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Rat Brain Pro-Oxidant Effects of Peripherally Administered 5 nm ceria 30 Days After Exposure

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21

22 **Short title:** Nanoceria pro-oxidant effect on brain

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26

1 **Abbreviations:**

2	3NT	protein bound 3-nitrotyrosine
3	Ce	cerium
4	Cat	catalase
5	EELS	electron energy loss spectroscopy
6	ENM	engineered nanomaterial
7	GR	glutathione reductase
8	GPx	glutathione peroxidase
9	H ₂ O ₂	Hydrogen peroxide
10	Hsp70	heat shock protein 70
11	HNE	protein-bound 4-hydroxy-2-trans-nonenal
12	ICP-MS	inductively coupled plasma mass spectrometry
13	iNOS	inducible nitric oxide synthase
14	MDL	method detection limit
15	PC	protein carbonyl
16	ROS	reactive oxygen species
17	RNS	reactive nitrogen species
18	SOD	superoxide dismutase
19	TEM	transmission electron microscopy
20		
21		
22		

1 **Abstract:**

2 The objective of this study was to determine the residual pro-or anti-oxidant effects in rat brain
3 30 days after systemic administration of a 5 nm citrate-stabilized ceria dispersion. A ~4%
4 aqueous ceria dispersion was iv-infused (0 or 85 mg/kg) into rats which were terminated 30
5 days later. Ceria concentration, localization, and chemical speciation in the brain was assessed
6 by inductively coupled plasma mass spectrometry (ICP-MS), light and electron microscopy
7 (EM), and electron energy loss spectroscopy (EELS), respectively. Pro- or anti-oxidant effects
8 were evaluated by measuring levels of protein carbonyls (PC), 3-nitrotyrosine (3NT), and
9 protein-bound-4-hydroxy-2-trans-nonenal (HNE) in the hippocampus, cortex, and cerebellum.
10 Glutathione reductase (GR), glutathione peroxidase (GPx), superoxide dismutase (SOD), and
11 catalase levels and activity were measured in addition to levels of inducible nitric oxide (iNOS),
12 and heat shock protein-70 (Hsp70). The blood brain barrier (BBB) was visibly intact and no ceria
13 was seen in the brain cells. Ceria elevated PC and Hsp70 levels in hippocampus and
14 cerebellum, while 3NT and iNOS levels were elevated in the cortex. Whereas glutathione
15 peroxidase and catalase activity were decreased in the hippocampus, GR levels were
16 decreased in the cortex, and GPx and catalase levels were decreased in the cerebellum. The
17 GSH: GSSG ratio, an index of cellular redox status, was decreased in the hippocampus and
18 cerebellum. The results are in accordance with the observation that this nanoscale material
19 remains in this mammal model up to 30 days after its administration and the hypothesis that it
20 exerts pro-oxidant effects on the brain without crossing the BBB. These results have important
21 implications on the potential use of ceria ENM as therapeutic agents.

22

23 **Key words:** oxidative stress; ceria; brain; neurotoxicity; nanomaterial, nanoparticles; rat.

24

25

1 **Introduction:**

2 Engineered nanomaterials (ENM) can be manufactured in a variety of shapes and sizes and
3 physico-chemical, surface, as well as optical and magnetic properties. ENMs have numerous
4 applications in research, medicine, electronics and other industries. Physico-chemical properties
5 of nanomaterials differ from their bulk forms mainly because of the larger surface area to mass
6 ratio, which affects reactivity, strength and electrical properties of nanomaterials. Because of
7 their comparable size with biological molecules like proteins and DNA, ENMs can gain access
8 to usually difficult to reach biological compartments in cells (Fubini et al. 2010). Increased
9 surface activity can facilitate interactions with biological molecules, which may evoke greater
10 physiological responses, different from the same basic material with larger particle size, the bulk
11 form equivalent of ENMs (Donaldson et al. 2004; Landsiedel et al. 2009; Xia et al. 2009). One
12 effect exhibited by ENMs is the generation of free radicals or induction of oxidative stress, which
13 is also a primary mechanism of ENM toxicity (Xia et al. 2009). Oxidative stress effects are direct
14 consequences of imbalance in the rates of reactive oxygen and / or nitrogen species (ROS or
15 RNS) production verses scavenging of ROS and / or RNS and / or antioxidant levels
16 (Butterfield et al. 2007).

17
18 Ceria ENM (a.k.a. cerium oxide; CeO₂), which is one of the most used ENM employed in
19 different industrial applications (Yokel et al. 2009; Hardas et al. 2010) has been shown to have
20 both anti-inflammatory properties as well as potent toxicity. However, there is no clear
21 understanding of what exactly controls ceria's pro-or anti-oxidant effects. A recently published
22 report summarizes findings of *in vitro* and *in vivo* studies conducted with ceria ENM under basal
23 and induced oxidative stress conditions (Celardo et al. 2011). Ceria exhibited antioxidant
24 properties evidenced by scavenging free radicals, by reducing levels of peroxides, iNOS, TNF-
25 α, NF-κβ, and interleukin, by promoting cell viability or protecting organelles from diesel exhaust
26 and cigarette smoke-induced oxidative stress, ROS generating chemical agents, or side effects

1 of radiation treatment. Ceria has been suggested for potential use in the treatment of diabetic
2 cardiomyopathy, cancer, stroke, retinal degradation and Alzheimer's disease as well as to
3 prolong life span (Chen et al. 2006; Rzigalinski et al. 2006; Das et al. 2007; Xia et al. 2008;
4 D'Angelo et al. 2009; Hirst et al. 2009; Babu et al. 2010; Colon et al. 2010; Younce et al. 2010;
5 Estevez et al. 2011; Niu et al. 2011). Antioxidant properties of ceria may be related to its SOD-
6 and catalase-mimicking activity (Korsvik et al. 2007; Pirmohamed et al. 2010) attributed to
7 Ce³⁺/ Ce⁴⁺ redox coupling (Celardo et al. 2011). In contrast, there are reports of ceria induced
8 pro-oxidant effects under basal conditions. In different cell culture studies, ceria ENM mediated
9 ROS injury, induced lipid peroxidation, caused membrane damage, led to elevation of the
10 cytokine, IL-8, led to depletion of GSH, and led to reduced cell viability (Brunner et al. 2006; Lin
11 et al. 2006; Park et al. 2008; Auffan et al. 2009).

