

1 **Geographical disparities in the impacts of heat on diabetes mortality**
2 **and the protective role of greenness in Thailand: a nationwide case-**
3 **crossover analysis**

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25

26 **Abstract**

27 Diabetes is a major public health problem in Thailand, and heat exposure is a potential
28 risk factor for death among diabetes. This study examines the association between heat
29 and diabetes mortality in different regions of Thailand and investigates whether heat
30 effects are modified by regional greenness. Daily temperature and daily diabetes deaths
31 data were obtained for 60 provinces of Thailand during 2000-2008. A case-crossover
32 analysis was conducted to quantify the odds of heat-related death among diabetes.
33 Meta-regression was then used to examine potential modification effects of regional
34 greenness (as represented by the Normalized Difference Vegetation Index) on heat-
35 related mortality. A strong association between heat and diabetes mortality was found
36 in Thailand, with important regional variations. Nationally, the pooled odds ratio of
37 diabetes mortality was 1.10 (95% confidence interval (CI): 1.06-1.14) for heat (90th
38 percentile of temperature) and 1.20 (95% CI: 1.10-1.30) for extreme heat (99th
39 percentile of temperature) compared with the minimum mortality temperature, across
40 lags 0-1 days. Central and northeast Thailand were the most vulnerable regions.
41 Regional greenness modified the effects of heat, with lower mortality impacts in areas
42 of higher levels of greenness. In conclusion, heat exposure increases mortality risk in
43 diabetics, with large geographical variations in risk suggesting the need for region-
44 specific public health strategies. . Increasing greenness levels may help to reduce the
45 burden of heat on diabetes in Thailand against the backdrop of a warming climate.

46 **Keywords:** Heat; Greenness; Diabetes; Mortality; Thailand

47 **1. Introduction**

48 Diabetes mellitus (hereafter called diabetes) is a major public health problem
49 worldwide (GBD 2017 Causes of Death Collaborators, 2018). According to the 2017
50 report from International Diabetes Federation (IDF, 2017), globally 425 million people
51 suffer from diabetes and over one third of these reside in the Western Pacific regions.
52 Thailand is one of those countries in the Western Pacific regions with a high diabetes
53 burden. In Thailand, the prevalence of diabetes has been increasing in recent decades,
54 ranging from 2.3% in 1991 to 4.6% in 1997, 6.8% in 2004, and 6.9% in 2009
55 (Deerochanawong and Ferrario, 2013). Diabetes is responsible for substantial medical,
56 public health, and economic impacts in Thailand (Deerochanawong and Ferrario, 2013).
57 To reduce the disease burden from diabetes, it is crucial to identify modifiable risk
58 factors. Risk factors are known to be associated with an increased risk of developing
59 diabetes include long-term unhealthy diets, smoking, alcohol use, obesity, physical
60 inactivity, low income, and low education attainment (GBD 2017 Risk Factor
61 Collaborators 2018, 2018). Furthermore, short-term exposure to environmental risk
62 factors may trigger death in diabetic people, but the potential relationships between
63 such exposures and diabetes mortality have to date never studied in Thailand.

64 One such environmental risk factor that may be culpable is ambient temperature since
65 it is an important determinant of human health (Watts et al., 2018). Heat exposure is
66 considered to adversely affect diabetics in multiple ways, including disturbing normal
67 regulation of the cardiovascular system and glycaemic control (Al-Qaissi et al., 2019;
68 Kenny et al., 2016). Although the adverse effects of heat on mortality have been well
69 documented in previous literature, most of these report on deaths from all-cause,
70 cardiovascular or respiratory diseases (Chen et al., 2018; Gasparrini et al., 2015; Sera

71 et al., 2019). To date, only a few studies have looked at extreme temperature and
72 diabetes mortality and few have considered important spatial variations in risk (Seposo
73 et al., 2017; Yang et al., 2016). In addition, previous investigations focussed only on
74 one or a few settings and employed differing methodologies, thus limiting comparisons
75 and extrapolation of current evidence to other regions or countries with different
76 climatic, demographic, and socioeconomic profiles.

77 Previous studies have shown that the temperature-mortality association can be modified
78 by various contextual characteristics, including greenness which was shown to alleviate
79 heat stress and lessen heat-related disease burdens in various populations (Dang et al.,
80 2018; Sera et al., 2019). However, the potential modifying effects of greenness on
81 temperature-diabetes mortality associations have been investigated in limited studies
82 (Xu et al., 2019). To address these knowledge gaps, this study examines the association
83 between ambient heat and diabetes mortality in a total of 60 provinces across Thailand
84 using a standard analytical protocol.

