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Palmitic acid-coated magnetite nanocubes with high-quality crystallinity and bulk-like magnetic features

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Abstract

We have demonstrated the synthesis of high-quality monocrystalline magnetite nanocubes through the introduction of palmitic acid as surfactant in a thermal decomposition synthesis of an organic *Fe* precursor. Unlike the standard thermal decomposition synthesis route, we report the avoid of the reducing agent and a modification in the synthesis heating ramp. Structural and magnetic properties were investigated showing well defined cubic shaped nanoparticles with a ~ 40 nm edge and magnetic features close to bulk magnetite. We associate the bulk-like magnetic performance and properties to the highly crystalline structure of the nanocubes.

In addition, we introduce a facile way to make a ligand exchange of nanocubes initial surfactant to citric acid in order to obtain biocompatible hydrophilic nanocubes. The potential application of the obtained sample in magnetic hyperthermia therapy is shown through calorimetric heating measurements on liquid dispersions of the nanocubes. We compute the Specific Absorption Rate to quantify the heating efficiency of the nanocubes.

Keywords: Magnetite nanoparticles, Nanocubes, Magnetic anisotropy, Palmitic acid

1. Introduction

Biomedical applications are some of the most promissory uses of magnetic nanoparticles (MNPs) [1, 2, 3]. MNPs based therapies require MNPs colloids with good stability, strong magnetic response to an external field, narrow size distribution and high biocompatibility. For example, the oncology therapy

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8 known as magnetic hyperthermia (MH) is nowadays a trending research. In this
9 therapy, the MNPs are introduced inside the tumor and the region is exposed to
10 a radio frequency field (RF). These MNPs act as conversion agents of the external
11 electromagnetic field into local heat and then release it to their surroundings
12 inducing the apoptosis of malignant cells[4, 5, 6]. The Specific Absorption Rate
13 (SAR), *i.e.* the amount of power that the particles absorb from the field per
14 unit mass, is an experimental parameter that quantifies this property. The efficiency
15 of the MH treatment depends on the SAR value, which in turn depends
16 on relevant MNPs characteristics: crystallinity, magnetic anisotropy, magnetic
17 moment, size distribution and geometry.

18 Iron-oxide nanoparticles (IONPs) synthesis methods have been extensively
19 studied in order to improve their functional properties[7, 8, 9, 10, 11, 12, 13, 14,
20 15, 16, 17]. The chosen synthesis route will determine size distribution, crystallinity
21 degree, magnetic properties, and sample reproducibility. As magnetic
22 properties of IONPs are strongly size-dependent, it is desired to obtain a narrow
23 NPs size distribution in order to tune their response and to improve the NPs
24 performance in the desired biomedical application[9, 2, 17, 7, 18, 19, 20, 21, 22]
25 Within the various chemical routes of IONPs synthesis, it is well established
26 that the thermal decomposition (TD) of organometallic precursors in organic
27 medium allows the production of IONPs with good size control, narrow size
28 distribution, well defined morphology, good crystalline order and relatively easy
29 tunable magnetic features. The main drawbacks of this synthesis method are
30 that some of the reagents commonly used are quite expensive. Also, the obtained
31 NPs are coated with hydrophobic ligands that hinder their biomedical
32 applications. The last issue can be resolved through a ligand exchange process.
33 However, this process could lead to NPs aggregation, NPs surface oxidation and
34 consequently to a lower performance in their application[23].

35 In this work a new TD type synthesis that produces high-quality single-
36 crystal nanoparticles (IONPs) showing a well defined cubic shape is reported.
37 Typical TD procedure makes use of oleic acid as the fatty acid surfactant and
38 1,2-hexadecanediol as reducing agent[24, 25]. Nevertheless, there are various
39 reports on avoiding the reducing agent with no significant modifications in the
40 IONPs magnetic and structural properties[26, 27, 28]. This new TD synthesis
41 follows a similar idea to that reported by P. Guardia *et al.* [28], introducing
42 palmitic acid (PA, ($C_{16}H_{32}O_2$)) as the fatty acid surfactant, avoiding the use of
43 1,2-hexadecanediol as reducing agent and modifying the heating ramp, in order
44 to obtain high-quality monocrystalline magnetite nanocubes (IONCs), improving
45 its magnetic properties and lowering the synthesis costs. Although there are
46 (a few) reports on palmitic acid coating in iron oxide nanoparticles, there is no
47 report (as far as we know) of iron oxide nanocubes with structural and magnetic
48 properties as the ones we present here from TD synthesis and PA surfactant.
49 For example, Sawisai *et al.* report the synthesis of iron oxide nanoparticles by
50 co-precipitation and a posterior palmitic acid coating process[29]; Bronstein *et*
51 *al.*, the production of IONPs from a thermal decomposition synthesis of iron
52 palmitate as precursor[30]; Klekotka *et al.* reports a thermal decomposition
53 synthesis from Fe(III)acac, phenyl ether and 1,2-hexadecanediol[31].

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To provide the hydrophilic character we propose and successfully performed a ligand exchange of palmitic acid to citric acid (CA) by means of a mechanochemical route. Ligand-exchange processes in equivalent situations have been widely reported elsewhere. Nevertheless, the process described here constitutes a facile and effective one-step process to produce iron oxide NCs, which does not require further use of catalyst reagents. To our knowledge, this synthesis procedure has not been reported before. We have tested if this ligand exchange induces any alteration of the NP properties and on its SAR performance.

The experimental results show that both NCs samples are high-quality single-crystals and single-domain showing almost bulk magnetic features. From electron microscopy and Mössbauer spectroscopy it was possible to quantify and determine the effective anisotropy constant of the samples. Also, it was corroborated the high magnetic saturation of the NCs as a consequence of a high quality monocrystalline structure. It was confirmed that the ligand exchange process did not modify neither the NCs structural nor magnetic properties. In addition, the potential application of the obtained system in magnetic hyperthermia treatment was tested through the evaluation of heat dissipation performance under an external RF field for two different dispersion mediums, e.g. distilled water and toluene. Owing to the cubic morphology of the NPs, a tendency to form NCs chains was expected and corroborated by TEM and SAXS experiment. This feature is known that leads to an improvement of the heating dissipation performance[32, 33, 21]

2. Experimental section

2.1. Synthesis

Magnetite nanocubes were synthesized by means of the thermal decomposition of 2 mmol of $Fe(III)_{acac}$ (Sigma Aldrich), 8 mmol of palmitic acid (Merck) and 50 mL of Benzylether (98%, Sigma Aldrich) in a three-neck flask. The mixture was heated, under N_2 atmosphere and vigorous magnetic stirring, from room temperature to reflux at a rate of $3^\circ C/min$. The solution was kept under reflux temperature for 30 min and then cooled down to RT. 30 mL of ethanol was added to stabilize the final solution. The product was washed several times with ethanol and centrifuged many times, in order to remove the PA excess. The obtained precipitate was dried in vacuum to obtain the PA coated IONCs powder sample. From now on this sample will be labeled as S_T . Two more samples were obtained following the same synthesis process showing a high reproducibility in structural and magnetic properties (see supplementary information).

