

Review Article

Progesterone receptors in normal breast development and breast cancer

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Progesterone receptors (PR) play a pivotal role in many female reproductive tissues such as the uterus, the ovary, and the mammary gland (MG). Moreover, PR play a key role in breast cancer growth and progression. This has led to the development and study of different progestins and antiprogestins, many of which are currently being tested in clinical trials for cancer treatment. Recent reviews have addressed the role of PR in MG development, carcinogenesis, and breast cancer growth. Thus, in this review, in addition to making an overview on PR action in normal and tumor breast, the focus has been put on highlighting the still unresolved topics on hormone treatment involving PR isoforms and breast cancer prognosis.

Introduction

Progesterone receptors (PR) are members of the nuclear receptor superfamily (reviewed in [1–8]). The canonical protein structure contains a DNA-binding domain (DBD), a hinge region, and a C-terminal ligand-binding domain (LBD) that includes binding sites for agonists or antagonists [7].

A single copy gene, located on chromosome 11q22, which contains eight exons and seven introns, encodes human PR [9]. PR act as transcription factors activated by their natural ligands or by ligand-independent mechanisms [10].

There are mainly two mRNA transcripts controlled by two different promoters, each one encoding a different protein [11]. The distal promoter of the human gene encodes the full-length PR, named PRB (116 kDa), and the proximal promoter regulates the truncated version, named PRA (94 kDa) which lacks the first 164 amino acids [12–17] (Figure 1A).

Upon ligand activation, dimerized PR translocate to the nucleus, largely in response to a constitutive nuclear localization signal (NLS) located within the hinge region [11]. A mutated NLS leads to cytoplasmic accumulation of PR [18]. A second NLS, located within the DBD, can also mediate ligand-induced nuclear translocation [19]. PRA is preferentially located in the nuclei whereas PRB shuttles from the cytoplasm to the nuclei [20]. Similarly to other steroid receptors, activated PR are visualized as nuclear foci in immunofluorescence assays [21] (reviewed in [22]). Mutations in the DBD usually confer aberrant nuclear compartmentalization of the ligand-bound PR, and larger foci are observed [23,24]. It has been hypothesized that PR localized in these nuclear foci or aggregates, corresponds to active PR, and thus, breast carcinomas showing aggregated PR are probably those sensitive to antiprogestin treatment. A recent clinical trial proposes the detection of these activated PR to predict response to treatment with the antiprogestin onapristone (ONA; [25]).

PR post-translational modifications include phosphorylation, SUMOylation, acetylation, depicted in Figure 1B, as well as methylation, and ubiquitination (reviewed in [26,27]). These modifications alter PR hormone sensitivity, transcriptional activities, protein down-regulation, nuclear localization, and protein–protein interactions [28].

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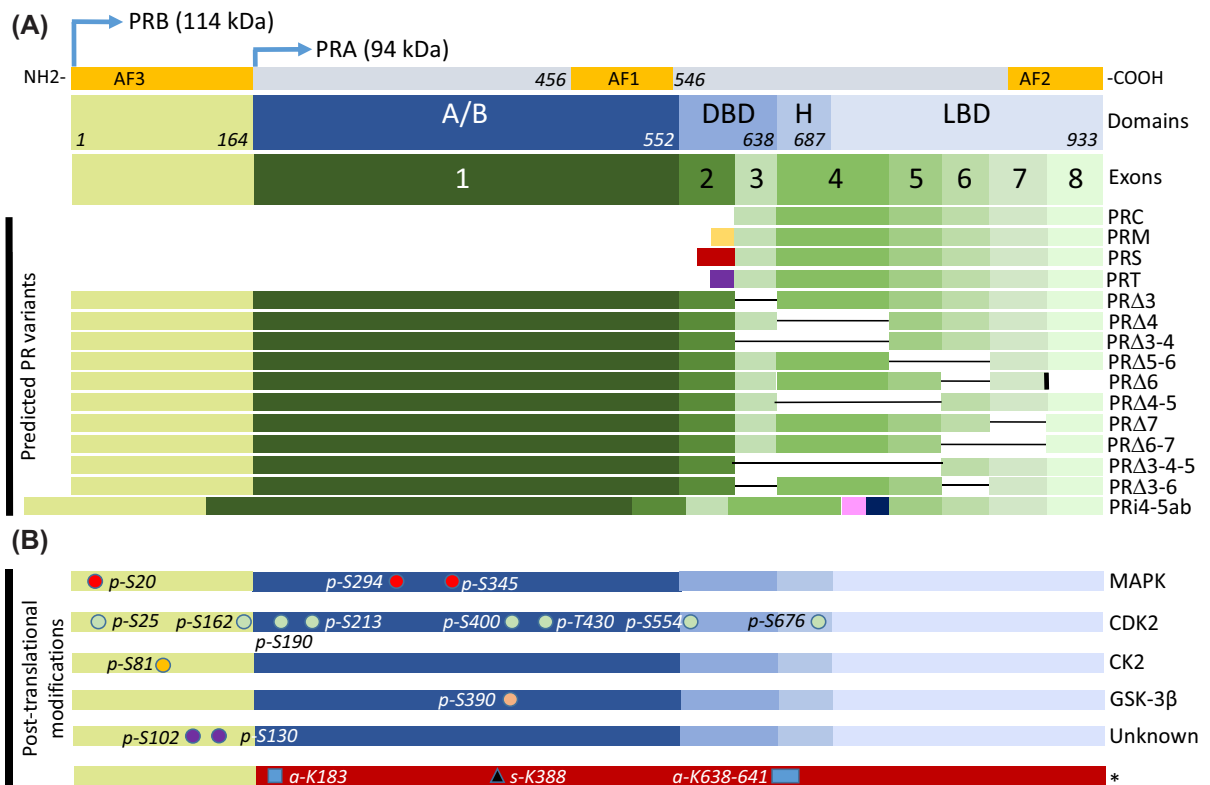


