

## Effect of lactation stage on the concentration of essential and selected toxic elements in milk of Dubrovačka ruda - Croatian endangered breed

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### Abstract

The aim of the present study was to determine the lactation stage effect on the concentration of essential and selected toxic elements in the sheep's milk of Dubrovačka ruda. The research was conducted with 23 sheep, average age of 4 years, of 3<sup>rd</sup> lactation, while the milk samples were taken during the early (60<sup>th</sup> day), middle (90<sup>th</sup> day) and late (120<sup>th</sup> day) lactation stage. The sheep were selected according to uniformed body development, adequate health status, body condition, equable age (4 years), parity (3<sup>rd</sup> lactation), stage of lactation ( $\pm 7$  days) and litter size (single). Sheep were reared on the extensive Mediterranean pastures, reared indoors afterwards, fed with hay *ad libitum* and feed mixtures in average 0.5 kg/day. Milk sample was collected during morning milking from each sheep. The digested samples were analyzed with continuous flow hydride generation technique using inductively coupled plasma for Ca, Mg, K, P, Na, Cu, Fe, Zn, Mn, Ni, Mo, Co, Cr, Cd and Pb concentrations. Significant increase of Mg, Na, Se, Mn, Mo and Cd concentrations were found in milk as well as decrease of K concentration during the lactation. Although the concentration of Ca, Cu, Cr and As in milk during the lactation is increased, the differences between the lactation stages were not observed. Concentrations of P, Fe, Ni, Pb and Hg in milk of Dubrovačka ruda did not differ during the lactation. The low concentrations of Cr, Cd, Pb, As, Hg in milk indicate the safety for consumers and preserved environment of Dubrovnik-Neretva County.

*Key words:* sheep, milk, essential elements, toxic elements, lactation stage

### Introduction

The sheep's milk is an important source of nutritive substances in the diet of growing up animals and man (Ivanova, 2011). Twenty mineral elements are essential for human population (Na, K, Cl, Ca, Mn, Se, I, Cr, Co, Mo, F, Ar, Ni, Si, Bo) (Cashman, 2006), and they are categorized in 2 groups, macroelements and microelements. All essential elements have to be given in milk because of the lambs' development (Bates and Prentice, 1996). Their concentration in milk depends on

various factors from environmental condition during pasture, feeding, breeding, stage and number of lactation, climate to post-milking handling, transportation and processing (Vahčić et al., 2010; Zamberlin et al., 2012). Suttle (2010) pointed out that milk is rich source of Ca, P, K, Cl and Zn, but poor source of Mg, Fe, Cu and Mn. Concentrations of selected toxic elements, primarily heavy metals in environment generally used as an early indicator of contamination phenomena both in programs of soil quality control and in air quality monitoring (Caggiano et al., 2005; González-Montaña et

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al., 2012). Nutritional habit of sheep to graze plants and grass may be considered as environmental bio-indicator and their milk as good matrix to monitor the pollution status (Miedico et al., 2015). The heavy metals are responsible for many pernicious effects on human health such as saturnism (lead contamination), immunodepression and skin diseases (zinc and copper contamination), cancer (cadmium), hyperkeratosis (arsenic), neurological disorders (manganese) or blood disorders (iron) (Konuspayera et al., 2009).

According to the data obtained by Croatian Agricultural Agency (2015) in the Republic of Croatia only 774 heads of Dubrovačka ruda (611 ewes, 128 yearlings and 38 rams) are reared which is why it is the only critically endangered breed of sheep. Dubrovačka ruda is accounted in combined breeds of triple direction of production (wool, meat and milk), although last years emphasized in milk and meat production. Exterior and metabolic profile of blood as well as chemical composition of milk from Dubrovačka ruda are already investigated (Mioč et al., 2004; Antunović et al., 2011a and b; Antunović et al., 2015). However, in available literature there is no research about concentration of essential and selected toxic elements in milk of Dubrovačka ruda nor in milk of other Croatian native breeds. Sheep in the Republic of Croatia are mostly reared for meat production, but recently the interest for milk production is favored, especially for good quality cheese production (Antunović et al., 2012). As one of the best reasons for farming of Dubrovačka ruda is also production of good quality traditional food and other products (Marić et al., 2014).

