# Transition from laminar to turbulent flow in liquid filled microtubes

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#### Abstract

The transition to turbulent flow is studied for liquids of different polarities in glass microtubes having diameters between 50 and 247  $\mu$ m. The onset of transition occurs at Reynolds number ~1800–2000, as indicated by greater-than-laminar pressure drop and micro-PIV measurements of mean velocity and root-mean-square velocity fluctuations at the centerline. Transition at anomalously low values of Reynolds number was never observed. Additionally, the results of more than 1500 measurements of pressure drop versus flow rate confirm the macroscopic Poiseuille flow result for laminar flow resistance to within -1% systematic and  $\pm 2.5\%$  rms random error for Reynolds numbers less than 1800.

# 1 Introduction

The transition from laminar Poiseuille flow to turbulence in a circular tube is a familiar phenomena that is generally understood to have a minimum lower critical Reynolds number between 1800 and 2300.<sup>1</sup> These values have been established on purely empirical grounds, and traditional linear stability does not adequately predict transition.<sup>2</sup> Nonlinear theories,<sup>3,4</sup> low-dimensional models,<sup>2</sup> and simulations<sup>3,5,6</sup> have been considered to explain and predict transition to turbulence in a circular tube, yet many questions remain open regarding the role of disturbances such as acoustic waves, vibrations, inlet agitation, and molecular motion. Such disturbances do not scale with the diameter of the tube, so one must allow for the possibility of their effect when the diameter is reduced to the sub-100  $\mu$ m level commonly dealt with in microfluidics.

In microscale flows of liquids the incompressible, viscous Navier-Stokes equations are expected to describe the fluid motion down to scales of the order of 10 molecular spacings,<sup>7</sup> or until the tube diameter drops well below one micron. It is possible that there is a small effect due to slip in the near vicinity of the wall.<sup>8</sup> For hydrophilic boundaries, closer investigations at the wall suggest that the no-slip boundary condition is valid,<sup>9</sup> but even if the wall material is hydrophobic, the slip length is less than 1  $\mu$ m and the effect of this conservative estimate of slip length on flow resistance is likely to be within any experimental error for flow diameters of the order of 300–400 microns. Other factors, such as such as weak non-Newtonian fluid properties or micro-polar molecular structure, have negligible effects on transition in macroscopic tubes, but might become important in the extremely high shear rates found in microtubes at Reynolds numbers approaching transition. Like the fluctuations described above, these effects also fail to scale only with Reynolds number, and they therefore merit critical examination.

In view of the several factors mentioned above, it is perhaps not surprising that various investigators have interpreted experimentally observed departures from the classical linear relationship between pressure drop and flow rate in microtubes and channels to be a manifestation of anomalous transition to turbulence or non-Newtonian properties. Peng et al.<sup>10</sup> based on measured friction factor versus Reynolds number data, report that transition to turbulence occurs as low as Reynolds numbers of 200–700 in rectangular channels with hydraulic diameter 133 to 367  $\mu$ m, and Mala and Li,<sup>11</sup> again based on measured friction factor versus Reynolds number data, report a departure from expected linear behavior in tubes that may indicate anomalous transition at Reynolds number of 300–900. Other researchers attribute a reduction in expected flowrate to the polar nature of certain liquid molecules for Re~1–20,  $D_h \sim 57 \ \mu m$ ;<sup>12</sup> or they attribute nonlinear pressure drop to surface roughness.<sup>13,14</sup> Wu and Little<sup>14</sup> studied gas flows in channels with  $D_h \sim 50-80 \ \mu m$ , Re  $\sim 200-15000$ , and Qu et al.<sup>13</sup> investigated water flows through trapezoidal channels with  $D_h \sim 50\text{--}170 \ \mu\text{m}$ and Re up to 1500. Although Obot<sup>15</sup> reports that there is "hardly any evidence to support the occurrence of transition to turbulence in smooth microchannels for  $\text{Re} \leq 1000^\circ$ , this conclusion is based primarily on his renormalization of Wu and Little's<sup>14</sup> original data. Renormalization is based on an arbitrary dataset which, in this case, is selected to be the conventional friction factor versus Re data. The renormalization is a potentially useful tool in demonstrating a scaling of the friction factor trends, but does not fully address the question of absolute critical Reynolds numbers observed in microchannels. Additionally, although Peng  $et \ al.^{16}$  suggested early transition based on their data,  $Obot^{15}$  deduces from the same data that no transitional flow was seen to occur below Re < 1000. Despite his deductions based on data from the literature, Obot<sup>15</sup> concludes that "there is a need for carefully crafted experimentation aimed at determining pressure drop.. characteristics."

