

# NH Behavioral Health Integration Learning Collaborative

Webinar Integrating SUD Screening & Treatment:  
A Collaborative Care Approach to Practice and Payment



January 10<sup>th</sup> 2018  
12:00 pm – 1:00 pm

# Agenda

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- Welcome
- Data Driven Action: Substance Use Disorder Screening – Hwasun Garin
- NH Roadmap for Medicaid Payment Development – Lucy Hodder, JD
- Building Sustainable Behavioral Health Integration – Anna Ratzliff, MD, PhD
- Next Steps

# Data in Action

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HWASUN GARIN

CITIZENS HEALTH INITIATIVE

# Plan – Do – STUDY – Act



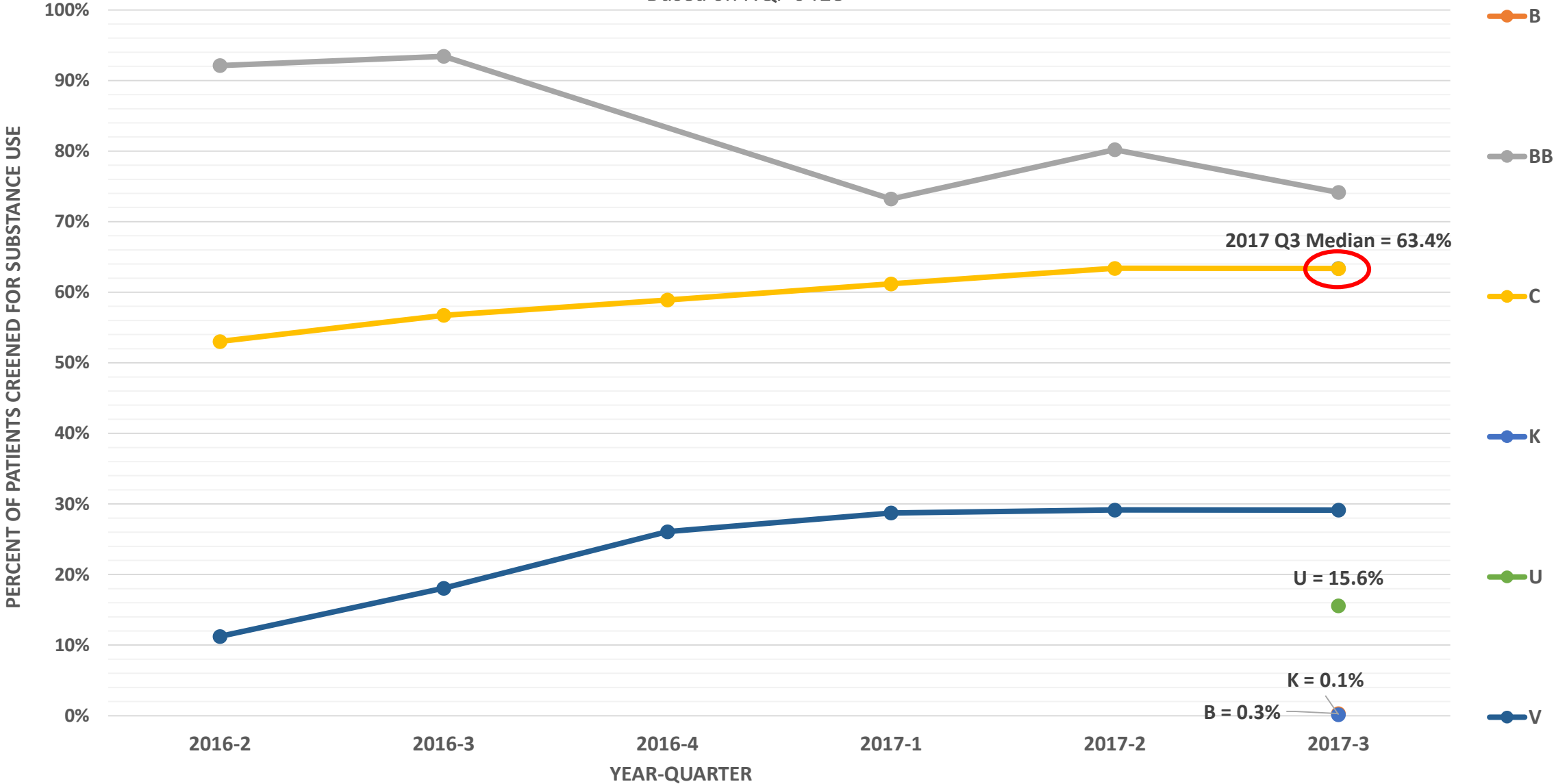
## Studying our ACTION

New measures:

- Depression Screening + Follow-Up  
Alignment with NQF 0418
- SUD Screening + Follow-Up  
Based on NQF 0418, with guidance and review by Accountable Care Learning Network Clinical Committee

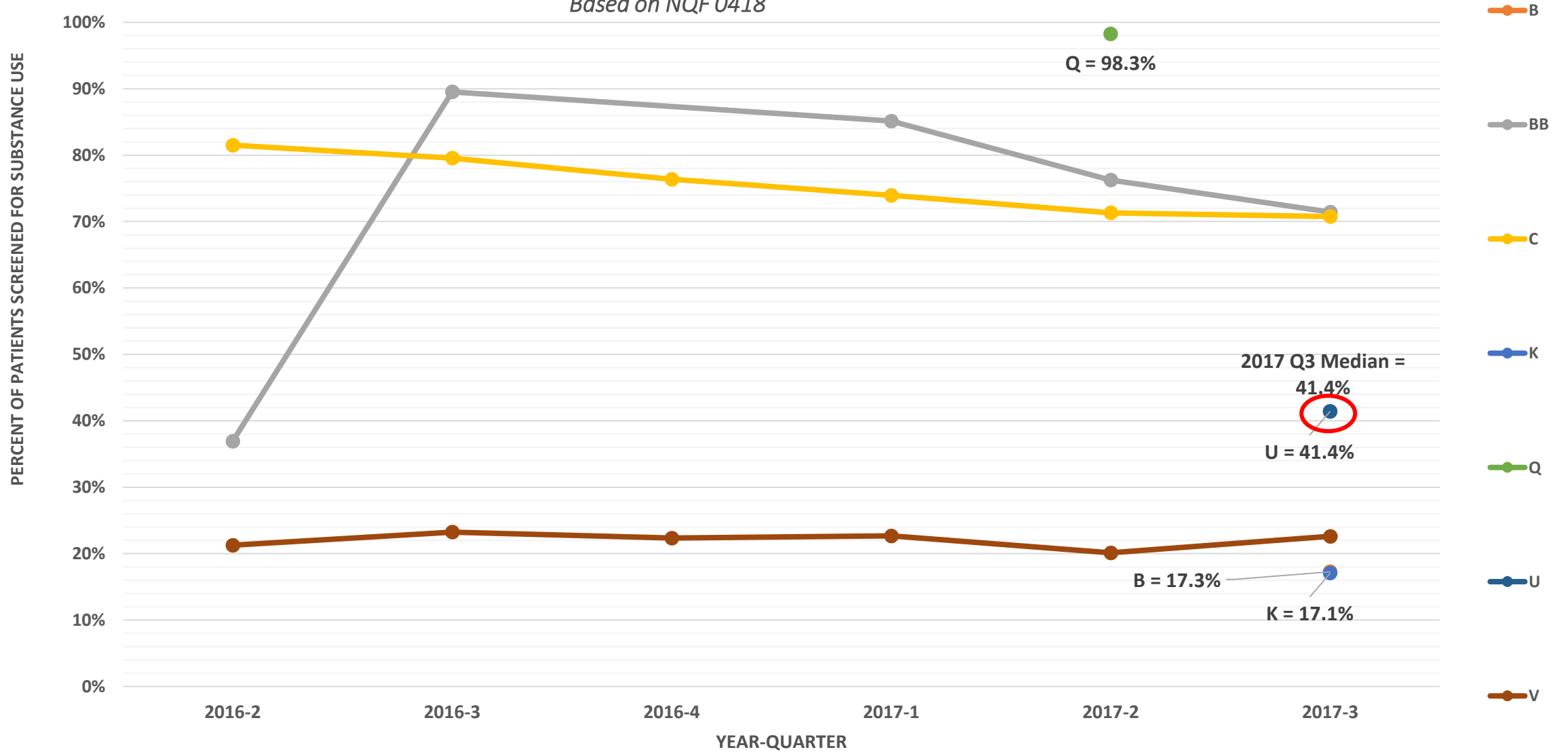
# BHI: Adult Substance Use, Screening Only

