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Effect of pecan variety and the method of extraction on the antimicrobial activity of pecan shell extracts against different foodborne pathogens and their efficacy on food matrices

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1 **Title:** Effect of pecan variety and the method of extraction on the antimicrobial activity of pecan shell
2 extracts against different foodborne pathogens and their efficacy on food matrices

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26 **Abstract**

27 The shells of pecans are a rich source of bioactive compounds with potential inhibitory activity against
28 various pathogenic microorganisms. This study investigated the antimicrobial activity of pecan shell
29 extracts as effected by the type of cultivar and the method of extraction against various foodborne
30 bacterial pathogens. Defatted shell powders of 19 different pecan cultivars were subjected to aqueous and
31 ethanolic extraction (1:20 w/v) procedures, respectively. The minimum inhibitory concentration (MIC)
32 and minimum bactericidal concentration (MBC) of lyophilized pecan shell extracts dissolved in deionized
33 water containing 5% DMSO (v/v) were determined against multiple strains of *Listeria monocytogenes*,
34 *Salmonella enterica*, and *Escherichia coli* O157:H7. The antimicrobial activity of pecan shell extracts
35 was found to be pathogen specific and strain dependent. Overall, *L. monocytogenes* was found to be least
36 resistant to treatment with pecan shell extracts with an MIC and/or MBC values ranging from 1.25 to 5
37 mg/mL followed by *Salmonella enterica* (2.5 to ≥ 5 mg/mL) and *E. coli* O157:H7 (≥ 5 mg/mL). Type of
38 cultivar and the method of extraction found to have a variable effect on the antimicrobial activity.
39 Furthermore, the challenge studies on fresh-cut cantaloupes and thawed catfish fillets treated with 5
40 mg/mL pecan shell extracts and stored at 4°C for up to 5 days showed a <0.5 to 4 log less growth in *L.*
41 *monocytogenes* when compared to the controls with no treatment. No significant change in the color
42 quality of treated food samples was observed with pecan shell extract treatment. The results of this study
43 showed promise to use pecan shell extracts as a natural antimicrobial agent to inhibit the growth of tested
44 foodborne bacterial pathogens.

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48 *Keywords:* Pecan; Shell; Cultivar; Extraction; Antimicrobial activity

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52 **1. Introduction**

53 Microbiological contamination of foods with various foodborne bacterial pathogens is a major
54 concern to both consumers and the food industry alike. It was estimated that an approximate 9.4 million
55 illnesses are attributed to foodborne pathogens incurring \$14 billion in losses annually in the United
56 States (Hoffmann et al., 2012). Some food categories have standardized protocols to either control or
57 reduce contamination during processing (Kumar, Shafiq, & Yousuf, 2015). However, these food products
58 can withstand processes such as high temperatures or pressures without greatly damaging the product.
59 Minimally processed products, however, lack efficient kill steps to control the pathogens (Bortolossi et
60 al., 2016). Foodborne pathogens such as *Salmonella* spp., *Listeria monocytogenes*, and *Escherichia coli*
61 O157:H7 have been a frequent problem in these products. This has led to the exploration of novel
62 antimicrobial compounds (Han, 2013). The antimicrobials being used may either inhibit or kill bacteria
63 and must always be Generally Recognized As Safe (GRAS) (Sung et al., 2013, Rhim, Park & Ha, 2013).
64 Considering this there has been an increase in interest for the use of natural antimicrobials (Rhim, Park &
65 Ha, 2013). The use of natural antimicrobial agents allows food processors to still maintain a minimally
66 processed status for their products and depending on the source of the antimicrobial, it may also be a
67 cheaper option than synthetic antimicrobials (Otoni et al., 2016, Irkin & Esmer, 2015). Thus, various
68 plant bioactive compounds are gaining attention as potential natural sources of food preservatives.

69 Pecan [*Carya illinoensis* (Wangenh) C. Koch], a species of hickory tree native to North
70 America, is commercially cultivated in 14 states of the US for its edible seed (nut). The major production
71 states (Georgia, New Mexico, Louisiana, and Texas) account for approximately 75% of the total
72 production (NASS, 2018). The pecan crop is highly valued but greatly underutilized. In 2017, more than
73 270 million pounds of pecan nuts were cultivated in the United States, valued at over 500 million dollars
74 (NASS, 2018). Following harvest, over 90% of pecan nuts are processed to remove the outer shell layer,
75 and only the edible kernel is sold for consumption (NASS, 2018). Depending on the specific cultivar,
76 around 50% of the harvested pecan mass is shell weight (Worley, 1994). As it stands, they provide very
77 little to no revenue for pecan shellers and can be a significant disposal issue.

