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Effect of chestnut flour and probiotic microorganism on the functionality of dry-cured meat sausages

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1 **Effect of chestnut flour and probiotic microorganism on the functionality of dry-**
2 **cured meat sausages.**

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17 Key words: Dry-cured sausage, Longaniza de Pascua, *Lactobacillus plantarum*,
18 Chestnut flour, Healthy foods.

19
20 **Abstract**

21 The meat industry has made efforts to develop meat and meat products with functional
22 ingredients to prevent the risk of disease and to promote health conditions. Therefore,
23 the aim of the present work was to study the combined use of the probiotic strain,

24 *Lactobacillus plantarum*, and potential prebiotic chestnut flour in Spanish dry-cured
25 sausage (Longaniza de Pascua). Chestnut flour and the probiotic strain improved LAB
26 counts on Longaniza de Pascua without modifying product flavour. Chestnut flour had
27 a significant effect on pH decrease and residual nitrite values, but lipid oxidation
28 values were increased. The symbiotic meat product could be considered a healthy
29 matrix as a probiotic carrier.

30 **1. Introduction**

31 Functional foods play an important role by offering a new kind of healthy tool that
32 promises specific effects related to particular bioactive components. The most
33 commonly used functional ingredients are probiotic bacteria, prebiotic carbohydrates,
34 multiple types of antioxidants and some lipids.

35 Nowadays, consumer demand for high-quality meat products is strong and growing.
36 Such demand provides great opportunities for the meat industry, compelling said
37 industry to strive in the research and production of healthier sausages (Rosmini,
38 Frizzo, & Zogbi, 2008).

39 Sweet chestnut (*Castanea sativa Mill.*) is a native deciduous seasonal tree of
40 Mediterranean countries that produces edible nuts. Chestnut is a good source of many
41 bioactive compounds that have been associated with cancer and cardiovascular
42 disease prevention as well as anti-inflammatory effects (Barreira, Ferreira, Oliveira, &
43 Pereira, 2008). The main antioxidant compounds found in chestnuts and their by-
44 products are phenolic acids, phenolic compounds, flavonoids, and tannins, which are
45 the most abundant in accordance with different studies, particularly in the prevention of
46 non-communicable diseases (Vasconcelos, Quideau, Jacquet, Rosa, & Ferreira-
47 Cardoso 2010; Vázquez, Fernández-Agulló, Gómez-Castro, Freire, Antorrena, &
48 González-Álvarez, 2012; Echegaray *et al.*, 2018).

49 Prebiotics are defined as substrates used selectively by host microorganisms to
50 produce a beneficial effect (ISAPP 2017). Indeed, Ozcan, Yilmaz-Ersan, Akpinar-
51 Bayazit, & Delikanli (2017) have reported that chestnut flour could be considered as a
52 good prebiotic because it contains oligosaccharides (non-digestible ingredients), which
53 are fermented by probiotic bacteria such as *Bifidobacteria* and *Lactobacilli*.

54 There are advantages and disadvantages related to fermented meat matrices. On the
55 one hand, they are suitable for transporting probiotic bacteria since they generally do
56 not heat up, promoting the survival of probiotic bacteria in the gastrointestinal tract. On
57 the other hand, bacteria viability is affected by the low A_w and pH values, as well as
58 the high content of curing agents. Therefore, results are expected to be strain-
59 dependent (De Vuyst, Falony, & Leroy, 2008; Agüero, Frizzo, Ouwehand, Aleu, &
60 Rosmini, 2020). That is the reason why the incorporation of these ingredients into
61 Longaniza de Pascua could represent an added value while improving its perspective
62 as a healthy food.

63 In symbiosis, it is expected that prebiotic ingredients could promote probiotic survival
64 in the product, in the gastrointestinal tract, and their growth in the colon (Grimoud *et*
65 *al.*, 2010). Therefore, the main goal of this work was to evaluate the effect of the
66 combined incorporation of *Lactobacillus plantarum* and chestnut flour on the
67 technological and functional properties of Longaniza de Pascua.

68 **2. Materials and methods**

69 *2.1 Materials*

70 Chestnut flour was purchased from a local market in Spain, being previously
71 characterized by Fernández-López, *et al.* (2019b). The colour parameters of chestnut
72 flour were L^* 87.50, a^* 1.15, b^* 12.60, C^* 12.66 and h^* 84.79. The HPLC analyses on

73 chestnut flour showed a total of 20 polyphenolic compounds, 15 of which were
74 phenolic acids (mainly galic, ferulic and sinapic acids).

75 The meat (lean and fatty meat) was purchased in a local supermarket, and was
76 transported under refrigerated conditions (4 °C) and immediately processed at the
77 IPOA Research Pilot Plant facility at Miguel Hernández University.

