Antifungal activity of phytotherapeutic preparation of *Baccharis* species from argentine Puna against clinically relevant fungi.

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PII: S0378-8741(19)33293-3

DOI: https://doi.org/10.1016/j.jep.2020.112553

Reference: JEP 112553

To appear in: Journal of Ethnopharmacology

Received Date: 20 August 2019

Revised Date: 23 December 2019

Accepted Date: 6 January 2020

Please cite this article as: Carrizo, S.L., Zampini, I.C., Sayago, J.E., Simirgiotis, M., Bórquez, J., Cuello, S., Isla, Marí.Iné., Antifungal activity of phytotherapeutic preparation of *Baccharis* species from argentine Puna against clinically relevant fungi., *Journal of Ethnopharmacology* (2020), doi: https://doi.org/10.1016/j.jep.2020.112553.

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Graphical abstract

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1	Antifungal activity of phytotherapeutic preparation of Baccharis species from argentine
2	Puna against clinically relevant fungi.
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22 Abstract

Ethnopharmacological relevance: B. boliviensis and *B. tola* are used in traditional medicine in the
Argentine Puna to treat skin and soft tissue infections and inflammatory processes in humans and
animals.

Aim of the study: To assess the potential of phytotherapeutic preparations of *Baccharis* species as
antifungal agents against clinically relevant fungi and to determine the chemical composition of
the extracts.

Material and methods: Phytotherapeutic preparations of *B. boliviensis* and *B. tola* collected in Argentine Puna were evaluated as an antifungal agent against clinically relevant fungi (yeast, nondermatophytes, and dermatophytes) isolated of patients from a local Hospital, and reference strains, using macrodilution and microdilution assays. The bioactivity was supported by UHPLC-OT-MS metabolome fingerprinting.

Results: The results revealed that the plant preparations were active against most of evaluated 34 fungal strains; B. boliviensis was more active than B. tola. Dermatophyte fungi strains were the 35 most sensitive isolates. The phytotherapeutic preparation showed Minimal Inhibitory 36 Concentration (MIC) values between 25-400 µg GAE/mL and Minimum Fungicidal Concentration 37 (MFC) values between 50 and 400 µg GAE/mL. Regarding the phytochemical analysis, total 38 phenolic and total flavonoid contents of hydroalcoholic preparation of B. boliviensis were greater 39 than those of the *B. tola* extract. Both *Baccharis* species showed similar chromatographic patterns, 40 fifty-two compounds were identified based on UHPLC-OT-MS including several terpenoids, 41 flavonoids and phenolic acids that have been identified in this two endemic South American 42 Baccharis species for the first time. Several identified compounds present antifungal properties, 43 the presence of these compounds support the bioactivity of the *Baccharis* extracts. 44

45 Conclusions: In this work the traditional use of both Baccharis species as an antimicrobial against commercial products resistant fungal strains was validate, principally against dermatophytes fungi 46 such as T. rubrum, T. mentagrophytes, M. canis, and M. gypseum. These results indicate that the 47 hydroalcoholic preparations could be used for the treatment of fungal infectious. 48

Keywords: Baccharis tola, Baccharis boliviensis, Argentine Puna, Antifungal activity, 49 50 Dermatophytes.

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52 Introduction

53 In recent years, there was a notable increase in the frequency and severity of fungal infections, caused not only by agents already known but by emerging pathogens, until recently considered 54 non-pathogens or laboratory contaminants. This is justified by many reasons, the most important 55 being the increase in patients with risk pathologies, such as cancer with induced neutropenia, 56 57 transplanted patients submitted to immunosuppressive therapies or patients with HIV (Armstrong-58 James et al., 2014; Bongomin et al., 2017; Chapman et al., 2017; Sowmya et al., 2015). Other predisposing factors for opportunistic human mycoses are nutritional factors, and the abuse of 59 drugs such as broad-spectrum antibiotics, corticosteroids, and immunosuppressants (Denning and 60 Bromley, 2015; Roemer and Krysan, 2014). 61

The high rates of morbidity and mortality caused by fungal infections are associated with the 62 current limited antifungal arsenal and the high toxicity of the available drugs (Scorzoni et al., 63 2017). On the other hand, some fungi of clinical importance present natural resistance to antifungal 64 agents. In some cases, resistance is not innate but acquired as a result of previous antifungal 65 therapy (Khosravi et al., 2018). For this reason, new antifungal agents are being sought. It has been 66 demonstrated that medicinal plants are an important source of new biologically active compounds 67 with antimicrobial activity (antibacterial and antifungal) as well as anti-inflammatory, among other 68 properties with possible therapeutic effects (Abu-Darwish et al., 2013; Di Ciaccio et al., 2018; 69 Mesa Arango et al., 2004; Moreno et al., 2018a, b, c; Nuño et al., 2014; Palavecino Ruiz et al., 70 2016; Salhi et al., 2017; Sayago et al., 2012; Torres-Carro et al., 2015, 2017; Zacchino et al., 2003; 71 Zampini et al., 2009b, 2012). 72

The Andes highlands, known as Puna, extends throughout southern Peru, west of Bolivia, north of
Chile and northwest of Argentina at altitudes ranging from 3300 to 5000 meters above sea level
(masl). The Argentine Puna comprises part of Jujuy, Salta, Tucumán, Catamarca, La Rioja and San

Juan provinces, in an altitudinal level ranging between 2600 and 4800 masl (Figure 1). This area is 76 characterized by scarce rainfall during the year, low atmospheric pressure and high UV radiation 77 and extreme temperature conditions (Cabrera, 1968). The species that live in these ecosystems 78 develop adaptation mechanisms to survive such as morphoanatomic changes as well as the 79 production of secondary metabolites against abiotic stress. Baccharis species belong to the 80 81 Asteraceae family, some of those that grow in the Argentine Puna, such as B. boliviensis and B. 82 tola (Figure 2), are frequently used by local people in traditional medicine as infusion, decoction and ethanol maceration of the aerial parts to treat skin infections (wounds, burns and ulcers), as 83 anti-inflammatory and as gastric protective agents (Abad Martinez et al., 2005; Abad and Bermejo, 84 2007; Calle et al., 2017; Torres-Carro et al., 2017; Villagrán et al., 2003; Zampini et al., 2009a, 85 2009b). Some of their medicinal properties have been validated for both Baccharis species: 86 antibacterial activity against Gram-positive and Gram-negative antibiotic-resistant bacteria (Nuño 87 88 et al., 2012; Zampini et al., 2009a, 2009b), antioxidant activity (Nuño et al., 2012; Zampini et al., 2008) and anti-inflammatory activity (Alberto et al., 2009; Torres-Carro et al., 2015). As well, 89 some terpenoid and phenolic compounds were identified in B. boliviensis (Abad Martinez et al., 90 2005; Calle et al., 2012; Cazón et al., 2002; Zdero et al., 1989) and B. tola (Abad Martinez et al., 91 2005; Desmarchelier et al., 2000; Faini et al., 1982; Givovich et al., 1986; San Martín et al., 1980, 92 Simirgiotis et al., 2016; Zampini et al., 2009a). Nevertheless, a survey of the literature revealed 93 that there are no studies on the validation of the antifungal capacity of these plants. 94 In the present investigation, the activity of phytotherapeutic preparation of *B. boliviensis* and *B.* 95