Thus, the aim of the present study is to determine the concentration of essential and toxic elements in the milk of Dubrovačka ruda according to different stages of lactation and to research whether is the milk from sheep reared on Mediterranean pastures in Dubrovnik-Neretva County of preserved quality.

## Material and methods

### Experimental design

The research was conducted on family farm having a long tradition of sheep farming in Dubrovnik-Neretva County. From the herd of 100 grown up Dubrovačka ruda, 23 dairy sheep were

selected and were monitored during the lactation. The sheep were grouped according to uniformed body development, adequate health status, body condition, equable age (4 years), parity (3<sup>rd</sup> lactation), stage of lactation ( $\pm 7$  days) as well as equal litter size (single). Sheep were reared on the extensive Mediterranean pastures from early morning until 10:00 a.m. when they are returned in the barn, fed with hay *ad libitum* and 0.5 kg of cereals' mixture per day (oat + barley + corn). Water and salt were continuously available and offered to animals. Milking was conducted manually. Lactation was divided on early (60 days), middle (90 day) and late (120 days) stage. After lambing, lambs were kept together with their mothers and reared on the pastures until age of 90 days.

### Soil and plants analysis

Soil layer on depth 0-30 cm at each location were sampled as composite samples (20-25 subsamples). Soil samples were prepared for chemical analyses according to procedure for pretreatment of samples for physico-chemical analyses (ISO, 1994). Soil samples were ground by heavy metal free grinder (Retsch RM 200, Germany) and sieved through the sieves of 2 mm. The concentrations of mineral elements in soil samples were extracted by aqua regia (ISO, 1995) and this fraction was considered as soil total content. The soil samples were digested at 210 °C for 60 min in microwave oven (CEM Mars 6, USA).

The concentrations of mineral elements in extracts were determined by ICP-OES (PerkinElmer Optima 2100 DV, USA). Each batch of soil samples run on the inductively coupled plasma was analysed with an internal pooled plasma control and with the reference material prepared in the same way as were the soil samples extracted by aqua regia. All samples were analysed in duplicate, and all soil samples from the same year were analysed within the same analytic run. The instrumental detection and quantification limits for the determination of essential minerals and selected toxic elements in soil, sheep's milk and feed (mg/kg) are presented in Table 1.

All plant samples (cereals' mixture, hay and green forage from pastures) were dried and ground into a fine powder using a heavy metal free ultracentrifugal mill (Retsch RM 200, Germany) or knife

mill (GM 200, Germany). All plant samples were digested with 10 mL of a 5:1 mixture of HNO<sub>3</sub> and H<sub>2</sub>O<sub>2</sub> at 180 °C for 60 min in microwave oven (CEM Mars 6, USA). The concentrations of mineral elements in solutions of digested plant samples were determined by inductively coupled plasma (ICP, PerkinElmer Optima 2100 DV, USA). Each batch of plant samples run on the ICP was analyzed with an internal pooled plasma control and with the reference material prepared in the same way as were the other plant samples. All samples were analyzed in duplicate. Concentrations of mineral elements and selected toxic element in soil and feed of ewes (mg/kg) are presented in Table 2.

#### *Milk digestion and preparation for analyses*

Before collecting of raw milk sampling bottles were soaked in 20 % HNO<sub>3</sub> for 24 hours and washed with deionized water in order to avoid possible contamination. A milk sample of 100 mL was collected during morning milking from each sheep, homogenized, stored in fridge box at the 4 °C, and transferred in the deep freeze (-80 °C) afterwards, until microwave digestion was carried out.