85

86 **2. Materials and methods**

87 **2.1 Data collection**

88 This study was conducted in Thailand, a developing country with a tropical climate.
89 Thailand consists of 76 provinces across six regions: east, west, south, north, northeast,
90 and central. Sixty provinces were included in this study, with the remainder omitted
91 due to unavailability of data. The included provinces located in all regions of Thailand
92 and account for more than 87% of the national population in 2010 (figure 1).

93 Data on individual diabetes deaths for each province from 2000 to 2008 were provided
94 by the Ministry of Public Health, Thailand. The diagnosis of diabetes was based on the

95 10th Revision of International Classification of Diseases (ICD-10: E10-E14). Daily
96 temperature (maximum, mean, and minimum) and relative humidity for each province
97 during the same study period were obtained from the Meteorological Department,
98 Ministry of Digital Economy and Society, Thailand. This weather data have been
99 described in detail elsewhere (Huang et al., 2018).

100

101 Monthly greenness data with a $0.1^\circ * 0.1^\circ$ spatial resolution were obtained from the
102 National Aeronautics and Space Administration website
103 (https://neo.sci.gsfc.nasa.gov/view.php?datasetId=MOD_NDVI_M). Green space is
104 measured as the Normalized Difference Vegetation Index (NDVI), reflecting the
105 amount of live green vegetation within a given area. NDVI ranges between -1 and 1,
106 with higher values associated with higher vegetative density (Ji et al., 2019). Since
107 NDVI values in the 76 regions of Thailand remained relatively stable throughout a
108 typical year (Supplementary Fig. S1), the average NDVI value across months for each
109 province during the study period was calculated and then used to examine the relation
110 between greenness and heat-related mortality risk.

111 Because other regional characteristics may confound the modifying effects of
112 greenness on heat-related risk, province-specific data on education (average years of
113 educational attainment of the population aged 15 years and over), gross provincial
114 product per capita (GPPPC), and the proportion of people aged ≥ 65 years from used in
115 previous work (Huang et al., 2018) were also collected. Average values of mean
116 temperature and relative humidity in each province were also considered as potential
117 confounders.

118 **2.2 Data analysis**

119 In this study, a two-stage analysis was conducted to quantify the effects of temperature
120 on daily diabetes mortality and then to examine the modifying effects of greenness. In
121 the first stage, a time-stratified case-crossover analysis was used to model the
122 association between temperature and mortality (Bhaskaran et al., 2012; Chen et al.,
123 2019; Xu et al., 2019). This analysis was performed for all months of the year and not
124 limited to just the summer months since Thailand is a tropical country and people in
125 most regions of Thailand experience daily maximum temperatures of above 30 °C
126 throughout a typical year (Supplementary Fig. S2). A case-crossover study is a type of
127 self-matched case-control study. For each person, the temperature exposure value on
128 the day of the diabetes death (case day) was compared with corresponding values on
129 days of the same day of the week and within the same calendar month as when the death
130 occurred (control day) (Bhaskaran et al., 2012). Then, conditional logistic regression
131 was applied to compare exposure data between case and control days. This study design
132 thus has the advantage of automatically controlling for time-invariant confounders at
133 the individual level, because comparisons between case and control days are made
134 within each individual.

135 To quantify heat effects, a distributed lag model up to six days following daily mean
136 temperature exposure was used, with a focus of results on lags 0-1 days since adverse
137 heat effects are known to be acute and largely persist for only a few days (Yang et al.,
138 2016). To allow for a potential non-linear association between temperature and diabetes
139 mortality, mean temperature was included in the model with a natural cubic spline with
140 5 degrees of freedom (Yang et al., 2016). Potential time-varying confounders were
141 adjusted for: daily relative humidity and diurnal temperature variation calculated from
142 the difference between daily maximum temperature and daily minimum temperature
143 were included in the model using natural cubic splines with 3 degrees of freedom in

144 each case. In most regions, there was low correlation of mean temperature with
145 temperature variation and relative humidity (Supplementary Figs. S3-S4), meaning that
146 multi-collinearity was unlikely to be an issue in the regression model.

147 This analysis was repeated for each province, the six regions, and nationally. Since the
148 value of temperature at which adverse effects become apparent are unique to each
149 location, we employed two common used approaches to determine threshold placement.
150 First, we chose the minimum mortality temperature associated with the lowest mortality
151 risk as the temperature threshold (Gasparrini et al., 2015; Sera et al., 2019). If a
152 minimum mortality temperature could not be identified (i.e. the exposure-response
153 curve was not U- or J-shaped), the median temperature was used as the temperature
154 threshold instead (Lam et al., 2018). Secondly, as sensitivity analysis, the 75th
155 percentile of the temperature distribution in each province was selected as the threshold
156 (Chen et al., 2013; Yang et al., 2016). Odds ratios (OR) of diabetes mortality were
157 calculated separately for heat (the 90th percentile of the temperature distribution) and
158 extreme heat (the 99th percentile), both compared with the temperature threshold. The
159 heat effects were reported as the OR and 95% confidence intervals (CIs).