2.2. Ligand exchange

2 mL of a 10 mg/mL NCs suspension in toluene were mixed with 200 mg of citric acid monohydrate (Anedra) and 10 mL of distilled water. The solution was put under sonication for 1h, then placed for 48 h in a Retsch 2000 oscillatory mill under a low energy regime (5Hz and 8 mm of amplitude). The final product

94 was washed several times with toluene and then centrifuged in order to remove
95 the PA and CA excess. Finally, the black precipitate was vacuum dried. From
96 now on this sample will be labeled as S_W .

97 *2.2.1. HR-TEM Images*

98 HR-TEM images of the NCs were obtained using a TEM-FEG (TALOS
99 F200A) and a TEM-FEG (JEM 2100F) field-emission gun transmission electron
100 microscopes. First, the particles were dispersed in toluene and sonicated for 15
101 minutes, then, the samples for microscopy observation were prepared by drying
102 a drop of this suspension during 24 hours at room temperature on a Ted Pella
103 ultrathin copper film on a holey carbon grid. The obtained images were analyzed
104 using Digital Micrograph free version software¹.

105 *2.2.2. SAXS*

106 SAXS measurements were carried out at the Instituto de Investigaciones
107 Fsicoquimicas Tericas y Aplicadas (INIFTA) facilities in a XENOCSS XEUSS 1.0
108 diffractometer with a beam wavelength of 1.5419 Å. The samples were placed
109 in a glass capillary at 2.4 m distance from detector. The results correspond to
110 the SAXS intensity as a function of the scattering vector for each dispersion of
111 10 mg of the sample in 1 mL of toluene.

112 *2.2.3. Mössbauer spectroscopy*

113 The 14.4 keV ($I_g = 1/2; M1; I_e = 3/2$)⁵⁷Fe Mössbauer spectra were ac-
114 quired using a ⁵⁷Co(Rh) source at 295K in transmission geometry, with a stan-
115 dard spectrometer operating in the constant acceleration regime. The isomer
116 shifts are reported relative to α -Fe. Each sample absorber thickness was 12
117 mg/cm². The number of channels used for recording transmitted gamma ver-
118 sus source-absorbent velocity was 1024. The spectrometer line width was 0.22
119 mm/s for a 12 μ m-foil α -Fe absorber.

120 *2.2.4. D.C Magnetization measurements*

121 The magnetic properties were studied by means of thermal dependence of
122 magnetization through zero field cooled/field cooled (*zfc/fc*) and isothermal field
123 dependence of magnetization measurements. *zfc/fc* experiments were performed
124 in a MPMS XL superconducting quantum interference device (SQUID) from
125 Quantum Design, Inc. In the *zfc* magnetization measurement, the sample was
126 cooled down to 4 K from RT under no applied field, then a 4 kA/m (50 Oe)
127 field was applied and the temperature was continuously raised at a 5 K/min
128 rate while recording the magnetization. In the *fc* magnetization measurement,
129 the sample was cooled down to 4 K from RT at a 5 K/min rate under a 4
130 kA/m (50 Oe) applied field while recording the magnetization. Additional *zfc*
131 magnetization measurements on sample S_W , using three different applied fields
132 (4 kA/m, 8 kA/m and 40 kA/m), were performed.

¹<http://www.gatan.com/products/tem-analysis/gatan-microscopy-suite-software>

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133 Isothermal field dependent magnetization loops were measured in a vibrating
134 sample magnetometer (VSM) at RT within an applied magnetic field strength
135 $\mu_0 H$ range of -2 T to 2 T. All d.c. magnetization measurements were carried out
136 using 5 mg of sample powder compacted in thin gelatin diamagnetic capsules.
137 Magnetizations values are reported in terms of iron-oxide mass determined by
138 thermogravimetry analysis.

139 2.2.5. Experimental SAR values

140 The heating performance of both samples was evaluated measuring the Spe-
141 cific Absorption Rate (SAR). This parameter is related to the amount of energy
142 absorbed per time unit and per mass unit of IONPs exposed to a radio frequency
143 field (RF). This energy is then released to their surroundings as heat. For each
144 sample, SAR values were obtained from calorimetric measurements carried out
145 in two colloidal suspensions of 10 mg of NCs sample in 1 mL of toluene and
146 distilled water for samples S_T and S_W , respectively, held in a clear glass Dewar.
147 An external RF of 52 kA/m amplitude and 260 kHz frequency was applied. The
148 field generator (Hüttinger (2.5/300)) consists of a resonant RLC circuit with a
149 water refrigerated 6 turns coil of 2.5 cm inner diameter. The temperature T
150 of each colloid as a function of time t was measured. Temperature was sensed
151 during the experiment with an optical fiber provided with a small semiconduct-
152 ing sensor at one end, which was placed at the sample center. The sensor was
153 connected to a calibrated signal conditioner (Neoptix) having an accuracy of
154 $\pm 0.1^\circ\text{C}$. The colloid temperature was kept below 50°C in order to minimize
155 solvent evaporation and prevent its destabilization. Each of the reported values
156 is a 4 measurements mean with an error equal to the standard deviation SD.
157 SAR was calculated as

$$SAR = \frac{\rho c}{[C]} \frac{\Delta T}{\Delta t} [W/g] \quad (1)$$

158 where ρ is the suspension density taken as the toluene or distilled water density
159 in $\text{kg}\cdot\text{m}^{-3}$ for S_T and S_W , respectively, c is the dispersive medium heat capacity
160 in $\text{J}\cdot\text{g}^{-1}\cdot\text{K}^{-1}$, $\Delta T / \Delta t$ is the $T(t)$ slope (at T equals to the lab temperature)
161 and $[C]$ is the colloid weight concentration of iron-oxide mass in $\text{kg}\cdot\text{m}^{-3}$.

