1	AKAP79 enables calcineurin to directly suppress protein kinase A
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20	Abstract
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Interplay between the second messengers cAMP and Ca²⁺ is a hallmark of dynamic cellular processes. A 22 common motif is the opposition of the Ca²⁺-sensitive phosphatase calcineurin and the major cAMP 23 24 receptor, protein kinase A (PKA). Calcineurin dephosphorylates sites primed by PKA to bring about 25 changes including synaptic long-term depression (LTD). AKAP79 supports signaling of this type by 26 anchoring PKA and calcineurin in tandem. In this study, we discovered that AKAP79 increases the rate of 27 calcineurin dephosphorylation of type II PKA regulatory subunits by an order of magnitude. Fluorescent 28 PKA activity reporter assays, supported by kinetic modeling, show how AKAP79-enhanced calcineurin 29 activity enables suppression of PKA without altering cAMP levels by increasing PKA catalytic subunit capture rate. Experiments with hippocampal neurons indicate that this mechanism contributes towards 30 31 LTD. This non-canonical mode of PKA regulation may underlie many other cellular processes.

32 Introduction

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Cyclic adenosine monophosphate (cAMP) and Ca^{2+} are ancient second messengers that are fundamental 34 to the regulation of many dynamic cellular processes including synaptic plasticity (Huang et al., 1994), 35 36 heart contraction (Bers et al., 2019), and glycogen metabolism (Roach et al., 2012). Crosstalk between the 37 two second messengers is a common feature of cellular signaling. For example, cAMP can enhance cvtosolic Ca²⁺ entry by triggering phosphorylation of key ion channels (Qian et al., 2017; Schmitt et al., 38 39 2003) by its major intracellular receptor cAMP-dependent protein kinase, also known as Protein Kinase A 40 (PKA). Similarly, Ca²⁺ can regulate cAMP levels by altering activities of both phosphodiesterases (Baillie et al., 2019) and adenylyl cyclases (Qi et al., 2019). At the receptor level, a common signaling motif is the 41 opposition of PKA and the highly-abundant Ca^{2+} -sensitive phosphatase calcineurin (CN), with CN 42 triggering cellular changes by removing phosphate from substrates primed by PKA. Notable examples of 43 44 this motif are the regulation of postsynaptic substrates including AMPA-type glutamate receptors in the 45 induction of long-term depression (LTD) of synaptic strength (Bear, 2003), and control of NFAT nuclear 46 localization in immune responses (Hogan, 2017). According to current consensus, in these cases CN 47 dephosphorylates substrates without any requirement for directly altering PKA activity (Dittmer et al., 48 2014; Lu et al., 2011; Tunquist et al., 2008; Weisenhaus et al., 2010; Zhang & Shapiro, 2016). This 49 implies that energetically-costly futile cycles of phosphate addition and removal by PKA and CN must 50 persist to maintain dephosphorylated substrate. It would be more logical for PKA activity to be switched 51 off when CN is activated during substrate dephosphorylation. Uncovering the mechanism to achieve this 52 is the focus of this study.

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54 Recent years have seen renewed interest in mechanisms for regulating the release and re-capture of PKA 55 catalytic subunits (Bock et al., 2020; Gold, 2019; Zhang et al., 2020), including new data that hint at how 56 CN might directly suppress PKA activity. PKA is comprised of regulatory subunit dimers that bind and 57 sequester PKA catalytic (C) subunits in an inhibited state (Taylor et al., 2019). PKA regulatory subunits 58 are classified into type I subunits (RI α and RI β) that are predominantly cytosolic, and type II subunits 59 (RIIa and RIIB) that co-sediment with membranes (Gold, 2019). The regulatory subunit inhibitor 60 sequence (IS) is phosphorylated upon association with C subunits for RII but not RI subunits, which bear 61 alanine in place of serine in the phospho-acceptor site (S98 in RIIa). Quantitative immunoblotting and 62 mass spectrometry (MS) have recently shown that PKA regulatory subunits - and particularly RII 63 subunits – greatly outnumber PKA C subunits (Aye et al., 2010; Walker-Gray et al., 2017) throughout the 64 body. In addition, Zhang and co-workers (Zhang et al., 2015) have extended earlier observations (Rangel-65 Aldao & Rosen, 1976) to quantify differences in the rate of C subunit binding to RII subunits either

phosphorylated (pRII) or dephosphorylated at the IS. Remarkably, the kon rate for C subunit association is 66 67 ~50 times faster for dephosphorylated RII than pRII (Zhang et al., 2015) (*Figure 1A*). In theory, rapid 68 dephosphorylation of RII subunits by CN could directly suppress PKA activity by increasing the rate of C 69 subunit capture thereby reducing the proportion of C subunits that are dissociated (Buxbaum & Dudai, 70 1989; Isensee et al., 2018; Ogreid & Doskeland, 1981; Stemmer & Klee, 1994; Zhang et al., 2015; Zhang 71 et al., 2012). While recent observations concerning PKA subunit stoichiometry and pRII/RII binding 72 kinetics support this notion, isolated pRII is a low affinity substrate for CN with a half-maximal substrate 73 concentration (K_m) above 20 µM (Blumenthal et al., 1986; Perrino et al., 1992; Stemmer & Klee, 1994). 74 Therefore, pRII dephosphorylation by CN would not be expected to occur to a meaningful degree at 75 physiological concentrations in the absence of an additional factor.

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77 Anchoring proteins support signal transduction by elevating effective local concentrations of signaling 78 proteins, and therefore theoretically an AKAP might support pRII dephosphorylation by CN in cells 79 (Gildart et al., 2020). A-kinase anchoring protein 79 (AKAP79; rodent ortholog AKAP150, gene name 80 AKAP5) is a prototypical mammalian anchoring protein with several features that indicate it could 81 operate in part by increasing the effective protein concentration of pRII subunits for CN. AKAP79 can 82 simultaneously anchor both CN and PKA (Coghlan et al., 1995). It contains an amphipathic anchoring 83 helix (Gold et al., 2006; Kinderman et al., 2006) for binding RII subunits, and a short linear 'PIAIIIT' CN 84 anchoring motif (Dell'Acqua et al., 2002; Li et al., 2012). The two anchoring sites are separated by only 85 ~50 amino acids in the primary sequence within the C-terminus of AKAP79 (Figure 1B). AKAP79 is 86 localized in dendritic spines where it is required for anchoring RII subunits (Tunquist et al., 2008). The 87 anchoring protein is necessary for both induction of long-term depression (LTD) of CA3-CA1 88 hippocampal synapses (Lu et al., 2008; Tunquist et al., 2008; Weisenhaus et al., 2010), and for CN-89 mediated dephosphorylation of NFAT (Kar et al., 2014; Murphy et al., 2014) – both processes that are 90 driven by CN dephosphorylation of sites primed by PKA. Despite these characteristics, the possibility 91 that AKAP79 could support pRII dephosphorylation by CN has been disregarded perhaps because 92 paradoxically AKAP79 acts as a weak inhibitor for CN dephosphorylation of 20-mer peptides 93 corresponding to the phosphorylated RII IS (Coghlan et al., 1995; Kashishian et al., 1998). We reasoned 94 that these assays could be misleading since peptide substrates are not subject to anchoring alongside CN 95 that occurs for full-length RII subunits. To resolve this issue, in this study we measured how AKAP79 alters CN activity towards full-length pRII subunits. We went on to determine if AKAP79 can reduce the 96 97 fraction of dissociated C subunits in concert with CN using fluorescence-based assays supported by 98 kinetic modeling, before substantiating our observations in hippocampal neurons.

99 **Results**

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101 AKAP79 enables CN to efficiently dephosphorylate RII subunits at physiological concentrations

102 We set out to determine whether AKAP79 can increase CN dephosphorylation of full-length RII subunits phosphorylated at the IS. Using purified proteins (*Figure 1-figure supplement 1*), we compared ^{32}P 103 104 release from either pRII α (*Figure 1*C) or pRII β (*Figure 1*D). Thirty second reactions were initiated by 105 addition of excess Ca²⁺/calmodulin (CaM) to 10 nM CN and 400 nM pRII subunits. For pRIIa without 106 AKAP79, phosphate was released from only 0.36±0.13 % of the subunits (black, *Figure 1*C). Inclusion of 107 full-length AKAP79 in the reaction mix increased phosphate release by 12.4-fold ($p = 7.4 \times 10^{-6}$) to 108 4.52±0.26 % pRIIa subunits (light blue, *Figure 1C*). Removing the PIAIIIT anchoring sequence in 109 AKAP79 (Δ CN) returned dephosphorylation to a baseline level of 0.26±0.06 % (grey, *Figure 1*C), 110 consistent with a mechanism in which anchoring of CN adjacent to pRII subunits enhances the rate of 111 dephosphorylation. Similar results were obtained for pRIIB, with addition of AKAP79 increasing phosphate release 16.3-fold ($p = 3.0 \times 10^{-6}$) from 0.34±0.13 % (black, *Figure 1D*) to 5.49±0.17 % (dark 112 113 blue, Figure 1D). Ablating the CN anchoring site in AKAP79 also reduced phosphorylation to a baseline 114 level of 0.2±0.02 % for this isoform (grey, *Figure 1D*).

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116 We next measured CN activity towards pRII over a range of pRII concentrations. We compared activity 117 towards pRII subunits alone or in complex with a fragment of AKAP79 (AKAP79_{c97}) encompassing 118 positions 331-427 that includes the CN and RII subunit anchoring sites. Working with this stable highly-119 expressed construct enabled us to purify sufficient quantities of pRIIα-AKAP79_{c97} and pRIIβ-AKAP79_{c97} 120 complexes (*Figure 1-figure supplement I*C & D) to sample concentrations up to 5 μ M. In complex with 121 AKAP79_{c97}, both pRIIa and pRIIB acted as relatively high affinity substrates of CN. pRIIa-AKAP79_{c97} (light blue, *Figure 1*E) was dephosphorylated with a half-maximal concentration (K_m) of 1.36±0.16 μ M 122 and turnover number (k_{cat}) of 0.45±0.02 s⁻¹, and pRII β -AKAP79_{c97} with K_m = 0.74±0.12 μ M and k_{cat} = 123 124 0.24 ± 0.01 s⁻¹. As expected, in the absence of the anchoring protein, pRIIa and pRIIB subunits served as 125 low affinity substrates for CN (black lines, Figure IE & F). For both isolated pRII isoforms, the 126 relationship between phosphatase activity and pRII concentration was linear up to 20 µM (Figure 1-127 figure supplement 2) – the highest concentration tested – indicative of a K_m of greater than 20 μ M. CN activity was very low ($<0.03 \text{ s}^{-1}$) at concentrations of 5 µM pRII or lower. This is consistent with earlier 128 129 studies that reported a K_m of 94 µM for CN dephosphorylation of a phosphorylated 19-mer peptide 130 derived from the RIIa IS (Stemmer & Klee, 1994). We also compared CN activity towards para-131 nitrophenylphosphate (pNPP) and a peptide corresponding to the isolated phosphorylated RII inhibitor 132 sequence (sequence DLDVPIPGRFDRRVpSVAAE) with and without variants of AKAP79_{c97} (Figure 133 *1-figure supplement 3*). WT AKAP79_{c97} enhanced CN activity towards pNPP by ~ 65 %, and reduced 134 its activity towards pRII phosphopeptide by ~ 50 %, consistent with previous reports that AKAP79 acts as 135 a weak inhibitor of CN activity towards this phosphopeptide (Coghlan et al., 1995; Kashishian et al., 136 1998). Enhanced CN activity towards pNPP in the presence of PxIxIT-type motifs that have the opposite 137 effect on phosphopeptide dephosphorylation has also been observed previously (Grigoriu et al., 2013). 138 Overall, our data are consistent with a mechanism in which AKAP79 enhances CN dephosphorylation of 139 full-length RII subunits by increasing effective substrate concentration rather than by altering the inherent 140 catalytic activity of the phosphatase.

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142 To put our kinetic parameters for pRII dephosphorylation into a physiological context, we set out to 143 determine accurate protein concentrations for PKA subunits in the CA1 neuropil where Schaffer 144 collaterals from the CA3 region synapse onto CA1 dendrites (*Figure 2A*). These synapses are a leading 145 prototype for understanding forms of LTD driven by CN following PKA priming (Bear, 2003). We 146 collected hippocampal slices from 18-day old male Sprague-Dawley rats before micro-dissecting CA1 147 neuropil sections (Figure 2B). Following homogenization, concentrations of C, RIIa, RIIB, and RI 148 subunits in the extracted protein were determined using quantitative immunoblotting by running extracts 149 (n=5) alongside reference concentrations of purified PKA subunits (Figure 2C, Figure 2-figure 150 supplement 1) (Walker-Gray et al., 2017). We found that RII α was by far the most predominant PKA 151 subunit in the CA1 neuropil, accounting for 0.32±0.029 % total protein content compared to 0.032±0.003 152 % for C subunits, 0.041±0.014 % for RI, and 0.06±0.006 % for RIIB. These numbers equate to a 9.4-fold 153 higher molar abundance of RII α subunits (light blue, *Figure 2D*) relative to C subunits with RI and RII β 154 present at similar levels to C subunits. The predominance of the RIIa subunit is consistent with a previous 155 imaging study of rodent hippocampus (Weisenhaus et al., 2010). Assuming that protein accounts for 8 % 156 of total rat brain weight (Clouet & Gaitonde, 1956), we estimated RII subunit concentrations of 5.9 µM 157 (RII α) and 1.03 μ M (RII β). These values fall within the range where CN efficiently dephosphorylates 158 pRII only in the presence of AKAP79 (Figure 1E & F). Taken together our data therefore indicate that 159 AKAP79 greatly enhances CN activity towards phosphorylated RII subunits at physiological 160 concentrations.

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162 AKAP79 enables calcineurin to suppress type II PKA activity

163 Given that AKAP79 supports rapid pRII dephosphorylation by CN, we hypothesized that the AKAP
164 could enable CN to directly reduce the fraction of dissociated C subunits in mixtures of RII and C
165 subunits. To test this hypothesis, we utilized purified A-kinase activity reporter 4 (AKAR4) (*Figure 3*A).
166 PKA phosphorylation at threonine within the reporter's central 'LRRA<u>T</u>LVD' motif leads to a

167 conformational change that increases FRET efficiency between the terminal fluorescent proteins (Figure 168 3A)(Depry et al., 2011). All AKAR4 experiments were performed using purified protein mixtures in 96-169 well plates. For each recording, three baseline 520/485 nm emission ratios were measured prior to 170 injection of ATP and the desired concentration of cAMP into the protein mixture to initiate 171 phosphorylation. Emission ratios were collected once every 5 seconds (s) thereafter. In calibration 172 experiments with AKAR4 and different concentrations of C subunit only (Figure 3-figure supplement 173 IA), we found that the initial rate of AKAR4 phosphorylation had a close to linear relationship to C 174 subunit concentration up to 400 nM C subunit (Figure 3-figure supplement 1B). Full AKAR4 175 phosphorylation increased the emission ratio by 72 % (Figure 3-figure supplement 1A), consistent with 176 previous studies (Depry et al., 2011). Importantly, supplementing these reactions with 1.5 µM activated 177 CN had no detectable effect on AKAR4 phosphorylation rates, indicating that the phosphatase cannot 178 efficiently dephosphorylate the reporter (Figure 3-figure supplement 1C & D). In comparison, 179 supplementation with 1.5 μ M PP1 reduced the phosphorylation rate by ~ 7-fold (*Figure 3-figure* 180 supplement 2A & B). Phosphatase assays using pre-phosphorylated AKAR4 confirmed that CN exhibits 181 very limited activity towards the reporter (*Figure 3-figure supplement 2*C & D), such that the reporter is 182 well suited for experiments focusing on direct suppression of PKA activity by CN.

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184 Next, we assembled purified protein mixtures with the aim of mimicking signaling involving PKA, CN, 185 and AKAP79 in CA1 dendritic spines. RIIa, RIIB, and C subunits were included at concentrations 186 determined in CA1 neuropil extracts (Figure 2). CaM was added at a molar excess of 5 µM, CN at 1.5 187 μ M (Goto et al., 1986), and AKAP79_{c97} – when included – at half the concentration of total RII subunits 188 (summarized in *Figure 3*B). RI subunits were omitted since they are not thought to be present in dendritic 189 spines (Ilouz et al., 2017; Tunquist et al., 2008), and because the RI inhibitor site is not phosphorylated so 190 cannot be regulated by CN. We first monitored AKAR4 phosphorylation in reactions containing RIIa, 191 RIIB, C, and CaM (black, Figure 3C). Increasing the concentration of cAMP injected alongside ATP 192 raised rates of AKAR4 phosphorylation as expected (black bars, *Figure 3D*). Supplementing the reactions 193 with CN led to small but consistent decreases in the rate of AKAR4 phosphorylation at all cAMP 194 concentrations (blue, Figure 3C & D). Rates were determined between 30-90 s in the linear early phase 195 that followed a brief ~ 15 second delay, with the exception of the lowest two cAMP concentrations (0 & 196 100 nM), where relatively slow rates were calculated between 30-330 s. Additional supplementation with 197 AKAP79_{c97} markedly decreased the rate of AKAR4 phosphorylation (red, *Figure 3C*). For example, with 198 1 µM cAMP activation, addition of both CN and the AKAP reduced the initial rate of AKAR4 199 phosphorylation by 2.8-fold from 18.9 ± 0.6 to 6.7 ± 0.8 % per minute (p = 0.0007, black and red bars, 200 Figure 3D). To confirm that AKAP79 enables CN to suppress PKA activity by anchoring it alongside RII

subunits, we investigated the effect of removing either the CN (positions 337-343) or PKA (391-400) anchoring sites. At 1 μ M cAMP activation, addition of wild-type (WT) AKAP79_{c97} (red, *Figure 3*E & F) reduced the initial rate of AKAR4 phosphorylation by 2.06-fold ($p = 2.7 \times 10^{-11}$) compared to supplementation with only CN (blue). Similar AKAR4 responses were obtained when either the AKAP was omitted altogether (blue, *Figure 3*E & F), or if either the CN (purple) or PKA (orange) anchoring sites in the AKAP were removed. Overall, these AKAR4 measurements reveal that AKAP79 enables CN to robustly decrease type II PKA activity by anchoring the two enzymes together.

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209 Mechanistic basis of PKA suppression by calcineurin and AKAP79

210 We next aimed to quantify how AKAP79 and CN changed the fraction of free C subunits in our reaction 211 mixtures. To estimate this, we cross-referenced rates of AKAR4 phosphorylation recorded in the 'spine 212 mimic' reaction mixtures (*Figure 3*C & E) to the reference curve (r = 0.998) obtained with only C 213 subunits (Figure 3-figure supplement IB). We focused on determining free C subunit concentrations 214 during the early period of linear change (30-90 s for cAMP concentrations of 0.2 µM and above) where 215 we assume the underlying kinetics are close to equilibrium. We calculated free C subunit concentrations 216 following this approach using all available data between 0 to 2 µM cAMP (Figure 3-figure supplement 217 IE). The calculated proportion of C subunits that are dissociated at different cAMP concentrations are 218 shown for type II PKA + CaM either alone (black, *Figure 4*A), with CN (blue, *Figure 4*B), or with both 219 CN and AKAP79_{c97} (red, Figure 4C). Together, AKAP79 and CN reduced the proportion of free C 220 subunits at equilibrium across the cAMP concentration range including from 47.8±1.5 to 20.2±0.8 % at 1 221 µM cAMP, and from 65.7±1.1 to 33.2±3.3 % at 2 µM cAMP (Figure 4A & C). The effect of adding CN 222 alone was limited (Figure 4B), consistent with the much lower activity of the phosphatase towards pRII 223 subunits in the low micromolar range (Figure 1E & F).

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225 To understand at a deeper level how CN and AKAP79 reduce the fraction of free C subunits, we updated 226 and extended a kinetic model (Buxbaum & Dudai, 1989) that takes into account transitions between pRII 227 (left-hand square, *Figure 4D*) and unphosphorylated RII subunits (right-hand square). The extended 228 model also incorporates AKAR4 binding to and phosphorylation by free C subunits. We used a Bayesian 229 approach (Eriksson et al., 2019) to estimate parameter sets for the model that could fit data pooled from 230 AKAR4 recordings obtained after stimulation with 0, 0.2, 1 and 2 μ M cAMP (*Figure 3*C & E). A log 231 uniform prior parameter distribution was used as a starting point for the Bayesian method, where each 232 parameter was allowed to vary three orders of magnitude around a default value (Supplementary File 1). 233 The default values were taken from empirical data, including rates of pRII dephosphorylation determined 234 in this study (Figure 1), and binding rates of C subunits to pRII and RII (Zhang et al., 2015). This

parameter estimation approach resulted in approximately 15,000 parameter sets that could explain the experimental data (*Figure 4*E-G). Simulations using these parameter sets enabled us to predict concentration changes of individual states within the model that cannot be determined experimentally (first three columns, *Figure 4-figure supplement 1*). The model indicates that AKAP79 and CN together shift C subunit capture to the faster right-hand square sub-system (*Figure 4*D), driving down the fraction of free C subunits and thereby reducing PKA activity.

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242 Mutation of the RIIa IS phosphorylation site occludes PKA suppression by CN

243 The results of the preceding sections show that AKAP79 targeting of CN for direct suppression of PKA is 244 a viable mechanism for LTD induction. Previously published studies in hippocampal slices involving 245 genetic manipulation of AKAP150 (the rodent ortholog of AKAP79) are also consistent with this 246 mechanism. Full AKAP150 knock-out (Lu et al., 2008; Tunquist et al., 2008; Weisenhaus et al., 2010), or 247 AKAP150 knock-in with variants lacking either the PKA or CN anchoring sites (Jurado et al., 2010; 248 Sanderson et al., 2016), show that both AKAP150 anchoring sites are required for LTD induction. 249 However, such approaches cannot distinguish between CN targeting to pRII subunits versus other 250 substrates. If direct suppression of PKA activity by CN is essential for LTD induction, we reasoned that 251 mutation of the IS phospho-acceptor S98 (Figure 5A) in the predominant RIIa isoform would be 252 expected to disrupt LTD induction in CA1 neurons. To confirm this presupposition before undertaking 253 experiments in neurons, we re-ran AKAR4 experiments at 1 µM cAMP substituting in either S98A or S98E RIIa. For each RIIa variant (Figure 1-figure supplement 1H), we compared responses with or 254 255 without CN, with WT RIIB and AKAP79_{c97} present in all cases. For WT RIIa, addition of CN to the 256 mixture decreased the peak rate of AKAR4 phosphorylation from 21.02 ± 0.76 (light blue, *Figure 5B*) to 257 8.24±0.79 % per minute (dark blue). Substituting in RIIa S98A generated slow rates of AKAR4 258 phosphorylation in both cases (6.30 ± 0.44 % per min with CN, and 6.67 ± 0.56 % without, *Figure 5C*). 259 Conversely, the peak rate of AKAR4 phosphorylation was high regardless of the presence of CN for the 260 S98E RIIα variant (31.30±3.60 % per min without CN: 25.65±3.44 % with CN, *Figure 5D*). Together, 261 this data indicates that substituting in either mutant of RII α in neurons would be expected to reduce LTD 262 induction in neurons if direct suppression of PKA by CN is required in LTD induction (Figure 5E).