Figure 1. Schematic representation of PR

(A) PR isoforms, activation sites (AF1-3), domains (A/B, DBD, H, LBD), exons (1-8; modified from Misrahi et al. [10]), predicted variants according to alternative splicing (modified from Hirata et al. [32], Samalecos et al. [30], Cork et al. [31] and Patel et al. [190]), and post-translational modifications (phosphorylations, acetylations and sumoylation; modified from Diep et al. [133]). AF: Activation sites; DBD: DNA-binding domain; H: Hinge; LBD: Ligand-binding domain. Colored rectangles in dark yellow, red, violet, pink or blue account for sequences from introns that are transcribed in selected variants. Black rectangle in PR Δ 6 isoform depicts a truncation site. **(B)** PR post-translational modifications. Colored circles show phosphorylation (p) sites, in red those phosphorylated by MAPK, in light green by CycA/CDK2, in yellow by CK2, in orange by GSK-3 β , and in violet those phosphorylated by still unidentified kinases. *: Acetylation (a) and sumoylation (s) sites are shown in light blue rectangles and a black triangle, respectively. S: serine residues; T: Threonine residues; K: Lysine residues.

There is a third truncated PR isoform, named PRC (60 kDa), resulting from alternative translation at a methionine at position 595. This form retains the ability to bind the ligand, but not DNA [29]. There are, in addition, several other predicted isoforms from the analysis of alternative splicing mechanisms [30,31]. PRS and PRT retain the intronic sequences before exon 4 and lack the ability to bind DNA suggesting that they may play a role mediating progestin-induced non-genomic effects [32]. PRM mRNA contains a 5' signal sequence of hydrophobic amino acids, indicating that the protein may be processed for secretion or cell membrane expression [33]. As PRS and PRT, PRM contains the LBD but not the DBD (Figure 1A).

Other mRNA PR variants with different deleted exons (Figure 1A) were detected in breast cancer tissues and cell lines [31,34–38]. Among them, mRNA isoforms with deletions in exons, 7 (Δ 7), 6 and 7 (Δ 6-7), 4 and 5 (Δ 4-5) and 3, 4 and 5 (Δ 3-4-5) were found in human breast cancer T47D and MCF-7 cells. Δ 7 and Δ 6-7 were also detected in PR-negative human MDA-MB-231 breast cancer cells [39].

Only PRM, PRC and PRB Δ 4 (PRB Δ 4) were detected as proteins [33,40,41]. Giulianelli et al. demonstrated that PRB Δ 4, which has an impaired LBD and lacks the NLS, was recruited to MYC regulatory sequences following ligand-independent stimulation by FGF2. Moreover, PRB Δ 4 expression was associated with worse overall survival in luminal breast cancer patients [41]. Thus, there is a renewed interest in unraveling the role of these novel PR variants in endocrine resistance (reviewed in [26]).

PR and mammary gland development

Many reviews have addressed in detail the different stages of the mammary gland (MG) development [42–44], and many others have focused in the role of progesterone (Pg) and PR in the normal and neoplastic MG [45–53]. Briefly, the MG develops after birth to generate a rudimentary duct tree. During puberty, 17- β -estradiol (E2) and Pg are the main hormones that drive the awakening of the MG. E2 induces duct dilation and elongation and primes the epithelial cells for the Pg-induced cell proliferation and ductal branching. This process will culminate ultimately in the amplification of alveolar progenitor cells to form the lobuloalveolar units [54]. As a result, Pg reshapes gene expression through genomic and epigenomic [55–59] mechanisms (reviewed in [43]).

Only a small fraction of MG cells co-express PR and BrdU [47]. Most of PR⁺ cells do not proliferate [60–62] suggesting that in response to Pg, luminal cells produce paracrine factors that induce proliferation in neighbor cells [63]. Receptor activator of NF κ B (RANKL) [64–69], WNT4 [70], calcitonin [71], amphiregulin [72], CXC chemokine receptor type 4 (CXCR4)/Stromal cell derived factor 1 (CXCL12) [73], ID4 [74], and ADAMTS18 [75] proved to be key players mediating Pg-induced paracrine cell proliferation (reviewed in [49,76]). Not all PR⁺ cells produce all of these factors [77], suggesting that specialized PR⁺ subsets of cells may selectively respond to different stimuli or cell contexts [48]. In addition to the paracrine effect, an autocrine Pg-mediated induction of cell proliferation involves the activation of CCND1 [78].

Using PR knock out (KO) mice [79], specific PRA- and PRB-KO mice [80] and transgenic mice overexpressing PRA or PRB [81] it became evident that PRB is the leading PR isoform involved in MG development [66]. PRA may contribute to alveologenesis since this process still occurs in PRB-KO mice [66] and independently of RANKL and WNT4 (reviewed in [48]). MG from transgenic mice overexpressing PRA showed an increase in branching, ductal hyperplasia, and a disorganized basal cell membrane with loss of cell–cell adhesion [81,82]. Contrarily, PRB-overexpressing mice have reduced branching [83] and an increase in basal stem and luminal progenitor cells [84]. Interestingly, ovariectomy or antiestrogen treatment did not diminish the luminal compartment. Moreover, antiestrogen treatment increased the sphere forming capacity of cells [84]. These studies are aligned with previous reports which demonstrate that (a) Pg increases the number of progenitor cells [85], (b) ovariectomy does not affect the basal compartment [68] and (c) when Pg levels are high, such as in pregnancy [68] or in diestrous [69], there is an increase in cells with a stem cell phenotype.

PRA is highly expressed in the luminal epithelium of virgin mouse MG [47,86], whereas PRB is present in luminal and myoepithelial cells. During pregnancy, the MG achieves its complete development and PRB prevails over PRA. In Pg-treated mice, when Pg was administered for 3–10 days [87], or for one or two months [86], a decrease in total PR was observed favoring the expression of PRB over PRA.