162 2.2.6. Thermogravimetry analysis

163 A Thermogravimetry (TG) analysis was used to estimate the iron-oxide frac-
164 tion mass of the coated NPs. The measurements were carried out on dried
165 powder samples with Shimatzu TG-50 and DTA-50 systems. During the mea-
166 surements the samples were kept inside platinum crucibles and heated at a 10
167 K/min constant rate under a 20 mL/min N_2 flux. It was further used to nor-
168 malize magnetization measurements and to express colloid concentrations as the
169 mass of iron oxide per toluene/distilled water volume. Results are presented in
170 the supplementary information.

171 3. Results and discussion

172 3.0.1. TEM and HR-TEM images

173 Morphology, particle-size distributions, and crystalline phases were deter-
174 mined by means of electron microscopy experiments. Figure 1 shows repre-
175 sentative TEM images and the size distribution obtained from several similar
176 images of samples S_T (a,b) and S_W (d,e). Well defined cubic shaped particles
177 with mean edge sizes (L_0), $L_{0_{S_T}} = 39.7$ nm, $L_{0_{S_W}} = 36.7$ nm, with standard
178 deviations $\sigma_{S_T, S_W} = 0.2$, were obtained by counting of more than 300 NPs for
179 each sample. To quantify these statistics estimators, a Log-Normal distribution
180 was fitted to the measured size distribution histograms and is shown for each
181 sample in figure 1(c,f).

182 Figure 2 shows a HR-TEM image of isolated groups of NCs of both samples,
183 the (400) and (220) planes of the FCC structure are highlighted with red/blue
184 and green colors, respectively. To obtain the colorful images, first a fast Fourier
185 transformation (FFT) was applied to the initial HR-TEM image (figure 2 (a)
186 and (d)) to obtain a profile of the diffraction patterns (figure 2 (b) and (e))
187 allowing us to identify the NCs crystallographic planes; then a mask was applied
188 to distinguish each plane in the original image and finally an inverse FFT was
189 made over each mask in order to label planes with the colors already mentioned
190 (figure 2 (c) and (f)). Identification of crystallographic planes allowed us to
191 obtain a mean lattice parameter of 0.85 Å for both samples. The NCs show a
192 high crystallinity degree with the magnetite lattice planes growth facet {100}.
193 This result is in agreement with other magnetite nanocubes systems reported
194 in previous works[34, 35, 36]. A correlation of these structural features with
195 magnetic properties is reported in other works that conclude that these well
196 defined lattice planes on the NCs contribute to an increment on individual
197 surface anisotropy and so to the effective anisotropy of the system[37, 32].

198 From HR-TEM images and the subsequent FFT analysis it can be concluded
199 that synthesized NCs are single-crystalline with narrow size distribution and are
200 also within the single-domain limit for magnetite[38, 39]. Furthermore, one can
201 see that there must be an ordered attachment mechanism in which the NCs
202 clusters are formed, with a clear trend to a chain like structure.

203 3.0.2. SAXS

204 SAXS measurements over liquid dispersions were measured on both samples
205 in order to obtain information about nanoparticles morphology, agglomeration
206 degree and cluster geometry. SAXS intensity patterns were successfully fitted
207 by considering a cubic form factor along with a Log-Normal size distribution
208 of the NCs edges. Clusters formation due to interparticle interactions were
209 taken into account by means of a mass fractal structure factor. On the other
210 hand, the scattering intensity contribution from NCs that do not form clusters
211 were modeled by considering local interparticle interactions (excluded volume)
212 in first approximation by a hard spheres interaction potential. Figure 3 shows
213 experimental SAXS patterns and the corresponding fit for both samples. At low
214 scattering vector (q) values, SAXS patterns are consistent with the existence of

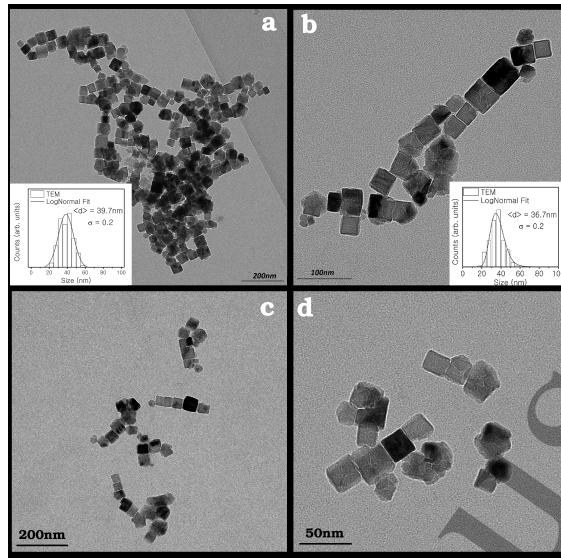


Figure 1: TEM images and size distribution histograms fitted with a Log-Normal function for the studied samples. Sample S_T (a,c) and sample S_W (b,d).

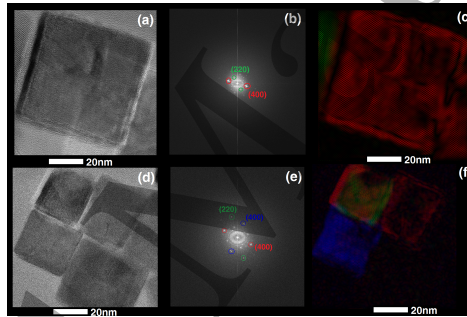


Figure 2: (a) and (d): HR-TEM images of nanocubes. (b) and (e): Fourier transform of the initial HR-TEM images. (c) and (f): colored images obtained from an inverse process masking the identified diffraction points.

215 aggregates of NCs. For q values near 0.2 nm^{-1} the patterns show a bump related
 216 to the NCs mean size.

To fit the experimental data, the cubic form factor is given by[40, 41]

$$I(q, R) = \int_0^{\pi/2} \int_0^{\pi/2} \left[\rho V \frac{\sin(\frac{qR}{2} \sin \theta \sin \phi)}{\frac{qR}{2} \sin \theta \sin \phi} \frac{\sin(\frac{qR}{2} \sin \theta \cos \phi)}{\frac{qR}{2} \sin \theta \cos \phi} \frac{\sin(\frac{qR}{2} \cos \theta)}{\frac{qR}{2} \cos \theta} \right]^2 \sin \theta d\theta d\phi \quad (2)$$

where ρ is the scattering contrast of the NPs relative to the medium and R is the cube edge.