The purpose of this paper is to report an extensive series of experiments in microtubes with diameters between approximately 50  $\mu$ m and 250  $\mu$ m using liquids of different polarities to quantitatively evaluate the effect of scale on the transition from laminar to turbulent flow. To date, the conclusions regarding anomalous transition to turbulence in microchannels have been drawn based on bulk flow measurements in the absence of supporting statistical velocity data. In the current study, it is shown using both bulk flow resistance data and micro-PIV velocity data that over the range of diameters studied, the transition occurs between 1800 and 2300, in agreement with results for large tubes. Thus, at least down to the scale of 50  $\mu$ m diameter, the transition behaves in a classical manner, unaffected by any of the effects described above.

The experimental study of transition in microchannels is difficult because extreme pressure gradients are needed to achieve the Reynolds numbers at which one expects transition to occur, i.e.,  $\sim 2000$ . Standard techniques for identifying transition either plot friction factor versus Reynolds number and observe deviations from the laminar relationship or measure RMS axial velocity as a function of Reynolds number and identify the Reynolds number at which the RMS increases above zero. To establish transition by either of these criteria, one must be able to identify, with confidence, the characteristics of laminar microtube flow, a subject that one expects, at first blush, to be trivial. However, the body of experimental knowledge concerning the anticipated laminar flow regime in microtubes is complicated by reports in several investigations of nonlinear relationships between pressure drop and flow rate and/or anomalously high pressure drop, suggestive of turbulent flow. Since transition is, by definition, the departure from laminar flow behavior, it is clear that an investigation of transition cannot proceed without first conclusively establishing the nature of laminar flow in microtubes.

The Darcy friction factor for flow in a duct is defined as

$$f = 2D_h \left( -\frac{dP/dx}{\rho U_B^2} \right) \tag{1}$$

where the hydraulic diameter  $D_h = 4A/P$ . A is the cross-sectional area, P is the wetted perimeter,  $\rho$  is the density,  $U_B$  is the bulk velocity, x is the streamwise (axial) direction, and P is the mean pressure. If the fluid obeys Newtonian rheology, the friction factor for steady, fully developed laminar should be given by

$$f = \frac{8C_1}{\operatorname{Re}_{D_h}} \tag{2}$$

where  $C_1$  is a constant that depends on the cross-sectional shape,  $\operatorname{Re}_{D_h} = \rho U_B D_h / \mu$  and  $\mu$ 

is the dynamic viscosity.

For a round cross-section,  $C_1 = 8$ , and the numerator of Eq. 2 has the well-known value of 64. The flow resistance may also be stated in terms of the Poiseuille number, whose definition is

$$\operatorname{Po} \equiv -\frac{1}{\mu} \frac{dp}{dx} \frac{D_h^2}{2U_B} = \frac{f \operatorname{Re}_{D_h}}{4} = 2C_1.$$
(3)

Numerical values of Po for various non-circular channels are tabulated in Sharp et al.<sup>17</sup>

Results found in the literature for various cross-sectional shapes are summarized in Fig. 1(a) in which  $Po/2C_1$  is plotted versus Reynolds number. The theoretical laminar value of  $Po/2C_1$  is unity for each cross-section, and the peak scatter exceeds  $\pm 40\%$  about this value. The scatter is clearly unphysical and much larger than expected for such simple flows. Part of the scatter in Fig. 1(a) may be associated with using the hydraulic diameter to correlate flow resistance in non-circular cross-sections. However, a plot of Po/16 versus Reynolds number using only the data for circular cross-sections (Fig. 1(b)) reveals similarly large scatter. Hence, the validity of the conventional macroscopic description of flow in these microchannels has been called into question. Having performed their recent resistance experiments in microchannels, Pfund *et al.*<sup>18</sup> stated that "After considering experimental uncertainties and systematic errors, significant differences remained between the results and classical theory." Even more recently, Sobhan and Garimella<sup>19</sup> stated that "Given the diversity in the results in the literature, a reliable prediction of the heat transfer rates and pressure drops in microchannels is not currently possible..".