The digestion of milk samples was carried out according to method described by Belete et al. (2014). A 3.0 mL of each liquid milk sample was transferred into 60 mL Teflon digestion vessel and then optimized volumes of 6 mL 70 % nitric acid and 1 mL of 30 % hydrogen peroxide were added and the mixture was shaken carefully and kept for 10 min before closing the vessel. The samples were subjected to closed microwave digestion at the optimized microwave digestion program in the sequence as follows: 50 W, 165 °C (10 min); 80 W, 190 °C (20 min); and 0 W, 50 °C (10 min) carried out on Mars 6 (CEM, Matthews, NC, USA) microwave system. After heating, the sample was cooled to room temperature and the digestion vessels were opened carefully in a digester. The digest was diluted to 25 mL with deionized water and used for analysis afterwards.

The digested samples was analyzed with continuous flow hydride generation technique using ICP (Optima 21000 DV, Perkin Elmer, Massachusetts, SAD) for Ca, Mg, K, P, Na, Cu, Fe, Zn, Mn, Ni, Mo, Co, Cr, Cd and Pb concentrations. The digested milk samples provided for Se, As and Hg

Table 1. Instrumental detection and quantification limits for the determination of essential minerals and selected toxic elements in soil, sheep's milk and feed (mg/kg)

Minerals/ Heavy metals	IDL		IQL	
	Milk	Soil and feed	Milk	Soil and feed
Ca	0.06606	0.6606	0.202	2.02
Mg	0.01098	0.1098	0.0366	0.366
K	0.54	5.40	1.81	18.1
Cu	0.005422	0.054219	0.018073	0.18073
Fe	0.005433	0.05433	0.01811	0.1811
Zn	0.000934	0.009339	0.003113	0.03113
Mn	0.000024	0.00024	0.00008	0.0008
Ni	0.0027	0.027	0.009045	0.09045
Mo	0.00318	0.0318	0.01069	0.1069
Co	0.00115	0.0115	0.003836	0.03836
Cr	0.000941	0.009405	0.003135	0.031350
Cd	0.00063	0.0063	0.00212	0.0212
Pb	0.01001	0.1001	0.0333	0.0212
As	0.00007735	0.002466	0.0333	0.00822
Hg	0.000288	0.000663	0.00221	0.00221

IDL - instrumental detection limit; IQL - instrumental quantification limit

determination were subjected to pre-reduction step before the analysis were done according to Bosnak and Davidowski (2004). For the pre-reduction of As, 20 mL of sample was placed in a 50 mL polypropylene autosampler tube. To that, 2 mL of a 5 % solution of KI and ascorbic acid was added. Six mL of concentrated HCl was also added, and the mixture was allowed to stand for at least 20 minutes. The tube was brought to the 50 mL mark with deionized water and the sample was ready to run. For the pre-reduction of Se and Hg, 20 mL of sample was placed in a cleaned 125 mL beaker and 20 mL of concentrated HCl was slowly added. The solution was then transferred to a 50 mL polypropylene autosampler tube which was diluted to the 50 mL mark with deionized water. The samples were ready to run with inductively coupled plasma (Optima 21000 DV, Perkin Elmer, Massachusetts, USA).

#### Statistical analysis

A total number of 69 observations were collected for mineral composition of milk during early, middle and late lactation stage. Data were analyzed with the statistical software SAS 9.3®. The results are presented as arithmetic mean with standard deviation and standard error of mean estimated with MEANS procedure, while the Pearson's correlation between essential or toxic elements was estimated with CORR procedure. Data were analyzed with GLM procedure using lactation stage as fixed effect. Means were compared using the LSD test and differences between lactation stage effect declared significant at  $p < 0.05$  level.

Table 2. Concentrations of mineral elements and selected toxic element in soil and feed of sheep (mg/kg)

Minerals/Heavy metals	Soil	Feedstuffs		
		Cereals' mixture	Hay	Green forage
Ca	35915.61	611.40	10165.10	10771.91
Mg	14439.33	1314.56	2372.11	3720.73
K	4649.23	4436.40	7803.91	16406.61
P	625.89	3322.00	1277.00	2508.77
Na	337.65	147.22	1930.61	524.22
Cu	131.20	3.13	6.09	9.45
Fe	16852.29	386.80	111.60	217.24
Zn	52.35	28.74	24.82	30.30
Se	0.38	0.019	0.492	0.11
Mn	414.45	35.46	18.87	52.81
Ni	25.42	0.764	0.496	0.55
Mo	-	0.333	2.263	2.46
Co	7.61	0.129	0.099	0.13
Cr	33.63	0.538	0.306	0.53
Cd	0.58	< LD	0.139	0.06
Pb	28.43	0.447	<0.333	0.47
As	13.05	0.132	0.036	0.14
Hg	0.08	0.002	0.008	0.01