The mass fractal model for NP aggregates follows a power law [42, 43]. Here ξ stands for the upper cut-off of clusters size.

$$S_{mf}(q, \xi) = 1 + \frac{1}{(qR)^D} \frac{D\Gamma(D-1)}{\frac{1}{2}(D-1)} \frac{\sin[(D-1)\arctan(q\xi)]}{(1+(q\xi)^{-2})} \quad (3)$$

On the other hand, the hard sphere structure factor $S_{HS}(q, r)$ with the Percus-Yevick closure[44, 45] is given by:

$$S_{hs}(q, r) = \frac{1}{1 + 24f_p \frac{G(f_p, qr)}{qr}} \quad (4)$$

where f_p is the local volume fraction of particles within the clusters. This allowed us to get information about the probability of finding NCs in the vicinity of each other. Here,

$$G(f_p, qr) = \alpha \frac{\sin A - A \cos A}{A^2} + \beta \frac{2A \sin A + (2-A^2) \cos A - 2}{A^3} + \gamma \frac{-A^4 \cos A + 4[(3A^2-6) \cos A + (A^3-6A) \sin A + 6]}{A^5}$$

with $A = 2qr$, $\alpha = (1 + 2f_p)^2 / (1 - 2f_p)^4$, $\beta = -6f_p(1 + f_p/2)^2 / (1 - f_p)^4$ and $\gamma = \alpha f_p / 2$.

The polydispersity nature of the NCs was modeled by including a Log-Normal distribution function $L(R, \sigma)$ of their edges. The final distributed intensity function takes the form:

$$I_d(q, R) = N1 \left[\int_0^\infty I(q, R) L(R, \sigma) S_{mf}(q, R) dR \right] + N2 \left[\int_0^\infty I(q, R) L(R, \sigma) S_{hs}(q, R) dR \right] + bkg \quad (5)$$

where $N1$ and $N2$ are the Log-Normal distribution weights and are relative to the NCs number per mass unit for each contribution (mass fractal and hard spheres potential). bkg is a constant added to take into account the incoherent background contribution.

Figure 3 inset shows the excellent agreement between the NCs size distribution obtained from HR-TEM images and the one obtained from SAXS measurements. Table 1 shows the fitting parameters obtained for both studied samples. Both Log-Normal distributions have similar parameters σ and L_0 values. The volume fraction f_p values close to 0.5 indicates that NCs tend to form clusters in both colloids. Cubic nanoparticles in colloids present an extraordinary magnetic self-assembly capability as reported in the works of Singh *et al.* and Mehdizadeh *et al.*[47, 48]. The self-assembly nature of the nanocubes allows the formation of various types of structures. For low concentration colloids, 1-D chain formation is preferred. This chain formation of clusters were observed by TEM images where a low concentration colloid was used. At higher concentrations, chain-chain association assemblies become more stable leading to the formation of 2D sheets[48]. In this sense, a fractal dimension close to 2 indicates that the cluster structure tends to define a surface, in concordance with the higher

244 concentration used to perform SAXS measurements. Although a direct corre-
 245 spondence between structures and colloid concentrations cannot be stated by
 246 SAXS and TEM without the aid of other structural characterization techniques,
 247 the structures observed seem to show coherence with the expected results.

248 The upper cut-off of cluster size ξ was fixed to 114 nm which is the lowest
 249 possible value congruent with the lowest q measured value by means of the
 250 relation $2\pi/\xi = 0.04 \text{ nm}^{-1}$ [46].

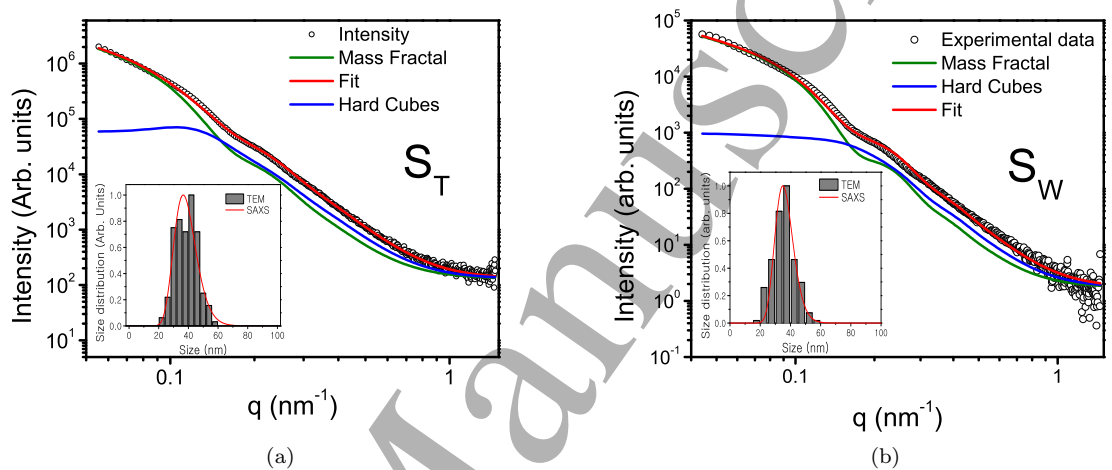


Figure 3: SAXS intensity pattern and corresponding fit for sample (a) S_T and (b) S_W . Inset shows the agreement between TEM and SAXS analysis.

Sample	L_0 (nm)	σ (nm)	f_p	D
S_T	38(3)	0.21(9)	0.52(2)	1.8(2)
S_W	37(2)	0.17(4)	0.50(4)	2.0(2)

Table 1: SAXS parameters. Mean particle edge L_0 , standard deviation σ (nm), local volume fraction of particles f_p and fractal dimension D .

251 We have shown so far the structural properties of IONCs obtained by TD
 252 synthesis of an organic precursor of Fe . We also have successfully incorporated
 253 palmitic acid as the IONCs surfactant. The synthesis route introduced in this
 254 work avoids the use of 1,2-hexadecanediol as reducing agent and incorporates
 255 PA as the NCs surfactant. PA is a fatty acid with a 16 carbon atoms chain

and a boiling point of $\sim 350^\circ\text{C}$ with a good solubility in benzyl-ether. These properties are quite similar to those of oleic acid (18 carbon atoms and boiling point of 360°C) with the particular difference that PA does not present a double bond in its carbon chain. Owing these similarities between the two fatty acids we can assume that the temperature regimes of nucleation and growing phase during the synthesis[24, 49] are nearly the same in both cases. However, the shape and size of the obtained NPs depends on the fatty acid selected for the synthesis. When oleic acid is used small NPs (5 – 20 nm) with almost spherical shape are obtained [24, 49, 25], whereas when we use palmitic acid, NPs with a well-defined cubic shape (~ 40 nm) are obtained. This fact reveals that nanoparticle formation dynamics is different in both cases.

