure the Academy's longevity and stability as a community resource. Your donation is tax-deductible and will be used by the Academy to increase programming, offset daily costs, and underwrite expenses for special events, lectures and courses.

Please consider becoming a sponsor of the Academy of Lifelong Learning. Your generosity will promote learning opportunities for lifelong learners in your community. Thank you for your support!

**In learning you will teach,  
and in teaching you will learn.**

~Phil Collins

## Partnership/Sponsorship Opportunities

### Campaign for EIU's Academy of Lifelong Learning

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

Phone (Preferred) \_\_\_\_\_

(Cell) \_\_\_\_\_

Email \_\_\_\_\_

Total Donation Value:     \$50     \$100     \$250     \$500

\$1000     \$1500     OTHER \$ \_\_\_\_\_

Payment will be made in \_\_\_\_\_ MONTHLY     QUARTERLY  
installments beginning \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

A one-time payment of \$ \_\_\_\_\_  
will be made on \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

*(Please make checks payable to Eastern Illinois University Foundation)*

Please indicate how you wish your name(s) to appear on our  
published list of donors: \_\_\_\_\_

I/We wish to remain anonymous.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please call the Office of Philanthropy at 217-581-3313 for additional information.

Make donation checks payable to the EIU Foundation,  
and indicate Academy on the memo line.

Detach this form, complete and mail with your donation to:

**Academy of Lifelong Learning**  
**Eastern Illinois University**  
**600 Lincoln Avenue**  
**Charleston, IL 61920-3099**

*Contributions to Eastern Illinois University Foundation are tax deductible as allowable by law.*

## Special Thanks to Our Sponsors

We offer special thanks to the following local businesses who have generously provided financial support as sponsors of the Academy. We sincerely appreciate their assistance in providing learning opportunities for our area communities.

### Dreamers

- Towne Square Jewelers

### Go-Getters

- Clark's Hearing Aid Service, Gene & Joan Clark
- Cougill Senior Apartments
- First Federal Savings & Loan Association of Central Illinois
- State Farm Insurance, Dick & Lucy Stark
- State Bank of Arthur
- Sutterfield Law Offices, David Sutterfield
- Winning Stitch

These businesses have demonstrated their investment in the success of their community. Please consider returning the favor by frequenting these businesses and availing yourself of the products and services they offer.

You can learn more about sponsorship on pages 17–19 of this booklet, or by calling EIU Foundation at 581-3313 or Pamela Collins at 581-5114.



## EIU Resources for Fun and Learning

### Business Solutions Center

Whether you are an existing business looking to expand or a person who needs specialized assistance with a new business idea, we may be the resource for you. For more information, contact us at 581-2913 or [www.eiu.edu/prairiespark](http://www.eiu.edu/prairiespark).

### Caregiver Workshop Series

Free workshops to teach and support those who are in a caregiving role with parents or other family members. For more information, contact Julie Benedict at 581-8415 or [jabenedict@eiu.edu](mailto:jabenedict@eiu.edu).

### EIU Booth Library

Become a library patron! EIU Booth Library offers Community Borrower cards to Illinois residents over age 18. For more information, contact Circulation at 581-6071 or visit [www.library.eiu.edu/circ/communityborrowers.html](http://www.library.eiu.edu/circ/communityborrowers.html).

### The Daily Eastern News

Find out about what is happening on campus and upcoming events. To read the DEN online, go to [www.dennews.com](http://www.dennews.com). For more information, call 217-581-2812.

### Doudna Fine Arts Center

Find out what is happening at the new Doudna Fine Arts Center at [www.eiu.edu/doudna](http://www.eiu.edu/doudna). For more information, contact the Doudna Box Office at 581-3110 or [doudnatix@eiu.edu](mailto:doudnatix@eiu.edu).

### Tarble Arts Center

A gem of a gallery right here in central Illinois. For exhibit or event information, contact Tarble Arts at 581-2787 or [tarble@eiu.edu](mailto:tarble@eiu.edu).

