

1 INTRASPECIFIC VARIATION IN NUTRITIONAL COMPOSITION
2 AFFECTS THE LEAF AGE PREFERENCES OF A MAMMALIAN
3 HERBIVORE

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14 **Abstract** - Ecologists have long been interested in how the nutritional composition of leaves
15 change as they age, and whether this affects herbivore feeding preferences. As a consequence,
16 the literature abounds with reports that younger leaves contain higher concentrations of nitrogen
17 (N) and plant secondary metabolites (PSMs) than do older leaves. Most of these studies,
18 however, base their conclusions on average values that often mean little to herbivores. We
19 examined this issue in the well-studied marsupial-eucalypt system using *Eucalyptus melliodora*
20 and captive common brushtail possums (*Trichosurus vulpecula*) offered branches from
21 individual trees containing both young and mature leaves. Like many plants, the concentrations
22 of N and PSMs differ between individual *E. melliodora*. We found that although young leaves
23 were, on average, “better defended” by the PSM, sideroxylonal, than were mature leaves, some
24 trees produced leaves that were relatively undefended at both ages. In response, possums chose
25 different proportions of young and mature leaves depending on the chemistry of the individual
26 tree. They did not always prefer the leaves with lower concentrations of sideroxylonal (mature
27 leaves), nor those with higher concentrations of available N (young leaves). Instead, the
28 sideroxylonal concentration of young leaves dictated their choice; they preferred young leaves at
29 low sideroxylonal concentrations, but not at high concentrations. By skewing their feeding
30 towards trees producing young leaves with low concentrations of PSMs, possums may influence
31 plant fitness. Researchers will detect these potentially important interactions only if they are
32 aware that measuring variation between plants discloses more information than do average
33 relationships.

34 **Key Words** - Plant secondary metabolite, available N, herbivory, feeding decision, trade-off.

INTRODUCTION

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Optimal plant defense theories suggest that younger leaves are more valuable to plants than are older leaves (McKey 1979; Rhoades 1979). Thus, plants should allocate more resources to defend younger leaves against herbivory (McKey 1979; Rhoades 1979). Plants generally conform to this pattern – young leaves typically contain higher concentrations of protein (measured as nitrogen; N) and plant secondary metabolites (PSMs) than do older leaves (McCall and Fordyce 2010). However, whether or not elevated levels of PSMs protect young leaves from herbivory depends on the particular plant and herbivore.

The trade-off between acquiring nutrients, while minimising the ingestion of PSMs, may determine whether herbivores select young or old leaves. Importantly, the size of this trade-off differs between herbivore species. For example, specialist herbivores – those that feed on particular groups of plants, may tolerate elevated PSM concentrations in young leaves that generalists – those herbivores that eat a wider variety of foods, will not (Gutbrodt et al. 2012; Jensen et al. 2014; Lambdon and Hassall 2005). Thus, specialist herbivores may prefer young leaves, while generalists may prefer to eat older leaves (Gutbrodt et al. 2012).

One aspect, however, that researchers often disregard is that the size of the trade-off may also differ between conspecific plants. The concentrations of both PSMs and N in mature foliage can differ greatly between neighboring conspecifics (Moore et al. 2010). Some plants contain high concentrations of PSMs that deter herbivores, while others of the same species are less defended (Marsh et al. 2014; Villalba et al. 2014; Vourc'h et al. 2002). Thus, it may be more costly (or beneficial) to eat the young leaves from some plants than others. They may, for instance, prefer

56 the higher protein concentrations in young leaves that contain low concentrations of PSMs, but
57 may prefer to minimize their ingestion of PSMs in highly defended young leaves of conspecifics
58 by selecting the less nutritious older leaves. These sorts of responses will be hidden if researchers
59 document only the average composition of leaves from each age class and the average
60 preferences of herbivores, rather than identifying variation in these parameters.

61 The aim of our study was to investigate whether differences in nutritional composition between
62 individual plants alters the relative palatability of younger and older foliage. We used *Eucalyptus*
63 *melliodora* (yellow box) as our model plant because it contains variable concentrations of a PSM
64 called sideroxylonal (Wallis et al. 2002). This PSM influences the feeding decisions of a variety
65 of marsupial and insect herbivores (Jensen et al. 2014; Matsuki et al. 2011), including common
66 brushtail possums (*Trichosurus vulpecula*). Like most eucalypts, *E. melliodora* always has
67 mature leaves, while flushes of new growth are irregular so that young leaves are present only
68 for short periods (Landsberg and Cork 1997). We analysed the composition of newly emerging,
69 young, and mature adult phase leaves present concurrently in order to confirm that a) younger
70 foliage contains more available N than does mature foliage, b) younger foliage contains more
71 sideroxylonal than does mature foliage, and c) sideroxylonal concentrations are correlated in
72 young and mature leaves from the same tree.

73 We then investigated how the composition of foliage affects the feeding preferences of common
74 brushtail possums by offering them young and mature *E. melliodora* foliage in two ways. In the
75 first experiment, we did not give possums a choice. We offered them either young or mature
76 foliage from a variety of trees in order to establish the absolute amount that they were willing to

77 consume relative to the leaf age class and the concentrations of sideroxylonal and available N. In
78 the second experiment we offered them choices between young and mature leaves from the same
79 trees. In this case we wanted to know whether possums consistently preferred leaves of a
80 particular age class, or whether their preferences differed between trees due to variation in PSM
81 concentrations. We envisaged three potential outcomes: 1) possums always prefer younger
82 leaves (higher concentrations of available N); 2) possums always prefer older leaves (lower
83 concentrations of sideroxylonal); or 3) possums prefer younger leaves from trees with low
84 sideroxylonal concentrations, but prefer older leaves from trees with higher concentrations of
85 sideroxylonal. This latter scenario could occur if both the young and mature leaves from some
86 trees contain sideroxylonal concentrations that are relatively non-deterrent to possums (in which
87 case they may prefer the more nutritious young leaves), while other trees contain highly deterrent
88 concentrations (in which case they may seek to minimize their ingestion of sideroxylonal by
89 choosing the less defended older leaves).

