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Author(s)	Watanabe, Daiki; Lamboley, Cedric R.; Lamb, Graham D.			
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Relation				



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2	Effects of S-glutathionylation on the passive force-length relationship in
3	skeletal muscle fibres of rats and humans
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5	D. Watanabe ^{1,2} , C.R. Lamboley ^{1,3} , G.D. Lamb ¹
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8	
9	¹ Department of Physiology, Anatomy and Microbiology, La Trobe University, Melbourne,
10	Australia
11	² Graduate School of Integrated Arts and Sciences, Hiroshima University, Hiroshima, Japan
12	³ School of Biomedical Sciences, The University of Queensland, Brisbane, Australia
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15	Running title: S-glutathionylation of titin in skeletal muscle
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17	Correspondence: Daiki Watanabe, Graduate School of Integrated Arts and Sciences,
18	Hiroshima University, Hiroshima, Japan.
19	(TEL: +81-82-424-6437; e-mail: dwatanabe@hiroshima-u.ac.jp)
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22 Abstract

23 This study investigated the effect of S-glutathionylation on passive force in skeletal muscle fibres, to determine whether activity-related redox reactions could modulate the passive force 24 25 properties of muscle. Mechanically-skinned fibres were freshly obtained from human and rat 26 muscle, setting sarcomere length (SL) by laser diffraction. Larger stretches were required to 27 produce passive force in human fibres compared to rat fibres, but there were no fibre-type differences in either species. When fibres were exposed to glutathione disulfide (GSSG; 20 28 mM, 15 min) whilst stretched (at a SL where passive force reached ~20% of maximal Ca^{2+} -29 activated force, denoted as SL_{20% max}), passive force was subsequently decreased at all SLs in 30 both type I and type II fibres of rat and human (e.g., passive force at SL_{20% max} decreased by 31 32 12% to 25%). This decrease was fully reversed by subsequent reducing treatment with 33 dithiothreitol (DTT; 10 mM for 10 min). If freshly skinned fibres were initially treated with 34 DTT, there was an increase in passive force in type II fibres (by $10 \pm 3\%$ and $9 \pm 2\%$ in rat and 35 human fibres, respectively), but not in type I fibres. These results indicate that i) S-glutathionylation, presumably in titin, causes a decrease in passive force in skeletal muscle 36 37 fibres, but the reduction is relatively smaller than that reported in cardiac muscle, *ii*) in rested 38 muscle *in vivo*, there appears to be some level of reversible oxidative modification, probably 39 involving S-glutathionylation of titin, in type II fibres, but not in type I fibres.

40 Introduction

41 It is well known that reactive oxygen species (ROS) production increases when a muscle actively works (Lamb and Westerblad 2011; Powers and Jackson 2008). S-42 43 glutathionylation is a ROS-mediated chemical process in which a mixed disulfide is formed by 44 glutathione reacting with an oxidized cysteine or by an oxidized glutathione reacting with a 45 reduced cysteine (Dalle-Donne et al. 2007). In particular proteins, S-glutathionylation can 46 cause a substantial change in their functional properties. For example, S-glutathionylation of 47 the fast isoform of troponin I in mammalian skeletal muscle results in a large increase in the Ca^{2+} sensitivity of the contractile apparatus (Dutka et al. 2017; Mollica et al. 2012). Similarly, 48 49 titin, also known as connectin, becomes markedly more elastic in cardiac muscle if the 'cryptic' 50 cysteines in its Ig domains, which are normally hidden but exposed by stretch, become S-51 glutathionylated (Alegre-Cebollada et al. 2014). Cardiac muscle contains the N2BA and the 52 N2B isoforms of titin, whereas skeletal muscle contains the N2A isoform, and a number of 53 properties of titin, in particular the passive force-length relationship, are quite different between 54 the cardiac and skeletal isoforms. It is currently unknown whether S-glutathionylation causes 55 any change in the passive force properties of skeletal muscle, though any such effect would 56 likely have appreciable functional consequences.

57

Titin is an elastic filamentous protein and the main determinant of passive force in muscle (Maruyama et al. 1976; Wang et al. 1979). Its NH_2 terminus is in the Z-disk and reaches all the way to the center of the sarcomere, i.e., to the M-line. The I-band segment of titin, starting from ~100 nm away from the center of Z-disk, acts as a molecular spring and consists of immunoglobulin-like (Ig) domain segments interspaced with N2A and PEVK domains in the skeletal muscle phenotype (Linke 2018). When the titin is stretched from the slack condition, the I-band segments are first straightened and no passive force is produced. Further stretching leads to extension of the flexible PEVK domain and unravelling of individual Ig
domains, and passive force increases approximately exponentially (Hsin et al. 2011; Kruger
and Linke 2011; Linke et al. 1996; Wang et al. 1991).

68

69 The contractile characteristics of a muscle fibre are predominantly determined by the 70 myosin heavy chain (MHC) isoform expressed, but can also be affected by other structural 71 proteins, such as titin (Prado et al. 2005; Rivas-Pardo et al. 2016), as well as by intracellular 72 conditions (Allen et al. 2008). Previous studies have shown that the intracellular components, 73 e.g., sarcoplasmic reticulum and myofibrillar proteins, can be more oxidized in vivo in type II 74fibres than type I fibres (Lamboley et al. 2015; Lamboley et al. 2016), possibly owing to the 75 lower antioxidant activity in type II fibres compared to type I fibres (Higuchi et al. 1985; Ji et 76 al. 1992; Powers and Jackson 2008). Since S-glutathionylation of intracellular proteins is seen 77 in resting muscle fibres (Mollica et al. 2012), it is possible that the level of S-glutathionylation 78 of titin is different *in vivo* between type I and type II fibres, which may differentially affect 79 passive force production in the two fibre types. However, this point has not been investigated 80 to date.