tola from Argentine Puna was studied against clinically relevant fungi (yeast, non-dermatophytes,
 and dermatophytes). Chemical characterization of both phytotherapeutic preparations was also
 included in the study.

99

100 2. Material and Methods

101 2.1 Plant material

Baccharis boliviensis (Wedd.) Cabrera var. boliviensis and Baccharis tola Phil. ssp. tola were
collected during the month of February 2018 in Antofagasta de la Sierra, Catamarca, Argentina, at
3800 masl (Figure 1). The plants were identified by Dra. Ana Soledad Cuello, INBIOFIV
(CONICET) and voucher specimens were included in the Herbarium of Fundación Miguel Lillo,
San Miguel de Tucumán, Tucumán, Argentina (*B. boliviensis*, 607936 LIL, *B. tola*, 607934 LIL).

107 **2.2** *Phytotherapeutic preparation of Baccharis*

Aerial parts of plant material were dried, grounded, and macerated in a hydroalcoholic solution (10 g dry tissue in 100 mL of 80% ethanol) for 7 days at room temperature. The extracts were passed through filter paper Whatman N°.1 to remove plant debris. The extracts were concentrated "in vacuo" at 40 °C, and then freeze-dried. The dry extracts were stored at -20 °C, until use.

112 2.3 Phytochemical analysis

113 2.3.1. Determination of total phenolic and flavonoid contents

- 114 Total phenolic compounds content was determined by the Folin–Ciocalteu method (Singleton et
- al., 1999). Results were expressed as µg of gallic acid equivalents (GAE) per mL (µg GAE/mL).
- 116 Total flavonoids were estimated using the method of Woisky and Salatino, (1998). Results were

117 expressed as µg of quercetin equivalents (QE) per mL (µg QE/mL).

118 2.3.2. UHPLC-PDA-MS Instrument.

119 A Thermo Ultimate 3000 UHPLC system connected to a Thermo Q exactive focus used in this

120 study allowed a rapid separation with photodiode (PDA) detection and high flow rates (0.8 mL per

121 min), zero dead volume with viper technology, using effective negative electrospray ionization of

- 122 the improved heated electrospray probe (HESI II), and thus getting ultrahigh resolving power
- 123 performance with selectivity of a quadrupole and the orbital trap (70,000 FWHM at m/z 200), and

the outstanding diagnostic power of a high resolution collision (HCD) cell. For the analysis 10 mg of the extract were dissolved in 2 mL of methanol, filtered (PTFE filter, 200 microns) and 15 μ L were injected in the instrument, with all specifications set as previously reported (Simirgiotis et al., 2016).

128 *2.3.3. LC-MS parameters.*

Liquid chromatography was performed using a C-18 column (HPLC-Acclaim, 2.5 μ m, 150 mm \times 129 4.6 mm ID, Thermo, Bremen, Germany) operated at 25 °C. The detection wavelengths were 330, 130 254, 280, and 354 nm, and photodiode array was recorded between 800-200 nm for UV 131 characterization. Mobile phases were 1 % formic aqueous solution (A) and acetonitrile (B). The 132 gradient program (time (min), % B) was: (0.00 min, 3% B); (5.00 min, 3% B); (10.00 min., 20% 133 B); (15.00 min, 20% B); (20.00 min, 45% B); (25.00 min, 65% B); (35.00 min, 3% B) and 15 min 134 for column equilibration before each injection. The flow rate was 0.8 mL.min⁻¹, and the injection 135 volume was 15 µL. Standards and the resin extract dissolved in methanol were kept at 20 °C during 136 storage in the autosampler. The HESI II and Orbitrap spectrometer parameters were optimized as 137 previously reported (Simirgiotis et al., 2016). 138

139 2.4 Fungal strains

140 In this study were included clinical isolated of yeasts (n=25) and filamentous fungi [non-

141 dermatophytes (n=9) and dermatophytes (n=10)] and two standard strains from the American Type

- 142 Culture Collection (ATCC), Candida (C.) albicans ATCC 64548 and C. glabrata ATCC 90030.
- 143 Yeasts strains: C. albicans (n=7), C. tropicalis (n=1), C. guilliermondii (n=3), C. glabrata (n=1),
- 144 *C. dubliniensis* (n=1), *Candida* spp. (n=10), and *Saccharomyces* (*S.*) *cerevisiae* (n=2).

- 145 Non-dermatophyte filamentous fungi strains: Aspergillus (A.) niger (n=1), A. clavatus (n=1),
- 146 *Penicillium (P.) islandicum (n=1), Penicillium spp. (n=1), Absidia (A.) orchidis (n=1), Mucor spp.*
- 147 (n=1), *Rhizopus* spp. (n=1), *Alternaria* spp. (n=1), *Scopulariopsis* (S.) *brevicaulis* (n=1).
- 148 Dermatophyte filamentous fungi strains: Trichophyton (T.) rubrum (n=7); T. mentagrophytes
- 149 (n=1), *Microsporum* (*M*.) *gypseum* (n=1) and *M. canis* (n=1).
- Strains of yeasts and non-dermatophyte filamentous fungi, were obtained from the Servicio de Diagnóstico de la Cátedra de Micología, Facultad de Bioquímica, Química y Farmacia, Universidad Nacional de Tucumán, Argentina; and the dermatophytes strains were obtained from the Servicio de Micología del Hospital Centro de Salud "Zenón Santillán" de San Miguel de Tucumán, Argentina.
- The different clinical specimens were cultured on Sabouraud agar supplemented with chloramphenicol (0.05 g/L) (SA-Cl). All the strains were maintained in distilled water (Castellani, 1939; Castellani, 1963) and sub-cultured in SA-Cl every 15 days to prevent pleomorphic transformations.

