



Reflections of a Recent Graduate

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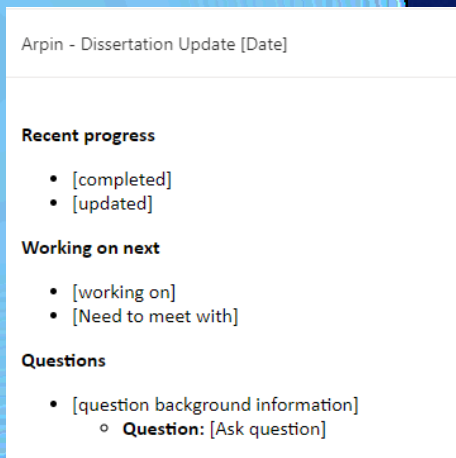
Completed Spring 2021



Communicating

Committee

- ▶ Proactively provide regular updates.
 - ▶ Be in front of problems.
 - ▶ Ask questions!
 - ▶ If you don't know, ask.
 - ▶ If you aren't sure, ask.
 - ▶ If your next steps aren't clear, ask.
- ASK – Don't wait!



Feedback

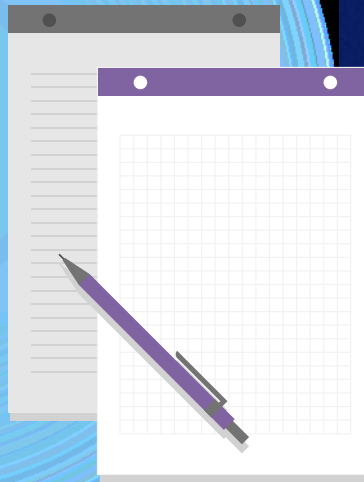
- ▶ It sometimes doesn't feel good.
- ▶ Feedback = someone cared enough to read your work and invest brain power to help you.
- ▶ Don't argue. Take the feedback.
 - ▶ It is another perspective.
- ▶ Ask questions if you don't understand. Ask to understand, not to defend.



Staying On Top

Writing

- ▶ Write EVERY DAY!
- ▶ Even if only for 10 minutes.
- ▶ Keep a notebook nearby.
- ▶ Jot down thoughts or questions.
- ▶ Find an issue – fix it! Don't wait!



Maintenance

- ▶ Edit something in one place. match wherever else it is.

Research Questions and Hypotheses

The primary research question for this study asked: How effective are escape room games as a leadership training activity? The primary research question was supported by three secondary research questions (See Figure 4.1). The intention of the research questions was to explore learner satisfaction, learning acquisition, and behavior change following The Leadership Escape Game.

Figure 4.1

Research Questions

Primary Research Question

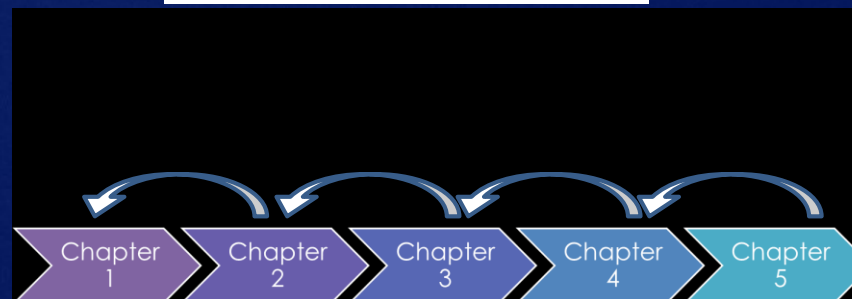
How effective are escape room games as a leadership training activity?

Secondary Research Questions

Q1. How satisfied are learners with the escape room game leadership training activity?
Q2. How does the use of an escape room game improve Leadership Style Flexibility?
Q3. How does the use of an escape room game improve Leadership Style Effectiveness?

This mixed methods study explored the primary research question through the following secondary research questions and hypotheses:

Secondary Research Question 1: How satisfied are learners with the escape room game



Keeping It Together

Research

- ▶ Create an overall dissertation folder
- ▶ With each course, copy relevant articles to the dissertation folder
 - ▶ Don't just keep with course files
- ▶ Get organized around your articles and APA **right away!**

Your Health

- ▶ Take care of you!
- ▶ Sleep. Exercise. Eat well.
- ▶ Build habits that will help you to stay organized and stay sane when things get busy.
- ▶ It's okay to not be okay! Ask for help. Reach out to your peers.

APA	Peer Review	Referenced	Relevance (1-5)	Themes	Year	Authors	Title
Theme A: Escape Room Overview				G			
Theme B: Escape Room Design	D						
Theme C: Escape Room					2018	Adams, V.	Can you escape? facilitate active le