LD - detection limit

Table 3. Descriptive statistics for concentrations of essential minerals and selected toxic elements in sheep's milk

Element, mg/kg	Mean $\pm$ SD	SEM	MIN.	MAX.
Ca	2067.97 $\pm$ 262.20	31.80	1301.04	2834.36
Mg	185.00 $\pm$ 23.05	2.80	125.08	234.15
K	1334.99 $\pm$ 158.19	19.18	978.27	1763.88
P	1276.99 $\pm$ 152.61	18.51	919.42	1714.01
Na	411.73 $\pm$ 173.71	21.07	246.09	1264.73
Cu	0.062 $\pm$ 0.03	0.003	0.02	0.15
Fe	0.81 $\pm$ 0.80	0.099	0.19	5.24
Zn	4.36 $\pm$ 1.42	0.17	2.14	11.01
Se	0.023 $\pm$ 0.004	0.0005	0.017	0.034
Mn	0.047 $\pm$ 0.031	0.004	0.006	0.198
Ni	0.073 $\pm$ 0.224	0.027	0.003	1.849
Mo	0.059 $\pm$ 0.055	0.007	0.024	0.491
Co	0.003 $\pm$ 0.002	0.0002	0.0012	0.005
Cr	0.036 $\pm$ 0.052	0.006	0.019	0.444
Cd	0.002 $\pm$ 0.001	0.0001	0.0006	0.002
Pb	0.0185 $\pm$ 0.017	0.002	0.0100	0.035
As	0.0003 $\pm$ 0.0001	0.00002	0.00008	0.0009
Hg	0.0001 $\pm$ 0.0003	0.0004	0.00029	0.0009

Sd - standard deviation, SEM - standard error of mean, min - minimum value, max - maximum value

Table 4. Concentrations of essential minerals in sheep's milk during different stages of lactation

Element mg/kg	Stage of lactation (Mean $\pm$ sd)			SEM	p-value
	Early	Middle	Late		
Ca	1971.68 <sup>a</sup> $\pm$ 276.86	2108.17 <sup>a</sup> $\pm$ 196.18	2115.16 <sup>a</sup> $\pm$ 311.97	31.80	0.274
Mg	163.33 <sup>b</sup> $\pm$ 16.67	195.12 <sup>a</sup> $\pm$ 16.62	194.02 <sup>a</sup> $\pm$ 21.48	2.79	<0.001
K	1441.86 <sup>a</sup> $\pm$ 154.57	1305.68 <sup>b</sup> $\pm$ 125.40	1260.05 <sup>b</sup> $\pm$ 149.87	19.18	<0.001
P	1277.28 <sup>a</sup> $\pm$ 174.20	1244.20 <sup>a</sup> $\pm$ 141.47	1324.99 <sup>a</sup> $\pm$ 137.28	18.51	0.295
Na	322.94 <sup>b</sup> $\pm$ 56.53	401.19 <sup>b</sup> $\pm$ 129.32	525.42 <sup>a</sup> $\pm$ 246.31	21.07	<0.001
Cu	0.05 <sup>a</sup> $\pm$ 0.03	0.06 <sup>a</sup> $\pm$ 0.02	0.07 <sup>a</sup> $\pm$ 0.02	0.003	0.076
Fe	0.72 <sup>a</sup> $\pm$ 0.47	0.97 <sup>a</sup> $\pm$ 1.11	0.66 <sup>a</sup> $\pm$ 0.57	0.10	0.679
Zn	5.18 <sup>a</sup> $\pm$ 1.94	3.56 <sup>b</sup> $\pm$ 0.68	4.64 <sup>a</sup> $\pm$ 0.89	0.17	<0.001
Se	0.020 <sup>c</sup> $\pm$ 0.004	0.026 <sup>a</sup> $\pm$ 0.003	0.023 <sup>b</sup> $\pm$ 0.003	0.0005	<0.001
Mn	0.023 <sup>b</sup> $\pm$ 0.012	0.046 <sup>a</sup> $\pm$ 0.014	0.08 <sup>c</sup> $\pm$ 0.04	0.003	<0.001
Ni	0.058 <sup>a</sup> $\pm$ 0.088	0.032 <sup>a</sup> $\pm$ 0.015	0.150 <sup>a</sup> $\pm$ 0.412	0.027	0.087
Mo	0.055 <sup>ab</sup> $\pm$ 0.025	0.046 <sup>b</sup> $\pm$ 0.012	0.081 <sup>a</sup> $\pm$ 0.100	0.007	0.038
Co	0.003 <sup>b</sup> $\pm$ 0.002	0.002 <sup>c</sup> $\pm$ 0.002	0.004 <sup>a</sup> $\pm$ 0.0003	0.0002	<0.001

