

# IL-6 AS A BIOMARKER FOR THERAPEUTIC RESISTANCE IN METASTATIC HR+, HER2- BREAST CANCERS

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## INTRODUCTION

- Endocrine therapies and cdk4/6 inhibitors have improved clinical outcomes and progression-free survival in metastatic hormone receptor positive (HR+), human epidermal growth factor 2 negative (HER2-) breast cancers (1).
- Early-stage breast cancer patients benefit initially from endocrine therapies, but most breast cancers eventually develop de novo or acquired resistance to cdk4/6i (2, 3).
- Mechanisms of cdk4/6i resistance in HR+ breast cancers are due mainly to endocrine therapy insensitivity (4).
- Multiple pathways involved in the development of resistance have been identified. However, Improved clinical outcomes remain largely limited after development of resistance and disease progression.
- Focusing on clinical biomarkers contributing to resistance helps identify disease progression.
- Interleukin-6 promotes tumor survival and progression and could be investigated as a potential biomarker.

## HYPOTHESIS

IL-6, a potential biomarker for endocrine therapy resistance, can be used to predict response to endocrine therapies in HR+, HER2- breast cancers. As an upregulator for tumor survival, IL-6 levels will increase during disease progression. Investigation into biomarkers will help determine additional therapies and give a better indication of metastatic HR+, HER2- breast cancer treatment response to cdk4/6i.

## MATERIALS & METHODS

- Reagents:** R&D Systems Quantikine Human IL-6 ELISA kit
- Patient Samples:** Blood drawn from HR+, HER2- breast cancers at certain treatment timepoints and obtained through the clinic
- ELISA:** Extracted plasma from patient blood samples to detect IL-6 levels throughout treatment timepoints

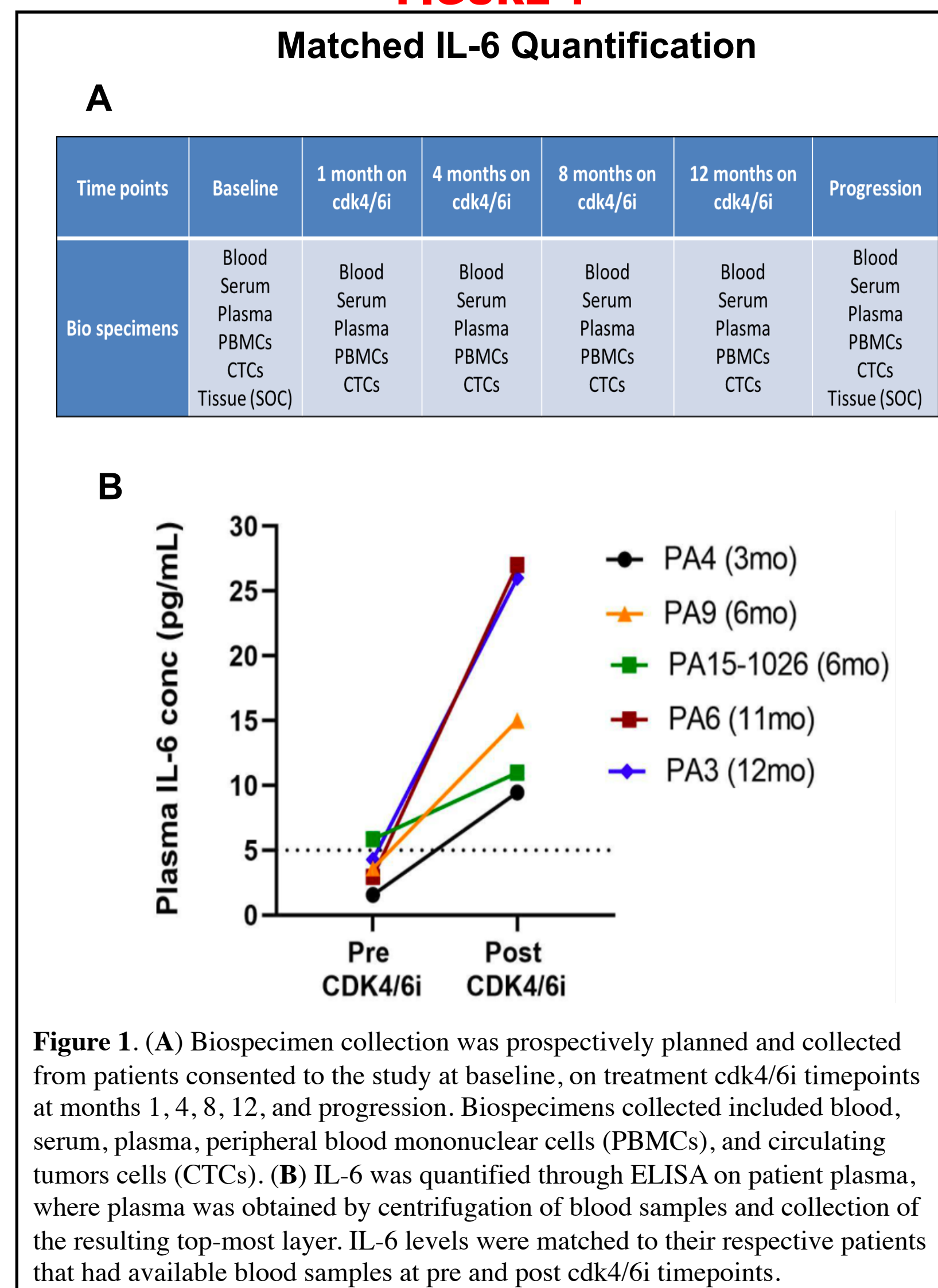
### Additional Details:

