

SUBTHEME :
**ISLAMIC EDUCATION, CULTURE, AND KNOWLEDGE
PRODUCTION**

TITLE OF PANEL :
**IN FORMULATING A FRIENDLY-ELDERLY GUIDANCE
PROGRAM OF HAJJ *MANASIK* (PILGRIMAGE RITES)**

*Bimbingan Manasik Haji yang Ramah bagi Lansia (Pendekatan
Interdisipliner)*

CHAIR :
Dr. Rosidin, M.Pd.I (Lecturer; IAIN Jember)

PANELISTS :

**Mohammad Rohmanan, Lc., M.Th.I (Lecturer; UIN Maliki
Malang)**

Title of Article

المسنين في مفهوم المعاشة مع القرآن في مسلمي إندونيسيا

*Lansia dalam Perspektif Living Qur'an Umat Muslim Indonesia
(Pendekatan al-Qur'an dan Sosiologi).*

**Masyithah Mardhatillah, S.Th.I, M.Hum (Lecturer; IAIN
Madura)**

Title of Article

**SPECIFIC TREATMENT OF ELDERLY PILGRIMS ON HAJJ
ACCORDING TO THE HADITH**

*Perlakuan Khusus Jamaah Haji Lansia dalam Perspektif Hadis
(Pendekatan Hadis dan Mukhtalaf al-Hadits)*

Prof. Dr. H. Kasuwi Saiban, MA (Professor; UNMER Malang)

Title of Article

بناء مناسك الحج على المذاهب الأربعة للمسنين

*Konstruksi Fikih Haji Lintas Mazhab yang Ramah bagi Lansia
(Pendekatan Ushul Fikih dan Fikih)*

**Hj. Anisatur Rizqiyah (Graduate Student; UIN Maliki
Malang)**

Title of Article

**ANDRAGOGIC LEARNING MODEL FOR ELDERLY
IN GUIDANCE PROGRAM OF HAJJ MANASIK IN KBIH
AL-HIKAM, MALANG**

*Model Pembelajaran Andragogis bagi Lansia dalam Bimbingan
Manasik Haji di KBIH Al-Hikam Malang (Pendekatan Pendidikan
dan Pembelajaran)*

**Burhan Ma'arif Z.A, M.Farm., Apt. (Researcher & Lecturer;
UIN Maliki Malang)**

Title of Article

THE USE OF PHYTOESTROGENS FOR ELDERLY
*Pemanfaatan Fitoestrogen bagi Lansia (Pendekatan Farmasi dan
Kedokteran)*

IN FORMULATING A FRIENDLY-ELDERLY GUIDANCE PROGRAM OF HAJJ MANASIK (PILGRIMAGE RITES)

Rosidin

IAIN Jember

mohammed.rosidin@yahoo.co.id

Abstract

The majority of Indonesian pilgrims comes from elderly which numbers 60% in 2018. Ironically, in spite of their limitation and physical or psychological problems, they get treatment as the same as younger and healthier pilgrims. This panel would like to formulate a friendly-elderly guidance program of hajj *manasik* (pilgrimage rites) from the perspective of interdisciplinary studies. The academic problems of the panel are: *First*, how do the Quran and the Hadith say about elderly in the Indonesian context? *Second*, how is the ideal construction of a friendly-elderly *fiqh* of hajj and the guidance program of hajj *manasik*? *Third*, what is possible medical solution for elderly with fragile health condition?. In solving the problems, this panel engages five perspectives which work synergically to present these following panel answers: *First*, Indonesian Moslems have much local wisdom which turn into living Qur'an on attitude, saying and treatment for elderly. Meanwhile, Hadith offers alternatives for elderly whether to perform the hajj by themselves or to appoint someone based on the analysis of *mukhtalif ahadith*. *Second*, materials of hajj guidance program are adjusted to condition of elderly. It would then lead to the construction of comparative *fiqh* of hajj which prioritizes principle of *ta'abbud*, purposefulness and easiness. As for the guidance program would use pedagogic teaching principle which puts much respect on self esteem of the members and an experience based learning. *Third*, this panel presents alternative and potential healing solution with minimum side effect for elderly using the fitotestragen which could replace the function of estrogen in human body. Result of this panel would be published through two types of theme classification. *First*, guidance program of friendly-elderly hajj *manasik*. *Second*, guidance program of friendly-elderly hajj *manasik* from the perspective of medical and education.

