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# Computer Aided Autism Diagnosis Using Diffusion Tensor Imaging

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**ABSTRACT** Autism Spectrum Disorder (ASD), commonly known as autism, is a lifelong developmental disorder associated with a broad range of symptoms including difficulties in social interaction, communication skills, and restricted and repetitive behaviors. In autism, numerous studies suggest abnormal development of neural networks that manifest itself as abnormalities of brain shape, functionality, and/ or connectivity. The aim of this work is to present our automated computer aided diagnostic (CAD) system for accurate identification of autism based on the connectivity of the white matter (WM) tracts. To achieve this goal, two levels of analysis are provided for local and global scores using diffusion tensor imaging (DTI) data. A local analysis using Johns Hopkins WM areas' atlas is exploited for DTI atlas-based segmentation. Furthermore, WM integrity is examined by extracting the most notable features representing WM connectivity from DTI. Interactions of WM features between different areas in the brain, demonstrating correlations between WM areas were used, and feature selection among those associations were made. Finally, a LOSO classifier is employed to yield a final per-subject decision. The proposed system was tested on a large dataset of 263 subjects from NDAR database with their Autism Diagnostic Observation Schedule (ADOS) scores and diagnosis (141 typically developed: 66 males, and 75 females, and 122 autistics: 66 males, and 56 females), with ages ranging from 96 to 215 months, achieving an overall accuracy of 73%. In addition to this achieved global accuracy, diagnostically-important brain areas were identified, allowing for a better understanding of ASD-related brain abnormalities, which is considered as an essential step towards developing early personalized treatment plans for children with autism.

**INDEX TERMS** Autism Spectrum disorder, connectivity, diffusion, DTI, dwMRI, gray matter and White matter.

#### I. INTRODUCTION

Autism spectrum disorder is a neuro-developmental syndrome that affects both communications skills, and behavioral and social interaction [1, 2, 3]. Causes behind ASD are not fully understood, and numerous hypotheses and theories have been proposed for its aetiology . Research suggests that this is a complex or multifactor condition, wherein both genes and environmental influences offer additive effects for symptoms expression. Some investigators hypothesize that ASD symptoms are linked to structural [4] or connectivity [5] anomalies, whereas others suggest a malleable abnormality that ties varying brain functionality to the performance of different tasks [6]. In order to study different types of abnormalities correlated with ASD, several magnetic resonance imaging (MRI) based modalities have been used, such as: (i) structural MRI (sMRI) for studying anatomical features, (ii) functional MRI (fMRI) for studying brain activities, and (iii) diffusion tensor imaging (DTI) for studying brain connectivity. This paper focuses on the latter perspective; using DTI as a way of diagnosing ASD.

DTI has drawn a lot of attention over the last two decades as it allows the analysis of the structural connectivity of the brain white matter (WM) [7]. Although a lot of information could be revealed from the axonal organization, conventional MRI techniques were not capable of capturing this information due to limited resolution and contrast. Fortunately, this has been achievable using DTI, which is characterized by its diffusion anisotropy contrast that reveals information about

axonal orientation. DTI is based on the diffusion of water molecules, which is easier in the direction of the axonal bundles compared to the perpendicular direction, making it feasible to determine axonal direction. In DTI, the diffusion of water molecules is measured along six predetermined directions, from which the diffusion along any arbitrary direction can be calculated. This is mathematically represented by a  $3 \times 3$  matrix, called the diffusion tensor [8], usually interpreted graphically as an ellipsoid. Several features can be extracted from the diffusion tensor, most importantly, fractional anisotropy (FA), axial and radial diffusivity, and mean diffusivity (MD) [9]. Those measured parameters provide information about WM micro-structure and connectivity [10]. Other features derived from those measurements, such as trace, skewness, rotational invariance, and others, characterize different aspects of diffusivity in WM tracts [11].