160 In the second stage, the province-specific effect estimates were pooled for the five
161 regions and the whole of Thailand using random-effects meta-analysis through
162 maximum likelihood (Cheng et al., 2017; Huang et al., 2018; W, 2010). To check
163 whether regional greenness modified heat effects, random-effects meta-regression
164 model was used to fit the relation between province-specific effect estimates and
165 province-specific NDVI values. Residual heterogeneity was tested and then reported
166 by the Cochran Q test and I^2 statistic, respectively.

167 All analyses were conducted using R software (version 3.4.0). The “dlnm” and
168 "survival" packages were used to fit conditional logistic regression for the time-
169 stratified case-crossover design. *P* values < 0.05 (two-sided) were regarded as
170 statistically significant.

171

172 **3. Results**

173 A total of 59,836 diabetes deaths were recorded during the study period 2000-2008
174 (Table 1). The average mean temperature ranged between 25.1 °C and 29.3 °C across
175 the 60 provinces (Fig. 1), and between 26.5 °C and 29.3 °C across the six regions (Table
176 1). The average NDVI values were between 0.5 and 0.8, with the highest values mainly
177 in southern regions and the lowest values mainly in eastern regions (Fig. 1). Further
178 descriptive data on diabetes deaths, mean temperature, relative humidity, and
179 temperature variation in 60 provinces are shown in Supplementary Table S1.

180 Fig. 2 shows the effects of heat on diabetes mortality over lags 0-1 days for each region
181 as well as nationally. The temperature-mortality relationships differed across the
182 different regions. Generally, there was a flat U-shaped curve for the whole of Thailand,
183 northeast, and central regions, with a higher risk of mortality at higher temperatures.

184 Fig. 3 shows the estimated province-specific ORs over lags 0-1 days. The ORs varied
185 across provinces for heat ($p < 0.01$ for Cochran Q test) and extreme heat ($p < 0.01$ for
186 Cochran Q test), compared with the temperature threshold (i.e., minimum mortality
187 temperature or median temperature). Similar results were found when selecting the 75th
188 percentile of temperature as the temperature threshold (Supplementary Fig. S5).

189 Table 2 reports the pooled ORs for the regions and nationally. For the whole of Thailand,
190 heat effects were acute and limited to the first week (Table 2). The pooled national ORs

191 over lags 0-1days were 1.1 (95% CI: 1.06-1.14) for heat and 1.2 (95% CI: 1.10-1.30)
192 for extreme heat. The central and northeast regions seemed to be the most vulnerable.
193 Heat effects were also strongly evident in the capital city Bangkok.
194 Associations between greenness and heat-related mortality risk are reported in [Fig. 4](#).
195 Results are expressed as the change in OR for each one-unit increase in NDVI. For both
196 heat and extreme heat effects, NDVI was negatively associated with ORs before and
197 after adjusting for other confounders, with the exception of adjustment for relative
198 humidity which rendered results non-significant.

199

200 **4. Discussion**

201 Using data from 60 of the 76 provinces in Thailand, positive associations were found
202 between heat and the risk of diabetes mortality. Heat effects varied across the provinces
203 and regions, with the northeast and central regions being most at risk. In general, the
204 adverse heat effects were acute and short-term (limited to the first few days).
205 Furthermore, this study demonstrated an inverse relationship between NDVI and heat-
206 related effects, indicating lower heat-related mortality risk in areas with higher levels
207 of greenness. This protective effect of greenness seemed independent of economic
208 indicators such as GDP.

209 Our findings are consistent with previous epidemiological studies. Yang et al. (Yang et
210 al., 2016) reported that higher temperature was associated with increased risk of
211 diabetes mortality in 9 Chinese cities. Similar findings have also been reported for the
212 UK, South Korea (Seoul), and the Philippines (four cities) (Gasparrini et al., 2012; Kim
213 et al., 2015; Seposo et al., 2017). Nevertheless, there is heterogeneity in the size of
214 effects observed, some of which may be explained by variations in statistical modelling

215 choices. For example, both linear and non-linear regression models have been used
216 previously (Gasparrini et al., 2012; Kim et al., 2015; Seposo et al., 2017). However, a
217 non-linear association between temperature and diabetes mortality was clearly
218 demonstrated here (Fig. 2) and in two previous studies (Seposo et al., 2017; Yang et al.,
219 2016). Therefore, a linear modelling assumption may underestimate the temperature
220 effect, especially at extreme temperatures. In the light of increasing prevalence of
221 diabetes worldwide and also global climate change which is leading to more hot days
222 (IDF, 2017; IPCC, 2014), additional efforts are needed to characterise the associations
223 between temperature and diabetes mortality in other settings.