Based on NQF 0418



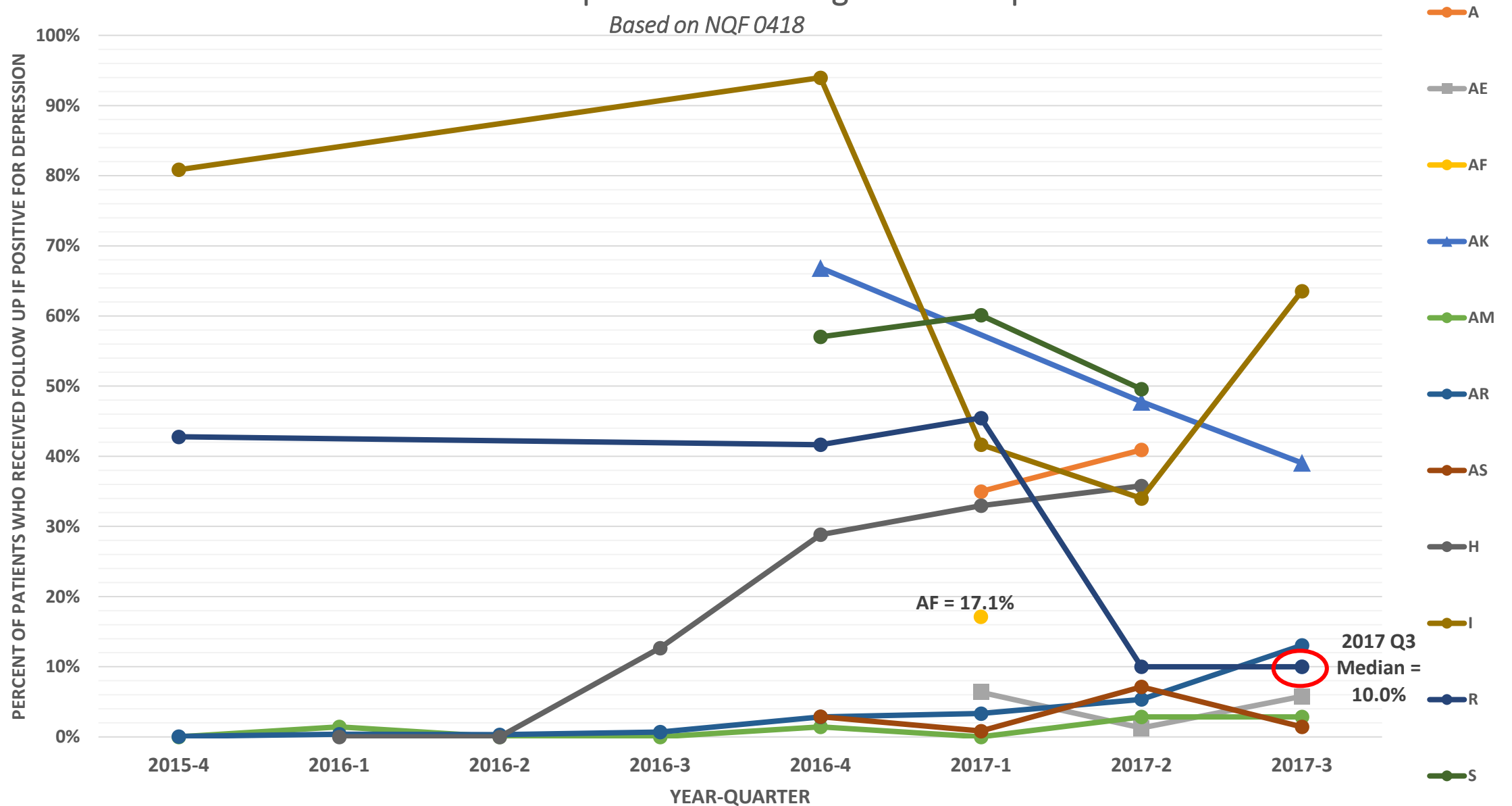
# BHI: Adolescent Substance Use, Screening Only

Based on NQF 0418



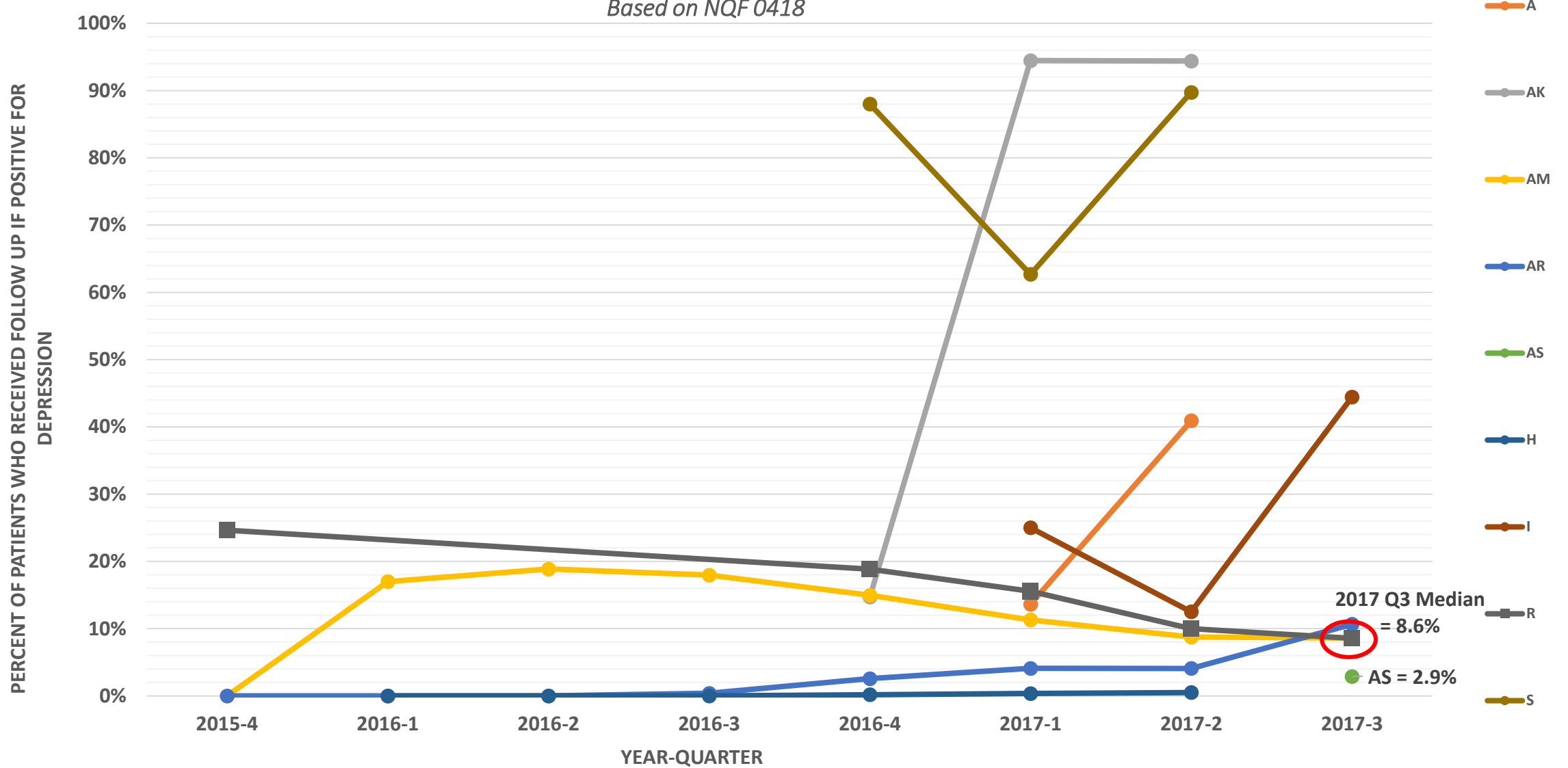
# PTN: Adult Depression Screening & Follow Up

Based on NQF 0418



# PTN: Adolescent Depression Screening & Follow Up

Based on NQF 0418







**School of Law / Institute for  
Health Policy & Practice**  
Health Law & Policy

# MEDICAID APM ROADMAP JANUARY 10, 2018

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Director IHPP

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# Pathway to alternative payments State Medicaid Roadmap .... 2018

# New Hampshire's DSRIP Promise to CMS

## STC Language

“This initiative will provide a short term federal investment, such that by the end of the demonstration the behavioral health infrastructure will be supported through the state's managed care delivery system using alternative payment methodologies, without the need for demonstration authority.” **January 5, 2016 Letter of Approval from Andy Slavitt, Acting Administrator, CMS for NH's DSRIP waiver.**

“The Medicaid service delivery plan should address what approaches service delivery providers will use to reimburse providers to encourage practices consistent with IDN objectives and metrics, including how the state will plan and implement a goal of 50 percent of Medicaid provider payments to providers using Alternative Payment Methodologies.” STC 33



# Roadmap: APM Strategy

- Leverages APM strategies used across all payers.
- Supports new innovative strategies that meet IDN metrics/measures and impact the behavioral health needs and infrastructure of the state.
- Relies on a population health framework for APMs (HCP-LAN).
- Plans for APMs that encourage providers to care for high need beneficiaries by achieving metrics and measures that ensure good care through sustainable payment models in the best interest of beneficiaries and Medicaid program.
- Establishes a goal of moving at least 50% of Medicaid payments to APMs by 2020 and relying on stakeholder engagement to inform the process.
- IDN experience will help shape which APMs are implemented, and the related financial and operational components of the selected APMs.