Several studies [6, 12, 13, 14, 15, 16, 17, 18, 19, 20] have been carried out using DTI to investigate the presence of abnormalities in the WM in individuals with ASD. [6] used DTI to compare the structure of the white matter of individuals with ASD to that of typically developed (TD) subjects. In their work, they took into consideration IQ, age and gender. They found that the FA had lower values in the case of ASD in some white matter regions of the brain that are known to be associated with social cognition e.g., temporoparietal junction, superior temporal sulcus, ventromedial prefrontal cortex, fusiform gyrus, and anterior cingulate; however, their study did not report any alterations that might occur to the MD values. In addition to FA values, MD values were also obtained by [12] for the corpus callosum. Their work showed a reduction in the FA values and an increase in the MD values of the total corpus callosum for individuals with ASD as compared to TD subjects. Higher MD and radial diffusivity with reduced FA in autistic subjects was reported by [13]. Another study [14] examining the frontal lobe white matter reported FA values and a higher diffusion coefficient in ASD.

The integrity of WM was examined using DTI by [15] for ASD and TD subjects with and without age and IQ correction. The individuals with ASD were found to have a higher MD over the WM of the cerebellum and cerebrum, regardless whether the correction was performed or not. They also noted decreased FA values for the left and right superior and inferior longitudinal fasciculus, and in the left corona radiata in cases of ASD when age and IQ were taken into consideration; however, this decrease almost disappeared after performing age and IQ correction. Their analysis inferred that the kurtosis of the distribution of FA values of WM is higher in cases of ASD. [16] presented a comprehensive review on 48 studies that were carried out from 2004 to 2012 for the purpose of studying the WM integrity of ASD using DTI. The review showed an agreement between these different studies in that individuals with ASD have lower WM integrity over many regions of interest as compared to TD individuals, reflected as lower values of FA and higher values for MD. The results were highly consistent in regards to some regions of interest, e.g., cingulum, corpus callosum. [19] reviewed some of the

current structural and functional connectivity ASD data to examine the 'disrupted connectivity' theory. They identified many confounds in the literature that could have affected the conclusions and highlighted the conflicting results. In [20], correlations between autism-spectrum quotient (AQ) and DTI parameters (FA, MD, AD, RD) were examined in white matter tracts that were altered in previous studies for obsessive-compulsive disorder (OCD) patients with ASD traits. Their results suggested that variations in WM features may be explained partially by autistic traits in OCD patients.

In one study of 75 subjects, [21] showed a diagnostic predictive capability, with 80% accuracy, based on FA and MD. Another study that aimed to provide classification of autism, performed on 73 subjects used the shape of white matter tracts to achieve an accuracy up to 75% [22]. In [18], WM connectivity was analyzed and its integrity was used in the diagnosis of autism in 38 balanced-groups of infants.

As concluded from similar investigations, neither the under-connectivity nor the over-connectivity of the brain hypothesis can successfully describe the deviations of the ASD population alone [23]. Despite the numerous efforts to detect autism-related variations using imaging, there is no robust, effective CAD system that is able to both diagnose autistics and place them within a severity spectrum. This is what originated the idea of using DTI in order to develop an extensive automated diagnosis system that can resolve autism endophenotypes and help the clinician deliver personalized treatment plans to individuals with autism.

#### **II. METHODOLOGY**

The primary objective of this work is to extract informative local white matter features for each brain area that can be used to discriminate an autism diagnosis. Fusing the results of those local associations would help obtain an accurate global diagnostic decision per subject. The framework mainly consists of three stages: first, a preprocessing step is carried out to reduce imaging artifacts and eliminate non-brain tissues. The second stage is feature calculation, extraction, and selection, including the use of an atlas-based segmentation technique to allocate features for each area. The third stage is a classification step that is used for obtaining the final diagnosis, as well identifying specific brain areas that offer best help to differentiate ASD from neurotypical. Details of the proposed framework as well as experimental results are discussed in the next sections.

