

# Synthesis and breakdown of universal metabolic precursors promoted by iron

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**Life builds its molecules from CO<sub>2</sub> and breaks them down to CO<sub>2</sub> again through the intermediacy of just five metabolites that act as the hubs of biochemistry.<sup>1</sup> However, how core biological metabolism initiated and why it uses the intermediates, reactions and pathways that it does remains unclear. Here, we describe a purely chemical reaction network promoted by Fe<sup>2+</sup> in which aqueous pyruvate and glyoxylate, two products of abiotic CO<sub>2</sub> reduction,<sup>2-4</sup> build up nine of the eleven Krebs (tricarboxylic acid, TCA) cycle intermediates, including all five universal metabolic precursors. The intermediates simultaneously break down to CO<sub>2</sub> in a life-like regime resembling biological anabolism and catabolism.<sup>5</sup> Adding hydroxylamine<sup>6-8</sup> and Fe<sup>0</sup> into the system produces four biological amino acids in a manner paralleling biosynthesis. The observed network significantly overlaps the Krebs and glyoxylate cycles<sup>9,10</sup> and may represent a prebiotic precursor to these core metabolic pathways.**

Modern systems views of the origin of life postulate that non-enzymatic reaction networks could have provided an environment from which polymer replicators such as RNA could later have emerged.<sup>11</sup> However, the extent to which these primordial networks could have resembled biological ones remains debated.<sup>12,13</sup> At the ecosystem level, biochemistry is simultaneously building itself up from CO<sub>2</sub> and breaking down to CO<sub>2</sub> again. This dynamic process occurs through the intermediacy of just five universal metabolites made of C, H and O: acetate, pyruvate, oxaloacetate, succinate, and  $\alpha$ -ketoglutarate.<sup>1</sup> These five compounds are found directly on or near life's core anabolic and catabolic pathways, imparting them with an organizing role within metabolism.<sup>1</sup> Theories for the chemical origins of life based on prebiotic analogues of core metabolic pathways therefore hold a high explanatory value for why life uses the compounds, reactions and pathways that it does.<sup>14-18</sup> Since molecules must be made before they can be broken down, the question of how C-C bonds could form without relying on energetically uphill ATP-consuming reactions is a major challenge to origins theories rooted in prebiotic analogues of biochemistry.<sup>5</sup> Recently, non-enzymatic analogues of the reductive AcCoA pathway

32 have been demonstrated, wherein CO<sub>2</sub> can be fixed to acetate and pyruvate, forming C-C  
33 bonds.<sup>2,19</sup> Beyond this, partial non-enzymatic analogues of core metabolic pathways such as the  
34 tricarboxylic acid cycle (TCA cycle or Krebs cycle) and the reductive tricarboxylic acid cycle  
35 (rTCA cycle or reverse Krebs cycle) have been reported,<sup>9,20,21</sup> but these investigations failed to  
36 uncover any of the critical C-C bond forming reactions, nearly all of which are ATP-consuming  
37 (e.g. the carboxylation of pyruvate to oxaloacetate; the reductive carboxylation of succinate to  $\alpha$ -  
38 ketoglutarate).<sup>22</sup> A recent theoretical analysis of all known metabolic reactions revealed a robust  
39 hypothetical metabolic network, containing all five of the universal metabolic precursors, that  
40 does not rely on phosphorus or on phosphorus-containing co-factors such as ATP.<sup>23</sup> Of the  
41 molecules made up only of C, H and O within this hypothetical phosphorus-free network, the two  
42 that represent the biggest branching points are pyruvate and glyoxylate, suggesting that a  
43 primitive pre-ATP metabolism, if it existed, would have been critically reliant on these two  
44 compounds. Pyruvate and glyoxylate are attractive as starting materials for prebiotic chemistry  
45 because they can be accessed through abiotic CO<sub>2</sub> fixation<sup>2,3,19</sup> as well as by other plausible  
46 means,<sup>4,24</sup> yet their reactivity with each other has hardly been studied with regards to the origins  
47 of metabolism. A lone example used the strong oxidant H<sub>2</sub>O<sub>2</sub> to drive a bicyclic reaction network  
48 containing two other TCA cycle intermediates,<sup>25</sup> but the influence of transition metal ions as  
49 potential naturally occurring catalysts has not yet been explored in this context. Here we show  
50 that pyruvate and glyoxylate spontaneously produce a reaction network in warm iron-rich water  
51 that recapitulates most of the intermediates and reactions of core biological pathways like the  
52 Krebs cycle and glyoxylate cycle, in addition to amino acid biosynthesis.

53 We systematically searched for a reaction network based on pyruvate and glyoxylate by  
54 screening a panel of transition metal ions as catalysts (Extended Data Figure 1) and analysing  
55 the outcome using GC-MS with comparisons against authentic standards (Extended Data Figure  
56 2, Figure S3, Table S1). A temperature of 70 °C under an inert atmosphere was chosen to  
57 simulate a mild hydrothermal environment in accord with previously reported non-enzymatic  
58 glycolytic and TCA cycle reactions.<sup>20,26</sup> Ferrous iron, thought to be abundant in the Archean crust  
59 and waters,<sup>27</sup> promoted a reaction network (Figure 1a) whose product distribution evolved over  
60 time (Figure 1b). Within 3 h, acetate, pyruvate, malate, fumarate, succinate,  $\alpha$ -ketoglutarate,