12
13 To utilize ceria for therapeutic and non-therapeutic applications, it is important to know the long
14 term effects of intended and un-intended ceria exposure on mammals. Most reports on effects
15 of ceria ENM were conducted using non-mammalian organisms or in cell culture, and none of
16 these addressed long-term effects or fate of ceria. In addition to our own previous studies
17 (Yokel et al. 2009; Hardas et al. 2010), a few ceria ENM studies were conducted in intact
18 animals (Chen et al. 2006; Niu et al. 2007; Hirst et al. 2009; Amin et al. 2011; Choi et al. 2011;
19 Hirst et al. 2011; Srinivas et al. 2011; Zhou et al. 2011). One study reports that deposition and
20 retention of ceria in various vital organs and increased WBC count were seen 30 days after
21 intraperitoneal and intravenous injection to mice, but otherwise ceria was tolerated by animals
22 (Hirst et al. 2011). Ceria reduced myocardial oxidative stress in transgenic mice for ischemic
23 cardiomyopathy, rat liver from monocrotaline-induced ROS injury by induction of GSH levels
24 and intravitreal injections of ceria inhibited retinal neovascular lesions (Niu et al. 2007; Amin et
25 al. 2011; Zhou et al. 2011). However, after pulmonary inhalation of ceria ENM, granulomatous
26 pathology and GSH depletion were seen in rat lungs (Cho et al. 2010; Srinivas et al. 2011).

1 Animal studies have also reported that ceria ENM can accumulate in various organs, including
2 the heart and lung, irrespective of the point of entry or distance (from injection point and organ
3 specifically examined) when supplied as intravenous or intra-peritoneal injections or as a food
4 additive (Chen et al. 2006; Niu et al. 2007; Hirst et al. 2009). This accumulation may lead to
5 systemic effects involving the inflammatory response (Celardo et al. 2011) or increased ROS
6 production under normal physiological conditions (Hirst et al. 2011).

7
8 To our knowledge there is no prior information available on the long-term effects (30 d or more
9 after administration) of ceria on brain and how these effects may contrast with an immediate
10 response after the initial ENM contact. Our previous study showed moderate pro-oxidant effects
11 on rat brain, 1 and 20 h after a single acute systemic instillation of 5 nm ceria ENM (Hardas et
12 al. 2010). The current study discusses residual effects of oxidative stress parameters in brain 30
13 days after one single acute ENM peripheral administration using 5 nm ceria ENM. To address
14 the objective, the levels and activities of the antioxidant enzymes catalase, manganese
15 superoxide dismutase (Mn-SOD), glutathione peroxidase (GPx), and glutathione reductase
16 (GR), were measured along with the ratio of reduced glutathione (GSH) to its oxidized form
17 (GSSG). To understand the extent of changes in cellular redox status, the levels of oxidative
18 stress endpoints, protein carbonyl (PC), 3-nitrotyrosine (3NT), and protein bound 4- hydroxyl-2-
19 trans nonenal (HNE), were measured along with heat shock protein (Hsp70) levels.

20

21 **Materials and Methods:**

22 All the materials, methods including the well characterized 5 nm ceria ENM are same as that
23 used in our recently published study (Hardas et al. 2010). The rats used are of the same strain,
24 sex and approximately same weight as that used in the previous study with 5 nm ceria ENM
25 (Hardas et al. 2010). Therefore, only a brief overview is presented.

26

1 **Nanomaterial:**

2 Cerium chloride heptahydrate (Sigma-Aldrich # 228931, 99.9% metal basis), ammonium
3 hydroxide (Fisher #3256, ACS, 28-30%) and citric acid monohydrate (EMD Chemicals Inc #
4 CX1725-1, GR ACS) were used without further purification. A hydrothermal method was used to
5 synthesize ~5nm ceria aqueous suspension. Briefly, a 20 ml aqueous mixture of 0.01 mol
6 cerium chloride and 0.01 M citric acid was added to 20 ml of 3 M ammonium hydroxide. After
7 stirring for 24 h at 50°C, the solution was transferred into a Teflon-lined stainless steel bomb
8 and heated at 80°C for 24 h to complete the reaction. The final dispersion of ceria ENM was
9 infused intravenously to the rats over 1 h without any further treatment or purification.

10

11 **Ceria characterization:**

12 The details of ceria ENM characterization are published in our earlier study (Hardas et al. 2010).
13 In brief, the morphology and crystallinity of the ceria was evaluated using a 200-keV field
14 emission analytical transmission electron microscope (JEOL JEM-2010F, Tokyo, Japan)
15 equipped with an Oxford energy dispersive X-ray spectrometer. The particle size distributions
16 (PSDs) were determined using dynamic light scattering (DLS: Brookhaven Instruments
17 Corporation, 90Plus NanoParticle Size Distribution Analyzer, Holtsville, NY, USA). The surface
18 area of the dried ceria powder was determined using a BETASAP 2020 surface area analyzer
19 that determines particle surface area based on nitrogen adsorption (Micromeritics Instrument
20 Corporation, Norcross, GA, USA). The ceria content of the dispersion and the potential
21 presence of contaminating elements/metals were determined by digestion of ceria dispersion
22 samples and analysis by ICP-MS. Electron energy loss spectroscopy (EELS) was performed on
23 rat liver tissue using a JEOL 2010F STEM outfitted with a URP pole piece, GATAN 2000 GIF
24 (Pleasanton, CA, USA), GATAN DigiScan II, Fischione HAADF STEM detector (Export, PA,
25 USA), and EmiSpec EsVision software (Tempe, AZ, USA).

1 **Animals:**

2 In the current study 16 male Sprague Dawley rats, weighing 328 ± 21 g (mean \pm SD), were
3 obtained from Harlan, Indianapolis, IN, and were housed individually prior to study and after
4 cannulae removal (a few days after the iv infusion) in the University of Kentucky Division of
5 Laboratory Animal Resources facility under a 12:12 h light:dark cycle at $70 \pm 8^\circ\text{F}$ and 30 to 70%
6 humidity. The rats had *ad lib* access to 2018 Harlan diet and RO water. All procedures involving
7 animals were approved by the University of Kentucky Institutional Animal Care and Use
8 Committee. The research was conducted in accordance with the Guiding Principles in the Use
9 of Animals in Toxicology (<http://www.toxicology.org/ai/air/air6.asp>).

10

11 **Ceria administration:**

12 Rats were prepared with 2 cannulae that terminated in the vena cava to administer the ceria
13 dispersion or water (controls) in one and 1.8% sodium chloride in the second, to avoid
14 agglomeration induced by sodium chloride or 10% sucrose, which are commonly added to
15 prepare iso-osmotic solutions (Yokel et al. 2009); (Hardas et al. 2010). Seven rats received 0
16 and nine rats received 85 mg ceria/kg as a single acute dose of ENM. The rats were terminated
17 30 days after the infusion. Post-mortem samples including brain cortex, hippocampus, and
18 cerebellum were harvested rapidly and were frozen in liquid nitrogen and stored at -80°C for
19 later oxidative stress measurements. Cerium concentrations in brain cortex, blood, and liver
20 were analyzed by ICP-MS; Agilent 7500cx, (Santa Clara, CA, USA) after microwave digestion
21 as described previously (Hardas et al., 2010). The detection limits of this method were 0.089 mg
22 Ce/kg. Mean spike recovery ranged from 97 to 105%. Relative percent difference between
23 replicates was $\leq 2\%$ for 30-120 ng Ce/ml and 18% for 1.5 ng Ce/ml.