#### A. WHITE MATTER CONNECTIVITY ANALYSIS:

For each subject, white matter was studied using diffusion tensor imaging (DTI) information. In DTI, a 3x3 diffusion tensor describes the behavior of each voxel. To find the principal diffusion directions, the 3 eigenvalues  $\lambda_1$ ,  $\lambda_2$ , and  $\lambda_3$  and their corresponding eigenvectors  $v_1$ ,  $v_2$  and  $v_3$  are calculated, where the eigenvector corresponding to the largest eigenvalue is the principle diffusion direction (i.e, diffusion across the fiber) while the other two eigenvectors correspond

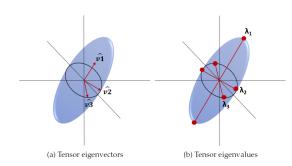


FIGURE 1: Graphical representation of diffusion tensor using the ellipsoid model using three eigenvectors that define the orientation of the ellipsoid in 3D, and three eigenvalues that define the principal axes values of the ellipsoid.

to the radial diffusion directions (i.e, diffusion perpendicular to the fiber) as illustrated in FIGURE 1 [24].

A special case is an isotropic medium, where the diffusion ellipsoid takes the shape of a sphere where  $\lambda_1 = \lambda_2 = \lambda_3$ . In the case of an anisotropic medium, the diffusion is represented as an ellipsoid as shown pointing in the  $v_1$  direction of  $\lambda_1$ . There are six output features obtained from DTI that are the most commonly used anisotropy measurements describing white matter connectivity:

- Fractional Anisotropy (FA): The most widely used measurement of anisotropy, a scalar value between 0 and 1 that determines the diffusion integrity. As FA approaches 0, the diffusion is considered to be isotropic while higher values mean that the diffusion tends to be in a uniform direction (i.e,the principal eigenvector direction) [24, 25].
- 2) Mean diffusivity (MD): Average diffusion measurement that gives an overall assessment of the diffusion in a voxel,  $MD = \frac{1}{3}(\lambda_1 + \lambda_2 + \lambda_3)$ .
- 3) Axial diffusivity (AD): Measures the diffusion along the principal axis.  $AD = \lambda_1$ .
- , 5) Radial diffusivity in the two perpendicular vectors to the principle diffusion vector: λ<sub>2</sub>andλ<sub>3</sub>.
- Skewness: a 3<sup>rd</sup> order measurement, characterizing the shape of the diffusion tensor, which is not captured by FA or other lower order measurements [11]. Skewness = (λ<sub>1</sub>-MD)<sup>3</sup>+(λ<sub>2</sub>-MD)<sup>3</sup>+(λ<sub>3</sub>-MD)<sup>3</sup>/3.

In the present study, FSL toolbox https://fsl.fmrib.ox.ac.uk was used for DTI computation. The eddy current correction [26] and brain extraction using BET algorithm [27, 28] were applied prior to calculating the diffusion tensor. FIGURE 2 shows an example of the tensor visualization.

The calculated features are then aggregated over the 48 local regions defined by Johns Hopkins WM atlas parcellation [29] using DTI-TK software. The atlas-based segmentation task is elaborated in the next subsection. Finally, the rest of the proposed algorithm is implemented in Matlab.

#### 1) Brain parcellation into local brain areas:

After calculating the above metrics at each vertex, it is important to allocate those metric values into local brain regions. An atlas-based segmentation approach is adopted, where we treat the area's segmentation problem as a registration task. In this step, Johns Hopkins WM atlas [29] along with its labeled areas are used. John Hopkins is an ICBM coordinate-based WM atlas which defines 48 brain areas that were hand segmented from 81 different subjects. A registration from the MNI atlas space to each subject's space using DTI-TK software [30] is performed, as it supports interoperability with FSL. After atlas-subject registration, an affine transformation is applied to JHU atlas labels, providing WM areas masks for each subject. Thus, we can get local features for each WM area that are used at the local classification level.FIGURE 3 shows the entire diagnosis pipeline. The main advantage of this technique is that it is scalable, automated, and has high accuracy.

#### 2) Feature selection:

The above mentioned procedures provide 6 features (FA, MD,  $\lambda_1, \lambda_2, \lambda_3$ , and Skewness) for each voxel, per each subjects. All of those are raw values per voxel, some vectors are tens of thousand in length per area. To provide a compact representation, we calculate a short summary statistics vectors (mean  $[\mu]$ , standard deviation  $[\sigma]$ , and skewness  $[E(x-\mu)^3/\sigma^3]$ ) for each area. Then, we concatenate those summary statistics resulting in a feature vector of length 18 per each area (6 feature types  $\times$  3 summary statistic vector length). Instead of using those direct features, we derive new ones capturing the implicit relationships between different brain areas' values, calculated as the correlation between the feature vectors of each two areas. We reduce this huge feature space  $(48 \times 48)$ per subject), relative to the sample size (263 subjects), by extracting only the important discriminatory features, to build our diagnosis algorithm. For this purpose, we used a simple filtering method known as the signal to noise ratio (s2n) filter [31]. In this method, we rank each feature based on a score representing the ratio between the absolute difference of the means of the two classes and their variance, given by