#### From Tom Spencer, Instructor:

I enjoyed teaching my class on Lincoln and the Nineteenth Century. My current position hasn't allowed me to teach much and this allowed me to keep in contact with history and teaching. The students were knowledgeable, enthusiastic, and a lot of fun to have in class. I greatly enjoyed teaching the course and look forward to teaching other courses in the future.

## Continuing Education Opportunities

### Still waiting for the right time to finish your bachelor's degree?



It may be easier than you think!

EIU offers two degree completion programs specifically designed for busy adults, that can be completed in online or face-to-face classes.

**The Bachelor of Arts in General Studies [BGS]** helps meet the educational goals of mature adults, who can develop a portfolio for the assessment of college-level knowledge earned outside the traditional classroom.

**The Bachelor of Science in Organizational & Professional Development [OPD]** provides a broader conceptual and theoretical framework for understanding organizations, individual professional development and the interaction between the two.

Don't wait any longer to get that diploma! See if one of our degree programs is for you. For more information, call 217-581-5114, or e-mail [offcampus@eiu.edu](mailto:offcampus@eiu.edu)

### Are you dreaming of a second career or wanting to increase your skills for pleasure?

EIU's School of Continuing Education offers a wide selection of non-credit online training courses at reasonable prices. Courses include but are not limited to:

#### Business Courses

- Customer Service Certificate
- Media Buying Strategies
- Photoshop

#### eMarketing & Social Media for Business

- Google Analytics
- Video Marketing Certificate

#### Courses for K-12 Teachers

- Social Media and Online Tools for K-12 Teachers
- Students with Aspergers

#### Leadership

- Certified Virtual Meeting Planner
- Management Boot Camp
- Supervisory and Leadership Certificate

To see the full array of courses and pricing, visit [www.yougotclass.org/catalog.cfm/EIU](http://www.yougotclass.org/catalog.cfm/EIU)

For further information, call 217-581-5114 or email [learn@eiu.edu](mailto:learn@eiu.edu)