61 isocitrate and aconitate were detected by GC-MS; acetate was additionally confirmed by NMR  
62 (Figures S4-S7, Table S2). Introducing hydroxylamine, an intermediate in biological nitrogen  
63 cycles and a prebiotically plausible nitrogen source,<sup>6-8</sup> and Fe<sup>0</sup> to a typical reaction mixture at  $t =$   
64 1 h produces four amino acids by  $t = 2$  h: glycine, alanine, aspartic acid and glutamic acid (Figure  
65 S8). A reductive amination mechanism for the amino acid synthesis was supported by their  
66 detection upon exposing four corresponding ketoacids (glyoxylate, pyruvate, oxaloacetate,  $\alpha$ -  
67 ketoglutarate) to similar conditions (Figure S9, Table S3) and comparing against authentic  
68 samples of amino acids (Figures S10-S11). Although oxaloacetate is not detectable by the  
69 analytical technique employed, we infer its presence from the detection of aspartic acid and  
70 malonate, which we confirmed to arise from reductive amination and oxidative decarboxylation,  
71 respectively, of oxaloacetate under the reaction conditions (Figures S8, S12, S13). Thus, the  
72 network contains nine of the eleven TCA cycle intermediates, including all five of the universal  
73 metabolic precursors.

74 To elucidate mechanisms for the reaction network, authentic samples of most of the  
75 observed intermediates were submitted to typical reaction conditions in the presence and  
76 absence of glyoxylate and their reactivity studied over time (Figures S13-S14). These  
77 experiments, as well as isotopic labelling studies performed using three differentially labelled <sup>13</sup>C-  
78 pyruvates and doubly <sup>13</sup>C-labelled glyoxylate (Figures S15-S17 and S20-S29, Table S4) were  
79 consistent with the proposed mechanism described in Figure 1a. The network is primarily  
80 composed of four types of reactions: aldol/retro-aldol, hydrations/dehydrations, oxidative  
81 decarboxylations, and reductions/oxidations. Notably, both reductive and oxidative reactions  
82 occur in the same environment. Some key transformations are discussed here: An aldol reaction  
83 between pyruvate and glyoxylate gives hydroxyketoglutarate, followed by dehydration to  
84 oxopentenedioate and reduction to  $\alpha$ -ketoglutarate. The three intermediates and products of this  
85 sequence partially undergo oxidative decarboxylation to give malate, fumarate and succinate,  
86 respectively (Figures S4-S5, S13). These oxidative processes were found to be more efficient in  
87 the presence of Fe<sup>3+</sup> than Fe<sup>2+</sup>, the former being presumably generated during the reduction of  
88 oxopentenedioate (Figure S18).  $\alpha$ -Ketoglutarate also undergoes an aldol/oxidative  
89 decarboxylation sequence to give isocitrate. Reminiscent of the glyoxylate cycle or “glyoxylate

90 shunt", isocitrate slowly undergoes an  $\text{Fe}^{2+}$ -catalysed retro-aldol reaction to return small  
91 quantities of glyoxylate and succinate but can also slowly dehydrate to give aconitate (Figure  
92 S14). Trace amounts of fumarate are observed upon heating succinate under standard  
93 conditions, pointing to mechanistic redundancy within the network. Additional evidence for the  
94 occurrence of oxidation under the reaction conditions was the observation that malate produced  
95 a small amount of acetate, which presumably arises from oxidative decomposition of  
96 oxaloacetate (Figure S19). Cannizzaro-type disproportionation of glyoxylate results in the  
97 formation of glycolate and oxalate, the latter of which slowly breaks down to  $\text{CO}_2$  under the  
98 reaction conditions (Figures S13-S14). Prolonged reaction time (>24 h) results in a slow build-up  
99 of other thermodynamic end-products including malonate, levulinate, succinate, malate and  
100 isocitrate (Figure S4). It is plausible that such a network could be kept in a non-equilibrium  
101 steady state by continuous input of pyruvate and glyoxylate, both of which can be produced  
102 abiotically.<sup>2-4,19</sup>

103         The observed non-enzymatic reaction network bears some remarkable similarities to the  
104 TCA cycle (Figure 2), encompassing seven of its eleven reactions and nine of its eleven  
105 intermediates (only oxalosuccinate and citrate are missing). It also recapitulates much of the  
106 glyoxylate cycle, including eight of its nine intermediates (only citrate is missing) and five of its  
107 eight reactions (Figure 2). Therefore, a relatively small amount of catalytic innovation is required  
108 for this reaction network to transform into ones used by biology today. Not all of these missing  
109 innovations need be biological. For example, the non-enzymatic interconversion of citrate and  
110 aconitate is missing in the current network catalysed by  $\text{Fe}^{2+}$  but has already been demonstrated  
111 to be catalysed by  $\text{Cr}^{3+}$ , albeit under more extreme conditions (1 M HCl, 140 °C) that are  
112 incompatible with the current study.<sup>9</sup> A potential evolutionary relationship between the glyoxylate  
113 cycle and the TCA cycle has been suggested before.<sup>10,28</sup> Since the redox and  
114 hydration/dehydration reactions of the TCA and rTCA cycles can occur enzymatically and non-  
115 enzymatically in both directions depending on the redox nature of the environment,<sup>9,20</sup> the  
116 invention of ATP-dependent carboxylation reactions in a reducing environment could also give  
117 rise to parts of the rTCA cycle, a possibility in line with the recent discovery of bi-directionality in  
118 rTCA cycle-dependent bacteria.<sup>33,34</sup>

119           In conclusion, an abiotic chemical pathway that resembles core carbon biochemistry is  
120 promoted by ferrous iron. Although the ability of simple reaction networks to evolve is limited in the  
121 absence of a genetic mechanism,<sup>31,32</sup> we speculate that the incorporation of S and P into the  
122 current network based on C, H, and O may enable a primitive analogue of bioenergetics that  
123 captures decarboxylative processes as high energy thioesters.<sup>5,17,33</sup> This, in turn, could drive  
124 dehydrative polymerization reactions leading to the eventual emergence of functional polymers  
125 such as peptides and RNA. Thereafter, the efficiency of these primitive networks in early life would  
126 be improved through enzymatic catalysis.