- Blood samples were drawn from patients at baseline, timepoints at months 1, 4, 8, 12 into cdk4/6i treatment, and at progression

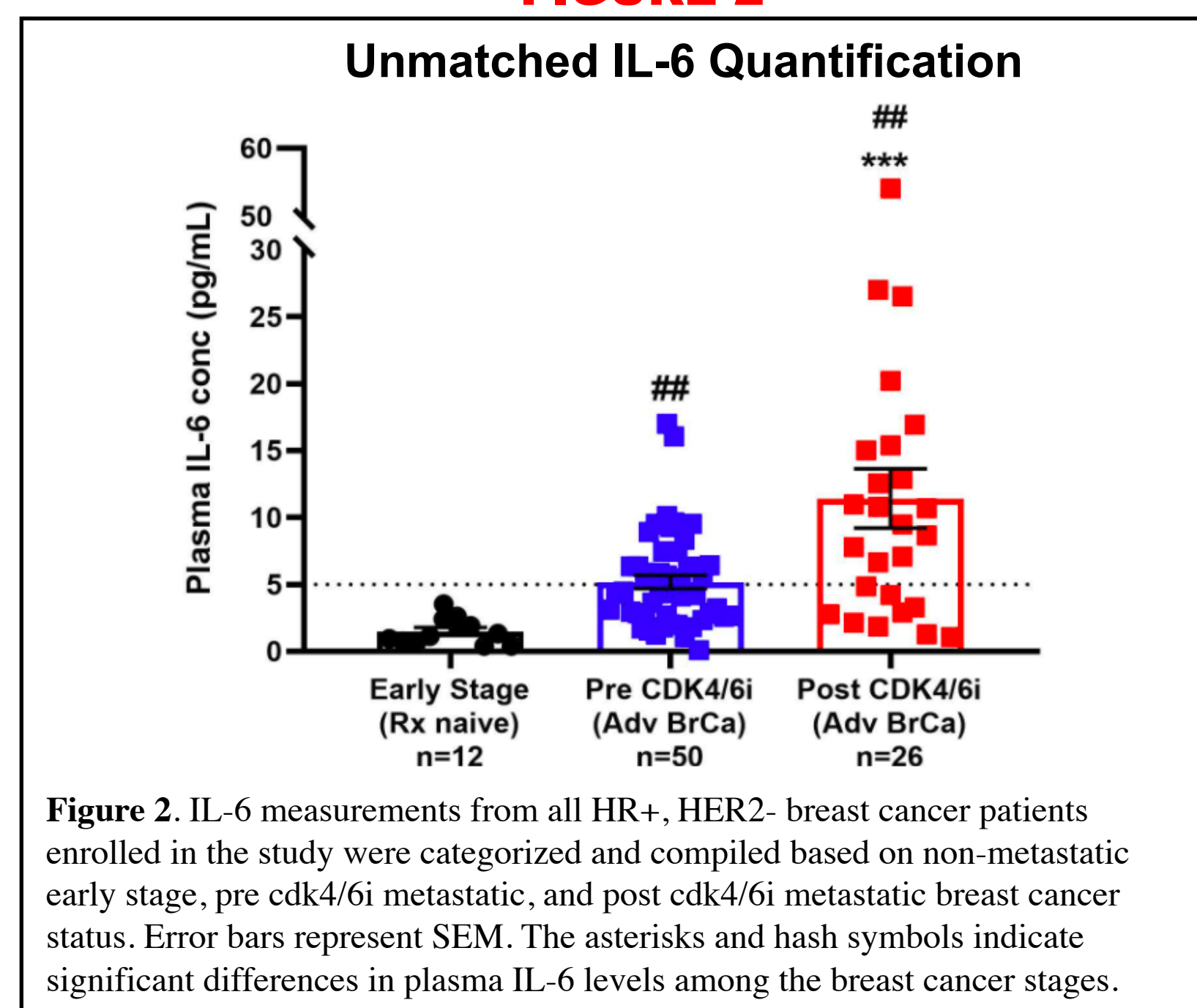
## ACKNOWLEDGEMENT

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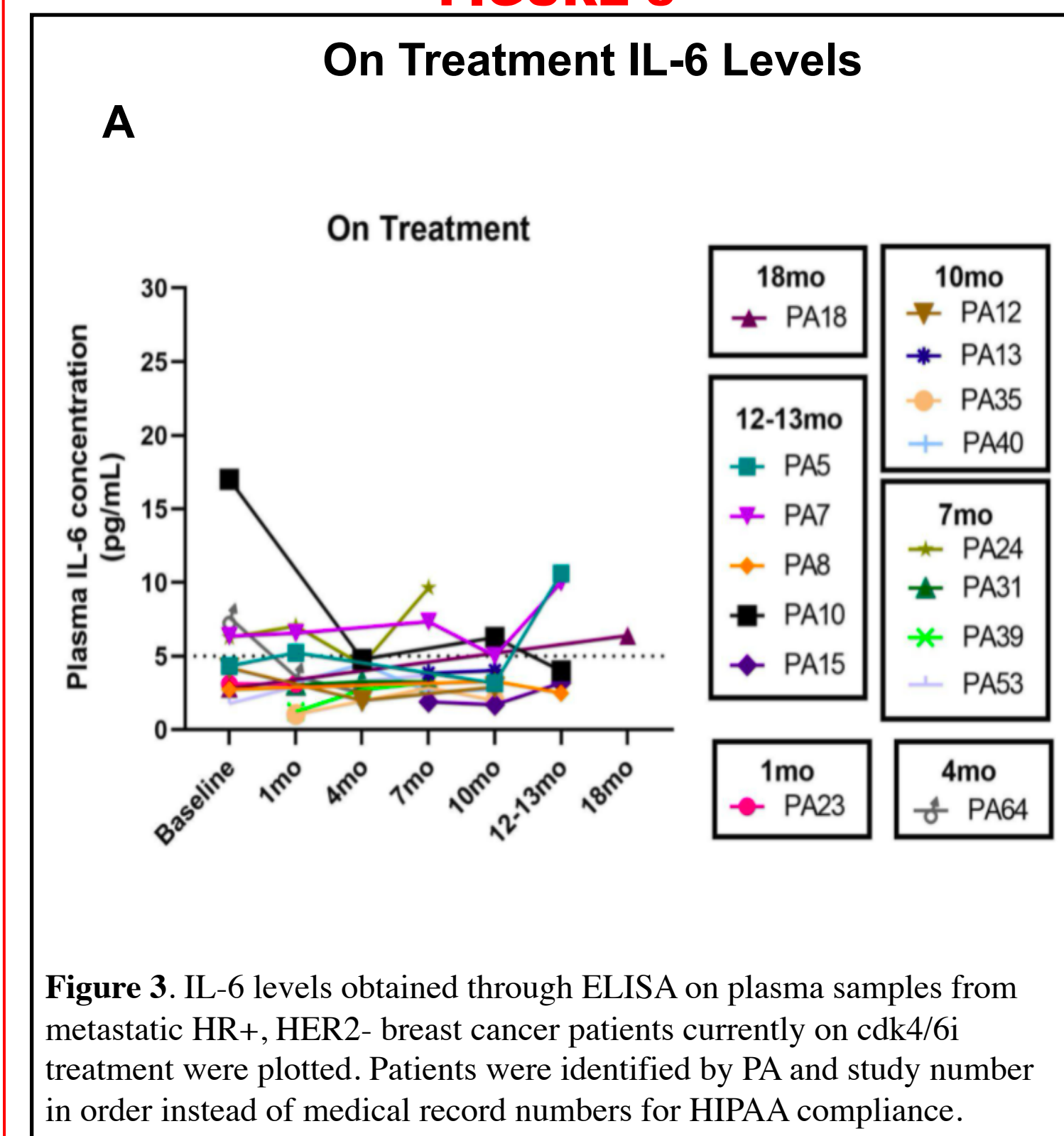
**FIGURE 1**



**FIGURE 2**



**FIGURE 3**



## RESULTS & DISCUSSION

- Of the patients in the study who progressed, IL-6 levels at progression for those patients were higher than the IL-6 levels at baseline, even when IL-6 on-treatment trends were variable across patients
- Upon compiling all IL-6 measurements from metastatic or non-metastatic patients at baseline or progression, IL-6 levels in HR+, HER2- metastatic breast cancer patients who have progressed (post cdk4/6i) are significantly higher than IL-6 levels in metastatic patients at baseline (pre cdk4/6i) or early-stage non-metastatic patients.
- In addition, metastatic patients at baseline have significantly higher IL-6 plasma levels than the IL-6 levels of non-metastatic early-stage breast cancer patients.
- IL-6 levels did not exhibit significant change in on-treatment stages where the tumor was stable and had not yet developed therapeutic resistance.
- The sharp, significant increase in IL-6 levels during progression compared to baseline strongly suggests IL-6 is an important biomarker for resistance to endocrine therapies in HR+, HER2- breast cancers.
- Further focus on IL-6 and other potential biomarkers contributing to resistance would help better identify and predict disease progression, allowing determination of additional therapies and improved clinical outcomes.

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