224 Aside from mortality impacts, there is evidence that medical practitioner consultations
225 among diabetic patients and emergency room visits for diabetes increase dramatically
226 during hot days (Basu et al., 2012; Hajat et al., 2017). However, mechanisms that link
227 exposure to heat and diabetes risk has not been fully elucidated, with some plausible
228 explanations proposed by researchers. Diabetes was reported to cause impairment in
229 eccrine sweating that leads to a marked reduction in the capacity to dissipate heat (Al-
230 Qaissi et al., 2019). During heat exposure, individuals with diabetes have lower skin
231 blood flow and sweating responses, as well as greater insulin absorption and peaking
232 effect, which can have important consequences for cardiovascular regulation and
233 glycemic control (Al-Qaissi et al., 2019; Kenny et al., 2016). Furthermore, diabetes is
234 often accompanied by one or more other health conditions such as cardiovascular
235 disease and hypertension. These comorbidities could further affect an individual's
236 ability to dissipate heat during heat stress, making diabetic patients even more
237 vulnerable to heat effects (Al-Qaissi et al., 2019).

238 The present study found spatial variations in heat effects, in line with findings from
239 previous studies (Seposo et al., 2017; Yang et al., 2016). This indicates that heat could

240 disproportionately affect diabetics in certain parts of the country, and identifying the
241 high-risk regions is the priority for targeted interventions. Previous studies merely
242 examined one or a few cities or focused on the average effects of heat (Gasparrini et al.,
243 2012; Huang et al., 2018; Kim et al., 2015; Seposo et al., 2017; Yang et al., 2016),
244 providing no information on important spatial variations in heat effects in the country
245 under study. In this contribution, a higher vulnerability to heat effects was observed in
246 the northeast and central regions. Public health measures targeting the high-risk regions
247 identified here could help reduce the burden of temperature on diabetic patients in
248 Thailand.

249 Regarding possible factors that may contribute to heterogeneous heat effects across
250 regions and countries, a number of indications pertinent to demographic and
251 socioeconomic characteristics, meteorological variables, and health systems, for
252 instance population density, education level, and gross domestic product, have been
253 examined previously, but with inconsistent findings (Dang et al., 2018; Ma et al., 2014;
254 Sera et al., 2019). By contrast, greenness, an indicator which has been little studied to
255 date, was found to reduce heat effects (Dang et al., 2018; Ma et al., 2014; Sera et al.,
256 2019). In previous work, it was estimated that in Vietnam (Ho Chi Minh) every 1-
257 square kilometre increase in green space per 1000 people can prevent 7.4 deaths caused
258 by heat (Dang et al., 2018). However, the role of greenness in specifically modifying
259 diabetic patients' vulnerability to heat effects remains an unanswered question. This
260 study indicates that higher greenness levels are associated with lower heat-related
261 diabetes mortality risk. The protective effects of greenness may be related to increased
262 opportunities for physical activity, increased social interactions, lower exposure to air
263 pollution, and decreased exposure to extreme temperatures (Brown et al., 2016). If this
264 finding is confirmed in other countries, arguments to promote policies that retain green

265 spaces can be made on the grounds of reducing health risks among diabetic patients,
266 as well as other benefits. It is likely that different types of greenness such as grass,
267 forests, and parks have differential effects on reducing heat stress. Future studies are
268 thus warranted to determine which types of residential greenness provide maximum
269 protection against adverse heat effects, especially among high-risk individuals.

270 This study has several strengths. A total of 60 provinces that make up over 87% of the
271 national population and covered all geographical regions in Thailand were included in
272 the analysis (Fig. 1 and Table 1), allowing us to evaluate both national and regional
273 effects of heat-related mortality in diabetics. The acute and short-term effects of heat
274 on diabetes mortality presented here suggest the importance of avoidance of exposure
275 when hot weather is forecast and other rapid prevention and treatment responses in
276 relation to temperature rises. To the best of our knowledge, this is the first study to
277 examine the relationship between greenness and heat vulnerability among diabetic
278 patients. Thus, our findings have important public health implications for identifying
279 the at-risk regions and preventing the detrimental impacts of heat in such a vulnerable
280 group.

281 Several limitations should also be acknowledged. First, this study was inherently an
282 ecologic analysis and thus exposure misclassification could not be fully excluded.
283 Second, because of the issue of data availability, this present study did not conduct
284 analysis by age, gender, and category of diabetes, which may be of particular interest
285 to policy makers, clinicians, and diabetic patients and their carers. Third, this study was
286 conducted only in one country, and caution is needed when generalising our findings
287 to our countries with different socio-economic and climate characteristics. Fourth, we
288 did not collect data on air pollution which in particular may explain some of the

289 protective effects of greenness observed here since green areas are also likely to have
290 better air quality.