24 **Light and electron microscopic assessment:**

25 After animal termination brains were removed, sliced coronally in a brain matrix (Braintree
26 acrylic matrix BS-A 6000C). Sections containing hippocampus were fixed by immersion in 4%

1 buffered formalin. Cerebellum was similarly sliced and fixed. Samples were cut into 3 mm
2 cubes, dehydrated and embedded in Araldite 502. After polymerization, one micron thick
3 sections were cut and stained with toluidine blue for LM examination. Selected blocks were
4 sectioned at 80 nm, collected on 200 mesh copper grids and examined in a Philips CM 10
5 electron microscope at 60 kV.

6

7 **Oxidative stress assessment, sample preparation:**

8 All sample preparation and protein assays were carried out as described in our previous
9 publication (Hardas et al. 2010). Each sample was individually thawed and homogenized using
10 a 550 sonic dismembrator from Fischer Scientific for 10 to 20 s on ice. The buffer used for
11 homogenization contained 0.32 M sucrose, 0.125 M Tris, 0.6 mM MgCl₂, and protease inhibitors
12 (4 µg/ul leupeptin, 4 µg/ul pepstatin A, 5 µg/ul aprotinin, and 0.2 mM phenylmethylsulfonyl
13 fluoride) at pH 8.0. Total protein concentration for each sample was measured using the
14 bicinchoninic acid assay and equal amounts of protein from control and treated samples were
15 used in each assay.

16

17 **Oxidative stress markers:**

18 The oxidative stress markers PC, 3NT, and HNE were assessed for each homogenized sample
19 using the slot blot technique. Specific antibodies were used to determine the levels of PC, 3NT,
20 HNE in controls and treated samples as previously described (Hardas et al. 2010).

21

22 **GSH and GSSG levels:**

23 The reduced (GSH) and oxidized glutathione (GSSG) levels were simultaneously measured in
24 each sample as previously described (Hissin and Hilf 1976). A small amount of brain tissue was
25 rapidly weighed, homogenized with metaphosphoric acid (25%) and sodium phosphate (0.1 M) -
26 ethylenediaminetetraacetic acid (0.005 M) buffer (pH 8) and then centrifuged. For GSH levels,

1 an aliquot of supernatant was further diluted with phosphate buffer and then incubated with o-
2 phthaldehyde (OPT), before determination of fluorescence (λ excitation 350 nm and emission
3 420 nm). For GSSG levels equal volumes of supernatant were incubated with N-ethylmaleimide
4 (0.04 M) for 30 min and then diluted with sodium hydroxide (0.1 N), before assaying with OPT.
5 The GSH to GSSG ratio for each sample was calculated by comparing the fluorescence values
6 from each assay to their respective calibration curves. The final values are % control of mean \pm
7 SEM of treated vs. control samples.

8

9 **Western blot analysis:**

10 The levels of the antioxidant enzymes GR, GPx, MnSOD, catalase, Hsp70 and iNOS were
11 measured using immunoblotting-Western blot techniques as described in our earlier
12 publications (Sultana et al. 2008; Hardas et al. 2010). In brief, 75 μ g protein from each
13 homogenized sample was loaded and separated on SDS-PAGE alongside its respective
14 control. The separated proteins were transferred from poly-acrylamide gels to nitrocellulose
15 membranes, and then the band of specific protein identified using a specific antibody against
16 that protein. The band-intensity was quantified as previously described (Hardas et al., 2010) by
17 using the image analysis software, ImageQuant, purchased from GE Healthcare.

18

19 **Enzyme activity assays:**

20 The activities of GR, GPx, MnSOD and catalase enzymes were measured as described earlier
21 (Hardas et al. 2010), with commercially available kits from Cayman Chemical Company, Ann
22 Arbor, MI, USA as per the manufacturer's instructions. Suitable protein samples from each
23 organ (i.e., 10-20 μ g for brain homogenate) were mixed with assay buffer and with other specific
24 reagents for each assay on 96-well plates. Enzymatic reactions were initiated by addition of
25 reaction initiator reagents, NADPH for GR, cumene hydroperoxide for GPx, xanthine oxidase for
26 SOD, and hydrogen peroxide for the catalase assay. Progression of the each reaction was

1 studied separately by spectrophotometry at 340 nm (for GR and GPx), at 460 nm (for SOD) and
2 at 540 nm (for catalase).

3 **Data and statistical analysis:**

4 The slot blot, Western blot and enzyme assay results are presented as mean \pm SEM. The
5 control mean was normalized to 100%. Grubb's test was used to identify outliers in oxidative
6 stress parameter results. Student's unpaired t-test was used to evaluate significant difference
7 between controls and ceria treated samples. Subsequently, two-way ANOVA was conducted to
8 determine the differential effect of ceria ENM treatment among the three brain regions studied.
9 Significance was accepted at $p < 0.05$.

10

11 **Results:**

12 Ceria composition

13 HR-TEM/HR-STEM showed the ceria ENM was polyhedral shaped (Figure 1). The XRD
14 patterns demonstrated the ceria was highly crystalline, with face centered cubic unit cells with
15 corresponding Miller indices of the most common faces of (111), (210) and (200). Evaluation of
16 a number of TEM images showed that the ceria had a number-average primary particle size of
17 ~ 5 nm. The ceria ENM surface area was $121 \text{ m}^2/\text{g}$, assuming the density of a ceria nanoparticle
18 7600 kg/m^3 (the bulk density), the back-calculated average diameter should be 6.5nm that fits
19 our TEM observation quite well. Analysis by ICP-MS of the ceria dispersion used showed that
20 the ceria content of the as-synthesized dispersion was $4.35 \pm 0.20\%$ and the free cerium ion
21 content was $11.6 \pm 0.3\%$.

22 Dispersion properties

23 The citrate ion was found to be a stabilizing electrolyte for ceria nanoparticles. At pH below 7.0
24 the ceria agglomerated; therefore, the ceria was maintained as an aqueous dispersion at pH 7.7
25 to 8. Zeta potential of the citrate-stabilized particles was $-53 \pm 7 \text{ mV}$ at pH ~ 7.35 (Hardas et al.
26 2010). In general, dispersions with absolute values of zeta potential greater than 30 to 40 mV

1 are expected to be stable, and the stability of dispersion is better with higher zeta potential. The
2 cerium concentration in samples taken from the top and bottom of two ceria dispersion samples
3 in covered 15 ml centrifuge tubes that were un-disturbed for > 2 months were within 2.5% of
4 each other, demonstrating dispersion stability (data not shown).

5

6 Ceria concentration in brain and electron micrography

7 ICP-MS analysis showed that a very small amount of ceria was present in the brain compared
8 to the liver (Table 1). Electron micrographic studies suggested that ceria ENM was not present
9 in the brain, but located on the luminal side of the blood brain barrier (BBB) endothelium. The
10 hippocampus and cerebellum tissues did not show obvious ceria induced injury as no necrotic
11 neurons or elevated gliosis were observed and the BBB was visibly intact (data not shown).