159 2.5 Determination of Minimal Inhibitory Concentration (MIC)

- MIC was defined as the lowest concentration of extracts capable to produce the total inhibition ofthe growth of fungi after incubation time. It was determined by two methods:
- a) Macrodilution method in agar according to Derita et al., 2007 with some modifications. Briefly, stock solutions of extracts, diluted in ethanol 80% were added to the medium SA-Cl to give serial two-fold dilutions, resulting in concentrations ranging from 25 to 800 μ g GAE/mL. The inoculum (2 μ L) containing 5x10⁴ CFU/mL was spouted on top of the SA-Cl agar. Sterility control (no inoculum added), inoculum viability (no extract added), and solvent control (ethanol 80%), and positive control (Ketoconazole) were carried out.

Plates were incubated at 28 °C for 48 h for the case of yeasts, 72 h for non-dermatophyte filamentous fungi and 5 days for the dermatophytes strains. After incubation, fungal growth was evidenced by the presence of mycelium or visible colonies in the agar. For the resistent nondermatophyte strains, the colony diameter (mm) was measured at 3, 7 and 10 days of development and the percentage inhibition of diameter growth (% IN) (Rosas-Burgos et al., 2009) was obtained according to the following formula:

174

% IN= [(C - E)/C] X 100

175 where:

176

C = growth diameter in solvent control plate

177

E = growth diameter in a plate with extract

b) Microdilution method were based on the CLSI reference protocols M27-A3 (CLSI 2008a) and M38-A2 (CLSI 2008b), for yeasts and filamentous fungi, respectively. For the assay, stock solutions of extracts were two-fold diluted with medium SA-Cl (25 to 400 μ g GAE/mL). A volume of 100 μ L of inoculum suspension (4x10³ CFU/mL) was added to each well.

Sterility, inoculum viability, solvent, and positive (Fluconazole) controls were included. Plates were incubated at 28 °C for 48 h for the case of yeasts, 72 h for non-dermatophyte filamentous fungi and 5 days for the dermatophytes strains. After incubation, fungal growth was evidenced by the presence of turbidity or a pellet on the well. The microdilution method was also used to determine MFC values.

187 2.6 Determination of minimal fungicidal concentrations (MFC)

188 MFC was defined as the lowest concentration of extracts capable to produce the irreversible 189 inhibition of the viability of fungi after incubation time. To determine MFC values, after reading 190 the corresponding MIC values, $10 \,\mu$ L of each well without visible growth were subcultured on SA-191 Cl plates. The plates were incubated at 28 °C for 48hs for the yeasts and 5 days for dermatophytes

- 192 fungi. The MFC values were determined as the lowest concentration of extracts where no visible
- 193 growth was observed after incubation (Chellappandian et al., 2018).
- 194 All antifungal assays were tested in triplicate.
- 195

196 **3. Results and discussion**

197 **3.1. Phytochemical analysis**

In this work, a phytochemical study of *B. boliviensis* and *B. tola* hydroalcoholic extracts was
conducted in order to obtain a standardized phytotherapeutic preparation of each plant species. *B. boliviensis* showed higher total phenolic and total flavonoids content than *B. tola* extract (Table 1).
These results are in agreement with previous reports in these plant species collected in argentine
Puna (Alberto et al., 2009; Sayago et al., 2012; Torres-Carro et al., 2015; Zampini et al., 2008).
Calle et al., (2017) has reported similar content of total flavonoids in both plant species collected
in Bolivia at 3600 masl.

The chromatographic patterns by UHPLC-MS of phytotherapeutic preparations of two *Baccharis* species were similar, both species present common chemical compounds (Figure 3, Table 2). Several compounds including terpenoids, flavonoids and phenolic acids have been identified in these two endemic South American *Baccharis* species for the first time (Table 2) using and orbitrap high resolution instrument. Some of the identified compounds have been previously identified and isolated. The detailed identification is explained above:

211 *Phenolic and other organic acids*

Peak 1 with a $[M-H]^-$ ion at m/z: 195.05072 was tentatively identified as gluconic acid ($C_6H_{12}O_7^-$), peak 2 with a $[M-H]^-$ ion at m/z: 191.01956 as quinic acid ($C_6H_7O_7^-$) and peaks 4 and 7 with a parent molecule at m/z: 367.10373 and 367.10376 producing fragments at m/z: 191.05573, and 134.03664 identified as feruloyl-quinic acids ($C_{17}H_{19}O_9^-$), the same case is peak 5 which was

appointed as chlorogenic acid ($C_{17}H_{17}O_9$), moreover, peaks 13-15 were identified as isomers of dicaffeoyl-quinic acid ($C_{25}H_{23}O_{12}$), (Simirgiotis et al., 2015), while peak 16 with a deprotonated

218 molecule at m/z: 529.13519 was identified as 1-caffeoyl-5-feruloylquinic acid (C₂₆H₂₅O₁₂),

- finally, peak 27 was identified as syringaresinol ($C_{22}H_{25}O_8^{-}$) (Simirgiotis et al., 2016).
- 220 Flavonoids