In virgin non-ovariectomized mice, it is the combination of E2 and Pg that generates a fully developed MG. Remarkably, the mouse strain background plays a key role in the degree of hormone responsiveness. While BALB/c mice, a cancer susceptible strain, showed a high response to hormones, the resistant C57BL/6 strain showed lower PR expression levels in virgin mice, and a lower response to pregnancy-related hormones [86,87] than BALB/c mice. When MG cells from both strains were transplanted into cleared mammary fat pads from immunosuppressed mice with a different genetic background, the differences between strains disappeared. Comparable PR expression levels were now observed in reconstituted MG, suggesting an important role of the microenvironment regulating PR expression [86]. Thus, in human populations, the intrinsic genetic differences among women may be responsible for multiple basal PR levels and hormone responses, which might also impact in the susceptibility to develop breast cancer.

In the human breast, PR is co-expressed with ER α with different intensities, as opposed to the homogeneous co-expression of ER α with AR [88]. The meaning of this data is still unknown. Very rarely the normal cells co-express ER α , PR, and AR [88]. Regarding GR, 77% of ER α +/PR⁺ samples also express GR [89]. Buxant and coworkers also reported that ER α , PR, and GR are co-expressed in normal breast, however, it is not clear if the same cells express the three receptors [90].

PR and carcinogenesis

Pg administration has been related to mammary carcinogenesis in rodents (reviewed in [91]). Pg treatment induced mammary carcinomas in intact BALB/c mice [92]. Medroxyprogesterone acetate (MPA), which has glucocorticoid and androgenic, in addition to progestagenic effects [93], was more effective inducing mammary carcinomas than Pg itself [92,94]. The androgenic effects of MPA increasing serum EGF [95] may contribute to increase the MG susceptibility [96]. Conversely, inhibition of PR signaling reduced mammary carcinogenesis [97–100].

In women, the impact of progestins administered in oral contraceptives or as hormone replacement therapy has been recently reviewed [49,51,101]. There is a consensus that the co-administration of progestins together with estrogens increases breast cancer risk [102,103]. As suggested by Horwitz and Sartorius, progestins may be inducing growth of previously undetectable tumors, rather than having a carcinogenic effect *per se* [104]. Regimens containing micronized Pg are associated with a significantly lower risk of breast cancer than those containing synthetic progestins [105].

PR in tumor growth

Mice

In the mouse MXT model (ER α + and PR+), Pg increased thymidine uptake in tumors growing in ovariectomized mice [106], and these tumors regressed with antiprogestin treatment. The combination with antiestrogens increased their therapeutic efficacy [107].

Hormone receptor positive luminal mammary carcinomas developed in BALB/c mice is the most extensively breast cancer model studied [94,108]. These tumors initially require Pg- or MPA-exogenous administration for their growth [109]. After several passages, tumors may acquire a hormone-independent (HI) pattern of growth. However, they still express ER α and PR and may be responsive to antiprogestin therapies using ONA [110], mifepristone (MFP) [111,112], aglepristone [113], lonaprisan [112] or telapristone acetate (TLP) [113], or to genetic PR expression inhibition [114]. The observation that primary cultures were more successful when stromal cells were present, suggested that the stroma could participate regulating HI growth. Differences in gene expression profiles from HD and HI stromas were confirmed using laser capture micro-dissection and transcriptomics [115]. Activated fibroblasts from HI tumors produced increased FGF2 levels than those from HD tumors [116]. Moreover, in T47D human breast cancer cells, STAT5, FGFR2 and PR interactions were detected at the *MYC* and *CCND1* promoters in MPA- or FGF2-stimulated cells [117]. This may explain why tumors growing in a poor hormonal *milieu*, as in menopause, may be still using the hormone receptor machinery to support tumor growth. FGF2 also activates ER α in addition to PR, inducing PR expression [41,118]. As mentioned above, FGF2 also activated PR-spliced variants, which were forming part of complexes bound to *MYC* promoter sequences, suggesting their possible involvement in endocrine resistance.

In terms of relative PR protein levels, tumors of the MPA-induced model which are inhibited by antiprogestins express higher levels of PRA than PRB [112], and are named PRA high (PRA-H). Possibly, the low PRB levels are due to their active role and increased degradation as compared with PRA. Constitutive resistant variants have higher PRB than PRA levels (PRB-H) compared with responsive variants [111]. In these tumors, selective PRA methylation was observed [119]. Treatment with DNA methyltransferases and/or histone deacetylase inhibitors restored PRA expression and antiprogestin responsiveness [113,119]. In acquired resistant tumors, which became resistant by continuous pressure with antiprogestin treatment, estrogens or tamoxifen (TAM) restored PRA expression and antiprogestin responsiveness [112]. The clinical implications of these findings are challenging, as they suggest that PRA-H tumors may respond to antiprogestin treatment and, PRB-H tumors may be also treated with antiprogestins combined with TAM or demethylating agents to restore PRA expression.

Increased levels of nuclear and cytosolic FGF2 were observed in tumor cells of acquired-resistant variants [120] suggesting that an increase in an autocrine growth factor signaling loop may hyperactivate PR and induce its degradation [121,122]. In the MG, a subgroup of ER α -negative cells as determined by immunohistochemistry (IHC), still express mRNA *ESR1* [123]. A possible explanation is that, in these cells, ER α levels are below the IHC detection limit probably due to a rapid protein turnover [123]. Thus, a new concept is emerging in which cells with very active hormone receptor (HR) might be catalogued as HR negative [48]. If it is this the case that explains the disbalance in PR isoforms in these tumors, remains to be investigated. Figure 2 illustrates the interaction of the FGF2/FGFR and PR pathways and their role in tumor progression.

Since PRA-H tumors regress almost completely with antiprogestin treatment, lower antiprogestin doses have been used in combination protocols. The combined treatment with Nab-paclitaxel or pegylated doxorubicin liposomes (Peg-doxo) exerted a higher tumor growth inhibition than the respective monotherapies. MFP increased the tumor microvasculature that allowed a greater entry of nanoparticles [124]. In addition, MFP increased the exposure of DAMPS in tumor cells, which activate the immune system so that combined therapies of MFP and anti-PDL1 antibodies inhibited tumor growth in a higher degree than each treatment alone [125]. Again, this illustrates that targeting PR in these tumors may be an interesting tool to potentiate the effect of other therapies.