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Before moving on to experiments in neurons, we used the data collected with RIIα variants to test the accuracy of our kinetic modeling. We ran simulations assuming that the S98A and S98E variants of RIIα would behave like dephosphorylated and phosphorylated forms of the regulatory subunit. Broadly, the simulations were in line with our experimental data and predicted that addition of CN would reduce PKA activity substantially more in the WT but not RIIα mutant conditions (*Figure 4-figure supplement 1*), 269 with low and high PKA activities regardless of CN concentration for the S98A and S98E variants, 270 respectively. The model predictions for the extent by which AKAR4 phosphorylation was depressed in 271 the RIIa S98A system were, however, spread out depending on the specific parameter set (column 4-5, 272 Figure 4-figure supplement 1). This implies that the WT data we used to constrain the model were not 273 sufficient to precisely constrain the dynamics specifically for the unphosphorylated RII sub-system (right 274 square, *Figure 4D*) To understand the characteristics of those parameter sets that also reproduced the 275 RIIa S98A behavior, we filtered the parameter sets returned by the parameter estimation approach into 276 two classes depending on whether they fit closely (blue, *Figure 4-figure supplement 1*) or not (red) to the 277 acquired mutation data, yielding 526 parameter sets that fit closely to both the WT and mutation data. A 278 pairwise coordinate plot (see *Figure 5-figure supplement 1*A) shows that, except for a few parameters, 279 the two classes do not appear to be visually distinct with regards to kinetic rates. However, analysis and 280 subdivision of the eight model dissociation constants (K_D 's) reveals interesting relationships (*Figure 5*figure supplement 1B). Notably, as shown by the scatterplots for the K_D for interaction between RII-C 281 282 and cAMP (K_D56), and RII-cAMP and C (K_D76) (Figure 5-figure supplement 1C), K_D56 should be 283 relatively low within its range paired with a relatively high $K_D 76$ (*Figure 5-figure supplement 1D*) to 284 accurately mimic the biological workings of the PKA sub-system. This behavior may ensure that 285 sufficient C subunit is released with increasing cAMP in our model when the kinetics are restrained to the 286 unphosphorylated RII sub-system, i.e when the RIIa S98A mutation is introduced. Overall, simulations 287 using unfiltered (top row, *Figure 4-figure supplement 1*) and filtered (*Figure 5*F-H) parameter sets show 288 that the kinetic model closely reproduces the experimental data, especially when further constrained using 289 data collected with RIIa S98A. Furthermore, the constrained simulations reproduce the experimental data 290 collected at different cAMP concentrations (Figure 4-figure supplement 2). Taken together, experiments 291 and simulations with S98A and S98E variants of RIIa show that either of these mutations should prevent 292 AKAP79 and CN from switching C subunit capture from the left-hand square sub-system to the faster 293 right-hand square (Figure 4D). Therefore, either substitution would be expected to reduce LTD induction 294 if the mechanism is important in vivo.

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296 Disruption of RIIa phosphorylation in CA1 neurons impedes chemical LTD

To enable neuronal RII α replacement experiments, we generated lentiviruses for shRNA-mediated knockdown of endogenous RII α and simultaneous expression of shRNA-resistant RII α variants in tandem with GFP. The lentiviruses contain an H1 promoter for expression of a highly-effective shRNA targeted to RII α (*Figure 6*A). A UbC promoter drives expression of replacement RII α sequences in tandem with GFP, with an internal ribosome entry sequence (IRES2) between the coding sequences of the two proteins enabling expression of GFP. We validated the lentiviruses in dissociated rat primary hippocampal neurons 303 by comparing the efficacy of five different lentiviruses. On day 7 in vitro (DIV7), we infected with 304 control lentiviruses expressing either scrambled or shRIIa RNA, or with complete viruses for replacement 305 of endogenous RIIa with either WT, S97A, or S97E (RIIa in rat is equivalent to S98 in human RIIa). 306 Neuronal protein extracts were collected on DIV14, and analyzed using immunoblotting. Anti-RIIa 307 immunoblotting (top row, Figure 6B) confirmed effective suppression of endogenous RIIa with shRIIa 308 (lane 3) but not scrambled RNA (lane 2), and strong expression of the replacement sequences (lanes 4-6). 309 Expression of PKA C (row 2, Figure 6B) and RIIB subunits (row 3) was not affected by lentiviral 310 infection in any case. Blocking PKA activity with H89 is known to prevent growth of new spines, 311 whereas stimulating PKA with forskolin increases spine formation (Kwon & Sabatini, 2011). Replacing 312 RII α with the S97A variant – which has lower PKA activity regardless of CN activity (*Figure 5*F) – 313 would therefore be expected to lead to a reduction in spines. To test this, we imaged dendritic spines on 314 primary hippocampal neurons expressing either WT (left panel, Figure 6C), S97A (middle panel), or 315 S97E (right panel) RIIα. Consistent with a role for PKA in spinogenesis, spine density was reduced by 316 33.5 % (p=0.002) in neurons expressing the S97A variant to 1.17±0.11 spines per 10 µm compared to 317 1.76 ± 0.12 for WT RIIa. Spine density for the S97E variant was similar to WT at 1.86 ± 0.11 spines/10 µm. 318

To test whether the two substitutions at RIIa S97 affect LTD, we monitored changes in dendritic spine 319 320 number during chemical LTD - a model of long-term synaptic depression that can be applied in 321 dissociated neuronal cultures. Bath application of 20 µM NMDA for 3 minutes triggered a steady 322 reduction in spine density (Figure 6E, top row) in neurons expressing WT RIIa as expected (Zhou et al., 323 2004), reaching a 20.4 ± 1.6 %% reduction in spines after one hour (blue, *Figure 6*F). In comparison, spine 324 loss was attenuated in neurons expressing either the S97A (*Figure 6*E, middle row) or S97E (bottom row) 325 RIIa variants. Spine numbers were reduced by only 9.07±0.96 % in neurons expressing RIIa S97A (red 326 line, Figure 6F), and by 9.90±1.8 % for the S97E variant (green line). The residual LTD in both 327 conditions may correspond to action of CN on substrates other than pRII subunits, and limited 328 suppression of PKA activity through CN dephosphorylation of the relatively small number of WT RIIB 329 subunits that are present in all cases. Overall, attenuation of spine loss in neurons expressing either S97A 330 (p=0.00046) or S97E (p=0.0014) RIIa compared to WT subunits is consistent with an important role for 331 direct PKA activity suppression by CN during the induction of LTD.

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- 334 Discussion
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336 The observations in this study support a revised mechanism for CN-mediated long-term depression in 337 CA1 model synapses. AKAP79/150 is critical for anchoring PKA in dendritic spines (Tunquist et al., 338 2008; Weisenhaus et al., 2010) through association with RII subunits, which are the predominant 339 neuronal PKA subunit in ~11-fold molar excess of C subunits in the CA1 neuropil (Figure 2D). Imaging 340 studies (Ilouz et al., 2017; Weisenhaus et al., 2010) are consistent with our quantitative immunoblotting 341 data, which show that RII α is the major RII isoform in the CA1 neuropil. pRII dephosphorylation is 342 limited prior to Ca²⁺ stimulation (*Figure 7A*), enabling a tonic level of dissociated C subunits sufficient to 343 basally phosphorylate postsynaptic substrates in dendritic spines such as GluA1 subunits of AMPA-type 344 glutamate receptors (Bear, 2003). LTD is brought about by CN (Mulkey et al., 1994), which is activated by Ca²⁺ entering spines through NMDA-type glutamate receptors (Figure 7B). AKAP79/150 contains a 345 346 'PIAIIIT' CN anchoring motif that is necessary for LTD (Jurado et al., 2010; Sanderson et al., 2012). In 347 addition to potentially targeting CN to postsynaptic substrates including GluA1 subunits, the PIAIIIT 348 anchoring motif positions CN adjacent to pRII subunits where it can efficiently dephosphorylate them 349 (Figure 7B). This enables CN to increase the concentration of dephosphorylated RII species (blue spheres 350 in the kinetic scheme shown in *Figure* 7B) thereby directly suppressing PKA activity by increasing the 351 rate of PKA C subunit capture. Consistent with this mechanism, blocking regulation of RII 352 phosphorylation state by introducing mutations that mimic either the phosphorylated or dephosphorylated 353 forms of the IS reduces LTD in cultured hippocampal neurons.

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355 Our discovery that CN can directly suppress PKA activity in the AKAP79 complex reconciles three 356 aspects of AKAP79 structure and function that had been enigmatic and paradoxical. First, previous 357 studies showed that AKAP79 acts as a weak inhibitor of CN towards peptide substrates including a 20-358 mer peptide encompassing the phosphorylated RII IS (Coghlan et al., 1995; Kashishian et al., 1998), 359 apparently at odds with the functional requirement for the anchoring protein in targeting CN to bring 360 about LTD. We show that the key substrate for CN is likely to be full-length pRII subunits, and that in 361 fact AKAP79 enhances the activity towards pRII at physiological concentrations by more than ten-fold. A 362 second enigmatic feature of AKAP79 is its CN anchoring motif, PIAIIIT, which includes an additional 363 central residue compared to the typical PxIxIT motif (Roy & Cyert, 2009). In a crystal structure of CN in 364 complex with a peptide corresponding to AKAP79 positions 336-346, the additional leucine supports 365 simultaneous binding of two copies of CN on either side of the motif (Li et al., 2012). Native mass 366 spectrometry measurements of a purified AKAP79-CN-CaM-RIIa D/D complex also support a 367 stoichiometry of 2 CN to 1 AKAP79 (Gold et al., 2011), although solution measurements indicate that 368 when full-length RII subunits are bound to AKAP79, only one copy of CN can bind at a time (Li et al., 369 2012; Nygren et al., 2017). One possible explanation for this behavior is that CN binds transiently to

370 either side of the AKAP79 PIAIIIT motif enabling it to access both protomers of RII anchored to 371 AKAP79 for efficient pRII dephosphorylation (cartoon representations in *Figure 7*). This idea is 372 consistent with data showing that mutating the PIAIIIT motif to a high-affinity canonical PxIxIT motif 373 impairs the function of the phosphatase (Li et al., 2012), although it should be noted that it is not possible 374 to determine whether two-sided CN binding to AKAP79 is necessary using the data presented here. Third, 375 existing models of AKAP79 function assume that CN anchored to AKAP79 overcomes PKA 376 phosphorylation at substrates with no reduction in PKA phosphorylation rate. In our revised mechanism, 377 CN directly suppresses PKA activity when removing phosphate from substrates primed by PKA thereby 378 avoiding energetically-costly ongoing futile cycling of phosphorylation and dephosphorylation by PKA 379 and CN at these sites.

380

381 A challenge in the future will be to understand how the mechanism uncovered here relates to the full complexity of AKAP79 function. AKAP79 is directly regulated by Ca²⁺/CaM, which binds to a 1-4-7-8 382 hydrophobic motif (Patel et al., 2017) starting at position W79. Binding of Ca²⁺/CaM releases AKAP79 383 384 from the postsynaptic membrane (Dell'Acqua et al., 1998) and alters the conformation of the signaling 385 complex by triggering formation of a second interface between CN and AKAP79 that involves an LxVP-386 type motif in AKAP79 (Gold et al., 2011; Nygren et al., 2017). Furthermore, metal ions including Ca^{2+} 387 alter rates of substrate binding and product release from PKA C subunits (Knape et al., 2015; Zhang et al., 388 2015). Therefore, it will be important to understand the sensitivity of CN suppression of PKA activity to 389 Ca^{2+} signals. Membrane targeting sequences regulate several components of the AKAP79 signaling 390 complex. Myristylation of C subunits is important for limiting their diffusion rate in dendritic spines and 391 concentrating PKA activity at the cell membrane (Tillo et al., 2017; Xiong et al., 2021). Localization of 392 AKAP79 is also regulated by palmitovlation at C36 and C139 (Delint-Ramirez et al., 2011; Keith et al., 393 2012). Palmitoylation is required for endosomal localization of AKAP79, and AKAP79 depalmitoylation 394 and synaptic removal is additionally regulated by CaMKII (Woolfrey et al., 2018). Our work suggests that 395 removal of AKAP79 from synapses might be synchronized with accumulation of inhibited C subunits in 396 the AKAP79 complex. Given that RII subunits greatly outnumber C subunits, movement of C subunits 397 between different RII sub-populations, including RII subunits anchored to MAP2 in dendritic shafts 398 (Tunquist et al., 2008), should also be considered along with PDEs that can terminate cAMP signals with 399 high spatiotemporal precision (Bock et al., 2020; Tulsian et al., 2017). Non-dissociative activation of 400 anchored type RII PKA has been put forward as an alternative mechanism to explain localised PKA 401 activity (Smith et al., 2017). Current evidence indicates that C subunits do dissociate in neurons upon 402 elevation of cAMP (Gold, 2019; Mo et al., 2017; Tillo et al., 2017), but it is important to note that 403 suppression of PKA by pRII dephosphorylation is compatible with non-dissociative models of PKA

- 404 activation and this might occur in certain physiological settings. AKAP79 is a highly multivalent protein 405 - other notable documented interaction partners include protein kinase C (Hoshi et al., 2010) and the Ca²⁺-activated cyclase AC8 (Baldwin & Dessauer, 2018; Zhang et al., 2019). Oscillations of Ca²⁺, cAMP, 406 407 and PKA activity have been observed in pancreatic β-cells (Hinke et al., 2012; Ni et al., 2011), and 408 knockout of AKAP150 leads to the loss of cAMP oscillations in β -cells upon stimulation with insulin 409 (Hinke et al., 2012). CN dephosphorylation of pRII subunits bound to AKAP79 is likely to play a role in 410 oscillatory patterns of PKA activity, and it will be important to understand how this mechanism underlies responses to short-lived and oscillatory changes in Ca²⁺ and cAMP concentration. 411
- 412

413 In this combined experimental-computational study, we focused on AKAP79 signaling in dendritic spines 414 on the basis that this could serve as a prototype for understanding a potentially widespread non-canonical 415 mechanism for altering PKA. In addition to its role in dendritic spines, AKAP79 regulates many different 416 membrane channels and receptors following Ca^{2+} influx through a variety of sources, and the mechanism 417 that we have uncovered here is likely to at least extend to these additional contexts. For example, 418 AKAP79 underlies GABA_A receptor regulation during LTD of GABAergic synapses (Dacher et al., 419 2013), and it positions PKA and CN for regulation of TRPV channels (Zhang et al., 2008), Kv7 channels 420 (Zhang & Shapiro, 2012), and both β-adrenergic receptor isoform (Houslay & Baillie, 2005). AKAP79 is also necessary for NFAT dephosphorylation following Ca²⁺ entry through both L-type calcium channels 421 (Wild et al., 2019) and the store-operated Ca²⁺ channel ORAI1 (Kar et al., 2014). The RII IS 422 423 phosphorylation site is conserved throughout the animal kingdom, and co-anchoring of phosphatases 424 alongside PKA is a feature of several AKAP complexes (Redden & Dodge-Kafka, 2011). Future 425 investigations may therefore explore whether additional anchoring proteins are able to direct CN - or 426 other cellular phosphatases - for direct suppression of PKA activity.

427 Methods & Materials

428

429 Key Resources Table

430

Key Resources Table				
Reagent type (species) or resource	Designation	Source or reference	Identifiers	Additional information
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	TOP10 chemically competent	Life Technolog ies	Cat# C404003	
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	BL21 (DE3)	Thermo Fisher Scientific	Cat# EC0114	
strain, strain backgrou nd (Escheric hia coli)	BL21 Tuner (DE3) pLysS	Merck	Cat# 70624	
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	BL21 Star (DE3)	Thermo Fisher Scientific	Cat# C601003	
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	Stb13	Thermo Fisher Scientific	Cat# C737303	

cell line (Homo- sapiens)	НЕК293	Horizon Discovery LTD	Cat# HCL3417	Myocplasma tested.
cell line (Homo- sapiens)	HEK293T	ATCC	Cat# CRL-3216	Myocplasma tested.
biological sample (<i>Rattus</i> norvegic us)	Sprague Dawley	UCL breeding colony	Not applicable	
antibody	Mouse monoclonal anti- PKA RIIα	BD Bioscienc es	Cat# 612243; RRID:AB_399566	0.8 μg/mL
antibody	Mouse monoclonal anti- PKA RIIβ	BD Bioscienc es	Cat# 610626; RRID:AB_397958	0.8 μg/mL
antibody	Mouse monoclonal anti- PKA C (pan)	BD Bioscienc es	Cat# 610981; RRID:AB_398294	0.5 μg/mL
antibody	Mouse monoclonal anti- PKA RI (pan)	BD Bioscienc es	Cat# 610166; RRID:AB_397567	0.8 μg/mL
antibody	Rabbit monoclonal anti- PKA phospho- RIIα	Abcam	Cat# ab32390; RRID:AB_779040	0.8 μg/mL
antibody	Rabbit polyclonal anti-GFP	Sigma Aldrich	Cat# SAB4301138; RRID:AB_2750576	0.5 μg/mL
antibody	Mouse monoclonal anti- β-tubulin	Biolegend	Cat# 903401; RRID: AB_2565030	0.5 μg/mL

antibody	Goat anti-rabbit HRP-linked secondary antibody	Cell Signalling Technolog y	Cat # 7074S; RRID:AB_2099233	1 μg/mL
antibody	Goat anti-mouse IgG (H+L) poly- HRP secondary antibody	Thermo Fisher Scientific	Cat# 32230; RRID:AB_1965958	1 μg/mL
recombin ant DNA reagent	pIRES2-EGFP	Clontech	Cat# 6029-1	
recombin ant DNA reagent	pFUGW-H1	Sally Temple lab/Addge ne	Cat# 25870; RRID:Addgene_2587 0	Lentiviral entry vector.
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-WT- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-S97A- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-S97E- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pCMVdR8.74 & pMD2.G plasmids	Didier Trono lab/Addge ne	Cat# 12259; RRID:Addgene_1225 9	Lentiviral packaging vectors
recombin ant DNA reagent	pcDNA3.1- AKAR4-NES	Jin Zhang lab/Addge ne	Cat# 64727; RRID:Addgene_6472 7	
chemical compoun d, drug	Lipofectamine 2000	Thermo Fisher Scientific	Cat# 11668019	

chemical compoun d, drug	DMEM, high glucose, pyruvate	Thermo Fisher Scientific	Cat # 41966029	
chemical compoun d, drug	Trypsin	Thermo Fisher Scientific	Cat# 25300054	
chemical compoun d, drug	Penicillin/ Streptomycin	Thermo Fisher Scientific	Cat# 15140122	
chemical compoun d, drug	GlutaMAX	Thermo Fisher Scientific	Cat# 35050061	
chemical compoun d, drug	DPBS, no calcium, no magnesium	Thermo Fisher Scientific	Cat# 14190144	
chemical compoun d, drug	HBSS	Thermo Fisher Scientific	Cat# 14185045	
chemical compoun d, drug	Heat-inactivated horse serum	Gibco	Cat# 26050088	
chemical compoun d, drug	Neurobasal-A medium	Thermo Fisher Scientific	Cat# 10888022	
chemical compoun d, drug	B27 supplement	Gibco	Cat# 17504044	
chemical compoun d, drug	Poly-L-Lysine	Sigma Aldrich	Cat# P2636	

chemical compoun d, drug	Boric acid	Sigma Aldrich	Cat# B6768-500g	
chemical compoun d, drug	Sodium tetraborate	Sigma Aldrich	Cat# 221732	
chemical compoun d, drug	cOmplete, Mini, EDTA-free Protease Inhibitor Cocktail	Roche	Cat# 11836170001	
chemical compoun d, drug	PhosSTOP phosphatase inhibitor tablets	Roche	Cat# 4906845001	
chemical compoun d, drug	Para- nitrophenylphosp hate	Sigma Aldrich	Cat# N3254	
software, algorithm	Origin	OriginLab	www.originlab.com; RRID:SCR_014212	
software, algorithm	Reader Control Software for FLUOStar Omega	BMG Labtech	https://www.bmglabte ch.com/reader- control-software/	
software, algorithm	MARS Data Analysis Software	BMG Labtech	https://www.bmglabte ch.com/mars-data- analysis-software/	
software, algorithm	Unicorn Start 1.1 Software for controlling AKTA start system	GE Healthcar e	Cat# 29225049	
software, algorithm	ImageJ (version 1.52)	NIH	RRID:SCR_003070	

software, algorithm	NeuronStudio	(Rodrigue z et al., 2008)	https://icahn.mssm.ed u; RRID:SCR_013798	
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433 Protein expression and purification. Human PKA subunits were expressed and purified as described 434 previously (Walker-Gray et al., 2017). GST-RIIα and GST-RIIβ were expressed in *Escherichia coli* BL21 435 Tuner (DE3) pLysS, and GST-Cβ in E. coli BL21 (DE3) grown in LB. In all cases, protein expression 436 was induced by addition of 0.5 mM isopropyl β -D-1-thiogalactopyranoside (IPTG), and bacteria were 437 harvested following overnight incubation at 20 °C. Cell pellets were thawed and sonicated in glutathione 438 sepharose binding buffer (20 mM HEPES pH 7.5, 500 mM NaCl, 1 mM DTT, 0.5 mM EDTA, 1 mM 439 benzamidine, 10 % glycerol) supplemented with 0.1 mg/mL lysozyme, and 0.1 % Igepal CA-630 (RII 440 subunit preps only). Clarified lysates were incubated with glutathione sepharose 4B, and PKA subunits 441 were eluted by overnight cleavage with PreScission protease thus removing N-terminal GST affinity tags. 442 Finally, each subunit was purified using a HiLoad 16/600 Superdex 200 column connected in series with 443 a GSTrap to remove residual GST using gel filtration buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 5 % 444 glycerol). S98A and S98E point mutations were introduced into RIIa subunits by site-directed 445 mutagenesis (SDM) with primer pairs hS98A_F & R, and hS98E_F & R. RIIa variants were expressed 446 and purified in the same way as the WT sequences.

447 Full-length human AKAP79 was cloned into pET28 using primers Nde1_AKAP79_1 and 448 AKAP79_427_EcoRI for expression of N-terminally 6His-tagged protein. AKAP79 was expressed in 4 L BL21 Star (DE3) cells by overnight incubation at 37 °C in auto-induction media (AIM). PBS-washed 449 450 bacterial pellets were resuspended in Talon binding buffer (30 mM Tris pH 8.0, 500 mM NaCl, 10 mM 451 imidazole, 1 mM benzamidine) supplemented with 0.1 mg/mL lysozyme and one Complete EDTA-free 452 protease inhibitor tablet (Roche) per 100 mL. Lysates were sonicated, clarified by centrifugation, and 453 incubated with Talon Superflow resin for 2 hours prior to 3 x 10 mL washing in Talon binding buffer, and 454 eluted with 2 x 2.5 mL Talon elution buffer (30 mM Tris, pH 7.0, 500 mM NaCl, 300 mM imidazole, 1 455 mM benzamidine). Eluted protein was exchanged into Q buffer A (20 mM Tris pH 8, 20 mM NaCl, 1 456 mM EDTA, 2 mM DTT) using a HiPrep 26/10 desalting column to enable purification using a 1 mL 457 Resource Q column. Each variant was eluted using a NaCl/pH gradient with Q buffer A and a steadily 458 increasing proportion of Q buffer B (20 mM Tris pH 7, 500 mM NaCl, 1 mM EDTA, 2mM DTT). In the 459 final step, peak fractions were pooled and buffer exchanged into gel filtration buffer. Residues 331-427 of 460 AKAP79 were cloned into pET28 using primers Nde1_AKAP79_331 and AKAP79_427_EcoRI for 461 expression of the fragment AKAP79_{c97} bearing an N-terminal His tag. This construct was transformed

462 into BL21 (DE3) cells, which were grown overnight at 37 °C in AIM. Lysis and metal affinity steps were 463 as for full-length AKAP79 with the exception that Ni-NTA agarose (Life Technologies) was used in place 464 of Talon resin. Following elution from Ni-NTA resin, the protein was purified by size exclusion using a 465 HiLoad 16/600Superdex 200 pre-equilibrated in gel filtration buffer. To assemble complexes of full-466 length RII subunits and AKAP79₆₉₇, mixtures of the purified proteins were incubated on ice in gel 467 filtration buffer for 1 h with the AKAP fragment in a 2:1 molar excess. The complex was then separated 468 from excess AKAP79_{c97} by Superdex 200 size exclusion. pET28-AKAP79_{c97} Δ CN was generated by 469 performing PCR with an earlier construct lacking residues 337-343 as the template (Gold et al., 2011), 470 whereas the ΔPKA variant (lacking residues 391-400) was generated by SDM with primers ΔPKA F & 471 _R. The two AKAP79_{c97} deletion mutants were expressed and purified in the same way as the WT 472 protein.