78 Several studies have shown that pecan shells possess phenolic compounds ranging from phenolic
79 acids, flavan-3-ols, to anthocyanins that have antimicrobial and antioxidant properties (Villarreal-Lozoya
80 et al., 2007; Prado et al., 2014; Rosa et al., 2014). These compounds have been isolated from their natural
81 shell matrix by different extraction methods and have shown efficacy against various microorganisms
82 (Babu et al., 2013; Caxambu et al., 2016). The antimicrobial and antioxidant properties of pecan shell
83 extracts are found to be varied by factors such as method of extraction (Prado et al., 2014) and cultivar or
84 variety (Prado et al., 2009; Villarreal-Lozoya et al, 2007), growing region (Rosa, Alvarez-Parrilla, &
85 Shahidi, 2011; Rosa et al., 2014), cultivation method (Malik et al., 2009), and harvest year (Prado et al.,
86 2013). As it stands, there is a lack of studies that extensively compare the effect of pecan cultivar across a
87 large population while controlling the harvest year, growing region, and cultivation method. Furthermore,
88 the effect extraction method to obtain extracts with the highest potency across a range of pecan cultivars
89 has not been studied. Thus, the objectives of this study are to determine: (i) the effect of cultivar and
90 extraction method on the antimicrobial efficacy of pecan shell extracts obtained from pecans grown in the
91 Southern United States using the same cultivation methods and harvested in the same year against various
92 foodborne bacterial pathogens, and (ii) the antimicrobial efficacy of pecan shell extracts when tested on
93 real food matrices.

94 **2. Materials and methods**

95 *2.1. Selection of pecans*

96 A total of 19 different cultivars of in-shell pecans (Table. 1) harvested from several Louisiana
97 orchards during the October/November season of 2016-2017 were obtained from Louisiana State
98 University Agricultural Center's Pecan Research and Extension Station located in Bossier City, LA.
99 These pecans were stored in woven polypropylene mesh bags at 4°C until further use in the experiments.

100 *2.2. Preparation of pecan shell extracts*

101 *2.2.1. Sample preparation*

102 The shells of pecans were separated from the inner cuticle and kernel using a nutcracker. The
103 separated shells were crushed into small pieces using a pestle and mortar and dried in a hot air oven

104 (Model 1370 GM, VWR, Radnor, PA, USA) at 40°C for 8 h. The dried shell pieces were further ground
105 into a fine powder ($\leq 106 \mu\text{m}$) that can pass through No. 140 size sieve. The resultant powders of 19 pecan
106 varieties were stored in amber bottles in darkness at -20°C until further use.

107 2.2.2. Defatting of samples

108 An aliquot of 8 g powdered sample with 160 mL of hexane 1:20 (w/v) was taken into a 250 mL
109 amber bottle with a cap. The samples were then constantly mixed in a shaker incubator (Model C25KC,
110 New Brunswick Scientific, Edison, NJ, USA) at 160 rpm and 23°C for 45 min. After the incubation, the
111 hexane fraction from the samples was filtered out under vacuum using Whatman[®] No. 1 filter paper. The
112 leftover powdered residue was put back into the same amber bottle and the defatting with hexane was
113 repeated two more times. After three cycles of fat extraction, the defatted residue was air-dried at room
114 temperature (23°C) in a chemical hood for about 4 h in the dark to remove remaining hexane by
115 evaporation. Later, the defatted dried powder samples of different pecan varieties were stored at -20°C.

116 2.2.3. Extraction of shell compounds

117 Two methods of shell extraction procedures namely: (i). Aqueous and (ii). Ethanolic extractions
118 were followed in this study. Briefly, the procedure includes first 8 g of defatted pecan shell powder added
119 into 160 mL of boiling distilled water (1:20 w/v) in a 250 mL amber bottle and heated by maintaining the
120 temperature at $98 \pm 3^\circ\text{C}$ for 30 min in a hot water bath. Later, the contents of the bottle were cooled down
121 to room temperature and the extracts were filtered through Whatman[®] No.1 filter paper. Shortly after, the
122 liquid extracts were lyophilized using a Genesis Pilot Freeze Dryer (VirTis[™], SP Scientific, Warminster,
123 PA, USA). In this manner, dry aqueous shell extraction powders of 19 pecan cultivars were prepared and
124 stored in amber centrifuge tubes in dark at 4°C until further use. While the samples of defatted pecan shell
125 powders were added to ethanol (1:20 w/v) and incubated at 160 rpm for 1 h to obtain ethanolic
126 extractions. The extracts were filtered through Whatman[®] No.1 filter paper into a 250 ml amber bottles
127 and flushed with N₂ gas to remove air. The extracts were then lyophilized using a benchtop freeze dryer
128 (Thermo Savant Modulyod[®]-115, Thermo Scientific, Waltham, MA, USA) and stored at -20°C until

129 further use. In this way, a total of 38 shell extract powders (19 aqueous + 19 ethanolic) were prepared to
130 test their antimicrobial activity.

