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**A Comparison of Calcium Aggregation and Ultracentrifugation Methods for  
the Preparation of Rat Brain Microsomes for Drug Metabolism Studies**

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**Short Title:** Preparation of Brain Microsomes by Calcium Aggregation and Ultracentrifugation

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22 **Abstract**

23 Preparation of brain microsomes by the calcium chloride aggregation method has been suggested  
24 as an alternative to the ultracentrifugation method. However, the effects of the calcium chloride  
25 concentration on the quality of the microsomal fractions are not known. Brain microsomes were  
26 prepared from the adult rat brains using the high-speed ultracentrifugation and low-speed calcium  
27 chloride (10-100 mM) aggregation methods (n = 5-6 per group). The microsomal protein yield  
28 (spectrometry), cytochrome P450 reductase (CPR) activity (spectrometry), and the  
29 monooxygenase activities (UPLC-MS/MS) of CYP2D and CYP2E1 were determined in the  
30 obtained fractions. Increasing the concentrations of calcium chloride progressively increased the  
31 protein yield of the low-speed microsomal fractions. However, the increased yield was associated  
32 with a significant decrease in the activities of CPR, CYP2D, and CYP2E1. Additionally, the  
33 CYP2D and CYP2E1 activities were significantly correlated with the CPR activities of the  
34 fractions. In conclusion, when an ultracentrifuge is available, preparation of brain microsomes by  
35 the ultracentrifugation method might be preferable. However, the calcium aggregation method at  
36 a calcium chloride concentration of 10 mM is an acceptable alternative to the ultracentrifuge  
37 method.

38

39           **Introduction**

40           The cytochrome P450 (P450) enzymes are responsible for the metabolism of most  
41 xenobiotics and endogenous compounds. In addition to the liver, which is the main organ with the  
42 highest P450 content, P450 enzymes are also expressed in extra-hepatic tissues such as the brain  
43 [1]. The distribution of P450 enzymes in different brain regions is not uniform, with the highest  
44 P450 content found in the brain stem and cerebellum, while the striatum and hippocampus  
45 reportedly contain the lowest P450 content [2]. Although the total P450 content in the brain is only  
46 0.5% - 2% of that in the liver [3, 4], brain P450 enzymes are concentrated in specific cells and  
47 important brain regions, such as the blood-brain barrier [5]. Therefore, brain P450 may  
48 significantly impact the pharmacologic activities or toxicity of the centrally-acting drugs and  
49 toxins [1, 3-5].

50           Cytochrome P450 enzymes are primarily associated with the endoplasmic reticulum as  
51 membrane-bound enzymes, which form microsomes during the homogenization of the tissues and  
52 cell break up. Traditionally, microsomes have been prepared by ultracentrifugation of the post-  
53 mitochondrial supernatant at  $\geq 100,000$  g for  $\geq 1$  hour. In 1971, Kamath et al. [6] reported a  
54 simplified method for the preparation of liver microsomes using aggregation of the post-  
55 mitochondrial fractions by adding 8 mM calcium chloride ( $\text{CaCl}_2$ ), followed by a low-speed  
56 centrifugation. The method was later adapted to the preparation of brain microsomes [7-9] to  
57 improve the low yield of the relatively unstable brain microsomal proteins and preserve the  
58 enzymatic activity of the brain P450 by presumably reducing the preparation time. However, a  
59 side-by-side comparison of the two methods with regard to the effects of  $\text{CaCl}_2$  concentration on  
60 the microsomal yield and P450 monooxygenase activities is lacking in the literature. Therefore,  
61 the aim of the present study was to determine the effects of various concentrations of calcium

62 chloride on the microsomal protein yield and P450 activities in comparison with the  
63 ultracentrifugation method.

