University of Texas of the Permian Basin FalconCommons

College of Arts & Sciences

**Dissertations & Theses** 

Spring 5-2009

# Posttraumatic Stress Disorder in Combat Veterans and the Effect on their Life and Marital Satisfaction

Amy Rodriguez Alford University of Texas Permian Basin

Follow this and additional works at: https://falconcommons.utpb.edu/utpb-cas

Part of the Cognition and Perception Commons, Family, Life Course, and Society Commons, Marriage and Family Therapy and Counseling Commons, and the Psychiatric and Mental Health Commons

### **Recommended Citation**

Alford, Amy Rodriguez, "Posttraumatic Stress Disorder in Combat Veterans and the Effect on their Life and Marital Satisfaction" (2009). *College of Arts & Sciences*. 12. https://falconcommons.utpb.edu/utpb-cas/12

This Thesis is brought to you for free and open access by the Dissertations & Theses at FalconCommons. It has been accepted for inclusion in College of Arts & Sciences by an authorized administrator of FalconCommons. For more information, please contact pappas\_j@utpb.edu.

POSTTRAUMATIC STRESS DISORDER IN COMBAT VETERANS AND THE EFFECT ON THEIR LIFE AND MARITAL SATISFACTION

APROVED BY SUPERVISORY COMMITTEE:

inda Linda Montgomery,

Chair Ah la James Olson, Ph.D.

Spencer Thompson, Pt

Roy Hurst, Ph.D. Graduate Faculty Representative

# POSTTRAUMATIC STRESS DISORDER IN COMBAT VETERANS

## AND THE EFFECT ON THEIR LIFE AND

MARITAL SATISFACTION

Ву

### AMY RODRIGUEZ ALFORD, B.A.

### THESIS

Presented to Graduate Faculty of Psychology The University of Texas of the Permian Basin in partial Fulfillment of Requirements for the Degree of

MASTERS OF ARTS

THE UNIVERSITY OF TEXAS OF THE PERMIAN BASIN

MAY 2009

#### Abstract

Various studies have been conducted within our United States military service members and their problems with posttraumatic stress disorder (PTSD). There are several factors as to why a combat veteran can develop PTSD (Committee on Gulf War and Health, 2008). PTSD could effect their life and marital satisfaction. The present study consisted of 15 married couples, in which the husband has served combat duty in Irag or Afghanistan. The total level of PTSD symptomology was compared to each individual's life and marital satisfaction. There was no significance correlations found between the husbands' PTSD symptoms and their quality of life, nor for their marital satisfaction. The wives indicated less satisfaction with both their marriages and their lives, as they perceived their husband to have more PTSD symptoms.

iv