In the Her2/neu transgenic mouse model of breast cancer, although primary tumors are PR-, it has been proposed that Pg, while increasing MG branching, contributes to the early dissemination of tumor cells [126].

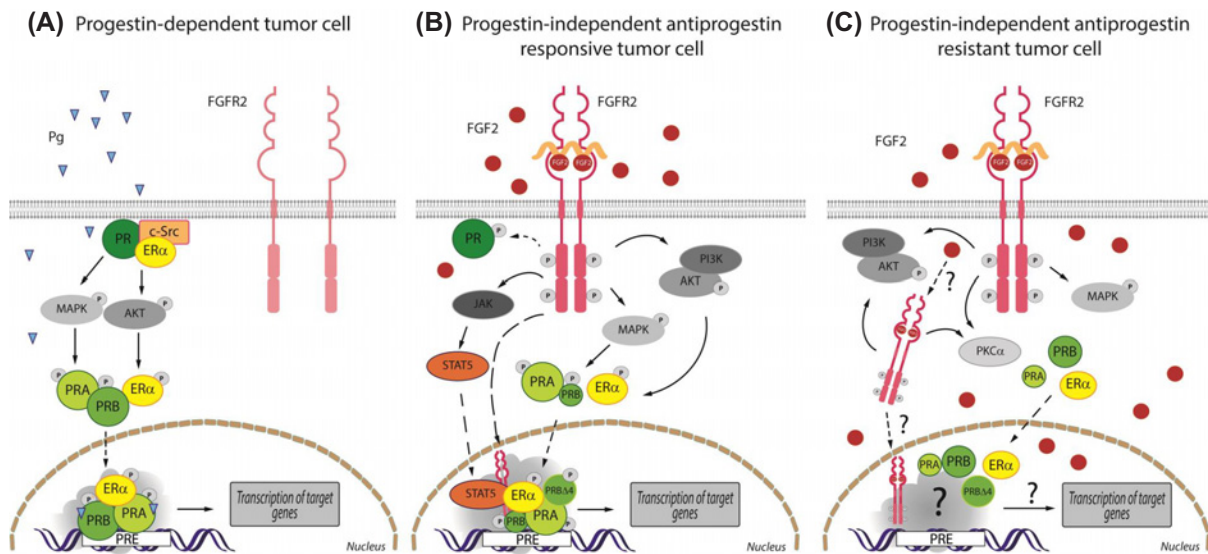


Figure 2. Model illustrating the crosstalk between PR and FGF/FGFR pathways

(A) Progestin-dependent activation of PR. In progestin-dependent tumor cells, progestins bind PR in the membrane/cytosolic compartment inducing rapid activation of MAPK and AKT signaling pathways via ER α /PR/c-Src complexes. Next, phosphorylated PR isoforms, translocate to the nuclei. Active PRA and PRB bind to progesterone responsive elements (PRE) and recruit coactivators, including ER α that induce gene transcription, which in turn, triggers cell proliferation. (B) Progestin-independent PR activation in antiprogestin responsive (PRA-H) tumor cells. In antiprogestin responsive progestin-independent tumor cells, FGF2 mainly secreted by carcinoma associated fibroblasts, binds FGFR and induces downstream activation of intracellular signaling pathways which, in turn, phosphorylate ER α and PR. PR variants, such as PRBs Δ 4 which are not activated by progestins can also be activated by FGF2. As a result, active PR bind PRE-sites forming transcriptional complexes with coactivators such as ER α , STAT5, FGFR2, PRB Δ 4 that trigger transcription of target genes. (C) Progestin-independent PR activation in antiprogestin resistant (PRB-H) tumor cells. In this scenario, FGF2 is produced mainly by the tumor cells that may bind both membrane and cytosolic FGFRs which activates PKC α , MAPK and AKT which, in turn may, phosphorylate ER α and PR. This constitutively phosphorylated state may contribute to a high PR turnover and may explain receptor down-regulation. The role of hormone receptors and the molecular mechanisms by which FGF2-mediates antiprogestin resistance are under investigation. Adapted from Figueroa et al. [191].

Rat

The chemical carcinogens 7,12-dimethylbenz[a]anthracene (DMBA) or N-Nitroso-N-methylurea (MNU) induce hormone-dependent mammary carcinomas in intact rats (reviewed in [52,91]). Interestingly, in the DMBA-induced model, megestrol acetate (MA), a synthetic progestin, and MFP at similar doses, both exerted inhibitory effects in tumor load. MFP was more potent than MA [127] and was as effective as TAM [128]. MFP-induced inhibitory effect was corroborated by others [129,130]. Similarly, ONA plus TAM had a higher efficacy than MA plus TAM [131]. Using micronized Pg (10 mg/kg/day), an increase in tumor growth was observed whereas MFP or TLP, at the same doses, exerted inhibitory effects. In the MNU-induced model, ONA or MFP inhibited the growth of established tumors [132] which was further improved in combination with TAM [131].

In vivo human experimental models

The role of PR in *in vitro* studies using human breast cancer cell lines has been extensively reviewed [26,133,134]. The recent discoveries that ER α interact with PR in transcriptional complexes [135,136], and that Pg treatment induces the repositioning of ER α as a PR cofactor [137], has changed the paradigm of ER α and PR signaling. Hence, there is a renewed interest in the use of PR ligands to regulate breast cancer growth.