12

13 EELS results

14 Electron energy loss spectroscopic (EELS) measurements on liver tissue were performed as a
15 representative organ. The 5 nm ceria agglomerates were located in the tissue 30 days after
16 infusion into rats. The ratio of Ce(3+) to Ce(4+) was evaluated using EELS measurements *in*
17 *vivo* 30 days post infusion. Further, this ratio was compared with the ratio of Ce³⁺/Ce⁴⁺ obtained
18 in freshly synthesized ceria. The high Ce³⁺/ Ce⁴⁺ ratio that was obtained in the as-synthesized,
19 fresh 5 nm ceria particles seems to have only been altered slightly in individual ceria measured
20 in liver after 30 days *in vivo*. However, this difference was not significant (data not shown).

21

22 Oxidative Stress Indices

23 The primary aim of these studies was to evaluate indices of oxidative stress in brain 30 days
24 following a single ceria ENM administration.

25

26 *Ceria treatment affected catalase levels and activities*

1 Previously ceria ENM was reported to have a H₂O₂-producing ability (Korsvik et al. 2007);
2 therefore, the effect of 5 nm ceria ENM on levels and activity of a primary H₂O₂-reducing
3 enzyme (catalase) was determined in the present study. Catalase activity was significantly
4 decreased in the hippocampus (~18%, *p<0.05, Figure 2b) and catalase levels were
5 significantly decreased in the cerebellum (~16%, *p<0.05, Figure 4a). To determine the
6 influence of ceria treatment on the SOD enzyme or contribution to H₂O₂ levels from SODs, if
7 any, the level of MnSOD and its activity were measured. There were no significant changes
8 observed in the levels or activity of MnSOD (data not shown).

9

10 *Ceria treatment decreases GPx levels, activity and the GSH-GSSG ratio*

11 GPx reduces H₂O₂ along with other peroxides using glutathione (GSH) as a source of reducing
12 equivalents. The activity of GPx was significantly decreased in the hippocampus (~69%,
13 **p<0.001, Figure 2b) and in cerebellum (~23 %, *p<0.05, Figure 4b). GPx levels showed a
14 decreasing trend in all brain regions, but was significantly decreased only in cerebellum (~27 %,
15 *p<0.05, Figure 4a). Within the three brain regions examined, hippocampal GPx activity was
16 significantly inhibited compared to that in cortex and cerebellum (**p < 0.01). GR levels were
17 significantly decreased (~24%, *p<0.05, Figure 3a) in the cortex. GR activity did not show any
18 significant change in any of the three brain regions studied. A marker of overall cellular redox
19 status was evaluated by comparing the GSH:GSSG ratio of ceria-treated samples. The GSH:
20 GSSG ratio was significantly decreased in the hippocampus (~13%, *p<0.05, Figure 2b) and
21 cerebellum (~15%, **p<0.01, Figure 4b) consistent with an increase in oxidative stress.

22

23 *Ceria treatment induced protein oxidation*

24 The levels of PC showed a significant increase in the hippocampus (~ 19%, *p<0.05, Figure 2c)
25 and cerebellum (~12 %, *p<0.05, Figure 4c) in treated vs. control samples. 3NT levels were
26 significantly increased in the cortex (~20%, *p<0.05, Figure 3c). There was no significant

1 change in protein-bound HNE levels in any of the three brain regions examined. Consistent with
2 increased 3NT levels in cortical region, iNOS levels were increased significantly (~27%,
3 *p<0.05, Figure 3d), and there was a positive correlation between 3NT and iNOS levels (r=
4 0.67, p < 0.05, Figure 3d).

5

6 *Hsp-70 levels increased after ceria treatment*

7 Hsp-70 is a member of the heat shock protein family and inducible by oxidative stress. Hsp-70
8 levels were significantly increased in the hippocampus (~49%, *p<0.05, Figure 2a), as well as
9 compared to that of cortical and cerebellar Hsp70 levels (*p<0.05). In the cerebellum Hsp70
10 levels were increased (~40% *p<0.05, Figure 4a). These results are consistent with diminution
11 of GSH levels indicated by the decreased GSH: GSSG ratio in these brain regions.

12

13 **Discussion:**

14 The present work was conducted to evaluate the oxidative stress effects of ceria ENM in brain
15 30 d after a single acute peripheral administration of 5 nm ceria ENM. ROS and RNS are
16 inevitable byproducts of all major metabolic cellular processes and conspicuous by their high
17 reactivity and high cytotoxicity. Apart from being a cause for many pathological conditions or
18 cellular disturbances, ROS/ RNS also play important roles in cell signaling pathways and
19 cellular homeostasis (Celardo et al. 2011; Butterfield et al., 2001). Therefore, balancing
20 excessive and insufficient ROS/RNS is critical, and endogenous enzymes like GPx, GR,
21 catalase and SOD as well as antioxidants like glutathione maintain this redox balance efficiently.
22 Any perturbation to this redox balance causes oxidative stress. One of the mechanisms by
23 which nanomaterials induce toxicity is by inducing ROS production, elevating oxidative stress,
24 which damages proteins, lipids or DNA (Butterfield and Stadtman, 1997; Nel et al. 2006;
25 Sharma Sharma 2007; Mocan et al. 2010).

1 Owing to its redox switching between two oxidation states, 3+ and 4+, ceria exhibits catalytic
2 activity, which has made it useful in industrial applications (Celardo et al. 2011). Ceria's surface
3 redox capability can affect the immediate surroundings and has been strongly linked to particle
4 size (Gilliss et al. 2005). The characteristic oxidation and reduction in ceria ENM is linked to the
5 continued possibility to absorb and release oxygen by inducing oxygen vacancies close to the
6 particle surface. The Ce^{3+}/Ce^{4+} valance switch resembles redox behavior of some biological
7 antioxidant enzymes like SOD and catalase. The high Ce^{3+}/Ce^{4+} ratio is responsible for the
8 ceria ENM SOD-mimetic activity (Korsvik et al. 2007).

9 In our previous study, the same 5 nm ceria ENM at the same dose as used in the present study
10 showed moderate effects, on brain redox status, while catalase levels and activities were
11 increased in hippocampus after 1 and 20 h, respectively, and catalase activity was decreased in
12 cerebellum after 1 h. No change was seen in PC, 3NT and HNE levels (Hardas et al. 2010).
13 Although, ceria ENM was not found in the brain, but located on the luminal side of the BBB
14 endothelial cells and the BBB was intact, the current study demonstrated that 5 nm ceria ENM
15 produced significant pro-oxidant effects in the brain 30 days following administration and their
16 retention in peripheral organs (Figure 5). Based on the EELS analysis, it would appear that even
17 after a long-term exposure time of 30 days ceria continued to show a significant +3 valence on
18 the surface. Similar high +3 valence was observed on surface of ceria ENM after short-term
19 retention inside the rat, as seen in our previous study (Hardas et al. 2010), which was not
20 significantly different compared to freshly prepared ceria. This finding clearly defines an
21 enhanced oxygen storage capacity (Nesic et al.) of the ceria surfaces that does not diminish
22 greatly throughout the 30 day exposure period. Yet, ceria with enhanced OSC was shown in the
23 current study to have a significant pro-oxidative effect in the brain after the long-term exposure
24 following a single administration.