216

217

Several compounds were identified as flavonols (UV max around 255-355 nm) others as 221 flavanones (UV max at around 280 nm). Consequently, peak 6 with a [M-H]⁻ ion at m/z: 222 593.15204 and producing a kaempferol ion at m/z: 285.05062 was identified as kaempferol-3-O-223 rutinoside (C₂₇H₂₉O₁₅). Peak 9 with a deprotonated molecule at m/z: 317.06656 was identified 3-224 hydroxy-hesperetin ($C_{16}H_{13}O_7$), peak 10-12 were identified as myricetin 7,3'-dimethyl ether 225 $(C_{17}H_{13}O_8)$, isorhamnetin $(C_{16}H_{11}O_7)$ and palulitrin $(C_{22}H_{21}O_{13})$, while peaks 17, 18, 20, 21 and 226 23 were appointed as 8-prenyl-3-hydroxy-eriodictyol, 3-O-methyl-luteolin, eriodictyol, rhamnetin, 227 228 and quercetin, respectively. Peaks 22, 26, 30, 32 and 36, with pseudomolecular ions at m/z: 389.08787, 373.09286, 375.07216, 359.07703 and 389.08832, and all producing myricetin 229 fragment daughter ions at m/z: 317.03026 ($C_{15}H_9O_8$), were identified as myricetin 6-hydroxy-3, 230 7,3',5'-tetramethyl ether, myricetin 8-methyl-7,3',5'-trimethyl ether, myricetin 6-hydroxy-7,3',5'-231 trimethyl ether, myricetin 7,3',5'-trimethyl ether and myricetin-6,7,3',5'-tetramethyl ether, 232 respectively; some of those compounds have been previously isolated (Zampini et al., 2009a). 233 Peak 28 was identified as the acetyl derivative of myricetin. In the same manner, peak 19, 24 and 234 31, producing isorhamnetin ions at m/z: 315.05102 ($C_{16}H_{11}O_{7}$), were identified as the 3-O-methyl 235 and 7-O-methyl ether of isorhamnetin, and the 3,7-di-O-methyl ether derivative, respectively, 236 methoxylated compounds coincident with those isolated previously (Zampini et al., 2009a). Peak 237 25 with at m/z: 345.06186 was identified as syringetin (C₁₇H₁₃O₈), peak 44 was identified as 238 5,7,3',4'-tetrahydroxy-6-methoxyflavanone; filifolin, and peak 43 at m/z: 375.07670 was identified 239

- as limocitrol ($C_{18}H_{15}O_9$). MS spectra and structures of some methoxylated flavones detected in *Baccharis* species are shown in Figure 4 and Figure S1.
- 242 Diterpenoids

Peak 34 with a pseudomolecular ion at m/z: 301.1807 was identified as the clerodane diterpenoid 243 solidagoiol A (C₂₀H₂₉O₂), (Simirgiotis et al., 2016) a reduction derivative of solidagoic acid A 244 (MW: 315.1966, $C_{20}H_{27}O_3^{-}$, not detected) while peak 29 with a pseudomolecular ion at m/z: 245 246 373.20205 as 19-acetoxy-solidagoic acid A (C₂₂H₂₉O₅), peak 33 as 19-hydroxy-solidagoiol A, and peak 35 with a $[M-H]^-$ ion at m/z: 359.22276 as 19-O-acetyl-soligagoiol A ($C_{22}H_{31}O_4^-$), and 247 peak 45 as 3,4 dihydro-19-acetoxy-solidagoic acid A (C₂₂H₃₁O₅), (Simirgiotis et al., 2016) while 248 peak 37 was identified as hawtriwaic acid ($C_{20}H_{27}O_4$) (Simirgiotis et al., 2000) and peaks 47 and 249 48 with pseudomolecular ions at m/z: 287.20142 ($C_{20}H_{31}O^{-}$) were identified as ent-Beyer-15-en-250 18-ol compounds previously reported in B. tola (Parra et al., 2015; San Martín et al., 251 252 1980;Simirgiotis et al., 2016). Peaks 38 and 39, with pseudomolecular ions at m/z: 433.23345 and 433.22263 Daltons were identified as the isomers: 17-O-succynyl-3,7-dihydroxy-ent-cleroda-253 1,13(16),14-triene-15,16-oxide, and 17-O-succynyl-3,4-dihydroxy-ent-cleroda-1,13(16),14-triene-254 15,16-oxide $(C_{24}H_{33}O_7)$ (Zdero et al., 1989), in the same manner peaks 40 and 41 were identified 255 as 17-O-succynyl-3-hydroxy-ent-cleroda-1,13(16),14-triene-15,16-oxide and 17-O-succynyl-4-256 hydroxy-ent-cleroda-1,13(16),14-triene-15,16-oxide, and peak 42 as 17-O-succynyl-3,4,7-257 trihydroxy-ent-cleroda-1,13(16),14-triene-15,16-oxide (C₂₄H₃₃O₈) while peak 46 was identified as 258 17-O-succynyl-ent-cleroda-1,13(16),14-triene-15,16-oxide and finally peak 49 as 17-O-succynyl-259 ent-cleroda-1,13(16),14-triene-15,16-oxide ($C_{26}H_{37}O_7$). Some of those compounds were 260 previously isolated from B. boliviensis (Zdero et al., 1989). MS spectra and structures of some 261 clerodanes detected in Baccharis species are shown in Figure S1 262

263 Other compounds

Peak 3 with a $[M-H]^{-}$ ion at m/z: 205.07159 as diethyl tartrate ($C_8H_{14}O_6^{-}$), Peak 8 was identified as barlerin ($C_{19}H_{27}O_{12}^{-}$), Peak 52 at m/z: 289.11185 was identified as the coumarin sibiricin ($C_{16}H_{17}O_5^{-}$), peaks 50 and 51 with ions at m/z: 325.18453 and 339.20023 were tentatively identified as heptaethylene glycol and heptaethylene glycol methyl ether, respectively.

268 3.2. Antifungal activity of Baccharis extracts

Phytotherapeutic preparations were tested against a panel of fungal strains which included yeasts 269 (Candida spp. and Saccharomyces cerevisiae) and filamentous fungi (non- dermatophytes and 270 dermatophytes) which were selected for their clinical relevance. C. albicans and C. tropicalis were 271 selected due to their high incidence of candidemia (more than 80%) in Latin America (Nucci et al., 272 2013). C. glabrata has been identified as the second leading cause of adult candidemia particularly 273 in patients with hematologic malignancies (Pfaller and Diekema, 2007). Among filamentous fungi, 274 Fusarium spp., Aspergillus spp., and S. brevicaulis are the most commonly recovered in 275 opportunistic mycoses following Candida spp. (Babayani et al., 2018). Cutaneous fungal 276 infections are among the most common fungal infections and are mainly caused by keratinophilic 277 filamentous fungi (dermatophytes), that use keratin as a nutrient in skin, hair and nail infections 278 (Massiha and Muradoy, 2015). Dermatophyte fungi included T. rubrum, T. mentagrophytes, M. 279 gypseum and M. canis due to their high incidence in superficial fungal infections (Ayatollahi 280 Mousavi and Kazemi, 2015). Species of Trichophyton account for as many as 70% of all 281 dermatophyte infections (Jarabrán et al., 2015; Mukherjee et al., 2003); M. gypseum, although 282 saprophytic immunocompetent individuals, produces 283 in important infections in immunocompromised patients due to its keratinolytic potential (Tambekar et al., 2007). 284