<sup>a,b</sup>Means within a row with different superscripts differ ( $p < 0.05$ ); <sup>a</sup>Means within a row with the same superscripts - not significant; sd - standard deviation; SEM - standard error of mean

## Results and discussion

The average values of elements in sheep's milk as well as other statistical measurements (standard deviation, standard error of mean, as well as minimal and maximal values) were determined (Table 3). Analyzing the Table 3 it is evident that concentrations of most of the essential elements and selected toxic elements (Cr, Co, Mo, Ni and Hg) in milk significantly differed according to determined high standard deviation.

It is evident that in milk of Dubrovačka ruda was found significant increase concentration of Mg, Na, Se, Mn and Mo as well as decrease of K during the lactation (Table 4). Although the concentrations of Ca and Cu during the lactation also increased, the differences between the stages of lactation were not significant. The concentrations of P, Fe and Ni did not significantly differ during the lactation. Also, significant decrease of Zn and Co concentrations in milk during the middle lactation, as well as significant increase in late lactation compared to early lactation.

The concentration of Cd significantly increased during the lactation in milk of Dubrovačka ruda (Table 5). Also, lower increase of Cr and As concentrations was found during the lactation, as well as decrease of Pb and Hg, but the differences were not significant.

Numerous significant correlations were determined, mostly strong and positive, among essential minerals and toxic elements in milk of Dubrovačka ruda (Table 6). In all stages of lactation, strong positive correlations were found between Mg:P and Ca:P, as well as negative correlation between Fe:Mn and strong negative correlation between K:Na in milk of Dubrovačka ruda.

Concentrations of most of the microelements and toxic elements (Cr, Co, Mo, Ni and Hg) in milk significantly differed according to determined high standard deviation, that could be related to low concentrations and low level of instrumental detection limit (Table 1 and 2).

Compared to present study, Coni et al. (1996) in sheep's milk in Italy found increased concentrations of Cd, Co, Cu, Fe, Mg, Mn, Pb and Zn, as well as lower concentration of Cr. Al-Wabel (2008) found in sheep's milk in Saudi Arabia lower concentration of Zn (3.09 mg/kg), Ca (822.50 mg/kg), Na (95,40 mg/kg) and K (127.41 mg/kg) and increased concentration of Mn (1.144 mg/kg), Cu (0.62 mg/kg) and Fe (5.01 mg/kg). Khan et al. (2006) found in sheep's milk reared on pastures in Pakistan lower concentrations of the most of minerals (Ca, Mg, Na, K, Fe, Se, Zn) as well as higher concentration of Cu (0.243), Mn (0.88) and Co (0.088 mg/L). In milk of Bulgarian breeds of sheep (Srednostaroplaninska and Tetevenska sheep) Gerchev and Mihaylova (2012) found similar concentrations of Ca (223 and 208 mg/100 g), K (131 and 110 mg/100 g) and Mn (0.03 and 0.02 mg/100 g) as well as higher concentration of Na (49 and 50 mg/100 g), P (145 and 145 mg/100 g) and Fe (0.181 and 0.12 mg/100 g), and significantly higher Mg (1807 and 1657 mg/100 g), Cu (0.043 and 0.040 mg/100 g) and Zn (0.71 and 0.62 mg/100 g). Similar concentrations of Ca, Mg, Zn, Mn and higher of P, K and Cu in sheep's milk was found in the research by Suttle (2010). Miedico et al. (2015) found in sheep's milk in Italy significantly higher concentrations of Cu, Fe, Mn and As (130; 1160; 89.6 and 5.13 ng/g), higher Zn (5170 ng/g), and similar concentrations of Se, Mo, Co (29.9; 40.7 and

