

If Reflections Could Talk

Senior Project Submitted to
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by
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Annandale-on-Hudson, New York

May 2021

They often say that when you look into the mirror, what you see is very close to what other people see when they look at you. It is also said that nobody can see their true selves when they look into the mirror; so when you look into the mirror, you have no other choice but to assume that the person on the other side of the mirror is the true you. People normally think about what they see on the other side, but what about what you hear? Most of the time when I look into the mirror I'm silent, but whenever I talk, the only person in that room that has a voice is me. My reflection is silent, only mimicking the movement of my mouth and body. Sometimes I wonder if it means whether the things that I am saying to myself... about myself are real or not. The affirmations, the compliments, the swears, the reprimands; I look at and hear myself, but I can never know for sure if the person on the other side is true. If reflections could talk, people would talk to themselves more. Maybe they would be a little more self-aware, maybe they wouldn't. However, one thing is for sure: Until we can meet ourselves for the first time, we can only assume that the person on the other side of the mirror, is the person that walks this world as their true selves.



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For my Loving Mother and Brother.

A thank you from the bottom of my heart to my family, my friends and piers, Daphne Fitzpatrick, David Bush, and everyone that has shown me their unwavering love and support. You all believed in me, even when I didn't believe in myself. I wouldn't have made it this far without you.

Thank you.

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