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## Perceptual-Motor Activity Resource Book

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PERCEPTUAL-MOTOR ACTIVITY  
RESOURCE BOOK

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THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN

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PERCEPTUAL-MOTOR ACTIVITY  
RESOURCE BOOK

by

SUSAN RUTH CHAPMAN, B.S.ED.

RESEARCH PROJECT REPORT

Presented to the Faculty of Arts and Education

The University of Texas of the Permian Basin

in Partial Fulfillment

for the Degree of

MASTER OF ARTS AND EDUCATION

THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN

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### Abstract

This paper gives a brief summary of the perceptual-motor theories of Kephart, Cratty, and Delacato, and discusses some of the research resulting from their theories. It also includes a resource book of perceptual-motor activities covering the areas of gross-motor skills, fine-motor skills, spatial awareness, body image, and laterality/directionality. The activities have been arranged in chronological order according to skill level. The resource book is a compilation of materials from a perceptual-motor workshop held in the summer of 1978 by the University of Texas of the Permian Basin.