# 2 Experiments

#### 2.1 Apparatus

The experimental apparatus, shown in Fig. 2, operated in a manner similar to a blow-down wind tunnel. Liquid from the charged pressure vessel was forced through a long, nearly-

constant diameter capillary and collected in a weighing vessel, mounted atop an electronic scale. Measurements of the pressure in the pressure vessel and mass flow rate at the outlet were simultaneously acquired by a computer. The gas pressure in the vessel was recorded using a Validyne CD 15-30 pressure transducer. A Sartorius Model BL310 balance was used to collect the fluid as it flowed out of the capillary tube.

The capillaries used in these experiments were fused silica, externally coated with polyimide, obtained from Polymicro Technologies, with nominal inner diameter ranging from 50  $\mu$ m to 250  $\mu$ m. Accurate determination of each capillary diameter was essential to obtain reliable data. The manufacturer's specification of diameter is accurate to within  $\pm 6\%$ . Optical measurements of the inner diameter of the capillary using end-on views through a 40X objective were only accurate to  $\pm 2.5 \ \mu m$ . SEM measurements, accurate to within  $\pm$  3%, of capillary cross-sectional diameters at various positions along the tubes, indicated variations between 0.7% and 4% over less than 20 mm axial separation. To achieve accurate determination of a length-averaged diameter, direct observations were replaced by experiments, accurate to within  $\pm 2.5\%$ , that inferred the diameter from the linear (Poiseuille flow) pressure drop versus the flowrate curve in low-Reynolds number region,  $20 < \text{Re}_D < 400$  in which the flow clearly obeyed classical behavior with  $\Delta p/Q$  constant. (The regions for which  $\text{Re}_{\text{D}} \leq 400$  are noted in Figs. 3(a) and 3(b)). This procedure was verified by comparing measurements of the diameter using different liquids in the same tube. At least two different liquids were used in each of four tubes, and the comparisons of diameter were accurate to within better than 1%. Since data in this range of Reynolds number were used to infer the mean diameter of each tube, we exclude them from the set of data used to characterize the laminar flow that occurs prior to transition, i.e. data for  $\text{Re}_D > 400$ .

De-ionized water, 1-propanol and a 20% solution by weight of glycerol were used as working fluids, and the total viscosity range was 1.8:1. These liquids have different levels of polarity. Measurements were acquired using  $D = 50-247 \ \mu m$ , and for Reynolds numbers in the ranges 20–400 and 400–2900. While the measurement of flow resistance in a capillary is simple conceptually, a number of effects can contribute to experimental error, including entrance effects, induced velocity due to streaming potential, microtube compliance, accuracy of the pressure transducer measurement, accuracy of balance measurement, and temperature variations of viscosity. The magnitudes of the individual effects are discussed in Sharp.<sup>20</sup> Taking all errors into consideration, the measurements of Po and f were expected to be accurate to within  $\pm 2.5\%$  rms.

#### 2.2 Transition and flow resistance

Before discussing the transition to turbulence, we first show that the laminar flow prior to transition obeyed the the relationships accepted for classical Poiseuille flow in round tubes. The pressure drop versus flowrate data from more than 1500 measurements are summarized in Figs. 1(b), 3(a), and 3(b). In Fig. 3(a), the pressure drop is presented in a dimensionless form,