78 2.2 Longaniza de Pascua Manufacturing

79 The composition and production method of Longaniza was carried out according to the
80 Longaniza de Pascua quality regulations of the Valencian Agro-food Institute.
81 Longaniza de Pascua is a traditional product of the Valencian community (Spain) that
82 has been recognized with its own distinctive quality (Resolución 10/09/2003 CV). They
83 were manufactured in the IPOA Research Pilot Plant. The Longaniza mixture was
84 prepared according to a traditional formula (only meat percentages add up to 100%
85 and percentages of other ingredients are meat-related): pork lean meat (60%), pork
86 back fat (40%), water (5%), salt (2%), glucose (0.02%), ascorbic acid (500 mg/kg),
87 nitrite (100 mg/kg) and spices (0.2% black pepper and 0.01% anise). *L. plantarum* is a
88 food-grade strain normally used by the food manufacturing industry. It was isolated, for
89 research purposes only, from the BiofloraTM product (BIOSIDUS S.A), which is
90 commercialized as a probiotic with sanitary certifications. The inoculum was made as
91 previously described by Rubio, Jofré, Aymerich, Guàrdia, & Garriga, (2014) and its
92 concentration was about 8.5 log CFU/g. The sausages were stuffed into natural lamb
93 casings of 18 mm in diameter. Four batches were prepared: batch CL with 3%
94 chestnut flour added; batch CPL with 3% chestnut flour and 8.5 log CFU/g *L.*
95 *plantarum* added; batch PL with 8.5 log CFU/g *L. plantarum* added and batch control
96 (L)(without chestnut flour and *L. plantarum*). Chamber drying conditions were as
97 follows: 15±1° C and 75±2% relative humidity. After 5 d of drying, the Longanizas were

98 considered "ready-to-eat" (30% weight losses). The small calibre of the sausage
99 allows the required drying time to be shortened, quickly reaching slice ability. Shelf life
100 conditions will be the object of a further study.

101 The moisture, residual nitrite level, microbiological (acid lactic bacteria and *L.*
102 *plantarum*) and physico-chemical analysis was determined at 0, 1, 2, 3, 4, 5 d of dry-
103 curing. For aerobic mesophilic bacteria (AMB), moulds and yeasts and
104 *Enterobacteriaceae* determination samples were taken at 0, 2 and 4 d of dry-curing.
105 For organic acids and sugars determination, samples were taken at 1, 3 and 5 d of
106 dry-curing. Lipid oxidation, sensorial and texture determinations were run in the final
107 product. All determinations were performed in triplicate, except the colour and texture
108 determinations with 9 and 6 measurements, respectively. The studied replicates were
109 in the same batch. Three productions were studied in three different times.

110 2.3 pH, A_w and color analysis

111 The pH of Longaniza de Pascua was measured directly using a Crison combination
112 electrode probe (Cat. No. 52) connected to a pH-meter (model 510 Crison, Barcelona,
113 Spain), according to Sayas-Barberá, Viuda-Martos, Fernández-López, Pérez-Alvarez,
114 & Sendra, (2012). Water activity was determined with Novasina SPRINT TH-500
115 (Pfaffikon, Switzerland) at 25° C. The colour was studied in the CIELAB colour space
116 using a Minolta CM-2600d (Minolta Camera Co., Osaka, Japan) spectrophotometer
117 with illuminant D₆₅, 10° observer, SCI mode, 11 mm aperture of the instrument for
118 illumination and 8 mm for measurement. Spectrally pure glass (Minolta CR-A51/1829-
119 752) was placed between the samples and the equipment. The CIELAB coordinates
120 determined were: lightness (L^*), red/green (a^*) and yellow/blue (b^*), from which the
121 magnitudes hue (h^*) as $\arctan(a^*/b^*)$ (UNE 72-031, 1983), Chrome (C^*) as

122 $[(a^*)^2+(b^*)^2]^{1/2}$ (UNE 72-031, 1983), and redness index values as (a^*/b^*) were
123 calculated.

124 2.4. Microbiological analysis

125 A 10 g aliquot of each sausage sample was aseptically obtained and then
126 homogenized with 90 mL of sterile saline (8.5 g NaCl/l deionized water (Merck)) in a
127 Stomacher 400 (Colworth, London, UK) for 2 min. Aliquots were ten-fold serial diluted
128 in sterile saline and plated. Microbial analysis was determined during 5 d of dry-curing
129 as described below: lactic acid bacteria (LAB) were determined on MRS medium
130 (Merck), incubated under anaerobic conditions at 37 °C for 72 h. *L. plantarum* was
131 counted on *Lactobacillus plantarum* selective medium (LPSM) as described by
132 Bujalance, Jiménez-Valera, Moreno, & Ruiz-Bravo (2006), which was incubated under
133 anaerobic conditions at 37 °C for 72 h. Aerobic mesophilic bacteria (AMB) were
134 determined using Petrifilm™, incubated at 35 °C for 48 h. Moulds and yeasts counts
135 were obtained in Petrifilm™, incubated at 28 °C for 5 d. *Enterobacteriaceae* counts
136 were determined in *Enterobacteriaceae* Petrifilm™ plates, incubated at 37 °C for 24 h.