90 METHODS

91 ***Compositional Analysis.*** Bulked leaf samples (approx. 10 g of each age class from each tree)
92 were freeze-dried and ground in a Cyclotec 1093 Mill (Tecator, Höganäs, Sweden) to pass a
93 1mm sieve.

94 ***Quantification of Sideroxylonal.*** Ground leaves from the bulk samples (50.0 ± 0.5 mg) were
95 extracted by sonication for 10 mins in a known mass (approximately 5 g) of 7 % water in
96 acetonitrile with 0.1 % trifluoroacetic acid (Wallis and Foley 2005). Total sideroxylonal

97 concentrations in the extract were quantified by HPLC following the methods of Wallis and
98 Foley (2005).

99 *Analysis of Total and Available N, and Dry Matter Digestibility.* Total N was measured for each
100 sample on 205.0 ± 5.0 mg ground leaves using the Dumas combustion procedure in a Leco
101 Truspec CN analyser. The same procedure, but with 105.0 ± 5.0 g (or all remaining sample if
102 less than this was available), was used to measure the N remaining in duplicates of each sample,
103 after a two-step digestion in Ankom F57 filter bags, as described in DeGabriel et al. (2008).
104 These values were used to calculate the *in vitro* available (digestible) N for each sample. Dry
105 matter digestibility was likewise calculated from the residue remaining in the bags after the
106 digestion procedure (DeGabriel et al. 2008).

107 ***Comparison of Leaf Composition From Different Age Classes.*** Leaves were collected from
108 each of 19 mature *Eucalyptus melliodora* trees growing near Black Mountain, Canberra,
109 Australia, and were sorted into batches of unexpanded leaves, young leaves (fully expanded
110 leaves that were still soft), and mature leaves (all other leaves) from each tree. They were
111 immediately frozen at -20°C in paper bags pending compositional analysis.

112 A one-way ANOVA (Genstat v17.1, VSN International Ltd, UK) was used to test whether
113 foliage of different ages differed in dry matter digestibility and the concentrations of total N,
114 available N and sideroxylonal.

115 ***Possum capture and housing.*** Six male common brushtail possums (*Trichosurus vulpecula*;
116 mean body mass \pm SE = 2918 ± 170 g) were captured on the campus of The Australian National

117 University, Canberra, Australia in cage traps baited with apple. Possums were kept in sheltered
118 pens measuring ~ 2 x 3 x 4 m. During acclimation to captivity, possums were fed chopped apples
119 and carrots, and branches of leaves from a variety of native and non-native tree species. Possums
120 had access to drinking water *ad libitum*.

121 ***Experiment 1 – Consumption of Leaves From Different Age Classes (“No-Choice”)***. Possums
122 were fed one of eighteen possible “treatments” on each night of the experiment. They were
123 offered a different “treatment” on each night. The eighteen treatments consisted of mature leaves
124 from each of seven *E. melliodora* trees and young leaves from each of 11 trees. We did not offer
125 unexpanded foliage to possums because there was not enough on each tree to provide it *ad*
126 *libitum*.

127 The experiment was organised into three rounds. Each treatment was allocated to one of the
128 rounds (i.e. six treatments per round) to enable us to collect all leaves required for that treatment
129 at one time, eliminating the risk that leaf age and leaf chemistry within a tree would change
130 between collections. Branches were collected at least 24 h before the start of a round, placed in
131 plastic bags and stored with their cut ends in water in the dark at 4 °C. The experiment was
132 designed as a Youden square so that 1) each possum received a different treatment on each night,
133 2) no two possums received the same treatment on the same night, and 3) no possum received the
134 same treatment twice. Each round lasted for four nights, which meant that, during the whole
135 experiment, each of the six possums received 12 of the possible 18 treatments. Possums were fed
136 only leaves throughout the experiment.

137 At 1700 h each day, possums were provided with a bunch (> 400 g) of their allocated foliage,
138 with the stems immersed in water. At the same time, “control” bunches of the same foliage were
139 placed in water outside the pens, enabling us to confirm that bunches remained within 1-2 g of
140 their initial weight in the absence of herbivory. At 0830 h the next day we removed the foliage
141 from the pens and weighed them to determine wet matter intake. Any leaves that had been
142 detached from stems during the night were collected and dried to constant mass at 60 °C.
143 Samples of leaves similar to those eaten by possums were removed from control bunches
144 (approximately 20 g) and separated into two bags. One was frozen at -20 °C pending chemical
145 analysis (see “compositional analysis” section). The other was dried at 60 °C to constant mass,
146 and used to calculate % dry matter (DM) of the leaves. Dry matter intake (DMI) was calculated
147 by multiplying % DM by apparent wet matter intake, and then subtracting the dry mass of leaves
148 that had detached from the stems.

149 Experiment 1 was analysed using the residual maximum likelihood (REML) linear mixed model
150 function in Genstat. The response variate was DMI. The confounding of leaf age and available N
151 concentrations prompted us to analyze the data with two models that included either leaf age or
152 the available N concentration. The fixed model included the concentration of sideroxylonal, the
153 available N concentration or leaf age, and all interaction terms, while the random model included
154 the possum identity and the experimental day. We sequentially removed any non-significant
155 terms ($P > 0.05$) to leave a final model with only significant terms ($P < 0.05$). Non-significant
156 results are reported from the full models, whereas significant results are from the final models.