From the structural properties results it can be concluded that the election of PA as surfactant leads to the production of high-quality monocrystalline NCs by means of a highly reproducible and low cost synthesis route. These structural features are in agreement with the results from the synthesis reported by Guardia *et al.*[28], in which the use of 1,2-hexadecanediol is avoided and decanoic acid (10 single-bonded carbon chain) is chosen as the fatty acid surfactant.

3.0.3. Mössbauer spectroscopy

The magnetization dynamics and magnetic response of MNPs magnetic moment is given by the Néel and/or Brown relaxation mechanisms. The later is due to the random physical rotation of MNPs in a liquid medium and is absent during Mössbauer measurements of powder samples. The Néel mechanism is due to the rotation of the magnetic moment within the particle. Because of the MNPs magnetic anisotropy, the magnetic moment has equilibrium orientations separated by energy barriers. At finite temperature, there is a finite probability for the magnetic moment to change its direction. The mean time between two direction changes is called the Néel relaxation time τ_N . It depends on the NP energy barriers created by the magnetic anisotropy.

A relation between τ_N and the characteristic time of a magnetic measurement (τ_m) will determine the observed magnetic dynamics of the system. If $\tau_m > \tau_N$ then the observed properties will correspond to a superparamagnetic system (thermodynamic equilibrium); if $\tau_m < \tau_N$ the observed properties will correspond to a magnetically “blocked” system. As τ_N depends on temperature, the blocking temperature T_B is defined as the temperature that divides these two observed magnetic regimes. Below T_B the MNPs are magnetically blocked; for temperatures above T_B the MNPs are in thermodynamic equilibrium. Thus, the blocking temperature is related to the time window of the experimental measurement. In particular, for Mössbauer spectroscopy $\tau_m \sim 10^{-8}$ s.

If we consider a particle in its blocked state, its magnetic moment orientation will be confined around one of its equilibrium positions, but fluctuating about an easy magnetization direction. The fluctuation time of the magnetic moment within the equilibrium well is short compared with the Mössbauer spectroscopy time scale, so the hyperfine parameters will be affected by this phenomena. The magnetic splitting of the observed Mössbauer spectra, and so the measured

301 hyperfine field (H_{obs}), will be related to the mean value of the system hyperfine
302 field in the energy well[50]

$$H_{obs} = H_0 \iint_{\Omega} P(u_x, u_y) u_z du_x du_y \quad (6)$$

303 where (u_x, u_y, u_z) are the direction cosines of the magnetization vector. Here
304 we take u_z as the easy direction. $P(u_x, u_y)$ is the orientation probability of the
305 magnetization vector and Ω defines the limits of the potential well:

$$P(u_x, u_y) = \frac{\exp[-E(u_x, u_y)/k_B T]}{\iint_{\Omega} \exp[-E(u_x, u_y)/k_B T] du_x du_y} \quad (7)$$

306 Here k_B is the Boltzmann constant and T the absolute temperature. Integration
307 in equation (6) is solved by taking into account that below T_B the magnetization
308 vector fluctuates around small values of u_x and u_y , by considering that the
309 anisotropy energy is higher than the thermal energy, so one obtains:

$$H_{obs}/H_0 \approx 1 - \frac{1}{2} k_B T \left[\left(\frac{\partial^2 E}{\partial u_x^2} \right)_0^{-1} + \left(\frac{\partial^2 E}{\partial u_y^2} \right)_0^{-1} \right] \quad (8)$$

310 which can be written as

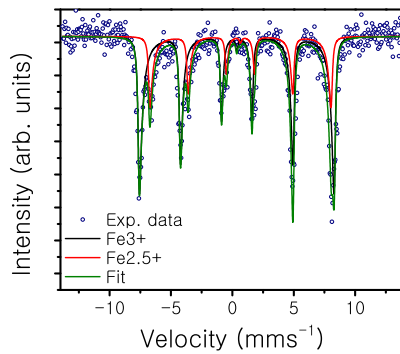
$$H_{obs}/H_0 = 1 - \frac{k_B T}{K_{eff} V} \quad ; \quad K_{eff} \equiv 2 \left[\left(\frac{\partial^2 E}{\partial u_x^2} \right)_0^{-1} + \left(\frac{\partial^2 E}{\partial u_y^2} \right)_0^{-1} \right]^{-1} \quad (9)$$

311 where K_{eff} is the effective anisotropy constant and V the NP volume[51, 50].

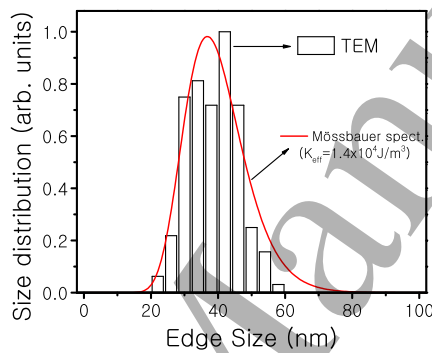
312 Mössbauer spectrum was analyzed considering two magnetically split sub-
313 spectra, each one consistent of six absorption lines. Figure 4 shows the Mössbauer
314 spectrum of sample S_T together with the fitted curve and each sub-spectra. One
315 of the sextets represents the absorption due to Fe^{3+} ions in tetrahedral sites
316 (Fe_A^{3+}). The other sextet accounts for absorption due to $Fe^{2.5+}$ ions in octahe-
317 dral sites ($Fe_B^{2.5+}$). The nomenclature 2.5+ stands for the fast electron hopping
318 between 2+ and 3+ ions at octahedral locations[52]. The fitting model allows for
319 deviations from magnetite standard stoichiometry. Distribution of the hyper-
320 fine interactions associated with NCs volume distribution was also incorporated
321 in the fitting model. The volume distribution was assumed to be Log-Normal.
322 We used equation (9) in order to link both types of distributions. Mean hyper-
323 fine parameters obtained from model are summarized in table 2 from which the
324 presence of magnetite can be identified.