1 As depicted in Figure 5, a decline in the GSH: GSSG ratio (in hippocampus and cerebellum) in
2 the current study indicates elevated oxidative stress in the cellular environment. A similar
3 observation was reported in Park *et. al.* in which 30 nm ceria depleted GSH levels in human
4 lung epithelial cells in a dose-dependent manner (Park et al. 2008). Hydroxylated derivatives of
5 fullerenes also decreased the GSH: GSSG ratio and induced lipid peroxidation (Nakagawa et al.
6 2011). At the cellular level the GSH: GSSG ratio is dependent on GPx and GR enzymes, and in
7 the current study we observed decreased GPx activity (in hippocampus and cerebellum),
8 decreased GPx levels (in cerebellum) and decreased GR levels (cortex). Similarly, 15 nm silver
9 and 90 nm copper ENM down-regulated GPx gene expression (Wang et al. 2009), 25 nm silver
10 ENM (Rahman et al. 2009) and SWCNT (Wang et al. 2011) inhibited GPx activity, and silica
11 ENM reduced GR activity (Akhtar et al. 2010). Thus it may be possible that after 30 days
12 following administration, ENM have deleterious effects on enzymes needed for maintenance of
13 the reduced thiol status of the cells (Figure 5).

14 Figure 5 also shows that inhibition of catalase and GPx activities may lead to accumulation of
15 H₂O₂ and ultimately increased production of hydroxyl radicals (OH•). Activity of catalase can be
16 inhibited by hydroxyl radicals (OH•) and that of GPx by H₂O₂ and hydroperoxides (Pigeolet et al.
17 1990). Ceria ENM can produce H₂O₂ under abiotic conditions (Korsvik et al. 2007; Xia et al.
18 2008), and H₂O₂ has high membrane permeability (Halliwell 1992). Further H₂O₂ can undergo a
19 Fenton-type reaction to produce highly potent OH• radicals as noted above (Figure 5). A lack of
20 change in SOD activity and level in the current study may imply that endogenous SOD does not
21 account for ceria-induced elevated oxidative stress in brain. Therefore, ceria ENM treatment
22 may have caused induction in ROS that led to oxidative inhibition of antioxidant enzyme
23 activities, decreased the GSH: GSSG ratio and increased in PC and 3NT levels observed in the
24 present study. Similar consequences of oxidative stress were seen after exposure to various

1 other ENM, such as TiO₂ (Hao et al. 2009; Liang et al. 2009; Xiong et al. 2011), SWCNT(Wang
2 et al. 2011), MWCNT(Guo et al. 2011), hematite (Radu et al. 2010), and ZnO (Xia et al. 2008).

3
4 The elevated 3NT levels, a marker for increased nitrosive stress, are consistent with elevated
5 levels of inducible nitric oxide synthase (iNOS). iNOS exists at extremely low levels under
6 normal physiological conditions, but it is inducible by endotoxin and inflammatory cytokines
7 among other stresses (Calabrese et al. 2000). We found a correlation between 3NT levels and
8 iNOS levels in the cortical region of rats examined 30 d after ceria ENM treatment. It may
9 indicate that increased 3NT levels are due to increased NO production in the cortex and we
10 speculate that iNOS levels concurrently may be induced following ceria treatment via increased
11 cytokine production.

12
13 Electron micrograph analysis showed an intact BBB and an absence of any significant amount
14 of ceria in the brain. However, cobalt-chromium ENMs have damaged DNAs without crossing
15 cellular membranes (Bhabra et al. 2009), and the chemotherapeutic drug doxorubicin led to
16 neurotoxic effects without ever crossing the BBB (Tangpong et al. 2006). Similarly, it is
17 conceivable that the observed oxidative stress response in brain regions could be due to the
18 accumulation of 5 nm ceria in peripheral organs and subsequent elevation of BBB-permeable
19 inflammatory cytokines. Studies to test this notion are in progress.

20
21 Induction of heat shock protein Hsp-70 levels as seen in the present study is in agreement with
22 other literature reports. Similar to effects of silver ENM (Ahamed et al. 2010) and fullerene C60
23 (Usenko et al. 2008) treatments, Hsp-70 levels and other oxidative stress markers were induced
24 with concomitant decrease in the GSH: GSSG ratio. In a transgenic mouse model for
25 cardiomyopathy, Hsp-70 levels were increased as an oxidative stress marker of ER stress.
26 Ceria ENM treatment rescued these cells from ER stress and as a result Hsp-70 expression

1 was down regulated (Niu et al. 2007). In the present study, 5 nm ceria ENM indirectly induced
2 ROS production in brain causing depletion of GSH, which initially induces antioxidant levels but
3 over 30 days eventually inhibits H₂O₂-scavenging catalase and GPx enzyme activities. This may
4 increase H₂O₂ levels and therefore OH• production via the Fenton reaction, which may cause
5 protein oxidation and induction of Hsp 70 levels (Figure 5).

6
7 The pro-oxidant effects observed in the brain 30 days after a single intravenous administration
8 of 5 nm ceria ENM are similar to those observed in age-related or Alzheimer disease-related
9 oxidative stress effects previously reported by our laboratory (Butterfield et al., 2001; Butterfield
10 and Stadtman, 1997). Although all three brain regions showed an effect of 5 nm ceria ENM
11 treatment, the extent of changes in oxidative stress indices was not same for all three brain
12 regions. Therefore, depending upon which brain region is affected, the function of that brain
13 region will be compromised. The EELS data suggests that mechanisms other than the valence
14 switching between Ce⁴⁺ and Ce³⁺ oxidation states and the possibility to absorb and release
15 oxygen by inducing oxygen vacancies must play a critically important role in pro-oxidant effects
16 of ceria ENM. At present it is difficult to speculate why 5 nm ceria ENM did not cross the BBB.
17 However, oxidative stress effects induced in brain may have been caused by some peripheral
18 inflammatory cytokines that cross the BBB or by ROS generated as a result of long-term
19 accumulation of 5 nm ceria ENM in peripheral organs.

21 **Conclusions:**

22 Although short term time exposure to ceria *in vivo* leads to a relatively small initial biochemical
23 response (Hardas et al. 2010), ceria administration may prove to be more harmful in the long
24 term. As reported here a single acute dose of 5 nm ceria ENM can adversely affect brain redox
25 status after 30 d. The important point to be noted is that, ceria may induce pro-oxidant effects
26 without crossing or disturbing BBB. The elevated oxidative stress in particular brain regions may

1 | compromise brain functions and conceivably could even lead to neurodegeneration. Thus,
2 | implications of our study are profound for the proposed use of ceria ENM in therapeutic/non-
3 | therapeutic applications, which may lead to human exposure. Therefore, caution is suggested
4 | until and unless such effects as we demonstrated here can be mitigated.