127 **Extended Data Figure 1. Transition metal screen.** GC chromatograms showing a reaction  
128 network arising from pyruvate and glyoxylate, promoted by transition metal ions at 70 °C  
129 (qualitative screen).

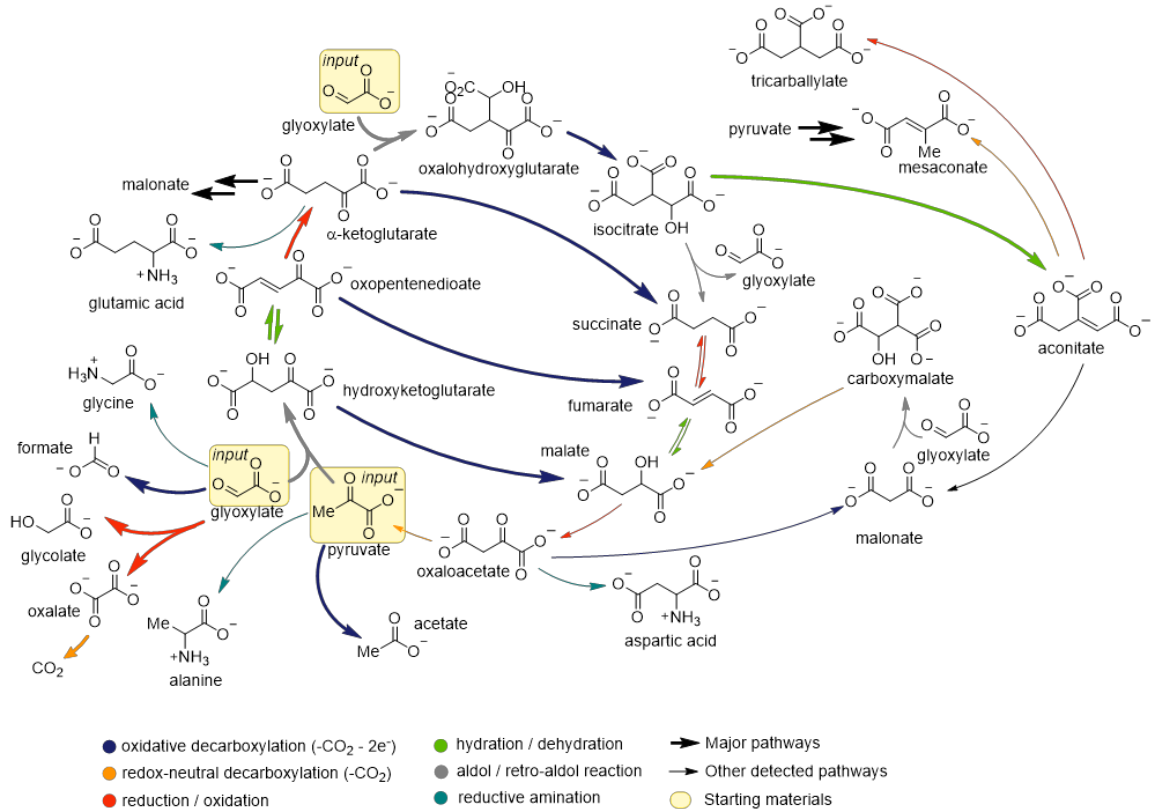
130  
131 **Extended Data Figure 2. Calibration lines for carboxylic acids.** Correlation between the  
132 concentration of an aqueous solution of carboxylic acids (glyoxylic, glycolic, oxalic, malonic,  
133 levulinic, mesaconic and hydroxyketoglutaric + oxopentenedioic) and the measured gas  
134 chromatography peak area. Error bars correspond to the standard deviation (three independent  
135 runs). 95% confidence bounds computed for 2<sup>nd</sup> degree polynomial fits (*OriginPro*) are shown as  
136 orange lines.

137 Calibration lines for glycine, aspartic acid and glutamic acid are shown in Figure S10.

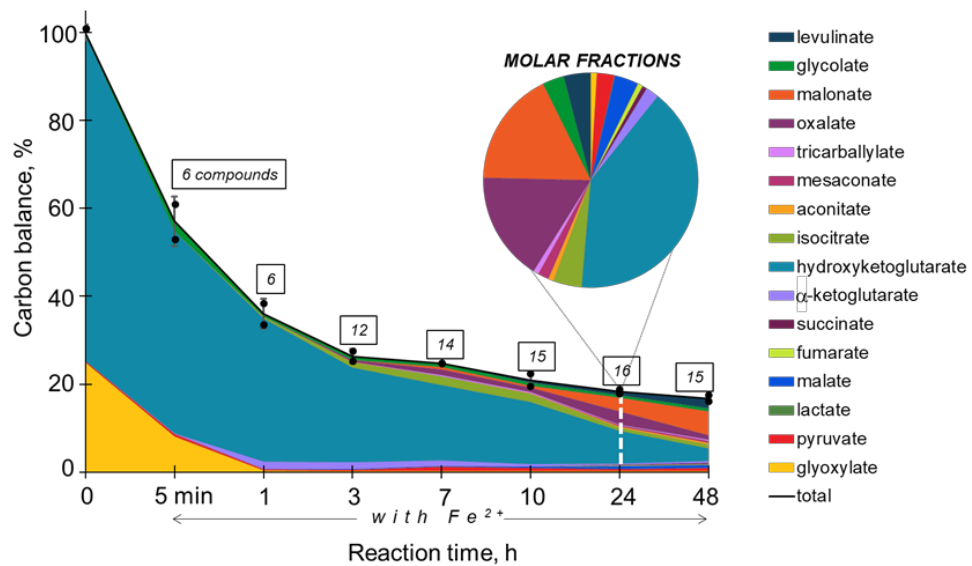
138 Calibration lines for the remaining compounds detected in this study (pyruvate, malate, fumarate,  
139 succinate,  $\alpha$ -ketoglutarate, isocitrate, cis-aconitate, tricarballylate and alanine) are identical to  
140 those we previously reported, for the same analytical setup<sup>9</sup> (Table S1).