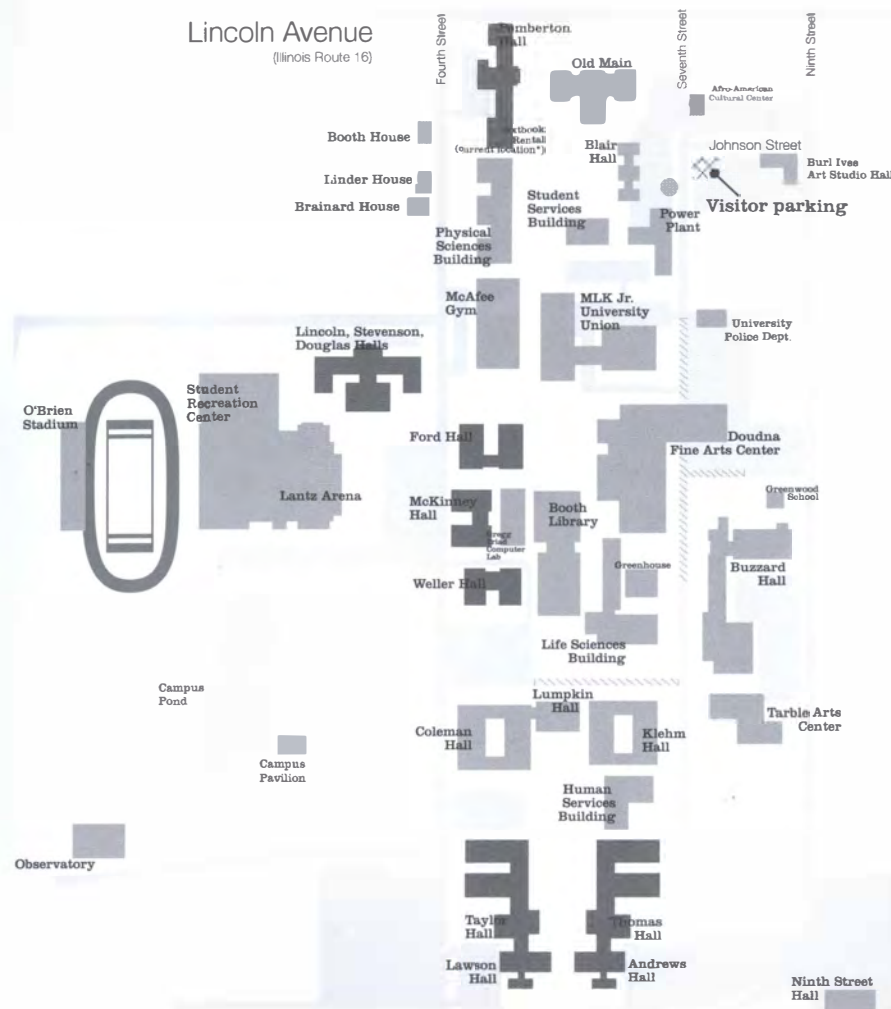


# Membership/Course Registration Form

	# to attend	Event Name	Member \$	Non-Member \$
The Arts	<input type="checkbox"/>	Gallery Talk/Jeff Boshart	FREE	FREE
	<input type="checkbox"/>	Conklin's Barn II Dinner & Theatre	\$60	
	<input type="checkbox"/>	Pokey LaFarge	\$7	
	<input type="checkbox"/>	Little Shop of Horrors	\$7	
	<input type="checkbox"/>	A Call to Duty	\$7	
	<input type="checkbox"/>	Let Nature Fall	\$30	\$60
	<input type="checkbox"/>	An Evening of Tennessee Williams	\$7	
Enrichment	<input type="checkbox"/>	Book Club	FREE	FREE
	<input type="checkbox"/>	Norway's Fjords...	FREE	FREE
	<input type="checkbox"/>	Tuscan Hills Winery	\$28	\$56
	<input type="checkbox"/>	Let's Begin Using Computers	FREE	FREE
	<input type="checkbox"/>	On the Way to the Grand Canyon	FREE	FREE
	<input type="checkbox"/>	Calligraphy	\$50	\$100
	<input type="checkbox"/>	My 20-year Addiction to NYC	FREE	FREE
Healthy Living	<input type="checkbox"/>	Bike & Hike Ice Cream Social	FREE	FREE
	<input type="checkbox"/>	Let's Learn Tai Chi	\$40	\$80
	<input type="checkbox"/>	Is Sugar the New Tobacco?	\$20	\$40
	<input type="checkbox"/>	Staying Head Strong	\$20	\$40
	<input type="checkbox"/>	Meditation	\$40	\$60
History	<input type="checkbox"/>	Vietnam...	\$30	\$60
	<input type="checkbox"/>	World History Highlights Through the Arts	\$49	\$98
	<input type="checkbox"/>	A Visit With the Lincolns	FREE	FREE
Local Interest	<input type="checkbox"/>	Five Feline Farm	FREE	FREE
	<input type="checkbox"/>	Lincoln Log Cabin	FREE	FREE
	<input type="checkbox"/>	Charleston Fire Station 2	FREE	FREE
	<input type="checkbox"/>	Mill Creek Pontoon Tour	\$28	\$56
	<input type="checkbox"/>	Moonshine & More	\$21	\$42
	<input type="checkbox"/>	What Can CCAR Teach Us	FREE	FREE
	Soc.	<input type="checkbox"/>	Impacts of...Stereotyping	\$30
Special Events	<input type="checkbox"/>	Halloween Costume Party	<input type="checkbox"/>	Through Oct. 5, Single \$29
	<input type="checkbox"/>		Through Oct. 5, Couple \$55	
	<input type="checkbox"/>		After Oct. 5, Single \$40	
	<input type="checkbox"/>		After Oct. 5, Couple \$65	

Please complete both sides of this form.

# EIU Campus Map



Detailed campus maps are available for print or web viewing at [www.eiu.edu/map](http://www.eiu.edu/map).

- Residential
- Academic/Instructional
- Under construction
- Streets closed