291

292 **5. Conclusions**

293 This nationwide study provides strong evidence that heat is associated with elevated
294 risk of mortality among diabetics in Thailand. Heat effects on diabetes mortality varied
295 spatially across Thailand, with the northeast and central regions being most vulnerable.
296 Areas of increased greenness were associated with lower heat effects on diabetes
297 mortality.

298

299 **Acknowledgments**

300 **Author contributions**

301 C.H. conceived the study. Y.H., L.C. and J.B. conducted the study, performed the
302 statistical analysis and drafted the manuscript. S.D., W.L., and L.C. researched data and
303 contributed to the discussion. B.T. assisted with data acquisition. Q.W and S.H
304 contributed to discussion and reviewed/edited manuscript. C.H. is the guarantor of this
305 work and, as such, had full access to all the data in the study and takes responsibility
306 for the integrity of the data and the accuracy of the data analysis.

307 **Conflicts of interest**

308 No potential conflicts of interest related to this article.

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312

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399

400 **Table legends**

401

402 **Table 1: Descriptive data on diabetes deaths and mean temperature in Thailand,**
403 **2000-2008.**

404

405 **Table 2: Pooled odds ratios and their 95% confidence interval of heat and extreme**
406 **heat effects on diabetes mortality over different lag days in Thailand, 2000-2008.**

407 Bold figures represented the significant estimates;

408 ^a The 90th percentile of temperature compared with minimum mortality temperature;

409 ^b The 99th percentile of temperature compared with minimum mortality temperature;

410 Lag 0-1, Lag 0-2, ... Lag 0-6 indicated the moving average temperatures of current day and one to six days
411 prior to the death of diabetics.

412

413 **Table 1: Descriptive data on diabetes deaths and mean temperature in Thailand, 2000-2008.**

Region	Number of provinces	No. of deaths	Mean temperature (°C)					
			Mean	SD	Min	p25	p75	Max
East	7	4 158	28.2	1.7	20.0	27.3	29.3	34.1
West	3	1 637	27.2	2.3	15.9	25.9	28.8	33.5
South	12	6 648	27.8	1.3	22.4	27.0	28.7	34.9
North	9	7 561	26.5	3.0	14.6	24.8	28.4	35.6
Northeast	15	25 319	27.2	2.9	14.5	25.8	29.1	35.7
Central	14	14 513	28.3	2.2	18.4	27.2	29.7	34.5
Capital city (Bangkok)	1	5 120	29.3	1.7	21.5	28.5	30.4	33.7
National (Total)	60	59 836	27.6	2.4	14.5	26.5	29.1	35.7

414

415

416 **Table 2: Pooled odds ratios and their 95% confidence intervals of heat and extreme heat effects on diabetes mortality over different lag**
 417 **days in Thailand, 2000-2008.**