141

a

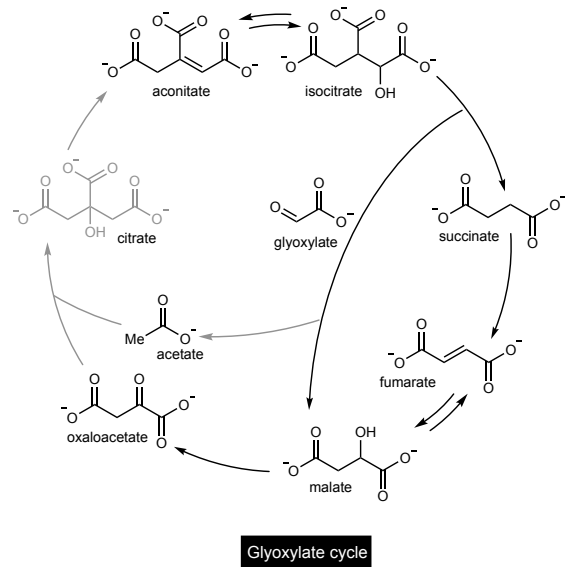
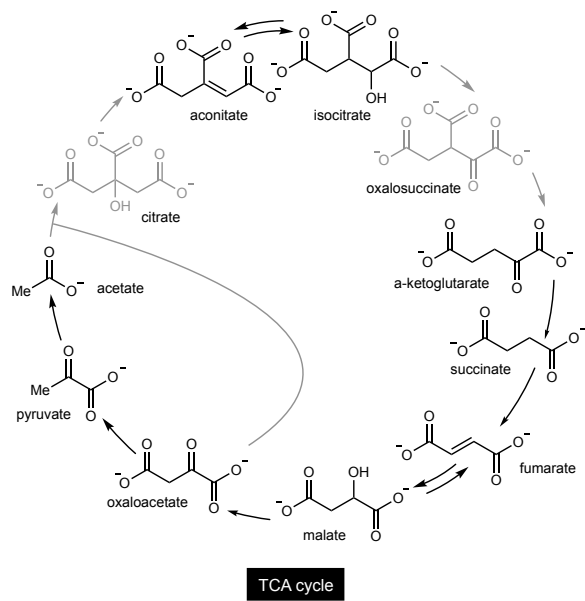


b



142

143 **Figure 1 Synthesis and breakdown of the universal precursors to biological metabolism**  
 144 **promoted by ferrous iron. a** The observed  $\text{Fe}^{2+}$ -promoted reaction network (major pathways are  
 145 shown using bold reaction arrows). **b** Time dependence of a reaction network arising from pyruvate  
 146 and glyoxylate, promoted by  $\text{Fe}^{2+}$  at  $70^\circ\text{C}$ . Carbon balance refers to the % of carbon atoms observed  
 147 in solution relative to 0 h and is reported as the average of two independent runs. Product distribution  
 148 at 24 h is shown in a pie chart. Error bars correspond to the standard deviation. Values for  
 149 hydroxyketoglutarate also include oxopentanedioate.



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**Figure 2 A comparison of the observed reaction network with the TCA cycle (left) and the glyoxylate cycle (right). Overlapping intermediates are shown with bold structures and overlapping reactions are shown with bold reaction arrows.**



155 **Methods**

156 **General information.** GC-MS analysis was performed on a GC System 7820A (G4320) coupled  
157 to an MSD block 5977E (G7036A). An Agilent High Resolution Gas Chromatography Column  
158 (PN 19091S – 433UI, HP – 5MS UI, 28 m×0.250 mm, 0.25 Micron, SN USD 489634H) was  
159 used. Hydrogen (99.999 % purity) was the carrier gas, supplied at a constant flow rate of 1.5 mL  
160 min<sup>-1</sup>. Samples were prepared in ethyl acetate (200 µL sample volume). The analysis was carried  
161 out on a 1 µL injection volume (splitless mode). The injection port temperature was 250 °C, and  
162 the column oven temperature program was: 60 °C for 1 min, then increased to 310 °C with a 30  
163 °C min<sup>-1</sup> ramp, followed by a 3 min hold (total running time 12.33 min). The mass spectrometer  
164 was turned on after a 2 min delay and was operated at the electron ionization mode with  
165 quadrupole temperature of 150 °C. Data was acquired in the full-scan mode (50-500). Data  
166 analysis and integration were performed using *Agilent MassHunter Workstation v.B.06.00*  
167 software.

168 <sup>1</sup>H NMR spectra were recorded on a Bruker Avance400 (400 MHz) spectrometer at ambient  
169 temperature in a H<sub>2</sub>O:D<sub>2</sub>O mixture (6:1) as solvent, with sodium 3-(trimethylsilyl)-1-  
170 propanesulfonate (DSS) as the internal standard (CH<sub>3</sub> peak at 0 ppm). Water suppression was  
171 achieved using the Bruker ZGESGP pulse program. Relaxation delay D1 was set to 87 s, with  
172 time domain size TD = 32768 and sweep width SWH = 4789.27 Hz (11.963 ppm). 32 scans were  
173 acquired for each sample. Integration was performed using *MestReNova v6.0.2* software.