131 2.3. Selection of bacterial strains and inoculum preparation

132 Multiple strains of *E. coli* O157:H7 (CDC 658, Cantaloupe outbreak strain; H1730, Lettuce
133 outbreak strain; W411, Pecan field isolate; Cocktail mixture of previous three), *Salmonella enterica*
134 (Anatum 1715, isolated from almond survey; Enteritidis PT 30, Raw almonds associated outbreak;
135 Tennessee K4643, Peanut butter associated outbreak; Cocktail mixture of previous three), and *Listeria*
136 *monocytogenes* (101M (serotype 4b), Beef associated outbreak; Scott A (serotype 4b) & V7 (serotype
137 1/2a), Milk associated outbreaks; LCDC 81-861 (serotype 4b); Raw cabbage associated outbreak;
138 Cocktail mixture of previous four) were tested in this study. All the strains were stored at -80°C in tryptic
139 soy broth (TSB) (Difco, Becton Dickinson, Sparks, MD, USA) containing 30% glycerol. Prior to each
140 experiment, the frozen cultures were activated by three successive passages by growing them overnight in
141 10 mL of TSB for *E. coli* O157:H7 and *S. enterica* and TSB with 0.6% yeast extract (TSBY) for *L.*
142 *monocytogenes* at 37°C. After that, each individual bacterial strain was cultured separately in 10 mL of
143 TSB or TSBY and incubated at 37°C for 16 h. Following the incubation, the cells were harvested at 5000
144 x g for 5 min. The resultant supernatant was decanted, and the pellet was re-suspended in 10 mL of sterile
145 phosphate-buffered saline (PBS, pH 7.2). This procedure was repeated twice, and the final pellets of
146 individual strains were re-suspended separately in 10 mL of PBS. Appropriate serial dilutions of the
147 individual strains were prepared in PBS to achieve a cell concentration of approximately 10⁷ CFU/mL.
148 An equal volume of each strain suspension was combined to obtain a cocktail mixture of an individual
149 organism. Cell concentration was adjusted by measuring the absorbance at 600 nm using UV/Vis
150 spectrophotometer and confirmed by plating 100 µL portions of appropriate serial dilutions on tryptic soy
151 agar (TSA) (Difco Laboratories) plates and incubation at 37°C for 24 ± 2 h.

152 2.4. Determination of MIC and MBC

153 The MIC and MBC of the aqueous and ethanolic extracts were determined based on the Clinical
154 and Laboratory Standards Institute (CLSI) microdilution method (CLSI 2009) with some modifications

155 based on Prado et al. (2014) and Yuan et al. (2017). Briefly, a known weight of aqueous and/or ethanolic
156 extract powders was first reconstituted with deionized (DI) water containing 5% dimethylsulphoxide
157 (DMSO) to a concentration of about 10 mg/mL. Using a 96-well plate, the extracts were three-fold
158 serially diluted in TSB or TSBY, and 100 μ L of the diluted extract was mixed with 100 μ L respective
159 strains of bacterial inoculum and their cocktail mixtures to achieve a final concentration of extracts at
160 1.25, 2.5 and 5 mg/mL, and an inoculum concentration of 10^5 CFU/mL. The wells containing TSB with
161 100 μ L inoculum and 100 μ L gallic acid (1.25 to 5 mg/mL) or DI water with 5% DMSO were included as
162 a positive and negative control, respectively. The plates were sealed and incubated at 37°C for 24 h. The
163 MIC of the samples was determined by visually observing no growth wells of the 96-well plate. Further
164 the viability of cells was confirmed by adding 40 μ L of aqueous solution of 2, 3, 5-triphenyltetrazolium
165 chloride (INT) 0.5% (m/v) dye and incubation at 37°C for 1 h. The viable bacterial cells reduced the
166 yellow colored dye and turned into a pink color for better visual observation to determine MICs. The MIC
167 was defined as the lowest extract concentration that prevented the color change of the medium and
168 exhibited complete inhibition of microbial growth. From each well of the microplate that showed no
169 visible growth and/or color change, a 50 μ L aliquots were pour plated onto either Sorbitol MacConkey
170 (SMAC) agar (Criterion, Hardy Diagnostics, Santa Maria, CA) for culturing *E. coli* O157:H7 or Xylose
171 Lysine Deoxycholate (XLD) agar (Criterion, Hardy Diagnostics, Santa Maria, CA) for culturing *S.*
172 *enterica* or Oxford agar (Difco, Becton Dickinson, Sparks, MD) for culturing *L. monocytogenes*,
173 respectively. The plates were incubated at 37°C for 24 h. After the incubation, the plates with ≤ 3 visible
174 colonies were regarded as minimum bactericidal concentrations (MBC) in this study.

175 2.5. Testing on catfish fillets and/or fresh-cut cantaloupes against *L. monocytogenes*

176 Fresh frozen catfish fillets and whole cantaloupes were purchased from the local supermarket and
177 stored at -20°C and 4°C, respectively until use. Prior to each experiment, the frozen catfish samples were
178 thawed at 4°C overnight. These thawed samples were aseptically cut into 4 x 4 cm² size and about 5 \pm 0.5 g
179 weight using a sterile knife. Similarly, the whole cantaloupe rinds were cored off using a sterile peeler
180 and the edible fruit was cut into several 4 x 4 cm² (weight 5 \pm 0.5 g) sample sizes. Later, the cut catfish and