## 64 **Materials and Methods**

65  
66

### *Chemicals*

67 Dextromethorphan (DXM), dextrorphan (DXT), DXT-d<sub>3</sub>, chlorzoxazone (CZX), 6-  
68 hydroxychlorzoxazone (HCZX), and HCZX-d<sub>2</sub> were purchased from Cerilliant (Round Rock,  
69 TX). NADPH was purchased from Sigma Aldrich (St. Louis, MO). All other reagents and  
70 chemicals were obtained from commercial sources.

### *Preparation of Microsomes from Whole Rat Brain Using CaCl<sub>2</sub> with Low-Speed*

#### *Centrifugation*

73 The preparation of microsomes using CaCl<sub>2</sub> was based on minor modifications of  
74 published methods [7, 8]. The modifications consisted of the addition of a low-speed (1,000 g)  
75 centrifugation of brain homogenates to remove cell debris and mitochondrial removal  
76 centrifugation speed of 10,000 g [6] instead of 17,000 g. Frozen whole brains from adult (8 to 12-  
77 week old) male Sprague-Dawley rats were purchased from Innovative Research (Novi, Michigan,  
78 USA). Individual, whole brains (n = 20) were homogenized with Potter-Elvehjem homogenizer in  
79 9 volume of Tris buffer (0.1 M, pH = 7.4), containing 0.1 mM phenylmethylsulfonyl fluoride, 0.1  
80 mM dithiothreitol, 22 μM butylated hydroxytoluene, 0.2 mM EDTA, 150 mM potassium chloride,  
81 and 10% (v/v) glycerol at PH 7.4 (Buffer A). The homogenate was centrifuged at 1,000 g for 15  
82 min at 4°C to remove cell debris and nuclei. The supernatant was collected and centrifuged at  
83 10,000 g for 30 minutes to remove mitochondria. The mitochondrial pellet was resuspended and  
84 spun again at 10,000 g for 30 minutes, and the supernatant was collected to retrieve any trapped  
85 microsomes. The supernatants from the two 10,000 g spins were combined, and CaCl<sub>2</sub> was added

86 to achieve a final concentration of 10, 25, 50, or 100 mM (n = 5 brains per concentration). After  
87 30 minutes of incubation with CaCl<sub>2</sub> at 4°C, the samples were centrifuged at 39,000 g for 1 hour  
88 at 4°C. The pellet was collected and resuspended in buffer A and spun again at 39,000 g for 1 hour  
89 at 4°C. The microsomal pellet was resuspended in buffer A and stored at -80°C.

#### 90 *Preparation of Microsomes from Whole Rat Brain Using the Ultracentrifugation Method*

91 To prepare microsomes using the ultracentrifugation method (n = 6), the homogenization  
92 and the removal of cell debris and mitochondria steps were similar to the procedure outlined above  
93 for the CaCl<sub>2</sub> method. However, instead of incubation with CaCl<sub>2</sub>, the combined post-10,000 g  
94 supernatants were spun at 110,000 g for 1 hour at 4°C. The pellet was resuspended in buffer A and  
95 spun again at 110,000 g for 1 hour at 4°C. The pellet was collected, resuspended in buffer A, and  
96 stored at -80°C.

#### 97 *Protein Assay*

98 Microsomal protein concentrations were estimated by the Bradford method using bovine  
99 serum albumin (Thermo Scientific, Waltham, MA) as the standard.

#### 100 *Cytochrome P450 Reductase Activity*

101 Cytochrome P450 reductase (CPR) activity was determined based on the reduction of  
102 cytochrome c by the brain microsomes using an established spectrophotometric method [10].