81

82 The purpose of this study was to examine the effects of S-glutathionylation on 83 elasticity in skeletal muscle fibres. Passive force in skeletal muscle is determined primarily by 84 the properties of both titin and extracellular collagen (Linke and Kruger 2010; Prado et al. 85 2005). Here, we used mechanically-skinned skeletal muscle fibres in which the passive force is dictated almost exclusively by titin elasticity because the sarcolemma and basement 86 87 membrane (including collagen and laminin) are absent. Both type I and type II fibres from 88 human and rat skeletal muscle were examined to investigate whether there is any difference in 89 the properties of passive force between the fibre types.

90 Materials and Methods

91 *Ethical approvals*

92 All rat protocols and procedures were approved by the La Trobe University Animal Ethics Committee and by the Animal Care Committee of Hiroshima University. Sprague-93 94 Dawley rats (7 in total, male, 7 to 8 months old) were housed at controlled temperature (22°C) 95 and a 12:12 h light-dark cycle, with food and water provided ad libitum. The rats were killed by overdose of isoflurane (4 % vol/vol) in a glass chamber in the experiments at La Trobe 96 97 University and by overdose of pentobarbital sodium (200 mg/kg body weight) in the 98 experiments at Hiroshima University, and then the extensor digitorum longus (EDL) and soleus 99 muscles were removed by dissection. Subsequently, the muscles were placed in room 100 temperature paraffin oil (Ajax Chemicals, Sydney, Australia) and gradually cooled on ice to 101 ~10 °C. Note that the passive force properties and the effects of S-glutathionylation were very 102 similar in the experiments at both laboratories at La Trobe and Hiroshima University.

103

104 For the human experiments, all protocols and procedures were approved by the Human Research Ethics Committees at Victoria University and at La Trobe University. Informed 105 106 consent was obtained in writing from all subjects and the studies conformed to the standards 107 set by the Declaration of Helsinki. All experiments on human skinned fibres were performed 108 on fibres obtained from vastus lateralis muscle biopsies from 7 rested subjects (Male, 20 to 32 109 years old, 75.1 ± 3.4 kg body weight). All subjects were healthy and most participated in regular 110 physical activity but were not specifically trained in any sport. After injection of a local 111 anaesthetic (1% lidocaine (lignocaine)) into the skin and fascia, a small incision was made in 112 the middle third of the vastus lateralis muscle of each subject and a muscle sample taken using 113 a Bergstrom biopsy needle. An experienced medical practitioner took all biopsies at approximately constant depth. The excised muscle sample was rapidly blotted on filter paper
to remove excess blood and placed in paraffin oil.

116

117 Skinned fibre solutions

118 All chemicals were purchased from Sigma-Aldrich (St. Louis, MO), unless specified 119 otherwise. Relaxing solution contained (in mM) 50 EGTA, 8 total ATP, 36 Na⁺, 126 K⁺, 10.3 total Mg²⁺ (giving 1 mM free [Mg²⁺]), 10 phosphocreatine (CP), 90 HEPES, pH 7.1, and pCa 120 $(-\log_{10}[Ca^{2+}]) > 9$. Maximum Ca²⁺-activated solution had a similar composition but with all 121 EGTA replaced by CaEGTA (at pCa 4.7) and total magnesium of 8.1 mM to maintain free Mg²⁺ 122 123 at 1 mM (see ref (Lamboley et al. 2013; Stephenson and Williams 1981)). Dithiothreitol (DTT) 124 was added to relaxing solution at 10 mM final concentration from a 1 M stock made in double-125 distilled water. A 200 mM stock of oxidized glutathione (GSSG) was made in the relaxing 126 solution; the pH of the stock was re-adjusted either to 7.1 or to 8.5 with KOH, and then diluted 10-fold in the final solution (i.e., relaxing solution at required pH). 127

128

129 *Preparations and force recording*

Muscles were pinned at resting length in a petri dish lined with Sylgard 184 (Dow 130 131 Corning, Midland, MI) and immersed in paraffin oil and kept cool (~10°C) on an icepack. Using jeweler's forceps, a section of an individual fibre was mechanically skinned and a 132 segment ~2 mm in length was mounted on a force transducer (AME801, SensoNor, Horten, 133 134 Norway), initially at 120% of its resting length (see detailed description in (Lamb and Stephenson 2018)). The fibre was then transferred to a 2-ml Perspex bath containing relaxing 135 136 solution, which broadly mimicked the intracellular milieu. Each fibre was subsequently exposed to a strontium ion (Sr^{2+}) -containing solution at pSr $(-\log_{10}[Sr^{2+}])$ 5.2 in order to give 137

an initial indication of the fibre type, and then maximal Ca²⁺-activated force was determined 138 by exposure to maximum Ca²⁺-activation solution. Sr²⁺ directly activates the contractile 139 apparatus but the sensitivity to Sr^{2+} differs markedly between type I and type II fibres. Fibres 140 containing the slow-twitch isoform of troponin C (TnC) give close to the maximum Ca²⁺-141 142activated force level at pSr 5.2, whereas fibres containing the fast twitch isoforms of TnC produce <5% of maximum force, and fibres with a mixture of the fast and slow isoform of TnC 143 produce an intermediate level of force (Bortolotto et al. 2000; Lamboley et al. 2013; O'Connell 144et al. 2004). The fibre type indicated by the Sr^{2+} response matched that found by subsequent 145 western blotting (see later) in every human fibre examined in the present study (e.g. Fig. 1). 146 The maximum Ca^{2+} -activated force level was also used to gauge the subsequent passive-force 147 148measurements (see 'Elasticity test and treatments').