Table 1 describes the experiments performed in human luminal breast cancer cell lines growing as xenografts, which use different antiprogestins or Pg as single or combined treatments. Synthetic progestins have been excluded for clarity, although the results were in line with those using Pg, but with more accentuated effects [138,139]. As a rule, antiprogestins showed inhibitory effects [113,124,140–142] that were potentiated by TAM. Pg showed inhibitory [137], stimulatory [143] or no effects [138,144,145], depending on the protocol used. Tumor regression (negative

Table 1 Effect of progesterone and antiprogestins on tumor growth of human experimental breast cancer cell lines

Model	Mouse strain	Matrigel	E2 pellet (mg)	Treatment	Dose	Tumor size; Time (days) at treatment initiation	Method	% increase (↑) or decrease (↓) in final tumor size versus control (days after treatment)	Slope	Refs.
MCF-7	Intact Nude	No	0.72–1.7	TAM	15 mg pellet	200–330	C	↓40% (17 d)	+	[141]
				MFP	50	mm ³		↓55/49% (37 d)		
				MFP+TAM	mg/kg/day,	22–52		d)		
				ONA	sc			↓41% (17 d)		
				ONA+TAM	Combo			↓50% (37 d)		
					mg/kg/day,		↓62% (17 d)			
					sc		↓70% (37 d)			
					Combo		↓46% (17 d)			
							↓53% (17 d)			
	Intact NSG	Yes	0.72	Pg	10 mg pellet	? 7	B & C	≈↓38% (21 d)	+	[137]
	OVX NSG	Yes	0.72	Pg	10 mg pellet	? 7	B & C NV	≈0% (21 d) ≈↓36% (45 d)	+	
	Intact NSG	Yes	0.72	TAM Pg TAM+Pg	0.5 mg 3 days/1 off, ip 10 mg pellet Combo	? 7	B NV	↓59%(35 d) ↓75% (47 d) ↓50% (35 d) ↓53% (47 d) ↓78% (35 d) ↓90% (47 d)	+	
MCF-7 EV	Intact Nude	No	0.72	Pg	10 mg pellet	100 mm ³ 12	C	≈0% (16 d) ≈0% (33 d)	+	[141]
	OVX Nude	No	0.72	Pg	10 mg pellet	100 mm ³ 10	C	≈0% (28 d) ≈0% (40 d)	+	[140]
T47D P53*	OVX Nude	Yes	2	Pg	10 mg pellet	100 mm ³ 28	C	≈0% (28 d)	+	[134]
	Intact Nude	No	1.7	Pg	10 mg pellet	15 mm ³ 31	C	≈↑550% (55 d)	+	[135]
	Intact NSG	Yes	0.72	TAM Pg TAM+Pg	0.5 mg 3 days/1 off, ip 10 mg pellet Combo	? 7	B & C NV	≈↓59% (49 d) ≈↓23% (49 d) ≈↓84% (49 d)	+	[133]
	OVX Nude	Yes	5	TAM TLP TAM+TLP	25 mg pellet 25 mg pellet Combo	120 mm ³ ?	C NV	≈↓88% (28 d) d) ≈↓105% (49 d) ≈↓140% (28 d) ≈↓56% (49 d) ≈↓150% (28 d) ≈↓143% (49 d)	+/ -/ -/-	[136]
	OVX Nude	Yes	5	TAM CDB4453 TAM+CDB4453 EC313 TAM+EC313	25 mg pellet 25 mg pellets Combo 10 mg/kg/day, ip Combo	120 mm ³ ?	C NV	≈↓50% (21 d) d) ≈↓85% (35 d) ≈0% (21 d) ≈↓80% (35 d) ≈↓100% (21 d) ≈↓142% (35 d) ≈↓50% (21 d) ≈↓93% (35 d) ≈↓100% (21 d) ≈↓135% (35 d)	+	[138]
								≈↓50% (12 d)	-	[111]
		Intact NSG	No	0.5	MFP	10 mg/kg/day	30–40 mm ² 10–20	C		

Continued over

Table 1 Effect of progesterone and antiprogestins on tumor growth of human experimental breast cancer cell lines (Continued)

Model	Mouse strain	Matrigel	E2 pellet (mg)	Treatment	Dose	Tumor size; Time (days) at treatment initiation	Method	% increase (↑) or decrease (↓) in final tumor size versus control (days after treatment)	Slope	Refs.	
T47D EV	Intact Nude	No	0.72	Pg	10 mg pellet	100 mm ³ 12	C	≈0% (16 d) ≈0% (33 d)	+	[141]	
	OVX Nude	No	0.72	Pg	10 mg pellet	100 mm ³ 14	C	≈0% (14 d) ≈0% (31 d)	+	[140]	
T47D-YA	OVX Nude	Yes	2	Pg	10 mg pellet	100 mm ³ 28	C	≈0% (28 d)	+	[134]	
	Intact NSG	?	0.5	MFP	10	20–30 mm ² 10–20	C	≈↓45% (20 d)	0/-	[120,111]	
				DoxPEG	mg/kg/day				≈↓50% (17 d)		-
				MFP+DoxPEG	0.9				≈↓60% (20 d)		-
				NabPax	mg/kg/week				≈↓85% (20 d)		-
MFP+NabPAX	(x3)				≈↓50% (20 d)	-					
Combo	15 mg/kg /4d				≈↓70% (20 d)	-					
T47D-YB	OVX Nude	Yes	2	Pg	10 mg pellet	100 mm ³ 28	C	≈0% (28 d)		[134]	
	Intact NSG	?	0.5	MFP	10	30–40 mm ² 10–20	C	≈0%(20 d)	+/+	[120,111]	
DoxoPEG				mg/kg/day				≈↑13% (17 d)	+		
MFP+DoxPEG				0.9				≈↓30% (20 d)	-		
NabPax				mg/kg/week				≈↓30% (20 d)	-		
MFP+NabPAX				(x3)				≈↓100% (20 d)	-		
Combo	15 mg/kg /4 d (x3)				≈↓65% (20 d)	-					
BT-474 Her2+ P53*	Intact Nude	No	1.7	Pg	10 mg pellet	25–40 mm ³ 8–12	C	≈↑300 (46 d)	+	[135]	
				MFP	25 mg pellet				≈↑350% (52 d)		-
				Pg+MFP	Combo				≈↓40% (46 d)		+
				Pg	10 mg pellet				≈↓64% (46 d)		-
									≈↑400% (52 d)		-
IBH-6 EV	Intact Nude	No	No	MFP	10	8–10 mm ² 15–20	C	≈↑200% (20 d)	+	[111]	
					mg/kg/day						
IBH-6-PRA	Intact Nude	No	No	MFP	10	8–10 mm ² 15–20	C	≈↓50% (15 d)	+	[111]	
					mg/kg/day						
IBH-6-PRB	Intact Nude	No	No	MFP	10	8–10 mm ² 15–20	C	≈↑140% (20 d)	+	[111]	
					mg/kg/day						