473 Human CN was expressed from a bicistronic pGEX6P1 vector (Gold et al., 2011) in E. coli BL21 474 Tuner (DE3) pLysS cells. Protein expression was induced by overnight incubation at 37 °C in 4L AIM. 475 CN was purified following the same protocol as full-length PKA RII subunits, with the final size 476 exclusion step performed using gel filtration buffer supplemented with 1 mM DTT. Human CaM was 477 expressed and purified as described previously (Patel et al., 2017). Briefly, untagged CaM was expressed 478 in E. coli BL21 (DE3) cells incubated overnight at 37 °C in AIM. CaM was initially purified using phenyl 479 sepharose resin, then by ion exchange with a HiTrap Q HP column. Finally, CaM was exchanged into 480 water and lyophilized prior to storage at -80 °C. Human PP1 α (7-300) was expressed in BL21 (DE3) E. 481 coli in LB media supplemented with 1 mM MnCl₂ and purified as described previously (Kelker et al., 482 2009). The PP1 expression vector was a gift from Wolfgang Peti (Addgene plasmid # 26566). This vector 483 was co-transformed with pGRO7 plasmid encoding the GroEL/GroES chaperone (Takara). PP1 484 expression was induced with 0.1 mM IPTG after prior induction of chaperone expression using 2 g/L 485 arabinose. Bacteria were incubated for 20 hours at 10 °C following IPTG induction before harvesting. 486 PP1 was purified by affinity to Ni-NTA agarose (Qiagen) followed by size exclusion with a Superdex 200 487 column equilibrated in PP1 gel filtration buffer (25 mM HEPES pH 7.5, 500 mM NaCl, 1 mM MnCl₂, 488 10% glycerol). For AKAR4 purification, an 8His epitope tag was ligated into pcDNA3.1-AKAR4-NES 489 vector (Depry et al., 2011) (Addgene cat no. 64727) at the C-terminus of the sensor immediately prior to 490 the nuclear export site using primers EcoI_8HisNLS_XbaI and XbaI_8HisNLS_EcoRI. The vector was 491 transfected into 20 x 10 cm dishes of HEK293T cells cultured in DMEM using lipofectamine-2000 492 (Thermo Fisher Scientific). Cells were collected after 3 days, washed in PBS, then lysed in Talon binding 493 buffer supplemented with 0.5 % Igepal CA-630, and sonicated briefly. AKAR4 was purified by affinity to 494 Ni-NTA agarose following the same procedure as for AKAP79, and eluted protein was exchanged into gel filtration buffer, and aliquoted before storage at -80 °C. All purification columns and resins were 495

purchased from GE Healthcare. All protein samples were concentrated using Vivaspin centrifugal
concentrators (Sartorius). Denaturing gel electrophoresis was performed using NuPAGE 4-12 % Bis-Tris
gels (Thermo Fisher Scientific), and protein concentrations were determined using the bicinchoninic acid
(BCA) assay. Oligonucleotide primer sequences are listed in Supplementary File 2.

500

501 **Phosphatase assays.** For radioactive release assays, CN substrates were prepared by phosphorylating PKA RII subunits at the autoinhibitory site with PKA C subunit and ATP(γ -³²P). To radiolabel RIIa, 502 503 RIIB, or the purified complexes of each isoform with AKAP79_{c97}, 50 µg of the relevant sample was 504 incubated in 100 µL with phosphorylation buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 100 µM cAMP, 5 mM MgCl₂, 0.03 μ g/ μ L C subunit) supplemented with 42 pmol [³²P- γ]-ATP at 3000 Ci/mmol and 10 505 µM cold ATP. After 15 min incubation at 30 °C, reactions were supplemented with 10 µM additional cold 506 507 ATP. Following 15 min further incubation, reactions were finally supplemented up to 1 mM cold ATP for 10 min further incubation. ³²P-labelled protein was immediately separated from free ³²P using Sephadex 508 509 G-25 Medium equilibrated in phospho-substrate storage buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 510 10 % glycerol, 0.1 mM EDTA). Additional cold phospho-labelled substrates were prepared using scaled-511 up reactions with 1 mM cold ATP for 30 min at 30 °C.

512 Phosphatase assays using 32 P-labelled substrate (final volume 50 µL per assay) were prepared by 513 first mixing appropriate dilutions of pRII substrates and CN on ice in dilution buffer (25 mM Na HEPES 514 pH 7.5, 150 mM NaCl) to a final volume of 35 µL. 10 µL of reaction buffer (25 mM Na HEPES pH 7.5, 515 150 mM NaCl, 25 mM MgCl₂, 5 mM DTT, 0.5 mg/mL BSA, 1 mM EDTA) was then added before 516 initiation of CN activity by addition of 5 µL activator mix (25 mM Na HEPES pH 7.5, 150 mM NaCl, 10 517 mM CaCl₂, 50 µM CaM). Assays was terminated after 30-60 s at 30 °C by addition of 350 µL 30 % 518 trichloroacetic acid (TCA). Samples were then incubated on ice for 1 h, and protein was pelleted by 519 centrifugation at $31,360 \times g$ for 15 min at 2 °C. The separated supernatant and pellet were analyzed using 520 a Beckman LS 6000SC scintillation counter to determine the fraction of phosphate released from the pRII 521 substrate. Reaction conditions were optimized so that less than 10 % pRII was dephosphorylated in each 522 assay. Assays were generally performed with 10 nM CN and terminated after 30 s, with the exception of 523 measurements for pRII α and pRII β (black lines, *Figure I*E & F) where 60 s reactions containing 100 nM 524 CN were used.

For pNPP hydrolysis assays, para-nitrophenol (pNP) production was monitored continuously by
measuring absorbance at 405 nm in a FLUOstar Omega microplate reader. Each 50 μL assay contained 5
μL of 10 x pNPP reaction buffer (100 mM Tris, pH 8.0, 100 mM NaCl, 10 mM CaCl2, 1 mg/ml of BSA,
60 mM MgCl2, 10 mM DTT), and 35 μL solution containing proteins at the appropriate concentrations in
pNPP dilution buffer (100 mM Tris pH 8.0, 100 mM NaCl). Assays were performed with 200 nM CN,

530 and 5 μ M CaM where appropriate. Reactions were initiated by addition of 10 μ L pNPP (Merck) to a final 531 concentration of 5 mM, and pNP production was monitored at 22 °C for 1 hour at 1-minute intervals. For 532 assays using phosphopeptide substrate, 19-mer pRII was synthesised by Biomatik at > 95 % purity. Each 533 50 µL assay contained 5 µL of 10 x phosphopeptide reaction buffer (25 mM Na HEPES pH 7.5, 150 mM 534 NaCl, 25 mM MgCl2, 5 mM DTT, 0.5 mg/mL BSA, 1 mM EDTA), and 30 µL solution containing 535 proteins at the appropriate concentrations in phosphopeptide dilution buffer (25 mM Na HEPES pH 7.5, 536 150 mM NaCl). Assays were performed with 100 nM CN, and 3 µM CaM where appropriate. Assays 537 were initiated by addition of pRII phosphopeptide to a final concentration of 40 μ M, and terminated by 538 addition of 50 µL Biomol Green solution (Enzo Life Sciences) following 3 min incubation at 22 °C. Free 539 phosphate concentration was determined by measuring absorbance at 624 nm in the FLUOstar Omega 540 microplate reader.

541

542 Quantitative immunoblotting of CA1 neuropil extracts. Hippocampal slices were prepared from 18-543 day old male Sprague-Dawley rats. Rats were euthanized by cervical dislocation and 350 µm-thick 544 hippocampal slices were collected using a Leica VT1200S microtome in ice-cold sucrose-based saline 545 (189 mM sucrose, 10 mM glucose, 3 mM KCl, 5 mM MgSO₄, 26 mM NaHCO₃, 1.25 mM NaH₂PO₄, 0.1 546 mM CaCl₂, pH 7.4) saturated with 95% $O_2/5\%$ CO₂. Slices were next transferred to a storage chamber 547 filled with artificial cerebrospinal fluid (aCSF; 124 mM NaCl, 3 mM KCl, 24 mM NaHCO₃, 1.25 mM 548 NaH₂PO₄, 1 mM MgSO₄, 10 mM glucose, 2 mM CaCl₂, pH 7.4) saturated with 95% O₂/5% CO₂ first for one hour at ~ 31 °C and at room temperature thereafter. For micro-dissection, slices were transferred onto 549 550 a pre-chilled Sylgard-coated 90-mm petri dish atop a dry ice/ethanol bath. The CA1 neuropil layer was 551 micro-dissected using an angled micro-knife (Cajigas et al., 2012) by first cutting along the borders of the 552 stratum pyramidale/stratum radiatum and the stratum lacunosum moleculare/hippocampal fissure. 553 Subsequent lateral cuts at the CA2-CA1 and subiculum-CA1 borders completed the rectangular micro-554 slices. Micro-dissected neuropil slices were immediately snap frozen in liquid nitrogen and stored at -80 555 °C. To extract protein, neuropil slices (~ 15 per animal) were first pulverized with a micro-pestle then 556 resuspended in a final volume of 300 µL extraction buffer (50 mM Tris-HCl, 50 mM NaF, 10 mM EGTA, 557 10 mM EDTA, 0.08 mM sodium molybdate, 5 mM sodium pyrophosphate, 1 mM penylmethylsulfonyl 558 fluoride, 0.5 % mM Igepal CA-630, 0.25% mM sodium deoxycholate, 4 mM para-nitrophenylphosphate, 559 cOmplete EDTA-free protease inhibitors and PhosStop phosphatase inhibitors (Roche) at 1 tablet each 560 per 50 mL). The homogenate was sonicated briefly (30 s at 20 MHz) then clarified by centrifugation at 561 21,130 x g (15 min at 4 °C). Total protein concentration in each extract was determined by BCA assay. 562 Quantitative immunoblotting was performed as described previously (Walker-Gray et al., 2017) using anti-PKA subunit primary antibodies purchased from BD Biosciences. HRP-conjugated secondary 563

antibodies were detected with WesternBright ECL chemiluminescent HRP substrate using a ImageQuant imaging unit (GE Healthcare). Band intensities for reference protein standards and neuropil extracts were calculated in ImageJ. For each immunoblot, a reference curve was generated by fitting reference protein concentrations and band intensities to a Hill function (with typical R^2 coefficients > 0.99) using iterative least squares refinement with the Levenberg-Marquardt algorithm in Origin (OriginLab). PKA subunit concentrations in neuropil extracts were determined by cross-referencing to reference curves derived from the same immunoblot.

571

572 AKAR4 measurements. AKAR4 fluorescence measurements were performed using black-walled 96-573 well plates in a FLUOstar Omega microplate reader (BMG Labtech) equipped with a 430nm excitation 574 filter, and 485nm/520nm emission filters. Each 50 µL reaction contained 35 µL proteins mixed in dilution 575 buffer (20 mM HEPES pH 7.5 and 100 mM NaCl) including AKAR4 reporter (0.2 µM final 576 concentration in all cases) and 5 µL of 10 x reaction buffer (20 mM Na HEPES pH 7.5, 100 mM NaCl, 10 577 mM DTT, 100 mM MgCl₂, 10 mM CaCl₂, 0.5 % Igepal CA-630). After three baseline measurements, 578 PKA phosphorylation was initiated by addition of 10 µL solution containing ATP and the desired 579 concentration of cAMP using two injectors built into the plate reader. One injector was primed with ATP 580 solution (20 mM Na HEPES pH 7.5, 100 mM NaCl, 25 mM ATP) and the other with ATP/cAMP 581 solution (20 mM Na HEPES pH 7.5, 100 mM NaCl, 25 mM ATP, 2.5 or 10 µM cAMP) so that different 582 proportions of the two injectors could be used to vary the final cAMP concentration. Measurements were 583 collected at 5 second intervals for a minimum of 10 minutes at 22 °C following injection of ATP. For 584 every run, one control well was included in which AKAR4 was omitted from the protein mixture to 585 enable baseline subtraction.

586 Phosphorylated AKAR4 (pAKAR4), for use in assays comparing PP1 and CN activity towards 587 the reporter, was prepared by incubating 400 µg purified AKAR4 with 20 µg PKA C subunit in 1 mL 588 AKAR4 phosphorylation buffer (25 mM Na Hepes pH 7.5, 150 mM NaCl, 10 mM MgCl₂, 5 mM ATP, 2 589 mM DTT). Following 30 min incubation at 30 °C, the phosphorylated reporter was exchanged into 25 590 mM Na Hepes pH 7.5 and 100 mM NaCl using Sephadex G-25 medium. In pAKAR4 dephosphorylation 591 assays, each well contained 35 µL phosphatase at the appropriate concentration in dilution buffer mixed 592 with 5 μ L of 10 x reaction buffer. Reactions were initiated by injection of 10 μ L AKAR4 solution to a 593 final concentration of 0.2 μ M, and measurements were collected at 5 s intervals for 15 minutes thereafter. 594 For all AKAR4 assays, run parameters were set using Reader Control Software for FLUOstar Omega, and 595 measurements were analyzed using MARS Data Analysis Software (BMG Labtech). Aliquots of a single 596 AKAR4 purification were used across all experiments.

597

598 Kinetic modeling. The model scheme of PKA activation is an updated and extended version of the one 599 published by Buxbaum and Dudai (Buxbaum & Dudai, 1989). The model was simulated in a single 600 reaction compartment devoid of any geometry as a system of chemical reactions mimicking the 601 experimental conditions listed above. The individual chemical reactions were modeled as ordinary 602 differential equation (ODE) using the chemical mass-action equation, as:

603

$$A + B \Leftrightarrow AB \\ k_r$$

604

$$-\frac{d[A]}{dt} = -\frac{d[B]}{dt} = \frac{d[AB]}{dt} = k_f(x) = k_f[A][B] = k_r[AB]$$

605

In total, there were 16 chemical species and 16 reactions included in the model, incorporating mostly bimolecular reactions with forward and backward reaction rates. Enzymatic reactions were represented by the three elementary steps of binding, dissociation and catalysis. All model variants were built using the MATLAB Simbiology toolbox (MathWorks). All reactions, along with initial concentrations of all chemical species and kinetic rates, are listed in *Supplementary File 1*.

611 PKA activation follows a sequential binding of four cAMP molecules to the PKA regulatory RII 612 subunit holoenzyme followed by the release (or activation) of two active catalytic subunits (Taylor et al., 613 2019). However, the chosen modeling approach involved some simplifications: (1) The two RII subunits 614 within the holoenzyme were assumed to behave independently – whereas in reality, some cooperativity is 615 observed in PKA activation due to intra-dimeric contacts within the PKA holoenzymes (Taylor et al., 616 2012); (2) The two cAMP binding sites on the RII subunit were modelled as a single binding event such 617 that binding of cAMP to RII/pRII is first order with respect to cAMP (Hao et al., 2019). This 618 simplification was incorporated as our focus here was on understanding transitions between pRII and RII 619 subunits and not the precise mechanism of cAMP activation; (3) The respective dephosphorylation 620 parameters for both pRII and pRII bound to cAMP were assumed to be equal; (4) Rates of RII 621 phosphorylation by bound C subunit were assumed to be equal irrespective of whether cAMP was bound 622 to the regulatory subunit; (5) RII α and RII β were assumed to behave similarly since isoform-specific 623 differences were not the focus here. These simplifications were used to reduce the number of model 624 parameters.

Parameters corresponding to the reactions involving dephosphorylation by CN were modified to
represent the situations 'with' and 'without' AKAP79 (*Supplementary File 1*). In total eighteen different
experimental AKAR4 responses were used to estimate the model parameters. Twelve corresponded to

628 data shown in *Figure 3*C & E collected with either 0, 0.2, 1 or 2 μ M cAMP activation: conditions with 629 PKA (II) + CaM either alone, with CN, or with both CN and AKAP79. The other six correspond to the 630 calibration curves of C subunit interaction with AKAR4 (Figure 3-figure supplement 1A), which were 631 used to estimate AKAR4 parameters that were kept frozen when the other model parameters were 632 estimated. All parameters were estimated using an approximate Bayesian computation (ABC) approach, 633 which included copulas for merging of different experimental data sets (Eriksson et al., 2019). A 634 Bayesian approach was used over optimization for a single parameter set, to account for the uncertainty in 635 parameter space, and that more than one set of parameters could fit the data. The result is thus described 636 using distributions for possible parameter values, rather than single values. Initial prior knowledge about 637 the possible parameter values using data from this study, and previously published work from other 638 groups (Buxbaum & Dudai, 1989; Isensee et al., 2018; Moore et al., 2003), was used to initiate the 639 parameter fitting (details in *Supplementary File 1*). To account for parameter uncertainty, a log uniform 640 prior distribution for the ABC-method was used. Many of the parameters were set to have a 'prior' range 641 which varied three orders of magnitude from a default parameter value (black bar in Figure 5-figure 642 supplement 1A), which ensured that our parameter values adopted in previous studies (Buxbaum & 643 Dudai, 1989) were sampled. Simulations were started with initial conditions mimicking the experimental 644 settings, thus for the WT system the initial conditions were assumed to reflect that all RII were either free 645 or bound to C with no phosphorylated species or interactions with cAMP. Simulations were then run for 646 the same length as time as the experiments, assuming the cAMP was added at t=0 and that 647 autophosphorylation started at that time.

648 For predicting responses with mutant RII α subunits, the base model was extended by splitting the 649 RII into two pools, namely RII α (85%) and RII β (15%) but keeping the parameter distribution received 650 from the parameter estimation when only one isoform of RII was accounted for. Experiments with WT 651 RII subunits were successfully re-simulated with the extended model to validate the approach. As the 652 mutations when simulating both S98A and S98E were in the RIIa subtype (85%), the corresponding 653 parameters depicting the mutation were only varied for this pool. Both the mutant forms, S98A and S98E, 654 were tested as different model variants. To mimic the conditions of the S98A mutation in the model, the 655 phosphorylation rates of RIIa and RIIa bound with cAMP were set to zero (i.e. for the RIIa partition of 656 the model, kinetics were restricted to the right-hand square sub-system shown in *Figure 4D*). Here the 657 initial conditions were estimated in the same way as described above. To mimic the S98E mutation in the 658 model, the turnover number for dephosphorylation of pRIIa and pRIIa with cAMP by CN were set to 659 zero (i.e. for the RIIa partition of the model, kinetics were restricted to the left-hand square in *Figure* 660 4D). Since S98E mimics a case where all the RII subunits are phosphorylated, in this case initial 661 conditions were such that all RII α were distributed between pRII α and pRII α -C.

662 All model variants were built using the MATLAB Simbiology toolbox (MathWorks). 663 Simulations of these reaction systems were performed using the ode15s solver. All simulations were run 664 for 605 s and the AKAR4 phosphorylation was extracted as output to compare with the experimental 665 findings. The model equations were also exported to the statistical programming language R 666 (https://www.r-project.org/) for implementing the parameter estimation through the ABC-copula 667 approach (Eriksson et al., 2019) and only accept parameter sets whose simulated phosphorylated AKAR4 668 curves reproduced the experimental measurements. A slight modification to the distance measure ρ was introduced to include timeseries data, where $\rho = \sum_i (y_i^{exp} - y_i^{sim})^2 / n$ where y are experimental and 669 simulated data points (normalized to be within 0 and 1) and n the number of data points for the 670 671 experiment (for details see the code repository). The sampling resulted in approximately 15,000 672 parameter samples (a subset of which are shown in *Figure 5-figure supplement 1*A) which all fitted the 673 experimental data within a threshold set to $\rho < 0.01$. All parameter set samples, describing the 674 uncertainty in the parameter estimates, were next projected onto the situations with mutant RII α subunits. 675 The model immediately reproduced the experimental observations with RII α S98E subunits. Although the 676 model correctly reproduced lower rates of AKAR4 that occur with RIIa S98A subunits, and that 677 suppression of PKA activity by AKAP79/CN is reduced in this case, there was a substantial spread in the 678 simulated responses in this case. This indicated that WT data had not perfectly constrained the dynamics 679 in the unphosphorylated RII sub-system (right-hand square, Figure 4B). Therefore, to better understand 680 which parameter characteristics that were important to also account for the RII α S98A, the parameter sets 681 were sub-classified based on how well they fit data collected with RIIa S98A subunits and no CN (light 682 red, *Figure 5*C) using a threshold of 0.0. The parameter sets and its effect on different chemical species of the model were described by multi-trajectory, pairwise coordinate and boxplots, where the color schemes 683 684 follow the classification described above. A code repository for this study may be accessed at 685 https://github.com/jdgas/AKAP79_PKA. It contains the R code for the ABC method as well as 686 MATLAB code for reproducing figures. The R code has to be run on a computer cluster. The repository 687 also contains the models with a few example parameter sets, the full parameter sample as described 688 above, and supplementary figures with simulations and experimental data for all 0, 0.2, 1 and 2 μ M 689 cAMP levels with either WT S98A, or S98E RII α in the reaction mix.

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Lentivirus construction. Lentiviruses were generated by inserting RIIα-IRES2-GFP expression cassettes
into a pFUGW-H1 lentiviral vector (Addgene cat no. 25870) containing a shRNA sequence targeting for
rat RIIα. In the first step, coding sequence for rat PKA RIIα was isolated from a cDNA library that we
generated from total hippocampal RNA from a 7-day old male Sprague Dawley rat bred in the UCL

695 colony. RNA was extracted using an RNeasy Mini Kit before the cDNA library was generated using the 696 first-strand cDNA synthesis kit. Coding sequence for RIIa was amplified from the library using primers 697 Prkar2a F & Prkar2a R and inserted upstream of the IRES2 sequence in pIRES2-GFP (Clontech) using 698 EcoRI and BamHI entry sites. Three pFUGW-H1-shRIIa vectors were constructed to determine an 699 optimal targeting sequence for knockdown of rat RIIa. The targeting sequences (primer pairs 700 shRIIa_F1/R1, shRIIa_F2/R2, and shRIIa_F3/R3) were inserted using the XbaI site of pFUGW-H1. The 701 efficiency of each targeting sequence was determined by co-transfecting HEK293T cells with pIRES2-702 RIIa-EGFP and each pFUGW-H1 vector, with the pFUGW vector in a 10-fold excess. Anti-RIIa 703 immunoblotting revealed that sequence shRII α -1, which targets bases 134-154 in the rat RII α coding 704 sequence, was particularly effective at knocking down RII α protein levels (*Figure 6B*) so this variant 705 served as the parent pFUGW-H1-shRII α vector in the subsequent steps. The coding sequence for RII α in 706 pIRES2-RIIa-GFP was rendered shRNA-resistant ('RIIa*') by SDM with primers 707 Prkar2a shRNA resist F & R. After introducing an NheI entry site into pFUGW-H1-shRIIα by SDM 708 using primers FUGW_NheI_F & R, the dual expression cassette for RIIa-IRES2-GFP was transferred 709 across into pFUGW-H1-shRIIa downstream of the ubiquitin promoter using NheI and AgeI sites to create 710 the complete lentiviral vector pFUGW-H1-shRIIa-RIIa*-IRES2-EGFP.

711 Vectors containing RIIa replacement sequences with mutations at S97 were obtained by SDM 712 with primers pairs rS97A F & R and rS97E F & R. In addition, a control vector containing a scrambled 713 shRNA sequence was constructed using primers shScram F & R. To produce lentivirus, pFUGW vectors 714 were co-transfected with pCMVdR8.74 packaging vector (Addgene cat no. 12259) and pMD2.G envelope 715 glycoprotein vector (Addgene cat no. 12259) into HEK293 cells using Lipofectamine 2000 and 716 maintained in DMEM supplemented with 10% FBS. Cell culture media was collected at both 48 and 72 717 hours after transfection, subjected to 0.45 µm filtering, and centrifuged at 48,384 x g for 4 hours at 4°C to 718 concentrate viral particles. Pelleted virus was resuspended in sterile PBS and stored at -80 °C. 719 Lentiviruses were validated by transducing dissociated hippocampal cultures on DIV7. Neurons were 720 collected on DIV14, and protein extracted using sonication (3 x 10 s at 20 MHz) in extraction buffer. The 721 homogenate was clarified by centrifugation at 21,130 x g for 15 minutes before analysis of protein levels 722 in the supernatant by immunoblotting using antibodies including anti-PKA pRII α (Abcam, RRID: 723 AB_779040), anti-GFP (Sigma Aldrich, RRID: AB_2750576), and anti-\beta-tubulin antibodies (Biolegend, 724 RRID: AB 2565030).