325 Isomer shift and hyperfine field values obtained from fit are in good agree-
326 ment with those for non-stoichiometric magnetite[53]. Accordingly to Cheng[54]
327 and Ho[34], the outermost layers composed of octahedral sites are relatively
328 more stable than those composed of tetrahedral sites, at the Fe_3O_4 {001} sur-
329 face. In this way, the terminated {001} planes are mostly composed of octahe-
330 dral Fe^{2+} , Fe^{3+} and oxygen ions, increasing the $Fe_B^{2.5+}/Fe_A^{3+}$ ratio.

331



(a)



(b)

Figure 4: (a) Mössbauer spectrum, experimental data and fit (continuous line) at RT. (b) Comparison of NCs size distribution obtained from HR-TEM results and from hyperfine field distribution analysis. Effective anisotropy constant derived from Mössbauer spectrum was $K_{eff} = 1.4 \times 10^4 \text{ J/m}^3$.

	I_s (mm/s)	H_f (T)	% I
Fe_A^{3+}	0.343(5)	48.6(1)	66.6(1.7)
$Fe_B^{2.5+}$	0.677(9)	45.7(1)	33.4(2.3)

Table 2: The mean values of the hyperfine parameters obtained from the analysis of figure 4(a): isomer shift (I_s), Hyperfine field (H_f) and Area relations (% I). A null quadrupolar splitting was obtained.

332 Additional information about the stoichiometry of the sample is obtained
 333 by considering the mean-isomer-shift method[55, 56]: the area-weighted mean-
 334 isomer-shift at RT \overline{IS}_{RT} is correlated with the magnetite/maghemite sample
 335 composition, and allows to determine the sample stoichiometry. The \overline{IS}_{RT}
 336 parameter shows a linear correlation with α , being α the atomic percentage
 337 of *Fe* atoms present in the form of magnetite in the mixture[56]. We have
 338 computed the \overline{IS}_{RT} by: a) direct determination $\overline{IS}_{RT} = \Sigma[(Background -$
 339 $Counts_i)Vel_i]/\Sigma[(Background-Counts_i)]$ were $Counts_i$ is the number of counts
 340 of channel i and Vel_i the source velocity associated to this channel, b) fit proce-
 341 dure suggested by Fock *et al.* [56], and c) from our fitting model. The \overline{IS}_{RT}
 342 value obtained by the three methods coincide and is $\overline{IS}_{RT} = 0.45 \pm 0.02$, which
 343 corresponds to $\alpha = 0.63 \pm 0.08$.

344 A deviation from stoichiometry has been evaluated through the general for-
 345 mula $Fe_{3(1-\epsilon)}O_4$ using the relation $\epsilon = (1 - \alpha)/(9 - \alpha)$ [56]. In our case, the
 346 nanocubes correspond to magnetite with a slight deviation from stoichiometry
 347 as $Fe_{2.87}O_4$ with $\epsilon = 0.044$. It is worth to say that there is no evidence of a
 348 maghemite phase contribution from the Mössbauer spectrum. This departure
 349 from the pure magnetite stoichiometry is reflected in some magnetic properties
 350 as it will be shown in the following sections.

351 From Mössbauer spectrum fit by means of equation (9), parameters of the
 352 Log-Normal distribution of NCs volumes are obtained considering a constant
 353 K_{eff} in the product $K_{eff}V$. The comparison with the size distribution obtained
 354 from HR-TEM can be used to determine an effective mean K_{eff} value as the
 355 one that maximizes the coincidence between TEM and Mössbauer NCs size
 356 distributions. A value of $1.4(1) \times 10^4$ J/m³ leads to a very good correspondence
 357 between TEM and Mössbauer data (see figure 4(b)). The measured effective
 358 anisotropy must be compared to the theoretical value, calculated with the second
 359 expression of (9), which for a cubic system with easy axes in the {111} directions
 360 equals to $-4/3K_1 - 4/9K_2$ [50]. For bulk magnetite at RT[58] $K_1 = -1.2 \times 10^4$
 361 J/m³ and $K_2 = -0.3 \times 10^4$ J/m³, resulting in $K_{eff} = 1.7 \times 10^4$ J/m³.

362 The experimental result is 17 % smaller than this value, most probably
 363 due to the departure from pure magnetite stoichiometry and surface magnetic
 364 disorder. Effective anisotropy constant slightly lower than the bulk one was
 365 already reported by Ludwig *et al.* [59] (1.2×10^4 J/m³) and Bender *et al.*[60]
 366 (1.7×10^4 J/m³) both for magnetite spheres with 19 nm diameter.

367 Other anisotropy sources, from surface, shape and dipolar interactions be-
 368 tween particles, are involved in the estimation of the effective anisotropy con-
 369 stant. In the special case of NCs, magnetostatic energy is isotropic for an
 370 uniformly magnetized cube[61], so it will not modify magnetization anisotropy.
 371 On the other hand, no field was applied during Mössbauer experiments, hence
 372 non local effects of dipolar interactions can be neglected. It is worth recalling
 373 that Mössbauer experiments performed on blocked NPs under no applied field
 374 are affected by collective fluctuations of magnetic moments around a local en-
 375 ergy minimum. Although these are far from surpassing the anisotropy energy
 376 maxima, differences between K_{eff} values determined with this technique and
 377 with magnetometry methods can be expected.

378 It is remarkable how, an appropriate combination of TEM and Mössbauer
 379 results, leads to a consistent description of anisotropy and size distribution prop-
 380 erties.

381 3.0.4. ZFC/FC magnetization curves

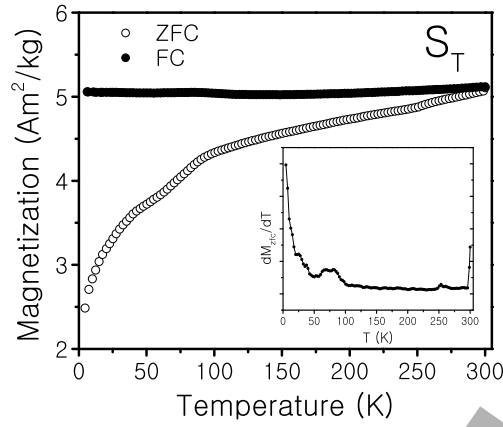
382 Figure 5 shows the *zfc/fc* magnetization results for both S_T and S_W samples.
 383 A qualitative analysis shows that both samples are in average in the blocked
 384 regime over the whole range of studied temperatures, no global blocking tem-
 385 perature is observed over this range of temperature. Also, the irreversibility
 386 temperature, *i.e.* the temperature above which the system loses its magnetic
 387 memory, is above RT. The *fc* curve shows an almost constant behavior during
 388 all the measurement process unveiling strong interparticle interactions. The *zfc*
 389 curves show distinctive features in the low temperatures range[62]. To highlight
 390 these features with more detail, $dM_{zfc}/dT(T)$ was plotted in figure 5 insets.
 391 The maximum of $dM_{zfc}/dT(T)$ around 30 K in sample S_T could be due to a
 392 surface phenomenon originated by the dislocation of spins laying on the NCs
 393 surface[63, 64].