Abbreviations: B, bioluminescent imaging; C, caliper; CDB4453, PR antagonist; DoxPEG, pegylated doxorubicin; EC313, selective PR modulator; EV, cell line transfected with an empty vector; ip, intraperitoneal administration; MFP, mifepristone; NabPAX, Nab-paclitaxel; NV, normalized volume; ONA, onapristone; OVX, ovariectomized; Pg, progesterone; sc, subcutaneous administration; TAM, tamoxifen; TLP; telapristone; *mutated.

slopes) was only observed with the combined treatment of antiprogestins and TAM. In models uniquely expressing PRA, TAM [146] and MFP [113,124] inhibited tumor growth whereas those expressing only PRB were TAM- [138] and MFP- [113] resistant. In addition, the latter grew faster than the former [113,146]. These results support the concept that PRA-H tumors respond to endocrine treatments.

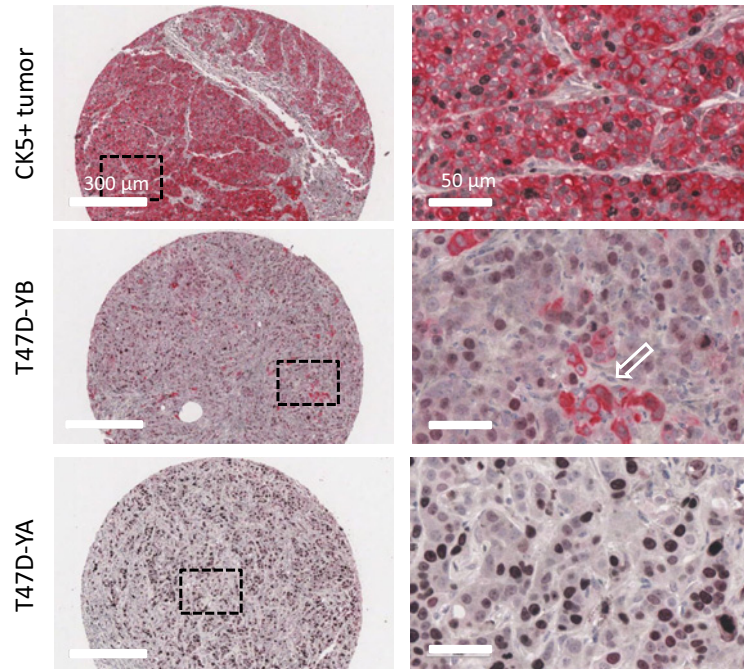


Figure 3. CK5 and Ki-67 expression in breast cancer xenografts of cells expressing only PRA (T47D-YA) or PRB (T47D-YB)
CK5 and Ki-67 expression were evaluated using immunohistochemical techniques using a double staining protocol in a tissue microarray as described [192]. A CK5+ PR negative tumor sample is shown as CK5+ control (upper panel). Whereas no CK5 staining was observed in PRA expressing cells, clusters of CK5+ cells were observed in PRB expressing tumors (arrow; pink staining). Brown nuclei represent Ki-67+ cells (CK5 antibody: CME430; Biocare Medical, Concord, CA; Ki-67: ab15580; Abcam; Cambridge, MA).

Progestins increase cancer stem cells (CSC) not only in the MG but also in human breast cancer cell lines [147–151]. Even when Pg did not increase cell proliferation [138], Pg induced an increase in cytokeratins (CK) 5 and 6 expression, while decreasing the expression of luminal CK. The increase in CSC markers was independent of the PR isoform involved [138]. CK5 has been related to a CSC phenotype by regulating the beta-catenin pathway [152]. T47D-YB xenografts express CK5+ clusters, whereas T47D-YA tumors were CK5- (Figure 3). *In vitro*, both PR isoforms have been implicated in stemness and, depending on the experimental conditions, it was PRB or PRA the prevailing isoform involved [84,153,154]. The data shown in Figure 3 and the fact that CK6, another cytokeratin related to stemness, are differentially expressed in PRB-H as compared with PRA-H breast carcinomas [155], are in line with the hypothesis that PRB-expressing cells in the absence of exogenous PR ligands may have more stem-like characteristics *in vivo*. However, further investigation is necessary to associate PR isoforms and stemness.

PDX

In the T-61 model, TAM, ONA, and MFP inhibited tumor growth [156,157]. Progestins inhibited the growth of two E2-treated PDX [158]. Using a different PDX, ulipristal acetate, a progesterone receptor modulator, exerted inhibitory effects on tumor growth [159]. The low success rate in developing PDX from luminal A tumors suggests that current models may not be representative of the most common breast type. The mammary intraductal (MIND) model [160], in which cells are injected through the nipple into the mouse milk duct, may provide in the future more information regarding the role of PR ligands in PDX tumor growth.

Breast cancer

PR is one of the four markers that defines prognosis and treatment (reviewed in [161]). Breast tumors are classified as luminal (ER α +, PR+/-; HER2-), HER2 (ER α -, HER2+), or triple negative (TNBC; ER α -, PR-; HER2-). Luminal tumors may be subclassified as luminal A (low Ki-67 and high PR) or Luminal B (high Ki-67, PR+/- HER2+/-). In luminal tumors, PR negativity implies worse prognosis either because ER α are impaired or because tumors have a high growth factor signaling program that induces PR turnover [162]. AR are also frequently expressed in ER α +

Table 2 List of recently completed or ongoing clinical trials using antiprogestins