$$s2n(X_i, Y) = \frac{abs(\mu(y_+) - \mu(y_-))}{var(y_+) + var(y_-)}$$
(1)

where  $X_i$  is the feature vector, and Y is class label,  $\mu(y_+)$  is the mean value for class  $y_+$  vectors, and  $var(y_+)$  is the variance for this class. FIGURE 4 illustrates the adopted feature selection technique. Then, we use only the highest-ranking features in next steps.

#### **B. ASD DIAGNOSIS**

Using the local features extracted from DTI, each of the extracted feature for each of the white matter areas were used separately to distinguish between ASDs and TD subjects on the global level. The contribution of each added feature on the diagnostic accuracy is shown, highlighting those that were most related to autism. A number of classifiers from diverse classifier algorithms were tested, including Support Vector

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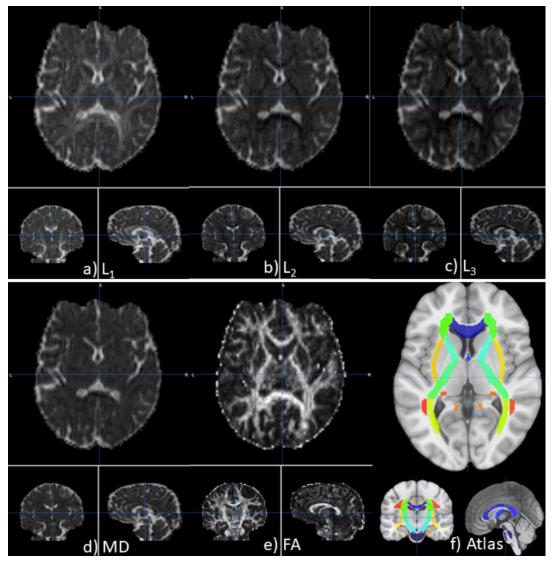


FIGURE 2: Example of extracted features from one subject DTI brain, (a) Axial diffusivity  $\lambda_1$ , (b) Radial diffusion  $\lambda_2$ , (c) Radial diffusion  $\lambda_3$ , (d) Mean Diffusivity MD, (e) Fractional Anisotropy FA, (f) Labeled WM areas of John Hopkins Atlas, each color identifies here different WM area.

Machine, k-Nearest Neighbor (KNN), decision trees, neural networks (NN), and deep NN with auto-encoders and experiments show better performance in terms of cross-validated accuracy and time for Support Vector Machine (SVM). Linear SVM-classifiers were used on each classification level, that takes correlation features as inputs and outputs a probability that a subject is autistic from the given areas for which information is provided. Normally, not all areas will give significant discrimination between autistic and TD subjects, so first n features, are used in classification, where n is determined empirically. FIGURE 3 shows the pipeline of the entire diagnostic framework.

### **III. EXPERIMENTAL RESULTS**

Data for this experiment were obtained from the National Database for Autism Research (NDAR) [32]. Anonymized

MRI scans were obtained for 263 subjects (131 females and 132 males, 122 autistic and 141 typically developed). The subjects' ages were between 96 to 215 months, and they had IQs ranging between 84 and 118.

To ensure system robustness, we used leave-one-subjectout (LOSO) cross-validation at all runs. For each WM area, overall accuracy, sensitivity, and specificity were calculated.