181 cantaloupe samples were transferred into sterile petri dishes for treatment with aqueous and ethanolic
182 pecan shell extracts of Cuddo and Nacono cultivars. These varieties were selected as a model extracts
183 based on MIC and MBC test results. Briefly, the treatment of sample(s) involved a 50 μ L of inoculum
184 consisted of a cocktail of 4 strains was first spread on one side of the sample and dried for 30 min in a
185 biosafety cabinet. The samples were then flipped around using sterile forceps and inoculated the other
186 side with another 50 μ L of inoculum to achieve final microbial inoculum concentration of about 10^6
187 CFU/sample. Each inoculated sample was then spread with 100 μ L pecan shell extract (either Cuddo
188 and/or Nacono varieties) at 5 mg/mL concentration and allowed to air dry for 15 min inside the biosafety
189 cabinet. The same procedure of the treatment with shell extract was repeated on the other side of the food
190 samples. Deionized water with 5 % DMSO was used as a control treatment. The treated catfish samples
191 were individually packaged in a polyethylene film and stored at 4°C. While the cantaloupe samples were
192 placed in a petri dish with a lid-on and stored at 4 °C. The number of viable bacteria was enumerated on
193 0, 1, 3, and 5 days following the treatment by processing each sample in 25 mL of 0.1% peptone water
194 and pummeling in a Bagmixer® 400 blender (Interscience Laboratories Inc., MA, USA). Appropriate
195 serial dilutions were prepared and spread plated onto oxford agar and incubated at 37°C for 24 h. Aerobic
196 plate count (APC) and yeast and mold counts were determined on non-inoculated treated and control
197 samples using Petrifilms™ (3M™, St. Paul, MN) as per the manufacturer's guidelines. The results of
198 APC and yeast & mold show no significant difference between control and treatment samples.

199 *2.6. Color measurement*

200 Any changes in the color of non-inoculated fresh-cut cantaloupe and catfish fillets following the
201 treatment with the pecan shell extracts and storage at 4°C over a 5-day storage period was determined.
202 Color was measured using a spectrophotometer (CM-5, Konica Minolta, Inc., Ramsey, NJ, USA). The color
203 values L^* (100=white, 0=black), a^* (positive=redness, negative=greenness), b^* (positive=yellow,
204 negative=blue) were measured for duplicate samples at three different locations on each sample.

205 *2.7. Statistical analysis*

206 Data were analyzed by the analysis of variance (ANOVA) procedure using the Statistical Analysis
207 System (SAS software Version 9.1, SAS Institute Inc., Cary, NC). T-tests were performed for pairwise
208 comparisons. The least significant difference of means tests was performed for multiple comparisons. All
209 tests were performed with a 0.05 level of significance.

210 **3. Results and Discussion**

211 212 3.1. Determination of MIC and MBC

213 214 3.1.1. *Effect of cultivar and type of bacterial pathogen/strains*

215
216 The MIC and MBCs of pecan shell extracts against different foodborne bacterial pathogens were
217 shown in Table 1. The MICs of different strains of *L. monocytogenes*, *Salmonella enterica* and *E. coli*
218 O157:H7 ranged from 1.25 to 5 mg/mL, 2.5 to 5 mg/mL and 5 mg/mL, respectively. While their
219 respective MBCs were either maintained at the same level as MICs (1.25 to 5 mg/mL) or increased
220 further from 2.5 to >5 mg/mL depending upon the type of pecan cultivar used for shell extracts and the
221 bacterial strain and/or strain-mixtures. For example, the MICs were found to be highest for the multi-
222 strain mixture of *L. monocytogenes* and strain 101M (5 mg/mL) followed by V7 or Scott-A (2.5 to 5
223 mg/mL), and LCDC 81-861 (1.25 mg/mL), respectively (Table 1). This shows that different strains of *L.*
224 *monocytogenes* showed varied susceptibility to pecan shell extracts. A study by Prado et al. (2014)
225 observed similar variation in the susceptibility of different *L. monocytogenes* strains to pecan shell extract
226 treatments. They reported MICs of 2.5 and 1.25 mg/mL for *L. monocytogenes* ATCC 19117 and ATCC
227 19112 strains, respectively. Similar trends were also observed for different strains of *Staphylococcus*
228 *aureus* (0.15 to 0.46 mg/mL). Another study by Babu et al. (2013) found that the individual strains and
229 serotypes of *L. monocytogenes* exhibited differences in their sensitivity to antimicrobial treatment with
230 roasted and unroasted organic pecan shell extracts. The MIC values reported in this study were ranged
231 from 0.188 to 6 %. They concluded that these differences were potentially attributed to the differences in
232 the organisms' genetic potential to withstand antimicrobial treatments (Lungu et al., 2011; Milillo et al.,
233 2012). On the other hand, the results of the current study indicate no difference in the MICs among
234 different strains of *E. coli* O157:H7 (Table 1). This shows that the susceptibility to pecan shell extract

235 antimicrobial treatment is pathogen and strain-specific. Among the tested foodborne bacterial pathogens,
236 *E. coli* O157:H7 was found to be the most resistant to pecan shell extract treatment followed by
237 *Salmonella enterica* and *L. monocytogenes*, respectively. Furthermore, the pecan variety has shown to
238 influence the antimicrobial activity depending upon the susceptibility of bacterial strain and/or pathogen.
239 For example, cultivars Jackson, Desirable, Melrose, and Success found to have higher MICs (5 mg/mL)
240 against strain Scott-A of *L. monocytogenes* compared to other cultivars which showed an MIC of 2.5
241 mg/mL (Table 1). Likewise, cultivars Elliot, Caddo, Jackson, Desirable, Moreland, Melrose, Kiowa,
242 Success, Summer, Schley, and Pawnee showed an MIC of 5 mg/mL against strain V7 compared to other
243 cultivars which exhibited an MIC of 2.5 mg/mL (Table 1). Similar variations in the MIC/MBCs with the
244 type of cultivar were also observed in case of *Salmonella enterica* (Table 1). While no change in the
245 MICs of *L. monocytogenes* strains 101M, CDC, 4-strain mixture and *E. coli* O157:H7 (Table 1) were
246 observed with respect to pecan cultivar. This variation in strain susceptibility to pecan shell extracts from
247 different cultivars can be attributed to: (1) genetic variations and susceptibility to antimicrobial treatment
248 among the tested bacterial strains, (2) the variations in the bio-actives composition across different
249 varieties of pecan shells. As per our knowledge, this is the first study that investigated the effect of
250 different pecan cultivars on antimicrobial activity. Our preliminary studies investigating bioactive profiles
251 of various pecan shell extracts indicate that the pecan variety has a significant effect on the content of
252 tannins. Follow-up studies should be conducted to determine variations in the bioactive composition
253 across different tested pecan cultivars and their potential effect on antimicrobial activity.