$$\Delta p^* = \frac{\Delta p}{\frac{32\mu^2 L}{\rho D^3}} \tag{4}$$

versus Reynolds number. Thus, the accepted macroscopic Poiseuille flow result corresponds to  $\Delta p^* = \text{Re}_{\text{D}}$ . Clearly, the flow resistance depends linearly on the flowrate up to a critical Reynolds number  $\text{Re}_{D_{\text{crit}}}$  of approximately 2000. (A magnified view of the data for  $\text{Re} \geq 1500$ is presented in Fig. 3(a) in order that the deviations from laminar theory can be better observed.) Below  $\text{Re}_{D_{\text{crit}}}$ , the data verify the linear dependence of pressure drop on flow rate and viscosity over the full range of Reynolds numbers, and the dependence on diameter is verified for  $\text{Re}_D$  above 400. (The dependence on diameter is also believed to be correct for  $\text{Re}_D$  below 400, but since these data were used to determine diameter as discussed previously, the diameter dependence is not strictly verified in the  $\text{Re}_D < 400$  region as it is for  $400 < \text{Re}_D < \text{Re}_{D_{\text{crit}}}$ .)

Fig. 3(b) gives the same results in the conventional form of Darcy friction factor, f, versus Reynolds number, Re<sub>D</sub>. This figure is slightly more revealing, in that one can see the measurements falling systematically below the Poiseuille curve for Re<sub>D</sub> above 400. Generally,

the measured friction factor agrees to within -1% systematic and  $\pm 2.5\%$  rms random error for all experimental Re<sub>D</sub> up to transition (50 < Re<sub>D</sub> < 2000) for water, 1-propanol, and 20% glycerol flowing through fused silica microtubes with  $D \sim 50 \ \mu\text{m}-250 \ \mu\text{m}$ . Occasional discrepancies larger than the error bars tended to occur in the Reynolds number range 1200 < Re < 2000, but in no case is the discrepancy greater than -4%. A likely source of the systematic error lies in the measurement of, or variations in, the diameter of the capillary, but a small microscale physical effect can not be definitively ruled out to within the accuracy of the data. Evenso, for present purposes the data are adequate to prove conclusively that the pressure drop gives absolutely no evidence for transition to turbulence anywhere below the nominal critical value of 2,000.

The present measurements are compared to other experiments in Fig. 1(b). To eliminate any inconsistencies due to channel geometry, the only results presented in Fig. 1(b) are for liquids flowing in circular microtubes. Below  $\text{Re}_D \sim 2,000$  the agreement of the present measurements with the value of unity for laminar Poiseuille is remarkably close when compared with other published results. They scatter about the accepted value almost as much below the critical Re<sub>D</sub> as they do above, suggesting that departures from the laminar Poiseuille value in these experiments should not be attributed to transition. In this plot the present data can be seen to begin to systematically increase above Po/16 = 1 at  $\text{Re}_D = 1800$ , but depending on one's definition, the critical Reynolds number could be assigned an value anywhere from 1,800–2,300.

#### 2.3 Transition and the axial velocity

Using the same flow delivery and test sections described previously, micro-PIV experiments were also performed to quantitatively measure the axial, u, component of velocity within the microtubes. In these experiments, a steady pressure was maintained inside the pressure vessel to within  $\pm 0.4\%$  to produce very nearly steady flow and thereby to permit time averaging. In all cases, the measurements were obtained at a streamwise location, (x/D) that was greater than  $0.06 \text{Re}_D$ , the entrance length needed to achieve fully developed flow.<sup>21</sup> Thus, the flow was not expected to change in the streamwise direction across the length of the PIV image, unless there were spatial-time variations due to turbulence or spatial variations due to surface roughness effects. The micro-PIV measurements were capable of detecting fluctuations in t or x, thereby allowing us to assess each effect.

An optical access window, approximately 8 mm in length for each test section, was created by burning off a small section of polyimide coating. To minimize optical distortion resulting from viewing through a curved surface, the optically-accessible measurement volume was encased in a small glass jig with rectangular cross section and filled with water.

Two 15 mJ/pulse Nd:Yag lasers (New Wave, Inc.) provided illumination. The fluorescent particles (diameter ~ 2  $\mu$ m) had excitation frequencies close to 532 nm, the Nd:Yag wavelength, and emission frequencies in the red spectrum. A filter cube was used to direct the green light entering the back of the microscope through the objective and into the test section, and to prevent stray reflected green (532 nm) light from entering the camera.