Lag days	National	East	West	South	North	Northeast	Central	Capital city (Bangkok)
Heat ^a								
0	1.10 (1.06-1.15)	1.02 (0.77-1.34)	1.28 (0.93-1.77)	1.07 (0.96-1.20)	1.07 (0.98-1.17)	1.13 (1.06-1.21)	1.10 (1.01-1.20)	1.15 (1.01-1.31)
0-1	1.10 (1.06-1.14)	1.01 (0.97-1.05)	1.00 (0.97-1.04)	1.02 (0.97-1.07)	1.17 (1.02-1.33)	1.12 (1.05-1.19)	1.16 (1.04-1.29)	1.24 (1.09-1.41)
0-2	1.06 (1.03-1.10)	1.02 (0.93-1.12)	1.01 (0.87-1.17)	1.02 (0.88-1.18)	1.17 (1.04-1.31)	1.05 (1.00-1.10)	1.13 (1.02-1.26)	1.19 (1.05-1.36)
0-3	1.05 (1.01-1.09)	1.04 (0.93-1.16)	1.13 (0.75-1.71)	1.01 (0.84-1.22)	1.01 (0.92-1.10)	1.04 (1.00-1.09)	1.13 (1.02-1.26)	1.22 (1.07-1.39)
0-4	1.00 (1.00-1.01)	1.00 (0.90-1.11)	1.17 (0.80-1.72)	1.00 (0.96-1.05)	0.96 (0.88-1.04)	1.01 (0.99-1.03)	1.14 (1.04-1.25)	1.22 (1.07-1.39)
0-5	1.01 (1.00-1.02)	1.01 (0.91-1.11)	1.19 (0.84-1.69)	1.02 (0.96-1.09)	0.94 (0.87-1.03)	1.01 (0.99-1.02)	1.14 (1.04-1.24)	1.21 (1.06-1.38)
0-6	1.00 (1.00-1.00)	1.01 (0.92-1.10)	1.19 (0.86-1.63)	1.09 (0.92-1.29)	0.94 (0.86-1.02)	1.00 (1.00-1.00)	1.10 (1.02-1.19)	1.19 (1.04-1.36)
Extreme heat ^b								
0	1.21 (1.11-1.32)	0.83 (0.45-1.54)	1.45 (0.87-2.41)	1.12 (0.92-1.37)	1.17 (0.89-1.55)	1.25 (1.12-1.39)	1.27 (1.05-1.54)	1.35 (1.08-1.70)
0-1	1.20 (1.10-1.30)	0.92 (0.52-1.63)	1.17 (0.83-1.64)	0.98 (0.79-1.22)	1.30 (1.04-1.62)	1.24 (1.11-1.39)	1.30 (1.06-1.61)	1.44 (1.15-1.80)
0-2	1.16 (1.06-1.26)	0.81 (0.44-1.48)	1.13 (0.75-1.71)	0.94 (0.73-1.21)	1.28 (1.03-1.59)	1.21 (1.08-1.35)	1.30 (1.05-1.62)	1.34 (1.06-1.68)
0-3	1.14 (1.04-1.24)	0.80 (0.41-1.55)	1.42 (0.70-2.86)	0.87 (0.70-1.09)	1.17 (0.95-1.44)	1.20 (1.08-1.34)	1.27 (1.00-1.61)	1.31 (1.04-1.64)
0-4	1.12 (1.03-1.21)	0.74 (0.41-1.33)	1.68 (0.85-3.32)	0.92 (0.74-1.15)	1.10 (0.90-1.34)	1.15 (1.04-1.28)	1.27 (1.02-1.59)	1.30 (1.03-1.65)
0-5	1.11 (1.02-1.20)	0.77 (0.41-1.45)	1.67 (0.95-2.92)	0.97 (0.78-1.21)	1.04 (0.85-1.26)	1.13 (1.02-1.26)	1.25 (1.01-1.55)	1.31 (1.03-1.66)
0-6	1.09 (1.00-1.18)	0.76 (0.44-1.31)	1.66 (1.02-2.72)	0.93 (0.76-1.15)	1.03 (0.85-1.26)	1.10 (0.99-1.22)	1.28 (1.01-1.62)	1.27 (0.99-1.64)

418 Bold figures represented that heat or extreme heat could increase the risk of diabetes mortality risk;;

419 ^a The 90th percentile of temperature compared with minimum mortality temperature;

420 ^b The 99th percentile of temperature compared with minimum mortality temperature;

421 Lag 0-1, Lag 0-2, ..., Lag 0-6 indicated the moving average temperatures of current day and one to six days prior to the death of diabetics.

422 **Figure legends**

423

424 **Fig. 1: The geographical distribution of annual average temperature and NDVI in**
425 **Thailand, 2000-2008.**

426 The grey areas on the left panel indicate the missing values; NDVI is the Normalized
427 Difference Vegetation Index.

428

429 **Fig. 2: The nonlinear relationships between ambient temperature and diabetes**
430 **mortality in different regions of Thailand, 2000-2008.**

431 The relationships are presented as odds ratio of the full range of temperature with lags
432 of 0-1 days compared to the temperature thresholds (minimum-mortality temperature,
433 otherwise median temperature). The blue lines are the effect estimates and the dotted
434 red lines are the 95% confidence intervals.

435

436 **Fig. 3: Province-specific odds ratio of diabetes mortality for heat and extreme heat**
437 **over lags of 0-1 days.**

438 The rectangles represent the effect estimates and the horizontal lines represent the 95%
439 confidence intervals. Heat is defined as the 90th percentiles of temperature and extreme
440 heat as the 99th percentiles of temperature, both compared with the temperature
441 thresholds (minimum-mortality temperature, otherwise median temperature).