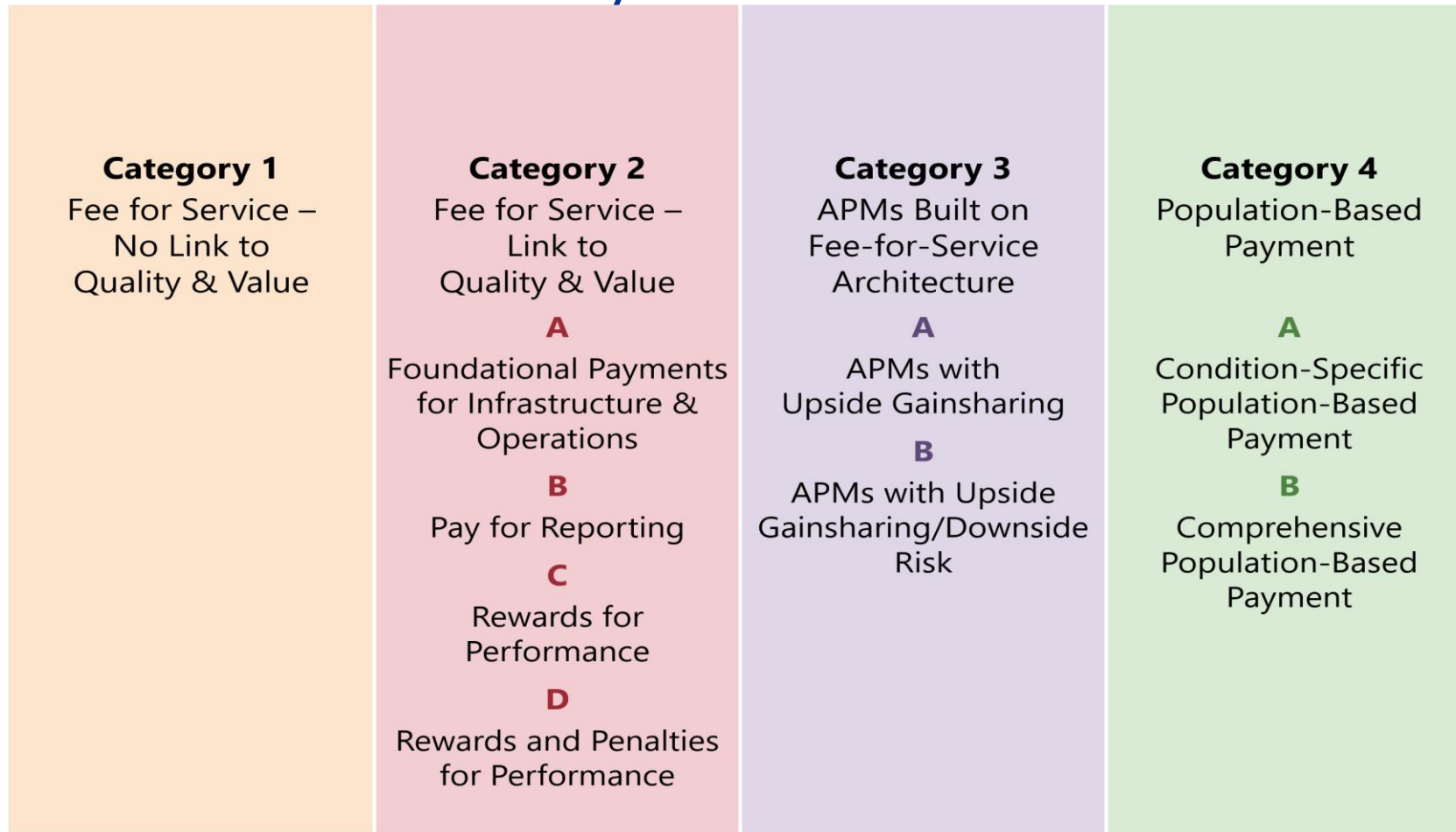


# APM Models can include:

- Primary Care Incentive Models:
  - Integrated behavioral health
  - Chronic and high need patient care, management and coordination
- Integrated behavioral health models across the spectrum of behavioral health needs
- Acute and chronic bundled rates
- Global capitation arrangements/accountable care for entire populations or special needs
- Network incentive pool methods based on regional DSRIP measures/successes



# Learning and Action Network (LAN): Alternative Payment Model Framework



# Process

- The state is meeting with managed care plans to review current APM models that support the state's population health goals.
- The state is seeking input from stakeholders to develop payment methods that can help support the state's behavioral health infrastructure needs consistent with the IDN metrics and supporting the DSRIP goals of:
  - improved behavioral health integration,
  - care coordination transitions and
  - prevention, treatment and recovery.
- APM strategies will be flexible in order to reflect the multi-year goals of the reform plan.

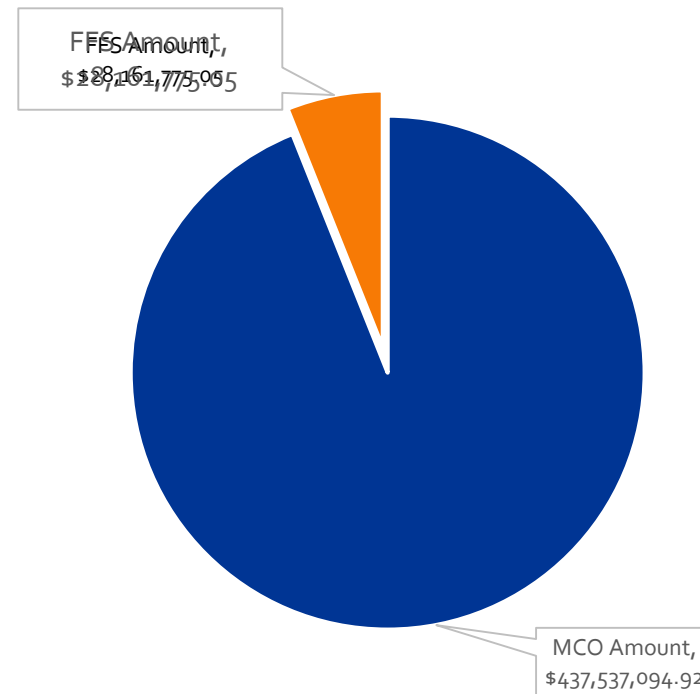
## NH Timeline

- **1115 DSRIP Waiver goal:** 50% Medicaid provider payments in contractual APMs by 2020
- **MCO Contracts:** Planned DHHS re-procurement of MCO contracts for 1/1/19 for 7/1/19 “go live”
- **NH Political Questions:**
  - Medicaid expansion reauthorization?
  - Continuation of Premium Assistance Program?
- **Meanwhile:** Medicare and commercials continue on towards payment reform