149

150 Sarcomere length measurement

Sarcomere length (SL) was determined by the diffraction pattern produced by a He-Ne laser beam passing through the skinned fibre preparation, as described previously (Stephenson and Williams 1981). The average sarcomere length SL was calculated from the position of the first-order diffraction maxima using the approximate expression (Eq. 1) which included a correction factor for the passage of the diffracted laser beam through the solution around the preparation and through the wall of the spectrophotometric vial before propagation though the air:

158
$$SL = WL \times \left[1 + \frac{4 \times (d_{air} + n_w \times d_w + n_v \times d_v)^2}{{d_{11}}^2}\right]^{0.5}$$
(1)

where WL is the laser wave-length (0.670 μ m), and d_w (3-5 mm), d_v (1.0 mm), and d_{air} (200 mm), the distances travelled by the zero-order diffracted beam through the solution, the polystyrene wall of the vial, and air before reaching the screen, respectively; n_w (1.3) and n_v

164

165 Elasticity test and treatments

166 All force measurements were made at room temperature (23 ± 2 °C). Each skinned fibre segment was placed into the modified polystyrene spectrophotometric vial containing 167 relaxing solution. The fibre was then slacked off and subsequently stretched again until 168 169 producing just detectable force, and this was defined as the resting length. Thereafter, the 170 passive force-length relationship was measured: the fibre was stretched from resting length to various longer SL until the passive force reached the equivalent of ~20% of the maximal Ca²⁺-171 172 activated force measured (this SL was denoted as 'SL_{20% max}'). The diffraction maxima points at each SL in this first series of passive force measurements on the given fibre were recorded 173 174 on the screen, so that the fibre could be readily stretched again to the same SLs after subsequent 175 treatments and procedures.

176

177 After the measurements of passive force on the fibre in its initial state, the fibre was subjected to each of following treatments (except in the experiments indicated) in the order: 10 178 mM DTT for 10 min, 20 mM GSSG for 15 min, then 10 mM DTT for 10 min. Each treatment 179 180 was applied in relaxing solution with the fibre stretched to the SL_{20% max} determined on the 181 initial measurements (except in the experiments noted where the GSSG treatment was applied 182 with the fibre at resting length). Then the fibre was returned to relaxing solution and readjusted 183 back to resting length, and then the passive force properties re-examined. In most experiments, the GSSG treatment solution was at the standard pH level of 7.1, but in an additional set of 184 185 cases the fibre was treated with GSSG at pH 8.5. In the latter cases, the effect on the passive

force properties of exposure to relaxing solution at pH 8.5 for 15 min without any GSSG was first determined before examining the effect of GSSG at pH 8.5. At the end of the measurements, each human fibre was kept for subsequent western blotting in order to ascertain the myosin heavy chain isoforms present (see 'Western blotting').

190

Passive force was defined as the steady-state force level attained after stretching the fibre to the given SL, or in the case of long SLs, as the force level reached 2 min after the stretch (see Fig. 2). For each fibre, the passive force values were fitted with the following exponential function:

$$F(SL) = A \times \exp((SL - SL_e)/\lambda)$$
(2)

196 where F(SL) is the passive force at the given SL, *A* is a scaling constant, SL_e is the SL at which 197 there is just detectable passive force, and λ is a length constant. *A* and λ were determined by 198 best curve fitting with GraphPad Prism version 6.

199

200 Western blotting

201 After force measurements, each human fibre was placed in a small volume (15 μ l) of 202 solubilizing buffer containing 0.125 M Tris-HCl, 10% glycerol, 4% SDS, 4 M urea, 10% 203 mercaptoethanol and ~0.001% bromophenol blue (pH 6.8) diluted (2:1 vol./vol.) with double 204 distilled water. Fibres were stored at -80°C until analysis. Total protein in the single fibres was separated on 4-15% Criterion Stain Free gels (Bio-Rad, Hercules, CA, USA) and wet-205 206 transferred to nitrocellulose for 30 min at 100 V in a circulating ice-cooled bath with transfer 207 buffer containing 25 mM Tris and 192 mM glycine at pH 8.3 and 20% methanol. After appropriate washes and blocking (5% skimmed milk in Tris-buffered saline with Tween, 1-2 208 209 h), membranes were probed with primary antibodies and appropriate secondary antibodies. The

210 following primary antibodies were used in the order: MHCIIx (mouse IgM, DSHB, cat. no. 6H1, 1 in 100), myosin heavy chain II (MHCIIa, mouse IgG, Development Studies Hybridoma 211 212 Bank (DSHB), cat. No. A4.74, 1 in 400) and MHCI (mouse IgM, DSHB, cat. No. A4.840, 1 in 213 100). The secondary antibodies were: goat anti-mouse IgG (1 in 20,000; Thermo Fisher 214 Scientific, cat. no. PIE31430) and anti-mouse IgM (1 in 60,000; Santa Cruz Biotechnology 215 Dallas, Texas, USA, cat. no. sc-2064). Chemiluminescent images were captured using the Chemidoc MP (BioRad) following exposure to West Femto chemiluminescent reagent 216 217 (Thermo Fisher Scientific) and densitometry performed using ImageLab software (BioRad). 218 The MHCIIx, MHCIIa and MHCI images were obtained in the same membrane with stripping 219 between each imaging (e.g., Fig. 1).