137 2.5 Chemical analysis

138 Moisture (g water/100 g sample) was determined by drying a 3 g sample at 100-105
139 °C to constant weight (AOAC, 1999).

140 The residual nitrite level was determined by following ISO/DIS 2918 standards (ISO,
141 1975). The absorbance was read in an HP 8451 Array Diode (Hewlett Packard, Palo
142 Alto, CA) setting in 520 nm, and results were expressed as mg NaNO₂/kg.

143 Lactic acid from Longanizas was determined by HPLC (Hewlett Packard, Palo Alto,
144 CA) coupled with two detectors: DAD (set at 210 nm) and refractive index detector, as
145 previously described Sayas-Barberá *et al.* (2012). Lactic acid standards were obtained

146 from Supelco (Darmstadt, Germany). Peaks were identified by comparison with the
147 retention time of standards, and quantified by regression formula obtained with these
148 standards.

149 *2.6 Lipid oxidation*

150 Lipid oxidation was evaluated as a function of changes in thiobarbituric acid-reactive
151 substances (TBARs), following the method described by Rosmini *et al.* (1996).

152 *2.7 Texture profile analysis*

153 The texture profile analysis (TPA) was performed with a Texture Analyser TA-XT2i
154 (Stable Micro Systems, Surrey, England), according to Herrero *et al.* (2007). The
155 texture profile parameters, hardness, cohesiveness, springiness and chewiness were
156 determined.

157 *2.8 Sensory evaluation*

158 Testing was carried out by 47 panellists from the Miguel Hernández University,
159 Alicante, Spain. A Quantitative Descriptive Analysis (QDA) and an acceptability
160 analysis were carried out in the sensory laboratory at the Agri-Food Technology
161 Department, according to international standards (ASTM, 1986; ISO 2007). A slice of
162 Longaniza (2 cm long approximately) from each batch was served at room
163 temperature with pieces of bread and water to clean the palate between samples.

164 Aspects by sample observation were determined, like *appearance overall assessment*
165 (scored from dislike extremely to like extremely), *global colour* (scored from dislike
166 extremely to like extremely) and *colour intensity* (scored from too light to too dark). On
167 the other hand, aspects by sample taste were determined, like *taste overall*
168 *assessment* (scored from dislike extremely to like extremely), *global flavour* (scored
169 from dislike extremely to like extremely and scored from too weak to too strong),

170 *saltiness intensity* (scored from imperceptible to too salty), *fattiness intensity* (scored
171 from imperceptible to too fatty), *hardness intensity* (scored from dislike extremely to
172 like extremely and scored from imperceptible to too hard), acidity intensity (from
173 imperceptible to very acidic), and *juiciness intensity* (scored from dislike extremely to
174 like extremely and scored from imperceptible to very strong).

175 Panellists evaluated the attributes of the acceptability test using a 9-point hedonic
176 scale, varying from (1) “dislike extremely” to (9) “like extremely”. A 5-point scale was
177 used for QDA.

178 2.9 Statistical analysis

179 All collected data during the dry-curing process were evaluated by applying ANOVA,
180 according to a two factorial design with repeated measurements in time. The data
181 collected after the drying process (ready-to-eat) were analysed using a factorial
182 ANOVA. The factors in both cases were chestnut flour levels (0% and 3%) and the
183 probiotic strain-*Lactobacillus plantarum*- (0 log CFU/g and 8.5 log CFU/g). For all
184 analyses, SPSS 24.0 for Windows software was used, with $P < 0.05$ representing a
185 significant difference between means.

186 3. Results and discussion

187 3.1 Changes in pH, water activity (A_w) and moisture.

188 Chestnut flour affected pH values significantly by decreasing them ($p < 0.001$) (Table
189 1). This drop may be attributed mainly to chestnut flour due to the fact that it contains
190 many organic acids, like gallic acid and malic acid (Gonçalves *et al.*, 2010). Moreover,
191 it could be due to microbial activity since microorganisms metabolize soluble sugars
192 from the meat batter. On the other hand, a tendency to decrease pH by probiotic strain
193 ($p = 0.065$) was observed (Table 1). It could be attributed to differences in lactic acid

194 production by *L. plantarum* (Table 4). *L. plantarum* produces higher amounts of D-
195 lactic acid and has a wider spectrum of fermentable carbohydrates than *L. sakei* and
196 *L. curvatus*, other endogenous lactic acid bacteria (Signorini, 2006). The addition of
197 lactic acid bacteria produces a drop in pH that tends to be corrected during drying by
198 reaction of lactic acid with amino groups derived from protein degradation. The
199 Longaniza de Pascua would have less ability to correct this initial acidity, compared to
200 other sausages with a higher degree of maturation (Martínez, Bedia, Méndez & Bañón
201 2009). A trend between chestnut flour and probiotic strain interaction was observed (p
202 = 0.071). Therefore, only the effect on the probiotic in the absence of chestnut flour
203 was observed.