254 3.1.2. Effect of method of extraction

255 Table. 2 shows the effect of the method of extraction on the antimicrobial activity of pecan shell
256 extracts. Method of extraction found to have a significant effect on different strains of *L. monocytogenes*
257 and *Salmonella enterica*. For example, MICs of *L. monocytogenes* strains Scott-A and V7 were found to
258 be in the range of 2.5 to 5 mg/mL for aqueous pecan shell extractions. While the same strains had an MIC
259 of 1.25 to 5 mg/mL (Scott-A) and 2.5 mg/mL (V7) in case of ethanolic extractions. Whereas, no change
260 in the MICs were observed for CDC, 101M, 4-strain mixture of *L. monocytogenes* with the method of

261 extraction. This reaffirms that the type of *L. monocytogenes* strain found to have a significant effect on
262 the MIC while ethanolic pecan shell extracts showed relatively lower MICs against certain strains
263 compared to aqueous extractions. However, the same trend was not observed in case of *Salmonella*
264 *enterica* where ethanolic extractions had higher (≥ 5 mg/mL) MICs compared to aqueous extractions (2.5-5
265 mg/mL). No significant difference in MBCs was observed except strain PT30 of *S. enterica*. These results
266 corroborate that the method of shell extraction influence the antimicrobial activity and this effect is strain
267 and/or pathogen-specific. Prado et al. (2014) compared the effect of method of pecan shell extraction
268 (aqueous infusion, infusion followed by spray drying, ethanol extraction and supercritical extraction) on
269 the phenolics profile and antimicrobial activity against different bacteria. They reported that extract
270 obtained through infusion followed by spray drying was more effective at lower concentrations against
271 different strains of *L. monocytogenes* compared to the extracts obtained by just aqueous infusion and by
272 ethanol extraction. This is mainly attributed to the increased concentration of total phenolics and
273 condensed tannins in the extracts with the method of extraction. It should be noted that the Prado et al.
274 (2014) study conducted on a single pecan variety and not fully explained the effect of different pecan
275 varieties. The results of the current study not conclusively provided any evidence to fully understand the
276 effect of extraction method on the antimicrobial activity. However, the results indicate the interaction
277 effect of pecan variety, method of extraction, type of bacterial pathogen and strain. Further studies need to
278 be conducted to fully understand the correlation between the composition of extracts and antimicrobial
279 activity as influenced by the pecan variety and the method of extraction.

280 3.2. Antimicrobial efficacy of shell extracts on catfish fillets and fresh-cut cantaloupe

281 The antimicrobial efficacy of aqueous and ethanolic shell extracts of two selected varieties of
282 pecans (i.e. Caddo and Nacono), when tested against 4-strain mixture of *L. monocytogenes* on Catfish
283 fillets and Fresh-cut cantaloupes, were shown in Table 3. Catfish fillets when treated with pecan shell
284 extracts at 5 mg/mL concentration and stored at 4°C for up to 5 days found to reduce the growth of *L.*
285 *monocytogenes* for up to 3 days when compared to control samples with just sterile water + 5% DMSO
286 treatment. For example, when the catfish fillet samples inoculated with *L. monocytogenes* (4-strain) at