157 ***Experiment 2 – Consumption of Leaves When Offered a Choice Between Young and Mature***
158 ***Foliage From The Same Tree.*** The design of experiment 2 resembled that of experiment 1, and
159 we used “control” bunches in the same way in both experiments. Eighteen *E. melliodora* trees
160 were allocated to one of three, four-night periods (six trees per period) so that all leaves for a
161 given treatment could be collected at the same time. Within each period, a Youden square design
162 was used to determine which possum was offered which tree each night. There were four
163 observations per tree and all six possums received 12 of the possible 18 trees. At 1700 h,
164 possums were provided with two bunches of foliage from their allocated tree; one containing
165 only young leaves and the other only mature leaves, each weighing at least 300 g. The two
166 bunches were placed at least 2 m apart with their stems in tubes of water; the positions of the
167 young and mature bunches were swapped each night. At 2100 h experimental and control
168 bunches were removed and reweighed. We offered the foliage over a shorter time than in
169 experiment 1 to ensure that there were enough young and mature leaves from all trees to
170 complete the experiment. From 2100 h until 0900 h, possums were offered chopped apples and
171 carrots, and leaves from a variety of tree species. DMI was determined separately for young and
172 mature leaves, and samples of leaves from control bunches were frozen for later chemical
173 analysis. A leaf age class “preference index” was calculated by subtracting the amount of mature
174 leaves consumed from the amount of young leaves consumed.

175 The ANOVA function in Genstat was used to test a) for differences in total DMI between
176 individual trees, b) whether the young leaf proportion of DMI differed between trees, and c)
177 whether individual possums differed in the leaf age class they preferred. A paired sample (two-
178 sided) t-test was used to test whether possums ate more young or mature leaves. All other

179 analyses were performed using REML linear mixed models. Using separate models for young
180 and mature leaves, we tested whether the sideroxylonal concentration, available N concentration,
181 or the interaction between sideroxylonal and available N affected the DMI of each foliage age
182 class. We also tested whether the composition of young foliage (chemical concentrations were
183 strongly correlated between age classes; $P < 0.001$ for both sideroxylonal and available N), or the
184 difference in composition between young and mature foliage, influenced foliage age class
185 preference. In all models, possum and day were included as random effects.

186 We also used the geometric framework of Raubenheimer and Simpson (1993) to plot the relative
187 available N and FPC content of young and mature leaves, and the amount of those constituents
188 that possums chose to ingest, for each choice that they were offered. This method allows the
189 visualization of whether herbivores prioritize the ingestion of one of the plotted constituents over
190 the other. In addition, it is possible to see the scope that herbivores have to alter their nutritional
191 trajectory if they switch between the two food items that are offered.

192 RESULTS

193 ***Composition of Leaves From Different Age Classes.*** Unexpanded leaves had the highest *in vitro*
194 DM digestibility and the highest concentrations of total and available N, followed by young and
195 then mature leaves (Table 1). The highest concentrations of sideroxylonal occurred in young
196 leaves, with the lowest concentrations in unexpanded leaves (Table 1).

197 Sideroxylonal concentrations were positively correlated in young and mature leaves within trees
198 ($F_{1,17} = 17.19$, $P < 0.001$; Figure 1a), but not in unexpanded and mature leaves ($F_{1,15} = 2.20$, $P =$

199 0.159). The same was true for available N concentration (young compared to mature leaves: $F_{1,17}$
200 = 4.69, $P = 0.045$; unexpanded compared to mature leaves: $F_{1,15} = 1.51$, $P = 0.238$; Figure 1b).
201 There was no relationship between sideroxylonal and available N concentrations in mature ($F_{1,18}$
202 = 0.04, $P = 0.843$) or young leaves ($F_{1,18} = 3.46$, $P = 0.081$). There was, however, a slight
203 negative correlation (slope = -0.07, $r^2 = 0.25$) between the concentrations of sideroxylonal and
204 available N in unexpanded leaves ($F_{1,18} = 6.19$, $P = 0.025$).

205 ***Experiment 1 – Consumption of Leaves From Different Age Classes (“No-Choice”).*** Possums
206 ate less as sideroxylonal concentrations in foliage increased ($F_{1,60}=37.00$, $P<0.001$; Figure 2a)
207 and ate more as available N concentrations increased ($F_{1,64}=9.48$, $P=0.003$). However, this
208 apparent response to available N was because they preferred eating young rather than mature
209 leaves ($F_{1,62.7}=11.88$, $P<0.001$; Figure 2a); the available N concentration did not affect intake
210 within either the young ($F_{1,5.6}=2.46$, $P=0.171$) or mature ($F_{1,19.8}=2.43$, $P=0.135$) foliage age class
211 (Figure 2b). The sideroxylonal concentration in foliage depressed feeding to a similar degree in
212 possums fed young and mature foliage (Figure 2a), and this was not influenced by the available
213 N content of the leaves (all interactions $P>0.05$). However, because possums ate more young
214 than mature leaves, they ingested more sideroxylonal when eating young leaves (Figure 2c).

215 ***Experiment 2 – Consumption of Leaves When Offered a Choice Between Young and Mature***
216 ***Foliage.*** The amount of DM (total of young and mature foliage) that possums ate varied
217 substantially between trees ($F_{17,54}=13.24$, $P<0.001$; Figure 3). Possums usually ate a mixture of
218 young and mature leaves, with the proportions differing between trees ($F_{17,54}=2.36$, $P=0.009$;
219 Figure 3). There was a trend for possums to eat more young than mature leaves when all trees

220 were considered (mean difference in DMI between young and mature leaves = 2.7 ± 1.6 g;
221 $t(71)=1.72$, $P=0.091$). However, preferences also differed between individual possums
222 ($F_{5,66}=3.05$, $P=0.016$). The possum that least preferred young leaves selected a diet with 37 ± 6
223 % young leaves – less than half that of the possum that most preferred them (77 ± 8 %).

224 As in experiment 1, possums ate less of both young and mature foliage as sideroxylonal
225 concentrations increased (young: $F_{1,66.3}=35.07$, $P<0.001$; mature: $F_{1,65.5}=7.10$, $P=0.01$).
226 Available N concentrations had no bearing on the possums' consumption of leaves from either
227 age class (young: $F_{1,62.6}=0.29$, $P=0.593$; mature: $F_{1,65}=0.13$, $P=0.718$).