#### 103 *Dextromethorphan-O-Demethylation Activity*

104 In rats, CYP2D1-5 isoforms show significant homology and substrate overlap, including  
105 dextromethorphan-O-demethylation, with the human CYP2D6 [11]. The rat brain CYP2D activity  
106 was measured based on dextromethorphan (DXT) formation from dextromethorphan (DXM) at a  
107 substrate concentration of 200 μM and a reaction volume of 200 μL. Briefly, DXM in methanol  
108 was added to microcentrifuge tubes, and methanol was evaporated before adding 100 mM Tris

109 buffer (pH 7.4) and microsomal protein (0.2 mg/mL). The mixtures were vortex-mixed and pre-  
110 incubated at 37°C for 5 min. Subsequently, the reaction was started by the addition of NADPH  
111 (0.25 mM). After 30 min of incubation at 37°C, the reaction was terminated by the addition of 150  
112 µl acetonitrile, containing 10 nM DXT-d<sub>3</sub> as an internal standard. The reaction mixtures were  
113 vortex-mixed, placed on ice for 5 min, centrifuged for 5 min, and the supernatant was stored at –  
114 80°C before analysis by UPLC/MS/MS.

#### 115 *Chlorzoxazone 6-Hydroxylation Activity*

116 The CYP2E1 activity was measured based on the formation of 6-hydroxychlorzoxazone  
117 (HCZX) from chlorzoxazone (CZX). Briefly, the reaction mixture (200 µL) contained 750 µM  
118 CZX and 0.4 mg/mL microsomal protein in 100 mM Tris-HCl buffer (pH 7.4). The mixtures were  
119 vortex-mixed and pre-incubated at 37°C for 5 min. The reaction was then started by the addition  
120 of NADPH (0.25 mM). After 15 min of incubation at 37°C, the reaction was terminated by the  
121 addition of 150 µl acetonitrile, containing 10 nM HCZX–d<sub>2</sub> as an internal standard. The reaction  
122 mixtures were vortex-mixed, placed on ice for 5 min, centrifuged for 5 min, and the supernatant  
123 was stored at –80°C before analysis by UPLC/MS/MS.

#### 124 *UPLC-MS/MS Analysis*

125 The concentrations of DXT in the CYP2D assay and HCZX in the CYP2E1 assay were  
126 quantitated by UPLC-MS/MS (Bruker EVOQ; Billerica, MA), based on the previously reported  
127 methods [12, 13] with some modifications. Briefly, the chromatographic separation was achieved  
128 for both analytes using a Phenomenex Kinetex 1.7 µm C18 (100 Å, 100 x 2.1 mm) column,  
129 connected to a Phenomenex C18 SecurityGuard ULTRA (2.1 mm) pre-column and maintained at  
130 40°C. A gradient system consisting of solvent A (5 mM ammonium formate: formic acid,  
131 100:0.05) and solvent B (acetonitrile: methanol: formic acid, 95:5:0.05), and a flow rate of 0.2

132 mL/min were used in both assays. For the DXT assay, the gradient conditions were 0–0.5 min,  
133 10% B; 0.5–7 min, linear gradient 10–90% B; 7–10 min, 90% B; 10 min, 10% B; 10–13 min, 10%  
134 B. For the HCZX assay, the gradient conditions were 0–0.5 min, 10% B; 0.5–4 min, linear gradient  
135 10–90% B; 4–7 min, 90% B; 7 min, 10% B; 7–9 min, 10% B. Under these conditions, the retention  
136 times were 3.2 min for DXT and 3.75 min for HCZX.

137 The mass spectrometer ion source was operated in positive ion mode for DXT and negative  
138 ion mode for HCZX analyses. Selected reaction monitoring for the parent/fragment transitions  
139 (m/z) were 258→156.90 for DXT, 261→156.90 for DXT-d<sub>3</sub>, 184→64.2 for HCZX, and  
140 186→65.9 for HCZX-d<sub>2</sub>. Calibration standards, which were prepared in the microsomal matrix,  
141 were linear in the range of 0.25 to 50 nM for DXT or HCZX.