A 12-bit cooled TSI PIVCAM 13-8 was used to capture images. This camera has 1280 pixels in the horizontal direction, and 1024 pixels in the vertical direction spaced 6.7  $\mu$ m in each directions. The time between pulses,  $\Delta t$ , was 3  $\mu$ s. TSI's Insight 3.2 software controlled the timing and acquisition of all images, PIV SLEUTH software<sup>22</sup> was used to interrogate them. Interrogation windows of 32 pixels by 128 pixels, each containing approximately 5–10 particles, were used in all but the 100.5  $\mu$ m diameter microtubes. A streamwise offset of up to 80 pixels was used in locating the second interrogation window, depending on the magnitude of  $U_B$ . The spacing between vectors was approximately 16  $\mu$ m in the spanwise direction, except for the smallest diameter case ( $D = 100.5 \ \mu$ m), in which a smaller interrogation windows reduced the spanwise resolution to 8  $\mu$ m.

The micro- PIV measurements were made in an x-y plane passing through the centerline of the circular microtube (x = streamwise coordinate, y = 0 corresponds to the center of the tube in the micro-PIV plane). Despite the steps taken to reduce optical aberration by the walls of the tube, image distortion was significant, so attention was restricted to PIV measurements of  $u_{cl} = u(x, 0)$ , the velocity on the centerline of the tube where the distortion was a minimum.

Statistics of the centerline velocity were averaged in three ways. The spatial average of a PIV field in the x-direction is denoted by  $\langle \rangle_x$ . The time average over multiple PIV fields taken at separated times is denoted by  $\overline{u}$ . Combined averages over x and time are denoted by  $\langle \overline{u} \rangle_x$ . Velocity fluctuations about the time average are denoted by u'.

In Fig. 4 the space-time averaged centerline velocity,  $\langle \overline{u} \rangle_x$  normalized by bulk velocity,  $U_B$ , is compared, as a function of Reynolds number, to the measurements from two macroscale studies<sup>23,24</sup> of transition in pipe flow. According to Poiseuille theory for fully-developed flow, the measured centerline velocity should be  $2U_B$  for Reynolds numbers less than critical, and in this range the present data scatter +/- 10% about the theoretical value. Above the critical Reynolds number in macroscale studies, the centerline velocity decreases smoothly to a value around  $1.2U_B$  as the mean velocity profile becomes flatter than parabolic. To within  $\pm 10\%$ scatter the micro-scale data generally agree with the macroscopic experiments<sup>23,24</sup> through the transition region. The departure from the laminar value of 2.0 at Reynolds numbers less than critical is not unexpected. As noted by Wygnanski and Champagne,<sup>25</sup> "Deviations from a parabolic profile took place long before any turbulence could be observed."

Unsteady fluctuations of the velocity are clear indicators of the transition to turbulence. The root mean square value of the fluctuating centerline velocity, averaged over x, is plotted in Fig. 5 for test sections with  $D \ge 177 \ \mu m$ . In the definitively laminar region,  $\overline{u'^2}$  is expected to be zero. The roughly 1% RMS level observed there is interpreted to be the consequence of slight variations in the total flow rate between PIV frames (0.4%) and measurement noise, which is commonly of order of 1% for PIV measurements. The first evidence of transition, in the form of an abrupt increase in the RMS, occurs between 1800 < Re<sub>D</sub> < 2200, in full agreement with the flow resistance data. There is no evidence of transition below these values. The magnitude of the spatial variations in the current experiments, possibly due to wall roughness, is described by the measured rms spatial variation of the centerline velocity, averaged over x,  $(\sqrt{\langle (\overline{u}(x,y) - \langle \overline{u} \rangle_x(y))^2 \rangle_x})$ . The measured rms spatial variation of the centerline velocity, averaged over x and divided by the measured centerline velocity  $(\langle \overline{u_{cl}} \rangle_x)$ is plotted versus the Reynolds number in Fig. 6 for all PIV test sections. The root mean square value of the spatial variation is consistent with the 1% noise found in Fig. 5. It is concluded that the magnitude of spatial variations due to roughness are within the noise level, if they exist at all. This implies that although microscale effects are plausible, the differences in microscale and macroscale transition to turbulence in a circular tube are not nearly as large as originally thought by Mala and Li<sup>11</sup> and Peng *et al.*<sup>10</sup> It is concluded that the effects of surface roughness are negligible in the current study.