228 The difference between young and mature foliage in the concentration of either sideroxylonal
229 ($F_{1,59.1}=0.44$, $P=0.508$) or available N ($F_{1,62.9}=1.52$, $P=0.222$) did not explain why possums chose
230 to eat young or mature foliage (i.e. the “preference index”). However, as concentrations of
231 sideroxylonal increased in young leaves possums ate relatively more mature leaves – i.e. the
232 preference index decreased ($F_{1,65}=4.27$, $P=0.043$; Figure 4a). The available N concentration of
233 young foliage did not influence the preference index ($F_{1,64} = 0.46$, $P = 0.500$; Figure 4b).

234 A geometric framework plot showed that, regardless of which leaf age class they consumed,
235 possums offered a choice between young and mature leaves from the same tree remained on a
236 similar nutritional trajectory (Figure 5). Interestingly, however, the trajectories differed
237 substantially between individual trees (Figure 5). Possums did not appear to prioritize the
238 ingestion of a set amount of available N (Figure 5) but, instead, may have been limiting their
239 ingestion of sideroxylonal.

240

DISCUSSION

241 Our study demonstrates that it is important to look beyond the average composition of leaf age
242 classes when considering the trade-offs faced by herbivores attempting to maximize their
243 ingestion of nutrients while minimizing their ingestion of PSMs. The two main classes of leaves
244 we used in this study differed widely in their chemical composition. Even though young, fully
245 expanded *E. melliodora* leaves contained higher average concentrations of available N than did
246 mature leaves, they also contained higher concentrations of the PSM, sideroxylonal. In both the
247 young and the mature leaves, the concentration of sideroxylonal ranged from negligible and of
248 no physiological importance, to highly deterrent. In response to this conundrum, possums varied
249 the amounts and the proportions they ate of young and mature leaves depending on the chemical
250 characteristics of the individual tree.

251 As expected, the concentrations of sideroxylonal were closely correlated in the young and mature
252 leaves of individual *E. melliodora*. There is no evidence that eucalypts can induce the production
253 of sideroxylonal (Henery et al. 2008), so presumably the correlation indicates the strong genetic
254 control that production of this compound is under (Andrew et al. 2005; Andrew et al. 2007).
255 Thus, the factors that determine sideroxylonal concentrations in mature leaves, which are
256 unknown, but could include, for example, the level of gene expression (Padovan et al. 2013), the
257 regulation of biosynthetic pathways (Padovan et al. 2015), or the availability of precursors,
258 presumably also operate in young leaves. This genetic regulation leads to an important
259 consequence: although young leaves were “better defended” by sideroxylonal than were mature
260 leaves from the same tree, young leaves from some trees were less defended than mature leaves

261 from other trees. This indicates that in order to meet their nutrient requirements while limiting
262 their ingestion of PSMs, possums must make complex decisions based on the trees available
263 from which they can feed, the age classes of leaves on those trees and the chemical composition
264 of those leaves.

265 Brushtail possums reduce their intake of mature *E. melliodora* foliage as sideroxylonal
266 concentrations increase (Marsh et al. 2003; Wallis et al. 2002). We found the same when
267 possums were offered both mature and young leaves in the current study, resulting in large
268 variation in DMI between trees for both leaf age classes. Thus, some trees provided better food
269 than did others, regardless of the age of the leaves or whether they were offered separately or as
270 a choice. It was evident from the no-choice study, however, that possums preferred eating young
271 leaves over mature leaves at equivalent sideroxylonal concentrations. Consequently, they
272 ingested more sideroxylonal from young than from mature leaves. This is interesting because, in
273 previous studies, brushtail possums (and other marsupial folivores) regulated their intake to
274 remain below a threshold dose of sideroxylonal and related compounds (Lawler et al. 1998;
275 Stapley et al. 2000; Wallis et al. 2002). For example, possums offered mature *E. melliodora*
276 foliage limited their ingestion of sideroxylonal to around 800 mg per day (Wallis et al. 2002).
277 This is similar to possums offered mature leaves in our study, but the threshold was closer to
278 1200 mg per day when they were eating young foliage. Possums detect their threshold through
279 the emetic pathway (DeGabriel et al. 2010; Lawler et al. 1998). A variety of other herbivores
280 also select their diets to keep PSM ingestion below a threshold (e.g. woodrats: Mangione et al.
281 2000; cattle: Pfister et al. 1997; sheep: Wang and Provenza 1997), probably because there are
282 physiological limitations to PSM metabolism (Marsh et al. 2006). Our study suggests that the

283 conditions under which possums encounter sideroxylonal may influence how much they can
284 ingest.

285 Young leaves contain higher concentrations of available N, and potentially other nutrients. For
286 example, young water hyacinth (*Eichhornia crassipes*) leaves contain higher concentrations of
287 phosphorous, potassium and magnesium, in addition to N, than do older leaves (Center and
288 Wright 1991). A higher availability of nutrients may allow animals that eat young leaves to
289 ingest more sideroxylonal, but there are arguments both for and against this idea. In support,
290 metabolising PSMs requires an animal to expend protein (Au et al. 2013). Thus brushtail
291 possums ingest more of two PSMs, 1,8-cineole and benzoic acid, when offered artificial diets
292 containing more N (Au et al. 2013; Nersesian et al. 2012). Similarly, supplementary protein
293 allows sheep and goats to increase their intake of various PSMs, or plants containing PSMs
294 (Utsumi et al. 2009; Villalba and Provenza 2005; Villalba et al. 2002). The counter argument to
295 protein enrichment enabling possums to ingest more sideroxylonal comes from the current study.
296 If this were so we would expect animals to eat more as available N concentrations in leaves
297 increased. This did not happen. Available N concentration did not influence DMI within leaf age
298 classes in either the choice or no-choice trials. It is possible, however, that other nutrients limit
299 intake of sideroxylonal by possums. Plants contain complex mixtures of nutrients and PSMs, and
300 we do not have a good understanding in any plant-herbivore system of how the various
301 components interact to influence herbivory.