#### 142 *Data Analysis*

143 The microsomal yield was estimated as the total microsomal protein obtained per each g  
144 of brain tissue. The activities of CPR, CYP2D, and CYP2D1 were expressed as per mg of the  
145 microsomal proteins (i.e., specific activity). The statistical differences between the  
146 ultracentrifugation and the calcium aggregation methods containing different concentrations of  
147 CaCl<sub>2</sub> were analyzed by one-way ANOVA, followed by Bonferroni's post-hoc analysis of the  
148 individual means. In all cases, a p value of < 0.05 was considered significant. Data are presented  
149 as mean ± SD.

#### 150 **Results**

151 The protein yields and CPR activities of the microsomal fractions after the  
152 ultracentrifugation method and the 39,000 g fraction after treatment with different concentrations  
153 of CaCl<sub>2</sub> are presented in Figure 1. Calcium aggregation method using a 10 mM concentration of  
154 CaCl<sub>2</sub> resulted in significantly less protein yield than the ultracentrifugation method (Fig. 1A). An

155 increase in the concentrations of CaCl<sub>2</sub> up to a concentration of 100 mM resulted in a progressive  
156 increase in the protein yield. The yield at 100 mM CaCl<sub>2</sub> (5.15 mg/g brain tissue) was 2.8 fold  
157 higher than that after the 10 mM CaCl<sub>2</sub> concentration (1.87 mg/g brain tissue) and 1.6 fold higher  
158 than that after the ultracentrifugation method (3.14 mg/g brain tissue) (Fig. 1A). In terms of CPR  
159 activity, the CaCl<sub>2</sub> aggregation fractions at all the tested concentrations contained significantly less  
160 CPR activity than that in the microsomal fraction obtained by the ultracentrifugation method (Fig.  
161 1B).

162 The CYP2D and CYP2E1 enzymatic activities of the ultracentrifugation and calcium  
163 aggregation fractions are presented in Fig. 2. For both isoenzymes, there were no significant  
164 differences between the ultracentrifugation and the 10 mM calcium aggregation fractions in terms  
165 of their activities. However, the activities of both isoenzymes in the fractions obtained in the  
166 presence of 25–100 mM CaCl<sub>2</sub> were significantly lower than those obtained after  
167 ultracentrifugation.

168 The extent of correlations between CYP2D or CYP2E1 activities and the CPR activities  
169 are presented in Fig. 3. Both CYP2D (Fig. 3A) and CYP2E1 (Fig. 3B) activities were significantly  
170 ( $p < 0.0001$ ) correlated with the CPR activities of the fractions. The coefficients of determination  
171 ( $r^2$ ) values were 0.7695 and 0.5187 for the CYP2D and CYP2E1 activities, respectively,  
172 suggesting that 77% (CYP2D) and 52% (CYP2E1) of the variations in the activities of the  
173 isoenzymes obtained by different methods and concentrations of CaCl<sub>2</sub> are due to the changes in  
174 the CPR activities.

175  
176 **DISCUSSION**

177 The brain contents of P450 enzymes are much lower than those in the liver [3, 4].  
178 Additionally, it has been suggested that because of the high lipid content of the brain, brain P450



179 enzymes are more sensitive to lipid peroxidation and degradation during microsomal preparations  
180 [8]. Therefore, to maximize the yield of microsomal proteins obtained from the brain samples,  
181 previous studies [7-9] have suggested calcium aggregation as an alternative to ultracentrifugation.  
182 However, the effects of calcium chloride concentrations on the yield and/or the quality of the  
183 obtained fractions from the brain have not been studied. Our results presented here clearly show  
184 that although the calcium aggregation method may result in higher protein yields at higher  
185 concentrations of CaCl<sub>2</sub> (Fig. 1A), the increase in the protein yield is associated with reduced  
186 activity of CPR (Fig. 1B) as well as the monooxygenase activities of CYP2D (Fig. 2A) and  
187 CYP2E1 (Fig. 2B). It has been reported that calcium ions precipitate many proteins in a  
188 concentration-dependent manner [14]. Therefore, it is likely that the concentrations of CaCl<sub>2</sub>  
189 higher than 10 mM results in sedimentation of other cellular organelles and proteins, besides  
190 smooth endoplasmic reticulum.