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Lentiviral infection and imaging of dissociated primary hippocampal neurons. Primary hippocampal
 cultures were cultured from E18 Sprague-Dawley pups. Hippocampi were isolated and triturated with

728 trypsin (0.025%) before plating on poly-L-lysine-coated coverslips or 6-well plates in DMEM containing 729 10% heat-inactivated horse serum, and penicillin (40 U/mL)/streptomycin (40 µg/mL). Neurons were 730 cultured at 37°C in 95% air/5% CO₂. Two hours after seeding, the plating media was replaced with 731 Neurobasal-A supplemented with 1% B27, 0.5% (v/v) GlutaMAX, 20 mM glucose, and penicillin (100 732 U/mL)/streptomycin (100 µg/mL). Culture media and additives were purchased from Gibco with the 733 exception of GlutaMAX (Thermo Fisher Scientific). Neurons were infected with lentivirus at DIV7 or 734 DIV9 for dendritic spine density and time-lapse experiments, respectively. Concentrated viral stocks were 735 diluted in conditioned media and incubated with neurons for 18 hours before replacing with fresh pre-736 conditioned media. Live-cell confocal imaging of dendritic spines was performed using an upright Zeiss 737 LSM 510 confocal microscope equipped with an Achroplan 40x water differential interference contrast 738 objective (numerical aperture 0.8). Transduced neurons were washed four times in HEPES-buffered 739 Krebs solution (140 mM NaCl, 4.2 mM KCl, 1.2 mM MgCl₂, 2.52 mM CaCl₂, 5 mM Na HEPES, and 11 740 mM glucose, adjusted to pH 7.4 with NaOH) and placed into a chamber in this same solution at room 741 temperature. For each dendritic segment, upper and lower bounds in the z-plane were initially determined 742 using a rapid z-scan. A full image stack was then collected using a 488 nm Argon laser and a 505-530 nm 743 band-pass emission filter for imaging EGFP fluorescence using 512 x 512 frames with 3-line averaging, 744 and optical slice spacing of 1.035 µm. Time-lapse experiments were conducted to measure changes in 745 spine density and spine-head size after the induction of chemical LTD. An optical slice spacing of 0.9 µm 746 was used during time-lapse experiments. Z-stacks were acquired every 5 min from 15 min before to 60 747 min after the induction of chemical LTD. Bath application of 20 µM NMDA for 3 min was used to induce 748 NMDAR-dependent LTD (Lee et al., 1998). Data was deconvolved using ImageJ (NIH) before automated 749 dendrite identification and classification in NeuronStudio (Rodriguez et al., 2008). In time-lapse 750 experiments, dendritic spine densities were normalized to the value at t=0.

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Statistical analysis. All data are presented as means \pm SE. Kinetic rates were statistically compared using two-tailed unpaired Student *t*-tests. Spine imaging data was compared by ANOVA with Turkey post-hoc tests (*Figure 6D*) and Bonferroni's post-hoc test (*Figure 6G*). *p < 0.05; **p < 0.01; ***p < 0.001.

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757 Acknowledgements

We thank Denis Yuan for assistance with protein purification, and Alexandra Jauhiainen, Andrei Kramer
and Federica Milinanni for help with the parameter estimation process. MGG is a Wellcome Trust and
Royal Society Sir Henry Dale fellow (104194/Z/14/A), and is grateful for support from the BBSRC
(BB/N015274/1). SH is a Rett Syndrome Fellow and also supported by a Wellcome Trust Collaborative

- award to TGS. The research was supported by the Swedish Research Council (VR-M-2017-02806; VR-
- 763 M-2020-01652), the Swedish e-Science Research Centre (SeRC), European Union/Horizon 2020 no.
- 764 945539 Human Brain Project SGA3, and an Erasmus Scholarship from Portugal. Optimizations and
- simulations were performed on resources provided by the Swedish National Infrastructure for Computing
- 766 (SNIC) at Lunarc, Lund University.
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- 1120 Figure Legends
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1122 Figure 1. Effect of AKAP79 on pRII dephosphorylation by CN. (A) Dephosphorylation of the 1123 inhibitor sequence (IS, yellow) of RII subunits enables faster PKA C subunit capture. (B) AKAP79 1124 contains anchoring sites for CN (red) and PKA RII subunits (blue) in its C-terminal region. Other 1125 macromolecular interactions are mediated through elements within its tandem polybasic regions 1126 (TPRs, grey). (C) CN-catalyzed phosphate release from pRIIα subunits with either no AKAP79, WT 1127 AKAP79 (light blue), or AKAP79 lacking the PIAIIIT anchoring motif (' Δ CN'). (**D**) CN-catalyzed 1128 phosphate release from pRIIB subunits with either no AKAP79, WT AKAP79 (dark blue), or 1129 AKAP79 Δ CN. (E) The relationship between CN activity towards pRII α subunits and pRII α 1130 concentration with pRIIa subunits included either alone (black circles) or in complex with AKAP79_{c97} 1131 (light blue squares). (F) The relationship between CN activity towards pRIIB subunits and pRIIB 1132 concentration with pRIIß subunits included either alone (black circles) or in complex with AKAP79_{c97} 1133 (dark blue squares). For panels E & F, activities at each concentration were measured in triplicate. 1134 Statistical comparisons were performed using two-tailed unpaired Student *t*-tests. ***p<0.001.

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Figure 2. Quantitation of PKA subunits in CA1 neuropil. Images of a P17 rat hippocampal slice
before (A) and after (B) micro-dissection of the CA1 neuropil layer. (C) Immunoblots of CA1
neuropil extract for PKA subunits. Extracts were run alongside reference amounts of the relevant
purified PKA subunit in each immunoblot (*Figure 2-figure supplement 1*). In each case, 15 µg total
protein extract was run alongside the reference series, with the exception of the anti-C immunoblot (10
µg extract). (D) Copy numbers of PKA subunits in rat CA1 neuropil normalized to C subunits.

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1143 Figure 3. FRET-based PKA activity measurements. (A) AKAR4 mechanism: phosphorylation of 1144 the sensor by PKA is detected as an increase in FRET between the terminal fluorescent proteins. (B) 1145 Concentrations of proteins used for *in vitro* AKAR4 assays. Different experiments utilized different 1146 mixtures of these proteins but always at these concentrations. (C) Representative AKAR4 traces 1147 showing change in 520 nm / 485 nm (Y/C) emission ratio over time after injection of different 1148 concentrations of cAMP in tandem with 5 mM ATP. All protein mixtures included AKAR4, type II PKA (RIIa, RIIb, C), and CaM. Experiments were performed with either no further additives (top 1149 1150 row, black), with CN added (middle row, blue), or with both CN and AKAP79_{c97} added (bottom row, 1151 red). ATP/cAMP injections are indicated by arrows. (**D**) The chart shows peak rates of emission ratio 1152 change for the recordings shown in the preceding panel. n values are stated above the columns. (E)

For these recordings, type II PKA, CN, and CaM were included in all cases. Phosphorylation was initiated by injection of 5 mM ATP and 1 μ M cAMP at t=0. Averaged responses ± standard error (SE) are shown with no further additives (blue), or when either WT (red), Δ CN (purple), or Δ PKA (gold) variants of AKAP79_{c97} were included. (**F**) Peak rates (calculated between 30-90 s) for the responses shown in the preceding panel. Statistical comparisons were performed using two-tailed unpaired Student *t*-tests. ***p<0.001.

1159

1160 Figure 4. Kinetic analysis of PKA-CN-AKAP79 signaling. (A-C) Estimates of the average 1161 proportion of free C subunits between 30-90 s for type II PKA alone (black), with CN (blue), and with 1162 both CN and AKAP79_{c97} (red) following activation of the protein mixtures with a range of cAMP 1163 concentrations. (**D**) Reaction scheme used for modeling type II PKA regulation by CN. Each species 1164 within the scheme is numbered consistent with supporting data in figure in *Supplementary File 1*. (E-1165 G) Model simulations for protein mixtures activated with 1 μ M cAMP are shown with the 1166 experimental data overlaid. Averaged values are shown for experimental data after pooling the data 1167 shown in Figure 3. Responses are shown for type II PKA alone (E), with CN (F), and with both CN 1168 and AKAP79_{c97} (G). A sample of the corresponding simulated responses are shown in grey. An 'error' 1169 threshold of 0.01 was used to accept curves as a good fit.

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1171 Figure 5. Characterization of RII α IS phosphorylation site mutations. (A) RII α subunit topology 1172 showing locations of the docking and dimerization domain (D/D, grey), inhibitor sequence (IS, 1173 vellow), and tandem cyclic nucleotide binding domains (dark and light blue). S98A (red) and S98E 1174 (green) mutations in the IS are highlighted. (B-D) Comparison of AKAR4 emission ratio changes 1175 following 5 mM ATP/1 μ M cAMP activation of protein mixtures containing either WT (**B**), S98A (**C**), 1176 or S98E (**D**) RII α . 1.03 μ M RII β was included in all cases. Measurements were collected either with 1177 or without CN in the reaction mixture. Averaged responses (\pm SE) are shown for WT RII α with (dark 1178 blue) and without CN (light blue), S98A RII α with (dark red) and without (light red) CN, and RII α S98E with (dark green) and without (light green) CN. (E) The upper bar chart shows peak rates 1179 1180 (calculated between 30-90 s) for the responses shown in panels b-d. The effect of including CN in the 1181 reaction mixture for each RII variant is shown in the lower bar chart. (F-H) Model predictions in the 1182 six conditions of panels b-d are shown in grey when simulating using the 'extended' model (see 1183 Methods) and using the different parameter sets generated from the parameter estimation approach. 1184 The same parameters as retrieved using data shown in figure 4 were used as a starting point for the 1185 simulations, but parameter sets were filtered based on data collected with RII α S98A. Model

1186 predictions are shown alongside the corresponding experimental data collected with either WT (F).

S98A (G), or S98E (H) RII α in the reaction mix.

1187 1188

1189 Figure 6. Lentivirus development and spine density imaging. (A) Schematic of the FUGW-H1-1190 based lentiviral vector used to knock down and replace endogenous RIIa subunits in dissociated 1191 hippocampal cultures. (B) To validate lentiviruses, dissociated hippocampal neurons were infected on 1192 the seventh day in vitro (DIV7). Immunoblots are shown comparing neuronal extracts collected on 1193 DIV14 after infection with no virus, virus expressing scrambled shRNA only, shRIIa only, and the 1194 three complete lentiviruses for knockdown/replacement with either WT, S97A, or S97E RIIa. (C) 1195 Representative live-cell images of lentivirus-infected primary hippocampal neurons at DIV14 1196 expressing either WT, S97A, or S97E RIIα. Scale bars correspond to 50 μm (upper panels) and 5 μm 1197 (lower panels). (D) Average spine density on hippocampal dendrites following lentiviral replacement 1198 of endogenous RIIa. Data were averaged from 106 (WT), 97 (S97A), and 113 (S97E) neurons derived 1199 from 7 rats for each condition, and are represented as mean \pm SE. Conditions were compared using 1200 one-way ANOVA with Turkey post-hoc tests. (E) Representative live-cell images showing dendritic 1201 spines in primary hippocampal neurons expressing either WT, S97A, or S97E replacement RIIa at 1202 three points before and after chem-LTD (scale bar = $2.5 \mu m$). Chem-LTD was induced at t=0 with 20 1203 μ M NMDA for 3 minutes. The yellow asterisk indicates a spine that disappeared over the course of the 1204 protocol whereas the pink asterisks indicate spines that did not. (F) Plot showing average changes in 1205 spine density (± S.E) in primary hippocampal neurons expressing either WT (dark blue), S97A (red) or 1206 S97E (green) RIIa. (G) Average changes in spine density \pm SE one hour after induction of chem-LTD 1207 are shown for neurons expressing WT (dark blue, n=5), S97A (red, n=5), and S97E (green, n=4) RII α 1208 variants as shown in the preceding two panels. Statistical comparisons were performed by 2-way 1209 ANOVA followed by Bonferroni's post-hoc test. **p<0.01, ***P<0.001

1210

1211 Figure 7. Summary model of PKA suppression by CN within the AKAP79 complex. Structural 1212 and kinetic models (upper and lower panels, respectively) of signaling within the AKAP79 complex 1213 are shown under conditions of either low (A) or elevated Ca^{2+} (B). Elevated Ca^{2+} triggers CN (red) 1214 dephosphorylation of pRII (blue) which shifts C subunit capture from the left-hand square of the 1215 kinetic scheme to the right-hand square which features dephosphorylated forms of RII. The overall 1216 effect is a reduction in the concentration of free C subunits. The most abundant forms of RII under the 1217 two conditions are highlighted by blue spheres.

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Supplementary Figure Legends

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1220 Figure 1-figure supplement 1. Purified proteins. Images showing the purity of purified proteins 1221 applied in this study are shown following SDS-PAGE with 4–12% Bis-Tris NuPAGE gels. (A) Full-1222 length WT PKA RIIa and RIIB subunits. (B) Full-length AKAP79. (C) The complex of RIIa and 1223 AKAP79_{c97}. (**D**) The complex of RIIB and AKAP79_{c97}. (**E**) The CN heterodimer. (**F**) CaM. (**G**) 1224 AKAR4 – the left-hand image shows Coomassie staining whereas the right-hand image shows anti-1225 GFP immunoblotting of an equivalent lane after transfer to nitrocellulose. (H) Variants of RIIa (WT, 1226 S98A, S98E) applied in AKAR4 assays. (I) Variants of AKAP79_{c97} (WT, Δ CN, Δ PKA) applied in 1227 AKAR4 assays. All images were scanned following Coomassie staining unless otherwise stated.

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Figure 1-figure supplement 2. pRII phosphorylation by CN at supra-physiological
concentrations. The relationship between CN activity towards pRII and pRII concentration in the
absence of AKAP79 is linear for both pRIIα (A) and pRIIβ (B) up to at least 20 µM pRII.

1232

1233 Figure 1-figure supplement 3. Effect of AKAP79c97 variants on pNPP and pRII phosphopeptide 1234 dephosphorylation. (A) Bar chart showing relative rates of pNPP hydrolysis by CN with (blue) and 1235 without (black) CaM activation, and for CN+CaM in the presence of WT (red), Δ CN (purple), and Δ PKA 1236 (gold) variants of AKAP79_{c97}. The relative rate of pNPP hydrolysis was reduced from 1 ± 0.04 to $0.19 \pm$ 1237 0.002 when CaM was excluded. Inclusion of WT AKAP79_{c97} resulted in relative pNPP hydrolysis of 1.61 1238 \pm 0.02 (2 µM) and 1.69 \pm 0.03 (10 µM); for the Δ CN variant, the rates were 1.00 \pm 0.04 (2 µM) and 1.16 1239 ± 0.01 (10 μ M); and for the Δ PKA variant, the rates were 1.37 ± 0.02 (2 μ M) and 1.44 ± 0.02 (10 μ M). 1240 Taken together, the data indicate that the PIAIIIT motif of AKAP79 is able to weakly enhance CN 1241 hydrolysis of pNPP. (B) Bar chart showing relative rates of 40 µM pRII 19-mer peptide 1242 dephosphorylation by CN. Conditions are colored in the same way as the preceding panel. For pRII 1243 peptide, the relative rate of dephosphoylation was reduced from 1 ± 0.10 to 0.062 ± 0.01 when CaM was 1244 excluded. Inclusion of WT AKAP79_{c97} resulted in relative dephosphorylation rates of 0.51 ± 0.06 (2 μ M) 1245 and 0.47 \pm 0.05 (10 μ M); for the Δ CN variant, the rates were 0.92 \pm 0.09 (2 μ M) and 0.81 \pm 0.09 (10 1246 μ M); and for the Δ PKA variant, the rates were 0.70 \pm 0.07 (2 μ M) and 0.66 \pm 0.06 (10 μ M). The data is 1247 consistent with previous reports that AKAP79 weakly inhibits CN activity towards pRII phosphopeptide 1248 (Coghlan et al., 1995; Kashishian et al., 1998).

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Figure 2-figure supplement 1. Reference curves for quantitation of PKA subunits in CA1 neuropil. The four panels show reference curves (red lines) that relate immunoblot band intensity to ng of PKA subunit per lane, and correspond to the data shown in *Figure 2*C. (A) Anti-pan C immunoblot reference curve. The point at which the neuropil extract lane falls on the curve is denoted by a green circle. (B) Anti-pan RI reference curve with neuropil extract lane denoted by a purple circle. (C) Anti-RIIα reference curve with neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a dark blue circle.

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1258 Figure 3-figure supplement 1. AKAR4 reference measurements with PKA catalytic subunit. (A) 1259 Averaged AKAR4 traces showing change in 520 nm / 485 nm (Y/C) emission ratio over time after 1260 injection of 5 mM ATP into reactions containing only PKA C subunits at a range of concentrations. 1261 (B) Relationship between free C subunit concentration (in the absence of CN) and emission ratio change per minute. The data was fitted to a Hill function ($y = 380*x^{1.71}/(3481^{1.71}+x^{1.71})$) with an 1262 adjusted R-square value of 0.99983. (C) Averaged AKAR4 traces showing data for the same 1263 1264 experiment as the preceding panel but with 1.5 μ M CN included in all reactions. (**D**) Peak 520 nm / 1265 485 nm (Y/C) emission ratio changes at different concentrations of C subunit, either without (black 1266 bars) or with (striped bars) 1.5 µM CN. Average rates were calculated between 15-75 s, with the 1267 exception of 0 and 25 nM C subunit concentrations (30 - 330 s). (E) Averaged peak AKAR4 1268 responses from all recordings for type II PKA either alone (top row), with CN (middle row), or with 1269 both CN and AKAP collected after injections of 5 mM ATP with different concentrations of cAMP. 1270 These rates were cross-referenced against the reference curve shown in panel b to estimate free C 1271 subunit concentrations (plotted in *Figure 4*A-C). Peak rates were calculated between 30-90 s, with the 1272 exception of 0 & 100 nM cAMP responses where a wider time window (30-330 s) was applied.

1274 Figure 3-figure supplement 2. Comparison of CN and PP1 activity towards AKAR4. (A) AKAR4 1275 responses are shown for reactions containing 400 nM C subunits alone (black), with 1.5 µM CN (blue), or 1276 with 1.5 µM PP1 (purple). Phosphorylation was initiated by injection of ATP to a final concentration of 5 1277 mM. (B) Peak rates (calculated between 20-50 s after ATP injection) for the responses shown in the 1278 preceding panel. Inclusion of CN did not alter the rate (relative rates of 1 ± 0.05 for C alone compared to 1279 1.02 ± 0.08 for C + CN), whereas addition of PP1 (purple) reduced the rate to 0.14 ± 0.04 (p = 9 x 10e-6). 1280 (C) We also compared rates of dephosphorylation of AKAR4 pre-phosphorylated by PKA. Reponses are 1281 shown for pAKAR4 dephosphorylation in the presence of no phosphatase (black) or with different 1282 concentrations of CN (blue) or PP1 (purple). (D) Peak rates for the data shown in the preceding panel. 1283 Replicate numbers for each condition are shown in parentheses. Rates are normalized to the 1284 dephosphorylation rate with 1 μ M PP1. The relative rates were as follows: 0.003 ± 0.001 with no 1285 phosphatase; with CN, 0.007 ± 0.001 (0.3 μ M); 0.011 ± 0.001 (1 CN), and 0.033 ± 0.001 (3 μ M); and 1286 with PP1, 0.15 ± 0.02 (0.1 μ M), 0.44 ± 0.01 (0.3 μ M), and 1 ± 0.09 (1 μ M). The data indicate that PP1 is 1287 much more active towards pAKAR4 than CN, with 5-fold faster pAKAR4 dephosphorylation at the 1288 lowest PP1 concentration tested (0.1 μ M) than the highest CN concentration (3 μ M). The statistical 1289 comparison was performed using a one-tailed paired Student t-test. ***p<0.001.

1290

1291 Figure 4-figure supplement 1. Simulations of kinetic scheme species changes in concentration over 1292 time. Each row corresponds to the concentration (μM) of an individual species simulated in seven 1293 different reaction mixtures. The first three columns correspond to experiments with WT RIIa subunits; 1294 columns four and five to experiments with RIIa S98A subunits, and the last two columns with RIIa S98E 1295 subunits. Red lines correspond to simulations whose parameter sets were classified as far from 1296 experimental data collected with mutated RIIa, but which fit well to data collected with WT RIIa subunits 1297 in reactions stimulated with 0, 0.2, 1 and 2 µM cAMP. Blue traces correspond to simulations with 1298 parameter sets that generated results close to experimental data collected with both WT and mutant RIIa 1299 subunits.

1300

1301 Figure 4-figure supplement 2. Simulations of responses with different concentrations of cAMP.

For each condition, simulations (grey lines) are shown alongside experimental data. The first four rows show responses with different concentrations of cAMP: 0 μ M (top row), 0.2 μ M (second row), 1 μ M (third row), 2 μ M (fourth row). The bottom row corresponds to responses at 1 μ M with mixtures containing RII α mutants.

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1307 Figure 5-figure supplement 1. Space of parameters used in model fitting. (A) The illustration 1308 shows the marginal posterior distribution of each model parameter on a logarithmic scale for a subset 1309 of parameter samples that generated simulations that fit experimental data collected with WT RIIa 1310 subunits. Each sample in the distribution is connected across the parameters by a line, whose color 1311 indicates whether the corresponding parameter set also generated simulations fitting closely (blue) to 1312 data collected with mutant RIIa subunits or not (red). The parameter priors are indicated by the 1313 respective black horizontal bars. (B) Distribution of dissociation constants (K_D 's). The boxplots 1314 display median values (red lines), the 50 % datapoint distribution around the median (designated by 1315 boxes) and the remaining 25% datapoint distributions (lower and upper whiskers). Boxplots are shown for all eight K_D's obtained with the model priors (left), data fitted using experiments with WT RIIa 1316 1317 subunits (middle), and parameters selected for fitting to data collected with RIIa S98A subunits. (C)

1318	Marginal histograms for K_D76 (left) and K_D56 (right) with parameter sets classified according to
1319	whether they fit well to the RII α S98A data (blue) or not (red). (D) Scatterplot showing how the K _D 76
1320	and $K_D 56$ parameters are related according to the same two classes.
1321	
1322	
1323	Supplementary File Legends
1324	
1325	Supplementary File 1. Kinetic modeling parameters. The table lists parameters used in the
1326	computational modeling. Parameter terminology is according to the numbers above stated in Figure 4B,
1327	e.g., k12 refers to the on rate of cAMP binding to state 1 (pRII-C) to produce state 2 (pRII-C-cAMP). The
1328	prior range used to constrain parameter estimation is provided for each parameter along with links to the
1329	references used to set the default values.
1330	
1331	Supplementary File 2. Oligonucleotide primer sequences.
1332	
1333	
1334	Legends for source data linked to figures
1335	
1336	Figure 1-source data. Radioactive phosphatase assays
1337	Figure 2-source data. Quantitative immunoblotting
1338	Figure 3-source data. Rates of AKAR4 phosphorylation in purified protein mixtures
1339	Figure 4-source data. Free C subunit calculations
1340	Figure 5-source data. Rates of AKAR4 phosphorylation with mutant RII $lpha$ subunits
1341	Figure 6-source data. Spine density quantitation
1342	Figure 1-supplement 2. Phosphatase assays without AKAP79
1343	Figure 1-supplement 3. Colorimetric phosphatase assays
1344	Figure 3-supplement 1. Rates of AKAR4 phosphorylation with C subunit alone
1345	Figure 3-supplement 2. Comparison of CN and PP1 activity towards pAKAR4
1346	
1347	Legend for source data provided under 'Additional Files'
1348	
1349	Source data. Original images of Coomassie-stained gels and immunoblots included in the
1050	

1350 manuscript

1	AKAP79 enables calcineurin to directly suppress protein kinase A
2	activity
3	
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20	Abstract
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Interplay between the second messengers cAMP and Ca²⁺ is a hallmark of dynamic cellular processes. A 22 common motif is the opposition of the Ca²⁺-sensitive phosphatase calcineurin and the major cAMP 23 24 receptor, protein kinase A (PKA). Calcineurin dephosphorylates sites primed by PKA to bring about 25 changes including synaptic long-term depression (LTD). AKAP79 supports signaling of this type by 26 anchoring PKA and calcineurin in tandem. In this study, we discovered that AKAP79 increases the rate of 27 calcineurin dephosphorylation of type II PKA regulatory subunits by an order of magnitude. Fluorescent 28 PKA activity reporter assays, supported by kinetic modeling, show how AKAP79-enhanced calcineurin 29 activity enables suppression of PKA without altering cAMP levels by increasing PKA catalytic subunit capture rate. Experiments with hippocampal neurons indicate that this mechanism contributes towards 30 31 LTD. This non-canonical mode of PKA regulation may underlie many other cellular processes.