442

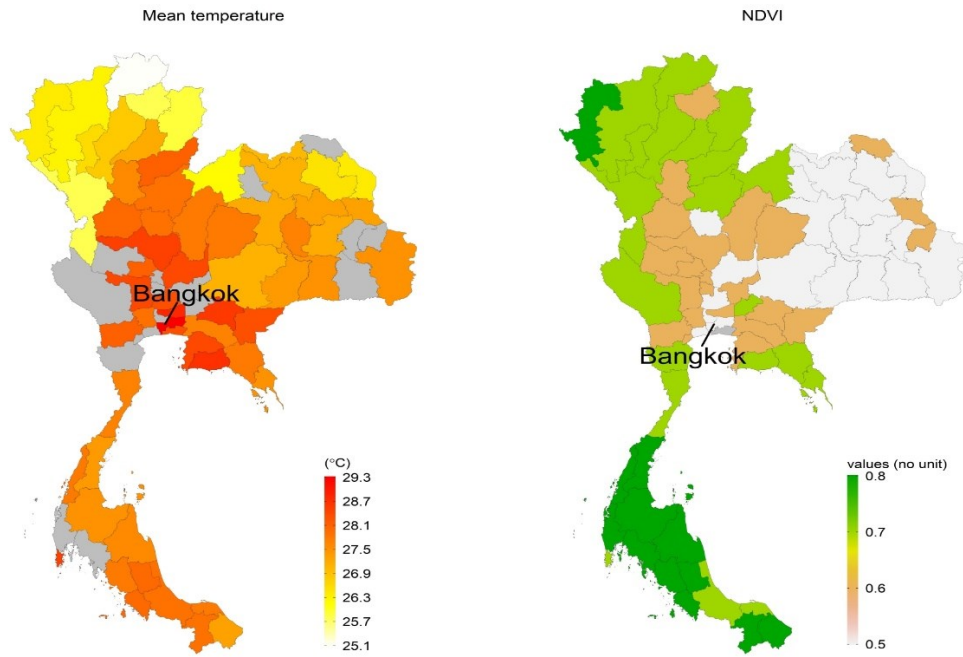
443 **Fig. 4: Estimated relationships between NDVI and effects of heat and extreme heat**
444 **on diabetes mortality, before and after the adjustment of confounders.**

445 Results are presented with changes in odds ratio of diabetes mortality associated with
446 each one-unit increase in NDVI values.

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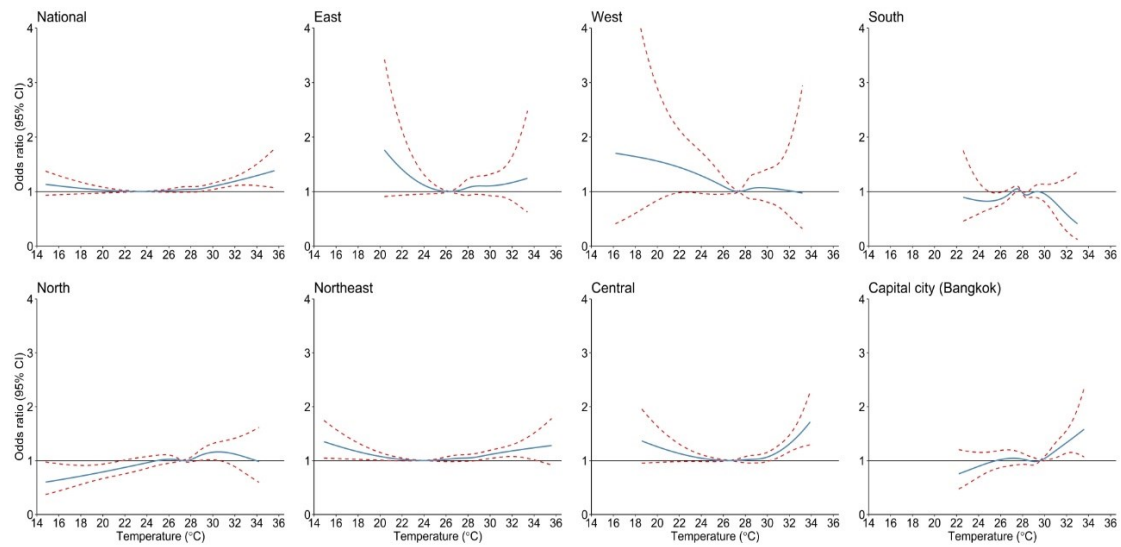
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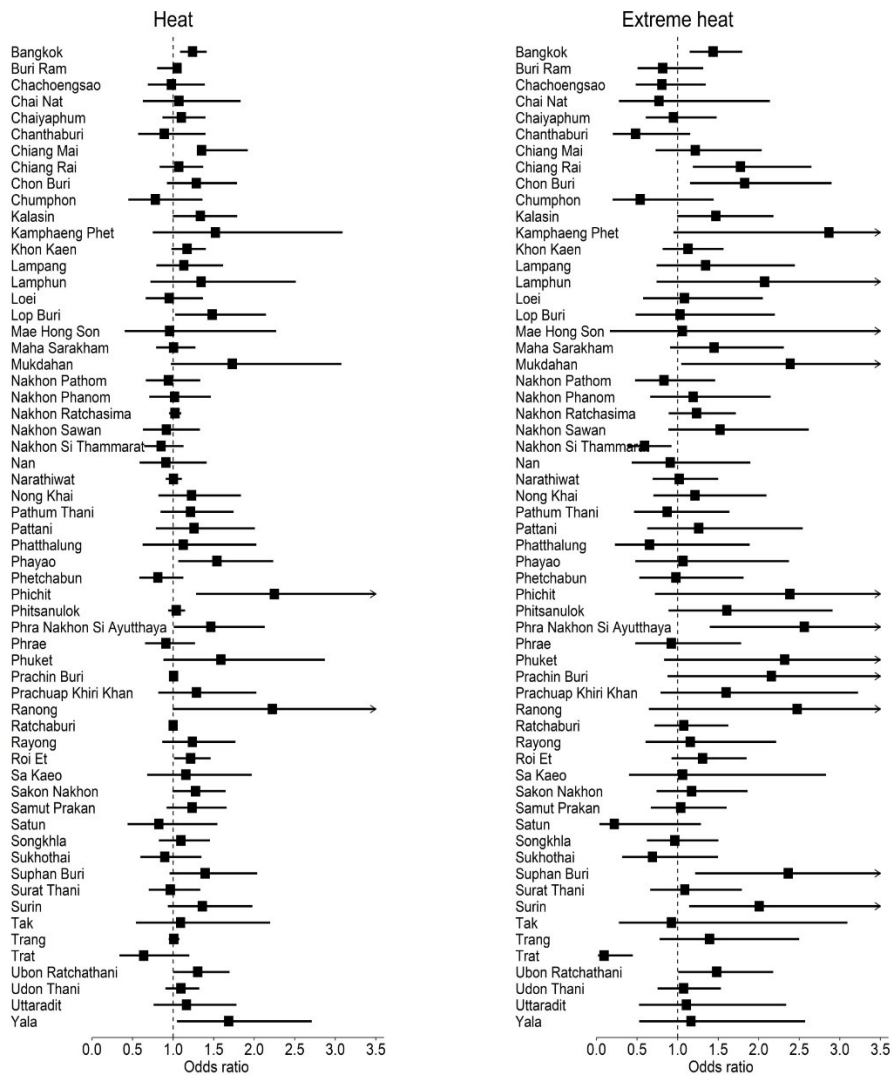