5
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10 | required peer and policy review and therefore does not necessarily reflect the views of the
11 | Agency and no official endorsement should be inferred.

12

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1 **Table legend:**

2 **Table 1:** Cerium concentrations in blood, brain, and liver, expressed as concentration and as a
3 percentage of the ceria ENM dose. [Ce] in mg/kg wet weight of the blood or tissue (mean \pm SD).

4

5

6 **Table 1:** Cerium concentrations in blood, brain, and liver

Cerium concentration [Ce] (mg/kg) wet weight and as a % of the ceria ENM dose^a

	Blood (mg/kg)	Brain (mg/kg)	Liver (mg/kg)
[Ce]	0.11 \pm 0.16	0.38 \pm 0.52	505 \pm 238
% dose	0.01 \pm 0.02	0.008 \pm 0.009	44 \pm 27

7

8 ^a Based on reference volume of blood in the rat (7% of body weight) or weight of the brain or
9 liver times the ceria concentration.

10

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1 **Figure legends:**

2 **Figure 1:** Ceria ENM imaged using HRTEM. The ceria were dispersed on a carbon film.

3 Visually they have a narrow size distribution ranging from 4 to 6 nm, the majority 5 nm.

4

5 **Figure 2:** In hippocampus 30 d after a single acute dose of 5 nm ceria ENM: **a)** histograms
6 showing GR, GPx, catalase, antioxidant enzymes and Hsp70 heat shock protein levels and
7 corresponding Western blot experiments showing protein levels in control [C] and treated [T]
8 samples. The intensity of each band was normalized with intensity of corresponding band of β -
9 actin-loading control (not shown); **b)** GR, GPx catalase antioxidant activities, and GSH: GSSG
10 ratio measured in control and ceria treated samples; and **c)** oxidative stress markers PC, 3NT
11 and HNE levels. The values are calculated as % control for each measurement expressed as
12 mean \pm SEM, control n = 7, treated n = 9, *p <0.05, **p < 0.01, compared to control.

13

14 **Figure 3:** In cortex 30 d after a single acute dose of 5 nm ceria ENM: **a)** histograms showing
15 GR, GPx, catalase, antioxidant enzymes and Hsp70 heat shock protein levels and
16 corresponding Western blot experiments showing protein levels in control [C] and treated [T]
17 samples. The intensity of each band was normalized with intensity of corresponding band of β -
18 actin-loading control (not shown); **b)** GR, GPx, catalase, antioxidants activities and GSH: GSSG
19 ratio measured in control and ceria treated samples; **c)** oxidative stress markers PC, 3NT and
20 HNE levels, and **d)** iNOS levels and correlation between 3NT levels and iNOS levels in ceria
21 treated samples, n=9, r=0.67, p < 0.05. The values are calculated as % control for each
22 measurement expressed as mean \pm SEM, control n = 7, treated n = 9, *p <0.05, **p < 0.01,
23 compared to control.

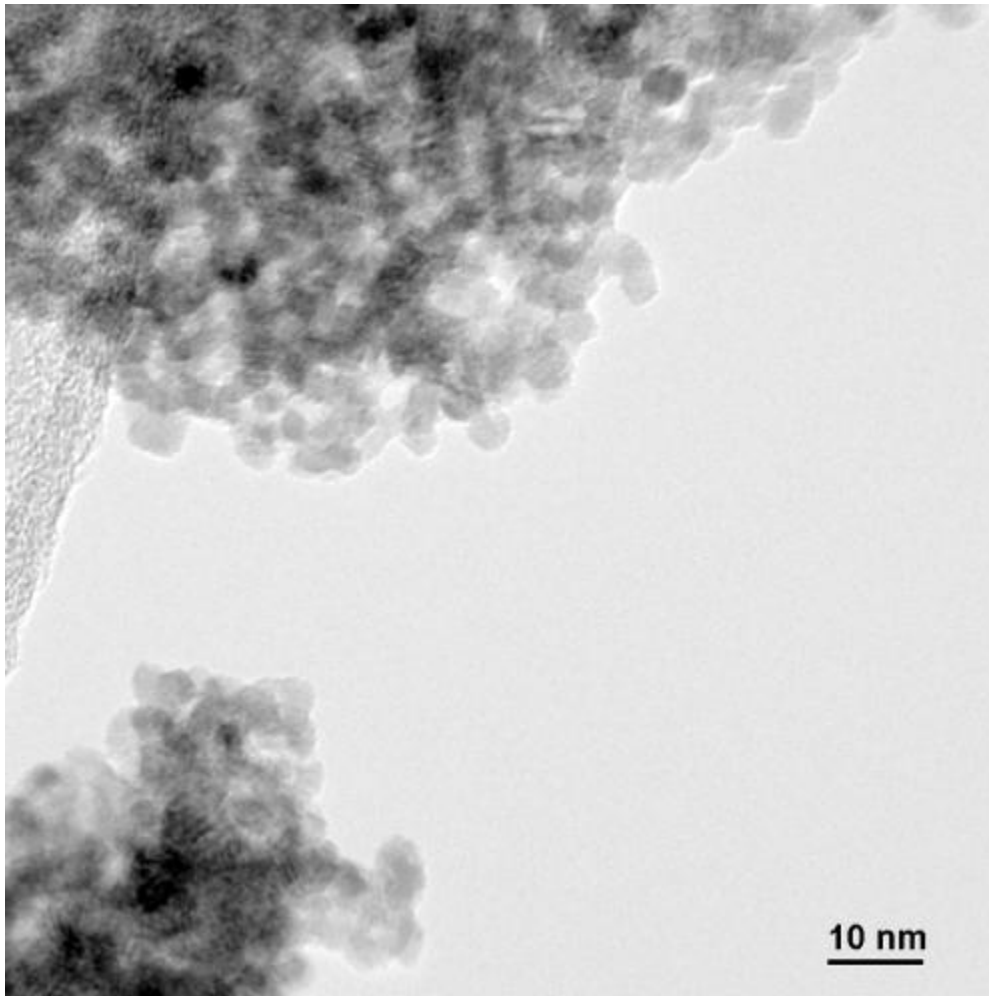
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25 **Figure 4:** In cerebellum 30 d after a single acute dose of 5 nm ceria ENM: **a)** histograms
26 showing GR, GPx, catalase, antioxidant enzymes and Hsp70 heat shock protein levels and

1 corresponding Western blot experiments showing protein levels in control [C] and treated [T]
2 samples. The intensity of each band was normalized with intensity of corresponding band of β -
3 actin-loading control (not shown); **b**) GR, GPx, catalase, antioxidants activities, and GSH:
4 GSSG ratio measured in control and ceria treated samples, and **c**) oxidative stress markers PC,
5 3NT and HNE levels. The values are calculated as % control for each measurement expressed
6 as mean \pm SEM, control n = 7, treated n = 8, *p <0.05, **p < 0.01, compared to control.