204 No significant effects were observed either due to chestnut flour or to the probiotic in
205 A_w and moisture (Table 1).

206 3.2 Residual Nitrite Level

207 Nitrite in meat products inhibits the growth of *C. botulinum*, contributes to the
208 development of flavour and colour (pink/red) in cured meat products and acts as an
209 antioxidant against lipid oxidation (Berian, Gómez, Ibáñez, Sarriés, & Ordóñez, 2018).
210 However, finding a way to reduce residual nitrites has become a key issue for the food
211 industry. This work has complied with current European regulations, which have
212 established maximum levels of incorporation (Commission Decision (EU) 2018/702).
213 In the present work, the incorporation of chestnut flour to Longaniza de Pascua
214 produced a significant decrease in the residual nitrite level ($p = 0.028$) (Table 1).
215 Andrée, Jira, Schwind, Wagner, & Schwägele, (2010) have reported that assuming an
216 estimated addition of 80 to 100 mg nitrite/kg, only about 11 to 14% of the added nitrite
217 will be found in the cured meat product. In this work, CL and CPL batches showed
218 2.92% and 2% of the added nitrite in the final product, respectively, whereas PL and L

219 showed 10.92% and 11.56% of the added nitrite, respectively. This drop in CL and
220 CPL means that residual nitrite levels could be explained due to the high reactivity of
221 nitrite with the different bio-compounds present in chestnut flour, like polyphenols and
222 flavonoids, considering that when the meat pH is around 6.0 or less the nitrite can be
223 transformed into nitric oxide or nitrous acid, leading to polyphenol or endogenous
224 substance reactions (Viuda-Martos, Ruiz-Navajas, Fernández-López, & Pérez-
225 Álvarez, (2010); Li, Shao, Zhu, Zhou, & Xu, (2013). In turn, caffeic acid and ferulic acid
226 offer strong protection against the nitrite ion by preventing the formation of
227 nitrosamines in foods, which could explain these results (Krishnaswamy, 2001). The
228 nitrite is reduced to nitric oxide (NO) as soon as it is added to the meat formulation,
229 quickly starting to react with myoglobin to form nitric oxide myoglobin. Residual nitrite
230 levels will correspond to nitrite that has not reacted with myoglobin, allowing it to be
231 available for other reactions in the organism (Fernández – López, Viuda-Martos,
232 Lucas-González, Pérez-Álvarez, 2019a), such as the formation of carcinogenic
233 nitrosamines. Therefore, the effect of chestnut flour on residual nitrite could be an
234 interesting contribution in the formulation of healthier meat products. The probiotic
235 addition did not have a significant effect on residual nitrites (Table 1).

236 *3.3 Lipid oxidation*

237 TBARS values increased significantly ($p < 0.001$) in batches with a presence of
238 chestnut flour (CL and CPL), compared to PL and L (Table 1). This can be explained
239 due to the fact that, under certain conditions (e.g., when iron is present), the phenolic
240 antioxidants can initiate an auto-oxidation process and finally behave like pro-oxidants
241 (León-González, Auger, & Schini-Kerth, 2015). According to the literature, there are
242 elements like iron, which promote the formation of free radicals such as transition
243 metal ions that change their state of valence by losing or gaining electrons (Garcez,

244 Bordin, Peres, & Salvador, 2004). In the case where chestnut flour and probiotic strain
245 are present (CPL), a tendency to increased lipid oxidation was observed ($p = 0.051$).
246 However, in the presence of the probiotic strain (PL), TBARS values tend not to be
247 increased ($p = 0.069$) when compared to the control (L). Therefore, a different
248 behaviour of the probiotic strain in the presence of chestnut flour was shown, which
249 could be explained due to the marked effect of chestnut flour on lipid oxidation.
250 Another reason chestnut flour batches (CPL and CL) have a higher lipid oxidation
251 could be the presence of less residual nitrite on them; therefore, they have less
252 antioxidant capacity.

253 Independently of differences between batches, none exceeded 2 mg/kg of TBARS,
254 since it could not be considered as a threshold for meat rancidity (Campo *et al.*, 2006).