Table 5. Concentrations of selected toxic elements in sheep's milk during different stages of lactation

Element mg/kg	Stage of lactation (Mean±sd)			SEM	p-value
	Early	Middle	Late		
Cr	0.033 <sup>a</sup> ±0.022	0.027 <sup>a</sup> ±0.003	0.052 <sup>a</sup> ±0.095	0.006	0.119
Cd	0.0011 <sup>b</sup> ±0.001	0.0017 <sup>a</sup> ±0.0008	0.0019 <sup>a</sup> ±0.0005	0.0001	0.003
Pb	0.020 <sup>a</sup> ±0.014	0.014 <sup>a</sup> ±0.017	0.022 <sup>a</sup> ±0.018	0.002	0.097
As	0.0003 <sup>a</sup> ±0.00013	0.0003 <sup>a</sup> ±0.00009	0.0004 <sup>a</sup> ±0.0002	0.00002	0.164
Hg	0.0003 <sup>a</sup> ±0.0004	0.00003 <sup>a</sup> ± 0.0002	0.0001 <sup>a</sup> ±0.0003	0.00004	0.384

<sup>a,b</sup>Means within a row with different superscripts differ ( $p < 0.05$ );

<sup>a</sup>Means within a row with the same superscripts-not significant sd-standard deviation; SEM-standard error of mean.



3.88 ng/g) as well as significantly lower concentrations of Ni, Cr, Cd and Pb (40.7; 2.31; 0.934 and 5.13 ng/g).

Polychroniadou and Vafopoulou (1985) reported about similar changes of mineral concentration in milk from sheep in Greece. However, authors found significant decrease in concentration of K and increase of Mg as well as non-significant increase of Na and decrease of P. Antunović et al. (2001) mentioned that concentration of minerals in milk of Merinolandschaf sheep during the lactation depended on concentration of these elements in feed. Increase of Ca and P concentration in milk of Yanakas sheep during the lactation in Nigeria (Ca: from

0.5125 to 1.78 g/kg, P: from 0.625 to 1.175 g/kg) found Mwaura and Akinsoyinu (2010). Sahan et al. (2005) found in milk of Awassi sheep in Turkey reared on pastures, a decrease of K concentration as well as slight increase of Na concentration during the lactation. Ivanova et al. (2009) determined in milk of Bulgarian synthetic milk sheep increase of P concentration during lactation. Ivanova (2011), in milk of Karakachanska sheep in Bulgaria, found similar concentration of Cr (from 0.06 to 0.05 mg/kg), Cu (from 0.24 to 0.34 mg/kg), Fe (from 0.8 to 1.3 mg/kg), Mn (0.07 mg/kg) and Zn (from 3.81 to 4.41 mg/kg), as well as higher concentration of Se (from 25.5 to 17.5 mg/kg).

Table 6. Significant correlations between different essential minerals and selected toxic elements in sheep's milk during different stages of lactation.