174 **Materials.** Unless otherwise noted, all reagents and solvents were purchased from commercial  
175 suppliers and used without further purification. Hydroxyketoglutarate and oxopentenedioate were  
176 prepared using a literature procedure.<sup>25</sup> Water was obtained from a Milli-Q purification system  
177 (18 MΩcm) and was purged with argon before use. All glassware and stir bars were pre-washed  
178 with aqua regia, followed by distilled water and acetone, and oven dried to prevent any cross-  
179 contamination by metal salts.

180

181 **Product identification.** To facilitate GC-MS analysis, a literature derivatization procedure was  
182 applied to the sample to convert carboxy groups to ethyl esters, hydroxy groups to ethyl  
183 carbonates, amino groups to ethyl carbamates, ketones to diethyl ketals, and aldehydes to

184 diethyl acetals.<sup>2,9</sup> A 700  $\mu\text{L}$  aliquot of the reaction mixture was basified using  $\sim 50$  mg solid KOH  
185 (Merck EMSURE) and centrifuged (6000 rpm, 3 min). To 600  $\mu\text{L}$  of the supernatant was added  
186 EtOH (300  $\mu\text{L}$ ) and pyridine (40  $\mu\text{L}$ ), followed by ethyl chloroformate (ECF, 40  $\mu\text{L}$ ). After vortex  
187 mixing for 30 s, a second 40  $\mu\text{L}$  portion of ECF was added and vortex mixing was continued for  
188 another 30 s. To this,  $\text{CHCl}_3$  (200  $\mu\text{L}$ ) was added, followed by vortex mixing (10 s). Finally,  
189 saturated aqueous  $\text{NaHCO}_3$  (600  $\mu\text{L}$ ) was added and the mixture was vortex mixed again for 10  
190 s. The  $\text{CHCl}_3$  layer was separated and dried over anhydrous  $\text{Na}_2\text{SO}_4$ . 50  $\mu\text{L}$  of the dry  $\text{CHCl}_3$   
191 layer was added with 150  $\mu\text{L}$  of ethyl acetate to a vial and subjected to the GC-MS analysis.  
192 Reaction products derivatized to ethyl esters were identified by comparing the mass spectra and  
193 retention times to those of analogously derivatized authentic samples, as shown below and also  
194 described elsewhere.<sup>9</sup>  
195 Formate and acetate were determined using an NMR procedure and a GC-MS procedure, both  
196 reported in the literature.<sup>2</sup>

197 a) NMR procedure: to a 1.5 mL plastic microtube was added  $\sim 1$  mL of the reaction mixture  
198 and  $\sim 50$  mg solid KOH (Merck EMSURE). The resulting thick suspension was  
199 centrifuged at 10 000 rpm for 20 min. To 600  $\mu\text{L}$  of the supernatant was added 100  $\mu\text{L}$  of  
200 0.05 M solution of internal standard (DSS in  $\text{D}_2\text{O}$ ). The solution was analysed by NMR  
201 using the Bruker ZGESGP pulse program, as described above.  
202 b) GC-MS detection of formate and acetate as their amides with *N*-methylphenylethylamine:  
203 To a 120  $\mu\text{L}$  aliquot of a reaction mixture in a 1.5 mL plastic microtube were added: 50  $\mu\text{L}$   
204 of 0.12 M solution of 1-hydroxybenzotriazole in  $\text{H}_2\text{O}$ , 75  $\mu\text{L}$  of 0.08 M 1-ethyl-3-(3-  
205 dimethyl-aminopropyl)carbodiimide solution (EDC) in acetonitrile, and 75  $\mu\text{L}$  of  
206 0.06 M *N*-methylphenylethylamine (MPEA) in acetonitrile. The resulting mixture was  
207 vortex mixed for 30 s and incubated at 60  $^\circ\text{C}$  for 45 min. After cooling to room  
208 temperature, 200  $\mu\text{L}$  of  $\text{CHCl}_3$  was added and the mixture was vortex mixed for 30 s. The  
209  $\text{CHCl}_3$  layer was removed and dried over anhydrous  $\text{MgSO}_4$ . 50  $\mu\text{L}$  of the  $\text{CHCl}_3$   
210 supernatant was added to a vial together with 150  $\mu\text{L}$  of EtOAc, and analysed by GC-MS.

211 **Product quantification and error analysis.** Carboxylic acids and amino acids were quantified  
212 according to a literature procedure,<sup>9</sup> using 6-point calibration curves prepared from ECF/EtOH-  
213 derivatized solutions of authentic samples (0.006 M, 0.013 M, 0.020 M, 0.027 M, 0.033 M and  
214 0.040 M) as described above. Each data point was obtained from three independent  
215 measurements and the correlation line was obtained from the least-squares fitting (intercept = 0).  
216 Error bars on graphs are shown as  $\pm$  standard deviation for each data point. For the linear fits,  
217 overall percentage error of the response factor corresponds to  $\pm$  standard deviation for each  
218 slope value. For the polynomial fits, 95% confidence envelopes are shown.

219 Calibration lines for pyruvate, malate, fumarate, succinate,  $\alpha$ -ketoglutarate, isocitrate, cis-  
220 aconitate, tricarballoylate and alanine are identical to those we previously reported, for the same  
221 analytical setup.<sup>9</sup> Calibration lines for glyoxylate, glycolate, oxalate, malonate, levulinate,  
222 mesaconate, hydroxyketoglutarate/oxopentenedioate (HKG/OPD), glycine, aspartate and  
223 glutamate are shown in Extended Data Figure 2, and also Figure S2 and S10. Response factors  
224 corresponding to calibration lines for all the compounds detected by the GC-MS in this study are  
225 listed in the Table S1. Yields were calculated by comparing the GC peak area against the  
226 calibration line. Each reaction was performed at least twice, and reported yields are an average  
227 of those runs, with an error corresponding to  $\pm$  standard deviation. Formate and acetate were  
228 quantified by NMR with DSS as standard, following a procedure we reported before.<sup>2</sup> Equations  
229 corresponding to these calibration lines are listed in Table S1.