# Medicaid Provider Payments, by MCO, FFS, and Other: FY2016

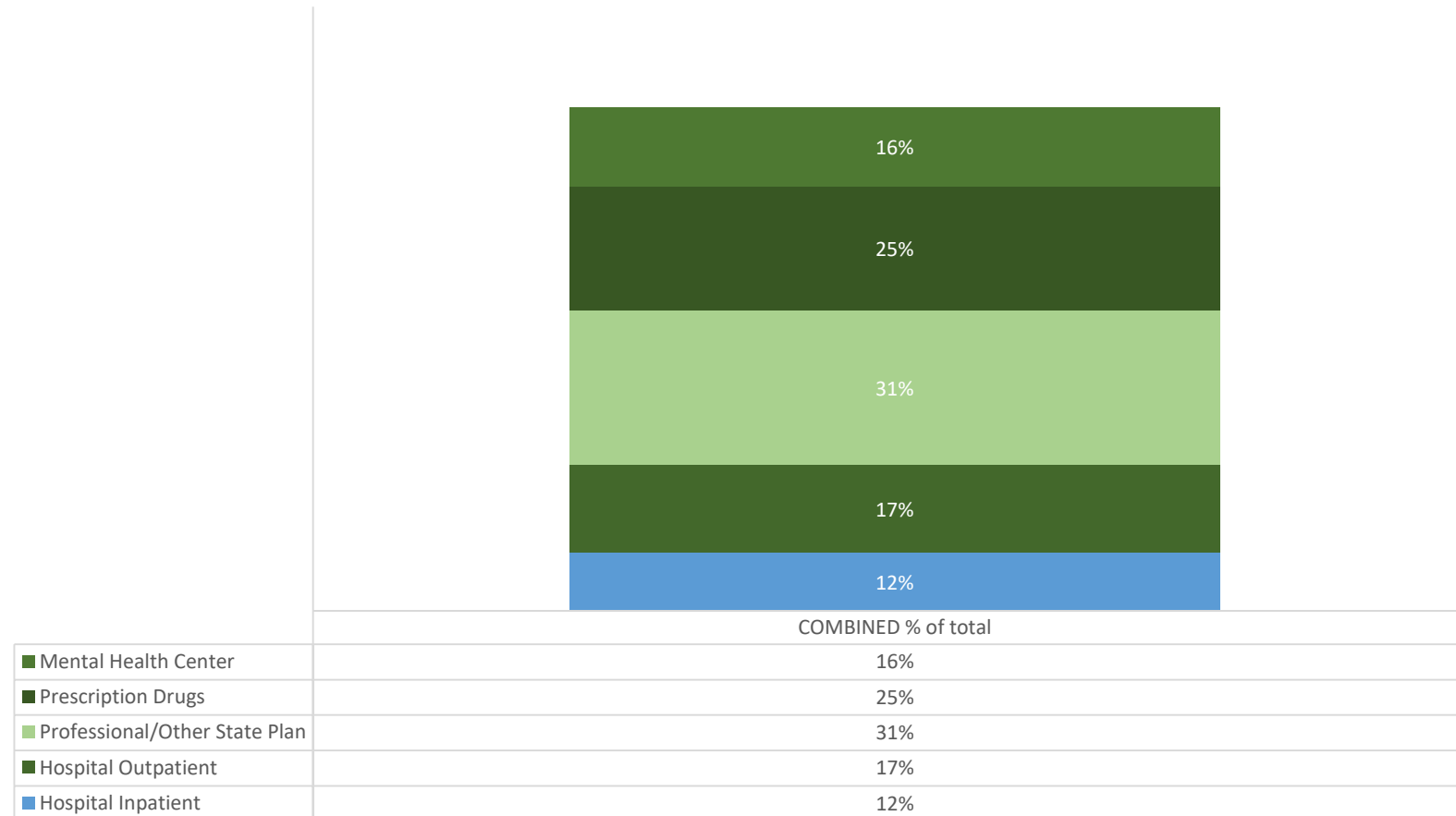
Distribution of Provider Payments, MCO and FFS  
(TOTAL: \$465.5M)



Source: Base data from Milliman's *SFY2018 Capitation Rate Development for Medicaid Care Management Program*

# Provider Payments by Service Category, FY2016

PAYMENTS BY SERVICE CATEGORY, FY 2016



Source: Base data from Milliman's *SFY2018 Capitation Rate Development for Medicaid Care Management Program*

## What Does this Mean for Providers?

- Providers have a voice in APM model options
  - What flexibility do you need to better serve your patient population?
  - What are your key infrastructure needs?
  - How will you show a return on investment?
  - Where will the money come from?
  - Who are your key partners?
  - APMs that succeed will be those that build on models that work

- For more information on the approved Roadmap, see DSRIP Alternative Payment Models Roadmap for Year 2 and Year 3 (CY 2018)
- <https://www.dhhs.nh.gov/section-1115-waiver/documents/dsrip-apm-roadmap.pdf>

# Building Sustainable Behavioral Health Integration

**Anna Ratzliff, MD, PhD**

Associate Professor  
University of Washington  
TCPI National Faculty





# Disclosures:

- **Anna Ratzliff, MD, PhD**

- **Grant/Research Support:** Supported from contracts and grants to the AIMS Center at the University of Washington including support from Washington State and CMMI.
- **Allergan:** Spouse employed in last 12 months
- **Royalties:** Wiley - [Integrated Care: Integrated Care: Creating Effective Mental and Primary Health Care Teams](#) (Paid to UW Department of Psychiatry and Behavioral Sciences)

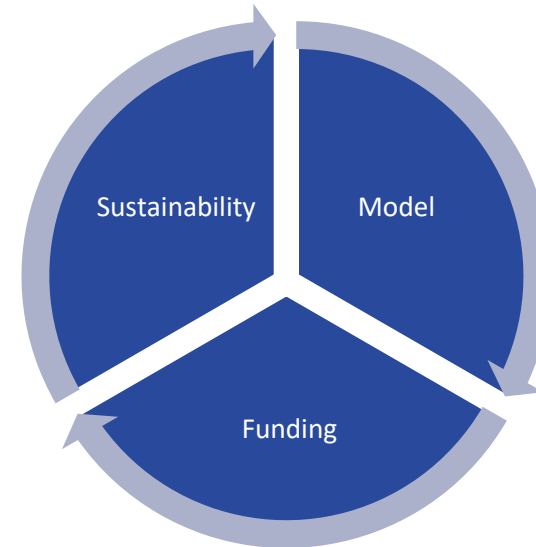


# Polling Question

What is your top priority in creating an integrated behavioral health program in your organization? Pick **ONE** top priority.

- **Quality of Care – 3 Responses**
  - Patients consistently receive appropriate effective treatment; both brief behavioral intervention and supported medication management are available, population-level impact ☑ Care Coordination Capacity: Critical to patient-centered care efforts; PCMH accreditation; relevance to chronic care and transitional care services, increasing skills for team-based care
- **Patient Experience – 2 Responses**
  - Improved satisfaction, improved access, decreased stigma, improved communication between multiple providers
- **Patient Outcomes – 2 Responses**
  - Improved quality process measures, improved quality of life, improved return to work (absenteeism), decreased impact on productivity (presenteeism)
- **Mental Health Care Access – 1 Response**
  - Improved access and access times, ability to leverage access to psychiatric provider time
- **Health Care Savings – 1 Response**
  - Treating depression shown to result in a \$6:1 return on investment; patients with comorbid mental and physical health conditions cost two to three times more than patients with physical health conditions alone
- **Provider Experience**
  - Reduced isolation, increased support/improved access to specialty consultation, improved satisfaction rate, case-based learning, opportunity to work on a team, reduced burnout and turnover of staff
- **Maximizing Funding Opportunities**
  - Mental health as a target for accountable care organization (ACO) shared savings target, value-based payments, and new payment opportunity with Medicare behavioral health integration/collaborative care codes (CoCM); Develop your billing skills for codes that cover integrated care; maximize staffing models and workflows to increase revenue from CPT billing

# Objectives



Integrated Behavioral Health

By the end of this presentation you should be able to:

- Discuss sustainability of your integration plan.
- List financing strategies for behavioral health integration.
- Apply a strategy to assess practice impact of sustaining CoCM using APA-AIMS Center financial modeling workbook.