Early		Middle		Late	
Ratio	Correlation	Ratio	Correlation	Ratio	Correlation
Ca:Zn	0.64 (P=0.002)	Ca:Cr	0.83 (P<0.001)	Ca:Na	-0.74 (P<0.001)
Ca:P	0.85 (P<0.001)	Ca:P	0.82 (P<0.001)	Ca:K	0.54 (P=0.016)
Mg:Mn	0.44 (P=0.044)	Ca:Se	0.55 (P=0.002)	Ca:P	0.78 (P<0.001)
Mg:Zn	0.44 (P=0.043)	Mg:Cr	0.60 (P<0.001)	Ca:Se	0.58 (P=0.009)
Mg:Mo	0.47 (P=0.030)	Mg:P	0.50 (P=0.007)	Mg:Cu	0.63 (P=0.004)
Mg:Cr	0.44 (P=0.047)	Mg:Se	0.42 (P=0.028)	Mg:P	0.56 (P=0.013)
Mg:P	0.50 (P=0.021)	K:Na	-0.54 (P=0.003)	K:Na	-0.59 (P=0.009)
Na:Fe	0.61 (P=0.003)	Na:Mo	0.39 (P=0.040)	K:P	0.58 (P=0.009)
Na:Mn	0.64 (P=0.002)	Cu:Mo	0.39 (P=0.042)	K:Cd	-0.51 (P=0.027)
Na:Mo	0.50 (P=0.021)	Fe:Mn	0.37 (P=0.049)	K:Ni	0.50 (P=0.028)
Na:P	0.44 (P=0.047)	Fe:Ni	0.54 (P=0.003)	K:Co	0.51 (P=0.027)
Fe:Mn	0.45 (P=0.038)	Mn:Hg	0.42 (P=0.027)	K:Cr	0.52 (P=0.023)
Mn:P	0.45 (P=0.042)	Zn:Cd	0.39 (P=0.042)	Na:Zn	-0.57 (P=0.011)
Mn:Se	0.76 (P=0.006)	Zn:P	0.45 (P=0.015)	Fe:Mn	0.76 (P<0.001)
Zn:P	0.83 (P<0.001)	Mo:Cd	0.41 (P=0.029)	Fe:As	0.72 (P<0.001)
Mo: Cr	0.91 (P<0.001)	Cr:P	0.96 (P<0.001)	Mn:As	0.73 (P<0.001)
Cr:P	0.50 (P=0.022)	Cr:Se	0.53 (P=0.004)	K:Se	0.49 (P=0.034)
		Pb:Cd	0.40 (P=0.033)	Na:Hg	0.50 (P=0.029)
		P:Se	0.59 (P<0.001)	Cu:Zn	-0.53 (P=0.019)
				Cu:Se	0.49 (P=0.032)
				Zn:Pb	0.50 (P=0.028)
				Pb:As	0.48 (P=0.038)
				P:Se	0.63 (P=0.004)

Mentioned significant increase of Cd and non-significant concentrations of Cr and As, as well as non-significant decrease of Pb and Hg concentrations during lactation mostly depend on feed or water intake, and possible consumption of soil (Ghidini et al., 2012). In general, sheep's milk contains very low concentrations of heavy metals (Antunovic et al., 2005). The toxic metals content of milk and dairy products is due to such factors as environmental conditions and manufacturing processes (Anastasio et al., 2006). Their concentrations in animal organisms and their milk concentrations may increase very fast, although their excretion through milk is very low (Houperet et al., 1997). It was stated that Cd increase was associated with protein content in cow milk (Rodriguez et al., 1999) that could be the reason of Cd increase during the lactation in milk of Dubrovačka ruda, because it is well known that at the end of lactation the protein content in milk is increasing. This supports the hypothesis that Cd is mainly associated with the protein fraction (casein fraction) obtained by enzymatic coagulation (Mata et al., 1995). In the present study significantly lower concentration of Cd was found compared to the permitted concentrations. Sheep excrete more Pb via milk relative to cows (Mehennaoui et al., 1997), which may cause higher concentrations of Pb in milk of Dubrovačka ruda in early and late stage of lactation. The results by Coni et al. (1996) are in accordance to the results of present study, who found the highest Cd concentration in sheep's milk, lower in goat milk and the lowest in cow milk. Miedico et al. (2015) also found that sheep's milk contain more Cd compared to goat's milk (0.934:0.650 ng/g). Toxic effects of As on the human health are well known (Mandal and Suzuki, 2002). Because As concentrations in ewe milk are very low, we can conclude that this product is not a source of this toxic element.