394 The S_W sample has similar magnetic properties as sample S_T . However,
 395 it shows small differences in the magnetization magnitude and its behavior at
 396 low temperatures. For example, the *fc* magnetization is ~ 2 Am²/kg less than
 397 that of the S_T sample and the maximum of the $dM_{zfc}/dT(T)$, which appears
 398 at around 30K for S_T is at 15K for S_W . This is mainly related to the ligand
 399 exchange process and to its influence on the atoms at the NCs surface[65, 66, 67].

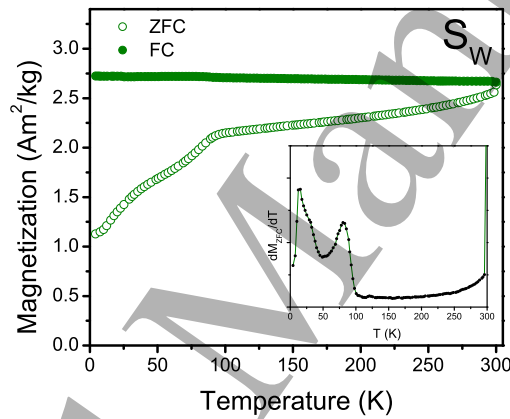
400 Although presenting similar structural and magnetic properties, sample S_W
 401 has a better defined dM_{zfc}/dT profile than sample S_T . Figure 6 shows in
 402 detail the behavior of the function dM_{zfc}/dT for three different applied fields
 403 on sample S_W . It can be noticed that the temperature at which both maxima
 404 occur (15 K and 85 K) does not depend on the intensity of the applied magnetic
 405 field. In consequence, these two effects are not thermally activated supporting
 406 that the effect that appears at 15 K should be due to surface phenomena. The
 407 maximum at 85K could be attributed to the Verwey transition[68], in agreement
 408 with the result reported by Muscas[62]. This transition is expected at 120K for
 409 bulk magnetite. However, lower values have been reported and attributed to
 410 size and stoichiometric effects[69, 57, 70, 71]. Anyhow, the presence of the
 411 Verwey transition, also noticeable after the ligand exchange process, confirms
 412 the presence of magnetite with a high crystalline ordering[72].

413 3.0.5. Isothermal magnetization curves

414 Figure 7 shows the field dependent isothermal magnetization loop at RT
 415 for both samples; inset shows magnetization behavior in the low field range.
 416 S_T and S_W samples showed a coercive field of 6.0(7) kA/m and 5.4(6) kA/m,
 417 respectively, revealing that the system is on average in the blocked regime at
 418 room temperature. Saturation Magnetization (M_s) was evaluated by fitting the
 419 magnetization (high-field region) versus $1/H$ according to the Law of Approach
 420 to Saturation[73]. Obtained M_s values were 82(1) Am²/kg and 84(1) Am²/kg
 421 for S_T and S_W samples, respectively.



(a)



(b)

Figure 5: Zero field cooled and field cooled magnetization of (a) sample S_T and (b) sample S_W . Inset shows $dM_{zfc}/dT(T)$ as function of temperature.

As it was mentioned, from the Mossbauer measurements the magnetite stoichiometry was determined. To study the effects of this deviation from stoichiometry on magnetic properties like the magnetic saturation it is important to know both the amount of Fe atoms in tetrahedral and octahedral sites and its oxidation state. In this sense it may be preferable to report the formula unit in a form that highlights the oxidative transformation[55]: $Fe^{3+}[Fe_a^{2+}Fe_a^{3+}Fe_b^{3+}\square_{2-2a-b}]O_4$. In our case, the values obtained from α are $a = 0.60$ and $b = 0.66$ [56]. The number of Böhr magnetons (μ_B) per unit formula can be calculated as $5(b + a - 1) + 4a$, considering the antiparallel arrangement of magnetic moment between tetrahedral and octahedral sites, and

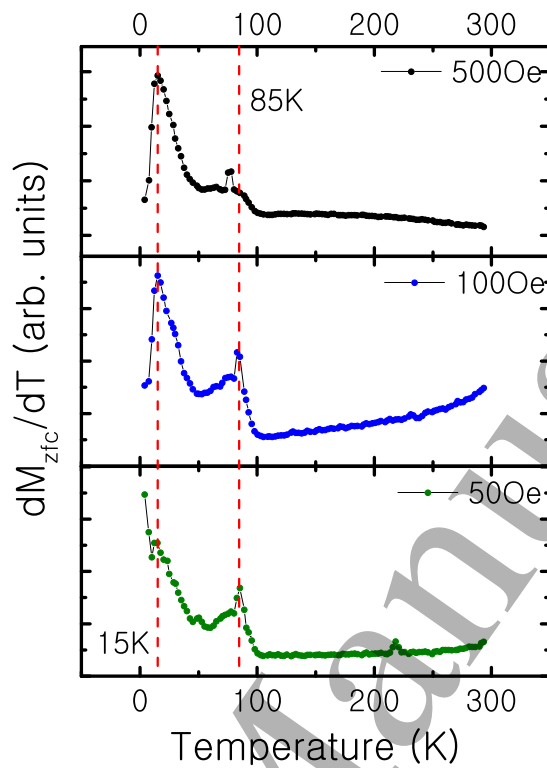


Figure 6: dM_{zfc}/dT temperature behavior for three different applied fields on sample S_W .

432 that Fe^{2+} and Fe^{3+} have $4\mu_B$ and $5\mu_B$, respectively. The value obtained is
 433 $3.7\mu_B$. This reduction, in comparison to the $4\mu_B$ expected for pure magnetite,
 434 is in very good agreement with the reduction in the saturation magnetization
 435 measured in our sample (82 emu/g) in comparison with the expected for pure
 436 magnetite (92 emu/g).