255 3.4 Changes in Colour

256 Results for lightness (L^*), yellowness (b^*) and hue (h^*) indicated no significant
257 differences due either to chestnut flour or to the probiotic strain (Table 2). As regards
258 redness (a^*), no effect was found by chestnut flour (Table 2). On the contrary, the
259 probiotic strain caused a decrease in (a^*) ($p = 0.04$) (Table 2). As expected, in this
260 type of meat product the increase in redness throughout the dry curing process could
261 be attributed to the formation of nitrosomyoglobin (Feiner, 2016). Subsequently, the
262 redness began to decrease, probably due to the partial or total denaturation of
263 nitrosomyoglobin caused by the production of lactic acid (Table 4). The interaction
264 between two factors (CPL) tended to reach a deeper decrease than each factor
265 individually.

266 Regarding C^* values, the presence of the probiotic strain ($p = 0.029$) and the
267 interaction between chestnut flour and the probiotic strain ($p = 0.041$) caused a
268 significant decrease (Table 2). The C^* value decrease indicates that the colour is less

269 vivid and becomes duller (Hunt *et al.*, 2012). It is a magnitude that depends on the
270 concentration of hem pigments (Pérez Álvarez *et al.*, 1999). Therefore, the decrease
271 observed in coordinate a^* is probably due to the effect of lactic acid on red
272 components, which could explain the loss of saturation or drop in chrome values.

273 Regarding the h^* values, as the curing process progresses both the control and the
274 different treatments move towards red hues (Table 2).

275 An increase in redness index values (a^*/b^*) in all treatments throughout the process
276 was observed, evidencing the typical redness of dry-cured meat products (data are not
277 shown). No significant difference between treatments was found (L x CL $p = 0.707$; L x
278 PL $p = 0.510$; L x PL x CL $p = 0.441$). These results show that the treatments did not
279 affect the formation of the typical colour of dry-cured meat products.

280 3.5 Microbiological analysis

281 Table 3 shows Lactic Acid Bacteria (LAB) and *L. plantarum* counts log CFU/g during
282 the Longanizas dry-curing process. These results are important since they allow a
283 viability of probiotic bacteria during the manufacturing process, a condition that is
284 recognized as essential for a functional food (Agüero *et al.*, 2020; Pavli, Argyri,
285 Chorianopoulos, Nychas, & Tassou, 2020). A significant improvement in LAB counts
286 was observed due to the effect of chestnut flour ($p = 0.026$) and the probiotic strain (p
287 < 0.001) on Longaniza de Pascua when compared to the control. An interaction
288 between chestnut flour and the probiotic strain was observed ($p = 0.014$). In the case
289 where chestnut flour and probiotic strain are added together (CPL), they achieve a
290 higher LAB count than the CL batch and the control (L).

291 *L. plantarum* counts were not affected by chestnut flour. The characteristic *L.*
292 *plantarum* colonies were easily distinguished from the rest of the lactic microbiota

293 throughout the test in the LPSM medium. There were no *L. plantarum* counts observed
294 in non-inoculated samples (CL and L) (Table 3).

295 There were no differences between CL and CPL batches in total LAB and *L. plantarum*
296 counts. Therefore, it is concluded that no synergistic effect was observed between the
297 probiotic strain and the chestnut flour. As the load of the probiotic strain remains stable
298 during fermentation and drying, it is likely that the addition of high loads of probiotic
299 has made it impossible to see a synergistic effect on its growth due to the chestnut
300 flour. Other trials where low loads of beneficial strain are inoculated will be necessary
301 to study this effect. Improving human health through modulation of the intestinal
302 microbiota is an evolving strategy. Therefore, the amount of the probiotic
303 microorganism found in the meat product together with the non-digestible fibre
304 provided by the chestnut flour make a healthier product that could benefit the
305 consumer.

306 Aerobic mesophilic bacteria (AMB) counts, *Enterobacteriaceae* counts and yeasts and
307 moulds counts were not affected by chestnut flour and the probiotic strain (Table 3).

308 3.6 Texture analysis

309 The texture values observed in the present work were consistent with those reported
310 by Herrero *et al.*, 2007. The probiotic strain ($p = 0.045$, $p = 0.001$), the chestnut flour (p
311 < 0.001), and their interaction ($p < 0.001$, $p = 0.001$) had significant effect on the
312 increase of springiness and cohesiveness values, respectively. Chestnut flour and the
313 probiotic strain did not have a significant effect on chewiness (Table 4). However, in
314 the case of the interaction of two factors, a tendency to increase chewiness values
315 was observed compare to CL. (Table 4). According to Sánchez-Zapata, Díaz-Vela,
316 Pérez-Chavela, Pérez-Alvarez, & Fernández-López, (2013), cohesiveness and
317 springiness increased when a fibre rich matrix was added into dry-cured sausages.

318 The increase observed in this work could be caused due the effect of the chestnut
319 flour addition (composition and type of dietary fibre). On the other hand, under certain
320 conditions lactic acid seems to improve the texture (Hu *et al.*, 2019), affecting the
321 functional properties of muscle proteins and leading to acid-induced gelation that could
322 mainly explain texture development (Table 4).