191         The first study reporting the calcium aggregation method for the brain microsomes [9] used  
192 8 mM of CaCl<sub>2</sub> after a 27,000 or 15,000 g centrifugation of a 20-25% rat brain homogenate. The  
193 average protein yield for the calcium aggregation methods was similar to or higher than that for  
194 the ultracentrifugation method. However, the P450 monooxygenase activities of the microsomal  
195 fractions were not determined in that study. Additionally, the authors reported that the protein yield  
196 in the calcium aggregation method was dependent on the concentration of the original homogenate;  
197 when a 15% brain homogenate was used, the yield was 3-4 times lower than that for the 25%  
198 homogenate [9]. In our studies, the protein yield in the 10 mM CaCl<sub>2</sub> method was 40% lower than  
199 that in the ultracentrifugation method, which might be due to the much lower concentration of  
200 brain homogenate (10%) in our studies.

201 Later studies by other groups indicated similar microsomal yields for both methods with  
202 either similar [7] or even higher [8] P450 enzymatic activities for the calcium aggregation method.  
203 However, these studies [7, 8] used different homogenization or storage buffers and ingredients for  
204 the ultracentrifugation and calcium aggregation methods, which might have affected the quality of  
205 the obtained fractions and the activity of the enzymes.

206 The original calcium aggregation method applied to liver microsomes [6] presented the  
207 method's speed as one of its advantages over the traditional ultracentrifugation method. However,  
208 the length of the calcium aggregation method applied to the brain microsomes was similar to or  
209 even slightly longer than that for the ultracentrifugation method [7, 8]. Similarly, in our studies,  
210 the length of the centrifugation steps for the two methods was the same, with the calcium  
211 aggregation method requiring an extra 30 min time for incubation with  $\text{Ca}_2\text{Cl}$ .

212 In conclusion, increasing the concentrations of  $\text{CaCl}_2$  from 10 to 100 mM to prepare brain  
213 microsomes using the calcium aggregation method progressively increases the protein yield.  
214 However, the increased protein yield is associated with decreases in the CPR and monooxygenase  
215 activities of P450. Additionally, a side-by-side comparison of the calcium aggregation and the  
216 ultracentrifugation methods does not indicate any superiority for the calcium aggregation method  
217 when both the microsomal yield and monooxygenase activities are considered. Therefore, when  
218 an ultracentrifuge is available, preparation of brain microsomes by the ultracentrifugation method  
219 might be preferable. However, the calcium aggregation method at a  $\text{CaCl}_2$  concentration of 8 or  
220 10 mM is an acceptable alternative to the ultracentrifuge method.

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## 223 **Statement of Ethics**

224           The authors have no ethical conflicts to disclose. Because no human or animal research  
225 was conducted as part of these studies, the report did not require ethical committee approvals.

226           **Conflict of Interest Statement**

227           The authors have no conflicts of interest to declare.

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230           **Author Contributions**

231           R.M., B.N.D., and F.A. designed the studies. B.N.D. and F.A. carried out the experiments.  
232 RM, BND, and FA analyzed the data and provided the initial draft for the manuscript. R.M. wrote  
233 the final version of the manuscript. All the authors approved the final version of the manuscript.