32 Introduction

33

Cyclic adenosine monophosphate (cAMP) and Ca^{2+} are ancient second messengers that are fundamental 34 to the regulation of many dynamic cellular processes including synaptic plasticity (Huang et al., 1994), 35 36 heart contraction (Bers et al., 2019), and glycogen metabolism (Roach et al., 2012). Crosstalk between the 37 two second messengers is a common feature of cellular signaling. For example, cAMP can enhance cvtosolic Ca²⁺ entry by triggering phosphorylation of key ion channels (Qian et al., 2017; Schmitt et al., 38 39 2003) by its major intracellular receptor cAMP-dependent protein kinase, also known as Protein Kinase A 40 (PKA). Similarly, Ca²⁺ can regulate cAMP levels by altering activities of both phosphodiesterases (Baillie et al., 2019) and adenylyl cyclases (Qi et al., 2019). At the receptor level, a common signaling motif is the 41 opposition of PKA and the highly-abundant Ca^{2+} -sensitive phosphatase calcineurin (CN), with CN 42 triggering cellular changes by removing phosphate from substrates primed by PKA. Notable examples of 43 44 this motif are the regulation of postsynaptic substrates including AMPA-type glutamate receptors in the 45 induction of long-term depression (LTD) of synaptic strength (Bear, 2003), and control of NFAT nuclear 46 localization in immune responses (Hogan, 2017). According to current consensus, in these cases CN 47 dephosphorylates substrates without any requirement for directly altering PKA activity (Dittmer et al., 48 2014; Lu et al., 2011; Tunquist et al., 2008; Weisenhaus et al., 2010; Zhang & Shapiro, 2016). This 49 implies that energetically-costly futile cycles of phosphate addition and removal by PKA and CN must 50 persist to maintain dephosphorylated substrate. It would be more logical for PKA activity to be switched 51 off when CN is activated during substrate dephosphorylation. Uncovering the mechanism to achieve this 52 is the focus of this study.

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54 Recent years have seen renewed interest in mechanisms for regulating the release and re-capture of PKA 55 catalytic subunits (Bock et al., 2020; Gold, 2019; Zhang et al., 2020), including new data that hint at how 56 CN might directly suppress PKA activity. PKA is comprised of regulatory subunit dimers that bind and 57 sequester PKA catalytic (C) subunits in an inhibited state (Taylor et al., 2019). PKA regulatory subunits 58 are classified into type I subunits (RI α and RI β) that are predominantly cytosolic, and type II subunits 59 (RIIa and RIIB) that co-sediment with membranes (Gold, 2019). The regulatory subunit inhibitor 60 sequence (IS) is phosphorylated upon association with C subunits for RII but not RI subunits, which bear 61 alanine in place of serine in the phospho-acceptor site (S98 in RIIa). Quantitative immunoblotting and 62 mass spectrometry (MS) have recently shown that PKA regulatory subunits - and particularly RII 63 subunits – greatly outnumber PKA C subunits (Aye et al., 2010; Walker-Gray et al., 2017) throughout the 64 body. In addition, Zhang and co-workers (Zhang et al., 2015) have extended earlier observations (Rangel-65 Aldao & Rosen, 1976) to quantify differences in the rate of C subunit binding to RII subunits either

phosphorylated (pRII) or dephosphorylated at the IS. Remarkably, the kon rate for C subunit association is 66 67 ~50 times faster for dephosphorylated RII than pRII (Zhang et al., 2015) (*Figure 1A*). In theory, rapid 68 dephosphorylation of RII subunits by CN could directly suppress PKA activity by increasing the rate of C 69 subunit capture thereby reducing the proportion of C subunits that are dissociated (Buxbaum & Dudai, 70 1989; Isensee et al., 2018; Ogreid & Doskeland, 1981; Stemmer & Klee, 1994; Zhang et al., 2015; Zhang 71 et al., 2012). While recent observations concerning PKA subunit stoichiometry and pRII/RII binding 72 kinetics support this notion, isolated pRII is a low affinity substrate for CN with a half-maximal substrate 73 concentration (K_m) above 20 µM (Blumenthal et al., 1986; Perrino et al., 1992; Stemmer & Klee, 1994). 74 Therefore, pRII dephosphorylation by CN would not be expected to occur to a meaningful degree at 75 physiological concentrations in the absence of an additional factor.

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77 Anchoring proteins support signal transduction by elevating effective local concentrations of signaling 78 proteins, and therefore theoretically an AKAP might support pRII dephosphorylation by CN in cells 79 (Gildart et al., 2020). A-kinase anchoring protein 79 (AKAP79; rodent ortholog AKAP150, gene name 80 AKAP5) is a prototypical mammalian anchoring protein with several features that indicate it could 81 operate in part by increasing the effective protein concentration of pRII subunits for CN. AKAP79 can 82 simultaneously anchor both CN and PKA (Coghlan et al., 1995). It contains an amphipathic anchoring 83 helix (Gold et al., 2006; Kinderman et al., 2006) for binding RII subunits, and a short linear 'PIAIIIT' CN 84 anchoring motif (Dell'Acqua et al., 2002; Li et al., 2012). The two anchoring sites are separated by only 85 ~50 amino acids in the primary sequence within the C-terminus of AKAP79 (Figure 1B). AKAP79 is 86 localized in dendritic spines where it is required for anchoring RII subunits (Tunquist et al., 2008). The 87 anchoring protein is necessary for both induction of long-term depression (LTD) of CA3-CA1 88 hippocampal synapses (Lu et al., 2008; Tunquist et al., 2008; Weisenhaus et al., 2010), and for CN-89 mediated dephosphorylation of NFAT (Kar et al., 2014; Murphy et al., 2014) – both processes that are 90 driven by CN dephosphorylation of sites primed by PKA. Despite these characteristics, the possibility 91 that AKAP79 could support pRII dephosphorylation by CN has been disregarded perhaps because 92 paradoxically AKAP79 acts as a weak inhibitor for CN dephosphorylation of 20-mer peptides 93 corresponding to the phosphorylated RII IS (Coghlan et al., 1995; Kashishian et al., 1998). We reasoned 94 that these assays could be misleading since peptide substrates are not subject to anchoring alongside CN 95 that occurs for full-length RII subunits. To resolve this issue, in this study we measured how AKAP79 alters CN activity towards full-length pRII subunits. We went on to determine if AKAP79 can reduce the 96 97 fraction of dissociated C subunits in concert with CN using fluorescence-based assays supported by 98 kinetic modeling, before substantiating our observations in hippocampal neurons.

99 **Results**

100

101 AKAP79 enables CN to efficiently dephosphorylate RII subunits at physiological concentrations

102 We set out to determine whether AKAP79 can increase CN dephosphorylation of full-length RII subunits phosphorylated at the IS. Using purified proteins (*Figure 1-figure supplement 1*), we compared ^{32}P 103 104 release from either pRII α (*Figure 1*C) or pRII β (*Figure 1*D). Thirty second reactions were initiated by 105 addition of excess Ca²⁺/calmodulin (CaM) to 10 nM CN and 400 nM pRII subunits. For pRIIa without 106 AKAP79, phosphate was released from only 0.36±0.13 % of the subunits (black, *Figure 1*C). Inclusion of 107 full-length AKAP79 in the reaction mix increased phosphate release by 12.4-fold ($p = 7.4 \times 10^{-6}$) to 108 4.52±0.26 % pRIIa subunits (light blue, *Figure 1C*). Removing the PIAIIIT anchoring sequence in 109 AKAP79 (Δ CN) returned dephosphorylation to a baseline level of 0.26±0.06 % (grey, *Figure 1*C), 110 consistent with a mechanism in which anchoring of CN adjacent to pRII subunits enhances the rate of 111 dephosphorylation. Similar results were obtained for pRIIB, with addition of AKAP79 increasing phosphate release 16.3-fold ($p = 3.0 \times 10^{-6}$) from 0.34±0.13 % (black, *Figure 1D*) to 5.49±0.17 % (dark 112 113 blue, Figure 1D). Ablating the CN anchoring site in AKAP79 also reduced phosphorylation to a baseline 114 level of 0.2±0.02 % for this isoform (grey, *Figure 1D*).

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116 We next measured CN activity towards pRII over a range of pRII concentrations. We compared activity 117 towards pRII subunits alone or in complex with a fragment of AKAP79 (AKAP79_{c97}) encompassing 118 positions 331-427 that includes the CN and RII subunit anchoring sites. Working with this stable highly-119 expressed construct enabled us to purify sufficient quantities of pRIIα-AKAP79_{c97} and pRIIβ-AKAP79_{c97} 120 complexes (*Figure 1-figure supplement I*C & D) to sample concentrations up to 5 μ M. In complex with 121 AKAP79_{c97}, both pRIIa and pRIIB acted as relatively high affinity substrates of CN. pRIIa-AKAP79_{c97} (light blue, *Figure 1*E) was dephosphorylated with a half-maximal concentration (K_m) of 1.36±0.16 μ M 122 and turnover number (k_{cat}) of 0.45±0.02 s⁻¹, and pRII β -AKAP79_{c97} with K_m = 0.74±0.12 μ M and k_{cat} = 123 124 0.24 ± 0.01 s⁻¹. As expected, in the absence of the anchoring protein, pRIIa and pRIIB subunits served as 125 low affinity substrates for CN (black lines, Figure IE & F). For both isolated pRII isoforms, the 126 relationship between phosphatase activity and pRII concentration was linear up to 20 µM (Figure 1-127 figure supplement 2) – the highest concentration tested – indicative of a K_m of greater than 20 μ M. CN activity was very low ($<0.03 \text{ s}^{-1}$) at concentrations of 5 µM pRII or lower. This is consistent with earlier 128 129 studies that reported a K_m of 94 µM for CN dephosphorylation of a phosphorylated 19-mer peptide 130 derived from the RIIa IS (Stemmer & Klee, 1994). We also compared CN activity towards para-131 nitrophenylphosphate (pNPP) and a peptide corresponding to the isolated phosphorylated RII inhibitor 132 sequence (sequence DLDVPIPGRFDRRVpSVAAE) with and without variants of AKAP79_{c97} (Figure 133 *1-figure supplement 3*). WT AKAP79_{c97} enhanced CN activity towards pNPP by ~ 65 %, and reduced 134 its activity towards pRII phosphopeptide by ~ 50 %, consistent with previous reports that AKAP79 acts as 135 a weak inhibitor of CN activity towards this phosphopeptide (Coghlan et al., 1995; Kashishian et al., 136 1998). Enhanced CN activity towards pNPP in the presence of PxIxIT-type motifs that have the opposite 137 effect on phosphopeptide dephosphorylation has also been observed previously (Grigoriu et al., 2013). 138 Overall, our data are consistent with a mechanism in which AKAP79 enhances CN dephosphorylation of 139 full-length RII subunits by increasing effective substrate concentration rather than by altering the inherent 140 catalytic activity of the phosphatase.

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142 To put our kinetic parameters for pRII dephosphorylation into a physiological context, we set out to 143 determine accurate protein concentrations for PKA subunits in the CA1 neuropil where Schaffer 144 collaterals from the CA3 region synapse onto CA1 dendrites (*Figure 2A*). These synapses are a leading 145 prototype for understanding forms of LTD driven by CN following PKA priming (Bear, 2003). We 146 collected hippocampal slices from 18-day old male Sprague-Dawley rats before micro-dissecting CA1 147 neuropil sections (Figure 2B). Following homogenization, concentrations of C, RIIa, RIIB, and RI 148 subunits in the extracted protein were determined using quantitative immunoblotting by running extracts 149 (n=5) alongside reference concentrations of purified PKA subunits (Figure 2C, Figure 2-figure 150 supplement 1) (Walker-Gray et al., 2017). We found that RII α was by far the most predominant PKA 151 subunit in the CA1 neuropil, accounting for 0.32±0.029 % total protein content compared to 0.032±0.003 152 % for C subunits, 0.041±0.014 % for RI, and 0.06±0.006 % for RIIB. These numbers equate to a 9.4-fold 153 higher molar abundance of RII α subunits (light blue, *Figure 2D*) relative to C subunits with RI and RII β 154 present at similar levels to C subunits. The predominance of the RIIa subunit is consistent with a previous 155 imaging study of rodent hippocampus (Weisenhaus et al., 2010). Assuming that protein accounts for 8 % 156 of total rat brain weight (Clouet & Gaitonde, 1956), we estimated RII subunit concentrations of 5.9 µM 157 (RII α) and 1.03 μ M (RII β). These values fall within the range where CN efficiently dephosphorylates 158 pRII only in the presence of AKAP79 (Figure 1E & F). Taken together our data therefore indicate that 159 AKAP79 greatly enhances CN activity towards phosphorylated RII subunits at physiological 160 concentrations.

161

162 AKAP79 enables calcineurin to suppress type II PKA activity

163 Given that AKAP79 supports rapid pRII dephosphorylation by CN, we hypothesized that the AKAP
164 could enable CN to directly reduce the fraction of dissociated C subunits in mixtures of RII and C
165 subunits. To test this hypothesis, we utilized purified A-kinase activity reporter 4 (AKAR4) (*Figure 3*A).
166 PKA phosphorylation at threonine within the reporter's central 'LRRA<u>T</u>LVD' motif leads to a

167 conformational change that increases FRET efficiency between the terminal fluorescent proteins (Figure 168 3A)(Depry et al., 2011). All AKAR4 experiments were performed using purified protein mixtures in 96-169 well plates. For each recording, three baseline 520/485 nm emission ratios were measured prior to 170 injection of ATP and the desired concentration of cAMP into the protein mixture to initiate 171 phosphorylation. Emission ratios were collected once every 5 seconds (s) thereafter. In calibration 172 experiments with AKAR4 and different concentrations of C subunit only (Figure 3-figure supplement 173 IA), we found that the initial rate of AKAR4 phosphorylation had a close to linear relationship to C 174 subunit concentration up to 400 nM C subunit (Figure 3-figure supplement 1B). Full AKAR4 175 phosphorylation increased the emission ratio by 72 % (Figure 3-figure supplement 1A), consistent with 176 previous studies (Depry et al., 2011). Importantly, supplementing these reactions with 1.5 µM activated 177 CN had no detectable effect on AKAR4 phosphorylation rates, indicating that the phosphatase cannot 178 efficiently dephosphorylate the reporter (Figure 3-figure supplement 1C & D). In comparison, 179 supplementation with 1.5 μ M PP1 reduced the phosphorylation rate by ~ 7-fold (*Figure 3-figure* 180 supplement 2A & B). Phosphatase assays using pre-phosphorylated AKAR4 confirmed that CN exhibits 181 very limited activity towards the reporter (*Figure 3-figure supplement 2*C & D), such that the reporter is 182 well suited for experiments focusing on direct suppression of PKA activity by CN.

183

184 Next, we assembled purified protein mixtures with the aim of mimicking signaling involving PKA, CN, 185 and AKAP79 in CA1 dendritic spines. RIIa, RIIB, and C subunits were included at concentrations 186 determined in CA1 neuropil extracts (Figure 2). CaM was added at a molar excess of 5 µM, CN at 1.5 187 μ M (Goto et al., 1986), and AKAP79_{c97} – when included – at half the concentration of total RII subunits 188 (summarized in *Figure 3*B). RI subunits were omitted since they are not thought to be present in dendritic 189 spines (Ilouz et al., 2017; Tunquist et al., 2008), and because the RI inhibitor site is not phosphorylated so 190 cannot be regulated by CN. We first monitored AKAR4 phosphorylation in reactions containing RIIa, 191 RIIB, C, and CaM (black, Figure 3C). Increasing the concentration of cAMP injected alongside ATP 192 raised rates of AKAR4 phosphorylation as expected (black bars, *Figure 3D*). Supplementing the reactions 193 with CN led to small but consistent decreases in the rate of AKAR4 phosphorylation at all cAMP 194 concentrations (blue, Figure 3C & D). Rates were determined between 30-90 s in the linear early phase 195 that followed a brief ~ 15 second delay, with the exception of the lowest two cAMP concentrations (0 & 196 100 nM), where relatively slow rates were calculated between 30-330 s. Additional supplementation with 197 AKAP79_{c97} markedly decreased the rate of AKAR4 phosphorylation (red, *Figure 3C*). For example, with 198 1 µM cAMP activation, addition of both CN and the AKAP reduced the initial rate of AKAR4 199 phosphorylation by 2.8-fold from 18.9 ± 0.6 to 6.7 ± 0.8 % per minute (p = 0.0007, black and red bars, 200 Figure 3D). To confirm that AKAP79 enables CN to suppress PKA activity by anchoring it alongside RII

subunits, we investigated the effect of removing either the CN (positions 337-343) or PKA (391-400) anchoring sites. At 1 μ M cAMP activation, addition of wild-type (WT) AKAP79_{c97} (red, *Figure 3*E & F) reduced the initial rate of AKAR4 phosphorylation by 2.06-fold ($p = 2.7 \times 10^{-11}$) compared to supplementation with only CN (blue). Similar AKAR4 responses were obtained when either the AKAP was omitted altogether (blue, *Figure 3*E & F), or if either the CN (purple) or PKA (orange) anchoring sites in the AKAP were removed. Overall, these AKAR4 measurements reveal that AKAP79 enables CN to robustly decrease type II PKA activity by anchoring the two enzymes together.

208

209 Mechanistic basis of PKA suppression by calcineurin and AKAP79

210 We next aimed to quantify how AKAP79 and CN changed the fraction of free C subunits in our reaction 211 mixtures. To estimate this, we cross-referenced rates of AKAR4 phosphorylation recorded in the 'spine 212 mimic' reaction mixtures (*Figure 3*C & E) to the reference curve (r = 0.998) obtained with only C 213 subunits (Figure 3-figure supplement IB). We focused on determining free C subunit concentrations 214 during the early period of linear change (30-90 s for cAMP concentrations of 0.2 µM and above) where 215 we assume the underlying kinetics are close to equilibrium. We calculated free C subunit concentrations 216 following this approach using all available data between 0 to 2 µM cAMP (Figure 3-figure supplement 217 IE). The calculated proportion of C subunits that are dissociated at different cAMP concentrations are 218 shown for type II PKA + CaM either alone (black, *Figure 4*A), with CN (blue, *Figure 4*B), or with both 219 CN and AKAP79_{c97} (red, Figure 4C). Together, AKAP79 and CN reduced the proportion of free C 220 subunits at equilibrium across the cAMP concentration range including from 47.8±1.5 to 20.2±0.8 % at 1 221 µM cAMP, and from 65.7±1.1 to 33.2±3.3 % at 2 µM cAMP (Figure 4A & C). The effect of adding CN 222 alone was limited (Figure 4B), consistent with the much lower activity of the phosphatase towards pRII 223 subunits in the low micromolar range (Figure 1E & F).

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225 To understand at a deeper level how CN and AKAP79 reduce the fraction of free C subunits, we updated 226 and extended a kinetic model (Buxbaum & Dudai, 1989) that takes into account transitions between pRII 227 (left-hand square, *Figure 4D*) and unphosphorylated RII subunits (right-hand square). The extended 228 model also incorporates AKAR4 binding to and phosphorylation by free C subunits. We used a Bayesian 229 approach (Eriksson et al., 2019) to estimate parameter sets for the model that could fit data pooled from 230 AKAR4 recordings obtained after stimulation with 0, 0.2, 1 and 2 μ M cAMP (*Figure 3*C & E). A log 231 uniform prior parameter distribution was used as a starting point for the Bayesian method, where each 232 parameter was allowed to vary three orders of magnitude around a default value (Supplementary File 1). 233 The default values were taken from empirical data, including rates of pRII dephosphorylation determined 234 in this study (Figure 1), and binding rates of C subunits to pRII and RII (Zhang et al., 2015). This

parameter estimation approach resulted in approximately 15,000 parameter sets that could explain the experimental data (*Figure 4*E-G). Simulations using these parameter sets enabled us to predict concentration changes of individual states within the model that cannot be determined experimentally (first three columns, *Figure 4-figure supplement 1*). The model indicates that AKAP79 and CN together shift C subunit capture to the faster right-hand square sub-system (*Figure 4*D), driving down the fraction of free C subunits and thereby reducing PKA activity.

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242 Mutation of the RIIa IS phosphorylation site occludes PKA suppression by CN

243 The results of the preceding sections show that AKAP79 targeting of CN for direct suppression of PKA is 244 a viable mechanism for LTD induction. Previously published studies in hippocampal slices involving 245 genetic manipulation of AKAP150 (the rodent ortholog of AKAP79) are also consistent with this 246 mechanism. Full AKAP150 knock-out (Lu et al., 2008; Tunquist et al., 2008; Weisenhaus et al., 2010), or 247 AKAP150 knock-in with variants lacking either the PKA or CN anchoring sites (Jurado et al., 2010; 248 Sanderson et al., 2016), show that both AKAP150 anchoring sites are required for LTD induction. 249 However, such approaches cannot distinguish between CN targeting to pRII subunits versus other 250 substrates. If direct suppression of PKA activity by CN is essential for LTD induction, we reasoned that 251 mutation of the IS phospho-acceptor S98 (Figure 5A) in the predominant RIIa isoform would be 252 expected to disrupt LTD induction in CA1 neurons. To confirm this presupposition before undertaking 253 experiments in neurons, we re-ran AKAR4 experiments at 1 µM cAMP substituting in either S98A or S98E RIIa. For each RIIa variant (Figure 1-figure supplement 1H), we compared responses with or 254 255 without CN, with WT RIIB and AKAP79_{c97} present in all cases. For WT RIIa, addition of CN to the 256 mixture decreased the peak rate of AKAR4 phosphorylation from 21.02 ± 0.76 (light blue, *Figure 5B*) to 257 8.24±0.79 % per minute (dark blue). Substituting in RIIa S98A generated slow rates of AKAR4 258 phosphorylation in both cases (6.30±0.44 % per min with CN, and 6.67±0.56 % without, Figure 5C). 259 Conversely, the peak rate of AKAR4 phosphorylation was high regardless of the presence of CN for the 260 S98E RIIα variant (31.30±3.60 % per min without CN: 25.65±3.44 % with CN, *Figure 5D*). Together, 261 this data indicates that substituting in either mutant of RII α in neurons would be expected to reduce LTD 262 induction in neurons if direct suppression of PKA by CN is required in LTD induction (Figure 5E).

263

Before moving on to experiments in neurons, we used the data collected with RIIα variants to test the accuracy of our kinetic modeling. We ran simulations assuming that the S98A and S98E variants of RIIα would behave like dephosphorylated and phosphorylated forms of the regulatory subunit. Broadly, the simulations were in line with our experimental data and predicted that addition of CN would reduce PKA activity substantially more in the WT but not RIIα mutant conditions (*Figure 4-figure supplement 1*), 269 with low and high PKA activities regardless of CN concentration for the S98A and S98E variants, 270 respectively. The model predictions for the extent by which AKAR4 phosphorylation was depressed in 271 the RIIa S98A system were, however, spread out depending on the specific parameter set (column 4-5, 272 Figure 4-figure supplement 1). This implies that the WT data we used to constrain the model were not 273 sufficient to precisely constrain the dynamics specifically for the unphosphorylated RII sub-system (right 274 square, *Figure 4D*) To understand the characteristics of those parameter sets that also reproduced the 275 RIIa S98A behavior, we filtered the parameter sets returned by the parameter estimation approach into 276 two classes depending on whether they fit closely (blue, *Figure 4-figure supplement 1*) or not (red) to the 277 acquired mutation data, yielding 526 parameter sets that fit closely to both the WT and mutation data. A 278 pairwise coordinate plot (see *Figure 5-figure supplement 1*A) shows that, except for a few parameters, 279 the two classes do not appear to be visually distinct with regards to kinetic rates. However, analysis and 280 subdivision of the eight model dissociation constants (K_D 's) reveals interesting relationships (*Figure 5*figure supplement 1B). Notably, as shown by the scatterplots for the K_D for interaction between RII-C 281 282 and cAMP (K_D56), and RII-cAMP and C (K_D76) (Figure 5-figure supplement 1C), K_D56 should be 283 relatively low within its range paired with a relatively high $K_D 76$ (*Figure 5-figure supplement 1D*) to 284 accurately mimic the biological workings of the PKA sub-system. This behavior may ensure that 285 sufficient C subunit is released with increasing cAMP in our model when the kinetics are restrained to the 286 unphosphorylated RII sub-system, i.e when the RIIa S98A mutation is introduced. Overall, simulations 287 using unfiltered (top row, *Figure 4-figure supplement 1*) and filtered (*Figure 5*F-H) parameter sets show 288 that the kinetic model closely reproduces the experimental data, especially when further constrained using 289 data collected with RIIa S98A. Furthermore, the constrained simulations reproduce the experimental data 290 collected at different cAMP concentrations (Figure 4-figure supplement 2). Taken together, experiments 291 and simulations with S98A and S98E variants of RIIa show that either of these mutations should prevent 292 AKAP79 and CN from switching C subunit capture from the left-hand square sub-system to the faster 293 right-hand square (Figure 4D). Therefore, either substitution would be expected to reduce LTD induction 294 if the mechanism is important in vivo.