The *in vitro* antifungal assay (MIC and MFC values) of ethanolic extracts of *B. boliviensis* and *B. tola* was performed using macrodilution and microdilution methods. The results revealed that in general, the assayed dermatophyte isolates, were more sensitive to the preparation of *B. boliviensis*

than to that of B. tola. Moreover, C. guilliermondii, C. dubliniensis, and S. cerevisiae were the 288 species most sensitive to both phytotherapeutic preparations, with MIC values between 50 and 200 289 μg GAE/mL for *B. boliviensis*, and between 200 and 400 μg GAE/mL for *B. tola* (Table 3). Within 290 the filamentous fungi, the viability of non-dermatophyte fungi were not affected by the 291 preparations while the dermatophyte fungi strains were the most sensitive isolates to both extracts; 292 thereby 100% of the strains were inhibited by B. boliviensis preparation with MIC values between 293 294 25 and 200 µg GAE/mL and MFC values between 50 and 400 µg GAE/mL whereas that of B. tola inhibited the 80% of the strains with MIC values between 100 and 400 µg GAE/mL and MFC 295 values between 200 and 400 µg GAE/mL. T. rubrum isolates were the most sensitive strains 296 (Table 3). These results are interesting, considering that T. rubrum is the etiological agent of 80– 297 93% of all clinical infections produced by dermatophytes. Moreover, all dermatophytes strains 298 were resistant to fluconazole (positive control), with MIC values > 128 μ g/mL; it has been 299 300 reported that certain strains of dermatophytes are resistant to fluconazole (Méndez-Tovar, et al., 2007; Santos and Hamdan, 2006). In general, the most frequently systemic antifungal agents used 301 for dermatophytosis treatment are fluconazole, terbinafine, and itraconazole, with prolonged 302 schedules, risk of drug interactions and high associated costs, which hinder adherence to treatment; 303 in most cases the success obtained with the treatment used is low and it may be due to multiple 304 factors, including the resistance of isolated fungi to the medications used (Gupta et al., 2001). 305 Furthermore, the percentage inhibition of diameter growth (% IN) produced by each extract was 306

determined against the non-dermatophyte strains that were resistant to the extracts in the highest tested concentration (800 μ g GAE/mL) in order to find out the effect of each extract on the mycelium growth. Table 4 shows the results obtained with 3200 μ g GAE/mL. *S. brevicaulis* was the strain more inhibited by the hydroalcoholic extracts, showing 100% inhibition with *B. boliviensis* after ten days of incubation while *B. tola* inhibit the growth up to seven days, and after

ten days of incubation just 10% of growth was observed. *A. orchidis, Alternaria* spp. and *Mucor* spp. showed also a strong inhibition by both extracts. *A. niger, A. clavatus* and *P. islandicum* were the more resistant strains (Table 4). In Figure 5 a representative photo of the filamentous fungi growth inhibition produced by the hydroalcoholic extracts of *B. boliviensis* and *B. tola* is shown.

The presence of several identified compounds in this work would support the Baccharis extracts 316 antifungal activity. Several flavonoids identified have been regarded as antifungal agents (Afifi et 317 318 al., 1991; Candiracci et al., 2011; Santos and Pereira, 2018; Weidenbörner and Jha, 1997) in particular, some methylated flavones (Figure 4 and Figure S1) could be of particular attention due 319 to more liposolubility (Meragelman et al., 2005). On the other hand, clerodanes diterpenes are 320 bioactive compounds isolated from several plant species with several biological properties 321 reported, including antifungal activity (Li et al., 2016). For instance, three neo-clerodane 322 diterpenoids, jodrellin A, jodrellin B and clerodin isolated from Scutellaria showed antifungal 323 activity against the pathogenic fungi Fusarium oxysporum f. sp. lycopersici and Verticillium 324 tricorpus (Cole et al., 1991). According the analysis of UHPLC-OT-MS metabolome 325 fingerprinting, some ent-clerodanes are present in B. boliviensis extract (peak 40, 41 and 42) but 326 not in *B. tola* which could be related to the greater antifungal activity of *B. boliviensis*. Regarding 327 ent-clerodane terpenoids from Baccharis and antifungal activity, also some ent-clerodanes 328 demonstrated antifungal activity in a synergistic manner combined with antifungal drugs such as 329 terbinafine (Rodriguez et al., 2013, Rodriguez et al., 2019). 330

Previous studies performed with ethanolic extract of *B. boliviensis* from Monte region of
Argentina (Mendoza province, at 1890 masl), did not demonstrated antifungal activity against
yeast (*C. albicans, C. tropicalis, Cryptococcus neoformans, S. cerevisiae*), filamentous fungi (*A. fumigatus, A. flavus, A. niger*) nor dermatophytes (*M. gypseum, T. rubrum, T. mentagrophytes* and *Epidermophyton floccosum*) at a concentration of 1000 µg/mL (Svetaz et al., 2010). Probably the

chemical composition of plants collected in different eco-regions from Argentina (Monte region vs
Puna region) presents some differences. However, the chemical composition of *B. boliviensis*extract from Mendoza province was not reported until now. Ethanolic extracts of other plant
species from the extremophile region of the Puna (*Chuquiraga atacamensis, Parastrephia phyliciformis, Parastrephia lepidophylla* and *Tetraglochin andina*) presented antifungal activity on
mycelial phytopathogenic fungi and vaginal yeast species (with MIC values of 250-500 µg
GAE/mL) (Moreno et al., 2018a; Palavecino Ruiz et al., 2016; Sayago et al., 2012).