Keywords: *Elderly, Hajj Manasik, Friendly, Guidance Program*

المسنين في مفهوم المعاشة مع القرآن في مسلمي إندونيسيا

محمد رحمان

جامعة مولانا مالك إبراهيم الإسلامية الحكومية مالنج

mohammadrohmanan@gmail.com

خلاصة البحث

لقد بين القرآن الكريم والحديث النبوي الشريف أن الإسلام يراعي كرامة المسنين. وكان أقوال الرسول صلى الله عليه وسلم و أفعاله مطبّقا لقيم القرآن، حتى يقال أنه قرآن يمشي على الأرض. و كان أحسن مثال لمفهوم المعاشة مع القرآن الذي يتم بفهم تعاليم القرآن، و تطبيق قيمه بشكل جماعي من قبل المسلمين، حتى يكون عرفا شائعا يسري عليه مجتمع من المجتمعات. تقوم هذه المقالة بتحليل قضية كبار السن في منظور مفهوم المعاشة مع القرآن من مسلمي إندونيسيا. انطلاقا من نظر القرآن الكريم أن المسنين يعانون من ضعف بدني (سورة الروم: 54) وفتور قوة الذاكرة (سورة النحل : 70)، مما يتطلب معاملة خاصة من حيث الموقف و المخاطبة (سورة الإسراء: 23). كما يقوم الباحث بتحليل العرف و التقاليد لمسلمي إندونيسيا التي تتعلق بمعاملة المسنين من حيث الموقف و المخاطبة. ومن الأمثلة على ذلك احترام كبار السن في المكانة الاجتماعية عن طريق انتخابهم كمستشارين. و اختيار مفردات لغوية خاصة في مخاطبتهم دون غيرهم. و تقبيل أيدي المسنين، خاصة مع الوالدين أو المعلم.

الكلمات الرئيسية: المسنين ، منهج القرآن الكريم ، الثقافة ، عرف ، عادات ،

تقاليد، إندونيسيا المسلمة.

SPECIFIC TREATMENT OF ELDERLY PILGRIMS ON HAJJ

ACCORDING TO THE HADITH

Masyithah Mardhatillah

IAIN Madura

masyithah.mirza@gmail.com

Abstract

Most of Indonesian pilgrims on hajj comes from elderly because of long waiting period which can take place at maximum 30 years. It leads to problem as they need specific health service mostly due to aging problem while hajj requires optimal health. This paper aims to elaborate specific treatment of elderly pilgrims on hajj according to the hadith. It becomes urgent to discuss mainly because some hadith(es) imply motivation for elderly to perform hajj while others indirectly avoid them to do so. Based on it, this paper would answer three questions. First, how did hadith(es) show specific treatment of elderly pilgrims to perform hajj? Second, how to deal with two groups of hadith which slightly look different each other? Third, how to contextualize the hadith(es) to contemporary life in which elderly becomes the majority of hajj pilgrims? Analysis of this paper is based on the approach of *mukhtalif ahadis* to find out the right contextualization.

Keywords: Elderly Pilgrims, Hajj, Hadith, Mukhtalif.