230 Hydroxyketoglutarate and oxopentenedioate (HKG/OPD) were quantified together (due to rapid  
231 interconversion of the two compounds during derivatization) as obtained in an aqueous reaction  
232 mixture (see Synthetic procedures below). The concentration of HKG/OPD in the reaction  
233 mixture was determined by NMR (ZGESGP pulse program, 200  $\mu$ L reaction mixture + 500  $\mu$ L  
234 0.0360 M solution of sodium fumarate in D<sub>2</sub>O as internal standard) to be 0.0775 M. From this, six  
235 solutions were prepared by dilution, for subsequent ECF/EtOH derivatization and calibration on  
236 the GC-MS as described above for other carboxylic acids.

237 Mass spectra of all the compounds detected in this study through the derivatization with  
238 ECF/EtOH are shown in Figure S3.

239 **Synthetic procedures.** *General procedure (qualitative metal screen):* to a 10 mL Pyrex pressure  
240 tube were added sodium pyruvate (1.0 equiv, 0.10 mmol, 11 mg), sodium glyoxylate  
241 monohydrate (2.0 equiv, 0.20 mmol, 22 mg), transition metal salt (2.0 equiv, 0.20 mmol, 40 mg of  
242  $\text{MnCl}_2 \cdot 4\text{H}_2\text{O}$  or 40 mg of  $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$ , or 48 mg of  $\text{CoCl}_2 \cdot 6\text{H}_2\text{O}$ , or 48 mg of  $\text{NiCl}_2 \cdot 6\text{H}_2\text{O}$ , or 34 mg  
243 of  $\text{CuCl}_2 \cdot 6\text{H}_2\text{O}$ , or 27 mg of  $\text{ZnCl}_2$ ), and 3 mL of MilliQ water. The contents of the tube were  
244 flushed with argon. The tube was then sealed, and the reaction mixture stirred at 70 °C (1000  
245 rpm, external heating block) for 3 h, followed by the KOH workup and ECF/EtOH derivatization,  
246 as described above.

247 *General procedure ( $\text{Fe}^{2+}$ -promoted reactions):* to a 10 mL Pyrex pressure tube were added  
248 sodium pyruvate (1.0 equiv, 0.20 mmol, 22 mg), sodium glyoxylate monohydrate (2.0 equiv, 0.40  
249 mmol, 44 mg),  $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$  (2.0 equiv, 0.40 mmol, 80 mg), and 6 mL of MilliQ water. The  
250 contents of the tube were flushed with argon. The tube was then sealed, and the reaction mixture  
251 stirred at 70 °C (1000 rpm, external heating block) for up to 48 h, followed by the KOH workup  
252 and ECF/EtOH derivatization, as described above.

253 *Reductive amination of glyoxylate/pyruvate network intermediates:* to a 10 mL Pyrex pressure  
254 tube were added sodium pyruvate (1.0 equiv, 0.10 mmol, 11 mg), sodium glyoxylate  
255 monohydrate (2.0 equiv, 0.20 mmol, 22 mg),  $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$  (2.0 equiv, 0.20 mmol, 40 mg), and 3  
256 mL of MilliQ water. The contents of the tube were flushed with argon. The tube was then sealed,  
257 and the reaction mixture stirred at 70 °C for 1 h (1000 rpm, external heating block). Then, to the  
258 reaction mixture were added hydroxylamine hydrochloride (6.0 equiv, 0.60 mmol, 42 mg) and  $\text{Fe}^0$   
259 powder (10 equiv, 1.0 mmol, 56 mg). The tube was sealed, and stirring was continued at 70 °C  
260 for 1 h, followed by the KOH workup and ECF/EtOH derivatization, as described above.

261 *Hydroxyketoglutarate:* prepared using a literature procedure<sup>23</sup> from oxaloacetic acid (1.00 equiv,  
262 0.902 mmol, 119 mg) in 9.88 mL of 1.0 M potassium phosphate buffer (pH 7.15) and glyoxylic  
263 acid (1.20 equiv, 1.08 mmol, added as 119  $\mu\text{L}$  of 50% w/w aq. solution). The reaction mixture  
264 was stirred for 3 h at 25 °C, yielding a 0.0775 M solution of hydroxyketoglutarate (86%, NMR  
265 yield).  $^1\text{H}$  NMR (400 MHz,  $\text{H}_2\text{O} + \text{D}_2\text{O}$ )  $\delta$  4.26 (dd,  $J = 8.6, 3.4$  Hz, 1H), 3.09 (dd,  $J = 17.8, 3.4$  Hz,  
266 1H), 2.95 (dd,  $J = 17.8, 8.5$  Hz, 1H).

267 **Time-point experiment (unlabelled compounds).** The experiment was performed in two replicas,  
268 in parallel. 700  $\mu\text{L}$  aliquots of the reaction mixtures were drawn at the following time points: 5 min  
269 (substrates added and vortex mixed for 30 s), 1 h, 3 h, 7 h, 10 h, 24 h, 48 h. The results were  
270 normalized against a “0 h” mixture of sodium pyruvate (1.0 equiv, 0.20 mmol, 22 mg) and sodium  
271 glyoxylate monohydrate (2.0 equiv, 0.40 mmol, 44 mg) in water (3 mL), without  $\text{Fe}^{2+}$  added,  
272 derivatized with ECF/EtOH using the procedure described above. Reported percentage values  
273 are scaled against the number of carbon atoms in each compound, to account for the total  
274 carbon mass balance of the system (Table S2). GC chromatograms of the time-point experiment  
275 are shown in Figure S4, and mass spectra of all compounds detected at  $t = 24$  h (the highest  
276 complexity) are shown in Figure S5.

