

“Neuroqualyfam: Neurodegenerative diseases and family quality of life”

Adília Fernandes¹, Carlos Pires Magalhães², Maria Augusta Mata³, Helena Pimentel⁴

¹Instituto Politécnico de Bragança, Portugal, adilia@ipb.pt

²Instituto Politécnico de Bragança, Portugal, cmagalhaes@ipb.pt

³Instituto Politécnico de Bragança, Portugal, augustamata@ipb.pt

⁴Instituto Politécnico de Bragança, Portugal, hpimentel@ipb.pt

Introduction/ Background

Based on the diagnosis create a comprehensive support plan focused on families caring for people with neurodegenerative diseases, through the implementation of the first ICT platform in the cross-border, for assessment of family needs and support resources that favour the training of family care functions.



Source: <https://neuroqualyfam.usal.es/pt-pt/>

Objectives

Strengthen the cooperation between institutions responsible for research on neurodegenerative diseases in Castilla y León and in Northern and Central Portugal and improve family quality of life outcomes and optimize resources to support and assist family caregivers [1].

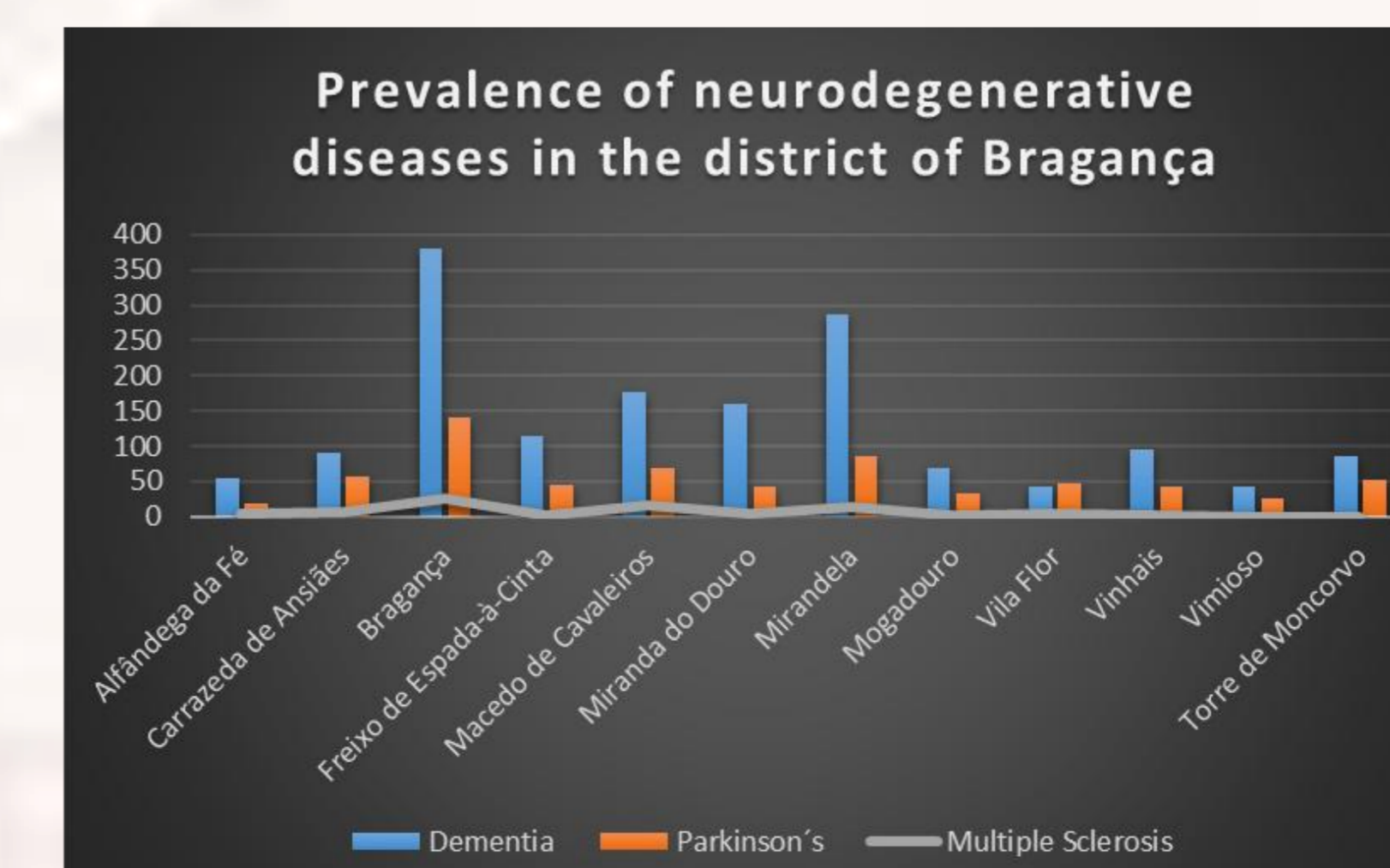
Materials and Methods

Epidemiological diagnosis of the most prevalent neurodegenerative diseases in the district of Bragança, through data obtained from the Northeast Local Health Unit [2].

Results

This project aims to strengthen the cooperation between institutions responsible for research and care of neurodegenerative diseases in Castilla y León and in the North and Center of Portugal, in order to improve family quality of life outcomes and optimize resources to support and assist families caring for patients.

Prevalence of neurodegenerative diseases



Discussion and Conclusion

Given the aging of the population under consideration, an annual increase of these pathologies is predictable, with a consequent increase in the needs of family caregivers. And so it is urgent to implement specialized social support [3] and enable the family members to care with quality and at the same time to prevent health problems in those who care.

References

- [1] <https://neuroqualyfam.usal.es/pt-pt/>
- [2] ULSNe. Unidade Local de Saúde do Nordeste. Serviço de estatística, 2019.
- [3] Rocha, Ana R. O. Pessoas com Demência: que respostas sociais em Portugal, dissertação de mestrado em Gestão e Economia da Saúde apresentada à Faculdade de Economia da Universidade de Coimbra, 2016. Disponível em: <https://estudogeral.sib.uc.pt/bitstream/10316/32406/3/Pessoas%20com%20dem%C3%Aancia.pdf>