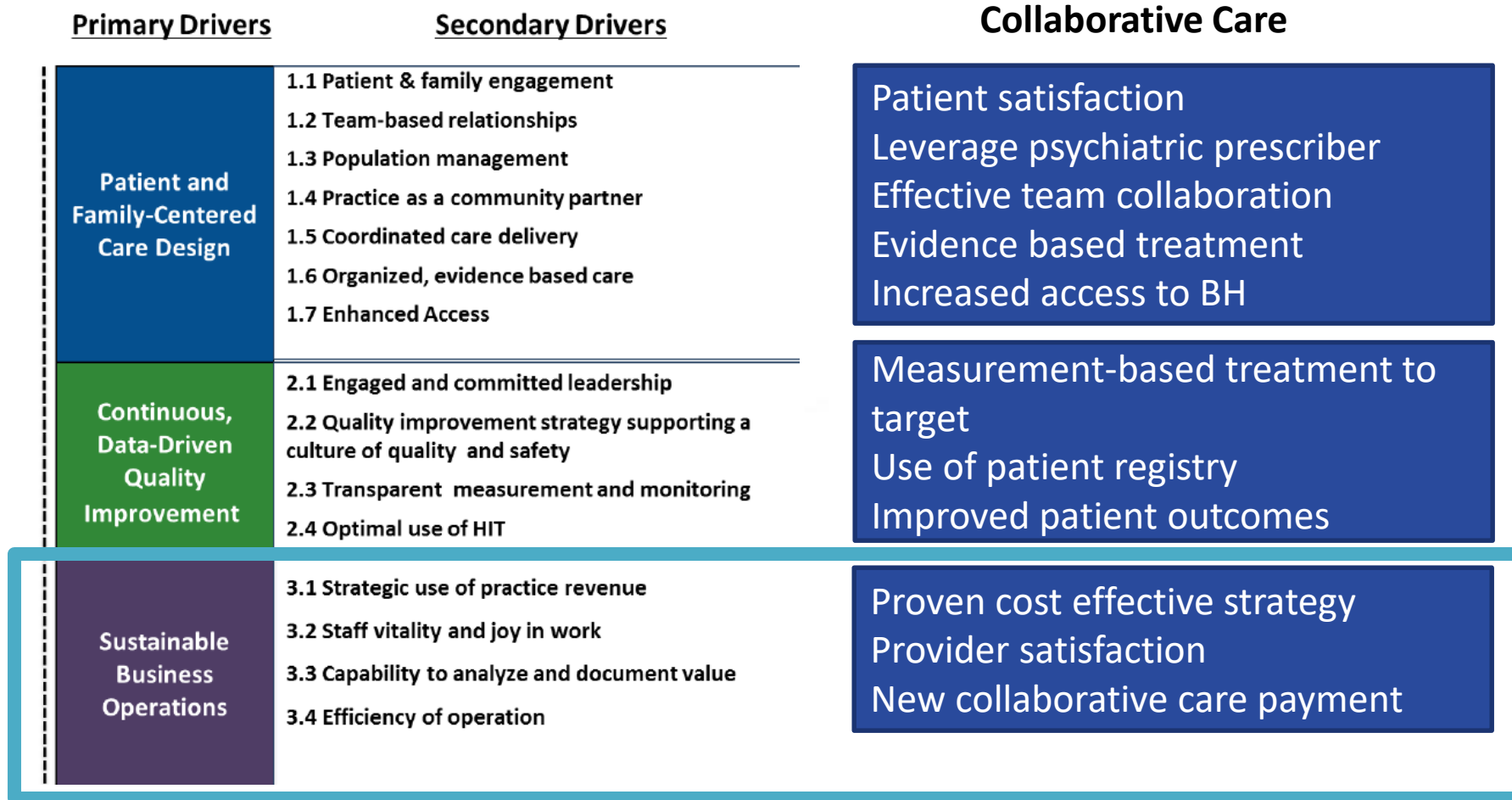




# Why behavioral health integration?

- Mental health is part of overall health
- Treat mental health disorders where the patient is / feels most comfortable receiving care
  - **Established doctor-patient relationship is an important foundation of trust**
  - **Less stigma**
  - **Better coordination with medical care**
- Critical for transformation and TCPI goals

# Collaborative Care Aligned with TCPI Goals





# Sustainability: Define Value of Behavioral Health Integration Broadly



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# Primary Funding Mechanisms

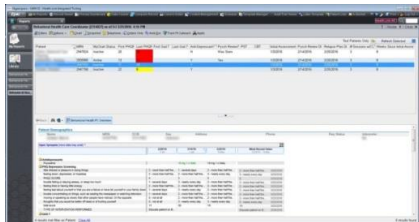
- **Traditional CPT Codes**
  - Psychiatry, Psychotherapy, Health and Behavior, Screening, SBIRT
  - All require specific credentialing, licensure, and setting (*varies by service and insurance*)
- **Bundled Payment Models**
  - CMS Behavioral Health Integration codes
- **Value-based payments and pay for performance contracting with health plans**

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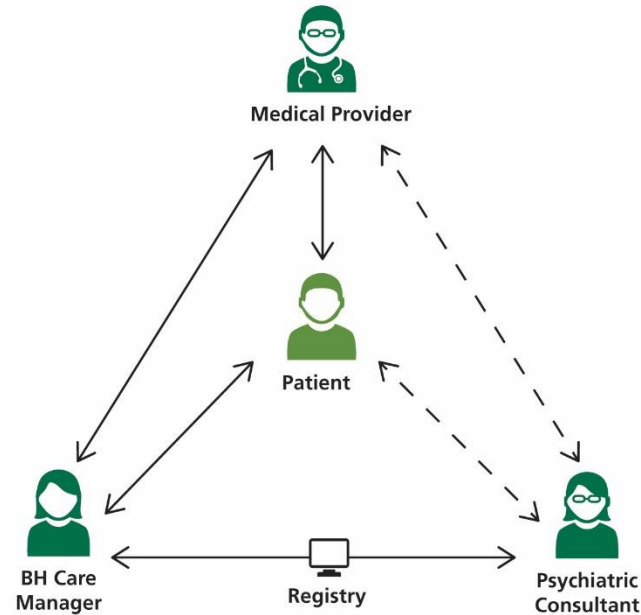
# Collaborative Care Model (CoCM)



Primary care  
patient-centered  
team-based care

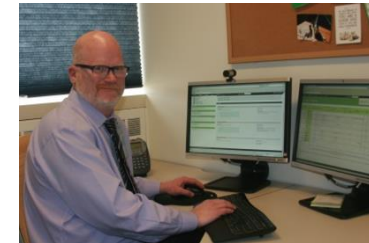


Registry to track  
population

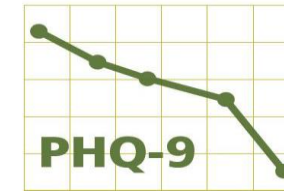


Problem Solving Treatment (PST)  
Behavioral Activation (BA)  
Motivational Interviewing (MI)  
Medications

Active treatment with  
evidence-based approaches



Systematic case review  
with psychiatric consultant  
(focus on patients not  
improved)



Validated outcome  
measures tracked over  
time

# HOW WELL DOES IT WORK WITH OTHER DISORDERS?

Evidence Base Established	Emerging Evidence
<ul style="list-style-type: none"><li>• Depression<ul style="list-style-type: none"><li>- Adolescent Depression</li><li>- Depression, Diabetes, and Heart Disease</li><li>- Depression and Cancer</li><li>- Depression in Women's Health Care</li></ul></li><li>• Anxiety</li><li>• Post Traumatic Stress Disorder</li><li>• Chronic Pain</li><li>• Dementia</li><li>• Substance Use Disorders</li></ul>	<ul style="list-style-type: none"><li>• ADHD</li><li>• Bipolar Disorder</li></ul>

# Medicare BHI/CoCM Codes

2018 Code	2017 Code	Description	2017 Rate	2018 Rate
99492	G0502	CoCM - first 70 min in first month	\$142.84	\$161.28
99493	G0503	CoCM - first 60 min in any subsequent months	\$126.33	\$128.88
99494	G0504	CoCM - each additional 30 min in any month (used in conjunction with 99492 or 99493)	\$66.04	\$66.60
99484	G0507	Other BH services - 20 min per month	\$47.73	\$48.60
For FQHC and RHC Only				
G0511		CCM – General Care Management		\$61.37
G0512		CoCM: Psychiatric Collaborative Care Model		\$134.58



# Medicare CoCM Codes

## 3 Key Elements

1. **Active treatment and care management using established protocols for an identified patient population;**
2. **Use of a patient tracking tool to promote regular, proactive outcome monitoring and treatment-to-target using validated and quantifiable clinical rating scales; and**
3. **Regular (typically weekly) systematic psychiatric caseload reviews and consultation by a psychiatric consultant, working in collaboration with the behavioral health care manager and primary care team. These primarily focus on patients who are new to the caseload or not showing expected clinical improvement.**