بناء مناسك الحج على المذاهب الأربعة للمسنين

كاسوي شيبان

جامعة تحرير مالنج

kasuwi.saiban@gmail.com

خلاصة البحث

حجاج إندونيسيا معظمهم من المسنين، حيث بلغ عددهم 60% في عام 2018. وللأسف أن كبار السن يعاملون معاملة الحجاج الصحاح الذين ليس لهم أي موانع في القيام بمنسك الحج. مع أن لديهم جملة من الضعف الجسدي والنفسي. ولذلك، فإن الباحث يقدم بناء أحكام الحج للمسنين عن طريق الفقه القارن للمذاهب الأربعة ونظرية المعرفة للقضايا الفقهية المعاصرة التي أعلنها جاسر عودة و التي تقوم على ثلاثة مبادئ رئيسة و هي: المصلحة و التيسير و التعبد. و في إطار تطبيق ذلك قسم الباحث أحكام الحج إلى قسمين: أحكام واقعية وهي التي تكون ثابتة على مر الزمن؛ و أحكام موضوعية وهي التي تكون متغيرة في الأزمنة و الأحوال. كما قسمها إلى قسمين: أحكام تعبدية وهي التي أغلقت مجال الاجتهاد و أحكام عقلية وهي التي تتيح مجالاً للاجتهاد. أما الأول من القسمين فقد اختار الباحث أيسر الآراء من بين المذاهب الأربعة. و أما الثاني منهما فقد بنى الكاتب رأيه بناء على مقاصد الشريعة الإسلامية لينتج المصلحة و التيسير للحجاج كبار السن.

الكلمات المفتاحية: كبار السن ، المسنين ، الفقه المقارن، المذهب ، المعرفة.

**ANDRAGOGIC LEARNING MODEL FOR ELDERLY
IN GUIDANCE PROGRAM OF HAJJ MANASIK IN KBIH AL-HIKAM,
MALANG**

Anisatur Rizqiyah

UIN Maulana Malik Ibrahim Malang

anisarizqiyah121@gmail.com

Abstract

Physical and intellectual weakness put a need for elderly to get specific learning model in guidance program of hajj manasik. This paper describes the result of research conducted in KBIH (Group of Guidance Hajj Manasik Program) Al-Hikam Malang. The KBIH uses andragogic learning model for elderly in its guidance program of hajj manasik. Analysis of the model is based on perspective of the six main andragogy learning principles. First, The Need to Know as it appears when facilitators respect self esteem of each member by distributing soft file and print-out of the program materials. Second, The Learner's Self Concept as it is clear from facilitators' ethics in their attitude, saying and action to the elderly. Third, The Role of Learners' Experiences when facilitators use the principles of interactive learning process. Fourth, Readiness to Learn as when facilitators classify the elderly based on the need of motivation and guidance. Fifth, Orientation to Learning as applied when facilitators implement real experience based learning method. Sixth, Motivation as used when facilitators present interesting materials so the elderly could be actively motivated to join the whole of guidance program.

Keywords: Elderly, Hajj Manasik, Andragogy, Learning, Facilitator

THE USE OF PHYTOESTROGENS FOR ELDERLY

Burhan Ma'arif Z.A

UIN Maulana Malik Ibrahim Malang

burhan.maarif@farmasi.uin-malang.ac.id

Abstract

Postmenopausal women in the world reached 476 million in 1990 and are expected to grow to 1.200 million by 2030. If referring to an average life expectancy of 70-80 years, while menopausal age is relatively stable in the 50-51 years, women will spend more than a third of their life in a postmenopausal period and are likely to develop chronic illnesses for the rest of their lives. In postmenopausal women, estrogen deficiency is known to cause various health problems, such as osteoporosis, neurodegenerative diseases, stroke, heart disease, and venous thromboembolism. As an alternative medical solution, the author offers the use of phytoestrogens. Phytoestrogens are a class of compounds from plant that can substitute the estrogen function in the body. In contrast to other modern medicine, the author's research proves that phytoestrogens have relatively no side effects, so it becomes the potential alternative medical treatment for postmenopausal women. On the other hand, the results of tentative research authors indicate that phytoestrogens can also be exploited by elderly men.

Keywords: Elderly, Phytoestrogens, Postmenopause, Drugs.

PROFILE OF PANEL MEMBERS

Dr. Rosidin, M.Pd.I. Born in Malang on August 9, 1985. Specialization of Islamic Education since Bachelor (2004-2008) at STAIMA Al-Hikam Malang; Master (2008-2010) and Doctoral study (2010-2012) at IAIN Sunan Ampel Surabaya. Educational and teaching activities as lecturer of Islamic Education Thought in IAIN Jember. Research and writing activities since 2013-2018 as speaker of national or international seminars, author of scientific journals (14 articles) and books (26 books). Community service activities as religious preacher, speaker of academic forums and trainer of writing. He also actively fill out personal websites (www.dialogilmu.com), instgram (dialogilmu) and facebook (mohammed.rosidin). Contact person 081945752019.