### **3** Summary and Conclusions

The flow of a liquid in microchannels should be represented well by continuum theory unless the channel dimensions approach the slip length at the wall, estimated to occur for channels and tubes whose dimensions lay below a few microns. Despite this expectation, significant departures from continuum macroscale theory have been reported in the literature of microfluidics, and they have sometimes been attributed to unknown microscale effects that produce transition to turbulence at anomalously low Reynolds numbers. To resolve this controversy, experiments have been performed in round glass microtubes with diameters ranging from 50 to 247 microns, using liquids with different levels of polarity. The experiments consisted of accurate observation, in more than 1500 cases, of flow resistance measure by pressure drop and flow rate and velocity fluctuations measured by micro-PIV.

The results show conclusively that below a critical Reynolds number for transition to turbulence the flow is described, to within 1% experimental accuracy, by the classical macroscale result for Poiseuille,  $f = 64/\text{Re}_D$ . More importantly, they show that the transition to turbulence first begins in virtually the same Reynolds number range as that found for macro-scale flow:  $\text{Re}_D = 1,800-2,300$ . Lastly, within the transition range, the behavior of the each microscale flow property — pressure drop, mean velocity and RMS velocity — is consistent with macroscale data. Thus, the behavior of the flow in microtubes, at least down to 50 micron diameter, shows no perceptible differences with macroscale flow. Once demonstrated, the applicability on the microscale of Osborne Reynolds' simple criterion for transition to turbulence may not seem surprising. Evenso, one must be thankful and at least admit to some admiration for a criterion that continues to describe turbulence in, for example, water moving at speeds greater than 150 kph through a tube whose diameter is less than that of a human hair.

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Figure 1: (a) Comparison of  $Po/2C_1$  for microchannels with different channel cross-sections. The theoretical value of  $Po/2C_1$  for all geometries is unity. ( $\blacksquare$ ) Rectangular channels — <sup>12,18,26,27</sup>; ( $\blacktriangle$ ) trapezoidal channels — <sup>13,27-29</sup>; ( $\bullet$ ) Circular tubes — <sup>11,30-33</sup>.



(b)

Figure 1: (b) Po/16 (= Po/2 $C_1$ ), for liquid flows in circular microtubes. (•) current results; ( $\nabla$ ) <sup>11</sup>; (o) <sup>32</sup>; ( $\diamond$ ) <sup>30</sup>; ( $\Box$ ) <sup>33</sup>.



Figure 2: Experimental setup for single-phase flow resistance study using liquid flow driven by gas pressure.



Figure 3: (a) Normalized pressure drop,  $\Delta p^*$  versus  $\operatorname{Re}_D$ . The region for which  $\operatorname{Re}_D \geq 1500$  is magnified in the inset.



(b)

Figure 3: (b) Friction factor, f, versus  $\operatorname{Re}_D$ .



Figure 4: Centerline velocity measured using PIV  $(\langle \overline{u_{cl}} \rangle_x)$  divided by the bulk velocity,  $U_B$ , versus  $\text{Re}_D$ .



Figure 5: Measured root mean square of the centerline velocity, averaged over  $x, (\sqrt{\langle \overline{u_{cl}^{'2}} \rangle_x}),$ divided by the measured velocity,  $(\langle \overline{u_{cl}} \rangle_x)$ , versus  $\text{Re}_D$ .



Figure 6: Measured spatial variation of the centerline velocity, averaged over x,  $(\sqrt{\langle (\overline{u}(x,y) - \langle \overline{u} \rangle_x(y))^2 \rangle_x})$ , divided by the measured centerline velocity,  $(\langle \overline{u_{cl}} \rangle_x)$ , versus  $\operatorname{Re}_D$ .

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