Treatment	Trial identifier	Phase	Drug schedule	Patients	Patients characteristics	Start date	Status [2021]
Onapristone	NCT02052128	I/II	10, 20, 30, 40, 50, and 100 mg PO BID for 57 days	60 Randomized	Postmenopausal, PR+ BC	2014	Unknown [193]
Onapristone	NCT04142892 ONAWA	WOO	50 mg PO BID for 3 weeks	10 Single group	Postmenopausal ER+, PR+, HER2-BC	2020	Recruiting
Onapristone+ Fulvestrant	NCT04738292 SMILE	II	50 mg PO BID for up to 3 years	39 Single group	ER+, HER2-, Metastatic BC: after progression on endocrine and CDK4/6 therapies	2021	Not yet recruiting
Telapristone acetate	NCT01800422	WOO	12 mg PO QD for 2–10 weeks	50 Randomized	Stage T1-2, N0-1 BC	2013	Active, not recruiting [194]
Telapristone acetate	NCT02314156 (Prevention)	II	12 mg breast transdermal versus 12 mg oral QD for 4 weeks	67 Randomized	BRCA1 and BRCA2 carriers Stages 0-2 BC	2015	Active, not recruiting [195]
Mifepristone	NCT02651844 MIPRA	WOO	200 mg PO QD for 2 weeks	20 Single arm	Postmenopausal; PRA/PRB \geq 1.5. Total PR \geq 50% BC	2016	Completed
Mifepristone*+ Pembrolizumab	NCT03225547	II	300 mg PO QD for up to 100 months	74; 10 for safety Non-randomized	Advanced BC. 1: TNBC; 2: ER+ hormone refractory, or with \downarrow ER/PR expression	2018	Recruiting
Mifepristone*+ Abraxane	NCT02788981	II	300 mg PO on day 0 and days 1, 7, 8, 14, 15 of each Abraxane (28-day cycle). Up to 12 months	64 Randomized	Advanced GR+ BC, TNBC	2017	Recruiting
Mifepristone*+ Abraxane	NCT01493310	I	300, 600, 900, 1200 mg PO on days 0, 1, 7, 8, 14, and 15 combined with Abraxane. Up to 28 days (1 cycle)	9 Randomized	Advanced BC	2011	Completed
Mifepristone*+ Gemcitabine+ carboplatin	NCT02046421	I DE	PO, QD on days 0, 1, 7, 8, up to 12 weeks (21-day cycle)	31 Single Group	Advanced BC, HER2-	2013	Completed
Mifepristone*+ Eribulin	NCT02014337	I/II DE	PO QD for 21–28 days (21-day cycle)	Part 1/2: 20 each Single arm	Part 1: Advanced BC Part2: Advanced GR+ TNBC	2014	Completed
Mifepristone	NCT01898312 (Prevention)	II P	50 mg PO every second day for 12 weeks	45 Randomized	Premenopausal breast tissue; BRCA 1/2 carriers	2013	Recruiting
Ulipristal Acetate	NCT02408770 BC-APPS1	II P	5 mg QD for 3 months	30 Single group	Premenopausal BRCA1/2 carriers or increased BC risk	2016	Active, not recruiting
Ulipristal Acetate	NCT02922127	I P	10 mg PO QD up to 3 months versus COC pill (28-day cycle)	29 Randomized	Healthy premenopausal women	2016	Completed

Abbreviations: BC, breast cancer; BID, twice a day; COC, Combined Oral Contraceptive; DE, dose escalation; ER, estrogen receptor; GR, glucocorticoid receptor; HER2, human epidermal growth factor receptor 2; P, Prevention; PO, per os; PR, progesterone receptor; QD, daily; TNBC, triple negative breast cancer; WOO, Window of opportunity trial; *used as an anti-glucocorticoid; : only antiprogesterin dose administration is specified in this table.

Table 3 List of recently completed or ongoing clinical trials using progestins

Treatment	Trial identifier	Phase	Drug schedule	Patients	Patients characteristics	Start date	Status [2021]
Pg+Tamoxifen	ISRCTN23662758 PEARL	WOO	300 mg micronized Pg PO QD + Tamoxifen for 14–18 days	112 Randomized	Premenopausal ER+, PR+, HER2-early BC	2019	Completed
Pg+Letrozole/Tamoxifen	NCT03906669 WinPro	WOO	300 mg micronized Pg PO QD + Letrozole or Tamoxifen for 14 days	200 Randomized	Postmenopausal ER+, PR, HER2-early BC	2018	Recruiting
Pg+Vitamin D3	NCT01608451 Neoadjuvancy	III	500 mg IM before chemotherapy cycles [4] and before surgery +/- Vitamin D3. Follow-up: 5 years	800 Randomized	Large operable and locally advanced non-metastatic BC	2007	Active, not recruiting
Pg+ Estrogens	NCT00079248 Supportive Care	NA	Oral or transdermal Estrogen +/- Pg for at least 2 years	2,800-3,000 Randomized	Previous Stage I or II BC (no recurrence)	2002	Unknown
Hydroxy-Pg depot	NCT00123669	II/III	500 mg, IM, once 5–14 days prior to surgery. Follow-up 5 years	1000 Randomized	Unilateral operable palpable BC	1997	Completed
Megestrol acetate+ Letrozole	NCT03306472 PIONEER	WOO	40 or 160 mg QD for 15 days + Letrozole	189 Randomized	Postmenopausal Untreated ER+, HER2- BC	2017	Recruiting
Megestrol acetate	NCT03024580 MEGA	II	160 mg PO QD until disease progression or unacceptable toxicity. Compared with treatment with aromatase inhibitors, Tamoxifen and Fulvestrant	20 Non-Randomized	Advanced ER+ BC Metastatic site amenable to biopsy	2017	Recruiting
Megestrol acetate+ Everolimus	NCT02269670	II	PO QID + Everolimus for up to 2 years	Non-specified [3] Single group	ER+, PR+/-, HER2-, metastatic or recurrent BC after exemestane + everolimus	2014	Active, not recruiting
MPA +/- CF and methotrexate	NCT00577122	II	1000 mg PO QD +/- CF and methotrexate	30 Non-Randomized	Postmenopausal ER-, PR- Advanced BC	2007	Completed No clinical benefit

Abbreviations: BC, breast cancer; BID, twice a day; CF, cyclophosphamide; ER, estrogen receptor; HER2, human epidermal growth factor receptor 2; IM, intramuscular; MPA, medroxyprogesterone acetate; Pg, progesterone; PO, per os; PR, progesterone receptor; QD, daily; QID, 4 times a day; WOO, Window of opportunity trial; : only progestin dose administration is specified in this table; NA: not applicable

tumors [163,164], mainly in those PR- [165], in a subgroup of TNBC and in most HER2+ tumors (reviewed in [166]). Nuclear co-localization of ER α and PR has been observed in breast cancer samples [135] and co-expression of ER α , PR, and AR in the same cells is a frequent event [88]. Only nuclear PR is considered positive. However, cytoplasmic and/or membrane PR localization has been documented in breast cancer samples [88] and in primary cultures of murine carcinoma cells, after short FGF2 stimulation [167].