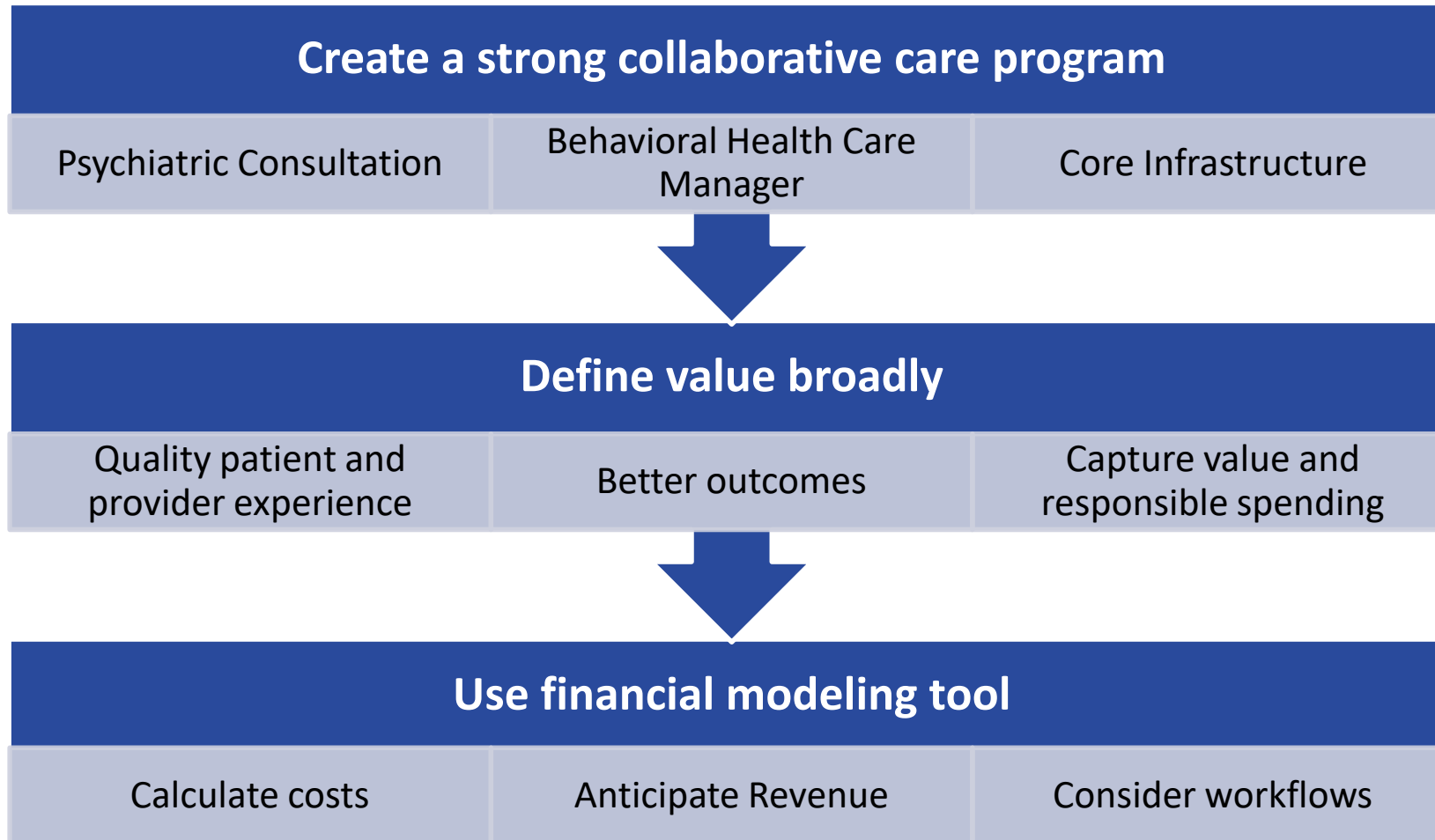




# Medicare CoCM Codes

- Payment goes to the PCP who bills the service
- Billed on a per patient basis for those that have met the established time thresholds
- The psychiatrist does not bill separately.
  - **contract with the PCP practice**
- The patient must provide general consent for the service and they will have a co-pay
- Interaction does not have to be face-to-face
- Care manager and psychiatrists can also bill additional codes for therapy etc.

# Building a Sustainable Program





# Financing: Costs of Behavioral Health Integration

## Initial Costs of Practice Change:

- provider and administrator time to plan for change
- care team training costs and time/workforce development
- development of registry
- workflow planning, billing optimization

## Ongoing Care Delivery Costs:

- care manager time
- psychiatric consultant time
- administration time and overhead (including continuous quality improvement efforts)



**FMW  
Tool!**

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# Using the Workbook as a Team

- **The workbook asks for information that may “live” with various people in your organization.**
  - Finance
  - HR/Staffing
  - Operations
  - BH Program Management
- **Use all your resources to gather the most accurate information.**



## Payer Mix

- **Which payers does your organization or BH services get reimbursement from?**
- **Does the payer reimburse for all credentials, i.e. social workers vs. counselors?**
- **What is the average reimbursement for specific services from each payer?**
- **Which payers pay a case rate, and which pay only for individual services?**



# Task Allocations and Visit Statistics

- **How do your care managers and psychiatric consultants spend their time each week?**
- **What kind of visits do they have?**
- **What is the average length of a treatment episode, and the average number of visits during that episode?**
- **How many weeks in the year do your staff work – not counting holidays, sick and vacation?**



# Financial Modeling Workbook

## Tab 1: Disclaimer

AMERICAN  
PSYCHIATRIC  
ASSOCIATION



AIMS CENTER  
UNIVERSITY of WASHINGTON  
Psychiatry & Behavioral Sciences

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**As Agreed:**

# Financial Modeling Workbook

## Tab 2: Staffing

AMERICAN PSYCHIATRIC ASSOCIATION		AIMS CENTER UNIVERSITY of WASHINGTON Psychiatry & Behavioral Sciences		Staffing and Service Delivery		
Workbook Template Updated 05/25/2017				Input = User-entered value Calculation = Calculated field (not editable) Benchmark = Suggested benchmark (editable) Linked Information = Information copied from another cell		
STAFFING						
Hours per week per 1.0 FTE at your organization		40				
Team Member		FTE	Total Hours per Week	Suggested Hours per Week (Based on 40:3 ratio)		
Care Manager		1.00	40.0			
Psychiatric Consultant		0.10	4.0	3.0		
WEEKLY TIME AND EFFORT ALLOCATION AND SERVICE UNIT GENERATION: CARE MANAGER						
Total Care Manager Hours per Week		40.0				
		Percentage (%)				

**Details of staffing**

- Weeks for 1.0 FTE
- Care manager FTE
- Psychiatric consultant FTE



# Financial Modeling Workbook

## Tab 2: Staffing and Service Delivery for Care Manager & Psych Consultant

WEEKLY TIME AND EFFORT ALLOCATION AND SERVICE UNIT GENERATION: CARE MANAGER					
17	Total Care Manager Hours per Week	40.0			
18	Care Management Service Category	Percentage (%) of Total Hours per Week	Hours per Week	Service Units Generated	Hours per Service Unit
19	<i>Reimbursable Direct Care Services</i>				
20	Direct Treatment: Assessment Visit	10.0%	4.00	4	1.00
21	Direct Treatment: Ongoing Visits	51.3%	20.50	41	0.50
22	Group Treatment	3.75%	1.50	6	0.25
23	<b>Subtotal: Reimbursable Direct Care Services</b>	<b>65.0%</b>	<b>26.00</b>	<b>51</b>	
24	<i>Non-Reimbursable Direct Care Services</i>				
25	Warm Connection (Non-Billable)	7.5%	3.00	15	0.20
26	Care Management Telephonic Services	7.5%	3.00	15	0.20
27	<b>Subtotal: Non-Reimbursable Direct Care Services</b>	<b>15.0%</b>	<b>6.00</b>		
28	<i>Indirect Care Coordination and Administrative Tasks</i>				
29	Charting	5.0%	2.00		
30	Registry Management	3.0%	1.20		
31	Psychiatric Consultation	2.5%	1.00		
32	Team Communication	4.5%	1.80		
33	Other (Clinical Supervision, Staff Meetings, Training, etc.)	5.0%	2.00		
34	<b>Subtotal: Indirect Care Coordination and Administrative Tasks</b>	<b>20.0%</b>	<b>8.00</b>		
36	Unassigned Time [Target = 0%]	<input checked="" type="checkbox"/> 0.0%	(Green checkmark indicates value is at target)		
38	WEEKLY TIME AND EFFORT ALLOCATION AND SERVICE UNIT GENERATION: PSYCHIATRIC CONSULTANT				
40	Total Psychiatric Consultant Hours per Week	4.0			
41	Psychiatric Consultant Service Category	Percentage (%) of Total Hours per Week	Hours per Week	Service Units Generated	Hours Per Service Unit
42	<i>Indirect Care and Administrative Tasks</i>				
43	Registry Management	10.0%	0.40		
44	Psychiatric Consultation	25.0%	1.00		

### Details of BH care manager effort

- Direct care
- Warm connections
- Telephone services
- Charting
- Care management
- Psychiatric consultation