The correlation between K:Na of Karagouniki sheep's milk were strong negative ( $r=-0,566$ ,  $p<0,01$ ), but in Serron sheep milk this was only weak ( $r=-0,235$ ,  $p<0,05$ ) in investigation Polychroniadou and Vafopoulou (1985). Miedico et al. (2015) determined significant positive correlation in sheep's milk between Fe and Mn (0.65;  $p<0,01$ ). Pilarzyk et al. (2013) determined in cows' milk of Simmental and Holstein breeds in organic production significant correlation be-

tween Ca:P (0.64 and 0.81), Mg:P (0.55 and 0.66). Hermansen et al. (2005) in cows' milk in organic or conventional farming also found positive correlation between concentration of Fe and Mn. Determined concentrations were expected, since the metabolism of the most of essential minerals and potential toxic elements is interwoven. According to determined concentrations of essential and selected toxic elements it can be indicated that milk from Dubrovačka ruda is of high quality and suitable for consumption or cheese production.

## Conclusion

The milk from Dubrovačka ruda is rich in essential minerals and simultaneously contains lower concentrations of potential toxic, especially Cr, Cd, Pb, As and Hg. The low concentrations of these elements in milk indicate the safety for consumers and preserved environment of Dubrovnik-Neretva County indicating good quality milk from Dubrovačka ruda, suitable for production of good quality traditional cheeses and other products. The concentration of Mg, Na, Se, Mn, Mo and Cd significantly increased, and K concentration decreased in milk during the lactation.

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## *Utjecaj stadija laktacije na koncentraciju esencijalnih i pojedinih toksičnih elemenata u mlijeku dubrovačke rude - hrvatske ugrožene pasmine*

## Sažetak

Cilj ovog istraživanja bio je utvrditi utjecaj stadija laktacije na koncentraciju esencijalnih i pojedinih toksičnih elemenata u mlijeku ovaca pasmine dubrovačka ruda. Istraživanje je provedeno s



23 ovce, prosječne dobi od 4 godine, u 3. laktaciji. Uzorci mlijeka uzeti su tijekom rane (60. dan), srednje (90. dan) i kasne (120. dan) laktacije. Ovce su bile odabrane prema jednakim tjelesnim proporcijama, odgovarajućem zdravstvenom stanju, tjelesnoj kondiciji, dobi (4 godine), redosljedu laktacije (3. laktacije), stadiju laktacije ( $\pm 7$  dana) i veličini legla (jedno janje). Ovce su držane na ekstenzivnim mediteranskim pašnjacima, a nakon napajanja u staji. Hranidba se temeljila na sijenu *ad libitum* i krmnim smjesama u prosječnoj količini od 0,5 kg/dan. Uzorci mlijeka su bili prikupljeni tijekom jutarnje mužnje od svake ovce. Razoreni uzorci su analizirani hidridnom tehnikom pomoću induktivno spregnute plazme za utvrđivanje koncentracije Ca, Mg, K, P, Na, Cu, Fe, Zn, Mn, Ni, Mo, Co, Cr, Cd i Pb. U mlijeku je utvrđen značajan porast koncentracije Mg, Na, Se, Mn, Mo i Cd, kao i smanjenje koncentracije K tijekom laktacije. Iako su koncentracije Ca, Cu, Cr i As u mlijeku tijekom laktacije povećane, razlike između stadija laktacije nisu utvrđene. Koncentracije P, Fe, Ni, Pb i Hg u mlijeku dubrovačke rude nisu se razlikovale tijekom laktacije. Niske koncentracije toksičnih elemenata u mlijeku ukazuju na sigurnost konzumacije mlijeka kao i očuvani okoliš Dubrovačko-neretvanske županije.

**Ključne riječi:** ovce, mlijeko, esencijalni elementi, toksični elementi, stadij laktacije

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