PR isoforms cannot be accurately discriminated by IHC [168] and a standardized method to quantify isoforms in routine practice is overdue. PRA is the prevailing PR isoform in breast cancer [25,155,169–172]. It has been hypothesized that higher PRA levels than PRB may be observed because of an increased PRB turnover; however, this remains to be confirmed. Regarding tumor prognosis, PRA-H tumors were associated with TAM-resistance [171] but not to therapy with aromatase inhibitors [173]. In contrast, Rojas et al. concluded that PRA-H patients were associated with better prognosis along with lower Ki-67 expression, HER2+ cases and, histological grade than PRB-H samples, and that their transcriptomic profile matched with luminal A tumors [155]. On the other hand, Singhal et al. [142] and Rosati et al. [174] support the concept that PRA-H cells are more metastatic than PRB-H cells.

A confounding factor is the fact that luminal A tumors have a better prognosis than luminal B tumors. Most of the genes of the PAM50 platform are related to cell proliferation. Thus, considering that PRB-H xenografts grow faster than the PRA-H tumors [113,146], it seems reasonable that PRB-H tumors match with the luminal B subtype [155]. Both PRA-H and PRB-H tumor types contain cancer cells that are able to invade and metastasize sooner or later. Which capacity would be of worse prognosis? A tumor that metastasizes earlier but grows very slowly or a tumor that metastasizes later but grows very fast. Experiments should be designed using metastatic models to evaluate the metastatic versus the proliferative ability of tumors with different PRA/PRB ratios.

Therapies targeting PR: past and present

Progestins, mainly MA [175,176] and MPA [177,178] and antiprogestins such as MFP [179–181], ONA [182], and lonaprisan [183] have been tested in the past. In all cases, except for lonaprisan, some benefit was observed in most clinical trials. MFP was the first antiprogestin developed and was used to induce abortion. Since at high doses it also exerts anti-glucocorticoid and anti-androgenic effects, it was later approved to treat Cushing disease (reviewed in [184]). Moreover, in patients with leiomyomas, MFP was used to treat patients prior to hysterectomy and a reduced proliferation was observed in the MG [185]. ONA is a pure antiprogestin. Initially, the clinical trial using ONA was terminated earlier due to hepatotoxicity (reviewed in [186]). However, given that the side effects were similar to other antineoplastic agents, this decision has been reconsidered by the Food and Drug Administration, and ONA is currently being tested for breast cancer treatment. This highlights the importance of developing new antiprogestins with high specificity and lower toxicity than those currently available. The fact that progestins have been shown to increase breast cancer risk [187,188], and that antiprogestins, such as MFP, were shown to act as PR agonists in PRB contexts [189] may be some of the reasons to explain the hampered interest in PR ligands. Nowadays, the attention has been focused on exploring new targets that might be used together with standard endocrine therapy. Currently, endocrine treatment in combination with PI3K/mTor and CDK4/CDK6 inhibitors show an increase in disease-free survival. However, these agents have strong side effects that prevent them from using for long periods of time (reviewed in [161]).

PR ligands are now again in the pipeline of many companies. Ongoing or recently completed clinical trials that are using PR ligands alone or combined with other treatments are shown in Tables 2 and 3.

Analyzing the experimental models examined above, it is mandatory to design strategies to determine which patients will respond better to a PR agonist or a PR antagonist and to investigate whether the same patients would respond to all PR ligands, or conversely, if those inhibited by progestins would be stimulated by antiprogestins or vice versa. The only study that discriminates patients by the PRA/PRB ratio is the MIPRA study.

Summary

- PR are key receptors mediating MG development and breast cancer.
- PR may be exploited therapeutically.
- PR antagonists in combination with TAM proved to have the best therapeutic performance in several experimental models.
- The PR isoform ratio dictates different behaviors regarding proliferation, stemness, and prognosis.
- The role of PR isoforms in metastasis deserves further investigation as well as the participation of novel spliced variants in endocrine resistant breast cancer.

Competing Interests

The authors declare that there are no competing interests associated with the manuscript.

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Author Contribution

All authors have equally contributed to the planning, execution, and figure design of this study.

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Abbreviations

AF, activation sites; AR, androgen receptor; CCND1, cyclin D1; CF, cyclophosphamide; CK, cytokeratins; CSC, cancer stem cells; DAMPS, damage-associated molecular patterns; DBD, DNA-binding domain; DMBA, 7,12-dimethylbenz[a]anthracene; E2, 17- β -estradiol; EGF, epidermal growth factor; ER α , estrogen receptor alpha; FGF2, fibroblast growth factor 2; GR, glucocorticoid receptor; H, Hinge; HD, hormone-dependent; HER2, human epidermal growth factor receptor 2; HI, hormone-independent; HR, hormone receptor; IHC, immunohistochemistry; LBD, ligand-binding domain; MA, megestrol acetate; MIND, mammary intraductal; MFP, mifepristone; MG, mammary gland; MNU, N-Nitroso-N-methylurea; MPA, medroxyprogesterone; NLS, nuclear localization signal; ONA, onapristone; PDX, patient derived xenografts; Pg, progesterone; PR, progesterone receptor; PRA, progesterone receptor isoform A; PRB, progesterone receptor isoform B; PRE, progesterone responsive elements; RANKL, receptor activator of NF κ B; TAM, tamoxifen; TLP, telapristone acetate.

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