277 The reaction mixture pH change over time was measured with an AquaLytic AL10pH handheld  
278 pH meter and found to equal  $\sim 4.45$  at  $t = \text{“0 h”}$  and  $\sim 5.65$  at  $t = 24$  h.

279 **Time-point experiment (with pyruvate-2- $^{13}\text{C}$ ).** The experiment was performed in two replicas, in  
280 parallel, using sodium pyruvate-2- $^{13}\text{C}$ . 700  $\mu\text{L}$  aliquots of the reaction mixtures were drawn at the  
281 following time points: 5 min (substrates added and vortex mixed for 30 s), 1 h, 3 h, 7 h, 10 h, 24  
282 h, 48 h. The results were normalized against a “0 h” mixture of sodium pyruvate-2- $^{13}\text{C}$  (1.0 equiv,  
283 0.20 mmol, 22 mg) and sodium glyoxylate monohydrate (2.0 equiv, 0.40 mmol, 44 mg) in water  
284 (3 mL), without  $\text{Fe}^{2+}$  added, derivatized with ECF/EtOH using the procedure described above.  
285 Reported percentage values are scaled against the number of carbon atoms in each compound,  
286 to account for the total carbon mass balance of the system (Table S4) and are shown in Figure  
287 S15.

288 The  $^{13}\text{C}$  label present in pyruvate was found to be carried over to the following intermediates:  
289 levulinate, malonate, malate, fumarate, succinate,  $\alpha$ -ketoglutarate, hydroxyketoglutarate/  
290 oxopentenedioate, isocitrate, aconitate, tricarballoylate, and acetate. Oxalate, glycolate and  
291 formate remained label-free, meaning these compounds are derived from glyoxylate.

292 See Figure S16 for relevant GC chromatograms and mass spectra, and Figure S20 for a  
293 graphical depiction of the  $^{13}\text{C}$  label propagation in the network.

294 Additional  $^{13}\text{C}$  labelling experiments (with pyruvate-1- $^{13}\text{C}$ , pyruvate-3- $^{13}\text{C}$  and glyoxylate-1,2- $^{13}\text{C}_2$ )  
295 are described in the SI (see Figures S20-S29).

296 **Detection of formate and acetate.** Formate and acetate were detected in the reaction mixtures at  
297 the 48-h time-point, using NMR as well as GC-MS (derivatization with ECD/MPEA to amides<sup>2</sup>).  
298 See the Product Identification section for sample preparation details.

299 Results obtained for unlabelled starting materials are shown in Figure S7 (GC-MS) and Figure  
300 S8 (<sup>1</sup>H NMR), and for <sup>13</sup>C-labeled pyruvate – in Figure S18.

301 **Detection of glycine, alanine, aspartic acid and glutamic acid in the Fe<sup>2+</sup>-promoted reaction**

302 **mixture.** Reductive amination was performed according to the procedure described above.

303 Following KOH workup and ECF/EtOH derivatization, four amino acids were detected as their  
304 ethyl esters (glycine, alanine, aspartic acid, glutamic acid). A GC chromatogram of a typical  
305 reaction mixture and relevant mass spectra are shown in Figure S8. Mass spectra of authentic  
306 amino acids derivatized with ECF/EtOH are shown in Figure S11.

307 **Reductive amination of ketoacids with hydroxylamine.** Reductive amination was performed  
308 according to the procedure described above on 0.1 mmol of each ketoacid (sodium glyoxylate  
309 monohydrate: 11 mg; sodium pyruvate: 11 mg; oxaloacetic acid: 13 mg;  $\alpha$ -ketoglutarate: 15 mg),  
310 0.1 mmol of hydroxylamine hydrochloride (1 equiv, 7 mg) and 1 mmol of Fe(0) powder (10 equiv,  
311 56 mg). The reaction was carried out at 100 °C over 16 h to ensure completion. Obtained  
312 chromatograms and mass spectra of ECF/EtOH derivatized reaction mixtures are shown in  
313 Figure S9. See Table S3 for product yields.

314 **Control experiments with Fe<sup>2+</sup> (without glyoxylate).** Control experiments were performed on  
315 individual intermediates detected in the reaction network: glyoxylate, glycolate, pyruvate, oxalate,  
316 oxaloacetate, malonate, malate, fumarate, succinate, mesaconate, hydroxyketoglutarate/  
317 oxopentenedioate (HKG/OPD),  $\alpha$ -ketoglutarate, isocitrate and aconitate (Figure S13).

318 The general procedure was used (except for HKG/OPD): 1.0 equiv (0.10 mmol) of a chosen  
319 intermediate, FeCl<sub>2</sub>·4H<sub>2</sub>O (2.0 equiv, 0.20 mmol, 40 mg) and 3 mL of MilliQ water. The contents  
320 of the tube were flushed with argon. The tube was then sealed, and the reaction mixture stirred  
321 at 70 °C (1000 rpm, external heating block) for 16 h, followed by the KOH workup and ECF/EtOH  
322 derivatization, as described above.

323 HKG/OPD was prepared using the procedure described above. From the reaction mixture 3 mL  
324 were taken and combined with FeCl<sub>3</sub>·6H<sub>2</sub>O (2.0 equiv, 0.20 mmol, 54 mg). The contents of the

325 tube were flushed with argon. The tube was then sealed, and the reaction mixture stirred at  
326 70 °C (1000 rpm, external heating block) for 16 h, followed by the KOH workup and ECF/EtOH  
327 derivatization, as described above.