302 Even though possums tolerated more sideroxylonal when feeding on young leaves, they did not
303 necessarily prefer to eat those leaves. Instead, they ate similar amounts of both young and mature

304 leaves from 10 of the 18 trees, preferring young leaves from only five trees and mature leaves
305 from three. This variation in preference reflected the variation in nutritional composition;
306 possums turned away from young leaves as the sideroxylonal concentration in those leaves
307 increased. This implies that for some trees the benefit of eating young leaves outweighed the
308 metabolic costs associated with ingesting more sideroxylonal. For other trees, however, it did
309 not. One important consequence of this is that some individual plants may lose most or all of
310 their young foliage to herbivory while others go largely untouched. For example, in this study
311 possums ate seven-fold more from relatively undefended trees than they did from highly
312 defended trees. Thus, young leaves from relatively undefended plants are not only preferentially
313 consumed over older leaves, but more is also eaten from those plants.

314 This differential herbivory invites the question of how relatively undefended trees survive in the
315 landscape. Marsupial folivores occur at very low densities compared with those of invertebrate
316 herbivores, such as scarab beetles (*Anoplognathus* sp.), that feed on the same eucalypts and react
317 similarly to sideroxylonal (Matsuki et al. 2011). Presumably these species apply much of the
318 selection pressure. Scarabs, however, tend to be outbreak species so that years may pass when
319 their numbers are low and poorly defended trees remain little affected.

320 The deterrent effects of sideroxylonal also meant that possums in the choice experiment did not
321 appear to meet any particular protein target while feeding. One of the useful features of the
322 geometric framework, introduced by Raubenheimer and Simpson (1993), is that it allows
323 researchers to visualize whether herbivores prioritize the ingestion of particular nutrients (e.g.
324 protein; Felton et al. 2009), or whether they make compromises when foods are imbalanced, or,

325 for example, contain PSMs (Behmer et al. 2002). We were able to infer two things by plotting
326 the ingestion of sideroxylonal and available N by possums in the choice experiment. First,
327 possums appeared to prioritize minimizing the ingestion of sideroxylonal over meeting a protein
328 target. Second, the experimental design whereby possums could choose only between young and
329 mature leaves from the same tree essentially constrained them to a single “nutritional rail” (with
330 respect to sideroxylonal and available N). In other words, sideroxylonal and available N
331 essentially occurred in the same ratio in young and mature leaves within a single tree. The
332 trajectories of the nutritional rails, however, differed substantially between individual trees. This
333 suggests that a wild possum behaving typically by feeding on a variety of foliage from a variety
334 of trees (Freeland and Winter 1975) could alter their nutritional trajectory .

335 Several authors have suggested that forests containing a mixture of eucalypt species and a steady
336 flow of young foliage throughout the year are an important resource for marsupial folivores (e.g.
337 see Moore and Foley 2000). Our results suggest that the presence of trees with low FPC
338 concentrations may be at least as important. This complicates the widely held belief that
339 marsupial folivores prefer new foliage to old due to the extra protein that it provides (Degabriele
340 1981; Hume et al. 1996; Kavanagh and Lambert 1990; Krockenberger et al. 1998; Landsberg and
341 Cork 1997; Moore and Foley 2000; Pahl 1987). Nevertheless, it is worth noting that possums
342 would receive more available N from eating young foliage than from eating equivalent amounts
343 of mature foliage. The caveat is that the benefits of extra protein depend on the protein
344 concentration of the diet. If essential amino acids are the limiting nutrient then the additional
345 nitrogen is probably beneficial. This was the case in the eucalypt forests in which DeGabriel et
346 al. (2009) demonstrated that female brushtail possums living in home ranges containing

347 eucalypts with higher foliar available N concentrations had greater breeding success, and their
348 pouch young grew faster. Thus, additional available N from consuming young or unexpanded
349 leaves may have benefits beyond any effects on PSM tolerance or feeding preferences.

350 CONCLUSIONS

351 Although many studies demonstrate that young leaves contain higher nutrient and PSM
352 concentrations than do older leaves, these average differences may not adequately identify the
353 nutritional trade-offs faced by herbivores. First, the amount of PSM that herbivores can ingest
354 may depend on the nutritional context in which the PSM is presented. For example, in some
355 cases, higher concentrations of N or other nutrients may allow herbivores to tolerate higher PSM
356 intakes. Thus, the same concentration of PSM may be less deterrent in young than in mature
357 leaves.

358 Secondly, PSM and nutrient concentrations can differ widely between conspecifics. This means
359 that some individual plants may not produce enough PSMs to deter herbivores effectively, even
360 if young leaves contain higher concentrations of PSMs than mature leaves from the same tree.
361 The reciprocal of this is that animals may prefer the higher nutrient concentrations in young
362 leaves only when PSM concentrations are low. Either way, herbivory on young leaves may be
363 more prevalent on individual plants with low concentrations of PSMs. These responses may
364 affect plant fitness, but this likely depends on identifying the selective force. Researchers should
365 therefore be aware that measuring variation in both plant composition and herbivore responses

366 can provide important ecological information that may differ from the conclusions obtained from
367 measuring average relationships.

368 ACKNOWLEDGEMENTS

369 We thank Jessie Au for conducting some of the HPLC analyses. Pauline Ding from the
370 Australian National University Statistical Consulting Unit gave statistical advice. Animal work
371 was approved by the Australian National University Animal Experimentation Ethics Committee
372 and conforms to the Australian Code of Practice for the Care and Use of Animals for Scientific
373 Purposes.