220

Values are expressed as mean ±SE. The normality of the data was first tested by the Shapiro-Wilk normality test. Student's two-tailed t-test or Wilcoxon single rank test was used for data sets showing normal or non-normal distributions, respectively. Pearson correlation coefficient analysis was used to evaluate whether there was a linear relationship between the size of the GSSG effect on passive force and λ for the data in the Fig. 5B. For each passive force-length relationship, the goodness of fit of the exponential function was evaluated by the R² value.

²²¹ Statistics

229 **Results**

230 Effect of dithiothreitol on the passive force-length relationship in freshly skinned fibres

After first examining the passive force properties in each skinned fibre in its initial 231 232 state (e.g. leftmost trace in Fig. 2A), each fibre was exposed to 10 mM DTT for 10 min whilst 233 stretched at SL_{20% max} in order to test whether this strong reducing treatment altered the passive 234 force properties (see Fig. 2). In both human and rat fibres, the passive force-length relationship 235 became stiffer after such DTT treatment in type II fibres, but not in type I fibres (see Fig. 3: 236 passive force at SL_{20% max} in type II fibres was increased by $13.4 \pm 3.5\%$ and $9.3 \pm 2.4\%$ in rat 237 and human, respectively). Subsequent western blotting demonstrated that all the human type II 238 fibres examined in this particular experiment were pure IIa fibres.

239

240 Effect of S-glutathionylation on the passive force-length relationship

241 To examine the effect of S-glutathionylation on passive force in skeletal muscle, 242 following the initial DTT treatment, each skinned fibre was treated (whilst again stretched) 243 with 20 mM GSSG at pH 7.1 for 15 min. As a result, the passive force was subsequently 244 decreased at all SL measured (e.g., Fig. 2), with the mean decrease measured at SL_{20% max} being 245 $25.7 \pm 3.5\%$, $12.0 \pm 4.0\%$, $15.1 \pm 4.3\%$ and $14.1 \pm 4.0\%$ in rat type II, rat type I, human type II and human type I, respectively (Fig. 3). This effect of GSSG was fully reversed by re-246 application of the DTT treatment (e.g., Fig. 2). In the subset of fibres examined, it was further 247 248 found that the passive force was not altered if the GSSG was applied when the fibre was not 249stretched (e.g. Fig.s 2 and 3). The effect of 20 mM GSSG treatment at pH 8.5 was also examined in some rat fibres, because most cytoplasmic proteins contain cysteine sulfhydryls 250 251 that have a pKa value greater than 8.0, and the higher pH should decrease their protonation and greatly increase their reactivity to GSSG (Dalle-Donne et al. 2007; Mollica et al. 2012). It was 252 253 found that the effect on passive force of GSSG treatment at pH 8.5 was not noticeably different

from that at pH 7.1 in either type I or type II fibres (decreases of $23.8 \pm 1.5\%$ (n=3) versus 24.9 $\pm 4.8\%$ at SL_{20% max} at pH 8.5 and 7.1, respectively, in type II fibres, and decreases of 14.7 ± 6.2 (n=3) versus 12.0 ± 4.0%, respectively, in type I fibres). These results suggest that the GSSG treatment at pH 7.1 was sufficient to elicit the maximal possible level of *S*glutathionylation for the conditions examined.

259

260 Additionally, to examine whether the effect of GSSG on passive force resulted purely 261 from the initial DTT treatment cleaving normal intra-molecular disulphide bonds present in 262 situ, in further experiments the GSSG treatment was applied to freshly skinned EDL fibres (i.e., 263 with no pre-treatment with DTT). In these cases the passive force at SL20%max was still decreased by the GSSG treatment (by $28.2 \pm 2.2\%$ of control (n = 3); mean value expressed 264 265 taking into account the change upon subsequently reversing the GSSG effect with DTT 266treatment); this is comparable with the size of the decrease found above when the GSSG was applied after an initial DTT pre-treatment (25.7 \pm 3.5%, n=9). Thus, the effect of the GSSG 267 268 treatment in decreasing passive force was not simply an artefact caused by the initial DTT 269 treatment breaking normal -S-S- crossing links.

270

271 In each fibre, the force-length relationship found in each treatment state could be well 272 fitted by an exponential function, starting at a SL defined as SL_e, and using two variables: a length constant, λ , and a scaling factor, A (see Material and Methods) (e.g., Fig. 2B). Following 273 274GSSG treatment, the best fit curves had decreased A and/or increased λ , both changes indicating that the force-length relationship became less steep (Fig. 2). However, the change in each 275276 parameter was not consistent between different fibres: there was a decrease in A with little 277 change in λ in some fibres, whereas there was an increase in λ with little change in A in other 278 fibres. This likely reflects the fact that many factors (e.g., Ig domains and PEVK domain)

279 contribute to the increased passive force with extension, and that the data are modelled better by more complicated functions (e.g., freely jointed chain model or worm-like chain model: see 280 281 ref (Hsin et al. 2011)) rather than a simple exponential fit. Consequently, the presentation and 282 statistical analysis of the data on the changes occurring with DTT and GSSG treatment are based on the percentage change in passive force at SL_{20% max} (Fig. 3) rather than on the changes 283 284 in the exponential fit parameters.