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296 Disruption of RIIa phosphorylation in CA1 neurons impedes chemical LTD

To enable neuronal RII α replacement experiments, we generated lentiviruses for shRNA-mediated knockdown of endogenous RII α and simultaneous expression of shRNA-resistant RII α variants in tandem with GFP. The lentiviruses contain an H1 promoter for expression of a highly-effective shRNA targeted to RII α (*Figure 6*A). A UbC promoter drives expression of replacement RII α sequences in tandem with GFP, with an internal ribosome entry sequence (IRES2) between the coding sequences of the two proteins enabling expression of GFP. We validated the lentiviruses in dissociated rat primary hippocampal neurons 303 by comparing the efficacy of five different lentiviruses. On day 7 in vitro (DIV7), we infected with 304 control lentiviruses expressing either scrambled or shRIIa RNA, or with complete viruses for replacement 305 of endogenous RIIa with either WT, S97A, or S97E (RIIa in rat is equivalent to S98 in human RIIa). 306 Neuronal protein extracts were collected on DIV14, and analyzed using immunoblotting. Anti-RIIa 307 immunoblotting (top row, Figure 6B) confirmed effective suppression of endogenous RIIa with shRIIa 308 (lane 3) but not scrambled RNA (lane 2), and strong expression of the replacement sequences (lanes 4-6). 309 Expression of PKA C (row 2, Figure 6B) and RIIB subunits (row 3) was not affected by lentiviral 310 infection in any case. Blocking PKA activity with H89 is known to prevent growth of new spines, 311 whereas stimulating PKA with forskolin increases spine formation (Kwon & Sabatini, 2011). Replacing 312 RII α with the S97A variant – which has lower PKA activity regardless of CN activity (*Figure 5*F) – 313 would therefore be expected to lead to a reduction in spines. To test this, we imaged dendritic spines on 314 primary hippocampal neurons expressing either WT (left panel, Figure 6C), S97A (middle panel), or 315 S97E (right panel) RIIα. Consistent with a role for PKA in spinogenesis, spine density was reduced by 316 33.5 % (p=0.002) in neurons expressing the S97A variant to 1.17±0.11 spines per 10 μ m compared to 317 1.76 ± 0.12 for WT RIIa. Spine density for the S97E variant was similar to WT at 1.86 ± 0.11 spines/10 µm. 318

To test whether the two substitutions at RIIa S97 affect LTD, we monitored changes in dendritic spine 319 320 number during chemical LTD - a model of long-term synaptic depression that can be applied in 321 dissociated neuronal cultures. Bath application of 20 µM NMDA for 3 minutes triggered a steady 322 reduction in spine density (Figure 6E, top row) in neurons expressing WT RIIa as expected (Zhou et al., 323 2004), reaching a 20.4 ± 1.6 %% reduction in spines after one hour (blue, *Figure 6*F). In comparison, spine 324 loss was attenuated in neurons expressing either the S97A (*Figure 6*E, middle row) or S97E (bottom row) 325 RIIa variants. Spine numbers were reduced by only 9.07±0.96 % in neurons expressing RIIa S97A (red 326 line, Figure 6F), and by 9.90±1.8 % for the S97E variant (green line). The residual LTD in both 327 conditions may correspond to action of CN on substrates other than pRII subunits, and limited 328 suppression of PKA activity through CN dephosphorylation of the relatively small number of WT RIIB 329 subunits that are present in all cases. Overall, attenuation of spine loss in neurons expressing either S97A 330 (p=0.00046) or S97E (p=0.0014) RIIa compared to WT subunits is consistent with an important role for 331 direct PKA activity suppression by CN during the induction of LTD.

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- 334 Discussion
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336 The observations in this study support a revised mechanism for CN-mediated long-term depression in 337 CA1 model synapses. AKAP79/150 is critical for anchoring PKA in dendritic spines (Tunquist et al., 338 2008; Weisenhaus et al., 2010) through association with RII subunits, which are the predominant 339 neuronal PKA subunit in ~11-fold molar excess of C subunits in the CA1 neuropil (Figure 2D). Imaging 340 studies (Ilouz et al., 2017; Weisenhaus et al., 2010) are consistent with our quantitative immunoblotting 341 data, which show that RII α is the major RII isoform in the CA1 neuropil. pRII dephosphorylation is 342 limited prior to Ca²⁺ stimulation (*Figure 7A*), enabling a tonic level of dissociated C subunits sufficient to 343 basally phosphorylate postsynaptic substrates in dendritic spines such as GluA1 subunits of AMPA-type 344 glutamate receptors (Bear, 2003). LTD is brought about by CN (Mulkey et al., 1994), which is activated by Ca²⁺ entering spines through NMDA-type glutamate receptors (Figure 7B). AKAP79/150 contains a 345 346 'PIAIIIT' CN anchoring motif that is necessary for LTD (Jurado et al., 2010; Sanderson et al., 2012). In 347 addition to potentially targeting CN to postsynaptic substrates including GluA1 subunits, the PIAIIIT 348 anchoring motif positions CN adjacent to pRII subunits where it can efficiently dephosphorylate them 349 (Figure 7B). This enables CN to increase the concentration of dephosphorylated RII species (blue spheres 350 in the kinetic scheme shown in *Figure* 7B) thereby directly suppressing PKA activity by increasing the 351 rate of PKA C subunit capture. Consistent with this mechanism, blocking regulation of RII 352 phosphorylation state by introducing mutations that mimic either the phosphorylated or dephosphorylated 353 forms of the IS reduces LTD in cultured hippocampal neurons.

354

355 Our discovery that CN can directly suppress PKA activity in the AKAP79 complex reconciles three 356 aspects of AKAP79 structure and function that had been enigmatic and paradoxical. First, previous 357 studies showed that AKAP79 acts as a weak inhibitor of CN towards peptide substrates including a 20-358 mer peptide encompassing the phosphorylated RII IS (Coghlan et al., 1995; Kashishian et al., 1998), 359 apparently at odds with the functional requirement for the anchoring protein in targeting CN to bring 360 about LTD. We show that the key substrate for CN is likely to be full-length pRII subunits, and that in 361 fact AKAP79 enhances the activity towards pRII at physiological concentrations by more than ten-fold. A 362 second enigmatic feature of AKAP79 is its CN anchoring motif, PIAIIIT, which includes an additional 363 central residue compared to the typical PxIxIT motif (Roy & Cyert, 2009). In a crystal structure of CN in 364 complex with a peptide corresponding to AKAP79 positions 336-346, the additional leucine supports 365 simultaneous binding of two copies of CN on either side of the motif (Li et al., 2012). Native mass 366 spectrometry measurements of a purified AKAP79-CN-CaM-RIIa D/D complex also support a 367 stoichiometry of 2 CN to 1 AKAP79 (Gold et al., 2011), although solution measurements indicate that 368 when full-length RII subunits are bound to AKAP79, only one copy of CN can bind at a time (Li et al., 369 2012; Nygren et al., 2017). One possible explanation for this behavior is that CN binds transiently to

370 either side of the AKAP79 PIAIIIT motif enabling it to access both protomers of RII anchored to 371 AKAP79 for efficient pRII dephosphorylation (cartoon representations in *Figure 7*). This idea is 372 consistent with data showing that mutating the PIAIIIT motif to a high-affinity canonical PxIxIT motif 373 impairs the function of the phosphatase (Li et al., 2012), although it should be noted that it is not possible 374 to determine whether two-sided CN binding to AKAP79 is necessary using the data presented here. Third, 375 existing models of AKAP79 function assume that CN anchored to AKAP79 overcomes PKA 376 phosphorylation at substrates with no reduction in PKA phosphorylation rate. In our revised mechanism, 377 CN directly suppresses PKA activity when removing phosphate from substrates primed by PKA thereby 378 avoiding energetically-costly ongoing futile cycling of phosphorylation and dephosphorylation by PKA 379 and CN at these sites.

380

381 A challenge in the future will be to understand how the mechanism uncovered here relates to the full complexity of AKAP79 function. AKAP79 is directly regulated by Ca²⁺/CaM, which binds to a 1-4-7-8 382 hydrophobic motif (Patel et al., 2017) starting at position W79. Binding of Ca²⁺/CaM releases AKAP79 383 384 from the postsynaptic membrane (Dell'Acqua et al., 1998) and alters the conformation of the signaling 385 complex by triggering formation of a second interface between CN and AKAP79 that involves an LxVP-386 type motif in AKAP79 (Gold et al., 2011; Nygren et al., 2017). Furthermore, metal ions including Ca^{2+} 387 alter rates of substrate binding and product release from PKA C subunits (Knape et al., 2015; Zhang et al., 388 2015). Therefore, it will be important to understand the sensitivity of CN suppression of PKA activity to 389 Ca^{2+} signals. Membrane targeting sequences regulate several components of the AKAP79 signaling 390 complex. Myristylation of C subunits is important for limiting their diffusion rate in dendritic spines and 391 concentrating PKA activity at the cell membrane (Tillo et al., 2017; Xiong et al., 2021). Localization of 392 AKAP79 is also regulated by palmitovlation at C36 and C139 (Delint-Ramirez et al., 2011; Keith et al., 393 2012). Palmitoylation is required for endosomal localization of AKAP79, and AKAP79 depalmitoylation 394 and synaptic removal is additionally regulated by CaMKII (Woolfrey et al., 2018). Our work suggests that 395 removal of AKAP79 from synapses might be synchronized with accumulation of inhibited C subunits in 396 the AKAP79 complex. Given that RII subunits greatly outnumber C subunits, movement of C subunits 397 between different RII sub-populations, including RII subunits anchored to MAP2 in dendritic shafts 398 (Tunquist et al., 2008), should also be considered along with PDEs that can terminate cAMP signals with 399 high spatiotemporal precision (Bock et al., 2020; Tulsian et al., 2017). Non-dissociative activation of 400 anchored type RII PKA has been put forward as an alternative mechanism to explain localised PKA 401 activity (Smith et al., 2017). Current evidence indicates that C subunits do dissociate in neurons upon 402 elevation of cAMP (Gold, 2019; Mo et al., 2017; Tillo et al., 2017), but it is important to note that 403 suppression of PKA by pRII dephosphorylation is compatible with non-dissociative models of PKA

- 404 activation and this might occur in certain physiological settings. AKAP79 is a highly multivalent protein 405 - other notable documented interaction partners include protein kinase C (Hoshi et al., 2010) and the Ca²⁺-activated cyclase AC8 (Baldwin & Dessauer, 2018; Zhang et al., 2019). Oscillations of Ca²⁺, cAMP, 406 407 and PKA activity have been observed in pancreatic β-cells (Hinke et al., 2012; Ni et al., 2011), and 408 knockout of AKAP150 leads to the loss of cAMP oscillations in β -cells upon stimulation with insulin 409 (Hinke et al., 2012). CN dephosphorylation of pRII subunits bound to AKAP79 is likely to play a role in 410 oscillatory patterns of PKA activity, and it will be important to understand how this mechanism underlies responses to short-lived and oscillatory changes in Ca²⁺ and cAMP concentration. 411
- 412

413 In this combined experimental-computational study, we focused on AKAP79 signaling in dendritic spines 414 on the basis that this could serve as a prototype for understanding a potentially widespread non-canonical 415 mechanism for altering PKA. In addition to its role in dendritic spines, AKAP79 regulates many different 416 membrane channels and receptors following Ca^{2+} influx through a variety of sources, and the mechanism 417 that we have uncovered here is likely to at least extend to these additional contexts. For example, 418 AKAP79 underlies GABA_A receptor regulation during LTD of GABAergic synapses (Dacher et al., 419 2013), and it positions PKA and CN for regulation of TRPV channels (Zhang et al., 2008), Kv7 channels 420 (Zhang & Shapiro, 2012), and both β-adrenergic receptor isoform (Houslay & Baillie, 2005). AKAP79 is also necessary for NFAT dephosphorylation following Ca²⁺ entry through both L-type calcium channels 421 (Wild et al., 2019) and the store-operated Ca²⁺ channel ORAI1 (Kar et al., 2014). The RII IS 422 423 phosphorylation site is conserved throughout the animal kingdom, and co-anchoring of phosphatases 424 alongside PKA is a feature of several AKAP complexes (Redden & Dodge-Kafka, 2011). Future 425 investigations may therefore explore whether additional anchoring proteins are able to direct CN - or 426 other cellular phosphatases - for direct suppression of PKA activity.

427 Methods & Materials

428

429 Key Resources Table

430

Key Resources Table					
Reagent type (species) or resource	Designation	Source or reference	Identifiers	Additional information	
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	TOP10 chemically competent	Life Technolog ies	Cat# C404003		
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	BL21 (DE3)	Thermo Fisher Scientific	Cat# EC0114		
strain, strain backgrou nd (Escheric hia coli)	BL21 Tuner (DE3) pLysS	Merck	Cat# 70624		
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	BL21 Star (DE3)	Thermo Fisher Scientific	Cat# C601003		
strain, strain backgrou nd (<i>Escheric</i> <i>hia coli</i>)	Stb13	Thermo Fisher Scientific	Cat# C737303		

cell line (Homo- sapiens)	НЕК293	Horizon Discovery LTD	Cat# HCL3417	Myocplasma tested.
cell line (Homo- sapiens)	HEK293T	ATCC	Cat# CRL-3216	Myocplasma tested.
biological sample (<i>Rattus</i> norvegic us)	Sprague Dawley	UCL breeding colony	Not applicable	
antibody	(Mouse monoclonal) anti- PKA RIIα	BD Bioscienc es	Cat# 612243; RRID:AB_399566	(0.8 μg/mL)
antibody	(Mouse monoclonal) anti- PKA RIIβ	BD Bioscienc es	Cat# 610626; RRID:AB_397958	(0.8 µg/mL)
antibody	(Mouse monoclonal) anti- PKA C (pan)	BD Bioscienc es	Cat# 610981; RRID:AB_398294	(0.5 μg/mL)
antibody	(Mouse monoclonal) anti- PKA RI (pan)	BD Bioscienc es	Cat# 610166; RRID:AB_397567	(0.8 µg/mL)
antibody	(Rabbit monoclonal) anti- PKA phospho- RIIα	Abcam	Cat# ab32390; RRID:AB_779040	(0.8 µg/mL)
antibody	(Rabbit polyclonal) anti- GFP	Sigma Aldrich	Cat# SAB4301138; RRID:AB_2750576	(0.5 μg/mL)
antibody	(Mouse monoclonal) anti- β-tubulin	Biolegend	Cat# 903401; RRID: AB_2565030	(0.5 µg/mL)

antibody	Goat anti-rabbit HRP-linked secondary antibody	Cell Signalling Technolog y	Cat # 7074S; RRID:AB_2099233	(1 µg/mL)
antibody	Goat anti-mouse IgG (H+L) poly- HRP secondary antibody	Thermo Fisher Scientific	Cat# 32230; RRID:AB_1965958	(1 µg/mL)
recombin ant DNA reagent	pIRES2-EGFP	Clontech	Cat# 6029-1	
recombin ant DNA reagent	pFUGW-H1	Sally Temple lab/Addge ne	Cat# 25870; RRID:Addgene_2587 0	Lentiviral entry vector.
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-WT- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-S97A- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pFUGW-shRIIα- RIIα*-S97E- IRES-EGFP	This study	Not applicable	Lentivral entry vector. Dr. Matthew G. Gold (University College London)
recombin ant DNA reagent	pCMVdR8.74 & pMD2.G plasmids	Didier Trono lab/Addge ne	Cat# 12259; RRID:Addgene_1225 9	Lentiviral packaging vectors
recombin ant DNA reagent	pcDNA3.1- AKAR4-NES	Jin Zhang lab/Addge ne	Cat# 64727; RRID:Addgene_6472 7	
chemical compoun d, drug	Lipofectamine 2000	Thermo Fisher Scientific	Cat# 11668019	

chemical compoun d, drug	DMEM, high glucose, pyruvate	Thermo Fisher Scientific	Cat # 41966029	
chemical compoun d, drug	Trypsin	Thermo Fisher Scientific	Cat# 25300054	
chemical compoun d, drug	Penicillin/ Streptomycin	Thermo Fisher Scientific	Cat# 15140122	
chemical compoun d, drug	GlutaMAX	Thermo Fisher Scientific	Cat# 35050061	
chemical compoun d, drug	DPBS, no calcium, no magnesium	Thermo Fisher Scientific	Cat# 14190144	
chemical compoun d, drug	HBSS	Thermo Fisher Scientific	Cat# 14185045	
chemical compoun d, drug	Heat-inactivated horse serum	Gibco	Cat# 26050088	
chemical compoun d, drug	Neurobasal-A medium	Thermo Fisher Scientific	Cat# 10888022	
chemical compoun d, drug	B27 supplement	Gibco	Cat# 17504044	
chemical compoun d, drug	Poly-L-Lysine	Sigma Aldrich	Cat# P2636	

chemical compoun d, drug	Boric acid	Sigma Aldrich	Cat# B6768-500g	
chemical compoun d, drug	Sodium tetraborate	Sigma Aldrich	Cat# 221732	
chemical compoun d, drug	cOmplete, Mini, EDTA-free Protease Inhibitor Cocktail	Roche	Cat# 11836170001	
chemical compoun d, drug	PhosSTOP phosphatase inhibitor tablets	Roche	Cat# 4906845001	
chemical compoun d, drug	Para- nitrophenylphosp hate	Sigma Aldrich	Cat# N3254	
software, algorithm	Origin	OriginLab	www.originlab.com; RRID:SCR_014212	
software, algorithm	Reader Control Software for FLUOStar Omega	BMG Labtech	https://www.bmglabte ch.com/reader- control-software/	
software, algorithm	MARS Data Analysis Software	BMG Labtech	https://www.bmglabte ch.com/mars-data- analysis-software/	
software, algorithm	Unicorn Start 1.1 Software for controlling AKTA start system	GE Healthcar e	Cat# 29225049	
software, algorithm	ImageJ (version 1.52)	NIH	RRID:SCR_003070	

software, algorithm	NeuronStudio	(Rodrigue z et al., 2008)	https://icahn.mssm.ed u; RRID:SCR_013798	
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433 Protein expression and purification. Human PKA subunits were expressed and purified as described 434 previously (Walker-Gray et al., 2017). GST-RIIα and GST-RIIβ were expressed in *Escherichia coli* BL21 435 Tuner (DE3) pLysS, and GST-Cβ in E. coli BL21 (DE3) grown in LB. In all cases, protein expression 436 was induced by addition of 0.5 mM isopropyl β -D-1-thiogalactopyranoside (IPTG), and bacteria were 437 harvested following overnight incubation at 20 °C. Cell pellets were thawed and sonicated in glutathione 438 sepharose binding buffer (20 mM HEPES pH 7.5, 500 mM NaCl, 1 mM DTT, 0.5 mM EDTA, 1 mM 439 benzamidine, 10 % glycerol) supplemented with 0.1 mg/mL lysozyme, and 0.1 % Igepal CA-630 (RII 440 subunit preps only). Clarified lysates were incubated with glutathione sepharose 4B, and PKA subunits 441 were eluted by overnight cleavage with PreScission protease thus removing N-terminal GST affinity tags. 442 Finally, each subunit was purified using a HiLoad 16/600 Superdex 200 column connected in series with 443 a GSTrap to remove residual GST using gel filtration buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 5 % 444 glycerol). S98A and S98E point mutations were introduced into RIIa subunits by site-directed 445 mutagenesis (SDM) with primer pairs hS98A_F & R, and hS98E_F & R. RIIa variants were expressed 446 and purified in the same way as the WT sequences.

447 Full-length human AKAP79 was cloned into pET28 using primers Nde1_AKAP79_1 and 448 AKAP79_427_EcoRI for expression of N-terminally 6His-tagged protein. AKAP79 was expressed in 4 L BL21 Star (DE3) cells by overnight incubation at 37 °C in auto-induction media (AIM). PBS-washed 449 450 bacterial pellets were resuspended in Talon binding buffer (30 mM Tris pH 8.0, 500 mM NaCl, 10 mM 451 imidazole, 1 mM benzamidine) supplemented with 0.1 mg/mL lysozyme and one Complete EDTA-free 452 protease inhibitor tablet (Roche) per 100 mL. Lysates were sonicated, clarified by centrifugation, and 453 incubated with Talon Superflow resin for 2 hours prior to 3 x 10 mL washing in Talon binding buffer, and 454 eluted with 2 x 2.5 mL Talon elution buffer (30 mM Tris, pH 7.0, 500 mM NaCl, 300 mM imidazole, 1 455 mM benzamidine). Eluted protein was exchanged into Q buffer A (20 mM Tris pH 8, 20 mM NaCl, 1 456 mM EDTA, 2 mM DTT) using a HiPrep 26/10 desalting column to enable purification using a 1 mL 457 Resource Q column. Each variant was eluted using a NaCl/pH gradient with Q buffer A and a steadily 458 increasing proportion of Q buffer B (20 mM Tris pH 7, 500 mM NaCl, 1 mM EDTA, 2mM DTT). In the 459 final step, peak fractions were pooled and buffer exchanged into gel filtration buffer. Residues 331-427 of 460 AKAP79 were cloned into pET28 using primers Nde1_AKAP79_331 and AKAP79_427_EcoRI for 461 expression of the fragment AKAP79_{c97} bearing an N-terminal His tag. This construct was transformed

462 into BL21 (DE3) cells, which were grown overnight at 37 °C in AIM. Lysis and metal affinity steps were 463 as for full-length AKAP79 with the exception that Ni-NTA agarose (Life Technologies) was used in place 464 of Talon resin. Following elution from Ni-NTA resin, the protein was purified by size exclusion using a 465 HiLoad 16/600Superdex 200 pre-equilibrated in gel filtration buffer. To assemble complexes of full-466 length RII subunits and AKAP79₆₉₇, mixtures of the purified proteins were incubated on ice in gel 467 filtration buffer for 1 h with the AKAP fragment in a 2:1 molar excess. The complex was then separated 468 from excess AKAP79_{c97} by Superdex 200 size exclusion. pET28-AKAP79_{c97} Δ CN was generated by 469 performing PCR with an earlier construct lacking residues 337-343 as the template (Gold et al., 2011), 470 whereas the ΔPKA variant (lacking residues 391-400) was generated by SDM with primers ΔPKA F & 471 _R. The two AKAP79_{c97} deletion mutants were expressed and purified in the same way as the WT 472 protein.