To obtain the subject's global diagnosis decision, two steps are used. First, features are ranked based on the s2n score, then iteratively first n is fed to next step, with n starting from 1 to 250. Selected features are concatenated, and SVM classifiers are used to obtain probabilities of being autistic given this new feature vector, providing a single global decision per subject, which achieved a diagnostic accuracy of 73%, sensitivity of 70%, and specificity of 76%. This performance was achieved using n = 79 correlations. The most significant of these region This article has been accepted for publication in a future issue of this journal, but has not been fully edited. Content may change prior to final publication. Citation information: DOI 10.1109/ACCESS.2020.3032066. IEEE Access

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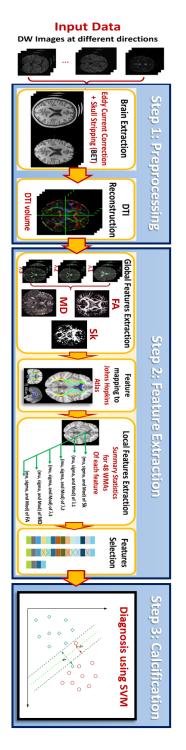


FIGURE 3: DTI experiment pipeline, where the brain is extracted, preprocessed, features calculated, atlas based segmentation performed, and selected features are incorporated for final classifiers.

## Algorithm 1 DTI-based ASD diagnosis system

#### 1: $\forall$ dwMRI subject's data :

- 2: 1. run preprocessing modules:
- 3: i) Eddy Current Correction
- 4: ii) Apply brain mask generated by Brain Extraction Tool
- 5: 2. Feature Calculations:
- 6: i) Use FSL to calculate DTI Tensor, scale units, calculate  $\lambda_1, \lambda_2, \lambda_3$ , FA, MD, sk volumes
- 7: ii) Register DTI MNI space IIT Human Brain Atlas to each subject using DTI-TK
- 8: iii) Apply resulted transformation on the JHU atlas labels
- 9: iv) Use registered labels to extract feature per each WM area
- 10: v) Calculate summary statistics ( $\mu$ ,  $\sigma$ , Skwns) for each area for each feature, rank feature values across the different 48 brain areas, get feature vector.
- 11: vi) Calculate correlations between feature vectors of each two areas
- 12: vii) Use s2n filter to rank correlation-features
- 13: 3. Classification:
- 14: i) iterate on n from 1 to 250.
- 15: ii) Feed first *n* ranked ordered feature for all subjects to an SVM classifier
- 16: iii) Give a final diagnosis for each subject, whether TD or ASD
- 17: **End**.

TABLE 1: Top ten pairs of white matter areas whose featurevector correlations provides separability with highest rank according to s2n filter. Regions represented in both hemispheres are annotated with L (left) or R (right) if only one hemisphere is involved, or with B (bilateral) otherwise.

Rank	Area 1	Area 2
1	Superior longitudinal fasciculus R	Anterior corona radiata R
2	Body of corpus callosum	Genu of corpus callosum
3	Superior longitudinal fasciculus R	Sagittal stratum
4	Tapetum L	Middle cerebellar peduncle
5	Splenium of corpus callosum	Middle cerebellar peduncle
6	External capsule L	Middle cerebellar peduncle
7	Cingulum L	Corticospinal tract R
8	Stria terminalis R	Superior corona radiata L
9–10	Superior longitudinal fasciculus L	Posterior corona radiata B

pairs are listed in TABLE1.

#### **IV. DISCUSSION**

The most important regional correlations for distinguishing ASD from control 1 are a diverse group, but they fall into five categories. First is the middle cerebellar peduncle (mcp) as it correlates with the splenium of the corpus callosum, the left external capsule (ec), and the left tapetum. The uncinate fasciculus is a fiber pathway through the ec, which links the ventral frontal cortex, in particular Brodmann areas 11 and 47, with the temporal pole [33]. Commissural fibers of the



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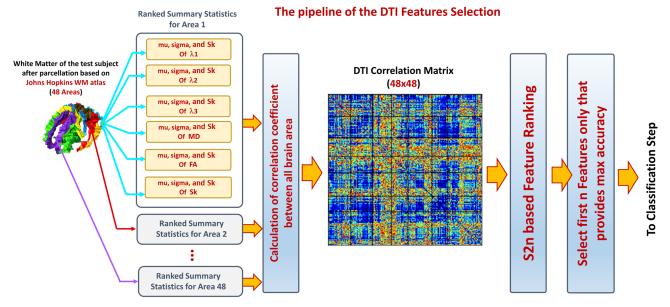


FIGURE 4: DTI feature extraction procedure

left temporal pole, and of the temporal lobe in general, pass through the left tapetum on their way to or from the splenium. The mcp on the other hand carries signals from the cerebral cortex and subcortical regions, via the pontine nuclei, into the cerebellar cortex.