374 FUNDING

375 The study was supported by funding from the Australian Research Council to KJM
376 (DE120101263).

377 CONFLICT OF INTEREST

378 The authors declare that they have no conflict of interest.

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509

510 Table 1. Mean [range] nutritional composition of unexpanded, young and mature foliage from 19
 511 mature *Eucalyptus melliodora* trees. Within each row, means with the same superscript are not
 512 significantly different from one another. DM = dry matter; lsd = 5% least significant difference.

	Unexpanded	Young	Mature	F-value	P-value	lsd
<i>In vitro</i> DM digestibility (%)	87 ^a [82-93]	80 ^b [72-85]	67 ^c [56-73]	179.07	<0.001	2
Total N (% DM)	2.8 ^a [1.9-3.4]	2.3 ^b [1.4-3.2]	1.7 ^c [1.4-2.1]	35.28	<0.001	0.3
<i>In vitro</i> available N (% DM)	2.5 ^a [1.6-3.1]	1.9 ^b [1.1-2.9]	1.2 ^c [0.6-1.6]	48.17	<0.001	0.3
Sideroxylonal (mg/g DM)	8.7 ^a [0.9-14.4]	22.2 ^c [1.5-40.6]	15.8 ^b [2.2-39.9]	16.52	<0.001	4.7

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FIGURE LEGENDS

516 Figure 1: The relationship between concentrations of a) sideroxylonal, and b) available N in
517 mature compared to young *E. melliodora* leaves from the same tree.

518 Figure 2. The effect of the sideroxylonal or available N concentration in young or mature *E.*
519 *melliodora* leaves on the intake of a), b) dry matter, and c) sideroxylonal by brushtail possums in
520 a no-choice experiment.

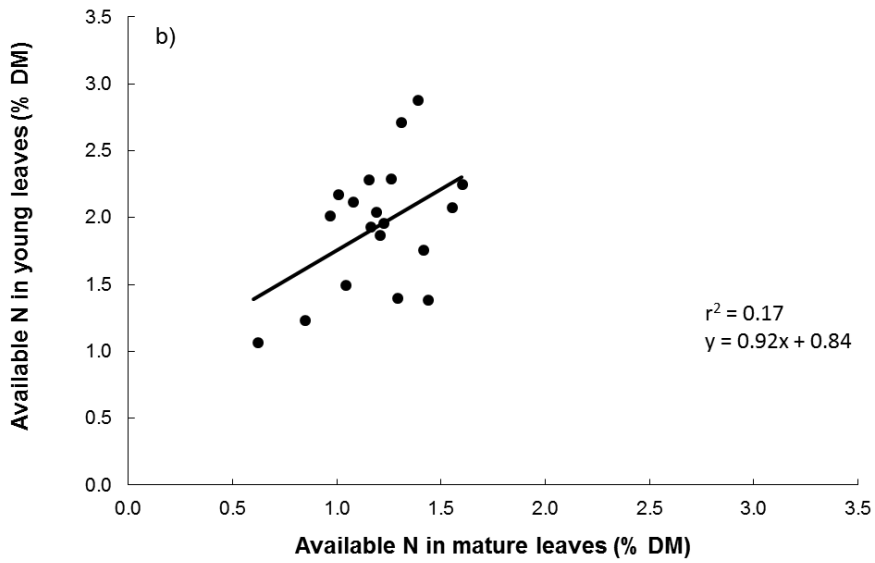
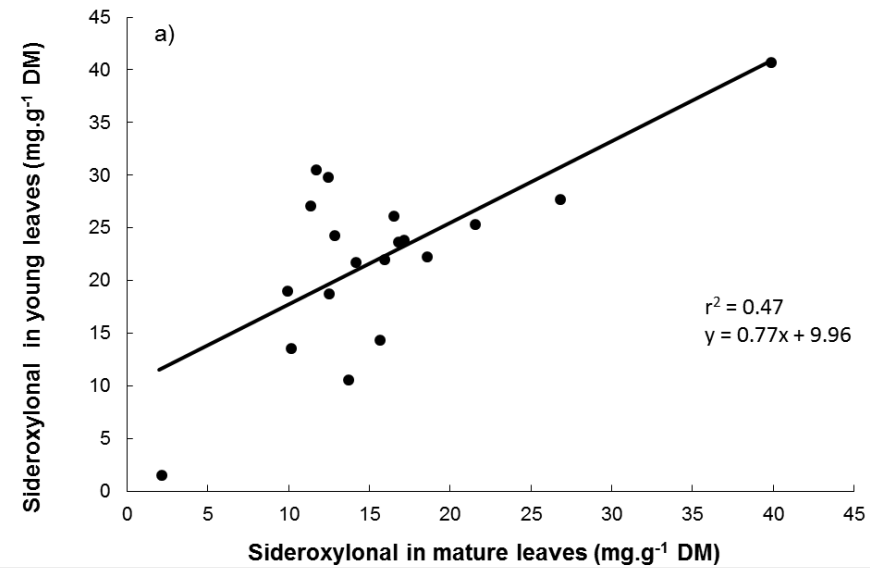
521 Figure 3. The mean amount of *E. melliodora* foliage eaten by brushtail possums offered a choice
522 between young and mature foliage from 18 trees. Asterisks indicate a significant difference
523 between the amount of young and mature leaves eaten from that tree.

524 Figure 4. The effect of a) sideroxylonal concentration, and b) available N concentration in young
525 leaves on the mean preference index of brushtail possums offered a choice between young and
526 mature *E. melliodora* foliage. The line shows the fitted relationship from the statistical model
527 when the effect was significant.

528 Figure 5. The nutritional rails of leaves from five of the *E. melliodora* trees offered to possums
529 during the choice experiment. Young and mature leaves from the same tree are shown with the
530 same line pattern. The nutritional rails from other trees were excluded to reduce overcrowding on
531 the figure. The mean (\pm SE) amount of FPCs and available N ingested by possums is shown as
532 filled circles for the trees for which the nutritional rails are shown, and as filled squares for all
533 other trees.