473 Human CN was expressed from a bicistronic pGEX6P1 vector (Gold et al., 2011) in E. coli BL21 474 Tuner (DE3) pLysS cells. Protein expression was induced by overnight incubation at 37 °C in 4L AIM. 475 CN was purified following the same protocol as full-length PKA RII subunits, with the final size 476 exclusion step performed using gel filtration buffer supplemented with 1 mM DTT. Human CaM was 477 expressed and purified as described previously (Patel et al., 2017). Briefly, untagged CaM was expressed 478 in E. coli BL21 (DE3) cells incubated overnight at 37 °C in AIM. CaM was initially purified using phenyl 479 sepharose resin, then by ion exchange with a HiTrap Q HP column. Finally, CaM was exchanged into 480 water and lyophilized prior to storage at -80 °C. Human PP1 α (7-300) was expressed in BL21 (DE3) E. 481 coli in LB media supplemented with 1 mM MnCl₂ and purified as described previously (Kelker et al., 482 2009). The PP1 expression vector was a gift from Wolfgang Peti (Addgene plasmid # 26566). This vector 483 was co-transformed with pGRO7 plasmid encoding the GroEL/GroES chaperone (Takara). PP1 484 expression was induced with 0.1 mM IPTG after prior induction of chaperone expression using 2 g/L 485 arabinose. Bacteria were incubated for 20 hours at 10 °C following IPTG induction before harvesting. 486 PP1 was purified by affinity to Ni-NTA agarose (Qiagen) followed by size exclusion with a Superdex 200 487 column equilibrated in PP1 gel filtration buffer (25 mM HEPES pH 7.5, 500 mM NaCl, 1 mM MnCl₂, 488 10% glycerol). For AKAR4 purification, an 8His epitope tag was ligated into pcDNA3.1-AKAR4-NES 489 vector (Depry et al., 2011) (Addgene cat no. 64727) at the C-terminus of the sensor immediately prior to 490 the nuclear export site using primers EcoI_8HisNLS_XbaI and XbaI_8HisNLS_EcoRI. The vector was 491 transfected into 20 x 10 cm dishes of HEK293T cells cultured in DMEM using lipofectamine-2000 492 (Thermo Fisher Scientific). Cells were collected after 3 days, washed in PBS, then lysed in Talon binding 493 buffer supplemented with 0.5 % Igepal CA-630, and sonicated briefly. AKAR4 was purified by affinity to 494 Ni-NTA agarose following the same procedure as for AKAP79, and eluted protein was exchanged into gel filtration buffer, and aliquoted before storage at -80 °C. All purification columns and resins were 495

purchased from GE Healthcare. All protein samples were concentrated using Vivaspin centrifugal
concentrators (Sartorius). Denaturing gel electrophoresis was performed using NuPAGE 4-12 % Bis-Tris
gels (Thermo Fisher Scientific), and protein concentrations were determined using the bicinchoninic acid
(BCA) assay. Oligonucleotide primer sequences are listed in Supplementary File 2.

500

501 **Phosphatase assays.** For radioactive release assays, CN substrates were prepared by phosphorylating PKA RII subunits at the autoinhibitory site with PKA C subunit and ATP(γ -³²P). To radiolabel RIIa, 502 503 RIIB, or the purified complexes of each isoform with AKAP79_{c97}, 50 µg of the relevant sample was 504 incubated in 100 µL with phosphorylation buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 100 µM cAMP, 5 mM MgCl₂, 0.03 μ g/ μ L C subunit) supplemented with 42 pmol [³²P- γ]-ATP at 3000 Ci/mmol and 10 505 µM cold ATP. After 15 min incubation at 30 °C, reactions were supplemented with 10 µM additional cold 506 507 ATP. Following 15 min further incubation, reactions were finally supplemented up to 1 mM cold ATP for 10 min further incubation. ³²P-labelled protein was immediately separated from free ³²P using Sephadex 508 509 G-25 Medium equilibrated in phospho-substrate storage buffer (20 mM HEPES pH 7.5, 150 mM NaCl, 510 10 % glycerol, 0.1 mM EDTA). Additional cold phospho-labelled substrates were prepared using scaled-511 up reactions with 1 mM cold ATP for 30 min at 30 °C.

512 Phosphatase assays using 32 P-labelled substrate (final volume 50 µL per assay) were prepared by 513 first mixing appropriate dilutions of pRII substrates and CN on ice in dilution buffer (25 mM Na HEPES 514 pH 7.5, 150 mM NaCl) to a final volume of 35 µL. 10 µL of reaction buffer (25 mM Na HEPES pH 7.5, 515 150 mM NaCl, 25 mM MgCl₂, 5 mM DTT, 0.5 mg/mL BSA, 1 mM EDTA) was then added before 516 initiation of CN activity by addition of 5 µL activator mix (25 mM Na HEPES pH 7.5, 150 mM NaCl, 10 517 mM CaCl₂, 50 µM CaM). Assays was terminated after 30-60 s at 30 °C by addition of 350 µL 30 % 518 trichloroacetic acid (TCA). Samples were then incubated on ice for 1 h, and protein was pelleted by 519 centrifugation at $31,360 \times g$ for 15 min at 2 °C. The separated supernatant and pellet were analyzed using 520 a Beckman LS 6000SC scintillation counter to determine the fraction of phosphate released from the pRII 521 substrate. Reaction conditions were optimized so that less than 10 % pRII was dephosphorylated in each 522 assay. Assays were generally performed with 10 nM CN and terminated after 30 s, with the exception of 523 measurements for pRII α and pRII β (black lines, *Figure I*E & F) where 60 s reactions containing 100 nM 524 CN were used.

For pNPP hydrolysis assays, para-nitrophenol (pNP) production was monitored continuously by
measuring absorbance at 405 nm in a FLUOstar Omega microplate reader. Each 50 μL assay contained 5
μL of 10 x pNPP reaction buffer (100 mM Tris, pH 8.0, 100 mM NaCl, 10 mM CaCl2, 1 mg/ml of BSA,
60 mM MgCl2, 10 mM DTT), and 35 μL solution containing proteins at the appropriate concentrations in
pNPP dilution buffer (100 mM Tris pH 8.0, 100 mM NaCl). Assays were performed with 200 nM CN,

530 and 5 μ M CaM where appropriate. Reactions were initiated by addition of 10 μ L pNPP (Merck) to a final 531 concentration of 5 mM, and pNP production was monitored at 22 °C for 1 hour at 1-minute intervals. For 532 assays using phosphopeptide substrate, 19-mer pRII was synthesised by Biomatik at > 95 % purity. Each 533 50 µL assay contained 5 µL of 10 x phosphopeptide reaction buffer (25 mM Na HEPES pH 7.5, 150 mM 534 NaCl, 25 mM MgCl2, 5 mM DTT, 0.5 mg/mL BSA, 1 mM EDTA), and 30 µL solution containing 535 proteins at the appropriate concentrations in phosphopeptide dilution buffer (25 mM Na HEPES pH 7.5, 536 150 mM NaCl). Assays were performed with 100 nM CN, and 3 µM CaM where appropriate. Assays 537 were initiated by addition of pRII phosphopeptide to a final concentration of 40 μ M, and terminated by 538 addition of 50 µL Biomol Green solution (Enzo Life Sciences) following 3 min incubation at 22 °C. Free 539 phosphate concentration was determined by measuring absorbance at 624 nm in the FLUOstar Omega 540 microplate reader.

541

542 Quantitative immunoblotting of CA1 neuropil extracts. Hippocampal slices were prepared from 18-543 day old male Sprague-Dawley rats. Rats were euthanized by cervical dislocation and 350 µm-thick 544 hippocampal slices were collected using a Leica VT1200S microtome in ice-cold sucrose-based saline 545 (189 mM sucrose, 10 mM glucose, 3 mM KCl, 5 mM MgSO₄, 26 mM NaHCO₃, 1.25 mM NaH₂PO₄, 0.1 546 mM CaCl₂, pH 7.4) saturated with 95% $O_2/5\%$ CO₂. Slices were next transferred to a storage chamber 547 filled with artificial cerebrospinal fluid (aCSF; 124 mM NaCl, 3 mM KCl, 24 mM NaHCO₃, 1.25 mM 548 NaH₂PO₄, 1 mM MgSO₄, 10 mM glucose, 2 mM CaCl₂, pH 7.4) saturated with 95% O₂/5% CO₂ first for one hour at ~ 31 °C and at room temperature thereafter. For micro-dissection, slices were transferred onto 549 550 a pre-chilled Sylgard-coated 90-mm petri dish atop a dry ice/ethanol bath. The CA1 neuropil layer was 551 micro-dissected using an angled micro-knife (Cajigas et al., 2012) by first cutting along the borders of the 552 stratum pyramidale/stratum radiatum and the stratum lacunosum moleculare/hippocampal fissure. 553 Subsequent lateral cuts at the CA2-CA1 and subiculum-CA1 borders completed the rectangular micro-554 slices. Micro-dissected neuropil slices were immediately snap frozen in liquid nitrogen and stored at -80 555 °C. To extract protein, neuropil slices (~ 15 per animal) were first pulverized with a micro-pestle then 556 resuspended in a final volume of 300 µL extraction buffer (50 mM Tris-HCl, 50 mM NaF, 10 mM EGTA, 557 10 mM EDTA, 0.08 mM sodium molybdate, 5 mM sodium pyrophosphate, 1 mM penylmethylsulfonyl 558 fluoride, 0.5 % mM Igepal CA-630, 0.25% mM sodium deoxycholate, 4 mM para-nitrophenylphosphate, 559 cOmplete EDTA-free protease inhibitors and PhosStop phosphatase inhibitors (Roche) at 1 tablet each 560 per 50 mL). The homogenate was sonicated briefly (30 s at 20 MHz) then clarified by centrifugation at 561 21,130 x g (15 min at 4 °C). Total protein concentration in each extract was determined by BCA assay. 562 Quantitative immunoblotting was performed as described previously (Walker-Gray et al., 2017) using anti-PKA subunit primary antibodies purchased from BD Biosciences. HRP-conjugated secondary 563

antibodies were detected with WesternBright ECL chemiluminescent HRP substrate using a ImageQuant imaging unit (GE Healthcare). Band intensities for reference protein standards and neuropil extracts were calculated in ImageJ. For each immunoblot, a reference curve was generated by fitting reference protein concentrations and band intensities to a Hill function (with typical R^2 coefficients > 0.99) using iterative least squares refinement with the Levenberg-Marquardt algorithm in Origin (OriginLab). PKA subunit concentrations in neuropil extracts were determined by cross-referencing to reference curves derived from the same immunoblot.

571

572 AKAR4 measurements. AKAR4 fluorescence measurements were performed using black-walled 96-573 well plates in a FLUOstar Omega microplate reader (BMG Labtech) equipped with a 430nm excitation 574 filter, and 485nm/520nm emission filters. Each 50 µL reaction contained 35 µL proteins mixed in dilution 575 buffer (20 mM HEPES pH 7.5 and 100 mM NaCl) including AKAR4 reporter (0.2 µM final 576 concentration in all cases) and 5 µL of 10 x reaction buffer (20 mM Na HEPES pH 7.5, 100 mM NaCl, 10 577 mM DTT, 100 mM MgCl₂, 10 mM CaCl₂, 0.5 % Igepal CA-630). After three baseline measurements, 578 PKA phosphorylation was initiated by addition of 10 µL solution containing ATP and the desired 579 concentration of cAMP using two injectors built into the plate reader. One injector was primed with ATP 580 solution (20 mM Na HEPES pH 7.5, 100 mM NaCl, 25 mM ATP) and the other with ATP/cAMP 581 solution (20 mM Na HEPES pH 7.5, 100 mM NaCl, 25 mM ATP, 2.5 or 10 µM cAMP) so that different 582 proportions of the two injectors could be used to vary the final cAMP concentration. Measurements were 583 collected at 5 second intervals for a minimum of 10 minutes at 22 °C following injection of ATP. For 584 every run, one control well was included in which AKAR4 was omitted from the protein mixture to 585 enable baseline subtraction.

586 Phosphorylated AKAR4 (pAKAR4), for use in assays comparing PP1 and CN activity towards 587 the reporter, was prepared by incubating 400 µg purified AKAR4 with 20 µg PKA C subunit in 1 mL 588 AKAR4 phosphorylation buffer (25 mM Na Hepes pH 7.5, 150 mM NaCl, 10 mM MgCl₂, 5 mM ATP, 2 589 mM DTT). Following 30 min incubation at 30 °C, the phosphorylated reporter was exchanged into 25 590 mM Na Hepes pH 7.5 and 100 mM NaCl using Sephadex G-25 medium. In pAKAR4 dephosphorylation 591 assays, each well contained 35 µL phosphatase at the appropriate concentration in dilution buffer mixed 592 with 5 μ L of 10 x reaction buffer. Reactions were initiated by injection of 10 μ L AKAR4 solution to a 593 final concentration of 0.2 μ M, and measurements were collected at 5 s intervals for 15 minutes thereafter. 594 For all AKAR4 assays, run parameters were set using Reader Control Software for FLUOstar Omega, and 595 measurements were analyzed using MARS Data Analysis Software (BMG Labtech). Aliquots of a single 596 AKAR4 purification were used across all experiments.

597

598 Kinetic modeling. The model scheme of PKA activation is an updated and extended version of the one 599 published by Buxbaum and Dudai (Buxbaum & Dudai, 1989). The model was simulated in a single 600 reaction compartment devoid of any geometry as a system of chemical reactions mimicking the 601 experimental conditions listed above. The individual chemical reactions were modeled as ordinary 602 differential equation (ODE) using the chemical mass-action equation, as:

603

$$A + B \Leftrightarrow AB \\ k_r$$

604

$$-\frac{d[A]}{dt} = -\frac{d[B]}{dt} = \frac{d[AB]}{dt} = k_f(x) = k_f[A][B] = k_r[AB]$$

605

In total, there were 16 chemical species and 16 reactions included in the model, incorporating mostly bimolecular reactions with forward and backward reaction rates. Enzymatic reactions were represented by the three elementary steps of binding, dissociation and catalysis. All model variants were built using the MATLAB Simbiology toolbox (MathWorks). All reactions, along with initial concentrations of all chemical species and kinetic rates, are listed in *Supplementary File 1*.

611 PKA activation follows a sequential binding of four cAMP molecules to the PKA regulatory RII 612 subunit holoenzyme followed by the release (or activation) of two active catalytic subunits (Taylor et al., 613 2019). However, the chosen modeling approach involved some simplifications: (1) The two RII subunits 614 within the holoenzyme were assumed to behave independently – whereas in reality, some cooperativity is 615 observed in PKA activation due to intra-dimeric contacts within the PKA holoenzymes (Taylor et al., 616 2012); (2) The two cAMP binding sites on the RII subunit were modelled as a single binding event such 617 that binding of cAMP to RII/pRII is first order with respect to cAMP (Hao et al., 2019). This 618 simplification was incorporated as our focus here was on understanding transitions between pRII and RII 619 subunits and not the precise mechanism of cAMP activation; (3) The respective dephosphorylation 620 parameters for both pRII and pRII bound to cAMP were assumed to be equal; (4) Rates of RII 621 phosphorylation by bound C subunit were assumed to be equal irrespective of whether cAMP was bound 622 to the regulatory subunit; (5) RII α and RII β were assumed to behave similarly since isoform-specific 623 differences were not the focus here. These simplifications were used to reduce the number of model 624 parameters.

Parameters corresponding to the reactions involving dephosphorylation by CN were modified to
represent the situations 'with' and 'without' AKAP79 (*Supplementary File 1*). In total eighteen different
experimental AKAR4 responses were used to estimate the model parameters. Twelve corresponded to

628 data shown in *Figure 3*C & E collected with either 0, 0.2, 1 or 2 μ M cAMP activation: conditions with 629 PKA (II) + CaM either alone, with CN, or with both CN and AKAP79. The other six correspond to the 630 calibration curves of C subunit interaction with AKAR4 (Figure 3-figure supplement 1A), which were 631 used to estimate AKAR4 parameters that were kept frozen when the other model parameters were 632 estimated. All parameters were estimated using an approximate Bayesian computation (ABC) approach, 633 which included copulas for merging of different experimental data sets (Eriksson et al., 2019). A 634 Bayesian approach was used over optimization for a single parameter set, to account for the uncertainty in 635 parameter space, and that more than one set of parameters could fit the data. The result is thus described 636 using distributions for possible parameter values, rather than single values. Initial prior knowledge about 637 the possible parameter values using data from this study, and previously published work from other 638 groups (Buxbaum & Dudai, 1989; Isensee et al., 2018; Moore et al., 2003), was used to initiate the 639 parameter fitting (details in *Supplementary File 1*). To account for parameter uncertainty, a log uniform 640 prior distribution for the ABC-method was used. Many of the parameters were set to have a 'prior' range 641 which varied three orders of magnitude from a default parameter value (black bar in Figure 5-figure 642 supplement 1A), which ensured that our parameter values adopted in previous studies (Buxbaum & 643 Dudai, 1989) were sampled. Simulations were started with initial conditions mimicking the experimental 644 settings, thus for the WT system the initial conditions were assumed to reflect that all RII were either free 645 or bound to C with no phosphorylated species or interactions with cAMP. Simulations were then run for 646 the same length as time as the experiments, assuming the cAMP was added at t=0 and that 647 autophosphorylation started at that time.

648 For predicting responses with mutant RII α subunits, the base model was extended by splitting the 649 RII into two pools, namely RII α (85%) and RII β (15%) but keeping the parameter distribution received 650 from the parameter estimation when only one isoform of RII was accounted for. Experiments with WT 651 RII subunits were successfully re-simulated with the extended model to validate the approach. As the 652 mutations when simulating both S98A and S98E were in the RIIa subtype (85%), the corresponding 653 parameters depicting the mutation were only varied for this pool. Both the mutant forms, S98A and S98E, 654 were tested as different model variants. To mimic the conditions of the S98A mutation in the model, the 655 phosphorylation rates of RIIa and RIIa bound with cAMP were set to zero (i.e. for the RIIa partition of 656 the model, kinetics were restricted to the right-hand square sub-system shown in *Figure 4D*). Here the 657 initial conditions were estimated in the same way as described above. To mimic the S98E mutation in the 658 model, the turnover number for dephosphorylation of pRIIa and pRIIa with cAMP by CN were set to 659 zero (i.e. for the RIIa partition of the model, kinetics were restricted to the left-hand square in *Figure* 660 4D). Since S98E mimics a case where all the RII subunits are phosphorylated, in this case initial 661 conditions were such that all RII α were distributed between pRII α and pRII α -C.

662 All model variants were built using the MATLAB Simbiology toolbox (MathWorks). 663 Simulations of these reaction systems were performed using the ode15s solver. All simulations were run 664 for 605 s and the AKAR4 phosphorylation was extracted as output to compare with the experimental 665 findings. The model equations were also exported to the statistical programming language R 666 (https://www.r-project.org/) for implementing the parameter estimation through the ABC-copula 667 approach (Eriksson et al., 2019) and only accept parameter sets whose simulated phosphorylated AKAR4 668 curves reproduced the experimental measurements. A slight modification to the distance measure ρ was introduced to include timeseries data, where $\rho = \sum_i (y_i^{exp} - y_i^{sim})^2 / n$ where y are experimental and 669 simulated data points (normalized to be within 0 and 1) and n the number of data points for the 670 671 experiment (for details see the code repository). The sampling resulted in approximately 15,000 672 parameter samples (a subset of which are shown in *Figure 5-figure supplement 1*A) which all fitted the 673 experimental data within a threshold set to $\rho < 0.01$. All parameter set samples, describing the 674 uncertainty in the parameter estimates, were next projected onto the situations with mutant RII α subunits. 675 The model immediately reproduced the experimental observations with RII α S98E subunits. Although the 676 model correctly reproduced lower rates of AKAR4 that occur with RIIa S98A subunits, and that 677 suppression of PKA activity by AKAP79/CN is reduced in this case, there was a substantial spread in the 678 simulated responses in this case. This indicated that WT data had not perfectly constrained the dynamics 679 in the unphosphorylated RII sub-system (right-hand square, Figure 4B). Therefore, to better understand 680 which parameter characteristics that were important to also account for the RII α S98A, the parameter sets 681 were sub-classified based on how well they fit data collected with RIIa S98A subunits and no CN (light 682 red, *Figure 5*C) using a threshold of 0.0. The parameter sets and its effect on different chemical species of the model were described by multi-trajectory, pairwise coordinate and boxplots, where the color schemes 683 684 follow the classification described above. A code repository for this study may be accessed at 685 https://github.com/jdgas/AKAP79_PKA. It contains the R code for the ABC method as well as 686 MATLAB code for reproducing figures. The R code has to be run on a computer cluster. The repository 687 also contains the models with a few example parameter sets, the full parameter sample as described 688 above, and supplementary figures with simulations and experimental data for all 0, 0.2, 1 and 2 μ M 689 cAMP levels with either WT S98A, or S98E RII α in the reaction mix.

690

Lentivirus construction. Lentiviruses were generated by inserting RIIα-IRES2-GFP expression cassettes
into a pFUGW-H1 lentiviral vector (Addgene cat no. 25870) containing a shRNA sequence targeting for
rat RIIα. In the first step, coding sequence for rat PKA RIIα was isolated from a cDNA library that we
generated from total hippocampal RNA from a 7-day old male Sprague Dawley rat bred in the UCL
695 colony. RNA was extracted using an RNeasy Mini Kit before the cDNA library was generated using the 696 first-strand cDNA synthesis kit. Coding sequence for RIIa was amplified from the library using primers 697 Prkar2a F & Prkar2a R and inserted upstream of the IRES2 sequence in pIRES2-GFP (Clontech) using 698 EcoRI and BamHI entry sites. Three pFUGW-H1-shRIIa vectors were constructed to determine an 699 optimal targeting sequence for knockdown of rat RIIa. The targeting sequences (primer pairs 700 shRIIa_F1/R1, shRIIa_F2/R2, and shRIIa_F3/R3) were inserted using the XbaI site of pFUGW-H1. The 701 efficiency of each targeting sequence was determined by co-transfecting HEK293T cells with pIRES2-702 RIIa-EGFP and each pFUGW-H1 vector, with the pFUGW vector in a 10-fold excess. Anti-RIIa 703 immunoblotting revealed that sequence shRII α -1, which targets bases 134-154 in the rat RII α coding 704 sequence, was particularly effective at knocking down RII α protein levels (*Figure 6B*) so this variant 705 served as the parent pFUGW-H1-shRII α vector in the subsequent steps. The coding sequence for RII α in 706 pIRES2-RIIa-GFP was rendered shRNA-resistant ('RIIa*') by SDM with primers 707 Prkar2a shRNA resist F & R. After introducing an NheI entry site into pFUGW-H1-shRIIα by SDM 708 using primers FUGW_NheI_F & R, the dual expression cassette for RIIa-IRES2-GFP was transferred 709 across into pFUGW-H1-shRIIa downstream of the ubiquitin promoter using NheI and AgeI sites to create 710 the complete lentiviral vector pFUGW-H1-shRIIa-RIIa*-IRES2-EGFP.

711 Vectors containing RIIa replacement sequences with mutations at S97 were obtained by SDM 712 with primers pairs rS97A F & R and rS97E F & R. In addition, a control vector containing a scrambled 713 shRNA sequence was constructed using primers shScram F & R. To produce lentivirus, pFUGW vectors 714 were co-transfected with pCMVdR8.74 packaging vector (Addgene cat no. 12259) and pMD2.G envelope 715 glycoprotein vector (Addgene cat no. 12259) into HEK293 cells using Lipofectamine 2000 and 716 maintained in DMEM supplemented with 10% FBS. Cell culture media was collected at both 48 and 72 717 hours after transfection, subjected to 0.45 µm filtering, and centrifuged at 48,384 x g for 4 hours at 4°C to 718 concentrate viral particles. Pelleted virus was resuspended in sterile PBS and stored at -80 °C. 719 Lentiviruses were validated by transducing dissociated hippocampal cultures on DIV7. Neurons were 720 collected on DIV14, and protein extracted using sonication (3 x 10 s at 20 MHz) in extraction buffer. The 721 homogenate was clarified by centrifugation at 21,130 x g for 15 minutes before analysis of protein levels 722 in the supernatant by immunoblotting using antibodies including anti-PKA pRII α (Abcam, RRID: 723 AB_779040), anti-GFP (Sigma Aldrich, RRID: AB_2750576), and anti-\beta-tubulin antibodies (Biolegend, 724 RRID: AB 2565030).