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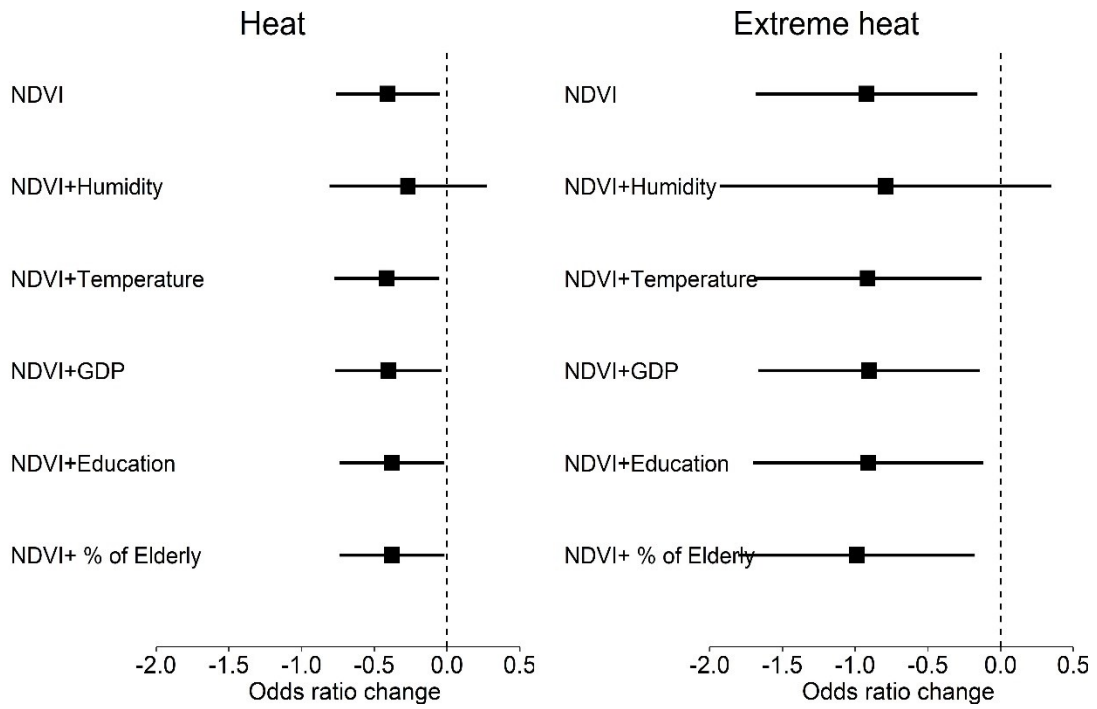
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 470 heat as the 99th percentiles of temperature, both compared with the temperature
 471 thresholds (minimum-mortality temperature, otherwise median temperature).
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