328 **Control experiments with Fe<sup>2+</sup> and glyoxylate.** Control experiments with Fe<sup>2+</sup> and glyoxylate  
329 were performed on individual intermediates detected in the reaction network: glycolate, pyruvate,  
330 oxalate, oxaloacetate, malonate, malate, fumarate, succinate, mesaconate,  
331 hydroxyketoglutarate/oxopentenedioate (HKG-OPD),  $\alpha$ -ketoglutarate, isocitrate and aconitate  
332 (Figure S14).

333 The general procedure was used: 1 equiv (0.1 mmol) of a chosen intermediate, sodium  
334 glyoxylate monohydrate (2.0 equiv, 0.20 mmol, 22 mg), FeCl<sub>2</sub>·4H<sub>2</sub>O (2.0 equiv, 0.20 mmol, 40  
335 mg) and 3 mL of MilliQ water. The contents of the tube were flushed with argon. The tube was  
336 then sealed, and the reaction mixture stirred at 70 °C (1000 rpm, external heating block) for 16 h,  
337 followed by the KOH workup and ECF/EtOH derivatization, as described above.

338 **Control experiments suggesting oxidation of malate to oxaloacetate.** A control experiment was  
339 performed to trap oxaloacetate (malate oxidation product undetectable via derivatization with  
340 ECF/EtOH) as aspartate, through *in situ* reductive amination with hydroxylamine and Fe(0).  
341 Two experiments were performed: with Fe<sup>2+</sup> and Fe<sup>3+</sup>. Aspartic acid was detected in both cases,  
342 as shown in Figure S12 (see Figure S11 for an MS spectrum of an authentic sample of  
343 aspartate).

344 General reductive amination procedure was used: malic acid (1.0 equiv, 0.10 mmol, 13 mg) and  
345 iron salt (2.0 equiv, 0.20 mmol, 40 mg of FeCl<sub>2</sub>·4H<sub>2</sub>O or 54 mg of FeCl<sub>3</sub>·6H<sub>2</sub>O), and 3 mL of  
346 MilliQ water. The contents of the tube were flushed with argon. The tube was then sealed, and  
347 the reaction mixture stirred at 70 °C for 1 h (1000 rpm, external heating block). Then, to the  
348 reaction mixture were added hydroxylamine hydrochloride (6.0 equiv, 0.60 mmol, 42 mg) and Fe<sup>0</sup>  
349 powder (10 equiv, 1.0 mmol, 56 mg). The tube was sealed, and stirring was continued at 70 °C  
350 for 1 h, followed by the KOH workup and ECF/EtOH derivatization, as described above.

351 Another indirect proof of malate oxidation is the presence of acetate detected in the reaction  
352 mixture comprising of malic acid and iron salts heated at 70 °C over 16 h.

353 Oxaloacetate is unstable in solution in the presence of transition metal salts, and decarboxylates  
354 to pyruvate, which, in turn, decarboxylates to acetate, easily detected by NMR (Figure S19).  
355 General procedure was used: malic acid (1.0 equiv, 0.10 mmol, 13 mg) and iron salt (2.0 equiv,  
356 0.20 mmol, 40 mg of  $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$  or 54 mg of  $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$ ), and 3 mL of MilliQ water. The  
357 contents of the tube were flushed with argon. The tube was then sealed, and the reaction mixture  
358 stirred at 70 °C for 16 h (1000 rpm, external heating block) followed by the KOH workup and  
359 NMR sample preparation, as described above.

360 **Control experiment: hydroxyketoglutarate/oxopentenedioate +  $\text{Fe}^{3+}$ .** A control experiment was  
361 performed to evidence oxidative decarboxylations of HKG/OPD with  $\text{Fe}^{3+}$  species as oxidant.  
362 The results, highlighting the presence of fumarate and succinate, are shown in Figure S18.  
363 HKG/OPD was prepared using the procedure described above. From the reaction mixture 3 mL  
364 were taken and combined with  $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$  (2.0 equiv, 0.20 mmol, 54 mg). The contents of the  
365 tube were flushed with argon. The tube was then sealed, and the reaction mixture stirred at  
366 70 °C (1000 rpm, external heating block) for 16 h, followed by the KOH workup and ECF/EtOH  
367 derivatization, as described above.

368



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- 442

443 **Figure 1 Synthesis and breakdown of the universal precursors to biological metabolism**  
444 **promoted by ferrous iron. a** The observed Fe<sup>2+</sup>-promoted reaction network (major pathways are  
445 shown using bold reaction arrows). **b** Time dependence of a reaction network arising from pyruvate  
446 and glyoxylate, promoted by Fe<sup>2+</sup> at 70 °C. Carbon balance refers to the % of carbon atoms observed  
447 in solution relative to 0 h and is reported as the average of two independent runs. Product distribution  
448 at 24 h is shown in a pie chart. Error bars correspond to the standard deviation. Values for  
449 hydroxyketoglutarate also include oxopentanedioate.

450  
451 **Figure 2 A comparison of the observed reaction network with the TCA cycle (left) and the**  
452 **glyoxylate cycle (right).** Overlapping intermediates are shown with bold structures and overlapping  
453 reactions are shown with bold reaction arrows.

454 **Data availability statement:** All data is available in the main text, extended data, or the  
455 supplementary information file (Materials and methods, Figures S1 – S29, Tables S1 – S4).

456 **Supplementary Information** is linked to the online version of the paper at  
457 [www.nature.com/nature](http://www.nature.com/nature)

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