437 The high coercive field at RT may be due to dipolar interactions between
 438 particles and/or strong spin interactions given the high crystallinity order of
 439 the NCs[39]. It is well known that the NPs structural properties affect the
 440 system magnetic properties. In this sense, the high mean magnetic moment
 441 and saturation magnetization obtained in our NCs is due to their high quality
 442 monocrystalline structure [72]. As in zfc/fc magnetization curves, the small
 443 difference between S_T and S_W saturation magnetization values is mostly due
 444 to the magnetic disorder created by dislocated surface spins after the ligand
 445 exchange process[70, 28, 74, 63].

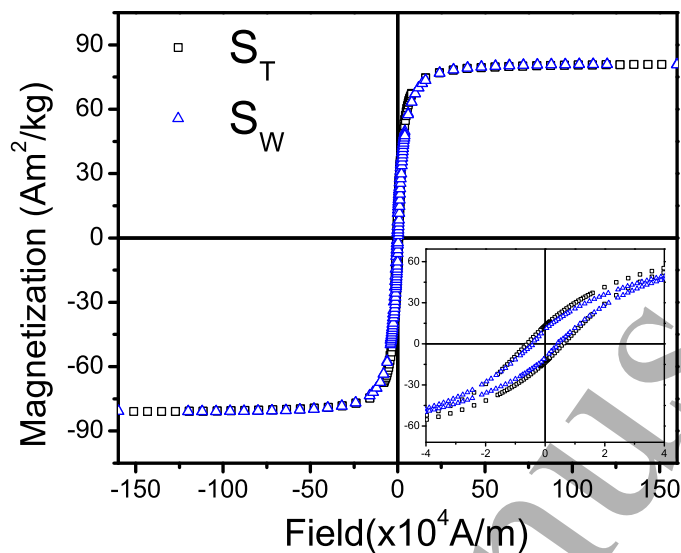


Figure 7: Field dependent magnetization loop at room temperature. Fitted curves are shown as continuous lines for each sample. Inset shows magnetization behavior in the low applied fields zone.

3.0.6. Power dissipation

Figure 8 shows the heating curves for samples S_T and S_W , respectively, under an RF field of amplitude $H = 57$ kA/m and frequency $f = 260$ kHz. Power dissipation values of $324(9)$ W/g and a $304(7)$ W/g were computed from experimental data by means of equation (1). Our SAR results are in good agreement with those reported for IONPs systems with similar structural and magnetic properties[77, 32, 75, 76]. The NP cubic morphology plays a key role on magnetic hyperthermia performance due mostly to an increment on individual NP magnetic anisotropy and the ease of the NCs to self-assemble in chains. This feature results in an enhancement of the coercive field due dipolar interactions and thus, a better heating performance[32, 33, 21]. The chain formation degree and so the dissipation capacity can be tailored by controlling the NCs concentration, therefore increasing or reducing the interparticle interactions as reported by Coral *et al.*[78]. Besides this, magnetic nanoparticles in a colloid may relax by either of two mechanisms being Néel and Brownian relaxation. However, in the actual therapy, the particles end mostly aggregated and fixed into cellular structures; therefore the Browns dissipation mechanism is canceled and the SAR value could change. Also, it was suggested that the principal effect of the internalization of MNPs by living cells is due the increase in agglomeration (and in dipolar interactions) rather than immobilization[79, 80].

From the obtained results, it is also clear that the ligand exchange process

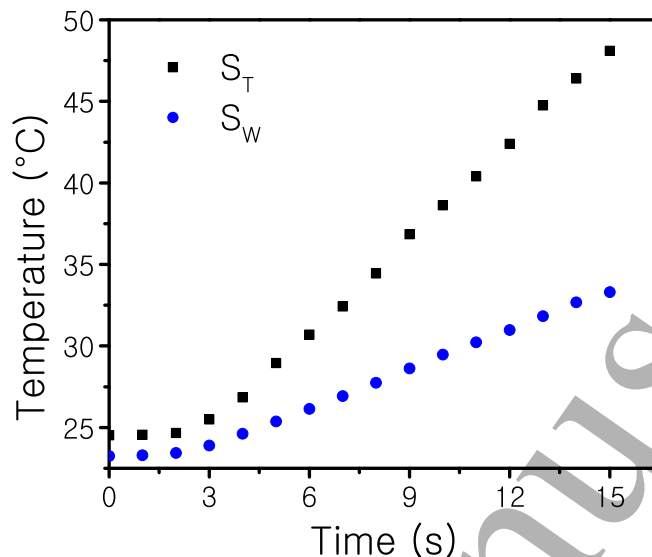


Figure 8: Heating rate curve of NCs suspensions in toluene (sample S_T) and distilled water (sample S_W). Magnetic field amplitude $H = 52$ kA/m and frequency $f = 260$ kHz.

467 does not modify the heating performance of the S_T sample. The slope difference
 468 between both measurements lies on differences in medium density and heat
 469 capacity.

470 4. CONCLUSIONS

471 In this work, we described the structural and magnetic properties of a system
 472 of cubic IONPs. These IONPs, which have a ~ 40 nm edge, were obtained by
 473 thermal decomposition synthesis, and we have introduced palmitic acid as a
 474 novel MNPs surfactant. We have developed a synthesis protocol with promising
 475 results on fundamental research and magneto-hyperthermia application.

476 The set of structural and magnetic properties determined in this study
 477 demonstrates that we have obtained high quality MNPs with well-defined cubic
 478 shape and high crystallinity degree. The after-synthesis ligand-exchange pro-
 479 cess described here is an easy way to overcome the hydrophobic character of
 480 the synthesized sample. We want to highlight the fact that the structural and
 481 magnetic properties of the initial sample were not modified after this procedure.

482 Due to its heat dissipation capacity, quantitatively characterized by the SAR
 483 value, the studied IONCs sample can be considered as a good candidate for mag-
 484 netic hyperthermia treatment. The obtained SAR and ILP values are compa-
 485 rable with previously reported results on similar IONPs systems. The heating
 486 efficiency of the presented system appears to be enhanced by the NPs cubic

487 shape and their capability of forming chain-like clusters, compared with other
488 NPs samples with similar structural properties reported elsewhere.

489 We want to emphasize that the low-cost synthesis method that we have
490 developed keeps, or even enhances, the desirable system properties for the above-
491 mentioned applications. It is also worth highlighting that the synthesis results
492 are highly reproducible, allowing the preparation of NPs systems with the same
493 specific structural and magnetic properties.

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