Avg. length of warm connection  
Avg. length of phone calls

### Details of psychiatric consultant effort

- Indirect psychiatric consultation
- Registry/Charting
- Direct care

# Financial Modeling Workbook

## Tab 2: Staffing And Service Delivery for Care Manager and Psych Consultant

AMERICAN PSYCHIATRIC ASSOCIATION		AIMS CENTER UNIVERSITY of WASHINGTON Psychiatry & Behavioral Sciences		Staffing and Service Delivery			
Workbook Template Updated 05/25/2017				Input = User-entered value Calculation = Calculated field (not editable) Benchmark = Suggested benchmark (editable) Linked Information = Information copied from another cell			
<b>ANNUALIZED REIMBURSABLE DIRECT CARE SERVICES</b>							
Working Weeks Per Year				47			
		Direct Treatment:		Direct Treatment:		Total	
Annualized Reimbursable Direct Care Service Units	Assessment	Ongoing	Group Treatment	Service Units			
Care Manager	188	1,927	282	2,397			
Psychiatric Consultant	75	19		94			
<b>Total: Annualized Reimbursable Direct Care Service Units</b>	<b>263</b>	<b>1,946</b>	<b>282</b>	<b>2,491</b>			
<b>CASELOAD AND MONTHLY CASE VOLUME</b>							
Average Weeks Elapsed Between First and Last Direct Care Service				25.0			
Avg. number of weeks per episode of care							
Average Count of Direct Care Service Units Provided				12.0			
Avg. number of contacts per episode of care							
Single Point in Time Caseload Capacity				96		Per 1.0 FTE 96	
Number of individuals feasible to have on the caseload at any point in time across all Care Managers							
Projected Annual Caseload Capacity				200			
Number of unique individuals feasible to serve over one year across all Care Managers							
Projected Average Monthly Caseload Turnover				17			
Number of cases opened and closed each month, based on above estimate of number of individuals possible to serve over one year							
Projected Number of Patients Served per Calendar Month				113			
Potential number of patients served over one month who might be eligible for monthly case rate reimbursement							
Projected Annualized Monthly Case Rate Potential				1,352			
Number of times a monthly case rate could potentially be billed in one year--before accounting for payer mix.							

**Summary of available care**

- Direct Care
- Caseload details
  - Length of episode
  - Caseload capacity
  - Eligibility for case rate

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# Financial Modeling Workbook

## Tab 3: Net Financial Impact – Payer Mix and Case Rate

AMERICAN PSYCHIATRIC ASSOCIATION		AIMS CENTER UNIVERSITY of WASHINGTON Psychiatry & Behavioral Sciences		Net Financial Impact						
Workbook Template Updated 05/25/2017										
<b>PAYER MIX</b>										
Payer	% of Patients per Payer	% of Patients per Payer Eligible for Monthly Case Rate	Adjusted % of Patients Eligible for Monthly Case Rate							
medicaid	33.0%	100%	33.0%							
medicare	33.0%	100%	33.0%							
commercial	33.0%	0%	0.0%							
self pay	1.0%	0%	0.0%							
To add rows: 1) Unprotect sheet 2) Insert rows above the last row with data 3) Copy formula in column E 4) Protect sheet										
No Payer Assigned [Target = 0%]		0.0%	(Green checkmark indicates value is at target)							
<b>REIMBURSEMENT: ANNUALIZED MONTHLY CASE RATE</b>										
Potential patient/months for billing case rate		1,352								
Payer	Monthly Case Rate Name	Monthly Reimbursement per Case	Adjusted % of Patients Eligible for Monthly Case Rate	Of Patients Eligible for Case Rate, % of Patients Also Eligible for Individual Services	Annualized Count of Cases Eligible for Monthly Case Rate	Annualized Reimbursement per Monthly Case Rate				
medicare	Medicare CoCM	\$ 134.58	33%	0%	446	\$ 60,051.05				
medicaid	WA Medicaid CoCM	\$ 134.58	33%	0%	446	\$ 60,051.05				
To add rows: 1) Unprotect sheet 2) Insert rows above the last row with data 3) Copy formula in columns E, G, and H 4) Protect sheet										

**Payer Mix**

- CoCM codes
- Other value-based payments
- Direct care revenue

**Input** = User-entered value  
**Calculation** = Calculated field (not editable)  
**Linked Information** = Information copied from another cell

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# Financial Modeling Workbook

## Tab 3: Net Financial Impact – Reimbursement Annualized Billable Individual Services

AMERICAN PSYCHIATRIC ASSOCIATION		AIMS CENTER UNIVERSITY of WASHINGTON Psychiatry & Behavioral Sciences		Net Financial Impact				Input	= User-entered value
								Calculation	= Calculated field (not editable)
								Linked Information	= Information copied from another cell
Workbook Template Updated 05/25/2017									
<b>REIMBURSEMENT: ANNUALIZED BILLABLE INDIVIDUAL SERVICES</b>									
Reimbursable Direct Care Service Units		2,491							
Payer	% of Patients per Payer Eligible for Monthly Service Billing	Care Manager			Psychiatric Consultant				
		Direct Treatment: Assessment Avg. Payment	Direct Treatment: Ongoing Avg. Payment	Group Treatment Avg. Payment	Direct Treatment: Assessment Avg. Payment	Direct Treatment: Ongoing Avg. Payment			
commercial	33.0%	\$ 106.00	\$ 75.00	\$ 40.00	\$ 175.00	\$ 105.00			
medicaid	0.0%	\$ 90.00	\$ 65.00	\$ 35.00	\$ 150.00	\$ 95.00			
self pay	1.0%	\$ 190.00	\$ 125.00	\$ 50.00	\$ 200.00	\$ 150.00			
<i>To add rows: 1) Unprotect sheet 2) Insert rows above the last row with data 3) Copy formula in column C 4) Protect sheet</i>									
Weighted Average per Service Unit		\$ 108.47	\$ 76.47	\$ 40.29	\$ 175.74	\$ 106.32			
Annualized Service Units		188	1,927	282	75	19	Across All Individual		
Billable Individual Service Units		64	655	96	26	6	Service Categories:		
<b>Subtotal: Annualized Billable Individual Services Reimbursement</b>		\$ 6,933.44	\$ 50,102.00	\$ 3,863.40	\$ 4,493.20	\$ 679.62	\$ 66,071.66		
<b>TOTAL REIMBURSEMENT</b>									
<b>Total Reimbursement:</b>		Monthly Case Rate Reimbursement		Billable Individual Services Reimbursement					
Monthly Case Rate Reimbursement + Billable Individual Services Reimbursement		\$ 120,102.09	+	\$ 66,071.66	=	\$ 186,173.75			
<b>TOTAL COST</b>									
Annual Salary per					Fringe Benefits				

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# Financial Modeling Workbook

## Tab 3: Net Financial Impact – Summary of Financial Model and Net Impact

AMERICAN PSYCHIATRIC ASSOCIATION		AIMS CENTER UNIVERSITY of WASHINGTON Psychiatry & Behavioral Sciences		Net Financial Impact		Input	= User-entered value
						Calculation	= Calculated field (not editable)
						Linked Information	= Information copied from another cell
Workbook Template Updated 05/25/2017							
<b>TOTAL REIMBURSEMENT</b>							
<b>Total Reimbursement:</b>		Monthly Case Rate Reimbursement		Billable Individual Services Reimbursement			
Monthly Case Rate Reimbursement + Billable Individual Services Reimbursement		\$ 120,102.09	+	\$ 66,071.66	=	\$ 186,173.75	
<b>TOTAL COST</b>							
<b>Personnel</b>	<b>Annual Salary per 1.0 FTE</b>	<b>FTE</b>	<b>Salary Cost Per FTE</b>	<b>Fringe Benefits % of Salary</b>	<b>Fringe Benefits Cost</b>	<b>Personnel Subtotal</b>	
Care Manager	\$ 60,000.00	1.00	\$ 60,000.00	30.0%	\$ 18,000.00	\$ 78,000.00	
Psychiatric Consultant	\$ 250,000.00	0.10	\$ 25,000.00	30.0%	\$ 7,500.00	\$ 32,500.00	
<b>Subtotal: Personnel Cost</b>						\$ 110,500.00	
<b>Organizational Overhead</b>					Percentage:	30.0%	\$ 33,150.00
<b>Total Cost: Personnel + Overhead</b>						\$ 143,650.00	
<b>NET IMPACT</b>							
<b>Net Impact: Total Reimbursement - Total Cost</b>		Total Reimbursement		Total Cost			
		\$ 186,173.75	-	\$ 143,650.00	=	\$ 42,523.75	