287 about 5 to 6 log CFU/sample and subjected to treatment with aqueous extract of Nacono variety a
288 reduction of 2.8 ± 0.14 , 3.97 ± 0.21 , 0.9 ± 0.36 , and 0.01 ± 0.56 log CFU/sample was observed at the end of 0,
289 1, 3, and 5 days storage at 5°C when compared to controls (Table 3). A significant ($P<0.05$) difference in
290 the growth reductions was observed between Days 0, 1, and 3. While the difference is not statistically
291 significant between days 3 and 5. The highest reduction of 3.97 log CFU/sample was observed on Day-1,
292 and reductions were decreased thereafter to below 1 log CFU/sample at the end of 5-day storage period.
293 Similar reduction trends were also observed for other tested pecan shell extractions. No significant
294 difference in the log reductions was observed with respect to pecan variety and the method of extraction
295 among the tested samples (Table 3). On the other hand, a minimal effect of pecan shell extract treatment
296 in reducing the growth of *L. monocytogenes* was observed on fresh-cut cantaloupes (Table 3). At the end
297 of 5-days storage a reduction of only 1.15 ± 0.02 , 0.13 ± 0.01 , 1.22 ± 1 , and 0.64 ± 0.5 log CFU/sample were
298 observed for different pecan shell extract samples when compared with the controls. No significant
299 difference in the reduction on fresh-cut cantaloupes was observed with pecan variety and method of
300 extraction. This variation can be attributed to the inherent differences in the physico-chemical properties
301 of tested food matrices. Higher extract concentrations beyond the minimum inhibitory concentrations of
302 tested pathogens need to be tested to overcome the food matrix interfering effect and achieve greater
303 overall reductions. Yuan et al. (2017) found that a high concentration (16 mg/mL) of *Cinnamomum*
304 *javanicum* extract is needed to inhibit or reduce the growth of *L. monocytogenes* growth on smoked
305 salmon in contrast to the observed MIC of 0.13 mg/mL. Another study by Kang & Song (2017) reported
306 that treatment of fresh produce such as red chard, beet, chicon, and red mustard leaves with pomegranate
307 pomace extract containing wash solution at 7 mg/mL showed a reduction of 2.88, 2.97, 2.25, and 1.96 log
308 CFU/g in the growth of *L. monocytogenes*, respectively. Similarly, Kim et al. (2011) reported a reduction
309 of 1-4 log CFU/g of foodborne pathogens on fresh lettuce when treated with clove extract at 10 to 100
310 mg/mL for 1 to 10 min. However, the method of treatment in these two studies is washing which is
311 different from the simple application of antimicrobial compounds followed in the current study. Thus, the
312 findings of the current study showed promise to use pecan shell extracts as natural antimicrobial agents on

313 real food matrices. Follow-up studies were conducted to determine the effect of pecan shell extract
314 application on the color quality of tested food matrices.

315 3.3. Effect of pecan shell extract treatment on color

316 Color values of pecan shell extract treated catfish fillet and fresh-cut cantaloupe samples when
317 stored at 4°C for up to 5 days were presented in Table 4. No significant difference ($P>0.05$) in the
318 lightness (L^*) was observed between treatment and control samples of catfish at the end of 5-day storage.
319 With few exceptions, most of the catfish samples treated with different pecan shell extract found to be
320 darker in color (i.e. lower L^* value) compared to control samples after 1 and 3 days of storage. Whereas,
321 no significant difference in the greenness (a^*) and blueness (b^*) was observed between control and
322 treatment samples over a 5-days storage period except Caddo-aqueous extract treatment samples at
323 certain sampling times (Table 4). Almost all fresh-cut cantaloupe samples treated with pecan shell
324 extracts were found to be lighter in color (i.e. higher L^* value) compared to untreated samples. The
325 redness (a^*) of the fresh-cut cantaloupe samples was higher on the treated samples as compared with the
326 non-treated samples. However, in most cases, the difference is statistically not significant ($P>0.05$). The
327 yellowness (b^*) on all fresh-cut cantaloupe samples increased after five days of storage. These results
328 indicate that the effect of pecan shell extract on the color quality is food matrix dependent and at the
329 tested concentration levels the color quality of tested foods is comparable to controls.

330 4. Conclusion

331 In this study, the antimicrobial activity of pecan shell extracts was tested against different foodborne
332 bacterial pathogens. The antimicrobial efficacy was found to be both pathogens and strain-specific.
333 Among the tested organisms, *L. monocytogenes* found to be more susceptible to pecan shell extract
334 treatment followed by *S. enterica* and *E. coli* O157:H7. Type of pecan cultivar and method of shell
335 extraction showed a variable effect on the MIC (1.25 to 5 mg/mL) and MBC values (1.25 to ≥ 5 mg/mL)
336 depending upon the type of pathogen and strain. Treatment of Catfish fillets and fresh-cut cantaloupes
337 with pecan shell extract reduced the growth of *L. monocytogenes* to a level of 0.5 to 4 log CFU/sample for
338 up to 5 days by maintaining comparable color quality as of control samples. The findings of this study

339 showed promise of using pecan shell extracts as a potential natural antimicrobial agent to reduce the
340 growth of bacterial pathogens in food products. Further studies need to be conducted to better understand
341 the bioactive profile in various pecan cultivars and the effect on antimicrobial activity.

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Table 1. Effect of type of cultivar on minimum inhibitory concentration (MIC) & minimum bactericidal concentration (MBC) of aqueous pecan shell extracts against different foodborne bacterial pathogens