285

286

Difference of passive force-length relationship between type I and type II fibres

287 The passive force-length relationship can differ substantially between different fibre types and different muscles in some animals (Prado et al. 2005), although a previous study on 288 289 human *vastus lateralis* muscle fibres observed little or no fibre-type differences (Olsson et al. 290 2006). To further investigate this point, the passive force-length relationship was compared 291 between type I and type II fibres in both rat and human. Data from all fibres examined are 292 presented in Fig. 4 and show that there was no consistent difference in force-length relationship 293 between the type I and type II fibres in either rat or human. Moreover, there was no significant 294 difference in the exponential fit parameters of the force-length relationships between the type 295 I and type II fibres in either species (Table 1). It was apparent, however, that there was 296 substantial heterogeneity in the passive properties between the different human type II fibres 297 examined (see blue curves in Fig. 4B). Of these thirteen fibres, ten were pure type IIa and three 298 were type IIa/x, and the greatest disparity in the curves occurred between different pure IIa 299 fibres. The best fit parameters to the passive force data in the IIa/x fibres did show a 300 significantly lower A and lower λ values than in the type IIa fibres (A: 0.24 ± 0.09 in type IIa/x 301 versus 0.70 ± 0.14 in type IIa; λ : 0.38 ± 0.04 in type IIa/x versus 0.50 ± 0.04 in type IIa), but 302 these differences in the two fit parameters have opposing effect on the steepness of the fit 303 function, indicating subtle but complex differences in the exact shape of the fits (see previous

section). Furthermore, these three IIa/x fibres were all obtained from the same subject and the fit parameters to the passive force in the one type IIa fibre examined from the same subject also showed similar low A (0.15) and λ (0.33) values. Thus, it seems that the differences in the fit parameters observed between the type IIa/x and type IIa fibres was more likely due to a subjectto-subject difference rather than to a true fibre-type difference (see also following section).

309

It is also apparent in Fig. 4 that there were significant differences in the passive force properties between rat EDL and soleus fibres and human *vastus lateralis* fibres. The fit parameters in human fibres had a higher mean SL_e and a higher λ value (Table 1), indicating that the passive force on average started to increase at a longer SL, and increased less steeply with stretching, in the human *vastus lateralis* fibres compared to the rat EDL and soleus fibres.

315

316 Passive force-length relationship in human type II fibres: difference between subjects

317 As mentioned, the passive force-length relationship was more heterogeneous in the human type II fibres than in the human type I fibres or in rat fibres (Fig. 4). Fig. 5A shows the 318 passive force-length relationships in the human type II fibres sorted by subject; these data 319 320 appear to indicate that the heterogeneity in the properties may have been subject dependent. It is also interesting to note that correlation analysis of the passive force changes occurring with 321 322 GSSG treatment in human type II fibres (Fig. 5B) indicated a significant inverse relationship 323 between the size of the best fit length constant (λ) for a given fibre and the extent of the decrease 324 in passive force with GSSG treatment in that fibre (r = -0.909, P = 0.033). In other words, the 325 type II fibres showing greater elasticity (i.e., larger λ) underwent a larger relative decline in 326 passive force with S-glutathionylation treatment; however it is noted that this analysis was based on examination of a total of only 5 type II fibres from three subjects. 327

As observed previously (Linke et al. 1996; Wang et al. 1991), it was found that with 330 331 very large stretches the passive force-length relationship in fibres eventually started to level off 332 from its initial exponentially increasing phase (e.g. Fig. 6A), possibly due to the dislodgment 333 of the titin-thick-filament anchorage. We defined SL_y, the SL at which the passive force starts 334 to yield, as the SL where the initial exponential curve intersects with a line joining the higher SL force data (see Fig. 6B). This yield point occurred at significantly shorter SL in rat type II 335 fibres than in human type II fibres (mean SL_y: 3.88 ± 0.04 and 4.62 ± 0.08 µm, respectively, P 336 337 < 0.05, Fig. 6C). In addition, it was observed that the passive force at a given SL was markedly decreased after extreme stretch beyond SL_v. Specifically, in rat type II fibres, the passive force 338 339 at a SL of ~3.4 μ m decreased to 44.1 \pm 2.3% of the initial level (n=4) after extreme stretch at 340 ~4.3 μ m SL. In contrast, when fibres were stretched only to SL less than SL_y, the passive force 341 properties remained unchanged.

343 **Discussion**

344 Effects of S-glutathionylation of passive force in skeletal muscle

We investigated the effect of *S*-glutathionylation on the elasticity of titin in skeletal muscle using mechanically-skinned fibres. The present results indicate that *i*) *S*-glutathionylation, presumably in titin, causes a reversible decrease in passive force in skeletal muscle fibres (Fig.s 2 and 3), and *ii*) in rested muscle *in vivo*, titin is already reversibly oxidized to some extent, probably via *S*-glutathionylation, in type II fibres but not in type I fibres (Fig.s 2 and 3).

351

352 Previous studies have shown that passive force production in skeletal muscle is due 353 primarily to the effects of both titin and extracellular collagen (Linke 2018; Linke and Kruger 354 2010). The skinned fibre was used here as a tool to examine the elasticity of titin, because the 355 sarcolemma and the basement membrane could be straightforwardly removed (Olsson et al. 356 2006; Wang et al. 1991). It was found here that *i*) passive force was subsequently decreased 357 after a skinned fibre had been exposed to GSSG whilst stretched but not if it was exposed to GSSG whilst at resting length, and *ii*) the decreased passive force was restored by subsequent 358 359 reducing treatment with DTT. Alegre-Cebollada et al. (2014) have previously shown that 360 GSSG treatment similar to that used here results in S-glutathionylation of titin in cardiac muscle and a decrease in passive force, but only if the GSSG is applied whilst the muscle is stretched. 361 362 In view of this similarity, we believe it is most likely that the GSSG-induced decrease in passive 363 force seen here is also due to S-glutathionylation of titin. As we did not obtain any direct 364 chemical evidence of S-glutathionylation of titin, it is possible that the effect was instead due 365 to S-glutathionylation of some other cytoskeletal proteins (e.g., β -tubulin). However, this seems 366 doubtful given that passive force in skinned fibres is due to stretching of titin, and the GSSG

367 was only able to exert its effect on passive force when the fibre was stretched (Fig. 2).