Other Baccharis species that growth in Argentina such as B. darwinii and B. articulate showed 343 activity against dermatophytes fungi (T. rubrum, T. mentagrophytes and M. gypseum) with MIC 344 values of 250-500 μ g/mL and MFC values of 100-500 μ g/mL, but did not present activity (MIC > 345 1000 µg/mL) against yeasts and/or non-dermatophyte fungi (C. albicans, C. tropicalis, S. 346 cerevisiae, Cryptococcus neoformans, A. flavus, A. fumigatus, A. niger) (Kurdelas et al., 2010; 347 348 Vivot et al., 2009). On the other hand, other authors reported that B. pingraea, B. medullosa, B. notosergila, B. polifolia, B. stenophylla, B. articulate, B. crispa, B. gaudichaudiana, B. 349 microcephala, B. penningtonii, B. phyteumoides, B. sagittalis, B. triangularis, B. trimera and B. 350 grisebachii, did not present activity against dermatophytes, yeasts and/or filamentous fungi (C. 351 albicans, C. tropicalis, C. neoformans, S. cerevisiae, A. fumigatus, A. flavus, A. niger, M. gypseum, 352 T. rubrum, T. mentagrophytes, E. floccosum), up to 1000 µg/mL (Feresin et al., 2001; Rodriguez et 353 al., 2013; Svetaz et al., 2010). 354

- Rosas-Burgos et al. (2009) reported the effect of methanolic extract of *Baccharis glutinosa* (8.4 mg/mL) against filamentous fungi (*A. flavus*, *A. parasiticus*, and *F. verticillioides*) with an inhibition of no more than 60% after 14 days of incubation.
- 358 **4. Conclusion**

359	The phytotherapeutic preparations obtained with aerial parts of B. tola and B. boliviensis, two
360	shrubs growing in the Puna, are used popularly to treat skin and soft tissue infections by topical
361	application. The results indicate that the hydroalcoholic preparations obtained from aerial parts of
362	B. boliviensis and B. tola could be used for the treatment of infectious skin disease produced by
363	fungi, principally those caused by dermatophytes, the most common responsible of infectious skin
364	disease that requires a long time treatment. Fifty-two compounds including several terpenoids and
365	poly-hydroxilated and methylated flavonoids were accurately identified from <i>B. boliviensis</i> and <i>B.</i>
366	tola for the first time, and several of identified compounds are regarded as antifungal agents.
367	Further investigations are being carried out in our laboratory to isolate and characterize the active
368	components of the plant extracts.
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383 Acknowledgements

The authors acknowledge the cooperation of the inhabitants of the areas of study and the financial support from the Universidad Nacional de Tucumán, UNT (PIUNT2018 G637), Agencia Nacional de Promoción Científica y Técnica, ANPCyT (PICT2014 N°3136 and PICT2017 N°4436), Consejo Nacional de Investigaciones Científicas y Técnicas, CONICET, Argentina and FONDECYT grant 1180059, Chile.

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605 Figure legends

Figure 1. Map of the Argentine Puna, the collection site of plants (Antofagasta de la Sierra,Catamarca, Argentina).

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609 Figure 2. Photography of plants species: A) and B) B. boliviensis; C) and D) B. tola..

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Figure 3. UHPLC-MS Chromatograms of a) *B. boliviensis* extract (Base peak, negative mode) and
b) *B. tola* extract (Base peak, negative mode).

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614 Figure 4. Examples of methoxylated flavones detected in *Baccharis* species

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Figure 5. Representative photo of radial growth inhibition of filamentous fungi at 7 days of development. **A**) *Mucor* spp. **B**) *Absidia orchidis*. **C**) *Alternaria* spp. **D**) *Penicillium* spp. **1**)

618 Solvent control (80% ethanol), **2**) *B. boliviensis* hydroalcoholic extract (3200 μg GAE/mL). **3**) *B.*

619 *tola* hydroalcoholic extract (3200 μg GAE/mL).

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- 621 Fig. S1. Examples of methoxylated flavones and clerodanes detected in *Baccharis* species. Full
- MS spectra and structures of compounds 10, 30, 38, 42, 44 and 46.

Table 1: Total phenolic compounds and total flavonoids content of B. boliviensis and B. tola hydroalcoholic extracts

Table. 2. High resolution UHPLC-PDA-MS metabolite profiling data of the phytotherapeutic preparation of *Baccharis boliviensis* and *B. tola* from Puna.

Peak #	Retentio n time (min.)	UV max (nm)	Tentative identification	Elemental composition [M-H] ⁻	Theoretical mass (<i>m</i> / <i>z</i>)	Measured mass (m/z)	Accuracy (δppm)	MS ⁿ ions (<i>m</i> /z)	Species€
1	2.84	-	Gluconic acid	$C_6H_{12}O_7^-$	195.04993	195.05072	0.22		a,b
2	2.96	-	Quinic acid	$C_6H_7O_7^-$	191.01863	191.01956	4.88		b
3	10.98	-	Diethyl tartrate	$C_8H_{14}O_6^{-1}$	205.07066	205.07159	4.53		b
4	11.32	210	Feruloyl-quinic acid	C ₁₇ H ₁₉ O ₉	367.10236	367.10373	3.73	191.05573, 134.03664	a
5	11.96		Chlorogenic acid*	$C_{17}H_{17}O_9^-$	356.08671	353.08826	4.38	707.18463 (2M-H ⁻), 191.05603 (quinic moiety)	b
6	12.50	265-365	Kaempferol-3-O- rutinoside	$C_{27}H_{29}O_{15}$	593.15010	593.15204	4.38	285.05062 (C ₁₅ H ₉ O ₆ ⁻)	a,b
7	12.63	210	Feruloylquinic acid	C ₁₇ H ₁₉ O ₉	367.10236	367.10376	3.81	191.05577, 134.03664	a,b