Pecan cultivar	<i>Listeria monocytogenes</i>								<i>Salmonella enterica</i>								<i>E. coli</i>			
	V7		101M		CDC		Scott-A		4-strain		1715		PT30		K4693		3-strain		O157:H7 ¹	
	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC
Gloria Grande	2.5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	5	2.5	2.5	2.5	>5	2.5	>5	5	>5
Elliot	5	5	5	5	1.25	1.25	2.5	5	5	>5	2.5	5	2.5	5	2.5	5	2.5	>5	5	>5
Maramec	2.5	5	5	5	1.25	1.25	2.5	2.5	5	>5	2.5	5	2.5	2.5	2.5	5	2.5	>5	5	>5
Caddo	5	5	5	5	1.25	1.25	2.5	2.5	5	>5	2.5	5	5	5	5	5	2.5	>5	5	>5
Jackson	5	5	5	5	1.25	1.25	5	5	5	>5	5	>5	5	5	5	>5	5	>5	5	>5
Creek	2.5	5	5	5	1.25	1.25	2.5	2.5	5	>5	2.5	5	2.5	2.5	2.5	5	2.5	>5	5	>5
Cape Fear	2.5	5	5	5	1.25	2.5	2.5	5	5	>5	2.5	>5	5	5	5	>5	2.5	>5	5	>5
Desirable	5	5	5	5	1.25	2.5	5	5	5	5	2.5	>5	5	5	5	>5	5	>5	5	>5
Moreland	5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	5	2.5	2.5	2.5	5	2.5	>5	5	>5
Melrose	5	5	5	5	1.25	1.25	5	5	5	5	5	5	5	5	5	5	5	>5	5	>5
Kiowa	5	5	5	5	1.25	2.5	2.5	5	5	5	2.5	5	5	5	2.5	5	5	>5	5	>5
Nacono	2.5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	5	5	5	2.5	5	5	>5	5	>5
Oconee	2.5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	5	5	5	2.5	5	5	>5	5	>5
P-cou 2	2.5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	>5	5	5	2.5	5	5	>5	5	>5
Success	5	5	5	5	1.25	1.25	5	5	5	5	5	>5	5	5	5	5	5	>5	5	>5
Summer	5	5	5	5	1.25	1.25	2.5	5	5	5	2.5	>5	5	5	2.5	5	5	>5	5	>5
Forkert	2.5	5	5	5	1.25	1.25	2.5	2.5	5	5	2.5	>5	5	>5	2.5	5	5	>5	5	>5
Schley	5	5	5	5	1.25	1.25	2.5	5	5	5	5	>5	5	>5	5	5	5	>5	5	>5
Pawnee	5	5	5	5	1.25	2.5	2.5	2.5	5	5	5	>5	5	>5	5	5	5	>5	5	>5

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MIC and MBC values reported in the above table are expressed in mg/mL

¹MIC and MBC values of *E. coli* O157:H7 strains H1730, 658, pecan field isolate, and their respective 3-strain mixture.

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Table 2. Effect of method of extraction on minimum inhibitory concentration (MIC) & minimum bactericidal concentration (MBC) of pecan shell extracts against different foodborne bacterial pathogens

Pathogen	Aqueous extracts		Ethanollic extracts	
	MIC	MBC	MIC	MBC
<i>L. monocytogenes</i>				
CDC	1.25	1.25-2.5	1.25	1.25-5
Scott-A	2.5-5	2.5-5	1.25-5	2.5-5
V7	2.5-5	5	2.5	2.5-5
101M	5	5	5	5
4 strain mixture	5	≥5	5	5
<i>Salmonella enterica</i>				
1715	2.5-5	≥5	≥5	>5
PT30	2.5-5	2.5- ≥5	≥5	>5
K4693	2.5-5	≥5	2.5- ≥5	≥5
3 strain mixture	2.5-5	>5	≥5	>5
<i>E. coli</i> O157:H7				
H1730	5	≥5	≥5	>5
658	5	≥5	≥5	≥5
Pecan field	5	≥5	≥5	>5
3 strain mixture	5	≥5	≥5	>5

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MIC and MBC values reported in the above table are expressed in mg/mL

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Table 3. Survival of *Listeria monocytogenes* on catfish fillets and fresh-cut cantaloupes after treatment with pecan shell extracts and storage at 4°C

Food Matrix	Type of pecan shell extract	Log survival ¹ (CFU/cm ²) of <i>L. monocytogenes</i> (4-strain) on pecan shell treated food samples when stored at 4°C for up to 5 days			
		Day-0	Day-1	Day-3	Day-5
Catfish fillets	Control	5.5±0.3 ^{aA}	6.8±0.1 ^{aB}	5.0±0.1 ^{aA}	5.6±0.1 ^{aA}
	Nacono-Aqueous	2.7±0.1 ^{bA}	2.8±0.2 ^{bB}	4.1±0.4 ^{bC}	5.6±0.6 ^{bC}
	Nacono-Ethanollic	2.7±0.1 ^{bA}	2.8±0.1 ^{bB}	4.1±0.1 ^{bC}	5.6±0.5 ^{bcC}
	Caddo-Aqueous	2.9±0.1 ^{bA}	2.8±0.1 ^{bB}	4.2±0.1 ^{bC}	5.5±0.4 ^{bcC}
	Caddo-Ethanollic	2.8±0.3 ^{bA}	2.9±0.1 ^{bB}	4.0±0.1 ^{bC}	5.4±0.3 ^{cC}
Fresh-cut cantaloupe	Control	4.1±0.1 ^{aA}	4.4±0.2 ^{aA}	5.1±0.9 ^{aA}	5.9±0.6 ^{aA}
	Nacono-Aqueous	3.8±0.3 ^{aA}	3.6±0.3 ^{aA}	5.3±0.7 ^{aA}	4.8±0.1 ^{aA}
	Nacono-Ethanollic	3.9±0.2 ^{aA}	3.3±0.1 ^{aA}	5.6±0.5 ^{aA}	5.8±0.1 ^{aA}
	Caddo-Aqueous	3.9±0.1 ^{aA}	4.2±0.1 ^{aA}	5.1±1.0 ^{aA}	4.8±1.0 ^{aA}
	Caddo-Ethanollic	3.7±0.2 ^{aA}	3.7±0.5 ^{aA}	5.1±1.0 ^{aA}	5.3±0.5 ^{aA}

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¹ Mean counts with same lowercase superscript within the same column and same uppercase superscript within the same row of individual food matrix type are statistically not significantly different ($P < 0.05$) from each other.