368

369 In cardiac muscle S-glutathionylation of titin results in a very marked decrease in 370 passive force, to ~15% of the control value, whereas in the present study comparable S-371 glutathionylation treatment in skeletal muscle resulted in a substantially smaller decrease in 372 passive force, e.g., decrease to ~75% of the control level in rat type II fibres (Fig. 3). In the 373 present study, the S-glutathionylation treatment was applied with the fibre only stretched to a SL where the steady-state passive force was $\sim 20\%$ of the maximum Ca²⁺-activated force level 374 375 (i.e., ~4.2 µm SL, in the case of human fibres; Fig. 4) because the titin-thick filament anchorage 376 can become dislodged if the stretching is much greater than this (e.g., $>\sim$ 4.6 µm SL in the case 377 of human fibres; Fig. 6C). It is expected that the stretch used should have been large enough to 378 reveal some Ig domains in skeletal muscle fibres because recent studies have indicated that 379 individual Ig domains in human vastus lateralis muscle fibres become unfolded with stretch in 380 the physiological range, i.e., to ~3.0 - 3.4 µm SL (Linke 2018; Linke and Kruger 2010; Rivas-381 Pardo et al. 2016). It is unclear why S-glutathionylation resulted in a much smaller decrease in 382 passive force in skeletal muscle than in cardiac muscle. It is possible that fewer cryptic 383 cysteines were revealed by the stretch in the skeletal titin than in the cardiac titin, or 384 alternatively that the critical cryptic cysteines are less reactive in the skeletal isoform. Alegre-385 Cebollada et al. (2014) observed that the kinetics of S-glutathionylation could be different between cysteines even in the same Ig domain, probably because the propensity for 386 387 S-glutathionylation was decreased by the presence of an adjacent negatively-charged residue.

388

There were substantial differences in elasticity across the sample of human type II fibres examined here (Fig. 4B) and this difference seems not to be explained by different fibre subtype, because the large variation was observed even in pure type IIa fibres (see Results). 392 The apparent subject-dependence in the spread of the data (Fig. 5A) raises the possibility that 393 the fibre properties differed between different subjects. Such differences could be the result of 394 splice variants of titin, given that a high level of different alternative splicing events of the titin 395 N2A isoform have been seen in skeletal muscle of different subjects. Furthermore, most of 396 those splice variant occurred in the I-band region, which largely determines the passive force-397 length relationship and is the target region of S-glutathionylation (Linke 2018; Savarese et al. 398 2018). Interestingly, the elastic properties were found to be far more homogeneous in the rat 399 fibres (Fig. 4A), and it is expected there would be far less variability of titin splicing in rats 400 owing to their in-bred status.

401

It was also found that the human type II fibres showing greater elasticity (i.e. a larger λ value for the length-force relationship) underwent a greater decrease in passive force with GSSG treatment (see Fig. 5B). The larger λ value indicates that these fibres were held at a greater SL during the GSSG treatment (because they had to be stretched to such longer SL to reach the specified passive force level, i.e. 20% of maximum Ca²⁺-activated force). Thus, it is possible that this greater stretch revealed more cryptic cysteine residues on the titin, allowing the GSSG treatment to elicit a larger decrease in passive force.

409

410 Differences in the resting oxidative state between fibre types

In the freshly skinned fibres used here from both rat and human muscle, treatment with the reducing agent DTT resulted in an increase in stiffness in the type II fibres but not in the type I fibres (Fig. 3). This effect of DTT indicates that the titin in the type II fibres was oxidized to some extent *in vivo*, most likely by *S*-glutathionylation, although it cannot be ruled out that the lower stiffness was instead the result of some other type of DTT-reversible oxidative modification of the titin. DTT is only able to reduce disulfide bonds, including 417 S-glutathionylation (-SSG), as well as S-nitrosylation (-SNO) (Dutka et al. 2017; Jaffrey and Snyder 2001) and sulfenation (-SOH) (Saurin et al. 2004), and is not able to reduce sulphinic 418 419 (-SO₂H) and sulphonic (-SO₃H) products (Cleland 1964; Halliwell and Gutteridge 2015) nor 420 reverse lipid adduction (-S-lipid) (Dogterom et al. 1989). It has been shown in cardiac titin that 421 formation of an intra-protein disulfide bridge induces an *increase* in the stiffness of titin, which 422 can be reversed by DTT (Beckendorf and Linke 2015; Grutzner et al. 2009). Given that DTT treatment had the opposite effect on stiffness in the skeletal muscle fibres here (i.e. increase 423 424 not decrease), it seems unlikely that the lowered stiffness seen in the freshly-skinned type II 425 fibres was due to the presence an intra-protein disulfide bridge like the one that can be induced in cardiac muscle titin, particularly given that the effect in cardiac titin occurs in the N2-Bus 426 427region, which is specific to cardiac titin and not present in skeletal titin.