323 A significant effect on hardness due to chestnut flour was observed ($p = 0.007$). The
324 chestnut flour batches presented a decrease in hardness values compared to the
325 control (L). The lowest hardness value was observed in the case where two factors
326 were present (CPL). However, the probiotic strain (PL) did not have a significant effect
327 on hardness (Table 4). This could be explained by the fact that due to the presence of
328 chestnut flour in the matrix, the acid-induced gelation can be physically hindered, thus
329 resulting in a softer slice ability.

330 3.7 Lactic acid values

331 LAB plays an important role in the formation of lactic acid by fermenting
332 carbohydrates. After around 36–48 hours of fermentation, large amounts of lactic acid
333 are produced (Feiner, 2016). The lactic acid production contributes to the formation of
334 texture, to the acid taste and the development of the curing colour. Table 4 presents
335 the lactic acid values of sausages. In the present research, a tendency to produce
336 more lactic acid by *L. plantarum* has been observed ($p = 0.055$), which may be due to
337 a greater metabolic activity by probiotic bacteria. The L batch produced the lowest acid
338 lactic amount compared with other batches (CL, CPL, PL).

339 3.8 Sensory analysis of final products

340 Fig. 1a and Fig. 1b show sensory scores of Longaniza de Pascua in the QDA and
341 acceptability analysis, respectively. Sensory acceptance by potential consumers and

342 the quantitative descriptive characteristics of Longaniza were not affected by the
343 addition of a probiotic strain ($p > 0.05$). Similar results were shown by other authors
344 (Pavli *et al.*, 2020, Coelho *et al.*, 2019). No attribute was affected by the addition of
345 chestnut flour, except hardness intensity in QDA ($p = 0.005$). The addition of chestnut
346 flour caused a significant increase of hardness intensity according to potential
347 consumers compared to the control (L) and probiotic strain batch (PL), which were
348 scored as "slightly soft". The CPL batch was scored as "correct", and CL was scored
349 between "correct" and "slightly hard" (Fig. 1a).

350 Therefore, except for the hardness intensity, all attributes for CL, CPL, PL and L
351 shown in Fig. 1a received a good description by the assessors with a perception of
352 "Correct", which was assigned a value around 3.

353 In Fig. 1b, the appearance overall assessment, global colour, taste overall
354 assessment, juiciness and global flavour showed an average acceptance of
355 approximately 7.0 (moderately like). Hardness was scored as values between 5 and 6,
356 representing "neither like nor dislike" and "like slightly", respectively. No difference
357 between treatments was observed ($p > 0.05$).

358 Longaniza de Pascua could be a good alternative to carrier *L. plantarum* because
359 consumers cannot perceive organoleptic differences, while also exhibiting satisfactory
360 scores. On the other hand, chestnut flour was imperceptible in most attributes except
361 in intensity hardness, which was still well qualified in the CPL batch according to
362 consumer preferences. Therefore, in this way, chestnut flour and the probiotic strain
363 provide added value to the product without significant changes in organoleptic quality.

364 4. Conclusion

365 The incorporation of chestnut flour and *Lactobacillus plantarum* into Longaniza de
366 Pascua could represent a good alternative to provide some added value to such
367 traditional meat products.

368 Among the improvements provided by both ingredients are: a tendency to produce
369 greater amounts of lactic acid, which is an important contribution to the barrier
370 technology in order to control undesirable microbiota while the texture is improved.
371 Neither chestnut flour nor the probiotic strain have changed the flavour of the product.

372 As regards chestnut flour, it could be considered a healthy component of the dry-cured
373 meat matrix since it reduces the presence of residual nitrite and is a source of dietary
374 fibre and polyphenols.

375 *Lactobacillus plantarum*, a GRAS probiotic strain, has shown an excellent capacity to
376 adapt to the sausage ecosystem studied with respect to low pH tolerance and low A_w
377 conditions. Its presence is another factor that contributes to the development of
378 healthy meat products.

379 Further studies are necessary to demonstrate the existence of symbiosis between
380 chestnut, a prebiotic potential and the probiotic strain and, at some time, to study the
381 strain viability and lipid oxidation of chestnut flour during storage.

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386

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388

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510

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511 **Figure legends**

512 **Fig.1a.** Sensory scores (QDA) of Longaniza de Pascua formulated with Chestnut flour
513 (3%) and/or *L. plantarum* at the end of the dry-curing process. *Different lowercase
514 letters indicate a significant difference at the 5% level.

515 **Fig.1.b.** Sensory scores (Acceptability analysis) of Longaniza de Pascua formulated
516 with Chestnut flour (3%) and/or *L. plantarum* at the end of the dry-curing process.

517

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518 **Table 1.**

519 pH, A_w , Moisture, Residual nitrites and TBARS (mean \pm standard deviation and values
 520 of statistical significance (p) of chestnut flour, probiotic strain and their interaction
 521 factors) of Longaniza de Pascua.