234           **Data Availability Statement**

235           The raw data for Figures 1-3 are available from the corresponding authors by request.

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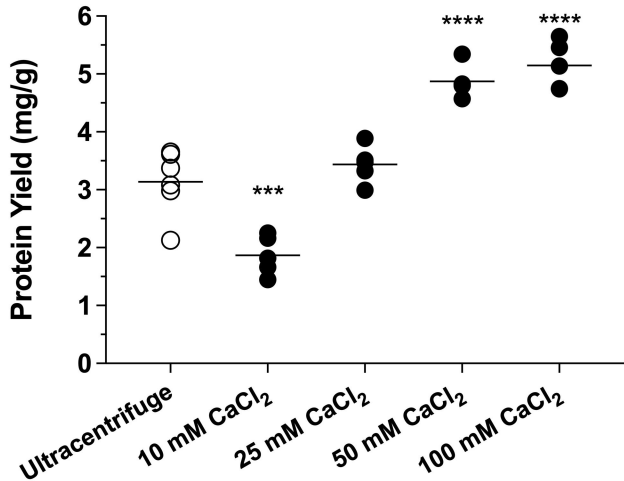
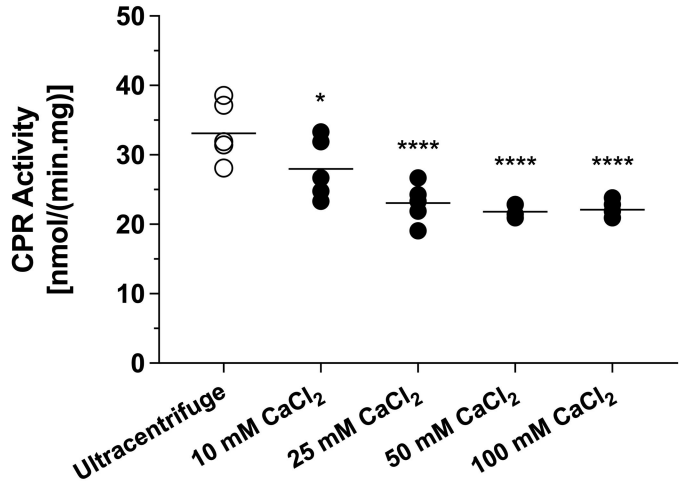
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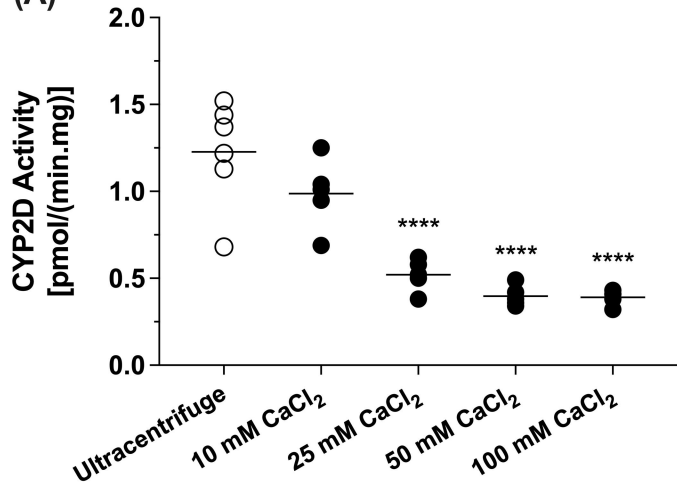
274 **Legends to Figures**

275 **Fig. 1.** Protein yield (A) and cytochrome P450 reductase (CPR) activities (B) of the brain  
276 microsomal fractions obtained by the ultracentrifugation method or calcium aggregation method  
277 using different concentrations (10-100 mM) of calcium chloride. \*,  $p < 0.05$ ; \*\*\*,  $p < 0.001$ ; \*\*\*\*,  
278  $p < 0.0001$ .

279 **Fig. 2.** CYP2D (A) and CYP2E1 (B) activities of brain microsomal fractions obtained by the  
280 ultracentrifugation method or calcium aggregation method using different concentrations (10-100  
281 mM) of calcium chloride. \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ ; \*\*\*\*,  $p < 0.0001$ .

282 **Fig. 3.** The correlations between the CYP2D (A) or CYP2E1 (B) activities and cytochrome P450  
283 reductase (CPR) activities of the brain microsomal fractions obtained by the ultracentrifugation  
284 method or calcium aggregation method using different concentrations (10-100 mM) of calcium  
285 chloride.

**(A)****(B)**

**(A)****(B)**