428

429 Antioxidant enzyme activity (e.g., superoxide dismutase activity, and total glutathione 430 level) is higher in type I than in type II muscle fibres (e.g., ~5-fold higher gluthathione content 431 in type I fibres) (Higuchi et al. 1985; Ji et al. 1992). Such higher antioxidant activity in type I 432 fibres would be expected to help keep the intracellular environment in vivo in a more reduced 433 state, which possibly accounts for why the DTT treatment of freshly skinned fibres had a significant effect on the titin stiffness only in the type II fibres and not in the type I fibres 434435 examined here (Fig. 3). It is possible also, at least in the case of the rat fibres, that the difference in responsiveness to DTT between the fibre types was the result of the stretches experienced 436 437 by the fibres *in vivo* with normal daily activity, which might have differed for the type I fibres obtained from soleus muscle compared to the type II fibres from EDL muscle. If the titin had 438 439 been stretched more in the type II fibres, a relatively larger number of Ig domains of titin would 440 have been unfolded, which could have allowed greater S-glutathionylation of the titin. This 441 type of mechanism, however, would not readily explain the difference in the effect of DTT seen

443

444 Differences in passive force-length relationship between fibre types and species

The passive force-length relationship was not noticeably different between type I and 445 446 type II fibres in the muscles examined here, in either rat or human (Fig. 4). The human data are 447 in agreement with those found previously in human vastus lateralis fibres (Olsson et al. 2006), 448 and are in accord with the observation that all the titin in such muscle appears to be of similar 449 size (~3680 kDa) (Olsson et al. 2006). Likewise, the similarity of the passive force-length 450 relationship in the rat type I and type II fibres, obtained from soleus and EDL muscles 451 respectively, is in accord with the similarity in the size of the titin molecules found in the two 452 muscles (3521 kDa and 3505 kDa, respectively) (Li et al. 2012). Furthermore, the fact that the 453 titin isoform in human vastus lateralis muscle is seemingly longer than that in the rat muscles 454might help account for why passive force only started to rise at longer SL, and was less steep, in human fibres compared with the rat fibres (see Fig. 4 and Table 1). However, this last 455 456 conclusion should be seen as open to some doubt, because the measurements of titin size in the 457 human and rat muscles were made in different studies (Li et al. 2012; Olsson et al. 2006), and 458 so cannot be directly compared with certainty. Irrespective of the whether the differences are 459 due to differences in titin alone, the findings here clearly demonstrate that the passive force-460 length relationship is substantially different between human and rat muscle fibres.

461

462 Characteristics of passive force with overstretching

When a single fibre is progressively stretched, the passive force initially increases approximately exponentially, but with stretches beyond a certain length, denoted here as SL_y, the passive force-length relationship levels off appreciably and may even drop slightly, probably due to disruption of the thin-thick filament anchorage (Linke et al. 1996; Wang et al. 467 1991). Here, we found that the SLy was ~3.9 and ~4.6 µm in rat and human type II fibres, respectively, and also that passive force was irreversibly depressed after overstretching beyond 468 469 these SL_y (Fig. 6). These values may be important in regard to the impact of eccentric exercise 470 on the muscle. Talbot and Morgan (1996) found that some sarcomeres are 'popped' following 471eccentric contractions, possibly because of disruption of the thin-thick filament anchorage by 472 overstretch (Talbot and Morgan 1996). The SLy values found here may aid understanding of the exact conditions required for such sarcomere popping, and possibly also help guide 473 eccentric training in humans, although further studies are clearly required. 474

475

476 *Physiological relevance*

477 Previous studies have shown that S-glutathionylation of TnI occurs with in vivo 478 muscle activity (Mollica et al. 2012; Watanabe et al. 2015). Here, we provide evidence that S-479glutathionylation, presumably of titin, does decrease passive force in skeletal muscle. 480 Interestingly, a recent study has indicated that titin contributes not only to passive force, but also to active force production, by assisting the sliding of the thick filament (Rivas-Pardo et al. 481 482 2016), implying that S-glutathionylation of titin may cause a decrease in active force 483 production as well as passive force production. Titin has to be stretched to expose the cryptic cysteine residues for S-glutathionylation to occur (Alegre-Cebollada et al. 2014). Sufficient 484 485 stretching of fibres may possibly occur during normal muscular activity or might primarily occur with eccentric contractions, when some sarcomeres could be stretched to near or beyond 486 487 SL_v (Talbot and Morgan 1996). Future studies examining the impact of S-glutathionylation of titin with eccentric contractions could provide valuable physiological insight, with potential 488 489 implication for strategies for efficient eccentric training.

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605 **Table**

606 Table 1. Parameters of exponential fit of passive force-length relationship in rat and 607 human fibres. Values are means \pm SE. The start point of the exponential fit (SL_e) defined as 608 SL where fibre just started to produce detectable passive force. The A and λ were the scaling 609 constant and the length constant of exponential fit, respectively (see text). Shapiro-Wilk normality test showed all data sets normally distributed, and statistical differences examined 610 611 with Student's unpaired t-test. No significant differences between type I and type II fibres, in 612 either rat or human.[†] Value in human fibres significantly different from that in same fibre type in rat (P<0.05; two-tailed t-test). 613

615 **Figures**

Fig. 1. Representative western blotting of myosin heavy chain (MHC) I, IIa and IIx.
Following physiological experiments, each individual skinned fibre segment from human
muscle was collected and analyzed by western blotting. All six fibres from one subject (male,
29 years old, 181 cm height, 66 kg body weight) shown. Upper three panels show blots obtained
by probing successively for MHCIIx, MHCIIa and MHCI. Bottom panel shows myosin band
region on Stain Free gel, and labels beneath indicate assigned fibre type.