7
8 **Figure 5:** In this proposed pathway ceria ENM induces pro-oxidant effects on rat brain without
9 crossing BBB. Ceria ENM indirectly induces ROS production leading to GSH depletion and
10 inhibition of catalase and GPx enzymes. This inhibition of H₂O₂ reducing enzyme activity can
11 induce H₂O₂ levels and therefore hydroxyl radicals (OH•) production mediated by Fenton
12 reaction. Increased OH• can further oxidize the proteins and may hamper their regular function.
13 Hydroxyl radicals may also inhibit H₂O₂ reducing catalase and GPx activity by way of oxidative
14 modification. These biochemical reactions could make cellular environment more oxidizing,
15 triggering a cellular stress response to induce Hsp-70 levels. Hsp-70 is a chaperone protein that
16 can shepherd oxidized proteins to the 20S proteasome for degradation for further cellular
17 clearance (shown as dotted arrow). If timely clearance of oxidized protein takes place then there
18 may not be any change in cellular PC levels. As there was no evidence of the presence of ceria
19 ENM inside the brain, it is further proposed that ceria ENM exert their pro-oxidant effect in the
20 brain secondary to its peripheral effects.

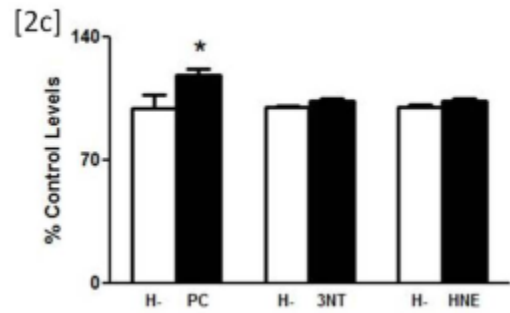
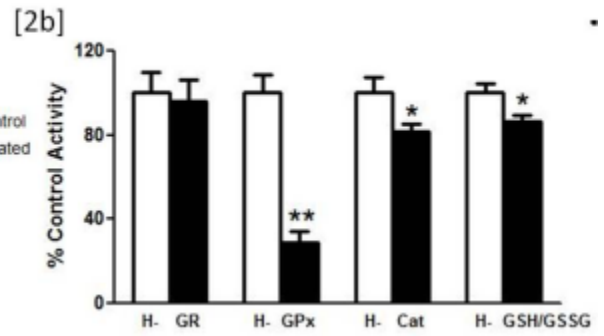
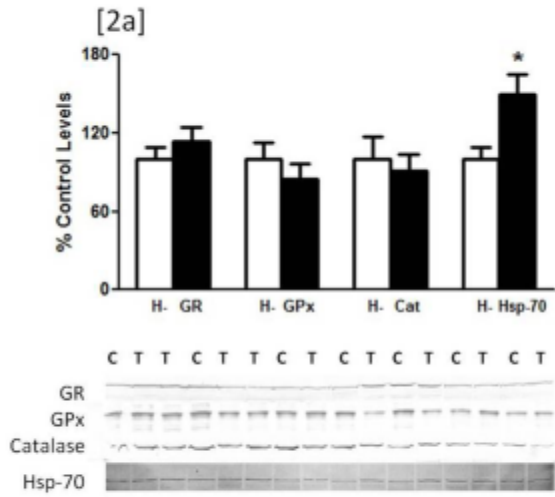
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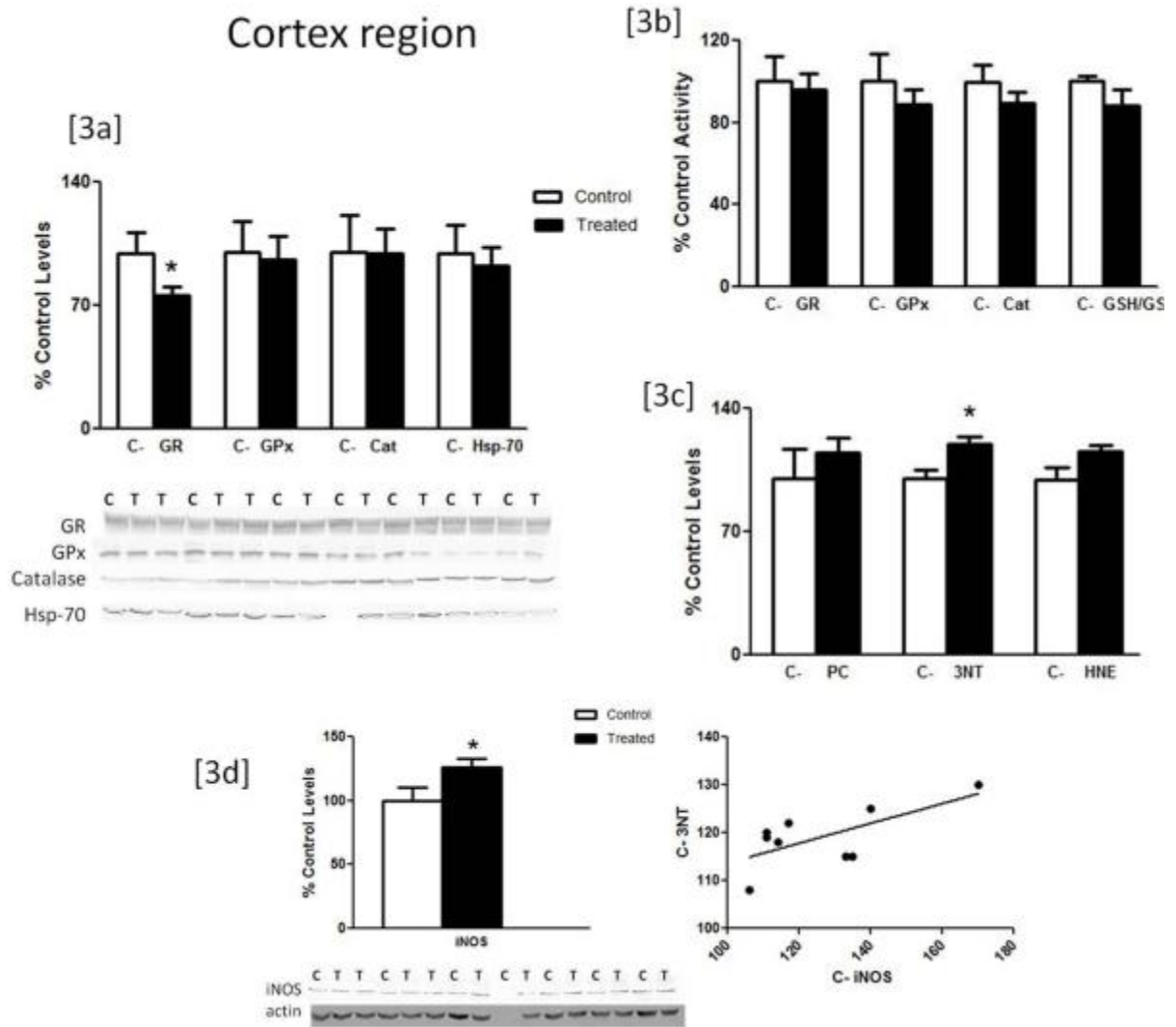
Hippocampus region