Next are correlations between the superior longitudinal fasciculus (SLF) on the right hemisphere with ipsilateral sagittal striatum (SS) and anterior corona radiata (CR), and between SLF in the left hemisphere with bilateral posterior CR. The SLF is a bidirectional pathway along the anterior-posterior direction through which different lobes communicate with each other [34]. Thalamocortical fibers pass through the SS and CR, where they intermingle with callosal axons [35]. In this category as well as the first, we see in ASD a difference in the microstructure of cortico-cortical pathways relative to pathways linking the cerebral cortex with outside regions.

Output from the left motor cortex passes through the corticospinal tract on the opposite side. Communication between left motor and premotor areas meanwhile makes use of pathways through the left cingulum. The middle segment of the cingulum would be involved in particular; however, the atlas used in this study does not parcellate the cingulum further, so we were only able to identify altered correlation between left cingulum as a whole and right corticospinal tract. Still, this once again suggests changes in a cortical area's connectivity with elsewhere in the cortex vis-à-vis regions outside the cortex.

The superior CR contains sensorimotor fibers of the posterior frontal/anterior parietal cortex. The microstructure of this region by itself has been found to differ between ASD and typically developing children [36]. The stria terminalis contains efferent fibers from the amygdala, which terminate in several nuclei of the hypothalamus and regulate the stress response. We might hypothesize that the increased stress response seen in ASD [37] is normal hypothalamic activation triggered by abnormal sensory processing. While the differences in the superior CR found by Pryweller and colleagues [36] were more pronounced in the left hemisphere, statistical testing did not find this significant. Nor was there any significant distinction between superior CR and other sensory processing pathways they investigated; all showed increased apparent diffusivity in ASD. It is not clear why in our study left superior CR, relative to stria terminalis, particularly stood out.

Differences in the microstructure of genu and body of the corpus callosum relative to each other are harder to interpret, given that they are complementary parts of the same structure, containing commissural fibers from distinct regions of the cortex. It may be of significance that the sections of the corpus callosum develop at different gestational ages. The axons forming the genu grow first, starting in the twelfth or thirteenth week of gestation, followed by the body and splenium in anterior-posterior order, and finally the rostrum [38]. Could this be a clue to pinpointing the developmental stage at which the propensity for developing ASD originates?

There remain many challenges and potential enhancements to be investigated in future work. Whilst the system is well tested and its robustness is assured on only parts of our dataset, different datasets are needed to assure the generalizability of the results. Also, more medical interpretation and statistical analysis are needed to map the impacted regions to the corresponding expected behaviors. The differences in regional correlations we have found so far will be useful for constructing testable hypotheses in that regard. Though many registration tools were tested on the dataset bulk, a tailored manual enhancement for area parcellation of each subject can lead to better feature details and hence improved performance.

Although the system is well tested and its robustness is assured on current dataset, more datasets is needed to

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check the extendibility and generalization of the results. Verifying the proposed framework on different dataset would validate the result and enhance findings. The next steps for our implemented CAD is to include different image modalities, such as structural or functional MRI. In this way, the CAD system will be able to study shape, connectivity and even functionality, getting most informative abnormality measures, which might enhance its accuracy, provide better understanding and personalization, towards an integrated full system for autism prediction and diagnosis.

### A. CONCLUSION

In summary, the proposed diagnosis framework achieved various goals. First, beside accomplishing a high diagnostic decision, it allows for a better understanding of the areas in the white matter impacted by ASD instead of just deciding whether a subject is autistic. This should in turn lead to a better understanding of an autistic individuals' behavior and predictability of disorder development for those at risk. The reported accuracy is in the high-range of those reported in the literature using DTI, with a larger sample size of 263 subjects. In addition, our system offered scalability, where additional data sources or imaging modalities could be integrated to the model, and its contribution to the decision could be considered separately or jointly.

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