Mohammad Rohmanan, LC., M. Th.I was born in Malang, 8th of May, 1985. Having full memorization of the Qur'an (30 Juz), he got a scholarship to study at Al-Azhar University Cairo in the department of Qur'anic Studies at the Faculty of Ushuluddin. After graduation, he enrolled the master degree at the same university but it only took a year before he went home to Indonesia and studied of Qur'an and Exegesis Studies at the Post Graduate Program UIN Sunan Ampel Surabaya. Once, he lectured Islamic Education subject n at State University of Malang before being selected as a lecturer of the Hadith Studies, Faculty of Education, UIN Maulana Malik Ibrahim Malang. Contact Person: 0857-9129-4489.

Masyithah Mardhatillah S.Th.I, M.Hum is an alumna of UIN Sunan Kalijaga Yogyakarta majoring Qur'an and Hadith Studies. Before, she worked at publishing companies (Pustaka Pelajar and Mizan Pustaka Utama) and a research center called ISAI (Institute of South East Asian Islam). Living with his husband and one-year lovable daughter, she now lives in Pamekasan while lecturing at IAIN Madura and supervising *Paddhang Bulan Tacempah Foundation*, a local based community concerns with Islam and Madura studies. She is approachable at some social media accounts and www.padhangbulan.or.id. Contact Person: 0817-0304-5642.

Prof. Dr. H. Kasuwi Saiban, MA. Born in Lamongan on August 2nd, 1957. He is a full-time professor in Universitas Merdeka (UNMER) Malang. Through his diligence in fulfilling *Tri Dharma* (three duties) of Higher Education, he was confirmed as Professor of Islamic Law in UNMER. He held a structural position as the Director of Graduate Program in UNISLA (2001-2016). Also, he was entrusted by KH Hasyim Muzadi to be the Head of High Education of Ma'had Aly Al-Hikmah, Malang City, from 2002 to 2017. Currently, he is now mandated as the Chairman of University Senate in UNMER Malang. Contact Person: 0812-3381-733.

Hj. Anisatur Rizqiyah. Born in Sidoarjo on March 11, 1998. She is a sixth semester student of Mathematics Department, UIN Maulana Malik Ibrahim Malang. She stays in Pondok Pesantren Putri Al-Hikmah Al-Fathimiyyah, Malang. Beside studying, she is teaching in Madrasah Diniyah Al-Hikmah Malang. Her formal education background has started since: TK Muslimat Siti Aisyah Sidogiri (2001-2003); SDN 01 Sidogiri (2003-2009); MTs (2009-2012) and MA (2012-2015) Almaarif Singosari Malang. Then for the non-formal education has started since Madrasah Diniyah Al-Ishlah Banat IV Sidogiri (2003-2009) and PPQ. Nurul Huda Singosari (2009-2015). Contact Person: 0814-5918-3268.

Burhan Ma'arif Z.A, M.Farm., Apt. Born in Ponorogo February 21st, 1990. Pharmacy Bachelor's Degree, Pharmacist Profession Degree, and Master of Pharmaceutical Sciences Degree were obtained from Faculty of Pharmacy, Airlangga University Surabaya (UNAIR), respectively in 2012, 2013 and 2015. And now he is studying Doctor of Pharmaceutical Sciences also at Faculty of Pharmacy UNAIR . He has experiences as a researcher in the Science and Technology Research Partnership (SATREPS) laboratory at Institute of Tropical Disease (ITD) UNAIR. Also an active lecturer in Department of Pharmacy, Faculty of Medicine and Health Sciences, UIN Maulana Malik Ibrahim Malang. His field of science is natural product pharmacy, especially fitoestrogen as antiosteoporosis and neuroprotective agent. Contact Person: 0813-3555-5725.