622

623 Fig. 2. Representative example of passive force responses with each treatment in rat type 624 **II fibre.** A, passive force responses after various indicated treatments; numbers above traces 625 indicate sarcomere length in µm. Each treatment applied in relaxing solution, and all treatments 626 except for '20 mM GSSG without stretching' were performed whilst stretching the fibre to 627 SL_{20% max} (see text) (to 3.61 µm in this fibre). B, passive force-length relationships in A. Each 628 set of data points was fitted with a simple exponential function (see Materials and Methods) 629 $(R^2>0.97)$. The starting point (SL_e) of each curve, defined as the SL where the fibres just start 630 to produce detectable passive force, was 2.49 μ m. The length constant parameter, λ , for fitted 631 each curve was 0.26, 0.28, 0.28, 0.27 and 0.21 µm, before any treatment, after initial DTT, after 632 GSSG with no stretch, after GSSG with stretch, and after second DTT, respectively. A value of 633 fit was 0.26, 0.28, 0.28, 0.27 and 0.21 before treatment, after initial DTT, after GSSG with no 634 stretch, after GSSG with stretch, and after second DTT, respectively.

Fig. 3. Effect of exposure to dithiothreitol and oxidized glutathione on passive force production. Passive force measured upon stretching fibre to SL that elicited the equivalent of $\sim 20\%$ of maximum Ca²⁺-activated force in the initial control conditions (SL_{20% max}). Each freshly skinned fibre was exposed to 10 mM DTT for 10 min, and subsequently treated with

640 20 mM GSSG for 15 min, as in Fig. 2. In some rat type II fibres, the effect of applying GSSG 641 with the fibre unstretched, was also examined. 'n' denotes the number of fibres and 'N' denotes 642 the number of subjects from which the fibres were obtained. Values are means \pm SE. Shapiro-643 Wilk normality test performed to determine whether distribution of data set was normal; all data sets showed normal distribution. Paired two-tailed t-test used to examine statistical 644 645 significance. SL_{20% max} was $3.72 \pm 0.02 \ \mu m$, $3.72 \pm 0.05 \ \mu m$, $4.21 \pm 0.07 \ \mu m$ and $4.23 \pm 0.04 \ \mu m$ µm in rat type II, rat type I, human type II and human type I, respectively. ^aP<0.05 vs. control 646 647 (two-tailed paired t-test). Rat type I and II fibres obtained from soleus and EDL muscles respectively, with fibre type verified by response to Sr^{2+} (see Materials and Methods). Human 648 649 fibres from *vastus lateralis* muscle, with the type determined by western blotting.

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Fig. 4. Passive force-length relationship in type I (red) and type II (blue) fibres of rat (A) and human (B). Data points were fitted with an exponential function (R²>0.98). Mean values of fit parameters shown in Table 1. Numbers of fibres: 8, 8, 13 and 12 in rat type I, rat type II, human type I and human type II, respectively. Different symbols used to denote data points in different individual fibres.

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Fig. 5. Subject-dependent effect in human type II fibres. *A*, passive force-length relationship in fibres from different subjects (Sub.). Data points fitted with exponential function. Three fibres (green circle, green star and green triangle) were type IIa/x and other 10 fibres were pure type IIa. *B*, correlation between GSSG-induced force reduction and the length constant (λ) of fit to passive force-length relationship in that fibre before treatment.

Fig. 6. Effect of overstretch on passive force in rat and human type II fibre. *A*, typical
passive force responses at each sarcomere length (SL) in rat type II fibre. Fibre stretched for

2 min at SL shown above trace (in µm). Passive force at 3.4 µm SL (initial level marked with 665 666 dashed line) was decreased after stretching to long SLs (subsequent passive force values indicated by white arrows). B, passive force-length relationship in A. A given color represents 667 passive force measured at a particular long SL and at 3.2 µm and 3.4 µm SL after the stretch 668 to that long SL. Passive force-length relationship increased exponentially until ~4.0 µm SL, 669 670 and then the curve started to level off at longer SLs, i.e., 4.5 μ m and 5.1 μ m. SL_y defined as 671 the SL where exponential curve (dash red line) intersects a line joining the higher SL data (black line). C, values of SLy in human and rat type II fibres. Four fibres examined from two 672 673 rats and four fibres from two human subjects. ${}^{a}P < 0.05$ vs. Rat (two-tailed t-test).



Fig. 2











Fig. 4





Fig. 6

Figure

Parameters	Rat type II (<i>n</i> = 8, <i>N</i> = 5)	Rat type I (<i>n</i> = 8, <i>N</i> = 5)	Human type IIa + IIa/x $(n = 13, N = 6)$	Human type I (<i>n</i> = 12, <i>N</i> =7)
SL _e (µm)	2.36 ± 0.05	2.41 ± 0.07	$2.53\pm0.04^{\dagger}$	$2.63\pm0.07^{\dagger}$
A	0.59 ± 0.08	0.85 ± 0.20	0.59 ± 0.12	0.79 ± 0.12
λ (μm)	0.38 ± 0.01	0.38 ± 0.01	$0.46 \pm 0.04^{\dagger}$	$0.47 \pm 0.02^{\dagger}$

Table 1. Parameters of exponential fit of passive force-length relationship in rat and human fibres.

Values are means \pm SE. The start point of the exponential fit (SL_e) was defined as SL where fibre just started to produce detectable passive force. *A* and λ are the scaling constant and the length constant of exponential fit, respectively (see text). Shapiro-Wilk normality test showed all data sets were normally distributed, and statistical differences were examined with Student's unpaired t-test. No significant differences found between type I and type II fibres, in either rat or human. [†] Value in human fibres significantly different from that in same fibre type in rat (*P*<0.05; two-tailed t-test).