534 Figure 1.

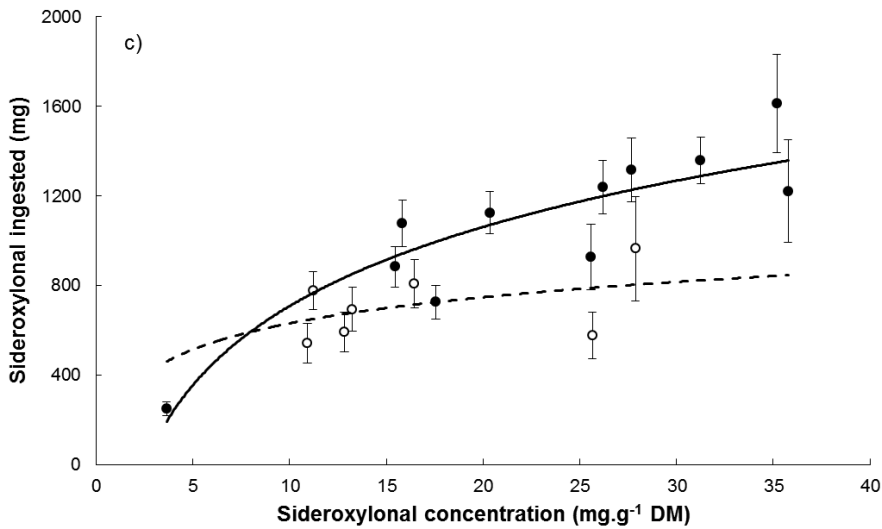
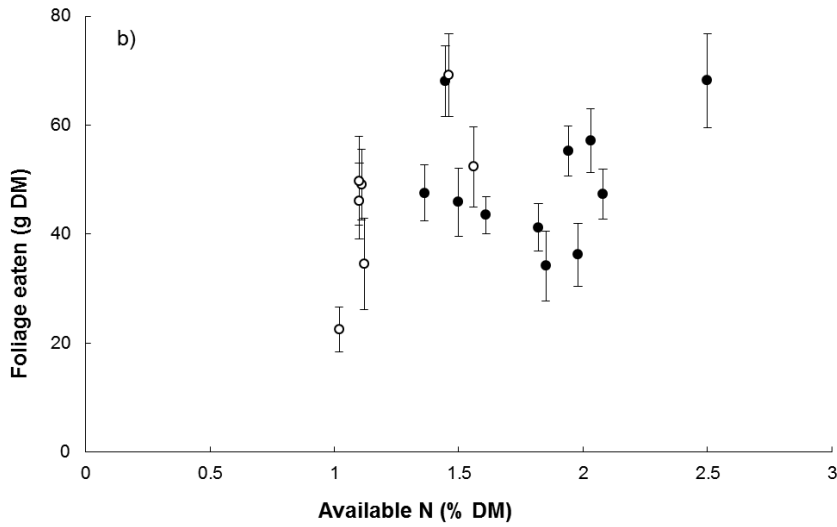
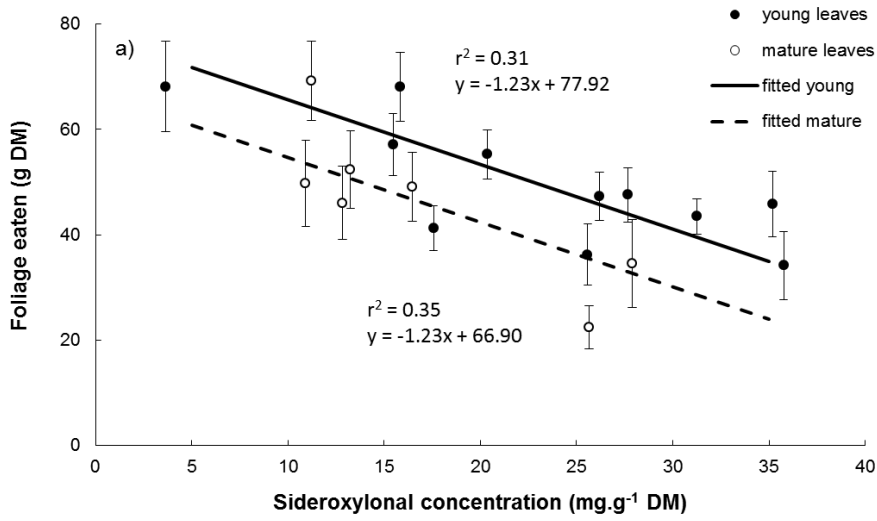
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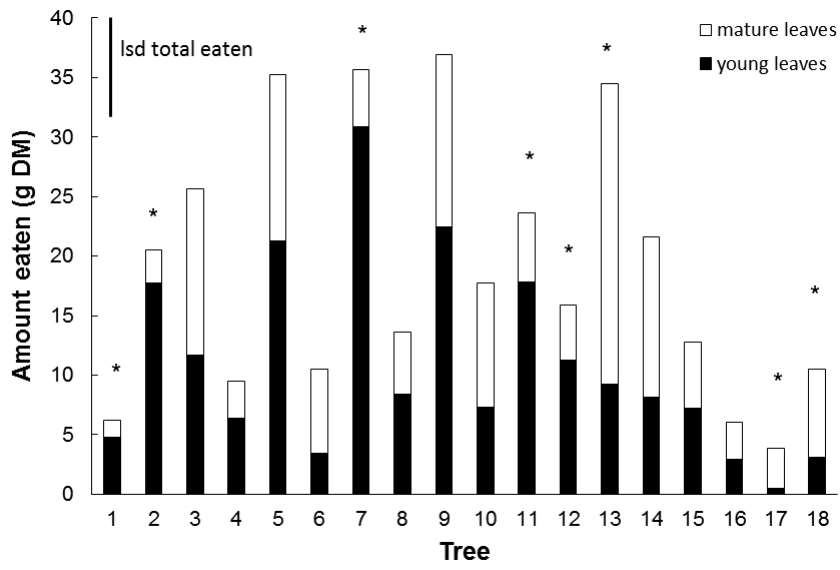
536 Figure 2.