Type of sausage	pH	A_w	Moisture	R.N (mg/Kg)	TBARS (mg MA/Kg)
CL	5.63 \pm 0.07 ^b	0.93 \pm 0.01 ^a	46.56 \pm 1.87 ^a	27.74 \pm 5.44 ^b	0.27 \pm 0.05 ^b
CPL	5.63 \pm 0.04 ^b	0.92 \pm 0.01 ^a	44.07 \pm 2.53 ^a	26.38 \pm 4.61 ^b	0.37 \pm 0.06 ^a
PL	5.71 \pm 0.03 ^b	0.90 \pm 0.02 ^a	47.99 \pm 2.39 ^a	33.86 \pm 5.00 ^a	0.13 \pm 0.02 ^c
L	5.88 \pm 0.02 ^a	0.92 \pm 0.01 ^a	47.28 \pm 2.87 ^a	44.20 \pm 5.34 ^a	0.14 \pm 0.02 ^c
Factors	p				
C.F	$p < 0.001$	0.315	0.343	0.028	$p < 0.001$
P.S	0.065	0.179	0.717	0.329	0.069
interaction	0.071	0.662	0.512	0.506	0.051

522

523

524 *C.F: Chestnut flour*525 *P.S: Probiotic strain*526 *R.N: Residual nitrite*

527 **Table 2.**

528 Colour parameters (mean \pm standard deviation and values of statistical significance (p)
 529 of chestnut flour, probiotic strain and their interaction factors) of Longaniza de Pascua.

Type of sausage	L*	a*	b*	h*	C*
CL	46.99 \pm 0.63 ^a	6.09 \pm 0.33 ^a	7.36 \pm 0.39 ^a	49.09 \pm 1.89 ^a	9.82 \pm 0.41 ^a
CPL	45.88 \pm 0.61 ^a	5.07 \pm 0.19 ^b	6.37 \pm 0.34 ^a	49.27 \pm 1.80 ^a	8.33 \pm 0.30 ^b
PL	46.27 \pm 0.52 ^a	5.46 \pm 0.26 ^a	6.70 \pm 0.38 ^a	48.80 \pm 1.94 ^a	8.88 \pm 0.37 ^a
L	46.70 \pm 0.45 ^a	5.53 \pm 0.27 ^a	6.79 \pm 0.29 ^a	50.16 \pm 1.60 ^a	8.93 \pm 0.32 ^a
Factors	p				
C.F	0.933	0.804	0.772	0.869	0.684
P.S	0.167	0.040	0.121	0.745	0.029
Interaction	0.541	0.070	0.203	0.672	0.041

530

531 *C.F: Chestnut flour*532 *P.S: Probiotic strain*

533

534 **Table 3.**

535 *Enterobacteriaceae*, mould and yeasts, aerobic mesophilic bacteria (AMB), acid lactic
 536 bacteria (LAB) and *L. plantarum* counts (log CFU/g) (mean \pm standard deviation and
 537 values of statistical significance (p) of chestnut flour, probiotic strain and their
 538 interaction factors) of Longaniza de Pascua.

Type of sausage	Log CFU/g (Mean \pm standard deviation)				
	<i>Enterobact.</i>	Yeasts and Moulds	AMB	LAB	<i>L .plantarum</i>
CL	4.50 \pm 0.15 ^a	3.71 \pm 0.65 ^a	8.02 \pm 0.05 ^a	7.43 \pm 0.30 ^b	nd
CPL	4.26 \pm 0.12 ^a	3.43 \pm 0.69 ^a	7.33 \pm 0.05 ^a	8.44 \pm 0.04 ^a	8.67 \pm 0.06 ^a
PL	4.30 \pm 0.09 ^a	3.40 \pm 0.65 ^a	7.18 \pm 0.05 ^a	8.51 \pm 0.06 ^a	8.60 \pm 0.03 ^a
L	4.20 \pm 0.13 ^a	3.34 \pm 0.70 ^a	7.47 \pm 0.05 ^a	6.22 \pm 0.40 ^c	nd
Factors	p				
C.F	0.296	0.831	0.291	0.026	0.214
P.S	0.593	0.855	0.141	$p < 0.001$	$p < 0.001$
interaction	0.184	0.968	0.572	0.014	0.232

539

540 $n=3$ 541 *C.F: Chestnut flour*542 *P.S: Probiotic strain*543 *Enterobact: Enterobacteriaceae*544 *nd: not detected*

545 **Table 4.** Textural properties and Lactic acid values of Longaniza de Pascua (mean \pm
 546 standard deviation and values of statistical significance (p) of chestnut flour, probiotic
 547 strain and their interaction factors)