8	12.95	210	Barlerin	$C_{19}H_{27}O_{12}$	447.14970	447.15118	3.31		
9	13.25	285	3-Hydroxy-hesperetin	C ₁₆ H ₁₃ O ₇	317.06668	317.06656	0.31	302.04291 (C ₁₅ H ₁₀ O ₇ ⁻)	a,b
10	13.50	277-353	Myricetin 7,3'-dimethyl ether	C ₁₇ H ₁₃ O ₈	345.0616	345.06152	0.28	330.0377, 315.01445	b
11	13.75	252-352	Isorhamnetin*	$C_{16}H_{11}O_7^{-1}$	315.05090	315.05103	-0.3	301.03535, 179.03342, 151.05463	a,b
12	13.96	252-352	Palulitrin	$C_{22}H_{21}O_{13}$	493.09767	493.09909	2.88		a,b
13	14.27	213, 287, 326	1,3- Di-O-caffeoyl quinic acid	C ₂₅ H ₂₃ O ₁₂	515.11840	515.11975	2.61	191.05585	a
14	14.47	213, 287, 326	1,4- Di-O-caffeoyl quinic acid	$C_{25}H_{23}O_{12}$	515.11840	515.11969	2.49	191.055853	a,b
15	14.88	213, 287, 326	1,5- Di-O-caffeoyl quinic acid	$C_{25}H_{23}O_{12}^{-1}$	515.11840	515.11987	2.85	191.055852	a,b
16	15.32	252-352	1-O-Caffeoyl-5-O-feruloylquinic acid	$C_{26}H_{25}O_{12}$	529.13405	529.13519	2.15	191.05577 (quinic acid), 134.03664	a,b
17	16.05	286-325	8-Prenyl-3-hydroxy-eriodictyol	C ₂₀ H ₁₉ O ₇	371.11363	371.11331	0.80	239.10718 (C ₁₆ H ₁₅ O ₂ -)	a,b
18	17.04	254-354	3-O-Methyl-luteolin	$C_{16}H_{11}O_{6}^{-}$	299.05611	299.05591	0.66	284.03220 (C ₁₅ H ₈ O ₆ ⁻)	a
19	17.27	252-352	Isorhamnetin 3-methyl ether	C ₁₇ H ₁₃ O ₇	329.06668	329.02998	11.17	$\begin{array}{l} 315.05102 \; (C_{16}H_{11}O_7\;) \\ ()314.0065,\; 286.0115 \\ (C_{14}H_6O_7\;) \end{array}$	b
20	17.95	280	Eriodictyol*	$C_{15}H_{12}O_{6}^{-1}$	287.05501	287.05643	4.94	179.05342	a,b
21	18.02	254-355	Rhamnetin	$C_{16}H_{11}O_7^{-1}$	315.04993	315.05136	4.54	301.03548, 179.03832, 151.05478	a,b
22	18.32	277-353	Myricetin 6-hydroxy-3, 7,3',5'- tetramethyl ether	$C_{19}H_{17}O_{9}^{-1}$	389.08781	389.08787	0.02	359.04041 (C ₁₇ H ₁₁ O ₉ ⁻), 317.03026 (C ₁₅ H ₉ O ₈ ⁻)	a,b
23	19.51	277-353	Quercetin*	$C_{15}H_9O_7^-$	301.03428	301.03574	4.84	271.83310, 177.09688	a,b
24	19.72	252-352	Isorhamnetin 7-methyl ether	$C_{17}H_{13}O_7^{-1}$	329.06668	329.06644	0.37	315.05102 (C ₁₆ H ₁₁ O ₇), 299.01947 (C ₁₅ H ₇ O ₇)	a,b

25	21.37	252-352	Syringetin	$C_{17}H_{13}O_8^-$	345.06234	345.06186	3.51	301.03528, 179.03342, 151.05476	a,b
26	21.52	277-353	Myricetin 8-methyl-7,3',5'- trimethyl eter	$C_{19}H_{17}O_8^-$	373.09277	373.09286	-0.08	343.04562 (C ₁₇ H ₁₁ O ₈ ⁻), 317.03026 (C ₁₅ H ₉ O ₈ ⁻)	a,b
27	21.63	248-272sh	Syringaresinol	$C_{22}H_{25}O_{8}^{-1}$	417.15553	417.11895	8.77	407.0903, 371.1135 [M- H-HCOOH]-	a,b
28	21.75	277-353	3-Acetyl-myricetin	$C_{17}H_{11}O_{9}^{-1}$	359.04086	359.04047	1.11	317.03026 (C ₁₅ H ₉ O ₈ ⁻)	b
29	21.86	205	19-Acetoxy-solidagoic acid A	$C_{22}H_{29}O_5^{-}$	373.20192	373.20205	1.21		
30	21.97	277-353	Myricetin 6-hydroxy-7,3',5'- trimethyl ether	$C_{18}H_{15}O_{9}^{-1}$	375.07211	375.07216	0.03	345.02481 (C ₁₆ H ₉ O ₉ ⁻), 317.03026 (C ₁₅ H ₉ O ₈ ⁻)	a,b
31	22.12	252-352	Isorhamnetin 3,7-di-methyl ether	$C_{18}H_{15}O_{7}^{-1}$	343.08233	343.08221	-0.26	315.05102 (C ₁₆ H ₁₁ O ₇ ⁻) 313.03506 (C ₁₆ H ₉ O ₇ ⁻)	a,b
32	22.56	277-353	Myricetin 7,3',5'-trimethyl ether	C ₁₈ H ₁₅ O ₈	359.07724	359.07703	0.27	313.03506 (C ₁₆ H ₉ O ₇ ⁻), 317.03026 (C ₁₅ H ₉ O ₈ ⁻)	a,b
33	22.67	205	19-Hydroxy-Solidagoiol A	$C_{20}H_{29}O_3^{-1}$	317.21224	317.21204	0.63		a,b
34	23.12	203	Solidagoiol A	$C_{20}H_{29}O_2^-$	301.21738	301.18073	10.52		b
35	23.43	203	19-O-acetyl-soligagoiol A	$C_{22}H_{31}O_4$	359.22287	359.22276	0.27		b
36	23.87	277-353	Myricetin -6, 7,3',5'-tetramethyl ether	$C_{19}H_{17}O_{9}^{-1}$	389.087815	389.08832	0.77	359.04041 (C ₁₇ H ₁₁ O ₉ ⁻), 317.03026 (C ₁₅ H ₉ O ₈ ⁻)	a
37	23.62	204	Hawtriwaic acid	$C_{20}H_{27}O_4$	331.19146	331.19157	-0.31	301.18060 (C ₁₆ H ₁₅ O ₂ ⁻ , - CH ₂ OH)	a,b
38	24.10	220	17-O-succynyl-3,7-dihydroxy-ent- cleroda-1,13(16),14-triene-15,16- oxide	$C_{24}H_{33}O_7^{-1}$	433.22208	433.23345	1.26		a,b
39	24.63	220	17-O-succynyl-3,4-dihydroxy-ent- cleroda-1,13(16),14-triene-15,16- oxide	$C_{24}H_{33}O_7^-$	433.22208	433.22263	3.16		a,b
40	24.67	220	17-O-succynyl-3-hydroxy-ent- cleroda-1,13(16),14-triene-15,16- oxide	$C_{24}H_{33}O_{6}^{-1}$	417.22717	417.22864	3.52		a