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539 Figure 3.



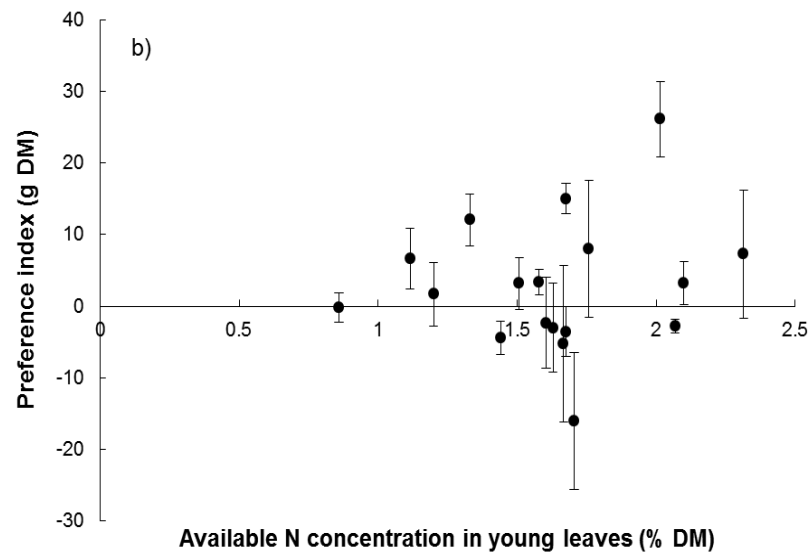
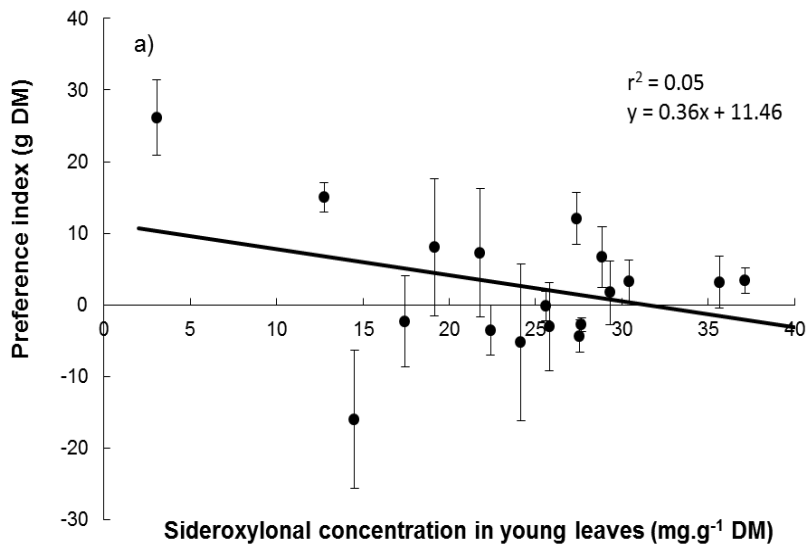
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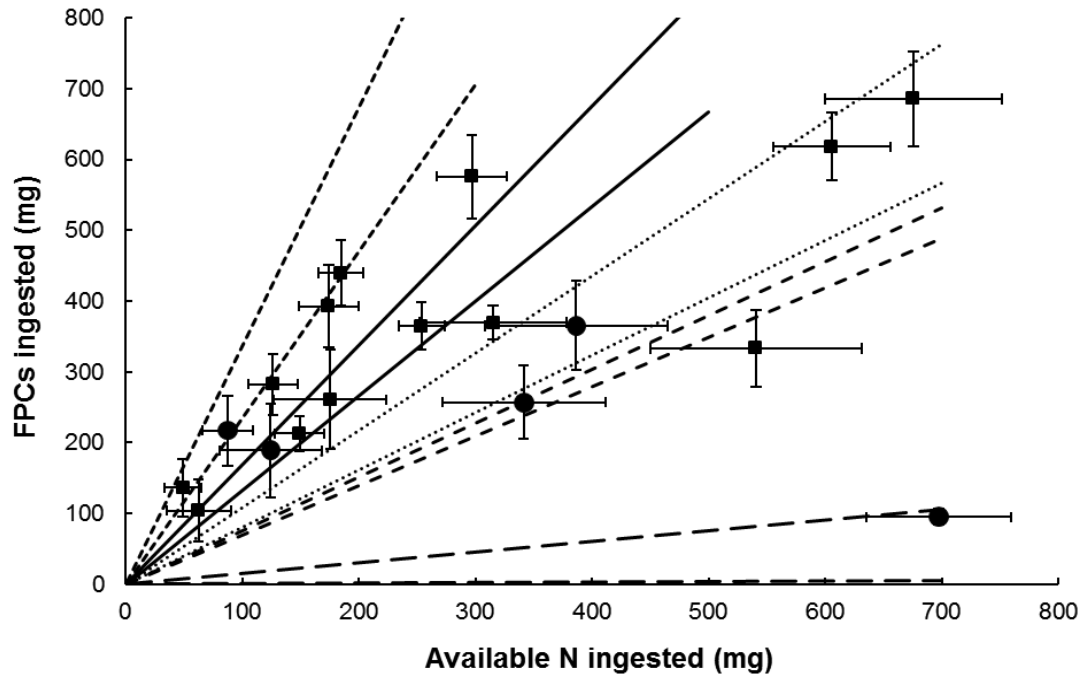
542 Figure 4.

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545 Figure 5.



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