38 Table 4. Effect of pecan shell extract treatment of catfish fillets and fresh-cut cantaloupe during storage at 5°C on color parameters
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Treatment type/ Storage time	Color values ¹ of catfish fillet											
	L* (Lightness)				a* (Greenness)				b* (Blueness)			
	Day-0	Day-1	Day-3	Day-5	Day-0	Day-1	Day-3	Day-5	Day-0	Day-1	Day-3	Day-5
Control	65.4±1.3 ^{bc}	64.3±2.1 ^c	67.2±1.2 ^b	69.9±1.4 ^a	-2.4±0.2 ^a	-3.8±2.1 ^a	-2.8±0.1 ^a	-2.9±0.4 ^a	-0.3±0.2 ^a	-0.5±1.0 ^a	-0.9±1.3 ^a	-0.5±1.2 ^a
CA	62.4±2.2 ^b	60.4±1.9 ^b	65.3±1.8 ^a	66.9±0.7 ^a	-1.1±0.6 ^a	-1.5±0.9 ^{ab}	-1.8±0.9 ^b	-1.8±1.1 ^b	-0.1±1.9 ^a	-1.2±2.5 ^b	-0.6±1.8 ^{ab}	-0.1±2.1 ^a
CE	63.2±2.1 ^a	64.1±1.3 ^a	63.5±0.4 ^a	64.2±0.4 ^a	-1.8±0.6 ^a	-1.9±0.8 ^a	-1.7±0.7 ^a	-1.5±0.2 ^a	-0.4±1.9 ^a	-0.4±2.6 ^a	-0.3±0.7 ^a	0.3±0.9 ^a
NA	61.9±1.3 ^b	60.2±1.6 ^c	64.7±2.0 ^a	64.7±2.4 ^a	-0.7±1.1 ^a	-0.6±0.8 ^a	-1.5±0.6 ^a	-1.1±0.5 ^a	1.3±1.5 ^a	1.4±1.0 ^a	-0.1±1.1 ^a	0.2±1.2 ^a
NE	61.5±2.9 ^c	66.1±1.5 ^b	66.4±3.8 ^b	72.0±1.9 ^a	-1.8±1.3 ^a	-2.3±1.6 ^a	-2.8±0.9 ^a	-1.6±1.9 ^a	-1.0±2.7 ^a	-0.8±2.5 ^a	-2.4±1.1 ^a	-0.8±1.8 ^a

Treatment type/ Storage time	Color values ¹ of fresh-cut cantaloupe											
	L* (Lightness)				a* (Redness)				b*(Yellowness)			
	Day-0	Day-1	Day-3	Day-5	Day-0	Day-1	Day-3	Day-5	Day-0	Day-1	Day-3	Day-5
Control	64.8±3.2 ^a	66.0±1.7 ^a	61.4±2.0 ^b	66.4±3.1 ^a	11.4±2.0 ^{ab}	11.8±1.3 ^a	9.9±1.2 ^{bc}	8.8±2.0 ^c	21.4±3.5 ^{ab}	21.8±2.4 ^b	18.5±2.1 ^{ac}	16.1±2.9 ^c
CA	63.6±0.9 ^c	63.8±1.2 ^{bc}	64.5±0.5 ^b	67.5±0.3 ^a	14.7±0.5 ^a	12.2±0.9 ^b	11.9±0.8 ^{bc}	11.1±0.3 ^{bc}	21.9±1.2 ^a	17.3±1.5 ^b	16.7±1.8 ^b	15.8±0.3 ^b
CE	70.8±1.5 ^{ab}	69.7±1.2 ^{bc}	68.5±2.1 ^c	71.5±0.9 ^a	13.1±0.9 ^a	12.6±0.7 ^{ab}	12.4±1.5 ^{ab}	11.0±1.1 ^b	23.5±0.8 ^a	21.6±1.9 ^{ab}	21.6±2.1 ^{ab}	19.2±1.8 ^b
NA	65.0±3.9 ^a	65.5±1.7 ^a	67.2±1.6 ^a	66.2±2.5 ^a	13.7±3.2 ^{ab}	12.4±1.8 ^{ab}	14.1±1.9 ^a	11.8±0.5 ^b	20.9±4.3 ^a	18.6±2.1 ^{ab}	21.5±2.4 ^a	17.3±2.1 ^b
NE	67.7±1.2 ^a	63.6±1.8 ^b	64.9±1.1 ^b	64.9±2.3 ^b	15.1±1.2 ^a	13.3±1.9 ^{ab}	12.7±1.3 ^{bc}	11.2±0.7 ^c	24.7±1.4 ^a	20.9±3.9 ^b	19.4±1.2 ^{bc}	16.8±1.8 ^c

40 ¹Mean color values with same superscript within the same color parameter and the food type are not significantly different ($P>0.05$)

41 CA- Caddo aqueous extract; CE-Caddo ethanolic extract; NA-Nacono aqueous extract; NE- Nacono ethanolic extract