Used with permission from the AIMS Center



# Resources to Help Plan a Sustainable Model

- Defining value for your model of integrated care
- Guidance on planning behavioral health staffing
- Financing strategies on the way to VBP:  
[aims.uw.edu/collaborative-care/financing-strategies-collaborative-care](https://aims.uw.edu/collaborative-care/financing-strategies-collaborative-care)
- Financial Modeling Workbook Download:  
[aims.uw.edu/collaborative-care/financing-strategies/financial-modeling-workbook](https://aims.uw.edu/collaborative-care/financing-strategies/financial-modeling-workbook)



# AIMS/APA-SAN FMW Office Hours

- **Next *virtual* drop-in:**
  - **January 10, 2018**
  - **12noon Eastern**
- **Join details on AIMS Center Website: [aims.uw.edu/collaborative-care/financing-strategies/financial-modeling-workbook](https://aims.uw.edu/collaborative-care/financing-strategies/financial-modeling-workbook)**



# Sustainability Strategies for Primary Care in Mental Health Settings

## Build a primary care site in your mental health center

- Need to see BOTH mental health center and general primary care
- Providers need to build comfort with mental health center patient adaptations

## Partner with a primary care site

- Need strong system to share information and coordinate care
- Role for patient navigator coordinator
- Stratify patients and track total costs of care





# Leaving in Action

**Which of the following actions would you like to take?**

- **Define organizational priorities**
- **Explore direct services payment for current behavioral health integration**
- **Learn more about CoCM codes**
- **Explore sustainability for primary care in mental health settings**

# Next Steps

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# Payer Updates

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## SBIRT Code Claims

- Payer A: 118 claims – 12 months ending 6/30/2017
- Payer B: 33 Claims - 11/1/16-10/31/17

## Health & Behavioral Code Claims (96150-96154)

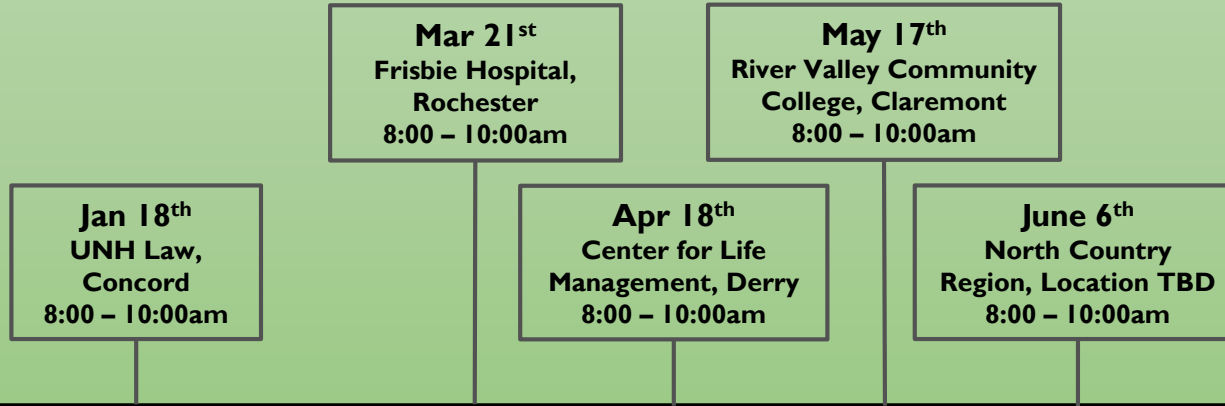
- Payer A: 20 Claims (12 month period ending 8/31/2017)

## Collaborative Care Codes effective 1/1/2018

- Anthem: 99492 – 99494, 99484
- Harvard Pilgrim Health Plan: 99492 – 99494
- Cigna: Piloting 99492 – 99494 with medical groups in collaborative relationships

# Upcoming Behavioral Health Integration Learning Collaborative and Northern New England Practice Transformation Network Events

## NNE-PTN 2 Hour Quality Improvement Sessions Around NH

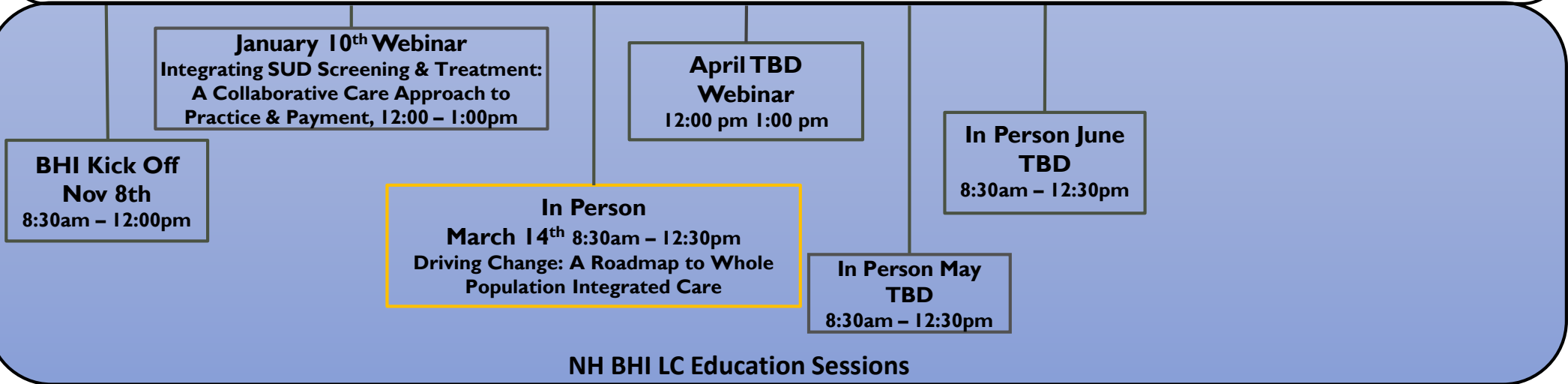


2017

Nov Dec Jan Feb Mar Apr May Jun July Aug Sept

2018

## NH BHI LC Education Sessions



# Announcements

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## **NNE ECHO (Expanding Connectivity for Health Outcomes) Collaborative**

Kick off – January 25<sup>th</sup>

*Continuity of Care for Substance Use and Exposure During the Perinatal Period*

*Now Recruiting!*

**Learn More:** Marguerite Corvini [Marguerite.Corvini@unh.edu](mailto:Marguerite.Corvini@unh.edu)

## **Behavioral Health Workforce Education and Training Program (HRSA Grant)**

Recruiting clinical sites for integrated behavioral health for a range of disciplines

**Learn More:** Kerrin Edelman [Kerrin.edelman@unh.edu](mailto:Kerrin.edelman@unh.edu)

### *Academic Partners*

Manchester Community College

Plymouth State University

Rivier University

University of New Hampshire

Antioch University

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# THANK YOU!

Please fill out the CME Evaluation to receive credit for your participation!

[https://www.surveymonkey.com/r/eval\\_2018\\_BHI\\_Webinar\\_1-10-18](https://www.surveymonkey.com/r/eval_2018_BHI_Webinar_1-10-18)

# Appendix

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AIMS Center, Cheat Sheet on Medicare Payments for Behavioral Health Integration Services,  
<https://aims.uw.edu/resource-library/cms-collaborative-care-payment-cheat-sheet>

AIMS Center, Basic Coding for Integrated Behavioral Health Care,  
<https://aims.uw.edu/resource-library/basic-coding-integrated-behavioral-health-care>

Past Presentations:

Behavioral Health Integration Landscape: Payment and Policy:  
<https://unh.box.com/s/z2j797wqxzmy3n4s6nu7g9rei61wirk7>

# CME Disclosures

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The following individuals have responded that they have nothing to disclose:

Planner: Katherine Cox, MSW, Research Associate, NH Citizens Health Initiative

Planner: Frederick Kelsey, MD, FACP, past Medical Director, Mid State Health Center

Planner: Annie Averill, BA, Research Associate, NH Citizens Health Initiative

Planner: Stephanie Cameron, MPH, Research Associate, NH Citizens Health Initiative

Planner: Laura Remick, MEd, CHES, Education and Workforce Coordinator, North Country Health Consortium

Planner: Diana Gibbs, BA, CPS, Program Director, North Country Health Consortium

Planner: Jill Gregoire, RN, MSN, Lead Nurse Reviewer, North Country Health Consortium

Planner: Mitch Sullivan, MD, Lead CME Physician Reviewer, Coos Family Health Services

Presenter: Lucy Hodder, JD, Director, Health Law and Policy, Prof of Law, University of New Hampshire, IHPP

Presenter: Hwasun Garin, BA, Project Director, University of New Hampshire, IHPP



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