725

Lentiviral infection and imaging of dissociated primary hippocampal neurons. Primary hippocampal
 cultures were cultured from E18 Sprague-Dawley pups. Hippocampi were isolated and triturated with

728 trypsin (0.025%) before plating on poly-L-lysine-coated coverslips or 6-well plates in DMEM containing 729 10% heat-inactivated horse serum, and penicillin (40 U/mL)/streptomycin (40 µg/mL). Neurons were 730 cultured at 37°C in 95% air/5% CO₂. Two hours after seeding, the plating media was replaced with 731 Neurobasal-A supplemented with 1% B27, 0.5% (v/v) GlutaMAX, 20 mM glucose, and penicillin (100 732 U/mL)/streptomycin (100 µg/mL). Culture media and additives were purchased from Gibco with the 733 exception of GlutaMAX (Thermo Fisher Scientific). Neurons were infected with lentivirus at DIV7 or 734 DIV9 for dendritic spine density and time-lapse experiments, respectively. Concentrated viral stocks were 735 diluted in conditioned media and incubated with neurons for 18 hours before replacing with fresh pre-736 conditioned media. Live-cell confocal imaging of dendritic spines was performed using an upright Zeiss 737 LSM 510 confocal microscope equipped with an Achroplan 40x water differential interference contrast 738 objective (numerical aperture 0.8). Transduced neurons were washed four times in HEPES-buffered 739 Krebs solution (140 mM NaCl, 4.2 mM KCl, 1.2 mM MgCl₂, 2.52 mM CaCl₂, 5 mM Na HEPES, and 11 740 mM glucose, adjusted to pH 7.4 with NaOH) and placed into a chamber in this same solution at room 741 temperature. For each dendritic segment, upper and lower bounds in the z-plane were initially determined 742 using a rapid z-scan. A full image stack was then collected using a 488 nm Argon laser and a 505-530 nm 743 band-pass emission filter for imaging EGFP fluorescence using 512 x 512 frames with 3-line averaging, 744 and optical slice spacing of 1.035 µm. Time-lapse experiments were conducted to measure changes in 745 spine density and spine-head size after the induction of chemical LTD. An optical slice spacing of 0.9 µm 746 was used during time-lapse experiments. Z-stacks were acquired every 5 min from 15 min before to 60 747 min after the induction of chemical LTD. Bath application of 20 µM NMDA for 3 min was used to induce 748 NMDAR-dependent LTD (Lee et al., 1998). Data was deconvolved using ImageJ (NIH) before automated 749 dendrite identification and classification in NeuronStudio (Rodriguez et al., 2008). In time-lapse 750 experiments, dendritic spine densities were normalized to the value at t=0.

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Statistical analysis. All data are presented as means \pm SE. Kinetic rates were statistically compared using two-tailed unpaired Student *t*-tests. Spine imaging data was compared by ANOVA with Turkey post-hoc tests (*Figure 6D*) and Bonferroni's post-hoc test (*Figure 6G*). *p < 0.05; **p < 0.01; ***p < 0.001.

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757 Acknowledgements

We thank Denis Yuan for assistance with protein purification, and Alexandra Jauhiainen, Andrei Kramer
and Federica Milinanni for help with the parameter estimation process. MGG is a Wellcome Trust and
Royal Society Sir Henry Dale fellow (104194/Z/14/A), and is grateful for support from the BBSRC
(BB/N015274/1). SH is a Rett Syndrome Fellow and also supported by a Wellcome Trust Collaborative

- award to TGS. The research was supported by the Swedish Research Council (VR-M-2017-02806; VR-
- 763 M-2020-01652), the Swedish e-Science Research Centre (SeRC), European Union/Horizon 2020 no.
- 764 945539 Human Brain Project SGA3, and an Erasmus Scholarship from Portugal. Optimizations and
- simulations were performed on resources provided by the Swedish National Infrastructure for Computing
- 766 (SNIC) at Lunarc, Lund University.
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- 1120 Figure Legends
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1122 Figure 1. Effect of AKAP79 on pRII dephosphorylation by CN. (A) Dephosphorylation of the 1123 inhibitor sequence (IS, yellow) of RII subunits enables faster PKA C subunit capture. (B) AKAP79 1124 contains anchoring sites for CN (red) and PKA RII subunits (blue) in its C-terminal region. Other 1125 macromolecular interactions are mediated through elements within its tandem polybasic regions 1126 (TPRs, grey). (C) CN-catalyzed phosphate release from pRIIα subunits with either no AKAP79, WT 1127 AKAP79 (light blue), or AKAP79 lacking the PIAIIIT anchoring motif (' Δ CN'). (**D**) CN-catalyzed 1128 phosphate release from pRIIB subunits with either no AKAP79, WT AKAP79 (dark blue), or 1129 AKAP79 Δ CN. (E) The relationship between CN activity towards pRII α subunits and pRII α 1130 concentration with pRIIa subunits included either alone (black circles) or in complex with AKAP79_{c97} 1131 (light blue squares). (F) The relationship between CN activity towards pRIIB subunits and pRIIB 1132 concentration with pRIIß subunits included either alone (black circles) or in complex with AKAP79_{c97} 1133 (dark blue squares). For panels E & F, activities at each concentration were measured in triplicate. 1134 Statistical comparisons were performed using two-tailed unpaired Student *t*-tests. ***p<0.001.

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Figure 2. Quantitation of PKA subunits in CA1 neuropil. Images of a P17 rat hippocampal slice
before (A) and after (B) micro-dissection of the CA1 neuropil layer. (C) Immunoblots of CA1
neuropil extract for PKA subunits. Extracts were run alongside reference amounts of the relevant
purified PKA subunit in each immunoblot (*Figure 2-figure supplement 1*). In each case, 15 μg total
protein extract was run alongside the reference series, with the exception of the anti-C immunoblot (10
μg extract). (D) Copy numbers of PKA subunits in rat CA1 neuropil normalized to C subunits.

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1143 Figure 3. FRET-based PKA activity measurements. (A) AKAR4 mechanism: phosphorylation of 1144 the sensor by PKA is detected as an increase in FRET between the terminal fluorescent proteins. (B) 1145 Concentrations of proteins used for *in vitro* AKAR4 assays. Different experiments utilized different 1146 mixtures of these proteins but always at these concentrations. (C) Representative AKAR4 traces 1147 showing change in 520 nm / 485 nm (Y/C) emission ratio over time after injection of different 1148 concentrations of cAMP in tandem with 5 mM ATP. All protein mixtures included AKAR4, type II PKA (RIIa, RIIb, C), and CaM. Experiments were performed with either no further additives (top 1149 1150 row, black), with CN added (middle row, blue), or with both CN and AKAP79_{c97} added (bottom row, 1151 red). ATP/cAMP injections are indicated by arrows. (**D**) The chart shows peak rates of emission ratio 1152 change for the recordings shown in the preceding panel. n values are stated above the columns. (E)

For these recordings, type II PKA, CN, and CaM were included in all cases. Phosphorylation was initiated by injection of 5 mM ATP and 1 μ M cAMP at t=0. Averaged responses ± standard error (SE) are shown with no further additives (blue), or when either WT (red), Δ CN (purple), or Δ PKA (gold) variants of AKAP79_{c97} were included. (**F**) Peak rates (calculated between 30-90 s) for the responses shown in the preceding panel. Statistical comparisons were performed using two-tailed unpaired Student *t*-tests. ***p<0.001.

1159

1160 Figure 4. Kinetic analysis of PKA-CN-AKAP79 signaling. (A-C) Estimates of the average 1161 proportion of free C subunits between 30-90 s for type II PKA alone (black), with CN (blue), and with 1162 both CN and AKAP79_{c97} (red) following activation of the protein mixtures with a range of cAMP 1163 concentrations. (**D**) Reaction scheme used for modeling type II PKA regulation by CN. Each species 1164 within the scheme is numbered consistent with supporting data in figure in *Supplementary File 1*. (E-1165 G) Model simulations for protein mixtures activated with 1 μ M cAMP are shown with the 1166 experimental data overlaid. Averaged values are shown for experimental data after pooling the data 1167 shown in Figure 3. Responses are shown for type II PKA alone (E), with CN (F), and with both CN 1168 and AKAP79_{c97} (G). A sample of the corresponding simulated responses are shown in grey. An 'error' 1169 threshold of 0.01 was used to accept curves as a good fit.

1170

1171 Figure 5. Characterization of RII α IS phosphorylation site mutations. (A) RII α subunit topology 1172 showing locations of the docking and dimerization domain (D/D, grey), inhibitor sequence (IS, 1173 vellow), and tandem cyclic nucleotide binding domains (dark and light blue). S98A (red) and S98E 1174 (green) mutations in the IS are highlighted. (B-D) Comparison of AKAR4 emission ratio changes 1175 following 5 mM ATP/1 μ M cAMP activation of protein mixtures containing either WT (**B**), S98A (**C**), 1176 or S98E (**D**) RII α . 1.03 μ M RII β was included in all cases. Measurements were collected either with 1177 or without CN in the reaction mixture. Averaged responses (\pm SE) are shown for WT RII α with (dark 1178 blue) and without CN (light blue), S98A RII α with (dark red) and without (light red) CN, and RII α S98E with (dark green) and without (light green) CN. (E) The upper bar chart shows peak rates 1179 1180 (calculated between 30-90 s) for the responses shown in panels b-d. The effect of including CN in the 1181 reaction mixture for each RII variant is shown in the lower bar chart. (F-H) Model predictions in the 1182 six conditions of panels b-d are shown in grey when simulating using the 'extended' model (see 1183 Methods) and using the different parameter sets generated from the parameter estimation approach. 1184 The same parameters as retrieved using data shown in figure 4 were used as a starting point for the 1185 simulations, but parameter sets were filtered based on data collected with RII α S98A. Model

1186 predictions are shown alongside the corresponding experimental data collected with either WT (F).

S98A (G), or S98E (H) RII α in the reaction mix.

1187 1188

1189 Figure 6. Lentivirus development and spine density imaging. (A) Schematic of the FUGW-H1-1190 based lentiviral vector used to knock down and replace endogenous RIIa subunits in dissociated 1191 hippocampal cultures. (B) To validate lentiviruses, dissociated hippocampal neurons were infected on 1192 the seventh day in vitro (DIV7). Immunoblots are shown comparing neuronal extracts collected on 1193 DIV14 after infection with no virus, virus expressing scrambled shRNA only, shRIIa only, and the 1194 three complete lentiviruses for knockdown/replacement with either WT, S97A, or S97E RIIa. (C) 1195 Representative live-cell images of lentivirus-infected primary hippocampal neurons at DIV14 1196 expressing either WT, S97A, or S97E RIIα. Scale bars correspond to 50 μm (upper panels) and 5 μm 1197 (lower panels). (D) Average spine density on hippocampal dendrites following lentiviral replacement 1198 of endogenous RIIa. Data were averaged from 106 (WT), 97 (S97A), and 113 (S97E) neurons derived 1199 from 7 rats for each condition, and are represented as mean \pm SE. Conditions were compared using 1200 one-way ANOVA with Turkey post-hoc tests. (E) Representative live-cell images showing dendritic 1201 spines in primary hippocampal neurons expressing either WT, S97A, or S97E replacement RIIa at 1202 three points before and after chem-LTD (scale bar = $2.5 \mu m$). Chem-LTD was induced at t=0 with 20 1203 μ M NMDA for 3 minutes. The yellow asterisk indicates a spine that disappeared over the course of the 1204 protocol whereas the pink asterisks indicate spines that did not. (F) Plot showing average changes in 1205 spine density (± S.E) in primary hippocampal neurons expressing either WT (dark blue), S97A (red) or 1206 S97E (green) RIIa. (G) Average changes in spine density \pm SE one hour after induction of chem-LTD 1207 are shown for neurons expressing WT (dark blue, n=5), S97A (red, n=5), and S97E (green, n=4) RII α 1208 variants as shown in the preceding two panels. Statistical comparisons were performed by 2-way 1209 ANOVA followed by Bonferroni's post-hoc test. **p<0.01, ***P<0.001

1210

1211 Figure 7. Summary model of PKA suppression by CN within the AKAP79 complex. Structural 1212 and kinetic models (upper and lower panels, respectively) of signaling within the AKAP79 complex 1213 are shown under conditions of either low (A) or elevated Ca^{2+} (B). Elevated Ca^{2+} triggers CN (red) 1214 dephosphorylation of pRII (blue) which shifts C subunit capture from the left-hand square of the 1215 kinetic scheme to the right-hand square which features dephosphorylated forms of RII. The overall 1216 effect is a reduction in the concentration of free C subunits. The most abundant forms of RII under the 1217 two conditions are highlighted by blue spheres.

Supplementary Figure Legends

1219

1220 Figure 1-figure supplement 1. Purified proteins. Images showing the purity of purified proteins 1221 applied in this study are shown following SDS-PAGE with 4–12% Bis-Tris NuPAGE gels. (A) Full-1222 length WT PKA RIIa and RIIB subunits. (B) Full-length AKAP79. (C) The complex of RIIa and 1223 AKAP79_{c97}. (**D**) The complex of RIIB and AKAP79_{c97}. (**E**) The CN heterodimer. (**F**) CaM. (**G**) 1224 AKAR4 – the left-hand image shows Coomassie staining whereas the right-hand image shows anti-1225 GFP immunoblotting of an equivalent lane after transfer to nitrocellulose. (H) Variants of RIIa (WT, 1226 S98A, S98E) applied in AKAR4 assays. (I) Variants of AKAP79_{c97} (WT, Δ CN, Δ PKA) applied in 1227 AKAR4 assays. All images were scanned following Coomassie staining unless otherwise stated.

1228

Figure 1-figure supplement 2. pRII phosphorylation by CN at supra-physiological
concentrations. The relationship between CN activity towards pRII and pRII concentration in the
absence of AKAP79 is linear for both pRIIα (A) and pRIIβ (B) up to at least 20 µM pRII.

1232

1233 Figure 1-figure supplement 3. Effect of AKAP79c97 variants on pNPP and pRII phosphopeptide 1234 dephosphorylation. (A) Bar chart showing relative rates of pNPP hydrolysis by CN with (blue) and 1235 without (black) CaM activation, and for CN+CaM in the presence of WT (red), Δ CN (purple), and Δ PKA 1236 (gold) variants of AKAP79_{c97}. The relative rate of pNPP hydrolysis was reduced from 1 ± 0.04 to $0.19 \pm$ 1237 0.002 when CaM was excluded. Inclusion of WT AKAP79_{c97} resulted in relative pNPP hydrolysis of 1.61 1238 \pm 0.02 (2 µM) and 1.69 \pm 0.03 (10 µM); for the Δ CN variant, the rates were 1.00 \pm 0.04 (2 µM) and 1.16 1239 ± 0.01 (10 μ M); and for the Δ PKA variant, the rates were 1.37 ± 0.02 (2 μ M) and 1.44 ± 0.02 (10 μ M). 1240 Taken together, the data indicate that the PIAIIIT motif of AKAP79 is able to weakly enhance CN 1241 hydrolysis of pNPP. (B) Bar chart showing relative rates of 40 µM pRII 19-mer peptide 1242 dephosphorylation by CN. Conditions are colored in the same way as the preceding panel. For pRII 1243 peptide, the relative rate of dephosphoylation was reduced from 1 ± 0.10 to 0.062 ± 0.01 when CaM was 1244 excluded. Inclusion of WT AKAP79_{c97} resulted in relative dephosphorylation rates of 0.51 ± 0.06 (2 μ M) 1245 and 0.47 \pm 0.05 (10 μ M); for the Δ CN variant, the rates were 0.92 \pm 0.09 (2 μ M) and 0.81 \pm 0.09 (10 1246 μ M); and for the Δ PKA variant, the rates were 0.70 \pm 0.07 (2 μ M) and 0.66 \pm 0.06 (10 μ M). The data is 1247 consistent with previous reports that AKAP79 weakly inhibits CN activity towards pRII phosphopeptide 1248 (Coghlan et al., 1995; Kashishian et al., 1998).

1249

Figure 2-figure supplement 1. Reference curves for quantitation of PKA subunits in CA1 neuropil. The four panels show reference curves (red lines) that relate immunoblot band intensity to ng of PKA subunit per lane, and correspond to the data shown in *Figure 2*C. (A) Anti-pan C immunoblot reference curve. The point at which the neuropil extract lane falls on the curve is denoted by a green circle. (B) Anti-pan RI reference curve with neuropil extract lane denoted by a purple circle. (C) Anti-RIIα reference curve with neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a light blue circle. (D) Anti-RIIβ reference curve with the neuropil extract lane denoted by a dark blue circle.

1257

1258 Figure 3-figure supplement 1. AKAR4 reference measurements with PKA catalytic subunit. (A) 1259 Averaged AKAR4 traces showing change in 520 nm / 485 nm (Y/C) emission ratio over time after 1260 injection of 5 mM ATP into reactions containing only PKA C subunits at a range of concentrations. 1261 (B) Relationship between free C subunit concentration (in the absence of CN) and emission ratio change per minute. The data was fitted to a Hill function ($y = 380*x^{1.71}/(3481^{1.71}+x^{1.71})$) with an 1262 adjusted R-square value of 0.99983. (C) Averaged AKAR4 traces showing data for the same 1263 1264 experiment as the preceding panel but with 1.5 μ M CN included in all reactions. (**D**) Peak 520 nm / 1265 485 nm (Y/C) emission ratio changes at different concentrations of C subunit, either without (black 1266 bars) or with (striped bars) 1.5 µM CN. Average rates were calculated between 15-75 s, with the 1267 exception of 0 and 25 nM C subunit concentrations (30 - 330 s). (E) Averaged peak AKAR4 1268 responses from all recordings for type II PKA either alone (top row), with CN (middle row), or with 1269 both CN and AKAP collected after injections of 5 mM ATP with different concentrations of cAMP. 1270 These rates were cross-referenced against the reference curve shown in panel b to estimate free C 1271 subunit concentrations (plotted in *Figure 4*A-C). Peak rates were calculated between 30-90 s, with the 1272 exception of 0 & 100 nM cAMP responses where a wider time window (30-330 s) was applied.

1273

1274 Figure 3-figure supplement 2. Comparison of CN and PP1 activity towards AKAR4. (A) AKAR4 1275 responses are shown for reactions containing 400 nM C subunits alone (black), with 1.5 µM CN (blue), or 1276 with 1.5 µM PP1 (purple). Phosphorylation was initiated by injection of ATP to a final concentration of 5 1277 mM. (B) Peak rates (calculated between 20-50 s after ATP injection) for the responses shown in the 1278 preceding panel. Inclusion of CN did not alter the rate (relative rates of 1 ± 0.05 for C alone compared to 1279 1.02 ± 0.08 for C + CN), whereas addition of PP1 (purple) reduced the rate to 0.14 ± 0.04 (p = 9 x 10e-6). 1280 (C) We also compared rates of dephosphorylation of AKAR4 pre-phosphorylated by PKA. Reponses are 1281 shown for pAKAR4 dephosphorylation in the presence of no phosphatase (black) or with different 1282 concentrations of CN (blue) or PP1 (purple). (D) Peak rates for the data shown in the preceding panel. 1283 Replicate numbers for each condition are shown in parentheses. Rates are normalized to the 1284 dephosphorylation rate with 1 μ M PP1. The relative rates were as follows: 0.003 ± 0.001 with no 1285 phosphatase; with CN, 0.007 ± 0.001 (0.3 μ M); 0.011 ± 0.001 (1 CN), and 0.033 ± 0.001 (3 μ M); and 1286 with PP1, 0.15 ± 0.02 (0.1 μ M), 0.44 ± 0.01 (0.3 μ M), and 1 ± 0.09 (1 μ M). The data indicate that PP1 is 1287 much more active towards pAKAR4 than CN, with 5-fold faster pAKAR4 dephosphorylation at the 1288 lowest PP1 concentration tested (0.1 μ M) than the highest CN concentration (3 μ M). The statistical 1289 comparison was performed using a one-tailed paired Student t-test. ***p<0.001.

1290

1291 Figure 4-figure supplement 1. Simulations of kinetic scheme species changes in concentration over 1292 time. Each row corresponds to the concentration (μM) of an individual species simulated in seven 1293 different reaction mixtures. The first three columns correspond to experiments with WT RIIa subunits; 1294 columns four and five to experiments with RIIa S98A subunits, and the last two columns with RIIa S98E 1295 subunits. Red lines correspond to simulations whose parameter sets were classified as far from 1296 experimental data collected with mutated RIIa, but which fit well to data collected with WT RIIa subunits 1297 in reactions stimulated with 0, 0.2, 1 and 2 µM cAMP. Blue traces correspond to simulations with 1298 parameter sets that generated results close to experimental data collected with both WT and mutant RIIa 1299 subunits.

1300

1301 Figure 4-figure supplement 2. Simulations of responses with different concentrations of cAMP.

For each condition, simulations (grey lines) are shown alongside experimental data. The first four rows show responses with different concentrations of cAMP: 0 μ M (top row), 0.2 μ M (second row), 1 μ M (third row), 2 μ M (fourth row). The bottom row corresponds to responses at 1 μ M with mixtures containing RII α mutants.

1306

1307 Figure 5-figure supplement 1. Space of parameters used in model fitting. (A) The illustration 1308 shows the marginal posterior distribution of each model parameter on a logarithmic scale for a subset 1309 of parameter samples that generated simulations that fit experimental data collected with WT RIIa 1310 subunits. Each sample in the distribution is connected across the parameters by a line, whose color 1311 indicates whether the corresponding parameter set also generated simulations fitting closely (blue) to 1312 data collected with mutant RIIa subunits or not (red). The parameter priors are indicated by the 1313 respective black horizontal bars. (B) Distribution of dissociation constants (K_D 's). The boxplots 1314 display median values (red lines), the 50 % datapoint distribution around the median (designated by 1315 boxes) and the remaining 25% datapoint distributions (lower and upper whiskers). Boxplots are shown for all eight K_D's obtained with the model priors (left), data fitted using experiments with WT RIIa 1316 1317 subunits (middle), and parameters selected for fitting to data collected with RIIa S98A subunits. (C)

1318	Marginal histograms for K_D76 (left) and K_D56 (right) with parameter sets classified according to
1319	whether they fit well to the RII α S98A data (blue) or not (red). (D) Scatterplot showing how the K _D 76
1320	and $K_D 56$ parameters are related according to the same two classes.
1321	
1322	
1323	Supplementary File Legends
1324	
1325	Supplementary File 1. Kinetic modeling parameters. The table lists parameters used in the
1326	computational modeling. Parameter terminology is according to the numbers above stated in Figure 4B,
1327	e.g., k12 refers to the on rate of cAMP binding to state 1 (pRII-C) to produce state 2 (pRII-C-cAMP). The
1328	prior range used to constrain parameter estimation is provided for each parameter along with links to the
1329	references used to set the default values.
1330	
1331	Supplementary File 2. Oligonucleotide primer sequences.
1332	
1333	
1334	Legends for source data linked to figures
1335	
1336	Figure 1-source data. Radioactive phosphatase assays
1337	Figure 2-source data. Quantitative immunoblotting
1338	Figure 3-source data. Rates of AKAR4 phosphorylation in purified protein mixtures
1339	Figure 4-source data. Free C subunit calculations
1340	Figure 5-source data. Rates of AKAR4 phosphorylation with mutant RII $lpha$ subunits
1341	Figure 6-source data. Spine density quantitation
1342	Figure 1-supplement 2. Phosphatase assays without AKAP79
1343	Figure 1-supplement 3. Colorimetric phosphatase assays
1344	Figure 3-supplement 1. Rates of AKAR4 phosphorylation with C subunit alone
1345	Figure 3-supplement 2. Comparison of CN and PP1 activity towards pAKAR4
1346	
1347	Legend for source data provided under 'Additional Files'
1348	
1349	Source data. Original images of Coomassie-stained gels and immunoblots included in the

1350 manuscript



Figure 1





Figure 1 – figure supplement 1





Figure 1 – figure supplement 2



pNPP Hydrolysis

(n = 4)



pRII phosphopeptide dephosphorylation



Figure 1-figure supplement 3



46 –	кир	С	RI	RIIα	RIIβ

Figure 2





Figure 2 – figure supplement 1



Protein	Molarity (µM)
PKA RIIα	5.9
PKA RII β	1.03
РКА С β	0.63
CN	1.5
CaM	5
AKAP79 c97	3.47
AKAR4 Reporter	0.2





Maximal 520/485 nm emission ratio changes (% change min⁻¹)

	cAMP Concentration (nM)					
	0	100	200	500	1000	2000
Type II PKA only	0.46±0.33 (n=3)	1.67±1.11 (n=3)	4.58±3.40 (n=4)	12.92±5.51 (n=4)	20.31±0.63 (n=9)	28.70±0.49 (n=3)
	0.34±0.15	0.78±0.44	3.75±1.93	11.39±4.94	16.26±0.48	27.04±1.88

Type II PKA + CN	(n=3)	(n=3)	(n=4)	(n=4)	(n=19)	(n=3)
	0.00±0.03	0.19±0.10	1.63±0.68	4.28±2.05	7.67±0.32	13.52±1.34
Type II PKA + CN + AKAP79 _{c97}	(n=3)	(n=3)	(n=4)	(n=4)	(n=25)	(n=3)

Figure 3-figure supplement 1



Figure 3-figure supplement 2.







Fit Criteria

----- Parameter sets fitting all bar RII α S98A data

Parameter sets fitting all data

Figure 4-figure supplement 1



Figure 4-figure supplement 2



Figure 5





Figure 5-figure supplement 1





Time (min)

F

G









Figure 7