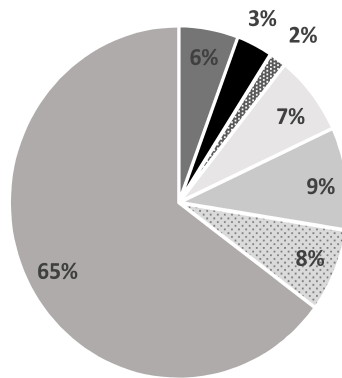
Type of sausage	Springiness (mm)	Cohesiveness	Chewiness (N x mm)	Hardness (N)	Lactic acid mg/100g
CL	0.40 \pm 0.04 ^b	0.43 \pm 0.03 ^b	16.16 \pm 0.48 ^b	40.41 \pm 12.11 ^{ab}	176.95 \pm 17.05 ^a
CPL	0.48 \pm 0.05 ^a	0.51 \pm 0.03 ^a	18.45 \pm 0.32 ^a	38.45 \pm 6.49 ^b	204.35 \pm 36.86 ^a
PL	0.37 \pm 0.02 ^c	0.41 \pm 0.03 ^b	18.27 \pm 0.04 ^a	49.38 \pm 1.97 ^a	189.70 \pm 26.08 ^a
L	0.40 \pm 0.01 ^b	0.42 \pm 0.02 ^b	19.14 \pm 0.08 ^a	47.85 \pm 8.04 ^a	134.76 \pm 7.55 ^b
Factors	<i>P</i>				
C.F	P <0.001	P <0.001	0.573	0.007	0.170
P.S	0.045	0.001	0.262	0.909	0.055
Interaction	P <0.001	0.001	0.053	0.602	0.433

548 $n=3$

549 *C.F: Chestnut flour*

550 *P.S: Probiotic strain*

551



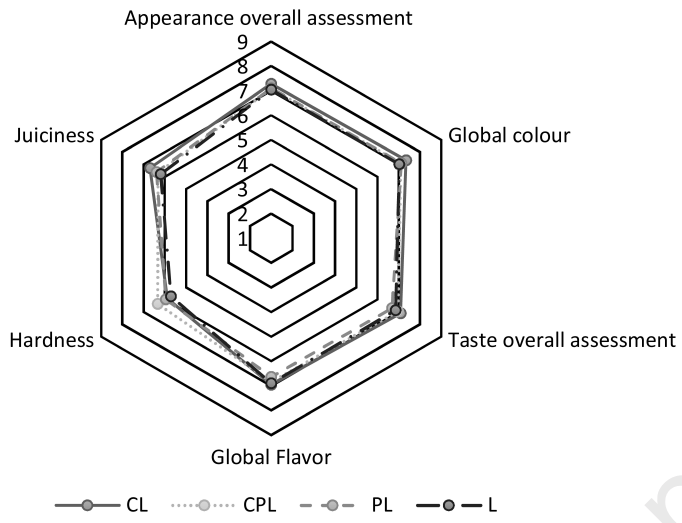
■ Protein ■ Fat ▨ Ashes ■ Moisture ■ IDF ▩ SDF ■ DCH

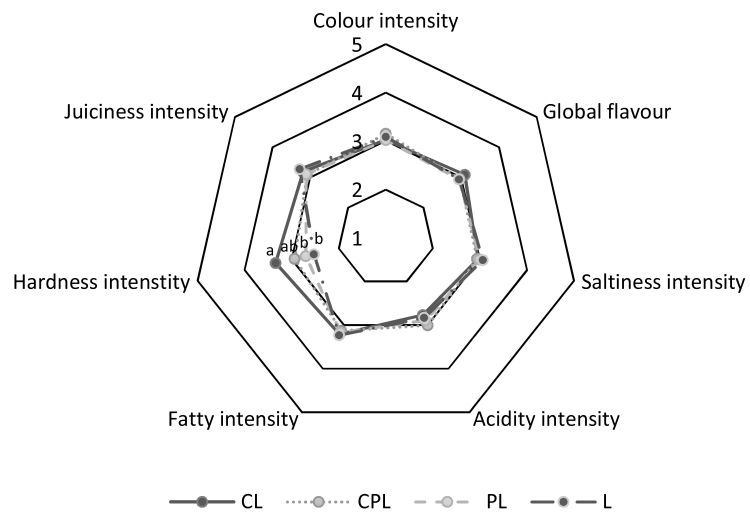
Chemical composition of chestnut flour.

IDF: Insoluble dietary fibre.

SDF: Soluble dietary fibre.

DCH: Digestible carbohydrate.





- The addition of chestnut flour reduces pH and residual nitrite in Longaniza de Pascua.
- *Lactobacillus plantarum* has adapted to the sausage ecosystem, therefore Longaniza de Pascua is a good alternative to carrier it.
- Chestnut flour improved LAB counts.
- Probiotic Longaniza de Pascua was successfully accepted by consumers.

Journal Pre-proof

Conflict of interest

There is not any conflict or competitive interest.

Journal Pre-proof