41	24.73	220	17-O-succynyl-4-hydroxy-ent- cleroda-1,13(16),14-triene-15,16- oxide	$C_{24}H_{33}O_6^-$	417.22717	417.22867	3.60		a
42	24.85	220	17-O-succynyl-3,4,7-trihydroxy- ent-cleroda-1,13(16),14-triene- 15,16-oxide	$C_{24}H_{33}O_8^-$	449.21699	449.21857	3.52		a
43	24.92	254 356	Limocitrol	$C_{18}H_{15}O_{9}^{-}$	375.07673	375.07670	2.12	258.17055, 179.05436	b
44	25.40	254-355	5,7,3',4'-tetrahydroxy-6- methoxyflavanone; Filifolin	$C_{16}H_{13}O_7^{-1}$	317.06558	317.06689	4.14		a
45	25.93	205	3,4 Dihydro-19-acetoxy-solidagoic acid A	$C_{22}H_{31}O_5^{-1}$	375.21660	375.21741	2.14		a
46	26.25	220	17-O-succynyl-ent-cleroda- 1,13(16),14-triene-15,16-oxide	C ₂₄ H ₃₃ O ₅	401.23225	401.23380	3.84		a,b
47	26.42	-	ent-Beyer-15-en-18-ol	$C_{20}H_{31}O^{-}$	287.23805	287.20142	12.7		a,b
48	26.76	-	ent-Beyer-15-en-19-ol	$C_{20}H_{31}O^{-}$	287.23806	287.20153	12.8		a
49	27.86	220	17-O-succynyl-3,7-dimethoxy-ent- cleroda-1,13(16),14-triene-15,16- oxide	C ₂₆ H ₃₇ O ₇	461.25338	461.25497	3.45		a
50	28.23	-	Heptaethylene glycol	$C_{14}H_{30}O_8^-$	325.18569	325.18453	-3.52		a
51	28.45	-	Heptaethylene glycol methyl ether	$C_{15}H_{31}O_8^-$	339.20134	339.20023	-3.22		a,b
52	29.10	270-310	Sibiricin	$C_{16}H_{17}O_5^{-1}$	289.11292	289.11185	-3.7		a

*Compounds identified with spiking experiments with authentic standards. ϵ_a : Baccharis boliviensis and b: B. tola

Strains	Macrodiluti	on (MIC) E/mL)	Microdilutior	Microdilution (MIC/MFC) $(\mu_{\rm C} \Delta E/mI)$		
Strains	B holiviensis	R tola	B holiviensis	$\frac{B}{B}$ tola	(ug/mL)	
Yeasts	2100111011010	Ditota	Diconnentitis	Diriola	(1.8)	
C. albicans A1	R	R	R	R	2	
C. albicans A2	R	R	R	R	8	
C. albicans A3	800	R	R	R	0.12	
C. albicans A4	R	R	R	R	2	
C. albicans A5	R	R	R	R	8	
C. albicans A6	R	R	R	R	0.12	
C. albicans A7	R	R	R	R	0.5	
C. glabrata B1	R	R	R	R	16	
C. guilliermondii C1	100	400	100/R	400/R	0.03	
C. guilliermondii C2	50	400	50/R	400/R	0.03	
C. guilliermondii C3	800	R	R	R	0.12	
C. tropicalis D1	R	R	R	R	4	
C. dubliniensis E1	100	800	100/R	R	-	
Candida spp. F1	R	R	R	R	0.12	
Candida spp. F2	R	R	R	R	0.06	
Candida spp. F3	R	R	R	R	0.06	
Candida spp. F4	R	R	R	R	2	
Candida spp. F5	R	R	R	R	16	
Candida spp. F6	R	R	R	R	0.5	
Candida spp. F7	R	R	R	R	0.5	
Candida spp. F8	R	R	R	R	0.5	
Candida spp. F9	R	R	R	R	0.5	
Candida spp. F10	R	R	R	R	0.5	
S. cerevisiae G1	200	200	200/R	200/R	16	
S. cerevisiae G2	800	800	R	R	1	
C. albicans ATCC 64548	R	R	R	R	8	
C. glabrata ATCC 90030	R	R	R	R	4	
Dermatophytes					Fluconazole	
T. rubrum 014	100	400	100/100	400/400	> 128	
T. rubrum 006	100	400	100/100	400/400	> 128	
T. rubrum 067	100	200	100/100	200/200	> 128	
T. rubrum 020	25	100	25/50	100/200	> 128	
T. rubrum 105	200	200	200/200	200/R	> 128	
T. rubrum 102	50	200	50/200	200/400	> 128	
T. rubrum 099	100	200	100/200	200/R	> 128	

Table 3: MIC, MFC values of the hydroalcoholic extracts and MIC values of ketoconazole or fluconazole.

T. mentagrophytes	200	800	200/400	R	> 128
M. gypseum	200	800	200/200	R	> 128
M. canis 108	100	200	100/100	200/R	> 128
Non-dermatophytes					Ketoconazole
A. niger	R	R	R	R	-
A. clavatus	R	R	R	R	-
Penicillium spp.	R	R	R	R	-
P. islandicum	R	R	R	R	-
A. orchidis	R	R	R	R	4
Mucor spp.	R	R	R	R	4
Rhizopus spp.	R	R	R	R	-
Alternaria spp.	R	R	R	R	> 8
S. brevicaulis	R	R	R	R	> 8

-: not tested

R= resistant until the highest concentration tested (macrodilution: 800 µg GAE/mL; microdilution: 400 µg GAE/mL).

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	Growth inhibition (%)*						
Strains		B. boliviensi	is	B. tola			
	3 days	7 days	10 days	3 days	7 days	10 days	
A. niger	26	0	0	7.3	0	0	
A. clavatus	33.3	10.6	9	24.9	10.6	9	
Penicillium spp.	28.8	33.5	39	28.8	33.5	39.1	
P. islandicum	0	23.3	33.3	0	23.3	16.7	
A. orchidis	100	87.4	58.4	75	67.4	51.6	
Mucor spp.	84.4	77.8	20	80	75	0	
Rhizopus spp.	0	66.7	30	0	66.7	30	
Alternaria spp.	100	100	100	90	78	60	
S. brevicaulis	100	100	100	100	100	90	

Table 4: Radial growth inhibition of hydroalcoholic extracts (3200 µg GAE/mL) against Non-dermatophytes strains.

* The percentage of radial growth inhibition was calculated as % IN= [(C - E)/C] X100



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Peak 10: C₁₇H₁₃O₈⁻ Exact Mass: 345,06159



Peak 22: C₁₉H₁₇O₉⁻ Exact Mass: 389,08781



Peak 30: C₁₈H₁₅O₉⁻ Exact Mass: 375,07216



Peak 44: C₁₆H₁₃O₇⁻ Exact Mass: 317,06668





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