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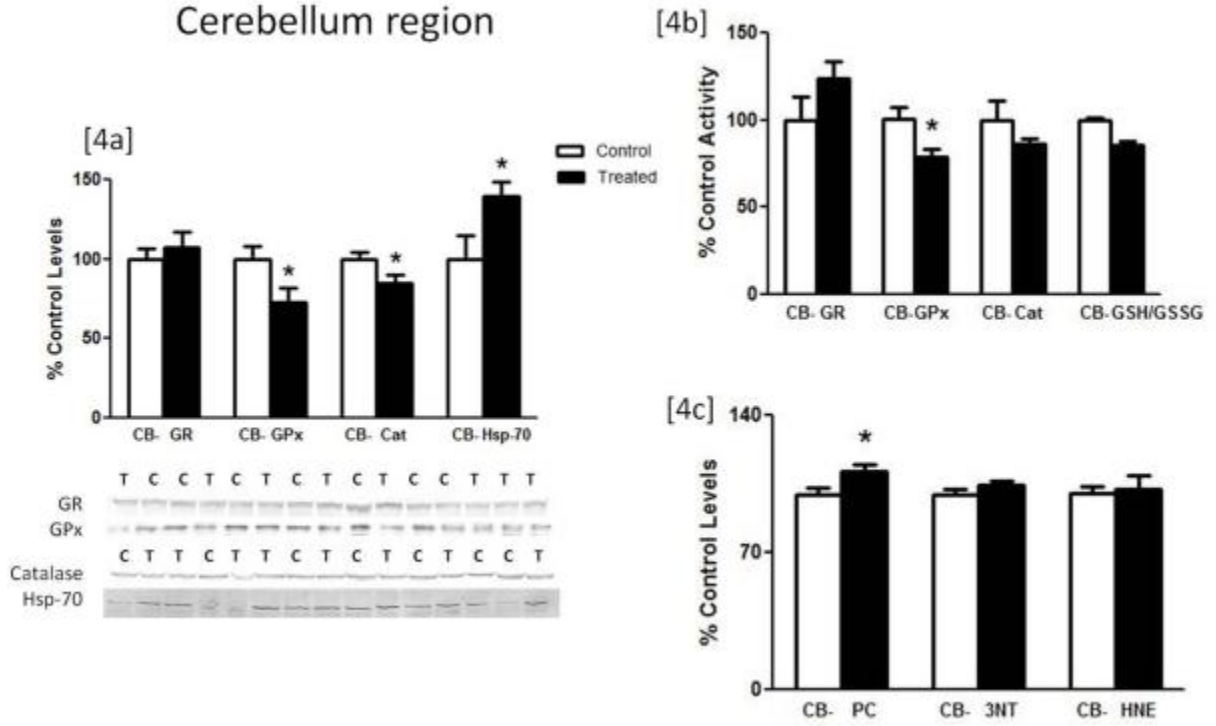
Cortex region



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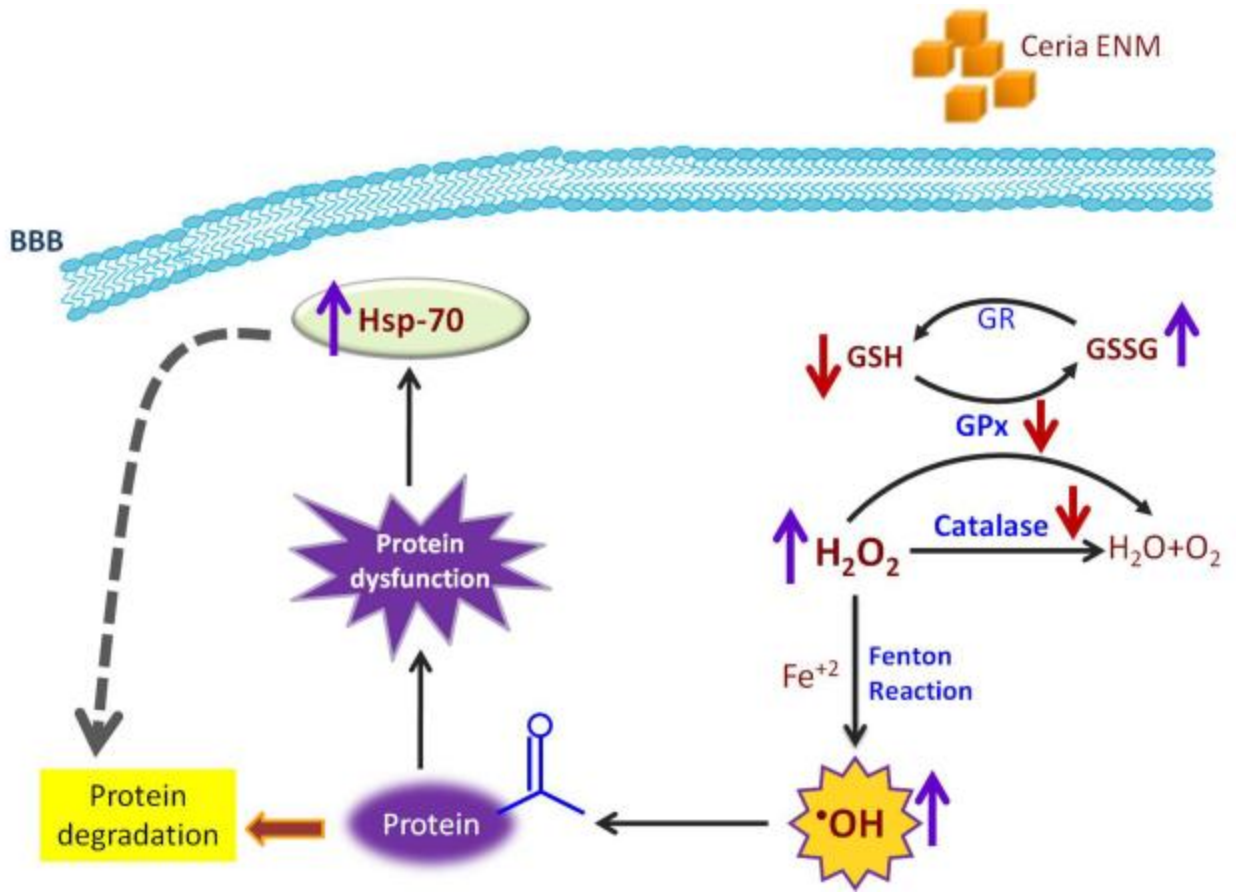
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Cerebellum region



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